



SÃO SILVESTRE

LISBOA

30 DEZ'23 | 16ª EDIÇÃO

## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1	2	Isaac Nader	00:14:45	00:29:10	00:29:09	1	Sport Lisboa e Benfica	Senior	1	00:02:28:98	1
2	12995	Miguel Moreira	00:14:45	00:29:25	00:29:25	2	Sport Lisboa e Benfica	Senior	2	00:02:38:51	2
3	10	Miguel Marques	00:14:45	00:29:27	00:29:26	3	Sporting Clube de Portugal	Senior	3	00:02:39:65	4
4	12997	Duarte Gomes	00:14:45	00:29:49	00:29:49	4	Sport Lisboa e Benfica	Senior	4	00:02:48:45	8
5	12993	Nuno Pereira	00:14:45	00:29:54	00:29:52	5	Sporting Clube de Portugal	Senior	5	00:02:39:09	3
6	12979	João Pereira	00:14:45	00:29:55	00:29:55	6	Sporting Clube de Braga	Senior	6	00:02:40:29	5
7	12998	Alexandre Figueiredo	00:14:45	00:30:06	00:30:05	7	Sport Lisboa e Benfica	Senior	7	00:02:46:36	7
8	4	Etson Barros	00:14:46	00:30:54	00:30:54	8	Sport Lisboa e Benfica	Senior	8	00:02:53:95	14
9	12987	Hugo Figueiredo	00:14:47	00:31:09	00:31:08	9	GFD Running	Senior	9	00:03:04:52	46
10	8	Hermano Ferreira	00:15:23	00:31:29	00:31:29	10	Escola de Atletismo de Coimbra	V40	1	00:02:46:28	6
11	12988	Afonso Simão	00:15:05	00:31:33	00:31:32	11	CA Seia	Senior	10	00:02:53:15	12
12	10196	Erwin Vanderplancke	00:15:15	00:31:38	00:31:38	12	Clube de Natação de Torres Novas	Senior	11	00:02:52:21	11
13	9031	Pedro Gaspar	00:15:15	00:31:56	00:31:54	13	Outsystems Olímpico de Oeiras	Senior	12	00:02:54:62	16
14	3998	Bruno Silva	00:15:39	00:32:00	00:31:59	14		Senior	13	00:02:49:60	9
15	8651	Gonçalo Prudêncio	00:15:40	00:32:12	00:32:12	15		Senior	14	00:02:51:58	10
16	9026	Miguel Silva	00:15:17	00:32:32	00:32:32	16	Outsystems Olímpico de Oeiras	Senior	15	00:03:01:05	30
17	8246	José Veiga	00:15:39	00:32:50	00:32:50	18	Associação de Jovens da Landeira	Senior	16	00:03:07:05	55
18	9756	Claudio Paulinho	00:16:06	00:32:50	00:32:50	17	Recreio Desportivo de Águeda	V40	2	00:02:57:18	17
19	10094	Ricardo Madeira	00:16:06	00:33:02	00:33:01	19	Run Tejo - Prevent Sprain	V40	3	00:03:00:88	29



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
20	8998	André Dias	00:16:07	00:33:04	00:33:03	20	Outsystems Olímpico de Oeiras	Senior	17	00:02:57:57	19
21	7939	Pablo Carrion	00:16:08	00:33:12	00:33:11	21		Senior	18	00:02:58:12	20
22	10149	Diogo Tomé	00:16:19	00:33:17	00:33:16	22		Senior	19	00:03:00:79	28
23	8804	Pedro Arsenio	00:16:20	00:33:25	00:33:25	23	Clube Atletismo de Vale de Figueira	V40	4	00:02:57:42	18
24	8752	André Pais	00:16:07	00:33:29	00:33:28	24	Clube Desportivo de Tondela	Senior	20	00:03:03:20	41
25	8999	André Jorge	00:16:07	00:33:32	00:33:31	25	Outsystems Olímpico de Oeiras	Junior	1	00:03:03:90	43
26	5678	Bruno Sabido	00:16:22	00:33:34	00:33:32	26	FAM 2 RUN	Senior	21	00:02:54:10	15
27	9029	Nuno	00:16:25	00:33:40	00:33:40	28	Outsystems Olímpico de Oeiras	Senior	22	00:03:01:25	31
28	357	Tomás Morais	00:16:25	00:33:41	00:33:39	27	Run Tejo - Prevent Sprain	Senior	23	00:03:01:81	34
29	10688	Marco Gomes	00:16:26	00:33:42	00:33:41	30		V45	1	00:03:02:12	35
30	6188	Nuno Rocha	00:16:26	00:33:42	00:33:40	29		V45	2	00:03:02:34	37
31	9035	Santiago Puerto	00:16:22	00:33:49	00:33:48	31	Outsystems Olímpico de Oeiras	Senior	24	00:03:09:97	69
32	3	Solange Jesus	00:16:37	00:34:10	00:34:09	32	Sporting Clube de Braga	V35	1	00:03:08:69	63
33	9877	Mohamed Diakhaby	00:16:32	00:34:11	00:34:10	34		Senior	25	00:03:01:39	32
34	3335	Andrew Kirk	00:16:52	00:34:14	00:34:10	33		Senior	26	00:03:00:26	25
35	8696	Miguel Pecegueiro	00:16:25	00:34:14	00:34:13	35		Senior	27	00:03:08:53	61
36	362	Nataniel Guerreiro	00:16:26	00:34:14	00:34:14	37	CF Os Belenenses	Senior	28	00:03:03:12	40
37	6626	Tomás Estevães	00:16:49	00:34:17	00:34:14	36		Senior	29	00:03:04:46	45
38	10191	Maria Tomé	00:16:37	00:34:18	00:34:17	38	Clube de Natação de Torres Novas	Senior	1	00:03:07:55	58



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
39	8993	Afonso Garcia	00:16:48	00:34:20	00:34:20	39	Outsystems Olímpico de Oeiras	Senior	30	00:03:05:16	48
40	8751	Rui Rodrigues	00:16:53	00:34:24	00:34:23	40	Clube Desportivo de Tondela	V40	5	00:02:59:88	24
41	6674	João Ferreira	00:16:45	00:34:25	00:34:25	41	ForSports	Senior	31	00:03:02:65	39
42	7107	Carlos Fernandes	00:16:51	00:34:29	00:34:25	42		V35	1	00:02:59:25	22
43	3661	André Ruivo	00:17:29	00:34:38	00:34:34	43		V35	2	00:02:59:73	23
44	12990	Carla Martinho	00:17:14	00:34:41	00:34:41	44	Recreio Desportivo de Águeda	V45	1	00:03:06:42	53
45	5184	Bruno Pontes	00:16:53	00:34:43	00:34:42	45	CRC Marvila Jovem	V35	3	00:03:13:76	92
46	1909	André Corvo	00:17:11	00:34:48	00:34:45	46	Linda-a-Pastora Sporting Clube	V40	6	00:03:00:32	26
47	262	David Patton	00:17:16	00:34:50	00:34:48	47	LXRC	V40	7	00:03:00:41	27
48	9343	Vasco Melo	00:16:49	00:34:53	00:34:51	48	Outsystems Olímpico de Oeiras	Junior	2	00:03:12:97	87
49	6558	Ricardo Gaspar	00:17:10	00:34:53	00:34:52	49		Senior	32	00:03:03:36	42
50	5691	Jorge Grilo	00:17:00	00:34:58	00:34:55	50		Senior	33	00:03:09:02	65
51	9	Mónica Silva	00:17:14	00:35:00	00:34:59	51	Sport Comércio e Salgueiros	V40	1	00:03:14:96	103
52	7426	Pedro Pereira	00:17:18	00:35:00	00:34:59	52		V35	4	00:03:05:86	51
53	6209	António Silva	00:16:49	00:35:01	00:35:00	53	Run Tejo - Prevent Sprain	Senior	34	00:03:11:87	84
54	9776	Tiago Allen	00:17:13	00:35:02	00:35:00	54		V35	5	00:03:04:02	44
55	12989	Rafaela Fonseca	00:17:15	00:35:02	00:35:02	55	Recreio Desportivo de Águeda	V40	2	00:03:08:05	59
56	4524	Afonso Antunes	00:17:14	00:35:02	00:35:02	58	GRCD Leião	Junior	3	00:03:05:38	50
57	9247	Sérgio Fazenda	00:16:54	00:35:03	00:35:02	56		V40	8	00:03:07:32	56



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
58	8606	Filipe Lopes	00:17:13	00:35:03	00:35:02	57	CF Os Belenenses	Senior	35	00:03:01:54	33
59	1046	Ricardo Reis	00:17:16	00:35:06	00:35:05	59	ADNO - NucleOeiras	V45	3	00:03:11:48	80
60	10197	Francisco Carvalho	00:16:37	00:35:14	00:35:13	60	Clube de Natação de Torres Novas	Junior	4	00:03:18:14	132
61	439	Tomás Sousa	00:17:09	00:35:21	00:35:20	61	Outsystems Olímpico de Oeiras	Junior	5	00:03:24:21	200
62	8753	Rafael Pais	00:17:11	00:35:23	00:35:22	63	Clube Desportivo de Tondela	Senior	36	00:03:16:01	113
63	9590	Ivo Relveiro	00:17:09	00:35:24	00:35:21	62		Senior	37	00:03:15:91	112
64	11334	Duliê Fontes	00:17:10	00:35:25	00:35:24	65	CF Os Belenenses	Senior	38	00:03:09:98	70
65	9391	André Garcia	00:17:09	00:35:27	00:35:23	64		Senior	39	00:03:13:23	88
66	8750	Luis Martins	00:17:14	00:35:28	00:35:27	66	Clube Desportivo de Tondela	V40	9	00:03:21:56	165
67	12991	Joana Ferreira	00:17:19	00:35:29	00:35:29	69	Recreio Desportivo de Águeda	Senior	2	00:03:14:45	97
68	8156	Frederico Cerdeira	00:17:13	00:35:31	00:35:29	68	OntriSports	V40	10	00:03:15:36	106
69	2622	João Pinto	00:17:12	00:35:32	00:35:28	67	Amigos do Atletismo de Mafra	Senior	40	00:03:13:41	91
70	96	Paul Roothans	00:17:11	00:35:33	00:35:33	70		Senior	41	00:03:19:76	142
71	9420	Paulo Reis	00:17:16	00:35:37	00:35:37	72		Senior	42	00:03:11:79	83
72	5833	Hélder Grosso	00:17:29	00:35:39	00:35:37	71		V40	11	00:03:08:71	64
73	7	Susana Cunha	00:17:18	00:35:41	00:35:40	73	Recreio Desportivo de Águeda	V35	2	00:03:17:17	122
74	9998	Ruben Parreira	00:17:29	00:35:44	00:35:43	76		Senior	43	00:03:10:92	76
75	5456	Rodrigo Viciosa	00:17:29	00:35:44	00:35:42	75		Junior	6	00:03:11:50	81
76	1545	Joel Pena	00:17:09	00:35:45	00:35:42	74	Run Tejo - Prevent Sprain	V40	12	00:03:17:91	129



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30 DEZ'23 | 16ª EDIÇÃO

## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
77	1044	Sérgio Paiva	00:17:24	00:35:45	00:35:44	77	ADNO - NucleOeiras	V50	1	00:03:09:38	67
78	156	Pedro Fernandes	00:17:18	00:35:50	00:35:49	79		V40	13	00:03:16:74	118
79	8306	Duarte Santos	00:18:01	00:35:50	00:35:45	78		Senior	44	00:03:06:32	52
80	6907	Tim Schnitzler	00:17:29	00:35:54	00:35:51	80		V35	6	00:03:15:38	108
81	8192	Pedro Ribeiro	00:17:25	00:35:59	00:35:57	81	OntriSports	Senior	45	00:03:16:88	120
82	2141	Tiago Lousa	00:17:45	00:36:01	00:35:57	82	OntriSports	V40	14	00:03:10:77	74
83	8142	David Matos	00:17:46	00:36:04	00:35:59	83	OntriSports	Senior	46	00:03:14:18	95
84	2384	Duarte Alves	00:17:11	00:36:07	00:36:05	84	Clube Novo Banco	Senior	47	00:03:21:61	168
85	2579	Ricardo Ceia	00:18:12	00:36:10	00:36:07	86	Sporting Clube de Casainhos	V35	7	00:03:05:19	49
86	11022	Frederico Lázaro	00:17:58	00:36:11	00:36:06	85		V40	15	00:03:10:75	73
87	774	Filipe Marques	00:17:24	00:36:17	00:36:15	87		V35	8	00:03:13:82	93
88	4492	Luís Reforço	00:17:49	00:36:18	00:36:15	88		V45	4	00:03:14:50	98
89	10156	Rodrigo Narigueta	00:17:24	00:36:20	00:36:19	90		Junior	7	00:03:12:75	86
90	3226	Carlos Albanell	00:17:36	00:36:23	00:36:21	92		Senior	48	00:03:22:02	172
91	9356	Rui Matias	00:17:44	00:36:23	00:36:22	93	SFRAA TRIATLO	Senior	49	00:03:10:36	71
92	10705	Sergio Silva	00:18:02	00:36:23	00:36:19	89		V40	16	00:03:21:16	157
93	1	Samuel Barata	00:18:02	00:36:24	00:36:23	95	Sport Lisboa e Benfica	Senior	50	00:03:21:45	164
94	3015	Lino Barruncho	00:17:45	00:36:24	00:36:23	94	LB SQUAD	V45	5	00:03:19:87	144
95	10386	Bruno Viper	00:17:39	00:36:26	00:36:20	91		V40	17	00:03:08:51	60



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30 DEZ'23 | 16ª EDIÇÃO

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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
96	5525	José Cunha	00:18:01	00:36:31	00:36:28	96		V35	9	00:03:07:54	57
97	9040	Tiago Pona	00:17:45	00:36:31	00:36:30	98	Outsystems Olímpico de Oeiras	V45	6	00:03:06:58	54
98	3070	Justin Mosiman	00:18:04	00:36:32	00:36:30	97		V35	10	00:03:13:23	89
99	12994	Neide Dias	00:18:25	00:36:36	00:36:36	100	Sporting Clube de Portugal	V35	3	00:02:58:90	21
100	5460	Pedro Nogueira	00:18:03	00:36:36	00:36:35	99	CF Os Belenenses	V40	18	00:03:08:66	62
101	561	José Jarmela	00:18:01	00:36:38	00:36:37	102	NAZABOBODA	V55	1	00:03:11:39	78
102	8654	Bernardo Silveira	00:17:55	00:36:38	00:36:36	101		Senior	51	00:03:10:92	77
103	11	Afonso Almeida	00:17:33	00:36:41	00:36:40	104	Outsystems Olímpico de Oeiras	Junior	8	00:03:17:37	124
104	2089	Miguel Tomé	00:18:03	00:36:41	00:36:37	103		Senior	52	00:03:14:65	99
105	1565	Nuno Romão	00:17:58	00:36:44	00:36:43	106		V50	2	00:03:17:97	131
106	10216	Diogo Ennes	00:18:21	00:36:46	00:36:40	105		V45	7	00:03:11:55	82
107	9019	Lucas Crisóstomo	00:17:32	00:36:47	00:36:46	107	Outsystems Olímpico de Oeiras	Junior	9	00:03:22:68	177
108	12978	Catarina Carmo	00:18:14	00:36:53	00:36:52	108	Clube Pedro Pessoa Escola de Atletismo	Senior	3	00:03:09:89	68
109	6210	Victor Lopes	00:18:15	00:36:56	00:36:53	109	GDCTINCM	V40	19	00:03:15:49	109
110	7016	Sérgio Malheiro	00:18:05	00:36:57	00:36:54	110	Linda-a-Pastora Sporting Clube	V40	20	00:03:20:96	155
111	7506	Nuno Roque	00:17:54	00:36:57	00:36:54	111	NCAFB	V50	3	00:03:19:39	140
112	3931	Juan García	00:18:00	00:36:58	00:36:56	112		V35	11	00:03:18:47	135
113	72	Miguel Silva	00:17:59	00:37:05	00:37:00	113	CA Patameiras	V35	12	00:03:23:66	192
114	12977	Kcénia Bougrova	00:18:12	00:37:06	00:37:06	117	Run Tejo - Prevent Sprain	Senior	4	00:03:14:22	96



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
115	10510	Amir Aníbal	00:17:59	00:37:07	00:37:05	115	Run Tejo - Prevent Sprain	Senior	53	00:03:21:56	166
116	10153	Maria Gonçalves	00:18:06	00:37:08	00:37:04	114		Junior	1	00:03:20:41	148
117	2587	Hernâni Fernandes	00:18:03	00:37:08	00:37:06	119	GT10.30SX	V50	4	00:03:13:36	90
118	2459	Hugo Dourado	00:18:24	00:37:09	00:37:07	120		V40	21	00:03:15:00	104
119	8699	Marco Seixo	00:18:00	00:37:10	00:37:07	121		V40	22	00:03:24:89	209
120	2753	Francisco Matos	00:17:58	00:37:15	00:37:13	123	DP&A	V35	13	00:03:09:18	66
121	9702	Nuno Tintim	00:18:25	00:37:15	00:37:14	127		V45	8	00:03:10:81	75
122	718	Nuno Rijo	00:18:46	00:37:16	00:37:06	118		V45	9	00:03:10:59	72
123	6976	Ricardo Marafuz	00:17:45	00:37:16	00:37:13	126		Senior	54	00:03:35:40	381
124	7918	Vasco Duarte	00:17:58	00:37:17	00:37:13	125	ManpowerGroup	Senior	55	00:03:23:58	188
125	1641	João Ferreira	00:17:54	00:37:18	00:37:12	122		Senior	56	00:03:24:96	213
126	6025	Nuno Figueiredo	00:18:33	00:37:20	00:37:05	116		V40	23	00:03:14:88	101
127	7984	Rúben Chaves	00:18:02	00:37:20	00:37:19	129	CRC Marvila Jovem	V35	14	00:03:24:92	210
128	5310	Derik Evangelista	00:18:34	00:37:21	00:37:13	124		Senior	57	00:03:18:21	134
129	6155	Rui Teixeira	00:18:24	00:37:23	00:37:18	128	CCDV-Valorsul	V45	10	00:03:26:00	224
130	1337	Gonçalo Oliveira	00:18:35	00:37:23	00:37:21	131	Clube Desportivo da Graça	Senior	58	00:03:15:13	105
131	10877	Bruno Marques	00:18:07	00:37:24	00:37:21	130		V40	24	00:03:15:63	110
132	8019	Nuno Nogueira	00:17:58	00:37:24	00:37:23	132		V35	15	00:03:28:66	263
133	5948	Yuri Strofilov	00:18:35	00:37:25	00:37:25	133		V55	2	00:03:17:77	128



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
134	10383	Paulo Benevente	00:18:29	00:37:28	00:37:25	134		V40	25	00:03:16:14	114
135	9218	André Alves	00:18:37	00:37:30	00:37:29	136	CF Os Belenenses	V35	16	00:02:53:36	13
136	11328	Carlos Tiago	00:18:03	00:37:30	00:37:28	135		V40	26	00:03:43:08	558
137	6232	Stanislav Solohu	00:18:37	00:37:30	00:37:29	137		Senior	59	00:03:16:18	116
138	2166	Tiago Ferreira	00:18:04	00:37:30	00:37:29	138	Alverca Urban Runners	V35	17	00:03:20:90	154
139	1738	Nuno Graça	00:18:28	00:37:35	00:37:32	139	SIMECQ	V40	27	00:03:16:75	119
140	2987	Frederico Rodrigues	00:18:36	00:37:36	00:37:32	140		Senior	60	00:03:14:81	100
141	764	Pedro Machado	00:18:28	00:37:40	00:37:36	141		V35	18	00:03:17:91	130
142	8204	Samuel Leal	00:18:45	00:37:42	00:37:38	142	OntriSports	Senior	61	00:03:18:86	139
143	7747	Victor Cerqueira	00:19:07	00:37:42	00:37:40	143	CAPenafirme	Senior	62	00:03:02:34	36
144	7748	José Mota	00:19:06	00:37:42	00:37:40	144	CAPenafirme	V35	19	00:03:02:48	38
145	245	José Banha	00:18:36	00:37:48	00:37:46	146		Senior	63	00:03:23:39	186
146	5893	Paulo Serra	00:18:42	00:37:51	00:37:48	148	Team El Comandante	V35	20	00:03:20:18	147
147	7882	Nelson Rafael	00:18:37	00:37:52	00:37:47	147		V40	28	00:03:25:67	219
148	4835	Paulo Batista	00:18:19	00:37:54	00:37:51	149		Senior	64	00:03:23:60	189
149	5762	Vasilii Dedlovskikh	00:18:54	00:37:55	00:37:45	145		V35	21	00:03:17:52	125
150	4860	Ricardo Gomes	00:18:30	00:37:56	00:37:55	150		V35	22	00:03:23:89	194
151	2051	Hugo Lopes	00:18:37	00:37:57	00:37:55	151	CCD Crédito Agrícola Mútuo	V35	23	00:03:24:34	202
152	1868	João Ferreira	00:18:31	00:38:02	00:38:01	153		V35	24	00:03:20:77	153





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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
153	9246	Ricardo Costa	00:18:47	00:38:03	00:38:02	154		V35	25	00:03:18:21	133
154	3445	Den Chuang	00:18:35	00:38:06	00:38:06	156		Senior	65	00:03:18:83	138
155	568	Hugo Paulo	00:18:04	00:38:08	00:38:07	157		V45	11	00:03:30:35	293
156	3840	David Antunes	00:18:56	00:38:09	00:37:59	152	Clube Millennium BCP	Senior	66	00:03:24:95	212
157	3479	Luís Santos	00:18:36	00:38:09	00:38:08	158	Grupo Desportivo de São Domingos	V40	29	00:03:17:70	127
158	8038	Lopo Carvalho	00:18:02	00:38:10	00:38:05	155		V35	26	00:03:58:43	1083
159	8620	David Sapinho	00:18:34	00:38:12	00:38:10	159		V45	12	00:03:29:16	272
160	8092	Matthijs Beek	00:18:42	00:38:14	00:38:12	162		Senior	67	00:03:25:76	220
161	5532	Bruno Lousa	00:18:23	00:38:14	00:38:11	160		V35	27	00:03:27:88	249
162	8020	João Cruz	00:18:34	00:38:14	00:38:12	163	Team El Comandante	V40	30	00:03:19:80	143
163	2156	João Alves	00:18:05	00:38:15	00:38:13	164	URBAN RUN TEAM	Senior	68	00:03:38:10	444
164	8338	Luis Rodrigues	00:18:40	00:38:15	00:38:12	161		V50	5	00:03:26:08	225
165	1511	Paulo Cantante	00:18:35	00:38:17	00:38:15	166		V50	6	00:03:24:98	214
166	10746	Patrick Lima	00:18:16	00:38:17	00:38:16	168		Senior	69	00:03:28:40	259
167	254	Bruno Marcelino	00:18:44	00:38:18	00:38:17	169		V40	31	00:03:22:99	180
168	6290	Marco Quedas	00:18:34	00:38:20	00:38:18	170	Associação Cultural e Recreativa da Mealhada	V35	28	00:03:31:60	319
169	2630	Daniel Oliveira	00:19:00	00:38:22	00:38:15	165		Senior	70	00:03:21:38	161
170	8900	Tiago Siva	00:19:10	00:38:23	00:38:15	167		V40	32	00:03:15:71	111
171	5285	Nuno Costa	00:18:26	00:38:23	00:38:21	172	SS CGD	V45	13	00:03:28:77	266



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
172	20	Carlos Matias	00:18:36	00:38:25	00:38:21	171		V35	29	00:03:21:66	169
173	9000	Andre Souto	00:18:36	00:38:26	00:38:23	174	Outsystems Olímpico de Oeiras	Junior	10	00:03:24:87	208
174	3418	Luís Faustino	00:18:45	00:38:26	00:38:24	175	Serviços Sociais Montepio	V45	14	00:03:52:14	835
175	10828	Mafalda Reis	00:18:50	00:38:27	00:38:25	176	Sporting Clube de Portugal	Junior	2	00:03:24:92	211
176	7394	João Caniço	00:18:31	00:38:29	00:38:27	177	CUA Benaventense - 3B Triatlo	V40	33	00:03:31:86	324
177	7151	Luis Lima	00:18:45	00:38:30	00:38:28	178		V50	7	00:03:21:42	163
178	4281	Jorge Vieira	00:18:35	00:38:33	00:38:30	179		V50	8	00:03:20:47	150
179	2116	Diogo Vicente	00:18:57	00:38:34	00:38:30	181		Senior	71	00:03:23:72	193
180	10426	Rui Rodrigues	00:18:58	00:38:34	00:38:32	184		V40	34	00:03:29:19	273
181	7621	Paulo Emídio	00:18:55	00:38:35	00:38:23	173		V55	3	00:03:27:56	239
182	10170	Pedro Andrade	00:18:47	00:38:37	00:38:31	183	LB SQUAD	V35	30	00:03:25:46	217
183	9163	Diogo Parracho	00:19:03	00:38:37	00:38:34	185		Senior	72	00:03:23:25	183
184	2785	João Santos	00:18:58	00:38:39	00:38:30	180		V55	4	00:03:24:71	205
185	2997	Paulo Almeida	00:18:43	00:38:40	00:38:37	186	GFD Running	V50	9	00:03:23:14	181
186	8745	Ricardo Alves	00:18:55	00:38:42	00:38:38	187	CCD Tranquilidade	V35	31	00:03:15:38	107
187	6635	Diogo Viana	00:19:03	00:38:43	00:38:39	188		V35	32	00:03:27:77	247
188	5273	André Nunes	00:19:14	00:38:44	00:38:40	190	SS CGD	Senior	73	00:03:26:08	226
189	9195	Vítor Almeida	00:19:30	00:38:45	00:38:31	182	Vara Trail Running	V40	35	00:03:23:62	190
190	8164	João Baptista	00:19:06	00:38:45	00:38:40	189	OntriSports	V35	33	00:03:21:32	159



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
191	7212	Daniel Gois	00:18:59	00:38:48	00:38:41	191	LB SQUAD	V35	34	00:03:26:38	229
192	5026	Ricardo Garção	00:19:04	00:38:49	00:38:42	192		V40	36	00:03:21:83	171
193	3401	Goncalo Pitaca	00:18:35	00:38:49	00:38:47	193		V35	35	00:03:22:48	175
194	12999	Melanie Santos	00:18:54	00:38:50	00:38:50	201	Sport Lisboa e Benfica	Senior	5	00:03:36:36	405
195	4226	Edgar Ganilho	00:19:02	00:38:51	00:38:50	202		V35	36	00:03:26:17	228
196	128	Telmo Nogueira	00:18:33	00:38:52	00:38:49	199		V35	37	00:03:35:60	385
197	4015	Diogo Santos	00:19:02	00:38:52	00:38:48	196		Senior	74	00:03:29:11	271
198	2993	Bruno Martins	00:19:15	00:38:55	00:38:48	197	Bruno Alexandre Rodrigues Martins	V40	37	00:03:27:06	235
199	5551	Pedro Matias	00:19:09	00:38:56	00:38:50	203		Senior	75	00:03:23:65	191
200	5955	Pepe Romero	00:19:18	00:38:56	00:38:49	200		V35	38	00:03:16:40	117
201	10251	Hugo Barreto	00:19:35	00:38:57	00:38:47	194		V40	38	00:03:18:63	136
202	2745	Joao Machado	00:19:01	00:38:57	00:38:48	198	Outsystems Olímpico de Oeiras	V40	39	00:03:31:99	327
203	6636	João Camacho	00:19:34	00:38:59	00:38:48	195		Senior	76	00:03:24:16	197
204	3262	Ivandro Moreira	00:19:17	00:39:04	00:38:54	204		V35	39	00:03:26:72	232
205	6767	Cristóvão Pedrosa	00:19:17	00:39:05	00:38:56	205		V35	40	00:03:22:45	174
206	8195	Pedro Fernandes	00:19:10	00:39:06	00:39:03	211	OntriSports	V45	15	00:03:32:37	335
207	6985	António Vilhena	00:18:25	00:39:06	00:39:01	208		Senior	77	00:03:04:58	47
208	6186	Carlos Lourenço	00:19:30	00:39:09	00:38:57	207		V55	5	00:03:29:76	279
209	340	Miguel Bernardo	00:19:02	00:39:09	00:39:08	215		V40	40	00:03:24:06	196



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
210	10198	Manuel Bartolomeu	00:18:35	00:39:13	00:39:11	218	Clube de Natação de Torres Novas	Junior	11	00:03:35:06	373
211	10151	João Menino	00:18:36	00:39:13	00:39:12	220		Senior	78	00:03:35:16	377
212	11198	Luis Espinosa	00:19:03	00:39:14	00:39:12	223		V50	10	00:03:27:55	238
213	21	Tomás Costa	00:18:48	00:39:14	00:39:10	217		Senior	79	00:03:30:97	304
214	2727	Miguel Barba	00:19:13	00:39:16	00:39:13	225	Peniche a Correr	V45	16	00:03:28:14	256
215	1895	Miguel Sousa	00:19:41	00:39:16	00:39:02	210	Run Tejo - Prevent Sprain	V35	41	00:03:16:15	115
216	2852	Gonçalo Correia	00:19:57	00:39:16	00:39:01	209	Valejas Atlético Clube - O Muchacho Barcarena	V35	42	00:03:12:14	85
217	700	Mário Nunes	00:19:21	00:39:17	00:39:08	216		V35	43	00:03:28:10	255
218	6029	Esmeraldino Sá	00:19:09	00:39:17	00:39:08	214		V45	17	00:03:27:67	242
219	7401	Carlos Lopes	00:19:06	00:39:18	00:39:14	227	CUA Benaventense - 3B Triatlo	V50	11	00:03:36:92	418
220	10712	Artur Martins	00:19:33	00:39:19	00:39:04	212	Associação de Moradores de Atibá	V50	12	00:03:25:81	221
221	8157	Gustavo Gaspary	00:19:15	00:39:19	00:39:12	224	OntriSports	Senior	80	00:03:26:85	233
222	10033	Pedro Lomba	00:19:06	00:39:19	00:39:12	221		V40	41	00:03:31:76	323
223	10031	Luis Martins	00:19:08	00:39:19	00:39:12	222		V45	18	00:03:31:13	307
224	9920	Clemente Joao	00:19:24	00:39:21	00:39:11	219		Senior	81	00:03:27:90	250
225	350	Fernando Gaspar	00:19:23	00:39:22	00:39:19	231		V40	42	00:03:33:61	350
226	7407	Hugo Gomes	00:19:24	00:39:23	00:39:19	229	CUA Benaventense - 3B Triatlo	V35	44	00:03:30:39	295
227	1660	Ricardo Varela	00:19:11	00:39:24	00:39:14	226	os carregueirenses	V45	19	00:03:21:17	158
228	8163	João Caçador	00:19:14	00:39:24	00:39:21	232	OntriSports	V35	45	00:03:32:26	333



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
229	8387	Tiago Santos	00:19:49	00:39:24	00:38:56	206		Junior	12	00:03:20:05	146
230	151	Pedro Serra	00:19:26	00:39:25	00:39:22	234	Team El Comandante	V35	46	00:03:33:81	354
231	9243	Gonçalo Ferreira	00:19:51	00:39:27	00:39:18	228		V40	43	00:03:29:23	274
232	7501	João Soares	00:19:13	00:39:28	00:39:19	230	NCAFB	Senior	82	00:03:24:74	206
233	10338	Rafael Gomes	00:19:38	00:39:28	00:39:25	238		V40	44	00:03:23:44	187
234	3259	Paulo Gomes	00:19:08	00:39:29	00:39:24	237		V50	13	00:03:26:56	230
235	8263	Pedro Gonçalves	00:19:40	00:39:30	00:39:22	233		V45	20	00:03:22:89	179
236	9570	Manuel Júlio	00:19:14	00:39:30	00:39:23	235	GRCD Leião	V40	45	00:03:28:40	260
237	8730	Jorge	00:18:55	00:39:30	00:39:27	240	CCD Tranquilidade	V45	21	00:03:23:99	195
238	683	Carlos Fernandes	00:19:02	00:39:31	00:39:30	246	SFRAA TRIATLO	V45	22	00:03:27:71	243
239	8134	Bruno Caixinha	00:19:33	00:39:31	00:39:24	236	OntriSports	V35	47	00:03:27:75	245
240	684	Paula Pereira	00:19:01	00:39:31	00:39:28	243	SFRAA TRIATLO	V45	2	00:03:27:87	248
241	11021	Joel Costa	00:20:10	00:39:32	00:39:07	213		Senior	83	00:03:24:19	199
242	6347	Paulo Gomes	00:19:09	00:39:33	00:39:29	245		V40	46	00:03:36:76	414
243	8207	Sostenes Barbosa	00:19:26	00:39:36	00:39:26	239	OntriSports	V35	48	00:03:29:78	280
244	329	Bruno Carrico	00:19:27	00:39:36	00:39:33	251		V35	49	00:03:20:74	152
245	898	Pedro Matos	00:20:09	00:39:36	00:39:27	241		Senior	84	00:03:19:46	141
246	7072	Pedro Neves	00:19:29	00:39:38	00:39:31	249	DXC Triamazing	V50	14	00:03:24:86	207
247	2059	Nelson Costa	00:19:30	00:39:38	00:39:32	250	CCD Crédito Agrícola Mútuo	V40	47	00:03:34:49	359



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
248	2503	Jose Breda	00:20:03	00:39:38	00:39:27	242		V45	23	00:03:20:73	151
249	10020	Luís Afonso	00:19:44	00:39:39	00:39:35	254		V35	50	00:03:18:77	137
250	594	Bruno Carvalho	00:19:19	00:39:39	00:39:31	247	FIDELIDADE GDC	V35	51	00:03:27:59	240
251	1974	André Filipe	00:19:40	00:39:41	00:39:29	244	SS CGD	Senior	85	00:03:22:57	176
252	5247	Tiago Lopes	00:20:09	00:39:41	00:39:40	257	Outsystems Olímpico de Oeiras	Senior	86	00:03:30:89	303
253	3345	Pedro Silva	00:19:52	00:39:41	00:39:33	252		V35	52	00:03:24:45	203
254	10943	Francisco Pinto	00:19:01	00:39:42	00:39:40	256	Outsystems Olímpico de Oeiras	Junior	13	00:03:44:63	608
255	10961	Marvin Scheulen	00:18:46	00:39:43	00:39:39	255		Senior	87	00:03:36:80	415
256	6535	João Jacinto	00:19:31	00:39:46	00:39:42	258		Senior	88	00:03:23:31	184
257	2662	Vítor Madeira	00:19:44	00:39:46	00:39:31	248	JDM Atletismo	V45	24	00:03:25:26	216
258	436	Sofia Sousa	00:19:13	00:39:49	00:39:43	259	Outsystems Olímpico de Oeiras	Junior	3	00:03:50:52	776
259	6280	Pedro Barbosa	00:19:05	00:39:51	00:39:49	263		V40	48	00:03:36:02	401
260	12980	4 Min/Km	00:20:08	00:39:53	00:39:48	262		V40	49	00:03:37:95	440
261	10355	Mário Macheta	00:17:42	00:39:54	00:39:52	267	DXC Triamazing	Senior	89	00:04:21:16	2189
262	11309	Diogo Matos	00:19:27	00:39:56	00:39:54	271		Senior	90	00:03:36:90	417
263	1658	José Alves	00:19:40	00:39:56	00:39:48	261	os carregueirenses	V45	25	00:03:30:40	296
264	2371	Luis Godinho	00:19:31	00:39:57	00:39:55	274	Clube Novo Banco	V55	6	00:03:34:12	357
265	1566	Vitor Marques	00:19:10	00:39:57	00:39:55	273		V45	26	00:03:19:88	145
266	10203	Henrique Cerqueira	00:19:28	00:39:57	00:39:55	272		Senior	91	00:03:35:68	389



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
267	8474	João Canas	00:19:31	00:39:57	00:39:53	268	Triatlo Sporting	Senior	92	00:03:17:52	126
268	2388	Miguel Sousa	00:19:31	00:39:57	00:39:56	276	Clube Novo Banco	V50	15	00:03:34:02	356
269	3994	Frederico Cipriano	00:19:26	00:39:57	00:39:49	264	LB SQUAD	V35	53	00:03:32:15	331
270	428	Sergio Mesquita	00:20:01	00:39:58	00:39:43	260	CF Os Belenenses	V45	27	00:03:27:72	244
271	3267	David Inácio	00:20:04	00:39:58	00:39:35	253	LB SQUAD	Senior	93	00:03:35:69	391
272	8673	César Silva	00:19:50	00:40:01	00:40:00	278		Senior	94	00:03:29:96	284
273	2948	Dinis Ribas	00:19:42	00:40:01	00:39:56	277		V50	16	00:03:31:97	326
274	2096	Luis Costa	00:20:06	00:40:02	00:39:55	275		Senior	95	00:03:26:68	231
275	3341	António Araújo	00:20:09	00:40:03	00:39:53	269		V55	7	00:03:30:12	288
276	7965	Pedro Vilela	00:19:59	00:40:04	00:39:52	266		V40	50	00:03:31:99	328
277	8851	Helder Varanda	00:19:30	00:40:08	00:40:06	284		V45	28	00:03:36:14	403
278	5679	Miguel Costa	00:20:02	00:40:09	00:39:51	265	FAM 2 RUN	Senior	96	00:03:36:46	407
279	10846	Rui Pereira	00:20:09	00:40:09	00:39:54	270		V45	29	00:03:28:73	265
280	8773	Diogo Vieira	00:19:59	00:40:11	00:40:04	282		V35	54	00:03:33:30	345
281	5312	Ilya Belyaev	00:20:05	00:40:11	00:40:08	286		V40	51	00:03:28:05	253
282	6680	Sérgio Moscatel	00:19:20	00:40:13	00:40:03	280		V40	52	00:03:37:19	423
283	3666	Bruno Lourenço	00:20:37	00:40:14	00:40:13	291		Senior	97	00:03:20:44	149
284	6289	Rui Rodrigues	00:20:08	00:40:15	00:40:06	283	Associação Cultural e Recreativa da Mealhada	Senior	98	00:03:31:59	317
285	10225	George Cross	00:20:08	00:40:15	00:40:08	287		V55	8	00:03:31:70	320



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
286	1952	Rui Brás	00:19:56	00:40:15	00:40:14	293	CCD PM Cascais	Senior	99	00:03:31:59	318
287	9181	Diogo Morais	00:19:06	00:40:16	00:40:15	295		Junior	14	00:03:31:16	308
288	762	Filipe Bettencourt	00:20:03	00:40:18	00:40:13	292		V35	55	00:03:38:98	464
289	13003	Patrick Magalhaes	00:19:03	00:40:19	00:40:17	296		Senior	100	00:03:36:21	404
290	2009	Diogo Louro	00:20:10	00:40:21	00:40:11	288		Senior	101	00:03:29:85	282
291	8754	Manuel Palmeiro	00:19:44	00:40:22	00:40:19	298	Ginásio clube de Bragança	V60	1	00:03:41:76	521
292	4187	Guilherme Teles	00:19:51	00:40:23	00:40:20	299	Bobadelas Running Team	V35	56	00:03:29:98	285
293	5157	Emanuel Dias	00:19:53	00:40:24	00:40:17	297		V35	57	00:03:30:51	298
294	2345	Luis Silva	00:19:56	00:40:24	00:40:07	285		V35	58	00:03:33:84	355
295	2889	Mário Simas	00:19:34	00:40:25	00:40:24	303		V45	30	00:03:38:42	452
296	2394	Francisco Duarte	00:19:31	00:40:27	00:40:15	294	Clube Novo Banco	Senior	102	00:03:47:96	683
297	5089	Nuno Henriques	00:19:21	00:40:28	00:40:25	308	Grupo Desportivo Santander Totta	V45	31	00:03:37:58	432
298	4488	Amanuel Gebriel	00:19:13	00:40:28	00:40:24	301		Senior	103	00:03:33:47	346
299	10195	Enzo Takanashi	00:18:06	00:40:29	00:40:28	311	Clube de Natação de Torres Novas	Junior	15	00:05:49:57	6469
300	7587	Duarte Rolo	00:20:16	00:40:30	00:40:25	306		V35	59	00:03:29:23	275
301	5316	Anatolie Turcanu	00:19:22	00:40:33	00:40:30	313	Tricolor	V45	32	00:03:30:29	292
302	1125	Ricardo Domingues	00:20:08	00:40:34	00:40:28	312		V35	60	00:03:41:09	508
303	5391	Jamie Sullivan	00:21:08	00:40:35	00:40:22	300	LXRC	V35	61	00:03:14:96	102
304	4300	Manuel Carvalho	00:20:05	00:40:35	00:40:12	290		Senior	104	00:03:27:98	252





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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
305	9011	Inês Fernandes	00:19:33	00:40:36	00:40:31	316	Outsystems Olímpico de Oeiras	Junior	4	00:03:31:50	314
306	8317	Nuno Marques	00:20:03	00:40:36	00:40:25	307		V45	33	00:03:39:91	489
307	8348	Renato Moreiras	00:20:05	00:40:36	00:40:26	309		V40	53	00:03:43:57	574
308	8099	Hugo Matias	00:20:04	00:40:36	00:40:24	304		V50	17	00:03:39:44	477
309	7930	José Nobre	00:19:19	00:40:37	00:40:35	320	Run Tejo - Prevent Sprain	V35	62	00:03:33:16	340
310	2838	Bruno Ferreira	00:20:15	00:40:38	00:40:24	302	Valejas Atlético Clube - O Muchacho Barcarena	V35	63	00:03:29:00	269
311	3351	Tiago Camacho	00:20:51	00:40:38	00:40:12	289		V45	34	00:03:21:34	160
312	579	Jorge Cosme	00:19:29	00:40:39	00:40:37	323	TuS Hermannsburg	V50	18	00:03:21:59	167
313	7240	Jorge Fonseca	00:20:38	00:40:41	00:40:27	310		V45	35	00:03:23:14	182
314	7270	Fiodor Daisov	00:19:10	00:40:42	00:40:38	324		Senior	105	00:03:40:30	492
315	3104	Rúben Chaves	00:19:57	00:40:42	00:40:32	318		Senior	106	00:03:34:98	369
316	10836	Afonso Coxo	00:20:20	00:40:44	00:40:03	281		V40	54	00:03:25:82	222
317	5293	Marco Belo	00:20:00	00:40:46	00:40:36	322	Alverca Urban Runners	V45	36	00:03:23:33	185
318	10669	Miguel Ortigueira	00:19:40	00:40:46	00:40:24	305		Senior	107	00:03:42:85	555
319	10028	Paulo Sousa	00:20:04	00:40:47	00:40:31	315		V35	64	00:03:37:62	434
320	6437	Pedro Carmona	00:20:27	00:40:47	00:40:32	319	Amigos do Atletismo de Mafra	V35	65	00:03:28:66	264
321	9259	Mauro Fonseca	00:19:17	00:40:48	00:40:47	329	GRCD Leião	V40	55	00:03:42:81	553
322	773	Pedro Antunes	00:21:16	00:40:50	00:40:31	317		V35	66	00:03:22:37	173
323	5895	Gonçalo Marta	00:20:06	00:40:50	00:40:40	325		Senior	108	00:03:31:45	312



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
324	826	Pedro Azenha	00:19:33	00:40:50	00:40:47	330		V45	37	00:03:39:59	483
325	3353	António Martinho	00:20:08	00:40:50	00:40:40	326	FIDELIDADE GDC	V45	38	00:03:31:37	310
326	8137	Bruno Urbano	00:18:40	00:40:52	00:40:48	332	OntriSports	Senior	109	00:05:01:67	4345
327	2639	Cristiano Rosário	00:20:24	00:40:52	00:40:02	279		Senior	110	00:03:36:62	410
328	6482	Rui Grazina	00:19:40	00:40:53	00:40:49	333	CCD Sintrense	V60	2	00:03:47:73	675
329	8634	João Silva	00:20:39	00:40:54	00:40:30	314	LB SQUAD	Senior	111	00:03:32:13	329
330	11057	Mário Carvalho	00:19:34	00:40:56	00:40:53	337	Grupo Vilarinho Cima	V60	3	00:03:40:60	498
331	5066	Paulo Alves	00:20:23	00:40:58	00:40:44	327	Grupo Desportivo Santander Totta	V45	39	00:03:30:49	297
332	8399	Duarte Teixeira	00:20:09	00:41:01	00:40:51	334		Senior	112	00:03:31:75	322
333	9705	João Horta	00:20:37	00:41:02	00:40:35	321		Junior	16	00:03:33:15	338
334	8135	Bruno Carlos	00:19:57	00:41:04	00:40:56	339	OntriSports	V40	56	00:03:36:71	413
335	2660	Nuno Pereira	00:20:11	00:41:04	00:40:48	331	JDM Atletismo	V40	57	00:03:38:96	463
336	7807	Armindo Sampaio	00:19:58	00:41:05	00:41:00	345		V60	4	00:03:39:76	487
337	7346	Paulo Moniz	00:20:14	00:41:05	00:41:04	352	MONIZES	V65	1	00:03:28:36	258
338	3807	Nuno Lopes	00:20:14	00:41:07	00:41:04	351	Clube Millennium BCP	V50	19	00:03:35:67	388
339	10876	Sandra Soler	00:19:59	00:41:09	00:41:02	346		V35	4	00:03:35:17	378
340	8324	Duarte Henriques	00:21:05	00:41:09	00:40:54	338		Junior	17	00:03:16:88	121
341	4157	Frederico Pereira	00:20:10	00:41:10	00:41:02	349	LB SQUAD	Senior	113	00:03:40:24	491
342	4594	Fernando Almeida	00:20:02	00:41:10	00:41:03	350		V45	40	00:03:50:40	766



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
343	8946	Ricardo Pereira	00:20:35	00:41:11	00:40:52	335		V40	58	00:03:35:79	396
344	5250	Gabriela Sobral	00:20:39	00:41:13	00:41:02	348		Senior	6	00:03:30:24	291
345	3116	João Dias	00:20:31	00:41:14	00:40:52	336		Senior	114	00:03:31:06	305
346	3014	José Geada	00:19:58	00:41:14	00:41:07	355		V50	20	00:03:39:20	470
347	5094	Eduardo Casca	00:20:37	00:41:15	00:40:59	344	GDC Portos de Sines e do Algarve	V35	67	00:03:28:10	254
348	6756	Carolina Godinho	00:21:06	00:41:16	00:40:56	340		Senior	7	00:03:24:18	198
349	10150	Miguel Arraiolos	00:19:31	00:41:16	00:41:13	363		V35	68	00:04:01:42	1199
350	4886	Mario Seabra	00:20:49	00:41:16	00:41:02	347	GRJA	V50	21	00:03:27:08	236
351	1628	Miguel Pereira	00:20:12	00:41:16	00:41:07	356		V50	22	00:03:47:89	681
352	10596	Pedro Rocha	00:20:16	00:41:16	00:41:14	364	ACR Mealhada	V40	59	00:03:38:47	453
353	7727	Nuno Dantas	00:20:18	00:41:18	00:41:06	353	GRCD Leião	V40	60	00:03:31:51	316
354	3376	João Ribeiro	00:20:11	00:41:18	00:40:58	342		Senior	115	00:03:35:63	387
355	2136	Fábio Rodrigues	00:20:06	00:41:18	00:41:11	359	Corrida das Belas	Senior	116	00:03:44:29	598
356	8174	Luís Mendes	00:20:04	00:41:19	00:41:15	368	OntriSports	V45	41	00:03:38:39	451
357	3644	Carlos Custodio	00:20:37	00:41:20	00:41:11	360		V50	23	00:03:35:13	375
358	7235	Fábio Carapuça	00:20:29	00:41:21	00:41:07	354		V35	69	00:03:44:53	606
359	2483	André Figueiredo	00:20:52	00:41:22	00:40:56	341		V35	70	00:03:39:88	488
360	9286	Aurelio Marcao	00:20:12	00:41:22	00:41:13	361		V40	61	00:03:46:93	655
361	2347	Paulo Vieira	00:20:19	00:41:22	00:41:14	365	GMCJamor	V55	9	00:03:40:83	503



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
362	8791	Pedro Marques	00:20:16	00:41:24	00:41:15	369		Senior	117	00:03:34:89	367
363	5087	Fábio Dias	00:19:58	00:41:25	00:41:22	379	Grupo Desportivo Santander Totta	V50	24	00:03:41:67	519
364	5424	João Narra	00:20:15	00:41:25	00:41:20	375	SIMECQ	V50	25	00:03:41:34	513
365	4550	André Henriques	00:20:51	00:41:26	00:40:59	343	Clube EDP - Lisboa	Senior	118	00:03:38:69	458
366	10154	Rafaela Silva	00:19:32	00:41:27	00:41:23	380		Junior	5	00:04:06:56	1425
367	9076	Jorge Cruz	00:20:19	00:41:28	00:41:15	367		V35	71	00:03:29:55	278
368	9898	Gonçalo Inácio	00:20:13	00:41:28	00:41:20	376	Associação Vale Grande	V45	42	00:03:34:62	363
369	1722	Nuno Almeida	00:20:45	00:41:29	00:41:08	357		V35	72	00:03:34:81	365
370	10429	Abulai Almame	00:20:51	00:41:30	00:41:24	383		Senior	119	00:03:34:54	361
371	10428	Bruno Rolim	00:20:52	00:41:30	00:41:24	382		V40	62	00:03:34:61	362
372	9370	Nuno Fernandes	00:20:50	00:41:31	00:41:20	378		V45	43	00:03:30:03	286
373	9301	Andrei Zakharov	00:20:47	00:41:31	00:41:25	386		V40	63	00:03:22:68	178
374	11155	Hugo Henriques	00:20:35	00:41:31	00:41:25	385		V45	44	00:03:29:50	277
375	823	Luis Barracho	00:19:57	00:41:31	00:41:28	390	GRCD Leião	V35	73	00:03:47:97	684
376	7502	Pedro Afonso	00:20:14	00:41:31	00:41:18	371	NCAFB	Senior	120	00:03:35:69	390
377	10315	Miguel Reis	00:20:53	00:41:33	00:41:19	373		V45	45	00:03:30:84	302
378	11052	Tiago Luis	00:19:36	00:41:34	00:41:28	389		Senior	121	00:04:00:67	1168
379	8962	André Janeiro	00:20:25	00:41:35	00:41:29	392		V35	74	00:03:38:66	457
380	8021	Ricardo Nogueira	00:20:56	00:41:36	00:41:25	387	A.O. Arraial	Senior	122	00:03:33:52	347



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
381	8281	Tiago Castanho	00:20:53	00:41:36	00:41:16	370		Senior	123	00:03:39:41	476
382	4686	Pedro Guerra	00:20:54	00:41:36	00:41:20	374		Senior	124	00:03:25:04	215
383	3941	Joao Martins	00:20:17	00:41:36	00:41:30	397	FIDELIDADE GDC	V35	75	00:03:44:08	589
384	9989	Nuno Carvalho	00:20:10	00:41:37	00:41:29	393		V35	76	00:03:40:80	502
385	4199	Ricardo Martins	00:20:37	00:41:37	00:41:20	377		V35	77	00:03:34:52	360
386	10022	José Barbosa	00:20:21	00:41:38	00:41:13	362		V40	64	00:03:41:44	515
387	3299	Rafael Martín	00:20:11	00:41:38	00:41:35	402		V45	46	00:03:36:38	406
388	4874	João Canas	00:21:03	00:41:39	00:41:29	391		V35	78	00:03:38:57	456
389	2939	David Brandão	00:20:13	00:41:39	00:41:36	403		Senior	125	00:03:46:12	633
390	9508	Bruno Fernandes	00:20:11	00:41:40	00:41:27	388		V40	65	00:03:42:11	531
391	8151	Fernando Garcia	00:20:13	00:41:41	00:41:35	401	OntriSports	Senior	126	00:03:49:87	744
392	8824	João Gandum	00:21:12	00:41:42	00:41:18	372	LB SQUAD	Senior	127	00:03:31:49	313
393	10657	Francisco Perez	00:20:37	00:41:42	00:41:30	395		V45	47	00:03:37:25	426
394	10524	Tiago Castilho	00:21:14	00:41:43	00:41:38	409		Senior	128	00:03:27:98	251
395	129	João Pacheco	00:19:30	00:41:43	00:41:37	406		V35	79	00:04:25:09	2372
396	10912	Maksym Horlov	00:21:14	00:41:43	00:41:38	408		Senior	129	00:03:28:15	257
397	335	Emanuel Silva	00:20:09	00:41:43	00:41:36	405		V35	80	00:03:37:23	424
398	4301	Diogo Correia	00:20:32	00:41:44	00:41:30	396		Senior	130	00:03:41:02	507
399	8776	André Conceição	00:20:35	00:41:44	00:41:23	381		Senior	131	00:03:35:01	370



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
400	22	João Caldeira	00:20:29	00:41:45	00:41:32	398		Senior	132	00:03:47:99	685
401	2689	José Santos	00:20:43	00:41:45	00:41:32	399	CCDTMetroLX	V50	26	00:03:37:06	422
402	7174	Eurico Nicho	00:20:32	00:41:47	00:41:44	415		V60	5	00:03:30:69	301
403	9916	Nelson Graça	00:20:11	00:41:49	00:41:44	416		V35	81	00:04:00:29	1154
404	5739	Joao Pereira	00:20:50	00:41:49	00:41:44	414	Linda-a-Pastora Sporting Clube	Senior	133	00:03:46:26	637
405	7880	Joel Obiols	00:20:34	00:41:50	00:41:38	407		V35	82	00:03:42:73	550
406	2624	Francisco Ribeiro	00:20:44	00:41:50	00:41:36	404	Amigos do Atletismo de Mafra	V50	27	00:03:33:57	349
407	3735	Gonçalo Ferreira	00:19:08	00:41:51	00:41:47	421	os carregueirenses	Senior	134	00:03:55:62	976
408	1609	Avelino Soares	00:20:37	00:41:51	00:41:40	411	CF Os Belenenses	V55	10	00:03:35:47	383
409	7856	Antonio Costa	00:19:58	00:41:51	00:41:46	420		Senior	135	00:03:53:85	901
410	7138	Rui Maneta	00:20:49	00:41:52	00:41:32	400		V40	66	00:03:44:51	605
411	3736	Joaquim Rodrigues	00:20:36	00:41:53	00:41:49	428	os carregueirenses	V50	28	00:03:44:89	613
412	4787	Diogo Silva	00:21:22	00:41:53	00:41:40	412	LB SQUAD	Senior	136	00:03:33:19	343
413	2578	Fábio Pereira	00:20:39	00:41:54	00:41:50	431	Sporting Clube de Casainhos	Senior	137	00:03:39:39	475
414	7128	Mark Mularz	00:20:17	00:41:54	00:41:49	427		V55	11	00:03:47:81	678
415	10782	Miguel David	00:21:32	00:41:54	00:41:09	358		V50	29	00:03:30:17	289
416	8138	Carlos Teixeira	00:20:27	00:41:54	00:41:48	424	OntriSports	V50	30	00:03:29:88	283
417	4632	Virgínia Pereira	00:20:36	00:41:56	00:41:45	417		V55	1	00:03:42:40	540
418	3910	Yuri Figueiredo	00:20:59	00:41:56	00:41:41	413		V45	48	00:03:37:35	428



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
419	11241	Pedro Gonçalves	00:21:21	00:41:58	00:41:24	384		V35	83	00:03:33:21	344
420	2372	Pedro Sanguino	00:20:25	00:41:59	00:41:50	430	Clube Novo Banco	V40	67	00:03:42:66	549
421	8170	Johannes Werner	00:21:00	00:41:59	00:41:40	410	OntriSports	V40	68	00:03:36:11	402
422	9075	Mário Antunes	00:20:13	00:42:00	00:41:46	418		Senior	138	00:03:43:50	570
423	1875	Joao Silva	00:20:32	00:42:00	00:41:47	422		V45	49	00:03:43:63	576
424	10272	Claudia Chibante	00:20:50	00:42:00	00:41:54	436		V35	5	00:03:39:67	485
425	4867	João Alves	00:21:15	00:42:01	00:41:15	366		V35	84	00:03:44:29	599
426	8196	Renato Silva	00:20:33	00:42:02	00:41:48	425	OntriSports	V35	85	00:03:42:53	543
427	1048	Deonilde Costa	00:20:42	00:42:02	00:41:55	437		V45	3	00:03:34:79	364
428	866	Rui Vieira	00:20:11	00:42:03	00:41:52	434		V50	31	00:03:49:91	748
429	610	Joao Monteiro	00:20:53	00:42:03	00:41:47	423	Tenthpin	V35	86	00:03:37:55	431
430	3596	Daniel Faria	00:20:39	00:42:03	00:41:50	429		Senior	139	00:03:41:93	524
431	7651	Carlos Teixeira	00:19:56	00:42:04	00:42:03	448	Os Kotas	Senior	140	00:03:39:58	480
432	3416	Rui Henriques	00:20:10	00:42:05	00:42:02	444	Serviços Sociais Montepio	V40	69	00:03:43:27	562
433	4885	Jorge Simões	00:20:16	00:42:06	00:41:59	443	Associação Vale Grande	V45	50	00:03:30:61	300
434	8810	Miguel Silva	00:20:23	00:42:06	00:41:59	441	LB SQUAD	V45	51	00:03:52:49	851
435	8154	Firmino Dias	00:21:28	00:42:06	00:41:49	426	OntriSports	V45	52	00:03:38:15	445
436	7535	António Fernandes	00:20:40	00:42:07	00:42:03	449		V45	53	00:03:32:64	337
437	8577	Pedro Sousa	00:21:58	00:42:08	00:40:45	328		V35	87	00:03:27:76	246



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
438	7063	Pedro Pereira	00:21:15	00:42:09	00:41:50	432		V50	32	00:03:31:41	311
439	3261	Mário Marques	00:21:02	00:42:10	00:41:52	435		V45	54	00:03:32:13	330
440	7745	Carlos Rebelo	00:20:30	00:42:10	00:41:59	442	CAPenafirme	V55	12	00:03:40:93	505
441	2290	Gonçalo Amado	00:21:09	00:42:10	00:41:52	433	GDC Banco de Portugal	Senior	141	00:03:39:00	465
442	8210	Tiago Simões	00:21:04	00:42:10	00:41:58	439	OntriSports	Senior	142	00:03:39:59	482
443	8150	Fábio Magalhães	00:20:44	00:42:10	00:41:59	440	OntriSports	V35	88	00:03:43:79	581
444	8155	Francisco Rafael	00:20:47	00:42:11	00:42:02	446	OntriSports	V40	70	00:03:41:27	511
445	2119	Tiago Romão	00:20:33	00:42:12	00:42:02	445		Senior	143	00:03:37:69	438
446	8149	Edgar Caldeira	00:21:14	00:42:14	00:42:03	447	OntriSports	V35	89	00:03:42:84	554
447	4584	Bruno Andrade	00:21:27	00:42:14	00:41:58	438		V35	90	00:03:28:52	261
448	9062	Fábio Antunes	00:21:08	00:42:15	00:41:46	419		Senior	144	00:03:39:58	481
449	10406	Vítor Anselmo	00:20:49	00:42:16	00:42:13	456		V35	91	00:03:44:09	590
450	8355	Fernando Cascão	00:21:11	00:42:17	00:41:29	394		Senior	145	00:03:53:15	875
451	5449	Pedro Castelo	00:20:42	00:42:19	00:42:17	467		V35	92	00:03:27:09	237
452	9425	Rui Ramos	00:20:37	00:42:20	00:42:15	463		V40	71	00:03:46:99	657
453	5677	Abel Costa	00:21:20	00:42:20	00:42:03	450	FAM 2 RUN	V55	13	00:03:39:06	466
454	5991	Gonçalo Pirrolas	00:19:54	00:42:20	00:42:19	469		Senior	146	00:03:54:75	932
455	6074	André Santos	00:20:14	00:42:22	00:42:10	454	Bombeiros Voluntários de Montemor-o-Novo	Senior	147	00:03:48:17	688
456	2440	Diogo Pinheiro	00:20:52	00:42:23	00:42:16	465		Senior	148	00:03:45:19	618





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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
457	8318	Pedro Pereira	00:21:11	00:42:25	00:42:22	476		V55	14	00:03:40:33	493
458	10698	David Gonçalves	00:20:38	00:42:26	00:42:10	453		V40	72	00:03:48:50	697
459	1045	Luis Filipe	00:21:15	00:42:27	00:42:22	477	ADNO - NucleOeiras	V45	55	00:03:21:10	156
460	3268	Bruno Pereira	00:21:07	00:42:27	00:42:14	459	Run Tejo - Prevent Sprain	V45	56	00:03:45:08	615
461	5009	Daniel Remigio	00:20:19	00:42:27	00:42:14	458	OntriSports	Senior	149	00:03:43:37	566
462	8059	Francisca Mira	00:20:37	00:42:27	00:42:21	474	LB SQUAD	Senior	8	00:03:53:97	904
463	10728	Rodrigo Pacheco	00:20:34	00:42:27	00:42:24	482		Senior	150	00:03:43:56	573
464	9165	Tiago Duarte	00:20:37	00:42:28	00:42:06	451	GDC Banco de Portugal	V40	73	00:03:56:69	1016
465	6552	Mikhail Okunev	00:20:41	00:42:28	00:42:14	457		Senior	151	00:03:45:81	626
466	2520	Orleans Ferreira	00:20:25	00:42:28	00:42:24	479		V55	15	00:03:35:91	399
467	3738	António Silva	00:20:38	00:42:29	00:42:17	466	GFD Running	V50	33	00:03:37:96	441
468	2281	Bruno Pires	00:20:54	00:42:30	00:42:12	455	GDC Banco de Portugal	V40	74	00:03:49:09	716
469	8256	Paulo Alves	00:20:51	00:42:30	00:42:25	483		V40	75	00:03:53:99	906
470	2553	Joana Robalo	00:21:02	00:42:31	00:42:25	484	Run & Win[e]	V40	3	00:03:46:29	638
471	10475	Simão Santos	00:21:05	00:42:31	00:42:29	492		Senior	152	00:03:38:95	462
472	10470	António Sousa	00:21:05	00:42:31	00:42:29	491		Senior	153	00:03:39:23	472
473	5360	Rui Mónica	00:20:09	00:42:31	00:42:27	488	Golfinhos da Abóboda	Senior	154	00:03:46:30	639
474	9010	Humberto Cunha	00:20:53	00:42:33	00:42:19	470	Outsystems Olímpico de Oeiras	V50	34	00:03:31:31	309
475	978	Ruben Fagundes	00:20:53	00:42:33	00:42:27	486		Senior	155	00:03:43:52	572



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
476	6705	Luis Gonçalves	00:20:51	00:42:33	00:42:18	468		V45	57	00:03:50:36	764
477	3407	Gonçalo Baroutakis	00:21:08	00:42:33	00:42:15	460	GMCJamor	V45	58	00:03:27:61	241
478	8089	Rui Lacerda	00:20:46	00:42:34	00:42:26	485	Linda-a-Pastora Sporting Clube	V50	35	00:03:36:87	416
479	257	Goncalo Alves	00:20:36	00:42:34	00:42:27	487		V35	93	00:03:47:56	672
480	2017	Gonçalo Ferreira	00:20:57	00:42:34	00:42:20	472	CF Os Belenenses	V50	36	00:03:31:73	321
481	7835	Renato Correia	00:20:45	00:42:34	00:42:22	475	Run Tejo - Prevent Sprain	V40	76	00:03:49:83	742
482	1692	Virgílio Barriga	00:20:16	00:42:35	00:42:23	478		V55	16	00:03:44:68	609
483	9197	Rui Coelho	00:21:33	00:42:36	00:42:16	464	CF Os Belenenses	V50	37	00:03:37:00	420
484	4806	Miguel Gomes	00:19:29	00:42:36	00:42:35	500		Senior	156	00:03:17:28	123
485	1969	Ana Valente	00:21:23	00:42:36	00:42:15	461	Clube TAP PORTUGAL	Senior	9	00:03:44:60	607
486	3651	Bruno Correia	00:20:53	00:42:36	00:42:31	494		V40	77	00:03:48:69	700
487	3210	Nuno Pascoal	00:20:35	00:42:37	00:42:35	499		V50	38	00:03:49:98	750
488	8044	Diogo Castro	00:21:42	00:42:38	00:42:15	462	LB SQUAD	V40	78	00:03:35:49	384
489	7457	Gabriel Alves	00:20:04	00:42:38	00:42:34	497	CUA Benaventense - 3B Triatlo	V55	17	00:03:41:81	522
490	347	Samuel Matias	00:21:18	00:42:39	00:42:28	489		Senior	157	00:03:33:69	353
491	7198	Guilherme Pizarro	00:20:27	00:42:40	00:42:24	481		V35	94	00:03:46:19	636
492	9497	Luis Santos	00:21:51	00:42:40	00:42:32	495		V45	59	00:03:26:85	234
493	10063	João Lemos	00:20:45	00:42:41	00:42:35	498		V35	95	00:04:04:83	1356
494	9901	Tiago Franco	00:22:04	00:42:44	00:42:07	452	2600TR	V35	96	00:03:24:23	201



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
495	3740	Rui Freitas	00:21:17	00:42:44	00:42:31	493	GFD Running	V45	60	00:03:42:05	529
496	5025	Rodrigo Costa	00:21:49	00:42:45	00:42:24	480		Senior	158	00:03:30:09	287
497	5168	André Nunes	00:20:21	00:42:47	00:42:38	508		Senior	159	00:03:55:31	960
498	229	Mário Real	00:22:07	00:42:48	00:42:20	473		Senior	160	00:03:32:15	332
499	2623	João Branco	00:20:40	00:42:49	00:42:45	517	Amigos do Atletismo de Mafra	V40	79	00:03:45:75	625
500	627	Pedro Gaspar	00:21:45	00:42:49	00:42:29	490	DXC Triamazing	V40	80	00:03:42:07	530
501	42	Vitor Marques	00:20:34	00:42:49	00:42:39	510		V40	81	00:03:35:75	394
502	7735	Rita Almeida	00:20:51	00:42:49	00:42:43	513	CAPenafirme	Senior	10	00:03:49:67	733
503	7742	Henrik Santos	00:20:51	00:42:50	00:42:44	514	CAPenafirme	Senior	161	00:03:50:11	757
504	8829	Pedro Cardoso	00:20:50	00:42:50	00:42:38	507		Senior	162	00:03:50:63	780
505	1300	João Sabina	00:21:24	00:42:51	00:42:33	496		V45	61	00:03:37:33	427
506	2676	Rui Luis	00:21:31	00:42:52	00:42:36	503		Senior	163	00:03:39:11	467
507	7297	Liliana Baltazar	00:21:24	00:42:53	00:42:38	506	Associação Corrida Noturna Parque das Nações	V35	6	00:03:52:34	842
508	5493	Sérgio Neves	00:21:10	00:42:53	00:42:36	502	Treino no Park	V45	62	00:03:41:52	516
509	8689	Jonas Mendes	00:20:52	00:42:54	00:42:48	525	Abacates	Senior	164	00:03:55:80	985
510	8691	Sebastian Pfister	00:20:53	00:42:54	00:42:48	524	Abacates	Senior	165	00:03:55:21	955
511	6608	Pedro Pereira	00:21:08	00:42:54	00:42:37	504		Senior	166	00:03:37:47	430
512	6655	Vasco Martinho	00:21:08	00:42:54	00:42:37	505		Senior	167	00:03:37:59	433
513	5980	Daniel Dias	00:21:06	00:42:54	00:42:53	535		V40	82	00:03:44:70	610



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
514	8031	António Nunes	00:20:34	00:42:54	00:42:48	526	Casa do Pessoal da RTP	V50	39	00:03:47:37	667
515	5224	Maurício Cruz	00:19:59	00:42:55	00:42:52	533		V45	63	00:03:43:27	561
516	675	Luis Marques	00:20:33	00:42:55	00:42:44	515	FIDELIDADE GDC	V45	64	00:03:47:49	670
517	4436	Paulo Gaspar	00:21:14	00:42:55	00:42:36	501		V45	65	00:03:36:92	419
518	8289	Mateus Pereira	00:20:39	00:42:55	00:42:49	530		Senior	168	00:03:53:55	892
519	7070	Ricardo Trindade	00:21:42	00:42:56	00:42:20	471	DXC Triamazing	V35	97	00:03:37:66	437
520	1518	João Correia	00:20:56	00:42:56	00:42:51	531	Outsystems Olímpico de Oeiras	V45	66	00:03:43:66	578
521	1477	Maria Correia	00:20:56	00:42:56	00:42:52	532	Outsystems Olímpico de Oeiras	Junior	6	00:03:43:43	569
522	1799	João Nunes	00:20:36	00:42:56	00:42:48	527		V50	40	00:03:50:97	792
523	9926	Bruno Pereira	00:21:25	00:42:57	00:42:39	512		V45	67	00:03:42:93	557
524	5952	Manuel Teixeira	00:21:31	00:42:57	00:42:39	511		Senior	169	00:03:37:38	429
525	4437	Tiago Mota	00:21:18	00:42:58	00:42:44	516		Senior	170	00:03:37:73	439
526	720	Miguel Almeida	00:20:58	00:43:00	00:42:49	529		V45	68	00:03:48:38	693
527	7326	Rui Antunes	00:20:52	00:43:00	00:42:47	521	Associação Corrida Noturna Parque das Nações	V45	69	00:03:49:99	751
528	8560	Rolando Reis	00:20:36	00:43:01	00:42:56	543	OntriSports	V35	98	00:03:34:83	366
529	3077	Felix Brockmeier	00:20:13	00:43:01	00:42:55	540		Senior	171	00:03:48:95	711
530	13009	Javier Cabello	00:20:38	00:43:01	00:42:53	536		V55	18	00:03:51:55	817
531	4769	Sara Pedrosa	00:20:51	00:43:02	00:42:58	550		Senior	11	00:03:51:06	794
532	5992	Manuel Lopes	00:21:28	00:43:03	00:42:58	549		Senior	172	00:03:35:98	400



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
533	11199	Ricardo Serafim	00:21:19	00:43:03	00:42:55	542		V35	99	00:03:54:67	930
534	7150	Paulo Martins	00:21:54	00:43:04	00:42:59	552		V45	70	00:03:28:83	267
535	8168	João Marques	00:22:04	00:43:05	00:42:46	519	OntriSports	V35	100	00:03:28:53	262
536	10867	Daniel Domingues	00:21:07	00:43:05	00:42:59	553		V35	101	00:03:38:37	450
537	5093	Luís Casca	00:21:05	00:43:05	00:42:48	528	GDC Portos de Sines e do Algarve	V35	102	00:03:41:72	520
538	549	Mark Harrison	00:21:33	00:43:05	00:42:53	534		V35	103	00:03:38:24	447
539	337	Vitor Cavadas	00:21:20	00:43:06	00:42:54	538		V35	104	00:03:40:93	504
540	5311	Paul Joyes	00:22:33	00:43:07	00:43:04	561		Senior	173	00:03:43:42	568
541	7846	Nuno Alves	00:21:19	00:43:07	00:42:57	545		V45	71	00:03:41:44	514
542	901	Rui Rodrigues	00:21:02	00:43:08	00:42:59	551	Correr Sociedade Recreativa da Granja	V45	72	00:03:48:05	686
543	3472	Miguel Alpendre	00:22:09	00:43:08	00:42:39	509		Junior	18	00:03:35:15	376
544	8036	Luís Batista	00:21:39	00:43:08	00:42:46	518	corredores da adega	V40	83	00:03:40:44	494
545	6846	Paulo Monteiro	00:20:55	00:43:09	00:43:03	559		V45	73	00:03:38:22	446
546	9041	Vasco Silva	00:20:58	00:43:10	00:43:06	567	Outsystems Olímpico de Oeiras	Junior	19	00:04:07:33	1456
547	9829	Pedro Lorena	00:20:44	00:43:11	00:42:47	522		V35	105	00:03:53:32	880
548	6988	Paulo Cândido	00:20:44	00:43:11	00:42:48	523		V35	106	00:03:53:06	873
549	10026	Luana Lopes	00:21:09	00:43:11	00:42:55	541		Senior	12	00:03:55:12	951
550	10945	Emanuel Silva	00:21:17	00:43:11	00:43:09	577		V40	84	00:03:45:99	629
551	10535	Rui Heleno	00:21:10	00:43:12	00:42:57	546		V45	74	00:03:50:08	754



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
552	1997	Daniel Almeida	00:21:51	00:43:13	00:43:11	579		Senior	174	00:03:39:23	471
553	8144	Diogo Leitão	00:20:59	00:43:13	00:42:47	520	OntriSports	Senior	175	00:04:20:72	2159
554	9728	Alberto Pires	00:21:47	00:43:13	00:43:07	568		V50	41	00:03:32:31	334
555	8285	Tiago Tenente	00:21:16	00:43:14	00:42:57	544		V45	75	00:04:01:92	1215
556	304	José Varela	00:21:06	00:43:14	00:43:02	558	Bombeiros Voluntários de Montemor-o-Novo	V50	42	00:03:46:63	650
557	1595	Carlos Tomé	00:21:13	00:43:14	00:43:09	574		V50	43	00:03:36:68	412
558	3746	Pedro Calvario	00:21:29	00:43:15	00:42:54	539		V50	44	00:03:43:37	565
559	2538	Jorge Vaz	00:21:16	00:43:15	00:43:09	575		V50	45	00:03:45:23	620
560	9833	Rui Pereira	00:21:38	00:43:15	00:42:57	547		V50	46	00:03:43:33	564
561	10908	Bruno Pereira	00:21:54	00:43:15	00:43:09	578		V45	76	00:03:40:17	490
562	8939	Jorge Palmela	00:21:54	00:43:16	00:42:54	537		V45	77	00:03:43:71	580
563	2585	Hugo Roque	00:20:38	00:43:16	00:43:13	586	Sporting Clube de Casainhos	V45	78	00:03:49:80	740
564	4919	Luis Vieira	00:21:13	00:43:16	00:43:08	572	Clube Atletismo de Vale de Figueira	V50	47	00:03:42:27	537
565	204	Sérgio Cardoso	00:21:11	00:43:16	00:43:05	565		V35	107	00:03:47:65	673
566	5111	José Antonio	00:21:12	00:43:16	00:43:08	571		V40	85	00:03:38:26	448
567	2268	Manuel Silva	00:20:37	00:43:17	00:43:12	580		V45	79	00:03:46:44	644
568	7741	Renato Santos	00:21:35	00:43:17	00:43:04	560	CAPenafirme	Senior	176	00:03:46:05	631
569	4821	Nuno Graça	00:21:15	00:43:17	00:43:00	555		V40	86	00:03:46:63	651
570	5929	Antonio Revez	00:20:52	00:43:18	00:43:04	562	AMINHACORRIDA/RUNEXTREM	V50	48	00:03:43:58	575



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
571	2582	Antonio Godinho	00:21:23	00:43:18	00:43:00	554	Sporting Clube de Casainhos	V45	80	00:03:33:62	351
572	186	Nuno Silva	00:20:50	00:43:18	00:43:12	582	HeCaTEAM	V40	87	00:03:43:81	582
573	366	João Morgado	00:22:06	00:43:18	00:43:01	557	LB SQUAD	Senior	177	00:03:29:26	276
574	1517	Marco Balsinha	00:21:35	00:43:19	00:43:01	556		V35	108	00:03:50:28	760
575	6910	Jhonathan Paim	00:20:21	00:43:19	00:43:13	585		Senior	178	00:04:07:93	1485
576	1956	Carlos Silva	00:21:10	00:43:20	00:43:07	570	Clube TAP PORTUGAL	V50	49	00:03:52:51	853
577	3764	Pedro Sá	00:21:45	00:43:22	00:43:04	563	Clube Millennium BCP	V50	50	00:03:42:60	546
578	8397	Palmira Quinhama	00:21:11	00:43:22	00:43:12	584		V45	4	00:03:58:78	1094
579	7635	Vital Vilarinho	00:22:04	00:43:23	00:42:58	548		V40	88	00:03:33:53	348
580	1461	Nuno Pita	00:21:26	00:43:23	00:43:09	573		V45	81	00:03:42:22	533
581	2164	Sérgio Teixeira	00:21:14	00:43:27	00:43:17	592	Alverca Urban Runners	V45	82	00:03:50:11	756
582	3731	Catarina Lourenço	00:21:09	00:43:27	00:43:04	564		V45	5	00:03:39:18	468
583	1575	Paulo Tomás	00:20:56	00:43:27	00:43:23	608		V50	51	00:03:47:14	662
584	9690	Joaquim Ribeiro	00:22:06	00:43:27	00:43:05	566		Senior	179	00:04:55:30	3981
585	9346	Carlos Gonçalves	00:20:35	00:43:27	00:43:21	602		V45	83	00:03:28:85	268
586	4925	Armando Pinho	00:21:00	00:43:28	00:43:17	595		V55	19	00:03:54:94	939
587	2307	Bernardo Cardoso	00:21:18	00:43:28	00:43:17	593		V35	109	00:03:39:29	474
588	9015	Joao Fernandes	00:21:32	00:43:29	00:43:14	588	Outsystems Olímpico de Oeiras	V40	89	00:03:47:80	677
589	9422	Diogo Cunha	00:22:07	00:43:29	00:43:28	614		Senior	180	00:03:38:01	442



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
590	2110	Joana Tomé	00:21:44	00:43:30	00:43:15	591		Senior	13	00:03:43:99	587
591	9492	Vitor Pereira	00:21:23	00:43:30	00:43:26	612		V45	84	00:03:33:18	341
592	11171	Michael Hartlove	00:21:36	00:43:30	00:43:22	607		Senior	181	00:03:54:19	915
593	5962	Rui Silva	00:20:50	00:43:30	00:43:29	615		V45	85	00:03:59:72	1131
594	9196	Pedro Favinha	00:21:47	00:43:31	00:43:15	589	CF Os Belenenses	V50	52	00:03:42:78	552
595	5108	Tiago Pereira	00:21:29	00:43:31	00:43:29	616		Junior	20	00:03:36:53	408
596	8842	Bernardo Caetano	00:21:06	00:43:32	00:43:12	583		V35	110	00:04:02:61	1245
597	1228	Jorge Gonçalves	00:21:15	00:43:32	00:43:19	596		V40	90	00:03:43:82	583
598	2790	Artur Alves	00:20:45	00:43:33	00:43:24	609		V45	86	00:04:04:63	1349
599	9021	Mafalda Barata	00:21:22	00:43:33	00:43:20	600	Outsystems Olímpico de Oeiras	Senior	14	00:03:44:84	612
600	1454	Rui Pombinho	00:21:14	00:43:34	00:43:22	606		V60	6	00:03:47:53	671
601	7073	Pedro Roberto	00:22:12	00:43:35	00:43:14	587	DXC Triamazing	V35	111	00:03:31:08	306
602	7312	Nuno	00:21:23	00:43:36	00:43:21	603	Associação Corrida Noturna Parque das Nações	V45	87	00:03:53:01	870
603	446	João Oliveira	00:21:35	00:43:37	00:43:21	604		Senior	182	00:03:41:97	525
604	653	Ivan Costa	00:21:54	00:43:38	00:43:17	594		V35	112	00:03:34:45	358
605	8169	Joel Cunha	00:21:49	00:43:38	00:43:20	599	OntriSports	V40	91	00:03:57:57	1059
606	8554	Pedro Garcia	00:22:30	00:43:38	00:43:07	569		V35	113	00:03:38:91	461
607	608	Luis Ferreira	00:21:35	00:43:40	00:43:22	605		V45	88	00:03:42:12	532
608	10393	Bruno Marcelino	00:20:43	00:43:41	00:43:37	622		V45	89	00:04:09:33	1569





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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
609	6597	Carlos Duque	00:22:18	00:43:42	00:43:19	598		Senior	183	00:03:38:33	449
610	5632	Paulo Ferreira	00:22:03	00:43:42	00:43:37	621		V55	20	00:03:51:86	822
611	4636	Nuno Sousa	00:21:18	00:43:42	00:43:34	618	GDCTINCM	V50	53	00:03:49:27	721
612	351	Gustavo Monteiro	00:22:00	00:43:43	00:43:09	576		Senior	184	00:03:54:09	911
613	9453	Israel Souza	00:21:01	00:43:43	00:43:42	631		V40	92	00:03:58:67	1090
614	4415	Joaquim Chitas	00:21:08	00:43:44	00:43:34	619	FCCN	V45	90	00:03:53:20	878
615	187	Helena Moreira	00:21:46	00:43:44	00:43:36	620	HeCaTEAM	V45	6	00:03:39:54	478
616	266	Hugo Pina	00:22:12	00:43:44	00:43:12	581	Pina's Bro	V40	93	00:03:42:37	539
617	7173	Rúben Brito	00:21:53	00:43:44	00:43:24	610		Senior	185	00:03:42:76	551
618	6970	Jennifer Oliveira	00:22:10	00:43:45	00:43:15	590		Senior	15	00:03:41:26	510
619	7656	Pedro Gonçalves	00:21:26	00:43:45	00:43:40	627	Os Galgos	V45	91	00:03:46:87	653
620	394	André Silva	00:21:51	00:43:45	00:43:26	613		Senior	186	00:03:41:57	517
621	9572	Nelson Tembe	00:21:50	00:43:46	00:43:43	635		V50	54	00:03:35:33	379
622	9560	Hugo Antunes	00:21:32	00:43:46	00:43:20	601		V35	114	00:03:55:58	974
623	4315	Alberto Alvarez	00:21:17	00:43:46	00:43:43	633		V50	55	00:03:58:56	1088
624	9935	Américo Pereira	00:21:08	00:43:48	00:43:39	626		V50	56	00:03:49:59	729
625	10567	Francisco Ferraz	00:21:00	00:43:51	00:43:45	638		Senior	187	00:04:02:68	1249
626	7145	Jorge Cerejo	00:21:35	00:43:51	00:43:19	597		Senior	188	00:03:50:93	790
627	8742	Paulo Pereira	00:21:27	00:43:51	00:43:44	637	CCD Tranquilidade	V55	21	00:03:40:59	497



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
628	1885	Rui Pires	00:21:19	00:43:51	00:43:40	628		V45	92	00:03:51:26	805
629	10742	Duarte Albuquerque	00:21:45	00:43:52	00:43:49	646		Senior	189	00:03:44:31	601
630	3417	Pedro Silva	00:21:51	00:43:52	00:43:39	625	Serviços Sociais Montepio	Senior	190	00:03:41:92	523
631	11283	Letícia Magalhães	00:21:05	00:43:53	00:43:50	650		Junior	7	00:03:58:01	1070
632	10633	Joana Alves	00:21:05	00:43:53	00:43:50	649		Junior	8	00:03:58:14	1077
633	3797	Pedro Cordas	00:22:03	00:43:53	00:43:42	632	Clube Millennium BCP	V50	57	00:03:37:23	425
634	8557	Ângelo Amaral	00:21:45	00:43:53	00:43:49	647		Senior	191	00:03:49:07	714
635	3574	Bruno Luís	00:21:38	00:43:54	00:43:45	641	Mem Martins Running	V40	94	00:03:38:54	455
636	7061	Bruno Santos	00:21:12	00:43:54	00:43:41	630	FIDELIDADE GDC	Senior	192	00:03:44:11	593
637	6180	Diogo Rodrigues	00:21:12	00:43:54	00:43:41	629		Senior	193	00:03:44:10	591
638	5815	Raquel Subtil	00:21:46	00:43:54	00:43:38	624		V35	7	00:03:47:86	680
639	860	Paulo Sousa	00:21:14	00:43:54	00:43:45	642	Limited Edition Team	V45	93	00:03:46:60	649
640	10670	João Mello	00:22:59	00:43:55	00:43:46	643		Senior	194	00:03:32:40	336
641	5171	Sean Riain	00:21:09	00:43:55	00:43:43	634		V60	7	00:03:49:01	712
642	9022	Marco Rocha	00:22:28	00:43:55	00:43:54	659	Outsystems Olímpico de Oeiras	V45	94	00:03:44:79	611
643	9982	Ricardo Mota	00:21:08	00:43:57	00:43:37	623		V45	95	00:03:47:43	669
644	645	Candido Poças	00:21:27	00:43:59	00:43:50	652	FIDELIDADE GDC	V50	58	00:03:50:49	774
645	7044	Pedro Dias	00:22:07	00:44:01	00:43:44	636		Senior	195	00:03:42:55	544
646	9814	João Medinas	00:21:22	00:44:02	00:43:46	644		Senior	196	00:03:53:43	887



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
647	5496	Bruno Neves	00:21:23	00:44:03	00:43:52	656	Treino no Park	Senior	197	00:03:51:42	810
648	5499	Alexandre Cantiga	00:21:24	00:44:03	00:43:52	657	Treino no Park	V45	96	00:03:51:54	815
649	9679	Rui Almeida	00:21:26	00:44:03	00:43:56	663		V40	95	00:03:44:49	604
650	4083	Nick Velde	00:22:48	00:44:04	00:43:45	640		V35	115	00:03:36:66	411
651	4631	Bruno Ferreira	00:21:45	00:44:06	00:43:45	639	Lebres Vermelhas SB	V45	97	00:03:53:69	896
652	4004	Gustavo Antunes	00:21:53	00:44:07	00:43:51	654		V45	98	00:03:46:59	648
653	1173	José Silvestre	00:21:57	00:44:07	00:44:04	678		V55	22	00:03:43:69	579
654	2991	João Lourenço	00:21:45	00:44:08	00:43:57	667	GRCD Leião	V60	8	00:03:38:76	459
655	6855	Edy Julien	00:21:15	00:44:08	00:44:04	679		V45	99	00:04:18:70	2053
656	9311	Pedro Peniche	00:21:22	00:44:08	00:44:05	683		V40	96	00:03:55:11	949
657	10885	David Leitão	00:21:18	00:44:09	00:43:54	660		Senior	198	00:04:23:58	2304
658	6939	Aleksandr Vaskin	00:22:18	00:44:10	00:43:59	672		V35	116	00:03:35:03	371
659	3319	Luis Rio	00:21:44	00:44:11	00:44:03	677	GDC Banco de Portugal	V50	59	00:03:36:57	409
660	11279	Lucas Galipeau	00:22:32	00:44:12	00:44:05	682		Junior	21	00:03:53:97	905
661	6906	Halima Zebri	00:21:53	00:44:12	00:44:07	688		Senior	16	00:04:00:84	1176
662	8656	João Simões	00:21:47	00:44:13	00:43:57	665		V40	97	00:03:50:62	779
663	10514	Ivan Santos	00:21:13	00:44:15	00:43:57	666		Senior	199	00:04:14:04	1795
664	5477	Inês Melo	00:21:30	00:44:16	00:44:09	696		Senior	17	00:03:54:01	908
665	2592	Luis Brito	00:21:11	00:44:16	00:44:12	706	Bombeiros Voluntários de Montemor-o-Novo	V40	98	00:03:53:24	879



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
666	9708	Gianluigi Tarzi	00:21:08	00:44:16	00:44:12	702		V55	23	00:03:57:77	1061
667	5158	Cátia Ferreira	00:21:45	00:44:16	00:44:10	698		Senior	18	00:03:52:63	859
668	2279	António Simões	00:22:00	00:44:16	00:44:07	690	GDC Banco de Portugal	V50	60	00:03:45:69	623
669	10273	Pedro Temporão	00:22:43	00:44:17	00:43:51	655		V40	99	00:03:38:47	454
670	5867	Marco Sardo	00:21:53	00:44:17	00:44:01	675	2600TR	V45	100	00:03:47:24	665
671	3036	Rui Rodrigues	00:22:13	00:44:17	00:43:53	658	LB SQUAD	V60	9	00:03:52:93	867
672	10396	Sonia Barros	00:21:26	00:44:17	00:44:04	680		Senior	19	00:03:50:64	781
673	4941	Ricardo Rodrigues	00:21:18	00:44:18	00:44:05	686		V35	117	00:04:09:14	1555
674	149	Bruno Almeida	00:21:50	00:44:18	00:43:57	669		Senior	200	00:03:53:39	884
675	1116	Pedro Olivato	00:21:56	00:44:18	00:44:08	691		V35	118	00:03:42:41	541
676	4715	Antonio Guillen	00:21:29	00:44:19	00:44:09	695		V55	24	00:03:52:04	831
677	1944	Vasco Alpalhão	00:21:18	00:44:19	00:44:13	707		V50	61	00:03:50:61	778
678	9736	Bruno Oliveira	00:21:56	00:44:20	00:44:12	703		V55	25	00:03:54:95	940
679	5517	Graça Castro	00:21:45	00:44:20	00:44:14	711	Clube do Stress	V50	1	00:03:49:87	746
680	4120	Pedro Salvador	00:21:52	00:44:21	00:44:15	712		V45	101	00:03:48:69	701
681	4920	Luis Cascão	00:22:35	00:44:21	00:43:50	651	Casa do Pessoal da RTP	V50	62	00:03:52:03	830
682	7243	Mário Ribeiro	00:21:36	00:44:21	00:43:50	648		Senior	201	00:04:21:01	2177
683	2115	Pedro Cruz	00:21:45	00:44:21	00:43:59	671		Senior	202	00:04:00:54	1163
684	7409	César Andrade	00:21:58	00:44:22	00:43:56	664	CUA Benaventense - 3B Triatlo	V40	100	00:03:55:30	958



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
685	9692	Nuno Caeiro	00:21:28	00:44:22	00:44:18	726		V45	102	00:03:54:58	925
686	6714	Hugo Calado	00:21:18	00:44:23	00:44:15	715		V40	101	00:03:55:43	968
687	11242	Francisco Rasquilha	00:22:21	00:44:23	00:43:31	617		Senior	203	00:03:54:18	914
688	939	José Ferreira	00:21:41	00:44:23	00:44:05	684		V50	63	00:03:56:50	1008
689	4500	Mauro Neto	00:21:56	00:44:23	00:44:02	676		Senior	204	00:03:50:09	755
690	2322	Nuno Martins	00:21:30	00:44:24	00:44:17	723		V35	119	00:03:57:46	1049
691	7792	Manuel Domingues	00:22:00	00:44:24	00:44:00	673		Senior	205	00:04:04:27	1327
692	5280	João Marques	00:21:50	00:44:24	00:44:12	704	SS CGD	V45	103	00:03:55:82	986
693	10274	Daniel Castelbranco	00:21:40	00:44:24	00:44:15	714		V35	120	00:03:49:16	718
694	4239	Diogo Carvalho	00:22:14	00:44:25	00:43:57	668	Running from People and Society	Senior	206	00:03:54:75	933
695	9504	Francisco Victorino	00:22:31	00:44:25	00:44:19	727		Senior	207	00:03:31:51	315
696	7324	Ricardo	00:22:23	00:44:26	00:44:11	700	Associação Corrida Noturna Parque das Nações	V40	102	00:03:42:02	527
697	937	Ricardo Carvalho	00:21:31	00:44:26	00:44:20	730		V45	104	00:04:04:92	1361
698	5065	Rui Sobral	00:21:49	00:44:27	00:44:16	718	Grupo Desportivo Santander Totta	V40	103	00:03:47:07	659
699	429	Joaquim Silva	00:21:32	00:44:27	00:44:22	736	Associação Desportiva de Palmeiros Sintra	V45	105	00:03:59:05	1107
700	8176	Marco Santos	00:22:34	00:44:28	00:44:01	674	OntriSports	V40	104	00:03:34:97	368
701	5172	Marcelo Chagas	00:21:44	00:44:28	00:44:07	689	Peniche a Correr	V35	121	00:03:58:50	1085
702	7071	Bruno Rosado	00:22:13	00:44:28	00:44:08	692	DXC Triamazing	V45	106	00:03:49:87	745
703	160	Luís Silva	00:21:11	00:44:28	00:44:22	737		V40	105	00:04:08:45	1516



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
704	10732	Bruno Vilhena	00:22:16	00:44:28	00:44:14	710		V35	122	00:03:54:79	934
705	318	Daniel Falé	00:21:12	00:44:29	00:44:18	724		V35	123	00:03:48:78	703
706	7393	João Pinto	00:23:10	00:44:30	00:44:06	687		Senior	208	00:03:26:16	227
707	3329	Gil Domingues	00:21:20	00:44:30	00:44:05	685		Senior	209	00:04:00:75	1171
708	4350	João Galhordas	00:21:31	00:44:30	00:44:23	739		V50	64	00:03:50:96	791
709	4680	José Pinto	00:21:34	00:44:30	00:44:19	728		V60	10	00:03:54:21	917
710	9016	João Westwood	00:23:01	00:44:30	00:43:55	661	Outsystems Olímpico de Oeiras	Senior	210	00:03:35:74	393
711	8240	José Guimarães	00:22:22	00:44:31	00:44:16	717	Associação Corrida Noturna Parque das Nações	V45	107	00:03:45:55	622
712	5377	Rui Seromenho	00:21:35	00:44:31	00:44:25	749	GDC Portos de Sines e do Algarve	V45	108	00:03:59:93	1141
713	8095	Francisco Casegas	00:21:18	00:44:31	00:44:22	735		Senior	211	00:03:54:01	907
714	9030	Pedro Anágua	00:23:02	00:44:31	00:43:56	662	Outsystems Olímpico de Oeiras	Senior	212	00:03:38:03	443
715	2805	Frederico Nobre	00:21:38	00:44:32	00:44:24	746	CDCR DOS CTT	V35	124	00:04:01:78	1212
716	8818	Diogo Assunção	00:22:59	00:44:32	00:44:08	694		V35	125	00:03:33:15	339
717	8894	Gonçalo Monteiro	00:22:34	00:44:32	00:43:25	611		Senior	213	00:03:47:73	674
718	7082	Rui Cleto	00:21:57	00:44:33	00:44:24	743	Amigos do Atletismo de Mafra	V50	65	00:03:54:62	928
719	3277	Ana Cleto	00:21:57	00:44:33	00:44:27	752	Amigos do Atletismo de Mafra	V50	2	00:03:54:84	938
720	2221	Tiago Afonseca	00:22:11	00:44:34	00:44:33	767		Senior	214	00:04:04:16	1320
721	10700	Pedro Gomes	00:22:05	00:44:34	00:44:05	681		V45	109	00:03:51:88	824
722	9201	Luciano Dantas	00:22:12	00:44:36	00:44:21	733	CF Os Belenenses	V55	26	00:03:43:25	560



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
723	7250	João Lopes	00:21:41	00:44:36	00:44:24	744	GDC Banco de Portugal	V35	126	00:03:58:55	1087
724	3124	Gonçalo Paz	00:22:05	00:44:36	00:44:22	738		Junior	22	00:04:09:57	1582
725	5612	Duarte Almeida	00:21:45	00:44:36	00:44:18	725	B2PTRUNNING	V40	106	00:04:06:99	1439
726	131	André Matias	00:21:36	00:44:37	00:44:32	760		Senior	215	00:03:49:56	725
727	11044	Eduardo Souza	00:22:04	00:44:37	00:44:28	754		Senior	216	00:03:46:31	640
728	267	Billy Santos	00:22:41	00:44:37	00:43:48	645	Lebres do Oeste	V45	110	00:03:47:94	682
729	5563	Filipe Saleiro	00:22:28	00:44:37	00:44:10	697		V40	107	00:03:49:57	727
730	6426	Tiago Álvares	00:22:35	00:44:39	00:44:13	709	Corrida das Belas	Senior	217	00:03:48:14	687
731	8731	Jorge Serra	00:22:28	00:44:39	00:44:20	731	CCD Tranquilidade	V55	27	00:03:45:72	624
732	3466	Sérgio Simões	00:21:49	00:44:39	00:44:32	763	Casa Benfica Seixal	V55	28	00:03:52:13	834
733	2108	João Passos	00:21:53	00:44:39	00:44:25	747		V45	111	00:03:51:22	802
734	6972	David Santos	00:21:42	00:44:40	00:44:32	764		V35	127	00:03:54:99	941
735	7581	Nelson Vacas	00:22:28	00:44:40	00:44:23	740		V40	108	00:03:49:13	717
736	4173	Luís Pereira	00:21:30	00:44:40	00:44:40	797	G.D.R. São Francisco da Serra	V60	11	00:04:01:65	1209
737	586	Ricardo Nascimento	00:22:31	00:44:40	00:43:59	670		V35	128	00:03:51:14	799
738	2285	Daniel Guerreiro	00:22:30	00:44:41	00:44:24	745	GDC Banco de Portugal	V40	109	00:03:53:37	883
739	10640	Tomás Mação	00:21:39	00:44:41	00:44:22	734		Junior	23	00:03:52:61	856
740	10615	Vasco Levita	00:21:40	00:44:41	00:44:23	741	CF Os Belenenses	V50	66	00:03:52:42	847
741	188	Daniel Silva	00:22:04	00:44:41	00:44:32	762	Clube Desportivo do Arneiro	Senior	218	00:03:44:32	603



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
742	1431	Rui Delgado	00:22:21	00:44:41	00:44:16	719	#run4beers	V35	129	00:03:43:90	585
743	543	José Vieira	00:21:54	00:44:42	00:44:28	753		V35	130	00:03:57:55	1058
744	1433	Luis Simoes	00:22:19	00:44:42	00:44:16	720	#run4beers	V40	110	00:03:54:22	918
745	4952	Nuno Melo	00:22:01	00:44:42	00:44:36	784		V45	112	00:03:56:06	996
746	4155	Pedro Guerreiro	00:21:39	00:44:42	00:44:34	771	LB SQUAD	Senior	219	00:03:51:44	811
747	462	Nuno Cebola	00:22:14	00:44:43	00:44:35	782		Senior	220	00:03:43:11	559
748	2460	João Batista	00:22:58	00:44:43	00:43:51	653		Senior	221	00:03:37:62	436
749	8311	David Baertschi	00:21:20	00:44:43	00:44:38	790		Senior	222	00:03:57:29	1041
750	8171	Jorge Raminhas	00:21:58	00:44:43	00:44:24	742	OntriSports	V35	131	00:04:10:48	1616
751	3908	João Horteiga	00:21:54	00:44:43	00:44:19	729	LB SQUAD	Senior	223	00:04:03:37	1276
752	1166	Tomas Rocha	00:21:54	00:44:43	00:44:17	721	HORTEGA SERVIÇOS	V35	132	00:04:02:76	1254
753	2183	Teotónio Neto	00:21:48	00:44:43	00:44:34	773	ADRC Mata de Benfica	V55	29	00:03:51:87	823
754	3482	João Sarabando	00:21:45	00:44:44	00:44:12	705		Senior	224	00:04:03:46	1285
755	1943	Filipe Cagica	00:22:37	00:44:44	00:44:17	722		V35	133	00:03:49:77	736
756	8743	Pedro Figueira	00:21:49	00:44:45	00:44:41	800	CCD Tranquilidade	V35	134	00:04:06:58	1426
757	6428	António Carita	00:21:35	00:44:45	00:44:40	794	Corrida das Belas	V55	30	00:03:59:78	1133
758	1120	André Silva	00:20:44	00:44:45	00:44:34	772		Senior	225	00:03:49:61	731
759	4577	André Santos	00:22:35	00:44:46	00:44:26	751		V35	135	00:03:46:90	654
760	8375	João Varela	00:22:38	00:44:46	00:44:32	765	XPAND IT	Senior	226	00:03:35:34	380





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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
761	8630	Carlos Oliveira	00:22:54	00:44:46	00:44:21	732		V55	31	00:03:48:33	692
762	7371	Rui Oliveira	00:22:13	00:44:47	00:44:33	766	SD Sports Team	V50	67	00:03:58:75	1092
763	2283	Carlos Martins	00:22:02	00:44:47	00:44:40	796	GDC Banco de Portugal	V50	68	00:03:50:48	771
764	10554	Leon Hedwig	00:22:06	00:44:48	00:44:34	775		Senior	227	00:03:54:22	919
765	5282	André Lopes	00:21:54	00:44:48	00:44:25	748	SS CGD	V35	136	00:04:02:19	1226
766	6701	Hugo Alves	00:22:21	00:44:48	00:44:38	793		Senior	228	00:03:46:45	645
767	7313	Nuno	00:22:23	00:44:49	00:44:34	774	Associação Corrida Noturna Parque das Nações	V40	111	00:03:51:95	826
768	10739	Nuno Carmo	00:22:42	00:44:49	00:44:41	803		V45	113	00:03:30:39	294
769	8182	Miguel Lopes	00:21:09	00:44:49	00:44:38	791	OntriSports	Senior	229	00:04:14:43	1826
770	5488	Manuel Gomes	00:22:34	00:44:50	00:44:33	770		Senior	230	00:03:42:58	545
772	4129	Carlos Gregório	00:22:05	00:44:51	00:44:41	798		V45	114	00:03:50:86	788
773	8190	Pedro Borges	00:21:50	00:44:52	00:44:43	804	OntriSports	V35	137	00:04:00:51	1160
774	3334	Nuno Silva	00:21:31	00:44:52	00:44:51	826		V35	138	00:03:59:10	1109
775	8312	Vinicius Valente	00:22:13	00:44:52	00:44:37	786		V35	139	00:03:56:16	998
776	3732	Vítor Gonzas	00:22:13	00:44:52	00:44:32	759	CF Os Belenenses	V55	32	00:04:00:52	1161
777	218	André Marta	00:22:30	00:44:53	00:44:32	761		V45	115	00:03:41:23	509
778	10519	Celso Santos	00:22:03	00:44:54	00:44:51	825		V35	140	00:03:49:99	752
779	1007	Luis Isidoro	00:22:19	00:44:55	00:44:35	781	AC Portalegre/ UTSM	V40	112	00:03:57:46	1050
780	6000	Nuno Amálio	00:22:07	00:44:55	00:44:35	777		V45	116	00:03:52:61	857



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
781	9386	Nikolay Makarov	00:21:51	00:44:56	00:44:36	785		V40	113	00:03:55:51	972
782	8709	Pedro Silva	00:22:21	00:44:57	00:44:47	811		V45	117	00:03:47:01	658
783	558	Paulo Pires	00:22:19	00:44:57	00:44:33	768	Amigos da Corrida	V55	33	00:03:56:02	993
784	10823	João Pereirinha	00:21:45	00:44:57	00:44:49	820		Senior	231	00:03:42:63	547
785	24	Carlos Craveira	00:21:50	00:44:57	00:44:47	813		V50	69	00:04:04:60	1347
786	7403	Miguel Matos	00:22:11	00:44:57	00:44:38	792	CUA Benaventense - 3B Triatlo	Senior	232	00:03:53:81	899
787	80	Jaime Silva	00:21:50	00:44:57	00:44:47	812		V45	118	00:04:04:66	1350
788	10453	Joan Calvo	00:22:28	00:44:58	00:44:25	750		Senior	233	00:03:44:17	595
789	7559	Carlos Graça	00:22:41	00:44:58	00:44:44	807		V40	114	00:03:40:67	499
790	728	Diogo Ferreira	00:22:58	00:44:58	00:44:35	779		V35	141	00:03:58:77	1093
791	8850	Jorge Soares	00:21:23	00:44:58	00:44:55	836		Senior	234	00:04:15:81	1893
792	741	Rita Ribeiro	00:22:58	00:44:58	00:44:35	780		Senior	20	00:03:59:70	1128
793	2209	Vitor Candeias	00:22:15	00:44:59	00:44:40	795	Os Candeias	V50	70	00:04:07:43	1461
794	10710	Fernando Figueiredo	00:22:01	00:44:59	00:44:50	823	Associação de Moradores de Atibá	V50	71	00:03:54:83	936
795	1659	Manuel Lino	00:22:02	00:44:59	00:44:53	832	os carregueirenses	V55	34	00:03:54:15	913
796	2688	José Alves	00:22:07	00:44:59	00:44:47	814	CCDTMetroLX	V50	72	00:03:54:10	912
797	6933	Hugo Simões	00:21:42	00:45:00	00:44:49	817		V40	115	00:03:57:90	1067
798	236	Sérgio Machado	00:22:02	00:45:00	00:44:48	815		V40	116	00:03:50:18	759
799	7734	Lara Onofre	00:22:02	00:45:00	00:44:49	819	CAPenafirme	Senior	21	00:03:58:05	1072



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
800	379	Sérgio Ferreira	00:22:31	00:45:00	00:44:43	806		V45	119	00:03:49:61	730
801	5335	Rodrigo Saraiva	00:22:46	00:45:00	00:44:35	783		Senior	235	00:03:39:24	473
802	5785	Francisco Nogueira	00:22:51	00:45:02	00:44:11	699		V35	142	00:03:42:22	534
803	10699	Luis Ferreira	00:22:26	00:45:02	00:44:13	708		V50	73	00:03:57:18	1035
804	5693	João Rua	00:22:12	00:45:02	00:44:37	787	LB SQUAD	Senior	236	00:03:56:39	1002
805	2851	Tiago Rocha	00:23:18	00:45:02	00:44:35	778	Valejas Atlético Clube - O Muchacho Barcarena	V45	120	00:03:33:19	342
806	3432	Luis Cruz	00:22:24	00:45:03	00:44:43	805	run crew trail montijo	V50	74	00:03:54:54	923
807	9879	Pedro Nobre	00:22:17	00:45:03	00:44:46	810		V45	121	00:03:42:35	538
808	987	Ruben Carvalho	00:21:18	00:45:03	00:44:55	837		Senior	237	00:04:03:26	1272
809	1569	Renata Fernandes	00:22:33	00:45:03	00:44:54	834		V40	4	00:03:45:97	628
810	12	Nuno Madureira	00:21:55	00:45:04	00:44:58	848		V40	117	00:03:45:15	617
811	912	Christian Ramos	00:21:57	00:45:05	00:45:03	860		V45	122	00:03:52:58	854
812	7319	Paulo Gonçalves	00:22:25	00:45:05	00:44:49	818	Associação Corrida Noturna Parque das Nações	V55	35	00:04:01:30	1194
813	7704	Daniel Domingues	00:20:38	00:45:05	00:44:57	845		V35	143	00:04:21:98	2225
814	7350	Paulo Santos	00:22:06	00:45:06	00:45:00	852	Associação Cultural Sambrasense	V55	36	00:03:44:14	594
815	2797	André Nunes	00:23:01	00:45:06	00:44:51	829		Senior	238	00:03:40:54	496
816	9397	Josep Granell	00:21:48	00:45:07	00:44:54	835	Nobitas	Senior	239	00:03:57:73	1060
817	6780	Jorge Frazão	00:22:09	00:45:07	00:44:48	816		V40	118	00:03:58:41	1081
818	9870	Ricardo Algarvio	00:22:21	00:45:07	00:44:35	776		V45	123	00:03:52:59	855



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
819	663	Harun Rashid	00:21:50	00:45:08	00:45:02	857		V35	144	00:03:53:40	885
820	6002	Reinout Hofman	00:21:09	00:45:08	00:44:57	844		V45	124	00:04:10:59	1622
821	899	João Pires	00:22:09	00:45:08	00:44:51	828		V35	145	00:04:04:51	1340
822	4703	José Marques	00:22:53	00:45:10	00:44:55	838		Senior	240	00:03:35:60	386
823	5349	José Santos	00:22:37	00:45:10	00:44:55	839		Senior	241	00:04:09:27	1563
824	6579	Alexandre Lucas	00:23:46	00:45:10	00:44:12	701	Caracóis de Pedra	V40	119	00:03:40:46	495
825	8282	Gabriel Ferreira	00:23:12	00:45:11	00:44:41	799		Senior	242	00:03:44:31	602
826	3498	Luís Moreira	00:21:53	00:45:11	00:44:58	850		V45	125	00:04:01:84	1214
827	556	Carlos Santos	00:22:32	00:45:11	00:44:51	827	Amigos da Corrida	V50	75	00:03:54:49	922
828	8789	Gabriel Carvalho	00:23:11	00:45:11	00:44:41	801		Senior	243	00:03:43:92	586
829	10042	Pedro Lopes	00:23:00	00:45:12	00:44:15	713		Senior	244	00:03:50:42	767
830	2137	Joao Lazaro	00:21:29	00:45:12	00:45:08	876		V40	120	00:04:00:52	1162
831	2174	Afonso Nunes	00:21:56	00:45:12	00:45:02	859	Alverca Urban Runners	V60	12	00:04:07:39	1460
832	4546	Hudson Lima	00:23:13	00:45:12	00:45:01	855		Senior	245	00:03:52:39	845
833	514	Daniel Oliveira	00:22:44	00:45:13	00:45:05	869	Alcadesa Team	V45	126	00:03:50:33	763
834	7505	Pedro Brandão	00:21:47	00:45:13	00:45:04	863	NCAFB	V50	76	00:03:50:49	773
835	652	David Monteiro	00:22:19	00:45:13	00:44:38	789		V35	146	00:03:53:35	882
836	3572	Rui Monteiro	00:22:01	00:45:13	00:45:05	866	Mem Martins Running	V40	121	00:04:00:17	1149
837	4981	Estêvão Rodrigues	00:22:09	00:45:14	00:44:49	822		V40	122	00:03:58:45	1084



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
838	9685	Roberto Salgueiro	00:23:04	00:45:14	00:44:30	757		V35	147	00:03:46:53	646
839	1395	Rui Correia	00:22:34	00:45:14	00:45:04	861		V50	77	00:03:47:79	676
840	1263	Tomás Rodrigues	00:22:10	00:45:15	00:44:57	846	FIDELIDADE GDC	Senior	246	00:03:49:25	720
841	9732	Nuno Santos	00:22:25	00:45:15	00:45:06	870	GRCD Leião	V45	127	00:04:08:92	1540
842	3907	Christopher Hargate	00:22:54	00:45:15	00:44:38	788		Senior	247	00:03:35:78	395
843	1510	André Pinto	00:23:11	00:45:16	00:44:33	769		V40	123	00:03:48:84	707
844	8027	Mário Rainho	00:22:03	00:45:16	00:45:05	864		V45	128	00:03:49:63	732
845	10032	Paulo Silva	00:22:59	00:45:17	00:44:45	808		V55	37	00:03:51:06	796
846	2020	Gabriel Frade	00:22:45	00:45:17	00:44:52	831		V55	38	00:03:52:36	844
847	1907	Nuno Arraiano	00:22:35	00:45:17	00:44:52	830		Senior	248	00:03:55:56	973
848	4732	Fernando Marques	00:22:54	00:45:18	00:45:02	856		V55	39	00:03:39:66	484
849	3431	Pedro Carvalho	00:23:22	00:45:18	00:45:16	903	ST ANTUNINHO	Junior	24	00:03:31:94	325
850	1080	Nuno Dias	00:22:02	00:45:19	00:45:05	868		V45	129	00:04:04:57	1344
851	5300	Duarte Delgado	00:21:50	00:45:19	00:44:58	851		V35	148	00:03:50:89	789
852	6884	Silvério Correia	00:21:57	00:45:19	00:45:15	898		V55	40	00:03:54:30	920
853	7020	David Silva	00:23:19	00:45:19	00:44:50	824	Salesianos	Senior	249	00:03:35:10	374
854	9013	Ivor Sebalj	00:22:09	00:45:19	00:45:05	865	Outsystems Olímpico de Oeiras	Senior	250	00:03:53:52	889
855	5940	Rui Lamy	00:23:59	00:45:20	00:44:16	716		V45	130	00:03:43:52	571
856	9801	Vinicius Guedes	00:22:28	00:45:20	00:45:00	853	GRCD Leião	V40	124	00:03:50:30	762



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
857	285	Lúcia Oliveira	00:22:03	00:45:21	00:45:08	877		V40	5	00:03:59:11	1110
858	8849	António Soares	00:22:18	00:45:21	00:45:17	910		V55	41	00:03:57:07	1028
859	1655	Joao Bernardes	00:21:45	00:45:21	00:45:17	906	os carregueirenses	V45	131	00:03:55:16	953
860	4319	João Machado	00:23:03	00:45:21	00:44:56	840	Os Matrecos	V60	13	00:03:44:30	600
861	190	José Maio	00:22:03	00:45:21	00:45:13	890	Clube Desportivo do Arneiro	V60	14	00:03:50:78	785
862	9292	Jacinto Bastos	00:21:21	00:45:21	00:45:12	884		V50	78	00:04:14:16	1806
863	6438	Rui Batista	00:22:38	00:45:22	00:45:07	874	Amigos do Atletismo de Mafra	V45	132	00:04:00:60	1166
864	8015	Valter Junior	00:21:32	00:45:22	00:45:06	872		Senior	251	00:04:14:80	1842
865	3317	Nuno Pires	00:22:28	00:45:22	00:45:04	862	GDC Banco de Portugal	Senior	252	00:03:52:49	850
866	8166	João Urbano	00:22:10	00:45:22	00:45:12	885	OntriSports	Senior	253	00:04:02:24	1228
867	2747	Nuno Fontes	00:22:39	00:45:22	00:44:57	847		V35	149	00:03:57:38	1045
868	11095	Rui Almeida	00:22:57	00:45:22	00:44:58	849		V55	42	00:03:48:17	689
869	4479	Alexander Khobotov	00:22:19	00:45:23	00:45:16	902		Senior	254	00:03:52:79	863
870	7014	Paula Martins	00:23:07	00:45:23	00:45:13	896	SS CGD	V40	6	00:03:51:31	807
871	738	Pedro Reis	00:22:19	00:45:23	00:45:13	889		V50	79	00:03:59:57	1124
872	9963	Daniel Luís	00:21:59	00:45:23	00:45:11	883		Senior	255	00:04:01:06	1186
873	320	João Teles	00:21:54	00:45:24	00:45:16	904		Senior	256	00:03:54:99	942
874	1348	José Marques	00:21:58	00:45:24	00:45:16	905	Clube Atletismo de Vale de Figueira	V55	43	00:03:53:55	891
875	714	Carlos Matos	00:22:41	00:45:25	00:44:53	833		V40	125	00:03:52:18	836



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
876	5102	Andre Cabrita	00:21:53	00:45:25	00:45:12	886		V45	133	00:04:12:57	1713
877	10701	Gonçalo Silva	00:23:26	00:45:26	00:44:56	842		Senior	257	00:03:52:20	839
878	2936	Marisa Francisco	00:22:15	00:45:26	00:45:19	915		V45	7	00:03:57:89	1065
879	9183	Nuno Oliveira	00:22:40	00:45:27	00:44:57	843		V45	134	00:03:52:18	837
880	9205	Alexandre Pedrosa	00:21:54	00:45:27	00:45:11	882	CF Os Belenenses	V45	135	00:04:00:37	1157
881	5069	Carlos Francisco	00:22:44	00:45:27	00:45:05	867	Grupo Desportivo Santander Totta	Senior	258	00:03:48:81	706
882	4714	Samuel Lopez-Gil	00:21:58	00:45:27	00:45:13	894		Senior	259	00:03:55:69	980
883	380	Leonardo Jesus	00:21:59	00:45:28	00:45:21	921	Alverca Urban Runners	V35	150	00:03:59:70	1129
884	9664	Afonso Araújo	00:22:34	00:45:28	00:44:41	802	Rockets Caramelos	Senior	260	00:03:59:27	1116
885	776	Fernando Alves	00:22:25	00:45:28	00:45:09	879		V50	80	00:03:54:55	924
886	2552	Filipa Ferreira	00:22:14	00:45:28	00:45:19	917	Run & Win[e]	Senior	22	00:03:56:01	992
887	7731	Pedro Lucas	00:22:31	00:45:28	00:45:15	899	CAPenafirme	V45	136	00:03:51:10	797
888	5731	João Soares	00:22:15	00:45:29	00:45:17	907	Run & Win[e]	V40	126	00:04:09:61	1584
889	10900	Nuno Martins	00:22:31	00:45:29	00:45:10	881		V45	137	00:03:51:34	808
890	411	Paulo Galhardo	00:22:42	00:45:29	00:45:02	858		V55	44	00:03:51:26	806
891	961	Daniel Rentschler	00:23:02	00:45:29	00:44:56	841	CCD Siemens	V40	127	00:03:52:66	860
892	8148	Diogo Silva	00:22:06	00:45:30	00:45:25	931	OntriSports	V35	151	00:03:52:35	843
893	4939	António Lourenço	00:23:05	00:45:30	00:45:09	880		Senior	261	00:03:55:33	961
894	10059	Paulo Frango	00:22:00	00:45:30	00:45:18	911		V45	138	00:04:00:05	1145



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
895	11208	Mailton Souza	00:23:08	00:45:30	00:44:49	821		V45	139	00:03:52:25	841
896	10852	Mario Batista	00:23:08	00:45:31	00:45:06	871		V45	140	00:03:46:36	642
897	3880	Vitor Martins	00:22:00	00:45:31	00:45:13	891	A TEAM AGEAS	V50	81	00:04:10:93	1643
898	5805	Pedro Fonseca	00:22:56	00:45:31	00:45:13	895		Senior	262	00:03:47:18	663
899	6764	Frederico Simão	00:21:58	00:45:31	00:45:16	900		Senior	263	00:03:44:11	592
900	6947	Paulo Figueiredo	00:21:11	00:45:31	00:45:22	925		V50	82	00:04:07:85	1481
901	9711	Diogo Almeida	00:22:25	00:45:31	00:45:17	909		V35	152	00:03:55:78	984
902	3240	João Romeiro	00:21:52	00:45:33	00:45:20	918	Mozrun	V40	128	00:04:12:81	1731
903	6864	Tiago Ribeiro	00:22:44	00:45:33	00:45:26	933		Senior	264	00:04:06:18	1414
904	2050	Gonçalo Monteiro	00:22:07	00:45:34	00:45:33	951	CCD Crédito Agrícola Mútuo	V40	129	00:04:04:38	1334
905	8250	Eulalia Almeida	00:22:12	00:45:34	00:45:24	930		V45	8	00:04:09:35	1570
906	10264	Pedro Silva	00:23:47	00:45:34	00:45:00	854		Senior	265	00:03:46:13	634
907	3768	Virgílio Costa	00:22:25	00:45:35	00:45:12	887	Clube Millennium BCP	V50	83	00:03:49:91	747
908	8188	Paulo Gomes	00:22:12	00:45:35	00:45:17	908	OntriSports	V40	130	00:03:50:51	775
909	7750	Helder Onofre	00:22:10	00:45:35	00:45:25	932	CAPenafirme	V45	141	00:04:03:67	1295
910	5073	Filipe Monteiro	00:23:01	00:45:36	00:45:13	893	Grupo Desportivo Santander Totta	V35	153	00:03:45:90	627
911	2373	Rui Gama	00:22:36	00:45:36	00:45:27	937	Clube Novo Banco	V50	84	00:03:56:55	1011
912	74	Marcos Carvalho	00:22:05	00:45:38	00:45:28	940		V40	131	00:03:57:87	1063
913	10068	Diogo Sousa	00:22:01	00:45:38	00:45:13	897		V35	154	00:03:53:04	872





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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
914	2758	Fernando Santos	00:22:26	00:45:38	00:45:26	936		V55	45	00:04:03:43	1282
915	8706	Nuno Martins	00:23:00	00:45:38	00:45:20	920		V35	155	00:03:56:57	1012
916	6076	João Veiga	00:22:57	00:45:39	00:45:22	927		V35	156	00:03:51:15	800
917	9587	Lily Mora	00:21:47	00:45:40	00:45:38	957		Junior	9	00:04:02:61	1244
918	1608	Henrique Ramos	00:22:37	00:45:40	00:45:30	946		V60	15	00:03:56:87	1021
919	12981	4:30 Min/Km	00:23:09	00:45:40	00:45:19	914		Senior	266	00:04:09:68	1585
920	8161	João Bogas	00:22:18	00:45:40	00:45:23	928	OntriSports	V40	132	00:04:07:53	1465
921	5724	Nelson Duarte	00:22:01	00:45:42	00:45:34	952		V35	157	00:03:57:55	1057
922	2343	Daniel Inácio	00:22:00	00:45:43	00:45:29	942		Senior	267	00:04:17:66	1998
923	7322	Pedro Ramos	00:22:51	00:45:44	00:45:08	875	Associação Corrida Noturna Parque das Nações	V55	46	00:03:44:24	596
924	1781	Tiago Faria	00:22:15	00:45:45	00:45:44	976		Senior	268	00:03:52:13	833
925	4001	Maikel Varela	00:23:07	00:45:46	00:45:13	892		Senior	269	00:03:50:29	761
926	11036	Heitor Cardoso	00:22:27	00:45:46	00:45:41	970		V55	47	00:03:42:04	528
927	9369	Vitor Jorge	00:23:02	00:45:46	00:45:26	935		Senior	270	00:03:49:80	739
928	1959	Diamantino Gamito	00:22:14	00:45:46	00:45:39	964	Clube TAP PORTUGAL	V55	48	00:04:17:73	2004
929	8622	Paulo Goulart	00:21:59	00:45:47	00:45:41	969		V55	49	00:04:00:84	1175
930	4982	Lourenço Ayres	00:23:22	00:45:48	00:45:45	981		Junior	25	00:03:49:08	715
931	9166	Tiago Ramos	00:22:10	00:45:49	00:45:34	953		V45	142	00:04:01:50	1204
932	1739	Henrique Ferreira	00:22:33	00:45:49	00:45:12	888	SIMECQ	V50	85	00:03:54:21	916



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
933	142	Tiago Vinhas	00:22:05	00:45:49	00:45:39	965		Senior	271	00:03:59:71	1130
934	7594	Fábio Cameira	00:22:55	00:45:50	00:45:46	984		Senior	272	00:03:52:93	868
935	10703	Machel Carvalho	00:22:41	00:45:50	00:45:31	947		V35	158	00:04:01:60	1208
936	8237	Helder Coelho	00:22:30	00:45:50	00:45:29	943	Ferring Service Center	V50	86	00:03:52:02	829
937	9052	Gonçalo Santos	00:23:06	00:45:51	00:45:26	934	Gameiros Sport	Senior	273	00:03:51:95	827
938	2448	Vasco Pinheiro	00:23:22	00:45:51	00:45:48	990	DP&A	Junior	26	00:03:44:28	597
939	6866	António Cruz	00:23:33	00:45:51	00:44:28	756		Senior	274	00:03:53:00	869
940	8194	Pedro Carvalho	00:23:01	00:45:52	00:45:36	955	OntriSports	V45	143	00:03:46:32	641
941	8008	José Henriques	00:22:30	00:45:52	00:45:49	999		V60	16	00:03:51:92	825
942	8198	Ricardo Monteiro	00:23:28	00:45:52	00:45:19	913	OntriSports	V40	133	00:03:48:48	695
943	4670	Carlos Oliveira	00:23:40	00:45:53	00:45:16	901		V45	144	00:03:52:81	864
944	1287	Tomé Hamard	00:23:13	00:45:53	00:45:08	878	Dói-me um rim	Senior	275	00:03:53:42	886
945	7838	Gonçalo Botelho	00:24:46	00:45:53	00:44:08	693		V35	159	00:03:40:75	500
946	9251	Jose Martins	00:22:56	00:45:53	00:45:30	945		V50	87	00:03:58:42	1082
947	10015	Maria Rodrigues	00:23:07	00:45:53	00:45:27	939		Junior	10	00:04:03:05	1264
948	6903	André Fialho	00:23:36	00:45:53	00:45:22	924		V40	134	00:03:48:43	694
949	6761	João Pascoal	00:22:15	00:45:54	00:45:52	1011		Senior	276	00:04:14:35	1825
950	4344	Bento Quaresma	00:22:47	00:45:54	00:45:39	963	Linda-a-Pastora Sporting Clube	V50	88	00:03:52:86	865
951	9947	Priscila Gonçalves	00:22:33	00:45:54	00:45:38	956		V40	7	00:03:51:38	809



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
952	3879	Ricardo Reis	00:22:26	00:45:54	00:45:46	983	A TEAM AGEAS	V45	145	00:04:04:79	1353
953	10014	Gustavo Gasopo	00:21:40	00:45:55	00:45:45	980	#teamnoesis	Senior	277	00:04:22:23	2241
954	8423	Pavel Godiaev	00:22:45	00:45:55	00:45:22	923		V35	160	00:03:56:04	994
955	2004	Ricardo Lavareda	00:22:08	00:45:55	00:45:47	989		Senior	278	00:03:56:59	1013
956	6402	Celso Ferreira	00:22:58	00:45:56	00:45:33	949	Deloitte Running Club	Senior	279	00:03:58:91	1100
957	5974	Tiago Varanda	00:22:49	00:45:56	00:45:39	962		V50	89	00:03:57:52	1053
958	1307	Inês Lemos	00:22:53	00:45:56	00:45:28	941		Senior	23	00:03:55:39	965
959	7738	Francisco Melicias	00:22:42	00:45:56	00:45:42	971	CAPenafirme	V45	146	00:04:03:90	1304
960	1754	João Godinho	00:22:14	00:45:56	00:45:52	1009	Clube BBVA Portugal	V40	135	00:04:01:31	1197
961	5096	Rui Henriques	00:22:40	00:45:57	00:45:40	967		V50	90	00:04:05:55	1386
962	3078	James Osullivan	00:23:39	00:45:58	00:44:31	758		Senior	280	00:03:51:23	803
963	4565	José Silva	00:22:11	00:45:58	00:45:50	1005		V60	17	00:03:56:48	1006
964	9819	Andre Melo	00:22:57	00:45:59	00:45:27	938		Senior	281	00:04:02:66	1248
965	9141	Andreny Semedo	00:24:07	00:45:59	00:45:06	873	Grupo Sousa	Senior	282	00:03:49:58	728
966	5754	Nuno Coelho	00:22:21	00:45:59	00:45:41	968		V40	136	00:04:03:92	1306
967	6929	Ricardo Ferreira	00:22:39	00:46:00	00:45:48	996		Senior	283	00:03:46:79	652
968	141	Pedro Esteves	00:22:15	00:46:00	00:45:55	1016		V50	91	00:04:05:71	1396
969	2354	Pedro Gabriel	00:22:35	00:46:01	00:45:50	1002	Clube Novo Banco	V45	147	00:04:06:84	1434
970	2646	Daniel Pinto	00:22:36	00:46:02	00:45:43	975	BRRnightRUNNERS	Senior	284	00:03:49:78	737



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
971	8146	Diogo Dias	00:22:38	00:46:02	00:45:44	978	OntriSports	Senior	285	00:03:57:08	1029
972	51	António Cardoso	00:23:26	00:46:03	00:45:22	922	CSQUARED PARTNERS, LDA	Senior	286	00:03:56:20	1000
973	3234	Nuno Sobral	00:22:07	00:46:03	00:45:48	991	Clube ANA Lisboa	V45	148	00:04:05:19	1369
974	1387	Marco Faleiro	00:23:17	00:46:03	00:45:19	916		V35	161	00:03:52:45	849
975	10855	Pedro Figueiredo	00:23:52	00:46:03	00:45:23	929		V45	149	00:03:50:12	758
976	4809	Samuel Vogel	00:22:11	00:46:04	00:45:40	966		Senior	287	00:04:07:69	1474
977	11320	Bruno Ratinho	00:22:45	00:46:04	00:45:48	992		V45	150	00:04:04:54	1342
978	2278	Ana Trigueiros	00:22:50	00:46:04	00:45:43	974	GDC Banco de Portugal	V35	8	00:04:03:74	1299
979	1211	José Camilo	00:22:27	00:46:05	00:45:56	1019		V40	137	00:03:58:90	1099
980	9049	Miguel Gameiro	00:23:06	00:46:05	00:45:39	959	Gameiros Sport	Senior	288	00:03:53:08	874
981	6466	Joaquim Carvalho	00:22:57	00:46:06	00:45:57	1022		V40	138	00:03:58:88	1098
982	7627	Nelson Hilário	00:22:38	00:46:06	00:45:58	1026		Senior	289	00:04:07:97	1487
983	8167	João Ferreira	00:22:36	00:46:07	00:45:48	994	OntriSports	Senior	290	00:03:51:80	821
984	6118	António Soares	00:22:56	00:46:07	00:45:49	998		V35	162	00:03:55:30	957
985	11232	Guilherme Brito	00:24:07	00:46:07	00:45:39	961	Associação de Moradores de Atibá	Junior	27	00:03:39:71	486
986	2140	Nuno Correia	00:22:41	00:46:07	00:46:05	1039		V55	50	00:04:06:11	1410
987	9710	Carlos Vigo	00:22:29	00:46:08	00:45:39	958		Senior	291	00:04:19:66	2094
988	5052	Mario Goncalves	00:21:50	00:46:08	00:45:44	977		V45	151	00:04:26:35	2441
989	7074	Pedro Jorge	00:22:30	00:46:08	00:45:49	997	DXC Triamazing	V55	51	00:04:01:54	1207



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
990	6950	Pedro Azevedo	00:22:04	00:46:09	00:46:08	1048		V40	139	00:04:03:42	1281
991	10708	Nuno Silva	00:22:51	00:46:09	00:45:47	986	Associação de Moradores de Atibá	V45	152	00:03:56:77	1017
992	6096	Bruno Silva	00:23:42	00:46:09	00:45:22	926		Senior	292	00:03:48:84	708
993	2976	Ricardo Ferreira	00:22:15	00:46:09	00:46:08	1047		Senior	293	00:04:24:14	2330
994	7707	Juan Jiménez	00:22:29	00:46:09	00:46:02	1032		V40	140	00:04:33:25	2804
995	10335	Joaquim Cruz	00:23:36	00:46:10	00:44:45	809		Senior	294	00:04:02:30	1232
996	8740	Nuno Beijoca	00:22:48	00:46:11	00:45:56	1021	CCD Tranquilidade	V45	153	00:03:54:63	929
997	5425	Pedro Vieira	00:23:11	00:46:11	00:45:50	1004	GFD Running	V50	92	00:04:10:67	1625
998	10332	João Gomes	00:23:16	00:46:11	00:45:36	954		Senior	295	00:03:49:85	743
999	9421	Carlos Lopes	00:22:08	00:46:11	00:45:57	1023		V45	154	00:03:55:36	963
1000	5234	António Pereira	00:23:11	00:46:11	00:45:50	1003	Associação Cultural e Recreativa da Mealhada	V55	52	00:03:51:49	813
1001	3496	Carlos Pereira	00:23:11	00:46:12	00:45:53	1013		V35	163	00:03:59:37	1118
1002	1155	José Cruz	00:22:14	00:46:12	00:45:53	1012		V45	155	00:04:00:27	1153
1003	977	Luis Castilho	00:22:41	00:46:13	00:45:52	1010		V40	141	00:04:04:19	1324
1004	7794	João Gregório	00:23:13	00:46:13	00:45:30	944		Senior	296	00:03:55:42	966
1005	6487	Hugo Nunes	00:22:32	00:46:14	00:45:58	1025	CCD Sintrense	V45	156	00:04:04:81	1354
1006	2048	Carlos Martins	00:22:18	00:46:14	00:46:02	1033	CCD Crédito Agrícola Mútuo	V50	93	00:04:09:12	1552
1007	7723	Bruno Lopes	00:22:20	00:46:14	00:46:09	1050		Senior	297	00:03:55:67	979
1008	5015	Joao Lopes	00:23:11	00:46:14	00:46:12	1059	Grupeta Running Team	Senior	298	00:03:55:09	946



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1009	6415	Pedro Serra	00:22:29	00:46:14	00:46:09	1049	Deloitte Running Club	V45	157	00:03:59:14	1113
1010	183	João Cruz	00:23:09	00:46:15	00:45:49	1001		Senior	299	00:04:20:55	2148
1011	6779	Filipe Pinheiro	00:23:20	00:46:16	00:45:54	1015		Senior	300	00:03:43:88	584
1012	1669	Duarte Teixeira	00:22:41	00:46:16	00:46:09	1053	Run Tejo - Prevent Sprain	V40	142	00:04:13:87	1786
1013	4789	Miguel Matos	00:21:55	00:46:17	00:46:02	1035		Senior	301	00:05:01:33	4331
1014	163	Patrícia Costa	00:22:49	00:46:18	00:45:56	1017		V35	9	00:04:08:05	1493
1015	7768	Newton Bernardo	00:23:07	00:46:18	00:45:43	973		V35	164	00:03:49:56	726
1016	10887	Diogo Pombo	00:24:11	00:46:18	00:45:39	960		Senior	302	00:03:40:80	501
1017	8540	Fernando Moço	00:23:21	00:46:18	00:46:06	1041		V40	143	00:03:54:70	931
1018	7631	Guilherme Frazão	00:22:33	00:46:18	00:45:18	912		Senior	303	00:04:14:60	1834
1019	2289	Gonçalo Duarte	00:22:53	00:46:18	00:45:57	1024	GDC Banco de Portugal	V35	165	00:03:53:57	893
1020	9601	Nuno Gonçalves	00:22:54	00:46:19	00:45:47	985		V40	144	00:03:59:05	1108
1021	3915	Teresa Lança	00:22:42	00:46:20	00:46:15	1071		Senior	24	00:04:11:04	1647
1022	302	Tiago Rodrigues	00:22:37	00:46:21	00:46:13	1066	FIDELIDADE GDC	V45	158	00:04:01:93	1216
1023	5959	Luis Almeida	00:23:52	00:46:21	00:45:31	948		V40	145	00:03:57:87	1064
1024	9003	Daniel Nogueira	00:22:29	00:46:21	00:46:06	1043	Outsystems Olímpico de Oeiras	V40	146	00:03:49:78	738
1025	314	Rui Mendes	00:22:17	00:46:22	00:46:13	1065		V50	94	00:04:03:54	1288
1026	147	Luis Silvestre	00:21:50	00:46:22	00:46:11	1056		V35	166	00:04:25:23	2380
1027	8757	Tiago Vaz	00:22:32	00:46:22	00:46:03	1038	Coelhos Velozes	V40	147	00:04:07:30	1453



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1028	5233	Ricardo Victor	00:23:10	00:46:22	00:46:12	1060	Alverca Urban Runners	V35	167	00:03:48:66	699
1029	5854	Nuno Santos	00:23:48	00:46:22	00:45:47	988		Senior	304	00:03:48:66	698
1030	7504	Duarte Arroja	00:23:22	00:46:23	00:45:42	972	NCAFB	Senior	305	00:03:50:37	765
1031	10803	José Santos	00:22:14	00:46:23	00:45:59	1027		V35	168	00:04:07:69	1475
1032	7915	Vitor Barbosa	00:22:44	00:46:23	00:46:22	1096	ManpowerGroup	V35	169	00:03:41:58	518
1033	5508	Nelson Pereira	00:22:50	00:46:24	00:46:03	1036	G.D.R. São Francisco da Serra	V55	53	00:03:57:53	1055
1034	3681	Francisco Sismeiro	00:23:16	00:46:24	00:45:56	1020		Senior	306	00:04:09:47	1575
1035	9597	Ruben Ferreira	00:23:11	00:46:24	00:45:48	993		V45	159	00:04:09:22	1560
1036	6085	Luis Taborda	00:22:47	00:46:24	00:46:12	1063	NonStop Team	V35	170	00:03:46:96	656
1037	11024	Albert Linde	00:23:41	00:46:25	00:46:14	1069		Senior	307	00:03:57:19	1036
1038	1985	Miguel Dias	00:23:23	00:46:25	00:46:02	1034	SS CGD	V45	160	00:03:56:49	1007
1039	7010	João Maral	00:22:20	00:46:25	00:46:20	1092	SS CGD	V50	95	00:04:07:21	1449
1040	9433	Helder Marques	00:22:22	00:46:25	00:46:20	1089		V45	161	00:04:12:17	1689
1041	5730	Vitor Novais	00:23:34	00:46:25	00:45:49	1000	GDCTINCM	V45	162	00:03:55:92	990
1042	3406	Pedro Cardoso	00:23:40	00:46:26	00:45:45	982	GMCJamor	V45	163	00:03:49:94	749
1043	1026	Liliana Martins	00:23:10	00:46:26	00:46:06	1040		V35	10	00:04:01:31	1198
1044	4735	Filipa Branco	00:23:38	00:46:27	00:45:51	1007	2600TR	Senior	25	00:03:53:03	871
1045	5314	Cláudio Mira	00:23:37	00:46:27	00:45:52	1008	2600TR	V55	54	00:03:53:15	876
1046	93	João Fernandes	00:22:50	00:46:27	00:46:01	1030		Senior	308	00:04:06:61	1427



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1047	6358	Tiago Martins	00:22:14	00:46:27	00:46:18	1077		V40	148	00:04:14:18	1810
1048	6476	José Bernardo	00:23:09	00:46:28	00:46:12	1062	CCD Sintrense	V50	96	00:03:59:94	1142
1049	8432	Diogo Monteiro	00:23:50	00:46:28	00:45:33	950		Senior	309	00:04:14:76	1840
1050	119	Adventino Conceição	00:22:20	00:46:29	00:46:07	1045		V55	55	00:04:26:78	2468
1051	5566	Deplatiere Arnaud	00:23:33	00:46:29	00:46:17	1074		V45	164	00:04:02:32	1235
1052	1884	Pedro Sena	00:22:38	00:46:29	00:46:13	1067		V40	149	00:04:12:67	1720
1053	3056	Ricardo Félix	00:21:43	00:46:29	00:46:27	1111		V40	150	00:04:08:31	1507
1054	8657	Paulo Gomes	00:25:05	00:46:31	00:46:03	1037		V50	97	00:03:43:32	563
1055	8200	Ruben Chagas	00:22:41	00:46:31	00:46:13	1064	OntriSports	V35	171	00:04:08:69	1534
1056	6607	Daniel Diogo	00:22:37	00:46:31	00:46:15	1070		V35	172	00:04:01:19	1192
1057	8123	Ângelo Geraldo	00:23:49	00:46:32	00:46:09	1051	Nesha Hop & Run Team	V35	173	00:03:47:34	666
1058	6356	João Almeida	00:23:07	00:46:32	00:46:20	1090		V40	151	00:04:05:24	1374
1059	6330	Hugo Martins	00:21:48	00:46:33	00:46:18	1078		Senior	310	00:04:00:54	1164
1060	363	Iuri Mateus	00:23:21	00:46:33	00:45:56	1018		V35	174	00:03:53:18	877
1061	10654	Luís Melro	00:23:04	00:46:33	00:46:09	1052		V40	152	00:04:00:91	1180
1062	2294	Filipe Morais	00:22:50	00:46:33	00:46:11	1055	GDC Banco de Portugal	V40	153	00:04:08:12	1498
1063	4257	Nuno Fernandes	00:23:05	00:46:34	00:46:07	1046		V45	165	00:04:03:43	1283
1064	5620	Ricardo Silva	00:22:31	00:46:34	00:46:33	1126	Da Silva	Senior	311	00:03:59:46	1121
1065	8061	Diogo Santo	00:23:34	00:46:34	00:45:45	979		Senior	312	00:03:54:80	935





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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1066	5432	Pedro Morgado	00:22:46	00:46:34	00:46:34	1129	LB SQUAD	V35	175	00:03:48:79	705
1067	8621	Gladys Latidine	00:22:55	00:46:35	00:46:27	1113		V45	9	00:04:06:99	1440
1068	207	João Ferreira	00:22:47	00:46:35	00:46:25	1103		Senior	313	00:04:06:11	1411
1069	3289	Daniel Rodrigues	00:22:44	00:46:35	00:46:19	1084		Senior	314	00:04:07:26	1451
1070	2598	Antonio Malhão	00:22:31	00:46:35	00:46:31	1121	Bombeiros Voluntários de Montemor-o-Novo	V55	56	00:04:12:45	1705
1071	4370	Marcos Mesquita	00:23:40	00:46:36	00:45:59	1028	NAZABOBODA	V55	57	00:03:39:55	479
1072	9355	Mafalda Silva	00:23:23	00:46:36	00:46:06	1042		V35	11	00:03:51:63	820
1073	9755	Paulo Ferreira	00:22:51	00:46:37	00:46:01	1031	Bolinhas Runners	V40	154	00:04:28:76	2567
1074	5664	Antonio Duarte	00:24:27	00:46:37	00:46:17	1075		Senior	315	00:03:42:25	535
1075	2053	José Mendes	00:23:14	00:46:38	00:46:22	1095	CCD Crédito Agrícola Mútuo	V40	155	00:04:01:00	1182
1076	814	Paulo Frade	00:23:04	00:46:38	00:46:14	1068		V55	58	00:04:05:48	1383
1077	5665	Nuno Carreira	00:24:26	00:46:39	00:46:18	1076		Senior	316	00:03:43:65	577
1078	3146	Pedro Figueiredo	00:23:02	00:46:39	00:46:29	1115		V50	98	00:03:48:78	704
1079	7964	Rogério Mestrinho	00:22:46	00:46:41	00:46:18	1080		V35	176	00:03:57:26	1039
1080	9605	Dmitry Aristarkhov	00:23:01	00:46:41	00:46:39	1141		Senior	317	00:04:02:54	1241
1081	8325	Faustino Pereirinha	00:22:57	00:46:43	00:46:29	1116		V60	18	00:03:59:18	1114
1082	3493	João Palmeiro	00:22:12	00:46:43	00:46:34	1131		Senior	318	00:03:50:44	769
1083	541	Manuel Nunes	00:23:02	00:46:43	00:46:28	1114		V55	59	00:04:01:83	1213
1084	8076	André Ribeiro	00:22:41	00:46:44	00:46:25	1099	NetJets	Senior	319	00:03:44:99	614



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1085	2210	Miguel Candeias	00:23:19	00:46:45	00:46:19	1085	Os Candeias	Senior	320	00:03:55:75	983
1086	9014	João Fernandes	00:24:24	00:46:45	00:45:50	1006	Outsystems Olímpico de Oeiras	V40	156	00:03:52:19	838
1087	7294	José Dias	00:23:13	00:46:45	00:46:16	1073	Associação Corrida Noturna Parque das Nações	V60	19	00:03:52:39	846
1088	7694	Andre Pinto	00:23:35	00:46:45	00:46:39	1142		Senior	321	00:04:04:39	1335
1089	1665	António Xavier	00:22:33	00:46:46	00:46:45	1166	APOGMA	V55	60	00:04:10:71	1627
1090	8049	Filipe Fitas	00:23:34	00:46:46	00:46:25	1100		V40	157	00:03:55:44	969
1091	258	Pedro Goncalves	00:22:54	00:46:47	00:46:25	1102		V40	158	00:04:05:80	1399
1092	7785	Luís Ribeiro	00:22:25	00:46:47	00:46:45	1165		V40	159	00:04:08:15	1500
1093	954	Edgar Anastácio	00:22:31	00:46:47	00:46:34	1132	AZA-Azambuja com Alma	V55	61	00:04:11:50	1665
1094	426	Rui Reis	00:23:58	00:46:47	00:46:01	1029	Mel Runners	V55	62	00:03:41:28	512
1095	1756	Rui Mena	00:22:44	00:46:48	00:46:43	1156	Clube BBVA Portugal	V50	99	00:04:07:16	1446
1096	305	Abilio Catarro	00:23:25	00:46:48	00:46:21	1094	Bombeiros Voluntários de Montemor-o-Novo	V65	2	00:04:07:07	1443
1097	7643	Antonio Parreira	00:23:01	00:46:48	00:46:25	1101	Os Kotas	V65	3	00:04:07:63	1471
1098	4197	Miguel Amaral	00:22:59	00:46:49	00:46:36	1137		V45	166	00:04:03:62	1292
1099	1668	Evelino Magalhães	00:22:40	00:46:49	00:46:33	1124	Run Tejo - Prevent Sprain	V45	167	00:04:06:50	1423
1100	4665	Luís Silva	00:23:49	00:46:50	00:46:27	1109	Nesha Hop & Run Team	V35	177	00:04:04:59	1346
1101	6102	Carolina Guedes	00:24:04	00:46:50	00:46:30	1119		Senior	26	00:03:55:26	956
1102	5294	Paulo Braga	00:22:59	00:46:51	00:46:26	1108		V55	63	00:04:09:45	1574
1103	5292	Rui Ramos	00:23:20	00:46:51	00:46:20	1088	SS CGD	V40	160	00:03:57:38	1044



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1104	5086	Jorge Bernardo	00:23:00	00:46:51	00:46:39	1145	Grupo Desportivo Santander Totta	V50	100	00:04:07:38	1458
1105	1019	Julio Barao	00:23:06	00:46:51	00:46:26	1105		V45	168	00:04:03:13	1267
1106	8844	Frederico Duarte	00:23:24	00:46:52	00:46:39	1140		V35	178	00:03:54:34	921
1107	657	Hugo Lima	00:23:20	00:46:52	00:46:25	1104		V35	179	00:03:54:09	910
1108	38	Abel Dias	00:23:10	00:46:53	00:46:32	1123	Associação Cultural e Recreativa da Mealhada	V40	161	00:03:56:42	1003
1109	10815	Luis Carvalho	00:23:26	00:46:53	00:46:49	1178		V40	162	00:03:57:07	1027
1110	10317	Pedro Pereira	00:23:25	00:46:53	00:46:48	1171		Senior	322	00:03:57:13	1032
1111	8266	Antonio Miguel	00:23:19	00:46:53	00:46:10	1054		V35	180	00:04:23:42	2292
1112	2214	João Feliciano	00:22:33	00:46:54	00:46:42	1151		V35	181	00:04:36:61	2998
1113	3888	Bernardo Freitas	00:23:37	00:46:54	00:46:27	1110		Senior	323	00:03:56:16	999
1114	8205	Sérgio Santos	00:23:10	00:46:55	00:46:50	1180	OntriSports	V50	101	00:04:30:99	2684
1115	9384	Inga Larionova	00:23:00	00:46:55	00:46:44	1164		V35	12	00:04:05:24	1373
1116	913	Sebastião Soares	00:24:15	00:46:55	00:46:11	1057		Senior	324	00:03:47:21	664
1117	1978	Pedro Fontoura	00:22:51	00:46:56	00:46:43	1157	SS CGD	V50	102	00:04:02:15	1222
1118	8447	Pedro Fernandes	00:22:59	00:46:56	00:46:49	1175		V45	169	00:04:12:00	1684
1119	5031	Rita Ramos	00:23:10	00:46:56	00:46:43	1159	Outsystems Olímpico de Oeiras	Senior	27	00:04:01:06	1185
1120	5033	Christophe Keyser	00:23:09	00:46:56	00:46:43	1158	Outsystems Olímpico de Oeiras	Senior	325	00:04:01:24	1193
1121	8648	Mateus Ferreira	00:22:05	00:46:57	00:46:44	1162		Senior	326	00:03:56:15	997
1122	1687	André Nunes	00:23:15	00:46:57	00:46:26	1106		Junior	28	00:04:01:15	1190



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1123	8374	Ricardo Carvalho	00:24:09	00:46:58	00:46:12	1061	XPAND IT	Senior	327	00:03:47:09	660
1124	1229	Luis Silva	00:23:03	00:47:00	00:46:50	1181		V45	170	00:04:10:77	1630
1125	8457	Miguel Alves	00:22:49	00:47:00	00:46:59	1204		Senior	328	00:04:11:31	1660
1126	4049	Paulo Ramos	00:23:47	00:47:00	00:46:20	1086		V55	64	00:03:57:94	1068
1127	73	Rui Antunes	00:23:03	00:47:02	00:46:52	1186		V45	171	00:03:55:11	948
1128	11253	André Herdade	00:22:16	00:47:02	00:46:59	1203		V35	182	00:04:16:58	1939
1129	1323	Miguel Soares	00:23:32	00:47:02	00:46:35	1133		Senior	329	00:03:48:19	690
1130	3200	Diogo Rosa	00:23:01	00:47:03	00:46:58	1200	Workoutside	Senior	330	00:04:10:65	1624
1131	323	Ricardo Lourenço	00:22:50	00:47:03	00:46:54	1187		V45	172	00:04:06:34	1418
1132	10329	Miguel Judas	00:23:54	00:47:04	00:46:18	1082		V50	103	00:03:59:34	1117
1133	6953	Emanuel Pais	00:23:15	00:47:04	00:46:34	1128		V40	163	00:04:08:56	1522
1134	3109	Arnaldo Salomão	00:22:45	00:47:04	00:46:55	1191		V40	164	00:04:13:29	1759
1135	7472	João Paiva	00:22:50	00:47:04	00:46:33	1125	Atlético Clube Tostinhas	Senior	331	00:04:16:13	1910
1136	6671	Clara Lopez	00:23:02	00:47:04	00:46:47	1169		Senior	28	00:04:04:46	1339
1137	2158	João Leite	00:24:19	00:47:04	00:45:54	1014	Leite	V40	165	00:03:43:38	567
1138	3126	Tomás Cabral	00:22:23	00:47:05	00:47:04	1215		Senior	332	00:04:18:50	2040
1139	9525	Wallace Magalhães	00:23:39	00:47:05	00:46:44	1163		V35	183	00:04:09:03	1546
1140	4272	Paulo Fernandes	00:24:33	00:47:05	00:46:35	1134		V50	104	00:03:47:38	668
1141	278	Hugo Moreira	00:23:31	00:47:05	00:46:16	1072		V40	166	00:04:00:36	1155



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1142	3917	Fabrice Carvalho	00:22:56	00:47:06	00:46:56	1194		V35	184	00:04:03:61	1291
1143	11138	Nuno Ricardo	00:24:34	00:47:06	00:46:19	1083		V35	185	00:03:50:42	768
1144	4917	Pedro Cordeiro	00:24:26	00:47:06	00:46:11	1058		V55	65	00:03:57:29	1042
1145	4554	Gonçalo Rodrigues	00:24:35	00:47:06	00:46:36	1138	Clube EDP - Lisboa	V35	186	00:03:48:23	691
1146	369	Duarte Valadas	00:22:20	00:47:06	00:46:58	1201		Senior	333	00:04:16:64	1943
1147	8665	Mara Ribeiro	00:23:14	00:47:06	00:46:35	1135		Senior	29	00:04:00:01	1143
1148	4127	Jorge Azevedo	00:23:54	00:47:06	00:46:20	1087		V50	105	00:03:55:49	971
1149	9696	João Abreu	00:24:32	00:47:07	00:46:38	1139		Senior	334	00:03:50:72	784
1150	3032	Francisco Galdes	00:22:05	00:47:07	00:47:06	1223		Senior	335	00:04:11:59	1668
1151	9569	André Ribeiro	00:23:18	00:47:08	00:46:29	1117	2600TR	Senior	336	00:04:03:96	1311
1152	11059	Hugo Silva	00:23:40	00:47:08	00:46:24	1098		V35	187	00:04:03:04	1263
1153	1616	Rafaela Gonçalves	00:23:16	00:47:08	00:47:00	1207		Senior	30	00:04:05:22	1370
1154	6455	Isabela Melo	00:23:43	00:47:09	00:46:39	1144		Senior	31	00:03:50:83	787
1155	6174	Pedro Silva	00:23:42	00:47:10	00:46:40	1146		V35	188	00:03:51:06	795
1156	6171	Sandra Rebelo	00:23:43	00:47:10	00:46:39	1143		V40	8	00:03:51:18	801
1157	6175	Tiago Dias	00:23:42	00:47:10	00:46:40	1147		Junior	29	00:03:51:25	804
1158	291	Nuno Valentim	00:23:01	00:47:10	00:47:04	1213		V40	167	00:04:09:20	1559
1159	6738	Derk Laan	00:24:11	00:47:10	00:45:48	995		Senior	337	00:03:55:01	944
1160	9632	António Santos	00:23:43	00:47:10	00:47:09	1232	Penta Clube da Covilhã	V55	66	00:03:58:27	1080



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1161	6949	José Godinho	00:24:35	00:47:11	00:46:20	1091	Casa do Benfica em Castelo Branco	V50	106	00:03:42:50	542
1162	9812	Fernando Silva	00:23:01	00:47:12	00:47:01	1209		V60	20	00:04:13:96	1791
1163	871	Ricardo Passarinho	00:22:54	00:47:12	00:46:52	1185		V40	168	00:04:36:02	2962
1164	7757	Nuno Leandro	00:25:03	00:47:12	00:46:18	1081		V40	169	00:03:55:13	952
1165	6784	Eduardo Nunes	00:22:57	00:47:12	00:46:43	1154		V35	189	00:04:07:29	1452
1166	518	Filipe Reis	00:24:20	00:47:13	00:46:48	1174		Senior	338	00:03:50:67	782
1167	5479	Tiago Casimiro	00:23:10	00:47:13	00:47:10	1234		Senior	339	00:04:12:26	1696
1168	4533	Marco Silva	00:24:24	00:47:13	00:46:23	1097	MeNES	V45	173	00:03:53:54	890
1169	4553	Carlos Rodrigues	00:23:14	00:47:13	00:47:05	1216	Clube EDP - Lisboa	V65	4	00:04:01:01	1184
1170	9966	Sérgio Simões	00:23:42	00:47:14	00:46:47	1170		V45	174	00:04:02:06	1219
1171	2978	Fernanda Santinha	00:24:22	00:47:14	00:46:30	1120		V50	3	00:04:03:40	1279
1172	4666	Nuno Silva	00:23:48	00:47:14	00:46:48	1173	Nesha Hop & Run Team	Senior	340	00:04:05:27	1376
1173	5012	Pedro Cruz	00:22:30	00:47:15	00:47:07	1224		V40	170	00:04:30:45	2653
1174	5100	Patrícia Emídio	00:23:12	00:47:15	00:47:03	1210		Senior	32	00:04:00:09	1148
1175	10924	Edmilson Tavares	00:23:18	00:47:16	00:46:43	1153		V35	190	00:04:05:68	1394
1176	8994	Aleksandr Igonkin	00:23:52	00:47:16	00:46:49	1177	Outsystems Olímpico de Oeiras	V40	171	00:03:57:15	1034
1177	4583	Luís Monteiro	00:24:03	00:47:16	00:46:34	1130		V35	191	00:04:01:70	1210
1178	2484	Pedro Ricardo	00:23:02	00:47:16	00:46:54	1188		V45	175	00:04:19:53	2083
1179	6757	Joaquim Godinho	00:23:51	00:47:17	00:46:31	1122		V55	67	00:04:09:95	1596



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1180	10104	Alexandra Godinho	00:23:41	00:47:17	00:47:05	1217		V50	4	00:04:05:09	1368
1181	2641	Tiago Rosário	00:24:09	00:47:17	00:46:27	1112		Senior	341	00:03:51:13	798
1182	3882	Frederico Baptista	00:23:50	00:47:17	00:46:46	1167		V40	172	00:04:09:90	1590
1183	7642	Antonio Teixeira	00:23:08	00:47:18	00:47:06	1222	Os Kotas	V50	107	00:04:03:63	1293
1184	7850	James Buddie	00:24:14	00:47:19	00:46:18	1079		V40	173	00:04:12:53	1710
1185	3350	Orlando Couceiro	00:23:19	00:47:19	00:46:54	1189		V35	192	00:04:01:74	1211
1186	613	Nuno Domingues	00:23:29	00:47:19	00:46:41	1150		V40	174	00:04:06:89	1435
1187	2540	Flávio Ramos	00:22:54	00:47:19	00:47:14	1245		V35	193	00:04:13:80	1781
1188	9216	Ive Cruz	00:23:57	00:47:20	00:46:40	1148	CF Os Belenenses	V35	13	00:04:05:87	1402
1189	2049	Gonçalo Ferreira	00:22:22	00:47:20	00:47:15	1253	CCD Crédito Agrícola Mútuo	V35	194	00:04:39:87	3158
1190	503	Antonio Rua	00:23:29	00:47:21	00:46:44	1161	Ex federados	V60	21	00:04:09:29	1566
1191	8026	Mafalda Martinho	00:24:24	00:47:21	00:47:05	1219		V35	14	00:03:53:50	888
1192	9018	Lara Santos	00:23:10	00:47:21	00:47:17	1262	Outsystems Olímpico de Oeiras	Junior	11	00:04:08:19	1501
1193	1544	Telma Silva	00:23:29	00:47:21	00:47:07	1226	Run Tejo - Prevent Sprain	Senior	33	00:04:03:41	1280
1194	33	Fúlvio Ramos	00:23:07	00:47:21	00:47:08	1230		V40	175	00:04:10:81	1633
1195	127	Matheus Nascimento	00:23:30	00:47:22	00:46:55	1193		Senior	342	00:03:55:86	989
1196	8158	Henrique Delgado	00:23:01	00:47:22	00:46:59	1206	OntriSports	V40	176	00:04:19:67	2096
1197	641	João Fonseca	00:24:38	00:47:23	00:47:07	1225		Junior	30	00:03:37:62	435
1198	4163	Diogo Esteves	00:22:46	00:47:23	00:47:22	1278		V35	195	00:04:21:05	2181



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1199	7279	Armando Cid	00:24:09	00:47:23	00:47:07	1227	Associação Corrida Noturna Parque das Nações	V60	22	00:04:06:38	1420
1200	1555	Pedro Girão	00:23:46	00:47:23	00:47:11	1236	URBAN RUN TEAM	Senior	343	00:03:55:59	975
1201	7881	Désert Margaux	00:23:01	00:47:23	00:47:15	1251		Senior	34	00:04:02:80	1256
1202	1980	Henrique Amador	00:22:48	00:47:25	00:47:16	1256	SS CGD	V50	108	00:04:32:53	2771
1203	4171	Filipe Pires	00:23:25	00:47:25	00:46:43	1160	Clube Brisa	V45	176	00:04:07:19	1447
1204	10832	André Boas	00:23:09	00:47:25	00:46:56	1196		Senior	344	00:04:04:82	1355
1205	7079	Marcos Ratola	00:22:29	00:47:25	00:47:05	1220	DXC Triamazing	V40	177	00:04:17:98	2015
1206	8003	Krzysztof Ignaszak	00:24:45	00:47:25	00:46:21	1093		Senior	345	00:03:52:01	828
1207	5981	Luis Paulo	00:22:53	00:47:26	00:47:14	1248		V55	68	00:04:16:87	1961
1208	1733	José Brito	00:22:48	00:47:26	00:47:16	1257	GMCJamor	V50	109	00:04:20:69	2155
1209	4417	Paulo Caetano	00:23:18	00:47:26	00:47:11	1235		V40	178	00:03:53:95	903
1210	6609	Nuno Raimundo	00:24:40	00:47:26	00:46:07	1044		V40	179	00:03:55:62	977
1211	3654	Hugo Sobreira	00:23:54	00:47:27	00:46:50	1182		V45	177	00:04:03:46	1284
1212	9007	Filipe Souto	00:20:58	00:47:27	00:47:23	1282	Outsystems Olímpico de Oeiras	Junior	31	00:05:10:98	4882
1213	565	Joao Bolina	00:23:07	00:47:27	00:47:13	1244		V55	69	00:04:18:36	2034
1214	8513	Ricardo Raimundo	00:23:09	00:47:28	00:46:56	1197		V40	180	00:04:10:14	1605
1215	8531	João Ginete	00:22:55	00:47:28	00:47:10	1233		Senior	346	00:04:16:23	1920
1216	9364	Oscar Oliveira	00:23:46	00:47:28	00:47:13	1239		V55	70	00:04:05:34	1378
1217	3471	José Salazar	00:23:14	00:47:29	00:47:18	1266	Run Tejo - Prevent Sprain	V60	23	00:03:56:55	1010





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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1218	557	João Gama	00:23:21	00:47:29	00:47:03	1212	Amigos da Corrida	V45	178	00:04:10:04	1599
1219	6815	Bruno Castro	00:23:46	00:47:29	00:46:41	1149		V50	110	00:04:06:64	1428
1220	9333	Nuno Pereira	00:24:10	00:47:29	00:46:30	1118	Clube Accenture	V45	179	00:04:02:87	1259
1221	538	Pedro Vitorino	00:23:39	00:47:29	00:47:15	1254		V40	181	00:04:22:52	2254
1222	4067	Daniel Castro	00:23:46	00:47:29	00:46:56	1195		Senior	347	00:04:05:62	1392
1223	4622	Alexandre Figueiredo	00:23:16	00:47:30	00:47:21	1277	NAPA - Núcleo de Amigos da Perna Assada	V50	111	00:04:04:33	1331
1224	3154	Nuno Esperança	00:23:39	00:47:30	00:46:57	1199	PLMJ RUNNERS	V45	180	00:04:02:56	1243
1225	7115	Vasco Nogueira	00:23:26	00:47:31	00:47:14	1247		Senior	348	00:03:59:74	1132
1226	171	Pedro Soares	00:23:08	00:47:31	00:47:26	1294		V45	181	00:04:03:93	1307
1227	2557	Cíntia Mariano	00:23:11	00:47:31	00:47:26	1295	Run & Win[e]	V40	9	00:04:03:31	1273
1228	9908	Hugo Braz	00:22:46	00:47:31	00:47:12	1238		V45	182	00:04:25:94	2415
1229	837	Miguel Cunha	00:22:58	00:47:32	00:47:25	1293		V45	183	00:04:13:68	1776
1230	7667	Bernardo Figueiredo	00:22:32	00:47:32	00:47:13	1243	TEAMÓTEO	Senior	349	00:03:58:92	1101
1231	353	Octávio Cardoso	00:24:24	00:47:33	00:47:03	1211		V45	184	00:03:48:92	709
1232	6351	João Silva	00:23:19	00:47:33	00:47:06	1221		Senior	350	00:04:39:79	3153
1233	10522	Luis Santos	00:23:00	00:47:33	00:47:29	1306		V45	185	00:04:08:39	1513
1234	6901	Gabriel Fernandes	00:24:22	00:47:34	00:47:19	1270		V35	196	00:03:53:86	902
1235	6125	Justin Vos	00:24:04	00:47:34	00:47:12	1237		Senior	351	00:03:24:61	204
1236	8915	Wagner Carriel	00:23:33	00:47:34	00:47:08	1229		V50	112	00:03:46:14	635



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1237	4946	André Leal	00:23:01	00:47:34	00:47:09	1231		V40	182	00:04:17:12	1968
1238	8575	Rafael Franco	00:23:01	00:47:34	00:47:30	1315		Senior	352	00:03:56:47	1005
1239	9646	Duarte Pereira	00:23:16	00:47:35	00:47:30	1312		Senior	353	00:04:02:09	1220
1240	4953	Ricardo Sousa	00:24:17	00:47:35	00:47:00	1208	Serviços Sociais Montepio	V40	183	00:04:08:57	1524
1241	1589	Nuno Gonçalo	00:22:56	00:47:36	00:47:17	1260		V40	184	00:04:36:15	2972
1242	7647	Manuel Pedro	00:23:26	00:47:36	00:47:14	1246	Os Kotas	V60	24	00:04:14:05	1796
1243	3412	Nuno Fernandes	00:24:16	00:47:37	00:46:55	1190	Feliz 2024!!!	V45	186	00:04:05:48	1382
1244	8556	Nuno Martins	00:23:55	00:47:37	00:46:57	1198		V45	187	00:03:57:28	1040
1245	8326	João Churro	00:23:59	00:47:37	00:46:59	1205		V35	197	00:03:45:46	621
1246	2718	Ivo David	00:24:40	00:47:38	00:46:51	1183		V35	198	00:04:03:94	1309
1247	719	Jorge Lourenco	00:24:23	00:47:39	00:47:22	1279		V50	113	00:03:54:61	927
1248	6481	Ivo Alves	00:23:20	00:47:40	00:47:39	1341	CCD Sintrense	V40	185	00:04:20:25	2125
1249	7284	Fernando	00:23:55	00:47:40	00:47:15	1249	Associação Corrida Noturna Parque das Nações	V50	114	00:03:54:02	909
1250	6548	Miguel Belo	00:23:22	00:47:40	00:47:24	1284		Senior	354	00:04:15:86	1897
1251	10255	João Guilherme	00:23:08	00:47:41	00:47:19	1271		Senior	355	00:03:59:93	1140
1252	2175	Álvaro Lente	00:23:42	00:47:42	00:47:29	1307	Alverca Urban Runners	V40	186	00:04:01:15	1191
1253	8175	Marcelo Knakiewicz	00:23:30	00:47:42	00:47:08	1228	OntriSports	Senior	356	00:04:03:83	1301
1254	6605	Tomás Oliveira	00:23:02	00:47:43	00:47:26	1296		Senior	357	00:04:29:72	2610
1255	6107	Alexandre Agostinho	00:23:24	00:47:44	00:47:22	1280	GDC Banco de Portugal	V45	188	00:04:03:93	1308



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1256	2835	Nazariy Kovalyuk	00:23:38	00:47:44	00:47:35	1332	Valejas Atlético Clube - O Muchacho Barcarena	Senior	358	00:04:02:65	1247
1257	9449	Nuno Carrolo	00:23:44	00:47:44	00:47:43	1358		V50	115	00:04:06:37	1419
1258	6831	Leonel Alves	00:24:14	00:47:45	00:47:15	1250		V40	187	00:03:59:02	1105
1259	7730	Vitor Santos	00:24:30	00:47:45	00:46:48	1172	CAPenafirme	V45	189	00:03:53:67	894
1260	6502	João Teixeira	00:23:38	00:47:45	00:47:17	1264		V35	199	00:04:03:25	1270
1261	8152	Filipe Salvadinho	00:23:58	00:47:45	00:47:20	1274	OntriSports	V40	188	00:03:58:72	1091
1262	7199	José Santos	00:25:16	00:47:45	00:47:13	1241		V45	190	00:03:35:04	372
1263	8610	Bruno Claro	00:23:26	00:47:47	00:47:27	1299		V40	189	00:04:12:83	1733
1264	2687	Alexandre Pastor	00:23:25	00:47:47	00:47:24	1288	CCDTMetroLX	Senior	359	00:04:14:76	1841
1265	2273	Pedro Roda	00:25:03	00:47:47	00:46:55	1192		Senior	360	00:03:52:70	861
1266	1783	Alexandre Luís	00:22:33	00:47:48	00:47:38	1336		Senior	361	00:04:32:21	2751
1267	9249	Miguel Sousa	00:27:16	00:47:48	00:44:28	755		Senior	362	00:03:33:67	352
1268	830	Luís Bastos	00:23:44	00:47:48	00:47:17	1261		V55	71	00:04:02:38	1238
1269	10076	Diogo Onofre	00:23:22	00:47:49	00:47:22	1281		Junior	32	00:03:48:50	696
1270	3656	Miguel Marques	00:22:37	00:47:49	00:47:33	1325		V45	191	00:04:13:97	1793
1271	4244	Joel Ferreira	00:23:24	00:47:50	00:47:16	1258		V35	200	00:04:07:36	1457
1272	6847	João Marques	00:23:37	00:47:50	00:47:47	1369		V60	25	00:04:02:49	1239
1273	5916	Rizério Salgado	00:23:10	00:47:50	00:47:24	1290		V60	26	00:04:20:49	2139
1274	612	Mauricio Costa	00:24:09	00:47:50	00:47:21	1276		V50	116	00:04:09:10	1551



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1275	208	Bernardo Fernandes	00:23:59	00:47:51	00:47:24	1287		Senior	363	00:03:55:85	988
1276	10629	Alexey Smolik	00:23:29	00:47:51	00:47:40	1342		V35	201	00:04:20:24	2124
1277	1118	Nuno Morgado	00:23:11	00:47:51	00:47:41	1349	GMCJamor	V50	117	00:04:21:42	2205
1278	1129	Guilherme Pinto	00:23:52	00:47:51	00:47:18	1265		Senior	364	00:03:57:90	1066
1279	2740	Hugo Vieira	00:23:19	00:47:51	00:47:50	1383		V45	192	00:04:17:25	1975
1280	2855	Sandro Cardoso	00:23:20	00:47:52	00:47:25	1291	Valejas Atlético Clube - O Muchacho Barcarena	V35	202	00:04:12:67	1721
1281	352	Carlos Madaleno	00:23:03	00:47:52	00:47:48	1371		V40	190	00:04:00:83	1174
1282	4249	Victor Ceita	00:23:23	00:47:52	00:47:47	1366		V50	118	00:03:59:02	1106
1283	5808	Jonas Silva	00:21:45	00:47:53	00:47:46	1364		Senior	365	00:04:11:56	1666
1284	1273	Frederico Nobre	00:23:15	00:47:53	00:47:39	1338	Clube Atletismo Amigos de Belém	V45	193	00:04:15:32	1865
1285	6663	Élio Rodrigues	00:23:37	00:47:53	00:47:20	1273		V40	191	00:04:01:53	1206
1286	5709	Nivaldo Neres	00:23:46	00:47:54	00:47:47	1365		V35	203	00:03:52:74	862
1287	7985	João Teixeira	00:22:54	00:47:54	00:47:28	1304	Os três violinos	Senior	366	00:04:09:91	1591
1288	6218	Tiago Azevedo	00:23:54	00:47:54	00:47:26	1297	MargemSul	Senior	367	00:04:05:57	1388
1289	6595	Rui Santos	00:23:32	00:47:54	00:47:30	1313		Senior	368	00:04:22:19	2238
1290	8386	Henrique Santos	00:22:50	00:47:54	00:47:41	1346		V40	192	00:04:08:31	1509
1291	6537	Carlota Simões	00:23:53	00:47:55	00:47:27	1298		Senior	35	00:04:12:77	1725
1292	1576	Luis Almeida	00:23:18	00:47:55	00:47:29	1309		V55	72	00:04:10:11	1602
1293	2477	Andre Ramalinho	00:23:49	00:47:55	00:47:28	1303		V40	193	00:03:55:72	982



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LISBOA

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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1294	6520	Humberto Borges	00:23:15	00:47:55	00:47:33	1322		V55	73	00:04:18:08	2018
1295	8371	Nuno Chicória	00:23:19	00:47:55	00:47:13	1242	XPAND IT	Senior	369	00:04:12:58	1715
1296	2512	Pedro Serrano	00:23:42	00:47:55	00:47:28	1302	Karamelos Running	V45	194	00:03:57:09	1030
1297	7503	Sérgio Jesus	00:23:21	00:47:56	00:47:42	1355	NCAFB	Senior	370	00:04:12:91	1736
1298	8215	António Figueiredo	00:22:38	00:47:56	00:47:49	1376		V50	119	00:04:15:59	1881
1299	6930	Guilherme Leite	00:24:18	00:47:56	00:46:46	1168		Senior	371	00:04:03:19	1268
1300	11276	Rodrigo Mimoso	00:23:00	00:47:56	00:47:54	1402		Junior	33	00:04:22:46	2251
1301	519	Francisco Serio	00:24:19	00:47:56	00:47:31	1319		V40	194	00:04:01:00	1183
1302	10398	Bernardo Aguiar	00:24:05	00:47:56	00:47:24	1286		Senior	372	00:04:13:40	1764
1303	10131	João Morais	00:22:30	00:47:56	00:47:39	1339		Junior	34	00:04:15:25	1862
1304	5752	Mykhailo Lukianenko	00:24:04	00:47:57	00:47:52	1388		V35	204	00:04:04:44	1337
1305	9366	Pedro Carvalho	00:23:55	00:47:57	00:47:13	1240		V45	195	00:04:16:17	1913
1306	7507	Bruno Costa	00:23:27	00:47:57	00:47:17	1263	NCAFB	Senior	373	00:04:00:07	1146
1307	10430	Julian Vidigal	00:22:29	00:47:57	00:47:40	1343		Junior	35	00:04:15:59	1882
1308	4664	Vitor Antunes	00:24:55	00:47:57	00:47:04	1214	Lets Gooo	V35	205	00:03:50:83	786
1309	469	Jose Pereira	00:24:12	00:47:57	00:47:25	1292		V35	206	00:03:57:50	1051
1310	10743	Rui Vieira	00:23:06	00:47:58	00:47:58	1422		V50	120	00:04:10:52	1618
1311	1285	Rita Santos	00:24:14	00:47:58	00:47:29	1310	Peregrinos Perdidos	Senior	36	00:03:56:67	1014
1312	6442	Valdevagner Santos	00:23:12	00:47:58	00:47:28	1305	Amigos do Atletismo de Mafra	Senior	374	00:04:04:16	1321



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1313	7812	Cesar Amaral	00:23:20	00:47:58	00:47:56	1411		V40	195	00:04:12:92	1737
1314	1114	António Lopes	00:23:56	00:47:59	00:47:16	1255		V50	121	00:04:06:98	1437
1315	112	Emanuel Mota	00:23:14	00:47:59	00:47:42	1352		V50	122	00:04:26:34	2440
1316	2869	Maria Rodrigues	00:24:28	00:48:00	00:47:21	1275	Bombeiros Voluntários de Montemor-o-Novo	V45	10	00:04:06:82	1432
1317	8339	Rodrigo Fernandes	00:24:37	00:48:00	00:47:27	1300		Junior	36	00:03:59:65	1127
1318	8080	Simão Ortega	00:22:57	00:48:00	00:47:41	1347	NetJets	V40	196	00:04:16:24	1921
1319	5058	Murilo Tonoli	00:23:45	00:48:00	00:47:49	1374		Senior	375	00:04:11:28	1658
1320	8784	António Rodrigues	00:22:58	00:48:00	00:47:57	1412		V40	197	00:04:11:86	1676
1321	5716	Diogo Frade	00:23:38	00:48:00	00:47:35	1331		Senior	376	00:04:08:66	1533
1322	8655	Catarina Feijão	00:23:21	00:48:00	00:47:30	1316	GRCD Leião	Senior	37	00:04:03:86	1302
1323	11183	Thomas Verhoosel	00:23:40	00:48:02	00:47:31	1318		Senior	377	00:04:09:43	1572
1324	8878	Miguel Donas-Botto	00:23:13	00:48:02	00:47:35	1330		Senior	378	00:04:28:41	2552
1325	11333	Claudia Figueiredo	00:23:17	00:48:03	00:47:55	1408		V45	11	00:04:19:62	2092
1326	6913	Vitor Leite	00:23:03	00:48:03	00:47:33	1323		Senior	379	00:04:21:06	2182
1327	9781	Jaqueline Deodato	00:23:38	00:48:03	00:48:02	1439		Senior	38	00:04:00:50	1159
1328	10421	António Ribeiro	00:23:10	00:48:04	00:47:58	1421		V55	74	00:04:18:35	2033
1329	8537	Rui Figueiredo	00:23:10	00:48:04	00:47:58	1424		V45	196	00:04:18:31	2032
1330	10304	Luis Msilva	00:23:45	00:48:04	00:47:44	1360		V60	27	00:04:18:81	2057
1331	13004	Benjamin Abendschein	00:23:01	00:48:04	00:47:58	1423		V50	123	00:04:23:71	2308



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1332	4694	Alexandre Santos	00:23:22	00:48:05	00:47:38	1335		V45	197	00:04:12:40	1701
1333	10894	Manuel Vazquez	00:24:03	00:48:05	00:47:57	1415		Senior	380	00:03:57:53	1054
1334	8122	Ana Frutuoso	00:23:15	00:48:05	00:47:49	1377	Linda-a-Pastora Sporting Clube	V45	12	00:03:59:13	1111
1335	8359	Vasco Botelho	00:24:50	00:48:05	00:46:33	1127	LB SQUAD	Senior	381	00:03:55:42	967
1336	2352	Paulo Verissimo	00:22:41	00:48:06	00:47:54	1400	Clube Novo Banco	V55	75	00:04:02:72	1252
1337	3079	André Pereira	00:24:19	00:48:06	00:47:19	1267		Senior	382	00:04:04:92	1360
1338	7295	José Cruz	00:23:42	00:48:07	00:47:52	1393	Associação Corrida Noturna Parque das Nações	V60	28	00:04:19:18	2069
1339	3441	Duarte Silva	00:23:46	00:48:07	00:47:34	1326		Senior	383	00:04:24:04	2325
1340	10610	Francisca Laia	00:24:26	00:48:07	00:47:24	1285		Senior	39	00:04:01:45	1202
1341	3342	Marta Araújo	00:24:24	00:48:07	00:47:36	1333		Senior	40	00:04:02:03	1218
1342	4859	Rui Pereira	00:24:21	00:48:07	00:47:42	1353		V40	198	00:04:05:00	1364
1343	6592	Pedro Anjos	00:24:32	00:48:08	00:47:20	1272		V35	207	00:04:08:53	1521
1344	10263	Pedro Pedroso	00:25:00	00:48:08	00:46:51	1184		V35	208	00:03:59:93	1139
1345	7023	Bruno	00:23:54	00:48:08	00:47:30	1314	Salesianos	V35	209	00:04:05:53	1384
1346	10121	Elvio Correia	00:23:50	00:48:08	00:48:07	1453		V45	198	00:04:08:99	1543
1347	2339	Virgilio Pinto	00:23:55	00:48:08	00:47:27	1301	GMCJamor	V55	76	00:04:04:45	1338
1348	10653	Gonçalo Aguiar	00:24:19	00:48:08	00:46:58	1202		V40	199	00:04:04:91	1358
1349	3753	Luís Mendes	00:24:05	00:48:09	00:47:19	1268		V40	200	00:04:03:92	1305
1350	1459	Luis Silva	00:24:08	00:48:09	00:47:30	1311		V50	124	00:04:04:07	1316



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1351	9832	Bruno Rodrigues	00:23:16	00:48:09	00:47:46	1362		V40	201	00:04:28:23	2543
1352	6472	Tiago Dias	00:23:13	00:48:09	00:47:43	1357		V35	210	00:04:23:84	2318
1353	3312	Paulo Garrudo	00:24:08	00:48:10	00:47:33	1324	OutSystems Runners	V45	199	00:04:06:83	1433
1354	7804	João Pires	00:23:46	00:48:10	00:47:52	1391		V50	125	00:04:24:17	2331
1355	1179	José Amaro	00:25:19	00:48:10	00:47:50	1382		V45	200	00:03:48:70	702
1356	8877	Fábio Reverendo	00:23:05	00:48:10	00:48:04	1447		V35	211	00:04:17:13	1969
1357	5708	André Santos	00:24:20	00:48:11	00:47:37	1334		V35	212	00:04:13:32	1761
1358	1354	Fábio Martins	00:24:11	00:48:11	00:47:42	1350		Senior	384	00:04:27:21	2492
1359	834	Pedro Filipe	00:23:19	00:48:12	00:48:01	1433		V45	201	00:04:09:44	1573
1360	8809	Jorge Saraiva	00:23:44	00:48:12	00:47:41	1345		V40	202	00:04:07:62	1470
1361	630	Pedro Almeida	00:23:25	00:48:14	00:48:12	1471		V45	202	00:04:18:28	2028
1362	736	Miguel San-Payo	00:24:08	00:48:15	00:47:49	1375		V60	29	00:04:13:01	1748
1363	9051	Pedro Gameiro	00:25:04	00:48:15	00:47:49	1379	Gameiros Sport	Senior	385	00:03:52:50	852
1364	9676	Pedro Sebastião	00:24:07	00:48:15	00:47:34	1329		Senior	386	00:04:20:55	2147
1365	10382	Jorge Frade	00:23:23	00:48:15	00:47:47	1368	Aeroparvos	V35	213	00:04:20:10	2118
1366	9704	Alexandre Caraça	00:24:09	00:48:15	00:47:31	1317		Junior	37	00:04:10:10	1601
1367	1982	Joaquim Frade	00:23:49	00:48:15	00:48:03	1442	SS CGD	V65	5	00:04:19:73	2101
1368	1998	Bruno Jota	00:25:09	00:48:15	00:47:32	1320		Senior	387	00:03:49:45	722
1369	5327	Oleksandr Korchagin	00:24:19	00:48:16	00:47:52	1389		V35	214	00:03:42:86	556





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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1370	2068	Sérgio Joaquim	00:23:12	00:48:16	00:47:47	1367	Carangujo	V45	203	00:03:58:92	1102
1371	1911	Carlos Luz	00:23:50	00:48:17	00:48:01	1435	BRRnightRUNNERS	V50	126	00:03:49:18	719
1372	2184	Eduardo Coelho	00:24:07	00:48:17	00:47:29	1308	ADRC Mata de Benfica	V40	203	00:04:10:12	1603
1373	2548	Magda Alves	00:27:19	00:48:17	00:46:26	1107	Run & Win[e]	V35	15	00:04:57:49	4102
1374	9633	António Oliveira	00:23:17	00:48:17	00:48:04	1446	Ocean Medical Sports Team	V45	204	00:04:13:51	1767
1375	1729	Frederico Correia	00:23:32	00:48:18	00:47:52	1387		Senior	388	00:04:22:22	2240
1376	2842	Jorge Sobrinho	00:24:27	00:48:19	00:47:43	1359	Valejas Atlético Clube - O Muchacho Barcarena	V50	127	00:04:09:28	1564
1377	2677	Marco Proença	00:23:31	00:48:19	00:48:17	1485		V40	204	00:04:07:86	1482
1378	3587	Diogo Lopes	00:22:54	00:48:20	00:47:56	1410		Senior	389	00:04:18:48	2039
1379	7710	Pedro Queiroz	00:24:41	00:48:20	00:47:42	1356		V40	205	00:04:00:02	1144
1380	6563	Gil Oliveira	00:24:50	00:48:20	00:46:49	1176		V55	77	00:04:02:80	1255
1381	3981	Miguel Gomes	00:26:55	00:48:20	00:45:47	987		Senior	390	00:03:46:53	647
1382	2985	Luis Tomé	00:24:30	00:48:21	00:47:24	1289		V50	128	00:04:07:21	1450
1383	6334	Guilherme Gregório	00:25:45	00:48:21	00:48:04	1448	Ativo Team Running   Correr na Vila	Senior	391	00:03:58:16	1078
1384	6594	Ricardo Parreira	00:24:32	00:48:21	00:47:34	1327		V35	215	00:04:05:00	1365
1385	123	Carlos Dias	00:23:38	00:48:23	00:47:51	1385		V50	129	00:04:21:43	2206
1386	11119	Bernardo Santos	00:23:29	00:48:23	00:47:54	1403		Senior	392	00:04:18:64	2049
1387	3854	João Esteveira	00:23:38	00:48:23	00:47:58	1418	Clube Millennium BCP	V55	78	00:04:10:59	1621
1388	3688	Diogo Guimarães	00:27:27	00:48:24	00:45:20	919		Senior	393	00:03:21:81	170



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1389	3972	Carlos Matoso	00:24:15	00:48:25	00:48:13	1473		V50	130	00:04:05:56	1387
1390	11240	Maria Louro	00:24:08	00:48:25	00:47:34	1328		Senior	41	00:04:05:03	1366
1391	9638	Anatolie Popovici	00:23:46	00:48:25	00:47:57	1413	Tricolor	V40	206	00:04:00:09	1147
1392	3214	Miguel Ferreira	00:23:11	00:48:25	00:48:01	1437		V45	205	00:04:31:91	2737
1393	996	Miguel Pedro	00:23:27	00:48:26	00:48:01	1434		V50	131	00:04:14:05	1797
1394	745	Marco Louro	00:24:42	00:48:26	00:47:41	1348		V50	132	00:04:13:19	1753
1395	11164	João Carreço	00:25:36	00:48:27	00:46:42	1152		Senior	394	00:03:45:19	619
1396	1893	João Boto	00:23:15	00:48:27	00:47:54	1399		Senior	395	00:04:30:40	2649
1397	7871	Catarina Veloso	00:24:19	00:48:27	00:47:52	1392		V45	13	00:04:10:75	1628
1398	3111	Edgar Martins	00:24:11	00:48:27	00:48:04	1444		V55	79	00:03:57:40	1047
1399	1121	Francisco Pinheiro	00:24:32	00:48:27	00:47:38	1337		Senior	396	00:03:58:53	1086
1400	1632	José Pedro	00:23:42	00:48:28	00:48:24	1515		Senior	397	00:04:07:66	1473
1401	5939	Konrad Glock	00:24:39	00:48:28	00:47:32	1321		Senior	398	00:04:02:72	1251
1402	5904	José Alves	00:24:15	00:48:28	00:48:09	1458		V50	133	00:04:07:89	1483
1403	4900	Ana Silva	00:24:20	00:48:28	00:48:27	1523	Equipa Maravilha	Junior	12	00:03:57:39	1046
1404	5097	José Freitas	00:23:34	00:48:28	00:48:10	1464		V35	216	00:04:15:25	1863
1405	4377	João Pastor	00:23:30	00:48:29	00:48:16	1482	Amigos do Atletismo de Mafra	V50	134	00:03:56:68	1015
1406	1126	Pedro Pinotes	00:23:20	00:48:29	00:48:18	1492		Senior	399	00:04:34:64	2879
1407	11040	Ilan Giuli	00:25:53	00:48:29	00:47:50	1380		V60	30	00:03:50:57	777



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1408	8928	Tim Engels	00:24:41	00:48:29	00:47:41	1344		V35	217	00:04:12:50	1708
1409	10097	Frederico Vidal	00:24:07	00:48:30	00:48:11	1466		V45	206	00:04:26:20	2429
1410	3975	Manuel Preto	00:24:09	00:48:30	00:48:04	1445		V60	31	00:04:11:19	1656
1411	307	Pedro Pereira	00:24:03	00:48:31	00:48:12	1472	Bombeiros Voluntários de Montemor-o-Novo	V45	207	00:04:20:69	2156
1412	1199	Rafael Lavouras	00:24:18	00:48:31	00:47:54	1401		V55	80	00:04:08:25	1504
1413	1951	Ana Brás	00:24:19	00:48:31	00:48:03	1443	CCD PM Cascais	V35	16	00:04:15:50	1879
1414	3682	Pedro Bento	00:24:05	00:48:32	00:47:42	1354		Senior	400	00:04:08:25	1506
1415	10558	Artur Silva	00:23:37	00:48:32	00:48:31	1542		V50	135	00:04:14:58	1833
1416	6332	Alexandra Simão	00:24:37	00:48:33	00:47:49	1378		Senior	42	00:04:07:33	1455
1417	9225	Elmar Derkitsch	00:24:14	00:48:33	00:47:57	1414	Spirit to Run	V65	6	00:04:17:93	2014
1418	4074	Diogo Ferreira	00:24:46	00:48:33	00:47:52	1390	Frangos de sapatilhas	Senior	401	00:03:55:10	947
1419	8093	Ricardo Fortes	00:24:56	00:48:33	00:47:55	1405		V45	208	00:03:55:00	943
1420	3186	Liliana Romão	00:25:01	00:48:33	00:47:54	1396		Senior	43	00:04:04:08	1317
1421	3986	Hugo Faria	00:22:57	00:48:34	00:48:31	1545		Senior	402	00:04:20:12	2120
1422	618	João Martins	00:24:43	00:48:34	00:47:42	1351		Senior	403	00:03:56:89	1022
1423	991	Rodolfo Santos	00:23:19	00:48:35	00:48:08	1456		V40	207	00:04:28:22	2540
1424	1975	Bruno Rainho	00:23:36	00:48:35	00:48:22	1507	SS CGD	V40	208	00:04:26:99	2480
1425	6308	Uilson Fernandes	00:25:08	00:48:36	00:48:28	1528		Senior	404	00:04:12:99	1746
1426	8187	Paulo Fonseca	00:23:37	00:48:36	00:48:27	1521	OntriSports	V55	81	00:04:07:56	1466



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1427	4846	Hugo Crispim	00:24:38	00:48:36	00:47:59	1429		V40	209	00:04:05:37	1380
1428	9036	Sergei Polikarpov	00:24:27	00:48:37	00:48:09	1462	Outsystems Olímpico de Oeiras	V40	210	00:04:02:84	1258
1429	10318	Paulo Pinto	00:24:01	00:48:37	00:48:30	1539		V50	136	00:04:04:24	1325
1430	842	Bruno Bispo	00:24:21	00:48:37	00:48:02	1438		V40	211	00:04:02:76	1253
1431	7429	Isabel Santos	00:24:37	00:48:37	00:47:54	1404		V50	5	00:04:02:87	1260
1432	6443	Rui Esteves	00:25:27	00:48:37	00:47:39	1340	Associação Desportiva Verdoeense	V40	212	00:03:57:98	1069
1433	8529	Bruno Eusébio	00:23:41	00:48:38	00:47:58	1425		V35	218	00:04:13:20	1754
1434	4926	Sérgio Veloso	00:23:42	00:48:38	00:47:54	1397		V45	209	00:04:23:75	2310
1435	1765	José Miranda	00:23:43	00:48:38	00:48:19	1494		V60	32	00:04:06:99	1438
1436	5481	Filipe Dinis	00:23:12	00:48:38	00:48:35	1563		V35	219	00:04:20:60	2149
1437	2358	Vanda Murteira	00:24:26	00:48:38	00:48:11	1465	Clube Novo Banco	V45	14	00:04:11:97	1681
1438	10860	Gustavo Mello	00:23:38	00:48:39	00:48:30	1541		Senior	405	00:03:58:98	1104
1439	7465	Laura Costa	00:24:22	00:48:39	00:48:02	1440	JDM Atletismo	Senior	44	00:04:03:95	1310
1440	10075	Bruno Pascoal	00:24:34	00:48:40	00:48:30	1540		V45	210	00:03:59:84	1136
1441	7166	Rodrigo Alves	00:23:54	00:48:40	00:48:08	1455		Senior	406	00:04:21:33	2200
1442	288	Bruno Rendeiro	00:25:27	00:48:40	00:48:01	1432		V35	220	00:03:46:09	632
1443	2295	Manuel Martins	00:22:44	00:48:40	00:48:33	1555	GDC Banco de Portugal	Junior	38	00:04:12:13	1687
1444	9786	Pelle Boom	00:23:40	00:48:40	00:48:28	1531		Senior	407	00:04:26:00	2420
1445	4308	João Diogo	00:23:26	00:48:40	00:48:15	1478		Senior	408	00:04:17:62	1993



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# CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1446	4729	Bruno Novera	00:23:42	00:48:40	00:47:54	1398		Senior	409	00:04:25:74	2405
1447	1241	Pedro Galvão	00:24:28	00:48:41	00:48:18	1491		V45	211	00:04:12:24	1693
1448	7771	Manuel Silva	00:24:57	00:48:41	00:47:50	1381		Senior	410	00:04:08:71	1535
1449	11252	Jailson Oliveira	00:23:40	00:48:41	00:48:12	1469		Senior	411	00:04:15:64	1886
1450	1673	Nuno Milhano	00:24:53	00:48:41	00:47:57	1416	ESTAROLAS 2.0	V35	221	00:04:12:00	1685
1451	4797	Nuno Maia	00:23:33	00:48:41	00:48:25	1517	C.D. OS "ÁGUIAS" DE ALPIARÇA	V45	212	00:04:12:80	1729
1452	819	Júlio Teodoro	00:23:51	00:48:41	00:48:40	1575		V45	213	00:04:07:78	1478
1453	338	Nuno Bernardo	00:23:35	00:48:41	00:48:33	1553		V40	213	00:03:57:50	1052
1454	4160	Angelo Sousa	00:24:13	00:48:41	00:48:33	1552		V45	214	00:03:59:42	1119
1455	5903	Tiago Paiva	00:23:17	00:48:41	00:48:37	1567		Junior	39	00:04:15:90	1901
1456	2963	Mário Nunes	00:24:43	00:48:41	00:47:53	1395		Senior	412	00:04:10:84	1635
1457	2743	Paulo Santos	00:24:46	00:48:42	00:47:51	1384		V45	215	00:04:04:58	1345
1458	3438	Rui Flores	00:24:20	00:48:43	00:48:08	1457		V45	216	00:04:10:16	1606
1459	7639	Fábio Varanda	00:23:45	00:48:43	00:48:06	1450	NCAFB	V35	222	00:04:19:80	2105
1460	115	Carlos Resa	00:23:10	00:48:43	00:48:22	1508		V40	214	00:04:48:50	3649
1461	7591	Teófilo Pequicho	00:24:04	00:48:44	00:48:12	1470		V40	215	00:04:13:81	1782
1462	2350	João Sequeira	00:23:28	00:48:44	00:48:38	1570	Clube Tecnovia	V40	216	00:04:31:07	2688
1463	5995	Mariana Pombo	00:24:43	00:48:44	00:47:23	1283		Senior	45	00:04:06:00	1407
1464	5107	João Faria	00:24:30	00:48:44	00:47:48	1372		V35	223	00:04:11:69	1670



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1465	5147	Pedro Santos	00:24:32	00:48:45	00:47:48	1373		V35	224	00:04:11:82	1674
1466	8248	Pedro Filipe	00:23:38	00:48:45	00:47:59	1427		V45	217	00:04:13:03	1750
1467	10910	Pedro Pinheiro	00:23:51	00:48:45	00:48:29	1533	BRRnightRUNNERS	V45	218	00:04:17:15	1970
1468	2576	Camilo Vieira	00:25:03	00:48:45	00:48:18	1489	Núcleo de Atletismo «Os Papagaios de Cascais»	V55	82	00:04:10:90	1638
1469	10570	Pedro Gonçalves	00:24:54	00:48:46	00:48:12	1468		V40	217	00:04:14:13	1805
1470	2293	José Duarte	00:23:43	00:48:46	00:48:25	1516	GDC Banco de Portugal	V60	33	00:04:08:98	1542
1471	5829	Nuno Alves	00:24:45	00:48:47	00:48:17	1486		V45	219	00:04:03:46	1286
1472	4254	Linck Jérôme	00:24:26	00:48:47	00:48:42	1579		V45	220	00:04:08:47	1517
1473	1227	Tiago Santos	00:23:54	00:48:48	00:48:15	1477		Senior	413	00:04:17:52	1987
1474	7743	Joana Pinto	00:24:47	00:48:48	00:48:22	1504	CAPenafirme	Senior	46	00:04:05:30	1377
1475	1697	Filipe Serra	00:23:50	00:48:48	00:48:18	1490		V50	137	00:04:17:79	2009
1476	10509	Sebastien Deleu	00:24:18	00:48:49	00:48:10	1463	TIBA	V45	221	00:04:08:22	1503
1477	8923	Ricardo Anacleto	00:23:26	00:48:49	00:48:13	1474		V45	222	00:04:19:01	2060
1478	8209	Tiago Vicente	00:25:44	00:48:49	00:46:43	1155	OntriSports	V35	225	00:04:10:93	1641
1479	890	Joao Braga	00:23:31	00:48:49	00:48:43	1585	Tenthpin	Senior	414	00:04:28:50	2554
1480	4207	Jorge Machado	00:23:56	00:48:49	00:48:23	1509		V45	223	00:04:14:20	1814
1481	1372	Juan Castro	00:24:02	00:48:49	00:48:45	1592		Senior	415	00:04:19:38	2077
1482	4451	Gilson Silva	00:23:10	00:48:50	00:48:00	1430		V40	218	00:04:20:50	2140
1483	10439	Ivo Neves	00:25:09	00:48:50	00:48:07	1454		V40	219	00:03:57:12	1031



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1484	958	Rui Faustino	00:24:27	00:48:51	00:48:06	1451	LUZNIK	V50	138	00:04:20:99	2174
1485	9681	Gregory Gobetti	00:23:48	00:48:51	00:48:17	1488		V50	139	00:04:25:07	2370
1486	588	Rui Rodrigues	00:24:28	00:48:51	00:48:16	1483		V55	83	00:03:58:86	1097
1487	108	Paulo Lourinho	00:25:04	00:48:51	00:48:24	1514		V50	140	00:04:03:73	1298
1488	8890	Kostyantyn Simonenko	00:24:09	00:48:52	00:48:14	1475	ukraine	V40	220	00:04:01:09	1188
1489	10253	Afonso Pinto	00:24:58	00:48:52	00:47:59	1428		Senior	416	00:04:11:17	1654
1490	9959	Bruno Amaral	00:24:44	00:48:52	00:48:03	1441		Senior	417	00:04:02:32	1234
1491	4291	Tiago Guerra	00:25:36	00:48:52	00:48:01	1436		Senior	418	00:04:02:63	1246
1492	5856	Miguel Ferreira	00:25:29	00:48:52	00:47:55	1409		Senior	419	00:03:49:54	724
1493	8536	Bruno Ricardo	00:24:43	00:48:53	00:48:23	1510		V60	34	00:04:05:24	1375
1494	5355	João Branquinho	00:23:53	00:48:53	00:48:47	1596	CRC Marvila Jovem	V35	226	00:04:17:17	1972
1495	8162	João Cal	00:24:40	00:48:53	00:47:59	1426	OntriSports	Senior	420	00:04:04:61	1348
1496	4432	Carlos Constantino	00:24:30	00:48:54	00:47:58	1419		V40	221	00:04:17:45	1983
1497	8646	João Ferreira	00:24:08	00:48:54	00:48:09	1460		V50	141	00:04:14:94	1849
1498	4808	Arlinda Ferreira	00:24:29	00:48:55	00:48:37	1568		V35	17	00:04:03:36	1275
1499	6567	Filipa Baptista	00:24:16	00:48:55	00:48:07	1452		V35	18	00:04:16:74	1951
1500	8550	Katherine Kincaid	00:24:16	00:48:55	00:48:48	1601		V40	10	00:04:18:40	2036
1501	9863	Gonçalo Palminha	00:24:12	00:48:56	00:48:45	1590	Bankinter	V45	224	00:04:22:46	2250
1502	85	Victor Affonso	00:25:13	00:48:57	00:48:00	1431		Senior	421	00:04:13:50	1766



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1503	572	Francisco Rolo	00:24:18	00:48:57	00:48:09	1459		V50	142	00:04:09:05	1548
1504	1923	Telmo Caldeira	00:25:12	00:48:57	00:47:58	1417	Grupo União Sport Sancristovense	V45	225	00:04:14:13	1804
1505	2074	Carla Bernardino	00:24:44	00:48:58	00:48:38	1569		V45	15	00:04:08:34	1511
1506	8126	Ana Gomes	00:23:36	00:48:58	00:48:53	1618	OntriSports	V40	11	00:04:13:53	1769
1507	3817	Carlos Justo	00:25:02	00:48:58	00:48:20	1499	Clube Millennium BCP	V45	226	00:03:47:13	661
1508	3640	Pedro Queiroz	00:24:05	00:48:59	00:48:29	1535		V45	227	00:04:27:26	2497
1509	1242	Miguel Rosa	00:24:35	00:48:59	00:48:56	1631		Senior	422	00:04:03:47	1287
1510	5276	Cristina Gabriel	00:24:44	00:48:59	00:48:21	1501	SS CGD	V40	12	00:04:06:26	1415
1511	8220	Adilton Lima	00:23:13	00:48:59	00:48:56	1628		V65	7	00:05:14:45	5059
1512	7545	Ricardo Figueiredo	00:24:43	00:49:00	00:48:19	1496	Mta Frakinhos	Senior	423	00:03:59:84	1135
1513	974	Vanda Teixeira	00:25:04	00:49:00	00:48:17	1484		V40	13	00:03:56:77	1018
1514	567	Pedro Lourenço	00:24:41	00:49:00	00:48:42	1580		V45	228	00:04:09:59	1583
1515	7630	Miguel Rodrigues	00:23:07	00:49:00	00:48:59	1652		Senior	424	00:04:21:66	2217
1516	1506	Ana Augusto	00:24:47	00:49:00	00:48:19	1493	Insane Évora Team	Senior	47	00:04:21:31	2196
1517	9834	Tiago Aguiar	00:25:00	00:49:00	00:48:09	1461		V35	227	00:04:09:28	1565
1518	9773	Francisco Relvas	00:23:03	00:49:00	00:48:12	1467		Senior	425	00:04:14:21	1815
1519	10250	Jorge Pina	00:25:19	00:49:00	00:48:17	1487		V45	229	00:04:10:80	1632
1520	10252	Raquel Pedro	00:25:19	00:49:00	00:48:16	1481		V35	19	00:04:10:91	1640
1521	8617	Dos Anthony	00:25:13	00:49:01	00:48:35	1561		Senior	426	00:04:03:02	1262





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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1522	422	Ricardo Silva	00:24:33	00:49:01	00:47:52	1386	Limited Edition Team	V35	228	00:04:05:70	1395
1523	1088	Claudia Augusto	00:23:40	00:49:02	00:49:01	1658		V40	14	00:04:23:39	2288
1524	8283	Marcelo Ribeiro	00:24:41	00:49:03	00:48:22	1506		Senior	427	00:04:15:18	1856
1525	7320	Paulo Claro	00:24:35	00:49:03	00:48:32	1549	Associação Corrida Noturna Parque das Nações	V50	143	00:04:08:64	1532
1526	88	Gonçalo Figueiredo	00:24:13	00:49:03	00:49:02	1663		V40	222	00:04:08:04	1492
1527	7258	Luis Alegrias	00:24:38	00:49:04	00:48:35	1559		V45	230	00:04:13:24	1755
1528	8814	Pedro Baltazar	00:23:48	00:49:04	00:48:48	1598		Senior	428	00:04:16:59	1940
1529	1638	David Dias	00:22:48	00:49:04	00:48:56	1630		V40	223	00:04:34:59	2870
1530	6587	João Dias	00:24:36	00:49:04	00:48:05	1449	Foguete de Agueda Racing Team	Senior	429	00:04:09:72	1586
1531	520	João Duarte	00:25:06	00:49:04	00:48:28	1527		V40	224	00:04:02:27	1230
1532	9361	Luis Santos	00:24:46	00:49:04	00:48:21	1502		V55	84	00:04:06:53	1424
1533	372	Tiago Morais	00:24:46	00:49:05	00:48:31	1547		Senior	430	00:04:08:50	1519
1534	5598	Fernando Almeida	00:24:29	00:49:05	00:48:32	1548		V55	85	00:04:00:26	1152
1535	8305	David Patricio	00:23:43	00:49:05	00:48:52	1609	GDRC Ponterrolense	V35	229	00:04:00:80	1172
1536	10095	André Nunes	00:25:25	00:49:05	00:48:16	1480		V45	231	00:04:03:58	1290
1537	6571	Diogo Viana	00:25:04	00:49:05	00:48:23	1512	DTRM	Senior	431	00:04:02:33	1237
1538	2626	Rui Teixeira	00:25:14	00:49:05	00:48:28	1525		V50	144	00:04:04:05	1315
1539	10560	Paulo Silva	00:25:54	00:49:07	00:47:15	1252		Senior	432	00:04:04:32	1328
1540	7257	Gonçalo Alegrias	00:24:39	00:49:07	00:48:38	1571		Junior	40	00:04:15:71	1889



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1541	1870	Hugo Bernardo	00:24:21	00:49:07	00:48:33	1554		V40	225	00:04:09:13	1553
1542	9703	Rui Paulo	00:24:49	00:49:07	00:48:20	1497		V55	86	00:04:15:32	1867
1543	241	Paulo Sousa	00:25:05	00:49:07	00:48:29	1534	CF Os Belenenses	V50	145	00:04:06:78	1430
1544	10168	Daniel Mello	00:24:09	00:49:07	00:48:42	1581		V40	226	00:04:27:69	2517
1545	5832	Martin Pan	00:24:37	00:49:08	00:48:24	1513		Senior	433	00:04:03:00	1261
1546	4010	Miguel Sardinha	00:23:53	00:49:09	00:48:58	1644		Senior	434	00:04:14:27	1820
1547	1934	Aires Pedro	00:24:30	00:49:09	00:48:53	1615	Clube Ferroviário de Portugal	V65	8	00:04:07:39	1459
1548	5295	Afonso Luís	00:25:29	00:49:10	00:48:26	1519		Senior	435	00:03:30:58	299
1549	4006	Francisco Vieira	00:24:24	00:49:10	00:48:21	1500		V35	230	00:04:14:12	1803
1550	9693	Luís Paisana	00:24:35	00:49:10	00:48:34	1556		V45	232	00:04:16:59	1941
1551	7712	Daniel Pinto	00:26:38	00:49:11	00:48:28	1530		Senior	436	00:03:11:47	79
1552	5455	Vânia Catarrinho	00:24:04	00:49:11	00:49:09	1688		V35	20	00:04:17:79	2010
1553	8988	Miguel Algarvio	00:24:06	00:49:11	00:49:00	1655		V50	146	00:04:12:80	1730
1554	6331	Vasco Catroga	00:24:33	00:49:11	00:48:27	1522		V50	147	00:04:15:44	1875
1555	5744	Márcio Pereira	00:23:47	00:49:11	00:48:44	1588		V40	227	00:04:23:98	2323
1556	7277	André Rolão	00:24:33	00:49:11	00:48:34	1558	Associação Corrida Noturna Parque das Nações	V40	228	00:04:14:24	1818
1557	91	Raquel Gonçalves	00:25:04	00:49:11	00:48:31	1546		V35	21	00:04:08:82	1538
1558	1329	José Maçarria	00:23:45	00:49:12	00:49:08	1677		V60	35	00:04:13:24	1756
1559	2981	Carlos Albino	00:24:26	00:49:12	00:49:11	1698		V45	233	00:04:14:17	1808



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1560	4823	Ricardo Esteves	00:24:57	00:49:12	00:48:50	1605		V50	148	00:04:02:17	1225
1561	2093	Denis Stenderchuck	00:24:11	00:49:12	00:48:36	1564		V40	229	00:04:09:31	1568
1562	9534	Agnieszka Dudek	00:25:43	00:49:13	00:48:30	1537		Senior	48	00:03:49:76	734
1563	3237	José Simões	00:24:25	00:49:13	00:49:11	1697	Associação Académica de Coimbra	V50	149	00:04:16:13	1911
1564	2292	Joao Rodrigues	00:25:21	00:49:13	00:48:14	1476	GDC Banco de Portugal	V40	230	00:04:09:30	1567
1565	10515	João Domingos	00:24:08	00:49:13	00:48:34	1557		V35	231	00:04:19:66	2095
1566	9330	Federico Sinigaglia	00:25:37	00:49:13	00:47:55	1407	Clube Accenture	Senior	437	00:03:54:59	926
1567	6975	Carlos Andrade	00:24:03	00:49:13	00:49:06	1670		V50	150	00:03:56:98	1024
1568	4346	Mário Gaspar	00:24:03	00:49:13	00:48:45	1591		V55	87	00:04:29:93	2623
1569	8795	Pedro Pereira	00:23:45	00:49:14	00:49:05	1667		V40	231	00:04:04:73	1351
1570	6601	Tomás Rosa	00:25:40	00:49:14	00:48:21	1503		Junior	41	00:04:02:82	1257
1571	5473	Matheus Vianna	00:24:08	00:49:14	00:48:30	1536		V40	232	00:04:08:62	1528
1572	7538	Yucânia Cruz	00:23:38	00:49:14	00:48:57	1636		Senior	49	00:04:19:76	2103
1573	1940	Pedro Ferreira	00:24:04	00:49:14	00:48:46	1593		V45	234	00:04:17:29	1978
1574	9750	Luís Borges	00:25:12	00:49:14	00:48:35	1562	Lisbon Turtles	Senior	438	00:03:52:24	840
1575	1520	Filipe Fernandes	00:24:37	00:49:15	00:48:41	1577		V40	233	00:04:15:21	1858
1576	9413	Isaías Duarte	00:25:06	00:49:16	00:48:29	1532	ChampiMiles	Senior	439	00:03:58:12	1076
1577	4073	Deivid Ferreira	00:24:54	00:49:16	00:48:28	1524	Frangos de sapatilhas	V35	232	00:03:57:00	1025
1578	6892	João Pinto	00:23:45	00:49:16	00:49:12	1701		V35	233	00:04:19:20	2070



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LISBOA

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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1579	10144	Rafael Santos	00:23:07	00:49:16	00:48:59	1653		Senior	440	00:04:57:51	4105
1580	3368	Nuno Carvalho	00:25:16	00:49:16	00:48:44	1586		V40	234	00:03:53:68	895
1581	6430	João Lourenço	00:23:53	00:49:16	00:48:52	1608	Corrida das Belas	V45	235	00:04:20:28	2128
1582	3507	Bruno Rodrigues	00:24:56	00:49:16	00:48:19	1495		Senior	441	00:04:10:85	1636
1583	2045	Bruno Azevedo	00:23:56	00:49:17	00:49:01	1657	CCD Crédito Agrícola Mútuo	Senior	442	00:04:07:50	1463
1584	9172	Paulo Vieira	00:25:18	00:49:18	00:48:56	1626		V40	235	00:04:02:71	1250
1585	8744	Pedro Santos	00:24:53	00:49:18	00:48:26	1520	CCD Tranquilidade	V50	151	00:04:07:03	1442
1586	5411	Fernando Passinhas	00:24:44	00:49:18	00:49:17	1734		V55	88	00:04:06:00	1406
1587	8395	Gonçalo Raposo	00:25:15	00:49:18	00:48:15	1479		Senior	443	00:03:39:18	469
1588	8723	Gonçalo Correia	00:24:53	00:49:18	00:48:28	1529	CCD Tranquilidade	V45	236	00:04:08:00	1490
1589	5361	Rui Mónica	00:23:47	00:49:19	00:49:13	1714	Golfinhos da Abóboda	V45	237	00:04:16:48	1933
1590	10285	Carlos Faria	00:24:33	00:49:19	00:48:53	1617		V50	152	00:04:15:38	1871
1591	1584	Paulo Moutinho	00:22:52	00:49:19	00:48:57	1634		V50	153	00:04:54:79	3955
1592	3136	Nuno Soares	00:23:52	00:49:19	00:48:53	1616		V50	154	00:04:27:56	2509
1593	4652	Delfim Pratas	00:25:01	00:49:20	00:48:39	1573	BRRnightRUNNERS	V55	89	00:04:13:78	1780
1594	2176	Alexandra Repolho	00:24:38	00:49:20	00:48:47	1594	Alverca Urban Runners	V40	15	00:04:17:57	1991
1595	273	José Santiago	00:24:27	00:49:20	00:48:56	1632		V60	36	00:04:11:12	1651
1596	7996	João Miranda	00:25:19	00:49:21	00:48:31	1543		V35	234	00:04:08:12	1497
1597	9512	Thayson Deus	00:24:25	00:49:21	00:49:12	1704		Senior	444	00:04:26:23	2433



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LISBOA

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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1598	4098	Francisco Machado	00:23:56	00:49:21	00:48:39	1574		Senior	445	00:04:19:26	2073
1599	3635	Jorge Araujo	00:24:32	00:49:22	00:49:17	1732		V55	90	00:04:17:50	1986
1600	5860	Maria Goncalves	00:24:32	00:49:22	00:48:44	1587		V60	1	00:04:05:24	1372
1601	3628	João Freitas	00:26:07	00:49:22	00:47:46	1363		V40	236	00:03:46:39	643
1602	4378	José Afonso	00:24:11	00:49:22	00:49:11	1699	Amigos do Atletismo de Mafra	Senior	446	00:04:11:14	1652
1603	9050	Vasco Ramos	00:25:03	00:49:23	00:48:57	1638	Gameiros Sport	Senior	447	00:03:53:33	881
1604	9164	Filipa Água	00:24:54	00:49:23	00:48:55	1625		V45	16	00:04:09:55	1581
1605	8931	Sara Coelho	00:24:05	00:49:23	00:48:40	1576		Junior	13	00:04:14:25	1819
1606	9245	Roberto Silva	00:26:06	00:49:23	00:46:35	1136		V40	237	00:03:57:54	1056
1607	10523	Rui Lima	00:25:06	00:49:23	00:48:36	1565		V45	238	00:04:18:52	2042
1608	90	André Henriques	00:25:25	00:49:24	00:48:49	1603		V35	235	00:03:49:77	735
1609	1406	Pedro Ivo	00:23:29	00:49:24	00:49:09	1685	#hillsonrunners	V45	239	00:04:14:62	1835
1610	10715	Joana Caldeira	00:24:20	00:49:24	00:49:12	1703	Associação de Moradores de Atibá	V45	17	00:04:17:70	2001
1611	9220	Ricardo Santos	00:24:31	00:49:24	00:49:23	1752	CF Os Belenenses	V40	238	00:03:21:38	162
1612	7396	Bruno Silva	00:25:20	00:49:25	00:48:37	1566	CUA Benaventense - 3B Triatlo	V45	240	00:04:03:08	1265
1613	172	Bernardo Rodrigues	00:24:21	00:49:26	00:48:39	1572		Senior	448	00:04:12:26	1694
1614	681	Susana Ferreira	00:24:38	00:49:26	00:48:58	1646	Together, we finish!	V35	22	00:04:25:30	2386
1615	4246	Daniel Pinto	00:24:32	00:49:26	00:48:54	1621		V45	241	00:04:19:43	2080
1616	9300	Eduardo Rodrigues	00:25:17	00:49:27	00:48:32	1551		Senior	449	00:04:05:64	1393



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1617	4603	António Santos	00:25:45	00:49:27	00:47:16	1259	Clube Portugal Telecom	V50	155	00:04:58:11	4138
1618	7008	Fernando Cortés	00:23:46	00:49:27	00:49:08	1680		V55	91	00:04:17:73	2003
1619	7227	Luís Pestana	00:25:20	00:49:27	00:48:43	1583		V50	156	00:03:58:93	1103
1620	334	Rita Vicente	00:25:17	00:49:27	00:48:50	1604		Senior	50	00:04:03:72	1297
1621	1210	Hugo Sousa	00:23:53	00:49:27	00:48:58	1647		V35	236	00:04:23:70	2307
1622	6704	Nuno Chambel	00:24:24	00:49:27	00:49:13	1709		V45	242	00:04:24:95	2361
1623	3400	Ana Sousa	00:24:32	00:49:27	00:49:14	1721		V40	16	00:04:04:91	1359
1624	8643	Pedro Louro	00:25:17	00:49:27	00:48:31	1544		Senior	450	00:03:58:63	1089
1625	2516	António Mateus	00:23:59	00:49:28	00:49:25	1764		V50	157	00:04:12:79	1728
1626	3459	Anabela Salazar	00:24:19	00:49:28	00:49:03	1665	Run Tejo - Prevent Sprain	V50	6	00:04:02:15	1221
1627	7255	Inês Barradas	00:23:56	00:49:28	00:48:54	1620		Senior	51	00:04:25:30	2384
1628	2633	Ivan David	00:24:08	00:49:29	00:49:02	1664		Senior	451	00:04:43:45	3360
1629	2374	Nuno Carvalho	00:23:52	00:49:29	00:48:59	1649	Clube Novo Banco	V40	239	00:04:32:62	2776
1630	2142	António Ramalho	00:24:45	00:49:29	00:48:52	1614		V60	37	00:04:16:69	1948
1631	11233	Rodrigo Brito	00:24:07	00:49:30	00:49:02	1660	Associação de Moradores de Atibá	Senior	452	00:04:43:48	3362
1632	9006	Eladio Manuel	00:25:35	00:49:30	00:48:43	1582	Outsystems Olímpico de Oeiras	V50	158	00:03:53:70	897
1633	880	Vitor Leitao	00:24:22	00:49:30	00:49:22	1747		V50	159	00:04:18:88	2058
1634	6982	Leonardo Ventura	00:24:10	00:49:30	00:49:15	1724		Senior	453	00:04:13:26	1757
1635	10601	Ines Botelho	00:24:59	00:49:30	00:49:12	1702		Senior	52	00:04:06:77	1429



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1636	10324	Diogo Cruz	00:24:57	00:49:31	00:49:10	1692		Junior	42	00:04:10:45	1613
1637	8589	Ricardo Dias	00:24:10	00:49:32	00:49:02	1661		Senior	454	00:04:23:26	2278
1638	4088	Ricardo Duarte	00:24:27	00:49:32	00:48:59	1650		V45	243	00:04:16:28	1923
1639	6089	Filipe Sousa	00:25:29	00:49:33	00:48:35	1560		Senior	455	00:04:12:55	1711
1640	250	Carlos Pereira	00:24:23	00:49:33	00:49:14	1716		V35	237	00:04:09:54	1580
1641	2926	Bruno Cardoso	00:24:26	00:49:33	00:48:55	1623	Clube ANACOM	V35	238	00:04:25:99	2417
1642	7019	Pedro Sarmento	00:24:25	00:49:33	00:48:56	1627	Salesianos	V50	160	00:04:18:41	2037
1643	9625	David Correia	00:23:51	00:49:33	00:49:08	1682		V45	244	00:04:15:66	1887
1644	8897	Andre Malhado	00:23:55	00:49:33	00:49:13	1706		V40	240	00:04:42:21	3297
1645	6995	Filipe Ramos	00:24:47	00:49:33	00:48:54	1619		V50	161	00:04:05:72	1397
1646	6041	Bernardo Venâncio	00:25:07	00:49:34	00:48:51	1607		V35	239	00:04:05:59	1389
1647	2078	Ivo Abrantes	00:25:28	00:49:34	00:48:58	1645		V50	162	00:04:00:17	1150
1648	7481	Dinis Bonaparte	00:23:43	00:49:34	00:49:29	1774		Junior	43	00:04:22:75	2261
1649	5565	Tomás Taylor	00:24:23	00:49:34	00:49:10	1689		Senior	456	00:04:16:38	1927
1650	7416	André Pereira	00:24:05	00:49:34	00:48:48	1600		V35	240	00:04:12:58	1714
1651	122	Liberto Santos	00:25:13	00:49:34	00:49:15	1727		V55	92	00:04:04:18	1323
1652	9656	Teresa Antão	00:24:44	00:49:34	00:48:44	1589	Casa do Benfica em Castelo Branco	V40	17	00:04:16:89	1962
1653	6414	Filipe Sousa	00:23:27	00:49:35	00:49:11	1694	Deloitte Running Club	Senior	457	00:04:26:15	2428
1654	3876	Miguel Sousa	00:25:30	00:49:35	00:48:48	1597	A TEAM AGEAS	V50	163	00:04:05:83	1400



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1655	10878	João Janeiro	00:25:24	00:49:35	00:48:48	1599		Senior	458	00:04:11:09	1649
1656	4547	Ricardo Grilo	00:24:25	00:49:35	00:49:09	1687		V45	245	00:04:13:82	1783
1657	8872	Pedro Pires	00:24:41	00:49:35	00:48:57	1639		V50	164	00:04:09:19	1558
1658	665	Rodrigo Martins	00:23:10	00:49:36	00:49:19	1741		Senior	459	00:04:35:49	2925
1659	5919	Sérgio Gonçalves	00:24:59	00:49:36	00:48:41	1578		V40	241	00:04:29:48	2601
1660	3906	Ines Castro	00:24:32	00:49:36	00:48:59	1651		Senior	53	00:04:08:60	1526
1661	6229	João Boaventura	00:24:02	00:49:37	00:49:18	1738		Senior	460	00:04:27:68	2516
1662	8738	Nelson Mota	00:25:37	00:49:37	00:48:58	1642	CCD Tranquilidade	V50	165	00:04:19:53	2084
1663	8230	Pedro Moita	00:25:45	00:49:37	00:47:48	1370		V35	241	00:04:14:17	1809
1664	4721	Joaquim Santos	00:25:05	00:49:37	00:49:06	1669		V65	9	00:04:25:46	2395
1665	383	Gustavo Conrastre	00:25:40	00:49:37	00:48:47	1595		Senior	461	00:03:55:36	964
1666	6496	Alexandre Vargas	00:25:13	00:49:38	00:49:24	1760		V45	246	00:04:10:32	1610
1667	2450	Levi Silva	00:23:49	00:49:38	00:49:27	1769		Senior	462	00:04:16:16	1912
1668	9337	Pedro Costa	00:24:12	00:49:38	00:49:12	1705		V35	242	00:04:19:58	2087
1669	7584	Catarina Bajanca	00:24:06	00:49:38	00:48:52	1610		Senior	54	00:04:16:10	1909
1670	1443	Tiago Silva	00:25:17	00:49:38	00:48:43	1584		V35	243	00:03:56:31	1001
1671	3778	Carlos Ramos	00:24:01	00:49:38	00:49:14	1720	Clube Millennium BCP	V55	93	00:04:23:52	2301
1672	7087	Sérgio Pereira	00:24:39	00:49:39	00:49:03	1666		V40	242	00:04:04:90	1357
1673	1897	Rosa Freitas	00:24:24	00:49:39	00:49:14	1718	Run Tejo - Prevent Sprain	V55	2	00:04:12:15	1688





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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1674	5461	Jose Almeida	00:25:33	00:49:40	00:48:49	1602		V35	244	00:03:49:80	741
1675	9946	Felipe Gonçalves	00:25:03	00:49:40	00:49:10	1691		V35	245	00:04:11:87	1677
1676	4555	João Lourenço	00:25:07	00:49:40	00:48:58	1643	Clube EDP - Lisboa	V40	243	00:04:12:30	1697
1677	7592	Ana Gandra	00:24:04	00:49:40	00:49:33	1794		V40	18	00:04:23:88	2320
1678	5126	João Morgado	00:26:11	00:49:40	00:48:26	1518		Senior	463	00:04:00:73	1169
1679	11297	Nieves Penco	00:25:09	00:49:40	00:49:07	1673	Outsystems Olímpico de Oeiras	Senior	55	00:04:05:73	1398
1680	970	Helder Margalho	00:24:34	00:49:40	00:49:14	1717	JCL	V50	166	00:04:15:33	1868
1681	4115	François Descouvemont	00:24:59	00:49:41	00:48:52	1613		Senior	464	00:04:26:46	2452
1682	3531	Denis Kulpa	00:24:13	00:49:41	00:49:34	1799		V55	94	00:04:21:10	2185
1683	1420	Marta Ouro	00:25:27	00:49:41	00:49:08	1678		V45	18	00:04:11:97	1680
1684	4018	Tiago Ramos	00:25:12	00:49:41	00:48:52	1612		V40	244	00:04:10:41	1611
1685	8618	Antonio Calle	00:24:22	00:49:41	00:49:13	1711		V40	245	00:04:20:36	2131
1686	2188	Vitor Costeira	00:24:58	00:49:42	00:49:19	1742	Moita do Ribatejo 2860	V45	247	00:04:09:00	1544
1687	10013	Manuel Ferro	00:24:17	00:49:42	00:49:32	1790	#teamnoesis	V35	246	00:04:27:41	2504
1688	3239	Nuno Santos	00:23:44	00:49:42	00:49:16	1729	Mozrun	V40	246	00:04:26:83	2470
1689	490	Kanykei Asanbaeva	00:24:26	00:49:42	00:49:32	1788		Senior	56	00:04:32:01	2743
1690	8533	Sérgio Barros	00:23:14	00:49:42	00:49:38	1822		V50	167	00:04:34:63	2878
1691	5044	Hugo Cruz	00:25:15	00:49:43	00:49:00	1656		V45	248	00:04:08:48	1518
1692	6491	José Relvas	00:25:37	00:49:43	00:49:30	1785	CCD Sintrense	V55	95	00:04:10:24	1607



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1693	4663	Pedro Antunes	00:24:57	00:49:43	00:48:50	1606	Lets Gooo	V40	247	00:04:21:07	2183
1694	5019	Nélio Vieira	00:24:53	00:49:43	00:49:23	1756		Senior	465	00:04:04:34	1332
1695	8115	José Monteiro	00:24:10	00:49:43	00:49:38	1821		V55	96	00:04:30:40	2648
1696	4238	Pedro Santos	00:25:26	00:49:43	00:48:57	1635	Running from People and Society	Senior	466	00:04:31:00	2685
1697	614	Antonio Gomes	00:24:04	00:49:43	00:48:56	1633		V55	97	00:04:16:25	1922
1698	2487	Francisco Reis	00:24:45	00:49:43	00:48:56	1629		Senior	467	00:04:05:54	1385
1699	5804	Francisco Sanches-Osório	00:24:12	00:49:44	00:49:25	1766		V55	98	00:04:12:92	1738
1700	2403	Pedro Ferreira	00:23:46	00:49:44	00:49:40	1829	Clube Novo Banco	V50	168	00:04:21:57	2214
1701	1176	Kirsten Duvall	00:25:01	00:49:44	00:48:59	1648		V55	3	00:04:11:27	1657
1702	1403	Frederico Madeira	00:25:18	00:49:45	00:48:54	1622		Senior	468	00:04:22:68	2260
1703	6536	Ricardo Ramos	00:24:50	00:49:45	00:49:07	1674		V45	249	00:04:26:95	2478
1704	6692	Pedro Silva	00:24:17	00:49:46	00:49:37	1815		V35	247	00:04:05:35	1379
1705	381	Bruno Soares	00:24:21	00:49:46	00:49:27	1767		V35	248	00:03:55:18	954
1706	1690	Hugo Marques	00:27:59	00:49:47	00:49:24	1759		Senior	469	00:03:40:97	506
1707	6790	Afonso Rodrigues	00:25:11	00:49:47	00:49:30	1784		V45	250	00:04:07:98	1488
1708	5497	José Massena	00:23:30	00:49:47	00:49:32	1789	Treino no Park	V35	249	00:04:23:99	2324
1709	6602	Guilherme Nogueira	00:24:06	00:49:48	00:49:31	1786		Senior	470	00:04:16:76	1954
1710	9494	Carlos Lopes	00:25:16	00:49:48	00:49:14	1722		V40	248	00:04:19:88	2109
1711	3254	Daniela Carrico	00:25:10	00:49:49	00:49:33	1795		Senior	57	00:04:21:00	2175



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1712	6444	Hugo Pereira	00:24:34	00:49:49	00:49:23	1751	Bobadelas Running Team	V40	249	00:04:03:26	1271
1713	9839	Antonio Lavajo	00:24:52	00:49:49	00:49:13	1712	GRCD Leião	V45	251	00:04:32:43	2768
1714	2414	Fernando Primo	00:24:22	00:49:49	00:49:17	1735	Clube Novo Banco	V50	169	00:04:11:42	1663
1715	6530	André Palma	00:25:06	00:49:49	00:49:09	1684		Senior	471	00:04:15:84	1894
1716	11153	Pedro Pereira	00:25:07	00:49:50	00:49:11	1693		V45	252	00:04:20:76	2162
1717	9816	Lourenço Saraiva	00:25:01	00:49:50	00:48:59	1654		V35	250	00:04:16:39	1928
1718	9599	Jorge Completo	00:25:49	00:49:50	00:49:09	1683		Senior	472	00:04:02:17	1224
1719	2555	Alexandre Sandinha	00:25:25	00:49:50	00:49:42	1838	Run & Win[e]	V35	251	00:04:15:95	1903
1720	10655	Vicente Oliveira	00:24:53	00:49:50	00:48:20	1498		Senior	473	00:04:13:11	1752
1721	3322	Eduardo Caraça	00:24:08	00:49:51	00:49:08	1676		V50	170	00:04:16:87	1960
1722	9652	Maria Lourenço	00:24:36	00:49:51	00:49:48	1867		Senior	58	00:04:32:37	2765
1723	539	Gonçalo Lopes	00:25:01	00:49:51	00:49:50	1879		Senior	474	00:04:08:62	1530
1724	1102	Bruno Rothstein	00:24:39	00:49:52	00:49:21	1744		V40	250	00:04:18:73	2054
1725	10422	Pedro Santos	00:24:23	00:49:52	00:49:44	1850		V45	253	00:04:30:66	2666
1726	5166	Paulo Leandro	00:24:31	00:49:52	00:49:21	1746		V45	254	00:04:26:93	2475
1727	10979	Filipe Graça	00:23:29	00:49:52	00:49:48	1868		V45	255	00:04:25:14	2374
1728	1543	Bárbara Abreu	00:25:06	00:49:52	00:49:38	1817	Run Tejo - Prevent Sprain	Senior	59	00:03:57:07	1026
1729	9772	Alexandre Sousa	00:24:33	00:49:53	00:49:06	1671		Senior	475	00:04:19:06	2064
1730	4824	Helder Bonaparte	00:24:38	00:49:53	00:49:30	1780		V45	256	00:04:21:36	2203



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1731	6615	Alexandra Silveira	00:24:21	00:49:53	00:49:23	1750		V40	19	00:04:34:51	2866
1732	9005	Diogo Silva	00:25:13	00:49:53	00:49:25	1763	Outsystems Olímpico de Oeiras	V50	171	00:04:23:52	2300
1733	3344	Bruno Raposo	00:25:02	00:49:53	00:49:23	1757		V45	257	00:04:24:42	2342
1734	8179	Mariana Duarte	00:23:59	00:49:53	00:49:18	1739	OntriSports	V35	23	00:04:16:45	1932
1735	8596	Cristiano Castro	00:25:13	00:49:53	00:49:22	1748		V45	258	00:04:17:76	2006
1736	6596	Mário Feteira	00:25:10	00:49:54	00:49:13	1710		V45	259	00:04:12:19	1690
1737	5329	Fernando Palma	00:25:07	00:49:54	00:49:29	1776		V45	260	00:04:15:85	1896
1738	3105	Inês Malveiro	00:25:02	00:49:54	00:49:12	1700		Senior	60	00:04:17:46	1984
1739	409	Nuno Almeida	00:24:08	00:49:54	00:49:35	1806		V45	261	00:04:18:30	2031
1740	3357	Patrícia Nunes	00:25:12	00:49:54	00:49:29	1778	SlimTyThree	V40	20	00:04:14:08	1799
1741	3591	Marco Santos	00:23:00	00:49:54	00:49:48	1864		V35	252	00:04:46:40	3544
1742	2366	João Ramos	00:24:40	00:49:55	00:49:16	1728	Clube Novo Banco	V50	172	00:04:11:37	1662
1743	408	Rui Marques	00:24:09	00:49:55	00:49:36	1809		V50	173	00:04:19:14	2066
1744	533	Jorge Timóteo	00:25:19	00:49:55	00:49:11	1695		V45	262	00:04:07:62	1469
1745	6387	Marcelo Azevedo	00:25:29	00:49:55	00:48:58	1641		Senior	476	00:04:11:30	1659
1746	3928	Alexandre Sousa	00:24:52	00:49:55	00:49:21	1745		V50	174	00:04:15:84	1895
1747	6071	Michael Cashmore	00:25:08	00:49:56	00:49:02	1662		V35	253	00:04:21:03	2179
1748	7347	Ricardo Moniz	00:24:10	00:49:56	00:49:54	1896	MONIZES	V35	254	00:04:11:99	1683
1749	3529	Luis Martins	00:25:03	00:49:56	00:49:45	1852		V35	255	00:04:31:27	2700



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1750	3271	Melody Ibanez	00:24:07	00:49:56	00:49:51	1884		Senior	61	00:04:18:17	2023
1751	1607	Ana Marques	00:24:45	00:49:56	00:49:15	1725	Clube Millennium BCP	V60	2	00:04:11:65	1669
1752	2703	Pedro Costa	00:24:48	00:49:56	00:49:23	1755		V35	256	00:04:16:82	1958
1753	9665	Lourenço Araújo	00:25:15	00:49:56	00:48:52	1611	Rockets Caramelos	Senior	477	00:04:13:59	1772
1754	781	Paulo Costa	00:24:05	00:49:56	00:49:27	1768		V35	257	00:04:21:46	2209
1755	5284	Noémia Sequeira	00:25:01	00:49:57	00:49:17	1733	SS CGD	V55	4	00:04:24:24	2333
1756	8614	Alberto Amaro	00:23:56	00:49:57	00:49:57	1906		V40	251	00:04:18:78	2056
1757	268	Ines Tome	00:25:25	00:49:57	00:49:09	1686	Lebres do Oeste	V40	21	00:04:04:15	1319
1758	1119	Miguel Grilo	00:24:34	00:49:57	00:49:31	1787		Junior	44	00:04:13:50	1765
1759	5836	Filomena Santos	00:24:35	00:49:57	00:49:40	1831		V45	19	00:04:24:36	2338
1760	10856	Romao Moita	00:24:56	00:49:57	00:49:42	1839	Limited Edition Team	V60	38	00:04:16:68	1947
1761	5274	Carlos Leitão	00:25:00	00:49:57	00:49:18	1737	SS CGD	V60	39	00:04:08:64	1531
1762	1713	Nivaldo Oliveira	00:25:03	00:49:57	00:49:38	1820		V50	175	00:03:49:48	723
1763	3372	Carla Ramos	00:24:23	00:49:57	00:49:40	1830		V45	20	00:04:20:53	2144
1764	6547	Ricardo Faria	00:24:36	00:49:57	00:49:40	1833		V45	263	00:04:23:94	2321
1765	1047	Luis Semedo	00:24:26	00:49:58	00:49:15	1726	ADNO - NucleOeiras	V40	252	00:04:14:84	1843
1766	6514	João Marques	00:24:36	00:49:58	00:49:42	1841		V50	176	00:04:24:68	2355
1767	5910	Pedro Lebre	00:24:59	00:49:59	00:49:30	1779		V35	258	00:04:03:31	1274
1768	981	Tomás Monteiro	00:23:51	00:49:59	00:49:48	1866		Senior	478	00:04:25:06	2369



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1769	726	Anibal Costa	00:23:50	00:49:59	00:49:33	1798		V50	177	00:04:03:39	1278
1770	9023	Mariana Monteiro	00:25:35	00:49:59	00:49:13	1707	Outsystems Olímpico de Oeiras	Senior	62	00:04:20:92	2172
1771	2304	Tiago Matias	00:24:43	00:50:00	00:49:10	1690		V40	253	00:04:20:73	2160
1772	4668	Ricardo Luz	00:25:00	00:50:00	00:49:30	1781	Nesha Hop & Run Team	Senior	479	00:04:20:53	2145
1773	7857	Winnie Picoto	00:24:23	00:50:00	00:49:59	1917		V45	21	00:04:21:82	2224
1774	4158	Pierre Baccon	00:23:54	00:50:01	00:49:46	1856		V35	259	00:04:22:29	2245
1775	660	António Carvalheiro	00:25:50	00:50:01	00:49:13	1715		Senior	480	00:04:13:91	1788
1776	9623	Murillo Lima	00:25:35	00:50:01	00:49:06	1672		Senior	481	00:04:15:74	1891
1777	10424	Carla Pereira	00:26:09	00:50:02	00:49:01	1659		V35	24	00:03:55:11	950
1778	6453	Luis Batalha	00:25:29	00:50:03	00:49:51	1886		Senior	482	00:04:09:50	1576
1779	8145	Diogo Barata	00:23:34	00:50:03	00:49:55	1899	OntriSports	V40	254	00:04:10:25	1608
1780	9329	Daniel Rodrigues	00:25:12	00:50:03	00:49:20	1743	Clube Accenture	V35	260	00:04:13:53	1768
1781	4842	Ricardo Nascimento	00:25:02	00:50:03	00:49:51	1885		Senior	483	00:04:27:02	2485
1782	196	Nuno Santos	00:25:13	00:50:04	00:49:25	1765	Gang do Licor	V45	264	00:04:15:40	1873
1783	182	Ana Cruz	00:25:12	00:50:04	00:49:49	1876		Senior	63	00:04:09:23	1562
1784	1061	Benjamim López	00:24:11	00:50:04	00:49:43	1845		V45	265	00:04:34:60	2871
1785	8302	Sávio Rodrigues	00:23:37	00:50:04	00:49:49	1871		Senior	484	00:04:18:30	2030
1786	8471	Mauro Santos	00:23:22	00:50:05	00:50:01	1926	Line Ups!	V35	261	00:04:29:28	2589
1787	562	Ricardo Dinis	00:24:39	00:50:05	00:49:39	1828	correr Loures	V35	262	00:04:10:56	1619



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1788	9169	Francisco Castro	00:24:25	00:50:05	00:49:34	1801	Alentexas	Senior	485	00:04:20:71	2157
1789	1928	Jorge Serejo	00:24:00	00:50:05	00:49:44	1847		V35	263	00:04:17:77	2008
1790	5609	Miguel Amado	00:23:35	00:50:06	00:50:00	1921	Clube Brisa	Senior	486	00:04:27:39	2502
1791	10576	Domingos Gato	00:25:14	00:50:06	00:49:15	1723	Linda-a-Pastora Sporting Clube	V50	178	00:04:12:31	1699
1792	4216	Marcelo Xavier	00:25:24	00:50:06	00:49:16	1730		V40	255	00:04:15:72	1890
1793	5994	Evandro Maria	00:25:16	00:50:06	00:49:24	1761		V35	264	00:04:09:35	1571
1794	10974	Miguel Rodrigues	00:27:46	00:50:06	00:46:50	1179		Junior	45	00:03:49:06	713
1795	1661	Fernando Fernandes	00:25:01	00:50:06	00:49:38	1819	APOGMA	V60	40	00:04:18:15	2021
1796	220	Carlos Correia	00:24:47	00:50:06	00:49:38	1818		V55	99	00:04:16:84	1959
1797	7018	Pedro Vicente	00:24:46	00:50:07	00:49:29	1773	Salesianos	V50	179	00:04:20:33	2130
1798	7190	Estevão Marques	00:24:17	00:50:07	00:49:57	1908		V55	100	00:04:17:80	2011
1799	1113	Nuno Cortes	00:25:10	00:50:07	00:49:36	1813		V50	180	00:04:12:93	1739
1800	564	Francisco Gama	00:24:55	00:50:08	00:49:43	1844	correr Loures	V55	101	00:04:10:12	1604
1801	2809	Vasco Ascensão	00:24:25	00:50:08	00:50:01	1923	CDCR DOS CTT	V50	181	00:04:24:98	2363
1802	11054	Harry Hutton	00:26:11	00:50:08	00:49:33	1792		Senior	487	00:03:50:03	753
1803	5818	Sandra Cunha	00:25:20	00:50:09	00:49:11	1696	Fénix	Senior	64	00:04:06:09	1408
1804	2507	João Lourenço	00:25:41	00:50:09	00:49:45	1853		Junior	46	00:04:18:21	2025
1805	8535	João Nunes	00:24:37	00:50:09	00:49:38	1823		V40	256	00:04:14:57	1832
1806	5640	João Godinho	00:24:29	00:50:10	00:49:13	1713		Senior	488	00:04:26:11	2427



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1807	2331	João Rego	00:25:17	00:50:11	00:49:35	1807		V50	182	00:04:32:37	2763
1808	8721	Filipe Côrte-Real	00:24:40	00:50:11	00:49:49	1873	CCD Tranquilidade	Senior	489	00:04:26:06	2423
1809	3667	Afonso Sousa	00:24:05	00:50:11	00:49:37	1816		Junior	47	00:04:10:45	1612
1810	2759	Bruno Amaro	00:25:16	00:50:11	00:49:48	1865		V40	257	00:04:19:20	2071
1811	7981	Miguel Abrantes	00:25:17	00:50:11	00:49:29	1775		V45	266	00:04:13:99	1794
1812	9002	Carlos	00:24:57	00:50:11	00:49:23	1754	Outsystems Olímpico de Oeiras	V55	102	00:04:16:36	1925
1813	10773	Carlos Folgado	00:24:46	00:50:11	00:49:52	1888		V60	41	00:04:27:81	2522
1814	4143	Jose Wanzeller	00:25:06	00:50:11	00:49:35	1802		V45	267	00:04:12:64	1718
1815	2794	Flávio Dambi	00:25:08	00:50:11	00:49:46	1855		V40	258	00:04:06:10	1409
1816	3919	Nuno Madeira	00:24:03	00:50:12	00:49:53	1891	A-Team	V35	265	00:04:31:92	2739
1817	1938	José Moreira	00:24:47	00:50:12	00:49:56	1902		V65	10	00:04:17:49	1985
1818	55	Pedro Santos	00:24:16	00:50:12	00:49:36	1812		V35	266	00:04:24:04	2326
1819	7471	Bruno Afonso	00:23:37	00:50:12	00:49:41	1837	Atlético Clube Tostinhas	V35	267	00:04:42:94	3331
1820	7722	Alison Santos	00:24:52	00:50:12	00:50:06	1947		V40	259	00:04:22:92	2270
1821	8874	João Baía	00:24:41	00:50:12	00:49:34	1800		V45	268	00:04:14:94	1848
1822	7391	Bernardo Antunes	00:25:16	00:50:12	00:49:30	1782		Senior	490	00:04:14:48	1829
1823	6200	Rodrigo Mendes	00:23:35	00:50:13	00:50:09	1960		Junior	48	00:04:08:57	1525
1824	3610	Pedro Gaspar	00:25:08	00:50:13	00:49:19	1740	MIMOS	V45	269	00:04:16:21	1916
1825	1877	Henrique Adrega	00:25:00	00:50:14	00:49:39	1826	Clube Atletismo Amigos de Belém	V70	1	00:04:12:52	1709





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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1826	6874	Luiz Freire	00:24:41	00:50:14	00:50:08	1955		V60	42	00:04:24:99	2365
1827	11304	Tommaso Mazzocchi	00:23:43	00:50:15	00:49:48	1869		V40	260	00:04:40:54	3202
1828	4427	José Júnior	00:24:30	00:50:15	00:49:46	1857		V35	268	00:04:32:28	2757
1829	833	Pedro Silva	00:23:26	00:50:15	00:50:07	1951		V40	261	00:04:31:83	2735
1830	10923	Fábio Gomes	00:24:58	00:50:15	00:49:46	1859		Senior	491	00:04:37:18	3025
1831	11041	Anthony Hutton	00:25:58	00:50:15	00:49:38	1824		V55	103	00:03:56:05	995
1832	5778	Jorge Sebastião	00:26:05	00:50:16	00:49:35	1804		V45	270	00:04:12:43	1704
1833	440	Luis Morais	00:24:53	00:50:16	00:49:44	1846		V50	183	00:04:16:74	1952
1834	10333	Pedro Mata	00:25:36	00:50:16	00:49:42	1840		V55	104	00:04:01:52	1205
1835	9566	Joel Martins	00:24:03	00:50:16	00:50:02	1929		V35	269	00:04:16:38	1926
1836	8616	Mendonca Filipe	00:25:13	00:50:16	00:49:49	1872		V50	184	00:04:31:76	2730
1837	2705	João Bettencourt	00:25:29	00:50:16	00:49:14	1719		V40	262	00:04:15:99	1905
1838	951	Rui Rodrigues	00:24:58	00:50:16	00:50:05	1942		V45	271	00:04:24:92	2360
1839	11249	Chandramouli Ramamoorthy	00:24:27	00:50:16	00:49:52	1889		V45	272	00:04:06:99	1441
1840	2157	Sofia Leite	00:26:17	00:50:16	00:49:05	1668	Leite	V40	22	00:04:03:69	1296
1841	552	Filipe Lino	00:24:12	00:50:17	00:49:36	1810	Ativo Team Running   Correr na Vila	Senior	492	00:04:42:74	3324
1842	4830	João Pereira	00:23:38	00:50:17	00:49:53	1893		Senior	493	00:04:41:99	3285
1843	4484	Rita Antunes	00:24:47	00:50:17	00:49:46	1858		V40	23	00:04:18:41	2038
1844	11038	Eugenio Neto	00:25:36	00:50:18	00:49:28	1771		V35	270	00:04:14:45	1827



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1845	8354	Diogo Oliveira	00:23:43	00:50:18	00:49:40	1832		Senior	494	00:04:28:85	2570
1846	2672	Nuno Pitta	00:24:59	00:50:18	00:50:00	1920		V50	185	00:04:18:75	2055
1847	5772	Miguel Coelho	00:24:35	00:50:18	00:50:07	1953		V65	11	00:04:17:24	1974
1848	2305	José Santos	00:24:04	00:50:18	00:50:16	1991		V50	186	00:04:08:33	1510
1849	2600	Susana Espada	00:25:13	00:50:19	00:49:39	1827	Bombeiros Voluntários de Montemor-o-Novo	V35	25	00:04:16:90	1963
1850	6762	Pedro Leitão	00:25:11	00:50:19	00:49:43	1842		V35	271	00:04:20:43	2135
1851	3790	Nuno Augusto	00:24:41	00:50:19	00:49:47	1863	Clube Millennium BCP	V40	263	00:04:16:22	1917
1852	1288	Ivo Hamard	00:24:46	00:50:19	00:49:58	1912	Dói-me um rim	Junior	49	00:04:24:60	2351
1853	3293	Joao Boa	00:25:13	00:50:20	00:49:50	1878		Senior	495	00:04:17:11	1965
1854	3502	Luis Almeida	00:24:24	00:50:20	00:49:56	1901		V35	272	00:05:02:34	4397
1855	7406	Décio Andrade	00:24:38	00:50:20	00:49:54	1895	CUA Benaventense - 3B Triatlo	V35	273	00:04:22:78	2263
1856	2064	Ricardo Marques	00:24:58	00:50:20	00:49:58	1911	CCD Crédito Agrícola Mútuo	V40	264	00:04:03:65	1294
1857	3114	Mafalda Marques	00:25:00	00:50:20	00:50:02	1930	LB SQUAD	Senior	65	00:04:19:60	2090
1858	659	Tiago Roxo	00:24:42	00:50:21	00:49:59	1913		V35	274	00:04:23:48	2298
1859	9822	Andre Rodrigues	00:25:45	00:50:21	00:49:32	1791		Senior	496	00:04:23:28	2279
1860	8781	Diogo Fernandes	00:24:05	00:50:21	00:49:59	1916		Senior	497	00:04:33:39	2810
1861	9380	Rafael Diogo	00:23:45	00:50:21	00:49:47	1861		Senior	498	00:04:57:45	4097
1862	6560	Joao Franco	00:25:08	00:50:21	00:50:15	1985		V40	265	00:04:24:64	2352
1863	4079	Paulo Vasconcelos	00:25:36	00:50:21	00:49:35	1803	Outsystems Olímpico de Oeiras	V55	105	00:04:22:08	2231



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1864	10799	Acácio Clemente	00:25:09	00:50:22	00:49:41	1836		V55	106	00:04:30:49	2659
1865	7736	Rute Gomes	00:24:05	00:50:22	00:50:19	2001	CAPenafirme	V40	24	00:04:24:37	2340
1866	10246	Antonio Silva	00:24:56	00:50:22	00:50:14	1977		V45	273	00:04:16:07	1906
1867	6492	Augusto Aguiar	00:24:56	00:50:22	00:50:13	1974	CCD Sintrense	V65	12	00:04:13:96	1790
1868	3924	Nuno Vinha	00:25:44	00:50:22	00:49:53	1892		V45	274	00:04:11:75	1671
1869	8505	Vitor Augusto	00:24:42	00:50:23	00:49:50	1880		V50	187	00:04:21:47	2211
1870	7390	Carlos Ramos	00:25:16	00:50:23	00:49:41	1834		Senior	499	00:04:24:81	2357
1871	1553	Manuel Soares	00:23:52	00:50:23	00:50:06	1950		V55	107	00:04:12:40	1702
1872	9724	Luis Meirinhos	00:25:15	00:50:24	00:49:36	1814		V45	275	00:04:25:31	2387
1873	1365	Fernando Nobre	00:25:16	00:50:24	00:49:45	1854		V50	188	00:04:19:81	2106
1874	6211	Lina Lopes	00:24:28	00:50:24	00:50:18	1997	GDCTINCM	V40	25	00:04:41:32	3248
1875	8981	Marisa Sousa	00:25:16	00:50:24	00:49:51	1882		Senior	66	00:04:26:07	2424
1876	10981	Arturo Rodrigues	00:25:18	00:50:24	00:49:33	1793		V35	275	00:04:14:65	1836
1877	205	Luis Loureiro	00:24:49	00:50:24	00:49:36	1811		V40	266	00:04:27:66	2515
1878	4130	Silvio Salvador	00:25:27	00:50:25	00:50:03	1932		V45	276	00:03:57:80	1062
1879	6012	Filipe Cruz	00:24:04	00:50:25	00:50:20	2008	Equipa Sonho Trambolhos Maravilhosos	V40	267	00:04:41:03	3234
1880	5441	Marco Cardoso	00:25:08	00:50:25	00:49:55	1900		V50	189	00:04:17:39	1980
1881	2098	João Amaral	00:27:15	00:50:26	00:47:19	1269		Senior	500	00:03:53:82	900
1882	3505	Carlos Antunes	00:25:29	00:50:26	00:50:16	1988		V45	277	00:04:35:42	2922



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1883	6599	Sérgio Franklim	00:25:27	00:50:26	00:50:05	1944		V40	268	00:03:59:84	1134
1884	10965	Ismael Teixeira	00:24:55	00:50:26	00:49:53	1890		V45	278	00:04:09:22	1561
1885	9666	Sérgio Maquinista	00:25:39	00:50:27	00:49:59	1914	G.D.C.T. Repsol Polímeros	V35	276	00:04:15:78	1892
1886	5943	Alicia Koegel	00:24:44	00:50:27	00:50:24	2027		Senior	67	00:04:32:78	2783
1887	8543	Lucio Sabino	00:27:01	00:50:27	00:48:23	1511		V35	277	00:04:05:86	1401
1888	10372	Isabel Raposo	00:24:21	00:50:27	00:50:18	1998		Senior	68	00:04:29:84	2619
1889	8313	Mário Barros	00:25:07	00:50:27	00:49:48	1870		V50	190	00:04:25:36	2392
1890	10465	Nuno Pisco	00:27:19	00:50:27	00:48:32	1550		V35	278	00:03:44:00	588
1891	8827	Matilde Cortez	00:24:50	00:50:27	00:50:25	2033		Senior	69	00:04:19:55	2085
1892	6450	Jorge Dias	00:26:53	00:50:27	00:48:55	1624		Senior	501	00:04:07:19	1448
1893	3557	João Silva	00:24:49	00:50:27	00:49:58	1910		Senior	502	00:04:11:98	1682
1894	4976	Délio Raimundo	00:24:58	00:50:28	00:49:57	1905	CAPenafirme	V40	269	00:04:34:58	2869
1895	1542	Tiago Seabra	00:26:31	00:50:28	00:49:36	1808		Senior	503	00:03:51:53	814
1896	8201	Rui Carvalho	00:25:50	00:50:28	00:49:51	1881	OntriSports	V50	191	00:04:15:22	1859
1897	5122	Pedro Batista	00:27:25	00:50:29	00:47:58	1420		Senior	504	00:04:00:37	1156
1898	10054	Renato Lopes	00:24:50	00:50:29	00:49:47	1860		V40	270	00:04:12:23	1692
1899	4709	Bruno Príncipe	00:25:38	00:50:29	00:49:07	1675		Senior	505	00:04:10:56	1620
1900	5813	Jose Magalhaes	00:25:34	00:50:30	00:49:44	1848		V55	108	00:04:19:18	2068
1901	2202	Pedro Miguel	00:23:50	00:50:30	00:50:06	1949	Os Gazelas	Senior	506	00:04:44:94	3473



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1902	4868	Afonso Costa	00:25:15	00:50:31	00:50:11	1967		Junior	50	00:03:55:70	981
1903	6934	Helder Saraiva	00:24:58	00:50:31	00:50:11	1969	HS DECOR	V50	192	00:04:24:48	2346
1904	3088	Tomás Bogalho	00:24:20	00:50:31	00:50:16	1989	Juan Carlos Grupo	Senior	507	00:04:28:11	2534
1905	4178	António Rocha	00:25:46	00:50:31	00:49:33	1796	G.D.R. São Francisco da Serra	Junior	51	00:04:15:54	1880
1906	100	Raquel Coimbra	00:24:31	00:50:31	00:50:30	2045	Insane Évora Team	Senior	70	00:04:33:39	2809
1907	1203	Gonzalo Gil	00:26:11	00:50:32	00:49:35	1805		V40	271	00:04:11:90	1679
1908	3420	Jorge Sousa	00:24:47	00:50:32	00:50:07	1952	Serviços Sociais Montepio	V50	193	00:04:18:93	2059
1909	3625	Vera Silva	00:24:38	00:50:32	00:50:19	2005		Senior	71	00:04:25:43	2394
1910	4142	Gonçalo Pereira	00:25:53	00:50:32	00:50:08	1957		V40	272	00:04:11:87	1678
1911	2031	João Estevão	00:24:31	00:50:33	00:50:03	1933		V40	273	00:04:29:69	2608
1912	11246	Paula Lluch	00:25:11	00:50:33	00:50:01	1925		Senior	72	00:04:32:71	2780
1913	3597	Rogério Dias	00:24:52	00:50:33	00:50:30	2046		V45	279	00:04:13:35	1762
1914	11109	Marco Dias	00:24:52	00:50:34	00:50:31	2051		V50	194	00:04:12:66	1719
1915	10037	Sérgio Valente	00:25:04	00:50:34	00:50:02	1928		V45	280	00:04:26:67	2461
1916	9573	Wlysses Almeida	00:23:27	00:50:34	00:50:22	2019		V35	279	00:04:27:22	2493
1917	10071	Jose Granjo	00:28:12	00:50:34	00:47:05	1218		Senior	508	00:03:35:82	397
1918	11025	Ricardo Saleiro	00:24:48	00:50:35	00:50:26	2037		V35	280	00:04:21:40	2204
1919	11209	António Lopes	00:24:11	00:50:36	00:50:18	1999		V55	109	00:04:22:60	2257
1920	9207	Bernardo Magina	00:24:30	00:50:36	00:50:34	2062	CF Os Belenenses	Senior	509	00:04:23:50	2299



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1921	7574	Gonçalo Martins	00:25:40	00:50:36	00:49:45	1851		Senior	510	00:04:31:72	2726
1922	10292	Jose Granate	00:24:48	00:50:37	00:50:27	2041		Senior	511	00:04:22:23	2242
1923	3284	Antonio Nogueira	00:24:35	00:50:37	00:50:04	1941		V50	195	00:04:30:07	2631
1924	862	Joaquim Vaz	00:24:26	00:50:37	00:50:37	2075		V45	281	00:04:26:99	2481
1925	1052	Bruno Figueiredo	00:25:42	00:50:37	00:50:00	1919		Senior	512	00:04:08:62	1529
1926	392	Leandro Lopes	00:25:16	00:50:37	00:49:51	1883		Senior	513	00:04:19:86	2108
1927	5886	Gonçalo Santos	00:25:37	00:50:38	00:50:18	1994	AnimaT	V35	281	00:04:21:49	2212
1928	8446	David Brites	00:26:50	00:50:38	00:50:03	1936		Senior	514	00:04:03:76	1300
1929	7499	Dora Figueiredo	00:25:41	00:50:38	00:50:08	1956	Be Running	Senior	73	00:04:17:35	1979
1930	8701	Ana Costa	00:25:49	00:50:38	00:50:02	1927		V35	26	00:04:12:58	1716
1931	8234	Rogério Rodrigues	00:25:02	00:50:38	00:50:06	1948		V40	274	00:04:14:48	1828
1932	9266	Tiago Lousa	00:24:31	00:50:38	00:50:38	2081		V35	282	00:04:27:24	2496
1933	2034	Diogo Silva	00:24:41	00:50:39	00:49:57	1903		Senior	515	00:04:58:72	4177
1934	9210	José Massaça	00:24:31	00:50:39	00:50:38	2079	CF Os Belenenses	V50	196	00:04:27:91	2529
1935	413	Jorge Neto	00:25:17	00:50:39	00:50:05	1943		V55	110	00:04:15:48	1878
1936	4724	Sara Duarte	00:25:31	00:50:39	00:49:24	1758	Be Running	V35	27	00:04:19:24	2072
1937	8431	Ana Nunes	00:25:11	00:50:39	00:49:44	1849		Senior	74	00:04:26:29	2437
1938	9211	Horácio Oliveira	00:24:31	00:50:39	00:50:38	2080	CF Os Belenenses	V45	282	00:04:28:24	2544
1939	1539	Carlos Tomé	00:25:14	00:50:39	00:49:57	1904		V55	111	00:04:14:18	1812



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1940	595	Miguel Barbas	00:25:43	00:50:40	00:50:21	2016		V45	283	00:04:14:19	1813
1941	11068	Valter Pereira	00:28:27	00:50:40	00:47:53	1394		V45	284	00:03:42:01	526
1942	8658	Nelson Evora	00:26:00	00:50:41	00:50:16	1987		V45	285	00:04:32:88	2789
1943	6379	João Nunes	00:25:29	00:50:41	00:50:19	2000		Senior	516	00:04:22:08	2233
1944	7483	Ivandro Monteiro	00:25:00	00:50:41	00:50:24	2029		V40	275	00:04:15:25	1860
1945	9180	Adriana Esmein	00:25:31	00:50:42	00:49:47	1862		Senior	75	00:04:12:70	1722
1946	5088	Raquel Chitas	00:24:19	00:50:42	00:50:25	2032	Grupo Desportivo Santander Totta	V40	26	00:04:45:00	3477
1947	4662	Mário Lúcio	00:25:39	00:50:42	00:49:49	1877	Lets Gooo	V55	112	00:04:14:88	1845
1948	9448	Rui Miranda	00:25:13	00:50:42	00:50:00	1918		V40	276	00:04:22:37	2247
1949	6451	Adair Bandeira	00:27:21	00:50:43	00:49:54	1897		Junior	52	00:03:35:82	398
1950	7249	Raquel Alves	00:25:51	00:50:43	00:49:57	1907	GDC Banco de Portugal	Senior	76	00:04:20:87	2167
1951	7932	Rafael Ferreira	00:25:28	00:50:43	00:50:06	1946	Ativo Team Running   Correr na Vila	Senior	517	00:04:27:06	2487
1952	6996	André Agostinho	00:25:13	00:50:43	00:50:14	1975		Senior	518	00:04:27:33	2500
1953	4077	Tiago Marques	00:24:45	00:50:44	00:50:09	1959		V40	277	00:04:34:00	2835
1954	3379	António Pinheiro	00:24:01	00:50:45	00:50:43	2099		V55	113	00:04:30:24	2640
1955	6634	Ana Sampaio	00:24:42	00:50:45	00:50:06	1945		Senior	77	00:04:46:04	3527
1956	2704	Evandro López	00:25:14	00:50:45	00:50:10	1964	Linda-a-Pastora Sporting Clube	V40	278	00:04:13:77	1779
1957	5353	Ricardo Suzano	00:26:15	00:50:45	00:50:35	2067	Associação Cultural e Recreativa da Mealhada	V35	283	00:03:59:53	1123
1958	10325	Rui Guerra	00:25:15	00:50:45	00:50:22	2018		V40	279	00:04:17:55	1989



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1959	10364	André Pita	00:24:14	00:50:46	00:50:42	2095		Senior	519	00:04:34:04	2838
1960	9450	António Pinto	00:25:27	00:50:46	00:49:58	1909		V60	43	00:04:14:09	1800
1961	5341	Fernando Domingues	00:24:24	00:50:47	00:50:44	2102		V45	286	00:04:13:31	1760
1962	5624	Pedro Esparteiro	00:24:59	00:50:47	00:50:14	1978		V45	287	00:04:34:90	2895
1963	661	Rita Certã	00:24:58	00:50:47	00:50:11	1966		V45	22	00:04:16:54	1936
1964	2430	Pedro Simão	00:25:31	00:50:47	00:50:18	1995	DXC Triamazing	V55	114	00:04:21:43	2207
1965	4893	Andre Martins	00:24:27	00:50:47	00:50:36	2068	Bananos	V35	284	00:04:25:09	2373
1966	9039	Tiago Leão	00:28:05	00:50:47	00:47:55	1406	Outsystems Olímpico de Oeiras	Senior	520	00:04:01:12	1189
1967	4626	Luis Reis	00:24:49	00:50:47	00:50:43	2098	MASTERS RUNNERS	V45	288	00:04:26:91	2474
1968	4627	Ligia Reis	00:24:49	00:50:47	00:50:44	2100	MASTERS RUNNERS	V50	7	00:04:27:02	2483
1969	1402	Cristiano Rodrigues	00:25:14	00:50:48	00:50:37	2076		V35	285	00:04:19:82	2107
1970	9874	Miguel Lobo	00:25:04	00:50:48	00:50:46	2107		V50	197	00:04:15:15	1852
1971	7971	Tiago Santos	00:25:12	00:50:48	00:50:19	2002		Senior	521	00:04:18:15	2022
1972	2264	Pedro Vitorino	00:25:01	00:50:48	00:50:16	1990		V45	289	00:04:36:04	2964
1973	7083	Luis Sançana	00:25:11	00:50:48	00:49:55	1898	Navigator Clube Setúbal	V40	280	00:04:29:42	2599
1974	7879	Manuel Braçadas	00:24:23	00:50:48	00:50:39	2082		Senior	522	00:04:38:00	3067
1975	6213	Pedro Serras	00:24:55	00:50:49	00:50:10	1962	Mobiliario com Historia	V50	198	00:04:19:89	2110
1976	6214	Paulo Correia	00:24:50	00:50:50	00:50:12	1971	Mobiliario com Historia	V50	199	00:04:17:65	1996
1977	10865	David Morazzo	00:24:16	00:50:50	00:50:34	2061		V35	286	00:04:36:80	3008





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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1978	4833	Ana Pereira	00:24:27	00:50:50	00:50:32	2054		V45	23	00:04:29:64	2605
1979	2608	Maria Malarranha	00:25:10	00:50:51	00:50:10	1963	Bombeiros Voluntários de Montemor-o-Novo	V45	24	00:04:21:09	2184
1980	10444	Pedro Charuto	00:26:33	00:50:51	00:47:44	1361		Senior	523	00:04:15:59	1883
1981	6421	Tânia Pinto	00:25:54	00:50:51	00:50:23	2023	Linda-a-Pastora Sporting Clube	V35	28	00:04:08:10	1495
1982	10774	Goncalo Martins	00:25:44	00:50:52	00:50:04	1940		V35	287	00:04:37:45	3036
1983	5306	Rui Albuquerque	00:24:22	00:50:52	00:50:49	2122		V50	200	00:04:37:70	3053
1984	10158	João Rosário	00:25:48	00:50:52	00:50:01	1924		V45	290	00:04:17:63	1994
1985	28	Madalena Luís	00:25:47	00:50:52	00:50:18	1996		Senior	78	00:04:19:56	2086
1986	5809	Tiliana Natalia	00:24:20	00:50:52	00:50:22	2021		Senior	79	00:04:18:62	2048
1987	10790	Henrique Martins	00:25:44	00:50:52	00:50:04	1939		V35	288	00:04:37:63	3050
1988	1281	Luis Reis	00:25:13	00:50:52	00:50:20	2010	CCD PM Cascais	V60	44	00:04:10:93	1642
1989	730	Frederico Eliseu	00:24:24	00:50:52	00:50:24	2030		V45	291	00:04:23:74	2309
1990	9940	Pedro Nunes	00:25:50	00:50:53	00:50:15	1982		V45	292	00:04:07:59	1467
1991	8695	Nuno Otero	00:25:57	00:50:53	00:50:12	1972		V50	201	00:04:06:80	1431
1992	2590	Sara Cristóvão	00:25:38	00:50:53	00:50:27	2039	Preto Rocha	V35	29	00:04:18:22	2026
1993	540	Jorge Carreiras	00:25:32	00:50:54	00:50:14	1979		V55	115	00:04:21:35	2202
1994	3403	Cláudia Madeira	00:25:38	00:50:54	00:50:20	2007		V40	27	00:04:12:47	1707
1995	1332	Cláudio Caseiro	00:25:38	00:50:54	00:50:20	2009		V45	293	00:04:12:94	1742
1996	8965	Gil Santos	00:25:48	00:50:54	00:50:03	1934	Guronsan Team do Oeste	V40	281	00:04:12:97	1745



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1997	8968	Íris Santos	00:25:48	00:50:54	00:50:03	1935	Guronsan Team do Oeste	Junior	14	00:04:12:97	1744
1998	7419	Pedro Chaves	00:25:59	00:50:55	00:50:13	1973	Os Golfinhos	V40	282	00:04:08:93	1541
1999	725	Oscar Rocha	00:25:39	00:50:55	00:50:20	2012		V60	45	00:04:12:95	1743
2000	6640	Leonor Silva	00:25:09	00:50:55	00:50:22	2020		V45	25	00:04:31:58	2718
2001	5185	Carla Simões	00:24:50	00:50:55	00:50:53	2138	CRC Marvila Jovem	V35	30	00:04:34:22	2846
2002	3780	José Marques	00:25:23	00:50:55	00:50:19	2006	Clube Millennium BCP	V50	202	00:04:12:71	1723
2003	1721	Sara Fulgêncio	00:25:41	00:50:56	00:50:38	2078		V45	26	00:04:15:97	1904
2004	7847	Carla Cantante	00:26:38	00:50:56	00:50:14	1976		V40	28	00:03:55:94	991
2005	706	João Pereira	00:25:26	00:50:57	00:50:20	2013	2600TR	Senior	524	00:04:18:26	2027
2006	10851	Hugo Borges	00:25:09	00:50:57	00:49:59	1915		V35	289	00:04:21:46	2210
2007	7699	Pedro Pinto	00:25:51	00:50:57	00:50:07	1954		V35	290	00:04:09:50	1577
2008	8720	Fernando Andrade	00:25:15	00:50:57	00:50:15	1984	CCD Tranquilidade	V65	13	00:04:16:22	1919
2009	10542	Goncalo Loureiro	00:26:18	00:50:57	00:50:15	1983		Senior	525	00:04:06:27	1417
2010	5765	Bruno Reis	00:24:52	00:50:58	00:50:45	2103		V40	283	00:04:14:91	1847
2011	3999	Rui Alves	00:25:08	00:50:58	00:50:27	2040		V50	203	00:04:33:76	2824
2012	3291	Catarina Afonso	00:25:13	00:50:58	00:50:46	2110		V40	29	00:04:13:01	1749
2013	4313	Peter Rix	00:26:25	00:50:59	00:50:17	1993		V50	204	00:04:07:53	1464
2014	4651	Ricardo Mano	00:24:21	00:50:59	00:50:54	2141	correr Loures	V40	284	00:04:23:42	2294
2015	2814	Tiago Rechau	00:25:38	00:50:59	00:49:53	1894	CDCR DOS CTT	Senior	526	00:04:48:31	3635



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2016	9533	Davide Rodrigues	00:24:42	00:51:01	00:50:31	2050		V50	205	00:04:37:11	3021
2017	5869	Leandro Neves	00:24:43	00:51:02	00:50:58	2154	ml sports	V45	294	00:04:28:05	2532
2018	10277	Susana Vicente	00:27:26	00:51:02	00:48:30	1538		Senior	80	00:04:16:55	1937
2019	10723	Filipe Marques	00:25:50	00:51:02	00:50:45	2105	Pull Up	Senior	527	00:04:10:05	1600
2020	4901	Lucas Praça	00:25:40	00:51:03	00:50:33	2058	Chinchila	Senior	528	00:04:24:06	2328
2021	11115	Jan Moeller	00:25:23	00:51:03	00:50:26	2035		V40	285	00:04:08:39	1514
2022	8943	Ricardo Pinto	00:24:17	00:51:03	00:50:48	2117		V45	295	00:04:40:97	3227
2023	3096	Rui Matos	00:25:38	00:51:03	00:50:17	1992	FMatos	V45	296	00:04:02:26	1229
2024	6732	Antonio Oliveira	00:25:05	00:51:03	00:50:35	2064		V70	2	00:04:47:79	3611
2025	2344	José Inácio	00:24:10	00:51:04	00:51:02	2171		V55	116	00:04:30:50	2661
2026	1235	António Fonseca	00:26:17	00:51:04	00:50:19	2003		V45	297	00:04:26:41	2445
2027	7222	Gustavo Clave	00:25:48	00:51:04	00:50:16	1986		V35	291	00:04:12:93	1740
2028	11212	Diogo Fonseca	00:26:44	00:51:04	00:49:13	1708		Senior	529	00:04:05:92	1404
2029	4545	Roberta Peçanha	00:25:48	00:51:04	00:50:54	2140		Senior	81	00:04:10:93	1644
2030	9721	Diogo Silva	00:24:49	00:51:05	00:50:36	2073		Senior	530	00:04:17:15	1971
2031	493	Vimal Meggi	00:25:53	00:51:05	00:50:29	2044	Carapaus de Corrida	V35	292	00:04:10:84	1634
2032	10018	Alvaro Silva	00:24:46	00:51:05	00:50:52	2132		Senior	531	00:04:29:23	2586
2033	9334	Paulo Campos	00:24:40	00:51:05	00:50:52	2133	Clube Accenture	V50	206	00:04:48:83	3663
2034	3810	Arlindo Deus	00:25:36	00:51:05	00:50:46	2109	Clube Millennium BCP	V70	3	00:04:31:44	2711



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2035	1163	Bradley Nehring	00:25:54	00:51:06	00:50:20	2011	Be Running	V55	117	00:04:12:91	1735
2036	6948	Paulo Moradias	00:25:01	00:51:06	00:50:49	2123	Casa do Benfica em Castelo Branco	V55	118	00:04:31:31	2702
2037	6136	Herbert Lopes	00:25:55	00:51:06	00:50:41	2093		Senior	532	00:04:17:28	1976
2038	6900	Nuno Oliveira	00:25:24	00:51:06	00:50:32	2057		V45	298	00:04:22:95	2271
2039	9850	Alvaro Miranda	00:24:59	00:51:06	00:50:42	2097	Bankinter	V50	207	00:04:27:99	2530
2040	2935	Bruno Valente	00:25:20	00:51:07	00:50:10	1965		V35	293	00:04:26:64	2459
2041	6812	Carolina Castro	00:25:30	00:51:07	00:50:23	2024		Senior	82	00:04:08:37	1512
2042	2589	Miguel Rocha	00:26:51	00:51:07	00:50:15	1980	Preto Rocha	V35	294	00:04:08:56	1523
2043	3318	André Leal	00:24:44	00:51:07	00:50:46	2108	GDC Banco de Portugal	Senior	533	00:04:01:31	1196
2044	6650	Daniela Alves	00:24:44	00:51:07	00:50:45	2106		Senior	83	00:04:01:48	1203
2045	8193	Pedro Queiroz	00:25:00	00:51:08	00:50:34	2060	OntriSports	V40	286	00:04:30:68	2668
2046	12982	5 Min/Km	00:25:13	00:51:09	00:50:48	2115		V35	295	00:05:10:21	4847
2047	7224	Diogo Silveiro	00:25:12	00:51:09	00:50:37	2074		Senior	534	00:03:51:56	818
2048	8117	Luis Delgado	00:26:00	00:51:09	00:50:04	1938		Senior	535	00:03:59:57	1125
2049	2435	Ana Martins	00:25:53	00:51:10	00:50:20	2014		Senior	84	00:04:25:17	2378
2050	448	João Nunes	00:27:06	00:51:10	00:49:18	1736		V40	287	00:03:58:10	1074
2051	3236	Mariana Pombinho	00:25:38	00:51:11	00:50:28	2043	Clube ANA Lisboa	Senior	85	00:04:26:38	2444
2052	6826	Sandro Carricho	00:25:16	00:51:11	00:51:06	2184		V35	296	00:04:08:12	1496
2053	7531	Daniel Nogueira	00:25:00	00:51:11	00:50:36	2071		Senior	536	00:04:32:45	2769



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2054	10326	Antonio Guerra	00:25:20	00:51:11	00:50:48	2116		Senior	537	00:04:17:73	2002
2055	1152	Gonçalo Hortega	00:24:17	00:51:11	00:50:46	2111	HORTEGA SERVIÇOS	V55	119	00:04:38:80	3101
2056	4234	Carlos Silva	00:26:30	00:51:11	00:49:33	1797		V35	297	00:04:22:13	2235
2057	7167	Joana Branco	00:25:02	00:51:11	00:50:34	2059		Senior	86	00:04:30:64	2665
2058	2868	Joaquim Martins	00:25:02	00:51:12	00:51:05	2180	Bombeiros Voluntários de Montemor-o-Novo	V60	46	00:04:13:83	1784
2059	4711	Francisco Gonzalez	00:24:25	00:51:13	00:51:07	2185		Senior	538	00:04:05:96	1405
2060	9291	Antonio Santos	00:25:37	00:51:14	00:50:11	1970		V35	298	00:04:47:62	3601
2061	3782	Fernando Rodrigues	00:25:41	00:51:14	00:50:45	2104	Clube Millennium BCP	V55	120	00:04:27:73	2518
2062	6914	Joana Antunes	00:26:13	00:51:15	00:51:01	2162		V35	31	00:04:18:53	2043
2063	6522	Pedro Fragoso	00:25:21	00:51:15	00:50:31	2049		V45	299	00:04:28:69	2565
2064	5663	Ana Félix	00:24:24	00:51:15	00:51:06	2183		V40	30	00:04:36:65	3001
2065	1343	Eduardo Neves	00:25:33	00:51:16	00:50:50	2127	Clube Atletismo Amigos de Belém	V40	288	00:04:40:35	3192
2066	4814	Tomás Rodrigues	00:26:13	00:51:16	00:51:01	2169	Velozes & Furiosos	V45	300	00:04:19:52	2082
2067	1363	Paulo Silva	00:25:12	00:51:16	00:51:00	2158		V50	208	00:04:26:45	2449
2068	6313	Rodrigo Dias	00:26:09	00:51:16	00:49:08	1679		Senior	539	00:04:40:14	3177
2069	6878	Gonçalo Rodrigues	00:24:49	00:51:16	00:50:30	2047		Senior	540	00:04:43:33	3353
2070	7974	Ruben Ferreira	00:25:26	00:51:17	00:50:48	2119		Senior	541	00:04:20:52	2143
2071	4836	Inês Sousa	00:23:46	00:51:17	00:51:15	2216		Senior	87	00:05:02:07	4374
2072	7951	Jay Crone	00:27:23	00:51:17	00:48:22	1505		V35	299	00:04:02:16	1223



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2073	9893	Ana Monteiro	00:26:15	00:51:17	00:51:04	2175	Associação Cultural e Recreativa da Mealhada	V35	32	00:04:01:44	1201
2074	731	Paulo Louro	00:25:37	00:51:18	00:50:40	2085		V55	121	00:04:07:61	1468
2075	9619	Manuel Mira	00:24:25	00:51:18	00:50:51	2130		Senior	542	00:04:30:69	2669
2076	9960	Nuno Silva	00:25:36	00:51:18	00:50:58	2156		V40	289	00:04:44:56	3435
2077	7967	Pedro Peixoto	00:26:30	00:51:18	00:51:03	2173		Senior	543	00:03:58:84	1095
2078	10449	Aliaksandr Kirkouski	00:25:36	00:51:19	00:50:47	2114		V40	290	00:04:08:77	1537
2079	4380	João Gomes	00:25:39	00:51:19	00:50:47	2112	Amigos do Atletismo de Mafra	V50	209	00:03:58:16	1079
2080	8549	Ricardo Jesus	00:25:25	00:51:20	00:50:48	2118		V40	291	00:04:26:25	2435
2081	5143	João Marques	00:25:57	00:51:20	00:50:44	2101		V45	301	00:04:26:20	2430
2082	7960	Rui Filipe	00:26:20	00:51:20	00:50:50	2126		Senior	544	00:04:09:76	1587
2083	4673	Francisco Passos	00:26:21	00:51:20	00:50:32	2055		V60	47	00:04:15:61	1884
2084	10458	Diego Ayala	00:27:34	00:51:20	00:50:09	1961		V40	292	00:03:59:44	1120
2085	9037	Susana Pontes	00:25:14	00:51:20	00:50:36	2072	Outsystems Olímpico de Oeiras	V50	8	00:04:40:69	3214
2086	467	Susana Amaro	00:25:10	00:51:20	00:51:07	2188		V40	31	00:04:25:78	2409
2087	10652	Gil Oliveira	00:25:38	00:51:21	00:49:49	1874		Junior	53	00:04:12:78	1726
2088	2043	Alexandre Dâmaso	00:25:52	00:51:21	00:50:37	2077	CCD Crédito Agrícola Mútuo	V55	122	00:04:21:16	2190
2089	2063	Rafael Loureiro	00:24:51	00:51:21	00:50:48	2121	CCD Crédito Agrícola Mútuo	Senior	545	00:04:54:27	3920
2090	6858	Mitchel Leestemaker	00:26:18	00:51:21	00:50:11	1968		Senior	546	00:04:20:29	2129
2091	385	Pierre Ginieys	00:25:23	00:51:22	00:51:17	2225		V45	302	00:04:11:08	1648



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2092	9443	Luis Nogueira	00:25:26	00:51:22	00:51:15	2218		V50	210	00:04:32:85	2788
2093	10816	Mariana Martins	00:24:56	00:51:22	00:51:15	2220		Senior	88	00:04:29:78	2617
2094	5951	Manuel Mendes	00:26:10	00:51:23	00:50:31	2052		V45	303	00:04:04:18	1322
2095	264	Carlos Vieira	00:25:15	00:51:23	00:50:55	2146	correr Loures	V50	211	00:04:26:44	2447
2096	4086	David Tomás	00:26:36	00:51:24	00:50:36	2069		Senior	547	00:04:00:88	1178
2097	544	António Almeida	00:25:46	00:51:24	00:51:06	2182		Senior	548	00:04:21:99	2227
2098	9060	Luís Sobral	00:28:16	00:51:24	00:48:58	1640		Senior	549	00:04:04:04	1314
2099	7823	Raquel Xavier	00:26:00	00:51:24	00:51:05	2178		Senior	89	00:04:19:10	2065
2100	7203	Rui Silva	00:28:17	00:51:24	00:48:57	1637		Senior	550	00:04:03:08	1266
2101	9949	Ricardo Dagge	00:27:17	00:51:24	00:49:27	1770		Senior	551	00:04:00:17	1151
2102	6942	Nuno Rebelo	00:27:17	00:51:25	00:49:30	1783		Junior	54	00:03:59:14	1112
2103	3313	Rui Sá	00:25:12	00:51:25	00:50:48	2120	OutSystems Runners	V40	293	00:04:44:92	3472
2104	2162	Paulo Lopes	00:25:11	00:51:25	00:50:52	2135	Alverca Urban Runners	V40	294	00:04:26:21	2431
2105	2591	Ricardo Mourinha	00:25:22	00:51:25	00:51:15	2214	Bombeiros Voluntários de Montemor-o-Novo	V40	295	00:04:31:32	2704
2106	11257	Miguel Machado	00:25:57	00:51:26	00:51:22	2257	Ricardo Raposo - Serviços Imobiliários	V35	300	00:04:12:94	1741
2107	11256	Ana Aguiar	00:25:57	00:51:26	00:51:23	2260	Ricardo Raposo - Serviços Imobiliários	Senior	90	00:04:13:60	1773
2108	11255	Ricardo Raposo	00:25:57	00:51:26	00:51:24	2270	Ricardo Raposo - Serviços Imobiliários	V35	301	00:04:12:74	1724
2109	8410	António Aguiar	00:25:20	00:51:26	00:51:15	2221		Senior	552	00:04:10:77	1629
2110	1330	Andronico Duarte	00:24:41	00:51:26	00:51:18	2234		V45	304	00:04:14:31	1822



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2111	7980	Miguel Veloso	00:24:35	00:51:26	00:51:04	2176		V35	302	00:04:37:11	3019
2112	6065	Ana Castanheiro	00:24:04	00:51:27	00:51:21	2247		Senior	91	00:04:33:43	2811
2113	3903	Nuno Veigas	00:25:49	00:51:27	00:50:40	2087		V40	296	00:04:17:42	1982
2114	6140	Sebastiaan Zwezerijnen	00:25:46	00:51:27	00:50:36	2070		V35	303	00:04:25:30	2385
2115	9981	António Abreu	00:24:58	00:51:27	00:50:58	2155		V45	305	00:04:40:91	3221
2116	8922	Nuno Farelo	00:25:44	00:51:27	00:50:51	2129		Senior	553	00:05:12:59	4966
2117	640	Joao Fonseca	00:24:39	00:51:28	00:51:12	2206		V45	306	00:04:57:37	4087
2118	6490	Paulo Félix	00:24:07	00:51:28	00:51:22	2255	CCD Sintrense	V35	304	00:04:30:03	2629
2119	10126	Afonso Ataíde	00:27:55	00:51:28	00:49:39	1825		Senior	554	00:03:42:65	548
2120	4033	Daniel Pedro	00:28:40	00:51:28	00:50:08	1958		Senior	555	00:03:48:93	710
2121	8913	Teresa Escária	00:26:12	00:51:28	00:50:35	2063	Escaria&Cia	Junior	15	00:04:16:68	1946
2122	10611	Filipe Santos	00:25:39	00:51:28	00:50:49	2124		V40	297	00:04:11:19	1655
2123	1057	Miguel Correia	00:25:19	00:51:28	00:51:25	2273		V55	123	00:04:36:74	3005
2124	9984	Bogdan Sandu	00:26:41	00:51:28	00:49:49	1875	CB-HO HO HO	Senior	556	00:03:59:59	1126
2125	10791	Ivan Costa	00:25:39	00:51:28	00:50:41	2092		V35	305	00:04:37:60	3049
2126	7655	Joel Pedro	00:24:10	00:51:29	00:51:04	2177	Os Kotas	Senior	557	00:04:43:95	3398
2127	4128	Bruno Reis	00:26:09	00:51:29	00:50:40	2088		V45	307	00:04:16:50	1935
2128	8078	Pedro Monteiro	00:25:56	00:51:29	00:51:22	2256	NetJets	V35	306	00:04:00:83	1173
2129	10779	Joao Valhelhas	00:25:43	00:51:29	00:50:42	2094		V50	212	00:04:38:50	3090





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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2130	2266	Rui Alegre	00:25:26	00:51:30	00:50:59	2157		V40	298	00:04:25:66	2402
2131	9740	Vasco Coelho	00:25:42	00:51:30	00:50:52	2131		V50	213	00:04:15:20	1857
2132	4292	João Perdigão	00:26:03	00:51:30	00:50:51	2128		Senior	558	00:04:21:29	2195
2133	8515	Martinho Botelho	00:25:46	00:51:30	00:50:40	2083		V35	307	00:04:21:29	2194
2134	8863	Rui Lóio	00:24:19	00:51:30	00:51:12	2209	Limited Edition Team	V55	124	00:04:33:76	2825
2135	6095	Susana Assunção	00:25:38	00:51:30	00:51:01	2164		V45	27	00:04:15:39	1872
2136	7733	Sandra Gonçalves	00:25:25	00:51:30	00:51:17	2230	CAPenafirme	V45	28	00:04:22:05	2229
2137	6526	João Rodrigues	00:25:08	00:51:30	00:51:29	2284		Senior	559	00:04:22:11	2234
2138	3251	Eduardo Pinheiro	00:24:14	00:51:30	00:51:07	2187		V55	125	00:04:49:19	3688
2139	11176	João Santana	00:25:07	00:51:32	00:51:31	2294		Senior	560	00:04:43:19	3346
2140	6614	João Mateus	00:25:13	00:51:32	00:51:01	2163		Senior	561	00:04:13:86	1785
2141	1636	José Miguel	00:25:52	00:51:33	00:51:21	2251		Senior	562	00:04:08:08	1494
2142	7678	Manhyia Bumba	00:23:43	00:51:33	00:51:28	2283		Senior	563	00:04:31:97	2742
2143	10862	Ingrid Pimenta	00:24:42	00:51:33	00:51:23	2261		Senior	92	00:04:31:58	2719
2144	8132	André Chanoca	00:25:37	00:51:34	00:51:00	2161	OntriSports	V40	299	00:04:40:03	3169
2145	3150	Joaquim Safara	00:25:41	00:51:34	00:50:56	2148		V60	48	00:04:40:72	3216
2146	1803	Ercilio Vaz	00:25:06	00:51:34	00:51:27	2281		V50	214	00:04:19:42	2079
2147	2197	Gonçalo Torrado	00:27:52	00:51:35	00:48:28	1526	feed-the-fish	Senior	564	00:03:58:12	1075
2148	1960	Fernando Coelho	00:25:44	00:51:36	00:51:07	2190	Clube TAP PORTUGAL	V55	126	00:03:55:83	987



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2149	9506	Tiago Osório	00:24:55	00:51:36	00:51:20	2242		V35	308	00:04:07:13	1444
2150	8727	João Marques	00:26:06	00:51:36	00:50:55	2143	CCD Tranquilidade	V45	308	00:04:19:59	2089
2151	10127	Joshua Bennett	00:27:21	00:51:37	00:50:41	2091		Senior	565	00:04:08:21	1502
2152	10472	Bernardo Fernandes	00:26:01	00:51:37	00:51:15	2219		Senior	566	00:04:17:74	2005
2153	7911	Leonardo Lopes	00:23:48	00:51:37	00:51:36	2312	ManpowerGroup	Senior	567	00:04:41:13	3241
2154	7302	Manuel Carreiro	00:25:55	00:51:37	00:50:56	2149	Associação Corrida Noturna Parque das Nações	V60	49	00:04:22:54	2255
2155	3841	Artur Botão	00:24:59	00:51:37	00:51:26	2275	Clube Millennium BCP	V50	215	00:04:37:40	3032
2156	10128	Aimee Gallagher	00:27:19	00:51:38	00:50:42	2096		Senior	93	00:04:09:13	1554
2157	8955	Laura González	00:26:08	00:51:38	00:51:01	2165		V35	33	00:04:50:36	3747
2158	7123	Daniel Guerreiro	00:27:15	00:51:38	00:50:03	1937		Senior	568	00:04:26:60	2457
2159	4629	Pedro Ramos	00:26:30	00:51:38	00:50:41	2089	Lebres Vermelhas SB	V45	309	00:04:15:87	1898
2160	1085	Ana Silva	00:25:28	00:51:38	00:51:14	2212	GMCJamor	V40	32	00:04:23:42	2293
2161	4742	José Moura	00:25:15	00:51:38	00:51:05	2179		V35	309	00:04:08:62	1527
2162	4748	Paulo Coimbrão	00:24:38	00:51:39	00:51:27	2280		V50	216	00:04:38:16	3077
2163	8879	André Valente	00:26:18	00:51:39	00:49:23	1753		Senior	569	00:04:16:45	1931
2164	3933	Manuel Dias	00:25:42	00:51:39	00:50:40	2086		Senior	570	00:04:29:08	2579
2165	4549	André Loureiro	00:25:54	00:51:40	00:51:24	2267	Clube EDP - Lisboa	V40	300	00:04:25:70	2403
2166	4165	Rodrigo Névoa	00:23:47	00:51:40	00:51:38	2321		V35	310	00:04:42:52	3312
2167	2886	Nuno Ribeiro	00:25:32	00:51:41	00:50:53	2136		V35	311	00:04:04:33	1330



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2168	11317	Joao Braga	00:24:26	00:51:41	00:51:21	2245		V50	217	00:04:25:50	2396
2169	7596	Miguel Batista	00:27:27	00:51:41	00:49:08	1681		Senior	571	00:03:47:83	679
2170	7532	Filipe Mesquita	00:26:37	00:51:41	00:50:30	2048		Senior	572	00:04:25:07	2371
2171	4317	Daniel Rodrigues	00:26:15	00:51:41	00:51:31	2288	Associação Cultural e Recreativa da Mealhada	V40	301	00:04:20:00	2114
2172	8800	Bruno Barbosa	00:26:12	00:51:42	00:51:09	2199	CCDTMetroLX	Senior	573	00:04:38:98	3111
2173	10369	Diogo Viegas	00:26:02	00:51:42	00:51:08	2195		Senior	574	00:04:15:89	1900
2174	10563	Luis Silva	00:24:39	00:51:42	00:51:32	2298		V50	218	00:04:24:36	2339
2175	7524	João Lopes	00:26:03	00:51:43	00:51:09	2198		Senior	575	00:04:16:64	1942
2176	8462	Jorge Correia	00:25:43	00:51:43	00:50:57	2150		V50	219	00:04:22:67	2259
2177	247	Claudio Gonçalves	00:25:58	00:51:43	00:51:24	2265		V40	302	00:04:20:49	2138
2178	9038	Teresa Santos	00:25:39	00:51:43	00:51:13	2210	Outsystems Olímpico de Oeiras	V45	29	00:04:22:99	2273
2179	4182	Alexandre Andrade	00:25:51	00:51:44	00:51:16	2224		V45	310	00:04:29:76	2614
2180	10819	Gonçalo Silva	00:25:17	00:51:44	00:51:31	2293		V45	311	00:04:26:90	2473
2181	8889	Tiago Franco	00:25:27	00:51:44	00:51:09	2196	2600TR	V35	312	00:04:16:10	1908
2182	3526	Sérgio Serrazina	00:28:18	00:51:45	00:49:29	1777		Senior	576	00:03:52:44	848
2183	2408	João Figueiredo	00:25:06	00:51:45	00:51:19	2239	Clube Novo Banco	V35	313	00:04:23:64	2305
2184	9501	Samuel Gomes	00:25:09	00:51:46	00:51:00	2160		Senior	577	00:04:33:45	2812
2185	3206	Nuno Rodrigues	00:24:31	00:51:46	00:51:29	2287		V45	312	00:04:38:39	3083
2186	9267	Divany Sá	00:25:25	00:51:46	00:51:17	2228		V45	30	00:04:33:03	2796



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2187	4713	Ceferino Exposito	00:24:27	00:51:46	00:51:40	2333		V60	50	00:04:35:93	2955
2188	11260	João Sá	00:25:03	00:51:46	00:50:52	2134		Senior	578	00:04:33:22	2802
2189	6477	João Pinto	00:24:49	00:51:46	00:51:26	2277	CCD Sintrense	V50	220	00:04:45:82	3517
2190	5775	Afonso Esteves	00:26:11	00:51:46	00:50:58	2153		Junior	55	00:04:19:16	2067
2191	2441	Vitor Baltazar	00:25:57	00:51:47	00:51:14	2213		V55	127	00:04:22:82	2265
2192	3737	Pedro Caiado	00:25:27	00:51:47	00:51:36	2313	os carregueirenses	V70	4	00:04:20:75	2161
2193	2151	Jorge Martins	00:26:02	00:51:48	00:50:55	2144		V35	314	00:04:19:70	2100
2194	1705	Fernanda Gil	00:26:08	00:51:48	00:50:57	2151		V50	9	00:04:10:62	1623
2195	1567	Sónia Neves	00:26:08	00:51:48	00:50:57	2152		V45	31	00:04:10:91	1639
2196	4466	Ricardo Silva	00:26:27	00:51:48	00:51:39	2323		Senior	579	00:04:13:97	1792
2197	4805	Jorge Cardoso	00:25:37	00:51:48	00:51:31	2291		V45	313	00:03:25:93	223
2198	2561	Gonçalo	00:26:05	00:51:48	00:51:15	2215	Run & Win[e]	V45	314	00:04:20:62	2151
2199	10242	Ana Pedreira	00:25:49	00:51:48	00:51:17	2227		V40	33	00:04:29:39	2593
2200	356	Paulo Rodrigues	00:26:32	00:51:49	00:51:24	2266		V35	315	00:04:13:77	1778
2201	7860	Joao Picoto	00:25:18	00:51:49	00:51:47	2355		V45	315	00:04:32:58	2775
2202	4639	Rui Duarte	00:25:21	00:51:49	00:51:14	2211	GDCTINCM	V50	221	00:04:14:07	1798
2203	4463	Maria João	00:25:27	00:51:49	00:51:12	2208	GRCD Leião	V50	10	00:04:35:76	2947
2204	3831	Alexandra Mourato	00:25:42	00:51:49	00:51:12	2207	Clube Millennium BCP	Senior	94	00:04:15:45	1876
2205	10488	Pedro Vicente	00:26:01	00:51:49	00:51:29	2285		Senior	580	00:04:31:83	2733



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# CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2206	2044	Brigitte Cardoso	00:25:03	00:51:49	00:51:34	2305	CCD Crédito Agrícola Mútuo	V40	34	00:04:38:11	3076
2207	10101	Paulo Cruz	00:26:35	00:51:49	00:51:16	2223		V50	222	00:04:03:21	1269
2208	4379	Márcio Rodrigues	00:24:30	00:51:50	00:51:23	2263	Amigos do Atletismo de Mafra	V40	303	00:04:54:23	3919
2209	4993	Nuno Maltez	00:25:30	00:51:50	00:51:11	2204	Zatopeques	V50	223	00:04:20:90	2171
2210	8029	Perruchot Fabrice	00:25:54	00:51:51	00:51:32	2297		V50	224	00:04:37:27	3028
2211	4807	Márcia Souza	00:25:21	00:51:51	00:51:47	2357		V50	11	00:04:23:75	2311
2212	9020	Lucas Souto	00:26:09	00:51:51	00:51:02	2172	Outsystems Olímpico de Oeiras	Junior	56	00:04:21:78	2222
2213	10630	Dinis Correia	00:25:01	00:51:51	00:51:50	2371		V35	316	00:04:41:93	3281
2214	1208	Rui Godinho	00:25:58	00:51:51	00:51:23	2264		V50	225	00:04:27:05	2486
2215	2706	Benedita Vaz	00:24:17	00:51:51	00:51:49	2369	Outsystems Olímpico de Oeiras	Junior	16	00:04:30:96	2682
2216	9043	Vera Vaz	00:25:39	00:51:51	00:51:22	2259	Outsystems Olímpico de Oeiras	V45	32	00:04:30:34	2646
2217	7427	Susana Santos	00:24:23	00:51:52	00:51:41	2335		Senior	95	00:04:28:38	2550
2218	809	Mariana Brás	00:26:26	00:51:52	00:51:29	2286		Senior	96	00:04:09:04	1547
2219	9302	Alexandre Rosado	00:26:07	00:51:52	00:51:09	2197		Senior	581	00:04:03:37	1277
2220	8288	Ramon Jesus	00:26:14	00:51:52	00:51:23	2262		Senior	582	00:04:38:94	3108
2221	3555	Gonçalo Domingues	00:25:25	00:51:52	00:51:18	2236		Senior	583	00:04:26:04	2421
2222	9057	Giovani Schumacher	00:25:53	00:51:52	00:51:46	2352		V40	304	00:04:26:75	2465
2223	854	Carlos Rydin	00:25:14	00:51:53	00:51:48	2364		V60	51	00:04:30:45	2652
2224	3554	João Luís	00:25:04	00:51:53	00:51:22	2254		Senior	584	00:04:26:51	2454



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2225	8033	Bernardo Alves	00:25:05	00:51:53	00:51:51	2372	GINÁSIO CLUBE DE BRAGANÇA	V40	305	00:04:35:98	2959
2226	788	Filipe Madeira	00:26:13	00:51:53	00:51:06	2181	PintosMadeiras	V45	316	00:04:20:18	2123
2227	1415	Tiago Fernandes	00:25:48	00:51:53	00:51:08	2192		Senior	585	00:04:44:02	3403
2228	2517	Sara Ramos	00:25:58	00:51:53	00:51:48	2363		V45	33	00:04:11:76	1673
2229	109	Teresa Santiago	00:24:41	00:51:54	00:51:53	2377		V55	5	00:04:28:66	2564
2230	5243	Guilherme Gaspar	00:28:00	00:51:54	00:51:31	2289		Junior	57	00:03:45:10	616
2231	4892	Malgorzata Rajwa	00:25:22	00:51:55	00:51:47	2358	Bananos	Senior	97	00:04:44:80	3457
2232	2807	Luís Andrade	00:25:15	00:51:55	00:51:48	2362	CDCR DOS CTT	V50	226	00:04:39:53	3137
2233	11015	Manuel Matos	00:26:22	00:51:55	00:50:49	2125	Falcões Selvagens	V50	227	00:04:14:52	1830
2234	3989	Pedro Simão	00:27:07	00:51:56	00:51:34	2303		V35	317	00:03:59:52	1122
2235	4335	Ana Graveto	00:25:59	00:51:56	00:51:44	2346	Nome da Equipa	Senior	98	00:04:18:14	2020
2236	1894	Francisco Bernardo	00:26:50	00:51:57	00:51:21	2250	Limited Edition Team	V35	318	00:03:57:13	1033
2237	10905	Candela Dolz	00:25:58	00:51:57	00:51:39	2329		Junior	17	00:04:22:83	2266
2238	10914	Benilde Dolz	00:25:58	00:51:57	00:51:39	2328		Junior	18	00:04:23:35	2284
2239	10907	José Candial	00:25:56	00:51:58	00:51:41	2336		V50	228	00:04:23:37	2286
2240	9109	António Baptista	00:26:36	00:51:58	00:51:10	2201	Claranet Portugal	V50	229	00:04:17:77	2007
2241	10130	Ricardo Reis	00:25:59	00:51:58	00:51:17	2226	Brilha Reis	V45	317	00:04:24:41	2341
2242	1409	Henrique Dias	00:26:20	00:51:59	00:51:07	2189		V65	14	00:04:20:17	2122
2243	4029	João Cocharro	00:25:40	00:51:59	00:51:34	2304		V45	318	00:04:17:81	2012



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2244	1025	Luís Fidalgo	00:25:01	00:51:59	00:51:18	2232		Senior	586	00:04:43:68	3377
2245	5838	Hugo Torres	00:26:05	00:51:59	00:51:03	2174	Team Bock	V45	319	00:04:28:65	2563
2246	1341	Hugo Santos	00:27:54	00:51:59	00:50:55	2145	Clube Desportivo da Graça	V40	306	00:04:11:85	1675
2247	4384	André Ribeiro	00:26:23	00:52:00	00:51:01	2168	Louletano	Junior	58	00:04:08:25	1505
2248	10271	Ana Folgado	00:25:17	00:52:00	00:51:35	2310		V50	12	00:04:20:89	2168
2249	5389	Pedro Marques	00:25:13	00:52:00	00:51:39	2324		Junior	59	00:05:31:98	5849
2250	10714	Ana Henriques	00:25:35	00:52:00	00:51:37	2315	Associação de Moradores de Atibá	V45	34	00:04:21:32	2198
2251	8806	Vera Fernandes	00:25:38	00:52:01	00:51:45	2351		V40	35	00:04:37:96	3065
2252	2349	José Melo	00:25:58	00:52:01	00:51:32	2299	FIDELIDADE GDC	V60	52	00:04:28:71	2566
2253	8961	David Simão	00:26:05	00:52:01	00:51:31	2295		V50	230	00:04:25:34	2389
2254	216	Paulo Pascoal	00:25:16	00:52:02	00:51:22	2253		V55	128	00:04:23:01	2274
2255	5898	André Cescon	00:24:15	00:52:03	00:51:54	2378		V35	319	00:04:35:40	2919
2256	9042	Vera Lucas	00:25:43	00:52:03	00:51:28	2282	Outsystems Olímpico de Oeiras	Senior	99	00:04:40:62	3206
2257	9296	Duarte Rosado	00:26:07	00:52:03	00:51:20	2241		V45	320	00:04:14:22	1816
2258	2962	Ricardo Tavares	00:27:17	00:52:04	00:51:08	2193		V40	307	00:04:26:79	2469
2259	3490	Henrique Cassiano	00:27:57	00:52:05	00:50:53	2137		Senior	587	00:03:59:84	1137
2260	9028	Nuno Gonçalo	00:26:15	00:52:05	00:51:17	2229	Outsystems Olímpico de Oeiras	V35	320	00:03:59:88	1138
2261	4097	Filipe Nunes	00:24:57	00:52:05	00:51:56	2385		Senior	588	00:04:34:41	2859
2262	2535	Isaura Ribeiro	00:27:46	00:52:05	00:50:21	2015		Senior	100	00:04:05:24	1371



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2263	8991	Felix Hoebler	00:27:54	00:52:05	00:51:18	2231		Senior	589	00:04:01:43	1200
2264	2445	Nuno Carvalho	00:26:54	00:52:06	00:51:08	2191		Senior	590	00:04:23:95	2322
2265	4702	João Cadete	00:25:43	00:52:06	00:51:31	2290		Senior	591	00:04:59:71	4239
2266	10884	Marta Cunha	00:25:42	00:52:06	00:51:43	2341		V35	34	00:04:31:29	2701
2267	8990	Anna Kolkova	00:27:53	00:52:06	00:51:19	2240		Senior	101	00:04:00:58	1165
2268	10459	Javier Hernandez	00:25:35	00:52:07	00:51:36	2311		V35	321	00:04:48:70	3657
2269	2159	Ana Almeida	00:26:04	00:52:07	00:51:39	2327	Linda-a-Pastora Sporting Clube	V45	35	00:04:12:19	1691
2270	2067	Maria Palma	00:26:04	00:52:07	00:51:39	2326	Linda-a-Pastora Sporting Clube	V40	36	00:04:12:26	1695
2271	8129	André Dias	00:25:14	00:52:07	00:51:59	2391	OntriSports	V35	322	00:04:25:90	2413
2272	3216	Luis Couceiro	00:26:08	00:52:07	00:51:10	2200		Senior	592	00:04:16:92	1964
2273	9431	Bruno Espadeiro	00:25:07	00:52:08	00:51:25	2271		V45	321	00:05:24:05	5511
2274	840	João Caldas	00:24:29	00:52:08	00:52:08	2424		Senior	593	00:04:56:77	4049
2275	9212	António Oliveira	00:24:58	00:52:08	00:51:46	2353	CF Os Belenenses	V45	322	00:04:50:47	3751
2276	8764	Pedro Silva	00:26:13	00:52:09	00:51:21	2246		V35	323	00:04:03:57	1289
2277	863	Jorge Paulo	00:26:14	00:52:09	00:51:59	2393		V65	15	00:04:28:55	2559
2278	2042	Maria Freitas	00:27:12	00:52:10	00:51:18	2235	Clube Atletismo Amigos de Belém	V40	37	00:04:10:30	1609
2279	10265	Luis Ferreira	00:27:49	00:52:10	00:50:54	2142		V55	129	00:04:00:67	1167
2280	2185	João Anjos	00:25:20	00:52:11	00:51:47	2356	Moita do Ribatejo 2860	V50	231	00:04:43:78	3384
2281	1345	António Silva	00:27:12	00:52:11	00:51:18	2233	Clube Atletismo Amigos de Belém	V50	232	00:04:10:46	1615





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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2282	3792	Jorge Salvado	00:25:50	00:52:11	00:51:35	2308	Clube Millennium BCP	V60	53	00:04:29:34	2592
2283	9855	Vasco Ribeiro	00:24:58	00:52:12	00:52:05	2410	Bankinter	V50	233	00:05:29:38	5749
2284	7729	Filipe Henriques	00:25:08	00:52:12	00:52:09	2426	CAPenafirme	V50	234	00:04:35:72	2944
2285	1915	Paulo Santos	00:25:30	00:52:12	00:51:37	2314	SÓDEMPURRÃO	V50	235	00:04:26:70	2463
2286	9429	Eduardo Fernandes	00:27:31	00:52:12	00:49:41	1835	Panda e os Maricas	Senior	594	00:04:12:79	1727
2287	4096	Francisco Antunes	00:27:49	00:52:12	00:49:16	1731		V35	324	00:03:56:51	1009
2288	5332	Pedro Fernandes	00:25:27	00:52:13	00:51:15	2217		V35	325	00:04:48:34	3639
2289	5855	Jéssica Dinis	00:25:23	00:52:13	00:52:11	2432		Senior	102	00:04:44:83	3463
2290	4190	Rui Pereira	00:24:35	00:52:13	00:51:54	2380		V35	326	00:04:50:12	3737
2291	1439	Jorge Martins	00:25:57	00:52:13	00:52:06	2415		V40	308	00:04:26:76	2467
2292	7223	Henrique Ferreira	00:26:01	00:52:14	00:51:16	2222		V40	309	00:04:36:49	2990
2293	2544	Diogo Strattil	00:28:26	00:52:14	00:50:01	1922		Senior	595	00:04:23:31	2280
2294	10400	Luis Santos	00:25:33	00:52:14	00:52:06	2412		V55	130	00:04:34:01	2836
2295	7955	Patrick Silva	00:28:29	00:52:15	00:49:43	1843		V35	327	00:04:13:00	1747
2296	4899	Paulo Silva	00:25:02	00:52:15	00:52:13	2436	Equipa Maravilha	V55	131	00:04:34:71	2883
2297	3863	Rui Figueiredo	00:25:18	00:52:15	00:51:44	2344	DXC Running Team	V45	323	00:04:30:13	2635
2298	3864	Manuel Escalona	00:24:53	00:52:15	00:51:44	2345	DXC Running Team	V50	236	00:04:54:42	3931
2299	5315	Roberta Schulz	00:25:32	00:52:15	00:51:40	2332		Senior	103	00:04:41:33	3249
2300	625	Anabela Constante	00:25:57	00:52:16	00:51:31	2292		V45	36	00:04:31:03	2687



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2301	8903	Diogo Ferreira	00:27:36	00:52:16	00:49:29	1772		Senior	596	00:03:55:47	970
2302	8347	Andreia Banha	00:25:44	00:52:17	00:51:43	2340		V40	38	00:04:37:64	3051
2303	5837	Hélder Monteiro	00:25:41	00:52:17	00:51:25	2272	TBC	V50	237	00:04:27:08	2489
2304	11014	Mónica Moreno	00:25:57	00:52:17	00:52:05	2411	Alverca Urban Runners	V35	35	00:04:35:59	2930
2305	7272	Albano Silva	00:25:19	00:52:18	00:51:31	2296	Associação Corrida Noturna Parque das Nações	V55	132	00:04:44:62	3440
2306	10266	Luisa Palminhas	00:27:52	00:52:18	00:51:01	2166		V50	13	00:04:07:96	1486
2307	11112	Daniel Silva	00:26:33	00:52:18	00:52:14	2441		Senior	597	00:04:02:52	1240
2308	8805	Thomas Silva	00:26:33	00:52:18	00:52:14	2440		Senior	598	00:04:03:88	1303
2309	10499	Carlos Neto	00:25:03	00:52:19	00:52:15	2449		Senior	599	00:04:48:05	3620
2310	3397	Manuel Silva	00:26:34	00:52:19	00:51:27	2279		V45	324	00:04:18:59	2046
2311	4747	Josileide Mello	00:25:59	00:52:19	00:52:15	2446		V35	36	00:04:19:63	2093
2312	3178	Beatriz Silva	00:26:15	00:52:19	00:51:32	2301		Senior	104	00:04:31:51	2716
2313	10899	Wagner Fernandes	00:27:06	00:52:19	00:50:26	2036		V40	310	00:04:05:59	1390
2314	2685	Hugo Pinto	00:26:09	00:52:19	00:51:45	2350	CCDTMetroLX	V45	325	00:04:27:81	2523
2315	6578	Ana Letra	00:25:29	00:52:19	00:51:39	2331	Linda-a-Pastora Sporting Clube	V50	14	00:04:13:57	1771
2316	2362	Rita Dória	00:25:21	00:52:19	00:51:21	2249	Clube Novo Banco	Senior	105	00:04:38:02	3069
2317	1747	António Jerónimo	00:25:49	00:52:19	00:51:34	2306	Vara Trail Running	V40	311	00:04:25:53	2397
2318	2990	José Simões	00:25:30	00:52:20	00:51:39	2322	Linda-a-Pastora Sporting Clube	V60	54	00:04:13:69	1777
2319	9700	Wander Neto	00:25:56	00:52:20	00:52:09	2428		V40	312	00:04:31:11	2691



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2320	11143	Bruno Gonçalves	00:27:59	00:52:20	00:50:24	2026		Senior	600	00:04:14:18	1811
2321	7397	Luís Andrade	00:26:34	00:52:20	00:51:49	2367	CUA Benaventense - 3B Triatlo	V40	313	00:04:30:91	2680
2322	7402	Luís Gomes	00:26:32	00:52:20	00:51:50	2370	CUA Benaventense - 3B Triatlo	V40	314	00:04:31:11	2690
2323	4578	José Monteiro	00:27:41	00:52:20	00:50:54	2139		Senior	601	00:04:07:90	1484
2324	6882	João Borges	00:27:49	00:52:21	00:49:24	1762		Junior	60	00:04:04:35	1333
2325	5847	Paulo Antunes	00:24:58	00:52:21	00:52:13	2435		V55	133	00:04:26:96	2479
2326	5965	Sebastião Andrade	00:27:17	00:52:22	00:50:27	2042		Senior	602	00:04:10:79	1631
2327	644	Luís Cabaça	00:26:10	00:52:22	00:51:44	2349		V45	326	00:04:15:15	1853
2328	8481	André Trigo	00:24:19	00:52:23	00:52:13	2437	Tiagush	Junior	61	00:05:04:49	4529
2329	1322	Sandra Lima	00:26:30	00:52:24	00:51:38	2318		V35	37	00:04:15:17	1854
2330	1068	Carlos Teixeira	00:26:10	00:52:24	00:51:49	2368		V60	55	00:04:36:49	2988
2331	9407	João Ribeiro	00:28:13	00:52:24	00:51:22	2258	ADCR O Independente	V35	328	00:04:10:00	1597
2332	703	Mário Zeballos	00:26:30	00:52:24	00:51:38	2320		V40	315	00:04:15:68	1888
2333	1325	Nuno Cruz	00:27:02	00:52:25	00:51:35	2307		V45	327	00:04:28:12	2535
2334	6354	Wilson Almeida	00:25:18	00:52:25	00:52:17	2461		V55	134	00:04:25:24	2382
2335	6146	David Silva	00:27:17	00:52:25	00:50:25	2034	CCDV-Valorsul	V40	316	00:04:13:67	1775
2336	8902	Ricardo Gonçalves	00:26:18	00:52:25	00:51:10	2202		V40	317	00:04:07:76	1476
2337	7495	Soledade Lobo	00:26:41	00:52:25	00:51:55	2383		V55	6	00:04:16:73	1950
2338	5554	Diogo Vicente	00:26:34	00:52:25	00:51:19	2238		Senior	603	00:04:20:07	2117



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2339	1220	Meagan Carty	00:25:42	00:52:25	00:52:16	2454		V45	37	00:04:41:25	3243
2340	5392	Francisco Alves	00:24:50	00:52:26	00:52:25	2489		Senior	604	00:04:00:73	1170
2341	10754	Filipe Matos	00:26:49	00:52:26	00:51:42	2337		V40	318	00:04:14:89	1846
2342	2995	Ana Freitas	00:26:49	00:52:26	00:51:44	2348	GFD Running	V35	38	00:04:14:12	1802
2343	4985	Helder Justino	00:29:06	00:52:26	00:50:15	1981		V55	135	00:03:35:72	392
2344	3995	Filipe Ferreira	00:26:51	00:52:27	00:51:41	2334		Senior	605	00:04:02:33	1236
2345	6811	Pedro Castro	00:25:34	00:52:27	00:51:44	2343		V45	328	00:04:45:75	3515
2346	3562	Helio Mota	00:25:13	00:52:27	00:52:14	2444		V40	319	00:04:25:64	2401
2347	9089	João Esteves	00:25:45	00:52:27	00:52:24	2484		V40	320	00:04:30:83	2676
2348	3142	Jorge Ponciano	00:25:51	00:52:28	00:51:48	2361		V50	238	00:04:17:68	1999
2349	9608	Luís Sousa	00:27:37	00:52:28	00:50:23	2025		Senior	606	00:04:09:09	1550
2350	10711	Sérgio Ferreira	00:25:11	00:52:28	00:52:10	2429	Associação de Moradores de Atibá	V50	239	00:04:36:13	2969
2351	4581	João Alexandrino	00:25:53	00:52:29	00:51:47	2359		Senior	607	00:04:38:06	3073
2352	9791	João Júnior	00:28:07	00:52:30	00:50:21	2017		V35	329	00:03:51:44	812
2353	7219	Maria Simao	00:28:06	00:52:30	00:49:22	1749		V55	7	00:04:17:11	1966
2354	4561	José Rodrigues	00:26:18	00:52:30	00:51:56	2386		V60	56	00:04:20:44	2136
2355	5791	Paulo Rodrigues	00:26:11	00:52:30	00:52:02	2396	Serviços Sociais Montepio	V45	329	00:04:29:16	2585
2356	3213	Gonçalo Alves	00:26:08	00:52:30	00:51:44	2347		V45	330	00:04:34:72	2884
2357	3360	Bárbara Medeiros	00:26:12	00:52:31	00:52:04	2407	SlimTyThree	V40	39	00:04:29:75	2611



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2358	637	Vitor Marques	00:27:34	00:52:31	00:51:59	2392		V60	57	00:04:15:42	1874
2359	10591	Rui Santos	00:26:14	00:52:31	00:51:52	2375		V40	321	00:04:34:43	2862
2360	7711	Pedro Botelho	00:26:16	00:52:31	00:51:51	2373		V50	240	00:04:33:24	2803
2361	2254	David Ferreira	00:24:05	00:52:31	00:52:24	2482		Senior	608	00:06:19:15	7195
2362	1223	Susana Duro	00:26:11	00:52:31	00:52:03	2399		V45	38	00:04:30:28	2643
2363	4980	Bruno Lemos	00:27:08	00:52:31	00:51:32	2300		V35	330	00:04:21:72	2219
2364	1612	Sandra Marques	00:26:33	00:52:32	00:51:58	2389		V45	39	00:04:39:55	3138
2365	1629	Pedro Canhoto	00:26:33	00:52:32	00:52:06	2416		Senior	609	00:04:16:41	1929
2366	6105	Pedro Lascasas	00:24:59	00:52:32	00:52:15	2450	GDC Banco de Portugal	V40	322	00:04:53:33	3879
2367	534	Quiterio Paulo	00:27:06	00:52:33	00:52:07	2418		V55	136	00:04:07:31	1454
2368	3583	Virgílio Oliveira	00:26:17	00:52:33	00:52:14	2445		V55	137	00:04:24:45	2344
2369	2449	Gonçalo Pinheiro	00:25:09	00:52:33	00:52:31	2514	DP&A	V50	241	00:04:26:00	2418
2370	6677	Cláudia Ferreira	00:26:31	00:52:33	00:51:53	2376		V55	8	00:04:30:85	2678
2371	7303	Marco	00:26:11	00:52:34	00:51:58	2390	Associação Corrida Noturna Parque das Nações	V40	323	00:04:40:25	3185
2372	2629	Francisco Arbués	00:25:27	00:52:34	00:52:03	2398		V55	138	00:04:38:88	3104
2373	6598	Francisco Madeira	00:25:55	00:52:34	00:51:21	2248		Senior	610	00:04:16:66	1945
2374	2664	Claudia Domingos	00:26:10	00:52:35	00:52:25	2488	JDM Atletismo	Senior	106	00:04:31:76	2729
2375	1347	Nuno Nunes	00:24:47	00:52:35	00:52:09	2425	Clube Atletismo Amigos de Belém	V50	242	00:04:31:22	2696
2376	10005	José Pereira	00:28:02	00:52:36	00:50:40	2084		V40	324	00:04:08:84	1539



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2377	10448	Mia Gorzzeva	00:25:48	00:52:36	00:52:07	2420		V40	40	00:04:22:54	2256
2378	9831	Guilherme Luz	00:26:26	00:52:37	00:52:14	2439		Senior	611	00:04:24:58	2350
2379	7927	José Charrua	00:26:34	00:52:37	00:51:39	2330		V40	325	00:04:31:32	2705
2380	4312	Penny Futter	00:26:26	00:52:37	00:51:54	2379		V45	40	00:04:36:21	2973
2381	7217	Eduardo Carvalho	00:26:28	00:52:38	00:51:42	2339		V40	326	00:04:25:23	2381
2382	3730	Miguel Matos	00:25:28	00:52:38	00:52:19	2465	Dor de burro	V55	139	00:04:31:25	2697
2383	2502	Luís Rocha	00:25:45	00:52:39	00:52:18	2463		V45	331	00:04:18:69	2052
2384	3728	João Reis	00:25:43	00:52:39	00:52:20	2468	Dor de burro	V50	243	00:04:21:16	2191
2385	3683	Ana Monteiro	00:26:25	00:52:40	00:52:17	2457		Senior	107	00:04:25:20	2379
2386	1947	Gonçalo Oliveira	00:26:36	00:52:40	00:51:57	2388	Vara Trail Running	V40	327	00:04:37:47	3038
2387	226	Luis Costa	00:25:33	00:52:40	00:52:03	2400		V50	244	00:04:29:53	2603
2388	3758	Hélio Mourão	00:24:07	00:52:40	00:52:04	2406		V45	332	00:06:28:54	7392
2389	4858	Paulo Abreu	00:26:35	00:52:40	00:51:51	2374		V35	331	00:04:26:34	2439
2390	181	José Morgado	00:24:22	00:52:41	00:52:15	2448		V55	140	00:04:38:57	3093
2391	8065	Miguel Costa	00:25:03	00:52:41	00:52:34	2523		Senior	612	00:05:06:65	4647
2392	3034	Joao Moiteiro	00:26:11	00:52:41	00:51:57	2387		V50	245	00:04:39:63	3144
2393	10934	Mark Lavita	00:27:18	00:52:41	00:52:07	2421		V45	333	00:04:06:42	1422
2394	1776	Marisa Carvalho	00:25:20	00:52:41	00:52:21	2471		V40	41	00:04:33:33	2807
2395	3679	Pedro Pereira	00:25:58	00:52:42	00:51:59	2394		V35	332	00:04:33:34	2808



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2396	2883	Rui Lourenço	00:27:46	00:52:42	00:50:56	2147		Senior	613	00:04:10:67	1626
2397	11247	Danilo Oliveira	00:27:18	00:52:42	00:50:32	2056		V35	333	00:04:04:57	1343
2398	1688	Ana Teias	00:26:10	00:52:43	00:52:17	2458	Corrida das Belas	V45	41	00:04:17:22	1973
2399	11190	Tiago Sousa	00:26:15	00:52:43	00:51:55	2382		V35	334	00:04:37:14	3024
2400	1011	Ricardo Santos	00:27:37	00:52:43	00:50:25	2031	M.A.C.	V45	334	00:04:05:59	1391
2401	3500	Gustavo Moreira	00:26:28	00:52:43	00:49:52	1887		Junior	62	00:04:53:45	3887
2402	5819	Danilo Teixeira	00:27:04	00:52:44	00:51:47	2360	Fénix	V40	328	00:04:07:48	1462
2403	4819	Nuno Fernandes	00:25:57	00:52:44	00:52:03	2401	Clube Tecnovia	V40	329	00:04:34:45	2865
2404	8959	Luís Casanova	00:25:45	00:52:45	00:52:30	2512		V40	330	00:04:42:81	3326
2405	2834	Guilherme Silva	00:25:11	00:52:45	00:52:28	2500	S4Y-SPORTS ASSOCIAÇÃO	Junior	63	00:04:36:47	2986
2406	1014	Ruben Marques	00:27:42	00:52:45	00:50:26	2038	M.A.C.	Senior	614	00:04:07:15	1445
2407	5263	Marcelo Carracha	00:26:19	00:52:45	00:52:34	2525		Senior	615	00:04:28:35	2549
2408	7376	Antonio Serra	00:25:44	00:52:45	00:52:27	2493		V60	58	00:04:34:05	2839
2409	2134	Anna Bielova	00:25:21	00:52:46	00:52:44	2556		V40	42	00:04:32:33	2759
2410	10106	Tim Mortimer	00:27:02	00:52:47	00:52:35	2529		V35	335	00:04:15:25	1861
2411	2657	Luis Redondo	00:25:27	00:52:47	00:52:31	2515	Redondo	V50	246	00:04:38:61	3095
2412	957	Natacha Faustino	00:26:11	00:52:47	00:52:23	2477	LUZNIK	Senior	108	00:04:09:53	1579
2413	9897	Ivo Claro	00:25:30	00:52:48	00:52:41	2545	Tartarugas Solidárias	V45	335	00:04:23:17	2277
2414	8702	Raquel Cruz	00:26:47	00:52:48	00:52:11	2431		V40	43	00:04:31:15	2694



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2415	343	António Abrantes	00:25:56	00:52:48	00:52:07	2417		V35	336	00:04:58:79	4182
2416	2763	Ricardo Rodrigues	00:25:59	00:52:48	00:52:40	2541		Senior	616	00:04:44:85	3466
2417	7334	Rogério Ferreira	00:25:42	00:52:48	00:52:24	2485	RFF & Advogados	V55	141	00:04:18:68	2051
2418	4314	Raul Barrera	00:25:15	00:52:49	00:52:24	2479		V45	336	00:04:22:03	2228
2419	3822	Santiago Gonçalves	00:28:18	00:52:49	00:51:19	2237	Clube Millennium BCP	Junior	64	00:04:02:30	1231
2420	9335	Paulo Jorge	00:21:49	00:52:49	00:52:25	2486	Clube Accenture	V45	337	00:08:41:88	8328
2421	4734	Eva Jerónimo	00:25:22	00:52:50	00:52:28	2499		V45	42	00:04:35:91	2953
2422	3675	Judit Lao	00:28:07	00:52:50	00:51:07	2186		Senior	109	00:04:09:77	1588
2423	535	Joao Coelho	00:26:18	00:52:50	00:52:19	2464		V35	337	00:04:22:27	2243
2424	4007	Humberto Afonso	00:25:41	00:52:51	00:52:26	2490		V45	338	00:04:33:91	2831
2425	7293	Jorge Assunção	00:26:20	00:52:52	00:52:06	2413	Associação Corrida Noturna Parque das Nações	V50	247	00:04:28:51	2556
2426	10600	Pedro Sales	00:26:18	00:52:52	00:52:03	2404		V50	248	00:04:22:86	2268
2427	6620	Catarina Telo	00:24:54	00:52:53	00:52:43	2553		Senior	110	00:04:48:63	3654
2428	11105	Jordan Sibeoni	00:28:35	00:52:53	00:51:01	2167	Clube J	V35	338	00:04:11:58	1667
2429	8009	Francisco Ceia	00:27:53	00:52:53	00:50:24	2028		Senior	617	00:04:25:59	2399
2430	2699	Pedro Domingos	00:26:39	00:52:54	00:52:49	2575		V45	339	00:04:28:61	2561
2431	2239	Vinicius Seixas	00:25:57	00:52:54	00:52:42	2546		V50	249	00:04:24:07	2329
2432	10321	Tomás Félix	00:26:52	00:52:54	00:51:38	2316	Tenros	Senior	618	00:04:19:04	2063
2433	9237	Rita Caninas	00:26:43	00:52:55	00:52:48	2570		Senior	111	00:04:29:39	2594





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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2434	9398	Arthur Ferreira	00:25:55	00:52:55	00:52:42	2547	Nobitas	Senior	619	00:04:42:66	3319
2435	3518	António Caeiro	00:26:16	00:52:55	00:52:43	2555		V55	142	00:04:12:56	1712
2436	9004	Daniela	00:26:03	00:52:55	00:52:07	2422	Outsystems Olímpico de Oeiras	V50	15	00:04:45:23	3492
2437	5839	Hélder Rodrigues	00:26:05	00:52:55	00:51:59	2395	Team Bock	V50	250	00:04:44:23	3413
2438	5642	Patrícia Pagaimo	00:27:00	00:52:56	00:52:11	2433		Senior	112	00:04:31:38	2709
2439	10291	Tomás Monteiro	00:25:53	00:52:57	00:52:05	2409		Senior	620	00:04:48:39	3641
2440	9811	Ana Filipa	00:25:29	00:52:58	00:52:11	2430		V45	43	00:04:32:94	2793
2441	10704	Glaucele Martins	00:25:35	00:52:58	00:52:28	2501		V35	39	00:05:29:14	5740
2442	10707	Márcio Dias	00:25:50	00:52:58	00:52:25	2487		Senior	621	00:05:29:10	5736
2443	4224	Lenia Gamito	00:26:23	00:52:58	00:52:05	2408		V45	44	00:04:39:29	3127
2444	1324	Rita Jesus	00:29:41	00:52:58	00:50:19	2004		V40	44	00:03:53:72	898
2445	8211	Vitor Fonseca	00:25:21	00:52:59	00:52:43	2548	OntriSports	V45	340	00:04:48:38	3640
2446	4383	David Caldeirão	00:21:40	00:52:59	00:52:56	2617	Louletano	V50	251	00:04:39:88	3160
2447	11053	Jack Hutton	00:25:15	00:52:59	00:52:23	2476		Senior	622	00:04:44:89	3471
2448	9186	Pedro Correia	00:26:13	00:52:59	00:52:04	2405		V35	339	00:04:43:68	3376
2449	8595	Lucianna Machado	00:25:31	00:52:59	00:52:27	2494		Senior	113	00:04:27:86	2526
2450	1010	Xavier Sousa	00:27:41	00:52:59	00:50:41	2090	M.A.C.	V50	252	00:04:21:98	2226
2451	8719	Elizete Duarte	00:26:08	00:53:00	00:52:29	2503	CCD Tranquilidade	V50	16	00:04:23:34	2283
2452	9282	Abílio Raimundo	00:26:35	00:53:00	00:52:27	2496		V50	253	00:04:25:41	2393



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2453	3030	Carlos Fernandes	00:28:52	00:53:00	00:51:24	2268		V35	340	00:04:07:77	1477
2454	3929	Sérgio Costa	00:27:03	00:53:01	00:52:07	2419	Clube Atletismo Amigos de Belém	V35	341	00:04:31:75	2728
2455	574	Joana Carvalho	00:26:32	00:53:01	00:52:45	2562		Senior	114	00:04:16:77	1956
2456	3019	Maria Kovshar	00:25:33	00:53:01	00:52:51	2589		Junior	19	00:04:47:58	3599
2457	3581	Cláudia Cardita	00:28:00	00:53:01	00:52:23	2478	Templo da Paz	V50	17	00:04:12:47	1706
2458	11023	Nuno Machado	00:27:10	00:53:01	00:52:22	2474		Senior	623	00:04:32:34	2761
2459	10301	Rui Martins	00:26:42	00:53:01	00:52:16	2453		V55	143	00:04:23:39	2289
2460	879	Luís Alcobia	00:26:33	00:53:01	00:52:46	2564		Senior	624	00:04:17:41	1981
2461	4838	Gonçalo Rosa	00:26:22	00:53:01	00:52:15	2447		V35	342	00:04:35:70	2941
2462	9783	Bruno Nifo	00:25:48	00:53:01	00:52:29	2506		V40	331	00:04:38:34	3082
2463	9637	Petru Cesenco	00:26:22	00:53:01	00:52:44	2559	Tricolor	V45	341	00:04:27:22	2494
2464	150	José Pereira	00:25:46	00:53:01	00:52:40	2543		V35	343	00:04:46:18	3533
2465	7137	Diogo Pedrosa	00:26:11	00:53:02	00:52:22	2475		V40	332	00:04:34:58	2868
2466	4296	Caio Padim	00:25:45	00:53:02	00:52:33	2519		Senior	625	00:04:26:63	2458
2467	5186	Rui Pinto	00:26:47	00:53:03	00:52:16	2455	CRC Marvila Jovem	V45	342	00:04:48:88	3669
2468	1043	Luis Barata	00:23:29	00:53:03	00:52:52	2593	ADNO - NucleOeiras	V50	254	00:06:42:74	7617
2469	8177	Marco Miguel	00:26:11	00:53:03	00:52:58	2627	OntriSports	V45	343	00:04:33:60	2819
2470	6405	Gil Monteiro	00:23:13	00:53:03	00:52:39	2537	Deloitte Running Club	V45	344	00:03:50:48	772
2471	5509	Luís Nunes	00:26:47	00:53:03	00:52:16	2456	CRC Marvila Jovem	V45	345	00:04:49:52	3707



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2472	5510	António Duarte	00:26:01	00:53:04	00:52:54	2605	Clube do Stress	V70	5	00:04:34:84	2892
2473	883	Rafael Rodrigues	00:25:01	00:53:04	00:52:30	2511		V35	344	00:04:58:55	4161
2474	7417	Micaela Ferreira	00:27:01	00:53:04	00:52:28	2502		Senior	115	00:04:10:50	1617
2475	6894	Sabrina Oliveira	00:26:40	00:53:05	00:52:34	2522		Senior	116	00:04:33:85	2828
2476	180	Ana Varela	00:26:18	00:53:05	00:52:50	2581		V55	9	00:04:25:82	2410
2477	1685	Maria Augusto	00:26:17	00:53:05	00:52:12	2434		V55	10	00:04:16:78	1957
2478	9358	Laura Costa	00:25:40	00:53:06	00:52:53	2599		Senior	117	00:04:40:88	3220
2479	7002	Luís Pureza	00:28:10	00:53:06	00:52:26	2492		Senior	626	00:04:08:71	1536
2480	853	Ana Henrique	00:25:39	00:53:07	00:52:21	2472		V50	18	00:04:44:36	3423
2481	10594	Sandra Silva	00:26:14	00:53:07	00:52:26	2491		V45	45	00:04:28:53	2557
2482	3025	Elisa Piteira	00:26:47	00:53:08	00:52:30	2510		V55	11	00:04:31:11	2692
2483	1769	Pedro Machado	00:25:36	00:53:08	00:52:40	2542		V50	255	00:04:44:01	3402
2484	10046	Bernardo Santos	00:27:20	00:53:08	00:51:42	2338		Senior	627	00:04:17:12	1967
2485	7359	Hugo Santos	00:27:04	00:53:09	00:52:13	2438	SD Sports Team	V45	346	00:04:19:03	2061
2486	9892	Moises Ventura	00:26:18	00:53:09	00:52:54	2604	Associação Cultural e Recreativa da Mealhada	V45	347	00:04:37:50	3043
2487	35	Paulo Pereira	00:28:37	00:53:09	00:52:47	2569		V45	348	00:04:07:63	1472
2488	9231	Jorge Marçal	00:25:28	00:53:09	00:53:06	2649	RRJ - Road Runners JEDI	V50	256	00:04:49:60	3709
2489	5075	Carlos Bras	00:26:30	00:53:09	00:52:59	2629	Grupo Desportivo Santander Totta	V55	144	00:04:23:69	2306
2490	7311	Nilton	00:26:55	00:53:10	00:52:36	2530	Associação Corrida Noturna Parque das Nações	V40	333	00:04:20:90	2169



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2491	10938	Nuno Santos	00:24:44	00:53:10	00:53:09	2659		V40	334	00:05:35:03	5963
2492	3276	Bruno Gomes	00:25:25	00:53:10	00:52:51	2591	EVELX - Associação de Estilos de Vida Saudável	V35	345	00:05:09:86	4828
2493	6407	Filipe Azevedo	00:26:17	00:53:11	00:52:46	2566	Deloitte Running Club	V35	346	00:04:32:56	2774
2494	6938	Miguel Pinheiro	00:26:40	00:53:11	00:52:43	2550		Senior	628	00:04:34:43	2863
2495	3938	Alexandre Ferro	00:25:14	00:53:11	00:52:35	2527		Senior	629	00:04:40:18	3179
2496	133	Pedro Teixeira	00:26:12	00:53:11	00:52:22	2473		V35	347	00:04:40:52	3200
2497	7026	João	00:26:35	00:53:11	00:52:55	2608	Salesianos	Senior	630	00:04:45:94	3521
2498	9526	Pedro Rodrigues	00:29:44	00:53:11	00:51:26	2276		Senior	631	00:03:51:54	816
2499	1615	Ana Fonseca	00:26:14	00:53:12	00:53:00	2631		Senior	118	00:04:24:96	2362
2500	8189	Paulo Monteiro	00:25:39	00:53:12	00:52:55	2607	OntriSports	V45	349	00:04:44:39	3425
2501	5176	Sónia Oliveira	00:25:31	00:53:12	00:53:07	2650	Line Ups!	V35	40	00:04:35:08	2901
2502	316	Tiago Marques	00:27:50	00:53:13	00:50:31	2053		V35	348	00:04:21:60	2215
2503	5177	David Florencio	00:25:32	00:53:13	00:53:08	2652	Line Ups!	V45	350	00:04:35:66	2935
2504	8178	Maria Monteiro	00:25:38	00:53:13	00:52:56	2620	OntriSports	V40	45	00:04:44:82	3462
2505	9452	Nelson Pereira	00:26:15	00:53:13	00:53:04	2641		V45	351	00:04:41:70	3270
2506	10517	Ricardo Silva	00:25:34	00:53:13	00:53:11	2671		V40	335	00:04:43:36	3354
2507	5251	Ricardo Lopes	00:27:04	00:53:14	00:52:37	2534		Senior	632	00:04:23:31	2281
2508	1846	Nelson Silva	00:28:15	00:53:14	00:52:20	2470		V40	336	00:04:06:27	1416
2509	885	João Matos	00:27:16	00:53:14	00:53:08	2653		Senior	633	00:04:53:83	3901



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2510	9072	Maria Crispim	00:26:27	00:53:15	00:53:12	2673	Dezazero	Senior	119	00:04:32:22	2752
2511	4438	Alessandro Nascimento	00:26:19	00:53:15	00:52:14	2442		V40	337	00:04:22:47	2252
2512	3066	Guilherme Godinho	00:26:16	00:53:15	00:52:34	2524		V45	352	00:04:45:96	3523
2513	3081	Ricardo Faria	00:26:37	00:53:15	00:52:28	2498	Linda-a-Pastora Sporting Clube	V50	257	00:04:26:46	2451
2514	3151	João Silva	00:26:43	00:53:16	00:52:37	2533		Senior	634	00:04:53:04	3864
2515	11175	Emmanuel Verhoosel	00:28:06	00:53:16	00:52:16	2452		V55	145	00:04:19:45	2081
2516	4152	Pedro Amaro	00:25:23	00:53:16	00:53:09	2662		V45	353	00:04:46:79	3563
2517	8274	Vitor Ferreira	00:25:40	00:53:17	00:52:59	2628		Senior	635	00:05:05:87	4601
2518	553	Eduardo Jorge	00:26:46	00:53:17	00:52:56	2615	Amigos da Corrida	V65	16	00:04:15:88	1899
2519	2873	Fernando Reis	00:25:19	00:53:18	00:53:14	2681		V65	17	00:04:44:86	3467
2520	8746	Rodolfo Rocha	00:26:19	00:53:18	00:53:08	2658	CCD Tranquilidade	V35	349	00:04:24:67	2353
2521	6945	Luis Silva	00:26:48	00:53:18	00:52:09	2427		Senior	636	00:04:28:62	2562
2522	5776	André Lagartinho	00:26:20	00:53:18	00:53:09	2661		V35	350	00:04:25:05	2367
2523	95	Ricardo Matias	00:26:08	00:53:18	00:52:32	2516		V45	354	00:05:19:17	5272
2524	6423	Sandra Araújo	00:26:02	00:53:18	00:52:53	2598	Corrida das Belas	V40	46	00:04:41:86	3279
2525	9415	João Costa	00:26:45	00:53:19	00:52:33	2520	ChampiMiles	Senior	637	00:04:39:80	3154
2526	10935	Bruno Santos	00:29:39	00:53:19	00:51:20	2243		V35	351	00:03:59:18	1115
2527	6098	Tiago Pimentel	00:25:54	00:53:19	00:52:53	2597		V45	355	00:04:38:54	3091
2528	8534	Bruno Berto	00:26:17	00:53:19	00:53:15	2686		V45	356	00:04:41:98	3282



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2529	8858	Rogério Becho	00:26:15	00:53:19	00:53:19	2707		V45	357	00:04:32:54	2772
2530	8553	André Carmo	00:27:44	00:53:20	00:52:37	2531		V35	352	00:04:09:18	1557
2531	10507	Lilian Meyer	00:26:43	00:53:20	00:52:39	2538	Blitzschnell	Junior	20	00:04:27:22	2495
2532	2547	Fernando Marcos	00:26:18	00:53:21	00:52:33	2518		V55	146	00:04:54:15	3916
2533	8833	Miguel Mamede	00:25:21	00:53:21	00:53:14	2684		V35	353	00:05:00:09	4265
2534	7278	Antonio Costa	00:27:34	00:53:21	00:52:29	2504	Associação Corrida Noturna Parque das Nações	V55	147	00:04:19:69	2099
2535	4303	Bruno Farola	00:25:51	00:53:21	00:53:19	2709		V35	354	00:04:43:24	3349
2536	4102	Marco Marques	00:24:17	00:53:21	00:53:03	2636		V35	355	00:04:19:95	2112
2537	10403	Antonio Saraiva	00:27:50	00:53:22	00:52:24	2483	Clube OGMA	V55	148	00:04:13:07	1751
2538	722	Pedro Fonseca	00:27:08	00:53:22	00:52:35	2528		V45	358	00:04:36:37	2982
2539	7289	João	00:26:56	00:53:23	00:52:48	2572	Associação Corrida Noturna Parque das Nações	V35	356	00:04:31:82	2732
2540	2663	Rui Santos	00:25:33	00:53:23	00:52:45	2561	JDM Atletismo	Senior	638	00:04:05:07	1367
2541	6191	Sebastian Bartling	00:29:02	00:53:23	00:51:08	2194		Senior	639	00:04:20:10	2119
2542	4876	Márcia Sobral	00:25:24	00:53:23	00:53:13	2680		Senior	120	00:04:46:36	3542
2543	9480	David Zemke	00:27:46	00:53:23	00:52:37	2532		V50	258	00:04:20:51	2142
2544	2606	Paulo Ferreira	00:25:24	00:53:24	00:53:19	2711	Bombeiros Voluntários de Montemor-o-Novo	V45	359	00:05:04:19	4500
2545	4288	Francisco Guimarães	00:29:49	00:53:24	00:50:22	2022		Senior	640	00:03:55:63	978
2546	3294	André Candeias	00:29:53	00:53:24	00:50:03	1931		Senior	641	00:03:58:05	1073
2547	6932	Júlia Nunes	00:27:21	00:53:24	00:52:38	2536		Senior	121	00:04:12:61	1717



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2548	107	Hostilio Martins	00:26:52	00:53:25	00:53:05	2644		V50	259	00:04:35:64	2933
2549	6795	Maria Fernandez	00:25:55	00:53:25	00:53:17	2697		V45	46	00:04:35:05	2899
2550	10330	Nuno Tenreiro	00:26:40	00:53:25	00:53:18	2706		V35	357	00:04:19:68	2097
2551	8632	João Freire	00:26:05	00:53:25	00:52:52	2596		V40	338	00:04:39:82	3155
2552	10093	Isabel Moura	00:26:21	00:53:25	00:52:38	2535		V45	47	00:04:47:81	3612
2553	2228	Priyá Dessai	00:26:55	00:53:25	00:53:15	2689	Caracóis do Moniz Pereira	V40	47	00:04:24:20	2332
2554	1571	António Aguiar	00:25:43	00:53:26	00:52:56	2612	Limited Edition Team	V50	260	00:04:40:81	3219
2555	3605	Nuno Marques	00:26:35	00:53:26	00:52:43	2554	RunLovers	V55	149	00:04:47:75	3608
2556	2744	Ricardo Moreira	00:28:30	00:53:26	00:51:11	2205		Senior	642	00:04:18:21	2024
2557	3704	Joao Silva	00:25:53	00:53:26	00:52:56	2618	NetJets	V50	261	00:04:51:94	3813
2558	4034	Inês Rijo	00:28:33	00:53:26	00:52:06	2414		Senior	122	00:04:11:42	1664
2559	9482	Joao Tavares	00:28:12	00:53:26	00:51:27	2278		V45	360	00:04:26:34	2438
2560	798	Nuno Oliveira	00:27:15	00:53:27	00:52:33	2517	ACADEMIA PANTERA NEGRA JIU-JITSU PINHAL	V50	262	00:04:29:77	2615
2561	9122	Filipe Martins	00:27:04	00:53:27	00:52:40	2544	Claranet Portugal	V40	339	00:04:41:44	3254
2562	5039	Nuno Sá	00:26:20	00:53:27	00:52:49	2579		Senior	643	00:04:32:70	2779
2563	530	Orlando Dias	00:26:10	00:53:27	00:53:06	2646		V55	150	00:04:46:14	3531
2564	10211	Tiago Portugal	00:26:36	00:53:27	00:52:44	2558		V40	340	00:04:39:78	3152
2565	3179	José Oliveira	00:26:24	00:53:27	00:53:02	2633		V50	263	00:04:31:36	2707
2566	253	Pedro Araújo	00:25:59	00:53:27	00:52:56	2613		V45	361	00:04:41:58	3263



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2567	10387	Luís Silva	00:26:01	00:53:27	00:52:53	2600		V35	358	00:04:30:10	2633
2568	9774	Inês Mestre	00:26:53	00:53:27	00:53:09	2660		Senior	123	00:04:23:40	2290
2569	3966	Herberto Monteiro	00:25:01	00:53:27	00:53:12	2675		V50	264	00:04:38:88	3103
2570	2932	Rosilda Poço	00:25:57	00:53:28	00:53:25	2727		V35	41	00:04:50:67	3760
2571	3899	Sandra Fernandes	00:26:03	00:53:28	00:52:57	2626		V50	19	00:04:34:37	2858
2572	7773	Hugo Lúcio	00:25:26	00:53:28	00:52:44	2557		Senior	644	00:04:40:96	3226
2573	7824	Mariana Silva	00:27:38	00:53:28	00:52:54	2606		Senior	124	00:04:22:08	2232
2574	7987	João Bernardo	00:27:27	00:53:28	00:52:03	2403	Os três violinos	Senior	645	00:04:39:70	3147
2575	1927	Diogo Godinho	00:27:42	00:53:28	00:53:08	2654		Senior	646	00:04:14:22	1817
2576	2820	Filipe Teixeira	00:26:26	00:53:28	00:52:43	2551	CDCR DOS CTT	Senior	647	00:04:41:71	3271
2577	4695	Rosa Rosa	00:26:02	00:53:29	00:53:12	2674		V40	48	00:04:37:70	3055
2578	10120	Rui Pinto	00:26:36	00:53:29	00:52:47	2567		V45	362	00:04:41:64	3267
2579	3968	Paulo Benido	00:25:23	00:53:29	00:53:26	2730		V65	18	00:04:29:01	2576
2580	563	Ana Dinis	00:26:23	00:53:29	00:53:24	2725	correr Loures	V35	42	00:04:19:78	2104
2581	10456	Duarte Santos	00:28:28	00:53:30	00:51:20	2244		Junior	65	00:04:23:79	2312
2582	9906	Sandro Carvalho	00:26:20	00:53:30	00:52:56	2619		V50	265	00:04:47:67	3603
2583	4266	Fernando Lopes	00:26:58	00:53:30	00:52:54	2602		V50	266	00:04:41:86	3278
2584	6989	João Rodrigues	00:26:42	00:53:30	00:53:20	2713		Senior	648	00:04:18:51	2041
2585	5112	Joao Batalha	00:25:33	00:53:30	00:53:18	2703		Senior	649	00:04:42:58	3315





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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2586	5840	Ana Cavacas	00:26:06	00:53:30	00:53:24	2724		Senior	125	00:04:40:67	3211
2587	8113	António Padilha	00:26:04	00:53:30	00:53:23	2720		Senior	650	00:04:40:48	3199
2588	9907	Selma Carvalho	00:26:21	00:53:31	00:52:57	2623		V50	20	00:04:46:85	3565
2589	3645	Jorge Mendes	00:25:34	00:53:31	00:53:24	2722	Caracóis de Pedra	V45	363	00:04:51:67	3796
2590	1935	Guilherme Gonçalves	00:25:42	00:53:31	00:53:25	2726	Clube Ferroviário de Portugal	V60	59	00:04:29:82	2618
2591	2848	Nuno Curto	00:27:08	00:53:31	00:52:39	2540	Valejas Atlético Clube - O Muchacho Barcarena	V40	341	00:04:30:27	2641
2592	9735	Pedro Matos	00:26:27	00:53:32	00:52:55	2611	GRCD Leião	V60	60	00:04:22:28	2244
2593	9648	Paulo Vivas	00:26:42	00:53:33	00:52:33	2521		V45	364	00:04:32:27	2756
2594	1530	Ana Damas	00:29:19	00:53:33	00:51:26	2274		V35	43	00:03:56:77	1019
2595	10482	Pedro Barbosa	00:28:10	00:53:33	00:53:30	2748		Senior	651	00:04:16:22	1918
2596	7739	Graça Jesus	00:25:31	00:53:33	00:53:30	2747	CAPenafirme	V55	12	00:04:47:19	3582
2597	387	Sarah Mosiman	00:25:33	00:53:33	00:53:16	2690		V35	44	00:05:01:29	4328
2598	10050	Ana Coelho	00:26:45	00:53:34	00:52:55	2609		Senior	126	00:04:46:25	3538
2599	656	João Ramos	00:26:37	00:53:34	00:52:47	2568		Senior	652	00:04:29:42	2600
2600	986	Andres Gutierrez	00:27:14	00:53:35	00:52:43	2552		V40	342	00:04:35:07	2900
2601	7551	André Cardoso	00:28:10	00:53:35	00:51:55	2384	GDC Banco de Portugal	V40	343	00:04:35:38	2918
2602	4964	Joana Marques	00:26:16	00:53:35	00:52:50	2580	Lindos	Senior	127	00:04:44:42	3428
2603	673	Pedro Carvalheiro	00:26:53	00:53:36	00:52:45	2563		V40	344	00:04:37:43	3033
2604	6706	Inês Neto	00:27:25	00:53:36	00:52:51	2583		V35	45	00:04:19:58	2088



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2605	5592	Amilcar Delgado	00:26:25	00:53:37	00:53:10	2663	adventurers	V45	365	00:04:35:21	2909
2606	416	William Assis	00:27:09	00:53:37	00:52:56	2614		V35	359	00:04:43:49	3363
2607	11278	Bram Uunen	00:26:29	00:53:37	00:53:18	2705		Senior	653	00:04:35:27	2912
2608	3106	Gonçalo Jesus	00:26:41	00:53:37	00:53:07	2651		V35	360	00:04:40:65	3210
2609	7292	Joel Silva	00:26:52	00:53:37	00:53:01	2632	Associação Corrida Noturna Parque das Nações	V50	267	00:04:30:46	2656
2610	7836	Inês Silva	00:25:32	00:53:37	00:53:16	2695		Senior	128	00:04:33:76	2826
2611	8308	Diogo Silva	00:25:32	00:53:38	00:53:36	2770		V35	361	00:04:33:99	2834
2612	3080	Mauro Brás	00:25:56	00:53:38	00:53:28	2740	URBAN RUN TEAM	V40	345	00:04:44:61	3439
2613	6265	Bernardo Ruivo	00:25:13	00:53:38	00:53:11	2669		Senior	654	00:05:25:57	5581
2614	517	Pedro Abraços	00:25:22	00:53:38	00:53:29	2745		V45	366	00:05:32:47	5865
2615	8607	Ana Sousa	00:26:07	00:53:39	00:53:08	2657		V45	48	00:04:36:52	2993
2616	1633	Sérgio Paz	00:26:31	00:53:39	00:53:04	2637		V50	268	00:04:38:72	3099
2617	3263	João Sousa	00:27:21	00:53:40	00:53:00	2630		Senior	655	00:04:19:03	2062
2618	2464	Anna Linnebacher	00:26:39	00:53:40	00:52:53	2601		Senior	129	00:04:53:96	3906
2619	570	Rui Vasconcelos	00:25:47	00:53:40	00:53:33	2757		V45	367	00:04:44:53	3434
2620	8973	Luis Santos	00:26:50	00:53:40	00:53:14	2685	O.F.S RUNNING TEAM	V40	346	00:04:57:45	4098
2621	532	Luis Pinto	00:27:59	00:53:40	00:52:31	2513		V55	151	00:04:15:32	1866
2622	8974	Leandro Grais	00:26:49	00:53:40	00:53:17	2698	O.F.S RUNNING TEAM	V40	347	00:04:57:28	4079
2623	7177	Ivo Cruz	00:27:00	00:53:41	00:52:46	2565		V35	362	00:04:33:77	2827



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2624	6339	Carla Ferreira	00:27:34	00:53:42	00:53:12	2677		V45	49	00:04:14:85	1844
2625	39	Inês Brito	00:26:11	00:53:42	00:53:15	2688		V50	21	00:04:44:07	3405
2626	5127	Raquel Pardelhas	00:27:24	00:53:42	00:52:35	2526		Senior	130	00:04:34:23	2847
2627	4706	Fernanda Paulo	00:26:11	00:53:42	00:53:16	2691		V50	22	00:04:43:13	3343
2628	10706	Carlos Castanho	00:28:19	00:53:42	00:53:39	2784		V45	368	00:04:01:31	1195
2629	3609	Diana Gaspar	00:26:46	00:53:43	00:52:49	2576	MIMOS	V40	49	00:04:36:48	2987
2630	2377	João Gomes	00:27:52	00:53:43	00:52:52	2592	Clube Novo Banco	V70	6	00:04:24:49	2347
2631	4740	Rui Amaral	00:27:17	00:53:44	00:53:43	2805		V50	269	00:04:27:42	2505
2632	6410	Luís Baptista	00:26:42	00:53:44	00:53:04	2639	Deloitte Running Club	V45	369	00:04:30:95	2681
2633	358	Custódio Ventura	00:28:07	00:53:45	00:53:27	2734	Ativo Team Running   Correr na Vila	V40	348	00:04:22:07	2230
2634	5336	Claudia Fonseca	00:27:49	00:53:45	00:51:24	2269		Senior	131	00:04:32:99	2794
2635	336	João Filipe	00:26:08	00:53:45	00:53:39	2786		V40	349	00:04:54:40	3929
2636	10616	David Carvalheiro	00:26:46	00:53:45	00:53:28	2738	LIFT ad - Run4JC	Senior	656	00:04:28:16	2537
2637	6205	Cristina Morari	00:27:17	00:53:45	00:53:05	2643		Senior	132	00:04:40:79	3217
2638	4385	Tiago Garcia	00:26:15	00:53:45	00:53:35	2766	Louletano	V35	363	00:04:48:71	3658
2639	5933	Vasco Gonçalves	00:27:37	00:53:46	00:52:51	2585		V40	350	00:04:22:44	2249
2640	8424	Inês Pereira	00:27:03	00:53:46	00:53:35	2762		Senior	133	00:04:26:69	2462
2641	10820	Ruben Silva	00:27:15	00:53:46	00:53:31	2750		V65	19	00:04:17:70	2000
2642	8724	Carlos Fernandes	00:27:38	00:53:46	00:52:50	2582	CCD Tranquilidade	V45	370	00:04:22:17	2236



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2643	8245	Ana Freitas	00:25:57	00:53:46	00:53:45	2811		V45	50	00:04:40:24	3184
2644	6687	Hugo Realinho	00:26:30	00:53:46	00:53:43	2802		V45	371	00:04:29:24	2587
2645	5475	Bruno Marques	00:27:57	00:53:46	00:50:47	2113		Senior	657	00:04:35:27	2910
2646	600	Paulo Marques	00:25:45	00:53:47	00:53:44	2806		V35	364	00:04:28:83	2569
2647	7064	Tiago Oliveira	00:25:10	00:53:47	00:53:36	2771		Senior	658	00:04:30:84	2677
2648	4425	Duarte Carvalho	00:27:04	00:53:47	00:53:26	2731		Junior	66	00:04:25:89	2411
2649	9136	Hugo Gonçalves	00:27:53	00:53:47	00:52:16	2451	Claranet Portugal	V45	372	00:04:20:51	2141
2650	3717	João Ramos	00:26:25	00:53:48	00:53:42	2797	NetJets	V35	365	00:04:36:59	2996
2651	3711	Bruno Dias	00:26:26	00:53:48	00:53:42	2796	NetJets	V35	366	00:04:36:51	2992
2652	5865	Iolanda Faustino	00:27:12	00:53:48	00:53:02	2634		Senior	134	00:04:27:82	2524
2653	9876	Danny Gomez	00:27:11	00:53:48	00:53:30	2749		V35	367	00:04:39:14	3121
2654	3476	Nuno Carvalho	00:27:04	00:53:49	00:53:26	2729		V40	351	00:04:27:58	2510
2655	1540	Lucas Zaffarani	00:27:26	00:53:49	00:53:28	2739		Senior	659	00:04:28:03	2531
2656	10661	João Gonçalves	00:28:03	00:53:49	00:53:11	2670		Senior	660	00:04:18:68	2050
2657	6886	Ruben Maurício	00:26:26	00:53:49	00:53:06	2648		V35	368	00:05:18:05	5227
2658	1503	Sergio Alves	00:27:00	00:53:49	00:53:22	2716		V35	369	00:04:36:36	2981
2659	7724	Nuno Mendes	00:26:13	00:53:49	00:53:45	2813		V40	352	00:03:42:25	536
2660	1084	Pedro Duarte	00:26:24	00:53:49	00:53:17	2700		V50	270	00:04:34:98	2897
2661	8425	Mário Pereira	00:27:04	00:53:49	00:53:37	2774		V60	61	00:04:30:18	2638



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# CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2662	4099	Paulo Silva	00:27:16	00:53:49	00:52:56	2616		Senior	661	00:04:20:25	2126
2663	3871	Carolina Morais	00:26:58	00:53:50	00:53:21	2714	A TEAM AGEAS	V40	50	00:04:39:11	3117
2664	1562	Dinis Coelho	00:26:45	00:53:50	00:53:36	2769	AS LEBRES	Junior	67	00:04:25:77	2408
2665	5909	Flavio Alberto	00:26:31	00:53:50	00:53:06	2647		V40	353	00:05:19:51	5289
2666	6297	João Lima	00:29:49	00:53:51	00:50:35	2065	5º a fundo	V35	370	00:04:08:04	1491
2667	6298	Sélene Lima	00:29:49	00:53:51	00:50:35	2066	5º a fundo	V35	46	00:04:07:80	1480
2668	7702	Cristiano Rodrigues	00:29:09	00:53:51	00:52:27	2495		V35	371	00:04:20:80	2163
2669	3930	Rui Silva	00:26:39	00:53:51	00:53:13	2679	Clube Portugal Telecom	V50	271	00:04:42:34	3302
2670	11285	Joao Vasconcelos	00:26:50	00:53:52	00:53:08	2656		V35	372	00:04:36:15	2971
2671	3913	Gonçalo Lopes	00:25:55	00:53:52	00:53:19	2710		V45	373	00:05:02:47	4406
2672	10844	Hugo Leite	00:25:40	00:53:52	00:53:39	2781	FIDELIDADE GDC	V40	354	00:05:05:19	4561
2673	8697	Paulo Silva	00:25:42	00:53:52	00:53:52	2843		V55	152	00:04:45:75	3516
2674	10731	Sara Silva	00:26:50	00:53:52	00:53:08	2655		V35	47	00:04:36:14	2970
2675	598	Rafael Marques	00:25:52	00:53:53	00:53:50	2832		Senior	662	00:04:34:30	2855
2676	2750	Rui Pereira	00:25:52	00:53:53	00:53:52	2842		V45	374	00:04:49:12	3683
2677	6611	Sofia Mancelos	00:28:05	00:53:54	00:53:16	2696		Senior	135	00:04:20:71	2158
2678	6651	Tomás Gorjão	00:27:40	00:53:54	00:52:57	2621		Senior	663	00:04:39:45	3130
2679	4177	Daniel Silvério	00:26:41	00:53:54	00:52:57	2625	G.D.R. São Francisco da Serra	V45	375	00:04:38:49	3089
2680	9401	Isaúl Oliveira	00:28:14	00:53:55	00:52:52	2594	ADCR O Independente	V50	272	00:04:21:03	2180



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2681	3760	Rui Carvalho	00:28:48	00:53:55	00:51:34	2302		Senior	664	00:04:04:01	1312
2682	7599	Tiago Silva	00:26:13	00:53:56	00:53:50	2836		Senior	665	00:04:37:87	3063
2683	3791	Claudia Augusto	00:25:58	00:53:56	00:53:47	2824	Clube Millennium BCP	V35	48	00:04:28:51	2555
2684	1023	Nuno Ribeiro	00:26:07	00:53:56	00:53:52	2841		V45	376	00:04:49:05	3676
2685	3097	Diogo Matos	00:27:02	00:53:56	00:53:29	2741	FMatos	Junior	68	00:03:54:84	937
2686	4053	Andre Machado	00:27:17	00:53:56	00:53:03	2635		V35	373	00:04:26:60	2456
2687	10511	Anibal Lourenço	00:25:47	00:53:56	00:53:41	2793	LIFT ad - Run4JC	V50	273	00:04:40:47	3197
2688	2442	Goncalo Aleixo	00:25:56	00:53:57	00:53:33	2758		V40	355	00:04:40:16	3178
2689	3519	Octávio Ferro	00:26:12	00:53:57	00:53:43	2803		V55	153	00:04:45:73	3513
2690	1218	Sofia Gabriel	00:26:01	00:53:57	00:53:44	2807	CCD Crédito Agrícola Mútuo	Senior	136	00:04:38:21	3078
2691	548	Alessandro Tosatto	00:26:50	00:53:58	00:53:04	2638		V50	274	00:04:40:67	3212
2692	5594	Filipe Pereira	00:27:46	00:53:59	00:53:29	2742		V40	356	00:04:20:38	2132
2693	5595	Marcos Pereira	00:27:46	00:53:59	00:53:29	2743		V65	20	00:04:20:62	2150
2694	7039	Remi Artelt	00:25:56	00:53:59	00:53:24	2721		V45	377	00:04:39:55	3140
2695	4412	Luís Martins	00:27:58	00:53:59	00:52:24	2480	Lamas	V35	374	00:04:23:38	2287
2696	9315	Elton Teixeira	00:27:48	00:54:00	00:53:42	2800		V35	375	00:04:16:57	1938
2697	437	Nuno Sousa	00:26:38	00:54:01	00:53:11	2672	Outsystems Olímpico de Oeiras	V50	275	00:04:47:53	3593
2698	1718	Rui Almeida	00:26:20	00:54:01	00:53:45	2815	Alverca Urban Runners	V45	378	00:04:48:43	3645
2699	11067	Rodrigo Ramos	00:28:38	00:54:01	00:52:18	2462		Senior	666	00:04:55:53	3993



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2700	5422	Madalena Preciso	00:26:42	00:54:01	00:53:16	2693	Clube Atletismo Amigos de Belém	Senior	137	00:04:41:45	3256
2701	5421	Carlos Preciso	00:26:42	00:54:01	00:53:16	2692	Clube Atletismo Amigos de Belém	V50	276	00:04:41:83	3276
2702	1771	Sónia Neves	00:26:26	00:54:02	00:53:14	2682		V45	51	00:04:41:65	3269
2703	6473	David Queiros	00:25:11	00:54:02	00:53:53	2845		Senior	667	00:04:53:57	3893
2704	4669	Pedro Cleto	00:26:20	00:54:02	00:53:57	2862		V50	277	00:04:41:53	3261
2705	10257	Tatiana Martins	00:26:14	00:54:02	00:53:10	2665		Senior	138	00:04:48:24	3632
2706	10254	Gustavo Rodrigues	00:26:14	00:54:02	00:53:10	2664		Senior	668	00:04:48:42	3643
2707	8661	César Henriques	00:26:40	00:54:02	00:53:12	2678		V40	357	00:04:49:31	3693
2708	3107	Luís Nunes	00:26:45	00:54:02	00:53:32	2754		V50	278	00:04:37:59	3046
2709	6865	Marta Bispo	00:26:32	00:54:03	00:53:40	2791		V40	51	00:04:26:05	2422
2710	248	Paulo Nunes	00:26:32	00:54:03	00:53:40	2788		V50	279	00:04:26:45	2448
2711	1137	Júlio Ribeiro	00:28:13	00:54:03	00:53:45	2814	Ativo Team Running   Correr na Vila	V50	280	00:04:40:07	3174
2712	2103	Jacinto Batista	00:26:14	00:54:03	00:53:18	2701		V60	62	00:04:36:67	3003
2713	6951	Lendl Ferreira	00:27:08	00:54:04	00:53:33	2760		V40	358	00:04:52:20	3822
2714	414	Rodrigo Silva	00:27:43	00:54:04	00:52:39	2539		Senior	669	00:04:35:17	2906
2715	9851	Teresa Miranda	00:26:00	00:54:04	00:53:41	2794	Bankinter	Junior	21	00:05:08:41	4748
2716	359	Nuno Mateus	00:28:13	00:54:04	00:53:46	2819	Ativo Team Running   Correr na Vila	V40	359	00:04:39:87	3159
2717	6570	Vitor Ribeiro	00:26:00	00:54:05	00:53:52	2844		V40	360	00:04:59:46	4227
2718	2810	Vasco Ascensão	00:27:53	00:54:05	00:53:37	2777	CDCR DOS CTT	Junior	69	00:04:31:83	2734



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2719	5614	João Borba	00:26:05	00:54:06	00:53:21	2715	NICOLAU	Senior	670	00:04:45:53	3503
2720	3486	Ivone Antunes	00:28:24	00:54:07	00:53:25	2728		V45	52	00:04:10:97	1645
2721	6794	Pilar Urrestarazu	00:27:17	00:54:07	00:54:00	2876		V40	52	00:04:33:02	2795
2722	7011	João Silveira	00:26:27	00:54:07	00:53:27	2735	SS CGD	V55	154	00:04:46:65	3555
2723	6827	João Duarte	00:26:41	00:54:08	00:53:58	2865		Senior	671	00:04:38:67	3097
2724	1130	João Neves	00:26:14	00:54:08	00:53:19	2712		V55	155	00:04:36:82	3010
2725	293	Eucinário Pinheiro	00:27:02	00:54:08	00:53:50	2831	FIDELIDADE GDC	V55	156	00:04:40:59	3204
2726	5729	Pedro Seabra	00:27:57	00:54:08	00:53:24	2723		Junior	70	00:04:15:17	1855
2727	5749	Pedro Serrao	00:27:26	00:54:09	00:53:53	2854	Come+Corre	V35	376	00:04:12:83	1732
2728	10538	Tiago Vidal	00:28:38	00:54:09	00:52:17	2460		Senior	672	00:04:30:52	2662
2729	2671	Elsa Gouveia	00:29:38	00:54:09	00:51:38	2317		V50	23	00:04:04:52	1341
2730	2670	Pedro Costa	00:29:38	00:54:09	00:51:39	2325		V35	377	00:04:04:09	1318
2731	9739	Matheus Drumond	00:27:25	00:54:10	00:53:59	2875		Senior	673	00:04:41:79	3274
2732	9931	Jamie Moore	00:28:21	00:54:10	00:52:51	2586		Senior	674	00:04:20:54	2146
2733	6357	Amy Whelan	00:28:23	00:54:10	00:52:52	2595		Senior	139	00:04:21:00	2176
2734	8580	João Valente	00:27:14	00:54:10	00:53:04	2640		V50	281	00:04:32:90	2790
2735	1455	Sergio Vieira	00:28:29	00:54:10	00:52:29	2507		V45	379	00:04:27:08	2490
2736	7133	Filipe Carvalho	00:25:28	00:54:10	00:53:37	2772		V35	378	00:05:03:42	4459
2737	8803	Hugo Rosas	00:26:35	00:54:11	00:53:23	2719		V45	380	00:04:40:67	3213





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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2738	1643	João Oliveira	00:29:02	00:54:11	00:51:21	2252		Senior	675	00:04:09:88	1589
2739	4283	Miguel Elias	00:27:46	00:54:12	00:53:38	2778		V40	361	00:04:33:60	2820
2740	26	Bruno Domingos	00:26:00	00:54:12	00:53:56	2861		V40	362	00:04:35:75	2945
2741	461	Rogério Esteves	00:27:16	00:54:12	00:53:59	2872		Senior	676	00:04:43:65	3372
2742	4966	Pedro Pereira	00:29:11	00:54:13	00:53:18	2702	Lindos	V35	379	00:04:27:02	2484
2743	4149	David Ferreira	00:25:11	00:54:13	00:53:58	2868		Junior	71	00:04:19:96	2113
2744	4697	Miguel Rocha	00:27:31	00:54:13	00:53:33	2756		V50	282	00:04:44:18	3408
2745	9454	Maarten Dumont	00:25:59	00:54:14	00:53:56	2859		V40	363	00:04:58:74	4179
2746	286	Luis Brunheta	00:27:56	00:54:14	00:53:35	2764		V40	364	00:04:20:46	2137
2747	6282	Juliana Pinheiral	00:27:22	00:54:14	00:53:47	2823		V35	49	00:04:41:08	3240
2748	6553	Tiago Abade	00:26:00	00:54:14	00:53:50	2835		V45	381	00:04:42:86	3328
2749	289	Pedro Marques	00:27:55	00:54:14	00:53:35	2765		V45	382	00:04:20:82	2164
2750	1027	Cláudia Correia	00:26:50	00:54:14	00:53:39	2787		Senior	140	00:04:37:49	3042
2751	2010	Tatiana Villares	00:26:16	00:54:14	00:54:01	2881		Senior	141	00:04:48:85	3666
2752	10486	Fernando Braz	00:26:18	00:54:15	00:53:56	2858		Senior	677	00:04:46:75	3560
2753	11292	Paulo Bernardo	00:26:32	00:54:15	00:54:14	2936		V45	383	00:04:54:51	3938
2754	1671	Tiago Vila	00:27:56	00:54:15	00:52:17	2459	ESTAROLAS 2.0	V40	365	00:04:35:40	2920
2755	9826	Tiago Pereira	00:29:18	00:54:15	00:51:10	2203		V50	283	00:04:13:29	1758
2756	513	Jorge Neto	00:26:18	00:54:15	00:54:07	2903	Alcaldesa Team	V35	380	00:04:43:62	3371



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2757	5680	Diogo Bernardes	00:27:06	00:54:15	00:53:41	2795	FAM 2 RUN	Senior	678	00:04:15:34	1869
2758	2227	Raquel Miranda	00:26:05	00:54:16	00:54:12	2918	Caracóis do Moniz Pereira	V40	53	00:04:52:05	3815
2759	8034	Hugo Noronha	00:25:52	00:54:16	00:54:06	2900	Ativo Team Running   Correr na Vila	V40	366	00:04:43:66	3375
2760	451	João Ferreira	00:27:06	00:54:16	00:53:14	2683		V35	381	00:04:25:35	2391
2761	5589	Barbara Piassarollo	00:27:21	00:54:17	00:53:33	2755	B2PTRUNNING	V35	50	00:04:41:26	3246
2762	5588	Bruno Gonçalves	00:27:20	00:54:17	00:53:32	2753	B2PTRUNNING	Senior	679	00:04:41:49	3259
2763	7606	Bruna Melo	00:27:00	00:54:17	00:53:58	2866		V35	51	00:04:58:70	4174
2764	2410	Ricardo Canas	00:28:53	00:54:17	00:52:51	2590	Clube Novo Banco	V50	284	00:04:28:29	2547
2765	10404	Francisco Ribeiro	00:27:15	00:54:18	00:53:39	2785		Senior	680	00:04:29:16	2584
2766	761	Antonio Tavares	00:28:43	00:54:18	00:51:38	2319		V45	384	00:04:30:69	2671
2767	4373	Andreia Silva	00:26:45	00:54:18	00:54:18	2956	Clube Tecnovia	V40	54	00:04:39:12	3118
2768	9404	Luís Balau	00:26:42	00:54:19	00:53:18	2704	ADCR O Independente	V35	382	00:04:51:39	3782
2769	5683	Liliana Correia	00:26:33	00:54:19	00:54:05	2897	FAM 2 RUN	Senior	142	00:04:39:46	3133
2770	2429	Elisabete Saragoça	00:27:29	00:54:19	00:53:49	2828	DXC Triamazing	V50	24	00:04:35:72	2943
2771	6980	Rui Santos	00:26:01	00:54:20	00:53:54	2856		V40	367	00:05:26:58	5630
2772	7425	Lígia Braga	00:26:01	00:54:20	00:53:53	2848		V40	55	00:05:26:77	5639
2773	5607	João Rego	00:29:06	00:54:20	00:52:49	2578		Senior	681	00:04:15:90	1902
2774	7021	Isabel Moreira	00:27:20	00:54:20	00:53:53	2847	Salesianos	V55	13	00:04:37:89	3064
2775	272	Joao Paulo	00:28:04	00:54:21	00:53:32	2751	Lebres do Oeste	V50	285	00:04:24:32	2337



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2776	7654	Flávia Duarte	00:26:34	00:54:22	00:54:18	2958	Os Kotas	Senior	143	00:04:35:50	2926
2777	450	Luis Rodrigues	00:26:41	00:54:22	00:53:40	2789		V40	368	00:04:45:49	3501
2778	2902	Paulo Duarte	00:26:05	00:54:22	00:53:48	2825	GDCT Unicre	V55	157	00:04:18:39	2035
2779	10795	Rui Belém	00:27:46	00:54:22	00:53:48	2826		V35	383	00:04:33:31	2805
2780	5390	Fernando Rodrigues	00:27:24	00:54:23	00:53:53	2853		V50	286	00:04:44:22	3410
2781	7818	Ricardo Governo	00:28:01	00:54:23	00:53:45	2812		V50	287	00:04:43:38	3355
2782	1734	Maria Simões	00:27:36	00:54:23	00:53:42	2798	GMCJamor	V45	53	00:04:20:15	2121
2783	8062	Jorge Ferreira	00:25:50	00:54:23	00:54:08	2908		V50	288	00:04:56:95	4056
2784	10060	Joana Bispo	00:27:54	00:54:24	00:53:42	2799		Senior	144	00:04:15:62	1885
2785	5468	Rui Maltez	00:27:30	00:54:24	00:53:52	2840		V55	158	00:04:37:60	3048
2786	4916	Manuel Lourenço	00:27:01	00:54:24	00:54:04	2893		V35	384	00:04:43:65	3374
2787	9154	Taís Rosa	00:27:38	00:54:25	00:53:44	2808	Grupo Sousa	Senior	145	00:04:21:31	2197
2788	8761	Alberto Vinagre	00:27:46	00:54:25	00:53:46	2821		V60	63	00:04:50:76	3763
2789	3752	André Oliveira	00:29:40	00:54:25	00:51:00	2159		Senior	682	00:04:04:96	1363
2790	4871	Duarte Garcia	00:29:42	00:54:25	00:51:01	2170		Senior	683	00:04:05:38	1381
2791	7117	Bruno Ramos	00:27:22	00:54:25	00:53:38	2779		V40	369	00:04:31:26	2698
2792	2088	Ana Morgado	00:26:17	00:54:25	00:53:37	2776		Senior	146	00:04:58:30	4144
2793	1740	Célia Lopes	00:27:27	00:54:26	00:54:15	2942	SIMECQ	V35	52	00:04:35:27	2911
2794	8001	Mileide Semedo	00:26:59	00:54:26	00:53:39	2783		V35	53	00:04:57:68	4113



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2795	1954	António Iria	00:27:04	00:54:26	00:54:13	2930	Clube TAP PORTUGAL	V55	159	00:04:21:32	2199
2796	8524	Maksim Ploskodniak	00:28:27	00:54:26	00:51:47	2354		Senior	684	00:04:15:13	1851
2797	5252	Nuno Ferreira	00:27:46	00:54:26	00:53:35	2768		V35	385	00:05:09:82	4823
2798	2853	Rafael Silva	00:26:38	00:54:27	00:53:53	2850	Valejas Atlético Clube - O Muchacho Barcarena	V35	386	00:04:43:03	3339
2799	10786	Madalena Fontinhas	00:27:07	00:54:27	00:54:07	2906		V40	56	00:04:31:47	2712
2800	3940	Luis Abreu	00:26:43	00:54:27	00:54:10	2912		V55	160	00:04:35:70	2940
2801	5053	Tiago Meira	00:26:51	00:54:27	00:53:35	2767		V40	370	00:04:34:80	2888
2802	5354	Victor Clara	00:26:37	00:54:27	00:54:13	2928	Associação Cultural e Recreativa da Mealhada	V55	161	00:04:34:81	2890
2803	7040	Jean Gonçalves	00:28:13	00:54:27	00:53:33	2759		Senior	685	00:04:25:89	2412
2804	680	Francisco Conceição	00:26:56	00:54:28	00:53:35	2763	Together, we finish!	V35	387	00:04:23:83	2316
2805	3991	Guilherme Silva	00:27:39	00:54:28	00:54:00	2879		Senior	686	00:04:33:46	2813
2806	8544	João Amorim	00:26:10	00:54:28	00:54:18	2957		Senior	687	00:04:38:06	3072
2807	3320	Frederico Martins	00:27:26	00:54:28	00:54:16	2948	GDC Banco de Portugal	Senior	688	00:04:36:35	2980
2808	609	Gracinda Fernandes	00:27:38	00:54:28	00:53:46	2818	GMCJamor	V50	25	00:04:24:68	2356
2809	9507	Jose Santos	00:26:06	00:54:29	00:54:09	2911		V50	289	00:04:37:72	3058
2810	6710	Pedro Peixoto	00:26:01	00:54:29	00:54:24	2977		Senior	689	00:04:52:83	3852
2811	2079	Diogo Abrantes	00:27:26	00:54:29	00:54:12	2919		Junior	72	00:03:57:23	1038
2812	6709	Mario Rufino	00:27:11	00:54:29	00:54:25	2980		V55	162	00:04:40:63	3208
2813	5787	Ana Robalo	00:26:51	00:54:29	00:53:43	2804		Senior	147	00:04:34:68	2882



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2814	6769	Margarida Vida	00:26:54	00:54:30	00:53:38	2780		Senior	148	00:04:45:38	3498
2815	9537	Bruno Nunes	00:29:08	00:54:30	00:52:29	2505		Senior	690	00:04:24:27	2335
2816	4736	Gonçalo Rodrigues	00:26:50	00:54:30	00:53:45	2816		Senior	691	00:04:35:68	2936
2817	3541	Ricardo Pereira	00:27:15	00:54:31	00:53:51	2838		V35	388	00:04:38:00	3068
2818	261	André Relvas	00:26:50	00:54:31	00:54:17	2954	correr Loures	Senior	692	00:04:46:87	3566
2819	7577	Nuno Martins	00:26:03	00:54:31	00:53:40	2790		V40	371	00:04:35:61	2931
2820	1413	Rui Maia	00:26:42	00:54:32	00:54:06	2902		V50	290	00:04:41:74	3273
2821	5120	Hugo Rodriues	00:27:00	00:54:32	00:54:05	2898		V45	385	00:04:52:75	3849
2822	1451	Rui Afonso	00:27:34	00:54:32	00:53:53	2852		V45	386	00:04:35:46	2924
2823	7291	Joaquim Galvão	00:26:22	00:54:32	00:54:19	2961	Associação Corrida Noturna Parque das Nações	V65	21	00:04:34:28	2854
2824	5767	Diana Mineiro	00:27:12	00:54:33	00:54:21	2966		Senior	149	00:04:38:30	3080
2825	8526	Jonny Soares	00:26:27	00:54:34	00:53:19	2708		V35	389	00:04:47:26	3585
2826	8069	António Moura	00:28:15	00:54:34	00:53:41	2792	Xallenge Team	V50	291	00:04:29:26	2588
2827	529	Susana Mendes	00:27:19	00:54:34	00:53:56	2860		V40	57	00:04:42:37	3305
2828	10088	Helena Marques	00:27:25	00:54:35	00:53:44	2809		V50	292	00:04:44:82	3460
2829	1651	Fernanda Saito	00:26:11	00:54:35	00:54:32	3006		V45	54	00:04:57:77	4122
2830	5375	Carlos Palhinhas	00:26:55	00:54:35	00:54:04	2894	GDC Portos de Sines e do Algarve	V45	387	00:04:40:33	3190
2831	2112	Cláudio Moço	00:26:03	00:54:35	00:54:31	3005		V40	372	00:04:50:53	3754
2832	2455	Antonio Matos	00:27:04	00:54:35	00:53:54	2855		V65	22	00:04:20:86	2166



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2833	10221	Paula Sobral	00:27:42	00:54:35	00:53:57	2863		V50	26	00:04:32:38	2766
2834	6323	Antonio Martinho	00:27:24	00:54:37	00:53:54	2857		V55	163	00:04:47:60	3600
2835	2726	Ana Sobral	00:27:06	00:54:37	00:54:14	2934	GMCJamor	V40	58	00:04:26:41	2446
2836	10972	José Fernandes	00:30:28	00:54:37	00:51:43	2342		V40	373	00:04:04:32	1329
2837	5419	Isabel Silva	00:27:23	00:54:37	00:54:28	2990		V40	59	00:04:47:32	3586
2838	5859	Teodora Marvakova	00:27:23	00:54:37	00:54:28	2989		Senior	150	00:04:32:34	2762
2839	375	Acácio Barata	00:27:55	00:54:38	00:53:59	2873		V45	388	00:04:25:92	2414
2840	1060	Ricardo Carvalho	00:27:16	00:54:38	00:54:13	2933		V40	374	00:04:26:88	2471
2841	6646	Vladimir Pages	00:27:46	00:54:38	00:52:57	2622		V40	375	00:04:36:39	2984
2842	6941	Rita Santos	00:27:37	00:54:38	00:54:25	2981		Senior	151	00:04:40:64	3209
2843	8012	Filipe Ceia	00:30:18	00:54:39	00:52:08	2423		V35	390	00:04:14:71	1838
2844	2251	Joana Infante	00:27:51	00:54:39	00:54:23	2974		Senior	152	00:04:36:03	2963
2845	4924	Mónica Lopes	00:29:18	00:54:39	00:52:30	2509		V45	55	00:04:14:55	1831
2846	2415	Ana Monteiro	00:27:41	00:54:39	00:53:49	2829	Clube Novo Banco	V55	14	00:04:20:90	2170
2847	6017	Pedro Frade	00:28:26	00:54:40	00:54:02	2885		Senior	693	00:04:09:91	1592
2848	7121	David Galante	00:26:13	00:54:40	00:54:07	2905		V45	389	00:04:47:53	3592
2849	2420	João Infante	00:27:53	00:54:40	00:54:23	2973	Linda-a-Pastora Sporting Clube	V60	64	00:04:36:93	3013
2850	10753	Raúl Abadías	00:27:26	00:54:40	00:54:30	3001		Senior	694	00:04:42:74	3323
2851	10752	Belén Ladrero	00:27:26	00:54:40	00:54:30	3000		Senior	153	00:04:42:98	3337



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2852	6959	Gustavo Évora	00:27:29	00:54:40	00:54:15	2940		V55	164	00:04:36:01	2961
2853	10471	Sebastiao Patricio	00:27:28	00:54:41	00:53:28	2737		Senior	695	00:04:26:10	2426
2854	6958	João Carvalho	00:27:29	00:54:41	00:54:15	2939		V50	293	00:04:36:23	2976
2855	5007	Marcelo Cardeira	00:28:19	00:54:41	00:53:58	2867		V50	294	00:04:30:49	2660
2856	7148	Antonio Melgao	00:27:04	00:54:41	00:54:30	2998		V40	376	00:04:34:07	2842
2857	3288	João Gonçalves	00:29:11	00:54:41	00:52:27	2497		Junior	73	00:03:57:41	1048
2858	54	Vasco Metelo	00:26:01	00:54:41	00:54:40	3031		V45	390	00:04:52:54	3836
2859	9127	Telmo Martinho	00:27:17	00:54:41	00:54:17	2951	Claranet Portugal	V40	377	00:04:30:48	2658
2860	5621	Sara Silva	00:26:12	00:54:42	00:54:40	3032	Da Silva	Senior	154	00:04:51:55	3790
2861	7256	Oleg Bildukevich	00:27:45	00:54:42	00:54:05	2899		V50	295	00:04:49:13	3685
2862	292	Susana Madeira	00:26:32	00:54:43	00:54:42	3041	Desafios Positivos D+	V45	56	00:04:46:83	3564
2863	9294	Verá Lisa	00:25:56	00:54:43	00:54:30	2999		V40	60	00:04:57:71	4116
2864	8221	Carlos Pereira	00:28:04	00:54:43	00:53:34	2761		V40	378	00:04:23:33	2282
2865	120	João Afonso	00:28:16	00:54:43	00:53:49	2830		V50	296	00:04:29:05	2578
2866	8300	Tomás Ferrão	00:26:54	00:54:43	00:53:39	2782		Senior	696	00:04:40:81	3218
2867	5095	Nuno Correia	00:26:20	00:54:44	00:54:32	3009	United Warriors OCR	V45	391	00:05:00:97	4315
2868	5882	Marc Menezes	00:27:55	00:54:44	00:53:17	2699	The Zés	V35	391	00:04:21:71	2218
2869	10546	Larraitz Larrarte	00:27:09	00:54:44	00:54:34	3015		Senior	155	00:04:49:06	3679
2870	9215	Dora Sousa	00:28:38	00:54:44	00:54:17	2950	CF Os Belenenses	V45	57	00:04:25:17	2377



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2871	5156	Francisco Araújo	00:28:51	00:54:45	00:52:29	2508		Senior	697	00:04:51:35	3781
2872	2000	Carlos Martins	00:26:47	00:54:45	00:54:38	3024		V60	65	00:04:51:93	3812
2873	1957	Carlos Silva	00:28:13	00:54:45	00:53:53	2851	Clube TAP PORTUGAL	V55	165	00:04:27:59	2512
2874	674	Carmen Safara	00:27:36	00:54:46	00:54:02	2882	Be Running	V35	54	00:04:39:55	3139
2875	192	Vanda Bragança	00:27:37	00:54:46	00:54:02	2883	Be Running	V45	58	00:04:39:25	3122
2876	4725	Catia Pinto	00:27:37	00:54:46	00:54:02	2884	Be Running	V35	55	00:04:39:28	3126
2877	2468	Mika Peliganga	00:31:04	00:54:46	00:53:05	2645		Junior	74	00:03:52:91	866
2878	8437	Guilherme Alves	00:27:33	00:54:47	00:54:41	3035		Senior	698	00:04:02:20	1227
2879	1293	Rui Martins	00:29:07	00:54:47	00:52:24	2481	Two Care	V35	392	00:04:29:30	2590
2880	3534	Henrique Joaquim	00:27:27	00:54:47	00:54:18	2955		V50	297	00:04:47:69	3606
2881	10212	Carla Lopes	00:26:09	00:54:48	00:54:47	3062		V45	59	00:04:42:89	3329
2882	9823	Matteo Ballotta	00:29:31	00:54:48	00:52:19	2466		Senior	699	00:03:35:44	382
2883	7811	Daniel Martins	00:27:21	00:54:48	00:54:25	2979		V45	392	00:05:02:34	4398
2884	8528	Bernardo Candelária	00:27:32	00:54:48	00:54:21	2969		Senior	700	00:04:43:95	3397
2885	5269	Pedro Rebelo	00:27:14	00:54:48	00:54:20	2964		V45	393	00:04:37:01	3015
2886	6782	Ricardo Reis	00:27:26	00:54:49	00:53:23	2718		V35	393	00:04:45:02	3479
2887	1761	Nuno Peralta	00:27:08	00:54:49	00:54:16	2945		V45	394	00:04:37:10	3018
2888	4635	Diogo Rodrigues	00:26:55	00:54:49	00:54:29	2994	Ultralca	Senior	701	00:04:50:50	3753
2889	2966	António Machado	00:27:26	00:54:49	00:53:23	2717		V40	379	00:04:45:22	3491





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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2890	8203	Rui Nobre	00:27:01	00:54:50	00:54:19	2960	OntriSports	V40	380	00:04:43:75	3379
2891	6716	Nuno Proença	00:28:39	00:54:50	00:53:43	2801		V40	381	00:04:30:79	2674
2892	8801	Isabel França	00:27:56	00:54:50	00:54:12	2921	CCDTMetroLX	V50	27	00:04:23:43	2295
2893	589	Cristian Sasmiresan	00:26:12	00:54:50	00:54:17	2953		Senior	702	00:04:59:17	4206
2894	9396	Cassiana Bruel	00:27:08	00:54:50	00:54:14	2935	Nobitas	V60	3	00:04:51:68	3797
2895	1314	João Oliveira	00:26:04	00:54:51	00:54:43	3044		V60	66	00:04:50:17	3740
2896	3848	Ricardo Sena	00:28:04	00:54:51	00:54:33	3013	Clube Millennium BCP	Senior	703	00:04:24:05	2327
2897	5175	Cristiano Lucas	00:26:55	00:54:51	00:54:32	3010	Ultralca	Senior	704	00:04:50:44	3750
2898	3927	Roger Meintjes	00:27:55	00:54:51	00:54:04	2895		V60	67	00:04:23:55	2302
2899	4442	Filipe Garcia	00:26:37	00:54:52	00:54:06	2901		V40	382	00:04:37:64	3052
2900	10859	Marcos Marmol	00:26:51	00:54:53	00:54:46	3059		Senior	705	00:05:01:45	4335
2901	7076	Eva Paz	00:27:28	00:54:53	00:54:21	2968	DXC Triamazing	Senior	156	00:04:42:20	3296
2902	2989	Carla Silva	00:27:34	00:54:54	00:54:35	3020	AZA-Azambuja com Alma	V50	28	00:04:35:68	2937
2903	9522	Pedro Abreu	00:26:23	00:54:54	00:54:29	2992		Senior	706	00:04:45:41	3499
2904	1221	Benedita Santos	00:29:36	00:54:54	00:52:20	2469		Senior	157	00:04:09:94	1595
2905	5194	Pedro Amante	00:27:36	00:54:54	00:53:29	2744	PésdeChumbo	V45	395	00:04:54:01	3908
2906	6619	Ana Lopes	00:27:01	00:54:54	00:54:51	3078	Bellatores	V35	56	00:04:47:00	3572
2907	1016	Luis Santiago	00:25:45	00:54:54	00:54:31	3004		V55	166	00:04:24:55	2349
2908	9138	João	00:27:32	00:54:55	00:54:24	2978	Claranet Portugal	V40	383	00:04:46:56	3548



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2909	1962	Jorge Gonçalves	00:27:57	00:54:55	00:54:12	2920	Clube TAP PORTUGAL	V35	394	00:04:34:23	2848
2910	3601	André Pombo	00:28:48	00:54:55	00:53:59	2869		Senior	707	00:03:56:98	1023
2911	2391	Dora Santos	00:27:54	00:54:56	00:54:46	3057	Clube Novo Banco	V45	60	00:04:43:56	3368
2912	7349	Valter Vidigueira	00:29:02	00:54:57	00:52:51	2584	Helsínquia 2024	Senior	708	00:04:48:93	3671
2913	98	Otilia Santos	00:25:17	00:54:57	00:54:55	3088		V35	57	00:05:24:90	5558
2914	7059	Beatriz Abreu	00:29:58	00:54:57	00:53:53	2846		Junior	22	00:04:11:02	1646
2915	9871	Francisca Duarte	00:26:45	00:54:57	00:54:52	3080		V45	61	00:04:45:54	3506
2916	884	Manuel Gavina	00:26:47	00:54:57	00:54:15	2943		V45	396	00:04:42:94	3332
2917	8365	Jorge Dias	00:26:15	00:54:58	00:54:33	3012	FIDELIDADE GDC	Senior	709	00:04:40:05	3171
2918	8772	Carlos Marques	00:29:03	00:54:58	00:54:07	2904		V45	397	00:04:41:57	3262
2919	7421	Eduardo Botelho	00:26:41	00:54:58	00:54:41	3034	Os Golfinhos	V35	395	00:04:50:22	3741
2920	7420	Julian Perelman	00:26:42	00:54:59	00:54:40	3030	Os Golfinhos	V45	398	00:04:49:91	3725
2921	9929	Bernardo Santos	00:24:24	00:54:59	00:54:25	2983		Senior	710	00:04:30:23	2639
2922	5055	Tiago Luis	00:27:03	00:54:59	00:54:41	3033		V35	396	00:04:43:77	3382
2923	11096	Bo Dury	00:29:16	00:54:59	00:53:12	2676		Senior	158	00:04:29:15	2582
2924	2106	Manuel Alves	00:27:31	00:55:00	00:54:01	2880		V40	384	00:04:46:74	3558
2925	3665	Tiago Mora	00:27:23	00:55:00	00:54:29	2995		V45	399	00:04:34:25	2850
2926	6244	Leandro Gonçalves	00:26:53	00:55:00	00:54:31	3002		V40	385	00:04:34:79	2887
2927	4707	Bruno Ramos	00:27:12	00:55:01	00:54:04	2892		V40	386	00:04:41:84	3277



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2928	8173	Katarina Gois	00:27:37	00:55:02	00:54:35	3017	OntriSports	Senior	159	00:04:27:00	2482
2929	7755	Luis Pereira	00:26:14	00:55:02	00:54:57	3106		V45	400	00:04:45:19	3489
2930	9787	Jose Schilt	00:28:14	00:55:03	00:54:13	2923		V65	23	00:04:43:89	3391
2931	4763	Francisco Dias	00:28:57	00:55:03	00:52:54	2603		Senior	711	00:04:32:07	2745
2932	4674	Luis Duarte	00:26:54	00:55:04	00:54:56	3101		V50	298	00:04:59:44	4226
2933	9626	Francisco Silva	00:28:43	00:55:04	00:52:57	2624		Senior	712	00:04:37:70	3056
2934	8344	Carlos Marques	00:27:02	00:55:04	00:54:43	3047		V45	401	00:04:50:68	3761
2935	8131	Andre Costal	00:26:26	00:55:04	00:55:01	3126	OntriSports	V45	402	00:04:44:82	3461
2936	4640	Patricia Gaspar	00:26:26	00:55:04	00:55:00	3122	GDCTINCM	V45	62	00:04:44:71	3450
2937	8828	Gonçalo Rosmaninho	00:27:53	00:55:04	00:54:50	3072		V35	397	00:04:46:61	3550
2938	2261	Pedro Brandão	00:29:01	00:55:04	00:54:20	2965		V35	398	00:04:14:28	1821
2939	8826	Ricardo Bargado	00:27:53	00:55:04	00:54:50	3073		Senior	713	00:04:47:55	3597
2940	6023	Tiago Cardao-Pito	00:27:05	00:55:04	00:54:32	3011		V45	403	00:04:30:36	2647
2941	198	Nuno Fernandes	00:26:34	00:55:05	00:55:01	3124	Ativo Team Running   Correr na Vila	V50	299	00:04:44:30	3419
2942	1500	Paula Rodrigues	00:28:55	00:55:05	00:54:47	3064		V45	63	00:04:17:53	1988
2943	4447	Martim Teixeira	00:28:25	00:55:05	00:53:27	2732		Senior	714	00:04:10:46	1614
2944	8813	Manuel Faria	00:27:05	00:55:06	00:54:38	3026		V35	399	00:04:45:18	3488
2945	7822	Rodrigo Pereira	00:31:32	00:55:06	00:54:10	2915		Senior	715	00:03:56:46	1004
2946	10991	Carsten Karbach	00:28:44	00:55:06	00:54:15	2937		Senior	716	00:04:40:40	3193



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2947	6054	Tiago Lopes	00:28:25	00:55:07	00:54:29	2993		V35	400	00:04:32:91	2791
2948	10970	Francisco Dias	00:29:14	00:55:07	00:51:49	2366		V35	401	00:04:11:31	1661
2949	6389	Marta Caetano	00:27:28	00:55:07	00:54:57	3107		V40	61	00:04:38:41	3084
2950	399	André Casado	00:27:27	00:55:07	00:54:57	3103		V35	402	00:04:38:47	3088
2951	4483	Filipa Martins	00:26:30	00:55:08	00:54:59	3114	Associação Cultural e Recreativa da Mealhada	V40	62	00:04:51:32	3779
2952	5514	António Duarte	00:27:05	00:55:09	00:54:53	3084	Clube do Stress	V60	68	00:04:32:23	2754
2953	8817	Madalena Boigues	00:27:28	00:55:09	00:54:56	3099		Senior	160	00:04:41:29	3247
2954	1394	Mafalda Leal	00:26:08	00:55:09	00:54:58	3112		Senior	161	00:04:52:64	3844
2955	1850	Nuno Fragoso	00:28:40	00:55:09	00:54:25	2982		V45	404	00:04:38:25	3079
2956	11216	Fernando Ferreira	00:27:52	00:55:09	00:54:49	3070		V60	69	00:04:31:48	2713
2957	1572	Nuno Malaquias	00:26:38	00:55:09	00:54:27	2986		V45	405	00:05:21:39	5393
2958	2193	Nuno Torrado	00:29:27	00:55:10	00:52:02	2397	feed-the-fish	Senior	717	00:04:19:28	2076
2959	10952	Manuel Lopes	00:31:04	00:55:10	00:53:04	2642		Senior	718	00:04:29:15	2583
2960	2155	Ana Varanda	00:27:37	00:55:10	00:54:51	3077	AZA-Azambuja com Alma	V45	64	00:04:49:73	3717
2961	9964	Vyacheslav Potapov	00:30:31	00:55:10	00:52:19	2467		V35	403	00:04:04:92	1362
2962	6203	Veríssimo Chalegre	00:27:20	00:55:10	00:54:35	3018		Senior	719	00:04:25:72	2404
2963	7399	João Rosa	00:27:07	00:55:11	00:54:52	3081	CUA Benaventense - 3B Triatlo	V35	404	00:05:12:97	4985
2964	458	João Ferreira	00:28:41	00:55:11	00:54:15	2944		V50	300	00:04:12:00	1686
2965	6349	Esteban Higa	00:27:52	00:55:11	00:54:41	3037		V45	406	00:04:32:74	2782



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2966	9405	Francisco Fernandes	00:28:15	00:55:11	00:54:08	2907	ADCR O Independente	V65	24	00:04:44:89	3470
2967	6422	Angelo Fernandes	00:28:35	00:55:11	00:54:23	2972	Clube Portugal Telecom	V40	387	00:04:24:50	2348
2968	4800	Fernando Cardia	00:26:02	00:55:12	00:55:10	3155		V50	301	00:04:40:10	3176
2969	9936	Odete Oliveira	00:27:08	00:55:12	00:54:36	3022		V40	63	00:04:50:70	3762
2970	9117	Hélio Fitas	00:28:23	00:55:12	00:53:28	2736	Claranet Portugal	V40	388	00:04:28:54	2558
2971	5692	Filipe Cadima	00:27:42	00:55:12	00:54:50	3075		V55	167	00:04:41:61	3266
2972	8612	Ana Aleixo	00:28:57	00:55:12	00:54:40	3029		V40	64	00:04:30:85	2679
2973	8546	Rodolfo Fonseca	00:26:25	00:55:12	00:55:07	3147		V35	405	00:05:05:92	4605
2974	8291	Alice Melo	00:27:57	00:55:13	00:53:15	2687		Senior	162	00:04:48:25	3633
2975	4475	Maria Romero	00:27:14	00:55:13	00:54:42	3040	Federação da Família para a Paz Mundial e	V65	1	00:04:46:75	3559
2976	9481	Laura Riordan	00:28:45	00:55:13	00:54:28	2991		V50	29	00:04:36:53	2994
2977	9359	Natália Bernardino	00:28:58	00:55:13	00:54:40	3028		V45	65	00:04:31:71	2725
2978	4139	José Rodrigues	00:27:15	00:55:14	00:54:16	2946		V55	168	00:04:48:14	3627
2979	2559	Tânia	00:26:55	00:55:14	00:55:08	3150	Run & Win[e]	V35	58	00:04:27:32	2499
2980	4322	Maria Cotrim	00:27:22	00:55:15	00:55:03	3133	Os Matrecos	Senior	163	00:04:39:50	3134
2981	8186	Nelson Guerreiro	00:27:25	00:55:15	00:53:10	2667	OntriSports	V45	407	00:05:06:81	4656
2982	8669	João Antunes	00:28:58	00:55:15	00:54:42	3039		V35	406	00:04:33:17	2800
2983	4321	André Machado	00:27:22	00:55:15	00:55:03	3132	Os Matrecos	Senior	720	00:04:39:27	3124
2984	10512	Marcio Casimiro	00:26:46	00:55:15	00:55:01	3125	LIFT ad - Run4JC	V45	408	00:04:36:76	3007



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2985	2823	Leandro Palma	00:26:55	00:55:16	00:54:58	3113	S4Y-SPORTS ASSOCIAÇÃO	Junior	75	00:05:00:35	4281
2986	6546	Alexandre Silva	00:27:21	00:55:16	00:54:13	2927		V40	389	00:04:43:91	3394
2987	4623	Nuno Venes	00:27:21	00:55:16	00:55:02	3131	NAPA - Núcleo de Amigos da Perna Assada	V45	409	00:04:34:27	2851
2988	4637	Célia Sousa	00:26:53	00:55:16	00:55:16	3183	GDCTINCM	V50	30	00:04:44:25	3414
2989	10638	Jean Bazilio	00:28:57	00:55:16	00:54:44	3050		V50	302	00:04:31:95	2741
2990	2573	Pedro Sardinha	00:26:43	00:55:16	00:55:02	3129	Alverca Urban Runners	V45	410	00:04:48:73	3660
2991	8370	Sara Catita	00:27:21	00:55:17	00:54:13	2925	Ferring Service Center	V35	59	00:04:45:03	3480
2992	2163	Pedro Ferreira	00:26:25	00:55:17	00:54:43	3046	Alverca Urban Runners	V50	303	00:04:39:06	3114
2993	12983	5:30 Min/Km	00:27:34	00:55:17	00:55:16	3180		Senior	721	00:05:26:79	5641
2994	3987	Lucas Maganin	00:28:14	00:55:17	00:54:31	3003		Senior	722	00:04:41:03	3233
2995	4252	Jorge Barroso	00:23:56	00:55:17	00:54:57	3104		V45	411	00:06:57:23	7800
2996	7022	Ana Cunha	00:28:08	00:55:17	00:54:50	3074	Salesianos	V45	66	00:04:36:67	3004
2997	4701	Duarte Carvalho	00:29:43	00:55:17	00:53:32	2752		Senior	723	00:04:29:41	2597
2998	10058	Paulo Martins	00:30:00	00:55:17	00:55:16	3181		Senior	724	00:04:02:01	1217
2999	5032	Gustavo Costa	00:28:32	00:55:18	00:54:13	2929		Senior	725	00:04:47:97	3617
3000	4017	Mariana Baptista	00:27:40	00:55:18	00:54:50	3076		Senior	164	00:04:56:56	4039
3001	5780	Jorge Tomas	00:25:38	00:55:18	00:55:13	3163		V40	390	00:05:27:34	5661
3002	2635	Clara Ferreira	00:27:26	00:55:18	00:55:02	3130		V55	15	00:04:43:50	3364
3003	8159	Inês Borges	00:26:47	00:55:19	00:54:48	3069	OntriSports	V40	65	00:04:55:08	3966



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3004	5702	Catarina Oliveira	00:25:13	00:55:19	00:55:17	3184		Senior	165	00:04:57:40	4092
3005	10222	Nuno Barbosa	00:28:54	00:55:19	00:54:04	2889		V40	391	00:04:36:32	2979
3006	6642	João Gonçalves	00:28:35	00:55:19	00:53:37	2773	UCC - União Casal e Curvaceiras	Senior	726	00:04:26:45	2450
3007	6176	André Santos	00:29:21	00:55:19	00:52:43	2549		V45	412	00:04:11:15	1653
3008	4181	Paulo Amaral	00:28:28	00:55:20	00:53:16	2694		V55	169	00:04:33:92	2832
3009	3203	Etelvina Vidal	00:27:24	00:55:20	00:54:55	3089		V55	16	00:04:48:12	3625
3010	8511	Nuno Santos	00:27:19	00:55:20	00:55:11	3159		V35	407	00:04:42:65	3317
3011	10440	José Natal	00:28:09	00:55:20	00:54:02	2887		V50	304	00:04:40:34	3191
3012	9663	Joao Araujo	00:28:19	00:55:20	00:54:16	2949	Rockets Caramelos	V50	305	00:04:32:21	2750
3013	10571	Lina Eugénio	00:27:33	00:55:20	00:54:47	3063		V35	60	00:04:46:22	3536
3014	1284	Elsa Silva	00:27:29	00:55:21	00:54:52	3082	Peregrinos Perdidos	V45	67	00:04:51:61	3794
3015	11150	Sebastião Verhoosel	00:28:58	00:55:21	00:54:26	2984		Junior	76	00:03:51:60	819
3016	1604	Joana Vieira	00:27:16	00:55:22	00:55:15	3176		V40	66	00:04:37:47	3039
3017	4656	Julien Ponte	00:28:18	00:55:22	00:54:10	2913	Lets Do it	V45	413	00:04:37:55	3045
3018	2569	António Ferreira	00:26:50	00:55:22	00:55:20	3203	Alverca Urban Runners	V55	170	00:04:44:41	3427
3019	827	Sandra Bação	00:27:08	00:55:22	00:54:44	3053	GRCD Leião	V50	31	00:04:35:40	2921
3020	8454	Ivo Marques	00:25:34	00:55:23	00:55:18	3194		V45	414	00:04:39:73	3149
3021	6424	Rafael Paisano	00:27:33	00:55:23	00:55:17	3191	Corrida das Belas	Senior	727	00:04:36:37	2983
3022	1299	Cândida Ganchas	00:27:29	00:55:24	00:54:42	3043		V45	68	00:04:53:49	3888



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3023	11049	Lucas Silva	00:27:01	00:55:24	00:55:22	3214		Senior	728	00:04:31:27	2699
3024	2586	Abduramané Seidi	00:28:31	00:55:24	00:55:09	3151	Sporting Clube de Casainhos	V45	415	00:04:26:93	2476
3025	8030	Pedro Nobre	00:26:14	00:55:24	00:54:48	3068	2600TR	V55	171	00:04:40:72	3215
3026	7854	Helder Alves	00:28:20	00:55:24	00:55:14	3170		V40	392	00:04:42:49	3309
3027	10341	Filipe Batista	00:27:27	00:55:25	00:54:41	3038		V50	306	00:04:39:83	3156
3028	10959	Ivan Costa	00:29:39	00:55:25	00:51:54	2381		V35	408	00:05:32:06	5850
3029	3326	António Passinhas	00:26:59	00:55:26	00:55:21	3208		V60	70	00:04:54:56	3940
3030	8298	Luís Correia	00:27:28	00:55:26	00:55:14	3171		V60	71	00:04:43:85	3389
3031	8040	Fernando Teixeira	00:29:23	00:55:26	00:52:48	2573	McDonald's Organização Fernando Teixeira	V55	172	00:04:17:63	1995
3032	9316	Andreia Ginja	00:28:37	00:55:26	00:54:55	3093		Senior	166	00:04:46:91	3569
3033	9287	Vítor Jesus	00:28:37	00:55:26	00:54:55	3092		Senior	729	00:04:46:41	3545
3034	998	Joao Venes	00:25:19	00:55:26	00:55:05	3141		V45	416	00:04:55:49	3990
3035	9319	Nuno Ribeiro	00:28:25	00:55:27	00:54:56	3094		Senior	730	00:04:32:15	2749
3036	1737	Paula Leitão	00:27:20	00:55:27	00:55:17	3187	SIMECQ	V45	69	00:04:42:19	3295
3037	521	Luis Oliveira	00:27:00	00:55:27	00:54:35	3019		V35	409	00:04:38:92	3106
3038	642	Ana Lino	00:27:31	00:55:28	00:55:22	3217	Corrida das Belas	Senior	167	00:04:41:42	3252
3039	144	Diogo Teles	00:27:34	00:55:28	00:55:26	3238		V45	417	00:04:38:59	3094
3040	10416	Paulo Botelho	00:27:31	00:55:28	00:55:02	3128		V45	418	00:05:00:36	4282
3041	10323	João Lopes	00:26:49	00:55:28	00:55:23	3226		Senior	731	00:05:01:52	4339





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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3042	3366	Joana Marques	00:28:03	00:55:28	00:54:20	2963	SlimTyThree	V35	61	00:05:07:18	4672
3043	10233	Henrique Ortigao	00:31:42	00:55:28	00:51:48	2365	Os Ramalhos	V35	410	00:03:58:02	1071
3044	8591	Ruben Pereira	00:29:22	00:55:28	00:54:57	3105		Senior	732	00:03:55:09	945
3045	1262	Diogo Balsa	00:28:00	00:55:28	00:55:16	3182		Senior	733	00:04:29:04	2577
3046	6042	Miguel Santos	00:26:42	00:55:28	00:55:02	3127		Junior	77	00:04:52:47	3834
3047	10423	Bernardo Ribeiro	00:26:48	00:55:28	00:55:24	3227		Senior	734	00:05:01:82	4352
3048	6053	Leonel Luis	00:27:36	00:55:29	00:55:05	3142		V50	307	00:04:45:34	3495
3049	7641	Miguel Tavares	00:26:49	00:55:29	00:55:06	3143	CA Patameiras	V50	308	00:04:57:71	4115
3050	57	Joaquim Reis	00:27:21	00:55:29	00:53:46	2820		Senior	735	00:05:18:14	5228
3051	6337	Rui Gaspar	00:26:58	00:55:30	00:55:22	3216	CDCR DOS CTT	V50	309	00:05:05:33	4570
3052	7057	Bruno Rordigues	00:28:10	00:55:30	00:54:09	2909		V45	419	00:04:40:58	3203
3053	9784	Lucas Cruz	00:28:14	00:55:32	00:55:13	3164		Senior	736	00:04:33:71	2822
3054	9469	Duarte Carreira	00:28:37	00:55:32	00:54:47	3061		V40	393	00:04:35:89	2951
3055	11042	Aoife Hutton	00:28:22	00:55:32	00:54:56	3095		Senior	168	00:04:32:82	2785
3056	9252	Rui Santos	00:28:59	00:55:32	00:54:10	2914		V35	411	00:04:21:77	2221
3057	6869	Sandra Estrada	00:26:44	00:55:33	00:55:32	3272		Senior	169	00:04:58:95	4190
3058	5016	Ines Peixoto	00:26:47	00:55:33	00:55:31	3266	Grupeta Running Team	Senior	170	00:04:47:40	3587
3059	6393	Alexandra Torres	00:28:07	00:55:34	00:54:57	3108		V50	32	00:04:35:37	2917
3060	9242	Catarina Carvalheiro	00:28:44	00:55:34	00:55:12	3161		V35	62	00:04:23:09	2275



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3061	5794	Bruno Figueiredo	00:30:31	00:55:35	00:53:59	2871	São Domingos FC	V40	394	00:04:16:71	1949
3062	1786	Ricardo Ribeiro	00:26:44	00:55:35	00:55:27	3249		V40	395	00:04:43:13	3342
3063	10833	Fernando Sequeira	00:28:41	00:55:35	00:54:39	3027		V45	420	00:04:35:34	2915
3064	1557	António Lopes	00:27:00	00:55:35	00:54:44	3052	Lopes Associados	V45	421	00:04:49:48	3701
3065	1971	Sérgio Reisinho	00:26:17	00:55:35	00:55:22	3218	Clube TAP PORTUGAL	V50	310	00:05:05:11	4556
3066	251	Mário Baião	00:27:00	00:55:35	00:55:23	3222		V50	311	00:04:38:96	3110
3067	344	Ana Mateus	00:27:44	00:55:35	00:55:24	3230		Senior	171	00:04:45:54	3505
3068	516	Antonio Martins	00:27:34	00:55:36	00:55:31	3267	Housemartins Belas	V50	312	00:04:56:95	4057
3069	7328	Ana Dias	00:27:57	00:55:36	00:54:56	3097	Associação Corrida Noturna Parque das Nações	V35	63	00:04:16:33	1924
3070	2979	Patricia Alexandre	00:27:56	00:55:37	00:55:04	3139		V35	64	00:04:33:03	2797
3071	6474	Alexander Straus	00:26:49	00:55:37	00:54:53	3085		V50	313	00:05:17:24	5183
3072	6922	Carlos Gonçalves	00:25:51	00:55:37	00:55:36	3295		V45	422	00:05:04:15	4497
3073	5001	Margarida Fernandes	00:29:44	00:55:37	00:52:03	2402	Martins Fernandes	Senior	172	00:04:12:43	1703
3074	5270	Silvia Lopes	00:27:01	00:55:38	00:55:34	3281	Bellatores	V40	67	00:04:54:17	3917
3075	3098	Marco Barros	00:28:03	00:55:38	00:54:59	3115		V50	314	00:04:50:94	3766
3076	10582	José Mota	00:27:34	00:55:38	00:54:56	3096		V50	315	00:04:44:04	3404
3077	7028	Pedro Oliveira	00:29:38	00:55:39	00:54:04	2891	Bobadelas Running Team	V40	396	00:04:11:75	1672
3078	8865	Diogo Alfarelos	00:29:38	00:55:39	00:54:04	2890	Bobadelas Running Team	V35	412	00:04:12:30	1698
3079	4121	Paulo Sarmento	00:25:54	00:55:39	00:55:34	3280		V55	173	00:05:02:71	4418



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3080	1541	Vitor Farinha	00:25:54	00:55:39	00:55:34	3283		V50	316	00:05:03:45	4461
3081	6101	Pedro Vale	00:28:52	00:55:39	00:52:48	2571		Senior	737	00:04:37:44	3035
3082	1871	António Rodrigues	00:26:39	00:55:39	00:55:15	3177		V40	397	00:04:50:01	3733
3083	2778	Bernardo Sousa	00:29:35	00:55:39	00:54:32	3008		Senior	738	00:04:06:14	1413
3084	5222	Luiz Silveira	00:28:03	00:55:40	00:54:52	3083		Senior	739	00:04:33:46	2814
3085	5713	Claudia Amaro	00:27:19	00:55:40	00:55:21	3209		V35	65	00:04:51:73	3801
3086	1373	Mahendrasinh Bassangy	00:27:26	00:55:40	00:55:08	3149	TBC	V55	174	00:04:45:30	3494
3087	7211	Micael Carreira	00:27:22	00:55:40	00:54:55	3090		V40	398	00:04:34:72	2885
3088	3494	Ricardo Domingos	00:27:32	00:55:40	00:55:30	3260		V40	399	00:04:42:50	3310
3089	5492	Rui Vilela	00:27:54	00:55:40	00:55:24	3231		V45	423	00:04:36:55	2995
3090	1075	Hélio Conceição	00:27:52	00:55:40	00:54:23	2975		V35	413	00:04:07:80	1479
3091	2291	Joao Calmeiro	00:28:51	00:55:40	00:54:00	2877	GDC Banco de Portugal	Senior	740	00:04:26:76	2466
3092	6038	Francisco Branca	00:29:22	00:55:41	00:54:17	2952		Junior	78	00:04:12:39	1700
3093	1900	Paulo Godinho	00:27:41	00:55:43	00:55:20	3205		V50	317	00:04:45:19	3490
3094	10843	Diego Santos	00:30:48	00:55:43	00:52:44	2560		V35	414	00:04:14:10	1801
3095	7816	Isabel Pereira	00:27:35	00:55:43	00:55:43	3323		Senior	173	00:04:46:02	3526
3096	2992	Cátia Santos	00:28:46	00:55:43	00:54:54	3087	Casa Benfica Seixal	V40	68	00:04:26:71	2464
3097	10115	Raimundo Ferreira	00:30:12	00:55:44	00:53:37	2775		V45	424	00:04:09:06	1549
3098	7395	Filipe Matos	00:25:47	00:55:44	00:55:34	3285	CUA Benaventense - 3B Triatlo	V35	415	00:05:51:75	6527



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3099	5163	Nuno Yee	00:28:43	00:55:45	00:53:59	2870		V35	416	00:04:24:27	2334
3100	10029	Mariana Lopes	00:26:58	00:55:45	00:55:23	3225		Senior	174	00:04:48:63	3653
3101	5297	Jose Almeida	00:30:35	00:55:45	00:52:14	2443		Senior	741	00:04:26:55	2455
3102	1336	Bruno Loureiro	00:28:29	00:55:45	00:54:43	3045	Clube Desportivo da Graça	V45	425	00:04:32:29	2758
3103	9660	Susana Cardoso	00:28:40	00:55:46	00:55:13	3165	As Pachecas	V50	33	00:04:47:86	3614
3104	7636	Nicholas Turk	00:28:27	00:55:47	00:55:04	3137		V50	318	00:04:42:43	3308
3105	10008	Carolina Laia	00:26:58	00:55:47	00:55:03	3135		Senior	175	00:04:53:51	3889
3106	252	Vítor Barbosa	00:28:16	00:55:47	00:55:43	3320		V35	417	00:04:47:17	3581
3107	5407	Dário Vilela	00:27:06	00:55:47	00:55:30	3258		V60	72	00:04:44:88	3469
3108	8777	Renan Silva	00:29:07	00:55:48	00:54:15	2941		V35	418	00:04:22:50	2253
3109	695	António Santos	00:26:23	00:55:48	00:55:42	3315		V50	319	00:04:55:35	3982
3110	4678	José Ferreira	00:27:34	00:55:48	00:55:26	3241		V55	175	00:04:57:81	4124
3111	5789	David Basto	00:29:07	00:55:48	00:55:14	3173		Senior	742	00:04:00:86	1177
3112	136	César Oliveira	00:27:34	00:55:49	00:55:33	3276		V40	400	00:04:49:80	3718
3113	8838	Francisco Moser	00:27:50	00:55:49	00:55:29	3255		V55	176	00:04:36:51	2991
3114	13010	Rafik Boussa	00:26:09	00:55:50	00:55:47	3340		V40	401	00:04:38:05	3071
3115	2160	Nuno Moreira	00:27:27	00:55:50	00:55:33	3273	Alverca Urban Runners	V40	402	00:04:46:78	3562
3116	222	João Souza	00:27:05	00:55:50	00:55:42	3314		V50	320	00:04:49:00	3673
3117	6760	Silvana Godinho	00:28:17	00:55:50	00:55:11	3158		V50	34	00:04:34:35	2856



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3118	6923	Conor Brennan	00:25:25	00:55:51	00:55:44	3326	Pasta & Pastéis	V35	419	00:05:33:58	5915
3119	10722	Paula Caliman	00:28:16	00:55:51	00:54:48	3066	Pull Up	Senior	176	00:04:39:62	3142
3120	10755	Manuel Ferreira	00:28:28	00:55:51	00:53:44	2810		Senior	743	00:04:33:50	2815
3121	10702	Nelson Tavares	00:27:06	00:55:52	00:55:17	3189		V35	420	00:05:04:33	4515
3122	7692	Rui Antunes	00:29:12	00:55:52	00:55:22	3215		V45	426	00:04:17:57	1990
3123	9654	Tayna Brito	00:27:21	00:55:52	00:55:17	3188		Senior	177	00:04:56:02	4016
3124	269	Diogo Cruz	00:28:07	00:55:52	00:55:03	3134	Lebres do Oeste	V45	427	00:05:23:07	5464
3125	7842	João Santos	00:26:41	00:55:52	00:55:16	3179	2600TR	V35	421	00:05:15:86	5125
3126	7623	Joao Costa	00:27:49	00:55:52	00:55:04	3138		V50	321	00:05:08:48	4753
3127	2046	Cândido Alves	00:29:56	00:55:52	00:54:13	2932	CCD Crédito Agrícola Mútuo	V50	322	00:04:21:46	2208
3128	2062	Pedro Vicente	00:29:56	00:55:53	00:54:13	2931	CCD Crédito Agrícola Mútuo	V45	428	00:04:21:79	2223
3129	8693	Sara Silva	00:28:55	00:55:53	00:53:47	2822	Souza e Silva	Senior	178	00:04:38:57	3092
3130	6432	Duarte Carmo	00:25:21	00:55:53	00:55:46	3334	Pasta & Pastéis	Senior	744	00:05:35:91	5983
3131	7751	Amilcar Henriques	00:27:37	00:55:54	00:55:13	3167	CAPenafirme	V40	403	00:04:44:33	3421
3132	443	Miguel Soares	00:26:35	00:55:54	00:55:33	3275		Senior	745	00:04:51:10	3774
3133	2982	Jorge Canteiro	00:27:34	00:55:56	00:55:52	3363		V50	323	00:04:53:69	3898
3134	8736	Mário Cláudio	00:26:34	00:55:56	00:55:34	3287	CCD Tranquilidade	V45	429	00:04:52:34	3828
3135	8067	Pedro Rodrigues	00:27:00	00:55:56	00:55:54	3368	Xallenge Team	V50	324	00:04:52:74	3846
3136	6412	Nuno Silva	00:29:15	00:55:56	00:54:59	3117	Deloitte Running Club	V45	430	00:04:14:75	1839



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3137	5569	Nelson Martins	00:27:06	00:55:56	00:55:27	3248	Be Running	V40	404	00:05:06:40	4633
3138	7618	Bruno Custodio	00:27:56	00:55:56	00:55:50	3355		V45	431	00:04:55:76	4002
3139	1826	Ricardo Mateus	00:29:12	00:55:56	00:54:54	3086		Senior	746	00:04:00:97	1181
3140	1901	Tiago Godinho	00:27:37	00:55:56	00:55:32	3270		Senior	747	00:04:28:07	2533
3141	9629	Salvador Águas	00:28:28	00:55:56	00:53:51	2837		Senior	748	00:04:39:36	3129
3142	6700	João Caetano	00:29:13	00:55:57	00:54:55	3091		V35	422	00:04:01:07	1187
3143	3619	Rui Marques	00:27:59	00:55:57	00:55:10	3156		V45	432	00:04:35:68	2938
3144	5453	Luis Reis	00:30:20	00:55:57	00:52:49	2577		V35	423	00:04:13:92	1789
3145	11089	Fábio Silva	00:27:57	00:55:57	00:52:51	2588	KLx Running Team	V35	424	00:05:31:88	5843
3146	5193	Rui Martins	00:27:45	00:55:57	00:54:35	3021	PésdeChumbo	V45	433	00:04:51:26	3778
3147	6311	Patricia Geraldés	00:26:29	00:55:57	00:55:18	3193		V55	17	00:05:03:84	4480
3148	5543	Luís Santos	00:29:23	00:55:57	00:53:27	2733		V35	425	00:04:26:94	2477
3149	6310	António Marques	00:26:27	00:55:57	00:55:18	3192		V60	73	00:05:04:04	4493
3150	1672	Antonio Lopes	00:28:46	00:55:57	00:54:11	2916	ESTAROLAS 2.0	V45	434	00:04:43:43	3359
3151	9720	Vinicius Figueiredo	00:29:43	00:55:58	00:53:49	2827		V35	426	00:04:27:52	2507
3152	1362	Filipe Pinto	00:28:33	00:55:58	00:55:05	3140		V45	435	00:04:34:95	2896
3153	11084	Luis Rodrigues	00:28:01	00:55:58	00:52:51	2587	KLx Running Team	V50	325	00:05:32:96	5885
3154	4386	Luís Lopes	00:28:42	00:55:59	00:55:20	3206	Os Faiscas	Senior	749	00:04:34:06	2841
3155	4388	Maria Rollano	00:28:42	00:55:59	00:55:20	3207	Os Faiscas	Senior	179	00:04:34:24	2849



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3156	4597	João Rio	00:28:59	00:56:00	00:55:26	3242		Senior	750	00:04:18:53	2044
3157	9540	Inácio Duarte	00:29:21	00:56:00	00:54:44	3049		V40	405	00:04:25:35	2390
3158	4599	Thais Silva	00:27:35	00:56:00	00:55:24	3232		Senior	180	00:04:39:94	3163
3159	2674	Emi Silva	00:28:42	00:56:00	00:55:51	3361	Associação Vale Grande	V40	69	00:04:31:95	2740
3160	2288	Gina Cheio	00:28:33	00:56:00	00:55:28	3252	GDC Banco de Portugal	V50	35	00:04:27:74	2519
3161	5714	Bruno Amaro	00:27:19	00:56:00	00:55:42	3319		V40	406	00:04:56:14	4020
3162	5527	Kathy Rigaud	00:28:16	00:56:01	00:55:59	3394		V50	36	00:04:39:02	3113
3163	4002	João Câmara	00:27:15	00:56:01	00:55:57	3388		Senior	751	00:04:30:16	2637
3164	3424	Carlos Silva	00:28:43	00:56:01	00:55:26	3244	Serviços Sociais Montepio	V55	177	00:04:30:46	2654
3165	4103	Sérgio Canário	00:27:11	00:56:01	00:55:34	3279		V45	436	00:04:59:78	4242
3166	1832	Isabel Morgado	00:28:43	00:56:01	00:55:26	3239		V50	37	00:04:30:62	2663
3167	7772	Filipe Teixeira	00:27:39	00:56:02	00:55:13	3169		Senior	752	00:04:49:81	3719
3168	7774	Bruna Dias	00:27:40	00:56:02	00:55:13	3168		Senior	181	00:04:49:05	3677
3169	9948	Nuno Rocha	00:26:43	00:56:02	00:56:00	3400		V45	437	00:04:34:22	2845
3170	6529	Gloria Garcia	00:28:36	00:56:02	00:55:24	3229		V50	38	00:04:45:55	3507
3171	3115	Marta Leal	00:29:22	00:56:03	00:54:29	2997		V40	70	00:04:27:37	2501
3172	1065	Francisco Lima	00:25:54	00:56:03	00:56:00	3397		Junior	79	00:04:20:86	2165
3173	2560	Joana Rodrigues	00:27:15	00:56:03	00:55:54	3372	Run & Win[e]	Senior	182	00:04:51:01	3770
3174	6092	Alicia Martin	00:28:44	00:56:03	00:55:00	3118		V35	66	00:04:44:60	3437



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3175	7572	Pedro Ferreira	00:27:35	00:56:03	00:55:58	3391		Senior	753	00:04:04:27	1326
3176	4887	Vitor Pereira	00:26:07	00:56:03	00:55:26	3243	GRJA	V45	438	00:04:36:67	3002
3177	4954	Paulo Pereira	00:28:38	00:56:04	00:55:00	3121	Serviços Sociais Montepio	V50	326	00:04:45:87	3519
3178	3426	António Franco	00:28:38	00:56:04	00:54:59	3116	Serviços Sociais Montepio	V55	178	00:04:46:63	3552
3179	4708	André Pires	00:29:39	00:56:05	00:55:33	3277		Senior	754	00:04:24:87	2358
3180	3936	Ruben Lima	00:29:38	00:56:06	00:55:33	3278		Senior	755	00:04:24:99	2364
3181	1397	Nuno Mendes	00:26:02	00:56:06	00:56:03	3418		V40	407	00:05:04:30	4510
3182	7970	João Eira	00:29:45	00:56:07	00:55:17	3190		V35	427	00:04:36:01	2960
3183	3042	Miguel Gomes	00:29:43	00:56:07	00:55:57	3387		V35	428	00:03:30:23	290
3184	9798	Luis Lopes	00:28:00	00:56:07	00:55:20	3202		V45	439	00:04:44:61	3438
3185	3734	António Horta	00:28:12	00:56:07	00:55:37	3300	CCD PM Cascais	V70	7	00:04:32:82	2786
3186	9987	Vasco Lopes	00:28:00	00:56:07	00:55:20	3201		Junior	80	00:04:44:70	3449
3187	8199	Rodrigo Dias	00:28:54	00:56:07	00:55:45	3330	OntriSports	Senior	756	00:04:31:17	2695
3188	8124	Ana Carvalho	00:28:53	00:56:08	00:55:45	3329	OntriSports	Senior	183	00:04:31:37	2708
3189	10518	Nuno Silva	00:27:27	00:56:08	00:56:05	3427		V40	408	00:04:39:46	3132
3190	7993	Luís Ramos	00:28:25	00:56:08	00:54:58	3110		V35	429	00:04:47:79	3610
3191	6192	Pedro Gualdino	00:27:34	00:56:08	00:55:53	3366		V45	440	00:04:50:14	3738
3192	8351	Vitor Ramos	00:28:25	00:56:08	00:54:58	3111		V40	409	00:04:48:03	3619
3193	4241	Artur Gomes	00:27:41	00:56:08	00:55:39	3304	LulaMolusco	V40	410	00:04:51:41	3784





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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3194	8249	Duarte Almeida	00:26:02	00:56:08	00:55:59	3392		V55	179	00:04:53:01	3859
3195	3937	Luís Pereira	00:27:16	00:56:08	00:55:57	3389		V35	430	00:04:36:80	3009
3196	4043	Cesário Homens	00:28:43	00:56:09	00:55:23	3220	Sementes do Asfalto	V40	411	00:04:42:80	3325
3197	10129	Luis Brilha	00:27:09	00:56:09	00:55:30	3263	Brilha Reis	V45	441	00:05:00:41	4284
3198	2023	Joaquim Roque	00:27:35	00:56:10	00:55:59	3396		V55	180	00:04:42:09	3288
3199	4685	Paulo Justo	00:27:34	00:56:10	00:55:42	3318		V45	442	00:04:48:34	3638
3200	8037	Hugo Marreiros	00:29:12	00:56:10	00:55:34	3286	corredores da adegã	V40	412	00:04:21:12	2186
3201	324	Jose Basto	00:27:36	00:56:11	00:56:09	3445		Senior	757	00:05:06:61	4645
3202	7475	Pedro Parreira	00:28:14	00:56:11	00:55:17	3185	Atlético Clube Tostinhas	Senior	758	00:05:14:33	5051
3203	5584	Alain Thielen	00:30:04	00:56:11	00:53:52	2839	Les Rennes des Neiges	V55	181	00:04:26:00	2419
3204	3787	Rui Rijo	00:27:33	00:56:11	00:56:01	3407	Clube Millennium BCP	V50	327	00:04:44:12	3406
3205	3850	Pedro Broco	00:27:33	00:56:12	00:56:02	3410	Clube Millennium BCP	V50	328	00:04:44:83	3464
3206	2843	José	00:29:23	00:56:12	00:55:27	3250	Valejas Atlético Clube - O Muchacho Barcarena	Senior	759	00:04:47:21	3584
3207	5728	Alberto Seabra	00:27:58	00:56:13	00:55:30	3259		V40	413	00:04:46:34	3541
3208	3144	Pedro Serra	00:28:18	00:56:13	00:55:36	3293	Louletano	V50	329	00:04:41:60	3265
3209	9727	Gonçalo Duarte	00:29:25	00:56:13	00:54:03	2888		V35	431	00:04:28:86	2571
3210	9824	Pedro Cerdeira	00:27:15	00:56:13	00:55:30	3262		Senior	760	00:04:49:32	3694
3211	9080	Ana Silva	00:27:18	00:56:13	00:55:50	3353		V45	70	00:05:08:75	4766
3212	8864	Rita Sousa	00:28:40	00:56:13	00:55:38	3301	FIDELIDADE GDC	V45	71	00:04:37:04	3016



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3213	4078	Luis Ribeiro	00:27:16	00:56:14	00:55:46	3335		V55	182	00:05:18:27	5232
3214	3942	Pedro Abreu	00:28:39	00:56:14	00:55:39	3303	FIDELIDADE GDC	V45	443	00:04:37:34	3031
3215	11185	Inês Verhoosel	00:28:59	00:56:14	00:55:19	3200		Senior	184	00:04:28:28	2546
3216	5790	Daniel Baltazar	00:29:07	00:56:14	00:55:40	3306		Senior	761	00:04:27:59	2511
3217	10431	Andreia Veiga	00:28:59	00:56:15	00:55:23	3224		Senior	185	00:04:25:05	2368
3218	4889	Tiago Dias	00:28:11	00:56:15	00:56:09	3442	Team Carrascalinho	V35	432	00:04:38:44	3086
3219	5264	João Limão	00:28:11	00:56:15	00:55:26	3240		V35	433	00:04:34:37	2857
3220	1546	André Costa	00:28:18	00:56:15	00:55:25	3237	Gyozas Furiosas	Senior	762	00:04:39:67	3145
3221	2107	Carina Rosa	00:27:34	00:56:15	00:56:03	3417		V40	71	00:05:02:85	4428
3222	2696	Magda Ribeiro	00:27:34	00:56:16	00:56:02	3412		V35	67	00:05:03:03	4442
3223	9799	Catarina Rodrigues	00:27:04	00:56:16	00:56:10	3453	GRCD Leião	V40	72	00:04:48:86	3668
3224	9777	Samuel Rosado	00:28:51	00:56:16	00:55:21	3212		V45	444	00:04:45:16	3487
3225	5279	João Guégués	00:27:25	00:56:16	00:56:04	3420	SS CGD	V55	183	00:05:05:65	4594
3226	8582	Suzi Rodrigues	00:27:08	00:56:16	00:56:12	3459		V35	68	00:05:09:78	4819
3227	7685	Carlos Guerra	00:29:16	00:56:17	00:54:19	2959		V50	330	00:04:21:63	2216
3228	2627	Tatiana Amorim	00:27:07	00:56:18	00:56:17	3470		Senior	186	00:04:46:31	3539
3229	742	Fernando Ferreira	00:27:22	00:56:18	00:55:31	3268		V45	445	00:04:49:91	3726
3230	4414	Diogo Roxo	00:28:42	00:56:18	00:54:44	3055	Lamas	V35	434	00:04:41:03	3232
3231	10667	Hugo Simões	00:30:47	00:56:19	00:53:59	2874		Senior	763	00:04:20:39	2133



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3232	4468	João Félix	00:30:59	00:56:19	00:52:55	2610		V35	435	00:04:24:92	2359
3233	1086	Gonçalo Pereira	00:26:32	00:56:20	00:54:56	3102		Senior	764	00:05:13:81	5023
3234	4802	Tomás Simões	00:31:33	00:56:20	00:54:48	3065		Senior	765	00:04:09:94	1594
3235	4906	Pedro Cabrita	00:28:26	00:56:20	00:55:57	3390	Hipoloeste Full Energy	Junior	81	00:04:24:43	2343
3236	6375	Bernardo Correia	00:29:54	00:56:20	00:55:15	3178		V40	414	00:04:29:31	2591
3237	6228	Marco Vaz	00:26:09	00:56:20	00:56:20	3493		V40	415	00:03:57:22	1037
3238	2245	Helder Quaresma	00:26:37	00:56:20	00:56:16	3469		V45	446	00:05:10:16	4843
3239	5099	Goncalo Ribeirinho	00:27:46	00:56:21	00:55:40	3307		Senior	766	00:04:47:75	3609
3240	7645	Marina Pedro	00:26:32	00:56:21	00:56:19	3488	Os Kotas	V35	69	00:05:16:41	5143
3241	1711	Ricardo Baptista	00:27:30	00:56:21	00:56:07	3435		V45	447	00:05:18:49	5239
3242	3543	Vasco Bernardo	00:28:04	00:56:22	00:56:08	3437		V40	416	00:04:21:34	2201
3243	1081	João Cordeiro	00:28:15	00:56:22	00:55:21	3211		Senior	767	00:04:33:70	2821
3244	7259	Pedro Abrantes	00:28:10	00:56:22	00:55:41	3311		V40	417	00:04:43:71	3378
3245	1805	Valter Jorge	00:28:14	00:56:22	00:55:20	3204		V35	436	00:04:34:28	2853
3246	8000	Gonçalo Carvalho	00:29:05	00:56:23	00:54:13	2924		Senior	768	00:04:54:66	3945
3247	5331	Pedro Trigo	00:27:33	00:56:23	00:55:55	3378		V40	418	00:05:20:53	5344
3248	306	Elizabete Picanço	00:27:46	00:56:23	00:55:55	3377	Bombeiros Voluntários de Montemor-o-Novo	V45	72	00:04:57:34	4083
3249	7948	Eduardo García	00:29:17	00:56:23	00:53:29	2746		Senior	769	00:04:37:04	3017
3250	9840	Luis Bettencourt	00:26:32	00:56:23	00:56:18	3478	GRCD Leião	V65	25	00:04:56:20	4021



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3251	3029	Tiago Santos	00:29:00	00:56:23	00:54:00	2878		Senior	770	00:04:44:35	3422
3252	9698	Marco Baptista	00:28:11	00:56:23	00:55:28	3254		V40	419	00:04:49:98	3732
3253	3067	Bruno Martins	00:27:36	00:56:23	00:56:04	3421		V45	448	00:04:44:67	3446
3254	67	Hugo Branco	00:27:48	00:56:24	00:55:55	3376		V35	437	00:04:49:97	3731
3255	10606	Nânci Bôto	00:27:40	00:56:24	00:55:56	3380		Senior	187	00:04:58:70	4173
3256	4620	Pedro Samorrinha	00:25:24	00:56:24	00:55:56	3382	Link	V35	438	00:05:48:74	6452
3257	6577	Andreia Costa	00:28:16	00:56:24	00:55:48	3342		V35	70	00:04:35:68	2939
3258	4164	Maria Mar	00:28:24	00:56:24	00:55:52	3362		V40	73	00:04:40:30	3188
3259	8636	Lidia Antunes	00:28:17	00:56:25	00:55:46	3332		V40	74	00:04:35:61	2932
3260	10891	Vasco Maia	00:28:32	00:56:25	00:55:37	3297		Senior	771	00:05:23:23	5473
3261	9235	Pedro Correia	00:31:14	00:56:26	00:54:12	2922		V40	420	00:04:16:08	1907
3262	11307	Maria Medalhas	00:27:33	00:56:26	00:56:19	3487	Team El Comandante	Senior	188	00:05:15:98	5130
3263	11031	Francisco Silva	00:28:38	00:56:26	00:55:30	3264		V35	439	00:04:32:73	2781
3264	748	Joana Pinto	00:28:01	00:56:26	00:56:07	3434		V40	75	00:05:03:71	4476
3265	6340	Pedro Leitão	00:28:12	00:56:27	00:55:37	3299		V50	331	00:05:01:19	4323
3266	747	Luís Sousa	00:28:01	00:56:27	00:56:08	3436		V40	421	00:05:03:90	4481
3267	1582	Marta Montoliu	00:28:34	00:56:27	00:55:55	3373		V45	73	00:04:40:97	3228
3268	1583	Roger Alcon	00:28:33	00:56:27	00:55:55	3374		V45	449	00:04:41:47	3257
3269	2378	Ricardo Silva	00:27:36	00:56:27	00:55:51	3360	Clube Novo Banco	V45	450	00:04:53:19	3870



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3270	10437	João Pedrosa	00:28:15	00:56:28	00:55:36	3296		V55	184	00:04:59:76	4241
3271	651	Susana Adrega	00:27:50	00:56:28	00:55:51	3359		V35	71	00:04:52:36	3829
3272	5133	Gonçalo Rosa	00:28:35	00:56:28	00:55:42	3317		V45	451	00:04:46:09	3528
3273	7935	Diogo Gonçalves	00:28:14	00:56:29	00:56:02	3413		V40	422	00:05:04:60	4534
3274	2090	Sérgio Estevinha	00:28:13	00:56:29	00:56:13	3462		V40	423	00:04:59:33	4219
3275	5393	José Félix	00:26:29	00:56:29	00:55:47	3338		V55	185	00:05:21:10	5378
3276	8418	Miguel Carvalho	00:28:39	00:56:29	00:56:01	3406		V55	186	00:04:32:42	2767
3277	8133	Beatriz Silva	00:27:13	00:56:29	00:56:26	3526	OntriSports	Junior	23	00:05:04:54	4531
3278	1106	Emanuela Bedê	00:27:14	00:56:29	00:56:24	3521		V40	76	00:05:04:98	4552
3279	217	António Mascarenhas	00:25:57	00:56:30	00:56:23	3516		V60	74	00:04:25:58	2398
3280	905	Rui Geraldes	00:27:06	00:56:30	00:55:33	3274		V50	332	00:05:05:50	4579
3281	6493	Filipe Cera	00:28:40	00:56:30	00:56:01	3405	CCD Sintrense	V35	440	00:04:33:21	2801
3282	7498	José Oliveira	00:28:14	00:56:30	00:55:26	3245		V35	441	00:05:08:21	4735
3283	4286	Patrícia Contador	00:28:12	00:56:30	00:56:04	3422		Senior	189	00:05:05:55	4584
3284	1171	Roberto Palminha	00:28:35	00:56:30	00:55:49	3349	Pão com cerveja	V40	424	00:04:40:46	3195
3285	3065	Vítor Correia	00:28:44	00:56:30	00:55:56	3383		V45	452	00:04:44:85	3465
3286	47	Hugo Paixão	00:28:47	00:56:31	00:55:36	3291	Hugo Paixão	V40	425	00:04:28:83	2568
3287	4389	Raul Gouveia	00:27:30	00:56:31	00:56:22	3513	Line Ups!	V50	333	00:05:09:53	4801
3288	5409	Francisco Passinhas	00:26:31	00:56:31	00:56:26	3529		Senior	772	00:04:35:75	2946



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3289	1664	Helder Gandarinho	00:26:41	00:56:31	00:56:27	3531	APOGMA	V50	334	00:05:10:08	4838
3290	5303	Sandra Silva	00:26:47	00:56:32	00:56:30	3553		V50	39	00:04:51:41	3783
3291	5661	Rui Teixeira	00:28:37	00:56:32	00:55:23	3221		V45	453	00:04:50:95	3768
3292	9198	Carla Coelho	00:28:32	00:56:32	00:56:08	3439	CF Os Belenenses	V45	74	00:04:43:91	3392
3293	7548	Rita Rodrigues	00:30:35	00:56:32	00:53:10	2668		Senior	190	00:04:37:98	3066
3294	6758	Tiago Fernandes	00:29:26	00:56:32	00:56:02	3414		Senior	773	00:04:14:69	1837
3295	9357	Susana Rocha	00:30:33	00:56:32	00:53:10	2666		Senior	191	00:04:38:10	3075
3296	8918	Diogo Tim-Tim	00:30:28	00:56:32	00:54:43	3048		Junior	82	00:03:55:33	962
3297	2665	Luisa Domingos	00:28:01	00:56:33	00:56:23	3514	JDM Atletismo	V40	77	00:04:47:13	3580
3298	5884	Joel Menezes	00:28:44	00:56:34	00:55:07	3146	The Zés	Senior	774	00:04:27:07	2488
3299	103	Lukasz Pajak	00:28:09	00:56:34	00:55:48	3346	Spajderzy i Gruby	V40	426	00:04:36:09	2966
3300	4998	Mário Teofilo	00:27:46	00:56:34	00:55:47	3339		V50	335	00:05:25:91	5601
3301	3886	Nélida Soares	00:29:09	00:56:34	00:56:01	3409		V45	75	00:04:25:00	2366
3302	11106	Miguel Poças	00:27:29	00:56:34	00:56:21	3505		Junior	83	00:04:57:28	4077
3303	9258	Carlos Ferreira	00:28:32	00:56:34	00:55:41	3310		V40	427	00:05:19:14	5271
3304	4720	José Cavaco	00:28:44	00:56:34	00:56:02	3411		V60	75	00:04:28:20	2539
3305	3647	Joni Kyyhkynen	00:27:50	00:56:34	00:55:44	3327	LXRC	Senior	775	00:04:59:82	4245
3306	8670	Carlos Pereira	00:31:00	00:56:35	00:54:44	3051		V45	454	00:04:13:90	1787
3307	2526	Joana Caldeira	00:29:44	00:56:35	00:55:35	3288		Senior	192	00:04:29:75	2613



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3308	6730	Vasco Pereira	00:29:14	00:56:36	00:55:53	3365		V40	428	00:04:26:08	2425
3309	5625	Carlos Ribeiro	00:28:25	00:56:36	00:56:00	3399		V45	455	00:04:42:22	3298
3310	2496	Rogério Santos	00:29:44	00:56:36	00:55:36	3292		V45	456	00:04:30:04	2630
3311	10593	Carla Cristina	00:28:27	00:56:36	00:56:35	3574		V45	76	00:04:35:93	2956
3312	11296	Dane Middleton	00:28:54	00:56:36	00:56:03	3416		V35	442	00:04:20:93	2173
3313	7385	Eduardo Silva	00:28:08	00:56:36	00:56:06	3430		V60	76	00:04:39:86	3157
3314	4166	Francisco Patrício	00:27:28	00:56:36	00:55:25	3234		Senior	776	00:06:12:04	7058
3315	9962	Carolina Vitorino	00:28:39	00:56:37	00:56:18	3474		Senior	193	00:04:51:06	3773
3316	4585	Pedro Leitão	00:26:39	00:56:37	00:55:51	3358		V45	457	00:05:06:95	4662
3317	8837	Sara Basto	00:31:04	00:56:37	00:54:21	2970		Senior	194	00:04:25:16	2376
3318	7698	Rui Santos	00:27:53	00:56:38	00:56:31	3558		V50	336	00:05:00:51	4288
3319	6660	Luciano Gonçalves	00:28:13	00:56:38	00:55:14	3172		V60	77	00:04:48:31	3634
3320	7206	Florentino Maestu	00:27:23	00:56:38	00:56:07	3431		V50	337	00:05:05:98	4611
3321	10726	Selma Florindo	00:27:35	00:56:38	00:56:31	3560		V35	72	00:04:43:11	3341
3322	8564	Teófilo Alves	00:27:38	00:56:38	00:56:20	3491		V55	187	00:05:05:74	4595
3323	9059	José Fernandes	00:30:46	00:56:39	00:55:00	3120		V40	429	00:04:36:04	2965
3324	2806	João Afonso	00:27:06	00:56:39	00:56:31	3556	CDCR DOS CTT	V50	338	00:05:06:94	4660
3325	2980	Nuno Costa	00:27:46	00:56:39	00:56:07	3432		V45	458	00:04:57:97	4132
3326	5249	Raphael Roullet	00:29:43	00:56:40	00:55:11	3157		Senior	777	00:04:46:43	3547



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3327	2839	Diana Guimarães	00:27:20	00:56:40	00:56:39	3588	Valejas Atlético Clube - O Muchacho Barcarena	V40	78	00:04:56:26	4026
3328	5546	Nuno Garrido	00:28:32	00:56:40	00:55:48	3344		V35	443	00:05:24:54	5537
3329	3527	David López	00:31:16	00:56:40	00:54:44	3054		Senior	778	00:04:05:90	1403
3330	8645	Reinaldo Santos	00:26:32	00:56:41	00:56:34	3569		V55	188	00:05:01:07	4319
3331	3446	Luísa Mesquita	00:27:13	00:56:41	00:56:34	3572		V40	79	00:05:00:42	4285
3332	7276	Anabela Assunção	00:27:57	00:56:41	00:56:05	3426	Associação Corrida Noturna Parque das Nações	V50	40	00:04:40:63	3207
3333	3556	Inês Mesquita	00:27:13	00:56:41	00:56:34	3571		V40	80	00:05:00:54	4291
3334	6643	Samuel Sousa	00:27:30	00:56:41	00:56:04	3425	Equipa Sonho Trambolhos Maravilhosos	V45	459	00:05:16:14	5134
3335	778	Francisco Lourenço	00:26:22	00:56:41	00:56:31	3555		V35	444	00:05:34:95	5962
3336	8321	Claudia Dias	00:29:19	00:56:41	00:56:28	3538		Senior	195	00:04:36:45	2985
3337	2960	Nelson Almendra	00:28:18	00:56:41	00:55:28	3253		V35	445	00:04:34:13	2843
3338	6243	Francisco Ribeiro	00:29:19	00:56:41	00:56:29	3542		Senior	779	00:04:37:13	3023
3339	3885	Nuno Castro	00:29:17	00:56:42	00:54:21	2967		V35	446	00:04:31:31	2703
3340	2504	Isabel Lourenço	00:26:41	00:56:42	00:56:18	3477		V50	41	00:05:08:19	4732
3341	5820	Hugo Farinha	00:27:46	00:56:42	00:56:16	3467	Fénix	Senior	780	00:05:03:23	4450
3342	2472	Pedro Bastos	00:26:39	00:56:43	00:56:19	3485		V55	189	00:05:08:12	4730
3343	5742	Carlos Martins	00:27:07	00:56:43	00:56:25	3523		V40	430	00:05:07:12	4667
3344	9568	Luís Pires	00:30:25	00:56:44	00:54:09	2910		V45	460	00:04:28:48	2553
3345	1185	Hugo Gameiro	00:28:54	00:56:44	00:55:36	3290		V40	431	00:04:43:10	3340





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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3346	6397	João Crespo	00:27:20	00:56:44	00:56:40	3591	Deloitte Running Club	Senior	781	00:04:57:34	4084
3347	3395	Bruno Lima	00:28:07	00:56:44	00:56:09	3443		V35	447	00:05:03:62	4469
3348	2693	Rui Pastor	00:28:38	00:56:44	00:55:57	3386	CCDTMetroLX	V50	339	00:04:04:79	1352
3349	817	José Branco	00:27:26	00:56:45	00:56:19	3486		V45	461	00:05:19:97	5314
3350	11165	Isabella Schultze	00:27:42	00:56:45	00:56:00	3401		Senior	196	00:04:53:65	3896
3351	2514	Gina Correia	00:27:24	00:56:45	00:56:21	3503	GMCJamor	V45	77	00:04:59:74	4240
3352	1773	Andrey Gusarov	00:27:17	00:56:46	00:56:20	3496		V35	448	00:05:11:22	4894
3353	3646	Alexander Albrecht	00:27:59	00:56:46	00:56:30	3552		V55	190	00:05:04:34	4516
3354	11018	Luisa Parreira	00:28:38	00:56:46	00:55:53	3364	La dupla	Senior	197	00:04:52:91	3855
3355	3282	Gonçalo Duarte	00:29:10	00:56:46	00:54:29	2996		Senior	782	00:04:44:68	3448
3356	3584	Fernando Matias	00:29:26	00:56:47	00:56:01	3408		V65	26	00:04:36:13	2968
3357	11017	Joaquim Santos	00:28:38	00:56:47	00:55:54	3370	La dupla	V45	462	00:04:52:90	3854
3358	5723	De Jean-Christophe	00:28:06	00:56:47	00:56:15	3466		V35	449	00:05:11:56	4913
3359	1763	Maria Conchinha	00:27:56	00:56:47	00:56:42	3596		V65	2	00:04:49:07	3680
3360	162	Paulo Sena	00:26:44	00:56:47	00:56:30	3549		V50	340	00:05:17:38	5193
3361	10303	Mário Lopes	00:28:21	00:56:47	00:56:39	3589		V55	191	00:04:57:75	4120
3362	449	José Malho	00:27:24	00:56:48	00:56:29	3541		V55	192	00:04:52:55	3837
3363	2652	David Santinho	00:29:05	00:56:48	00:55:18	3197		Senior	783	00:04:44:66	3443
3364	10302	Carina Pereira	00:28:21	00:56:48	00:56:40	3590		V40	81	00:04:57:98	4133



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3365	402	Santiago Gutiérrez	00:29:25	00:56:48	00:55:55	3375		Senior	784	00:04:31:53	2717
3366	2642	Rui Capela	00:29:09	00:56:49	00:55:21	3210		V40	432	00:04:45:56	3509
3367	1578	Andre Duarte	00:27:06	00:56:49	00:56:48	3624		V40	433	00:04:54:10	3913
3368	9233	Raul Ribeiro	00:28:50	00:56:49	00:55:40	3309 2580		Senior	785	00:04:10:85	1637
3369	9827	Luis Ramos	00:26:51	00:56:49	00:56:29	3544		V45	463	00:05:01:89	4356
3370	9297	Marta Silva	00:29:04	00:56:49	00:56:06	3429		V55	18	00:04:42:37	3304
3371	3691	Nuno Morais	00:29:34	00:56:49	00:55:17	3186	NetJets	Senior	786	00:04:41:08	3239
3372	7084	Ricardo Amaral	00:27:36	00:56:49	00:55:56	3381	Navigator Clube Setúbal	V35	450	00:04:49:05	3678
3373	7969	Dimauro Matias	00:28:32	00:56:49	00:56:03	3415		Senior	787	00:04:44:86	3468
3374	2054	Luís Damião	00:28:27	00:56:49	00:55:56	3384	CCD Crédito Agrícola Mútuo	V55	193	00:04:34:75	2886
3375	5596	Alvaro Silva	00:28:53	00:56:50	00:56:20	3498		V60	78	00:04:42:95	3333
3376	7175	Catarina Nicho	00:29:35	00:56:50	00:56:00	3403		V55	19	00:04:24:32	2336
3377	4879	António Mascarenhas	00:29:54	00:56:51	00:55:25	3235		Senior	788	00:04:29:65	2606
3378	6046	Sérgio Mateus	00:29:53	00:56:51	00:54:46	3058		Senior	789	00:04:33:90	2830
3379	1602	Luis Pinto	00:28:26	00:56:51	00:56:26	3528		V45	464	00:04:57:10	4069
3380	4890	Nuno Gonçalves	00:28:11	00:56:51	00:56:50	3632	Team Carrascalinho	V40	434	00:04:49:08	3681
3381	6519	David Cardoso	00:30:02	00:56:52	00:54:27	2985		Senior	790	00:04:29:89	2622
3382	1206	Sérgio Torrinha	00:27:15	00:56:53	00:56:36	3581		V40	435	00:04:58:00	4134
3383	8268	Miguel Alves	00:28:13	00:56:53	00:56:34	3568		V40	436	00:04:34:61	2873



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3384	9203	Rui Parreira	00:26:52	00:56:53	00:56:51	3638	CF Os Belenenses	V55	194	00:05:06:35	4629
3385	10988	Edgar Nunes	00:27:43	00:56:53	00:56:27	3536		Senior	791	00:05:01:70	4346
3386	10040	Olga Quintais	00:28:04	00:56:53	00:56:22	3509		V45	78	00:04:55:66	3999
3387	3390	Frederico Santos	00:29:32	00:56:53	00:55:15	3174		Senior	792	00:04:42:70	3320
3388	8600	Silvia Rodrigues	00:26:48	00:56:53	00:56:42	3599		V35	73	00:05:14:75	5073
3389	4517	Carlos Reis	00:31:02	00:56:53	00:53:45	2817		V35	451	00:04:17:93	2013
3390	3402	Joaquim Rocha	00:29:17	00:56:53	00:55:59	3395		Senior	793	00:04:47:72	3607
3391	2041	Carlos Perera	00:28:46	00:56:53	00:56:09	3446		V40	437	00:04:44:52	3433
3392	2154	Maria Garlito	00:28:46	00:56:53	00:56:09	3447		V35	74	00:04:44:40	3426
3393	3391	Mariana Tudela	00:29:32	00:56:53	00:55:15	3175		Senior	198	00:04:42:16	3292
3394	8303	José Caria	00:27:46	00:56:53	00:56:40	3592	GDRC Ponterrolense	V70	8	00:04:46:33	3540
3395	6736	Valter Galrito	00:30:06	00:56:54	00:54:57	3109		V45	465	00:04:44:26	3417
3396	2821	Miguel Reis	00:28:29	00:56:54	00:55:48	3347	#hillsongrunners	V45	466	00:04:44:65	3442
3397	2515	João Sousa	00:27:35	00:56:54	00:56:42	3597		V60	79	00:05:07:38	4685
3398	9802	Meirevone Ferreira	00:28:15	00:56:54	00:56:30	3547	GRCD Leião	V45	79	00:04:44:66	3445
3399	7940	Afonso Pauka	00:28:17	00:56:54	00:56:43	3601		Senior	794	00:04:35:13	2904
3400	985	Luis Palma	00:29:15	00:56:54	00:55:10	3154		V45	467	00:04:40:95	3222
3401	6178	Daniel Nunes	00:27:42	00:56:55	00:56:29	3543		Senior	795	00:05:04:15	4496
3402	3024	Carlos Piteira	00:28:41	00:56:56	00:55:24	3233		V55	195	00:04:53:65	3895



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3403	6880	Telmo Salgueiro	00:27:05	00:56:57	00:56:51	3637		Senior	796	00:05:05:56	4585
3404	10090	David Saraiva	00:26:45	00:56:57	00:56:21	3507		V40	438	00:05:15:09	5086
3405	1091	Leonor Barreiros	00:28:15	00:56:57	00:56:04	3419		Junior	24	00:04:57:79	4123
3406	7578	Rita Ilha	00:27:35	00:56:57	00:56:52	3650		Senior	199	00:04:57:70	4114
3407	7405	Hélia Santos	00:30:01	00:56:57	00:56:18	3475	CUA Benaventense - 3B Triatlo	V35	75	00:04:40:47	3196
3408	7408	Daniel Falcão	00:30:00	00:56:57	00:56:18	3476	CUA Benaventense - 3B Triatlo	V40	439	00:04:40:48	3198
3409	2167	Cristina Lino	00:28:00	00:56:58	00:56:41	3595	Alverca Urban Runners	V55	20	00:04:50:11	3736
3410	923	Gonçalo Ferreira	00:30:10	00:56:58	00:56:25	3524	Lisgança	Junior	84	00:04:20:02	2115
3411	3217	António Oliveira	00:28:34	00:56:58	00:56:29	3540		V45	468	00:04:47:68	3605
3412	3623	Jorge Lemos	00:27:35	00:56:58	00:56:55	3660		V50	341	00:04:49:97	3730
3413	9697	Luis Marques	00:31:36	00:56:59	00:52:49	2574		V45	469	00:04:08:44	1515
3414	3808	Olga Lopes	00:27:44	00:56:59	00:56:45	3612	Clube Millennium BCP	V45	80	00:05:01:27	4327
3415	419	Alexandra Pinheiro	00:29:12	00:56:59	00:56:17	3471		V55	21	00:04:28:88	2572
3416	504	António Madeira	00:28:48	00:57:00	00:56:10	3450	Ex federados	V50	342	00:04:44:72	3451
3417	501	Orlando Santos	00:28:49	00:57:00	00:56:10	3449	Ex federados	V50	343	00:04:44:23	3412
3418	2746	Élio Joaquim	00:29:11	00:57:00	00:55:32	3269		V35	452	00:04:36:92	3012
3419	6513	Josimar Victor	00:26:11	00:57:01	00:56:50	3634		Junior	85	00:04:39:09	3116
3420	11189	Bernardo Roque	00:29:39	00:57:01	00:55:06	3144		Senior	797	00:04:23:41	2291
3421	1614	Ana Dias	00:30:28	00:57:02	00:56:20	3497		V45	81	00:03:50:46	770



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3422	10331	Carlos Jesus	00:27:01	00:57:02	00:56:17	3472		V40	440	00:05:04:81	4545
3423	9578	Daniel Costa	00:30:20	00:57:02	00:55:08	3148		Senior	798	00:04:29:89	2621
3424	9606	Edmilson Jacinto	00:27:25	00:57:03	00:56:30	3546		Senior	799	00:05:04:46	4526
3425	5008	Liliana Julião	00:28:12	00:57:04	00:56:53	3653		V35	76	00:04:53:45	3886
3426	7262	Ricardo Rodrigues	00:28:23	00:57:04	00:56:43	3602		V45	470	00:04:32:33	2760
3427	3793	Tania Lavra	00:28:10	00:57:04	00:56:34	3570	Clube Millennium BCP	V45	82	00:04:45:37	3497
3428	9155	Guilherme Carvalho	00:29:19	00:57:04	00:55:45	3331	MIND SOURCE CONSULTORES DE PORTUGAL	Senior	800	00:04:32:08	2746
3429	2741	Elsa Francisco	00:29:25	00:57:05	00:56:16	3468		V50	42	00:04:47:11	3578
3430	424	Renato Correia	00:29:45	00:57:05	00:56:24	3520	RUN2U	V45	471	00:04:44:57	3436
3431	1103	Fábio Freitas	00:29:51	00:57:05	00:54:27	2987		Senior	801	00:04:31:65	2723
3432	8118	Xavier Taylor	00:28:47	00:57:05	00:56:24	3519		Senior	802	00:04:56:27	4028
3433	1414	Bruno Baleizão	00:26:56	00:57:06	00:56:53	3652		V35	453	00:05:54:26	6605
3434	7966	Joao Lopes	00:27:19	00:57:06	00:56:50	3635		Senior	803	00:05:18:54	5242
3435	10109	Giulia Cianci	00:30:48	00:57:06	00:54:38	3025		Senior	200	00:04:26:37	2442
3436	4172	Luís Alves	00:28:09	00:57:06	00:56:19	3480	Clube Brisa	V45	472	00:04:35:21	2908
3437	3694	Daniel Vinagre	00:28:26	00:57:06	00:56:36	3579	NetJets	V45	473	00:04:53:91	3904
3438	8835	Joao Carvalho	00:29:01	00:57:07	00:54:46	3060		Senior	804	00:04:48:08	3621
3439	5698	Nuno Pereira	00:27:39	00:57:07	00:56:45	3613		V40	441	00:05:05:91	4603
3440	7995	Manuela Machado-Friel	00:28:04	00:57:08	00:56:48	3626		V50	43	00:04:54:97	3961



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3441	10377	Amer Suljic	00:30:13	00:57:08	00:55:19	3198		Senior	805	00:04:16:77	1955
3442	3307	Rafael Branco	00:29:01	00:57:08	00:56:30	3550	Os de sempre	Senior	806	00:04:49:95	3729
3443	9470	Merijn Valk	00:29:20	00:57:08	00:54:02	2886		Senior	807	00:04:52:98	3858
3444	3786	Mário Duarte	00:29:37	00:57:08	00:56:09	3444	Clube Millennium BCP	V50	344	00:04:59:05	4201
3445	2525	Luís Malheiro	00:29:39	00:57:09	00:56:10	3448		V45	474	00:04:58:99	4196
3446	5617	Carla Mira	00:27:49	00:57:09	00:57:08	3718	Hard Running Team Arruda dos Vinhos	V50	44	00:04:43:82	3388
3447	7555	António Carvalho	00:29:12	00:57:09	00:55:37	3298		Senior	808	00:04:54:61	3942
3448	10544	Matheus Fernandes	00:28:42	00:57:09	00:55:18	3195		V35	454	00:05:11:43	4904
3449	7588	Pedro Guedes	00:29:12	00:57:09	00:56:12	3460		Junior	86	00:05:02:82	4426
3450	2786	Maria Santos	00:28:16	00:57:09	00:57:02	3693		V55	22	00:04:55:86	4006
3451	10180	Débora Alves	00:28:36	00:57:09	00:56:33	3567		Senior	201	00:04:49:65	3710
3452	8404	Tatiana Marques	00:28:38	00:57:09	00:56:47	3619		Senior	202	00:05:07:37	4684
3453	11046	Duarte Torres	00:31:37	00:57:09	00:51:35	2309		Senior	809	00:04:26:26	2436
3454	7229	Sara Gonçalves	00:28:16	00:57:09	00:56:15	3465		Senior	203	00:04:52:09	3818
3455	328	Ines Santos	00:28:36	00:57:10	00:56:33	3565		V40	82	00:04:56:36	4032
3456	377	Luís Zorreta	00:30:20	00:57:10	00:54:04	2896		Senior	810	00:04:40:96	3224
3457	2595	Manuel Antonio	00:28:30	00:57:10	00:56:51	3639	Bombeiros Voluntários de Montemor-o-Novo	V65	27	00:04:58:06	4136
3458	9406	Danilo Alves	00:28:28	00:57:11	00:56:10	3452	ADCR O Independente	Senior	811	00:04:44:20	3409
3459	11080	Damien Gaspar	00:30:18	00:57:11	00:53:58	2864	KLx Running Team	V35	455	00:04:59:83	4246



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3460	6691	Bárbara Abecassis	00:27:49	00:57:11	00:57:00	3687		Senior	204	00:05:01:71	4347
3461	6464	Kai Horstmann	00:31:08	00:57:11	00:54:56	3098		Senior	812	00:04:35:53	2927
3462	2319	Joao Oliveira	00:27:36	00:57:11	00:56:57	3670		V55	196	00:05:02:88	4432
3463	3125	Pedro Teixeira	00:29:35	00:57:11	00:56:24	3522		Senior	813	00:04:16:19	1914
3464	9844	João Rendilheiro	00:30:05	00:57:12	00:56:23	3517	Bankinter	Senior	814	00:04:27:60	2513
3465	4504	Luis Mexia	00:28:23	00:57:12	00:56:19	3484		Senior	815	00:05:02:76	4421
3466	1396	Marco Bastos	00:27:25	00:57:12	00:56:32	3564		V45	475	00:05:08:39	4746
3467	5902	José Rodrigues	00:28:49	00:57:12	00:56:38	3586		V55	197	00:04:56:94	4055
3468	4364	Tiago Rêgo	00:28:08	00:57:12	00:56:19	3481		V35	456	00:05:27:62	5672
3469	9895	Luis Afonso	00:28:30	00:57:12	00:56:18	3479	GMCJamor	V55	198	00:04:43:61	3370
3470	4660	Jeremy Moore	00:28:44	00:57:13	00:56:54	3655	Lets Gooo	V60	80	00:04:37:59	3047
3471	7099	João Abreu	00:30:03	00:57:13	00:56:09	3440		V45	476	00:04:42:19	3294
3472	5113	José Araújo	00:29:29	00:57:13	00:55:54	3371		V45	477	00:04:45:53	3504
3473	6401	Jorge Sousa	00:27:00	00:57:14	00:57:13	3731	Deloitte Running Club	V45	478	00:05:16:60	5159
3474	5371	Nuno Neves	00:28:04	00:57:14	00:56:36	3580	Clube Brisa	Senior	816	00:04:35:59	2929
3475	10718	Carla Marques	00:28:41	00:57:14	00:57:01	3689	Associação de Moradores de Atibá	V50	45	00:04:43:91	3393
3476	4284	Gonçalo Duque	00:29:33	00:57:14	00:55:39	3305		Senior	817	00:04:38:78	3100
3477	8749	Vera Barros	00:27:38	00:57:14	00:57:13	3730	CCD Tranquilidade	V45	83	00:04:58:55	4163
3478	5784	Tony Tam	00:28:04	00:57:14	00:56:58	3672		V40	442	00:04:32:85	2787



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3479	10575	Tiago Martins	00:30:46	00:57:15	00:56:14	3463		V40	443	00:04:17:29	1977
3480	2252	Leonardo Roda	00:28:34	00:57:15	00:56:22	3511		V40	444	00:04:59:31	4216
3481	9228	Jorge Guerreiro	00:28:57	00:57:16	00:56:11	3455	Spirit to Run	V45	479	00:04:39:63	3143
3482	8728	João Ribeiro	00:27:37	00:57:16	00:56:21	3508	CCD Tranquilidade	V55	199	00:04:59:54	4230
3483	11222	Lauren Kerker	00:32:12	00:57:16	00:54:34	3016		Senior	205	00:04:24:67	2354
3484	4107	Rafael Vilhena	00:27:30	00:57:17	00:56:19	3482		Senior	818	00:05:29:40	5750
3485	2850	Susana Gomes	00:28:01	00:57:17	00:56:46	3614	Valejas Atlético Clube - O Muchacho Barcarena	V50	46	00:04:43:38	3356
3486	4630	João Dias	00:29:17	00:57:17	00:56:19	3483	Lebres Vermelhas SB	V50	345	00:04:50:54	3755
3487	9350	Helder Lourenço	00:29:38	00:57:18	00:56:37	3585		V45	480	00:05:05:98	4610
3488	2518	Ruben André	00:30:45	00:57:18	00:54:11	2917		V35	457	00:04:23:85	2319
3489	8625	Darrin Krumpus	00:29:32	00:57:18	00:56:00	3402		V50	346	00:04:52:64	3843
3490	6238	Maria David	00:27:51	00:57:18	00:57:02	3694		Senior	206	00:04:49:20	3690
3491	8381	Rodrigo Reis	00:28:24	00:57:19	00:56:24	3518		V50	347	00:04:36:49	2989
3492	9412	André Machado	00:28:34	00:57:19	00:56:32	3562	ChampiMiles	V35	458	00:04:55:16	3971
3493	3485	Rui Pinto	00:29:04	00:57:19	00:56:35	3573		V45	481	00:04:55:39	3986
3494	7164	Filipe Tomaz	00:30:44	00:57:19	00:54:13	2926		V55	200	00:04:25:29	2383
3495	10000	Nuno Pombinho	00:29:04	00:57:19	00:56:36	3575		V45	482	00:04:54:74	3952
3496	10204	João Correia	00:30:10	00:57:19	00:54:50	3071		Senior	819	00:04:31:48	2714
3497	2076	Nuno Marques	00:29:47	00:57:19	00:56:50	3633		V50	348	00:04:27:66	2514





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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3498	6690	Paulo Figueiredo	00:30:02	00:57:20	00:55:27	3247		V45	483	00:04:49:40	3698
3499	10675	David Lucas	00:31:12	00:57:20	00:53:53	2849		V35	459	00:04:20:06	2116
3500	3231	Jorge Rodrigues	00:28:38	00:57:20	00:56:38	3587	Clube ANA Lisboa	V60	81	00:04:35:65	2934
3501	7718	Hugo Costa	00:27:16	00:57:21	00:57:08	3716		V45	484	00:04:55:57	3996
3502	1497	Pedro Ligeiro	00:28:17	00:57:21	00:56:52	3645		V50	349	00:05:00:10	4267
3503	10658	João Sousa	00:31:54	00:57:21	00:53:50	2834		V50	350	00:04:09:51	1578
3504	3201	João Barbado	00:30:04	00:57:21	00:55:48	3345	Workoutside	Senior	820	00:04:29:71	2609
3505	9170	Francisco Afonso	00:30:12	00:57:22	00:54:15	2938		V60	82	00:04:35:13	2903
3506	5823	Pedro Cardoso	00:31:40	00:57:23	00:54:28	2988		Senior	821	00:04:09:01	1545
3507	10314	Francisco Pinheiro	00:27:19	00:57:23	00:57:11	3727		Senior	822	00:05:16:66	5161
3508	2308	Catarina Cardoso	00:27:48	00:57:23	00:57:18	3742		V40	83	00:05:03:66	4472
3509	2027	Diogo Maltez	00:27:53	00:57:23	00:57:22	3762		V40	445	00:04:54:15	3915
3510	2235	Eduardo Amado	00:27:15	00:57:24	00:57:04	3705		V45	485	00:05:03:20	4449
3511	6021	Luis Palma	00:28:38	00:57:24	00:56:47	3621		V50	351	00:04:51:87	3809
3512	9466	Ana Karcheva	00:27:43	00:57:24	00:57:13	3733		V50	47	00:05:03:11	4445
3513	4999	Jorge Maio	00:28:11	00:57:24	00:56:54	3654		V45	486	00:04:48:73	3659
3514	256	Martim Valério	00:32:13	00:57:24	00:55:40	3308		Junior	87	00:03:50:67	783
3515	8079	Antonio Martins	00:30:22	00:57:24	00:56:57	3666	NetJets	Senior	823	00:04:35:78	2948
3516	10376	Josue Sandoval	00:31:08	00:57:25	00:53:50	2833		V35	460	00:04:19:61	2091



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3517	6108	Daniel Alves	00:29:56	00:57:25	00:55:24	3228		Senior	824	00:04:42:62	3316
3518	9519	Marcos Ferreira	00:30:13	00:57:26	00:55:19	3199		V40	446	00:04:43:92	3396
3519	3802	Jose Rebelo	00:27:27	00:57:26	00:57:24	3769	Clube Millennium BCP	V55	201	00:05:37:85	6060
3520	7813	Danielle Gomes	00:31:12	00:57:26	00:55:46	3333		V35	77	00:04:21:02	2178
3521	10592	Joao Leitao	00:26:57	00:57:26	00:57:04	3706		V55	202	00:05:35:41	5974
3522	1558	Guilherme Lopes	00:27:11	00:57:27	00:56:36	3582	Lopes Associados	Junior	88	00:05:16:98	5179
3523	3849	Fernando Almeida	00:28:06	00:57:27	00:57:25	3772	Clube Millennium BCP	V55	203	00:05:08:92	4776
3524	10034	Sandra Palma	00:27:53	00:57:27	00:56:56	3664		V50	48	00:05:14:87	5078
3525	5526	Regis Hebraud	00:29:09	00:57:28	00:57:27	3782		V50	352	00:04:19:73	2102
3526	10917	Madalena Caninas	00:28:32	00:57:28	00:57:22	3758		V60	4	00:04:58:93	4189
3527	6307	Berlyner Esteves	00:27:49	00:57:29	00:57:21	3756		V35	461	00:05:22:70	5447
3528	3300	Yolanda Ayala	00:27:30	00:57:29	00:57:28	3786		V50	49	00:04:58:30	4146
3529	5786	Paulo Cecilio	00:28:54	00:57:30	00:56:21	3500		V45	487	00:04:45:51	3502
3530	9536	André Ferreira	00:29:08	00:57:30	00:55:30	3261		Senior	825	00:05:09:28	4791
3531	10361	Tomás Machado	00:28:39	00:57:30	00:56:32	3561		Senior	826	00:05:06:80	4655
3532	4522	João Elvas	00:27:57	00:57:30	00:57:18	3746		V50	353	00:05:04:32	4514
3533	1067	Renato Lopes	00:27:40	00:57:30	00:57:10	3722		V35	462	00:04:57:83	4126
3534	4950	Samuel Constantino	00:31:02	00:57:30	00:55:29	3257		Senior	827	00:04:12:86	1734
3535	10689	Miguel Velez	00:28:03	00:57:31	00:56:42	3598		V60	83	00:05:21:27	5384



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3536	8926	Bruno Açucena	00:27:54	00:57:31	00:56:59	3675		V45	488	00:05:00:04	4260
3537	4521	Carla Elvas	00:27:57	00:57:31	00:57:18	3745		V45	84	00:05:05:04	4555
3538	2768	Maria Almeida	00:28:54	00:57:31	00:56:23	3515	2580	V40	84	00:04:45:58	3510
3539	7600	Diogo João	00:27:19	00:57:31	00:56:56	3665		Senior	828	00:05:07:23	4676
3540	4520	Mariana Elvas	00:27:57	00:57:31	00:57:18	3744		Senior	207	00:05:05:30	4567
3541	7101	Luis Machado	00:27:43	00:57:31	00:57:22	3759		V45	489	00:04:58:32	4147
3542	13002	Andrew Levin	00:27:26	00:57:31	00:57:25	3775		Senior	829	00:05:11:89	4932
3543	10485	Jorge Polido	00:28:44	00:57:32	00:57:28	3789		Senior	830	00:04:28:31	2548
3544	1056	Antonio Diogo	00:28:00	00:57:32	00:57:15	3736	GMCJamor	V55	204	00:04:33:51	2816
3545	9764	Bruno Carvalho	00:29:28	00:57:32	00:55:18	3196		Senior	831	00:04:34:63	2876
3546	9045	Luís Ramalho	00:28:04	00:57:32	00:56:45	3611		V40	447	00:05:06:17	4619
3547	3536	Adriana Barbosa	00:29:46	00:57:32	00:56:51	3642		Senior	208	00:05:31:11	5818
3548	2765	Paulo Paz	00:28:50	00:57:33	00:56:26	3527		V50	354	00:04:47:82	3613
3549	6917	John Almeida	00:29:45	00:57:33	00:55:49	3351		Senior	832	00:04:22:96	2272
3550	2493	Bruno Ruchel	00:28:20	00:57:33	00:56:58	3671		Senior	833	00:05:10:70	4872
3551	117	Paulo Colaço	00:28:13	00:57:33	00:56:52	3646		V45	490	00:05:05:99	4612
3552	8439	Tiago Jesus	00:27:24	00:57:34	00:57:01	3688		Senior	834	00:05:04:38	4518
3553	5423	Eugénia Ribeiro	00:27:24	00:57:34	00:57:10	3724	SIMECQ	V50	50	00:05:10:58	4868
3554	2492	Guilherme Ruchel	00:28:19	00:57:34	00:56:59	3680		Senior	835	00:05:12:24	4950



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3555	4659	Nuno Valentim	00:28:17	00:57:34	00:57:20	3753	Lets Gooo	V40	448	00:04:56:94	4054
3556	930	Paula Machado	00:28:29	00:57:34	00:57:16	3737		V65	3	00:04:50:27	3743
3557	5996	Luis Fernandes	00:28:25	00:57:35	00:57:28	3788		V45	491	00:04:42:28	3299
3558	947	Tiago Mineiro	00:27:49	00:57:35	00:56:46	3616		V40	449	00:05:10:30	4851
3559	10124	Eric Gonçalves	00:28:58	00:57:35	00:56:36	3576		Senior	836	00:04:34:41	2860
3560	1327	Nuno Santos	00:28:34	00:57:35	00:56:54	3657		V45	492	00:04:55:11	3968
3561	6987	Tiago Andrade	00:28:08	00:57:35	00:57:26	3777		V40	450	00:04:17:66	1997
3562	3506	Rafael Pereira	00:27:38	00:57:35	00:56:59	3678		Senior	837	00:05:47:50	6403
3563	2065	Ricardo Patrício	00:29:24	00:57:36	00:55:56	3385	CCD Crédito Agrícola Mútuo	V45	493	00:04:42:55	3314
3564	1742	Cláudia Moreira	00:28:13	00:57:36	00:57:31	3808	Equipa Sangria Runners	V40	85	00:04:57:00	4058
3565	7025	António Oliveira	00:29:10	00:57:36	00:56:49	3627	Salesianos	V55	205	00:05:06:93	4659
3566	2324	Pedro Ribeiro	00:31:29	00:57:37	00:54:24	2976		V35	463	00:04:21:14	2187
3567	10889	Elias Ramos	00:28:18	00:57:37	00:56:18	3473		Senior	838	00:05:21:77	5413
3568	5647	Fernando Gouveia	00:28:24	00:57:37	00:57:04	3702		Senior	839	00:04:34:65	2880
3569	10017	William Silva	00:28:35	00:57:37	00:57:25	3776		V35	464	00:04:57:28	4078
3570	4269	José Cunha	00:28:15	00:57:37	00:57:27	3784		V55	206	00:05:11:39	4900
3571	4777	Liliane Semedo	00:29:26	00:57:37	00:56:30	3554		V35	78	00:04:39:69	3146
3572	5586	André Pinto	00:27:31	00:57:38	00:57:01	3690	Maria Côrte-Real	Senior	840	00:04:59:69	4237
3573	8233	Karin Janz	00:29:47	00:57:38	00:56:43	3600		V45	85	00:04:46:22	3535



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3574	6049	David Fortunato	00:26:50	00:57:38	00:57:07	3712		Senior	841	00:05:29:13	5738
3575	2376	Ana Ferreira	00:28:31	00:57:39	00:57:00	3682	Clube Novo Banco	V50	51	00:04:37:74	3059
3576	2379	Paulo Gonçalves	00:28:31	00:57:39	00:57:00	3681	Clube Novo Banco	V55	207	00:04:37:75	3060
3577	3798	Eduardo Ferreira	00:31:33	00:57:39	00:54:16	2947	Clube Millennium BCP	V45	494	00:04:48:79	3662
3578	7986	Luís Teixeira	00:26:44	00:57:39	00:57:38	3833	Os três violinos	V50	355	00:05:07:68	4698
3579	2165	Rui Moura	00:27:32	00:57:40	00:57:23	3765	Alverca Urban Runners	V40	451	00:04:54:88	3957
3580	4940	Miguel José	00:28:41	00:57:40	00:56:51	3640		V50	356	00:05:09:73	4816
3581	7323	Ricardo Fernandes	00:27:51	00:57:40	00:56:47	3620	Associação Corrida Noturna Parque das Nações	V45	495	00:04:49:66	3712
3582	1785	Margarida André	00:28:37	00:57:40	00:56:46	3615		V40	86	00:04:58:49	4156
3583	584	Patrícia Pinto	00:28:58	00:57:40	00:57:02	3692		Senior	209	00:04:58:62	4166
3584	7348	Joel Puga	00:29:05	00:57:40	00:55:34	3284	Helsínquia 2024	V35	465	00:04:41:99	3283
3585	3224	Nelson Rego	00:29:57	00:57:40	00:56:59	3679		V45	496	00:05:00:53	4290
3586	9890	António Lucas	00:29:00	00:57:41	00:56:52	3647	Todos os passos contam	V50	357	00:04:34:88	2893
3587	6897	José Machado	00:31:25	00:57:41	00:54:20	2962		V40	452	00:04:30:27	2642
3588	2489	Frederico Reis	00:29:12	00:57:41	00:56:27	3532		Senior	842	00:04:31:01	2686
3589	10651	César Mendes	00:28:36	00:57:41	00:56:10	3454		V40	453	00:05:01:32	4330
3590	4922	Maria Rodrigues	00:28:14	00:57:41	00:57:26	3781		Junior	25	00:04:44:81	3458
3591	53	Vasco Santos	00:28:28	00:57:42	00:57:03	3699		V60	84	00:04:49:68	3715
3592	11271	Dario Garozzo	00:31:16	00:57:42	00:55:55	3379		Senior	843	00:04:35:00	2898



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3593	13006	Felippe Oliveira	00:28:22	00:57:42	00:57:37	3825		Senior	844	00:05:23:40	5479
3594	4217	Luís Mota	00:28:44	00:57:43	00:56:55	3661		V35	466	00:04:50:64	3756
3595	1090	Nuno Cordeiro	00:30:28	00:57:43	00:57:01	3691		V45	497	00:04:31:64	2721
3596	4334	Francisco Nunes	00:27:09	00:57:44	00:57:31	3805	Nome da Equipa	Senior	845	00:05:24:36	5527
3597	4337	Eduardo Fernandes	00:25:58	00:57:44	00:57:30	3799	Nome da Equipa	Senior	846	00:05:23:86	5498
3598	1554	Nuno Lucena	00:25:36	00:57:44	00:57:39	3840		V35	467	00:05:34:20	5930
3599	6032	Clecio Paula	00:27:14	00:57:44	00:57:36	3822		V45	498	00:04:51:26	3777
3600	11193	João Trocado	00:31:03	00:57:44	00:55:11	3160		V40	454	00:04:10:03	1598
3601	9381	Nuno Melo	00:30:03	00:57:44	00:55:04	3136		V35	468	00:05:04:66	4538
3602	9478	Natália Alencar	00:29:28	00:57:45	00:57:03	3697		Senior	210	00:04:54:56	3939
3603	4268	Manuel Ruivo	00:31:10	00:57:45	00:54:44	3056		Senior	847	00:04:44:49	3432
3604	3060	Joel Toscano	00:29:44	00:57:45	00:55:22	3219		V35	469	00:05:02:44	4404
3605	3451	Rafael Figueiredo	00:29:03	00:57:45	00:57:00	3684		V50	358	00:04:47:55	3595
3606	8987	João Branco	00:30:57	00:57:45	00:56:20	3494		V40	455	00:04:32:65	2778
3607	11016	Alice Matos	00:29:16	00:57:46	00:56:41	3594	Falcões Selvagens	Junior	26	00:04:32:55	2773
3608	5748	Jose Terras	00:27:27	00:57:47	00:57:31	3806	Come+Corre	V35	470	00:04:47:68	3604
3609	7325	Rui Almeida	00:28:42	00:57:47	00:57:07	3713	Associação Corrida Noturna Parque das Nações	V50	359	00:04:48:62	3651
3610	10353	Mendo Ataíde	00:29:35	00:57:47	00:55:59	3393		Senior	848	00:04:55:96	4011
3611	8275	Gonçalo Móra	00:28:23	00:57:47	00:57:19	3748		Junior	89	00:05:10:24	4849



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3612	354	José Guimarães	00:29:31	00:57:47	00:56:53	3651		Senior	849	00:04:40:05	3173
3613	7163	Sónia Eugénio	00:28:38	00:57:47	00:56:57	3667		V45	86	00:04:56:44	4036
3614	1175	Pedro Anibal	00:28:15	00:57:47	00:57:21	3754		V45	499	00:05:17:87	5216
3615	5153	Milton Correia	00:27:35	00:57:47	00:57:04	3704		V35	471	00:04:42:50	3311
3616	10760	Tiago Ferreira	00:30:15	00:57:48	00:55:09	3152	Lisgarante - Sociedade de Garantia Mútua S.A.	V45	500	00:04:37:00	3014
3617	4864	Francisco Duarte	00:29:32	00:57:48	00:56:55	3662		Senior	850	00:04:44:66	3444
3618	10019	Carlos Duarte	00:29:42	00:57:48	00:56:56	3663		V60	85	00:04:44:43	3429
3619	6008	Filipe Simões	00:27:45	00:57:48	00:57:08	3714	Valejas Atlético Clube - O Muchacho Barcarena	Senior	851	00:05:25:67	5587
3620	9521	Guilherme Duarte	00:29:42	00:57:49	00:56:57	3668		Senior	852	00:04:45:86	3518
3621	4245	Pedro Peleja	00:28:12	00:57:49	00:56:59	3677		V50	360	00:04:55:84	4004
3622	8488	Bernardo Graça	00:32:37	00:57:49	00:54:41	3036	Bolsky	Senior	853	00:04:21:77	2220
3623	5463	Américo Carvalho	00:29:00	00:57:49	00:56:58	3673		V50	361	00:04:57:91	4129
3624	155	António Pereira	00:28:11	00:57:49	00:57:29	3793		V45	501	00:04:58:95	4191
3625	3806	Vanda Rosa	00:28:09	00:57:50	00:57:23	3764	Clube Millennium BCP	V45	87	00:05:00:15	4272
3626	8771	Bruno Pereira	00:32:31	00:57:50	00:54:22	2971		Senior	854	00:04:08:31	1508
3627	9288	Adjamilo Costa	00:29:40	00:57:50	00:56:36	3577		Senior	855	00:04:30:98	2683
3628	5344	António Sineiro	00:29:12	00:57:50	00:57:10	3723		V45	502	00:04:16:48	1934
3629	8717	Christy Carvalho	00:27:55	00:57:50	00:57:16	3738	CCD Tranquilidade	V45	88	00:05:14:77	5074
3630	8888	Maria Alves	00:28:56	00:57:51	00:57:31	3803	GMCJamor	V60	5	00:04:47:04	3574



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3631	2232	Pedro Ferreira	00:28:38	00:57:51	00:57:09	3719		Senior	856	00:05:06:27	4623
3632	8345	Miguel Candeias	00:27:16	00:57:51	00:57:48	3898		V50	362	00:05:33:19	5896
3633	3604	Helder Martins	00:28:32	00:57:51	00:57:38	3831	Sporting Clube de Casainhos	V50	363	00:04:54:12	3914
3634	6999	Francisco Morais	00:30:43	00:57:51	00:56:30	3548		V45	503	00:04:34:83	2891
3635	10536	Daniel Ayash	00:30:55	00:57:52	00:55:43	3322		V35	472	00:04:29:41	2598
3636	10543	Jorge Lameiras	00:30:57	00:57:53	00:55:43	3321		V50	364	00:04:29:52	2602
3637	9805	Guilherme Carlos	00:28:22	00:57:53	00:57:30	3801	Carlos Running Power	Junior	90	00:04:55:95	4010
3638	575	Mohammed Pereira	00:27:36	00:57:53	00:57:44	3870		V35	473	00:05:02:06	4372
3639	5121	Tiago Bessa	00:32:39	00:57:53	00:54:56	3100		V40	456	00:04:22:42	2248
3640	9803	David Carlos	00:28:23	00:57:53	00:57:31	3802	Carlos Running Power	V45	504	00:04:56:77	4047
3641	7883	Carolina Gaspar	00:30:37	00:57:54	00:55:44	3324		Senior	211	00:04:21:25	2192
3642	861	Nelson Ribeiro	00:28:22	00:57:54	00:57:37	3829		V50	365	00:04:46:15	3532
3643	7562	Sophie Zimmermann	00:30:12	00:57:55	00:56:46	3618		Senior	212	00:04:37:76	3061
3644	6465	Lena Fliedner	00:30:08	00:57:55	00:55:39	3302		Senior	213	00:04:36:26	2978
3645	7149	André Magalhães	00:29:57	00:57:55	00:55:54	3367		Senior	857	00:04:52:75	3850
3646	1109	Nuno Carpinteiro	00:28:23	00:57:55	00:57:39	3841		V50	366	00:04:46:88	3567
3647	50	Carlos Silva	00:28:56	00:57:55	00:57:37	3828	GMCJamor	V60	86	00:04:40:20	3180
3648	4931	Eduardo Corvacho	00:29:43	00:57:55	00:56:11	3457		Senior	858	00:04:50:95	3767
3649	1135	Luis Sousa	00:29:10	00:57:56	00:57:08	3717		V45	505	00:05:01:53	4340





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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3650	7992	Rosário Pais	00:28:35	00:57:56	00:57:44	3873	Caracóis Velozes	V50	52	00:05:04:46	4527
3651	5883	Nicolas Ott	00:28:31	00:57:56	00:56:28	3539	The Zés	Senior	859	00:05:21:38	5392
3652	6524	Silvia Silva	00:28:46	00:57:56	00:57:39	3835		V45	89	00:04:59:09	4203
3653	5973	Zaida Pires	00:29:23	00:57:56	00:57:04	3707		V45	90	00:04:51:85	3806
3654	7874	José Bica	00:28:39	00:57:57	00:56:59	3676		V40	457	00:04:52:77	3851
3655	2924	Jorge Serra	00:27:42	00:57:57	00:57:18	3741	Clube Atletismo de Vale de Figueira	V50	367	00:04:59:27	4214
3656	294	Nayara Pinheiro	00:27:52	00:57:57	00:57:48	3896	FIDELIDADE GDC	Senior	214	00:04:55:03	3964
3657	5889	Tiago Candeias	00:27:04	00:57:58	00:57:37	3827	AnimaT	V35	474	00:05:42:49	6233
3658	6532	Nuno Oliveira	00:30:26	00:57:58	00:56:00	3404		V45	506	00:04:29:77	2616
3659	2728	Valter Machado	00:27:52	00:57:58	00:57:45	3880	FIDELIDADE GDC	Senior	860	00:04:55:23	3975
3660	7576	Tomás Silva	00:30:04	00:57:58	00:55:44	3325		Junior	91	00:04:33:07	2798
3661	5242	Fernando Gaspar	00:28:27	00:57:58	00:57:31	3807		V45	507	00:05:10:14	4842
3662	7144	Mirna Mota	00:28:38	00:57:59	00:57:29	3792		V40	87	00:04:48:24	3631
3663	9881	Francisco Ortiz	00:28:50	00:57:59	00:57:46	3887		V35	475	00:04:59:99	4259
3664	8466	Daniel Simoes	00:31:03	00:57:59	00:55:36	3294		V50	368	00:04:31:09	2689
3665	10478	Marco Martins	00:29:12	00:58:00	00:57:29	3790		V40	458	00:04:48:11	3624
3666	876	Letícia Oliveira	00:29:28	00:58:00	00:57:24	3768		V40	88	00:04:48:48	3647
3667	4971	Francisco Fernandes	00:28:45	00:58:00	00:56:26	3530	Lindos	Senior	861	00:05:14:59	5066
3668	3881	Vitor Ramos	00:28:44	00:58:00	00:57:32	3809	A TEAM AGEAS	V50	369	00:05:04:46	4525



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3669	3843	Susana Boaventura	00:28:49	00:58:01	00:57:36	3821	Clube Millennium BCP	V45	91	00:05:06:46	4635
3670	345	Rui Gonçalves	00:28:13	00:58:01	00:57:45	3878		V45	508	00:05:02:49	4407
3671	5271	Carla Lopes	00:29:17	00:58:01	00:57:03	3700	Bellatores	V40	89	00:04:54:91	3959
3672	295	João Gonçalves	00:28:00	00:58:01	00:57:57	3943	FIDELIDADE GDC	V50	370	00:05:12:56	4964
3673	56	Ganna Kuznyetsova	00:27:14	00:58:01	00:57:54	3923		V35	79	00:05:23:15	5471
3674	7988	Pedro Courela	00:28:36	00:58:02	00:57:51	3910	Caracóis Velozes	V50	371	00:04:54:37	3925
3675	795	Paulo Silva	00:30:42	00:58:02	00:56:11	3456		V50	372	00:04:38:92	3105
3676	5841	Pedro Cachaço	00:29:01	00:58:02	00:57:22	3763		V50	373	00:04:48:74	3661
3677	1657	Carlos Ferreira	00:27:08	00:58:03	00:57:54	3924	os carregueirenses	V50	374	00:05:25:51	5578
3678	87	Joel Ginga	00:28:45	00:58:03	00:57:28	3787		V40	459	00:04:52:74	3847
3679	4987	Lia Elias	00:28:13	00:58:03	00:57:53	3922		V35	80	00:05:00:42	4286
3680	2381	Gonçalo Gameiro	00:31:40	00:58:03	00:58:02	3966	Clube Novo Banco	V45	509	00:04:30:10	2632
3681	6373	Ana Galhana	00:30:02	00:58:03	00:56:28	3537		Senior	215	00:04:49:16	3686
3682	7260	Jorge Martinho	00:29:25	00:58:04	00:57:13	3732		V50	375	00:04:47:19	3583
3683	3804	Carlos Nunes	00:28:34	00:58:04	00:57:33	3815	Clube Millennium BCP	V55	208	00:04:53:22	3872
3684	7728	Patricia Patrocinio	00:28:56	00:58:04	00:57:49	3903	CAPenafirme	Senior	216	00:04:47:12	3579
3685	1684	Severino Rosa	00:28:42	00:58:04	00:57:55	3930	SS CGD	V65	28	00:05:12:36	4956
3686	629	Luis Ferreira	00:28:38	00:58:05	00:57:51	3915		V65	29	00:05:09:92	4831
3687	3230	Marta Reis	00:29:25	00:58:05	00:57:03	3701	Clube ANA Lisboa	Senior	217	00:04:40:32	3189



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LISBOA

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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3688	8716	Carlos Bargado	00:28:25	00:58:05	00:57:52	3916	CCD Tranquilidade	V55	209	00:04:59:35	4221
3689	3637	Vidaul Ferreira	00:29:57	00:58:05	00:56:54	3656	Clube Tecnovia	V55	210	00:04:42:00	3286
3690	1430	Fernando Oliveira	00:28:33	00:58:06	00:57:14	3735	#run4beers	V35	476	00:05:02:79	4422
3691	10436	Paulo Gonçalves	00:30:02	00:58:06	00:57:14	3734		V50	376	00:05:06:19	4621
3692	418	Luís Carvalho	00:28:25	00:58:07	00:57:25	3773		V55	211	00:05:02:11	4381
3693	1955	António Ribeiro	00:28:39	00:58:07	00:57:38	3830	Clube TAP PORTUGAL	V55	212	00:05:03:66	4473
3694	9921	Ruben Borges	00:29:44	00:58:07	00:57:17	3739		V35	477	00:05:20:22	5329
3695	617	Carla Dias	00:29:29	00:58:08	00:57:43	3860		V35	81	00:05:09:61	4811
3696	3878	Paulo Pinto	00:28:40	00:58:08	00:57:41	3852	A TEAM AGEAS	V55	213	00:05:00:69	4302
3697	6581	Rafael Barreira	00:28:57	00:58:08	00:57:08	3715	Caracóis de Pedra	V40	460	00:05:13:44	5006
3698	9641	João Abreu	00:30:33	00:58:08	00:56:47	3622		Junior	92	00:04:27:88	2528
3699	6582	Tiago Almeida	00:28:58	00:58:08	00:57:10	3721	Caracóis de Pedra	V40	461	00:05:13:48	5010
3700	8619	Beni Gourgel	00:29:57	00:58:08	00:55:54	3369		V55	214	00:04:27:52	2508
3701	10256	Carlos Sousa	00:27:14	00:58:08	00:57:46	3886		V45	510	00:05:23:99	5507
3702	4915	Beatriz Sécio	00:29:48	00:58:08	00:57:24	3770	Mãe e filha	Senior	218	00:04:16:66	1944
3703	4435	Jorge Rosa	00:28:47	00:58:09	00:57:30	3797		V55	215	00:05:10:37	4853
3704	7484	Rodrigo Luís	00:32:31	00:58:09	00:55:27	3246		Senior	862	00:04:14:34	1824
3705	5901	Diogo Neiva	00:27:46	00:58:09	00:57:46	3884		Senior	863	00:04:46:61	3551
3706	8668	Manuel Silva	00:28:39	00:58:09	00:57:41	3848		V50	377	00:04:41:00	3230



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3707	576	Luis Sancho	00:30:19	00:58:09	00:56:21	3504		Senior	864	00:04:22:91	2269
3708	4020	João Ferreira	00:30:13	00:58:10	00:55:45	3328		Senior	865	00:04:40:29	3187
3709	8588	Luis Marcelino	00:29:21	00:58:10	00:57:39	3834		V40	462	00:05:03:04	4443
3710	10955	Alexandre Cardoso	00:31:39	00:58:10	00:55:23	3223		Senior	866	00:04:28:22	2542
3711	445	João Catarino	00:28:09	00:58:10	00:57:43	3861		V45	511	00:05:11:68	4921
3712	9719	Amarildo Guimarães	00:30:00	00:58:11	00:56:22	3510		Senior	867	00:04:57:32	4080
3713	1291	Ricardo Mexia	00:30:21	00:58:11	00:57:23	3766	PdN	Senior	868	00:04:43:88	3390
3714	6266	Fernanda Candido	00:29:27	00:58:11	00:57:42	3858		Senior	219	00:04:58:51	4158
3715	2736	Hugo Costa	00:27:59	00:58:11	00:58:06	3986	LB & MR TEAM	V35	478	00:04:55:93	4008
3716	2734	Pedro Cardoso	00:27:59	00:58:11	00:58:06	3985	LB & MR TEAM	V35	479	00:04:56:33	4029
3717	10048	Sónia Miguel	00:28:30	00:58:11	00:57:43	3859		Senior	220	00:04:56:23	4024
3718	3813	Joao Seborro	00:28:10	00:58:12	00:58:04	3973	Clube Millennium BCP	V55	216	00:05:13:60	5015
3719	7106	Joao Machado	00:27:43	00:58:12	00:58:03	3968		V40	463	00:05:39:37	6123
3720	3204	Ricardo Vales	00:28:56	00:58:12	00:56:44	3607		V45	512	00:05:02:95	4438
3721	1032	Ricardo Morato	00:28:54	00:58:12	00:57:17	3740		Senior	869	00:05:16:84	5169
3722	6027	João Silva	00:27:32	00:58:12	00:58:05	3978		V35	480	00:05:25:97	5604
3723	2714	Fabio Silva	00:34:08	00:58:13	00:54:33	3014		V35	481	00:03:52:11	832
3724	6369	Orlando Loureiro	00:28:45	00:58:13	00:57:26	3778		V45	513	00:05:09:20	4786
3725	10240	Joana Martins	00:28:27	00:58:13	00:57:21	3757		V35	82	00:05:08:32	4744



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3726	3969	João Gonçalves	00:29:34	00:58:13	00:57:35	3819		V40	464	00:05:14:82	5075
3727	10614	Deusliene Lameu	00:28:46	00:58:13	00:57:58	3949		Senior	221	00:05:00:53	4289
3728	1809	Joao Duarte	00:34:07	00:58:13	00:54:32	3007		V45	514	00:03:52:62	858
3729	4267	Rita Guerreiro	00:29:04	00:58:13	00:57:41	3851		Senior	222	00:05:00:08	4264
3730	6561	André Nunes	00:30:45	00:58:13	00:56:27	3533		V35	482	00:04:28:15	2536
3731	7092	João Braz	00:30:46	00:58:14	00:56:27	3534		V35	483	00:04:28:19	2538
3732	1380	Armanda Modesto	00:28:49	00:58:14	00:57:49	3904		V60	6	00:05:02:24	4387
3733	2870	Carlos Carvalhas	00:28:55	00:58:14	00:57:58	3944		V60	87	00:04:50:40	3748
3734	1311	Nuno Brás	00:29:04	00:58:14	00:57:42	3856		V35	484	00:04:57:38	4088
3735	1961	Fernando Pereira	00:27:44	00:58:14	00:57:56	3931	Clube TAP PORTUGAL	V55	217	00:05:19:70	5303
3736	1714	Paula Ferreira	00:28:56	00:58:14	00:57:59	3955		V45	92	00:04:51:06	3772
3737	9236	João Tubal	00:30:15	00:58:14	00:57:05	3709		V45	515	00:04:43:39	3357
3738	8700	Diana Serra	00:28:44	00:58:14	00:57:40	3846		V35	83	00:05:12:09	4940
3739	8866	Filipe Relvas	00:29:28	00:58:14	00:56:09	3441	Souza e Silva	Senior	870	00:04:43:46	3361
3740	9456	Ernesto Reis	00:28:07	00:58:15	00:57:56	3934		V65	30	00:05:10:80	4877
3741	11265	Diana Rdrigues	00:28:14	00:58:15	00:58:09	3997		Senior	223	00:04:41:06	3237
3742	10147	Miguel Costa	00:27:58	00:58:15	00:57:52	3918		V45	516	00:05:04:71	4540
3743	8085	Rui Soares	00:30:55	00:58:15	00:56:19	3490	Equipa Soares	V35	485	00:04:45:12	3483
3744	9576	Jose Navarro	00:29:23	00:58:15	00:57:33	3812		V45	517	00:04:52:60	3840



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3745	7470	Francisco Pombo	00:30:05	00:58:15	00:57:22	3761	Mediaruns	V40	465	00:04:30:83	2675
3746	9517	Rui Casaleiro	00:27:55	00:58:15	00:57:58	3947		V45	518	00:04:48:17	3628
3747	6019	Fabio Barros	00:29:22	00:58:15	00:57:33	3813		V45	519	00:04:57:48	4100
3748	6020	Nuno Faria	00:29:23	00:58:15	00:57:32	3810		V50	378	00:04:54:50	3936
3749	7017	Daisy	00:30:06	00:58:16	00:57:48	3899	Salesianos	V45	93	00:04:59:13	4205
3750	9439	Antonio Pombinho	00:28:02	00:58:16	00:58:07	3989		V65	31	00:05:04:79	4544
3751	7467	João Sousa	00:30:05	00:58:16	00:57:22	3760	Mediaruns	V40	466	00:04:31:50	2715
3752	6550	Luis Canhao	00:30:57	00:58:16	00:57:48	3901	Bankinter	V55	218	00:04:58:41	4153
3753	3653	Patrícia Maravilha	00:29:01	00:58:16	00:57:50	3906		V40	90	00:05:02:06	4371
3754	2150	Marco Duarte	00:30:47	00:58:16	00:56:32	3563		Senior	871	00:04:13:54	1770
3755	2680	Marion Almeida	00:29:23	00:58:16	00:57:59	3956		Senior	224	00:04:44:26	3416
3756	1694	Jose Dias	00:28:17	00:58:17	00:58:13	4011		V55	219	00:05:09:70	4813
3757	4852	Sandra Lopes	00:28:17	00:58:17	00:58:12	4009		V45	94	00:05:09:59	4806
3758	619	Tiago Gonçalves	00:30:39	00:58:17	00:56:49	3628		V35	486	00:04:53:23	3873
3759	10574	Renilda Costa	00:28:19	00:58:18	00:57:46	3885		V45	95	00:05:14:69	5070
3760	5715	Felipe Ferreira	00:31:26	00:58:18	00:55:25	3236		Senior	872	00:04:20:28	2127
3761	2395	Manuela Lopes	00:29:00	00:58:18	00:57:43	3862	Clube Novo Banco	V45	96	00:05:02:31	4393
3762	5483	Bruno João	00:29:28	00:58:18	00:56:21	3501		Senior	873	00:04:58:82	4184
3763	10857	Gile Catarino	00:28:38	00:58:18	00:58:11	4003		V50	379	00:04:47:11	3577



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3764	4638	Carla Duarte	00:29:40	00:58:18	00:57:51	3914	GDCTINCM	V50	53	00:04:43:79	3385
3765	7156	Ana Cruz	00:28:52	00:58:18	00:57:56	3936	FIDELIDADE GDC	V45	97	00:04:49:08	3682
3766	5845	Lorena Diez	00:31:01	00:58:19	00:57:11	3725		V45	98	00:04:39:99	3165
3767	6986	Sebastião Castro	00:28:39	00:58:19	00:58:06	3984		Senior	874	00:04:58:71	4175
3768	8796	Mario Lara	00:31:00	00:58:19	00:57:12	3729		V35	487	00:04:40:25	3186
3769	4220	Mariana Ohde	00:30:22	00:58:20	00:57:26	3779		V35	84	00:04:44:47	3431
3770	2330	Ana Mestre	00:31:26	00:58:20	00:55:27	3251		Senior	225	00:04:26:89	2472
3771	4219	Marco Marques	00:30:22	00:58:20	00:57:27	3783		V35	488	00:04:44:15	3407
3772	3643	José Jácome	00:28:00	00:58:20	00:57:42	3853		V35	489	00:05:21:45	5397
3773	7176	Ricardo Nicho	00:28:53	00:58:20	00:57:21	3755		Senior	875	00:05:05:59	4588
3774	8608	Laurentiu Musteata	00:27:08	00:58:21	00:58:16	4031		Senior	876	00:05:06:53	4639
3775	10464	Marco Santos	00:31:22	00:58:21	00:55:42	3313		V35	490	00:04:42:71	3322
3776	6931	Catarina Couto	00:27:48	00:58:21	00:58:20	4064		V35	85	00:05:01:98	4362
3777	3729	José Almeida	00:27:35	00:58:21	00:58:02	3965	Dor de burro	V45	520	00:05:15:66	5114
3778	804	Gilberto Pinto	00:28:07	00:58:21	00:57:59	3958		V50	380	00:05:02:10	4379
3779	6887	Adriana Martins	00:28:16	00:58:21	00:57:44	3872		Senior	226	00:05:25:55	5580
3780	10586	Jorge Pereira	00:28:45	00:58:21	00:57:39	3837		V50	381	00:05:09:52	4800
3781	907	Nuno Dargent	00:28:08	00:58:21	00:58:00	3959		V50	382	00:05:02:08	4377
3782	1840	Pedro Fortunato	00:30:43	00:58:22	00:57:19	3750		V45	521	00:04:31:74	2727



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3783	10821	Joaquim Guerreiro	00:28:35	00:58:22	00:58:08	3991		V65	32	00:05:05:90	4602
3784	2977	Maria Pinto	00:28:40	00:58:22	00:58:19	4053		V55	23	00:05:08:30	4741
3785	3585	Carlos Silva	00:28:07	00:58:22	00:58:16	4038		V35	491	00:05:13:89	5027
3786	1841	Claudia Fortunato	00:30:44	00:58:23	00:57:18	3743		V40	91	00:04:32:10	2747
3787	2681	Jose Almeida	00:29:24	00:58:23	00:58:05	3977		Senior	877	00:04:49:49	3704
3788	456	Mahendra Singh	00:28:33	00:58:23	00:57:48	3897		V55	220	00:05:24:99	5563
3789	10849	Tiago Santos	00:31:14	00:58:23	00:57:59	3951		V35	492	00:04:22:86	2267
3790	581	Sonia Alves	00:28:33	00:58:23	00:57:40	3842		V50	54	00:05:04:00	4490
3791	2967	Micaela Costa	00:29:24	00:58:23	00:57:27	3785		Senior	227	00:04:52:93	3856
3792	9544	Raquel Barbosa	00:29:24	00:58:23	00:57:34	3818		Senior	228	00:05:06:80	4654
3793	8004	Mitul Kanji	00:27:52	00:58:23	00:58:11	4005		V35	493	00:04:45:01	3478
3794	4793	Fernando Louro	00:26:58	00:58:23	00:58:14	4022		V55	221	00:05:10:17	4844
3795	1879	Cheila Dias	00:30:13	00:58:24	00:57:45	3879	Ser feliz	V35	86	00:04:45:07	3481
3796	7616	Luis Rodrigues	00:28:24	00:58:24	00:58:04	3971		V50	383	00:05:06:73	4650
3797	9347	Rúben Bonito	00:30:12	00:58:24	00:57:45	3876		Senior	878	00:04:47:00	3571
3798	9509	Joaquim Fernandes	00:29:28	00:58:24	00:57:32	3811		V70	9	00:04:41:35	3250
3799	13001	Antonio Portugal	00:27:38	00:58:24	00:58:19	4061		V60	88	00:05:19:10	5269
3800	787	António Castro	00:27:05	00:58:24	00:58:19	4060	Alentexas	Senior	879	00:04:38:47	3087
3801	5921	Maria Teixeira	00:28:32	00:58:24	00:58:16	4040		V35	87	00:04:54:39	3927





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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3802	9426	Sofia Gonçalves	00:27:36	00:58:24	00:58:16	4034	GRCD Leião	Senior	229	00:05:07:70	4701
3803	10666	António Caçador	00:29:34	00:58:25	00:57:23	3767		V35	494	00:05:09:52	4799
3804	4354	Bernardo Sá	00:29:56	00:58:25	00:57:58	3946		V40	467	00:04:54:02	3909
3805	1716	Vera Guerreiro	00:29:14	00:58:25	00:57:44	3869		V40	92	00:04:49:71	3716
3806	1878	Luis Murilhas	00:30:13	00:58:25	00:57:46	3881	Ser feliz	Senior	880	00:04:48:49	3648
3807	7184	Cristiano Guerreiro	00:28:11	00:58:25	00:57:49	3902		Senior	881	00:05:29:13	5737
3808	946	Marisa Martins	00:29:23	00:58:25	00:57:44	3871		V45	99	00:05:02:10	4378
3809	7353	Joana Afonso	00:29:50	00:58:25	00:57:45	3875	Afonsinhos do Condado	V45	100	00:04:56:34	4030
3810	4481	Nuno Romana	00:31:01	00:58:26	00:56:43	3605		Senior	882	00:04:30:02	2627
3811	9354	Victor Riscado	00:28:58	00:58:26	00:57:58	3948		V50	384	00:04:59:03	4199
3812	10814	Pierre Gein	00:29:37	00:58:26	00:57:42	3857		V55	222	00:05:01:59	4342
3813	7354	Miguel Afonso	00:29:50	00:58:27	00:57:46	3889	Afonsinhos do Condado	V40	468	00:04:55:12	3969
3814	193	Pedro Batista	00:30:11	00:58:27	00:57:55	3929	Be Running	V45	522	00:05:09:08	4780
3815	5201	Francesco Allamandi	00:31:57	00:58:27	00:55:12	3162		V35	495	00:04:18:55	2045
3816	3176	Bruno Marques	00:30:14	00:58:27	00:57:48	3895		V35	496	00:04:49:47	3699
3817	605	Mariana Mira	00:31:26	00:58:27	00:55:34	3282		Senior	230	00:04:25:75	2406
3818	3463	Raquel Sabino	00:30:18	00:58:27	00:57:58	3945	Grupo Alegre Unido Bajouca	Senior	231	00:04:41:38	3251
3819	8853	Hugo Cortez	00:27:50	00:58:28	00:58:17	4044		V35	497	00:05:42:54	6235
3820	4942	Joao Frade	00:29:02	00:58:28	00:57:50	3907		V50	385	00:05:00:90	4312



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LISBOA

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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3821	3462	João Serrano	00:30:19	00:58:28	00:57:59	3953	Grupo Alegre Unido Bajouca	Senior	883	00:04:41:90	3280
3822	8480	Miguel Trigo	00:27:52	00:58:28	00:58:17	4045	Tiagush	Junior	93	00:04:14:31	1823
3823	4456	Bruno Canhoto	00:27:50	00:58:28	00:58:06	3987		V35	498	00:04:58:65	4169
3824	7549	Daniel Salazar	00:30:37	00:58:28	00:56:48	3625	GDC Banco de Portugal	Senior	884	00:04:51:69	3799
3825	7208	Julio Pereira	00:28:43	00:58:28	00:58:18	4047		V55	223	00:05:07:97	4722
3826	7195	Hugo Rodrigues	00:30:48	00:58:29	00:55:10	3153		V40	469	00:04:49:82	3721
3827	407	Carlos Almeida	00:28:44	00:58:29	00:58:09	3995		V40	470	00:05:10:06	4836
3828	6957	Vitor Paulo	00:28:57	00:58:29	00:57:53	3921		V50	386	00:05:31:86	5840
3829	2431	Marta Anselmo	00:27:24	00:58:30	00:58:04	3972	Alenquer Run	V50	55	00:05:25:75	5592
3830	10642	Francisco Martins	00:30:43	00:58:30	00:57:12	3728		V40	471	00:04:22:81	2264
3831	1772	Luis Sousa	00:29:01	00:58:30	00:57:39	3839		V45	523	00:04:48:09	3622
3832	9610	Afonso Mota	00:31:37	00:58:30	00:55:22	3213		Senior	885	00:04:34:63	2875
3833	943	Henriqueta Solipa	00:29:41	00:58:30	00:58:02	3967		V60	7	00:04:55:21	3973
3834	6034	Antonino Barras	00:29:00	00:58:30	00:57:48	3900		V45	524	00:04:43:52	3365
3835	5232	Fernando Aguilera	00:27:42	00:58:30	00:57:42	3854	LXRC	V35	499	00:04:16:19	1915
3836	2847	Marta Raposo	00:29:23	00:58:31	00:57:44	3867	Valejas Atlético Clube - O Muchacho Barcarena	Senior	232	00:04:46:63	3553
3837	3748	Florian Albrecht	00:29:11	00:58:31	00:58:15	4026		Junior	94	00:04:54:98	3962
3838	10373	Gonçalo Ferreira	00:31:32	00:58:31	00:57:25	3774		Junior	95	00:04:33:33	2806
3839	6411	Célia Baptista	00:28:40	00:58:31	00:57:51	3911	Deloitte Running Club	V45	101	00:05:13:44	5007



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3840	10489	Marta Fernandes	00:29:18	00:58:32	00:58:11	4002		Senior	233	00:04:44:81	3459
3841	2961	Bruno Martins	00:28:20	00:58:32	00:58:18	4052		V40	472	00:05:02:26	4391
3842	11313	Niall Tuathail	00:32:30	00:58:32	00:56:04	3423		V35	500	00:04:33:55	2817
3843	11139	Leonor Falcao	00:29:30	00:58:33	00:57:37	3826		Senior	234	00:04:40:00	3167
3844	1105	Ricardo Ferreira	00:28:29	00:58:33	00:58:08	3994		V35	501	00:05:32:25	5854
3845	1784	Cátia Couveiro	00:28:29	00:58:33	00:58:08	3993		V35	88	00:05:33:36	5905
3846	4755	Justine Ruggeri	00:29:19	00:58:33	00:58:16	4039		Senior	235	00:04:48:70	3656
3847	10371	Ricardo Antunes	00:32:32	00:58:34	00:55:13	3166		V35	502	00:04:22:30	2246
3848	847	João Reis	00:31:31	00:58:35	00:55:06	3145		V40	473	00:04:50:66	3758
3849	400	Miguel Nunes	00:29:01	00:58:35	00:58:10	3998		V45	525	00:05:07:46	4691
3850	9277	João Pinheiro	00:33:20	00:58:35	00:54:48	3067	Pichas de Melro	Senior	886	00:04:22:76	2262
3851	3814	Patricia Dinis	00:28:36	00:58:35	00:58:27	4093	Clube Millennium BCP	V55	24	00:05:16:43	5146
3852	948	Bruno Ramalho	00:30:07	00:58:36	00:57:05	3710		V40	474	00:05:08:23	4737
3853	10206	Filipa Manana	00:28:55	00:58:36	00:58:15	4028		V45	102	00:04:48:42	3644
3854	770	Nuno Nunes	00:31:36	00:58:36	00:55:42	3316		V45	526	00:04:53:23	3874
3855	1904	João Vidigueira	00:26:03	00:58:36	00:58:34	4126		Senior	887	00:05:48:20	6434
3856	11308	Vitor Pedroso	00:29:39	00:58:36	00:58:00	3960		Senior	888	00:05:04:17	4499
3857	9199	Carla Nascimento	00:28:37	00:58:37	00:58:13	4016	CF Os Belenenses	V40	93	00:05:13:86	5026
3858	5101	António Lima	00:28:05	00:58:37	00:58:33	4119		V60	89	00:04:43:91	3395



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3859	9204	Carla Pedrosa	00:28:38	00:58:37	00:58:13	4015	CF Os Belenenses	V50	56	00:05:13:96	5030
3860	9193	Sara Fernandes	00:28:43	00:58:37	00:57:56	3935		Senior	236	00:05:09:61	4810
3861	8892	António Rodrigues	00:28:34	00:58:37	00:57:50	3908		V45	527	00:04:58:74	4180
3862	3608	Nuno Tempera	00:29:26	00:58:37	00:57:57	3941	RunLovers	V50	387	00:04:49:03	3675
3863	5308	Francisco Julião	00:29:10	00:58:37	00:58:04	3975		V65	33	00:05:02:17	4384
3864	9535	Francisco Bastos	00:31:47	00:58:38	00:55:51	3356		Senior	889	00:04:41:26	3245
3865	1662	Mario Ramos	00:29:26	00:58:39	00:58:30	4105	APOGMA	V60	90	00:05:07:52	4694
3866	2840	Ivone Lourenço	00:27:38	00:58:39	00:58:34	4128	Valejas Atlético Clube - O Muchacho Barcarena	V55	25	00:05:20:10	5323
3867	9717	Madalena Pereira	00:31:02	00:58:39	00:55:42	3312		Senior	237	00:04:44:44	3430
3868	1416	Sara Sozinho	00:28:31	00:58:39	00:58:35	4132		Senior	238	00:05:11:04	4886
3869	6271	Josilene Monteiro	00:27:52	00:58:39	00:57:54	3926		Senior	239	00:05:22:20	5427
3870	1144	Sara Borkop	00:29:09	00:58:39	00:57:46	3882	Borkops	Junior	27	00:05:03:96	4484
3871	1145	Sofie Borkop	00:29:11	00:58:40	00:57:46	3883	Borkops	Senior	240	00:05:04:37	4517
3872	4963	Joana Boas	00:29:13	00:58:40	00:57:42	3855	Lindos	Senior	241	00:05:22:78	5448
3873	779	Ricardo Azevedo	00:29:02	00:58:40	00:58:21	4067		V50	388	00:05:18:72	5247
3874	3188	Julian Cole	00:31:20	00:58:41	00:57:31	3804		V35	503	00:04:32:63	2777
3875	5761	Maria Coutinho	00:27:47	00:58:41	00:58:24	4083		V60	8	00:05:12:28	4951
3876	11180	Ana Ladeira	00:30:24	00:58:42	00:56:52	3649		V35	89	00:04:44:79	3456
3877	8904	Rita Esteves	00:28:53	00:58:42	00:58:39	4153		V50	57	00:05:01:00	4316



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3878	6771	José Canito	00:29:36	00:58:42	00:57:46	3890		Senior	890	00:05:01:92	4357
3879	5370	Nuno Ventura	00:28:45	00:58:42	00:58:29	4102	Clube Atletismo Amigos de Belém	V50	389	00:05:37:51	6046
3880	11288	Thépaut Patrice	00:29:20	00:58:43	00:58:28	4098		V55	224	00:05:02:40	4400
3881	154	Jorge Pedreira	00:29:40	00:58:43	00:58:16	4036		V40	475	00:04:48:10	3623
3882	11289	Olivier Daniel	00:29:20	00:58:43	00:58:29	4100		V50	390	00:05:02:84	4427
3883	4434	Fábio Mendonça	00:29:27	00:58:43	00:58:14	4024		Senior	891	00:05:02:63	4416
3884	1743	Paulo Figueiredo	00:28:33	00:58:43	00:58:38	4145	Equipa Sangria Runners	V45	528	00:05:04:29	4508
3885	2474	Hugo Sequeira	00:28:49	00:58:43	00:57:49	3905		V45	529	00:05:28:35	5705
3886	5597	Ricardo Marchão	00:28:58	00:58:43	00:57:47	3893		Senior	892	00:05:06:56	4642
3887	9581	Ivan Dahik	00:32:14	00:58:43	00:54:51	3079		V60	91	00:04:27:10	2491
3888	2187	Alexandre Caninhas	00:28:33	00:58:44	00:58:19	4058	Moita do Ribatejo 2860	V45	530	00:05:06:95	4661
3889	2417	Ana Pinto	00:28:56	00:58:44	00:58:25	4085	Clube Novo Banco	V40	94	00:05:02:89	4434
3890	8449	Carolina Sobrinho	00:27:56	00:58:44	00:58:31	4111		Senior	242	00:05:42:48	6231
3891	5289	Pedro Lopes	00:29:54	00:58:44	00:58:04	3976	SS CGD	V40	476	00:05:02:33	4396
3892	8602	João Dâmaso	00:29:55	00:58:44	00:57:57	3938	Pedrosa Vending	V35	504	00:04:47:09	3576
3893	8419	Lucas Blumm	00:31:35	00:58:44	00:56:20	3492		Senior	893	00:04:35:44	2923
3894	5118	Jason Farber	00:31:18	00:58:44	00:56:08	3438		Senior	894	00:04:34:90	2894
3895	7831	Carlos Rodriguez	00:31:35	00:58:45	00:56:46	3617		V45	531	00:04:34:02	2837
3896	771	Vanda Tolentino	00:28:38	00:58:45	00:58:10	3999		V45	103	00:05:05:11	4557



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3897	2999	Pedro Cerdeira	00:29:00	00:58:45	00:58:20	4066	GFD Running	V50	391	00:05:05:58	4587
3898	6336	José Rua	00:30:50	00:58:45	00:56:37	3584	CDCR DOS CTT	V50	392	00:04:37:30	3029
3899	6993	Frederica Cascais	00:27:49	00:58:45	00:58:36	4137		V35	90	00:05:34:71	5947
3900	8603	José Pedrosa	00:29:56	00:58:45	00:57:57	3939	Pedrosa Vending	V60	92	00:04:47:66	3602
3901	6441	Margarida Silva	00:28:42	00:58:46	00:58:34	4125	Amigos do Atletismo de Mafra	V40	95	00:04:51:32	3780
3902	6440	Cláudia Correia	00:28:42	00:58:46	00:58:34	4124	Amigos do Atletismo de Mafra	V45	104	00:04:50:93	3765
3903	5655	Maria Carvalho	00:32:01	00:58:46	00:55:31	3265		V40	96	00:04:27:86	2527
3904	9209	Inês Bernardo	00:29:19	00:58:46	00:58:22	4070	CF Os Belenenses	V40	97	00:04:34:63	2877
3905	1741	Tiago Alves	00:29:04	00:58:46	00:58:40	4157	Equipa Sangria Runners	V45	532	00:05:05:95	4608
3906	1917	Tiago Santos	00:27:42	00:58:47	00:58:12	4010	SÓDEMPURRÃO	Senior	895	00:05:15:45	5105
3907	19	Pedro Lopes	00:29:33	00:58:47	00:58:24	4082		V45	533	00:05:27:04	5654
3908	6439	Gonçalo Correia	00:28:42	00:58:47	00:58:32	4114	Amigos do Atletismo de Mafra	V45	534	00:04:52:56	3838
3909	2494	José Durão	00:24:57	00:58:47	00:58:44	4174		Senior	896	00:06:24:68	7312
3910	9513	Pedro Gonçalves	00:29:34	00:58:47	00:58:03	3970		V55	225	00:04:57:02	4061
3911	143	Hugo Marques	00:29:03	00:58:47	00:58:14	4020		V45	535	00:05:05:22	4563
3912	9375	Nuno Mafra	00:27:56	00:58:47	00:58:31	4112		V45	536	00:04:50:66	3759
3913	5241	Ricardo Serôdio	00:28:41	00:58:48	00:58:14	4023		V45	537	00:05:06:69	4648
3914	8949	Carlos Gregorio	00:29:43	00:58:48	00:58:31	4110		V65	34	00:05:06:31	4626
3915	6662	Luciano Pereira	00:29:28	00:58:49	00:56:10	3451		V35	505	00:04:33:99	2833



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3916	4551	André Remédio	00:28:25	00:58:49	00:58:44	4172	Clube EDP - Lisboa	V40	477	00:05:14:25	5046
3917	10358	Joao Freitas	00:26:51	00:58:49	00:58:06	3982		Senior	897	00:05:12:17	4944
3918	8722	Francisco Pereira	00:29:01	00:58:49	00:58:37	4140	CCD Tranquilidade	V55	226	00:05:05:42	4576
3919	5412	Marcelo Tonossu	00:28:41	00:58:49	00:57:25	3771		Senior	898	00:05:52:20	6541
3920	5773	Rui Branco	00:30:59	00:58:49	00:56:52	3644		V45	538	00:04:31:42	2710
3921	3270	Catarina Neco	00:31:16	00:58:50	00:55:29	3256		Senior	243	00:04:43:78	3383
3922	206	Nicoleta Burtoiu	00:28:46	00:58:51	00:58:42	4167		V50	58	00:05:11:09	4889
3923	8262	Jorge Abreu	00:31:01	00:58:51	00:56:36	3578		V55	227	00:04:48:83	3664
3924	1146	Peter Borkop	00:29:22	00:58:51	00:57:56	3932	Borkops	V45	539	00:05:01:23	4324
3925	7005	Lourenço Sampaio	00:29:19	00:58:51	00:57:54	3925		V45	540	00:05:14:39	5057
3926	10217	Bernardo Sampaio	00:29:19	00:58:51	00:57:54	3928		Junior	96	00:05:14:45	5061
3927	6143	Pedro Cardoso	00:34:15	00:58:52	00:56:31	3557	CCDV-Valorsul	V40	478	00:03:25:49	218
3928	8010	Carla Geada	00:29:22	00:58:52	00:58:43	4169		V45	105	00:05:03:27	4452
3929	1550	Luis Simões	00:28:43	00:58:52	00:58:40	4160		V45	541	00:05:10:37	4854
3930	8011	Rui Casimiro	00:29:21	00:58:52	00:58:43	4170		V50	393	00:05:02:43	4402
3931	4502	Ana Neto	00:28:42	00:58:52	00:58:24	4084		Senior	244	00:05:10:38	4857
3932	9747	Guilherme Kranzfeld	00:29:33	00:58:52	00:57:40	3845	Corrêa Kranzfeld	Senior	899	00:04:57:46	4099
3933	200	Diogo Melo	00:29:50	00:58:52	00:58:32	4116		V45	542	00:05:05:97	4609
3934	5057	Frederico Bessa	00:30:54	00:58:53	00:57:43	3864		V35	506	00:04:44:29	3418



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3935	367	Marta Amaro	00:29:18	00:58:53	00:58:30	4103		V40	98	00:04:56:09	4018
3936	3887	Setephanie Oliveira	00:30:54	00:58:53	00:57:44	3866		Senior	245	00:04:44:73	3452
3937	2033	Sérgio Rodrigues	00:34:23	00:58:53	00:55:49	3348		V55	228	00:04:15:26	1864
3938	10379	Guilherme Clemente	00:31:27	00:58:54	00:56:52	3648		V35	507	00:04:40:23	3183
3939	3542	Patrícia Ferreira	00:28:08	00:58:54	00:58:40	4155		Senior	246	00:04:58:41	4152
3940	4984	Daniel Justino	00:30:29	00:58:55	00:56:44	3606		Senior	900	00:04:49:84	3722
3941	9915	Marco Nóvoas	00:29:20	00:58:55	00:57:51	3909		V45	543	00:04:52:45	3832
3942	1514	Luís Santos	00:28:42	00:58:55	00:58:17	4042		V50	394	00:05:01:96	4359
3943	9410	Tiago Ribeiro	00:30:36	00:58:55	00:56:04	3424	Link	Senior	901	00:04:19:92	2111
3944	4082	Marina Rosario	00:28:18	00:58:55	00:58:54	4213		V50	59	00:05:19:33	5278
3945	5643	Joana Cambas	00:29:50	00:58:55	00:57:57	3942		V40	99	00:04:30:63	2664
3946	8050	Juliana Dornelles	00:29:34	00:58:55	00:58:07	3988		Senior	247	00:04:51:82	3805
3947	3464	Maria Barros	00:28:54	00:58:55	00:58:45	4175		Senior	248	00:05:20:47	5340
3948	4111	Joaquim Cardoso	00:29:00	00:58:55	00:58:46	4180		V50	395	00:04:54:66	3946
3949	134	Inês Fontes	00:28:56	00:58:56	00:58:24	4081		Senior	249	00:05:04:67	4539
3950	2287	Elisabete Santos	00:28:41	00:58:56	00:58:23	4073	GDC Banco de Portugal	V40	100	00:04:50:32	3745
3951	6273	João Gomes	00:29:10	00:58:56	00:58:11	4006		V50	396	00:05:00:78	4306
3952	6613	Catarina Nascimento	00:30:05	00:58:56	00:57:37	3824		Senior	250	00:04:51:82	3804
3953	7513	Vera Maia	00:29:19	00:58:56	00:57:47	3891		V35	91	00:04:28:22	2541





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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3954	5085	Nuno Borges	00:31:24	00:58:56	00:54:37	3023	Grupo Desportivo Santander Totta	V35	508	00:04:41:07	3238
3955	10484	Henrique Piegas	00:29:49	00:58:57	00:55:48	3341		Junior	97	00:04:55:22	3974
3956	4194	Ana Ferreira	00:29:10	00:58:57	00:58:19	4054		V40	101	00:05:03:01	4439
3957	4195	Pedro Rodrigues	00:29:11	00:58:58	00:58:19	4055		V45	544	00:05:02:93	4437
3958	4263	Claudio Freire	00:29:05	00:58:58	00:58:15	4025		V50	397	00:04:35:19	2907
3959	10513	Paulo Santos	00:27:49	00:58:58	00:58:42	4166	LIFT ad - Run4JC	V45	545	00:05:22:34	5433
3960	5338	Nélio Freixo	00:33:04	00:58:59	00:56:49	3630		V40	479	00:04:36:10	2967
3961	7523	Pedro Picado	00:31:14	00:58:59	00:56:19	3489		Senior	902	00:04:23:82	2314
3962	7646	Margarida Pedro	00:28:25	00:58:59	00:58:57	4230	Os Kotas	V55	26	00:04:57:61	4110
3963	263	Raquel Coelho	00:29:34	00:58:59	00:58:41	4161	LXRC	V40	102	00:04:46:01	3525
3964	5462	Luis Godinho	00:33:06	00:59:00	00:56:51	3641		V45	546	00:04:35:83	2949
3965	655	Sara Madeira	00:29:53	00:59:00	00:58:28	4095		V45	106	00:04:43:32	3352
3966	1290	Vítor Mexia	00:30:21	00:59:00	00:58:11	4000	PdN	V40	480	00:05:11:63	4915
3967	1289	Francisco Correia	00:30:21	00:59:01	00:58:13	4013	PdN	V40	481	00:05:10:61	4869
3968	5000	Magda Santos	00:31:44	00:59:01	00:56:49	3629	Limited Edition Team	V45	107	00:04:45:65	3511
3969	721	Nuno Seabra	00:31:30	00:59:01	00:55:35	3289		V40	482	00:04:48:89	3670
3970	4543	Diogo Caracinha	00:31:16	00:59:01	00:57:39	3838		V40	483	00:04:43:79	3386
3971	5650	Clara Chaves	00:29:28	00:59:01	00:58:18	4051		V50	60	00:04:49:39	3697
3972	1551	Ricardo Neiva	00:27:47	00:59:02	00:58:40	4158		V50	398	00:05:34:20	5931



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3973	1425	Luis Carles	00:31:24	00:59:02	00:54:42	3042		V50	399	00:04:28:25	2545
3974	7367	Nuno Esteves	00:28:32	00:59:02	00:58:28	4099	SD Sports Team	V50	400	00:06:05:69	6904
3975	7558	Ricardo Pereira	00:28:52	00:59:02	00:58:23	4076		V45	547	00:05:18:65	5246
3976	9382	Elie Coissard	00:31:46	00:59:03	00:56:21	3506		V35	509	00:04:39:93	3162
3977	5474	Nuno Santos	00:31:47	00:59:03	00:56:21	3502		V35	510	00:04:39:91	3161
3978	11149	Sofia Cerqueira	00:29:29	00:59:04	00:58:22	4071		V35	92	00:04:54:64	3943
3979	5399	Carlos Trombinhas	00:29:31	00:59:04	00:58:21	4068		V45	548	00:04:51:79	3802
3980	3436	Luis Santos	00:29:02	00:59:04	00:58:22	4072		V55	229	00:05:00:89	4311
3981	8369	Rodrigo Landim	00:31:31	00:59:05	00:58:01	3961	MIND SOURCE CONSULTORES DE PORTUGAL	V40	484	00:05:07:15	4670
3982	4756	Antonio Lavoura	00:28:31	00:59:05	00:58:51	4202		V40	485	00:05:01:45	4336
3983	4956	Nuno Santos	00:27:47	00:59:05	00:58:54	4215	Serviços Sociais Montepio	V45	549	00:05:20:36	5333
3984	1209	Ana Fernandes	00:28:57	00:59:05	00:58:50	4199		V35	93	00:05:03:42	4458
3985	10098	Filipe Gil	00:28:07	00:59:05	00:58:23	4075		V45	550	00:05:05:21	4562
3986	2947	Claudia Inácio	00:33:03	00:59:05	00:56:44	3608	Cámone Team	V35	94	00:04:21:56	2213
3987	1426	Raquel Alves	00:29:09	00:59:05	00:58:53	4209		V35	95	00:05:09:27	4790
3988	5180	Pedro Capelinha	00:28:41	00:59:05	00:58:01	3964	Largatixa Salsixa	V50	401	00:05:06:60	4644
3989	7796	Ricardo Vidigal	00:28:08	00:59:05	00:58:46	4178		Senior	903	00:04:58:96	4192
3990	6501	Nuno Fideles	00:28:05	00:59:06	00:58:25	4087		V50	402	00:04:57:58	4108
3991	2402	Dinis Martins	00:29:00	00:59:06	00:58:48	4189	Clube Novo Banco	V50	403	00:05:11:87	4930



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3992	6288	Cátia Rodrigues	00:28:21	00:59:06	00:58:57	4232	Associação Cultural e Recreativa da Mealhada	V40	103	00:04:54:83	3956
3993	5103	Pedro Tavares	00:30:52	00:59:06	00:57:40	3843		V45	551	00:04:49:66	3713
3994	2170	Rita Merenda	00:29:09	00:59:06	00:58:40	4159	Alverca Urban Runners	V45	108	00:05:00:19	4274
3995	10012	João Loureiro	00:29:06	00:59:06	00:58:40	4154	#teamnoesis	V35	511	00:04:57:76	4121
3996	8760	Carolina Corvelo	00:30:14	00:59:06	00:58:57	4231		Senior	251	00:04:42:35	3303
3997	2200	Pedro Reis	00:29:10	00:59:06	00:58:26	4090	Engimind	V50	404	00:05:02:43	4403
3998	10931	Cláudia Samora	00:31:23	00:59:07	00:56:15	3464	OTC 7AM	V35	96	00:04:35:16	2905
3999	10327	Tiago Duarte	00:28:34	00:59:07	00:58:16	4032		Senior	904	00:05:02:59	4414
4000	914	Fernando Corvelo	00:30:14	00:59:07	00:58:58	4238		V55	230	00:04:42:32	3301
4001	2601	Catarina Rodrigo	00:29:10	00:59:07	00:58:27	4094	Engiminid	Senior	252	00:05:00:60	4297
4002	5924	Rúben Lourenço	00:30:08	00:59:07	00:57:09	3720		Senior	905	00:05:11:35	4897
4003	10463	Diogo Leça	00:28:05	00:59:08	00:59:04	4276		Senior	906	00:04:55:25	3977
4004	8017	Diogo Lopes	00:29:33	00:59:08	00:58:30	4109		Senior	907	00:04:54:35	3924
4005	9275	Frederico Pegado	00:29:51	00:59:08	00:58:23	4074	MONTE PEGADO	V50	405	00:04:54:33	3922
4006	9845	Afonso Rendilheiro	00:30:06	00:59:09	00:58:20	4062	Bankinter	Junior	98	00:05:00:21	4275
4007	8708	João Faria	00:28:50	00:59:09	00:58:13	4017		V50	406	00:05:03:97	4485
4008	591	Vitor Martins	00:28:34	00:59:10	00:58:37	4139		V45	552	00:05:04:22	4505
4009	635	Sérgio Silvestre	00:28:34	00:59:10	00:58:38	4144		V45	553	00:05:04:43	4522
4010	1509	Dinis Lage	00:31:17	00:59:10	00:57:29	3794	Los LFL	V40	486	00:04:46:68	3556



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4011	3258	Hugo Martins	00:29:02	00:59:10	00:58:48	4187		V45	554	00:05:06:73	4651
4012	2265	Joana Carvalho	00:30:53	00:59:10	00:57:43	3863		V35	97	00:04:53:18	3869
4013	10929	Ana Cadete	00:31:22	00:59:11	00:56:20	3495	OTC 7AM	V35	98	00:04:39:72	3148
4014	11144	Henriette Wenzel	00:32:59	00:59:11	00:56:13	3461		Junior	28	00:04:42:41	3306
4015	10747	Mónica Neves	00:28:33	00:59:11	00:59:03	4264		V45	109	00:05:21:96	5421
4016	10287	Diogo Luís	00:29:56	00:59:11	00:57:38	3832		V35	512	00:05:01:18	4322
4017	3967	Tiago Monteiro	00:27:35	00:59:12	00:58:43	4168		Senior	908	00:05:15:12	5090
4018	5905	Secundino Carvalho	00:29:14	00:59:12	00:58:48	4186		V35	513	00:05:05:40	4575
4019	6043	Vanessa Lima	00:29:29	00:59:12	00:58:30	4108		Senior	253	00:05:03:99	4486
4020	9914	Pedro Matias	00:28:59	00:59:13	00:58:28	4096		Senior	909	00:04:57:06	4065
4021	9695	Francisca Antunes	00:28:29	00:59:13	00:58:36	4136		Senior	254	00:05:31:95	5848
4022	3095	Tania Saraiva	00:31:09	00:59:13	00:56:51	3643	Starfish	V45	110	00:04:35:94	2958
4023	9694	Joana Paisana	00:28:30	00:59:13	00:58:36	4135		Senior	255	00:05:31:87	5842
4024	5817	Nuno Guedes	00:28:37	00:59:13	00:58:17	4041	Fénix	V40	487	00:05:04:19	4501
4025	10299	Hannah Martin	00:31:42	00:59:13	00:57:07	3711		V35	99	00:04:30:00	2626
4026	3129	Matheus Souza	00:30:01	00:59:13	00:58:38	4146		Senior	910	00:04:55:55	3994
4027	3138	Catarina Barbosa	00:30:02	00:59:13	00:59:10	4298		Senior	256	00:04:49:29	3692
4028	1880	Paulo Dias	00:30:14	00:59:14	00:58:34	4127	Ser feliz	V55	231	00:04:43:58	3369
4029	7466	Sandra Lopes	00:30:06	00:59:14	00:58:21	4069	Mediaruns	V45	111	00:05:14:26	5047



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4030	8996	Ana Lopes	00:29:39	00:59:15	00:58:26	4088	Outsystems Olímpico de Oeiras	V55	27	00:05:07:15	4669
4031	9707	Laura Janssen	00:29:43	00:59:15	00:58:55	4223		Senior	257	00:04:59:31	4217
4032	5801	Rita Santos	00:28:10	00:59:16	00:59:11	4302		V45	112	00:05:08:43	4749
4033	5248	Miguel Matos	00:28:23	00:59:16	00:58:29	4101		V55	232	00:04:54:33	3923
4034	3769	Antonio Almeida	00:29:23	00:59:16	00:58:51	4201	Clube Millennium BCP	V55	233	00:05:02:56	4410
4035	9955	Leonor Silva	00:31:39	00:59:16	00:55:49	3352		Senior	258	00:04:43:18	3345
4036	4904	Tadeu Curto	00:30:17	00:59:16	00:58:40	4156	Mae e Filho	Junior	99	00:04:46:98	3570
4037	2877	Marcia Antonio	00:28:41	00:59:16	00:59:13	4310		V50	61	00:05:20:04	5319
4038	2832	David Sobral	00:27:10	00:59:16	00:58:59	4246	S4Y-SPORTS ASSOCIAÇÃO	Senior	911	00:05:23:74	5490
4039	9894	Bruno Relvas	00:27:44	00:59:16	00:59:01	4252	Associação Cultural e Recreativa da Mealhada	V35	514	00:05:13:01	4987
4040	9436	Daniel Protásio	00:29:15	00:59:16	00:58:20	4063		V50	407	00:05:34:80	5951
4041	9706	Samuel Janssen	00:29:43	00:59:17	00:58:57	4233		Senior	912	00:04:58:32	4148
4042	8416	João Soares	00:27:22	00:59:17	00:58:41	4164		Junior	100	00:05:32:75	5879
4043	4229	Oswaldo Monteiro	00:32:45	00:59:17	00:55:49	3350		V40	488	00:04:15:45	1877
4044	10625	Susana Evangelista	00:28:29	00:59:17	00:58:51	4206		V45	113	00:05:11:22	4892
4045	7386	Iciar Nevado	00:29:23	00:59:17	00:58:47	4184		V45	114	00:04:54:46	3932
4046	10990	José Mendes	00:31:25	00:59:17	00:55:32	3271		Senior	913	00:04:43:76	3381
4047	3031	Madalena Gerales	00:28:29	00:59:17	00:59:11	4301		Junior	29	00:05:18:52	5241
4048	9250	Nanci Garcia	00:31:49	00:59:17	00:55:50	3354		Senior	259	00:04:53:41	3884



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4049	2568	Pedro Pereira	00:30:07	00:59:18	00:58:26	4089	Casa do Pessoal da RTP	V50	408	00:04:58:65	4170
4050	3772	Pedro Pereira	00:28:47	00:59:18	00:59:02	4253	Clube Millennium BCP	Senior	914	00:05:23:27	5475
4051	2984	Dominik Hornicek	00:33:23	00:59:18	00:55:47	3337		Senior	915	00:04:25:98	2416
4052	2983	Mario Nössler	00:33:23	00:59:18	00:55:46	3336		Senior	916	00:04:25:15	2375
4053	3771	Joana Pereira	00:28:48	00:59:19	00:59:03	4272	Clube Millennium BCP	Senior	260	00:05:23:07	5463
4054	2815	Tiago Fernandes	00:29:38	00:59:19	00:58:13	4012	CDCR DOS CTT	V55	234	00:05:07:69	4699
4055	11128	Sara Gutiérrez	00:29:23	00:59:19	00:58:17	4043		Senior	261	00:04:49:01	3674
4056	4914	Helena Sécio	00:29:48	00:59:19	00:58:34	4129	Mãe e filha	V55	28	00:05:15:86	5126
4057	4507	Rui Martins	00:29:30	00:59:19	00:58:39	4148		Senior	917	00:04:51:57	3791
4058	10145	Fernando Castilho	00:29:58	00:59:19	00:58:06	3983		V60	93	00:04:59:82	4244
4059	6743	Francisco Esteves	00:29:41	00:59:20	00:58:59	4243		V70	10	00:04:56:26	4027
4060	4749	Francelino Gomes	00:29:45	00:59:20	00:57:51	3913		V45	555	00:05:15:28	5097
4061	1822	Marcelo Fonseca	00:30:21	00:59:20	00:58:24	4079		Senior	918	00:04:42:53	3313
4062	5134	Luís Rocha	00:29:04	00:59:20	00:58:49	4191		V35	515	00:05:20:89	5367
4063	3278	António Neco	00:31:16	00:59:21	00:56:00	3398		Senior	919	00:04:42:70	3321
4064	797	Marta Nunes	00:28:32	00:59:21	00:58:57	4235		V40	104	00:05:19:07	5266
4065	5189	Anabela Ruivo	00:29:22	00:59:21	00:58:49	4190	correr Loures	V50	62	00:04:56:25	4025
4066	1525	José Viana	00:30:18	00:59:21	00:58:14	4021		V50	409	00:04:39:12	3119
4067	6004	João Pitarma	00:28:46	00:59:21	00:59:03	4269		Senior	920	00:04:34:67	2881



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4068	4658	Dayane Santos	00:27:45	00:59:21	00:59:18	4338	Núcleo de Atletismo «Os Papagaios de Cascais»	Senior	262	00:05:24:49	5533
4069	9468	Pedro Rodrigues	00:29:45	00:59:21	00:57:54	3927		V40	489	00:05:17:47	5197
4070	1399	Carolina Sousa	00:27:56	00:59:22	00:59:19	4348		Senior	263	00:05:06:79	4653
4071	5188	Luís Nabais	00:29:23	00:59:23	00:58:50	4196	correr Loures	V40	490	00:04:57:22	4073
4072	3423	Fábio Inácio	00:29:44	00:59:23	00:57:56	3933	Serviços Sociais Montepio	Senior	921	00:05:18:65	5245
4073	2267	Gonçalo Couto	00:28:31	00:59:23	00:59:20	4350		Senior	922	00:05:07:97	4723
4074	1457	Renato Gandini	00:28:36	00:59:23	00:59:14	4313		V45	556	00:04:55:27	3979
4075	6001	Laurent Cuillier	00:29:25	00:59:23	00:59:01	4251		V50	410	00:04:55:57	3995
4076	5645	João Gameiro	00:31:07	00:59:23	00:57:48	3894		V40	491	00:04:27:77	2520
4077	8698	João Correia	00:28:25	00:59:23	00:59:22	4361		Senior	923	00:05:03:80	4479
4078	8570	Paulo Marques	00:28:55	00:59:24	00:59:02	4261		V55	235	00:05:15:47	5106
4079	3460	Sara Alves	00:30:19	00:59:24	00:58:55	4220	Grupo Alegre Unido Bajouca	Senior	264	00:05:00:75	4303
4080	371	David Malveira	00:28:45	00:59:24	00:58:33	4120		Senior	924	00:05:17:29	5186
4081	10800	Mário Lopes	00:30:00	00:59:24	00:58:41	4163		V45	557	00:05:01:59	4343
4082	6737	Sérgio Ferreira	00:29:21	00:59:24	00:58:30	4107		V55	236	00:05:12:64	4967
4083	7111	Dinis Pissarra	00:30:38	00:59:24	00:58:17	4046		V35	516	00:04:53:55	3892
4084	7248	Gustavo Vinha	00:29:39	00:59:24	00:58:23	4077		V40	492	00:04:57:02	4060
4085	3305	Manuel Briceño	00:30:39	00:59:24	00:58:47	4181	Os de sempre	Senior	925	00:04:59:67	4236
4086	2329	Graça Matias	00:28:20	00:59:24	00:59:24	4367		V55	29	00:05:09:31	4792



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4087	3461	Maria Estrada	00:30:20	00:59:24	00:58:55	4221	Grupo Alegre Unido Bajouca	Senior	265	00:05:00:84	4308
4088	7027	Sofia	00:30:06	00:59:24	00:58:56	4228	Salesianos	Senior	266	00:04:38:92	3107
4089	4661	Ralph Bird	00:28:58	00:59:24	00:59:09	4292	Lets Gooo	V35	517	00:05:01:41	4333
4090	6153	António Cardoso	00:34:16	00:59:24	00:57:03	3695	CCDV-Valorsul	V45	558	00:03:29:83	281
4091	701	Bernardo Achega	00:30:19	00:59:25	00:59:06	4282		V40	493	00:05:09:83	4825
4092	4499	João Lopes	00:33:00	00:59:25	00:55:48	3343		Senior	926	00:03:56:79	1020
4093	4798	Eunice Cardoso	00:28:42	00:59:25	00:59:24	4368	C.D. OS "ÁGUIAS" DE ALPIARÇA	V45	115	00:05:08:88	4774
4094	6919	Igor Martins	00:26:54	00:59:26	00:59:16	4329		Senior	927	00:06:26:43	7352
4095	8097	Ricardo Viegas	00:30:06	00:59:26	00:58:56	4229		V35	518	00:04:46:90	3568
4096	9487	João Gil	00:31:08	00:59:26	00:56:25	3525		Senior	928	00:04:47:48	3588
4097	8573	Manuel Couchinho	00:28:22	00:59:26	00:59:25	4378		Junior	101	00:05:15:95	5129
4098	5489	Pedro Fonseca	00:28:33	00:59:27	00:59:16	4327		Senior	929	00:05:13:76	5020
4099	1842	Magda Pereira	00:29:03	00:59:27	00:59:13	4309		V45	116	00:05:00:15	4271
4100	8147	Diogo Quintão	00:27:55	00:59:27	00:59:14	4317	OntriSports	Senior	930	00:04:55:96	4013
4101	10258	Vânia Veiga	00:29:02	00:59:27	00:58:38	4142		Senior	267	00:05:22:69	5446
4102	8834	Gustavo Neves	00:29:00	00:59:27	00:59:15	4318		Senior	931	00:05:26:69	5635
4103	7544	Leonardo Tavares	00:30:56	00:59:27	00:57:00	3686		Junior	102	00:04:11:11	1650
4104	6920	Ruben Monteiro	00:26:54	00:59:28	00:59:17	4332		Senior	932	00:06:27:08	7367
4105	6384	Marta Correia	00:29:39	00:59:28	00:59:06	4279		Senior	268	00:04:57:36	4085





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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4106	8545	João Pais	00:28:54	00:59:28	00:59:18	4340		V50	411	00:05:11:07	4888
4107	10349	Hugo Cardoso	00:28:39	00:59:28	00:59:26	4388		V45	559	00:05:13:93	5028
4108	4353	Amy Walker	00:31:28	00:59:28	00:57:44	3865		V35	100	00:04:44:99	3475
4109	727	César Machado	00:28:29	00:59:29	00:59:25	4384		V40	494	00:04:45:55	3508
4110	6006	Camila Anjos	00:29:34	00:59:29	00:58:50	4194	Valejas Atlético Clube - O Muchacho Barcarena	Senior	269	00:04:58:61	4165
4111	3606	Sandro Pinto	00:30:19	00:59:30	00:58:55	4219	RunLovers	V45	560	00:04:41:59	3264
4112	5090	João Coelho	00:29:30	00:59:30	00:58:19	4057	Grupo Desportivo Santander Totta	Junior	103	00:05:11:49	4909
4113	950	Crislane Rocha	00:28:57	00:59:30	00:59:27	4392		Senior	270	00:04:58:83	4185
4114	7096	Juliano Fonseca	00:30:10	00:59:30	00:57:39	3836		Senior	933	00:05:08:55	4756
4115	1675	Nuno Pereira	00:30:49	00:59:30	00:57:44	3868	ESTAROLAS 2.0	V50	412	00:04:53:01	3861
4116	14	Joao Campos	00:30:27	00:59:30	00:59:06	4283	Louletano	V50	413	00:04:25:60	2400
4117	4719	Paulo Silva	00:30:26	00:59:30	00:59:06	4280		V60	94	00:04:27:29	2498
4118	9283	Lucio Monteiro	00:29:51	00:59:30	00:58:59	4244		V40	495	00:05:14:38	5056
4119	4617	Fernando Faria	00:28:23	00:59:30	00:58:59	4247	Link	V60	95	00:05:10:29	4850
4120	4174	João Eduardo	00:29:05	00:59:31	00:58:53	4210	G.D.R. São Francisco da Serra	V35	519	00:05:03:40	4457
4121	11129	Dipanda Vilhena	00:29:27	00:59:31	00:58:28	4097		V45	561	00:04:53:75	3900
4122	7556	Iullia Ivolga	00:29:52	00:59:31	00:58:59	4242		V40	105	00:05:14:15	5040
4123	2668	Lucia Pereira	00:29:08	00:59:31	00:58:54	4216	JDM Atletismo	V45	117	00:05:03:31	4454
4124	9775	Susana Reis	00:29:09	00:59:31	00:58:51	4205		V35	101	00:04:52:07	3817



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4125	10452	Juraj Gana	00:31:46	00:59:32	00:57:18	3747		V40	496	00:04:35:12	2902
4126	58	Diogo Alfaro	00:28:46	00:59:32	00:59:20	4351		V35	520	00:05:09:83	4824
4127	1853	Thy Jager	00:32:29	00:59:32	00:56:43	3604		V50	414	00:04:25:33	2388
4128	9810	Joaquim Santos	00:31:22	00:59:33	00:56:27	3535		V55	237	00:04:41:65	3268
4129	6940	Tiago Cardoso	00:29:47	00:59:33	00:56:43	3603		Senior	934	00:04:53:01	3860
4130	5737	Catarina Afonso	00:29:21	00:59:33	00:59:24	4369	Run & Win[e]	V45	118	00:05:13:16	4991
4131	148	Carlos Moreira	00:30:50	00:59:34	00:58:30	4104		V40	497	00:04:49:68	3714
4132	152	Duarte Franco	00:28:33	00:59:35	00:59:07	4284		Senior	935	00:04:08:14	1499
4133	2669	Maria Rita	00:29:24	00:59:35	00:59:26	4386		V60	9	00:05:06:90	4658
4134	8016	Gonçalo Lima	00:27:35	00:59:36	00:59:24	4376		Senior	936	00:06:14:31	7095
4135	9575	Duarte Amado	00:28:51	00:59:36	00:58:57	4234		Junior	104	00:05:13:54	5012
4136	10381	Diogo Tavares	00:31:29	00:59:36	00:56:44	3609	Aeroparvos	V35	521	00:05:00:05	4261
4137	10354	Gonçalo Lopes	00:31:29	00:59:36	00:56:44	3610		V35	522	00:04:59:95	4252
4138	10307	Patrícia Pereira	00:31:11	00:59:36	00:58:14	4019		Senior	271	00:04:49:81	3720
4139	6693	Sérgio Seabra	00:29:22	00:59:37	00:58:45	4176		V45	562	00:05:02:25	4388
4140	4000	Nikolai Nekh	00:31:34	00:59:37	00:57:33	3814		V35	523	00:04:42:95	3334
4141	8018	Bruna Sêco	00:27:35	00:59:37	00:59:24	4375		Senior	272	00:06:16:10	7139
4142	4276	Luis Morais	00:29:52	00:59:38	00:59:02	4256		V40	498	00:05:17:33	5192
4143	10118	Nuno André	00:29:24	00:59:38	00:58:54	4212		V45	563	00:05:13:34	5000



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4144	174	Susana Vitorino	00:28:54	00:59:38	00:59:23	4365		V35	102	00:05:00:97	4314
4145	4368	Nuno Marques	00:30:38	00:59:39	00:56:47	3623		V40	499	00:05:01:05	4317
4146	2649	Alexandra Branco	00:30:16	00:59:39	00:59:14	4312	CB's on Fire	V50	63	00:04:50:83	3764
4147	6973	Gonçalo Sousa	00:30:59	00:59:39	00:58:03	3969		Senior	937	00:04:52:49	3835
4148	7786	Mariana Barros	00:28:36	00:59:39	00:59:38	4460		V35	103	00:05:08:40	4747
4149	3279	Mariana Marques	00:31:06	00:59:39	00:58:27	4092		Senior	273	00:05:02:36	4399
4150	2648	Luis Branco	00:30:16	00:59:40	00:59:15	4322	CB's on Fire	V45	564	00:04:51:86	3808
4151	11228	Albano Ginja	00:29:11	00:59:40	00:59:11	4303		V65	35	00:04:57:57	4107
4152	5083	Jose Santos	00:29:57	00:59:41	00:59:16	4326	Grupo Desportivo Santander Totta	V50	415	00:04:51:58	3792
4153	4090	Pedro Saraiva	00:34:19	00:59:41	00:59:03	4270	LB SQUAD	Junior	105	00:04:09:92	1593
4154	5082	Sérgio Dias	00:29:59	00:59:41	00:59:17	4336	Grupo Desportivo Santander Totta	V55	238	00:04:52:22	3824
4155	6007	Luis Cadaxa	00:29:35	00:59:41	00:59:02	4259	Valejas Atlético Clube - O Muchacho Barcarena	V45	565	00:05:09:21	4787
4156	6589	Harold Bootsman	00:31:26	00:59:42	00:57:29	3791		Senior	938	00:04:55:47	3989
4157	237	Filipa Silva	00:29:19	00:59:42	00:59:33	4426		V35	104	00:05:01:86	4354
4158	5537	Luzia Aranha	00:32:15	00:59:42	00:57:26	3780		V45	119	00:04:37:70	3054
4159	2058	Miguel Vinagre	00:31:17	00:59:42	00:58:01	3962	CCD Crédito Agrícola Mútuo	V45	566	00:04:58:29	4143
4160	1360	Antonio Coimbra	00:33:50	00:59:42	00:56:07	3433		Senior	939	00:04:31:84	2736
4161	5928	Tim Buis	00:31:26	00:59:43	00:57:30	3798		Senior	940	00:04:56:06	4017
4162	2037	Rodrigo Maria	00:29:11	00:59:43	00:58:55	4218		V40	500	00:05:39:28	6120



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4163	5735	Marco Antunes	00:30:03	00:59:43	00:58:54	4214	Run & Win[e]	V45	567	00:04:58:97	4195
4164	4866	Quilson Antunes	00:31:09	00:59:43	00:57:04	3703		V40	501	00:04:53:84	3902
4165	339	Susana Almeida	00:29:18	00:59:43	00:59:34	4434		Senior	274	00:05:02:01	4365
4166	9230	Albertina Botelho	00:28:25	00:59:43	00:59:33	4427	ACR Mealhada	V60	10	00:05:05:48	4577
4167	2022	Kelson Ventura	00:29:00	00:59:43	00:58:01	3963		Senior	941	00:05:03:65	4471
4168	9299	Dmitry Petrov	00:29:32	00:59:44	00:59:31	4419		V35	524	00:04:49:48	3702
4169	2554	Filipe	00:30:02	00:59:44	00:58:55	4217	Run & Win[e]	V45	568	00:04:59:95	4253
4170	7380	Tomé Mira	00:31:11	00:59:44	00:58:20	4065		V55	239	00:04:30:46	2655
4171	3805	Maria Pereira	00:33:05	00:59:44	00:56:20	3499	Clube Millennium BCP	V45	120	00:04:30:31	2645
4172	420	Manuel Farinha	00:29:12	00:59:44	00:59:19	4347		V40	502	00:05:07:44	4687
4173	9095	Filipe Matos	00:30:18	00:59:44	00:58:49	4192		Senior	942	00:05:09:75	4817
4174	2588	Leonor Serrão	00:29:07	00:59:44	00:59:07	4285	JDM Atletismo	V45	121	00:05:14:15	5042
4175	2280	Bruno Ferreira	00:30:28	00:59:45	00:58:48	4188	GDC Banco de Portugal	V35	525	00:04:39:50	3135
4176	11039	Dmitry Torba	00:30:10	00:59:45	00:58:37	4141		V50	416	00:04:55:94	4009
4177	11060	Tiago Rodrigues	00:32:38	00:59:45	00:58:05	3979		V35	526	00:04:27:80	2521
4178	10695	Bruno Figueiredo	00:29:28	00:59:46	00:59:12	4307		V45	569	00:05:02:92	4435
4179	2709	Paulo Filipe	00:28:57	00:59:46	00:59:21	4357		V50	417	00:05:02:87	4430
4180	7929	Nicole Pechacek	00:29:58	00:59:46	00:59:17	4335		V45	122	00:04:56:73	4045
4181	64	Helena Marques	00:29:32	00:59:46	00:59:12	4308		V45	123	00:05:02:65	4417



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4182	4133	Susana Jesus	00:29:29	00:59:47	00:59:28	4396		V45	124	00:05:08:07	4728
4183	1388	Manuel Paulo	00:28:36	00:59:47	00:58:52	4208		V65	36	00:05:21:33	5386
4184	1579	José Caniça	00:27:06	00:59:48	00:59:46	4492		V40	503	00:05:32:53	5869
4185	2845	Luis Meneses	00:29:25	00:59:48	00:59:02	4257	Valejas Atlético Clube - O Muchacho Barcarena	V45	570	00:05:03:94	4482
4186	4588	Bruno Martins	00:30:15	00:59:48	00:58:47	4182		V40	504	00:04:57:42	4093
4187	8440	Clara Cardoso	00:29:39	00:59:49	00:59:19	4344		V45	125	00:05:01:26	4326
4188	911	João Camacho	00:28:07	00:59:49	00:59:35	4440		Senior	943	00:05:30:34	5790
4189	2211	Filomena Pestana	00:28:38	00:59:50	00:59:41	4474	Caracóis do Moniz Pereira	V50	64	00:05:13:48	5011
4190	9582	Rene Garritano	00:29:42	00:59:50	00:58:50	4195		V60	96	00:05:11:03	4884
4191	2844	José Raposo	00:29:24	00:59:50	00:59:06	4281	Valejas Atlético Clube - O Muchacho Barcarena	V50	418	00:05:25:32	5573
4192	9351	André Bicho	00:30:44	00:59:50	00:58:51	4204		Senior	944	00:04:20:41	2134
4193	11248	José Matos	00:28:55	00:59:50	00:59:39	4466		V55	240	00:05:15:82	5122
4194	3071	Xavier Jameson	00:35:32	00:59:50	00:59:02	4254		Senior	945	00:03:58:85	1096
4195	2270	Joana Borralho	00:29:06	00:59:50	00:59:37	4455		Senior	275	00:05:04:02	4491
4196	99	Armando Costa	00:28:03	00:59:51	00:59:31	4420	CF Os Belenenses	V50	419	00:05:17:06	5181
4197	12984	6 Min/Km	00:29:43	00:59:51	00:59:50	4516		V35	527	00:05:33:05	5889
4198	5710	Ricardo Duarte	00:30:56	00:59:51	00:58:51	4203		Senior	946	00:04:47:55	3596
4199	1123	João Fonseca	00:33:35	00:59:51	00:58:15	4027		Senior	947	00:04:06:13	1412
4200	2599	Vanda Valverde	00:29:22	00:59:51	00:59:40	4470	Bombeiros Voluntários de Montemor-o-Novo	V40	106	00:05:35:07	5966



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4201	838	Miguel Caldas	00:28:06	00:59:51	00:59:47	4498		V55	241	00:05:21:72	5411
4202	110	Glauca Soares	00:28:03	00:59:51	00:59:31	4421	CF Os Belenenses	V40	107	00:05:17:70	5208
4203	6064	Tomas Chaves	00:31:00	00:59:52	00:58:18	4048		Senior	948	00:05:08:22	4736
4204	9461	Alexandre Lourenço	00:33:14	00:59:52	00:55:51	3357		V45	571	00:04:34:41	2861
4205	1696	David Pereira	00:30:36	00:59:52	00:59:10	4299		Senior	949	00:05:02:51	4409
4206	11213	Acacio Calisto	00:31:05	00:59:52	00:56:55	3659		V50	420	00:04:49:65	3711
4207	11282	Jose Almeida	00:31:44	00:59:53	00:57:03	3696		V35	528	00:05:00:10	4266
4208	11290	Nanjala N	00:30:53	00:59:54	00:59:30	4415		V35	105	00:04:54:66	3944
4209	9111	Nuno Pinto	00:32:57	00:59:54	00:56:37	3583	Claranet Portugal	V40	505	00:04:27:41	2503
4210	2470	Tiago Galego	00:28:17	00:59:55	00:59:46	4493		V45	572	00:05:16:40	5142
4211	8794	Amy Moran-Moberg	00:30:38	00:59:55	00:59:08	4288		V45	126	00:04:58:97	4194
4212	6805	Vânia Ferreira	00:31:57	00:59:55	00:59:01	4250	Talentos Objetivos	V35	106	00:04:28:39	2551
4213	8583	Miguel Ribeiro	00:30:36	00:59:55	00:59:03	4266		V50	421	00:04:52:87	3853
4214	9308	Miguel Alves	00:30:46	00:59:55	00:57:53	3920		V35	529	00:05:04:40	4519
4215	9307	Miguel Rocha	00:30:46	00:59:55	00:57:52	3919		V35	530	00:05:04:30	4511
4216	8581	Carla Ribeiro	00:30:36	00:59:55	00:59:04	4274		V50	65	00:04:53:10	3866
4217	11028	Hannah Oberdorfer	00:32:09	00:59:55	00:58:07	3990		Senior	276	00:04:23:84	2317
4218	11029	Adrian Pfurtscheller	00:32:10	00:59:56	00:58:06	3981		Senior	950	00:04:23:44	2296
4219	7795	Joabe Evangelista	00:31:28	00:59:56	00:58:15	4029		V40	506	00:04:42:29	3300



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4220	8650	João Garcia	00:31:06	00:59:56	00:59:03	4268		Senior	951	00:04:48:97	3672
4221	11274	Bernardo Nogueira	00:31:08	00:59:56	00:58:55	4225		Senior	952	00:04:52:28	3825
4222	8816	José Campos	00:31:09	00:59:56	00:58:55	4224		V55	242	00:04:52:63	3841
4223	8756	Luís Coelho	00:29:44	00:59:56	00:59:04	4275	Coelhos Velozes	V65	37	00:05:12:91	4982
4224	8755	Inês Krug	00:29:42	00:59:57	00:59:05	4278	Coelhos Velozes	V35	107	00:05:12:24	4949
4225	9596	Hugo Julião	00:29:44	00:59:57	00:59:14	4315		V35	531	00:05:09:71	4815
4226	5653	Paulo Pinto	00:30:51	00:59:57	00:57:59	3954		V45	573	00:04:58:47	4154
4227	3749	Jose Carvalho	00:31:44	00:59:57	00:56:30	3551		Senior	953	00:04:48:84	3665
4228	175	Paulo Cruz	00:29:45	00:59:58	00:59:35	4441		V35	532	00:05:08:65	4762
4229	9902	Rui Mendes	00:32:55	00:59:58	00:57:03	3698	ADN GINJAS	V40	507	00:04:41:04	3236
4230	7614	Roberto Menezes	00:28:36	00:59:58	00:59:52	4529		V60	97	00:05:34:17	5929
4231	1843	Bruno Pedrosa	00:33:18	00:59:59	00:56:12	3458		V35	533	00:04:35:92	2954
4232	7848	Carlos Rangel	00:29:43	00:59:59	00:59:30	4416		V70	11	00:05:05:14	4559
4233	6058	Jorge Machado	00:30:42	00:59:59	00:59:15	4319		V35	534	00:04:51:92	3811
4234	10537	Mariana Proença	00:31:23	00:59:59	00:58:08	3992		Senior	277	00:05:01:93	4358
4235	10673	Carlos Goncalves	00:29:46	01:00:00	00:59:24	4371		V65	38	00:04:53:33	3878
4236	4327	Pedro Pineiro	00:33:16	01:00:00	00:57:00	3685	Os Matrecos	Junior	106	00:04:00:49	1158
4237	11323	Drouvin Benjamin	00:35:25	01:00:00	00:56:57	3669		V40	508	00:04:02:31	1233
4238	10967	João Letras	00:29:03	01:00:00	00:59:26	4387		V45	574	00:05:20:68	5353



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4239	1707	Cristina Vdovicenco	00:30:05	01:00:00	00:59:28	4403		Senior	278	00:04:51:82	3803
4240	2277	Ana	00:29:54	01:00:00	00:59:28	4405	GDC Banco de Portugal	V40	108	00:04:59:97	4257
4241	10624	Orlando Guerreiro	00:32:21	01:00:01	00:56:06	3428		V45	575	00:04:20:68	2154
4242	1706	Nuno Ribeiro	00:30:05	01:00:01	00:59:28	4404		Senior	954	00:04:52:20	3821
4243	1857	Marcello Siniscalchi	00:29:14	01:00:01	00:59:15	4323		V50	422	00:05:13:36	5002
4244	7828	Rui Machado	00:30:42	01:00:01	00:59:17	4334		V35	535	00:04:53:52	3890
4245	7515	Mariana Alves	00:29:48	01:00:01	00:59:25	4377		Senior	279	00:04:59:79	4243
4246	11170	Sebastião Almeida	00:28:47	01:00:01	00:59:41	4479		Senior	955	00:05:24:05	5512
4247	9427	Raphael Rocha	00:29:07	01:00:02	00:59:16	4330	B2PTRUNNING	V40	509	00:05:19:57	5291
4248	5254	Miguel Chin	00:29:03	01:00:02	00:59:47	4502		V35	536	00:05:19:67	5299
4249	10052	Sérgio Pontes	00:30:02	01:00:02	00:59:11	4304		V45	576	00:05:14:11	5037
4250	997	Antonio Serôdio	00:28:35	01:00:02	00:59:50	4518		V60	98	00:05:28:44	5708
4251	10053	Rute Sobral	00:30:02	01:00:02	00:59:10	4294		V45	127	00:05:13:79	5021
4252	8139	Carolina Gabia	00:30:40	01:00:03	00:59:44	4489	OntriSports	Senior	280	00:05:13:41	5005
4253	1811	Catarina Ferreira	00:33:36	01:00:03	00:56:22	3512		V45	128	00:04:23:47	2297
4254	8845	Mariana Barroso	00:31:36	01:00:03	00:56:54	3658		Senior	281	00:04:50:98	3769
4255	7363	Tiago Nunes	00:30:00	01:00:04	00:59:09	4293	SD Sports Team	V35	537	00:05:14:70	5071
4256	9289	Patrícia Gomes	00:32:36	01:00:04	00:56:31	3559		Senior	282	00:05:15:76	5118
4257	10607	Tiago Chaparro	00:29:03	01:00:04	00:59:16	4331		V40	510	00:05:06:35	4628





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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4258	2407	Maria Filipe	00:28:46	01:00:05	00:59:41	4475	Clube Novo Banco	V50	66	00:05:13:29	4999
4259	9290	Yoann Rosa	00:32:36	01:00:05	00:56:29	3545		Senior	956	00:05:16:43	5145
4260	11050	Francisco Rebola	00:33:42	01:00:05	00:58:11	4004		Senior	957	00:04:29:10	2580
4261	279	Walter Affonso	00:33:42	01:00:05	00:58:13	4014		V50	423	00:04:28:92	2573
4262	2769	Pedro Alves	00:28:44	01:00:05	00:59:16	4324		Senior	958	00:04:55:04	3965
4263	7827	Helena Silva	00:30:42	01:00:05	00:59:24	4374		V40	109	00:04:57:54	4106
4264	10319	Cláudio Pais	00:26:19	01:00:06	00:59:29	4409	Carapaus de Corrida	Senior	959	00:05:19:28	5276
4265	4508	Joana Fernandes	00:29:31	01:00:06	00:59:22	4360		Senior	283	00:05:16:90	5173
4266	3733	Alexandra Biscaia	00:30:38	01:00:06	00:59:47	4501	Peniche a Correr	V35	108	00:04:39:00	3112
4267	9941	José Freitas	00:29:26	01:00:06	00:59:33	4429		V60	99	00:05:12:77	4975
4268	10125	Diogo Batista	00:29:59	01:00:06	00:59:39	4465		V40	511	00:05:13:08	4989
4269	5154	Débora Pereira	00:30:08	01:00:06	00:58:41	4162		V35	109	00:05:16:21	5135
4270	5844	Ana Martins	00:29:54	01:00:06	00:59:51	4523	Associação Cultural e Recreativa da Mealhada	V45	129	00:04:59:47	4228
4271	8677	Ricardo Pereira	00:29:42	01:00:06	00:59:07	4287		V45	577	00:05:24:25	5523
4272	6057	Joana Luiz	00:30:42	01:00:06	00:59:24	4373		V35	110	00:04:58:11	4139
4273	6195	Cláudia Mira	00:29:45	01:00:06	01:00:00	4559		Senior	284	00:04:57:38	4089
4274	8251	Irina Araújo	00:30:39	01:00:07	00:59:48	4506	Peniche a Correr	V45	130	00:04:40:07	3175
4275	8252	Patrícia Sousa	00:30:39	01:00:07	00:59:49	4507	Peniche a Correr	V40	110	00:04:39:46	3131
4276	8628	Paulo Vitor	00:30:37	01:00:07	00:59:49	4508		V55	243	00:04:39:52	3136



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# CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4277	287	Hugo Martins	00:29:54	01:00:07	00:59:51	4520	Associação Cultural e Recreativa da Mealhada	V45	578	00:05:00:11	4268
4278	46	Mário Almeida	00:33:53	01:00:07	00:57:34	3817	Peniche a Correr	V40	512	00:04:30:42	2650
4279	425	Sofia Junceiro	00:30:14	01:00:08	00:59:25	4385	RUN2U	V40	111	00:04:49:37	3696
4280	3099	Sebastião Santos	00:30:15	01:00:08	00:59:20	4352		V45	579	00:04:59:96	4254
4281	7097	Rita Ramalhete	00:30:05	01:00:08	00:59:50	4517		Senior	285	00:05:09:95	4834
4282	45	Raquel Romão	00:33:54	01:00:08	00:57:33	3816	Peniche a Correr	V40	112	00:04:32:53	2770
4283	7726	Hugo Roque	00:32:33	01:00:09	00:56:40	3593		V35	538	00:04:45:13	3484
4284	8886	Vasco Almeida	00:28:00	01:00:09	00:59:44	4487		V45	580	00:05:13:24	4996
4285	8143	David Magro	00:29:54	01:00:10	00:59:53	4534	OntriSports	V40	513	00:05:15:83	5124
4286	8768	Hillary Nyamwaya	00:29:46	01:00:11	00:59:40	4468		Senior	960	00:05:00:25	4276
4287	11306	Gudy Klaveren	00:30:02	01:00:11	00:59:49	4511		V60	11	00:05:09:61	4809
4288	11305	Hans Klaveren	00:30:01	01:00:11	00:59:48	4505		V55	244	00:05:09:61	4808
4289	10971	Paulo Guedes	00:30:12	01:00:12	00:59:31	4418		V60	100	00:05:16:65	5160
4290	2404	Rui Lopes	00:30:12	01:00:12	00:59:30	4411	Clube Novo Banco	V70	12	00:05:16:28	5137
4291	7770	Paulo Caçador	00:28:34	01:00:12	01:00:03	4573		V45	581	00:05:11:85	4929
4292	7388	Miguel Graça	00:30:12	01:00:12	00:59:31	4417	Legionários	V55	245	00:05:16:74	5165
4293	2609	Xana Santos	00:30:57	01:00:12	00:58:16	4037	Pé de atleta	V40	113	00:04:56:51	4038
4294	1983	José Guia	00:30:09	01:00:12	00:59:37	4456	SS CGD	V75	1	00:04:58:01	4135
4295	1723	Andreia Vieira	00:29:38	01:00:12	00:59:19	4349		V35	111	00:05:37:20	6036



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4296	824	Eduardo Campelo	00:29:26	01:00:12	00:59:30	4412		V65	39	00:05:26:97	5646
4297	10290	Catarina Neves	00:31:08	01:00:13	00:59:30	4413		Senior	286	00:04:56:87	4051
4298	3181	Zakaria Rekibi	00:30:21	01:00:13	00:59:45	4491		Senior	961	00:04:57:82	4125
4299	228	Nelson Grilo	00:30:27	01:00:13	00:59:57	4549		V50	424	00:04:59:54	4231
4300	10845	Alexandra Matias	00:31:08	01:00:13	00:59:30	4414		V45	131	00:04:57:36	4086
4301	5570	Paulo Costa	00:30:11	01:00:13	00:59:31	4422	Legionários	V45	582	00:05:17:30	5187
4302	9414	João Marques	00:29:59	01:00:13	00:59:00	4249	ChampiMiles	Senior	962	00:05:07:89	4715
4303	8362	Basia Puchala	00:30:50	01:00:14	00:57:47	3892		V40	114	00:04:55:20	3972
4304	7351	Isabel Santos	00:28:53	01:00:15	01:00:13	4613	Associação Cultural Sambrasense	V55	30	00:05:22:12	5424
4305	1411	Salomé Keller	00:32:30	01:00:15	00:57:00	3683		Senior	287	00:04:30:11	2634
4306	3678	Joao Oliveira	00:29:12	01:00:15	00:59:19	4345		V40	514	00:05:51:01	6503
4307	10260	Ricardo Silva	00:28:33	01:00:15	00:59:35	4442		V40	515	00:05:23:92	5502
4308	11210	Maria Vidal	00:29:34	01:00:15	00:59:37	4458		Senior	288	00:04:55:39	3984
4309	7387	Lucas Pereira	00:32:52	01:00:15	00:58:39	4152		Senior	963	00:04:40:01	3168
4310	6197	Mário Gonçalves	00:29:05	01:00:16	00:59:26	4389		V35	539	00:05:04:16	4498
4311	9657	Ana Oliveira	00:30:29	01:00:16	00:59:38	4459	As Pachecas	Senior	289	00:04:59:10	4204
4312	6555	Luiz Brandão	00:33:07	01:00:16	00:58:41	4165		Senior	964	00:04:40:00	3166
4313	2312	Lucas Heitmann	00:29:42	01:00:17	01:00:13	4609		Junior	107	00:05:04:99	4553
4314	4556	João Santos	00:29:55	01:00:17	00:59:32	4424	Clube EDP - Lisboa	V55	246	00:05:02:17	4383



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4315	7510	Marco Silva	00:31:41	01:00:17	00:59:23	4362		V50	425	00:05:05:62	4590
4316	891	Paulo Fernandes	00:30:58	01:00:17	00:59:22	4358		V55	247	00:04:45:72	3512
4317	10649	Fabio Arrivabene	00:31:07	01:00:17	00:56:58	3674		Senior	965	00:04:25:76	2407
4318	2284	Catarina Ramos	00:31:03	01:00:18	00:58:18	4050	GDC Banco de Portugal	Senior	290	00:04:44:75	3453
4319	1064	Odete Nogueira	00:31:02	01:00:19	00:59:15	4320		V65	4	00:05:10:77	4875
4320	3404	Carlos Sousa	00:28:59	01:00:19	00:59:51	4525		V45	583	00:05:20:61	5348
4321	5824	Didier Muzi	00:31:03	01:00:19	00:59:21	4355		V40	516	00:04:53:37	3881
4322	5420	Paulo Rodrigues	00:30:30	01:00:19	00:59:28	4400		V40	517	00:05:02:73	4420
4323	5926	Giubbi Andrea	00:31:02	01:00:19	00:59:22	4359		V35	540	00:04:53:37	3882
4324	5518	Luís Braz	00:29:31	01:00:19	00:59:57	4550	Izertianos	V45	584	00:05:28:71	5719
4325	480	Pedro Lopes	00:29:29	01:00:20	00:59:51	4521		V45	585	00:05:20:80	5363
4326	5484	Rita Varatojo	00:30:26	01:00:20	00:58:47	4183		Senior	291	00:05:07:74	4704
4327	5868	Marta Oliveira	00:32:32	01:00:20	00:56:33	3566	2600TR	Senior	292	00:05:05:63	4592
4328	3434	Teresa Monteiro	00:29:40	01:00:21	00:59:47	4499		Junior	30	00:04:52:14	3819
4329	10169	Henrique Duarte	00:29:47	01:00:21	00:59:53	4535		V40	518	00:05:20:44	5338
4330	3509	Diogo Monteiro	00:29:40	01:00:21	00:59:47	4500		V45	586	00:04:52:29	3826
4331	1390	Nuno Flores	00:28:43	01:00:21	01:00:18	4633		V45	587	00:05:15:28	5096
4332	5457	Tiago Brito	00:31:41	01:00:21	00:59:32	4423		V40	519	00:04:55:46	3988
4333	4430	Diogo Simões	00:27:21	01:00:22	01:00:12	4607		V45	588	00:05:37:05	6030



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# CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4334	3220	Ana Cardoso	00:30:59	01:00:22	00:59:02	4255		Senior	293	00:04:58:30	4145
4335	702	Henrique Ruivo	00:29:55	01:00:22	00:59:36	4447		V60	101	00:05:06:74	4652
4336	8074	Pedro Loureiro	00:30:35	01:00:22	00:59:36	4446	Xallenge Team	V50	426	00:04:53:66	3897
4337	9529	Joana Tição	00:29:16	01:00:23	00:59:49	4512		Senior	294	00:04:59:42	4225
4338	2226	Ana Morgado	00:29:57	01:00:23	01:00:12	4608	Caracóis do Moniz Pereira	V45	132	00:05:04:61	4535
4339	8861	Marta Jacinto	00:29:16	01:00:23	01:00:03	4570	GMCJamor	V45	133	00:04:59:18	4207
4340	7634	John Gilsenan	00:31:10	01:00:23	00:57:19	3749		V50	427	00:04:50:17	3739
4341	8223	Tomás Morais	00:31:52	01:00:23	00:56:50	3636		Senior	966	00:04:48:20	3630
4342	3680	Francisco Ferreira	00:31:52	01:00:23	00:56:49	3631		Senior	967	00:04:48:40	3642
4343	1164	Paula Seixas	00:30:13	01:00:23	00:59:53	4532	Be Running	V55	31	00:05:09:78	4820
4344	3037	Maria Pechincha	00:30:13	01:00:24	00:59:53	4533		V55	32	00:05:02:85	4429
4345	3296	João Leitão	00:29:18	01:00:24	00:59:25	4382		V40	520	00:05:33:11	5894
4346	8862	Humberto Renga	00:29:16	01:00:24	01:00:03	4571	GMCJamor	V50	428	00:04:59:96	4255
4347	9479	Tomas Diniz	00:29:15	01:00:24	00:59:51	4527		Senior	968	00:05:00:61	4298
4348	7318	Paula Gonçalves	00:29:38	01:00:24	00:59:47	4495	Associação Corrida Noturna Parque das Nações	V55	33	00:04:56:21	4022
4349	1755	Hugo Belo	00:29:44	01:00:24	01:00:22	4650	Clube BBVA Portugal	V40	521	00:04:57:89	4127
4350	4095	Rui Borges	00:32:52	01:00:25	00:57:29	3795		V55	248	00:04:30:03	2628
4351	4927	Paulo Santos	00:30:37	01:00:25	00:59:44	4486		V55	249	00:05:02:08	4375
4352	1757	João Barata	00:29:45	01:00:25	01:00:22	4651	Clube BBVA Portugal	V60	102	00:04:58:52	4160



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4353	6483	Rute Pereira	00:30:36	01:00:25	00:59:42	4481	CCD Sintrense	V55	34	00:05:07:88	4713
4354	2836	Ana Raposo	00:28:32	01:00:25	01:00:19	4640	Valejas Atlético Clube - O Muchacho Barcarena	V45	134	00:05:18:84	5253
4355	4681	Alexandra Pinto	00:30:38	01:00:26	00:59:45	4490		V45	135	00:05:02:13	4382
4356	1958	David Afonso	00:30:07	01:00:26	00:59:39	4464	Clube TAP PORTUGAL	V55	250	00:04:40:52	3201
4357	4591	Fernanda Cardoso	00:29:34	01:00:26	01:00:11	4602		V45	136	00:04:55:50	3991
4358	10882	Robert Futter	00:30:16	01:00:26	00:59:43	4485		V45	589	00:04:58:51	4157
4359	6731	Carlos Martins	00:32:42	01:00:26	00:59:02	4260		V50	429	00:04:39:98	3164
4360	3083	Rita Carvalho	00:31:59	01:00:26	00:58:50	4197	Surf Runners	V40	115	00:04:40:21	3181
4361	5897	Beatriz Figueiredo	00:29:10	01:00:27	01:00:09	4597	FIDELIDADE GDC	V45	137	00:05:12:35	4955
4362	8479	Luisa Evaristo	00:29:40	01:00:27	01:00:16	4625	Tiagush	V50	67	00:05:33:27	5900
4363	2091	Nuno Freire	00:31:23	01:00:27	00:58:32	4115		V50	430	00:04:59:39	4222
4364	4544	Fernando Ribeiro	00:31:23	01:00:27	00:58:32	4117		V50	431	00:04:58:73	4178
4365	8478	Tiago Trigo	00:29:40	01:00:27	01:00:16	4624	Tiagush	V50	432	00:05:33:04	5888
4366	5770	Margarida Pinheiro	00:30:33	01:00:28	01:00:09	4596		V40	116	00:04:49:49	3705
4367	3374	Rosa Dias	00:29:34	01:00:28	01:00:17	4631		V50	68	00:05:11:62	4914
4368	9493	Pedro Belo	00:31:51	01:00:29	00:58:12	4008		Senior	969	00:04:27:51	2506
4369	1139	Luís Almeida	00:30:50	01:00:29	01:00:00	4561	Clube Atlético de Campo de Ourique	V60	103	00:05:39:99	6136
4370	10621	Catarina Mendes	00:31:18	01:00:29	01:00:01	4565	Gang da Praceta	V40	117	00:05:04:89	4548
4371	3552	Miguel Rito	00:32:29	01:00:29	00:59:08	4291		V35	541	00:04:33:74	2823



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4372	4679	Jose Santos	00:30:59	01:00:30	01:00:05	4579		V40	522	00:04:58:60	4164
4373	11202	Guilherme Berdeja	00:33:41	01:00:30	00:57:45	3877		Senior	970	00:04:51:69	3798
4374	7536	Beatriz Frias	00:31:41	01:00:30	00:59:03	4267		Senior	295	00:04:36:21	2974
4375	3478	Mário Rogado	00:29:19	01:00:30	01:00:00	4562		V40	523	00:05:04:87	4547
4376	536	Pedro Sirgado	00:32:23	01:00:31	00:58:36	4138		V50	433	00:04:33:88	2829
4377	9547	Dina Campino	00:30:45	01:00:31	01:00:04	4575	Bombeiros Voluntários de Montemor-o-Novo	V45	138	00:04:42:98	3336
4378	9548	Pedro Fernandes	00:30:46	01:00:32	01:00:03	4568	Bombeiros Voluntários de Montemor-o-Novo	Junior	108	00:04:43:22	3348
4379	5005	Nuno Melo	00:30:33	01:00:32	00:59:38	4463		V45	590	00:05:08:19	4733
4380	3861	Fernando Sousa	00:31:57	01:00:32	00:57:30	3800	Clube Millennium BCP	V55	251	00:04:47:01	3573
4381	7004	José Melo	00:28:25	01:00:32	01:00:09	4592		V50	434	00:05:18:00	5226
4382	7802	Aníbal Carvalho	00:31:26	01:00:32	00:59:37	4457		V70	13	00:04:37:11	3020
4383	1404	Dirk Fittkau	00:31:43	01:00:32	00:58:44	4173		V60	104	00:05:01:98	4360
4384	8120	João Florêncio	00:32:26	01:00:33	00:57:04	3708		V35	542	00:04:35:32	2914
4385	2777	Ana Sousa	00:31:35	01:00:33	00:59:52	4531		V60	12	00:04:49:13	3684
4386	4967	Fábio Guerra	00:29:14	01:00:34	00:59:37	4452	Lindos	V35	543	00:05:24:68	5550
4387	4903	Nadia Miranda	00:30:17	01:00:34	00:59:59	4555	Mae e Filho	V45	139	00:05:13:44	5008
4388	8340	Paulo Fernandes	00:30:33	01:00:34	00:59:58	4552		V45	591	00:05:24:56	5540
4389	8969	Daniel Cruz	00:30:19	01:00:34	00:59:44	4488	Guronsan Team do Oeste	Senior	971	00:05:01:66	4344
4390	4611	Matilde Guapo	00:30:45	01:00:34	00:59:37	4450	Run Tejo - Prevent Sprain	Senior	296	00:05:04:21	4503



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4391	7672	Filipe Amendoeira	00:31:01	01:00:35	00:59:27	4390	Família Amendoeira	V45	592	00:05:19:89	5310
4392	5376	João Santos	00:30:06	01:00:35	00:59:55	4537	GDC Portos de Sines e do Algarve	V45	593	00:05:08:79	4769
4393	9254	Adilson Gomes	00:31:31	01:00:35	01:00:04	4576		V35	544	00:04:31:78	2731
4394	1207	Sandra Aguiar	00:28:54	01:00:35	01:00:06	4582		V45	140	00:05:08:47	4751
4395	11245	Amy Herrick	00:29:58	01:00:35	00:59:42	4480		V55	35	00:05:17:98	5224
4396	11244	Armando Mirante	00:29:58	01:00:35	00:59:40	4467		V55	252	00:05:17:99	5225
4397	9809	Paula Marques	00:29:00	01:00:36	01:00:12	4606		V50	69	00:05:23:49	5483
4398	5504	Marta Batardo	00:29:47	01:00:36	00:59:51	4522	Treino no Park	V40	118	00:04:58:86	4186
4399	5413	Nuno Gonçalves	00:31:58	01:00:36	00:57:35	3820		V50	435	00:05:18:94	5256
4400	1762	Pedro Lopes	00:30:22	01:00:36	00:59:41	4476		V40	524	00:05:03:61	4468
4401	1592	Paula Cabaço	00:30:03	01:00:36	00:59:47	4497		V50	70	00:05:07:42	4686
4402	10108	Sidónio Ferreira	00:31:31	01:00:36	01:00:06	4583		V35	545	00:04:32:91	2792
4403	1029	Tiago Costa	00:32:48	01:00:36	00:59:28	4401		V40	525	00:04:35:71	2942
4404	2698	Filipa Matias	00:29:01	01:00:37	01:00:25	4662		V50	71	00:05:06:15	4618
4405	6066	Luciana Bicudo	00:31:06	01:00:37	00:59:33	4431		V50	72	00:05:12:70	4970
4406	6610	Carlos Filho	00:31:05	01:00:38	00:58:49	4193		Senior	972	00:05:05:53	4581
4407	783	Pedro Santos	00:30:24	01:00:38	00:59:55	4538		V50	436	00:04:36:76	3006
4408	3018	António Ribeiro	00:30:29	01:00:38	00:59:52	4530	Treino no Park	V50	437	00:05:10:55	4867
4409	219	Inês Barbosa	00:30:07	01:00:39	01:00:01	4563		V45	141	00:05:05:17	4560





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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4410	9387	Miguel Sousa	00:28:44	01:00:39	01:00:36	4702		V60	105	00:05:05:95	4607
4411	4857	Rute Abreu	00:28:45	01:00:40	01:00:34	4696		V45	142	00:05:08:45	4750
4412	2631	Diogo Pires	00:32:22	01:00:40	00:58:46	4179		Senior	973	00:04:59:70	4238
4413	7934	Leandro Santos	00:29:10	01:00:40	01:00:12	4605		V65	40	00:05:14:74	5072
4414	4326	Bárbara Coelho	00:33:19	01:00:40	00:57:40	3844	Os Matrecos	Senior	297	00:04:22:21	2239
4415	4237	João Caldeira	00:32:23	01:00:40	00:58:44	4171	Running from People and Society	Senior	974	00:05:00:07	4263
4416	2833	Bruno Pereira	00:32:27	01:00:40	01:00:24	4658	S4Y-SPORTS ASSOCIAÇÃO	V45	594	00:04:31:14	2693
4417	4198	Nuno Moreira	00:30:00	01:00:41	01:00:23	4656		V45	595	00:04:59:20	4209
4418	130	Pedro Seabra	00:29:00	01:00:41	01:00:15	4619		V35	546	00:05:23:96	5504
4419	3243	Francisco Passinhas	00:30:22	01:00:41	00:59:18	4339		Senior	975	00:04:47:52	3590
4420	8400	Gualter Silveira	00:30:01	01:00:41	01:00:25	4661		V45	596	00:04:59:32	4218
4421	10425	Tiago Almeida	00:31:01	01:00:42	00:59:25	4381		V35	547	00:04:42:43	3307
4422	1149	Dina Mota	00:30:49	01:00:42	01:00:08	4589	Associação de Atletismo Lebres do Sado	V55	36	00:04:48:13	3626
4423	4472	Miguel Lopes	00:31:07	01:00:43	00:58:34	4130		V40	526	00:05:03:63	4470
4424	6425	Raquel Feliz	00:29:18	01:00:43	01:00:13	4614	Corrida das Belas	V50	73	00:05:23:06	5462
4425	6122	Luis Souto	00:30:42	01:00:43	00:59:55	4544		V55	253	00:04:49:94	3728
4426	4972	Jessica	00:31:11	01:00:43	00:59:08	4290	Lindos	Senior	298	00:05:04:51	4530
4427	6427	Miguel Lopes	00:29:19	01:00:43	01:00:13	4615	Corrida das Belas	V50	438	00:05:23:73	5489
4428	1077	Cristiano Conceição	00:29:31	01:00:43	00:58:59	4245		V35	548	00:04:31:35	2706



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4429	8278	Neli Barreiros	00:30:19	01:00:43	00:59:59	4557		V45	143	00:05:14:24	5045
4430	8527	Filipa Matos	00:28:49	01:00:44	01:00:17	4628		Senior	299	00:05:31:32	5827
4431	8713	António Sena	00:30:53	01:00:44	01:00:08	4591	CCD Tranquilidade	V50	439	00:04:43:80	3387
4432	9331	Júlio Miranda	00:29:08	01:00:44	01:00:31	4682	Clube Accenture	V60	106	00:04:57:89	4128
4433	7830	Jason Dickinson	00:31:55	01:00:45	00:57:44	3874		V40	527	00:05:00:56	4295
4434	1100	António Ventura	00:30:01	01:00:45	00:59:34	4435		V50	440	00:04:55:24	3976
4435	10367	João Ferreira	00:30:00	01:00:45	00:59:33	4430		V50	441	00:04:54:70	3949
4436	11135	Samantha Estrada	00:30:25	01:00:45	01:00:01	4566		V55	37	00:05:10:48	4865
4437	7147	Hugo Igreja	00:29:18	01:00:45	00:59:55	4542		V40	528	00:05:08:50	4754
4438	3795	Luis Silva	00:30:30	01:00:46	00:59:16	4328	Clube Millennium BCP	V55	254	00:05:03:66	4474
4439	4758	Marco Venâncio	00:30:59	01:00:46	00:59:13	4311		Senior	976	00:04:58:64	4168
4440	9933	João Silva	00:33:50	01:00:46	00:57:11	3726		Senior	977	00:04:08:52	1520
4441	6268	António Costa	00:32:03	01:00:46	00:57:51	3912		V40	529	00:05:09:81	4822
4442	498	Eduardo Salvador	00:29:19	01:00:47	00:59:28	4402	Doutor Finanças	Senior	978	00:05:16:00	5131
4443	5458	Alexandre Felício	00:29:37	01:00:47	01:00:40	4719		Senior	979	00:05:02:02	4366
4444	735	Gonçalo Silva	00:29:48	01:00:47	01:00:25	4664		Senior	980	00:05:01:24	4325
4445	775	Sónia Rodrigues	00:29:30	01:00:48	01:00:20	4641		V40	119	00:05:08:65	4761
4446	4352	Ricardo Vargas	00:28:22	01:00:48	01:00:44	4735		V50	442	00:05:20:62	5350
4447	5298	Filipa Bibe	00:29:38	01:00:48	01:00:32	4689		V45	144	00:05:03:12	4448



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4448	4897	Bernardo Ricca	00:30:28	01:00:49	00:59:35	4439	Team Ricca	V50	443	00:05:16:22	5136
4449	10469	Ricardo Cordeiro	00:28:57	01:00:49	01:00:06	4584		V40	530	00:06:03:23	6854
4450	9385	Francisca Morais	00:31:39	01:00:49	00:59:28	4407		Junior	31	00:04:37:83	3062
4451	6278	Susana Nobre	00:30:22	01:00:49	01:00:15	4623		V45	145	00:05:15:38	5099
4452	5585	Nuno Martins	00:31:54	01:00:50	00:59:25	4383	PésdeChumbo	V50	444	00:04:58:55	4162
4453	5400	Nuno Ganhão	00:32:30	01:00:51	00:59:36	4449		V40	531	00:04:36:86	3011
4454	4826	Ruben Gomes	00:35:19	01:00:51	00:57:29	3796		Senior	981	00:03:57:37	1043
4455	8005	Eduardo Neto	00:29:08	01:00:51	01:00:40	4720		V35	549	00:05:17:30	5188
4456	10208	Catarina Costa	00:30:49	01:00:52	00:59:34	4433		Senior	300	00:05:01:07	4318
4457	2826	Pedro Marta	00:32:26	01:00:52	01:00:36	4706	S4Y-SPORTS ASSOCIAÇÃO	V45	597	00:04:42:99	3338
4458	4856	Martim Câmara	00:31:32	01:00:52	00:59:19	4346		Senior	982	00:05:27:00	5648
4459	10356	Luis Abrunhosa	00:30:33	01:00:53	00:59:59	4558		V55	255	00:05:13:35	5001
4460	6860	André Carvalho	00:30:24	01:00:53	00:59:55	4543		Senior	983	00:05:38:92	6108
4461	6772	Tiago Barbosa	00:30:24	01:00:53	01:00:52	4763		Senior	984	00:05:38:09	6076
4462	10635	Stanislav Bogdashin	00:31:31	01:00:53	01:00:22	4652		V35	550	00:04:54:37	3926
4463	9612	José Bento	00:33:57	01:00:54	00:57:57	3940		Senior	985	00:04:21:15	2188
4464	1212	Pedro Brito	00:29:55	01:00:54	01:00:37	4708		V45	598	00:05:20:77	5361
4465	10103	Thomas Campos	00:29:49	01:00:54	01:00:40	4722		Senior	986	00:05:27:58	5671
4466	4374	José Lima	00:30:07	01:00:55	01:00:21	4648	CCD PM Cascais	V55	256	00:05:18:46	5237



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4467	1758	Daniel Faria	00:29:45	01:00:55	01:00:52	4768	Clube BBVA Portugal	V50	445	00:05:13:04	4988
4468	1004	Ricardo Reis	00:30:02	01:00:55	01:00:47	4746		V35	551	00:05:09:09	4781
4469	4621	Carlos Palma	00:29:26	01:00:55	01:00:11	4600	Link	V50	446	00:05:05:60	4589
4470	8002	Cristian Vaz	00:26:16	01:00:55	01:00:54	4779		Senior	987	00:06:01:86	6814
4471	7265	Filipe Lopes	00:32:34	01:00:56	00:59:25	4379		V40	532	00:04:46:12	3529
4472	4587	João Oliveira	00:30:15	01:00:56	00:59:54	4536		V50	447	00:05:13:24	4995
4473	3568	Jorge Apura	00:27:19	01:00:56	01:00:53	4773		V50	448	00:05:10:06	4837
4474	373	António Ribeiro	00:32:20	01:00:56	00:58:57	4237		V55	257	00:04:28:93	2574
4475	1153	Ana Cristo	00:30:03	01:00:56	01:00:47	4747		Senior	301	00:05:09:52	4798
4476	10664	Glenn Castro	00:31:33	01:00:56	00:58:05	3980		V50	449	00:04:54:69	3948
4477	1278	Tomas Reves	00:32:49	01:00:56	00:59:48	4503	Peixinhos da Horta	Junior	109	00:04:29:61	2604
4478	8469	Pedro Deus	00:34:19	01:00:56	00:57:40	3847		Senior	988	00:04:30:14	2636
4479	8357	Rui Figueira	00:30:12	01:00:56	01:00:12	4604		V45	599	00:04:46:76	3561
4480	9618	Elioenay Eloy	00:33:05	01:00:56	00:57:46	3888		Senior	989	00:04:34:61	2874
4481	4487	Tiago Ferreira	00:30:01	01:00:57	01:00:34	4698		Senior	990	00:05:11:31	4896
4482	8304	Soraia Caria	00:29:06	01:00:57	01:00:44	4731	GDRC Ponterrolense	V40	120	00:05:03:67	4475
4483	4526	Pedro Máximo	00:32:02	01:00:57	00:59:10	4296	KitKats	V35	552	00:04:48:32	3636
4484	7355	Mário Barros	00:29:16	01:00:58	01:00:16	4626		V65	41	00:05:24:65	5546
4485	10671	Fernando Oliveira	00:28:55	01:00:58	01:00:17	4630		V55	258	00:05:22:51	5438



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4486	6385	Inês Silva	00:34:22	01:00:58	00:57:41	3849		Senior	302	00:04:31:64	2720
4487	7213	Rita Rosa	00:30:34	01:00:58	01:00:11	4603		V40	121	00:05:01:99	4363
4488	1167	Fernando Santos	00:32:49	01:00:59	00:58:24	4080	ARISTOBRAVOS	V40	533	00:04:48:64	3655
4489	1855	Anaísa Luis	00:33:35	01:00:59	00:57:20	3752		Senior	303	00:04:48:00	3618
4490	8070	Sandra Cardoso	00:30:14	01:00:59	01:00:14	4616	Xallenge Team	V50	74	00:05:21:22	5381
4491	6287	Luís Revés	00:32:51	01:00:59	00:59:49	4510	CCD Siemens	V50	450	00:04:32:82	2784
4492	3058	João Colaço	00:32:49	01:00:59	00:58:35	4131		V35	553	00:04:43:56	3367
4493	1810	Jorge Santos	00:33:34	01:00:59	00:57:19	3751		V45	600	00:04:52:46	3833
4494	7308	Nelson Serrão	00:32:15	01:01:00	01:00:18	4635	Associação Corrida Noturna Parque das Nações	V60	107	00:04:45:74	3514
4495	1031	Bruno Correia	00:29:00	01:01:01	01:00:55	4783		V45	601	00:05:43:83	6277
4496	4918	Mariana Ravasco	00:31:59	01:01:01	00:59:18	4337		Senior	304	00:04:51:62	3795
4497	2787	Júlio Alves	00:29:37	01:01:01	01:00:49	4757	Clube Tecnovia	V60	108	00:04:53:20	3871
4498	4206	Olesya Soares	00:31:19	01:01:01	00:59:34	4437		V50	75	00:05:11:73	4924
4499	7491	Robert Norfleet	00:34:31	01:01:01	00:57:56	3937		Senior	991	00:04:13:39	1763
4500	6727	Margarida Glória	00:30:20	01:01:01	01:00:56	4789		Junior	32	00:04:56:70	4044
4501	470	Pedro Antunes	00:32:21	01:01:01	00:59:16	4325		Senior	992	00:05:01:55	4341
4502	8956	Rui Salvador	00:30:13	01:01:01	01:00:30	4678		V45	602	00:05:08:17	4731
4503	10079	Tiago Quina	00:30:32	01:01:01	00:59:03	4265		Senior	993	00:04:54:08	3911
4504	9255	Joao Carvalho	00:31:35	01:01:02	00:58:14	4018		V45	603	00:05:04:47	4528



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4505	7765	Luiz Jr	00:31:14	01:01:02	00:57:58	3950		V40	534	00:04:22:19	2237
4506	2454	Pedro Dias	00:30:28	01:01:02	01:00:41	4725		Senior	994	00:05:21:00	5374
4507	9971	Filipe Esteves	00:31:31	01:01:03	00:58:36	4134	Bora Rui	Senior	995	00:05:10:44	4863
4508	9260	Rita Fernandes	00:31:31	01:01:03	00:58:32	4113		V35	112	00:05:06:70	4649
4509	2462	Luís Sérgio	00:30:17	01:01:03	01:00:00	4560		V50	451	00:05:13:41	5003
4510	3800	Marina Morgado	00:28:47	01:01:03	01:01:00	4815	Clube Millennium BCP	Senior	305	00:04:57:59	4109
4511	2334	José Dias	00:32:20	01:01:04	00:59:07	4286		Senior	996	00:04:39:77	3151
4512	2465	Álvaro Quitério	00:30:26	01:01:04	00:59:56	4547		V55	259	00:04:54:49	3935
4513	2297	Nuno Dias	00:30:42	01:01:05	01:00:15	4618	GDC Banco de Portugal	V35	554	00:04:50:36	3746
4514	756	Pedro Saavedra	00:29:51	01:01:05	01:00:40	4717		V45	604	00:05:08:20	4734
4515	7300	Maria Santos	00:30:08	01:01:05	01:00:28	4671	Associação Corrida Noturna Parque das Nações	V40	122	00:04:56:57	4040
4516	2522	Patrick Pierre-Louis	00:29:02	01:01:05	01:01:00	4814		V55	260	00:04:58:10	4137
4517	3741	Susana Mesquita	00:30:39	01:01:05	01:00:53	4772	GFD Running	V50	76	00:04:59:40	4224
4518	5674	João Figueiredo	00:28:18	01:01:05	01:00:18	4632		V35	555	00:05:22:33	5432
4519	3690	João Dionísio	00:30:38	01:01:05	01:00:39	4714	NetJets	Senior	997	00:04:18:59	2047
4520	1521	Mónica Moura	00:31:41	01:01:06	01:00:25	4663		V45	146	00:04:59:23	4211
4521	7943	Pierre-Louis Kelyan	00:29:02	01:01:06	01:01:01	4819		Junior	110	00:04:58:88	4187
4522	3739	Fernando Lopes	00:30:39	01:01:06	01:00:55	4784	GFD Running	V50	452	00:05:00:30	4278
4523	9253	Francisco Banha	00:32:25	01:01:06	00:58:16	4033		Senior	998	00:04:38:31	3081



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4524	5123	Telma Quintino	00:32:42	01:01:06	00:58:09	3996		V40	123	00:04:48:33	3637
4525	7424	Diogo Vasconcelos	00:25:52	01:01:06	01:01:03	4827		Senior	999	00:05:28:70	5717
4526	5340	Filipe Pereira	00:31:57	01:01:07	00:59:59	4554		V40	535	00:04:34:80	2889
4527	6708	Henrique Allegro	00:28:19	01:01:07	01:00:57	4802		V35	556	00:05:27:94	5690
4528	6637	João Santos	00:34:22	01:01:07	00:58:15	4030		V35	557	00:04:04:40	1336
4529	8057	Carlos Ferreira	00:28:55	01:01:08	01:00:19	4637		V45	605	00:06:14:05	7092
4530	2667	Sónia Godinho	00:30:42	01:01:08	01:00:58	4805	JDM Atletismo	V45	147	00:05:01:32	4329
4531	1422	Maria Reis	00:29:34	01:01:08	01:00:57	4796		V35	113	00:05:14:34	5052
4532	8360	Tania Bilichenko	00:31:30	01:01:09	01:00:04	4574		Senior	306	00:04:56:79	4050
4533	3363	Helena Casqueiro	00:30:48	01:01:09	01:00:31	4685	SlimTyThree	V35	114	00:05:07:81	4709
4534	10745	Paulo Batista	00:28:40	01:01:09	01:00:58	4804		V50	453	00:05:13:01	4986
4535	7275	Ana Sousa	00:29:38	01:01:10	01:00:34	4699	Associação Corrida Noturna Parque das Nações	V55	38	00:05:21:25	5382
4536	11030	Diogo Santos	00:32:36	01:01:10	00:58:24	4078		V50	454	00:04:49:49	3703
4537	3308	Edgar Lopes	00:30:45	01:01:10	01:00:34	4697	Só vim pelas luzes de Natal	V35	558	00:05:20:94	5371
4538	7953	Mónica Sousa	00:31:47	01:01:10	00:59:49	4509		V50	77	00:05:04:54	4532
4539	9990	Julia Nascimento	00:30:11	01:01:11	01:00:52	4765		Senior	307	00:04:57:64	4111
4540	2057	Miguel Mendanha	00:29:41	01:01:12	01:00:43	4728	CCD Crédito Agrícola Mútuo	V45	606	00:05:13:85	5024
4541	587	Ricardo Cruz	00:28:57	01:01:12	01:00:44	4733		Senior	1000	00:05:47:77	6415
4542	6979	Patrícia Santos	00:32:43	01:01:12	00:57:36	3823		Senior	308	00:04:49:89	3723



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4543	10662	Catarina Afonso	00:29:14	01:01:12	01:00:55	4785		V45	148	00:05:00:54	4292
4544	11147	Haeckl Matthias	00:32:26	01:01:13	00:58:56	4227		Senior	1001	00:04:19:38	2078
4545	10107	Schreiber Johannes	00:33:03	01:01:13	00:58:55	4222		Senior	1002	00:04:18:28	2029
4546	4462	Diogo Inocêncio	00:31:04	01:01:13	00:59:28	4397		Senior	1003	00:05:19:36	5282
4547	6284	João Torres	00:30:17	01:01:13	01:00:18	4636		V45	607	00:05:10:37	4855
4548	9918	Bruno Costa	00:29:00	01:01:14	01:00:29	4674		V40	536	00:05:14:11	5038
4549	4843	João Bernardo	00:31:06	01:01:14	00:59:28	4399		Senior	1004	00:05:20:21	5327
4550	10483	Anton Voytovych	00:31:39	01:01:14	00:59:23	4364		Senior	1005	00:04:59:20	4208
4551	9372	Manuel Mestre	00:30:41	01:01:14	01:01:08	4858		V65	42	00:05:15:17	5091
4552	9232	Paulo Silva	00:28:38	01:01:14	01:01:10	4875	RRJ - Road Runners JEDI	V50	455	00:05:20:42	5337
4553	2779	Gonçalo San-Payo	00:29:40	01:01:15	01:00:36	4705		Senior	1006	00:05:20:78	5362
4554	6015	Ricardo Furtado	00:30:05	01:01:15	01:00:28	4672		V40	537	00:05:21:67	5408
4555	1965	Madalena Pina	00:29:55	01:01:15	01:00:28	4668	Clube TAP PORTUGAL	V55	39	00:05:04:24	4507
4556	1002	Bernardo Mendes	00:33:36	01:01:15	00:57:59	3957		Senior	1007	00:04:43:27	3350
4557	1867	Ana Saraiva	00:30:07	01:01:15	01:00:43	4727		V45	149	00:05:26:67	5633
4558	6699	Ivan Douglas	00:30:04	01:01:15	01:00:59	4811		V40	538	00:04:51:11	3775
4559	6488	Mário Marcelino	00:30:01	01:01:16	01:01:04	4832	CCD Sintrense	V40	539	00:04:57:93	4130
4560	8470	Telmo Nunes	00:29:50	01:01:16	01:00:31	4680	Alverca Urban Runners	V35	559	00:05:06:98	4663
4561	157	Maria Borlinhas	00:31:10	01:01:17	01:00:32	4688		V50	78	00:05:03:11	4446





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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4562	4477	Patrícia Costa	00:29:39	01:01:17	01:01:10	4876		Senior	309	00:05:08:68	4764
4563	9631	João Adegas	00:29:44	01:01:17	01:01:08	4859	Instrumonit	V50	456	00:05:27:03	5652
4564	5639	José Fernandes	00:34:42	01:01:17	00:58:04	3974		Senior	1008	00:03:14:02	94
4565	4185	Claudeni Almeida	00:29:24	01:01:17	00:59:58	4553		V50	457	00:05:59:87	6767
4566	9630	Susana Adegas	00:29:44	01:01:17	01:01:09	4868	Instrumonit	V50	79	00:05:27:81	5681
4567	7365	Robson Silva	00:29:20	01:01:18	01:00:57	4801	SD Sports Team	V35	560	00:05:38:06	6074
4568	8358	Samara Cruz	00:29:19	01:01:18	01:01:06	4845		Senior	310	00:05:39:24	6119
4569	8007	Vanessa Sousa	00:31:30	01:01:18	01:00:20	4646		V35	115	00:05:11:11	4890
4570	8253	Catarina Marques	00:30:59	01:01:18	01:00:03	4572	FIDELIDADE GDC	V40	124	00:05:03:56	4465
4571	5853	Manuel Gomes	00:29:26	01:01:18	01:01:06	4849		V55	261	00:05:11:69	4923
4572	3253	Sandra Pereira	00:29:36	01:01:19	01:01:16	4899		V40	125	00:05:15:11	5089
4573	3443	Rui Rodrigues	00:29:54	01:01:19	01:00:29	4676		Senior	1009	00:04:56:66	4043
4574	3521	José Guedes	00:33:02	01:01:19	00:59:37	4453		V55	262	00:04:43:53	3366
4575	3641	Carla Mourão	00:33:02	01:01:19	00:59:38	4461		V50	80	00:04:43:65	3373
4576	6852	Paulo Soeiro	00:29:41	01:01:19	01:00:44	4730		V45	608	00:05:28:51	5709
4577	4387	Pedro Costa	00:29:38	01:01:19	01:00:42	4726	Os Faiscas	Senior	1010	00:04:39:77	3150
4578	6447	Kevin Vianna	00:33:50	01:01:20	00:59:46	4494		Senior	1011	00:04:34:44	2864
4579	10365	Francisco Santos	00:30:48	01:01:20	00:59:10	4295		Junior	111	00:04:51:55	3789
4580	9744	Mariana Kranzfeld	00:30:49	01:01:20	01:00:09	4593	Corrêa Kranzfeld	V45	150	00:05:12:01	4937



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4581	5827	Miguel Gusmão	00:28:53	01:01:20	01:00:57	4798		V35	561	00:05:53:95	6596
4582	2222	Barbara Conceição	00:29:58	01:01:21	01:00:50	4758		V50	81	00:05:23:10	5469
4583	5608	Jeremy Castan	00:29:24	01:01:21	01:01:06	4848		V35	562	00:05:30:83	5806
4584	9835	Ricardo Resende	00:30:30	01:01:21	01:00:31	4683		V40	540	00:04:56:40	4033
4585	7192	Antonio Pinho	00:30:30	01:01:21	01:00:30	4679		V45	609	00:04:56:89	4052
4586	3689	Simon Shinn	00:31:32	01:01:21	00:59:51	4524	NetJets	V45	610	00:05:17:86	5215
4587	11097	Joana Lambin	00:30:56	01:01:21	01:00:32	4690		V40	126	00:04:42:85	3327
4588	4494	João Ribeiro	00:31:08	01:01:22	00:59:03	4273		Senior	1012	00:05:01:98	4361
4589	9273	David Ferreira	00:31:14	01:01:22	00:59:08	4289	OUUU NAO	Junior	112	00:04:58:72	4176
4590	473	Manuela Machado	00:30:49	01:01:22	01:01:21	4922		V55	40	00:05:05:79	4597
4591	2005	José Jesus	00:29:54	01:01:23	01:00:09	4595		Senior	1013	00:05:48:79	6455
4592	8217	Andrada Vintila	00:30:38	01:01:23	01:00:19	4638		Senior	311	00:05:09:91	4830
4593	5267	Jose Corte-Real	00:33:06	01:01:23	00:58:26	4091		V40	541	00:05:04:20	4502
4594	2596	Hortense Faria	00:28:18	01:01:24	01:01:22	4928	Bombeiros Voluntários de Montemor-o-Novo	V60	13	00:05:45:29	6327
4595	7261	João Coelho	00:31:38	01:01:24	01:00:45	4740		V40	542	00:05:11:38	4898
4596	2006	Jorge Fradique	00:29:52	01:01:24	01:01:18	4908		V60	109	00:05:27:31	5660
4597	6003	Mariya Georgieva	00:28:47	01:01:24	01:01:07	4857		Senior	312	00:06:36:10	7510
4598	1319	Yara Silveira	00:30:25	01:01:25	01:01:05	4841		Senior	313	00:05:07:88	4714
4599	8598	Sandra Fernandes	00:28:41	01:01:26	01:01:25	4937		V45	151	00:05:09:55	4802



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4600	8599	David Fernandes	00:28:42	01:01:26	01:01:25	4938		V50	458	00:05:09:49	4796
4601	616	Lauren Crawford	00:32:32	01:01:26	00:59:40	4472		Senior	314	00:04:42:13	3290
4602	276	Lucian Naie	00:33:12	01:01:26	00:59:50	4519		V45	611	00:04:32:37	2764
4603	615	Archie Welsh	00:32:33	01:01:26	00:59:41	4473		Senior	1014	00:04:42:02	3287
4604	1524	Mariana Ferro	00:30:49	01:01:26	01:01:06	4853		V35	116	00:04:34:28	2852
4605	6773	Marco Brito	00:32:18	01:01:26	00:59:18	4341		V35	563	00:04:52:21	3823
4606	5283	Miguel	00:29:42	01:01:27	01:00:50	4759	SS CGD	V45	612	00:05:37:42	6044
4607	5076	Rodrigo Coimbra	00:30:10	01:01:27	01:01:07	4855	Grupo Desportivo Santander Totta	Senior	1015	00:05:19:46	5284
4608	2937	Fernando Coito	00:30:05	01:01:27	01:00:40	4716		V40	543	00:05:05:50	4578
4609	1996	Francisco Bando	00:30:44	01:01:27	01:00:53	4770		V70	14	00:04:59:64	4235
4610	10282	Sandra Freixo	00:29:55	01:01:28	01:01:02	4820		V40	127	00:05:17:96	5223
4611	3921	Elsa Nunes	00:29:49	01:01:28	01:00:57	4797		V50	82	00:05:19:19	5273
4612	11133	Carlos Santos	00:36:50	01:01:28	00:57:41	3850	Karls Team	V40	544	00:04:02:56	1242
4613	2413	Manuel Manteigas	00:27:36	01:01:28	01:00:53	4771	Clube Novo Banco	V40	545	00:05:45:23	6325
4614	3659	Ricardo Oliveira	00:29:56	01:01:28	01:00:48	4750		V40	546	00:05:21:01	5375
4615	1030	Patrícia Machado	00:29:04	01:01:28	01:01:22	4929		V40	128	00:05:40:04	6137
4616	11211	Nuno Marques	00:35:06	01:01:29	01:00:06	4585		V45	613	00:04:39:06	3115
4617	7269	Guilherme Rosa	00:30:00	01:01:29	01:01:12	4885		V55	263	00:05:18:44	5236
4618	3191	João Domingues	00:29:50	01:01:29	01:01:05	4842		V40	547	00:05:51:69	6525



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4619	9598	Joana Gueifao	00:30:59	01:01:29	01:00:49	4755		Senior	315	00:05:07:58	4695
4620	6759	Tatiana Leitão	00:32:18	01:01:29	00:59:23	4363		Senior	316	00:04:54:50	3937
4621	7468	Marco Silva	00:30:39	01:01:31	01:00:37	4709	Mediaruns	V40	548	00:05:02:30	4392
4622	441	Pedro Vieira	00:30:19	01:01:31	01:01:04	4840		V50	459	00:05:42:91	6249
4623	10123	Tiago Rodrigues	00:28:28	01:01:31	01:01:21	4926		V40	549	00:05:17:39	5194
4624	7946	Isabel García	00:31:22	01:01:32	00:58:38	4143		Senior	317	00:05:28:25	5702
4625	5979	Ana Margaça	00:31:47	01:01:32	01:00:45	4741		Senior	318	00:04:57:20	4071
4626	1916	Sandra Santos	00:33:08	01:01:32	00:59:56	4548	SÓDEMPURRÃO	V50	83	00:04:46:38	3543
4627	9265	Jorge Barros	00:30:17	01:01:32	01:01:04	4836		V45	614	00:05:26:45	5625
4628	10975	Rui Paz	00:34:31	01:01:32	00:57:59	3952		V45	615	00:04:42:66	3318
4629	9939	Nuno Paisana	00:28:28	01:01:32	01:00:54	4781		V50	460	00:05:14:96	5081
4630	298	Pedro Henriques	00:31:45	01:01:32	01:00:08	4590	FIDELIDADE GDC	V45	616	00:05:09:69	4812
4631	2986	Daniela Oliveira	00:30:26	01:01:33	01:00:36	4703		Senior	319	00:05:19:10	5268
4632	5646	Jorge Martins	00:34:39	01:01:33	00:58:19	4056		Senior	1016	00:03:29:09	270
4633	5779	Jonatas Silva	00:27:55	01:01:33	01:01:08	4861		Senior	1017	00:06:31:23	7442
4634	522	Luís Gomes	00:30:17	01:01:33	01:00:59	4807		V45	617	00:05:37:86	6061
4635	6803	Maria Silva	00:30:38	01:01:33	01:00:48	4751	Link	V40	129	00:05:17:49	5198
4636	10590	Edgar Rijo	00:31:46	01:01:33	00:59:02	4262		Senior	1018	00:05:04:63	4537
4637	1695	Ana Rocha	00:30:39	01:01:34	01:00:53	4769		Senior	320	00:05:14:02	5035



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4638	8084	Paulo Dinis	00:31:19	01:01:34	01:00:15	4621	DMP Runners	V45	618	00:05:02:49	4408
4639	9416	Ana Palma	00:31:32	01:01:34	01:00:20	4644	ChampiMiles	Senior	321	00:04:47:52	3591
4640	8831	Tiago Leite	00:32:32	01:01:34	00:58:25	4086		V35	564	00:05:12:47	4960
4641	1496	Daniela Jácome	00:32:28	01:01:34	00:59:27	4391		Senior	322	00:04:57:44	4095
4642	4505	Mafalda Sustelo	00:30:54	01:01:34	01:00:40	4718		Senior	323	00:05:32:36	5860
4643	8083	Pedro Mendonça	00:31:18	01:01:34	01:01:33	4970	DMP Runners	V45	619	00:05:02:79	4423
4644	5676	Raquel Roque	00:30:12	01:01:34	01:01:02	4823	Falcões Selvagens	V45	152	00:05:07:11	4666
4645	8082	Alexandre Peralta	00:31:18	01:01:34	01:00:17	4627	DMP Runners	V45	620	00:05:04:00	4489
4646	11020	Sergei Galkin	00:30:56	01:01:35	00:59:56	4546		Senior	1019	00:05:04:44	4523
4647	1247	Fernando Tavares	00:34:05	01:01:35	00:59:24	4366	AMIGOS DE PEVA	V35	565	00:04:32:03	2744
4648	9712	Thomas Capucho	00:32:01	01:01:35	00:58:47	4185		Senior	1020	00:04:36:63	3000
4649	11137	Conor Mccaughley	00:30:34	01:01:35	01:00:59	4808		V35	566	00:05:09:95	4833
4650	4348	José Marques	00:32:52	01:01:35	00:58:52	4207		V40	550	00:05:16:90	5174
4651	2422	Úrsula Silva	00:30:18	01:01:35	01:00:56	4795	Clube Ferroviário de Portugal	V45	153	00:05:07:48	4692
4652	2421	Paulo Vieira	00:30:18	01:01:35	01:00:56	4794	Clube Ferroviário de Portugal	V50	461	00:05:06:18	4620
4653	9327	Clara Raimundo	00:32:28	01:01:35	00:59:28	4408	Clube Accenture	V45	154	00:04:58:89	4188
4654	10516	Nuno Antunes	00:32:35	01:01:36	00:58:16	4035		V35	567	00:05:37:98	6068
4655	3245	Joana Tavares	00:31:48	01:01:36	00:59:24	4370		Senior	324	00:04:59:34	4220
4656	6681	Liliana Crespo	00:30:32	01:01:38	01:00:59	4813		V35	117	00:05:15:44	5103



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4657	6365	Fernando Coelho	00:30:41	01:01:39	01:00:53	4777	B2PTRUNNING	V50	462	00:05:21:80	5416
4658	7777	Jeane Abreu	00:31:09	01:01:39	01:00:55	4787		V55	41	00:04:33:14	2799
4659	9475	Joao Alves	00:33:38	01:01:39	00:59:00	4248		V40	551	00:04:38:43	3085
4660	2397	Luis Amaral	00:29:46	01:01:39	01:01:34	4974	Clube Novo Banco	V45	621	00:04:54:91	3958
4661	401	Joana Dias	00:30:19	01:01:39	01:00:47	4748		V35	118	00:06:12:37	7067
4662	8846	João Castro	00:33:40	01:01:39	00:58:45	4177		V35	568	00:04:36:63	2999
4663	9995	Fernando Ribeiro	00:30:29	01:01:39	01:00:57	4800		V65	43	00:05:21:37	5390
4664	8867	Alexandre Teixeira	00:28:59	01:01:40	01:01:32	4960	Metralhas	V35	569	00:05:27:96	5692
4665	8337	Rui Silva	00:30:13	01:01:40	01:01:19	4918		V50	463	00:05:39:01	6113
4666	7209	Diogo Alarcão	00:28:59	01:01:40	01:01:14	4892		V55	264	00:05:23:52	5484
4667	3292	Bruno Courinha	00:32:15	01:01:40	01:00:04	4577		V45	622	00:04:38:71	3098
4668	10388	Serge Maia	00:34:01	01:01:41	00:59:18	4342		Senior	1021	00:04:21:26	2193
4669	5454	Maria Arouca	00:29:46	01:01:41	01:01:32	4964		V45	155	00:05:07:93	4718
4670	3553	David Santos	00:31:10	01:01:41	01:01:08	4864		V35	570	00:05:07:44	4688
4671	4179	Ana Monteiro	00:30:12	01:01:41	01:01:38	4992	G.D.R. São Francisco da Serra	V45	156	00:05:56:41	6675
4672	2466	Nídia Esteves	00:31:10	01:01:42	01:00:31	4687		V40	130	00:05:11:92	4934
4673	1445	João Leitão	00:30:19	01:01:43	01:01:09	4866		V50	464	00:05:15:57	5112
4674	8729	João Serra	00:28:36	01:01:43	01:01:38	4989	CCD Tranquilidade	V50	465	00:05:32:40	5862
4675	2621	Tiago Silva	00:34:43	01:01:44	00:58:19	4059	Fadistas	Senior	1022	00:04:52:15	3820



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4676	6366	Edgar Berdeja	00:31:00	01:01:45	00:58:58	4241		Senior	1023	00:05:06:04	4613
4677	9378	Fernando Mendes	00:30:25	01:01:45	01:01:21	4925		V60	110	00:05:25:74	5591
4678	7744	Cristiana Mendonça	00:29:14	01:01:45	01:01:40	5000	CAPenafirme	Senior	325	00:05:05:24	4564
4679	10202	Patrícia Pinheiro	00:30:34	01:01:45	01:01:04	4833		Senior	326	00:05:02:25	4390
4680	8465	Inês Robalo	00:29:52	01:01:45	01:01:04	4830		V35	119	00:05:16:72	5164
4681	8532	Valéria Rodrigues	00:30:34	01:01:45	01:01:04	4831		V40	131	00:05:02:59	4413
4682	2619	Fábio Silva	00:34:43	01:01:45	00:58:18	4049	Fadistas	V35	571	00:04:55:26	3978
4683	7009	Felix Osorio	00:30:06	01:01:45	01:01:38	4990		V50	466	00:05:23:10	5468
4684	10840	Maria Mota	00:30:53	01:01:45	01:00:55	4786		V45	157	00:04:57:32	4081
4685	4667	Mário Esteves	00:33:03	01:01:46	01:01:02	4824	Nesha Hop & Run Team	Senior	1024	00:04:26:65	2460
4686	9593	Maria Strecht	00:30:40	01:01:46	01:01:19	4917		Senior	327	00:05:42:69	6240
4687	3010	Luís Silva	00:33:54	01:01:46	00:58:39	4149	Flechas do Tejo	V45	623	00:04:13:64	1774
4688	7037	Valle Martin	00:30:06	01:01:46	01:01:39	4994		V50	84	00:05:23:85	5495
4689	9592	Miguel Machado	00:30:41	01:01:47	01:01:19	4916		Senior	1025	00:05:42:75	6246
4690	3012	Tomás Silva	00:33:54	01:01:47	00:58:39	4151	Flechas do Tejo	Junior	113	00:04:14:16	1807
4691	1710	José Santos	00:29:09	01:01:47	01:01:40	5002		V35	572	00:05:11:90	4933
4692	2351	Nélson Moreira	00:29:36	01:01:47	01:01:26	4945	Clube Tecnovia	V45	624	00:05:30:24	5782
4693	9176	Andreza Taochita	00:28:53	01:01:47	01:01:39	4997		V45	158	00:05:35:26	5972
4694	4035	Alejandro Garcia	00:30:18	01:01:47	01:01:41	5004		V50	467	00:07:00:93	7847



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4695	1012	António Pereira	00:32:00	01:01:47	00:59:36	4448	M.A.C.	V45	625	00:04:51:60	3793
4696	6883	Madalena Baptista	00:30:10	01:01:47	01:01:30	4956		Senior	328	00:05:07:87	4712
4697	3437	Sofia Lopes	00:29:38	01:01:47	01:01:26	4943		V40	132	00:05:29:65	5759
4698	7372	Marta Santos	00:33:56	01:01:48	01:00:59	4812	SD Sports Team	V45	159	00:04:34:06	2840
4699	10134	Sérgio Loureiro	00:32:04	01:01:48	01:01:04	4834		V35	573	00:04:52:94	3857
4700	3011	João Valentim	00:33:55	01:01:48	00:58:39	4150	Flechas do Tejo	V50	468	00:04:14:98	1850
4701	6752	Pedro Godinho	00:32:17	01:01:48	01:00:54	4778		Senior	1026	00:05:45:99	6350
4702	10608	Fabio Lopes	00:30:38	01:01:48	01:00:54	4780		V35	574	00:05:16:43	5144
4703	10818	Alberto Carvalho	00:29:48	01:01:48	01:01:35	4976		V65	44	00:05:55:54	6652
4704	10136	Liliana Gomes	00:32:03	01:01:48	01:01:04	4835		Senior	329	00:04:53:15	3868
4705	1340	Ricardo Ceia	00:32:18	01:01:48	01:00:45	4738	Clube Desportivo da Graça	V45	626	00:04:07:98	1489
4706	3365	Cátia Filipe	00:31:23	01:01:48	01:01:22	4930	SlimTyThree	Senior	330	00:05:17:76	5209
4707	6751	Madalena Ferreira	00:32:18	01:01:48	01:00:55	4788		Senior	331	00:04:53:92	3905
4708	1410	Valter Ferreira	00:29:33	01:01:48	01:00:54	4782		V40	552	00:05:17:94	5221
4709	2452	Inês Louro	00:29:57	01:01:49	01:01:46	5025		Senior	332	00:05:03:24	4451
4710	9818	Hugo Reinhardt	00:33:05	01:01:49	00:57:52	3917		V45	627	00:04:59:89	4250
4711	1593	Paulo Cabaço	00:31:11	01:01:49	01:00:58	4806		V55	265	00:05:14:29	5049
4712	707	Daniela Vinhas	00:30:55	01:01:49	01:01:08	4865	Vara Trail Running	V40	133	00:05:19:92	5312
4713	7290	João Pinto	00:30:00	01:01:50	01:01:12	4888	Associação Corrida Noturna Parque das Nações	V60	111	00:05:15:83	5123





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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4714	11132	Henrique Venâncio	00:31:34	01:01:50	00:58:35	4133		Senior	1027	00:04:55:50	3992
4715	4429	Adolfo Oliveira	00:30:10	01:01:50	01:01:33	4969		V45	628	00:05:18:22	5231
4716	7307	Nélia Pinto	00:30:02	01:01:50	01:01:12	4884	Associação Corrida Noturna Parque das Nações	V55	42	00:05:16:09	5133
4717	3433	Ana Branco	00:30:13	01:01:50	01:01:23	4932	run crew trail montijo	V45	160	00:05:12:38	4958
4718	4428	Paula Pontinha	00:30:09	01:01:51	01:01:34	4973		V50	85	00:05:18:90	5255
4719	10874	Edson Souza	00:29:52	01:01:51	01:01:18	4905		V60	112	00:05:17:45	5196
4720	10157	Miguel Sobral	00:30:18	01:01:51	01:01:37	4988		Junior	114	00:05:31:52	5829
4721	3629	Raquel Lucas	00:32:06	01:01:51	01:00:06	4581		V50	86	00:04:57:22	4074
4722	5705	Rodrigo Silva	00:34:39	01:01:51	00:58:38	4147		Senior	1028	00:03:51:01	793
4723	8320	Maria Folques	00:29:17	01:01:52	01:01:48	5035		V50	87	00:05:37:78	6056
4724	5523	Paulo Delicado	00:30:18	01:01:52	01:01:38	4991		V50	469	00:05:32:11	5851
4725	10789	Andre Alvarez	00:32:31	01:01:52	00:59:47	4496		V50	470	00:04:57:49	4101
4726	7188	Rui Pereira	00:29:24	01:01:52	01:01:32	4961	Nuno_Rui	V50	471	00:05:29:72	5762
4727	6854	Diana Borda	00:28:55	01:01:52	01:01:43	5016		V35	120	00:05:17:31	5190
4728	5051	Afonso Raimundo	00:33:57	01:01:53	00:58:11	4001		Junior	115	00:04:26:22	2432
4729	10694	Francisco Ventura	00:33:56	01:01:53	00:58:12	4007		Junior	116	00:04:26:37	2443
4730	2822	Justiliano Silva	00:31:17	01:01:53	01:00:07	4587	Falcões Selvagens	V70	15	00:05:21:77	5414
4731	9091	Nuno Moisés	00:28:23	01:01:54	01:01:49	5037		Senior	1029	00:05:24:43	5531
4732	5768	Tiago Vieira	00:28:25	01:01:54	01:01:46	5024		V40	553	00:05:47:73	6412



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4733	6246	Luís Pereira	00:30:41	01:01:54	01:01:15	4895		V40	554	00:05:03:73	4477
4734	1730	Francesco Bardazzi	00:30:48	01:01:54	01:00:56	4793		V55	266	00:05:07:60	4696
4735	2259	Vitor Gariso	00:30:43	01:01:54	01:01:06	4851		V55	267	00:04:59:08	4202
4736	6395	Joana Mendes	00:30:45	01:01:54	01:01:17	4901	Deloitte Running Club	V40	134	00:05:07:44	4689
4737	9411	Ana Nunes	00:31:31	01:01:55	01:00:40	4721	ChampiMiles	V35	121	00:05:08:64	4760
4738	8986	Antonio Correia	00:30:48	01:01:55	01:01:34	4971		V60	113	00:05:04:93	4550
4739	10751	Gonçalo Alves	00:32:50	01:01:55	00:59:55	4540		Senior	1030	00:05:05:57	4586
4740	1984	Manuel Baptista	00:30:06	01:01:56	01:01:16	4900	SS CGD	V55	268	00:05:14:15	5041
4741	10750	Mónica Morais	00:32:50	01:01:57	00:59:56	4545		Senior	333	00:05:06:31	4625
4742	111	Paulo Borges	00:30:03	01:01:58	01:01:39	4993		V55	269	00:05:53:82	6591
4743	9418	Rodrigo Reis	00:32:50	01:01:58	01:00:03	4569	Papudos	Senior	1031	00:05:19:90	5311
4744	7171	Ângela Marques	00:31:40	01:01:59	01:00:32	4691		V55	43	00:05:17:31	5189
4745	6120	Paula Caldeira	00:28:51	01:01:59	01:01:52	5054		V35	122	00:05:12:59	4965
4746	3537	Hugo Neves	00:34:35	01:02:00	01:00:07	4588		V45	629	00:04:37:12	3022
4747	8368	Francisco Freitas	00:34:53	01:02:00	01:00:57	4803	MIND SOURCE CONSULTORES DE PORTUGAL	Senior	1032	00:04:49:19	3689
4748	3160	Dora Silva	00:33:53	01:02:00	00:59:03	4271	#começamosemmarço	V45	161	00:04:39:25	3123
4749	8435	João Martins	00:30:07	01:02:00	01:01:28	4949		V50	472	00:05:12:69	4969
4750	750	José Vale	00:29:35	01:02:00	01:01:58	5078		V60	114	00:05:42:58	6237
4751	5018	Dário Zabumba	00:28:51	01:02:00	01:01:52	5050		V40	555	00:05:12:84	4979



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4752	500	Márcio Marreiros	00:29:27	01:02:00	01:01:46	5026	Lagos a Correr	V40	556	00:05:48:88	6459
4753	4092	João Santana	00:30:11	01:02:01	01:01:57	5074		V45	630	00:05:48:26	6437
4754	499	Diogo Vieira	00:29:27	01:02:01	01:01:47	5030	Lagos a Correr	V45	631	00:05:48:19	6433
4755	6121	Carlos Branquinho	00:28:51	01:02:01	01:01:54	5060		V35	575	00:05:13:81	5022
4756	4106	Fernanda Cutrim	00:30:14	01:02:01	01:01:58	5080		V35	123	00:05:48:52	6444
4757	7109	Thérèsa Dias	00:33:47	01:02:01	00:58:30	4106		Senior	334	00:04:55:43	3987
4758	3001	João Carradinha	00:30:22	01:02:01	01:01:03	4826	Party Parents	V40	557	00:05:52:98	6566
4759	8893	Sjors Elmans	00:32:41	01:02:02	01:00:59	4810		Senior	1033	00:04:49:28	3691
4760	4356	Mariana Inácio	00:29:58	01:02:02	01:01:36	4984	Corrida das Belas	Senior	335	00:05:24:42	5530
4761	3487	Pedro Ferreira	00:33:48	01:02:02	01:00:38	4711		Senior	1034	00:04:51:43	3785
4762	3488	Ricardo Cruz	00:33:48	01:02:02	01:00:39	4712		V40	558	00:04:51:98	3814
4763	9613	Eduardo Moreira	00:34:21	01:02:02	00:58:56	4226		V50	473	00:04:38:94	3109
4764	9737	Gonçalo Neto	00:31:13	01:02:03	01:01:13	4890		Senior	1035	00:05:26:24	5614
4765	5967	Ricardo Pinho	00:31:14	01:02:03	01:01:15	4894		V50	474	00:05:26:18	5609
4766	8022	Patricia Góis	00:32:54	01:02:03	01:00:25	4660	Os Ladeiras	V45	162	00:04:59:97	4256
4767	310	Carlos Barroso	00:31:17	01:02:03	01:01:14	4893		V55	270	00:05:26:66	5631
4768	5550	Vasco Fernandes	00:30:17	01:02:03	01:01:53	5057		V35	576	00:05:29:85	5768
4769	8042	Daniel Caldeirinha	00:29:10	01:02:04	01:01:46	5027		V35	577	00:05:51:36	6511
4770	11234	Nuno Bustorff	00:33:20	01:02:04	01:00:53	4776		Senior	1036	00:04:37:43	3034



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4771	10276	Carlos Ferreira	00:29:00	01:02:04	01:01:58	5085		V65	45	00:05:38:24	6084
4772	8041	Cíntia Vinagre	00:29:11	01:02:04	01:01:47	5028		V35	124	00:05:51:07	6505
4773	178	Cátia Nogueira	00:30:20	01:02:04	01:01:50	5042		V45	163	00:05:10:38	4856
4774	10089	Ramiro Nunes	00:30:18	01:02:04	01:01:54	5061		V55	271	00:05:30:24	5784
4775	9611	Carolina Morais	00:31:37	01:02:04	01:01:06	4847		Senior	336	00:04:40:21	3182
4776	878	Ana Pisco	00:31:39	01:02:05	01:01:32	4967		Senior	337	00:05:15:11	5088
4777	2014	Inês Antunes	00:32:10	01:02:05	00:59:02	4258	Familia Runner A R	Senior	338	00:05:07:25	4677
4778	11051	Anabela Luís	00:32:19	01:02:05	01:00:26	4666		V55	44	00:04:55:88	4007
4779	4176	Isabel Ferreira	00:30:12	01:02:06	01:02:02	5096	G.D.R. São Francisco da Serra	V45	164	00:05:22:50	5437
4780	215	Isabel Pisco	00:31:40	01:02:06	01:01:32	4966		V55	45	00:05:16:53	5153
4781	10871	Inês Palma	00:29:21	01:02:06	01:00:56	4791		V40	135	00:05:19:00	5261
4782	223	Alexandra Côco	00:30:08	01:02:06	01:01:59	5087		V45	165	00:05:03:39	4456
4783	3069	João Barradas	00:28:59	01:02:07	01:01:57	5075		V45	632	00:05:05:32	4569
4784	6675	Diana Moreira	00:29:33	01:02:07	01:02:03	5103	ForSports	V35	125	00:05:14:49	5063
4785	1015	Ricardo Melitão	00:33:19	01:02:07	00:59:15	4321	ADN GINJAS	V45	633	00:04:36:59	2997
4786	10205	Nuno Manana	00:30:12	01:02:07	01:01:47	5029		V50	475	00:05:16:97	5178
4787	4075	Jônatas Ferreira	00:32:08	01:02:07	01:00:23	4657	Frangos de sapatilhas	V40	559	00:04:55:39	3985
4788	1493	Filipe Figueiredo	00:32:29	01:02:07	00:59:59	4556		V40	560	00:05:03:31	4455
4789	59	Nuno Fernandes	00:31:22	01:02:08	01:01:12	4881		V60	115	00:05:19:84	5307



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4790	8506	Marília Miguel	00:29:51	01:02:08	01:01:42	5011		Senior	339	00:05:16:35	5138
4791	10493	Miguel Silva	00:31:36	01:02:08	01:00:48	4754		V35	578	00:05:17:63	5204
4792	1495	Susana Silva	00:32:29	01:02:08	01:00:01	4564		V45	166	00:05:04:29	4509
4793	550	Alexandre Amado	00:30:09	01:02:08	01:01:27	4946	Carapaus de Corrida	Senior	1037	00:05:16:57	5157
4794	435	Joao Silva	00:31:23	01:02:08	01:01:11	4880		V55	272	00:05:20:16	5326
4795	6259	Mariana Silva	00:31:25	01:02:08	01:01:30	4954		Senior	340	00:04:54:75	3953
4796	1124	Frederico Mittermayer	00:33:35	01:02:08	01:00:33	4694		Senior	1038	00:05:13:74	5018
4797	6863	Sandra Leite	00:31:09	01:02:09	01:01:20	4919		V40	136	00:05:12:23	4948
4798	7601	Leonor Rocha	00:33:35	01:02:09	01:00:33	4692		Senior	341	00:05:13:94	5029
4799	9528	Chantel Nascimento	00:32:46	01:02:09	01:00:13	4612		V35	126	00:05:05:35	4572
4800	6711	Nuno Gomes	00:30:56	01:02:09	01:01:12	4886		V50	476	00:04:58:80	4183
4801	5068	Renato Portela	00:34:11	01:02:09	00:58:33	4118	Grupo Desportivo Santander Totta	V45	634	00:04:50:40	3749
4802	6152	Ricardo Simão	00:34:41	01:02:10	00:58:53	4211	CCDV-Valorsul	V45	635	00:04:00:91	1179
4803	1071	Maria Saldanha	00:33:46	01:02:10	00:58:57	4236		V45	167	00:04:37:71	3057
4804	2298	Maria Matos	00:30:48	01:02:11	01:01:18	4910	GDC Banco de Portugal	V50	88	00:05:07:52	4693
4805	1398	João Azevedo	00:29:47	01:02:11	01:02:06	5120		V50	477	00:05:23:28	5477
4806	5167	Larissa Domingues	00:31:10	01:02:11	01:01:28	4950		Senior	342	00:05:05:26	4566
4807	6320	Pedro Gomes	00:30:47	01:02:11	01:01:15	4896		V45	636	00:05:17:91	5220
4808	11295	Daniel Trigo	00:33:47	01:02:11	00:58:58	4240		V35	579	00:04:37:30	3030



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4809	9502	Ana Lopes	00:33:07	01:02:12	00:58:58	4239		V40	137	00:04:49:59	3708
4810	1849	Rita Ferreira	00:33:58	01:02:12	01:00:09	4594		Senior	343	00:04:29:40	2596
4811	1502	Nuno Teixeira	00:29:03	01:02:12	01:01:45	5020		V35	580	00:05:45:19	6324
4812	1834	Rafael Botelho	00:33:58	01:02:12	01:00:10	4598		Senior	1039	00:04:29:75	2612
4813	7389	Bruno Rolim	00:29:12	01:02:12	01:01:53	5056		V40	561	00:05:12:14	4942
4814	452	Rita Mendes	00:32:14	01:02:12	01:01:19	4914		Senior	344	00:04:53:03	3862
4815	1751	Mafalda Pinheiro	00:32:58	01:02:13	00:58:50	4198	DP&A	V35	127	00:04:52:74	3848
4816	2274	Ricardo Miranda	00:30:42	01:02:13	01:01:04	4839		V45	637	00:05:16:37	5139
4817	13008	Manuel Correia	00:30:41	01:02:13	01:02:05	5115		V40	562	00:04:49:90	3724
4818	10030	Maria Sousa	00:30:19	01:02:13	01:02:02	5098		V75	1	00:05:02:43	4401
4819	6742	Alex Laan	00:34:06	01:02:13	01:00:48	4753		V55	273	00:04:41:03	3231
4820	8448	Luis Lopes	00:32:15	01:02:13	01:01:24	4935		V45	638	00:04:49:34	3695
4821	6741	Anna Laan	00:34:06	01:02:13	01:00:48	4752		Senior	345	00:04:41:45	3255
4822	9511	Ricardo Santos	00:28:13	01:02:13	01:01:36	4980		V45	639	00:05:55:95	6663
4823	1504	Ricardo Frutuoso	00:32:56	01:02:13	00:58:51	4200	DP&A	V45	640	00:04:52:58	3839
4824	4618	António Dias	00:30:25	01:02:14	01:01:57	5072	Link	V55	274	00:05:19:56	5290
4825	7051	Ana Freitas	00:29:11	01:02:14	01:02:07	5123		V40	138	00:05:51:00	6502
4826	10627	Antonio Tafula	00:31:15	01:02:14	01:01:25	4940		V75	2	00:05:10:08	4840
4827	822	Lara Pereira	00:33:16	01:02:14	01:00:34	4695		V40	139	00:04:53:34	3880



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4828	1631	Liliana Sousa	00:31:51	01:02:14	01:01:06	4852		V35	128	00:05:17:40	5195
4829	634	Teresa Silva	00:33:13	01:02:15	01:00:33	4693		V50	89	00:04:53:38	3883
4830	4052	Pedro Santos	00:33:02	01:02:15	00:59:35	4438		V40	563	00:04:44:99	3474
4831	1896	Ágnes Koppányi	00:31:15	01:02:17	01:01:29	4951	Run Tejo - Prevent Sprain	V35	129	00:05:16:55	5154
4832	4898	Francisco Ricca	00:30:56	01:02:17	01:01:03	4825	Team Ricca	Senior	1040	00:05:14:16	5043
4833	3923	Antonio Cirillo	00:33:53	01:02:17	00:59:38	4462		V35	581	00:05:11:78	4927
4834	5983	Rui Branco	00:33:46	01:02:17	00:59:17	4333		V50	478	00:04:39:57	3141
4835	3503	Marta Loureiro	00:31:17	01:02:17	01:02:00	5089		V35	130	00:05:16:71	5163
4836	9574	Paulo Fonseca	00:30:56	01:02:17	01:01:41	5008		V45	641	00:05:56:89	6691
4837	753	Andre Moreira	00:29:50	01:02:18	01:01:37	4986		V35	582	00:05:24:56	5539
4838	3781	Ana Gonçalves	00:33:14	01:02:18	01:00:36	4704	Clube Millennium BCP	V45	168	00:04:31:64	2722
4839	1260	Patrícia Miranda	00:31:35	01:02:19	01:01:06	4850		V45	169	00:05:12:76	4973
4840	8815	Ricardo Oliveira	00:29:11	01:02:19	01:02:13	5145		V45	642	00:05:36:96	6025
4841	1226	Francisco Paulos	00:30:25	01:02:20	01:01:52	5051	FIDELIDADE GDC	V45	643	00:05:34:88	5955
4842	4371	Pedro Fonseca	00:29:04	01:02:20	01:02:11	5136	Clube Tecnovia	V45	644	00:05:37:67	6051
4843	11273	Eric Livesay	00:30:42	01:02:20	01:01:36	4979		V50	479	00:05:26:94	5644
4844	4151	Luís Capita	00:30:03	01:02:20	01:02:16	5158		Senior	1041	00:05:49:65	6471
4845	3631	Luís Viegas	00:33:21	01:02:20	01:00:14	4617		Senior	1042	00:05:28:18	5698
4846	2756	Vanessa Baptista	00:30:04	01:02:21	01:02:17	5167		V35	131	00:05:49:94	6478



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4847	2757	Pedro Fraga	00:30:04	01:02:21	01:02:18	5168		Senior	1043	00:05:50:07	6479
4848	2546	Ana Pereira	00:32:22	01:02:21	01:00:27	4667		Senior	346	00:05:29:69	5760
4849	9278	Renata Vaz	00:34:32	01:02:21	00:58:34	4123	Pichas de Melro	Senior	347	00:04:30:30	2644
4850	5751	Frederico Rocha	00:29:43	01:02:21	01:01:56	5066		V35	583	00:05:52:45	6547
4851	5800	Ana Saramago	00:29:43	01:02:21	01:01:57	5071		V40	140	00:05:51:52	6515
4852	6127	Cláudio Reis	00:32:23	01:02:21	01:01:30	4955		Senior	1044	00:05:18:33	5235
4853	10725	Miguel Garcia	00:33:39	01:02:21	01:00:18	4634		Senior	1045	00:04:35:35	2916
4854	5136	Dmitrii Khrebin	00:31:02	01:02:22	01:01:57	5073		V45	645	00:05:07:23	4675
4855	10724	Rui Garcia	00:33:38	01:02:22	01:00:19	4639		V50	480	00:04:34:19	2844
4856	5568	Diogo Pinto	00:32:23	01:02:22	01:01:30	4957		Senior	1046	00:05:19:22	5274
4857	2878	Victoria Mata	00:30:45	01:02:22	01:02:19	5175		V70	1	00:05:00:44	4287
4858	6429	Ana Reis	00:29:25	01:02:22	01:01:57	5070	Corrida das Belas	V45	170	00:05:39:73	6133
4859	7868	Eva Lourenço	00:29:34	01:02:23	01:02:18	5171		V40	141	00:05:23:05	5461
4860	2011	Rafael Galleani	00:31:31	01:02:23	01:00:31	4686		Senior	1047	00:05:23:88	5499
4861	9600	Bernardo Marques	00:32:21	01:02:23	00:59:43	4484		Senior	1048	00:05:31:13	5819
4862	6745	Irene Pereira	00:29:49	01:02:23	01:01:58	5083		V55	46	00:05:10:08	4839
4863	2891	Miguel Castela	00:30:54	01:02:24	01:02:07	5126		V50	481	00:04:54:95	3960
4864	444	Cecilia Nicolau	00:30:52	01:02:24	01:02:10	5133		V55	47	00:04:55:01	3963
4865	560	Adelino Correia	00:30:35	01:02:25	01:02:19	5176	Amigos da Corrida	V65	46	00:05:06:53	4638





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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4866	9872	Márcio Barros	00:31:22	01:02:25	00:59:49	4513		V40	564	00:05:11:06	4887
4867	11146	Jana-Christina Dessien	00:32:14	01:02:25	01:01:23	4933		Senior	348	00:04:55:37	3983
4868	7797	Tania Ribas	00:30:48	01:02:25	01:02:08	5127		V35	132	00:05:13:56	5013
4869	7031	Paula Monteiro	00:30:47	01:02:25	01:02:08	5128	LIFE STYLE	V55	48	00:04:58:99	4197
4870	9994	Andreia Amaro	00:31:00	01:02:26	01:02:02	5099		V35	133	00:05:06:36	4630
4871	4600	Maria Coronha	00:31:01	01:02:26	01:02:03	5107		V40	142	00:05:06:09	4617
4872	7030	Carla Ferreira	00:30:47	01:02:26	01:02:25	5199	LIFE STYLE	V35	134	00:04:59:49	4229
4873	4474	Mariana Farinha	00:31:05	01:02:26	01:01:24	4936		Senior	349	00:05:10:36	4852
4874	8227	Mariana Rocha	00:33:58	01:02:26	01:00:24	4659		Senior	350	00:04:34:56	2867
4875	1898	Carlos Santos	00:29:14	01:02:27	01:02:24	5197	Clube Ferroviário de Portugal	V70	16	00:05:20:91	5370
4876	3497	Filipa Penas	00:32:29	01:02:27	01:00:20	4643		V35	135	00:04:54:73	3951
4877	2383	Cidalia Borges	00:31:01	01:02:27	01:02:03	5109	Clube Novo Banco	V50	90	00:05:06:57	4643
4878	11066	Tiago Marques	00:34:55	01:02:27	00:58:33	4122		V45	646	00:04:37:49	3041
4879	10721	José Veiga	00:34:55	01:02:27	00:59:05	4277		V60	116	00:04:15:36	1870
4880	442	Célia Azenha	00:30:55	01:02:27	01:02:13	5148		V55	49	00:04:57:50	4104
4881	11065	Pedro Marques	00:34:54	01:02:27	00:58:33	4121		V45	647	00:04:38:61	3096
4882	5236	João Chambel	00:31:54	01:02:27	01:01:16	4897	Fisio na Linha	V35	584	00:05:25:15	5569
4883	1298	Lurdes Silva	00:30:35	01:02:27	01:02:22	5188		V55	50	00:05:09:01	4777
4884	1735	Maria Almeida	00:30:19	01:02:27	01:02:18	5169	SIMECQ	V50	91	00:05:09:11	4783



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4885	3784	Sérgio Gonçalves	00:33:14	01:02:28	01:00:45	4737	Clube Millennium BCP	V50	482	00:04:41:23	3242
4886	7554	António Rodrigues	00:33:16	01:02:28	01:01:09	4871	Os Galgos	V60	117	00:05:03:03	4441
4887	5433	André Morgado	00:28:36	01:02:28	01:02:27	5207	Clube ANA Lisboa	Senior	1049	00:05:40:66	6161
4888	2498	Lucia Alves	00:31:19	01:02:28	01:02:13	5149		V50	92	00:05:11:48	4908
4889	3777	Dulce Ramos	00:29:55	01:02:28	01:02:03	5105	Clube Millennium BCP	V50	93	00:05:36:35	6002
4890	7418	Rúben Miranda	00:31:54	01:02:28	01:01:18	4904	Fisio na Linha	V35	585	00:05:26:35	5617
4891	8504	Ana Ginete	00:30:28	01:02:29	01:02:02	5097		Senior	351	00:05:27:85	5686
4892	3311	André Afonso	00:29:37	01:02:29	01:02:14	5152	OutSystems Runners	V40	565	00:05:48:98	6462
4893	4493	Vitor Vieira	00:29:34	01:02:29	01:02:23	5196		V45	648	00:04:59:63	4234
4894	8832	Leonor Freitas	00:33:51	01:02:29	01:00:15	4622		Junior	33	00:04:44:75	3454
4895	9785	Luis Madeira	00:33:01	01:02:30	00:59:24	4372		V50	483	00:04:47:57	3598
4896	10897	Benedita Figueiredo	00:33:40	01:02:30	00:59:02	4263	Os Cansados	Senior	352	00:04:50:47	3752
4897	7787	Luisa Lopes	00:30:56	01:02:30	01:01:50	5045		V55	51	00:05:09:83	4826
4898	5806	Hill Almeida	00:30:28	01:02:30	01:01:51	5048		V40	566	00:06:13:26	7085
4899	9757	Angelo Cardoso	00:29:50	01:02:30	01:02:08	5129	Os Monstrinhos	V50	484	00:05:36:54	6012
4900	7285	Florbela Inácio	00:32:15	01:02:30	01:01:49	5036	Associação Corrida Noturna Parque das Nações	V50	94	00:04:39:12	3120
4901	10491	Jose Pardo	00:32:47	01:02:31	01:00:44	4732		V45	649	00:05:01:99	4364
4902	6627	Leonor Rodrigues	00:33:20	01:02:31	01:01:18	4903		Senior	353	00:05:04:43	4521
4903	1230	Nuno Freire	00:30:34	01:02:31	01:01:57	5076		V35	586	00:05:33:67	5917



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4904	1141	Raul Louzeiro	00:33:18	01:02:32	00:59:40	4471	ADN GINJAS	V35	587	00:05:00:33	4280
4905	270	Claudia Garcia	00:31:10	01:02:32	01:01:42	5012	Lebres do Oeste	V40	143	00:04:55:65	3998
4906	7598	Carolina Ferreira	00:29:54	01:02:32	01:02:28	5214		Senior	354	00:05:32:52	5867
4907	2841	João Reis	00:30:08	01:02:32	01:02:07	5125	Valejas Atlético Clube - O Muchacho Barcarena	V55	275	00:05:38:64	6100
4908	3544	Pedro Toscano	00:33:39	01:02:32	01:00:05	4578		V40	567	00:05:19:67	5300
4909	2854	Pedro Ferreira	00:29:10	01:02:33	01:01:42	5014	Valejas Atlético Clube - O Muchacho Barcarena	V40	568	00:05:36:66	6016
4910	10415	Joana Fortuna	00:30:39	01:02:33	01:01:39	4998		V35	136	00:05:28:90	5726
4911	4294	Mariana Guimarães	00:32:38	01:02:33	01:00:13	4610		Senior	355	00:05:09:80	4821
4912	2957	António Moita	00:29:39	01:02:33	01:01:47	5031		V55	276	00:05:02:93	4436
4913	11335	José Reis	00:30:38	01:02:33	01:01:40	4999		V60	118	00:05:30:24	5783
4914	5997	Fátima Lucas	00:29:39	01:02:34	01:02:33	5226		V50	95	00:05:12:51	4963
4915	3369	Carlos Guerreiro	00:29:38	01:02:34	01:02:17	5165		V60	119	00:05:08:86	4772
4916	9658	Filipa Marcos	00:30:31	01:02:35	01:01:56	5067	As Pachecas	V45	171	00:05:44:56	6303
4917	2905	Ana Maru	00:32:07	01:02:35	01:00:39	4715	GDCT Unicre	Senior	356	00:04:44:67	3447
4918	10677	Alexandre Abreu	00:33:29	01:02:35	01:01:35	4975		V40	569	00:04:50:07	3735
4919	4733	Pedro Pereira	00:30:15	01:02:35	01:02:05	5116		V50	485	00:05:19:62	5296
4920	10065	Catarina Neves	00:33:47	01:02:35	01:00:52	4764		V35	137	00:04:41:99	3284
4921	3169	Cristina Stresna	00:30:56	01:02:36	01:01:20	4921		Senior	357	00:05:29:95	5771
4922	10105	Matteo Campos	00:29:49	01:02:36	01:02:23	5192		Senior	1050	00:05:53:45	6581



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4923	9639	Tomás Fernandes	00:32:48	01:02:36	01:00:41	4723	GDCT Unicre	Senior	1051	00:04:45:97	3524
4924	1020	Diogo Mendes	00:34:02	01:02:36	00:59:21	4356		Senior	1052	00:04:46:73	3557
4925	2650	Francisco Soares	00:33:31	01:02:37	01:01:37	4987		V45	650	00:04:51:45	3786
4926	2934	Sergio Rodelo	00:33:43	01:02:37	00:59:34	4436		V50	486	00:04:45:00	3476
4927	8430	Jakob Waldenmaier	00:32:03	01:02:37	01:01:32	4963		Senior	1053	00:05:22:33	5431
4928	3324	Mário Coelho	00:30:48	01:02:37	01:01:45	5021		V60	120	00:05:26:23	5613
4929	8429	Teresa Santos	00:32:04	01:02:37	01:01:32	4962		Senior	358	00:05:21:76	5412
4930	9733	Evelina Kocharova	00:31:48	01:02:37	01:01:19	4913	GRCD Leião	V35	138	00:05:11:43	4905
4931	10623	Joana Nunes	00:31:30	01:02:37	01:01:26	4942		V40	144	00:05:13:25	4997
4932	7717	Aina Millo	00:31:04	01:02:38	01:02:00	5092		Senior	359	00:05:13:97	5031
4933	9383	Frederico Neto	00:28:40	01:02:38	01:02:36	5243		Senior	1054	00:05:56:49	6676
4934	9061	Bruno Santos	00:34:40	01:02:39	00:59:25	4380		Senior	1055	00:04:29:14	2581
4935	7933	Natalia Fernandes	00:30:55	01:02:39	01:02:04	5113	FIDELIDADE GDC	V45	172	00:05:19:34	5281
4936	7719	Orio Casahuga	00:31:04	01:02:39	01:02:01	5093		V35	588	00:05:14:83	5076
4937	1494	Bruno Duarte	00:34:56	01:02:39	00:59:41	4477		V40	570	00:04:39:29	3128
4938	11116	Nadia Candeias	00:33:06	01:02:39	01:01:09	4869		Senior	360	00:04:57:24	4075
4939	5553	João Sampaio	00:33:04	01:02:40	01:01:09	4867		Senior	1056	00:04:57:08	4067
4940	466	Philipe Rodrigues	00:31:15	01:02:40	01:01:57	5077		V35	589	00:04:58:64	4167
4941	11310	Catia Tavares	00:31:13	01:02:40	01:02:18	5173		Senior	361	00:05:32:44	5863



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4942	6185	Bernardo Duarte	00:31:15	01:02:40	01:01:58	5082		V35	590	00:04:58:99	4198
4943	7369	Olena Yurchyk	00:33:01	01:02:41	01:00:50	4761	SD Sports Team	Senior	362	00:04:55:96	4012
4944	9264	Francisco Baptista	00:33:48	01:02:41	01:00:23	4654		Senior	1057	00:04:35:27	2913
4945	1463	Tiago Vitor	00:28:51	01:02:41	01:02:27	5208		V35	591	00:05:37:34	6041
4946	9263	Joana Matias	00:33:47	01:02:41	01:00:23	4653		Senior	363	00:04:35:93	2957
4947	9830	Diogo Melo	00:30:48	01:02:41	01:01:42	5009		Senior	1058	00:05:16:57	5158
4948	7716	Luís Conceição	00:30:59	01:02:41	01:02:09	5130		V60	121	00:05:42:96	6250
4949	7762	Esmeralda Ramalho	00:30:51	01:02:42	01:02:21	5182		V50	96	00:05:17:62	5202
4950	4803	Mário Bento	00:32:23	01:02:42	01:01:16	4898		Senior	1059	00:05:00:77	4305
4951	4757	Thierry Ruggeri	00:30:35	01:02:42	01:02:26	5205		V55	277	00:05:37:07	6031
4952	5131	Vera Pinto	00:34:02	01:02:42	00:59:27	4393		V50	97	00:04:53:33	3877
4953	10278	Rita Kinch	00:31:07	01:02:42	01:02:10	5131		Senior	364	00:05:08:48	4752
4954	4460	Ruben Pampilhosa	00:31:21	01:02:42	01:00:44	4734		Senior	1060	00:05:45:52	6333
4955	333	Francisco Gonçalves	00:30:57	01:02:42	01:02:06	5119		Senior	1061	00:05:17:09	5182
4956	2789	Susana Cardoso	00:30:41	01:02:43	01:02:33	5231	FIDELIDADE GDC	V35	139	00:05:16:89	5172
4957	332	Sofia Gonçalves	00:30:57	01:02:43	01:02:06	5118		Senior	365	00:05:17:27	5185
4958	9594	João Ferreira	00:34:23	01:02:43	00:59:14	4314		Senior	1062	00:04:42:96	3335
4959	3354	Sandra Cruz	00:31:07	01:02:43	01:02:10	5135	FIDELIDADE GDC	V50	98	00:05:08:81	4770
4960	1622	Maria Oliveira	00:30:27	01:02:43	01:02:21	5185		V65	5	00:05:20:72	5356



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4961	10983	Victor Urtiaga	00:29:36	01:02:43	01:01:59	5086		V55	278	00:05:26:01	5607
4962	5130	Miguel Ferreira	00:34:02	01:02:43	00:59:29	4410		V55	279	00:04:53:24	3875
4963	6565	Ricardo Leitão	00:34:24	01:02:43	00:59:14	4316		Senior	1063	00:04:43:15	3344
4964	4495	Sara Ferreira	00:31:33	01:02:43	01:01:49	5038		V45	173	00:05:23:92	5503
4965	6792	Daniela Gameiro	00:33:39	01:02:43	00:59:41	4478		Senior	366	00:04:58:22	4140
4966	9621	David Oliveira	00:31:06	01:02:44	00:59:50	4514		Senior	1064	00:05:26:42	5621
4967	4804	Carlos Vitor	00:32:23	01:02:44	01:01:18	4911		V55	280	00:05:02:07	4373
4968	2206	Crina Oltean	00:33:47	01:02:44	01:00:26	4665	Farmativa	V35	140	00:04:51:03	3771
4969	7649	Pedro Vilhena	00:30:43	01:02:45	01:02:43	5275	Os Kotas	V35	592	00:05:03:95	4483
4970	1309	André Carinhas	00:29:42	01:02:45	01:02:27	5210		V45	651	00:05:48:45	6441
4971	1306	Patrícia Flamino	00:29:43	01:02:45	01:02:27	5211		V45	174	00:05:48:13	6431
4972	4512	Rui Velez	00:31:34	01:02:45	01:01:50	5039		V55	281	00:05:25:94	5603
4973	9435	Sofia Duarte	00:32:16	01:02:45	01:01:34	4972		V35	141	00:05:13:62	5016
4974	3020	Ana Rolo	00:30:34	01:02:46	01:02:27	5209		V55	52	00:05:29:96	5772
4975	8058	Frederico Marques	00:30:47	01:02:46	01:01:48	5034		Senior	1065	00:05:00:66	4301
4976	1926	Rita Soares	00:30:08	01:02:47	01:02:40	5263		V45	175	00:05:27:81	5680
4977	9614	Filipa Flório	00:30:08	01:02:47	01:02:43	5274		Senior	367	00:05:35:38	5973
4978	3712	Christian Luwisch	00:31:15	01:02:47	01:01:53	5058	NetJets	V50	487	00:05:10:64	4871
4979	8942	M. Teresa	00:30:41	01:02:47	01:02:17	5162		V45	176	00:05:16:52	5152



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4980	10863	Mateusz Jankowski	00:34:23	01:02:47	00:59:21	4354		V35	593	00:04:42:92	3330
4981	1254	Diogo Gonçalves	00:34:05	01:02:48	01:00:37	4707	AMIGOS DE PEVA	Junior	117	00:04:44:22	3411
4982	4210	Catarina Silva	00:30:12	01:02:48	01:02:33	5230		V40	145	00:05:01:49	4338
4983	10566	Vera Albuquerque	00:33:34	01:02:48	01:00:02	4567		Senior	368	00:04:45:13	3485
4984	1427	Pedro Simoes	00:32:15	01:02:49	01:00:38	4710		V50	488	00:05:25:77	5593
4985	7644	Maria Chainho	00:29:49	01:02:49	01:02:45	5286	Os Kotas	V60	14	00:05:07:96	4721
4986	4699	Tiago Sousa	00:33:11	01:02:49	00:59:10	4297		V40	571	00:04:30:67	2667
4987	8484	Nuno Rodrigues	00:29:30	01:02:50	01:02:19	5174	Cruz de Pau feito	V45	652	00:05:28:00	5694
4988	9789	José Marques	00:33:10	01:02:50	00:59:11	4305		Senior	1066	00:04:31:65	2724
4989	754	João Maria	00:33:09	01:02:50	00:59:11	4300		V35	594	00:04:32:26	2755
4990	9565	Joana Craveiro	00:33:10	01:02:50	00:59:12	4306		V40	146	00:04:30:72	2672
4991	5766	Paulo Barata	00:34:42	01:02:50	01:00:23	4655		V50	489	00:04:29:96	2624
4992	6915	Filomena Duarte	00:30:12	01:02:50	01:02:37	5246		V45	177	00:05:13:86	5025
4993	8819	Alejandro Ballesteros	00:33:52	01:02:50	00:59:42	4482		V35	595	00:04:40:04	3170
4994	2481	Sérgio Braganca	00:31:55	01:02:51	01:00:47	4745		V45	653	00:05:34:06	5923
4995	7232	Alexandre Duarte	00:29:02	01:02:52	01:02:38	5250		V45	654	00:06:04:21	6876
4996	9437	Bruno Massano	00:28:58	01:02:52	01:02:37	5248		V40	572	00:05:55:72	6657
4997	1966	Manuel Mexia	00:31:35	01:02:52	01:02:04	5110	Clube TAP PORTUGAL	V55	282	00:05:32:77	5880
4998	5159	Paulo Cordeiro	00:31:07	01:02:52	01:01:58	5081		V55	283	00:05:29:19	5742



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4999	2342	Jose Correia	00:31:33	01:02:52	01:02:04	5111		V60	122	00:05:32:71	5878
5000	1272	Gilberto Gonçalves	00:31:21	01:02:52	01:02:12	5140	Clube Atletismo Amigos de Belém	V75	3	00:05:28:22	5701
5001	11092	Carlos Carrilo	00:32:19	01:02:52	01:01:52	5053		V35	596	00:05:05:62	4591
5002	10645	Nuno Mendes	00:30:07	01:02:53	01:02:16	5159		V45	655	00:05:38:55	6095
5003	10916	Marta Botelho	00:33:08	01:02:53	01:01:21	4924		Senior	369	00:04:55:11	3967
5004	5717	Gonçalo Basto	00:36:15	01:02:53	00:59:33	4425		Senior	1067	00:04:06:39	1421
5005	7189	Nuno Pinto	00:31:57	01:02:53	01:02:34	5235	Nuno_Rui	V50	490	00:05:29:83	5765
5006	4410	Bruno Pereira	00:36:13	01:02:54	00:59:37	4451	Os Faiscas	Senior	1068	00:04:06:92	1436
5007	6844	Teresa Gonçalves	00:31:06	01:02:54	01:02:37	5245		V50	99	00:05:08:07	4729
5008	6123	Miguel Nunes	00:34:40	01:02:54	00:59:40	4469		Senior	1069	00:04:41:48	3258
5009	9079	Mauro Gaspar	00:28:59	01:02:54	01:02:40	5260		V40	573	00:05:58:26	6725
5010	3794	Leonel Brandão	00:29:13	01:02:54	01:02:33	5229	Clube Millennium BCP	V55	284	00:05:07:32	4680
5011	2661	José Domingos	00:35:27	01:02:54	01:02:43	5280	JDM Atletismo	V45	656	00:05:20:74	5357
5012	1143	Cathrine Borkop	00:32:48	01:02:55	01:01:36	4983	Borkops	V45	178	00:04:56:11	4019
5013	7086	Francisco Pinheiro	00:32:24	01:02:55	01:01:12	4887		V65	47	00:04:59:94	4251
5014	3303	Maria Portalegre	00:31:32	01:02:55	01:02:18	5170	Os de sempre	Senior	370	00:05:19:86	5309
5015	2581	Nuno Pereira	00:29:39	01:02:56	01:02:44	5282	Sporting Clube de Casainhos	V50	491	00:05:59:12	6749
5016	1529	Daniel Estrelinha	00:31:13	01:02:56	01:02:12	5139		Senior	1070	00:04:59:40	4223
5017	8951	César Simões	00:33:17	01:02:57	01:01:39	4996		V45	657	00:04:37:27	3027





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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5018	8316	Carolina Pereira	00:30:25	01:02:57	01:02:51	5304		Senior	371	00:05:42:24	6227
5019	6881	Carlos Martins	00:34:03	01:02:57	00:59:51	4526		Senior	1071	00:05:04:30	4512
5020	1528	Júlio Estrelinha	00:31:13	01:02:57	01:02:11	5138		V50	492	00:05:00:59	4296
5021	7924	Cristina Loureiro	00:30:43	01:02:57	01:02:39	5255		V40	147	00:05:30:73	5802
5022	10643	Sofia Laia	00:29:59	01:02:57	01:01:57	5068		Senior	372	00:05:34:15	5926
5023	5548	João Antunes	00:33:12	01:02:58	01:00:13	4611		Senior	1072	00:04:53:03	3863
5024	8541	Maria Machado	00:30:50	01:02:58	01:02:57	5331		V60	15	00:05:20:36	5331
5025	10890	Jonathan Guihard	00:33:07	01:02:58	01:02:10	5132		V40	574	00:04:23:83	2315
5026	10165	Tan Aline	00:31:24	01:02:59	01:01:48	5033		V40	148	00:05:14:56	5065
5027	2256	Fernanda Lopes	00:30:20	01:02:59	01:02:13	5150		V55	53	00:05:20:98	5373
5028	13007	Lia Neto	00:30:42	01:02:59	01:02:51	5302		V40	149	00:05:35:21	5969
5029	7441	Rúben Ribeiro	00:33:53	01:02:59	01:00:17	4629	Ciência Viva	Senior	1073	00:04:41:25	3244
5030	5826	Patrícia Lara	00:31:54	01:02:59	01:00:30	4677		V40	150	00:05:12:70	4972
5031	7696	Diogo Sousa	00:31:50	01:02:59	01:02:28	5216		Junior	118	00:05:07:72	4703
5032	3193	Claudio Sousa	00:31:50	01:02:59	01:02:29	5218		V45	658	00:05:07:77	4707
5033	3492	António Bento	00:31:12	01:03:01	01:01:54	5059		V50	493	00:05:14:35	5054
5034	9883	Fábio Pires	00:33:28	01:03:01	00:59:34	4432	Os Cansados	V35	597	00:04:16:75	1953
5035	1924	Ivo Cardoso	00:35:31	01:03:01	01:00:45	4739	Limited Edition Team	V40	575	00:04:32:23	2753
5036	9882	Rui Veiga	00:33:26	01:03:01	00:59:33	4428	Os Cansados	V45	659	00:04:16:45	1930



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5037	7952	Joel Castanier	00:31:51	01:03:02	01:02:25	5200		V60	123	00:05:22:95	5454
5038	5002	Diogo Correia	00:34:01	01:03:02	00:59:28	4398	Martins Fernandes	V35	598	00:04:19:68	2098
5039	3199	Pureza Reis	00:31:51	01:03:02	01:01:27	4947	Workoutside	V35	142	00:05:04:78	4543
5040	9886	Paulo Gonçalves	00:33:27	01:03:02	00:59:36	4444	Os Cansados	V35	599	00:04:18:06	2017
5041	4454	Mariana Esteves	00:30:46	01:03:02	01:02:13	5151		Senior	373	00:05:20:22	5328
5042	10632	Gastão Vale	00:34:01	01:03:02	00:59:52	4528		V35	600	00:04:52:44	3831
5043	9887	João Pereira	00:33:26	01:03:02	00:59:36	4445	Os Cansados	V40	576	00:04:17:60	1992
5044	4948	Patrícia Pereira	00:30:56	01:03:02	01:02:43	5276		Senior	374	00:05:26:51	5629
5045	4039	José Cecílio	00:30:19	01:03:03	01:02:52	5308	GMCJamor	V50	494	00:05:31:19	5820
5046	10637	Ricardo Barrué	00:33:58	01:03:03	00:59:35	4443		Senior	1074	00:04:57:09	4068
5047	11280	Oleg Vedmed	00:31:20	01:03:03	01:01:50	5043		Senior	1075	00:05:07:36	4683
5048	6471	João Antunes	00:33:52	01:03:04	01:02:05	5114		Senior	1076	00:04:47:05	3575
5049	1368	Pedro Pinto	00:33:41	01:03:04	00:59:37	4454		V40	577	00:04:04:03	1313
5050	668	Joana Oliveira	00:31:04	01:03:04	01:02:57	5328		V35	143	00:05:34:55	5942
5051	8307	Sandra Teodoro	00:31:30	01:03:04	01:02:43	5278	GMCJamor	V45	179	00:05:13:70	5017
5052	10477	Patrícia Marques	00:33:02	01:03:04	00:59:55	4539		Senior	375	00:05:01:16	4321
5053	3180	Ruflides Catendo	00:31:59	01:03:05	01:01:23	4931		Senior	1077	00:04:47:55	3594
5054	1444	Tiago Silva	00:31:10	01:03:05	01:02:55	5322		V35	601	00:05:07:95	4719
5055	7221	Sara Camões	00:31:30	01:03:05	01:02:44	5284	GMCJamor	V40	151	00:05:14:46	5062



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5056	8269	Joao Candeias	00:27:42	01:03:05	01:02:52	5307		V35	602	00:06:19:33	7198
5057	1074	Joana Seabra	00:30:29	01:03:05	01:01:42	5013		Senior	376	00:05:14:65	5068
5058	5812	Miguel Agrela	00:31:43	01:03:05	01:02:20	5179		Senior	1078	00:04:47:49	3589
5059	10027	Afonso Nogueira	00:31:56	01:03:06	01:02:16	5160		V35	603	00:04:45:35	3496
5060	3190	João Ferreira	00:33:38	01:03:06	00:59:27	4394		Senior	1079	00:04:44:25	3415
5061	3198	Rita Alves	00:32:03	01:03:07	01:01:30	4958	Workoutside	V40	152	00:05:22:92	5452
5062	11206	Ricardo Singeis	00:29:24	01:03:07	01:01:58	5084		Senior	1080	00:06:14:92	7108
5063	3145	Claudia Custódio	00:30:54	01:03:08	01:02:31	5224		V45	180	00:05:18:31	5234
5064	929	Patricia Limbert	00:31:00	01:03:08	01:02:41	5266		V50	100	00:05:32:59	5872
5065	928	Nuno Piedade	00:31:00	01:03:08	01:02:41	5265		V50	495	00:05:32:52	5868
5066	6223	Ettijani Hachli	00:32:25	01:03:08	01:00:06	4586		Senior	1081	00:04:51:70	3800
5067	11094	Tess Dury	00:34:52	01:03:08	01:01:20	4920		Senior	377	00:04:22:61	2258
5068	4038	Teresa Simoes	00:34:34	01:03:09	01:01:02	4822		V45	181	00:04:38:86	3102
5069	2610	Nuno Barradas	00:31:03	01:03:09	01:01:11	4879	Pé de atleta	V40	578	00:05:12:34	4954
5070	3017	Délio Charrua	00:32:39	01:03:09	01:02:22	5187	Treino no Park	V40	579	00:03:38:85	460
5071	5712	Luís Gomes	00:33:30	01:03:09	01:00:31	4684		Senior	1082	00:04:54:58	3941
5072	1848	Mafalda Tomás	00:31:54	01:03:09	01:01:40	5001		V35	144	00:05:16:02	5132
5073	2121	Tiago Luís	00:30:19	01:03:10	01:02:53	5311		V40	580	00:05:45:43	6330
5074	9647	Sílvia Mourão	00:33:54	01:03:10	01:00:34	4701		V35	145	00:04:57:05	4064



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5075	10584	Tania Rodrigues	00:30:47	01:03:10	01:02:12	5141		V40	153	00:05:31:04	5812
5076	5105	Teresa Alexandra	00:34:35	01:03:10	01:01:04	4838		Senior	378	00:04:41:03	3235
5077	10585	Joana Santos	00:30:45	01:03:10	01:02:13	5147		V35	146	00:05:30:71	5801
5078	6618	Sílvia Azevedo	00:33:21	01:03:10	01:01:57	5069		Senior	379	00:05:05:64	4593
5079	4037	Antonio Simoes	00:34:35	01:03:10	01:01:04	4837		V45	660	00:04:40:59	3205
5080	4223	Sofia Fernandes	00:29:49	01:03:11	01:03:05	5371	Bobadelas Running Team	V35	147	00:05:43:22	6259
5081	1964	Maria Gonçalves	00:31:33	01:03:11	01:02:21	5186	Clube TAP PORTUGAL	V55	54	00:05:35:82	5979
5082	1973	Teresa Sepulveda	00:31:34	01:03:11	01:02:23	5194	Clube TAP PORTUGAL	V40	154	00:05:36:00	5986
5083	10583	Sandra Rodrigues	00:30:46	01:03:11	01:02:13	5146		V50	101	00:05:31:28	5822
5084	10259	Renato Araújo	00:30:46	01:03:11	01:02:13	5144		V55	285	00:05:31:41	5828
5085	8290	Dienyfer Prado	00:30:22	01:03:11	01:02:58	5333		Senior	380	00:05:32:35	5858
5086	3851	Carla Vaz	00:31:21	01:03:12	01:02:41	5267	Clube Millennium BCP	V50	102	00:05:06:56	4641
5087	6935	Sérgio Florentino	00:27:55	01:03:12	01:02:51	5305	HS DECOR	V45	661	00:06:13:66	7089
5088	2625	Beatriz Cupido	00:31:22	01:03:13	01:02:38	5251	Amigos do Atletismo de Mafra	Senior	381	00:04:56:77	4048
5089	3396	António André	00:36:27	01:03:13	00:59:27	4395		V35	604	00:04:19:28	2075
5090	7982	Pedro Rocha	00:32:21	01:03:13	01:01:36	4982		V45	662	00:05:27:01	5650
5091	8666	Rute Oliveira	00:30:36	01:03:13	01:02:40	5261		V45	182	00:05:36:01	5987
5092	3489	Jorge Sousa	00:29:20	01:03:14	01:03:11	5399		Senior	1083	00:05:48:33	6440
5093	4812	Afonso Domingos	00:35:02	01:03:14	01:00:05	4580		Junior	119	00:05:05:39	4574



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5094	1488	Eugénia Pinto	00:33:42	01:03:15	01:01:26	4944		V50	103	00:04:54:39	3928
5095	4625	Diogo Ribas	00:31:01	01:03:15	01:02:39	5254	Mac	V35	605	00:05:21:25	5383
5096	9715	Campeian Gomes	00:31:50	01:03:15	01:00:20	4645		Senior	1084	00:05:38:42	6091
5097	4156	João Nunes	00:29:19	01:03:16	01:03:08	5390		V35	606	00:05:34:41	5938
5098	9244	José Teixeira	00:32:29	01:03:16	01:02:03	5101		V40	581	00:05:07:84	4711
5099	282	João Vaz	00:31:33	01:03:16	01:02:20	5177		V55	286	00:05:43:33	6264
5100	6806	Sandra Reis	00:31:56	01:03:16	01:02:22	5190	Talentos Objetivos	V45	183	00:05:14:38	5055
5101	2416	Joaquim Monteiro	00:33:11	01:03:16	01:00:11	4599	Clube Novo Banco	V55	287	00:05:08:32	4743
5102	927	Lurdes Assis	00:33:24	01:03:16	01:02:16	5157		V50	104	00:05:05:92	4604
5103	6804	Hugo Silva	00:31:56	01:03:16	01:02:23	5193	Talentos Objetivos	V40	582	00:05:14:54	5064
5104	2105	Diana Simões	00:31:44	01:03:17	01:03:11	5401	Alentexas	Senior	382	00:05:00:28	4277
5105	3588	Bruno Costa	00:34:16	01:03:17	01:00:20	4642		V35	607	00:05:13:76	5019
5106	942	Rafael Brites	00:32:11	01:03:17	01:02:17	5166		Senior	1085	00:05:06:82	4657
5107	2916	Paulo Marques	00:31:43	01:03:17	01:02:56	5325	GDCT Unice	V55	288	00:05:08:01	4726
5108	2938	Manuel Guerra	00:34:49	01:03:17	01:00:46	4742		Senior	1086	00:04:29:40	2595
5109	2919	Raquel Marques	00:31:43	01:03:18	01:02:55	5321	GDCT Unice	V45	184	00:05:07:78	4708
5110	2909	Gonçalo Oliveira	00:31:44	01:03:18	01:02:55	5320	GDCT Unice	V60	124	00:05:07:14	4668
5111	2955	Rui Almeida	00:34:48	01:03:18	01:00:46	4743		Senior	1087	00:04:29:86	2620
5112	10928	Carolina Oliveira	00:35:02	01:03:19	01:00:28	4669	OTC 7AM	Senior	383	00:04:46:59	3549



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5113	845	Luis Lourenço	00:30:37	01:03:19	01:03:05	5373	Serviços Sociais Montepio	V45	663	00:05:28:62	5714
5114	9272	Sónia Fernandes	00:31:02	01:03:19	01:03:01	5350	GMCJamor	V45	185	00:05:31:69	5833
5115	843	Teresa Quaresma	00:30:36	01:03:19	01:03:06	5381	Serviços Sociais Montepio	V45	186	00:05:28:18	5699
5116	7579	Drielle Ramos	00:29:14	01:03:19	01:03:13	5409		Senior	384	00:06:27:14	7368
5117	9505	Matheus Silva	00:29:14	01:03:19	01:03:13	5405		Senior	1088	00:06:27:49	7372
5118	4955	Paulo Almeida	00:31:34	01:03:19	01:02:30	5219	Serviços Sociais Montepio	V50	496	00:05:24:39	5528
5119	9464	Fábio Morais	00:35:00	01:03:19	00:59:28	4406		V45	664	00:04:26:25	2434
5120	9417	Madalena Martins	00:32:53	01:03:21	01:01:25	4941	Papudos	Senior	385	00:05:20:88	5366
5121	1862	Leonor Loureiro	00:31:41	01:03:21	01:02:16	5156	Falcões Selvagens	Senior	386	00:05:21:53	5403
5122	9174	Mario Costa	00:30:55	01:03:22	01:02:29	5217		V45	665	00:05:28:87	5724
5123	4718	Casper Wittebrood	00:32:46	01:03:22	01:02:26	5204		Senior	1089	00:05:09:51	4797
5124	4717	Kato Kenis	00:32:45	01:03:22	01:02:26	5203		Senior	387	00:05:10:12	4841
5125	7305	Maria Silva	00:31:26	01:03:22	01:02:42	5270	Associação Corrida Noturna Parque das Nações	V55	55	00:05:15:25	5094
5126	6641	Hugo Oliveira	00:30:17	01:03:23	01:01:41	5007		V40	583	00:05:40:56	6156
5127	10873	Fernndo Garcia	00:36:08	01:03:23	00:59:43	4483		V35	608	00:04:20:64	2153
5128	4726	Jorge Barros	00:32:20	01:03:23	01:01:12	4882	Barros Family	V35	609	00:05:12:18	4945
5129	9842	José Rendilheiro	00:30:41	01:03:24	01:02:37	5249	Bankinter	V50	497	00:05:22:68	5445
5130	9843	Sofia Rendilheiro	00:30:46	01:03:24	01:02:35	5238	Bankinter	V45	187	00:05:23:49	5482
5131	10837	Tiago Carvalho	00:30:46	01:03:24	01:02:42	5271		V50	498	00:05:27:83	5685



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5132	4027	Bruno Cantinho	00:32:39	01:03:24	01:01:55	5064		V40	584	00:05:18:96	5258
5133	6304	Andreia Pinto	00:31:09	01:03:24	01:01:25	4939		Senior	388	00:05:57:22	6698
5134	4937	Ana Henriques	00:30:23	01:03:24	01:02:42	5269		V40	155	00:05:20:97	5372
5135	9157	Filipe Polónia	00:30:13	01:03:24	01:02:44	5285		Senior	1090	00:05:22:14	5425
5136	9999	Vitaliy Stavruk	00:31:20	01:03:24	01:02:12	5143		Senior	1091	00:05:27:70	5677
5137	9285	Paulo Santos	00:32:38	01:03:25	01:01:55	5062		V50	499	00:05:19:50	5286
5138	10051	Tânia Santos	00:30:12	01:03:25	01:02:46	5288		Senior	389	00:05:22:83	5449
5139	4648	Maria Silva	00:32:51	01:03:25	01:02:11	5137	Clube Atletismo Amigos de Belém	V50	105	00:05:12:39	4959
5140	11002	Nuno Rodrigues	00:34:15	01:03:25	01:02:00	5091		V35	610	00:04:42:16	3293
5141	5255	Sabrina Tonetto	00:34:15	01:03:26	01:02:01	5095		V40	156	00:04:42:10	3289
5142	8572	Teresa Conceição	00:34:44	01:03:26	01:00:29	4673		V60	16	00:04:40:05	3172
5143	185	Ariana Colaço	00:32:46	01:03:26	01:01:41	5003		Senior	390	00:05:26:67	5632
5144	1193	Ângelo Rosário	00:28:42	01:03:27	01:02:53	5312		V45	666	00:05:40:33	6150
5145	9191	Hernâni Gaspar	00:29:50	01:03:27	01:03:05	5375		V60	125	00:05:18:51	5240
5146	2310	Cássio Heitmann	00:30:11	01:03:27	01:03:24	5443		V55	289	00:05:48:60	6445
5147	5246	Pedro Geraldes	00:31:44	01:03:27	01:03:13	5410		V50	500	00:05:05:34	4571
5148	984	Paulo Conceicção	00:31:15	01:03:27	01:03:07	5384		V50	501	00:04:40:96	3223
5149	1585	Pedro Carvalho	00:30:22	01:03:27	01:03:06	5382		Senior	1092	00:06:20:02	7220
5150	6285	Ricardo Martins	00:32:56	01:03:27	01:02:06	5122		V45	667	00:05:15:40	5101



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5151	9953	Miran Hadzic	00:31:28	01:03:27	01:02:34	5234		V40	585	00:05:25:02	5565
5152	4778	Sarah Serpa	00:33:51	01:03:27	01:00:44	4736		Senior	391	00:05:05:53	4582
5153	4752	Elsa Luis	00:30:17	01:03:28	01:02:59	5337		V50	106	00:05:12:19	4946
5154	10784	Ernesto Monteiro	00:31:12	01:03:28	01:02:39	5258		V50	502	00:05:31:09	5815
5155	184	Rui Flora	00:32:47	01:03:28	01:01:43	5015		V35	611	00:05:28:40	5707
5156	1527	Thiago Salgado	00:30:13	01:03:28	01:03:21	5426		V35	612	00:05:25:43	5577
5157	5590	Ana Zibaia	00:30:12	01:03:28	01:03:04	5368	adventurers	V40	157	00:05:52:76	6560
5158	5582	Vincent Liégeois	00:32:14	01:03:28	01:01:08	4862	Les Rennes des Neiges	V50	503	00:05:08:92	4775
5159	8483	Paulo Eusebio	00:31:29	01:03:29	01:02:57	5332	Cruz de Pau feito	V50	504	00:05:20:13	5324
5160	9081	Darya Zhytynska	00:31:51	01:03:29	01:02:02	5100		V40	158	00:05:22:55	5440
5161	7142	Luisa Torres	00:29:58	01:03:29	01:02:52	5306		Senior	392	00:05:33:58	5914
5162	5330	Pedro Araujo	00:34:12	01:03:29	01:01:36	4985		V35	613	00:05:04:99	4554
5163	5048	Lourenço Almeida	00:33:40	01:03:29	01:00:22	4649		V60	126	00:04:57:49	4103
5164	4676	Jose Gomes	00:30:15	01:03:29	01:02:03	5106		V50	505	00:06:11:46	7042
5165	10227	Beatriz Mirão	00:30:36	01:03:29	01:03:02	5355		Senior	393	00:05:45:16	6322
5166	4930	Salomé Vitorino	00:30:18	01:03:30	01:03:19	5423		V45	188	00:05:20:04	5317
5167	2333	Paula Vicente	00:30:36	01:03:30	01:03:03	5358		V55	56	00:05:45:69	6338
5168	8780	Pedro Antunes	00:29:45	01:03:31	01:03:20	5425		Senior	1093	00:05:04:04	4492
5169	6169	Osvaldo Massomba	00:33:59	01:03:31	01:02:21	5183		V50	506	00:04:50:29	3744





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# CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5170	11312	Xu Wang	00:33:56	01:03:31	00:59:55	4541		V40	586	00:04:56:64	4042
5171	3627	Sandra Branco	00:31:57	01:03:31	01:02:47	5291		V50	107	00:05:19:09	5267
5172	5564	Bárbara Nascimento	00:32:27	01:03:32	01:03:04	5367		V45	189	00:05:21:89	5418
5173	6170	Paulo Coelho	00:34:00	01:03:32	01:02:22	5189		V50	507	00:04:51:21	3776
5174	8091	Vanessa Geringer	00:33:01	01:03:32	01:02:17	5163		Senior	394	00:05:12:09	4939
5175	8310	Luca Kehrer	00:33:01	01:03:32	01:02:17	5164		Senior	1094	00:05:12:20	4947
5176	9363	Paulo Pinheiro	00:34:20	01:03:33	01:00:31	4681		V45	668	00:05:02:32	4395
5177	1987	Raul Machado	00:30:56	01:03:33	01:02:57	5327	SS CGD	V65	48	00:05:31:85	5839
5178	10334	Odete Francisco	00:31:38	01:03:34	01:02:39	5256		V50	108	00:05:22:57	5441
5179	8280	Duarte Porém	00:28:53	01:03:34	01:03:01	5353		V50	508	00:05:38:57	6097
5180	2634	Filipe Morais	00:30:55	01:03:34	01:03:09	5391		Senior	1095	00:05:09:04	4778
5181	3084	Ana Castanho	00:31:06	01:03:34	01:03:24	5440	M&Cs	V50	109	00:05:30:35	5791
5182	10613	Carla Faria	00:30:52	01:03:35	01:02:58	5334		V55	57	00:05:44:47	6301
5183	3495	Tiago Estácio	00:30:55	01:03:35	01:03:10	5398		V40	587	00:05:09:09	4782
5184	3860	Mário Fidalgo	00:31:18	01:03:35	01:01:58	5079	Clube Millennium BCP	V55	290	00:05:10:73	4874
5185	6279	Micael Silva	00:29:41	01:03:35	01:03:06	5378		Senior	1096	00:05:31:07	5814
5186	3674	Anthony Simoes	00:31:24	01:03:36	01:03:16	5411		V55	291	00:05:25:90	5600
5187	7676	João Costa	00:34:06	01:03:36	01:01:03	4828	JFC	V55	292	00:04:51:51	3788
5188	11229	António Sàágua	00:29:37	01:03:36	01:03:08	5387		V55	293	00:05:27:06	5655



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5189	2795	Joana Bragança	00:32:40	01:03:37	01:01:19	4912		Senior	395	00:05:19:59	5294
5190	1024	Maria Carvalheira	00:32:16	01:03:37	01:03:02	5356		Senior	396	00:04:56:43	4035
5191	3159	Augusto Silva	00:34:30	01:03:37	01:00:39	4713	#começamosemmarço	V45	669	00:04:57:02	4059
5192	904	Isabel Carolino	00:30:39	01:03:37	01:02:48	5292		V55	58	00:05:25:78	5594
5193	7675	João Costa	00:34:06	01:03:37	01:01:04	4829	JFC	Senior	1097	00:04:52:07	3816
5194	3672	Arlindo Morais	00:33:22	01:03:37	01:02:06	5121		V50	509	00:05:26:94	5645
5195	1006	Pedro Carvalheira	00:32:16	01:03:37	01:03:02	5357		V50	510	00:04:57:22	4072
5196	11162	Paulo Ramos	00:35:31	01:03:38	01:00:56	4792		V35	614	00:04:32:12	2748
5197	2205	Joao Galveia	00:33:47	01:03:38	01:01:18	4909	Farmativa	V45	670	00:04:50:24	3742
5198	10078	Beatriz Alves	00:31:57	01:03:39	01:03:12	5404		Senior	397	00:05:17:00	5180
5199	7732	Sílvia Ferreira	00:29:57	01:03:39	01:03:23	5432	CAPenafirme	V40	159	00:05:30:88	5808
5200	11219	Tiago Baptista	00:34:42	01:03:39	01:00:50	4760		V45	671	00:04:43:41	3358
5201	166	Marta Pinto	00:31:19	01:03:40	01:03:18	5420		Senior	398	00:05:27:79	5679
5202	3355	Nuno Cruz	00:31:11	01:03:40	01:03:05	5370	FIDELIDADE GDC	V50	511	00:05:23:42	5480
5203	167	Pedro Lomba	00:31:19	01:03:40	01:03:17	5416		Senior	1098	00:05:28:02	5695
5204	3621	Sofia Marques	00:32:55	01:03:40	01:00:49	4756		Junior	34	00:05:05:30	4568
5205	433	Joana Aleixo	00:30:17	01:03:40	01:03:05	5374	Carapaus de Corrida	Senior	399	00:05:50:88	6500
5206	9992	David Oliveira	00:34:42	01:03:40	01:00:57	4799		Senior	1099	00:04:27:84	2525
5207	8798	António Martins	00:30:22	01:03:41	01:03:38	5482	Housemartins Belas	V50	512	00:05:15:23	5093



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5208	10989	José Moreira	00:29:32	01:03:41	01:03:33	5465		V40	588	00:05:56:17	6667
5209	10133	José Palma	00:31:31	01:03:41	01:02:27	5212		V60	127	00:05:11:40	4901
5210	8797	Silvia Duarte	00:30:23	01:03:41	01:03:39	5485	Housemartins Belas	V45	190	00:05:15:56	5110
5211	79	Joao Venancio	00:30:16	01:03:42	01:02:47	5290		V50	513	00:06:02:52	6838
5212	10954	Sebastiao Reino	00:34:11	01:03:42	01:01:36	4978		Senior	1100	00:04:44:00	3400
5213	10953	Maria Lopes	00:34:10	01:03:42	01:01:36	4977		Senior	400	00:04:44:38	3424
5214	9222	Francisco Mendes	00:35:46	01:03:42	00:59:57	4551	Os Didis	Senior	1101	00:04:37:48	3040
5215	7568	Luiz Pereira	00:32:04	01:03:42	01:02:35	5237		Senior	1102	00:04:49:92	3727
5216	6314	Miguel Mora	00:30:51	01:03:43	01:03:03	5362		Senior	1103	00:05:31:88	5844
5217	7098	Nuno Peres	00:31:18	01:03:43	01:02:59	5342		V40	589	00:05:52:54	6550
5218	9579	Christopher Repkow	00:38:12	01:03:43	00:59:50	4515		V35	615	00:04:45:15	3486
5219	5262	Nuno Delgado	00:33:30	01:03:43	01:01:51	5049		V35	616	00:04:41:73	3272
5220	7962	Tatiana Sanches	00:30:38	01:03:43	01:03:38	5480		Senior	401	00:05:43:29	6262
5221	7480	Susana Batista	00:34:11	01:03:44	01:01:27	4948		Senior	402	00:04:57:27	4076
5222	1712	Joana Ferreira	00:31:18	01:03:44	01:03:30	5456		V35	148	00:05:19:69	5302
5223	2636	Cláudia Pereira	00:32:19	01:03:44	01:02:15	5153		V40	160	00:05:11:94	4935
5224	6177	Sérgio Cardoso	00:32:54	01:03:46	01:01:12	4889		V40	590	00:05:46:89	6382
5225	7046	Paulo Monteiro	00:31:17	01:03:47	01:02:59	5343		Senior	1104	00:05:52:30	6545
5226	10002	João Mendes	00:33:19	01:03:47	01:01:29	4952		Senior	1105	00:04:40:98	3229



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5227	11267	João Coelho	00:32:25	01:03:47	01:02:40	5259		Senior	1106	00:05:18:79	5250
5228	6559	Susana Ferreira	00:31:03	01:03:47	01:03:07	5386		V45	191	00:06:10:30	7012
5229	3304	Catarina Esperança	00:31:32	01:03:47	01:03:11	5400	Os de sempre	Senior	403	00:05:12:82	4978
5230	934	Carlos Costa	00:31:33	01:03:47	01:03:17	5414	Clube ANACOM	V50	514	00:05:00:05	4262
5231	4016	Serhiy Kolyada	00:32:53	01:03:47	01:00:47	4744		Senior	1107	00:04:30:47	2657
5232	496	Patrícia Oliveira	00:32:40	01:03:48	01:03:08	5389	Carapaus de Corrida	Senior	404	00:05:10:21	4848
5233	11203	Amy Gruenhut	00:32:28	01:03:48	01:03:04	5365		V40	161	00:05:17:69	5206
5234	11225	Sheetal Shajan	00:34:13	01:03:48	01:01:06	4846		Senior	405	00:05:04:58	4533
5235	6254	Vitor Loureiro	00:30:36	01:03:49	01:03:06	5379		V55	294	00:05:12:88	4981
5236	9326	Carlos Belo	00:30:18	01:03:49	01:03:09	5392	Clube Accenture	V55	295	00:05:19:51	5287
5237	1627	Margarete Pereira	00:31:41	01:03:49	01:03:07	5383		Senior	406	00:05:34:50	5941
5238	4138	Henrique Stehn	00:33:05	01:03:49	01:00:11	4601		Senior	1108	00:05:16:56	5155
5239	4969	Diogo Wissmann	00:30:28	01:03:50	01:02:53	5310	Lindos	V35	617	00:05:29:48	5756
5240	4970	Mariana Wissmann	00:30:30	01:03:50	01:02:54	5317	Lindos	V35	149	00:05:30:36	5792
5241	4974	João Santos	00:29:40	01:03:50	01:02:54	5318	Lindos	V35	618	00:05:40:97	6180
5242	6848	Rodrigo Pinto	00:36:02	01:03:50	01:00:21	4647		V45	672	00:04:48:59	3650
5243	1408	Ricardo Pato	00:32:07	01:03:50	01:03:16	5413		V40	591	00:05:14:98	5083
5244	3330	António Costa	00:29:02	01:03:51	01:03:43	5498		V60	128	00:06:03:43	6859
5245	672	Valdirene Silva	00:33:29	01:03:51	01:01:32	4965		V50	110	00:04:55:69	4000



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5246	8880	Rodrigo Rodrigues	00:33:04	01:03:51	01:02:34	5233		V40	592	00:05:00:11	4269
5247	2457	Ana Sérgio	00:31:30	01:03:52	01:02:49	5295		Senior	407	00:05:24:46	5532
5248	2172	Ana Caliça	00:31:33	01:03:52	01:03:25	5444	Alverca Urban Runners	V45	192	00:05:24:78	5553
5249	3085	Rosana Castanho	00:31:07	01:03:52	01:03:44	5501	M&Cs	Senior	408	00:05:39:82	6134
5250	5238	Vitor Freitas	00:30:54	01:03:52	01:03:46	5508	Lagartas	V55	296	00:05:40:06	6139
5251	2173	Carlos Machado	00:31:32	01:03:52	01:03:24	5442	Alverca Urban Runners	V45	673	00:05:25:91	5602
5252	7337	Paulo Garcia	00:33:03	01:03:52	01:01:41	5005	Garcia Runners	V50	515	00:05:11:03	4885
5253	7338	Maria Garcia	00:33:01	01:03:53	01:01:41	5006	Garcia Runners	Senior	409	00:05:11:23	4895
5254	6656	Hugo Rebelo	00:34:36	01:03:53	01:01:01	4817		V35	619	00:04:48:63	3652
5255	8514	João Manuel	00:31:15	01:03:53	01:03:43	5496		Senior	1109	00:05:04:42	4520
5256	8270	Filipe Moreira	00:30:06	01:03:54	01:03:23	5430		V45	674	00:05:50:42	6487
5257	4295	Milena Alípio	00:31:33	01:03:54	01:03:35	5471		V55	59	00:05:29:45	5754
5258	360	António Almeida	00:30:17	01:03:55	01:03:50	5517	VIA3Runners	V60	129	00:05:24:98	5562
5259	6013	Cátia Malheiros	00:32:56	01:03:56	01:03:19	5422	Equipa Sonho Trambolhos Maravilhosos	V40	162	00:05:27:83	5684
5260	6475	Marco Lemos	00:32:55	01:03:56	01:03:19	5424	Equipa Sonho Trambolhos Maravilhosos	V40	593	00:05:27:72	5678
5261	7444	Eduardo Esteves	00:32:20	01:03:57	01:01:22	4927	Ciência Viva	Senior	1110	00:05:06:47	4636
5262	3057	José Lopes	00:32:22	01:03:57	01:02:25	5198		V50	516	00:05:13:20	4992
5263	10038	Margarida Silva	00:31:24	01:03:57	01:03:03	5360		V50	111	00:05:36:99	6029
5264	10039	Leonardo Bertossi	00:31:26	01:03:57	01:03:04	5364		V45	675	00:05:38:01	6072



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5265	1908	Fabiano Calabré	00:35:45	01:03:57	01:00:52	4766		V35	620	00:04:24:48	2345
5266	6431	Paula Matias	00:30:47	01:03:57	01:03:33	5467	Amiciclo Grândola	Senior	410	00:05:20:34	5330
5267	8224	Catarina Nunes	00:31:35	01:03:57	01:03:23	5431		Senior	411	00:05:38:95	6110
5268	2754	Daniel Alves	00:35:45	01:03:58	01:00:52	4767		V35	621	00:04:23:15	2276
5269	7801	João Luís	00:31:15	01:03:58	01:03:24	5438		V35	622	00:05:04:86	4546
5270	5547	Rui Henriques	00:31:08	01:03:58	01:03:12	5402		Senior	1111	00:04:38:03	3070
5271	4882	Vitor Cruz	00:34:58	01:03:59	01:02:00	5088		V55	297	00:04:37:20	3026
5272	2922	Tiago Duarte	00:32:04	01:03:59	01:02:03	5108	GDCT Unicre	V40	594	00:04:18:11	2019
5273	4253	Filipa Barroso	00:31:22	01:03:59	01:03:39	5486		V40	163	00:05:19:81	5306
5274	1377	Fernanda Ferreira	00:33:08	01:03:59	01:02:41	5264		V40	164	00:05:19:33	5280
5275	7244	Micaela Maciel	00:34:23	01:04:00	01:00:56	4790		Senior	412	00:04:56:42	4034
5276	3725	Sónia Ribeiro	00:33:38	01:04:00	01:02:00	5090	Clube Brisa	V45	193	00:05:01:49	4337
5277	2332	Elisa Matias	00:34:35	01:04:01	01:01:10	4878		V35	150	00:04:54:03	3910
5278	4325	Andreia Marques	00:33:20	01:04:01	01:01:02	4821	Os Matrecos	Senior	413	00:05:02:08	4376
5279	3569	Ricardo Teixeira	00:33:40	01:04:02	01:02:10	5134		Senior	1112	00:05:10:92	4881
5280	4233	Amélia Rijo	00:33:09	01:04:02	01:02:43	5277		V55	60	00:05:20:00	5316
5281	7845	Catarina Domingues	00:34:09	01:04:02	01:03:26	5446		Senior	414	00:04:44:76	3455
5282	11130	Luzia Dias	00:32:57	01:04:02	01:02:33	5228		V50	112	00:04:58:37	4150
5283	9324	Ana Tobias	00:33:00	01:04:02	01:01:51	5046		V45	194	00:05:11:68	4922



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5284	5707	Carina Borges	00:33:44	01:04:02	01:02:27	5206		V35	151	00:05:16:87	5171
5285	10305	Gustavo Couto	00:33:48	01:04:03	01:00:53	4774		V40	595	00:05:16:52	5151
5286	10306	Marta Madeira	00:33:49	01:04:03	01:00:53	4775		V35	152	00:05:17:69	5207
5287	11117	Elia Pires	00:32:59	01:04:03	01:02:34	5232		V45	195	00:04:58:96	4193
5288	3624	Filipa Mauricio	00:31:46	01:04:03	01:02:26	5202		V35	153	00:06:08:14	6958
5289	9678	Melina Medel	00:31:07	01:04:04	01:03:23	5436		Senior	415	00:05:16:95	5176
5290	7595	Bárbara Trindade	00:30:53	01:04:04	01:03:53	5525		Senior	416	00:05:42:25	6228
5291	9951	Tricia Kennelly	00:33:59	01:04:04	01:02:31	5222		Senior	417	00:04:52:63	3842
5292	265	David Pina	00:31:19	01:04:04	01:03:17	5415	Pina's Bro	V35	623	00:05:47:36	6399
5293	7799	Patrícia Santos	00:31:16	01:04:06	01:03:33	5466		V35	154	00:05:13:20	4993
5294	11270	Alexander Ilg	00:34:10	01:04:06	01:00:41	4724		V35	624	00:05:21:08	5377
5295	10588	José Chicharo	00:32:05	01:04:06	01:02:51	5301		V55	298	00:05:33:63	5916
5296	2798	Ana Videira	00:32:40	01:04:07	01:01:48	5032		Senior	418	00:05:03:48	4462
5297	4359	Vivian Paula	00:34:29	01:04:07	01:00:29	4675		Senior	419	00:05:00:18	4273
5298	8463	Tânia Martins	00:31:58	01:04:07	01:03:10	5394		V35	155	00:05:48:66	6448
5299	8013	Paula Geada	00:30:21	01:04:07	01:03:58	5539		V50	113	00:05:30:48	5796
5300	8615	Maria Monteiro	00:31:46	01:04:07	01:02:59	5340		V55	61	00:05:36:63	6014
5301	11238	James Sherrington	00:35:55	01:04:08	01:00:28	4670		Senior	1113	00:04:23:55	2303
5302	8843	Constança Ruivo	00:32:04	01:04:08	01:02:51	5300		Senior	420	00:05:34:59	5945



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5303	11207	Charlie Corciulo	00:34:53	01:04:08	01:02:20	5181		Senior	421	00:05:01:83	4353
5304	5687	Patrícia Bento	00:33:32	01:04:08	01:02:20	5180		V40	165	00:04:44:32	3420
5305	9532	Vitor Nobre	00:33:51	01:04:09	01:01:18	4906		V45	676	00:05:11:64	4916
5306	11301	Victoria Bulycheva	00:33:36	01:04:09	01:01:24	4934		Senior	422	00:04:59:86	4248
5307	6849	Patricia Pinto	00:36:16	01:04:10	01:00:43	4729		V50	114	00:04:37:53	3044
5308	3134	António Horta	00:30:39	01:04:10	01:03:54	5529		V65	49	00:05:43:37	6266
5309	3182	Vanda Oliveira	00:30:40	01:04:10	01:03:54	5528		V50	115	00:05:44:05	6286
5310	3567	Fábio Alves	00:33:01	01:04:10	01:02:20	5178		V35	625	00:05:11:79	4928
5311	2438	Ana Manzoni	00:31:04	01:04:11	01:04:09	5585		V50	116	00:05:36:39	6003
5312	7345	Raquel Martins	00:33:08	01:04:11	01:01:09	4870	Ginásio ADCRPJ	Senior	423	00:05:17:25	5184
5313	36	Inês Miguel	00:29:10	01:04:11	01:04:07	5576		Senior	424	00:05:21:46	5398
5314	83	Rita Ferreira	00:29:10	01:04:11	01:04:08	5577		Senior	425	00:05:21:64	5407
5315	9766	António Pereira	00:31:39	01:04:12	01:02:30	5221		V50	517	00:04:58:48	4155
5316	9957	Carolina Graca	00:33:47	01:04:12	01:02:03	5102		V35	156	00:04:55:74	4001
5317	10802	Heorhii Kryvoruchko	00:32:54	01:04:12	01:01:10	4874		Senior	1114	00:04:54:20	3918
5318	1634	Carolina Antão	00:31:55	01:04:12	01:03:32	5463		Senior	426	00:05:36:10	5992
5319	9909	Analice Moura	00:31:07	01:04:12	01:04:03	5559		V50	117	00:05:16:97	5177
5320	8811	Guilherme Pereira	00:31:08	01:04:13	01:03:36	5475		Senior	1115	00:05:43:35	6265
5321	4421	Ricardo Gomes	00:32:49	01:04:13	01:02:35	5239		V45	677	00:05:42:71	6242





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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5322	7936	João Morais	00:32:38	01:04:13	01:01:39	4995		V50	518	00:05:39:71	6131
5323	9701	Ricardo Marques	00:36:00	01:04:13	01:00:34	4700		Senior	1116	00:04:28:97	2575
5324	6150	Rui Teixeira	00:34:15	01:04:14	01:01:52	5055	CCDV-Valorsul	V40	596	00:05:04:00	4488
5325	8273	Miguel Moura	00:31:58	01:04:14	01:03:29	5454		Senior	1117	00:05:08:84	4771
5326	6918	Catarina Ricardo	00:30:35	01:04:14	01:03:42	5493		Senior	427	00:05:55:80	6659
5327	1670	Marcia Marques	00:36:00	01:04:15	01:02:15	5154	ESTAROLAS 2.0	V40	166	00:04:44:01	3401
5328	1674	Sara Leitao	00:36:00	01:04:15	01:02:16	5155	ESTAROLAS 2.0	V45	196	00:04:43:96	3399
5329	920	Paulo Ferreira	00:30:10	01:04:16	01:03:43	5497	Lisgança	V50	519	00:06:02:09	6825
5330	2133	Pedro Guerreiro	00:28:47	01:04:16	01:04:11	5593		V50	520	00:05:53:15	6573
5331	5036	Bruno Conceição	00:31:17	01:04:16	01:03:55	5531		Senior	1118	00:05:29:84	5767
5332	8495	Sérgio Magalhães	00:33:43	01:04:16	01:01:10	4872	Furões do Alentejo	V55	299	00:05:10:86	4879
5333	8496	Rita Magalhães	00:33:42	01:04:16	01:01:10	4873	Furões do Alentejo	Senior	428	00:05:11:42	4903
5334	6733	Rita Lopes	00:32:37	01:04:17	01:03:53	5526		Senior	429	00:05:34:65	5946
5335	525	Hélia Gouveia	00:33:25	01:04:17	01:03:16	5412		Senior	430	00:05:33:00	5887
5336	10729	Miguel Coelho	00:33:37	01:04:17	01:02:54	5315		V40	597	00:05:39:66	6129
5337	1132	Arnaldo Graça	00:33:38	01:04:18	01:02:49	5294		V40	598	00:05:40:12	6145
5338	1190	Rúben Carlos	00:33:37	01:04:18	01:02:49	5293		V35	626	00:05:39:84	6135
5339	3830	Jose Ribeiro	00:34:07	01:04:18	01:02:49	5296	Clube Millennium BCP	V60	130	00:05:00:31	4279
5340	6364	Emanuel Francisco	00:33:26	01:04:18	01:03:17	5418		Senior	1119	00:05:35:94	5984



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5341	10249	Lurdes Olas	00:33:04	01:04:19	01:02:39	5257		V50	118	00:04:59:59	4232
5342	4723	Cristina Soares	00:31:16	01:04:19	01:03:36	5476	Linda-a-Pastora Sporting Clube	V50	119	00:05:32:95	5884
5343	7122	Tiago Machado	00:35:49	01:04:19	01:01:01	4818		V40	599	00:04:36:22	2975
5344	9184	David Gréu	00:32:08	01:04:20	01:04:13	5597		Senior	1120	00:05:27:42	5665
5345	3990	Daniela Silva	00:34:52	01:04:20	01:01:46	5022		Senior	431	00:04:44:64	3441
5346	10080	Afonso Quintino	00:35:04	01:04:20	01:00:59	4809		Senior	1121	00:04:36:24	2977
5347	3638	Mariana Baraças	00:33:39	01:04:21	01:03:44	5502		Senior	432	00:05:03:43	4460
5348	9790	Pedro Catarino	00:34:20	01:04:21	01:01:31	4959		V35	627	00:05:03:01	4440
5349	9428	Francisco Sardinha	00:33:46	01:04:22	01:01:51	5047	Panda e os Maricas	Senior	1122	00:05:05:52	4580
5350	2771	Ana Teixeira	00:34:20	01:04:22	01:01:33	4968		V35	157	00:05:03:54	4464
5351	2240	Guilherme França	00:34:07	01:04:22	01:02:54	5316		V45	678	00:05:09:91	4829
5352	9046	José Tomás	00:30:49	01:04:23	01:03:29	5451		V40	600	00:05:30:18	5778
5353	9047	Francisco Lourenço	00:30:48	01:04:23	01:03:29	5452		Junior	120	00:05:30:14	5776
5354	1779	Alexandre Guimarães	00:33:19	01:04:23	01:01:21	4923		Senior	1123	00:05:39:04	6115
5355	5418	Nuno Lopes	00:31:04	01:04:23	01:04:22	5647		V50	521	00:05:19:32	5277
5356	7537	Carmen Silva	00:34:12	01:04:23	01:02:07	5124		V40	167	00:04:53:72	3899
5357	3197	Madalena Cabral	00:32:10	01:04:23	01:02:50	5298	Workoutside	V35	158	00:05:20:36	5332
5358	11120	Cadeau Myriam	00:34:29	01:04:24	01:01:50	5044		V40	168	00:05:18:98	5260
5359	11123	Cadeau Sebastien	00:34:30	01:04:24	01:01:52	5052		V45	679	00:05:20:15	5325



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5360	3194	Francisco Vasconcelos	00:32:10	01:04:25	01:02:53	5309	Workoutside	Senior	1124	00:05:21:57	5404
5361	7126	Vânia Duarte	00:32:37	01:04:25	01:03:41	5491		V45	197	00:05:12:12	4941
5362	390	José Nunes	00:30:24	01:04:26	01:03:27	5449		V50	522	00:05:53:77	6590
5363	9068	Luís Sousa	00:32:19	01:04:26	01:03:18	5421	Dezazero	V50	523	00:05:29:50	5757
5364	4601	Marta Rodrigues	00:31:32	01:04:26	01:03:43	5500		Senior	433	00:05:40:60	6157
5365	4825	Catarina Soares	00:31:33	01:04:26	01:03:43	5499		Senior	434	00:05:40:79	6167
5366	7775	Rui Oliveira	00:28:48	01:04:26	01:04:14	5614		V35	628	00:06:23:69	7296
5367	11261	Daniel Gonçalves	00:33:37	01:04:27	01:02:51	5303		V35	629	00:04:57:04	4063
5368	7058	Mónica Tavares	00:33:59	01:04:27	01:03:02	5354		V45	198	00:05:07:68	4697
5369	4928	Nuno Fortes	00:32:36	01:04:27	01:03:38	5481		V50	524	00:05:46:58	6369
5370	2958	Sofia Chaves	00:31:11	01:04:27	01:03:32	5462		V45	199	00:06:02:69	6842
5371	1580	Joao Alves	00:32:37	01:04:27	01:03:39	5484		V50	525	00:05:46:82	6377
5372	5985	Rui Caeiro	00:32:36	01:04:28	01:03:40	5489		V50	526	00:05:47:12	6388
5373	6128	Rita Baptista	00:30:40	01:04:28	01:04:24	5658		Senior	435	00:05:18:78	5249
5374	5796	Carlos Gonçalves	00:29:17	01:04:29	01:04:24	5662		V45	680	00:05:28:09	5697
5375	1297	Francisco Alves	00:30:24	01:04:29	01:04:19	5628		V45	681	00:06:35:80	7505
5376	11182	Emile Delam	00:31:48	01:04:30	01:04:10	5590		Senior	436	00:05:07:17	4671
5377	6877	André Quintino	00:32:25	01:04:30	01:04:29	5687		V50	527	00:05:31:87	5841
5378	9520	David Faria	00:34:07	01:04:30	01:02:46	5287		Senior	1125	00:04:57:40	4091



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5379	10533	João Carvalhosa	00:31:46	01:04:30	01:03:45	5504		Senior	1126	00:05:18:76	5248
5380	10534	Filipa Caetano	00:31:48	01:04:30	01:03:45	5505		Senior	437	00:05:18:88	5254
5381	11122	Mariana Prieto	00:34:14	01:04:30	01:02:18	5172		Senior	438	00:04:56:02	4015
5382	8663	Ross Murray-Jones	00:31:46	01:04:30	01:04:10	5591		V35	630	00:05:07:77	4706
5383	8840	Sónia Martins	00:34:15	01:04:30	01:02:17	5161		Senior	439	00:04:55:85	4005
5384	2139	Maria Barreto	00:31:00	01:04:30	01:04:26	5673		V50	120	00:05:22:95	5453
5385	9202	Jorge Corte-Real	00:31:24	01:04:30	01:04:06	5572	CF Os Belenenses	V60	131	00:05:36:56	6013
5386	472	Rita Costa	00:31:34	01:04:31	01:04:26	5672		Senior	440	00:05:32:47	5864
5387	6059	Joana Correia	00:29:08	01:04:31	01:04:08	5580		Senior	441	00:07:09:49	7913
5388	6359	Rui Valido	00:29:07	01:04:32	01:04:08	5579		V35	631	00:07:12:23	7936
5389	10644	Pedro Quental	00:31:31	01:04:32	01:03:27	5448		Senior	1127	00:06:04:05	6871
5390	7997	Daniela Bento	00:30:45	01:04:32	01:04:20	5632		Senior	442	00:05:37:38	6043
5391	11145	Claudia Sacramento	00:33:45	01:04:32	01:01:19	4915		V45	200	00:05:10:42	4860
5392	5427	Maria Alves	00:35:18	01:04:33	01:01:07	4854	Clube ANA Lisboa	Senior	443	00:05:07:70	4700
5393	5428	Vítor Ribeiro	00:35:17	01:04:33	01:01:08	4860	Clube ANA Lisboa	Senior	1128	00:05:08:27	4739
5394	3235	Nuno Almeida	00:35:19	01:04:33	01:01:08	4863	Clube ANA Lisboa	V40	601	00:05:07:96	4720
5395	2497	Nuno Alves	00:31:19	01:04:33	01:04:19	5627		V60	132	00:05:42:99	6252
5396	2488	Mariana Fernandes	00:36:27	01:04:34	01:00:48	4749		V35	159	00:04:35:56	2928
5397	6245	Samanta Louis	00:31:13	01:04:34	01:04:06	5571		V50	121	00:05:21:79	5415



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5398	9550	Silvia Sebastião	00:31:13	01:04:34	01:04:03	5558	Paradise Runners	V45	201	00:05:46:61	6372
5399	4343	Rita Jorge	00:35:42	01:04:35	01:01:01	4816	Be Running	Senior	444	00:04:40:96	3225
5400	1219	Bruno Pinto	00:32:43	01:04:35	01:03:21	5427		V35	632	00:05:08:32	4742
5401	9551	Carlos Pechorro	00:31:11	01:04:35	01:04:01	5549	Paradise Runners	V60	133	00:05:47:24	6394
5402	7968	Joana Nobre	00:35:27	01:04:35	01:02:32	5225		Senior	445	00:04:53:11	3867
5403	7007	Tanya Behrendt	00:33:43	01:04:35	01:02:37	5247	LXRC	Senior	446	00:05:09:38	4794
5404	6361	Fernando Fernandes	00:31:07	01:04:35	01:03:51	5521		V35	633	00:06:07:45	6945
5405	10525	Dora Duarte	00:30:32	01:04:35	01:04:32	5698		V60	17	00:06:02:92	6848
5406	10294	Maria Bernardo	00:32:03	01:04:36	01:04:25	5669		Senior	447	00:05:21:46	5399
5407	11258	Daniela Miranda	00:33:38	01:04:36	01:03:01	5352		V35	160	00:05:07:06	4665
5408	2628	Ana Marques	00:31:30	01:04:37	01:04:15	5620	GMCJamor	V40	169	00:05:29:45	5755
5409	2130	Claudia Quezada	00:29:48	01:04:37	01:04:21	5637		Senior	448	00:06:03:90	6867
5410	4501	Anderson Ferreira	00:32:15	01:04:37	01:02:54	5319		V35	634	00:05:24:33	5525
5411	5701	Miguel Soares	00:30:40	01:04:39	01:04:09	5583		Senior	1129	00:06:19:66	7208
5412	836	Pedro Ribeiro	00:31:05	01:04:39	01:04:04	5566		V50	528	00:06:22:89	7277
5413	2690	Maria Ferreira	00:34:03	01:04:39	01:02:05	5117	CCDTMetroLX	V45	202	00:05:08:06	4727
5414	7552	Marta Cardoso	00:34:35	01:04:40	01:02:59	5341	GDC Banco de Portugal	Senior	449	00:04:52:72	3845
5415	8683	Luis Zikala	00:37:33	01:04:40	01:00:51	4762	Karls Team	V40	602	00:04:31:91	2738
5416	2302	Samira Lima	00:30:58	01:04:41	01:04:02	5554		V35	161	00:05:41:71	6208



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5417	2632	Tiago Pereira	00:34:21	01:04:41	01:04:40	5724		V35	635	00:05:06:37	4632
5418	9800	Pedro Pinto	00:30:50	01:04:41	01:04:21	5639	GRCD Leião	V45	682	00:05:37:94	6066
5419	5281	Jose Ferreira	00:31:08	01:04:41	01:04:18	5624	SS CGD	V65	50	00:05:30:56	5798
5420	1334	Nuno Fernandes	00:32:18	01:04:41	01:03:38	5483	Clube Desportivo da Graça	V45	683	00:05:22:39	5434
5421	6241	João Pinto	00:33:40	01:04:41	01:01:14	4891		V55	300	00:05:26:44	5623
5422	1338	Paulo Gerardo	00:32:17	01:04:42	01:03:40	5490	Clube Desportivo da Graça	V50	529	00:05:23:08	5465
5423	4056	Sara Conde	00:33:38	01:04:42	01:03:31	5457		V45	203	00:05:24:71	5551
5424	4085	Andreia Mendes	00:33:39	01:04:42	01:03:31	5458		V45	204	00:05:24:67	5548
5425	10748	Gonçalo Gameiro	00:32:22	01:04:43	01:03:06	5380		V40	603	00:05:40:93	6173
5426	6363	Rui Bolas	00:33:02	01:04:43	01:03:12	5403		V50	530	00:05:16:47	5147
5427	10622	Ana Vieira	00:32:40	01:04:44	01:04:13	5602	Gang da Praceta	V40	170	00:05:07:83	4710
5428	6904	Olga Zemtsova	00:32:59	01:04:44	01:04:25	5667		V40	171	00:05:14:01	5034
5429	6875	Veronika Margaryants	00:33:00	01:04:44	01:04:26	5671		V35	162	00:05:14:84	5077
5430	9274	João Rosado	00:32:46	01:04:45	01:02:25	5201	OUUU NAO	Senior	1130	00:04:56:60	4041
5431	7344	Ana Roxo	00:35:43	01:04:45	01:01:42	5010	Ginásio ADCRPJ	V35	163	00:05:02:81	4425
5432	6859	Denis Nikiforov	00:32:59	01:04:45	01:04:25	5666		V40	604	00:05:13:97	5032
5433	6905	Vitalii Shaposhnikov	00:33:00	01:04:45	01:04:26	5670		V35	636	00:05:15:60	5113
5434	6853	Daria Seredich	00:32:59	01:04:45	01:04:27	5680		Senior	450	00:05:15:53	5109
5435	6449	Hugo Francisco	00:34:42	01:04:45	01:03:07	5385		Senior	1131	00:05:19:06	5265



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5436	10072	Mónica Mateus	00:35:42	01:04:46	01:01:12	4883	Be Running	V35	164	00:04:51:87	3810
5437	4413	Luís Gomes	00:32:26	01:04:46	01:03:10	5397	Lamas	V35	637	00:05:46:02	6352
5438	10612	Goncalo Sampaio	00:30:30	01:04:46	01:03:50	5519		V50	531	00:05:03:58	4466
5439	8073	André Marta	00:31:39	01:04:47	01:03:49	5514	Xallenge Team	Senior	1132	00:05:27:82	5682
5440	10736	Luís Sampaio	00:30:30	01:04:47	01:03:50	5520		Senior	1133	00:05:04:07	4494
5441	104	Anita Pajak	00:32:29	01:04:47	01:04:01	5553	Spajderzy i Gruby	V40	172	00:05:20:80	5364
5442	10025	José Brito	00:33:22	01:04:47	01:01:36	4981		V40	605	00:06:01:42	6803
5443	6367	António Hugo	00:33:37	01:04:48	01:02:01	5094		V35	638	00:05:02:79	4424
5444	4476	Carolina Marques	00:32:25	01:04:48	01:03:45	5503		Senior	451	00:05:32:33	5857
5445	10609	Nuno Carvalho	00:30:53	01:04:48	01:04:10	5589		V55	301	00:05:27:34	5662
5446	10727	Henrique Dias	00:30:54	01:04:48	01:04:10	5588		V55	302	00:05:26:92	5643
5447	5277	Sofia Cunha	00:29:40	01:04:48	01:04:33	5701	SS CGD	V40	173	00:06:04:45	6882
5448	10693	Henrique Dias	00:30:54	01:04:48	01:04:09	5582		V55	303	00:05:27:28	5658
5449	1986	Pedro Claudio	00:29:38	01:04:48	01:04:33	5703	SS CGD	V55	304	00:06:05:85	6907
5450	7754	Maria Ramos	00:35:41	01:04:49	01:01:07	4856	Be Running	Senior	452	00:05:07:04	4664
5451	10793	Duarte Serrano	00:35:40	01:04:49	01:01:05	4843	Be Running	Senior	1134	00:05:07:75	4705
5452	7753	Alexandre Simões	00:35:42	01:04:50	01:01:30	4953	Be Running	Senior	1135	00:05:06:07	4616
5453	10631	Tiago Castanheira	00:35:46	01:04:50	01:01:45	5019		V35	639	00:04:47:89	3615
5454	1796	Teresa Calheiros	00:31:29	01:04:50	01:04:39	5719		V55	62	00:05:30:71	5800



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5455	6390	João Feijão	00:35:01	01:04:52	01:01:18	4902		Senior	1136	00:03:37:03	421
5456	106	Paulo Carvalho	00:30:08	01:04:52	01:04:44	5733		V50	532	00:06:10:48	7017
5457	6305	Odília Gomes	00:32:07	01:04:52	01:03:13	5407		V40	174	00:05:30:87	5807
5458	624	Francisco Sampaio	00:34:30	01:04:53	01:01:10	4877		Senior	1137	00:05:16:94	5175
5459	1749	Cristina Januário	00:33:16	01:04:53	01:04:00	5545	Corridas de madrugada	V45	205	00:05:36:07	5991
5460	1750	Jorge Duarte	00:33:16	01:04:53	01:04:01	5551	Corridas de madrugada	V50	533	00:05:36:13	5994
5461	11184	Sofia Salvador	00:33:45	01:04:53	01:01:18	4907		V45	206	00:04:58:69	4172
5462	9377	Marco Santos	00:33:32	01:04:54	01:03:05	5376		V45	684	00:05:29:25	5743
5463	5686	Joana Batista	00:33:33	01:04:54	01:03:05	5369		Senior	453	00:05:30:22	5780
5464	2562	Ana	00:31:53	01:04:55	01:04:31	5696	Run & Win[e]	V35	165	00:05:52:58	6553
5465	3332	Carla Ferreira	00:34:02	01:04:55	01:04:21	5636		Senior	454	00:05:26:70	5636
5466	4250	Pedro Grilo	00:30:26	01:04:55	01:04:20	5635		V50	534	00:05:30:80	5804
5467	8690	Domingos Oliveira	00:28:37	01:04:55	01:04:38	5717	Abacates	V60	134	00:08:50:65	8345
5468	2399	Hernani Bonifácio	00:29:21	01:04:56	01:04:47	5749	Clube Novo Banco	V45	685	00:05:43:05	6253
5469	4089	Cristina Santos	00:31:24	01:04:56	01:04:18	5623		V45	207	00:05:48:09	6426
5470	8633	Rui Alves	00:32:08	01:04:56	01:04:48	5753		V45	686	00:05:54:73	6626
5471	3174	Sergio Costa	00:31:49	01:04:57	01:03:24	5439		V35	640	00:04:37:46	3037
5472	8613	Elisa Alves	00:32:15	01:04:57	01:04:48	5754		V45	208	00:05:51:70	6526
5473	10880	João Raposo	00:33:21	01:04:58	01:03:01	5351		V50	535	00:05:12:65	4968





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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5474	7129	María Pino	00:33:44	01:04:59	01:03:10	5393		V40	175	00:05:22:57	5442
5475	6664	Maria Ramos	00:30:58	01:04:59	01:04:41	5726		V50	122	00:05:34:79	5950
5476	2269	Luis Domingues	00:35:23	01:04:59	01:01:55	5065		V40	606	00:04:53:64	3894
5477	10056	Maria Trindade	00:32:32	01:04:59	01:04:07	5573		V35	166	00:05:24:58	5541
5478	5652	Inês Mendonça	00:32:49	01:04:59	01:04:14	5607		V50	123	00:05:56:08	6666
5479	2323	Edir Maia	00:32:38	01:04:59	01:04:13	5603	Treino no Park	V50	536	00:05:25:09	5568
5480	8453	Pedro Mendes	00:32:41	01:05:00	01:03:32	5460		V40	607	00:05:15:06	5085
5481	6822	Ana Carmo	00:31:50	01:05:00	01:04:37	5715		Senior	455	00:05:38:97	6112
5482	8455	Deliah Bitar	00:32:42	01:05:00	01:03:35	5474		Senior	456	00:05:15:38	5100
5483	1970	Sandra Batista	00:31:18	01:05:00	01:04:46	5742	Clube TAP PORTUGAL	V50	124	00:05:11:67	4919
5484	5430	Inês Oliveira	00:32:11	01:05:00	01:04:08	5578	Clube ANA Lisboa	Junior	35	00:05:07:99	4725
5485	2551	Nuno	00:35:32	01:05:01	01:02:43	5281	Run & Win[e]	V40	608	00:05:10:99	4883
5486	6372	Tiago Cerqueira	00:33:40	01:05:01	01:01:55	5063		Senior	1138	00:05:14:45	5058
5487	9188	Rui Rodrigues	00:33:58	01:05:01	01:03:03	5361		Senior	1139	00:04:53:43	3885
5488	10780	Jose Ferreira	00:33:57	01:05:01	01:03:17	5419		V70	17	00:05:08:51	4755
5489	4478	Tânia Silva	00:31:51	01:05:01	01:04:03	5563		V35	167	00:05:28:98	5729
5490	5135	Fernando Gaspar	00:34:39	01:05:01	01:02:59	5338		V60	135	00:05:04:75	4542
5491	5317	Cláudia Andrez	00:32:52	01:05:01	01:04:33	5702		V45	209	00:05:13:41	5004
5492	3639	Cristiano Ferreira	00:35:32	01:05:01	01:02:43	5279		Senior	1140	00:05:11:49	4910



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5493	3642	Antonino Silva	00:30:48	01:05:01	01:04:32	5700		V65	51	00:05:37:88	6064
5494	1054	Francisca Ribeiro	00:33:12	01:05:02	01:03:23	5428		Senior	457	00:05:24:74	5552
5495	4094	Pedro Camossa	00:35:44	01:05:02	01:02:04	5112		V45	687	00:04:54:48	3934
5496	4091	Nuno Geada	00:35:45	01:05:02	01:02:03	5104		V55	305	00:04:54:67	3947
5497	11173	Ivo Assis	00:32:25	01:05:02	01:04:28	5683		Senior	1141	00:04:57:06	4066
5498	5610	André Dias	00:34:54	01:05:02	01:02:21	5184	Os Maiores	V35	641	00:05:11:53	4912
5499	5681	Teresa Jerónimo	00:31:54	01:05:02	01:04:54	5769	FAM 2 RUN	V50	125	00:05:05:86	4600
5500	11177	Diego Batista	00:32:25	01:05:02	01:04:30	5694		Senior	1142	00:04:57:16	4070
5501	11178	Guilherme Costa	00:32:26	01:05:03	01:04:30	5693		Senior	1143	00:04:57:66	4112
5502	3670	Vitor Lemos	00:31:03	01:05:03	01:04:55	5772		V40	609	00:05:34:08	5924
5503	5682	Elsa Sabido	00:31:55	01:05:03	01:04:53	5763	FAM 2 RUN	V50	126	00:05:06:37	4631
5504	2224	Tiago Serrenho	00:34:42	01:05:03	01:01:50	5041		V40	610	00:04:59:98	4258
5505	5736	Tiago Matos	00:34:41	01:05:03	01:01:50	5040	Run & Win[e]	V40	611	00:04:59:61	4233
5506	6109	Mário Soares	00:33:16	01:05:04	01:04:04	5567		V65	52	00:05:09:26	4789
5507	4316	Inês Vieira	00:32:09	01:05:04	01:04:41	5725	Running from People and Society	Senior	458	00:05:24:88	5557
5508	9904	Hugo Barroso	00:31:36	01:05:04	01:04:25	5663	Carapaus de Corrida	Senior	1144	00:05:24:00	5508
5509	6797	Miguel Alves	00:34:29	01:05:04	01:01:05	4844	Abranches	V40	612	00:06:02:77	6844
5510	11075	Pedro Santos	00:34:40	01:05:05	01:05:04	5812		Senior	1145	00:04:54:72	3950
5511	10777	Carlos Rocha	00:29:21	01:05:05	01:04:36	5713		V50	537	00:06:23:97	7299



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5512	7412	Pedro Amaral	00:33:07	01:05:05	01:03:31	5459		Senior	1146	00:05:13:45	5009
5513	3722	Luis Martins	00:35:19	01:05:06	01:03:04	5366	Clube Brisa	V40	613	00:04:39:28	3125
5514	7413	Joana Ortiz	00:32:11	01:05:06	01:04:24	5656		Senior	459	00:05:34:16	5928
5515	7067	Bruno Gomes	00:34:34	01:05:06	01:03:57	5537		V35	642	00:04:59:87	4249
5516	3257	Leni Santos	00:34:12	01:05:07	01:03:03	5359		V50	127	00:05:02:21	4386
5517	8394	Hugo Domingos	00:34:32	01:05:07	01:03:59	5542		Senior	1147	00:05:01:09	4320
5518	10468	Janilton Vicente	00:31:57	01:05:07	01:02:58	5335		V35	643	00:05:45:32	6328
5519	7271	Schmutz-Giuli Regina	00:32:21	01:05:07	01:04:29	5690		V65	6	00:05:39:11	6118
5520	2458	Hugo Rodrigues	00:32:08	01:05:08	01:04:01	5552		Senior	1148	00:05:41:75	6209
5521	8873	Sara Andersen	00:35:25	01:05:08	01:02:36	5241		Senior	460	00:05:08:87	4773
5522	11161	Margarida Roque	00:35:40	01:05:09	01:02:27	5213		Senior	461	00:05:07:71	4702
5523	5059	Helder Barroca	00:32:27	01:05:09	01:04:24	5661		V45	688	00:05:21:47	5401
5524	11179	Mónica Pedrosa	00:34:29	01:05:09	01:02:57	5329		V45	210	00:05:08:68	4765
5525	2314	Carla Aranha	00:31:56	01:05:10	01:05:05	5815		V50	128	00:05:46:53	6367
5526	7695	Vera Anselmo	00:31:26	01:05:10	01:03:39	5487		V35	168	00:05:19:12	5270
5527	5429	Susana Santos	00:32:10	01:05:10	01:04:19	5625	Clube ANA Lisboa	V45	211	00:05:17:78	5210
5528	1921	Dália Sousa	00:33:54	01:05:10	01:03:34	5470	SÓDEMPURRÃO	V35	169	00:05:13:28	4998
5529	1920	Ana Cruz	00:33:53	01:05:10	01:03:33	5464	SÓDEMPURRÃO	V45	212	00:05:13:21	4994
5530	2038	Ana Ferreira	00:32:55	01:05:10	01:03:55	5532		Senior	462	00:05:06:55	4640



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5531	2710	Tania Pereira	00:34:18	01:05:11	01:03:46	5509		V35	170	00:05:19:86	5308
5532	4201	Rui Rodrigues	00:33:19	01:05:11	01:02:59	5339		V40	614	00:05:38:22	6082
5533	6392	Pamela Mesquita	00:32:32	01:05:11	01:04:31	5697		V35	171	00:05:38:04	6073
5534	10061	Sara Cândido	00:31:10	01:05:11	01:04:15	5617		Senior	463	00:05:59:12	6750
5535	7580	Sara Martins	00:35:24	01:05:11	01:02:28	5215		Senior	464	00:05:15:50	5107
5536	10062	Miguel Maranga	00:31:10	01:05:11	01:04:15	5618		Senior	1149	00:06:00:84	6790
5537	6231	Bruno Almeida	00:31:39	01:05:11	01:04:21	5638		V40	615	00:06:06:46	6922
5538	2036	Herman Ribeiro	00:32:56	01:05:12	01:03:56	5533		Senior	1150	00:05:08:58	4758
5539	7814	Inês Ribeiro	00:31:55	01:05:12	01:04:27	5681		Senior	465	00:05:28:69	5716
5540	2234	Liliana Navas	00:31:40	01:05:12	01:04:22	5645		V40	176	00:06:07:07	6934
5541	4100	Catarina Duarte	00:35:28	01:05:13	01:03:10	5395		Senior	466	00:04:57:74	4119
5542	1780	José Pereira	00:32:35	01:05:13	01:04:05	5569		V60	136	00:05:56:40	6673
5543	1170	Bruno Oliveira	00:33:36	01:05:13	01:02:39	5253	ARISTOBRAVOS	V40	616	00:05:21:30	5385
5544	8014	Inês Carraga	00:33:34	01:05:13	01:04:47	5751		Senior	467	00:05:37:98	6070
5545	4110	Pedro Alves	00:35:29	01:05:13	01:03:10	5396		V35	644	00:04:57:94	4131
5546	4855	Nuno Trindade	00:33:35	01:05:14	01:04:47	5748		V35	645	00:05:38:56	6096
5547	10454	Thavisha Tudawe	00:35:41	01:05:14	01:02:53	5313		Senior	468	00:05:05:79	4596
5548	5745	Ricardo Marques	00:34:54	01:05:14	01:03:37	5477		V40	617	00:04:49:48	3700
5549	1667	Paulo Pires	00:31:54	01:05:14	01:05:06	5822	APOGMA	V55	306	00:05:41:59	6202



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5550	5476	Andreia Duarte	00:31:35	01:05:14	01:04:34	5707		Senior	469	00:05:30:27	5786
5551	2954	Bárbara Peniche	00:34:58	01:05:14	01:02:42	5268		Senior	470	00:05:12:92	4983
5552	5348	Geraldo Costa	00:32:08	01:05:14	01:04:27	5679		V45	689	00:06:39:07	7570
5553	10455	Eric Cramer	00:35:43	01:05:14	01:02:53	5314		Senior	1151	00:05:06:06	4615
5554	8958	Elisabete Vaz	00:32:36	01:05:15	01:03:45	5506		Senior	471	00:05:42:58	6238
5555	8433	Denise Andrade	00:34:21	01:05:15	01:02:44	5283		V45	213	00:04:56:22	4023
5556	5448	Daniel Ribeiro	00:34:54	01:05:16	01:04:01	5550		Senior	1152	00:05:03:11	4447
5557	5261	Francisco Bruno	00:36:23	01:05:16	01:02:49	5297		Senior	1153	00:04:28:57	2560
5558	9795	Susana Oliveira	00:32:37	01:05:16	01:04:22	5643		V40	177	00:05:04:21	4504
5559	1266	Luis Rigueiro	00:34:32	01:05:17	01:03:49	5516	Hoti Hotéis	Senior	1154	00:05:08:23	4738
5560	1265	Ricardo Jordão	00:34:31	01:05:17	01:03:49	5515	Hoti Hotéis	V35	646	00:05:08:63	4759
5561	3321	Joaquim Ferrão	00:31:15	01:05:17	01:04:51	5762	GDC Banco de Portugal	V60	137	00:05:36:79	6020
5562	5446	Susana Caetano	00:34:54	01:05:17	01:04:02	5556		V40	178	00:05:02:88	4433
5563	10087	Pedro Almeida	00:33:12	01:05:17	01:03:23	5435		Junior	121	00:05:34:84	5952
5564	7758	João Caetano	00:33:11	01:05:18	01:04:09	5581		Senior	1155	00:05:08:57	4757
5565	2694	Antonio Fonseca	00:31:00	01:05:19	01:04:46	5743		V75	4	00:05:52:47	6549
5566	5447	Catarina Costa	00:34:54	01:05:19	01:04:04	5565		Senior	472	00:05:04:45	4524
5567	10628	Nahorskyi Maksym	00:31:46	01:05:20	01:04:47	5752		V35	647	00:05:09:94	4832
5568	3833	Mário	00:31:50	01:05:21	01:04:35	5708	Clube Millennium BCP	V50	538	00:05:34:79	5949



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5569	7570	Paula Cadete	00:34:23	01:05:21	01:03:52	5522		V45	214	00:05:37:33	6040
5570	4262	Samuel Maria	00:31:56	01:05:21	01:04:26	5677		Senior	1156	00:05:47:67	6410
5571	7569	Luís Cadete	00:34:23	01:05:21	01:03:53	5524		V45	690	00:05:38:15	6079
5572	10466	Abílio Chinendele	00:33:24	01:05:22	01:03:23	5434		V35	648	00:05:35:42	5975
5573	10872	Tamara Garcia	00:36:06	01:05:22	01:01:43	5018		Senior	473	00:04:48:20	3629
5574	249	Ana Fernandes	00:32:27	01:05:22	01:04:20	5633		V35	172	00:05:19:81	5305
5575	8914	Andreia Cafe	00:32:00	01:05:22	01:05:18	5852	LYNXRACE CLUB	V35	173	00:05:24:63	5545
5576	11113	André Silva	00:34:06	01:05:23	01:02:12	5142		Senior	1157	00:04:54:46	3933
5577	4457	Beatriz Santos	00:35:39	01:05:23	01:04:27	5678		Senior	474	00:04:58:38	4151
5578	6580	Edgar Lucas	00:33:05	01:05:23	01:04:24	5659	Caracóis de Pedra	V40	618	00:05:54:52	6615
5579	9778	Ricardo Capitão	00:33:23	01:05:24	01:04:13	5599		V35	649	00:05:36:03	5990
5580	11226	Belén López-Canti	00:34:22	01:05:24	01:04:11	5592		V50	129	00:05:24:12	5519
5581	3467	Ricardo Caeiro	00:35:47	01:05:25	01:04:07	5575		Senior	1158	00:04:59:28	4215
5582	11298	Ana Fradinho	00:33:29	01:05:25	01:04:22	5642		V35	174	00:05:20:08	5322
5583	2774	Ana Teixeira	00:33:29	01:05:25	01:04:23	5652		V40	179	00:05:20:08	5320
5584	4167	David Hacke	00:34:09	01:05:25	01:01:46	5023		V40	619	00:05:27:88	5688
5585	9769	Mónica Capitão	00:33:26	01:05:26	01:04:15	5616		Senior	475	00:05:37:79	6057
5586	10861	Luis Mateos	00:34:22	01:05:26	01:04:13	5601		V55	307	00:05:26:44	5622
5587	9762	Mariana Nogueira	00:33:27	01:05:26	01:04:17	5622		V35	175	00:05:38:15	6080



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5588	7571	Miguel David	00:31:24	01:05:27	01:04:56	5778		V45	691	00:05:44:34	6294
5589	4957	Luís Grencho	00:33:35	01:05:28	01:03:47	5510	Serviços Sociais Montepio	V50	539	00:06:04:12	6874
5590	2001	Manuela Patrício	00:32:00	01:05:29	01:05:25	5888		V55	63	00:05:34:74	5948
5591	2060	Paula Neto	00:32:42	01:05:29	01:05:06	5823	CCD Crédito Agrícola Mútuo	V55	64	00:05:20:38	5335
5592	8293	Susana Pereira	00:32:42	01:05:29	01:05:09	5828		V45	215	00:05:21:95	5420
5593	2341	Ricardo Ourelo	00:30:54	01:05:30	01:05:25	5889		Senior	1159	00:05:45:64	6337
5594	6612	Maria Sanches	00:32:21	01:05:30	01:05:09	5827		V50	130	00:05:30:49	5797
5595	9910	Ana Matos	00:32:43	01:05:30	01:04:17	5621		V35	176	00:05:26:36	5618
5596	10620	Sofia Couto	00:32:41	01:05:31	01:05:00	5802	Gang da Praceta	V40	180	00:05:45:50	6332
5597	1782	Rana Shehabi	00:32:37	01:05:31	01:04:58	5789		Senior	476	00:05:41:81	6214
5598	3845	Vasco Ourelo	00:30:53	01:05:31	01:05:25	5887	Clube Millennium BCP	V45	692	00:05:47:05	6385
5599	6702	Vitor Alves	00:30:23	01:05:32	01:05:26	5892		V50	540	00:06:02:98	6849
5600	8964	Jorge Santos	00:33:25	01:05:33	01:03:37	5479		V40	620	00:04:57:04	4062
5601	7931	Pedro Ferreira	00:31:48	01:05:33	01:03:29	5453	Mta Frakinhos	V40	621	00:04:58:24	4141
5602	4026	Liliana Salgueiro	00:31:15	01:05:34	01:05:24	5881		V40	181	00:05:44:83	6313
5603	2327	João Portásio	00:34:42	01:05:34	01:02:50	5299		Senior	1160	00:04:57:42	4094
5604	9217	Karen Levy	00:32:00	01:05:35	01:04:43	5729	CF Os Belenenses	V55	65	00:05:14:08	5036
5605	1009	Helder Marques	00:35:45	01:05:35	01:03:25	5445	M.A.C.	V45	693	00:04:50:65	3757
5606	3187	Ana Marçal	00:34:17	01:05:35	01:04:19	5626		Senior	477	00:04:50:01	3734



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5607	4951	Lucas Brito	00:30:45	01:05:35	01:05:01	5804		Senior	1161	00:06:06:98	6933
5608	1736	João Teixeira	00:32:06	01:05:35	01:04:56	5775	SIMECQ	V60	138	00:06:20:66	7232
5609	9463	Edna Dantas	00:35:02	01:05:35	01:01:43	5017		V45	216	00:05:12:70	4971
5610	4372	Carla Sota	00:30:51	01:05:35	01:05:35	5921	Clube Tecnovia	V45	217	00:05:35:22	5970
5611	8106	Everton Lage	00:31:36	01:05:36	01:05:15	5845		V40	622	00:06:00:91	6792
5612	11215	Catarina Ferreira	00:33:40	01:05:36	01:02:56	5324		Junior	36	00:05:19:02	5263
5613	393	Mariana Lô	00:33:29	01:05:36	01:05:05	5816		Senior	478	00:05:07:31	4679
5614	5880	Iva Oliveira	00:33:30	01:05:37	01:04:26	5674	ml sports	V50	131	00:05:42:70	6241
5615	2181	Ricardo Louro	00:33:15	01:05:37	01:04:10	5586	ADRC Mata de Benfica	V50	541	00:05:48:94	6460
5616	494	Sofia Caetano	00:32:40	01:05:37	01:04:58	5790	Carapaus de Corrida	Senior	479	00:05:36:32	6001
5617	165	Nelson Pantaleão	00:32:54	01:05:37	01:04:30	5695		V45	694	00:05:37:23	6037
5618	6460	Tiago Duarte	00:31:51	01:05:37	01:05:18	5854		V35	650	00:05:20:47	5339
5619	6461	Vanessa Azenha	00:31:53	01:05:38	01:05:19	5860		V40	182	00:05:20:72	5354
5620	2396	Teresa Sérvulo	00:31:16	01:05:38	01:05:09	5831	Clube Novo Banco	V50	132	00:05:44:69	6308
5621	6138	Aly Aly	00:32:53	01:05:38	01:03:00	5344		V40	623	00:05:25:36	5576
5622	10886	Diogo Santos	00:36:03	01:05:39	01:03:00	5345		Senior	1162	00:04:54:00	3907
5623	9332	Miguel Loff	00:35:29	01:05:40	01:02:33	5227	Clube Accenture	Senior	1163	00:05:17:53	5200
5624	8609	Nilcilene Ormond	00:33:36	01:05:40	01:04:39	5720		V40	183	00:05:32:60	5873
5625	5822	Paulo Gil	00:32:52	01:05:40	01:05:19	5857		V50	542	00:05:14:35	5053





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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5626	2419	Nuno Almeida	00:32:20	01:05:40	01:03:52	5523	Linda-a-Pastora Sporting Clube	V45	695	00:05:08:66	4763
5627	7141	João Vinagre	00:31:40	01:05:41	01:04:12	5596		Senior	1164	00:05:28:58	5711
5628	10342	João Cunha	00:32:59	01:05:41	01:04:58	5785		V60	139	00:05:34:91	5959
5629	2007	Inês Rodrigues	00:33:48	01:05:41	01:02:39	5252		Senior	480	00:05:09:57	4804
5630	9583	Barbara Cabrino	00:34:07	01:05:42	01:03:34	5468		Senior	481	00:05:12:16	4943
5631	9530	Joana Marques	00:34:25	01:05:42	01:03:00	5346		Senior	482	00:05:20:80	5365
5632	5629	Luis Roque	00:31:25	01:05:42	01:05:13	5839		Senior	1165	00:05:33:11	5893
5633	5704	Nuno Anjos	00:35:23	01:05:42	01:04:03	5562		V45	696	00:05:06:31	4627
5634	9584	Mikkel Jensen	00:34:09	01:05:43	01:03:34	5469		Senior	1166	00:05:12:49	4962
5635	6374	Duarte Malheiro	00:33:46	01:05:43	01:04:07	5574		Senior	1167	00:05:10:01	4835
5636	9927	Horst Lauw	00:31:21	01:05:43	01:05:05	5817		V50	543	00:05:40:41	6152
5637	4381	Pedro Calado	00:35:34	01:05:44	01:02:40	5262	The Angus Gang	V40	624	00:05:07:91	4716
5638	3016	Maria Galinha	00:31:07	01:05:44	01:04:59	5793	Treino no Park	V55	66	00:05:52:94	6565
5639	9323	Raquel Lopes	00:34:41	01:05:44	01:02:22	5191		Senior	483	00:05:24:66	5547
5640	10069	Carla Correia	00:32:09	01:05:44	01:05:16	5848		V45	218	00:05:37:70	6052
5641	10007	Ricardo Cavalheiro	00:32:09	01:05:44	01:05:17	5851		V45	697	00:05:38:68	6102
5642	3205	João Pereira	00:30:11	01:05:45	01:05:15	5843		V55	308	00:06:07:12	6937
5643	9607	Emanuel Marujo	00:34:56	01:05:45	01:02:30	5220		Senior	1168	00:04:53:53	3891
5644	9671	Davide Antunes	00:29:51	01:05:46	01:05:28	5900		V40	625	00:05:44:95	6316



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5645	4837	Gabriel Rodrigues	00:35:08	01:05:46	01:04:06	5570		V40	626	00:05:20:38	5336
5646	9175	Susana Guerreiro	00:33:14	01:05:47	01:04:54	5768		V45	219	00:05:35:82	5981
5647	685	António Pereira	00:35:28	01:05:47	01:03:59	5544	Tenthpin	V50	544	00:05:25:16	5570
5648	5037	Daniel Almeida	00:37:05	01:05:48	01:03:01	5349		V35	651	00:04:23:80	2313
5649	5990	Cláudia Bento	00:34:19	01:05:48	01:04:58	5780		V45	220	00:05:20:72	5355
5650	1460	Dino Lopes	00:32:13	01:05:48	01:04:45	5738		Senior	1169	00:05:52:22	6542
5651	5452	Alexandre Fonseca	00:36:14	01:05:48	01:02:31	5223		Senior	1170	00:04:58:36	4149
5652	8363	Malte Christiansen	00:32:30	01:05:49	01:02:36	5244		Senior	1171	00:05:42:72	6244
5653	1412	Negin Ghanbari	00:32:29	01:05:49	01:02:36	5240		Senior	484	00:05:42:19	6225
5654	10868	Tomás Leocádio	00:35:28	01:05:49	01:03:32	5461		Senior	1172	00:04:46:41	3546
5655	6362	Vânia Silva	00:34:18	01:05:49	01:05:00	5801		Senior	485	00:05:22:28	5429
5656	5970	Sofia Santana	00:34:19	01:05:49	01:05:00	5800		V45	221	00:05:23:12	5470
5657	11277	Davor Batina	00:33:19	01:05:50	01:04:46	5740		Senior	1173	00:05:43:08	6254
5658	7815	Hugo Santos	00:35:28	01:05:51	01:03:37	5478		Senior	1174	00:04:48:47	3646
5659	3858	Rita Soares	00:33:05	01:05:51	01:04:14	5610	Clube Millennium BCP	V50	133	00:05:17:89	5218
5660	3033	Iolanda Vaz	00:34:01	01:05:51	01:04:13	5605		V40	184	00:05:30:93	5809
5661	5872	Manuel Pita	00:34:26	01:05:51	01:04:13	5606	ml sports	V45	698	00:05:15:88	5127
5662	5956	Gabriela Romo	00:36:09	01:05:51	01:03:42	5494		V45	222	00:04:43:19	3347
5663	897	Ernaldo Figueiredo	00:32:35	01:05:51	01:05:08	5824		V60	140	00:04:55:29	3980



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5664	7296	José Rolão	00:33:58	01:05:52	01:04:29	5689	Associação Corrida Noturna Parque das Nações	V65	53	00:05:01:72	4349
5665	7283	Cristina Ferreira	00:33:59	01:05:52	01:04:29	5688	Associação Corrida Noturna Parque das Nações	V55	67	00:05:02:06	4370
5666	1041	Ligia Pereira	00:34:15	01:05:52	01:02:58	5336	ADN GINJAS	V40	185	00:04:58:67	4171
5667	9390	Jorge Lopes	00:32:38	01:05:52	01:02:47	5289		Senior	1175	00:05:34:92	5960
5668	7327	Sandra Inacio	00:33:58	01:05:52	01:04:30	5692	Associação Corrida Noturna Parque das Nações	V50	134	00:05:02:10	4380
5669	4641	Cristina Rainha	00:32:47	01:05:52	01:05:25	5884	GDCTINCM	V55	68	00:05:32:29	5856
5670	3054	Sonia Ferreira	00:33:49	01:05:52	01:04:14	5609		V40	186	00:05:29:84	5766
5671	1577	José Resende	00:30:56	01:05:52	01:05:04	5814		V60	141	00:05:41:59	6201
5672	962	Edgar Cristeta	00:34:53	01:05:53	01:00:15	4620	CCD Siemens	V40	627	00:05:02:20	4385
5673	2325	Pedro Almeida	00:30:51	01:05:53	01:05:29	5907		V40	628	00:05:46:32	6360
5674	8523	Diogo Alves	00:33:03	01:05:53	01:05:12	5835		V35	652	00:05:34:37	5936
5675	8522	Flávia Tomaz	00:33:04	01:05:54	01:05:12	5834		Senior	486	00:05:34:44	5940
5676	8912	Vitor Escária	00:35:23	01:05:54	01:02:36	5242	Escaria&Cia	V50	545	00:05:00:62	4299
5677	9571	Pedro Lopes	00:32:32	01:05:55	01:03:58	5541		V40	629	00:05:25:59	5584
5678	8438	Jorge Barbosa	00:31:25	01:05:55	01:04:59	5797		Senior	1176	00:06:12:14	7060
5679	7162	Hugo Santos	00:33:26	01:05:55	01:04:58	5782		V45	699	00:05:10:42	4861
5680	4302	Vanessa Fernandes	00:34:12	01:05:55	01:04:09	5584		V40	187	00:05:02:59	4412
5681	7709	Sandra Dias	00:31:42	01:05:56	01:05:43	5947		V45	223	00:05:52:80	6561
5682	6851	Liliana Santos	00:33:27	01:05:56	01:04:58	5781		V40	188	00:05:10:81	4878



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5683	10232	Luís Pape	00:32:33	01:05:56	01:05:34	5917		V35	653	00:05:14:61	5067
5684	7378	Hélio Veloso	00:32:27	01:05:56	01:05:25	5891		V60	142	00:06:03:48	6860
5685	10380	Matthias Brenner	00:33:29	01:05:57	01:03:39	5488		Senior	1177	00:05:33:88	5920
5686	3668	João Gaspar	00:32:29	01:05:58	01:05:19	5858		V60	143	00:05:51:39	6512
5687	4839	Sandra Mendes	00:32:52	01:05:59	01:05:24	5882		V40	189	00:05:10:78	4876
5688	6154	Carlos Canelas	00:34:02	01:05:59	01:03:50	5518	CCDV-Valorsul	V55	309	00:05:26:41	5619
5689	2803	Sandra Gonçalves	00:32:39	01:06:01	01:05:26	5893	CDCR DOS CTT	V50	135	00:05:26:50	5628
5690	3815	Luis Costa	00:31:04	01:06:01	01:05:28	5903	Clube Millennium BCP	V50	546	00:05:32:17	5853
5691	3796	Fernando Adrega	00:31:24	01:06:01	01:05:29	5905	Clube Millennium BCP	V50	547	00:05:38:33	6087
5692	2804	Esmeraldo Gonçalves	00:32:39	01:06:01	01:05:26	5894	CDCR DOS CTT	V50	548	00:05:26:22	5611
5693	8712	António Albuquerque	00:31:05	01:06:01	01:05:22	5868	CCD Tranquilidade	V50	549	00:06:07:40	6943
5694	4161	António Alves	00:35:28	01:06:02	01:03:17	5417		V40	630	00:05:22:97	5455
5695	6549	Valter Jau	00:36:52	01:06:02	01:04:03	5561		Senior	1178	00:04:23:36	2285
5696	6094	Diogo Dias	00:32:43	01:06:02	01:05:04	5810		Senior	1179	00:05:48:78	6454
5697	7607	Pedro Sousa	00:35:21	01:06:02	01:03:41	5492		V50	550	00:05:19:94	5313
5698	10411	Joel Rico	00:34:40	01:06:02	01:03:13	5406		Junior	122	00:05:11:17	4891
5699	7207	Yolanda Madera	00:34:40	01:06:02	01:03:13	5408		V45	224	00:05:10:61	4870
5700	6445	Sheyla Carvalho	00:34:44	01:06:02	01:04:25	5664		V40	190	00:05:19:68	5301
5701	5209	Henrique Avelar	00:33:57	01:06:04	01:04:45	5737	Running Stones Saloios	V40	631	00:05:37:52	6047



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5702	6139	Salima Ismail	00:35:01	01:06:04	01:03:23	5433		V40	191	00:05:09:59	4807
5703	5212	Ana Simões	00:33:58	01:06:04	01:04:45	5736	Running Stones Saloios	V35	177	00:05:37:44	6045
5704	2499	João Fernandes	00:33:33	01:06:05	01:05:03	5807		V45	700	00:05:18:56	5243
5705	3872	Gisela Monteiro	00:32:02	01:06:05	01:05:44	5953	A TEAM AGEAS	V35	178	00:05:32:70	5877
5706	10337	Joao Silva	00:31:55	01:06:05	01:03:08	5388		V50	551	00:05:25:60	5585
5707	9182	Bruno Silva	00:32:01	01:06:05	01:05:44	5957		V40	632	00:05:32:90	5883
5708	5211	Ana Hermenegildo	00:33:58	01:06:06	01:04:46	5745	Running Stones Saloios	V35	179	00:05:36:52	6008
5709	11079	Diogo Pessoa	00:34:40	01:06:06	01:04:03	5560		Senior	1180	00:05:26:45	5624
5710	5210	Marco Pequeno	00:33:54	01:06:06	01:04:46	5744	Running Stones Saloios	V35	654	00:05:37:32	6039
5711	507	João Neves	00:32:12	01:06:07	01:05:38	5930	Hard Running Team Arruda dos Vinhos	Senior	1181	00:05:44:58	6304
5712	508	Mário Neves	00:32:35	01:06:07	01:05:37	5928	Hard Running Team Arruda dos Vinhos	V65	54	00:05:43:80	6276
5713	2311	Gabriel Heitmann	00:30:10	01:06:07	01:06:03	6005		Senior	1182	00:06:35:17	7498
5714	6386	Mariana Mata	00:35:57	01:06:07	01:03:03	5363		Senior	487	00:04:51:48	3787
5715	509	Catarina Neves	00:32:14	01:06:07	01:05:38	5929	Hard Running Team Arruda dos Vinhos	Senior	488	00:05:43:88	6280
5716	6292	Gonçalo Ferreira	00:35:37	01:06:08	01:04:24	5657	UCC - União Casal e Curvaceiras	Senior	1183	00:05:01:80	4351
5717	9577	Hélder Costa	00:33:52	01:06:08	01:04:14	5613		V50	552	00:05:22:43	5435
5718	4196	Tiago Francisco	00:35:57	01:06:08	01:03:05	5372		Senior	1184	00:04:53:25	3876
5719	4213	Vitor Figueiredo	00:34:30	01:06:08	01:05:17	5850		V45	701	00:04:54:41	3930
5720	5213	Marisa Pereira	00:33:58	01:06:09	01:04:50	5758	Running Stones Saloios	V35	180	00:05:41:46	6198



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5721	6291	Diana Nunes	00:35:38	01:06:09	01:04:25	5665	UCC - União Casal e Curvaceiras	Senior	489	00:05:04:00	4487
5722	1603	Duarte Quintela	00:34:39	01:06:09	01:03:24	5441		V35	655	00:05:04:72	4541
5723	8938	Nicolau Furtado	00:30:46	01:06:09	01:06:03	6004		V55	310	00:06:03:05	6850
5724	8127	Ana Machado	00:32:55	01:06:09	01:05:23	5877	OntriSports	Senior	490	00:05:34:92	5961
5725	6420	Guilherme Cabral	00:28:01	01:06:09	01:06:00	5996	Linda-a-Pastora Sporting Clube	Junior	123	00:06:07:78	6951
5726	4671	Pedro Silva	00:33:25	01:06:10	01:02:23	5195		V45	702	00:05:42:22	6226
5727	3663	Artur Nunes	00:32:16	01:06:10	01:05:35	5922		Senior	1185	00:05:22:18	5426
5728	8467	Ricardo Aguiar	00:34:06	01:06:10	01:03:59	5543		V60	144	00:04:56:73	4046
5729	3655	Beatriz Mano	00:35:10	01:06:10	01:04:10	5587		Senior	491	00:05:24:11	5517
5730	9298	Bruno Santos	00:33:16	01:06:11	01:04:23	5654		Senior	1186	00:05:46:32	6361
5731	5237	Rogério Miguel	00:30:24	01:06:11	01:06:02	6001	Lagartas	V60	145	00:05:40:96	6176
5732	4767	Mafalda Albuquerque	00:37:31	01:06:11	01:03:28	5450		Senior	492	00:04:42:15	3291
5733	4116	Ana Gonçalves	00:33:17	01:06:12	01:05:33	5915		Senior	493	00:05:30:63	5799
5734	10812	Ana Silva	00:35:23	01:06:12	01:04:13	5600		V40	192	00:05:12:30	4952
5735	1308	Jorge Dias	00:32:13	01:06:13	01:05:53	5981		V55	311	00:05:36:52	6009
5736	8950	Cesaltina Gregorio	00:32:48	01:06:13	01:05:44	5955		V65	7	00:05:31:78	5837
5737	5451	Nuno Antunes	00:36:13	01:06:13	01:02:56	5326		V50	553	00:05:23:75	5491
5738	2081	Ana Racha	00:31:06	01:06:14	01:05:52	5977		V50	136	00:06:00:76	6787
5739	5656	Catarina Ribeiro	00:35:46	01:06:14	01:03:35	5472		Senior	494	00:05:08:35	4745



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5740	812	Vera Dordio	00:32:17	01:06:14	01:05:40	5941		V50	137	00:05:57:33	6701
5741	1913	Ana Lourenço	00:33:19	01:06:15	01:04:02	5555	Anémonas	Senior	495	00:05:41:82	6218
5742	2321	Fabia Maia	00:33:38	01:06:15	01:05:30	5908	Treino no Park	V40	193	00:05:15:37	5098
5743	9257	Alexandre Rodrigues	00:36:11	01:06:15	01:04:25	5668		Senior	1187	00:04:20:63	2152
5744	11127	Marta Sá	00:42:32	01:06:16	01:04:53	5765		V40	194	00:05:04:89	4549
5745	4031	Luis Campos	00:32:46	01:06:16	01:04:03	5564		Senior	1188	00:05:25:08	5567
5746	10443	Luis Vega	00:35:03	01:06:17	01:02:43	5273		V55	312	00:05:03:52	4463
5747	9001	Bianca Accioly	00:32:10	01:06:17	01:05:21	5865	Outsystems Olímpico de Oeiras	V45	225	00:05:41:61	6205
5748	4076	Priscila Almeida	00:33:22	01:06:17	01:04:32	5699	Frangos de sapatilhas	Senior	496	00:05:31:31	5825
5749	10442	Alan Ortega	00:35:03	01:06:17	01:02:42	5272		Senior	1189	00:05:02:87	4431
5750	8995	Alexandre Dias	00:32:10	01:06:17	01:05:21	5864	Outsystems Olímpico de Oeiras	V50	554	00:05:42:66	6239
5751	4452	Cassandra Candeias	00:32:25	01:06:18	01:05:23	5876		Senior	497	00:05:37:75	6054
5752	221	Ana Alves	00:31:20	01:06:18	01:05:47	5966		V40	195	00:06:12:96	7077
5753	5080	Paulo Coelho	00:32:56	01:06:18	01:04:44	5735	Grupo Desportivo Santander Totta	V55	313	00:05:16:56	5156
5754	2910	Hugo Sousa	00:32:15	01:06:18	01:05:30	5909	GDCT Unice	V40	633	00:05:47:65	6409
5755	7509	Rosa Oliveira	00:31:55	01:06:18	01:05:48	5970		V55	69	00:05:47:37	6400
5756	3337	Vicente Manzanares	00:34:53	01:06:19	01:04:55	5771		V40	634	00:05:37:83	6059
5757	3274	Roberto Mardomingo	00:34:50	01:06:19	01:04:56	5773		V45	703	00:05:53:23	6575
5758	5528	Rodrigo Sanroman	00:34:50	01:06:19	01:04:56	5774		V35	656	00:05:53:65	6584



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5759	5443	Raúl Defez	00:34:51	01:06:19	01:04:59	5792		V35	657	00:05:53:24	6576
5760	3272	Roger Singleton	00:34:50	01:06:19	01:04:58	5791		V35	658	00:05:53:86	6592
5761	1831	Rosa Silva	00:31:54	01:06:20	01:05:30	5910		V55	70	00:05:40:78	6166
5762	6144	Rui Marcelino	00:34:15	01:06:20	01:04:00	5547	CCDV-Valorsul	V45	704	00:05:50:75	6497
5763	6377	José Dias	00:35:54	01:06:20	01:04:05	5568		V55	314	00:04:35:87	2950
5764	7045	Letícia Cabral	00:35:50	01:06:21	01:05:00	5798		Senior	498	00:05:21:58	5405
5765	5726	Carey Mossop	00:33:53	01:06:21	01:04:36	5709		V60	146	00:05:34:58	5944
5766	10161	Sandra Lucas	00:35:27	01:06:21	01:03:24	5437		V45	226	00:05:38:34	6088
5767	3046	João Rosa	00:32:23	01:06:21	01:04:50	5759		V50	555	00:05:30:32	5787
5768	11214	Pedro Reis	00:33:40	01:06:22	01:03:42	5495		Junior	124	00:05:10:40	4858
5769	7094	Bruno Siqueira	00:32:50	01:06:22	01:05:28	5901		V40	635	00:06:09:87	7004
5770	1310	António Pina	00:31:05	01:06:22	01:06:12	6044		V70	18	00:05:37:57	6049
5771	7089	João Rodrigues	00:35:49	01:06:22	01:05:03	5809		Senior	1190	00:05:24:09	5514
5772	2047	Carla Batista	00:34:25	01:06:24	01:04:44	5734	CCD Crédito Agrícola Mútuo	V40	196	00:05:10:73	4873
5773	105	Bartłomiej Nowak	00:32:29	01:06:24	01:05:38	5931	Spajderzy i Gruby	V40	636	00:05:37:99	6071
5774	9476	Joelle Hartog	00:36:19	01:06:24	01:04:56	5776		Senior	499	00:05:09:85	4827
5775	482	José Machado	00:32:14	01:06:25	01:05:53	5980		V60	147	00:05:46:35	6362
5776	9865	Domingos Almeida	00:35:07	01:06:25	01:04:59	5796	Bankinter	V45	705	00:05:15:04	5084
5777	9864	Sandra Santos	00:35:06	01:06:26	01:04:59	5795	Bankinter	V50	138	00:05:16:50	5149





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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5778	8420	Filipe Teles	00:34:42	01:06:26	01:03:57	5538		V40	637	00:05:37:98	6069
5779	3501	Sara Lucas	00:34:44	01:06:26	01:03:57	5536		Senior	500	00:05:36:54	6011
5780	9477	Ricardo Brito	00:36:18	01:06:26	01:04:58	5786		Senior	1191	00:05:10:19	4845
5781	7858	Iris Alencar	00:33:14	01:06:26	01:04:40	5723		V35	181	00:04:59:04	4200
5782	7843	Pedro Alencar	00:33:13	01:06:27	01:04:39	5721		V35	659	00:04:58:52	4159
5783	6335	David Ribeiro	00:32:06	01:06:27	01:06:10	6037	Ativo Team Running   Correr na Vila	Junior	125	00:05:43:91	6281
5784	2572	Margarida Rebelo	00:31:36	01:06:27	01:06:01	5999	Alverca Urban Runners	Senior	501	00:06:06:16	6915
5785	3392	João Abrantes	00:29:59	01:06:28	01:06:19	6069		Senior	1192	00:05:15:77	5119
5786	6867	André Marques	00:33:15	01:06:28	01:05:06	5820		V35	660	00:05:59:04	6746
5787	1559	Luis Coimbra	00:30:46	01:06:28	01:06:27	6089	Charolas	V50	556	00:07:06:97	7884
5788	2029	Jose Peliganga	00:34:00	01:06:28	01:04:47	5750		V60	148	00:05:11:77	4926
5789	10978	Gonçalo Bento	00:32:16	01:06:28	01:06:05	6019		V40	638	00:06:23:10	7282
5790	3229	Pedro Manso	00:33:54	01:06:29	01:05:40	5938	URBAN RUN TEAM	V45	706	00:05:36:98	6026
5791	10946	Carmen Pires	00:32:16	01:06:29	01:06:04	6010		V45	227	00:06:22:80	7273
5792	5727	José Valente	00:35:29	01:06:29	01:05:14	5840		V35	661	00:04:41:52	3260
5793	10941	Sérgio Balão	00:32:16	01:06:29	01:06:05	6018		V45	707	00:06:23:16	7284
5794	10951	Ana Varunca	00:32:15	01:06:29	01:06:04	6012		Senior	502	00:06:23:22	7289
5795	10995	Nelson Dias	00:32:14	01:06:29	01:06:04	6016		V45	708	00:06:23:02	7280
5796	3100	José Sousa	00:32:51	01:06:29	01:05:59	5995		Senior	1193	00:05:55:03	6636



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5797	10994	Igor Barros	00:32:14	01:06:29	01:06:04	6015		V35	662	00:06:23:46	7293
5798	10998	Ângela Balão	00:32:13	01:06:30	01:06:04	6014		V40	197	00:06:22:72	7271
5799	10947	Rita Domingues	00:32:14	01:06:30	01:06:05	6017		Senior	503	00:06:23:23	7290
5800	10949	Tiago Duarte	00:32:13	01:06:30	01:06:04	6011		Senior	1194	00:06:22:93	7278
5801	2236	Eduardo Naziazeno	00:32:19	01:06:30	01:04:22	5646		V45	709	00:05:33:55	5911
5802	3762	Gabriela Folchini	00:33:26	01:06:30	01:03:57	5535		Senior	504	00:05:29:13	5739
5803	5115	Ana Caetano	00:33:11	01:06:30	01:05:20	5862		Senior	505	00:05:27:48	5669
5804	5146	Fernando Caetano	00:33:10	01:06:30	01:05:20	5863		V55	315	00:05:27:02	5651
5805	11011	Emanuel Cibrão	00:32:14	01:06:30	01:06:04	6013		Senior	1195	00:06:22:69	7268
5806	1847	Célia Rosa	00:31:14	01:06:31	01:06:02	6000		V45	228	00:06:13:06	7081
5807	732	Susana Oliveira	00:32:19	01:06:31	01:05:39	5935	Vara Trail Running	V45	229	00:05:30:33	5788
5808	6775	Ana Loura	00:33:16	01:06:31	01:05:12	5838		V35	182	00:05:17:58	5201
5809	9518	Francisco Santos	00:33:15	01:06:31	01:05:31	5913		Senior	1196	00:05:29:33	5746
5810	6798	Nuno Namora	00:36:13	01:06:33	01:02:35	5236	Abranches	V50	557	00:05:17:32	5191
5811	1162	João Bicho	00:32:11	01:06:34	01:05:15	5842		Senior	1197	00:06:19:59	7207
5812	2567	Catarina Pina	00:35:45	01:06:34	01:03:00	5348	DP&A	Senior	506	00:04:45:87	3520
5813	7383	Edgar Guerra	00:35:31	01:06:34	01:03:05	5377		V35	663	00:05:12:48	4961
5814	2566	Miguel Pinheiro	00:35:46	01:06:34	01:03:00	5347	DP&A	V35	664	00:04:45:96	3522
5815	9465	Taylor Prokes	00:35:29	01:06:34	01:04:13	5598		Senior	507	00:05:23:96	5505



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5816	6456	Miguel Cavaco	00:36:10	01:06:35	01:04:46	5741		Senior	1198	00:04:40:44	3194
5817	9261	Taylor Prokes	00:35:29	01:06:35	01:04:12	5595		Senior	508	00:05:26:71	5637
5818	6809	Diogo Oliveira	00:31:18	01:06:35	01:04:58	5783		V35	665	00:05:57:14	6697
5819	9745	César Kranzfeld	00:32:53	01:06:37	01:05:25	5890	Corrêa Kranzfeld	V55	316	00:05:43:13	6256
5820	2272	Maria Costa	00:34:23	01:06:37	01:05:52	5979		Senior	509	00:05:00:55	4293
5821	2271	Catarina Fernandes	00:34:23	01:06:37	01:05:52	5978		Senior	510	00:05:00:84	4309
5822	895	Inês Reis	00:36:47	01:06:38	01:04:15	5619		V40	198	00:04:57:45	4096
5823	938	Gonçalo Nogueira	00:36:49	01:06:38	01:04:14	5611		V40	639	00:04:56:89	4053
5824	1591	Marco Mendes	00:36:08	01:06:38	01:04:23	5653		Senior	1199	00:04:48:86	3667
5825	12992	Kira Weis	00:34:35	01:06:39	01:06:14	6051		Junior	37	00:05:21:36	5389
5826	1777	Luís Monteiro	00:32:17	01:06:39	01:05:01	5803		V35	666	00:05:25:63	5586
5827	7901	Sónia Soares	00:34:22	01:06:40	01:05:42	5946	ManpowerGroup	V40	199	00:05:27:09	5656
5828	4104	Nuno Verissimo	00:31:25	01:06:40	01:06:07	6030		V45	710	00:05:02:05	4368
5829	7165	Marcio Delgado	00:34:02	01:06:40	01:02:55	5323		V45	711	00:04:55:80	4003
5830	9938	João Barreto	00:31:18	01:06:40	01:05:45	5959		V40	640	00:05:12:03	4938
5831	6568	Mariana Ramos	00:35:58	01:06:41	01:04:43	5728		Senior	511	00:05:20:08	5321
5832	6870	Mariana Ferreira	00:35:58	01:06:41	01:04:44	5732		Senior	512	00:05:20:60	5347
5833	8916	Gisela Borrego	00:33:45	01:06:42	01:06:17	6064		V50	139	00:05:15:52	5108
5834	3219	Ana Ramos	00:33:35	01:06:42	01:04:46	5746		Senior	513	00:05:55:40	6649



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5835	5932	Inês Pestana	00:32:50	01:06:42	01:05:47	5965		V40	200	00:05:40:84	6169
5836	3133	Rui Rodrigues	00:33:33	01:06:42	01:04:47	5747		V40	641	00:05:55:65	6656
5837	4205	Ricardo Lopes	00:33:43	01:06:42	01:05:29	5906		V40	642	00:05:44:46	6300
5838	2708	Diana Branco	00:31:06	01:06:43	01:06:38	6123		Senior	514	00:05:58:92	6743
5839	3658	André Vilanova	00:34:28	01:06:43	01:03:55	5530		Senior	1200	00:05:49:18	6467
5840	4204	João Lopes	00:33:43	01:06:43	01:05:30	5911		Senior	1201	00:05:44:42	6299
5841	10532	Joana Soares	00:37:01	01:06:43	01:02:57	5330		Senior	515	00:05:00:37	4283
5842	9515	Pedro Figueiredo	00:34:49	01:06:44	01:04:43	5730		Senior	1202	00:05:36:95	6024
5843	6781	Daniel Simões	00:35:47	01:06:44	01:05:00	5799		V40	643	00:05:12:78	4976
5844	5927	Edmundo Simoes	00:32:57	01:06:45	01:06:01	5998		V65	55	00:06:06:82	6930
5845	6665	Cesário Fonseca	00:33:29	01:06:45	01:06:08	6032		V60	149	00:05:45:07	6319
5846	8489	Silvaneide Silva	00:36:04	01:06:46	01:04:19	5630	Família Soares	V40	201	00:05:33:17	5895
5847	10310	Tomé Caupers	00:32:20	01:06:46	01:06:02	6003		V40	644	00:05:55:97	6664
5848	2933	Marco Damião	00:35:40	01:06:46	01:04:20	5634		V35	667	00:04:45:07	3482
5849	10939	Karina Orlandin	00:35:36	01:06:48	01:04:12	5594		V40	202	00:05:07:35	4682
5850	4779	Ana Valente	00:34:52	01:06:48	01:05:40	5939		V35	183	00:05:03:28	4453
5851	9549	César Pechorro	00:31:14	01:06:48	01:06:13	6047	Paradise Runners	V50	558	00:05:55:63	6655
5852	5541	Luis Martins	00:34:19	01:06:49	01:05:27	5896		Senior	1203	00:05:28:66	5715
5853	11061	Ana Pedro	00:33:39	01:06:50	01:04:51	5761		V40	203	00:05:25:89	5598



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5854	7620	Carlos Morais	00:34:42	01:06:51	01:05:23	5879		V40	645	00:05:23:48	5481
5855	4050	Maria Andrade	00:31:45	01:06:51	01:06:19	6068		V40	204	00:05:51:66	6523
5856	9524	Óscar Santos	00:30:13	01:06:51	01:06:50	6164		V45	712	00:05:45:54	6334
5857	8907	Tiago Cordeiro	00:34:37	01:06:52	01:05:57	5990	Cordeiros e companhia	Senior	1204	00:05:40:81	6168
5858	8906	Filipe Cordeiro	00:34:38	01:06:52	01:05:58	5994	Cordeiros e companhia	V40	646	00:05:38:35	6089
5859	8910	Marco Anselmo	00:34:35	01:06:52	01:05:58	5993	Cordeiros e companhia	V40	647	00:05:41:41	6196
5860	8451	Florbela Abrantes	00:32:58	01:06:53	01:06:13	6048		V50	140	00:05:18:97	5259
5861	5265	Helder Duarte	00:35:59	01:06:53	01:03:57	5534		V35	668	00:05:17:79	5212
5862	6722	Hugo Costa	00:34:24	01:06:54	01:05:43	5948		V50	559	00:05:24:50	5535
5863	6723	Natasha Costa	00:34:25	01:06:54	01:05:48	5968		V40	205	00:05:23:68	5487
5864	6724	Ana Figueiredo	00:34:21	01:06:54	01:05:46	5964		V55	71	00:05:31:91	5845
5865	7840	Luís Calheiros	00:34:21	01:06:55	01:05:48	5971		V50	560	00:05:24:02	5510
5866	10973	Filipe Pinto	00:36:32	01:06:55	01:03:26	5447		V40	648	00:05:11:52	4911
5867	68	Elisa Pinto	00:34:48	01:06:56	01:06:09	6033		Senior	516	00:05:26:26	5616
5868	4193	Ana Ramos	00:34:48	01:06:56	01:06:09	6035		V40	206	00:05:24:58	5542
5869	739	Pedro Costa	00:33:08	01:06:56	01:06:11	6042		Senior	1205	00:05:59:06	6748
5870	3061	Sara Correia	00:33:42	01:06:56	01:05:44	5952		Senior	517	00:05:01:87	4355
5871	4909	Odete Azevedo	00:34:32	01:06:57	01:05:02	5805	Trail Runners de Lagos	V50	141	00:05:48:80	6456
5872	737	Patricia Valadas	00:33:07	01:06:57	01:06:11	6043		Senior	518	00:05:59:30	6754



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5873	9687	Carla Marques	00:32:39	01:06:57	01:06:11	6039		V45	230	00:06:17:13	7165
5874	4990	Vasco Coelho	00:34:16	01:06:57	01:05:57	5989		V45	713	00:05:23:37	5478
5875	3824	Rui Sabino	00:34:27	01:06:58	01:05:29	5904	Clube Millennium BCP	V50	561	00:05:25:71	5590
5876	7566	João Silva	00:34:53	01:06:58	01:03:35	5473		Senior	1206	00:05:33:44	5907
5877	8501	Pedro Belas	00:36:20	01:06:58	01:04:53	5767	Adega Taurina running	V40	649	00:04:54:08	3912
5878	5151	Sara Batista	00:35:02	01:06:59	01:04:22	5648		Senior	519	00:05:08:28	4740
5879	5894	Ana Rodrigues	00:31:20	01:06:59	01:06:44	6145		V50	142	00:06:11:09	7030
5880	9206	Maria Sebastião	00:31:42	01:07:00	01:06:48	6157	CF Os Belenenses	V35	184	00:05:22:05	5422
5881	4251	Maria Maurício	00:32:07	01:07:00	01:06:16	6058		V40	207	00:06:09:82	7002
5882	867	Manuela Folgado	00:30:32	01:07:00	01:06:55	6175		V70	2	00:06:08:29	6962
5883	2715	Gonçalo Gabriel	00:33:05	01:07:01	01:04:48	5755		Senior	1207	00:06:33:14	7480
5884	403	Jorge Cavaco	00:35:17	01:07:01	01:04:33	5704		V35	669	00:05:24:23	5522
5885	6141	Emília Teixeira	00:34:49	01:07:01	01:06:02	6002		V55	72	00:05:18:21	5230
5886	3348	António Esteves	00:35:00	01:07:01	01:05:02	5806		V35	670	00:05:25:70	5589
5887	2712	Ricardo Gabriel	00:33:06	01:07:02	01:04:49	5756		V35	671	00:06:33:74	7483
5888	2035	Luís Duarte	00:32:44	01:07:02	01:06:47	6153		V75	5	00:05:08:76	4767
5889	4700	Ricardo Simões	00:30:15	01:07:02	01:06:16	6060		Senior	1208	00:05:47:76	6414
5890	230	Paloma Gonçalves	00:35:19	01:07:02	01:04:13	5604		Senior	520	00:05:26:46	5626
5891	10984	Joao Patrocinio	00:32:36	01:07:02	01:06:15	6055		V50	562	00:05:30:36	5793



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5892	6124	Pedro Favinha	00:34:38	01:07:03	01:05:28	5902		Senior	1209	00:06:05:89	6910
5893	9077	Margarida Bajanca	00:36:21	01:07:03	01:04:02	5557		V55	73	00:05:02:61	4415
5894	9424	Ana Lavado	00:36:20	01:07:03	01:04:01	5548		V60	18	00:05:03:07	4444
5895	4786	Bruno Cruz	00:35:46	01:07:03	01:04:22	5649		V35	672	00:05:21:47	5400
5896	4788	Luciana Ribeiro	00:35:46	01:07:03	01:04:23	5650		Senior	521	00:05:21:44	5396
5897	4307	Maria Fernandez	00:35:39	01:07:05	01:05:08	5825		V35	185	00:05:06:51	4637
5898	481	Catarina Machado	00:33:27	01:07:05	01:06:33	6098		Senior	522	00:06:12:42	7068
5899	2914	Nuno Azevedo	00:32:10	01:07:05	01:06:23	6078	GDCT Unicre	V45	714	00:06:19:48	7203
5900	5431	António Morgado	00:31:13	01:07:05	01:07:04	6188	Clube ANA Lisboa	V65	56	00:05:50:40	6486
5901	1286	Diogo Santos	00:27:42	01:07:05	01:06:36	6116	Peregrinos Perdidos	Senior	1210	00:07:17:53	7985
5902	4271	Luis Gomes	00:35:39	01:07:05	01:05:09	5829		V40	650	00:05:07:23	4674
5903	8052	Paulo Pedroso	00:32:02	01:07:05	01:06:17	6063		Senior	1211	00:05:40:70	6162
5904	1447	Aline Verly	00:32:26	01:07:06	01:06:43	6141		V35	186	00:06:06:41	6921
5905	7638	Ricardo Silva	00:28:11	01:07:06	01:03:48	5513	Clube ANA Lisboa	Senior	1212	00:06:57:94	7812
5906	1446	François Cullard	00:32:21	01:07:06	01:06:42	6136		Senior	1213	00:06:07:09	6935
5907	6712	Sónia Lourenço	00:32:50	01:07:06	01:06:28	6090		V40	208	00:05:42:01	6224
5908	8985	Sónia Andrade	00:32:04	01:07:07	01:06:35	6109		V50	143	00:05:29:01	5732
5909	4649	António Reis	00:33:37	01:07:08	01:06:18	6067	MeNES	V60	150	00:06:04:86	6889
5910	3693	André Sousa	00:30:38	01:07:08	01:06:41	6132	NetJets	Senior	1214	00:06:50:89	7713



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5911	6346	Maria Cunha	00:32:20	01:07:09	01:06:25	6087		V40	209	00:05:38:93	6109
5912	6087	Mário Boieiro	00:36:04	01:07:09	01:04:33	5705		V50	563	00:05:05:95	4606
5913	10903	Hugo Branco	00:33:11	01:07:09	01:05:36	5923		V45	715	00:05:31:29	5824
5914	7125	Susana Simão	00:36:22	01:07:09	01:04:58	5784		V40	210	00:04:57:73	4117
5915	8218	Anna Chervatiuk	00:33:53	01:07:10	01:06:06	6026		Senior	523	00:05:24:84	5555
5916	8295	Karina Barcelos	00:32:01	01:07:10	01:06:29	6092		V40	211	00:06:28:45	7390
5917	8821	Martin Moreyra	00:34:08	01:07:10	01:04:24	5655		V40	651	00:05:27:86	5687
5918	6079	Marco Clemente	00:33:44	01:07:10	01:05:16	5846	CotasTeam	V45	716	00:05:32:98	5886
5919	6084	Filipe Silva	00:33:44	01:07:12	01:05:18	5853	CotasTeam	V50	564	00:05:34:25	5932
5920	6616	Eduardo Brás	00:35:44	01:07:12	01:04:15	5615		V45	717	00:05:14:90	5079
5921	9763	Pedro Gameiro	00:37:33	01:07:12	01:06:14	6050		Senior	1215	00:04:43:76	3380
5922	5291	Rita Antunes	00:36:00	01:07:12	01:04:28	5685	SS CGD	V45	231	00:05:14:29	5048
5923	5288	Paulo Marques	00:36:00	01:07:13	01:04:28	5684	SS CGD	V45	718	00:05:14:68	5069
5924	4888	Carla Lopes	00:36:02	01:07:14	01:05:40	5940	As Papoilas do Kalorias	V45	232	00:05:19:00	5262
5925	9659	Sandra Neves	00:32:53	01:07:14	01:06:38	6122	As Pachecas	V50	144	00:05:40:07	6140
5926	6104	Cloé Magalhães	00:33:14	01:07:14	01:05:56	5984	GDC Banco de Portugal	V35	187	00:06:02:12	6829
5927	5305	Anastasiia Selodkina	00:32:53	01:07:14	01:04:14	5608		Senior	524	00:05:48:65	6447
5928	622	André Pratapsinh	00:34:45	01:07:15	01:05:52	5976		V35	673	00:05:27:90	5689
5929	194	Inês Coelho	00:35:20	01:07:15	01:05:22	5870	Marie&Marie	V35	188	00:05:28:96	5728





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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5930	9531	Vânia Santos	00:35:19	01:07:15	01:05:22	5867		Senior	525	00:05:30:20	5779
5931	1472	Ana Araújo	00:35:21	01:07:15	01:05:23	5872		Senior	526	00:05:28:61	5713
5932	8870	Filipe Sousa	00:34:19	01:07:15	01:05:35	5919		V50	565	00:05:27:95	5691
5933	9603	Inês Dias	00:35:20	01:07:15	01:05:22	5866		Senior	527	00:05:29:42	5751
5934	1556	Raul Girão	00:32:44	01:07:16	01:06:37	6118	URBAN RUN TEAM	V65	57	00:05:52:00	6531
5935	8762	Matilde Sousa	00:34:19	01:07:16	01:05:35	5920		Senior	528	00:05:28:32	5703
5936	11227	João Ferreira	00:35:59	01:07:16	01:06:04	6009		Senior	1216	00:05:24:59	5543
5937	6658	Timóteo Rodrigues	00:35:22	01:07:16	01:04:19	5629		V40	652	00:06:05:61	6901
5938	11315	Balbina Fialho	00:34:47	01:07:16	01:06:33	6099		V50	145	00:05:40:61	6158
5939	10716	Orlando Ramos	00:34:45	01:07:16	01:06:33	6100	Associação de Moradores de Atibá	V45	719	00:05:40:91	6172
5940	2368	Nuno Rodrigues	00:37:41	01:07:16	01:03:54	5527	Clube Novo Banco	V45	720	00:05:06:05	4614
5941	5984	Ana Geada	00:35:58	01:07:17	01:03:46	5507		V40	212	00:05:12:76	4974
5942	7511	José Pires	00:35:44	01:07:18	01:03:30	5455		V50	566	00:05:25:34	5574
5943	10839	Edgar Rodrigues	00:36:28	01:07:18	01:03:58	5540		V40	653	00:04:35:90	2952
5944	8258	Vitor Marques	00:32:57	01:07:19	01:07:17	6220		V45	721	00:05:49:29	6468
5945	2469	Maria Ribeiro	00:32:59	01:07:20	01:07:16	6213		V55	74	00:05:24:12	5518
5946	8259	Ricardo Louro	00:32:57	01:07:20	01:07:18	6221		V40	654	00:05:49:78	6473
5947	9484	Dulce Alves	00:35:50	01:07:21	01:04:58	5787		Senior	529	00:05:20:76	5359
5948	7220	Joana Cabral	00:32:49	01:07:21	01:06:40	6128		Senior	530	00:06:04:80	6887



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5949	3560	Pepe Pereira	00:34:29	01:07:21	01:03:23	5429		V40	655	00:06:13:64	7087
5950	8694	Miguel Silva	00:31:42	01:07:21	01:05:15	5844	Souza e Silva	Senior	1217	00:05:59:92	6771
5951	10114	Ricardo Pinto	00:32:07	01:07:22	01:06:52	6170		V35	674	00:06:29:69	7414
5952	8685	Carlota Branco	00:35:40	01:07:22	01:04:33	5706	Cirurgiões	Senior	531	00:05:43:59	6271
5953	7803	Bruno Ramalho	00:33:50	01:07:23	01:05:23	5878		Senior	1218	00:05:24:79	5554
5954	5923	Mariana Machado	00:35:46	01:07:23	01:05:25	5886		Senior	532	00:05:20:77	5360
5955	11259	Teresa Oliveira	00:32:17	01:07:23	01:06:23	6075		V55	75	00:05:15:11	5087
5956	3744	Henrique Cassiano	00:33:36	01:07:23	01:06:10	6036		V50	567	00:05:50:17	6481
5957	7197	João Marques	00:36:33	01:07:24	01:05:40	5943		Junior	126	00:05:01:41	4334
5958	4698	Sérgio Filipe	00:31:25	01:07:24	01:06:53	6172		V50	568	00:05:58:66	6735
5959	1157	Ana Sérgio	00:31:36	01:07:24	01:06:47	6155		V35	189	00:05:56:64	6680
5960	6005	Maria Puga	00:32:26	01:07:24	01:06:41	6134	O MUNDO DA CORRIDA	V55	76	00:05:36:29	5998
5961	7889	Ana Lopes	00:34:21	01:07:24	01:06:33	6102		V50	146	00:05:36:17	5995
5962	9440	Ana Cruz	00:34:21	01:07:24	01:06:33	6101		V50	147	00:05:37:11	6033
5963	9669	Lara Caiola	00:33:57	01:07:24	01:06:42	6137		Senior	533	00:05:28:88	5725
5964	7210	Pedro Ferreira	00:36:33	01:07:25	01:05:40	5942		V45	722	00:05:01:78	4350
5965	4392	Mário Lima	00:32:25	01:07:25	01:06:41	6135	O MUNDO DA CORRIDA	V70	19	00:05:36:99	6027
5966	8279	Nádia Abrantes	00:35:26	01:07:25	01:04:20	5631		Senior	534	00:05:10:43	4862
5967	8710	João Diegues	00:34:51	01:07:25	01:05:44	5954	Serviços Sociais Montepio	V50	569	00:05:25:82	5595



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5968	11314	Duarte Gonçalves	00:33:04	01:07:26	01:06:39	6125		V45	723	00:05:24:94	5559
5969	650	Gonçalo Lage	00:33:19	01:07:27	01:06:37	6119		Senior	1219	00:05:41:24	6189
5970	10778	Anabela Via	00:34:34	01:07:27	01:05:44	5956		V55	77	00:05:49:63	6470
5971	4340	Nuno Nogueira	00:36:40	01:07:27	01:04:23	5651	The Angus Gang	V40	656	00:05:16:77	5167
5972	2255	Kaio Soares	00:32:14	01:07:28	01:06:18	6066		Senior	1220	00:06:25:25	7323
5973	9821	Filipa Ferreira	00:35:04	01:07:28	01:04:56	5777		Senior	535	00:05:46:03	6353
5974	10505	Margarida Correia	00:34:30	01:07:28	01:05:38	5933	Direção à Lua	V35	190	00:05:26:85	5642
5975	10504	Sara Marques	00:34:32	01:07:29	01:05:38	5932	Direção à Lua	V35	191	00:05:26:97	5647
5976	9490	Yago Fonseca	00:33:40	01:07:29	01:05:16	5847		Senior	1221	00:05:31:29	5823
5977	5410	Nathália Ferreira	00:32:58	01:07:29	01:06:04	6008		Senior	536	00:05:29:16	5741
5978	2425	Rui Silva	00:33:55	01:07:29	01:06:19	6070	Clube Portugal Telecom	V45	724	00:05:30:26	5785
5979	5870	Manuel Santos	00:35:37	01:07:29	01:05:18	5855	ml sports	Senior	1222	00:06:39:18	7571
5980	5874	Manuel Verdelho	00:35:37	01:07:29	01:05:19	5856	ml sports	Senior	1223	00:06:39:36	7574
5981	1793	Cristina Silva	00:32:11	01:07:30	01:06:39	6124		V50	148	00:05:48:01	6422
5982	2424	Sónia Fernandes	00:33:54	01:07:30	01:06:20	6071	Clube Portugal Telecom	V50	149	00:05:31:10	5817
5983	8871	Atevaldo Santos	00:33:59	01:07:30	01:06:47	6156		V45	725	00:05:18:83	5252
5984	7565	Gina Philipp	00:31:58	01:07:30	01:06:24	6084		Senior	537	00:05:40:10	6142
5985	6454	Adriana Watts	00:33:33	01:07:31	01:07:19	6229		Senior	538	00:05:27:42	5666
5986	6725	Maria Rodrigues	00:32:31	01:07:31	01:07:14	6210		V55	78	00:05:42:97	6251



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5987	7806	Adriana Palmeiro	00:33:48	01:07:31	01:05:57	5991		Senior	539	00:05:27:68	5674
5988	5244	Manuel Moreira	00:35:48	01:07:31	01:04:38	5718		Junior	127	00:05:11:45	4907
5989	1606	Joana Negra	00:36:03	01:07:32	01:05:48	5967		Senior	540	00:05:15:27	5095
5990	6624	Margarida Ortigão	00:36:15	01:07:32	01:03:48	5512	Os Didis	Senior	541	00:05:40:73	6164
5991	6623	Guilherme Gusmão	00:36:16	01:07:32	01:03:47	5511	Os Didis	Senior	1224	00:05:39:54	6128
5992	11327	Tiago Duarte	00:35:42	01:07:32	01:04:21	5640	Comandos	Junior	128	00:05:14:14	5039
5993	10110	Raquel Martins	00:35:22	01:07:32	01:06:22	6073		V40	213	00:05:10:48	4864
5994	5208	Isabel Santos	00:32:40	01:07:32	01:06:36	6113	Santos & Silva	V60	19	00:05:09:06	4779
5995	125	Domingos Aleixo	00:32:58	01:07:32	01:06:53	6173		V55	317	00:05:36:45	6005
5996	11326	Guilherme Ribeiro	00:35:42	01:07:33	01:04:22	5641	Comandos	Junior	129	00:05:15:21	5092
5997	8586	Paulo Amaral	00:36:25	01:07:33	01:05:39	5934		V50	570	00:05:21:70	5410
5998	4473	Miguel Lopes	00:33:00	01:07:33	01:05:24	5883		Senior	1225	00:05:24:53	5536
5999	6551	Ana Guerra	00:36:15	01:07:33	01:05:12	5837		V45	233	00:05:34:41	5937
6000	6534	Susana Casimiro	00:36:14	01:07:34	01:05:12	5836		V50	150	00:05:19:51	5288
6001	10099	Mario Anjo	00:32:44	01:07:34	01:06:29	6093		V55	318	00:05:56:87	6690
6002	6129	Cynthia Borges	00:33:40	01:07:34	01:06:34	6105		Senior	542	00:05:11:74	4925
6003	11336	Susumu Kurokawa	00:37:54	01:07:34	01:04:14	5612		V35	675	00:05:18:95	5257
6004	10295	Francisco Marques	00:34:40	01:07:35	01:05:50	5972		Senior	1226	00:05:27:44	5667
6005	1468	Will Bennett	00:34:29	01:07:35	01:05:14	5841		Senior	1227	00:05:59:31	6755



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
6006	6172	Pedro Silva	00:32:53	01:07:35	01:07:00	6184		V50	571	00:06:06:05	6914
6007	8066	Jorge Esteves	00:36:39	01:07:35	01:04:36	5711		V55	319	00:04:54:79	3954
6008	10100	Gessina Mendes	00:32:44	01:07:35	01:06:30	6094		V55	79	00:05:58:70	6739
6009	7887	Vera Gomes	00:32:34	01:07:35	01:07:20	6233		V40	214	00:05:50:39	6485
6010	5850	Ana Damas	00:32:47	01:07:36	01:06:34	6107		Senior	543	00:06:07:49	6946
6011	1391	Irene Inácio	00:35:25	01:07:36	01:05:50	5973		V50	151	00:06:03:06	6851
6012	5783	Marcelo Alves	00:38:12	01:07:37	01:04:00	5546		Senior	1228	00:05:05:25	4565
6013	11055	Tomás Santos	00:34:34	01:07:38	01:04:27	5682		Senior	1229	00:05:23:91	5501
6014	2369	Carlos Costa	00:34:27	01:07:38	01:06:04	6006	Clube Novo Banco	V45	726	00:05:18:80	5251
6015	8841	Pedro Tereso	00:36:01	01:07:38	01:04:50	5760		Senior	1230	00:05:05:39	4573
6016	2149	Liliana Filipe	00:33:30	01:07:38	01:06:36	6117		Senior	544	00:05:41:94	6221
6017	7477	Paulo Branco	00:28:00	01:07:40	01:06:44	6148		V55	320	00:06:57:50	7806
6018	9722	Ricardo Luiz	00:34:38	01:07:40	01:05:36	5924		V40	657	00:05:26:78	5640
6019	800	Isabel Gomes	00:32:36	01:07:40	01:06:43	6142		V50	152	00:05:27:45	5668
6020	10207	Cornélia Grespan	00:32:46	01:07:41	01:07:21	6235		V60	20	00:06:08:79	6975
6021	7637	Filipa Mata	00:28:13	01:07:41	01:04:22	5644	Clube ANA Lisboa	Senior	545	00:06:36:60	7520
6022	3669	António Martins	00:28:59	01:07:41	01:07:31	6267		V55	321	00:06:16:35	7144
6023	9836	André Bento	00:33:11	01:07:42	01:04:44	5731		V40	658	00:05:00:83	4307
6024	2729	Bruno Judas	00:31:09	01:07:43	01:07:18	6224	FIDELIDADE GDC	V35	676	00:05:40:28	6148



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
6025	7553	Ana Marques	00:36:22	01:07:43	01:05:10	5832	GDC Banco de Portugal	Senior	546	00:05:38:08	6075
6026	10347	Afonso Costa	00:32:21	01:07:44	01:07:22	6238		Junior	130	00:05:40:71	6163
6027	5673	Rinaldo Pedrosa	00:34:39	01:07:44	01:06:07	6029		V40	659	00:05:56:82	6687
6028	2337	Leonardo Monteiro	00:35:50	01:07:44	01:05:41	5944		Senior	1231	00:05:02:32	4394
6029	832	Clara Henriques	00:34:54	01:07:44	01:06:07	6031		V40	215	00:05:36:02	5989
6030	6829	Ana Rodrigues	00:34:40	01:07:46	01:05:48	5969		V45	234	00:05:29:29	5744
6031	5405	Jorge Pires	00:33:25	01:07:47	01:05:30	5912		V45	727	00:05:38:72	6103
6032	3770	Manuel Pereira	00:31:43	01:07:47	01:07:31	6266	Clube Millennium BCP	V60	151	00:06:30:35	7424
6033	4589	Dayane Santana	00:35:19	01:07:47	01:04:26	5676		Senior	547	00:05:09:24	4788
6034	4688	André Marques	00:32:15	01:07:47	01:07:08	6198		Senior	1232	00:05:37:31	6038
6035	7225	Daniel Cruz	00:33:24	01:07:47	01:05:34	5918		Senior	1233	00:05:13:60	5014
6036	3996	Joaquim Coelho	00:30:19	01:07:48	01:07:42	6295		V55	322	00:06:39:99	7584
6037	11103	Ana Moscoso	00:33:50	01:07:48	01:05:55	5983	Clube J	V40	216	00:05:53:52	6583
6038	6511	Miguel Carvalho	00:34:42	01:07:48	01:06:11	6038		Senior	1234	00:05:54:66	6622
6039	8456	Madalena Correia	00:34:39	01:07:48	01:06:36	6111		Junior	38	00:05:15:73	5115
6040	2144	Guilherme Matos	00:36:45	01:07:48	01:05:27	5895		V35	677	00:05:12:96	4984
6041	3997	Bruno Pinto	00:30:18	01:07:48	01:07:41	6294		V35	678	00:06:40:92	7592
6042	3943	Manuel Correia	00:34:39	01:07:48	01:06:36	6114	DXC Running Team	V50	572	00:05:15:57	5111
6043	8441	Vasco Josefino	00:35:41	01:07:49	01:04:57	5779		V40	660	00:05:36:67	6017



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
6044	5286	Olivia Gaspar	00:33:45	01:07:49	01:07:07	6196	SS CGD	V50	153	00:05:36:48	6006
6045	9617	Antonio Castro	00:36:24	01:07:49	01:05:24	5880		Senior	1235	00:05:35:05	5964
6046	5042	Marta Giga	00:36:25	01:07:50	01:05:25	5885		Senior	548	00:05:35:16	5967
6047	6890	José Santos	00:32:07	01:07:51	01:07:35	6277		V60	152	00:05:41:94	6220
6048	8125	Ana Narigueta	00:31:50	01:07:51	01:07:23	6240	OntriSports	V45	235	00:05:59:55	6761
6049	5623	Daniela Figueiredo	00:32:42	01:07:51	01:07:39	6287		V35	192	00:05:38:25	6086
6050	4132	Patrícia Lança	00:34:43	01:07:51	01:05:23	5875		V35	193	00:05:50:63	6496
6051	11118	Luís Ferreira	00:33:07	01:07:52	01:07:07	6194		V55	323	00:05:33:45	5909
6052	4131	Bruno Lança	00:34:38	01:07:52	01:05:23	5874		V40	661	00:05:52:13	6538
6053	1620	Bruno Duarte	00:35:19	01:07:53	01:05:19	5859		V40	662	00:05:42:82	6247
6054	1932	Karoline Allão	00:35:42	01:07:54	01:05:42	5945		Senior	549	00:05:18:19	5229
6055	5363	Maria Antunes	00:32:03	01:07:56	01:07:52	6320	Golfinhos da Abóboda	V50	154	00:06:00:76	6786
6056	2604	Teresa Pareanu	00:34:18	01:07:56	01:06:31	6096	Bombeiros Voluntários de Montemor-o-Novo	Senior	550	00:05:26:07	5608
6057	1475	Gerardo Molina	00:37:37	01:07:56	01:04:28	5686		Senior	1236	00:05:11:44	4906
6058	2602	Leonardo Malhão	00:35:26	01:07:56	01:06:24	6083	Bombeiros Voluntários de Montemor-o-Novo	Senior	1237	00:05:00:75	4304
6059	4243	Carla Ribeiro	00:31:52	01:07:56	01:07:23	6241		V50	155	00:05:47:96	6421
6060	6984	Daniela Moreira	00:35:21	01:07:57	01:04:40	5722		V35	194	00:06:18:43	7183
6061	4453	Sílvia Valente	00:35:47	01:07:57	01:06:32	6097		V55	80	00:05:14:23	5044
6062	4045	Aline Correia	00:32:04	01:07:57	01:07:37	6279	CORESENSE	V35	195	00:05:25:89	5599



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
6063	7191	João Cunha	00:32:55	01:07:57	01:07:06	6193		V35	679	00:05:20:67	5352
6064	7756	Nelson Melo	00:36:35	01:07:57	01:06:05	6020		V45	728	00:04:46:13	3530
6065	2204	Luisa Barbas	00:33:06	01:07:58	01:07:26	6251	lesmas	V45	236	00:05:58:53	6732
6066	6106	Maria Moreno	00:34:32	01:07:58	01:06:39	6126	GDC Banco de Portugal	V55	81	00:05:38:52	6093
6067	765	Gonçalo Anacoreta	00:36:24	01:07:58	01:04:49	5757		V50	573	00:05:41:30	6192
6068	4869	Maria Silveirinha	00:31:40	01:07:59	01:07:38	6284		V45	237	00:06:54:83	7770
6069	5352	Miguel Marques	00:31:40	01:07:59	01:07:38	6286		V50	574	00:06:56:40	7791
6070	4087	Ana Duarte	00:34:17	01:08:00	01:06:43	6144		Senior	551	00:05:31:32	5826
6071	9668	Nuno Caiola	00:33:55	01:08:00	01:07:18	6223		V35	680	00:05:27:36	5663
6072	5304	Sandra Baptista	00:32:05	01:08:00	01:07:43	6298		V40	217	00:06:10:55	7019
6073	4021	Carla Figueira	00:31:49	01:08:01	01:07:38	6283		V40	218	00:06:28:35	7387
6074	4910	Beatriz Quitéria	00:34:50	01:08:01	01:06:07	6028	Trail Runners de Lagos	Junior	39	00:05:18:46	5238
6075	1512	Cátia Balsinha	00:34:05	01:08:01	01:07:46	6305		Senior	552	00:05:41:78	6213
6076	1428	Daniel Milheiras	00:34:09	01:08:01	01:06:17	6062	#run4beers	V45	729	00:05:14:00	5033
6077	11266	Catarina Carvalho	00:34:40	01:08:01	01:06:11	6040		Senior	553	00:05:23:09	5467
6078	4908	Nuno Quitéria	00:34:50	01:08:02	01:06:06	6025	Trail Runners de Lagos	V45	730	00:05:18:27	5233
6079	9880	Maria Malaca	00:32:06	01:08:02	01:07:44	6299		Senior	554	00:06:10:81	7027
6080	114	Rute Henriques	00:31:56	01:08:02	01:07:35	6275		V45	238	00:05:30:33	5789
6081	1522	Mariana Simão	00:34:05	01:08:02	01:07:47	6312		Senior	555	00:05:42:74	6245





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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
6082	2433	Tomás Alves	00:33:24	01:08:03	01:07:34	6274	Alenquer Run	Junior	131	00:05:35:82	5980
6083	7047	João Brás	00:35:02	01:08:04	01:04:30	5691		Senior	1238	00:06:09:59	6994
6084	1096	Carlos Cabral	00:32:31	01:08:04	01:07:23	6243		V45	731	00:06:32:31	7465
6085	10345	Miguel Palma	00:36:16	01:08:06	01:06:13	6046		V35	681	00:05:58:69	6738
6086	7913	Mónica Rocha	00:33:31	01:08:06	01:07:38	6282	ManpowerGroup	V50	156	00:05:46:60	6371
6087	2550	José Sousa	00:31:53	01:08:06	01:07:40	6290	Run & Win[e]	V50	575	00:05:46:56	6368
6088	10776	Maria Rocha	00:33:17	01:08:07	01:07:17	6218		V50	157	00:05:41:42	6197
6089	4563	Susana Sousa	00:39:16	01:08:07	01:04:26	5675		Senior	556	00:04:30:69	2670
6090	10696	Maria Silva	00:33:17	01:08:07	01:07:18	6222		V45	239	00:05:41:40	6195
6091	1817	Herculano Fernandes	00:33:22	01:08:07	01:06:49	6160		V45	732	00:05:27:29	5659
6092	839	Pedro Chantre	00:37:30	01:08:07	01:04:42	5727		Senior	1239	00:04:51:85	3807
6093	5580	Benoit Thielen	00:38:51	01:08:07	01:05:46	5962	Les Rennes des Neiges	Senior	1240	00:04:34:61	2872
6094	2084	André Silva	00:34:26	01:08:08	01:06:46	6152		Senior	1241	00:05:40:98	6181
6095	3177	Ana Sequeira	00:34:11	01:08:08	01:06:13	6045		Senior	557	00:05:45:60	6335
6096	10888	Vasco Santos	00:36:02	01:08:09	01:05:31	5914		Junior	132	00:05:48:52	6443
6097	8927	Lars Jeurissen	00:33:18	01:08:09	01:07:07	6195		Senior	1242	00:07:04:26	7869
6098	8271	Herminio Costa	00:32:12	01:08:10	01:08:00	6329		V60	153	00:06:08:58	6969
6099	2988	Océane Fernandes	00:36:05	01:08:10	01:05:51	5974		Senior	558	00:05:09:56	4803
6100	6462	Plácido Contreiras	00:35:34	01:08:11	01:06:25	6086		V45	733	00:05:43:14	6257



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
6101	319	Luis Sousa	00:33:22	01:08:11	01:07:14	6207		V50	576	00:05:16:76	5166
6102	4060	Mariana Ferreira	00:35:58	01:08:11	01:06:58	6180		Senior	559	00:05:35:06	5965
6103	1929	Catarina Urgueira	00:33:43	01:08:12	01:07:42	6296		Senior	560	00:05:16:71	5162
6104	5369	Francisca Trabucho	00:33:51	01:08:12	01:08:04	6339	Marinzinhos	Senior	561	00:05:07:92	4717
6105	10286	Michael Trompetero	00:34:41	01:08:12	01:04:37	5714		Senior	1243	00:05:28:99	5730
6106	10639	Ines Sawh	00:36:36	01:08:13	01:06:22	6074		V50	158	00:05:09:42	4795
6107	8254	João Silva	00:39:00	01:08:13	01:04:36	5710	Drinking Team	V40	663	00:05:02:25	4389
6108	3055	Diana Santos	00:33:51	01:08:13	01:05:52	5975		Senior	562	00:05:44:50	6302
6109	10568	Florbela Caniceiro	00:32:12	01:08:13	01:07:46	6308		V50	159	00:06:03:97	6868
6110	5299	Joana Vaz	00:33:52	01:08:13	01:08:12	6370		Senior	563	00:05:44:27	6293
6111	8255	Carole Salvador	00:39:02	01:08:15	01:04:38	5716	Drinking Team	V40	219	00:05:03:74	4478
6112	1613	Sérgio Patrício	00:35:40	01:08:15	01:04:24	5660		V50	577	00:04:49:18	3687
6113	1618	Daniel Ventura	00:36:16	01:08:15	01:05:57	5986		Senior	1244	00:05:29:64	5758
6114	10976	Cátia Rodrigues	00:37:06	01:08:15	01:04:45	5739	Vanguard Properties	V40	220	00:05:19:80	5304
6115	8895	Rúben Fontes	00:36:39	01:08:15	01:05:03	5808		V35	682	00:05:04:15	4495
6116	11026	José Alvarinho	00:36:00	01:08:16	01:04:36	5712		Senior	1245	00:05:54:83	6628
6117	5138	José Mourato	00:36:07	01:08:16	01:04:53	5764		Senior	1246	00:05:24:28	5524
6118	3723	Margarida Batista	00:35:19	01:08:16	01:06:15	6054	Clube Brisa	V50	160	00:05:12:82	4977
6119	10922	Carina Carapinha	00:36:39	01:08:16	01:05:05	5819		V35	196	00:05:03:61	4467



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
6120	4329	Ricardo Omar	00:34:51	01:08:16	01:05:57	5987	GDM	V45	734	00:05:23:89	5500
6121	3883	Marco Alexandre	00:34:01	01:08:16	01:07:02	6187		Senior	1247	00:05:41:60	6203
6122	7612	Joaquim Rosado	00:33:17	01:08:16	01:07:02	6186		V50	578	00:05:27:10	5657
6123	11275	Maria Rodrigues	00:36:06	01:08:17	01:04:53	5766		Senior	564	00:05:23:78	5492
6124	9074	Matilde Fabião	00:36:42	01:08:18	01:05:27	5899		Junior	40	00:05:16:85	5170
6125	8707	José Pereira	00:36:42	01:08:18	01:05:27	5897		V60	154	00:05:17:63	5205
6126	11083	Gabriel Leite	00:37:43	01:08:19	01:05:05	5818	KLx Running Team	Senior	1248	00:05:06:30	4624
6127	1821	Jaime Abreu	00:36:18	01:08:19	01:05:22	5871		V45	735	00:05:30:17	5777
6128	10838	Joana Dionísio	00:36:33	01:08:19	01:05:04	5813		V45	240	00:05:24:59	5544
6129	5060	Thiago Reis	00:38:49	01:08:20	01:05:23	5873		V40	664	00:04:53:86	3903
6130	2597	Vitoria Courelas	00:32:44	01:08:20	01:08:04	6341	Bombeiros Voluntários de Montemor-o-Novo	V65	8	00:05:51:50	6514
6131	3143	Joao Fernandes	00:34:22	01:08:21	01:06:24	6082		V45	736	00:05:21:35	5387
6132	11156	João Fonseca	00:36:26	01:08:21	01:06:30	6095		V40	665	00:05:15:75	5117
6133	1181	Daniel Creanga	00:32:58	01:08:22	01:07:48	6314		Senior	1249	00:05:20:66	5351
6134	477	Felipe Santos	00:34:59	01:08:22	01:06:23	6079		Senior	1250	00:05:40:06	6138
6135	1727	Joana Santos	00:32:21	01:08:23	01:07:59	6326		V35	197	00:06:25:29	7324
6136	10864	Monika Jankowska	00:36:56	01:08:24	01:04:58	5788		V40	221	00:05:07:29	4678
6137	4962	Carla Guerreiro	00:34:24	01:08:24	01:07:35	6276		V45	241	00:06:08:25	6961
6138	6457	Pedro Peres	00:34:24	01:08:24	01:07:37	6280		V50	579	00:06:07:97	6955



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
6139	4961	Joaquim Guerreiro	00:34:24	01:08:24	01:07:36	6278		V50	580	00:06:08:36	6965
6140	8517	Sara Michetti	00:35:31	01:08:24	01:06:23	6077		Senior	565	00:05:34:04	5922
6141	3285	Pedro Cardoso	00:34:55	01:08:24	01:05:06	5821		V35	683	00:05:44:13	6289
6142	5969	Pedro Trindade	00:34:38	01:08:25	01:06:49	6162		Senior	1251	00:05:53:12	6571
6143	11231	Ron Sawh	00:36:37	01:08:25	01:06:34	6106		V50	161	00:05:21:59	5406
6144	3380	Fatima Almeida	00:32:13	01:08:26	01:08:24	6409		V60	21	00:06:12:64	7070
6145	225	Francisco Silva	00:35:15	01:08:26	01:05:56	5985		V45	737	00:05:20:47	5341
6146	8241	Domigos Rosário	00:34:53	01:08:26	01:06:56	6178	Associação Corrida Noturna Parque das Nações	V60	155	00:05:33:06	5890
6147	1824	Joaquim Gabriel	00:34:26	01:08:26	01:07:12	6206		V55	324	00:05:22:09	5423
6148	1364	Marcos Leonardo	00:35:32	01:08:27	01:06:40	6131		V70	20	00:05:25:51	5579
6149	2177	Graça Nobre	00:33:55	01:08:28	01:07:30	6264	Alverca Urban Runners	V60	22	00:05:39:51	6125
6150	2168	Carla Carvalho	00:33:53	01:08:28	01:07:30	6263	Alverca Urban Runners	V45	242	00:05:30:01	5774
6151	2570	Sandra Carvalho	00:33:56	01:08:28	01:07:30	6265	Alverca Urban Runners	V45	243	00:05:30:45	5794
6152	11037	Ricardo Marcelino	00:36:31	01:08:30	01:04:59	5794		V40	666	00:05:19:61	5295
6153	3356	Mónica Madeira	00:32:19	01:08:30	01:08:19	6392	JDM Atletismo	V45	244	00:05:41:35	6194
6154	2723	Isabella Isotta	00:33:51	01:08:30	01:04:54	5770		Senior	566	00:04:55:14	3970
6155	5485	Catarina Capelo	00:35:44	01:08:31	01:06:53	6171		Senior	567	00:05:30:99	5810
6156	7364	João Churro	00:34:29	01:08:31	01:07:40	6292	SD Sports Team	V45	738	00:05:21:38	5391
6157	10663	Samuel Figueiredo	00:37:38	01:08:31	01:05:37	5926		V40	667	00:05:34:16	5927



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
6158	4280	Ricardo Batata	00:32:03	01:08:32	01:08:06	6347		Senior	1252	00:05:24:97	5561
6159	3686	Alexandra Martins	00:35:04	01:08:32	01:07:54	6321		V40	222	00:05:36:53	6010
6160	6255	Rute Briganti	00:32:50	01:08:32	01:08:16	6379		V45	245	00:05:51:06	6504
6161	7585	Isabel Mendonça	00:35:30	01:08:32	01:06:00	5997		V40	223	00:05:31:79	5838
6162	9432	Tânia Briganti	00:32:49	01:08:32	01:08:16	6378		V35	198	00:05:51:18	6507
6163	7450	Filipe Gaspar	00:38:59	01:08:33	01:05:54	5982	Ciência Viva	Senior	1253	00:04:41:43	3253
6164	2335	Joana Gomes	00:38:15	01:08:33	01:06:16	6061		Senior	568	00:04:41:80	3275
6165	1865	Monica Silveira	00:35:19	01:08:33	01:06:55	6176		V40	224	00:06:15:36	7122
6166	7761	Maria Garcia	00:36:04	01:08:33	01:06:28	6091		Senior	569	00:04:52:32	3827
6167	10394	Ana Carvalho	00:37:00	01:08:34	01:05:04	5811		Senior	570	00:05:46:43	6363
6168	4557	Marco Cachinho	00:34:56	01:08:34	01:05:40	5937	Clube EDP - Lisboa	V40	668	00:05:20:75	5358
6169	10409	Isabel Rayo	00:35:33	01:08:35	01:07:46	6307		Senior	571	00:05:21:41	5394
6170	11251	Cristina Henriques	00:34:40	01:08:35	01:07:23	6239		Senior	572	00:06:14:86	7103
6171	497	Lúcia Antunes	00:36:43	01:08:37	01:05:16	5849	Ativo Team Running   Correr na Vila	Senior	573	00:05:07:19	4673
6172	6353	José Rodrigues	00:33:33	01:08:37	01:06:40	6127	BRRnightRUNNERS	V55	325	00:05:47:33	6397
6173	10528	Paulo Rodrigues	00:35:50	01:08:37	01:07:24	6245		V40	669	00:05:33:27	5901
6174	10531	Ana Morgado	00:35:50	01:08:37	01:07:25	6248		V40	225	00:05:33:41	5906
6175	10529	Filipe Rodrigues	00:35:50	01:08:37	01:07:24	6246		V65	58	00:05:33:36	5904
6176	8925	Maria Madeira	00:34:58	01:08:38	01:08:31	6435		V50	162	00:04:57:40	4090



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
6177	679	Pedro Pereira	00:36:53	01:08:38	01:05:20	5861	Friends Team	V50	581	00:05:25:84	5596
6178	900	João Cabaço	00:36:11	01:08:39	01:07:07	6197		V45	739	00:05:26:41	5620
6179	427	Luzia Capela	00:35:18	01:08:40	01:07:46	6306	Mel Runners	V55	82	00:05:32:84	5881
6180	5466	Bruno Santos	00:36:38	01:08:40	01:06:35	6108		V40	670	00:05:00:87	4310
6181	5038	Joana Almeida	00:37:05	01:08:41	01:05:57	5988		V35	199	00:05:20:04	5318
6182	5958	Luis Dixon	00:35:23	01:08:41	01:06:59	6183		V50	582	00:05:24:07	5513
6183	374	Diogo Ferreira	00:33:00	01:08:42	01:07:09	6201		V35	684	00:05:29:02	5733
6184	6909	Carlos Martinho	00:35:58	01:08:42	01:06:26	6088		Senior	1254	00:05:43:95	6282
6185	2382	Carina Guerreiro	00:31:52	01:08:42	01:08:38	6465	Clube Novo Banco	V45	246	00:05:48:07	6424
6186	3742	Johany Portillo	00:35:30	01:08:43	01:05:39	5936	Coniglios	V45	740	00:05:21:03	5376
6187	7632	Clara Nunes	00:35:57	01:08:43	01:06:14	6049		V50	163	00:05:46:59	6370
6188	6413	Mónica Jacob	00:36:02	01:08:44	01:06:45	6150	Deloitte Running Club	V45	247	00:05:36:86	6022
6189	1196	Miguel André	00:32:10	01:08:44	01:08:22	6399		Junior	133	00:06:26:61	7358
6190	365	Joao Fonseca	00:33:00	01:08:44	01:07:09	6202		V35	685	00:05:31:09	5816
6191	3123	Catarina Almeida	00:35:02	01:08:45	01:07:24	6244		Senior	574	00:05:48:11	6427
6192	4469	Joel Veríssimo	00:35:19	01:08:45	01:07:56	6323		V40	671	00:05:39:43	6124
6193	2340	Gianna Testa	00:33:02	01:08:45	01:08:27	6426		V45	248	00:06:33:92	7486
6194	7573	João Moço	00:33:29	01:08:45	01:08:02	6335		Senior	1255	00:06:15:28	7121
6195	1195	António Fernandes	00:33:32	01:08:46	01:08:38	6463	correr Loures	V55	326	00:05:33:85	5919



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
6196	202	Alice Faria	00:36:04	01:08:46	01:06:36	6115		Senior	575	00:05:40:75	6165
6197	9503	Renato Locketti	00:36:17	01:08:47	01:05:37	5927		Senior	1256	00:05:32:57	5870
6198	8891	Berta Dias	00:34:46	01:08:47	01:07:06	6191		V55	83	00:05:42:45	6230
6199	6891	Tony Rodrigues	00:34:34	01:08:48	01:07:40	6291		V40	672	00:05:22:99	5457
6200	4529	Vasco Ribeiro	00:35:38	01:08:49	01:07:47	6313	POLAR EXPRESS	V35	686	00:05:57:07	6694
6201	5268	Ana Parada	00:33:59	01:08:50	01:07:06	6190		V35	200	00:06:17:24	7167
6202	4530	Vitor Marques	00:35:58	01:08:50	01:07:45	6301	POLAR EXPRESS	V60	156	00:05:57:73	6711
6203	8839	Pedro Tomás	00:36:39	01:08:50	01:07:52	6318		Senior	1257	00:05:37:10	6032
6204	4528	Luis Ribeiro	00:35:57	01:08:50	01:07:45	6302	POLAR EXPRESS	V60	157	00:05:58:51	6731
6205	10408	Daniela Coutinho	00:35:47	01:08:51	01:07:47	6309		V50	164	00:05:19:59	5293
6206	145	Ricardo Franco	00:31:35	01:08:51	01:08:23	6405		V50	583	00:05:44:93	6315
6207	9467	Clara Ribeiro	00:36:58	01:08:51	01:06:15	6056		V45	249	00:05:40:85	6170
6208	7961	José Santos	00:34:24	01:08:52	01:07:26	6252		V45	741	00:05:33:08	5891
6209	10340	Luis Nacari	00:31:45	01:08:52	01:08:11	6365		V40	673	00:06:20:80	7235
6210	7963	Rafaela Brito	00:34:12	01:08:53	01:08:13	6371		Senior	576	00:05:56:80	6685
6211	9595	Leandro Souza	00:36:49	01:08:53	01:06:07	6027		V40	674	00:05:34:57	5943
6212	1866	Fábio Júlio	00:36:12	01:08:53	01:06:09	6034		V35	687	00:05:35:21	5968
6213	6458	Rui Costa	00:35:55	01:08:53	01:06:44	6147		V55	327	00:05:50:59	6494
6214	1872	Catarina Ambrósio	00:36:12	01:08:54	01:06:11	6041		V35	201	00:05:36:23	5996



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
6215	4516	Marlene Gois	00:36:03	01:08:54	01:05:43	5951		V35	202	00:05:45:73	6342
6216	1728	Nuno Santos	00:31:54	01:08:54	01:08:32	6440		V45	742	00:06:32:54	7467
6217	3615	António Henriques	00:33:36	01:08:55	01:07:32	6269	Pip's Team	V55	328	00:06:11:37	7040
6218	6459	Ana Costa	00:35:56	01:08:55	01:06:43	6139		Senior	577	00:05:51:98	6530
6219	3900	Marco Medeiros	00:32:57	01:08:55	01:08:23	6407		Senior	1258	00:05:23:86	5497
6220	3961	Ricardo Rodrigues	00:37:43	01:08:56	01:05:09	5830	ModaFoca	V45	743	00:05:09:58	4805
6221	9279	Ana Mendes	00:35:35	01:08:56	01:05:08	5826	Pichas de Melro	Senior	578	00:05:54:28	6607
6222	8561	Daniele Cunha	00:32:50	01:08:57	01:08:33	6446		V35	203	00:05:53:97	6597
6223	6818	Raquel Costa	00:36:41	01:08:57	01:06:40	6129		V40	226	00:05:17:95	5222
6224	3962	Catarina Góis	00:37:43	01:08:57	01:05:11	5833	ModaFoca	V40	227	00:05:10:41	4859
6225	9559	Filipe Rodrigues	00:34:10	01:08:57	01:08:28	6430		Junior	134	00:06:15:25	7118
6226	2348	Ana Praxedes	00:35:18	01:08:57	01:08:05	6345	FIDELIDADE GDC	V50	165	00:05:20:37	5334
6227	1623	Katia Silva	00:35:08	01:08:58	01:07:19	6227		V45	250	00:05:40:87	6171
6228	2479	Vitor Teixeira	00:31:25	01:08:58	01:08:19	6390		V55	329	00:06:25:37	7329
6229	7527	Rita Azevedo	00:36:02	01:08:58	01:06:20	6072		V45	251	00:05:51:49	6513
6230	2026	Nuno Jorge	00:33:54	01:08:58	01:08:18	6385		V40	675	00:05:49:89	6477
6231	2028	Ana Soares	00:33:54	01:08:59	01:08:19	6389		V45	252	00:05:49:01	6463
6232	6776	Ricardo Nogueira	00:33:06	01:08:59	01:07:38	6281		V35	688	00:06:29:60	7410
6233	6184	Ana Pratas	00:32:42	01:09:00	01:08:56	6528		V45	253	00:05:58:44	6729





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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
6234	9903	Vera Alves	00:34:21	01:09:00	01:08:20	6393	Carapaus de Corrida	Senior	579	00:05:44:04	6285
6235	678	Jorge Ralo	00:37:14	01:09:00	01:05:43	5950	Friends Team	V60	158	00:05:11:38	4899
6236	10824	Joana Pereirinha	00:33:50	01:09:01	01:08:41	6474		Senior	580	00:05:45:69	6339
6237	992	Cristina Poeira	00:32:42	01:09:01	01:08:56	6531	Insane Évora Team	V60	23	00:05:56:26	6668
6238	677	Rita Pereira	00:37:13	01:09:01	01:05:43	5949	Friends Team	V40	228	00:05:11:68	4920
6239	2907	Carolina Almeida	00:33:01	01:09:02	01:08:41	6472	GDCT Unicre	Senior	581	00:06:13:31	7086
6240	6750	Bernardo Moura	00:36:33	01:09:02	01:06:49	6163		Senior	1259	00:05:25:35	5575
6241	6954	Tiago Sanche	00:35:36	01:09:02	01:06:25	6085		V35	689	00:06:01:41	6802
6242	9317	Rafael Dolores	00:36:27	01:09:02	01:05:34	5916		V40	676	00:05:20:50	5343
6243	2920	Catarina Pereira	00:33:00	01:09:03	01:08:42	6479	GDCT Unicre	Senior	582	00:06:13:74	7091
6244	542	Rute Vidal	00:35:44	01:09:03	01:07:04	6189		Senior	583	00:05:19:33	5279
6245	9058	Joseane Schumacher	00:33:15	01:09:03	01:08:58	6534		V40	229	00:05:59:39	6758
6246	1499	Mykola Plysyuk	00:37:35	01:09:04	01:09:03	6543		Junior	135	00:04:26:47	2453
6247	3196	Filipa Carolino	00:34:26	01:09:04	01:07:30	6262	Workoutside	Senior	584	00:05:46:87	6379
6248	1379	Cristiana Bexiga	00:40:01	01:09:04	01:06:04	6007		Senior	585	00:05:00:56	4294
6249	10081	Rafael Ventura	00:38:53	01:09:05	01:05:44	5958		V35	690	00:05:50:58	6493
6250	9053	João Afonso	00:34:02	01:09:05	01:07:14	6209	Gameiros Sport	Senior	1260	00:05:54:95	6633
6251	8045	João Medeiros	00:35:46	01:09:06	01:05:57	5992		V40	677	00:05:44:73	6311
6252	7589	Élio Salsinha	00:36:52	01:09:06	01:05:46	5963		Senior	1261	00:06:02:81	6846



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
6253	4628	Helena Silva	00:34:49	01:09:06	01:08:12	6369	Lebres Vermelhas SB	V40	230	00:05:41:61	6204
6254	1382	Joao Vieira	00:36:50	01:09:06	01:05:46	5961		V45	744	00:05:16:48	5148
6255	1383	Carla Vieira	00:36:50	01:09:06	01:05:45	5960		V45	254	00:05:16:38	5140
6256	10982	Fabiana Fernandes	00:34:40	01:09:07	01:08:20	6395		Senior	586	00:05:38:61	6099
6257	5891	Maria Alves	00:34:10	01:09:07	01:08:47	6505	AnimaT	V65	9	00:05:50:44	6489
6258	10540	Daniela Azevedo	00:33:55	01:09:08	01:08:23	6402		V40	231	00:05:45:10	6320
6259	9624	Daniela Fernandes	00:37:19	01:09:08	01:06:36	6112		Senior	587	00:05:41:05	6183
6260	3884	Nuno Fernandes	00:32:04	01:09:08	01:08:33	6444		V45	745	00:05:51:31	6510
6261	7624	Maia Gilsean	00:35:12	01:09:09	01:06:40	6130		Senior	588	00:05:19:05	5264
6262	1292	Rodrigo Maya	00:33:17	01:09:09	01:06:47	6154	Two Care	V35	691	00:06:07:09	6936
6263	10680	David Neves	00:37:41	01:09:10	01:05:36	5925		Senior	1262	00:04:56:44	4037
6264	963	Jose Costa	00:34:12	01:09:10	01:07:54	6322	CCD Siemens	V60	159	00:05:46:79	6376
6265	321	Eliene Silva	00:37:21	01:09:10	01:06:44	6146		V45	255	00:05:31:91	5846
6266	412	Sandra Silva	00:37:21	01:09:10	01:06:43	6143		V40	232	00:05:30:47	5795
6267	4339	Tatiana Fernandes	00:37:02	01:09:10	01:06:05	6022	The Angus Gang	V40	233	00:05:04:63	4536
6268	4338	Rui Mendes	00:37:02	01:09:10	01:06:05	6021	The Angus Gang	V40	678	00:05:04:23	4506
6269	9159	Ana Belfo	00:31:40	01:09:10	01:08:17	6381		V35	204	00:06:02:03	6823
6270	9158	Dário Salvador	00:31:40	01:09:11	01:08:19	6388		V35	692	00:06:01:85	6813
6271	5899	Francisco Sarrasqueiro	00:35:28	01:09:11	01:07:58	6324		V75	6	00:05:47:30	6396



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
6272	8684	Joana Marques	00:38:15	01:09:11	01:05:22	5869	Karls Team	V40	234	00:05:24:09	5515
6273	7168	Hélder Borges	00:36:36	01:09:12	01:06:18	6065		V45	746	00:05:06:41	4634
6274	7435	Marta Silva	00:34:59	01:09:12	01:06:33	6103	Ciência Viva	V40	235	00:06:20:44	7229
6275	8229	Duarte Cabral	00:36:13	01:09:13	01:05:27	5898		V50	584	00:06:22:85	7274
6276	3121	Tiago Silva	00:35:10	01:09:13	01:07:46	6304		V35	693	00:05:44:71	6310
6277	6119	Cristina Reis	00:35:11	01:09:13	01:07:47	6310		V50	166	00:05:44:99	6317
6278	7490	Manuela Lo	00:36:14	01:09:14	01:07:21	6234		V35	205	00:05:40:97	6179
6279	3035	Dora Carrilho	00:33:05	01:09:14	01:08:36	6460		Senior	589	00:06:02:60	6840
6280	5529	Alda Ribas	00:36:15	01:09:14	01:07:22	6237		V40	236	00:05:41:31	6193
6281	10316	Alida Begezhanova	00:37:16	01:09:15	01:08:42	6475		Junior	41	00:04:59:85	4247
6282	3829	Luis Contrimsilva	00:33:45	01:09:15	01:08:42	6480	Clube Millennium BCP	V55	330	00:05:45:73	6343
6283	1154	Ana Mota	00:33:29	01:09:15	01:08:31	6433		V50	167	00:05:11:67	4918
6284	4531	Rui Cordeiro	00:35:58	01:09:16	01:08:11	6364	POLAR EXPRESS	V60	160	00:05:50:60	6495
6285	11195	Estela Leandro	00:36:05	01:09:16	01:07:09	6200		Senior	590	00:05:29:76	5764
6286	9913	Maria Gonçalves	00:33:58	01:09:17	01:08:32	6439		V45	256	00:05:36:42	6004
6287	9911	Rui Frois	00:33:59	01:09:17	01:08:32	6438		V50	585	00:05:36:32	6000
6288	4525	Mafalda Bação	00:32:07	01:09:17	01:08:40	6470	GRCD Leião	Senior	591	00:06:03:42	6858
6289	9276	Rita Pegado	00:32:35	01:09:18	01:09:08	6560	MONTE PEGADO	V45	257	00:05:51:61	6522
6290	2796	Ana Melo	00:35:37	01:09:19	01:08:02	6333		V55	84	00:05:40:11	6144



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
6291	1127	João Almeida	00:38:15	01:09:19	01:06:50	6165		V40	679	00:04:58:27	4142
6292	5700	Jose Almeida	00:38:13	01:09:19	01:06:51	6167		V40	680	00:04:59:26	4213
6293	7398	Nuno Cordeiro	00:34:22	01:09:19	01:08:34	6449	CUA Benaventense - 3B Triatlo	V45	747	00:06:17:31	7169
6294	7205	Eva Kiss	00:34:42	01:09:20	01:08:27	6423		V45	258	00:05:58:97	6745
6295	7853	Paula Oliveira	00:34:27	01:09:20	01:08:02	6336		Senior	592	00:05:39:11	6116
6296	2052	Joana Pereira	00:34:12	01:09:20	01:08:41	6471	CCD Crédito Agrícola Mútuo	Senior	593	00:05:31:74	5834
6297	3361	Patrícia Pinto	00:34:10	01:09:21	01:08:43	6481	SlimTyThree	V40	237	00:06:09:75	6997
6298	5759	Joana Cruto	00:36:06	01:09:22	01:07:16	6216		V35	206	00:05:53:72	6587
6299	5758	Susana Jorge	00:36:06	01:09:22	01:07:16	6215		Senior	594	00:05:54:02	6599
6300	9234	João Rodrigues	00:35:57	01:09:22	01:06:49	6161		V65	59	00:05:31:77	5836
6301	7520	Lucia Passatore	00:32:49	01:09:22	01:09:07	6558		V60	24	00:06:05:89	6909
6302	10547	Manuel Barbosa	00:36:04	01:09:22	01:06:51	6168	As Bestas	Senior	1263	00:05:45:86	6347
6303	10363	João Barbosa	00:36:04	01:09:23	01:06:51	6169	As Bestas	Senior	1264	00:05:46:12	6355
6304	7542	Maria Venâncio	00:36:04	01:09:24	01:07:17	6219		Senior	595	00:05:40:45	6153
6305	4760	Elena Timoshenko	00:36:12	01:09:24	01:07:38	6285		V40	238	00:05:21:36	5388
6306	10322	Miguel Loureiro	00:31:36	01:09:24	01:08:07	6350	Tenros	Senior	1265	00:06:31:96	7458
6307	1640	Susana Pereira	00:35:32	01:09:24	01:08:07	6355		V45	259	00:05:44:84	6314
6308	4762	Alejandro Jaumandreu	00:36:12	01:09:24	01:07:40	6289		Senior	1266	00:05:21:42	5395
6309	4761	Igor Santos	00:36:12	01:09:25	01:07:40	6288		V55	331	00:05:23:28	5476



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
6310	9105	Andre Reis	00:34:12	01:09:25	01:07:51	6317	Claranet Portugal	V40	681	00:05:37:74	6053
6311	9686	Ana Rodrigues	00:34:06	01:09:26	01:08:46	6497		V35	207	00:05:38:85	6106
6312	1353	Sandra Oliveira	00:34:59	01:09:26	01:08:01	6330		V45	260	00:06:25:80	7341
6313	3751	Yulia Albrecht	00:33:16	01:09:26	01:09:09	6565		V50	168	00:05:44:69	6307
6314	1117	Sofia Morgado	00:33:36	01:09:26	01:09:06	6555	GMCJamor	V50	169	00:05:46:77	6375
6315	4979	Helena Silva	00:34:44	01:09:27	01:08:28	6429		V45	261	00:05:33:26	5899
6316	1352	Luís Rodas	00:35:01	01:09:27	01:08:02	6332		V45	748	00:06:25:86	7343
6317	8799	Susana Rodrigues	00:34:05	01:09:27	01:09:02	6540	GMCJamor	V50	170	00:05:47:83	6417
6318	5442	Filipe Moreira	00:34:33	01:09:27	01:08:28	6428		V50	586	00:05:33:55	5912
6319	7201	António Lopes	00:36:37	01:09:27	01:06:34	6104		V55	332	00:05:06:63	4646
6320	5849	Vasco Ponciano	00:33:14	01:09:30	01:08:07	6352		V40	682	00:06:08:94	6980
6321	52	Joana Cardoso	00:31:58	01:09:30	01:08:51	6515	CSQUARED PARTNERS, LDA	Senior	596	00:06:05:99	6912
6322	5278	Ana Feijó	00:31:54	01:09:30	01:08:50	6513	SS CGD	V35	208	00:06:04:72	6885
6323	5888	Filipa Santos	00:32:18	01:09:31	01:09:11	6567	AnimaT	V35	209	00:06:01:92	6816
6324	4576	João Tavares	00:36:39	01:09:31	01:08:30	6432		Senior	1267	00:05:22:87	5450
6325	8566	Rodrigo Ferreira	00:36:39	01:09:31	01:08:31	6437		Senior	1268	00:05:22:99	5456
6326	7805	Diogo Santos	00:37:03	01:09:31	01:06:45	6149		V50	587	00:05:46:49	6365
6327	10813	António Camilo	00:33:35	01:09:32	01:09:01	6539		V45	749	00:06:09:39	6988
6328	10797	Nazaret Nascimento	00:33:36	01:09:33	01:09:00	6537		V40	239	00:06:09:53	6992



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
6329	8503	João Campos	00:36:19	01:09:33	01:07:28	6258	Adega Taurina running	V35	694	00:05:43:50	6268
6330	1663	Carlos Sousa	00:32:12	01:09:33	01:09:25	6612	APOGMA	V55	333	00:05:51:17	6506
6331	6235	Gonçalo Midões	00:32:37	01:09:34	01:08:51	6517		Senior	1269	00:05:48:71	6449
6332	6236	Margarida Pereira	00:32:36	01:09:34	01:08:51	6518		Senior	597	00:05:49:09	6464
6333	2655	Joana Carreteiro	00:33:25	01:09:34	01:09:16	6582		Senior	598	00:05:57:27	6699
6334	10320	João Félix	00:32:39	01:09:35	01:08:13	6373	Tenros	Senior	1270	00:06:12:86	7075
6335	1122	Miguel Teixeira	00:37:40	01:09:35	01:06:05	6023		V50	588	00:05:10:86	4880
6336	1115	Pedro Rodrigues	00:37:40	01:09:36	01:06:06	6024		V60	161	00:05:11:22	4893
6337	9130	Pedro Alves	00:37:14	01:09:36	01:06:16	6057	Claranet Portugal	V50	589	00:05:24:50	5534
6338	5576	Francisco Lhano	00:37:46	01:09:37	01:06:23	6081	Casal Cabanas	Senior	1271	00:05:15:44	5104
6339	975	Ismar Ferreira	00:35:28	01:09:37	01:08:31	6434		V60	162	00:05:37:57	6048
6340	7617	Leonor Ferreira	00:34:49	01:09:40	01:08:22	6400		V45	262	00:05:38:95	6111
6341	2874	Elisa Almeida	00:33:42	01:09:40	01:09:28	6622	GRCD Leião	V55	85	00:05:45:04	6318
6342	10359	Isabel Rebelo	00:36:30	01:09:41	01:06:23	6076		V50	171	00:06:14:92	7109
6343	527	Vitor Rebelo	00:36:29	01:09:41	01:06:23	6080		V55	334	00:06:15:22	7116
6344	9817	Adelino Pereira	00:33:02	01:09:41	01:08:47	6501		V45	750	00:05:50:49	6490
6345	8875	Anna Ekner	00:36:14	01:09:41	01:07:08	6199		Senior	599	00:05:57:28	6700
6346	3059	Carina Sérvolo	00:36:37	01:09:42	01:06:50	6166		V35	210	00:05:20:89	5368
6347	4328	Nuno Romao	00:34:52	01:09:42	01:07:21	6236	GDM	V45	751	00:06:43:24	7623



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LISBOA

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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
6348	364	Carla Brás	00:36:36	01:09:42	01:06:49	6159		V40	240	00:05:20:48	5342
6349	6011	Cátia Siopa	00:34:27	01:09:42	01:09:06	6556	Equipa Sonho Trambolhos Maravilhosos	V40	241	00:05:54:26	6606
6350	5307	Andela Fonseca	00:35:40	01:09:43	01:07:16	6214		V35	211	00:05:46:28	6359
6351	8507	Pedro Vincent	00:37:00	01:09:43	01:08:02	6334		V40	683	00:05:41:92	6219
6352	945	Teresa Araujo	00:32:23	01:09:43	01:09:11	6568		V45	263	00:06:16:89	7156
6353	3902	Fábio Marta	00:39:20	01:09:44	01:06:14	6052		Senior	1272	00:05:20:53	5345
6354	5711	Antonio Rico	00:37:01	01:09:44	01:08:03	6338		V45	752	00:05:43:10	6255
6355	3965	João Santos	00:39:20	01:09:44	01:06:15	6053		V50	590	00:05:20:62	5349
6356	9857	Luis Machado	00:32:41	01:09:44	01:09:15	6575	Bankinter	V55	335	00:06:02:32	6831
6357	9856	Sandra Carraca	00:32:49	01:09:45	01:09:16	6584	Bankinter	V50	172	00:06:01:93	6818
6358	2243	Carolina Marques	00:37:02	01:09:45	01:07:19	6226		Senior	600	00:05:27:68	5675
6359	10646	Nadia Pinho	00:37:02	01:09:45	01:07:19	6230		V45	264	00:05:28:00	5693
6360	2241	Carlos Marques	00:37:02	01:09:46	01:07:19	6225		V60	163	00:05:28:70	5718
6361	9305	João Fernandes	00:37:08	01:09:46	01:07:30	6261		V45	753	00:05:35:85	5982
6362	9256	Tiago Estevão	00:37:08	01:09:46	01:07:30	6260		V35	695	00:05:36:11	5993
6363	8353	Rui Jorge	00:38:45	01:09:47	01:06:56	6179		V40	684	00:05:16:82	5168
6364	10102	Diniz Francisco	00:37:38	01:09:47	01:07:16	6211		Junior	136	00:04:29:66	2607
6365	10073	Helder Francisco	00:37:38	01:09:48	01:07:16	6212		V45	754	00:04:30:00	2625
6366	9861	Patrícia Cunha	00:33:56	01:09:48	01:09:27	6619	Bankinter	V40	242	00:05:59:68	6762



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
6367	5946	Maria Pereira	00:35:11	01:09:48	01:08:38	6466	Clube ANA Lisboa	V55	86	00:05:41:82	6217
6368	9967	Tomás Calisto	00:37:37	01:09:48	01:07:17	6217		Junior	137	00:04:30:44	2651
6369	5535	António Novas	00:37:09	01:09:49	01:06:16	6059		V45	755	00:05:39:03	6114
6370	5618	Silvina Tomás	00:33:04	01:09:49	01:09:37	6647	Hard Running Team Arruda dos Vinhos	V50	173	00:05:27:82	5683
6371	3873	Jose Cabral	00:35:29	01:09:50	01:08:08	6357	A TEAM AGEAS	V50	591	00:05:46:83	6378
6372	7684	Maiza Semedo	00:34:58	01:09:50	01:06:43	6138		Senior	601	00:04:43:31	3351
6373	4287	Carolina Milhanas	00:35:09	01:09:50	01:06:48	6158		Senior	602	00:06:28:14	7381
6374	10806	Cristina Trovão	00:33:04	01:09:50	01:09:38	6648	Hard Running Team Arruda dos Vinhos	V55	87	00:05:29:35	5748
6375	3514	Patricia Capelle	00:36:20	01:09:51	01:06:41	6133		V40	243	00:05:02:04	4367
6376	10709	Cleonice Oliveira	00:31:38	01:09:52	01:09:35	6641	Associação de Moradores de Atibá	V55	88	00:05:48:95	6461
6377	9200	João Pires	00:33:39	01:09:53	01:09:09	6566	CF Os Belenenses	V50	592	00:05:51:25	6508
6378	2309	Juliana Heitmann	00:32:18	01:09:53	01:09:49	6676		V50	174	00:06:34:72	7490
6379	7593	Ana Freitas	00:35:41	01:09:53	01:07:19	6232		Senior	603	00:05:37:15	6035
6380	9353	Sónia Faria	00:33:16	01:09:53	01:09:18	6589		V45	265	00:05:51:54	6517
6381	8562	Rita Martins	00:34:16	01:09:54	01:08:18	6387		V35	212	00:06:07:99	6956
6382	8476	Duarte Júlio	00:40:16	01:09:54	01:06:35	6110	Os Júlios	Junior	138	00:05:06:24	4622
6383	10936	Ainhoa Fernández	00:38:19	01:09:55	01:08:50	6512		V40	244	00:04:45:29	3493
6384	8452	Nuno Vieira	00:32:59	01:09:55	01:09:15	6574		V45	756	00:05:49:80	6474
6385	9968	Rui Calisto	00:37:36	01:09:56	01:07:24	6247		V45	757	00:04:38:09	3074





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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
6386	4813	Max Bobliyenko	00:32:10	01:09:56	01:07:31	6268		Junior	139	00:06:28:63	7393
6387	10788	Carlos Ferreira	00:33:49	01:09:56	01:09:07	6557		V60	164	00:05:55:21	6643
6388	2117	Sofia Ambrioso	00:35:57	01:09:56	01:08:00	6327		V45	266	00:05:38:12	6078
6389	5302	Rita Pontes	00:36:05	01:09:56	01:09:08	6561		Senior	604	00:05:34:32	5935
6390	5301	Ana Kullberg	00:36:04	01:09:56	01:09:09	6564		Senior	605	00:05:36:25	5997
6391	10937	Ismael Sánchez	00:38:21	01:09:57	01:08:52	6520		V45	758	00:04:46:24	3537
6392	1213	Teresa Wong	00:34:37	01:09:57	01:08:37	6462		V55	89	00:05:43:88	6279
6393	7469	João Barata	00:32:38	01:09:57	01:09:04	6549	Mediaruns	Senior	1273	00:05:54:66	6623
6394	10749	Catarina Belo	00:37:35	01:09:57	01:08:18	6386		V40	245	00:04:53:07	3865
6395	4923	Ana Alves	00:34:47	01:09:57	01:09:22	6603		V45	267	00:05:52:47	6548
6396	893	Pedro Rodrigues	00:34:37	01:09:58	01:08:36	6461		V65	60	00:05:44:38	6297
6397	9993	Ana Sousa	00:35:24	01:09:58	01:08:02	6337		V40	246	00:06:12:22	7064
6398	4921	Nuno Rodrigues	00:34:47	01:09:58	01:09:24	6609		V45	759	00:05:53:20	6574
6399	2964	Pedro Francisco	00:34:58	01:09:59	01:08:25	6413		Senior	1274	00:05:47:34	6398
6400	6300	Gonçalo Duarte	00:38:44	01:09:59	01:07:06	6192		V35	696	00:05:26:26	5615
6401	4367	Patricia Girao	00:34:57	01:09:59	01:09:03	6546		V50	175	00:06:11:29	7035
6402	8793	Isabel Lima	00:35:54	01:09:59	01:08:06	6348		V40	247	00:05:37:87	6063
6403	3978	Fatima Pereira	00:34:43	01:10:00	01:09:19	6592		V40	248	00:05:50:36	6483
6404	7146	Patricia Ribeiro	00:36:35	01:10:00	01:08:33	6447		V40	249	00:05:31:56	5831



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
6405	7113	Pedro Ribeiro	00:36:35	01:10:00	01:08:33	6448		V45	760	00:05:31:66	5832
6406	2127	Joao Isabel	00:35:31	01:10:01	01:08:45	6494		V40	685	00:06:17:10	7162
6407	17	Nuno Porfírio	00:35:54	01:10:01	01:08:10	6362		V45	761	00:05:39:72	6132
6408	5296	Simona Faktorová	00:34:33	01:10:01	01:08:10	6360		V40	250	00:05:44:24	6291
6409	5718	Diogo Duarte	00:43:12	01:10:01	01:08:32	6442		Senior	1275	00:04:52:39	3830
6410	5558	Sara Boaventura	00:34:38	01:10:01	01:08:57	6532		Senior	606	00:06:28:32	7385
6411	1169	Ricardo Nabais	00:34:59	01:10:02	01:07:27	6255	ARISTOBRAVOS	V40	686	00:05:45:46	6331
6412	10895	Hubert Minet	00:37:47	01:10:04	01:07:01	6185		V50	593	00:06:04:22	6877
6413	3513	Vandeweghe Christophe	00:36:20	01:10:05	01:06:55	6177		V40	687	00:05:14:93	5080
6414	2799	Alexandra Miranda	00:34:14	01:10:07	01:09:13	6570		V55	90	00:06:21:40	7243
6415	11263	Jakob Jurczyk-Bäumer	00:39:41	01:10:07	01:06:38	6121		V35	697	00:04:33:59	2818
6416	3551	Andreia Veríssimo	00:35:48	01:10:08	01:08:25	6412		Senior	607	00:05:36:51	6007
6417	1491	Oleksandr Plysyuk	00:35:09	01:10:08	01:07:23	6242		Senior	1276	00:05:28:90	5727
6418	1492	Maksym Kalinin	00:36:16	01:10:09	01:07:19	6228		Senior	1277	00:05:29:04	5734
6419	7140	Claudia Monteiro	00:33:50	01:10:10	01:09:28	6621		V40	251	00:06:01:95	6820
6420	4944	Paulo Benittes	00:30:55	01:10:12	01:10:09	6720		V45	762	00:06:51:88	7732
6421	5505	João Mareco	00:32:37	01:10:12	01:09:27	6618	Treino no Park	V45	763	00:06:06:76	6927
6422	9054	Ana Descalço	00:34:04	01:10:12	01:08:20	6394	Gameiros Sport	Senior	608	00:09:24:67	8419
6423	485	Andreia Avelino	00:36:26	01:10:13	01:06:59	6182		V35	213	00:05:47:52	6404



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
6424	492	Nelson Henriques	00:36:26	01:10:13	01:06:58	6181		V40	688	00:05:47:65	6408
6425	10086	Anna Burawa	00:35:34	01:10:13	01:07:45	6300		Senior	609	00:05:39:33	6121
6426	116	Mario Pires	00:31:50	01:10:14	01:09:41	6653		V60	165	00:06:00:01	6773
6427	1863	Henrique Rodrigues	00:36:13	01:10:15	01:07:52	6319	Rockets	V45	764	00:05:52:65	6554
6428	9649	Vitor Figueiredo	00:36:16	01:10:15	01:07:27	6254		Senior	1278	00:05:58:69	6736
6429	9746	João Corrêa	00:30:32	01:10:16	01:09:05	6552	Corrêa Kranzfeld	Senior	1279	00:10:37:88	8560
6430	8997	Ana Cunha	00:32:07	01:10:16	01:10:01	6699	Outsystems Olímpico de Oeiras	Junior	42	00:06:08:54	6968
6431	7666	Pedro Figueiredo	00:37:09	01:10:17	01:07:51	6316	TEAMÓTEO	V50	594	00:05:37:64	6050
6432	6569	Abel Felicio	00:35:41	01:10:17	01:06:43	6140		V45	765	00:06:53:96	7758
6433	4489	Celestina Magalhães	00:33:58	01:10:17	01:09:15	6578		V55	91	00:06:03:83	6865
6434	3283	Elisa Sampaio	00:33:58	01:10:17	01:09:15	6580		V55	92	00:06:05:07	6893
6435	545	Pedro Vitorino	00:32:04	01:10:18	01:09:48	6674		V40	689	00:08:47:79	8339
6436	1479	Samuel Pires	00:32:55	01:10:19	01:09:51	6679		Senior	1280	00:06:37:94	7546
6437	6821	Ana Peixeira	00:36:41	01:10:20	01:08:05	6344		V35	214	00:05:39:11	6117
6438	9541	Paula Aniana	00:34:19	01:10:20	01:08:23	6403		V35	215	00:05:41:54	6200
6439	2612	Lívia Henriques	00:36:13	01:10:20	01:08:26	6418	Dory	Senior	610	00:06:19:45	7201
6440	2611	Lucas Machado	00:36:13	01:10:20	01:08:26	6417	Dory	Senior	1281	00:06:19:85	7214
6441	10312	Marina Dislich	00:36:07	01:10:21	01:08:34	6450		Senior	611	00:06:00:60	6781
6442	10313	Nicole Derenzi	00:36:07	01:10:22	01:08:34	6451		V35	216	00:06:01:08	6794



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
6443	3052	Tania Carrusca	00:33:49	01:10:22	01:09:32	6633		V50	176	00:05:52:90	6563
6444	10847	Francisco Bellini	00:35:19	01:10:22	01:06:37	6120		Senior	1282	00:05:21:92	5419
6445	6527	Daniel Galvão	00:35:32	01:10:22	01:08:41	6473		V40	690	00:06:11:79	7052
6446	1912	Sara Felizardo	00:37:29	01:10:22	01:08:10	6361	Anémonas	Senior	612	00:05:02:72	4419
6447	5575	Joana Lourenço	00:37:45	01:10:23	01:07:10	6204	Casal Cabanas	Senior	613	00:05:25:99	5606
6448	6525	Gabriela Galvão	00:35:35	01:10:23	01:08:42	6477		V35	217	00:06:12:30	7066
6449	5574	Francisco Cocco	00:37:45	01:10:23	01:07:11	6205	Casal Cabanas	Senior	1283	00:05:27:04	5653
6450	6069	Marco Loureiro	00:40:45	01:10:25	01:08:38	6467		V40	691	00:04:49:50	3706
6451	5077	Luis Coito	00:35:06	01:10:25	01:09:20	6597	Grupo Desportivo Santander Totta	V50	595	00:05:56:94	6692
6452	1892	Sérgio Silva	00:32:10	01:10:25	01:09:59	6696		V40	692	00:06:23:47	7294
6453	66	Joana Guerreiro	00:37:11	01:10:27	01:06:46	6151		Senior	614	00:05:21:22	5380
6454	3607	Joana Peralta	00:35:21	01:10:28	01:09:47	6667	RunLovers	V45	268	00:06:07:73	6949
6455	2764	Patricia Morais	00:35:06	01:10:29	01:09:26	6614		V35	218	00:05:59:99	6772
6456	404	Neuza Rodrigues	00:37:20	01:10:29	01:08:01	6331		V35	219	00:05:47:12	6387
6457	2880	Carlos Miguel	00:35:04	01:10:29	01:09:26	6613		V45	766	00:06:01:18	6797
6458	3504	Diogo Machado	00:34:47	01:10:30	01:08:46	6496		V35	698	00:06:09:44	6990
6459	3343	Daniela Simão	00:34:48	01:10:30	01:08:46	6495		V35	220	00:06:10:14	7010
6460	2186	Rui Canelas	00:35:00	01:10:31	01:10:07	6714	Moita do Ribatejo 2860	V45	767	00:05:35:68	5978
6461	8551	Paula Parreira	00:32:39	01:10:31	01:10:16	6741		V55	93	00:06:26:30	7349



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
6462	7422	Veronica Gienini	00:35:35	01:10:31	01:08:44	6488		V40	252	00:06:13:65	7088
6463	10500	Linda Alves	00:36:27	01:10:31	01:08:11	6366		Senior	615	00:05:28:34	5704
6464	8538	Agostinho Rodrigues	00:34:37	01:10:31	01:09:30	6628		V60	166	00:05:47:29	6395
6465	5114	Vanessa Costa	00:35:21	01:10:32	01:09:12	6569		V40	253	00:05:53:89	6593
6466	9557	Jorge Rodrigues	00:34:00	01:10:32	01:10:02	6700		V45	768	00:06:20:63	7230
6467	9558	Diana Mota	00:34:09	01:10:32	01:10:03	6701		V40	254	00:06:20:23	7224
6468	7525	Margarida Cardoso	00:36:55	01:10:33	01:09:59	6695		Senior	616	00:05:48:11	6428
6469	7400	Rozitta Silva	00:34:23	01:10:33	01:09:49	6677	CUA Benaventense - 3B Triatlo	V35	221	00:05:52:73	6558
6470	4212	Raquel Peixoto	00:37:45	01:10:33	01:08:43	6482		Senior	617	00:05:12:33	4953
6471	3039	Artur Soares	00:34:51	01:10:33	01:09:57	6693		V50	596	00:06:23:86	7298
6472	5383	Andre Pombinho	00:34:51	01:10:33	01:09:56	6690		V40	693	00:06:23:22	7288
6473	1466	André Maia	00:35:31	01:10:34	01:09:16	6583		V40	694	00:05:47:46	6401
6474	3754	Eduardo Saraiva	00:37:24	01:10:34	01:09:55	6689		V40	695	00:05:55:16	6641
6475	2527	Miguel Silva	00:33:32	01:10:34	01:09:19	6594		Senior	1284	00:06:03:88	6866
6476	7339	Maria Garcia	00:36:01	01:10:34	01:08:22	6401	Garcia Runners	Senior	618	00:05:49:87	6475
6477	455	José Paio	00:34:36	01:10:34	01:10:22	6760		V50	597	00:06:20:35	7226
6478	2002	Daniela Ferreira	00:35:04	01:10:34	01:09:19	6595		Senior	619	00:06:04:40	6881
6479	488	Dominique Lemelin	00:36:35	01:10:34	01:08:07	6354		V60	25	00:05:38:78	6105
6480	4776	Cláudia Coelho	00:34:52	01:10:34	01:09:17	6585		Senior	620	00:05:48:06	6423



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# CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
6481	3113	Rodrigo Castanheira	00:34:15	01:10:34	01:09:18	6588		Senior	1285	00:06:26:78	7361
6482	10487	Tomas Guimaraes	00:35:20	01:10:34	01:07:33	6271		Senior	1286	00:06:31:66	7452
6483	846	Nuno Pereira	00:36:07	01:10:35	01:07:14	6208		Senior	1287	00:06:30:96	7436
6484	4775	Ricardo Silva	00:34:52	01:10:35	01:09:18	6586		Senior	1288	00:05:48:83	6457
6485	5769	André Pontes	00:34:54	01:10:35	01:09:18	6587		Senior	1289	00:05:34:90	5958
6486	8567	João Vitorino	00:37:17	01:10:35	01:07:47	6311		Senior	1290	00:06:00:68	6784
6487	7859	Raimundo Ferreira	00:37:16	01:10:35	01:07:50	6315		Senior	1291	00:06:00:89	6791
6488	801	Paulo Gaspar	00:33:25	01:10:36	01:10:19	6752		V45	769	00:06:12:17	7061
6489	6927	Catarina Sousa	00:37:38	01:10:36	01:08:13	6372		Senior	621	00:05:51:67	6524
6490	8396	Rui Gonçalves	00:37:38	01:10:36	01:08:12	6367		Senior	1292	00:05:51:83	6529
6491	260	Josefin Brodde	00:36:51	01:10:37	01:08:19	6391	Limited Edition Team	V45	269	00:05:39:53	6127
6492	3650	Paulo Santos	00:33:29	01:10:37	01:09:45	6664		V50	598	00:06:40:35	7586
6493	4137	Carla Silva	00:35:51	01:10:37	01:08:25	6414		V45	270	00:05:58:00	6716
6494	3499	Amélia Oliveira	00:35:46	01:10:38	01:07:45	6303		V45	271	00:05:58:28	6727
6495	8482	Pedro Neiva	00:33:54	01:10:38	01:10:16	6740	Cruz de Pau feito	V50	599	00:05:22:28	5430
6496	4036	Ana Andrade	00:35:25	01:10:38	01:10:18	6748		V35	222	00:06:11:37	7039
6497	201	Celina Melo	00:35:25	01:10:38	01:10:18	6749		V45	272	00:06:11:81	7053
6498	5043	Jamilson Figueiredo	00:35:27	01:10:39	01:10:30	6772		V45	770	00:06:01:85	6812
6499	9102	Weliton Costa	00:32:30	01:10:39	01:10:17	6744	Claranet Portugal	V35	699	00:07:23:39	8027



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
6500	7670	Maurício Marques	00:39:58	01:10:40	01:08:12	6368	TEAMÓTEO	V45	771	00:04:54:29	3921
6501	7172	Andre Abrantes	00:36:49	01:10:40	01:08:52	6519		Senior	1293	00:05:31:52	5830
6502	6048	Fernando Rocha	00:39:15	01:10:40	01:06:54	6174		V40	696	00:04:55:62	3997
6503	9103	Davi Argandoña	00:32:31	01:10:40	01:10:18	6750	Claranet Portugal	V35	700	00:07:24:06	8035
6504	16	Angela Negrete	00:33:59	01:10:41	01:09:49	6675		V50	177	00:05:24:55	5538
6505	1526	Elsa Loureiro	00:36:29	01:10:41	01:08:51	6514		V50	178	00:05:25:01	5564
6506	2941	João Madeira	00:38:34	01:10:42	01:08:09	6359		Senior	1294	00:04:56:00	4014
6507	3766	Francisco Vieira	00:37:58	01:10:42	01:07:33	6270	Clube Millennium BCP	V50	600	00:05:02:57	4411
6508	1764	Luis Albuquerque	00:36:52	01:10:43	01:08:38	6464		V45	772	00:05:38:23	6083
6509	6196	Claudia Santos	00:36:39	01:10:43	01:08:07	6349		V40	255	00:05:33:28	5902
6510	5041	Beatriz Couto	00:34:38	01:10:43	01:10:24	6767		Senior	622	00:05:59:26	6752
6511	2739	Joao Mendes	00:34:50	01:10:43	01:09:40	6652		V45	773	00:05:26:23	5612
6512	7563	João Moura	00:36:50	01:10:44	01:07:19	6231		Senior	1295	00:05:16:51	5150
6513	10841	Nuno Silva	00:34:38	01:10:44	01:10:25	6768		V45	774	00:06:00:31	6776
6514	3246	Pedro Rodrigues	00:33:03	01:10:45	01:09:38	6649		Junior	140	00:06:37:30	7536
6515	4683	Ana Silva	00:35:03	01:10:45	01:10:06	6710		V45	273	00:06:52:79	7747
6516	694	Pedro Moleiro	00:32:53	01:10:45	01:10:41	6791		V50	601	00:05:53:37	6578
6517	3295	Nuno Santos	00:34:00	01:10:46	01:09:50	6678		V40	697	00:05:41:65	6206
6518	2476	Ana Palas	00:36:30	01:10:46	01:08:56	6530		V35	223	00:05:29:74	5763



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
6519	1536	Sandra Ervilha	00:34:44	01:10:46	01:10:45	6803		V50	179	00:05:59:71	6763
6520	7486	Rosália Sequeira	00:34:06	01:10:47	01:10:41	6794		V40	256	00:06:01:15	6795
6521	7487	Ana Valador	00:34:08	01:10:47	01:10:41	6793		V45	274	00:06:01:57	6806
6522	5346	Andrey Rodrigues	00:34:38	01:10:47	01:08:55	6526		V40	698	00:05:00:65	4300
6523	40	André Encarnação	00:38:55	01:10:48	01:07:10	6203		Senior	1296	00:05:24:67	5549
6524	7782	Maria Cristóvão	00:35:00	01:10:48	01:08:20	6396		V45	275	00:06:24:89	7319
6525	5556	Luís Lopes	00:35:06	01:10:49	01:09:26	6616		V55	336	00:05:35:59	5976
6526	9485	Melissa Gouveia	00:36:29	01:10:49	01:10:10	6723		Senior	623	00:05:54:13	6601
6527	5972	Ana Hebe	00:35:50	01:10:49	01:10:09	6718		V45	276	00:05:23:17	5472
6528	7950	Lays Casal	00:34:14	01:10:50	01:09:47	6670		Senior	624	00:06:52:16	7739
6529	2925	Joana Silva	00:35:10	01:10:51	01:10:01	6698	FIDELIDADE GDC	Senior	625	00:05:59:28	6753
6530	3926	Orlando Romão	00:37:08	01:10:51	01:08:26	6415		V55	337	00:05:41:07	6185
6531	8244	Filipe Oliveira	00:37:18	01:10:51	01:07:28	6257		Senior	1297	00:06:10:13	7009
6532	5465	Fabiana Maciel	00:36:40	01:10:52	01:08:49	6509		V45	277	00:05:38:68	6101
6533	7478	Gabriel Gonçalves	00:32:40	01:10:53	01:08:40	6469		Senior	1298	00:07:16:01	7973
6534	10501	Leonardo Bento	00:37:17	01:10:53	01:07:29	6259		Senior	1299	00:06:10:79	7026
6535	11045	Kateryna Pitienina	00:33:45	01:10:53	01:09:15	6577		V35	224	00:06:59:12	7827
6536	9885	Diogo Henriques	00:36:27	01:10:54	01:07:26	6253	Os Cansados	Senior	1300	00:05:23:97	5506
6537	4227	Diogo Duarte	00:34:48	01:10:54	01:07:25	6250		V45	775	00:07:34:97	8113





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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
6538	7433	Luis Silva	00:36:49	01:10:55	01:08:26	6420	run crew trail montijo	V50	602	00:05:26:68	5634
6539	7434	Ana Bota	00:36:49	01:10:55	01:08:26	6421	run crew trail montijo	V45	278	00:05:27:01	5649
6540	9094	Marta Carvalho	00:35:08	01:10:55	01:10:18	6751		Senior	626	00:06:42:66	7613
6541	4624	Maria Macdonald	00:34:33	01:10:55	01:10:18	6747	Mac	V50	180	00:06:24:33	7307
6542	9725	Margarida Magalhães	00:39:13	01:10:56	01:08:13	6374		V40	257	00:05:08:78	4768
6543	3087	Guilhermino Sarmiento	00:36:38	01:10:56	01:09:29	6624	Team Beirao	Senior	1301	00:06:10:59	7022
6544	3086	Joana Beirao	00:36:37	01:10:56	01:09:29	6623	Team Beirao	Senior	627	00:06:11:13	7031
6545	9726	Paulo Parreira	00:39:14	01:10:56	01:08:13	6375		V40	699	00:05:09:70	4814
6546	9173	Carlos Gomes	00:37:46	01:10:56	01:07:42	6297		V50	603	00:05:33:53	5910
6547	5670	Ivan Tomas	00:36:23	01:10:56	01:09:48	6673		Senior	1302	00:05:41:21	6188
6548	8983	Tiago Vasconcelos	00:37:08	01:10:57	01:08:33	6445		Senior	1303	00:05:41:81	6216
6549	8574	Vanessa Machado	00:36:08	01:10:57	01:08:42	6478		Senior	628	00:05:53:68	6586
6550	8822	Peter Viveen	00:39:07	01:10:57	01:07:34	6272		V45	776	00:05:31:02	5811
6551	1039	João Matias	00:36:19	01:10:58	01:08:07	6353	ADN GINJAS	V45	777	00:05:52:55	6551
6552	1038	Sónia Matias	00:36:18	01:10:58	01:08:06	6346	ADN GINJAS	V45	279	00:05:52:74	6559
6553	8028	Ines Duarte	00:37:35	01:10:58	01:09:19	6591		Senior	629	00:05:33:22	5897
6554	10419	Ricardo Rodrigues	00:38:24	01:10:58	01:08:07	6351		V40	700	00:05:27:51	5670
6555	8823	Judith Flux	00:39:08	01:10:58	01:07:34	6273		V40	258	00:05:31:06	5813
6556	3718	Elisabete Domingues	00:32:10	01:10:58	01:10:49	6814	GRCD Leião	V45	280	00:06:52:13	7738



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
6557	6836	Guilherme Azevedo	00:36:01	01:10:59	01:10:04	6704		Senior	1304	00:06:02:70	6843
6558	5109	Carla Lopes	00:34:07	01:10:59	01:10:31	6775		V45	281	00:06:03:72	6864
6559	1977	Fernando Alves	00:36:16	01:10:59	01:09:08	6562	SS CGD	V60	167	00:05:51:59	6519
6560	84	Tiago Teixeira	00:37:37	01:11:00	01:08:28	6427		V45	778	00:06:11:50	7044
6561	240	Bruno Costa	00:35:37	01:11:01	01:08:27	6425		V40	701	00:05:59:73	6765
6562	6277	Ana Dias	00:36:11	01:11:01	01:09:18	6590		V50	181	00:05:41:26	6191
6563	5900	Fabiana Mozzato	00:37:18	01:11:01	01:08:26	6416		V40	259	00:05:44:60	6305
6564	8238	Rafael Camargo	00:37:19	01:11:01	01:08:27	6422	Ferring Service Center	V40	702	00:05:44:80	6312
6565	7673	Teresa Camoez	00:35:59	01:11:02	01:09:55	6688	Família Amendoeira	V50	182	00:06:06:74	6926
6566	9780	André Pereira	00:36:31	01:11:02	01:08:58	6535		V45	779	00:05:11:67	4917
6567	10842	Pedro Sobreiro	00:36:31	01:11:02	01:08:58	6536		V55	338	00:05:12:37	4957
6568	10167	Ana Dias	00:36:19	01:11:02	01:08:36	6459		V40	260	00:05:50:44	6488
6569	10587	Nelson Castelôa	00:34:55	01:11:03	01:10:08	6716		V55	339	00:05:51:25	6509
6570	4831	Nuno Pereira	00:34:11	01:11:04	01:10:44	6801		V45	780	00:05:42:86	6248
6571	4832	Marta Marques	00:34:11	01:11:04	01:10:46	6804		V35	225	00:05:43:40	6267
6572	8319	Marisa Gonçalves	00:38:23	01:11:06	01:07:25	6249		V35	226	00:05:30:81	5805
6573	763	Benedita Tavares	00:36:51	01:11:08	01:08:23	6404		V45	282	00:05:40:10	6143
6574	9616	Maria Bernardes	00:35:16	01:11:08	01:08:04	6342		Senior	630	00:05:56:33	6671
6575	13005	Willi Andrade	00:32:09	01:11:08	01:10:57	6834		V50	604	00:06:11:07	7029



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
6576	11056	Chelsea Irvine	00:37:59	01:11:09	01:08:49	6511		V40	261	00:05:57:88	6713
6577	1976	Fatima Guia	00:34:46	01:11:10	01:10:31	6774	SS CGD	V70	3	00:05:18:63	5244
6578	7329	Susana Canto	00:33:59	01:11:11	01:10:35	6779	Associação Corrida Noturna Parque das Nações	V50	183	00:06:26:45	7355
6579	7299	Luísa Oliveira	00:33:59	01:11:11	01:10:35	6780	Associação Corrida Noturna Parque das Nações	V55	94	00:06:26:03	7345
6580	10892	Vinicius Souza	00:35:42	01:11:11	01:07:40	6293		V35	701	00:06:15:89	7137
6581	9376	Benedito Pereira	00:33:13	01:11:11	01:10:03	6702		V35	702	00:06:51:42	7723
6582	3152	Aileen Maier	00:38:27	01:11:12	01:08:09	6358		V40	262	00:05:33:73	5918
6583	4480	Margarida Gonçalves	00:38:22	01:11:12	01:07:27	6256		Senior	631	00:05:19:67	5298
6584	11136	Rita Jesus	00:36:59	01:11:12	01:08:35	6455		Senior	632	00:05:17:82	5214
6585	3166	Joao Frade	00:36:58	01:11:13	01:08:47	6502		V40	703	00:06:36:90	7529
6586	7557	Paulo Dinis	00:34:52	01:11:13	01:10:44	6800		V50	605	00:06:05:88	6908
6587	3168	Vera Almeida	00:36:58	01:11:14	01:08:47	6504		V40	263	00:06:37:64	7543
6588	3167	João Almeida	00:36:58	01:11:14	01:08:47	6503		V40	704	00:06:36:48	7516
6589	7214	Maria Martins	00:36:30	01:11:14	01:09:21	6599		V35	227	00:05:50:54	6492
6590	11093	Kathleen Dessel	00:36:23	01:11:14	01:09:25	6611		V60	26	00:06:00:93	6793
6591	9269	Ana Fonseca	00:33:04	01:11:14	01:11:09	6866		V55	95	00:06:00:57	6779
6592	9270	Rui Ricardo	00:33:04	01:11:14	01:11:08	6862		V35	703	00:05:59:37	6756
6593	8933	Paulo Almendra	00:36:43	01:11:14	01:08:46	6499	Dreamers	V50	606	00:05:45:32	6329
6594	8934	David Almendra	00:36:43	01:11:14	01:08:45	6489	Dreamers	Senior	1305	00:05:46:09	6354



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# CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
6595	8932	Ana Almendra	00:36:44	01:11:15	01:08:47	6500	Dreamers	V45	283	00:05:47:14	6391
6596	5482	Mafalda Santos	00:38:54	01:11:15	01:09:37	6646		Senior	633	00:05:26:48	5627
6597	9063	Carlos Santiago	00:38:22	01:11:16	01:08:15	6377		V35	704	00:05:28:36	5706
6598	7052	Mauro Melo	00:37:43	01:11:16	01:09:04	6548		V45	781	00:05:55:29	6645
6599	6661	Leonel Pinheiro	00:34:28	01:11:17	01:10:37	6785		V40	705	00:06:19:73	7209
6600	2965	Nuno Santos	00:34:58	01:11:17	01:09:44	6663		Senior	1306	00:06:42:66	7612
6601	5486	Táisa Pereira	00:39:46	01:11:17	01:08:34	6453		V35	228	00:04:47:91	3616
6602	3977	Joao Caeiro	00:32:52	01:11:19	01:11:02	6848		V50	607	00:06:53:72	7755
6603	5165	Matheus Lourenco	00:38:42	01:11:19	01:08:04	6340		Senior	1307	00:05:40:50	6154
6604	9114	Bruno	00:39:10	01:11:19	01:08:05	6343	Claranet Portugal	V45	782	00:05:54:29	6608
6605	6260	Maria Pontes	00:34:49	01:11:19	01:10:16	6742		V50	184	00:06:13:10	7082
6606	1819	Luís Costa	00:37:32	01:11:20	01:10:14	6735		V45	783	00:05:54:29	6609
6607	7218	Elidiane Bezerra	00:36:50	01:11:21	01:09:36	6642		Senior	634	00:06:11:23	7032
6608	4548	Bárbara Lima	00:34:11	01:11:21	01:11:16	6878		V35	229	00:06:24:02	7301
6609	2016	Rafael Calado	00:35:27	01:11:22	01:10:01	6697		V40	706	00:06:01:67	6807
6610	9190	Joaquim Ferro	00:33:15	01:11:23	01:11:10	6867		V55	340	00:06:24:58	7310
6611	9808	João Antunes	00:32:07	01:11:23	01:11:07	6861		V50	608	00:06:19:02	7193
6612	9672	Andreia Marcelino	00:34:17	01:11:23	01:11:05	6855		V45	284	00:06:14:64	7099
6613	8105	Luziane Siqueira	00:33:33	01:11:24	01:11:03	6851		V40	264	00:06:47:44	7672



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
6614	9889	Diogo Sousa	00:34:36	01:11:24	01:10:58	6842	Todos os passos contam	V45	784	00:06:35:32	7502
6615	4873	Luísa Lopes	00:36:15	01:11:24	01:10:20	6754		V40	265	00:06:16:06	7138
6616	9555	David Tavares	00:33:58	01:11:24	01:10:41	6792	Electrão	V45	785	00:06:02:48	6836
6617	5688	Diana Ramosy	00:36:24	01:11:25	01:10:18	6746		Senior	635	00:06:09:16	6984
6618	5672	Telmo Barreiros	00:36:24	01:11:25	01:10:17	6745		V35	705	00:06:08:66	6972
6619	2148	Roberto Parreirinha	00:39:48	01:11:25	01:08:14	6376		Senior	1308	00:04:58:76	4181
6620	5803	Cátia Luz	00:36:25	01:11:26	01:10:19	6753		Senior	636	00:06:09:13	6983
6621	2775	José Xavier	00:37:50	01:11:26	01:09:02	6541		V35	706	00:05:44:26	6292
6622	2776	Lara Rodrigues	00:37:50	01:11:26	01:09:03	6544		V35	230	00:05:45:14	6321
6623	1981	Henrique Mouta	00:35:44	01:11:26	01:09:34	6636	SS CGD	V40	707	00:06:16:13	7140
6624	124	Pedro Azevedo	00:37:31	01:11:27	01:08:58	6533		V50	609	00:05:27:70	5676
6625	2223	Tiago Saraiva	00:39:48	01:11:28	01:08:17	6384		Senior	1309	00:05:01:71	4348
6626	4318	Bruno Guerra	00:36:44	01:11:29	01:08:24	6408	The Angus Gang	V40	708	00:06:10:31	7013
6627	389	Gonçalo Correia	00:36:03	01:11:30	01:09:03	6545		V35	707	00:05:48:16	6432
6628	9896	José Marques	00:34:04	01:11:30	01:11:09	6865	GMCJamor	V70	21	00:05:58:18	6722
6629	2437	Ana Pinto	00:35:24	01:11:30	01:11:07	6860	GMCJamor	V55	96	00:05:58:31	6728
6630	346	Pedro Gonçalves	00:35:42	01:11:30	01:10:05	6708		Senior	1310	00:06:37:36	7539
6631	9486	Paulo Santos	00:36:06	01:11:31	01:08:29	6431		Senior	1311	00:06:06:02	6913
6632	10940	Adriano Bezerra	00:36:32	01:11:31	01:08:45	6493		Senior	1312	00:05:48:31	6439



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
6633	10717	Helena Ramos	00:35:04	01:11:31	01:10:48	6809	Associação de Moradores de Atibá	Junior	43	00:06:19:39	7199
6634	9862	Luís Sanches	00:34:29	01:11:31	01:11:10	6868	Bankinter	V45	786	00:06:15:42	7124
6635	2412	Alexandre Matzinger	00:35:43	01:11:32	01:09:46	6666	Clube Novo Banco	V55	341	00:06:14:72	7100
6636	5092	Carlos Guerrinha	00:38:49	01:11:32	01:08:33	6443	GDC Portos de Sines e do Algarve	V35	708	00:06:21:05	7239
6637	5091	Inês Jacob	00:38:51	01:11:32	01:08:32	6441	GDC Portos de Sines e do Algarve	V40	266	00:06:21:42	7244
6638	2475	Rodrigo Marecos	00:34:19	01:11:32	01:10:12	6727		Senior	1313	00:07:36:23	8118
6639	10595	Marta Russo	00:33:56	01:11:33	01:10:52	6825		V45	285	00:07:15:05	7959
6640	10597	Filipe Russo	00:33:54	01:11:33	01:10:51	6819		V45	787	00:07:15:11	7962
6641	3232	Pedro Pereira	00:35:34	01:11:33	01:10:41	6790	Clube ANA Lisboa	V45	788	00:05:47:93	6418
6642	2767	Sara Nunes	00:34:26	01:11:33	01:10:11	6726		Senior	637	00:05:32:40	5861
6643	317	Joana Henriques	00:37:04	01:11:34	01:08:53	6522		Senior	638	00:05:37:38	6042
6644	3508	Nelson Cordeiro	00:34:25	01:11:34	01:10:12	6728		V50	610	00:05:33:24	5898
6645	315	Sónia Marques	00:37:03	01:11:35	01:08:53	6523		V35	231	00:05:37:87	6062
6646	4515	Cristina Morais	00:34:10	01:11:35	01:11:25	6902		V50	185	00:06:47:92	7679
6647	7583	Tânia Joanaz	00:34:18	01:11:36	01:10:53	6827		V35	232	00:06:50:63	7708
6648	7006	Carolina Garcia	00:36:25	01:11:36	01:08:46	6498		Senior	639	00:06:15:80	7134
6649	7705	Felipe Wai	00:36:26	01:11:36	01:08:45	6490		Senior	1314	00:06:15:61	7128
6650	5782	Manuel Santos	00:38:13	01:11:36	01:07:59	6325		Senior	1315	00:05:10:49	4866
6651	5439	Carina Amaro	00:39:21	01:11:36	01:08:00	6328		Senior	640	00:05:17:52	5199



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
6652	1642	Cátia Cruz	00:38:55	01:11:37	01:09:53	6683		V35	233	00:05:22:53	5439
6653	3611	Maria Monteiro	00:36:24	01:11:37	01:08:56	6529	MIMOS	V40	267	00:05:29:04	5735
6654	6902	Bianca Santos	00:33:44	01:11:37	01:11:16	6880		Senior	641	00:06:10:78	7024
6655	2713	Mariana Oliveira	00:35:30	01:11:37	01:10:22	6761		Senior	642	00:05:38:45	6092
6656	6994	João Silva	00:34:30	01:11:37	01:11:00	6846		V55	342	00:05:45:84	6346
6657	6648	Joana Silva	00:34:31	01:11:37	01:11:00	6845		Senior	643	00:05:46:14	6356
6658	8286	Richard Perez	00:35:31	01:11:38	01:10:23	6764		Senior	1316	00:05:38:10	6077
6659	10417	Francisco Ruah	00:35:37	01:11:38	01:09:06	6553		Senior	1317	00:06:29:37	7403
6660	3386	Collins Fonsho	00:36:17	01:11:38	01:10:49	6813		V35	709	00:06:10:00	7007
6661	5988	João Grave	00:35:45	01:11:39	01:10:58	6841		V50	611	00:06:32:67	7469
6662	1035	Eduardo Baiá	00:36:00	01:11:40	01:11:27	6909	Moura_Baiá	V50	612	00:05:54:64	6621
6663	6253	Mário Silva	00:36:32	01:11:40	01:09:58	6694		V45	789	00:06:17:22	7166
6664	1036	Ana Moura	00:35:59	01:11:40	01:11:28	6910	Moura_Baiá	V45	286	00:05:54:70	6625
6665	9604	João Simões	00:38:50	01:11:41	01:08:42	6476		Senior	1318	00:05:41:98	6222
6666	966	José Silva	00:38:06	01:11:41	01:08:48	6506	Correr Sociedade Recreativa da Granja	V35	710	00:05:19:42	5283
6667	3094	Filipa Monte	00:37:53	01:11:41	01:09:22	6602	Starfish	V45	287	00:05:19:25	5275
6668	821	Marina Ramos	00:37:07	01:11:41	01:09:30	6630		V45	288	00:05:37:94	6067
6669	11181	Guilherme Ribeiro	00:34:06	01:11:41	01:08:31	6436		Senior	1319	00:06:19:89	7215
6670	965	Ana Ribeiro	00:38:06	01:11:42	01:08:49	6507	Correr Sociedade Recreativa da Granja	V35	234	00:05:20:54	5346



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
6671	1891	Maria Albernaz	00:36:11	01:11:42	01:10:52	6824		Senior	644	00:06:04:05	6870
6672	11217	Filipa Morgado	00:37:56	01:11:43	01:08:17	6383		Senior	645	00:05:39:51	6126
6673	9546	Daniel Alho	00:37:53	01:11:43	01:08:17	6382	Papa Figos	V40	709	00:05:41:03	6182
6674	7640	Susana Pinheira	00:37:54	01:11:43	01:08:17	6380	Papa Figos	V45	289	00:05:53:76	6589
6675	10279	Jose Crespo	00:38:06	01:11:43	01:09:15	6576		V55	343	00:06:00:23	6775
6676	6489	Rosália Varela	00:37:23	01:11:44	01:09:36	6643	CCD Sintrense	V45	290	00:05:28:03	5696
6677	4490	Fernando Gonçalves	00:33:49	01:11:44	01:10:45	6802		V55	344	00:05:43:25	6260
6678	5004	Susana Soares	00:38:00	01:11:45	01:08:11	6363	Martins Fernandes	V45	291	00:05:42:57	6236
6679	6261	Palmira Pina	00:34:48	01:11:45	01:10:42	6796		V45	292	00:05:39:35	6122
6680	10410	Francisco Silva	00:34:19	01:11:45	01:10:52	6826		Senior	1320	00:06:03:17	6853
6681	6541	André Gil	00:37:36	01:11:46	01:09:47	6669		Senior	1321	00:05:23:83	5494
6682	5531	Leandro Alvernaz	00:35:55	01:11:46	01:10:08	6715		Senior	1322	00:06:07:76	6950
6683	1184	Joana Silva	00:38:09	01:11:46	01:09:00	6538		Senior	646	00:06:09:45	6991
6684	10479	Filipa Silva	00:36:56	01:11:46	01:08:36	6458		Senior	647	00:05:11:88	4931
6685	2191	Paulo Gromicho	00:34:33	01:11:46	01:11:24	6901	Moita do Ribatejo 2860	V50	613	00:06:08:92	6978
6686	2190	Pedro Marques	00:35:00	01:11:47	01:11:23	6899	Moita do Ribatejo 2860	V40	710	00:06:08:62	6970
6687	4535	Sonia Simoes	00:36:04	01:11:47	01:10:13	6732	As Papoilas do Kalorias	V45	293	00:05:44:41	6298
6688	4536	Cristina Santos	00:36:03	01:11:47	01:10:13	6733	As Papoilas do Kalorias	V55	97	00:05:44:63	6306
6689	7779	Leandro Balen	00:37:57	01:11:48	01:09:07	6559		V50	614	00:05:04:94	4551





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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
6690	11081	Diogo Cabral	00:38:52	01:11:48	01:08:34	6452	KLx Running Team	Senior	1323	00:06:25:90	7344
6691	9589	Andréia Araújo	00:36:48	01:11:48	01:09:47	6668		V40	268	00:05:24:34	5526
6692	11085	Luís Ramos	00:38:51	01:11:48	01:08:35	6454	KLx Running Team	V35	711	00:06:25:76	7338
6693	1465	Carlos Martins	00:35:40	01:11:48	01:11:14	6875		V45	790	00:06:37:93	7545
6694	1274	Isabel Marques	00:36:43	01:11:48	01:10:35	6781	Clube Atletismo Amigos de Belém	V45	294	00:05:46:26	6358
6695	4168	Filipa Santos	00:34:31	01:11:48	01:10:54	6831	Hard Running Team Arruda dos Vinhos	Senior	648	00:05:55:57	6653
6696	6294	Jose Rosa	00:37:14	01:11:48	01:10:20	6758	Sem mi mi mi	V55	345	00:05:53:27	6577
6697	6293	Alessandra Lopes	00:37:16	01:11:49	01:10:21	6759	Sem mi mi mi	V45	295	00:05:53:40	6580
6698	1594	Manuel Jesus	00:36:47	01:11:49	01:10:30	6773	FIDELIDADE GDC	V55	346	00:05:45:75	6345
6699	5540	João Mendes	00:37:20	01:11:50	01:08:08	6356		V50	615	00:05:29:95	5770
6700	5937	Rui Louzeiro	00:33:51	01:11:50	01:09:53	6685		V60	168	00:05:21:52	5402
6701	9392	Sofia Ribeiro	00:36:29	01:11:50	01:10:33	6777	Ferring Service Center	V35	235	00:06:07:91	6953
6702	9792	Rita Felizol	00:37:49	01:11:50	01:08:43	6485		V55	98	00:05:34:42	5939
6703	459	Pedro Fernandes	00:39:56	01:11:50	01:08:43	6484		Senior	1324	00:05:31:95	5847
6704	9171	Cristina Morgado	00:37:49	01:11:50	01:08:44	6487		V50	186	00:05:34:86	5953
6705	7088	Helena Estevinha	00:33:53	01:11:50	01:09:54	6687		V50	187	00:05:21:68	5409
6706	6133	Joana Santos	00:37:49	01:11:50	01:09:22	6605		Senior	649	00:06:02:41	6835
6707	6134	Catarina Ferreira	00:37:49	01:11:51	01:09:22	6606		Senior	650	00:06:02:50	6837
6708	1201	Miguel Fernandes	00:39:57	01:11:51	01:08:43	6483		V50	616	00:05:32:68	5876



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
6709	8594	Samira Poffo	00:37:38	01:11:51	01:09:56	6692		Senior	651	00:06:05:04	6892
6710	1637	Miguel Cutileiro	00:32:15	01:11:52	01:11:07	6859		Senior	1325	00:06:35:84	7507
6711	10441	Pedro Duarte	00:31:01	01:11:52	01:11:33	6919		V40	711	00:09:23:82	8417
6712	10762	Bruno Piegas	00:35:40	01:11:53	01:08:43	6486	Lisgarante - Sociedade de Garantia Mútua S.A.	V45	791	00:05:57:53	6706
6713	7780	Aida Lobo	00:34:59	01:11:53	01:09:24	6610		V50	188	00:06:30:48	7428
6714	2577	Liana Viana	00:34:59	01:11:53	01:11:47	6944	Núcleo de Atletismo «Os Papagaios de Cascais»	V50	189	00:05:55:01	6635
6715	6040	Gonçalo Cai-Água	00:38:20	01:11:54	01:08:45	6491		Junior	141	00:05:57:83	6712
6716	6037	Nuno Madeira	00:38:22	01:11:55	01:08:45	6492		V45	792	00:05:57:58	6708
6717	1800	Karine Nunes	00:34:11	01:11:55	01:11:34	6921		V45	296	00:05:47:13	6390
6718	1936	Mário Ferro	00:33:52	01:11:55	01:11:51	6953	Clube Ferroviário de Portugal	V70	22	00:06:14:81	7101
6719	10756	Hugo Cavaco	00:39:51	01:11:56	01:08:24	6411		Senior	1326	00:05:04:32	4513
6720	1358	Pedro Correia	00:37:37	01:11:56	01:09:42	6657		Senior	1327	00:06:06:83	6931
6721	3247	Teresa Barata	00:39:41	01:11:56	01:08:54	6525		V50	190	00:05:22:26	5428
6722	2282	Carla Santos	00:39:41	01:11:57	01:08:54	6524	GDC Banco de Portugal	V45	297	00:05:22:61	5444
6723	1356	Joana Formigo	00:37:37	01:11:57	01:09:43	6660		Senior	652	00:06:07:22	6939
6724	3093	Vera Dias	00:37:53	01:11:57	01:09:36	6645	Starfish	V45	298	00:05:34:00	5921
6725	3092	Claudia Rodrigues	00:37:53	01:11:57	01:09:35	6639	Starfish	V45	299	00:05:34:30	5934
6726	10681	Catarina Félix	00:39:51	01:11:57	01:08:26	6419		Senior	653	00:05:05:54	4583
6727	5538	Rossana Rita	00:38:47	01:11:57	01:08:23	6406		V35	236	00:05:56:40	6674



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
6728	9912	Tânia Trindade	00:36:14	01:11:57	01:10:20	6756		Senior	654	00:05:58:69	6737
6729	11074	José Almeida	00:37:03	01:11:57	01:10:33	6778		V50	617	00:06:19:78	7212
6730	7826	Adriano Santos	00:37:46	01:11:58	01:09:21	6600		V40	712	00:05:07:98	4724
6731	7055	Maria Pinho	00:36:50	01:11:58	01:10:50	6816		V60	27	00:05:50:84	6499
6732	11223	Gaston Costa	00:37:40	01:11:58	01:10:08	6717	Empanadas MBQ	V40	713	00:05:27:39	5664
6733	5658	Tiago Vaz	00:32:31	01:11:58	01:11:11	6871		Senior	1328	00:05:30:77	5803
6734	8216	Marta Reis	00:32:24	01:11:58	01:11:57	6964		V40	269	00:07:11:15	7927
6735	4647	Fernando Batista	00:36:09	01:11:59	01:10:09	6719	GDCTINCM	V55	347	00:05:23:63	5486
6736	7056	Mário Pinho	00:36:51	01:11:59	01:10:49	6811		V60	169	00:05:52:05	6535
6737	4066	Diogo Cruz	00:37:48	01:12:00	01:10:23	6763		Senior	1329	00:05:51:79	6528
6738	11224	Javier Sánchez	00:37:40	01:12:00	01:10:10	6722	Empanadas MBQ	V55	348	00:05:29:44	5752
6739	4905	Margarida Silva	00:35:10	01:12:00	01:11:38	6934	Hipoloeste Full Energy	Senior	655	00:05:24:18	5521
6740	9655	Rute Sarmiento	00:35:28	01:12:01	01:11:19	6883		V45	300	00:06:03:16	6852
6741	9645	Manuel Veiga	00:35:29	01:12:01	01:11:20	6884		V50	618	00:06:02:10	6827
6742	8525	Ana Oliveira	00:39:00	01:12:01	01:09:05	6551		Senior	656	00:05:33:34	5903
6743	8519	Leonor Pereira	00:39:00	01:12:01	01:09:05	6550		Senior	657	00:05:33:57	5913
6744	2911	José Milagres	00:34:54	01:12:02	01:11:42	6938	GDCT Unice	V65	61	00:06:26:43	7353
6745	5743	Lugo Penetra	00:38:08	01:12:03	01:08:21	6397		V35	712	00:06:22:01	7256
6746	9131	Nelson Mira	00:38:33	01:12:03	01:08:40	6468	Claranet Portugal	V40	714	00:05:53:12	6572



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
6747	1887	Diana Ramos	00:38:12	01:12:03	01:09:43	6659		V35	237	00:05:52:81	6562
6748	78	Daniela Ramos	00:38:21	01:12:03	01:09:06	6554		Senior	658	00:05:42:50	6234
6749	5098	Paula Moreira	00:32:09	01:12:04	01:11:23	6900		V50	191	00:07:12:63	7938
6750	1886	Rui Ferreira	00:38:13	01:12:04	01:09:42	6658		V35	713	00:05:53:11	6569
6751	10389	Marcelino Gomes	00:38:16	01:12:04	01:08:24	6410		V55	349	00:05:52:26	6543
6752	13	Jose Negrete	00:34:02	01:12:05	01:11:13	6873		V60	170	00:05:38:76	6104
6753	6498	Ana Vicente	00:38:03	01:12:05	01:09:48	6671		V35	238	00:05:35:62	5977
6754	6500	Isa Gomes	00:38:03	01:12:05	01:09:48	6672		V35	239	00:05:35:94	5985
6755	8945	Teresa Fernandes	00:38:20	01:12:06	01:08:27	6424		Senior	659	00:05:27:65	5673
6756	2171	Paula Mendes	00:36:17	01:12:06	01:11:08	6864	Alverca Urban Runners	V45	301	00:05:48:13	6429
6757	4279	Afonso Caetano	00:35:34	01:12:07	01:10:58	6838		Junior	142	00:05:22:60	5443
6758	4277	José Almeida	00:35:33	01:12:07	01:10:57	6837		V35	714	00:05:23:02	5460
6759	4722	Ana Parracho	00:34:13	01:12:07	01:10:51	6821	CCD Siemens	V55	99	00:06:29:53	7408
6760	559	Filomena Jacinto	00:34:14	01:12:07	01:10:51	6822	Amigos da Corrida	V55	100	00:06:29:59	7409
6761	3515	Moises Rodrigues	00:34:14	01:12:08	01:10:51	6820		V60	171	00:06:26:43	7354
6762	2575	Maria Moura	00:34:59	01:12:08	01:12:02	6979	Núcleo de Atletismo «Os Papagaios de Cascais»	V45	302	00:06:09:58	6993
6763	5003	Miguel Ceia	00:38:43	01:12:08	01:08:21	6398	Martins Fernandes	V40	715	00:05:40:54	6155
6764	1770	Custódio Brás	00:33:52	01:12:09	01:11:18	6881		V55	350	00:06:57:53	7807
6765	6533	Mariana Silva	00:37:53	01:12:09	01:09:13	6571		Senior	660	00:05:36:73	6018



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
6766	6531	Alrimar Sobrinho	00:37:55	01:12:09	01:09:13	6572		Senior	1330	00:05:36:81	6021
6767	6583	António Dias	00:42:14	01:12:10	01:10:36	6784	3 Dias na Costa	Senior	1331	00:04:09:15	1556
6768	8491	Sara Reis	00:35:42	01:12:11	01:10:56	6832	SUNDAY TEAM	V45	303	00:05:48:72	6450
6769	8492	Teresa Moreno	00:35:41	01:12:11	01:10:57	6835	SUNDAY TEAM	V55	101	00:05:48:24	6436
6770	1787	Sofia Faria	00:36:25	01:12:12	01:10:07	6713		V35	240	00:06:01:74	6809
6771	4895	Doron Ettner	00:34:01	01:12:13	01:11:22	6894	Bananos	V35	715	00:05:36:66	6015
6772	7228	Rute Eleuterio	00:37:14	01:12:15	01:09:41	6656		Senior	661	00:05:56:74	6682
6773	4282	Hugo Aguas	00:34:03	01:12:15	01:11:50	6951		V40	716	00:06:50:15	7703
6774	5494	Miguel Revés	00:29:13	01:12:15	01:11:30	6917	Treino no Park	V35	716	00:20:45:79	8725
6775	1570	Isaura Tomás	00:37:45	01:12:17	01:10:33	6776	GMCJamor	V50	192	00:05:33:44	5908
6776	1483	Francisco Gabriel	00:39:13	01:12:17	01:09:19	6593		Senior	1332	00:06:18:65	7188
6777	4650	Guilherme Lopes	00:35:17	01:12:18	01:11:27	6907	MeNES	V45	793	00:06:44:74	7641
6778	9585	Meghan Reyes	00:36:59	01:12:18	01:10:39	6786		Senior	662	00:05:41:20	6187
6779	4003	Patricia Silva	00:39:12	01:12:18	01:09:20	6596		V40	270	00:06:11:74	7050
6780	9586	Miguel Reyes	00:37:01	01:12:18	01:10:40	6787		Senior	1333	00:05:40:96	6177
6781	1717	Pedro Nobre	00:35:17	01:12:18	01:11:28	6911		V50	619	00:06:45:22	7647
6782	8686	Maria Rocha	00:36:21	01:12:19	01:09:30	6629	Cirurgiões	Senior	663	00:06:08:81	6976
6783	8687	Miguel Silvestre	00:35:41	01:12:20	01:09:31	6631	Cirurgiões	Senior	1334	00:06:09:29	6986
6784	3743	Karla Portillo	00:37:51	01:12:20	01:09:15	6579	Coniglios	V50	193	00:05:41:75	6211



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
6785	2675	Pedro Antunes	00:37:38	01:12:20	01:10:05	6707		V50	620	00:05:43:60	6272
6786	7760	Filipe Costa	00:42:15	01:12:20	01:10:49	6810	3 Dias na Costa	Senior	1335	00:04:18:01	2016
6787	7808	Ana Correia	00:37:23	01:12:21	01:10:24	6766		V45	304	00:05:47:62	6407
6788	4991	Isabela Sá	00:35:22	01:12:22	01:09:39	6651	Cuscuz	Senior	664	00:06:18:97	7191
6789	841	Sandra Dias	00:37:14	01:12:22	01:11:13	6874		V45	305	00:05:43:20	6258
6790	5945	Judite Conceição	00:35:22	01:12:22	01:12:05	6990		V55	102	00:05:52:17	6539
6791	3218	Catarina Pedras	00:37:45	01:12:23	01:09:41	6654		Senior	665	00:05:38:18	6081
6792	8292	Filipa Pereira	00:35:04	01:12:23	01:12:01	6974		Senior	666	00:06:46:65	7655
6793	3211	Álvaro Gonçalves	00:37:45	01:12:24	01:09:41	6655		Senior	1336	00:05:37:82	6058
6794	8682	Ivan Valadares	00:39:24	01:12:24	01:08:35	6456	Karls Team	V40	717	00:05:09:15	4784
6795	8222	Catarina Marques	00:39:27	01:12:24	01:08:35	6457	Karls Team	Senior	667	00:05:09:20	4785
6796	4741	Nuno Rosa	00:35:08	01:12:25	01:11:20	6889		V45	794	00:06:55:74	7787
6797	2066	Tomás Faria	00:39:01	01:12:25	01:08:49	6508	CCD Crédito Agrícola Mútuo	V40	718	00:05:36:02	5988
6798	3630	Ása Goncalves	00:40:31	01:12:25	01:09:39	6650		V45	306	00:05:20:90	5369
6799	7885	Ana Cristina	00:34:31	01:12:25	01:12:22	7027		V50	194	00:06:05:14	6894
6800	8063	Susana Ferreira	00:34:30	01:12:25	01:12:23	7029		V50	195	00:06:04:10	6872
6801	5976	Simão Viveiros	00:34:13	01:12:26	01:10:50	6817		Senior	1337	00:07:41:56	8149
6802	5140	Guilherme Gomes	00:39:01	01:12:26	01:08:49	6510		V50	621	00:05:37:13	6034
6803	7541	Ana Salvador	00:34:49	01:12:26	01:12:20	7020		Senior	668	00:06:07:63	6948



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
6804	7540	Beatriz Santos	00:34:52	01:12:26	01:12:20	7019		Senior	669	00:06:07:60	6947
6805	2260	Mariana Fialho	00:34:53	01:12:27	01:10:16	6739		Senior	670	00:06:03:98	6869
6806	1989	Lidia Bailão	00:39:05	01:12:27	01:09:02	6542	SS CGD	V50	196	00:05:28:55	5710
6807	6835	Luana Cardoso	00:36:01	01:12:29	01:11:35	6922		Senior	671	00:06:38:37	7553
6808	3422	João Catarino	00:32:11	01:12:29	01:12:15	7011	Serviços Sociais Montepio	V55	351	00:06:18:70	7189
6809	1767	Pedro Sanina	00:33:21	01:12:29	01:10:47	6806		Junior	143	00:07:16:37	7978
6810	2658	Maria Redondo	00:37:02	01:12:29	01:10:16	6738	Redondo	V50	197	00:05:43:25	6261
6811	11027	Thiago Siqueira	00:39:28	01:12:29	01:08:52	6521		V35	717	00:05:29:90	5769
6812	8111	Ramiro Vaz	00:35:12	01:12:30	01:12:10	7003	Linda-a-Pastora Sporting Clube	V50	622	00:05:52:93	6564
6813	2620	Stephanie Bernardino	00:37:33	01:12:30	01:09:04	6547	Fadistas	Senior	672	00:06:17:05	7160
6814	6698	Karen Lopes	00:38:42	01:12:30	01:09:14	6573		V35	241	00:05:32:65	5874
6815	6135	Vinícius Rizzato	00:37:30	01:12:31	01:08:51	6516		V35	718	00:05:46:49	6364
6816	4728	Mariana Santana	00:36:00	01:12:32	01:10:20	6755	Barros Family	V35	242	00:06:01:93	6817
6817	1104	Cátia Freitas	00:39:18	01:12:32	01:09:52	6680		V40	271	00:05:47:58	6405
6818	3165	Pedro Fonseca	00:39:18	01:12:33	01:09:53	6684		V40	719	00:05:47:95	6420
6819	6028	Wagner Amstalden	00:36:52	01:12:33	01:12:09	6997		V40	720	00:05:21:88	5417
6820	7476	João Lopes	00:36:42	01:12:34	01:09:27	6620		Senior	1338	00:06:15:25	7119
6821	5971	Zélia Russo	00:35:51	01:12:34	01:11:53	6955		V45	307	00:05:41:70	6207
6822	3170	Tania Pereira	00:36:05	01:12:34	01:11:06	6858		V40	272	00:06:04:39	6880



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
6823	7274	Ana Inácio	00:34:14	01:12:35	01:12:21	7022	Associação Corrida Noturna Parque das Nações	V50	198	00:05:52:30	6546
6824	7286	Helena Nunes	00:34:15	01:12:35	01:12:21	7021	Associação Corrida Noturna Parque das Nações	V55	103	00:05:45:73	6340
6825	5415	Catarina Neiva	00:38:21	01:12:38	01:10:14	6734		V45	308	00:06:15:02	7113
6826	7954	Ana Fernandes	00:38:11	01:12:38	01:10:06	6712		Senior	673	00:06:12:20	7063
6827	5797	Andreia Rodrigues	00:38:22	01:12:38	01:10:15	6737		V40	273	00:06:16:58	7151
6828	2018	Talita Maia	00:37:17	01:12:39	01:11:20	6887		V35	243	00:05:43:57	6270
6829	3547	Davide Fraga	00:36:44	01:12:39	01:09:16	6581		V40	721	00:06:54:28	7762
6830	7708	Paulo Castro	00:38:35	01:12:39	01:10:20	6757		V65	62	00:05:11:41	4902
6831	3394	Maria Angel	00:36:08	01:12:40	01:11:49	6945		V40	274	00:06:01:29	6799
6832	44	Leonor Garcia	00:36:40	01:12:40	01:11:00	6847		V40	275	00:05:32:16	5852
6833	4765	Carla Ferreira	00:38:44	01:12:40	01:10:36	6783		Junior	44	00:05:43:79	6275
6834	4691	Flávia Guerra	00:38:45	01:12:40	01:10:36	6782		Junior	45	00:05:44:10	6287
6835	5703	Rafaela Vicente	00:38:21	01:12:41	01:11:02	6849		V35	244	00:05:58:50	6730
6836	1177	Renato Cruz	00:39:40	01:12:41	01:09:09	6563		V50	623	00:05:26:19	5610
6837	9767	Beatriz Sequeira	00:36:09	01:12:41	01:10:28	6770		Senior	674	00:05:40:30	6149
6838	8475	Rui Júlio	00:40:44	01:12:42	01:09:22	6604	Os Júlios	V45	795	00:05:16:38	5141
6839	4844	Ana Gonçalves	00:36:20	01:12:42	01:11:31	6918		Senior	675	00:06:26:87	7362
6840	7809	Madalena Pinto	00:36:20	01:12:42	01:11:30	6916		Senior	676	00:06:26:31	7351
6841	6436	Sário Nunes	00:35:18	01:12:42	01:10:44	6799	Pé de atleta	V35	719	00:06:25:31	7326





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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
6842	5530	Andre Godinho	00:35:31	01:12:43	01:11:22	6896		V35	720	00:06:05:62	6902
6843	8477	Vasco Júlio	00:40:44	01:12:43	01:09:23	6607	Os Júlios	Junior	144	00:05:17:78	5211
6844	7983	Olga Gonçalves	00:37:35	01:12:44	01:11:04	6854		V40	276	00:06:30:58	7430
6845	8592	João Vieira	00:36:38	01:12:44	01:10:51	6818		V50	624	00:06:01:32	6800
6846	3715	Marco Covita	00:34:13	01:12:44	01:12:13	7007	NetJets	V40	722	00:06:25:33	7327
6847	7628	Maria Figueiredo	00:35:03	01:12:44	01:12:04	6981		Senior	677	00:06:16:60	7152
6848	6749	Ines Alvoeiro	00:38:48	01:12:45	01:10:11	6724		Senior	678	00:05:37:90	6065
6849	6240	Fabio Costa	00:35:53	01:12:45	01:10:30	6771		Senior	1339	00:05:40:63	6159
6850	9241	Carlos Carvalho	00:35:09	01:12:45	01:12:05	6992		V55	352	00:06:55:63	7782
6851	7844	Carla Matildes	00:37:31	01:12:45	01:10:11	6725		V45	309	00:06:01:34	6801
6852	6862	Marlene Coelho	00:37:25	01:12:46	01:09:29	6627		V45	310	00:05:36:32	5999
6853	6825	Mariana Barbas	00:37:23	01:12:46	01:09:29	6626		Senior	679	00:05:36:92	6023
6854	6717	Guilherme Chambel	00:34:35	01:12:46	01:11:39	6935		Senior	1340	00:06:36:74	7524
6855	7342	Isabel Rodrigues	00:41:43	01:12:47	01:09:43	6661	Ginásio ADCRPJ	V50	199	00:05:02:46	4405
6856	4215	Mário Peixoto	00:38:02	01:12:47	01:10:57	6836		V55	353	00:06:07:89	6952
6857	9189	José Morais	00:35:12	01:12:47	01:11:37	6929		V60	172	00:06:08:93	6979
6858	5572	Paula Lopes	00:39:20	01:12:47	01:09:34	6637	Casal Cabanas	V50	200	00:05:23:23	5474
6859	3761	Celso Moura	00:38:45	01:12:48	01:10:50	6815		V35	721	00:05:28:84	5723
6860	964	Jose Ramos	00:38:10	01:12:48	01:09:56	6691	Correr Sociedade Recreativa da Granja	V60	173	00:05:57:92	6714



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
6861	1852	Anabela Coelho	00:34:23	01:12:48	01:12:35	7060		V40	277	00:06:17:61	7170
6862	4613	João Carvalho	00:38:19	01:12:48	01:11:29	6913	Coisas	V35	722	00:06:16:56	7150
6863	5573	Joao Cocco	00:39:20	01:12:48	01:09:35	6638	Casal Cabanas	V50	625	00:05:22:88	5451
6864	7130	Magda Pinto	00:37:35	01:12:50	01:11:27	6906		V40	278	00:05:55:38	6648
6865	6257	Joao Vieira	00:37:42	01:12:50	01:09:54	6686		V50	626	00:05:47:04	6384
6866	3870	Ana Matias	00:38:43	01:12:51	01:09:26	6617	A TEAM AGEAS	V55	104	00:06:11:96	7054
6867	6850	Catia Fragoso	00:35:12	01:12:51	01:12:05	6989		V40	279	00:06:31:16	7441
6868	8860	Joaquim Correia	00:37:34	01:12:51	01:11:29	6914		V45	796	00:05:55:93	6662
6869	3877	Mario Pinheiro	00:39:24	01:12:52	01:09:21	6601	A TEAM AGEAS	V45	797	00:06:13:16	7084
6870	3874	Jose Valentim	00:39:25	01:12:52	01:09:23	6608	A TEAM AGEAS	V50	627	00:06:12:96	7076
6871	5124	Vanda Sequeira	00:38:45	01:12:52	01:09:26	6615		V50	201	00:06:12:97	7078
6872	7316	Oscar Marques	00:39:48	01:12:52	01:09:29	6625	Associação Corrida Noturna Parque das Nações	V45	798	00:05:32:68	5875
6873	7306	Maria Mendes	00:39:49	01:12:52	01:09:31	6632	Associação Corrida Noturna Parque das Nações	V50	202	00:05:32:50	5866
6874	6110	Maria Marcelino	00:36:51	01:12:52	01:11:34	6920		V65	10	00:06:08:40	6966
6875	2856	Vítor Carvalho	00:38:20	01:12:52	01:10:53	6828	Bazinga Team	V35	723	00:05:59:05	6747
6876	386	Bárbara Fernandes	00:36:45	01:12:53	01:12:15	7012		Senior	680	00:06:27:72	7375
6877	1385	Filipa Vargas	00:39:00	01:12:53	01:09:33	6635		Senior	681	00:05:41:06	6184
6878	1384	Nuno Ramos	00:39:02	01:12:53	01:09:33	6634		Senior	1341	00:05:42:48	6232
6879	1839	Mariana Faria	00:39:01	01:12:54	01:09:36	6644		Senior	682	00:05:00:90	4313



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
6880	6977	Marta Simões	00:35:13	01:12:54	01:12:11	7004		V45	311	00:05:47:47	6402
6881	9084	Patricia Ortega	00:33:50	01:12:55	01:12:02	6975		Senior	683	00:06:32:60	7468
6882	9303	Bernardo Fernandes	00:36:25	01:12:55	01:08:55	6527		Senior	1342	00:06:27:93	7379
6883	7445	Miguel Esperança	00:38:59	01:12:55	01:10:12	6730	Ciência Viva	Senior	1343	00:06:30:13	7419
6884	4333	Luís Graça	00:38:12	01:12:56	01:10:26	6769	Dias Sol	V50	628	00:04:59:24	4212
6885	9083	Alvaro Cerezo	00:33:47	01:12:56	01:12:02	6976		Senior	1344	00:06:32:75	7470
6886	6574	Tiago Rodrigues	00:40:13	01:12:57	01:09:20	6598	DTRM	Senior	1345	00:05:31:27	5821
6887	1168	Diogo Santos	00:35:02	01:12:58	01:10:23	6762	ARISTOBRAVOS	V40	723	00:05:58:17	6721
6888	2008	Inês Alves	00:32:58	01:12:58	01:12:56	7108		V45	312	00:05:54:85	6631
6889	10366	Julia Guimaráes	00:37:27	01:12:59	01:10:05	6705		V35	245	00:05:54:67	6624
6890	10392	Marina Gamito	00:37:31	01:12:59	01:10:06	6711		Senior	684	00:05:55:17	6642
6891	7230	Maria Soares	00:35:25	01:13:00	01:12:03	6980		V50	203	00:06:25:77	7339
6892	6789	Diogo Pires	00:38:22	01:13:00	01:11:21	6892		Senior	1346	00:05:15:40	5102
6893	460	Ana Amaro	00:39:58	01:13:00	01:09:53	6682		Senior	685	00:05:53:91	6594
6894	468	Manuel Amaro	00:41:57	01:13:00	01:09:52	6681		Senior	1347	00:05:52:69	6555
6895	6788	Diogo Martins	00:38:22	01:13:01	01:11:21	6891		Senior	1348	00:05:15:80	5121
6896	9937	Manuela Ferreira	00:35:42	01:13:01	01:12:26	7042		V45	313	00:06:11:61	7048
6897	9930	Eduardo Lopes	00:35:43	01:13:02	01:12:26	7041		V55	354	00:06:12:81	7074
6898	596	Paula Bedo	00:37:40	01:13:03	01:10:10	6721		V50	204	00:06:05:20	6895



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
6899	8639	Bianca Peixoto	00:37:15	01:13:04	01:11:36	6927		V45	314	00:05:48:46	6442
6900	7521	Ana Inverno	00:37:52	01:13:04	01:10:42	6795		Senior	686	00:06:15:61	7127
6901	6321	Luísa Gomes	00:35:50	01:13:04	01:12:09	6998		V40	280	00:06:26:97	7363
6902	6682	Vitória Crespo	00:27:12	01:13:05	01:12:25	7037		V65	11	00:08:11:48	8260
6903	5583	Violaine Rossiny	00:37:52	01:13:08	01:10:47	6805	Les Rennes des Neiges	V55	105	00:05:22:50	5436
6904	7841	João Galhofa	00:36:10	01:13:08	01:12:29	7051		Senior	1349	00:05:56:75	6683
6905	10111	Diogo Costa	00:33:50	01:13:08	01:12:47	7085		V35	724	00:06:01:54	6804
6906	10573	Lara Santos	00:39:48	01:13:09	01:09:45	6665		V35	246	00:05:28:78	5722
6907	6695	João Loureiro	00:39:47	01:13:09	01:09:44	6662		V35	725	00:05:28:73	5720
6908	7474	Inês Borges	00:38:31	01:13:10	01:10:03	6703	Atlético Clube Tostinhas	Senior	687	00:05:15:78	5120
6909	311	António Costa	00:37:13	01:13:11	01:13:04	7130		V60	174	00:06:36:87	7528
6910	7957	Carlos Loureiro	00:40:27	01:13:11	01:10:58	6840		Senior	1350	00:05:09:76	4818
6911	9945	Ana Teixeira	00:35:51	01:13:11	01:12:05	6991		V45	315	00:06:18:96	7190
6912	7937	Joana Nunes	00:40:06	01:13:11	01:10:59	6844		Senior	688	00:05:09:33	4793
6913	9991	Mariana Branco	00:43:05	01:13:12	00:59:19	4343		Senior	689	00:05:07:33	4681
6914	10357	Paulo Teixeira	00:43:03	01:13:12	00:59:20	4353		V35	726	00:05:07:45	4690
6915	6871	Filipa Carrigo	00:34:51	01:13:13	01:12:45	7081		V45	316	00:06:21:52	7248
6916	3695	Karoline Walk	00:35:05	01:13:13	01:11:44	6941	NetJets	V40	281	00:06:09:85	7003
6917	1635	Mariana Antão	00:34:38	01:13:13	01:12:33	7056		Senior	690	00:06:44:65	7639



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
6918	5864	Cristina Toscano	00:36:51	01:13:13	01:11:54	6958		V60	28	00:06:27:03	7365
6919	881	Luisa Quintino	00:36:53	01:13:15	01:12:04	6982		V35	247	00:06:03:40	6857
6920	3108	João Gomes	00:35:31	01:13:15	01:12:50	7095		V45	799	00:05:40:65	6160
6921	2524	Ana Oliveira	00:38:19	01:13:16	01:09:35	6640		V35	248	00:05:46:87	6380
6922	7341	Isabel Vouga	00:38:47	01:13:16	01:10:16	6743	Ginásio ADCRPJ	V55	106	00:05:32:36	5859
6923	8046	Maria Diogo	00:37:12	01:13:17	01:11:27	6905		Senior	691	00:05:47:13	6389
6924	10132	Ana Furtado	00:36:23	01:13:17	01:12:02	6978		V35	249	00:06:10:25	7011
6925	9178	Miguel Silva	00:36:20	01:13:17	01:12:16	7014		V55	355	00:05:24:84	5556
6926	10137	João Furtado	00:36:22	01:13:17	01:12:02	6977		Senior	1351	00:06:10:38	7015
6927	8048	Pedro Martins	00:37:10	01:13:17	01:11:27	6904		Senior	1352	00:05:47:93	6419
6928	177	Bruno Januario	00:37:48	01:13:19	01:11:20	6888		Senior	1353	00:05:47:16	6392
6929	4595	Mafalda Veloso	00:34:35	01:13:19	01:13:03	7124		Senior	692	00:05:29:00	5731
6930	9888	Filipa Ferrugento	00:35:43	01:13:20	01:12:56	7106	Todos os passos contam	V45	317	00:06:36:96	7530
6931	9714	Pedro Oliva	00:41:20	01:13:20	01:13:19	7163		V50	629	00:05:17:62	5203
6932	4712	María Carmen	00:35:18	01:13:20	01:13:10	7138		V60	29	00:06:52:28	7742
6933	4710	Maria Ridruejo	00:35:17	01:13:21	01:13:10	7139		Senior	693	00:06:53:66	7753
6934	7266	Teresa Moscoso	00:35:26	01:13:21	01:11:50	6950		V40	282	00:06:12:18	7062
6935	4013	Valdir Tavares	00:35:56	01:13:22	01:12:23	7031		V40	724	00:06:46:90	7658
6936	1424	Marta Corvo	00:35:05	01:13:23	01:11:53	6954		V40	283	00:05:41:81	6215



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
6937	4011	David Salvador	00:35:56	01:13:23	01:12:22	7024		Senior	1354	00:06:47:22	7666
6938	5384	Joana Vieira	00:35:56	01:13:23	01:12:23	7030		Senior	694	00:06:46:02	7652
6939	5915	João Roseiro	00:34:32	01:13:24	01:11:55	6959		V40	725	00:05:41:76	6212
6940	10553	Carmo Correia	00:37:00	01:13:24	01:11:16	6879		V60	30	00:06:30:36	7425
6941	8944	Carolina Smet	00:35:56	01:13:24	01:12:22	7028		Senior	695	00:06:47:56	7674
6942	5395	Rui Costa	00:35:56	01:13:24	01:12:24	7034		V35	727	00:06:46:50	7654
6943	5396	Rui Morais	00:35:55	01:13:24	01:12:22	7026		V35	728	00:06:49:03	7688
6944	6050	Ricardo Valeriano	00:36:56	01:13:24	01:12:27	7043		Senior	1355	00:05:55:53	6651
6945	6047	Teresa Rodrigues	00:36:58	01:13:25	01:12:28	7048		V40	284	00:05:56:60	6678
6946	5579	Manon Liégeois	00:38:51	01:13:25	01:11:04	6853	Les Rennes des Neiges	Senior	696	00:05:05:13	4558
6947	6678	Carlos Duarte	00:36:24	01:13:27	01:10:12	6729	5º a fundo	V35	729	00:05:57:68	6710
6948	6295	Ruben Silva	00:36:23	01:13:27	01:10:12	6731	5º a fundo	V35	730	00:05:57:35	6703
6949	796	Mafalda Botelho	00:36:28	01:13:28	01:12:06	6993		V45	318	00:06:16:73	7154
6950	1624	Valesca Madeira	00:37:48	01:13:28	01:11:05	6857		Senior	697	00:05:59:87	6766
6951	4774	Helia Escola	00:36:07	01:13:28	01:12:40	7075		V35	250	00:05:48:74	6451
6952	8444	Joao Barbosa	00:36:11	01:13:28	01:12:40	7069		V55	356	00:05:49:10	6465
6953	10564	Francisco Nunes	00:41:37	01:13:28	01:10:56	6833		Senior	1356	00:04:56:34	4031
6954	4458	Sara Paulino	00:35:39	01:13:30	01:12:35	7062		Senior	698	00:05:50:39	6484
6955	3684	Sérgio Teles	00:36:29	01:13:31	01:10:05	6706		Senior	1357	00:05:54:40	6611



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
6956	4571	Luís Filipe	00:38:46	01:13:33	01:11:41	6937		Senior	1358	00:05:21:21	5379
6957	4932	Rodrigo Zilli	00:36:50	01:13:34	01:13:16	7152		V45	800	00:06:11:68	7049
6958	25	António Caldeira	00:36:31	01:13:34	01:12:37	7064		V60	175	00:06:02:87	6847
6959	8128	Anabela Santos	00:35:21	01:13:35	01:13:12	7144	OntriSports	V45	319	00:06:44:41	7637
6960	4069	Leonor Pimentel	00:36:01	01:13:35	01:11:55	6960		Senior	699	00:06:00:72	6785
6961	7608	Afonso Pedroso	00:36:59	01:13:36	01:13:16	7150		V35	731	00:06:20:04	7221
6962	1802	Teresa Sanona	00:40:04	01:13:36	01:10:42	6797	ADN GINJAS	V35	251	00:05:41:12	6186
6963	10082	Diana Almeida	00:40:04	01:13:36	01:10:43	6798	ADN GINJAS	Senior	700	00:05:41:26	6190
6964	4068	André Oliveira	00:36:03	01:13:36	01:11:54	6957		Senior	1359	00:06:02:04	6824
6965	5777	Cicera Lima	00:37:38	01:13:36	01:11:16	6877		V45	320	00:06:00:50	6778
6966	9751	Rita Couto	00:34:57	01:13:39	01:12:59	7120	Lisbon Turtles	Senior	701	00:06:16:90	7157
6967	3993	Filipa Correia	00:37:51	01:13:39	01:11:55	6961		Senior	702	00:07:00:94	7848
6968	2653	Goncalo Bexiga	00:36:23	01:13:39	01:12:07	6995		V40	726	00:05:55:62	6654
6969	2673	Ivan Mascarenhas	00:36:20	01:13:40	01:12:06	6994		V35	732	00:05:57:54	6707
6970	7703	Fábio Oliveira	00:38:48	01:13:40	01:11:08	6863		V35	733	00:06:06:70	6923
6971	1890	Ana Soares	00:36:21	01:13:40	01:12:10	7000		Senior	703	00:05:56:38	6672
6972	2238	Matheus Alves	00:39:32	01:13:41	01:11:36	6928		Senior	1360	00:05:23:00	5458
6973	2827	Ana Fonseca	00:39:58	01:13:41	01:13:26	7174	S4Y-SPORTS ASSOCIAÇÃO	V45	321	00:05:17:82	5213
6974	4446	Beatriz Cardadeiro	00:38:32	01:13:42	01:11:57	6967		V60	31	00:06:05:80	6906



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
6975	10775	Joao Figueiredo	00:38:33	01:13:42	01:11:59	6970		V65	63	00:06:04:94	6890
6976	9430	Bárbara Parreira	00:37:36	01:13:42	01:11:11	6870	Panda e os Maricas	Senior	704	00:05:54:04	6600
6977	3599	Luis Mestre	00:34:33	01:13:42	01:13:17	7154		V45	801	00:06:46:47	7653
6978	3756	Mafalda Vera	00:35:55	01:13:43	01:12:31	7053		Senior	705	00:06:22:88	7276
6979	10541	Jéssica Ramalho	00:40:08	01:13:44	01:11:35	6923		Senior	706	00:05:02:05	4369
6980	10539	Pedro Miranda	00:40:09	01:13:44	01:11:35	6924		Senior	1361	00:05:45:92	6349
6981	1549	Marta Carrilho	00:38:13	01:13:45	01:11:19	6882	Epiças	Senior	707	00:06:15:27	7120
6982	1548	Inês Vicente	00:38:13	01:13:45	01:11:20	6886	Epiças	Senior	708	00:06:15:19	7115
6983	3842	Jorge Colaço	00:37:48	01:13:46	01:11:03	6852	Clube Millennium BCP	V60	176	00:05:24:00	5509
6984	5324	José Garcez	00:38:58	01:13:47	01:10:54	6830		V45	802	00:05:52:28	6544
6985	2593	Carina Nunes	00:39:39	01:13:47	01:10:48	6807	Bombeiros Voluntários de Montemor-o-Novo	V35	252	00:05:51:60	6521
6986	5380	Francisco Coelho	00:39:38	01:13:47	01:10:49	6812	Bombeiros Voluntários de Montemor-o-Novo	V55	357	00:05:52:05	6534
6987	5379	João Brito	00:39:38	01:13:48	01:10:48	6808	Bombeiros Voluntários de Montemor-o-Novo	V50	630	00:05:52:04	6533
6988	1268	Mafalda Duarte	00:38:15	01:13:48	01:12:19	7018	Hoti Hotéis	Senior	709	00:05:38:25	6085
6989	1055	Elsa Mira	00:38:16	01:13:48	01:10:51	6823		V50	205	00:05:38:58	6098
6990	9379	Rosário Figueiral	00:37:18	01:13:48	01:10:59	6843		V55	107	00:05:54:53	6616
6991	9580	Luciana Garritano	00:35:26	01:13:50	01:12:51	7098		V60	32	00:06:18:24	7180
6992	759	Artur Silva	00:34:09	01:13:50	01:12:29	7052		V35	734	00:06:09:21	6985
6993	8294	Ricardo Capela	00:39:02	01:13:51	01:10:14	6736		V40	727	00:06:00:67	6782





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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
6994	1804	Lilia Vieira	00:36:15	01:13:51	01:12:42	7079		V35	253	00:06:08:03	6957
6995	4518	Lara Fernandes	00:33:34	01:13:51	01:13:36	7192		V35	254	00:06:01:56	6805
6996	3233	Élia Granja	00:35:38	01:13:51	01:12:59	7121	Clube ANA Lisboa	V50	206	00:06:32:12	7462
6997	1820	João Vieira	00:36:15	01:13:52	01:12:42	7078		V60	177	00:06:08:69	6973
6998	6009	Nelson Anjos	00:38:23	01:13:52	01:13:12	7142	Valejas Atlético Clube - O Muchacho Barcarena	V45	803	00:05:30:10	5775
6999	3130	Vanessa Kadel	00:37:01	01:13:53	01:13:44	7209		Senior	710	00:05:43:77	6274
7000	7721	Sandra Alcaide	00:37:24	01:13:53	01:13:00	7122		V45	322	00:06:24:32	7306
7001	3131	Philipp Kadel	00:37:01	01:13:53	01:13:43	7203		Senior	1362	00:05:43:57	6269
7002	6828	Fabio Carvalho	00:38:20	01:13:53	01:12:15	7010		V35	735	00:05:23:61	5485
7003	3622	Rúben Galheto	00:37:44	01:13:54	01:11:59	6969		Senior	1363	00:06:29:06	7397
7004	2755	Ines Caldeira	00:37:44	01:13:54	01:12:01	6973		V35	255	00:06:29:12	7400
7005	5741	Luana Miranda	00:38:25	01:13:55	01:11:22	6895		Senior	711	00:05:59:41	6759
7006	242	Gabriela Cruz	00:37:47	01:13:56	01:12:10	7001		V45	323	00:05:24:97	5560
7007	1768	Mariana Patrício	00:40:04	01:13:56	01:10:06	6709		Senior	712	00:05:14:31	5050
7008	7625	Rafael Santana	00:37:53	01:13:58	01:12:07	6996		Senior	1364	00:06:34:05	7487
7009	10224	Pedro Santos	00:35:29	01:13:58	01:13:38	7196		V45	804	00:06:06:73	6925
7010	8417	Daniel Braun	00:34:50	01:13:58	01:13:50	7221		V35	736	00:06:31:99	7459
7011	8976	Marcio Jesus	00:34:16	01:14:03	01:13:17	7155	O.F.S RUNNING TEAM	V35	737	00:07:26:25	8047
7012	2895	Susana Santos	00:40:46	01:14:05	01:10:53	6829		V35	256	00:05:30:23	5781



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
7013	6715	Vanessa Patrício	00:36:12	01:14:05	01:12:58	7116		V40	285	00:05:44:36	6296
7014	11100	Aleksandr Zamaraev	00:42:05	01:14:05	00:59:48	4504		Senior	1365	00:05:19:59	5292
7015	6889	Ana Ferreira	00:36:15	01:14:06	01:12:58	7115		V35	257	00:05:43:30	6263
7016	8393	Sara Dias	00:38:41	01:14:09	01:12:45	7080		V35	258	00:06:29:32	7402
7017	11121	Miguel Ferreira	00:36:08	01:14:09	01:12:29	7050		V35	738	00:06:29:49	7407
7018	6944	João Dias	00:38:40	01:14:09	01:12:45	7082		V35	739	00:06:29:64	7412
7019	368	Sílvia Ferreira	00:35:48	01:14:09	01:13:43	7206		V40	286	00:05:54:59	6619
7020	3286	Carlos Joaquim	00:37:42	01:14:10	01:12:09	6999		V35	740	00:06:19:42	7200
7021	9280	Maria Telo	00:38:31	01:14:10	01:10:23	6765	Pichas de Melro	Senior	713	00:06:02:11	6828
7022	4862	Ana Baptista	00:37:18	01:14:11	01:13:19	7161		V35	259	00:06:16:69	7153
7023	3228	Marta Cardoso	00:35:42	01:14:12	01:13:24	7170	URBAN RUN TEAM	V45	324	00:06:18:46	7184
7024	3540	Raquel Abrantes	00:36:14	01:14:13	01:13:18	7156		V35	260	00:06:40:71	7590
7025	9779	Sérgio Paiva	00:40:16	01:14:14	01:11:49	6946		Senior	1366	00:05:34:89	5957
7026	9782	Joana Costa	00:40:14	01:14:14	01:11:50	6949		Senior	714	00:05:34:89	5956
7027	10368	Beatriz Silva	00:36:55	01:14:14	01:13:41	7198		Senior	715	00:06:31:90	7456
7028	3757	Pedro Cerqueira	00:38:14	01:14:15	01:10:40	6789		Senior	1367	00:05:15:95	5128
7029	4332	Cristina Dias	00:38:14	01:14:15	01:11:46	6942	Dias Sol	V50	207	00:05:54:88	6632
7030	8676	Ana Ferreira	00:40:04	01:14:16	01:11:38	6932		Senior	716	00:05:25:68	5588
7031	5644	Joana Brás	00:36:14	01:14:16	01:13:19	7162		V35	261	00:06:41:28	7598



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# CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
7032	10077	Joao Pereira	00:40:04	01:14:16	01:11:38	6931		Senior	1368	00:05:25:85	5597
7033	8667	Catarina Neves	00:37:47	01:14:17	01:12:34	7058		Senior	717	00:06:22:20	7262
7034	6388	Valdemiro Fernandes	00:37:45	01:14:17	01:12:35	7059		Senior	1369	00:06:22:58	7266
7035	8711	Ana Mendes	00:37:09	01:14:18	01:12:56	7107	CCD Tranquilidade	V55	108	00:06:12:81	7073
7036	9716	Eufragio Gomes	00:38:26	01:14:18	01:11:20	6885		Senior	1370	00:05:32:58	5871
7037	807	Carina Santos	00:37:52	01:14:19	01:13:36	7193		V50	208	00:05:53:11	6570
7038	6494	Isabel América	00:35:53	01:14:19	01:13:35	7189	FLIPART	V60	33	00:05:59:18	6751
7039	9643	Nuno Filipe	00:37:52	01:14:20	01:13:34	7186		V45	805	00:05:53:09	6568
7040	3264	Dipesh Rogunata	00:38:33	01:14:20	01:11:15	6876		Senior	1371	00:04:57:32	4082
7041	10674	Rita Coutinho	00:37:23	01:14:21	01:11:56	6963		Senior	718	00:06:11:60	7047
7042	9958	Madalena Cruz	00:39:16	01:14:21	01:11:02	6850		Senior	719	00:06:28:20	7382
7043	5734	Ana Cardoso	00:36:52	01:14:21	01:14:14	7259	Run & Win[e]	Senior	720	00:05:53:75	6588
7044	5918	Cátia Gaudêncio	00:38:11	01:14:23	01:10:40	6788		V40	287	00:06:04:98	6891
7045	8428	Gerd Hanel	00:40:06	01:14:23	01:11:22	6893		V60	178	00:05:49:18	6466
7046	3325	Maria Ferreira	00:37:27	01:14:25	01:13:56	7237		V65	12	00:06:23:16	7285
7047	9527	Daniela Sousa	00:36:50	01:14:26	01:12:28	7049		V40	288	00:06:24:18	7303
7048	5318	Ana Nunes	00:37:18	01:14:27	01:13:35	7191		V35	262	00:06:32:04	7461
7049	953	Anezka Kolaceke	00:38:40	01:14:27	01:11:43	6939		Senior	721	00:05:55:10	6640
7050	10351	Ana Raposo	00:40:27	01:14:28	01:11:11	6869		V40	289	00:06:20:75	7233



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
7051	9738	Carla Alves	00:39:14	01:14:28	01:11:46	6943		V40	290	00:05:32:27	5855
7052	1371	Marta Marques	00:39:40	01:14:28	01:10:58	6839		V45	325	00:05:30:00	5773
7053	10350	Marta Rodrigues	00:40:28	01:14:28	01:11:12	6872		V35	263	00:06:21:23	7240
7054	908	Dário Silva	00:34:20	01:14:29	01:13:18	7160		V35	741	00:07:00:37	7839
7055	4369	Patricia Bernardo	00:40:59	01:14:29	01:11:05	6856		V40	291	00:06:06:24	6916
7056	8284	João Sequeira	00:33:50	01:14:30	01:12:57	7113		V60	179	00:08:07:60	8250
7057	4044	Daniel Barata	00:35:59	01:14:30	01:13:43	7204	Sementes do Asfalto	V40	728	00:06:28:39	7388
7058	8287	Rodrigo Gil	00:33:49	01:14:30	01:12:59	7117		Junior	145	00:08:09:29	8255
7059	5119	Raquel Vaz	00:37:06	01:14:30	01:13:17	7153		V40	292	00:06:08:22	6960
7060	89	Sérgio Horta	00:38:04	01:14:31	01:12:00	6972		V40	729	00:05:53:99	6598
7061	3315	Maria Mostafa	00:38:23	01:14:31	01:12:23	7032		V40	293	00:05:53:66	6585
7062	5387	Bruno Dias	00:37:48	01:14:31	01:12:48	7089		Senior	1372	00:05:57:66	6709
7063	7861	Cristovão Faustino	00:37:16	01:14:32	01:11:43	6940		Senior	1373	00:05:48:87	6458
7064	5843	Vitoria Costa	00:37:35	01:14:32	01:12:51	7096		V45	326	00:06:32:27	7464
7065	9713	Carlos Marques	00:38:27	01:14:33	01:11:35	6925		Senior	1374	00:05:48:62	6446
7066	1806	Agostinho Monteiro	00:37:29	01:14:33	01:12:53	7102		V40	730	00:06:09:64	6995
7067	1489	Rui Belo	00:36:47	01:14:33	01:13:49	7218		V45	806	00:05:25:03	5566
7068	10055	Ricardo Ribeiro	00:36:46	01:14:33	01:13:50	7222		Senior	1375	00:05:25:23	5571
7069	5179	Helena Lourenço	00:38:15	01:14:35	01:12:49	7091	Tartarugas Saltadoras	V60	34	00:06:24:30	7305



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
7070	4497	Elsa Afonso	00:34:50	01:14:35	01:13:45	7211		V40	294	00:06:42:62	7611
7071	744	Filipa Andrade	00:35:29	01:14:36	01:14:22	7275		Senior	722	00:05:59:90	6770
7072	740	Rodrigo Santos	00:35:27	01:14:36	01:14:22	7276		Senior	1376	00:05:59:71	6764
7073	10043	Joana Ferreira	00:38:17	01:14:36	01:12:47	7086		Senior	723	00:06:23:37	7292
7074	10738	Paulo Reis	00:38:17	01:14:36	01:12:48	7087		Senior	1377	00:06:22:47	7265
7075	10041	Rafaela Netas	00:38:18	01:14:37	01:12:49	7092		Senior	724	00:06:23:18	7286
7076	10066	Filipa Fróis	00:38:18	01:14:37	01:12:53	7103		Senior	725	00:06:23:10	7283
7077	11218	Ines Viana	00:36:31	01:14:37	01:13:51	7224		V40	295	00:06:05:44	6899
7078	7331	Vania Marecos	00:37:15	01:14:38	01:13:06	7133	Associação Corrida Noturna Parque das Nações	V45	327	00:05:54:62	6620
7079	4211	Ana Rodrigues	00:40:45	01:14:39	01:11:27	6908		V50	209	00:05:41:99	6223
7080	7700	Inês Duarte	00:37:09	01:14:39	01:13:16	7151		V35	264	00:06:36:49	7517
7081	11073	Claudia Almeida	00:37:09	01:14:39	01:13:15	7149		V50	210	00:06:36:71	7523
7082	8243	Rui Costa	00:37:50	01:14:39	01:13:12	7143	Associação Corrida Noturna Parque das Nações	V55	358	00:06:33:78	7484
7083	768	Patricia Teixeira	00:40:26	01:14:40	01:11:29	6912		V40	296	00:05:45:18	6323
7084	1017	Oleksandra Yevgenivna	00:36:42	01:14:40	01:13:56	7238		V40	297	00:06:16:53	7147
7085	10740	Cláudia Reis	00:40:26	01:14:40	01:11:30	6915		V50	211	00:05:46:70	6373
7086	2320	Sara Gomes	00:38:45	01:14:41	01:13:01	7123		V35	265	00:06:05:77	6905
7087	8859	Ana Santos	00:36:54	01:14:41	01:14:34	7292		Senior	726	00:06:03:37	6856
7088	6202	Rita Magalhães	00:34:38	01:14:43	01:14:27	7280		Senior	727	00:06:07:96	6954



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
7089	6404	Francisca Figueiredo	00:34:37	01:14:43	01:14:28	7282	Deloitte Running Club	Senior	728	00:06:08:42	6967
7090	3839	Ana Rodrigues	00:38:15	01:14:44	01:12:56	7111	Clube Millennium BCP	Senior	729	00:06:06:31	6917
7091	10589	Carolina Rijo	00:37:31	01:14:45	01:12:14	7009		V35	266	00:06:04:12	6873
7092	3857	António Soares	00:37:09	01:14:45	01:13:05	7131	Clube Millennium BCP	V80	1	00:05:58:81	6741
7093	4134	Simao Conceicao	00:36:16	01:14:45	01:11:58	6968		V35	742	00:06:53:83	7757
7094	4716	Sara Nascimento	00:38:14	01:14:45	01:12:56	7110		Senior	730	00:06:08:72	6974
7095	3838	Carlos Rodrigues	00:38:13	01:14:46	01:12:57	7112	Clube Millennium BCP	V65	64	00:06:08:30	6963
7096	5022	Mónica Cruz	00:38:12	01:14:46	01:12:56	7109		V35	267	00:05:58:23	6724
7097	8917	Paulo Tim-Tim	00:38:56	01:14:46	01:13:12	7140		V50	631	00:05:56:84	6688
7098	3090	André Carvalho	00:38:25	01:14:47	01:12:26	7040	Starfish	V50	632	00:06:22:05	7259
7099	489	Michael O'neill	00:39:15	01:14:47	01:12:19	7017		V55	359	00:05:56:73	6681
7100	7437	Ana Maciel	00:40:34	01:14:49	01:12:10	7002	Ciência Viva	Senior	731	00:05:36:79	6019
7101	3164	Vitor Nunes	00:34:14	01:14:50	01:14:45	7316		V55	360	00:07:24:72	8038
7102	8785	Sofia Martins	00:36:47	01:14:51	01:14:44	7312		V45	328	00:07:02:76	7860
7103	10384	Jose Quaresma	00:37:30	01:14:52	01:14:19	7268		V50	633	00:05:05:82	4599
7104	8975	Jorge Candeias	00:34:54	01:14:52	01:14:09	7252	O.F.S RUNNING TEAM	V45	807	00:07:10:02	7920
7105	3163	Joana Santos	00:38:18	01:14:54	01:12:37	7066		Senior	732	00:06:44:38	7636
7106	7878	Carla Silva	00:34:10	01:14:55	01:14:44	7314		V60	35	00:06:28:27	7383
7107	6343	Madalena Cerdeira	00:40:07	01:14:55	01:11:57	6965		Senior	733	00:05:54:83	6629



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
7108	6345	Francisco Cerdeira	00:40:06	01:14:55	01:11:57	6966		Junior	146	00:05:54:98	6634
7109	5049	José Silvestre	00:39:00	01:14:55	01:13:04	7128		V40	731	00:05:56:27	6669
7110	10875	Cláudia Custódio	00:39:36	01:14:55	01:11:40	6936		V40	298	00:06:14:40	7096
7111	4997	Helder Silvestre	00:39:01	01:14:55	01:13:04	7129		V35	743	00:05:56:32	6670
7112	1708	Miguel Caldeira	00:34:41	01:14:55	01:14:45	7317		Senior	1378	00:06:38:13	7548
7113	5545	Pedro Rebelo	00:35:35	01:14:55	01:12:25	7039		Senior	1379	00:07:30:66	8085
7114	3275	Juliana Gomes	00:34:27	01:14:56	01:14:38	7302	EVELX - Associação de Estilos de Vida Saudável	V35	268	00:06:20:43	7227
7115	11047	Catarina Dias	00:40:08	01:14:57	01:11:36	6926		Senior	734	00:05:50:99	6501
7116	3221	Laura Roothans	00:39:02	01:15:00	01:12:21	7023		Senior	735	00:06:00:20	6774
7117	5917	Luís Casinhas	00:38:49	01:15:00	01:12:04	6983		Senior	1380	00:05:52:03	6532
7118	5414	Inês Farrica	00:39:03	01:15:01	01:12:22	7025		Senior	736	00:06:01:22	6798
7119	4602	Vânia Faria	00:35:54	01:15:02	01:13:55	7236		V35	269	00:06:19:90	7216
7120	2898	Cecília Convente	00:37:13	01:15:02	01:13:45	7212		V40	299	00:06:31:15	7440
7121	8718	Cláudia Tam	00:39:35	01:15:03	01:12:39	7068	CCD Tranquilidade	V40	300	00:05:47:58	6406
7122	4877	João Ferreira	00:37:27	01:15:04	01:13:39	7197		Senior	1381	00:06:19:75	7211
7123	7068	Henrique Camará	00:37:46	01:15:05	01:12:25	7038	McDonald's Organização Fernando Teixeira	Junior	147	00:06:43:27	7625
7124	4960	Cláudia Grencho	00:36:31	01:15:06	01:13:24	7171	Serviços Sociais Montepio	V50	212	00:06:49:35	7690
7125	3132	Pedro Cerdeira	00:36:32	01:15:06	01:13:24	7169		V45	808	00:06:47:59	7675
7126	3473	Paulo Rasquete	00:40:37	01:15:06	01:12:16	7013		V50	634	00:05:46:51	6366



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
7127	6755	Inês Carvalho	00:38:49	01:15:07	01:12:33	7055		Senior	737	00:05:54:17	6603
7128	2336	Catarina Moser	00:40:09	01:15:08	01:11:23	6898		V35	270	00:06:14:87	7105
7129	2530	Nadine Reino	00:40:09	01:15:08	01:11:22	6897		Senior	738	00:06:14:87	7104
7130	5934	Maria Gonçalves	00:35:12	01:15:08	01:14:14	7260		V35	271	00:06:51:62	7726
7131	11188	Juliana Espinosa	00:39:37	01:15:08	01:11:26	6903		V35	272	00:05:47:00	6383
7132	3964	António Vicente	00:37:12	01:15:10	01:13:18	7158	Duquesa Team	V45	809	00:06:21:27	7241
7133	3963	António Silva	00:37:12	01:15:10	01:13:18	7157	Duquesa Team	V45	810	00:06:20:43	7228
7134	7759	Mariana Torres	00:37:49	01:15:10	01:12:27	7045	McDonald's Organização Fernando Teixeira	Junior	46	00:06:47:95	7680
7135	9262	José Soares	00:32:51	01:15:10	01:12:50	7093		V45	811	00:16:13:73	8724
7136	10370	Pedro Pereira	00:37:09	01:15:10	01:14:01	7242		V50	635	00:06:58:73	7823
7137	7546	Nuno Amaral	00:37:51	01:15:10	01:12:28	7047	McDonald's Organização Fernando Teixeira	Senior	1382	00:06:48:45	7684
7138	11168	Pedro Mansos	00:36:38	01:15:11	01:15:09	7345		Senior	1383	00:05:56:61	6679
7139	4265	Joana Silva	00:36:04	01:15:11	01:14:31	7287		Senior	739	00:06:59:66	7831
7140	2453	Rui Félix	00:38:53	01:15:11	01:12:27	7046		Senior	1384	00:04:59:23	4210
7141	10362	Vanessa Pereira	00:37:10	01:15:11	01:14:02	7244		V50	213	00:06:58:87	7824
7142	11169	Aditi Saraswat	00:36:37	01:15:12	01:15:10	7346		Senior	740	00:05:56:77	6684
7143	5272	Daniela Mendes	00:35:13	01:15:12	01:14:13	7258	Bellatores	V35	273	00:05:54:57	6617
7144	3385	Ana Pontes	00:34:20	01:15:13	01:14:43	7309		V45	329	00:05:34:12	5925
7145	2303	Maria Marques	00:35:20	01:15:13	01:15:09	7340		V65	13	00:06:36:78	7525





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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
7146	9309	Davide Fernandes	00:38:19	01:15:14	01:12:59	7119		Senior	1385	00:06:23:99	7300
7147	7492	Susana Lopes	00:38:19	01:15:14	01:12:59	7118		V35	274	00:06:24:88	7318
7148	5084	Barbara Borges	00:39:59	01:15:14	01:11:20	6890	Grupo Desportivo Santander Totta	V40	301	00:05:29:35	5747
7149	6342	Marcus Cerdeira	00:40:08	01:15:15	01:12:18	7015		V50	636	00:05:17:88	5217
7150	3512	Tristan Roth	00:41:37	01:15:15	01:11:51	6952		V40	732	00:05:58:82	6742
7151	8459	Sónia Brandão	00:37:59	01:15:19	01:13:31	7183		V35	275	00:05:56:81	6686
7152	8406	Íris Quitéria	00:37:58	01:15:19	01:13:30	7182		Junior	47	00:05:52:56	6552
7153	4655	Carlos Rocha	00:37:50	01:15:19	01:13:45	7210	Lets Do it	V40	733	00:06:02:03	6822
7154	2370	José Barreiros	00:40:08	01:15:19	01:11:38	6933	Clube Novo Banco	V50	637	00:05:54:42	6612
7155	9825	Daniela Martins	00:38:07	01:15:20	01:12:14	7008		Senior	741	00:06:39:69	7581
7156	2637	Ana Santos	00:38:03	01:15:21	01:13:51	7226		V35	276	00:06:27:60	7374
7157	4118	Camila Cavalcanti	00:41:12	01:15:21	01:12:35	7061		V40	302	00:05:34:27	5933
7158	2700	Fábio Cunha	00:36:07	01:15:22	01:15:17	7358		V35	744	00:06:13:72	7090
7159	7865	Raimisn Rivas	00:39:31	01:15:22	01:12:42	7077		V45	330	00:05:34:88	5954
7160	2528	Rita Coelho	00:36:08	01:15:23	01:15:19	7362		V40	303	00:06:14:92	7107
7161	9221	Madalena Ortigão	00:39:22	01:15:24	01:11:38	6930	Os Didis	Senior	742	00:05:58:04	6718
7162	8590	Jose Ruivo	00:35:14	01:15:24	01:14:41	7306		V50	638	00:06:57:12	7799
7163	5602	Emanuel Inácio	00:37:28	01:15:25	01:13:06	7134		V45	812	00:06:51:46	7724
7164	6707	Daniela Portugal	00:36:55	01:15:25	01:13:12	7141		Senior	743	00:06:52:09	7737



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
7165	5604	Nuno Marques	00:37:28	01:15:26	01:13:06	7135		V45	813	00:06:51:17	7717
7166	5630	Priscila Gabriel	00:40:17	01:15:26	01:12:04	6984		Senior	744	00:06:38:43	7554
7167	9349	Rui Rodrigues	00:38:58	01:15:26	01:13:55	7235		V35	745	00:06:24:87	7317
7168	5668	Cátia Ribeiro	00:40:16	01:15:26	01:12:04	6985		Senior	745	00:06:38:73	7562
7169	5896	Francisco Canadas	00:40:16	01:15:26	01:12:04	6986		Senior	1386	00:06:38:82	7565
7170	7500	Sara Nogueira	00:37:42	01:15:26	01:14:27	7281	Bellatores	V35	277	00:06:41:21	7594
7171	9338	Edwige Ribeiro	00:38:57	01:15:26	01:13:57	7240		V35	278	00:06:26:05	7346
7172	9320	Hugo Pimentel	00:39:49	01:15:27	01:13:28	7179		Senior	1387	00:06:09:96	7006
7173	3089	Carolina Caramelo	00:37:40	01:15:27	01:13:52	7231	Juan Carlos Grupo	Senior	746	00:06:56:48	7792
7174	10112	Tiago Peralta	00:37:21	01:15:28	01:13:05	7132		V35	746	00:06:31:55	7449
7175	2392	Moisés Fernandes	00:38:10	01:15:28	01:12:40	7071	Clube Novo Banco	V55	361	00:05:20:00	5315
7176	8558	Maria Cardoso	00:40:48	01:15:31	01:11:54	6956		V50	214	00:06:30:22	7422
7177	785	Carla Ramalho	00:40:48	01:15:31	01:11:55	6962		V50	215	00:06:30:66	7431
7178	7713	Ana Silva	00:39:38	01:15:31	01:13:53	7233		V50	216	00:06:02:30	6830
7179	4391	Alexandra Oliveira	00:37:01	01:15:32	01:12:50	7094	Os caracois da corrida!!!	V40	304	00:06:53:81	7756
7180	7464	Pedro Amaral	00:37:34	01:15:32	01:13:28	7178	Francesinhas, morcelas e sardinhas	V50	639	00:06:09:88	7005
7181	1574	Isabel Seguro	00:37:34	01:15:33	01:13:29	7181		V50	217	00:06:10:59	7023
7182	5290	Regina Sequeira	00:38:56	01:15:33	01:12:48	7090	SS CGD	V50	218	00:05:52:69	6556
7183	3898	João Miguel	00:37:05	01:15:35	01:14:43	7310	Gym Friends	V35	747	00:06:10:49	7018



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
7184	3889	João Oliveira	00:37:07	01:15:36	01:14:45	7315	Gym Friends	V65	65	00:06:09:81	7001
7185	11186	Sebastião Garcia	00:37:53	01:15:36	01:13:35	7187		V45	814	00:07:22:58	8021
7186	11152	Bruno Tabuada	00:40:03	01:15:36	01:13:24	7172		Senior	1388	00:05:23:08	5466
7187	638	Maria Freitas	00:37:37	01:15:37	01:13:07	7136		V55	109	00:05:38:37	6090
7188	2364	Paula Mello	00:37:45	01:15:37	01:14:03	7246	Clube Novo Banco	V55	110	00:06:02:80	6845
7189	8487	Ana Matos	00:39:20	01:15:37	01:12:27	7044	Bolsky	Senior	747	00:06:18:00	7175
7190	2355	Paulo Ricardo	00:37:45	01:15:37	01:14:04	7248	Clube Novo Banco	V55	362	00:06:03:24	6855
7191	6734	Júnia Anacleto	00:37:00	01:15:38	01:15:07	7338		V60	36	00:05:13:13	4990
7192	10761	Vanessa Marques	00:38:49	01:15:39	01:12:54	7105	Lisgarante - Sociedade de Garantia Mútua S.A.	V35	279	00:06:09:01	6982
7193	9460	Rosângela Lima	00:38:53	01:15:40	01:11:49	6947		V40	305	00:05:54:16	6602
7194	9462	Gerbson Alves	00:38:53	01:15:40	01:11:49	6948		V40	734	00:05:54:74	6627
7195	4902	Isabelle Fernandes	00:36:09	01:15:41	01:15:35	7384	Chinchila	Senior	748	00:06:30:43	7427
7196	9516	Sofia Marques	00:38:01	01:15:42	01:14:15	7261		V45	331	00:06:41:25	7595
7197	11154	Carolina Reis	00:40:04	01:15:42	01:13:29	7180		Senior	749	00:05:28:18	5700
7198	4255	Eliana Almeida	00:37:45	01:15:42	01:14:48	7321		Senior	750	00:06:15:66	7129
7199	4256	Henrique Ferreira	00:37:44	01:15:42	01:14:49	7322		Senior	1389	00:06:15:36	7123
7200	9628	Leticia Sande	00:38:24	01:15:43	01:12:53	7104		Senior	751	00:06:19:99	7219
7201	10209	Jorge Santos	00:37:12	01:15:44	01:14:15	7262		V55	363	00:05:29:30	5745
7202	3636	Pedro Silvino	00:35:51	01:15:44	01:14:52	7327		V50	640	00:06:20:84	7236



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
7203	11086	Mafalda Pereira	00:39:38	01:15:45	01:12:31	7054	KLx Running Team	Senior	752	00:05:42:41	6229
7204	7652	José Vilhena	00:40:29	01:15:46	01:15:42	7395	Os Kotas	V55	364	00:04:30:74	2673
7205	11287	Maria Correia	00:39:12	01:15:46	01:13:08	7137		V60	37	00:06:24:12	7302
7206	8735	Manuel Gonçalves	00:35:43	01:15:47	01:14:46	7318	CCD Tranquilidade	V45	815	00:06:41:30	7599
7207	8382	Manuel Carvalho	00:38:30	01:15:49	01:12:41	7076		Senior	1390	00:06:21:55	7249
7208	5593	Teresa Borges	00:37:43	01:15:49	01:15:08	7339		Senior	753	00:05:49:87	6476
7209	1240	Teresa Fernandes	00:41:08	01:15:49	01:12:40	7073		V50	219	00:05:47:12	6386
7210	1216	Susana Jesus	00:40:37	01:15:50	01:12:11	7005		Senior	754	00:06:47:36	7670
7211	1215	Carlos Jesus	00:40:36	01:15:51	01:12:12	7006		V55	365	00:06:48:31	7682
7212	7482	Sofia Mascarenhas	00:37:07	01:15:52	01:15:02	7333		Senior	755	00:07:03:50	7863
7213	11033	Quezia Fernandes	00:38:48	01:15:52	01:13:37	7194	Calebe	V35	280	00:06:09:75	6998
7214	11286	Elena Knollhuber	00:38:53	01:15:52	01:12:37	7065		Senior	756	00:05:42:72	6243
7215	2480	Ligia Zivkovic	00:38:54	01:15:52	01:12:38	7067		Senior	757	00:05:43:84	6278
7216	6603	Carlos Pereira	00:40:43	01:15:53	01:13:21	7165		V50	641	00:05:46:01	6351
7217	1766	Carlos Sousa	00:37:28	01:15:53	01:14:11	7254		V40	735	00:05:59:44	6760
7218	11034	Edson Fernandes	00:38:48	01:15:53	01:13:38	7195	Calebe	V40	736	00:06:10:79	7025
7219	6591	Ana Matilde	00:40:43	01:15:53	01:13:21	7166		Senior	758	00:05:46:87	6381
7220	227	Susana Freitas	00:36:25	01:15:54	01:15:16	7355		V45	332	00:06:16:78	7155
7221	235	Ricardo Santos	00:36:26	01:15:54	01:15:14	7350		V45	816	00:06:15:69	7130



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
7222	5986	Isaura Moura	00:39:39	01:15:54	01:13:26	7175		Senior	759	00:05:24:16	5520
7223	5987	Patrícia Penteado	00:39:39	01:15:54	01:13:27	7176		Senior	760	00:05:25:98	5605
7224	5669	Samir Ahmad	00:37:06	01:15:54	01:13:14	7146		V40	737	00:06:43:67	7630
7225	1732	Matthias Weishaupt	00:41:40	01:15:55	01:12:18	7016		V35	748	00:04:57:73	4118
7226	5862	Sara Silva	00:39:38	01:15:55	01:13:27	7177		V50	220	00:05:24:40	5529
7227	6160	Ana Custódio	00:42:49	01:15:55	01:13:33	7184	CCDV-Valorsul	V45	333	00:05:29:44	5753
7228	8779	Pedro Rocha	00:35:50	01:15:56	01:15:03	7334		V45	817	00:06:42:66	7614
7229	4419	Isabel Fernandes	00:38:47	01:15:56	01:12:40	7074		V45	334	00:06:14:86	7102
7230	7132	Filipe Filipe	00:38:47	01:15:57	01:12:40	7070		V50	642	00:06:17:09	7161
7231	30	Paulo Amaral	00:40:20	01:15:58	01:12:05	6987		V55	366	00:05:57:38	6704
7232	662	Nuno Godinho	00:40:20	01:15:58	01:12:05	6988		V50	643	00:05:57:13	6696
7233	10506	Wolfgang Ruth	00:39:26	01:15:59	01:14:44	7311	Blitzschnell	V50	644	00:05:40:10	6141
7234	3458	Ana Bolas	00:36:48	01:15:59	01:15:16	7353	Limited Edition Team	Senior	761	00:06:39:06	7569
7235	3352	Gonçalo Almeida	00:37:58	01:15:59	01:14:39	7305		V35	749	00:06:25:67	7336
7236	6274	Susana Jesus	00:38:21	01:15:59	01:15:14	7351		V40	306	00:05:48:07	6425
7237	1095	Cesar Guerra	00:39:54	01:16:00	01:12:24	7033		V50	645	00:05:52:73	6557
7238	1136	Nicole Collard	00:39:22	01:16:00	01:13:52	7229		V50	221	00:05:40:95	6175
7239	6467	Diogo Dias	00:40:59	01:16:02	01:12:24	7036		Senior	1391	00:05:53:02	6567
7240	9104	Daniel Miranda	00:40:59	01:16:02	01:12:24	7035	Claranet Portugal	Senior	1392	00:05:53:39	6579



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
7241	1283	Regina Dutra	00:34:57	01:16:03	01:15:16	7356	Dutra's	V35	281	00:06:51:98	7735
7242	1282	Ismael Duta	00:34:58	01:16:04	01:15:17	7357	Dutra's	V35	750	00:06:52:17	7740
7243	818	Hugo Rebocho	00:36:26	01:16:04	01:14:30	7286		V40	738	00:06:34:12	7488
7244	4558	Sandra Joaquim	00:27:08	01:16:04	01:15:49	7411	Clube EDP - Lisboa	V45	335	00:11:46:46	8676
7245	2196	João Torrado	00:40:34	01:16:08	01:12:40	7072	feed-the-fish	V60	180	00:06:00:67	6783
7246	9457	Isabel Rushall	00:42:05	01:16:08	01:12:51	7097		Junior	48	00:05:14:45	5060
7247	9455	Jeff Rushall	00:42:06	01:16:08	01:12:52	7099		V60	181	00:05:14:97	5082
7248	806	Diogo Luis	00:35:38	01:16:10	01:13:52	7230		Senior	1393	00:08:20:94	8289
7249	2356	David Almeida	00:38:16	01:16:11	01:13:23	7168	Clube Novo Banco	V35	751	00:06:27:47	7370
7250	1317	Rúben Lino	00:40:25	01:16:11	01:12:46	7083		Junior	148	00:06:15:06	7114
7251	1182	Paula Costa	00:39:51	01:16:11	01:13:49	7219		V50	222	00:05:58:58	6733
7252	8726	Isabel Mota	00:39:52	01:16:12	01:13:49	7217	CCD Tranquilidade	V50	223	00:05:58:60	6734
7253	1315	Bruno Lino	00:40:27	01:16:12	01:12:47	7084		V40	739	00:06:15:75	7133
7254	1316	Rafaela Lino	00:40:27	01:16:12	01:12:48	7088		V40	307	00:06:16:47	7146
7255	406	Sandra Mota	00:39:51	01:16:12	01:13:50	7220		V45	336	00:05:59:88	6768
7256	3901	Ana Marques	00:35:33	01:16:13	01:15:32	7378		V50	224	00:06:42:55	7610
7257	7015	Rui Soares	00:39:07	01:16:16	01:12:52	7100	SS CGD	V45	818	00:06:24:79	7314
7258	1990	Catarina Bailão	00:39:09	01:16:17	01:12:52	7101	SS CGD	Senior	762	00:06:25:02	7321
7259	9129	João	00:40:06	01:16:18	01:13:04	7127	Claranet Portugal	Junior	149	00:06:33:06	7477



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
7260	6544	Cláudia Lopes	00:40:53	01:16:18	01:13:42	7200		V40	308	00:06:07:41	6944
7261	9128	Márcio Ribeiro	00:40:06	01:16:18	01:13:03	7125	Claranet Portugal	Senior	1394	00:06:33:08	7479
7262	6543	Carla Cunha	00:40:53	01:16:18	01:13:42	7199		V45	337	00:06:08:82	6977
7263	8911	André Mendes	00:36:04	01:16:19	01:15:24	7371	Cordeiros e companhia	V35	752	00:06:31:82	7453
7264	11148	Julia Wenzel	00:39:14	01:16:19	01:13:21	7164		V45	338	00:07:15:07	7960
7265	1092	Miguel Barreiros	00:40:16	01:16:20	01:12:36	7063		V45	819	00:06:20:05	7222
7266	7085	Nelson Antunes	00:41:39	01:16:20	01:12:34	7057		V45	820	00:05:23:01	5459
7267	2039	Judá Pereira	00:30:44	01:16:21	01:15:58	7421		Senior	1395	00:10:23:59	8530
7268	2147	Leandro Junior	00:39:33	01:16:22	01:14:17	7264		Senior	1396	00:06:11:26	7033
7269	5581	Maryse Weber	00:38:52	01:16:22	01:14:02	7245	Les Rennes des Neiges	V45	339	00:06:05:38	6896
7270	7287	Isabel Alamo	00:35:23	01:16:23	01:16:09	7440	Associação Corrida Noturna Parque das Nações	V55	111	00:06:52:53	7744
7271	5178	Susana Figueiredo	00:38:17	01:16:24	01:14:39	7304	Tartarugas Saltadoras	V50	225	00:06:21:51	7247
7272	4260	Sandra Nunes	00:38:03	01:16:24	01:14:33	7290		V50	226	00:06:05:98	6911
7273	6419	Sandra Pimpão	00:38:45	01:16:24	01:15:44	7401	FIDELIDADE GDC	V50	227	00:05:45:91	6348
7274	2250	Leonor Carrilho	00:37:18	01:16:24	01:16:00	7426		Junior	49	00:06:01:88	6815
7275	6694	Ana Ramos	00:40:37	01:16:25	01:14:01	7243		V45	340	00:06:02:61	6841
7276	3316	Paulo Silva	00:38:47	01:16:25	01:13:25	7173	GDC Banco de Portugal	V45	821	00:05:50:10	6480
7277	7862	Camila Soalheiro	00:38:24	01:16:25	01:15:55	7415		Senior	763	00:06:25:80	7340
7278	2249	António Carrilho	00:37:19	01:16:26	01:16:03	7432		V55	367	00:06:03:69	6863



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
7279	6148	Vera Correia	00:38:44	01:16:31	01:14:29	7284	CCDV-Valorsul	V45	341	00:05:54:47	6614
7280	7104	César Gomes	00:38:46	01:16:32	01:14:11	7255		V45	822	00:06:19:12	7194
7281	7105	Catarina Gomes	00:38:47	01:16:32	01:14:12	7256		V45	342	00:06:19:24	7196
7282	2819	Luís Azul	00:37:22	01:16:32	01:14:28	7283	CDCR DOS CTT	V50	646	00:05:48:76	6453
7283	6830	Rita Moleiro	00:38:41	01:16:33	01:14:22	7277		Senior	764	00:06:11:52	7046
7284	6628	Stephanie Garcia	00:39:47	01:16:33	01:13:35	7188		V40	309	00:05:57:12	6695
7285	8443	Sérgio Silva	00:40:43	01:16:34	01:13:14	7145		V45	823	00:06:24:84	7316
7286	8494	Vânia Viana	00:39:51	01:16:34	01:14:18	7267	Viana&Lampreia	Senior	765	00:06:21:70	7252
7287	5487	Thiago Araújo	00:40:28	01:16:34	01:13:43	7202		V35	753	00:07:07:90	7893
7288	8442	Tomás Silva	00:40:44	01:16:34	01:13:15	7148		Junior	150	00:06:26:14	7347
7289	2244	Wesley Santos	00:38:29	01:16:34	01:14:58	7331		Senior	1397	00:06:27:81	7376
7290	6631	João Cruz	00:39:46	01:16:35	01:13:34	7185		V40	740	00:06:32:96	7475
7291	9179	Óscar Carvalho	00:39:31	01:16:35	01:13:03	7126		V50	647	00:06:51:64	7727
7292	6233	Mayara Silva	00:40:28	01:16:35	01:13:45	7213		V35	282	00:07:07:32	7886
7293	5401	Manuela Rahal	00:37:34	01:16:35	01:15:44	7399		Junior	50	00:06:29:65	7413
7294	8493	Mauro Lampreia	00:39:51	01:16:35	01:14:20	7269	Viana&Lampreia	Senior	1398	00:06:22:78	7272
7295	474	Ana Graís	00:38:16	01:16:37	01:16:07	7437		V40	310	00:07:08:01	7895
7296	7440	Ana Ovelheira	00:40:57	01:16:37	01:13:55	7234	Ciência Viva	Senior	766	00:06:37:44	7540
7297	9500	Marco Tomaz	00:41:51	01:16:38	01:12:57	7114		Senior	1399	00:05:35:25	5971





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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
7298	159	Célia Pinheiro	00:40:06	01:16:38	01:15:54	7413		V40	311	00:06:39:40	7575
7299	9588	Joao Varatojo	00:38:27	01:16:38	01:13:47	7215		V40	741	00:06:51:95	7733
7300	7169	Rafael Rahal	00:37:34	01:16:38	01:15:48	7408		V50	648	00:06:32:85	7473
7301	8367	Tatiana Pereira	00:37:57	01:16:39	01:15:36	7387	MIND SOURCE CONSULTORES DE PORTUGAL	V40	312	00:06:25:52	7332
7302	7819	Carla Gaspar	00:38:20	01:16:39	01:15:42	7396		V45	343	00:05:55:09	6639
7303	6190	Rita Neves	00:38:21	01:16:40	01:15:43	7397		Senior	767	00:05:56:86	6689
7304	417	Franciele Portik	00:37:31	01:16:41	01:14:23	7278		Senior	768	00:06:19:91	7217
7305	5519	José Mourinho	00:36:11	01:16:41	01:15:43	7398	Izertianos	V35	754	00:07:15:18	7963
7306	5402	Bruno Fernandes	00:39:09	01:16:41	01:15:19	7363		V50	649	00:05:55:89	6661
7307	6130	Patricia Mestre	00:39:09	01:16:42	01:15:21	7365		V45	344	00:05:55:97	6665
7308	8405	Marta Pinto	00:38:02	01:16:42	01:16:01	7429		V35	283	00:06:39:05	7568
7309	3827	Ana Esparteiro	00:36:51	01:16:43	01:16:20	7456	Clube Millennium BCP	V45	345	00:06:18:63	7187
7310	3828	Filipe Esparteiro	00:36:52	01:16:43	01:16:19	7453	Clube Millennium BCP	V45	824	00:06:19:02	7192
7311	8520	Ana Custódio	00:39:17	01:16:43	01:13:48	7216		Senior	769	00:06:17:81	7173
7312	3333	Joana Conceição	00:35:23	01:16:44	01:16:10	7442		Senior	770	00:06:30:69	7433
7313	5150	Armindo Maria	00:38:32	01:16:44	01:14:25	7279		V50	650	00:06:54:53	7767
7314	6801	Monica Marques	00:38:31	01:16:44	01:14:35	7294	M.A.C.	V45	346	00:06:54:61	7768
7315	6802	Rita Marques	00:38:30	01:16:44	01:14:35	7295	M.A.C.	Senior	771	00:06:55:47	7779
7316	6333	Ana Mota	00:38:16	01:16:45	01:15:27	7374	Ativo Team Running   Correr na Vila	V50	228	00:05:52:19	6540



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
7317	3801	Maria Nobre	00:41:00	01:16:45	01:13:22	7167	Clube Millennium BCP	V55	112	00:06:09:44	6989
7318	5257	Lucas Repsold	00:35:43	01:16:45	01:15:55	7417		Senior	1400	00:06:25:30	7325
7319	2780	Helena Azevedo	00:38:20	01:16:46	01:15:44	7400		Senior	772	00:06:43:25	7624
7320	4147	Jorge Barroso	00:36:34	01:16:47	01:14:52	7325		Senior	1401	00:06:41:93	7605
7321	4059	Renato Santos	00:36:33	01:16:47	01:14:52	7326		Senior	1402	00:06:41:41	7601
7322	2801	João Nunes	00:38:18	01:16:47	01:15:45	7403		V40	742	00:06:44:33	7635
7323	8366	Vanda Romão	00:35:17	01:16:48	01:15:58	7423	AMINHACORRIDA/RUNEXTREM	V50	229	00:07:55:36	8206
7324	8349	Ana Camacho	00:35:18	01:16:48	01:15:58	7424		Senior	773	00:07:55:18	8205
7325	2968	Paulo Ferreira	00:37:16	01:16:49	01:15:16	7354		Senior	1403	00:06:58:63	7821
7326	11239	Nicholas Harris	00:38:02	01:16:49	01:15:09	7344		Senior	1404	00:06:47:79	7678
7327	8502	Rui Paulino	00:39:08	01:16:49	01:14:43	7307	Adega Taurina running	V35	755	00:06:50:75	7711
7328	11194	Rita Santos	00:38:01	01:16:49	01:15:09	7342		Senior	774	00:06:47:23	7667
7329	11204	Pedro Coelho	00:38:03	01:16:49	01:15:09	7343		V50	651	00:06:47:00	7660
7330	5081	Silvia Lourenço	00:35:20	01:16:49	01:16:34	7483	Grupo Desportivo Santander Totta	V50	230	00:06:37:58	7542
7331	11172	Carlos Antunes	00:36:03	01:16:50	01:16:05	7434		V55	368	00:06:42:10	7607
7332	2375	Paula Silva	00:35:51	01:16:51	01:16:45	7496	Clube Novo Banco	V50	231	00:06:26:52	7357
7333	2013	Nuno Antunes	00:44:24	01:16:52	01:13:43	7207	Familia Runner A R	V35	756	00:05:23:69	5488
7334	7226	Catarina Maio	00:36:37	01:16:52	01:15:10	7347		V45	347	00:08:53:34	8354
7335	7202	Pedro Costa	00:36:36	01:16:52	01:15:09	7341		V45	825	00:08:52:74	8353



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
7336	3803	Paulo Ferreira	00:33:17	01:16:52	01:16:02	7431	Clube Millennium BCP	Senior	1405	00:07:28:58	8066
7337	2015	André Cardoso	00:44:26	01:16:52	01:13:46	7214	Familia Runner A R	V40	743	00:05:24:09	5516
7338	813	Mariana Lopes	00:38:32	01:16:52	01:14:33	7291		Senior	775	00:05:44:10	6288
7339	9917	André Mendes	00:39:26	01:16:52	01:13:56	7239		V35	757	00:06:17:11	7163
7340	5230	Inês Rio	00:41:27	01:16:53	01:14:21	7272	Oceanitas	V45	348	00:05:45:61	6336
7341	5228	Saletté Tomé	00:41:28	01:16:53	01:14:20	7270	Oceanitas	V40	313	00:05:45:74	6344
7342	5229	Andreia Ramos	00:41:27	01:16:53	01:14:21	7271	Oceanitas	V40	314	00:05:45:73	6341
7343	2508	Ricardo Mateus	00:38:04	01:16:54	01:15:03	7335		V45	826	00:06:44:28	7634
7344	2505	Patrícia Martins	00:38:04	01:16:56	01:15:04	7336		V40	315	00:06:47:19	7664
7345	5367	Pedro Trabucho	00:34:04	01:16:56	01:16:48	7501	Marinzinhos	V55	369	00:14:00:95	8718
7346	5368	Ana Lopes	00:37:17	01:16:56	01:16:48	7502	Marinzinhos	V50	232	00:06:22:02	7257
7347	9841	Marisa Tomás	00:37:09	01:16:56	01:16:21	7459	GRCD Leião	V45	349	00:05:51:59	6520
7348	7798	Renam Pereira	00:40:02	01:16:57	01:13:35	7190		Senior	1406	00:05:31:76	5835
7349	10730	Monica Sabrosa	00:39:15	01:16:58	01:14:17	7265		V35	284	00:05:05:80	4598
7350	9718	Matheus Nascimento	00:35:48	01:16:58	01:16:51	7506		Senior	1407	00:06:20:65	7231
7351	7564	Vinicius Lira	00:39:12	01:16:58	01:14:12	7257		Senior	1408	00:06:49:67	7699
7352	1303	Andreia Vicente	00:39:54	01:17:00	01:15:33	7381		V35	285	00:05:48:28	6438
7353	3834	Rafael Patrício	00:39:56	01:17:01	01:15:34	7383	Clube Millennium BCP	V40	744	00:05:48:23	6435
7354	1304	Ana Dias	00:39:55	01:17:01	01:15:34	7382		V45	350	00:05:48:13	6430



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
7355	3676	José Cuco	00:39:55	01:17:01	01:15:32	7379		V35	758	00:05:47:72	6411
7356	5207	Orlando Silva	00:37:46	01:17:03	01:15:15	7352	Santos & Silva	V70	23	00:05:37:75	6055
7357	993	Mariana Casqueira	00:37:33	01:17:04	01:16:42	7493	Bonieks	Senior	776	00:06:19:93	7218
7358	9919	Veda Hasturk	00:41:13	01:17:05	01:14:03	7247		V35	286	00:06:24:42	7309
7359	10804	Agata Janowska	00:41:04	01:17:05	01:14:47	7319		V40	316	00:06:19:50	7204
7360	5325	Cristiane Souza	00:36:39	01:17:06	01:16:59	7522		Senior	777	00:07:02:28	7855
7361	10805	Laura Chiocciara	00:41:04	01:17:06	01:14:47	7320		V35	287	00:06:20:15	7223
7362	5309	Ana Santos	00:36:41	01:17:06	01:17:00	7523		V45	351	00:07:02:26	7854
7363	1101	Filipe Pinheiro	00:39:43	01:17:07	01:14:07	7251		V35	759	00:06:16:27	7142
7364	6299	Catarina Marcelino	00:37:49	01:17:08	01:16:41	7491	Amiciclo Grândola	Senior	778	00:06:32:83	7472
7365	7343	Filipa Almeida	00:41:14	01:17:08	01:14:05	7249	Ginásio ADCRPJ	Senior	779	00:05:54:42	6613
7366	2219	Michel Herminio	00:40:13	01:17:08	01:13:51	7227		V45	827	00:06:09:68	6996
7367	7340	Vanina Cunha	00:41:14	01:17:08	01:14:05	7250	Ginásio ADCRPJ	V45	352	00:05:53:48	6582
7368	2143	Filipa Inacio	00:40:14	01:17:08	01:13:51	7228		V45	353	00:06:07:32	6941
7369	959	Ana Pinto	00:39:21	01:17:09	01:15:22	7368	CCD Siemens	Senior	780	00:06:29:63	7411
7370	3979	Iara Calton	00:39:22	01:17:09	01:15:23	7370		Senior	781	00:06:29:70	7415
7371	1018	Joana Pinheiro	00:39:41	01:17:10	01:14:10	7253		V35	288	00:06:15:85	7136
7372	3474	Afonso Duarte	00:40:22	01:17:12	01:14:49	7323		Senior	1409	00:05:56:57	6677
7373	531	Maria Silva	00:37:34	01:17:13	01:16:20	7455		V50	233	00:06:27:03	7366



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
7374	8333	Cristina Santos	00:35:19	01:17:15	01:16:52	7511		V40	317	00:06:17:12	7164
7375	5524	Bruna Ribeiro	00:39:14	01:17:15	01:15:58	7422		Senior	782	00:06:58:38	7818
7376	8334	Vanda Brito	00:36:40	01:17:15	01:16:52	7512		V45	354	00:06:16:95	7158
7377	9140	Bruno Pereira	00:35:15	01:17:15	01:16:41	7492	Claranet Portugal	V45	828	00:07:25:37	8042
7378	4235	Carina Gonçalves	00:39:14	01:17:15	01:15:59	7425		Senior	783	00:06:57:80	7809
7379	1073	Hugo Noronha	00:37:43	01:17:16	01:16:51	7507		V45	829	00:06:29:47	7405
7380	9988	Asta Karavaityte	00:36:25	01:17:16	01:16:50	7505		V55	113	00:06:56:82	7794
7381	1881	Joana Nunes	00:36:05	01:17:17	01:16:38	7486	Ser feliz	Senior	784	00:07:25:18	8041
7382	11166	Carolin Maug	00:39:41	01:17:17	01:13:50	7223		Senior	785	00:07:55:61	8207
7383	6991	Ana Silva	00:39:39	01:17:18	01:15:21	7366		Senior	786	00:05:17:90	5219
7384	4208	Joaquim Duarte	00:36:50	01:17:18	01:17:00	7524		V70	24	00:06:44:43	7638
7385	2556	Andreia Barreto	00:36:04	01:17:18	01:16:40	7489	Run & Win[e]	Senior	787	00:07:26:99	8056
7386	5591	Vanda Zibaia	00:36:21	01:17:18	01:16:54	7516	adventurers	V45	355	00:06:55:09	7773
7387	7135	Segismundo Bragança	00:36:28	01:17:18	01:16:35	7484		V35	760	00:07:22:70	8022
7388	6990	Filipa Matias	00:39:39	01:17:19	01:15:21	7367		Senior	788	00:05:19:48	5285
7389	3248	Joana Vaz	00:39:41	01:17:19	01:14:16	7263		Senior	789	00:06:49:21	7689
7390	3044	Luís Alves	00:40:01	01:17:21	01:16:11	7445		V60	182	00:05:40:38	6151
7391	5842	Inácio Costa	00:38:24	01:17:21	01:15:41	7394		V50	652	00:05:43:65	6273
7392	8296	Claudio Barata	00:38:24	01:17:21	01:15:36	7386		V45	830	00:05:44:13	6290



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
7393	10395	Manuel Silva	00:39:41	01:17:22	01:13:51	7225		Junior	151	00:06:11:75	7051
7394	8790	João Santos	00:39:42	01:17:22	01:13:52	7232		V40	745	00:06:12:26	7065
7395	1188	Deivid Veiga	00:39:33	01:17:23	01:13:15	7147		V35	761	00:06:42:05	7606
7396	4586	Elina Matonse	00:39:43	01:17:23	01:14:38	7303		V40	318	00:05:58:19	6723
7397	484	Ana Gomes	00:36:28	01:17:23	01:16:48	7500		Senior	790	00:06:24:64	7311
7398	4465	Francisco Marques	00:38:36	01:17:23	01:13:58	7241		Senior	1410	00:06:49:36	7691
7399	7671	José Amendoeira	00:36:00	01:17:24	01:16:16	7449	Família Amendoeira	V40	746	00:12:27:94	8700
7400	4542	Vera Zambujo	00:41:04	01:17:24	01:13:42	7201		Junior	51	00:05:32:87	5882
7401	7674	Hélder Amendoeira	00:38:55	01:17:24	01:16:15	7448	Família Amendoeira	V45	831	00:06:00:44	6777
7402	1110	Beatriz Baptista	00:41:06	01:17:24	01:13:43	7205		Junior	52	00:05:33:11	5892
7403	3916	Evelise Veiga	00:39:33	01:17:25	01:13:18	7159		V35	289	00:06:45:19	7646
7404	6816	Ana Miranda	00:38:20	01:17:27	01:15:44	7402		Senior	791	00:07:08:47	7903
7405	8642	João André	00:40:12	01:17:29	01:14:30	7285		V40	747	00:06:26:48	7356
7406	8640	Cecília Silva	00:40:12	01:17:30	01:14:31	7288		V40	319	00:06:26:73	7359
7407	7013	Manuel Brás	00:37:14	01:17:30	01:17:04	7529	SS CGD	V55	370	00:06:50:85	7712
7408	9768	Ana Nave	00:38:51	01:17:30	01:14:43	7308		V55	114	00:06:43:08	7621
7409	2338	Rafael Laranjeira	00:41:51	01:17:30	01:13:44	7208		Senior	1411	00:06:35:22	7500
7410	8330	Nuno Agostinho	00:40:25	01:17:32	01:14:44	7313		V50	653	00:06:05:41	6898
7411	9066	Pedro Crispim	00:38:23	01:17:32	01:16:24	7466	Dezazero	V50	654	00:06:25:63	7335



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
7412	5830	Cláudia Siborro	00:39:34	01:17:32	01:16:24	7467		V50	234	00:06:10:40	7016
7413	8401	Luis Alves	00:35:42	01:17:34	01:16:46	7497		V40	748	00:07:17:90	7989
7414	8402	Etelvina Dias	00:35:42	01:17:35	01:16:48	7503		V35	290	00:07:18:90	7993
7415	1400	Luís Cadete	00:37:35	01:17:38	01:16:41	7490		V35	762	00:03:46:02	630
7416	8652	Deolinda Santos	00:37:32	01:17:38	01:16:28	7472		V50	235	00:07:04:05	7867
7417	1597	Célia Azevedo	00:36:06	01:17:39	01:17:12	7535		V45	356	00:07:16:32	7977
7418	1598	Rita Azevedo	00:36:05	01:17:39	01:17:12	7536		Senior	792	00:07:16:59	7980
7419	92	Ana Sal	00:39:41	01:17:40	01:15:36	7385		V40	320	00:07:16:12	7974
7420	10985	Joana Rosa	00:41:24	01:17:41	01:14:58	7329	Chabeus	Senior	793	00:05:54:38	6610
7421	10986	Mateus Leandro	00:41:25	01:17:41	01:14:57	7328	Chabeus	Senior	1412	00:05:54:58	6618
7422	7120	Fernando Moro	00:38:32	01:17:41	01:16:06	7435		V40	749	00:06:12:12	7059
7423	8490	Fábio Soares	00:36:05	01:17:44	01:15:17	7359	Família Soares	V40	750	00:07:32:16	8092
7424	10508	Veronika Ruth	00:39:26	01:17:45	01:16:31	7476	Blitzschnell	V55	115	00:06:22:96	7279
7425	2899	Angela Conveniente	00:38:36	01:17:47	01:16:24	7465		V40	321	00:06:21:04	7238
7426	9185	Carlos Gréu	00:38:29	01:17:48	01:17:41	7562		V45	832	00:06:29:93	7418
7427	2199	Sofia Torrado	00:40:37	01:17:49	01:14:21	7273	feed-the-fish	Senior	794	00:06:04:84	6888
7428	2195	Rita Espanha	00:40:34	01:17:49	01:14:21	7274	feed-the-fish	V55	116	00:06:05:56	6900
7429	1172	Liliana Coelho	00:40:41	01:17:49	01:14:36	7297	Pão com cerveja	V40	322	00:05:51:58	6518
7430	4657	Verónica Ponte	00:40:15	01:17:49	01:16:33	7481	Lets Do it	V40	323	00:06:23:78	7297



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
7431	234	Alexandra Queiroz	00:40:09	01:17:53	01:15:20	7364		V55	117	00:06:06:87	6932
7432	7038	Marja Geike	00:38:26	01:17:53	01:16:32	7479		V50	236	00:06:36:61	7521
7433	137	Pedro Faro	00:36:45	01:17:55	01:17:37	7558		V55	371	00:07:02:35	7857
7434	5045	Catarina Coito	00:39:00	01:17:57	01:15:54	7412		V45	357	00:06:10:99	7028
7435	4420	Jose Oliveira	00:37:04	01:17:57	01:17:05	7530		V65	66	00:06:39:21	7573
7436	5137	Pedro Matos	00:39:21	01:17:57	01:17:26	7547		V60	183	00:06:14:10	7093
7437	4854	Nuno Silva	00:37:15	01:17:58	01:17:47	7566		V40	751	00:06:58:28	7816
7438	1745	Sílvia Dias	00:37:36	01:17:59	01:17:55	7576	Insane Évora Team	V60	38	00:06:17:26	7168
7439	10420	Patrícia Carvalho	00:40:23	01:18:00	01:15:28	7375		Senior	795	00:05:51:52	6516
7440	9489	Poliana Santos	00:42:25	01:18:00	01:14:18	7266		Senior	796	00:06:13:00	7079
7441	4406	Ana Morais	00:36:50	01:18:02	01:17:27	7550	Amigos do Container	V35	291	00:07:21:98	8015
7442	9374	Thierry Hanset	00:41:42	01:18:03	01:15:26	7373		V60	184	00:05:46:20	6357
7443	2486	Gonçalo Leite	00:39:14	01:18:04	01:16:58	7521		Senior	1413	00:06:38:36	7552
7444	1160	Hugo Santos	00:40:52	01:18:04	01:15:41	7392		Senior	1414	00:06:22:71	7270
7445	4753	Vanessa Dalvi	00:37:47	01:18:05	01:16:26	7470		V35	292	00:07:13:50	7945
7446	9954	Anil Kandemir	00:41:13	01:18:05	01:15:04	7337		Senior	1415	00:07:25:60	8043
7447	3183	Ana Galo	00:43:09	01:18:05	01:14:32	7289		Senior	797	00:05:43:96	6284
7448	1161	Paula Martins	00:40:52	01:18:05	01:15:41	7393		Senior	798	00:06:22:87	7275
7449	5944	Maria Gonçalves	00:37:44	01:18:05	01:17:24	7546		V40	324	00:07:56:32	8209





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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
7450	7720	Thaina Sian	00:37:57	01:18:05	01:17:23	7545		V35	293	00:07:48:20	8175
7451	894	Catarina Carvalho	00:40:38	01:18:06	01:15:19	7361		V40	325	00:06:41:59	7602
7452	952	Ana Gameiro	00:40:38	01:18:07	01:15:18	7360		V45	358	00:06:42:73	7616
7453	9942	André Lúcio	00:40:09	01:18:09	01:14:50	7324		V35	763	00:05:52:07	6536
7454	1423	Gonçalo Timóteo	00:33:29	01:18:10	01:16:01	7427		Senior	1416	00:06:16:33	7143
7455	8825	Yuliia Vatlina	00:42:15	01:18:12	01:14:36	7299		V35	294	00:05:23:79	5493
7456	9765	Miguel Sequeira	00:39:46	01:18:12	01:15:57	7419		V60	185	00:06:30:99	7438
7457	4986	Lucélia Ducci	00:39:32	01:18:15	01:16:43	7495		V45	359	00:06:58:89	7825
7458	4759	Ednea Pereira	00:39:32	01:18:15	01:16:39	7487		V50	237	00:07:00:27	7838
7459	82	Agnieszka Monteiro	00:40:48	01:18:16	01:15:10	7348		V35	295	00:05:55:30	6646
7460	5491	Marcos Souza	00:39:31	01:18:16	01:16:42	7494		V50	655	00:06:58:47	7819
7461	37	Rita Franca	00:40:48	01:18:16	01:15:11	7349		Senior	799	00:05:55:83	6660
7462	752	Ana Aires	00:38:50	01:18:17	01:16:37	7485		V40	326	00:06:50:35	7705
7463	9828	Marta Gonçalves	00:40:44	01:18:17	01:14:34	7293		V40	327	00:06:46:76	7657
7464	1467	Joana Cerejeira	00:39:51	01:18:17	01:15:57	7420		Senior	800	00:06:19:46	7202
7465	6010	Patrícia Araújo	00:38:23	01:18:18	01:17:38	7560	Valejas Atlético Clube - O Muchacho Barcarena	V35	296	00:07:33:73	8105
7466	10160	Baltazar Lopes	00:38:26	01:18:19	01:16:20	7457		V60	186	00:06:49:48	7693
7467	1111	Jorge Baptista	00:41:11	01:18:19	01:14:35	7296		V65	67	00:06:09:38	6987
7468	6763	Tiago Serra	00:40:17	01:18:23	01:16:21	7458		V50	656	00:06:48:75	7686



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LISBOA

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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
7469	7626	Maria Moura	00:40:19	01:18:24	01:16:22	7462		Senior	801	00:06:47:63	7677
7470	5831	Alexandre Carriconde	00:39:23	01:18:25	01:15:28	7376		Senior	1417	00:06:10:58	7020
7471	1194	Célia Marmelo	00:37:33	01:18:25	01:18:05	7590		V40	328	00:07:00:41	7840
7472	1028	António Garcia	00:38:48	01:18:26	01:16:47	7498		V60	187	00:06:25:35	7328
7473	475	Nádia Faria	00:40:00	01:18:27	01:16:22	7461		Senior	802	00:06:16:96	7159
7474	7473	Tiago Araújo	00:40:17	01:18:29	01:15:22	7369	Atlético Clube Tostinhas	Senior	1418	00:05:15:74	5116
7475	9459	Maria Juda	00:38:52	01:18:30	01:14:37	7301		V45	360	00:07:29:11	8072
7476	1501	Bogdan Bodyanchuk	00:39:11	01:18:31	01:15:38	7390		Senior	1419	00:06:36:40	7514
7477	2097	Madalena Marinho	00:40:07	01:18:31	01:17:08	7532		Senior	803	00:06:55:72	7786
7478	5006	Elsa Pereira	00:42:12	01:18:32	01:15:47	7405		V45	361	00:06:08:65	6971
7479	2114	Rui Pimenta	00:40:58	01:18:32	01:17:09	7533		V35	764	00:06:55:66	7784
7480	3525	Rute Castro	00:40:43	01:18:32	01:16:07	7436		V40	329	00:06:28:33	7386
7481	8413	Sandra Almeida	00:38:23	01:18:34	01:16:24	7468		V45	362	00:06:34:17	7489
7482	6638	Maria Reto	00:41:06	01:18:36	01:15:55	7416		Senior	804	00:05:55:51	6650
7483	7381	Ana Vilela	00:38:07	01:18:37	01:17:58	7580		V45	363	00:06:57:35	7805
7484	8323	Anabela Raposo	00:37:55	01:18:38	01:18:14	7599		V50	238	00:06:35:93	7508
7485	11237	Ana Dias	00:40:39	01:18:38	01:14:58	7330		Senior	805	00:06:36:80	7526
7486	9709	Marta Pinheiri	00:40:40	01:18:38	01:14:59	7332		Senior	806	00:06:36:45	7515
7487	6222	Pablo Arauz	00:41:21	01:18:39	01:15:36	7388		V55	372	00:07:16:25	7976



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LISBOA

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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
7488	4743	Joana Pedro	00:36:21	01:18:40	01:18:34	7642		V50	239	00:06:57:10	7798
7489	1861	Inês Loureiro	00:37:22	01:18:43	01:17:38	7559	Falcões Selvagens	V50	240	00:07:11:39	7929
7490	5506	Vera Pereira	00:44:18	01:18:43	01:18:05	7591	Treino no Park	V40	330	00:05:47:75	6413
7491	5873	Rui Videira	00:39:00	01:18:44	01:16:29	7474	ml sports	V35	765	00:05:58:73	6740
7492	5931	Miguel Albino	00:41:36	01:18:45	01:16:16	7451	ALBINVS	Junior	152	00:06:01:17	6796
7493	3112	Diana Peixoto	00:37:52	01:18:45	01:16:22	7460		Senior	807	00:07:05:26	7875
7494	5930	Bruno Albino	00:41:37	01:18:46	01:16:18	7452	ALBINVS	V45	833	00:06:02:40	6833
7495	2882	Daniela Carlos	00:38:20	01:18:46	01:18:26	7626		Senior	808	00:06:17:81	7174
7496	2436	Sofia Completo	00:41:30	01:18:46	01:15:29	7377		V40	331	00:06:04:68	6884
7497	11142	Sónia Ascensão	00:39:32	01:18:47	01:16:16	7450		V35	297	00:06:19:75	7210
7498	7790	Alyne Paladino	00:41:46	01:18:48	01:15:32	7380		Senior	809	00:06:50:21	7704
7499	6593	Ana Rodrigues	00:36:21	01:18:48	01:18:35	7645		V60	39	00:06:49:49	7694
7500	7423	Filipa Garcia	00:40:52	01:18:48	01:15:40	7391		Senior	810	00:06:26:15	7348
7501	4968	Dina Marques	00:39:04	01:18:48	01:16:55	7518	Lindos	V50	241	00:06:35:09	7494
7502	4975	Carla Ribeiro	00:39:05	01:18:49	01:16:55	7517	Lindos	V50	242	00:06:34:85	7491
7503	232	Sandra Andrade	00:40:21	01:18:51	01:16:19	7454		V45	364	00:06:33:07	7478
7504	5825	Emma Oliveira	00:41:18	01:18:53	01:16:09	7439		Senior	811	00:06:33:00	7476
7505	7586	Marta Martins	00:41:16	01:18:53	01:16:09	7441		Senior	812	00:06:31:55	7448
7506	8783	Susana Maurício	00:39:21	01:18:54	01:16:53	7514		V50	243	00:06:48:81	7687



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
7507	8782	Cristiana Calheiros	00:39:21	01:18:54	01:16:53	7513		V45	365	00:06:48:28	7681
7508	5029	Cristina Marcos	00:38:29	01:18:56	01:18:12	7596		V55	118	00:06:33:86	7485
7509	8982	Teresa Serra	00:39:28	01:18:56	01:16:33	7480		V50	244	00:05:55:23	6644
7510	9854	Anabela Santos	00:36:14	01:18:57	01:18:33	7640	Bankinter	V45	366	00:07:37:25	8127
7511	4222	Tiago Estrada	00:41:47	01:18:59	01:17:42	7563		Senior	1420	00:07:13:74	7946
7512	2100	Sofia Lopes	00:38:18	01:19:03	01:18:26	7628		Junior	53	00:06:47:31	7669
7513	2102	Dinis Lopes	00:38:17	01:19:04	01:18:27	7630		V55	373	00:06:47:13	7662
7514	2099	Rita Lopes	00:38:18	01:19:04	01:18:27	7631		Senior	813	00:06:47:18	7663
7515	5936	Susana Cardoso	00:39:46	01:19:05	01:17:31	7551		V40	332	00:05:40:95	6174
7516	1053	Mário Lima	00:37:35	01:19:07	01:18:42	7651		V40	752	00:06:28:98	7396
7517	6256	Sara Moura	00:38:11	01:19:08	01:18:23	7616		V45	367	00:07:26:41	8050
7518	7379	Marcos Parreira	00:38:12	01:19:08	01:18:04	7586		V50	657	00:07:23:93	8034
7519	7268	Katia Parreira	00:38:11	01:19:09	01:18:21	7611		V45	368	00:07:26:72	8054
7520	2881	Sandra Damasceno	00:38:12	01:19:10	01:18:25	7622		V40	333	00:07:26:93	8055
7521	7304	Maria Belo	00:38:35	01:19:10	01:17:37	7556	Associação Corrida Noturna Parque das Nações	V50	245	00:08:39:65	8325
7522	649	Fernando Bispo	00:41:49	01:19:11	01:16:12	7446		V60	188	00:06:29:09	7398
7523	10530	Sofia Soares	00:42:08	01:19:12	01:15:24	7372		Senior	814	00:06:05:63	6903
7524	2531	Ricardo Cordeiro	00:40:15	01:19:12	01:16:11	7444		Senior	1421	00:07:16:18	7975
7525	2682	Gonçalo Borges	00:40:15	01:19:12	01:16:10	7443		Senior	1422	00:07:16:55	7979



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
7526	669	Marco Moutinho	00:41:49	01:19:13	01:16:13	7447		V40	753	00:06:30:21	7421
7527	7489	Mario Vidal	00:38:39	01:19:14	01:18:20	7609		Senior	1423	00:08:56:34	8363
7528	9932	Ruben Riquelme	00:38:37	01:19:14	01:18:22	7614		V35	766	00:08:37:42	8320
7529	7488	Carmen Abenza	00:38:38	01:19:14	01:18:21	7610		Senior	815	00:08:58:01	8367
7530	7516	María Dolores	00:38:39	01:19:14	01:18:22	7615		V40	334	00:08:37:53	8321
7531	3859	Susana Carmo	00:39:39	01:19:16	01:17:37	7557	Clube Millennium BCP	V50	246	00:06:14:45	7098
7532	3626	Berta Matos	00:38:11	01:19:16	01:18:25	7618		V55	119	00:07:00:41	7841
7533	9101	Florbela Sequeira	00:41:57	01:19:17	01:15:56	7418	Claranet Portugal	V45	369	00:06:24:69	7313
7534	9120	Sérgio Alves	00:38:59	01:19:17	01:15:54	7414	Claranet Portugal	V40	754	00:07:07:41	7887
7535	6275	Andreia Carrilho	00:40:29	01:19:18	01:15:36	7389		Senior	816	00:06:13:11	7083
7536	11019	Wendell Costa	00:40:58	01:19:18	01:16:29	7473		Senior	1424	00:06:27:00	7364
7537	10893	Vera Korchevnyuk	00:38:33	01:19:19	01:16:52	7510		Senior	817	00:06:57:29	7803
7538	5200	Carina Bexiga	00:36:55	01:19:20	01:19:15	7685		V40	335	00:07:03:97	7866
7539	5170	Paulo Perico	00:41:08	01:19:20	01:15:46	7404		V45	834	00:05:43:95	6283
7540	5851	David Torres	00:38:33	01:19:20	01:17:58	7582		Senior	1425	00:07:19:60	8002
7541	2720	João Dinis	00:41:19	01:19:21	01:16:23	7463		Senior	1426	00:05:58:03	6717
7542	1040	Bruno Falcão	00:41:30	01:19:25	01:16:32	7478	ADN GINJAS	V45	835	00:06:04:19	6875
7543	8830	José Freitas	00:36:56	01:19:25	01:17:10	7534		V50	658	00:07:38:86	8135
7544	1859	João Cortegano	00:41:31	01:19:25	01:16:31	7477	ADN GINJAS	V35	767	00:06:04:35	6879



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LISBOA

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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
7545	3053	Cecilia Santiago	00:39:09	01:19:26	01:17:13	7537		V40	336	00:06:01:72	6808
7546	5542	Helena Marcelino	00:37:45	01:19:26	01:18:55	7661		V35	298	00:06:50:72	7710
7547	10926	Rodrigo Capeleiro	00:38:33	01:19:27	01:17:00	7525		Senior	1427	00:07:05:46	7878
7548	10457	Chris Monatukwa	00:39:29	01:19:28	01:18:41	7649		V45	836	00:06:43:30	7626
7549	11110	Rute Santos	00:38:33	01:19:28	01:17:02	7526		Senior	818	00:07:05:97	7881
7550	636	Carla Ferreira	00:38:46	01:19:29	01:19:18	7687		V45	370	00:06:51:96	7734
7551	126	Ana Barao	00:38:10	01:19:29	01:18:59	7672		V55	120	00:07:05:33	7876
7552	4730	João Almeida	00:42:19	01:19:29	01:17:15	7541		V55	374	00:06:03:60	6862
7553	791	Ana Velez	00:39:04	01:19:31	01:17:51	7572		V40	337	00:07:10:14	7923
7554	5721	Ana Vitorino	00:40:03	01:19:32	01:19:06	7674		Senior	819	00:06:41:26	7597
7555	5771	Carlos Meralto	00:40:01	01:19:32	01:19:07	7675		Senior	1428	00:06:41:67	7603
7556	2784	João Gomes	00:37:40	01:19:34	01:18:44	7652		V35	768	00:06:40:35	7587
7557	1051	Beatrice Poubeau	00:40:40	01:19:35	01:17:14	7538		V35	299	00:06:21:44	7246
7558	3415	Rafael Ferreira	00:41:19	01:19:36	01:16:01	7428	Heteras	Senior	1429	00:06:30:89	7435
7559	10122	Vera Lemos	00:41:22	01:19:36	01:16:01	7430		V40	338	00:06:30:96	7437
7560	8681	Fábio Silva	00:42:58	01:19:37	01:17:36	7554		Senior	1430	00:06:28:82	7395
7561	4810	Diogo Rodrigues	00:39:57	01:19:38	01:15:48	7407		Senior	1431	00:06:06:71	6924
7562	5021	João Franco	00:39:56	01:19:38	01:15:48	7406		Senior	1432	00:06:07:26	6940
7563	3389	Ricardo Oliveira	00:41:21	01:19:39	01:16:04	7433		V40	755	00:06:33:56	7481



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LISBOA

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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
7564	6033	João Contente	00:39:56	01:19:40	01:15:49	7409		Senior	1433	00:06:08:18	6959
7565	4687	Rafael Vieira	00:39:56	01:19:40	01:15:49	7410		Senior	1434	00:06:08:34	6964
7566	6629	Nuno Assunção	00:40:57	01:19:40	01:16:27	7471		V40	756	00:04:19:26	2074
7567	7127	Carolina França	00:39:54	01:19:40	01:18:22	7613		V40	339	00:06:27:83	7378
7568	820	Susana Carvalho	00:41:35	01:19:40	01:16:47	7499		V45	371	00:05:54:84	6630
7569	271	Sergio Garcia	00:37:51	01:19:42	01:18:52	7659	Lebres do Oeste	V40	757	00:06:37:58	7541
7570	1953	Alexandra Ferreira	00:37:44	01:19:42	01:18:27	7632	Clube TAP PORTUGAL	V45	372	00:07:08:07	7896
7571	7361	Gonçalo Novais	00:41:05	01:19:42	01:16:39	7488	SD Sports Team	V35	769	00:06:19:33	7197
7572	11043	André Vieira	00:43:38	01:19:43	01:16:30	7475		Senior	1435	00:06:12:73	7071
7573	6215	Maria Gomes	00:40:50	01:19:46	01:17:52	7573	Mobiliario com Historia	Senior	820	00:05:55:33	6647
7574	7436	Mafalda Frade	00:41:19	01:19:46	01:17:02	7528	Ciência Viva	V45	373	00:06:19:59	7206
7575	384	Silvia Polido	00:37:31	01:19:47	01:19:37	7699		V40	340	00:07:28:40	8063
7576	5196	Catarina Batista	00:41:05	01:19:48	01:16:08	7438	MCM	V35	300	00:06:05:41	6897
7577	2876	Maria Santos	00:41:42	01:19:49	01:17:26	7549		V60	40	00:06:15:02	7112
7578	2875	Frederico Sousa	00:41:41	01:19:50	01:17:26	7548		V60	189	00:06:15:44	7125
7579	969	Inês Leite	00:40:02	01:19:50	01:17:48	7568	JCL	V45	374	00:06:01:84	6811
7580	8937	Lucas Ricardo	00:43:25	01:19:50	01:19:36	7698	Ricardo & Lucas	Junior	153	00:06:25:47	7331
7581	968	João Neto	00:40:03	01:19:50	01:17:47	7567	JCL	V50	659	00:06:01:96	6821
7582	967	Ana Leite	00:40:02	01:19:50	01:17:48	7569	JCL	V40	341	00:06:02:54	6839



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LISBOA

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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
7583	3747	Pedro Martins	00:37:19	01:19:51	01:18:47	7654		V45	837	00:06:38:05	7547
7584	3593	Sara Farinha	00:42:11	01:19:51	01:16:49	7504		V40	342	00:05:23:85	5496
7585	2161	Anabela Pinto	00:39:55	01:19:53	01:18:56	7663	Alverca Urban Runners	V40	343	00:06:15:70	7131
7586	3783	Fernando Ferreira	00:38:34	01:19:53	01:19:30	7696	Clube Millennium BCP	V75	7	00:06:00:77	6788
7587	4351	Jorge Valdeira	00:40:48	01:19:54	01:17:15	7540		V55	375	00:06:55:42	7778
7588	486	Donni Akbar	00:38:38	01:19:56	01:19:29	7694		V45	838	00:07:09:31	7910
7589	2733	Miguel Pimentel	00:41:51	01:19:57	01:16:24	7464	DP&A	V40	758	00:06:22:71	7269
7590	10490	Ana Carvalho	00:41:52	01:19:57	01:16:24	7469	DP&A	V40	344	00:06:22:26	7264
7591	487	Afsy Nadina	00:38:37	01:19:57	01:19:29	7695		V40	345	00:07:09:94	7919
7592	8936	Nuno Ricardo	00:43:25	01:19:57	01:19:44	7707	Ricardo & Lucas	V40	759	00:06:32:01	7460
7593	5381	Estefânia Diniz	00:38:26	01:19:58	01:18:34	7643		Senior	821	00:06:00:59	6780
7594	4792	Clara Gaspar	00:41:18	01:19:58	01:17:17	7543		V40	346	00:06:51:99	7736
7595	2695	Maria Costa	00:41:06	01:19:58	01:17:58	7581		V55	121	00:05:38:53	6094
7596	4440	Ana Oliveira	00:38:16	01:20:01	01:17:07	7531		Senior	822	00:06:37:14	7534
7597	3148	Patrícia Pernes	00:39:11	01:20:06	01:18:24	7617		Senior	823	00:06:00:80	6789
7598	5192	Sofia Santos	00:40:16	01:20:08	01:18:20	7608	3 Runners	V40	347	00:07:44:78	8161
7599	5190	Tânia Matos	00:40:15	01:20:08	01:18:20	7607	3 Runners	V45	375	00:07:45:68	8164
7600	3821	Salvador Gonçalves	00:39:52	01:20:08	01:18:38	7647	Clube Millennium BCP	Senior	1436	00:05:01:34	4332
7601	8468	Elsa Mendes	00:40:37	01:20:10	01:17:59	7584		V55	122	00:06:11:31	7037





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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
7602	86	Ana Pereira	00:42:46	01:20:11	01:16:55	7519		V45	376	00:05:45:25	6326
7603	597	Mário Sobral	00:42:46	01:20:11	01:16:54	7515		V45	839	00:05:44:70	6309
7604	3409	Bruno Ferreira	00:37:28	01:20:11	01:19:11	7682	Correr por Aí	Senior	1437	00:06:51:75	7730
7605	1639	Miguel Silva	00:40:57	01:20:12	01:16:57	7520		Senior	1438	00:06:30:87	7434
7606	11125	Carolina Piegao	00:40:05	01:20:12	01:17:02	7527		Junior	54	00:05:46:71	6374
7607	6895	Sheila Valentim	00:38:04	01:20:13	01:19:46	7717		V45	377	00:06:35:96	7509
7608	3775	Carlos Santo	00:43:51	01:20:13	01:16:33	7482	Clube Millennium BCP	V65	68	00:05:41:75	6210
7609	1590	Margarida Lopes	00:39:48	01:20:14	01:18:18	7606		Senior	824	00:07:07:90	7892
7610	8569	Luisa Carreira	00:36:18	01:20:14	01:20:06	7741		V60	41	00:08:12:67	8264
7611	6843	Lili Santos	00:40:23	01:20:17	01:18:18	7604		Senior	825	00:05:55:05	6637
7612	2262	Diana Nogueira	00:39:23	01:20:18	01:18:57	7667		Senior	826	00:06:31:63	7451
7613	2818	Alexandre Santos	00:38:32	01:20:18	01:18:27	7633	CDCR DOS CTT	V50	660	00:06:11:27	7034
7614	5549	Carolina Bento	00:39:23	01:20:18	01:18:57	7669		Senior	827	00:06:31:87	7455
7615	9341	Pedro Nunes	00:36:58	01:20:18	01:19:39	7703		V40	760	00:07:51:78	8191
7616	10678	António Silva	00:41:05	01:20:19	01:17:33	7553	B2PTRUNNING	V55	376	00:06:15:22	7117
7617	10957	Ricardo Rainha	00:41:04	01:20:19	01:17:33	7552	B2PTRUNNING	V45	840	00:06:16:25	7141
7618	10794	António Torres	00:39:59	01:20:21	01:17:55	7575		V60	190	00:06:49:66	7697
7619	2617	Catarina Silvério	00:42:44	01:20:21	01:16:51	7508	Fadistas	Senior	828	00:05:54:22	6604
7620	2618	Daniela Silvério	00:42:46	01:20:21	01:16:51	7509	Fadistas	Senior	829	00:05:53:91	6595



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
7621	2087	David Pinheiro	00:39:46	01:20:22	01:18:26	7627		Senior	1439	00:07:15:31	7964
7622	6088	Ana Rodrigues	00:39:59	01:20:22	01:17:54	7574		V50	247	00:06:50:40	7707
7623	2077	Joana Cardoso	00:39:48	01:20:22	01:18:25	7621		Senior	830	00:07:15:09	7961
7624	7522	Carolina Jesus	00:41:20	01:20:22	01:17:40	7561		Senior	831	00:06:56:48	7793
7625	10697	João Guerreiro	00:36:47	01:20:24	01:19:41	7704		V45	841	00:06:59:67	7832
7626	4108	Sofia Touzet	00:38:30	01:20:25	01:19:23	7688		V55	123	00:06:43:80	7632
7627	11284	Alexandre Lourenço	00:40:04	01:20:25	01:18:13	7598		Senior	1440	00:07:23:69	8031
7628	5028	Moiken Feddersen	00:38:51	01:20:27	01:18:25	7620		V50	248	00:06:42:91	7618
7629	11281	Mariana Silva	00:40:03	01:20:28	01:18:15	7602		Senior	832	00:07:26:60	8052
7630	9322	Daiana Silva	00:41:31	01:20:29	01:18:21	7612		V35	301	00:06:22:19	7261
7631	4875	Ana Graça	00:37:58	01:20:29	01:19:09	7680		V40	348	00:07:18:91	7994
7632	734	Paulo Graça	00:37:58	01:20:29	01:19:09	7679		V35	770	00:07:18:87	7992
7633	3419	Lucinda Baptista	00:39:33	01:20:30	01:18:48	7655	Serviços Sociais Montepio	V50	249	00:07:02:31	7856
7634	11114	Susana Wilton	00:40:04	01:20:31	01:17:21	7544		V40	349	00:06:06:33	6919
7635	10462	Laura López	00:39:05	01:20:31	01:18:42	7650		V40	350	00:06:49:67	7698
7636	1224	Bruno Garcia	00:39:35	01:20:33	01:18:49	7658		V50	661	00:06:25:43	7330
7637	7309	Nelson Almeida	00:41:53	01:20:34	01:18:04	7587	Associação Corrida Noturna Parque das Nações	V50	662	00:05:50:49	6491
7638	3632	Beatriz Mota	00:41:14	01:20:36	01:18:29	7636		Senior	833	00:06:21:43	7245
7639	5657	Sofia Lopes	00:41:32	01:20:39	01:19:54	7727		Senior	834	00:06:36:86	7527



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
7640	2447	Verónica Magalhães	00:40:58	01:20:39	01:17:57	7578		Senior	835	00:06:38:61	7558
7641	2446	Irina Leal	00:40:11	01:20:39	01:17:57	7577		V40	351	00:06:38:64	7560
7642	3158	Ana Portela	00:43:09	01:20:44	01:17:46	7565	#começamosemarço	V40	352	00:06:57:04	7797
7643	2198	Maria Amoedo	00:40:05	01:20:45	01:17:16	7542	feed-the-fish	Senior	836	00:07:04:70	7872
7644	6183	Maria Costa	00:41:07	01:20:46	01:18:05	7588		V40	353	00:07:08:68	7905
7645	3157	Emília Silva	00:43:06	01:20:47	01:17:48	7570	#começamosemarço	V50	250	00:06:58:05	7814
7646	9680	Lucas Gobetti	00:44:00	01:20:47	01:18:07	7593		Senior	1441	00:05:19:63	5297
7647	10074	Pedro Luís	00:40:23	01:20:50	01:17:14	7539		V40	761	00:07:35:31	8115
7648	7452	Ricardo Vassalo	00:42:51	01:20:52	01:18:14	7601	Ciência Viva	Senior	1442	00:06:30:51	7429
7649	7449	Cristiana Tomás	00:42:51	01:20:52	01:18:14	7600	Ciência Viva	Senior	837	00:06:30:33	7423
7650	1098	Nicole Damião	00:38:15	01:20:52	01:20:28	7767		Senior	838	00:06:38:51	7556
7651	931	Sofia Minchin	00:40:43	01:20:53	01:18:03	7585		V45	378	00:07:10:58	7925
7652	9539	Nuno Augusto	00:41:01	01:20:57	01:17:44	7564		V40	762	00:05:28:61	5712
7653	2019	Ana Lopes	00:39:45	01:20:58	01:18:58	7671		V45	379	00:06:43:56	7628
7654	865	Vanessa Franco	00:41:18	01:20:59	01:18:13	7597		Senior	839	00:07:08:48	7904
7655	4896	Alexandra Vieira	00:39:04	01:20:59	01:19:46	7714	Team Ricca	V50	251	00:06:35:46	7503
7656	9067	Carla Crispim	00:39:42	01:20:59	01:19:51	7724	Dezazero	V50	252	00:06:41:87	7604
7657	4081	Daniela Fernandes	00:41:09	01:21:00	01:18:25	7619		Senior	840	00:06:46:96	7659
7658	3047	Patrícia Pereira	00:41:11	01:21:01	01:18:26	7629		V35	302	00:06:47:54	7673



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
7659	4200	Paulo Branco	00:42:30	01:21:01	01:17:49	7571		V50	663	00:07:01:08	7850
7660	6468	Bernardo Alcoforado	00:36:47	01:21:01	01:20:10	7753		V35	771	00:07:09:34	7911
7661	7012	Luis Madeira	00:40:56	01:21:02	01:18:25	7623	SS CGD	V50	664	00:06:54:81	7769
7662	1401	Ana Cadete	00:37:33	01:21:02	01:20:07	7746		V35	303	00:06:41:39	7600
7663	2564	André Martins	00:36:46	01:21:02	01:20:12	7758	Run & Win[e]	V35	772	00:07:09:11	7909
7664	8103	Rita Madeira	00:40:57	01:21:02	01:18:26	7625		Senior	841	00:06:55:18	7774
7665	8104	Pedro Madeira	00:39:32	01:21:03	01:18:25	7624		Senior	1443	00:06:55:64	7783
7666	3535	Susana Lumier	00:43:32	01:21:03	01:17:59	7583		V50	253	00:05:56:95	6693
7667	1507	Maria Coelho	00:37:36	01:21:03	01:20:59	7815	Insane Évora Team	V55	124	00:07:07:57	7890
7668	3156	Francisca Gomes	00:41:35	01:21:04	01:18:32	7637	PLMJ RUNNERS	Senior	842	00:06:51:69	7729
7669	856	Juan Fernandez	00:40:07	01:21:06	01:20:33	7778		V65	69	00:07:47:93	8171
7670	1914	Miguel Bernardino	00:40:11	01:21:08	01:18:33	7639	#run4beers	V45	842	00:07:09:57	7915
7671	8808	Bruno Neves	00:43:09	01:21:09	01:17:37	7555		Junior	154	00:06:12:00	7057
7672	4727	Manuel Barros	00:42:09	01:21:09	01:18:57	7670	Barros Family	V65	70	00:06:11:52	7045
7673	8509	Luís Soares	00:38:47	01:21:10	01:20:34	7780		V45	843	00:06:51:80	7731
7674	6344	Mafalda Sanchez	00:40:06	01:21:13	01:18:16	7603		Senior	843	00:07:20:37	8010
7675	2432	Maria Anselmo	00:37:59	01:21:13	01:20:43	7794	Alenquer Run	V55	125	00:07:09:78	7917
7676	432	João Silva	00:40:26	01:21:13	01:18:08	7595	Silva's	Senior	1444	00:06:56:85	7795
7677	4310	Evandro Ribeiro	00:40:10	01:21:13	01:19:07	7676		V45	844	00:06:35:03	7493



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
7678	7877	Tomas Costa	00:37:57	01:21:13	01:20:46	7798		Junior	155	00:08:19:30	8283
7679	7855	Nuno Pereira	00:37:57	01:21:13	01:20:46	7799		V45	845	00:08:18:17	8275
7680	4345	Vanda Rocha	00:41:17	01:21:13	01:19:55	7728	Lets Do it	V45	380	00:06:54:34	7765
7681	7875	Rui Sousa	00:37:58	01:21:13	01:20:47	7800		V50	665	00:08:19:27	8282
7682	3301	Samia Elmeskine	00:41:09	01:21:14	01:19:05	7673		Senior	844	00:06:22:24	7263
7683	7876	António Costa	00:37:56	01:21:14	01:20:47	7801		V50	666	00:08:19:83	8286
7684	6179	Antonia Machado	00:39:55	01:21:15	01:20:23	7764		V65	14	00:07:08:26	7901
7685	960	Sebastian Mazur	00:39:33	01:21:19	01:19:37	7701	CCD Siemens	Senior	1445	00:06:45:83	7650
7686	2216	Jessica Carvalho	00:41:44	01:21:19	01:19:07	7677		Senior	845	00:06:41:25	7596
7687	8232	Marta Candeias	00:42:15	01:21:19	01:18:05	7589		V40	354	00:06:21:03	7237
7688	8214	Paulo Picão	00:42:14	01:21:19	01:18:06	7592		V40	763	00:06:21:35	7242
7689	9365	Jéssica Dias	00:39:40	01:21:20	01:19:49	7722		Senior	846	00:06:55:67	7785
7690	11160	Catarina Marques	00:39:27	01:21:21	01:19:57	7731		V35	304	00:08:02:33	8236
7691	1197	Sandra André	00:39:07	01:21:22	01:21:20	7833		V45	381	00:07:01:01	7849
7692	11158	José Sutre	00:39:26	01:21:22	01:19:57	7730		V35	773	00:08:03:76	8240
7693	715	Laurinda Pereira	00:36:12	01:21:22	01:20:38	7784		V50	254	00:07:09:81	7918
7694	3367	José Ribeiro	00:38:31	01:21:22	01:19:11	7681		V55	377	00:07:23:11	8025
7695	1453	Cátia Hermínia	00:42:45	01:21:23	01:18:07	7594		V40	355	00:05:49:76	6472
7696	4258	Ana Nogueira	00:39:09	01:21:27	01:20:56	7812		Senior	847	00:06:43:17	7622



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
7697	1930	Vanessa Neves	00:41:45	01:21:27	01:19:15	7686		Senior	848	00:06:47:25	7668
7698	7493	Inês Vicente	00:41:21	01:21:27	01:19:11	7683		Senior	849	00:06:56:16	7789
7699	8242	Vanda Gato	00:43:24	01:21:29	01:20:02	7736	Associação Corrida Noturna Parque das Nações	V50	255	00:06:09:78	7000
7700	10375	Juan Henriques	00:40:59	01:21:29	01:18:44	7653		Senior	1446	00:06:47:38	7671
7701	7533	Claudio Sousa	00:41:21	01:21:30	01:18:56	7665		Senior	1447	00:06:28:31	7384
7702	7534	Rui Ferreira	00:41:20	01:21:30	01:18:56	7664		V35	774	00:06:26:31	7350
7703	10270	Amândio Santos	00:41:52	01:21:31	01:17:57	7579		V60	191	00:05:52:08	6537
7704	6319	João Neves	00:39:24	01:21:32	01:19:51	7723		Senior	1448	00:06:23:63	7295
7705	3517	Joao Marques	00:38:58	01:21:33	01:20:12	7757		V35	775	00:07:59:80	8228
7706	6309	Margarida Frazão	00:39:24	01:21:33	01:19:52	7725		Senior	850	00:06:26:78	7360
7707	382	Carla Faneco	00:44:06	01:21:33	01:20:52	7804		V45	382	00:06:33:57	7482
7708	1200	Ana Fernandes	00:41:54	01:21:35	01:18:28	7635		V50	256	00:06:31:61	7450
7709	1202	João Fernandes	00:41:58	01:21:36	01:18:28	7634		Senior	1449	00:06:32:80	7471
7710	8383	José Bragança	00:37:28	01:21:36	01:19:25	7689		Senior	1450	00:07:00:70	7845
7711	5615	Rui Marques	00:39:30	01:21:41	01:20:07	7747		V45	846	00:06:24:79	7315
7712	5199	José Mugeiro	00:41:10	01:21:41	01:18:56	7662		V55	378	00:06:58:91	7826
7713	5198	Helena Prata	00:41:10	01:21:41	01:18:55	7660		V55	126	00:06:59:37	7830
7714	746	Johnny Thomassen	00:41:38	01:21:42	01:18:32	7638		V60	192	00:06:06:39	6920
7715	5977	Andreia Romão	00:38:11	01:21:42	01:20:30	7772		Senior	851	00:07:04:45	7871



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
7716	7677	Cláudia Pardal	00:40:53	01:21:44	01:18:37	7646		Senior	852	00:06:55:29	7776
7717	5616	Rita Marques	00:39:28	01:21:45	01:20:12	7756		V45	383	00:06:29:40	7404
7718	9651	Tiago Brito	00:36:09	01:21:46	01:19:49	7721		V45	847	00:09:23:15	8415
7719	4114	Maria Amaro	00:40:53	01:21:49	01:19:43	7706		V35	305	00:06:49:79	7701
7720	7650	Cláudia Teixeira	00:37:21	01:21:49	01:21:27	7839	Os Kotas	V50	257	00:06:37:26	7535
7721	4615	Pedro Quintela	00:38:18	01:21:50	01:20:30	7774	Coisas	V35	776	00:07:30:01	8080
7722	7183	Maut Granados	00:41:51	01:21:50	01:18:48	7656		V50	258	00:07:00:77	7846
7723	4616	Marina Oliveira	00:38:18	01:21:50	01:20:31	7775	Coisas	V40	356	00:07:30:59	8084
7724	7382	José Borges	00:41:10	01:21:51	01:20:34	7781		Senior	1451	00:05:47:19	6393
7725	6352	Eva Martins	00:37:12	01:21:51	01:21:44	7858		V40	357	00:06:45:64	7649
7726	6667	Taine Rodrigues	00:40:15	01:21:51	01:21:43	7855		Senior	853	00:06:18:06	7176
7727	7439	Sandra Soares	00:40:39	01:21:51	01:19:13	7684	Ciência Viva	V40	358	00:06:02:41	6834
7728	6668	Raquel Reis	00:40:15	01:21:52	01:21:43	7856		Senior	854	00:06:18:24	7179
7729	4541	Margarida Silva	00:40:03	01:21:52	01:21:25	7837		V50	259	00:05:55:06	6638
7730	4170	Luísa Santos	00:39:45	01:21:54	01:20:59	7816	Hard Running Team Arruda dos Vinhos	V50	260	00:06:36:30	7512
7731	3073	Joana Lacerda	00:40:14	01:21:54	01:21:06	7823		Senior	855	00:07:44:66	8160
7732	1972	Sónia Cason	00:41:10	01:21:56	01:20:41	7790	Clube TAP PORTUGAL	V50	261	00:06:39:67	7579
7733	848	Cláudia Farinha	00:41:50	01:21:56	01:18:34	7641		V35	306	00:07:40:02	8141
7734	5362	Maria Mónica	00:37:19	01:22:01	01:21:57	7868	Golfinhos da Abóboda	V45	384	00:08:03:52	8238



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
7735	3457	Eva Vieira	00:41:39	01:22:03	01:19:45	7712		Senior	856	00:06:01:94	6819
7736	10230	Vasco Santos	00:38:31	01:22:04	01:19:44	7708		Junior	156	00:05:40:22	6147
7737	3456	Tomás Gonçalves	00:41:39	01:22:04	01:19:46	7713		Senior	1452	00:06:02:10	6826
7738	495	Jessica Marques	00:39:53	01:22:05	01:21:28	7842	Carapaus de Corrida	Senior	857	00:06:18:50	7185
7739	1482	Veronica Nilsson	00:39:14	01:22:07	01:19:08	7678		V35	307	00:07:14:32	7952
7740	8836	André Baptista	00:42:40	01:22:07	01:18:18	7605		Senior	1453	00:07:06:99	7885
7741	6252	Carla Carmo	00:40:34	01:22:09	01:20:28	7768		V45	385	00:06:55:52	7781
7742	1856	Cláudia Rosa	00:40:26	01:22:10	01:19:59	7733		Senior	858	00:06:21:74	7253
7743	7668	Inês Matias	00:39:56	01:22:10	01:19:44	7710	TEAMÓTEO	V35	308	00:12:51:82	8709
7744	7663	Carla Peres	00:39:56	01:22:10	01:19:44	7709	TEAMÓTEO	V45	386	00:12:45:14	8704
7745	1815	Michael Silva	00:40:27	01:22:11	01:19:58	7732		V35	777	00:06:22:13	7260
7746	3491	Rui Teixeira	00:39:40	01:22:11	01:18:49	7657		V40	764	00:06:35:13	7495
7747	7658	Sofia Peres	00:39:57	01:22:11	01:19:46	7715	TEAMÓTEO	Senior	859	00:12:46:88	8706
7748	7665	Margarida Figueiredo	00:42:24	01:22:11	01:19:45	7711	TEAMÓTEO	V50	262	00:06:14:98	7111
7749	10226	Fábio Santos	00:38:32	01:22:11	01:19:52	7726		V35	778	00:05:47:79	6416
7750	7659	Catarina Ventura	00:39:56	01:22:12	01:19:47	7718	TEAMÓTEO	V45	387	00:12:49:12	8708
7751	7657	Timoteo Santana	00:42:23	01:22:12	01:19:48	7720	TEAMÓTEO	Senior	1454	00:06:17:78	7172
7752	7669	Marta Pinto	00:39:58	01:22:12	01:19:46	7716	TEAMÓTEO	Senior	860	00:12:48:21	8707
7753	6652	Luis Figueiredo	00:38:43	01:22:13	01:20:54	7808		V50	667	00:06:18:25	7181





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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
7754	1478	Carina Pires	00:40:03	01:22:14	01:21:46	7860		Senior	861	00:06:14:90	7106
7755	9788	Sara Nogueira	00:38:14	01:22:15	01:20:54	7809		Senior	862	00:07:11:50	7930
7756	4540	Jorge Anjos	00:41:33	01:22:16	01:19:26	7691	Band on the Run	V45	848	00:07:50:98	8189
7757	1079	Susana Jesus	00:45:07	01:22:17	01:18:57	7668		V35	309	00:06:18:20	7178
7758	4146	Mário Varandas	00:41:07	01:22:18	01:19:42	7705		V40	765	00:06:36:39	7513
7759	6448	Bárbara Brito	00:40:38	01:22:18	01:20:40	7788		Senior	863	00:06:29:11	7399
7760	8056	João Aguiar	00:41:36	01:22:18	01:21:03	7819		V40	766	00:05:10:20	4846
7761	6306	Isabel Pinheiro	00:40:38	01:22:19	01:20:42	7793		Senior	864	00:06:28:53	7391
7762	10352	Rui Ventura	00:42:44	01:22:20	01:18:56	7666		V35	779	00:06:32:49	7466
7763	4202	João Mayor	00:40:50	01:22:21	01:21:50	7862		V75	8	00:07:34:15	8108
7764	3620	Inês Martins	00:42:55	01:22:21	01:19:26	7690		V45	388	00:06:28:45	7389
7765	9073	Nelson Mataloto	00:42:23	01:22:21	01:18:41	7648		V40	767	00:07:12:70	7939
7766	2346	João Antunes	00:41:52	01:22:22	01:18:35	7644		V35	780	00:06:18:41	7182
7767	4841	Mafalda Rodrigues	00:40:43	01:22:22	01:20:55	7811		Senior	865	00:06:11:47	7043
7768	3483	Vera Rainho	00:40:44	01:22:23	01:20:56	7813		Senior	866	00:06:11:97	7055
7769	4398	Catarina Henriques	00:41:08	01:22:24	01:19:28	7693	Matrix de Harris	Junior	55	00:07:40:87	8146
7770	10766	Luís Torradinhas	00:41:21	01:22:25	01:19:47	7719	Lisgarante - Sociedade de Garantia Mútua S.A.	V35	781	00:07:03:30	7861
7771	1999	Carolina Lombardi	00:38:25	01:22:26	01:21:52	7864		Senior	867	00:07:19:64	8004
7772	9295	Tatiane Correa	00:41:05	01:22:28	01:20:04	7738		V40	359	00:06:43:05	7620



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
7773	5471	Mafalda Pina	00:41:11	01:22:30	01:19:35	7697		Senior	868	00:06:20:33	7225
7774	7494	Ana Abreu	00:40:55	01:22:32	01:21:43	7857		Senior	869	00:06:58:33	7817
7775	3820	Paulo Gonçalves	00:39:54	01:22:33	01:21:03	7820	Clube Millennium BCP	V50	668	00:07:46:02	8165
7776	2656	Margarida Barreiros	00:38:59	01:22:36	01:20:52	7805	GMCJamor	V55	127	00:07:19:09	7996
7777	5030	Jorge Martins	00:39:31	01:22:38	01:22:06	7875		V65	71	00:10:29:21	8542
7778	7512	Solange Conceição	00:41:51	01:22:40	01:20:55	7810		V40	360	00:06:35:56	7504
7779	5162	Paula Sá	00:34:59	01:22:42	01:22:26	7900		V50	263	00:09:12:39	8389
7780	5339	Manuel Mendes	00:41:38	01:22:43	01:20:19	7760		V75	9	00:05:58:11	6720
7781	5342	Diana Mendes	00:41:38	01:22:43	01:20:18	7759		V40	361	00:05:57:34	6702
7782	835	Marcos Oliveira	00:42:48	01:22:43	01:19:38	7702		V50	669	00:06:01:84	6810
7783	1873	Rosalina Gabriel	00:41:51	01:22:44	01:21:29	7843		V55	128	00:06:08:99	6981
7784	6187	Sonia Nunes	00:43:41	01:22:47	01:22:01	7873		V45	389	00:06:12:53	7069
7785	7769	António Pires	00:43:43	01:22:47	01:22:01	7872		V45	849	00:06:12:80	7072
7786	3580	Vasco Agudo	00:39:39	01:22:48	01:22:09	7883	Templo da Paz	Junior	157	00:06:49:75	7700
7787	8297	Vaness Barata	00:40:40	01:22:48	01:21:05	7821		V45	390	00:06:09:78	6999
7788	2509	Fernando Chasqueira	00:41:33	01:22:48	01:20:22	7762	GMCJamor	V70	25	00:06:51:21	7718
7789	8516	Francisco Fornelos	00:40:03	01:22:48	01:19:55	7729		Junior	158	00:06:39:19	7572
7790	6370	Paula Almeida	00:40:42	01:22:50	01:21:28	7841		V40	362	00:07:19:56	8001
7791	10502	Arlinda Oliveira	00:37:25	01:22:50	01:22:15	7891		V55	129	00:07:57:46	8214



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
7792	8552	Raymond Castillo	00:41:42	01:22:52	01:20:29	7769		V40	768	00:06:31:54	7447
7793	3714	Andreia Pereira	00:41:28	01:22:53	01:21:20	7832	NetJets	V45	391	00:07:07:52	7889
7794	5963	João Almeida	00:40:15	01:22:53	01:21:42	7853		V35	782	00:06:41:09	7593
7795	5964	Joana Matos	00:40:16	01:22:53	01:21:42	7854		Senior	870	00:06:40:88	7591
7796	1691	Sónia Silva	00:42:00	01:22:53	01:20:20	7761		V40	363	00:07:45:04	8162
7797	7530	Raphael Vital	00:40:04	01:22:53	01:20:05	7739		Senior	1455	00:07:32:08	8091
7798	5145	Filipa Silva	00:38:55	01:22:54	01:22:09	7884		Senior	871	00:07:15:52	7968
7799	2830	Bruno Caeiro	00:41:15	01:22:54	01:22:38	7907	S4Y-SPORTS ASSOCIAÇÃO	Senior	1456	00:06:06:31	6918
7800	2825	Mafalda Gonçalves	00:41:16	01:22:54	01:22:40	7910	S4Y-SPORTS ASSOCIAÇÃO	V40	364	00:06:06:76	6929
7801	2831	Cristiana Costa	00:41:15	01:22:55	01:22:38	7908	S4Y-SPORTS ASSOCIAÇÃO	Senior	872	00:06:06:76	6928
7802	11108	Margarida Boavida	00:40:46	01:22:56	01:20:09	7750		Senior	873	00:06:38:79	7563
7803	2406	Fernando Filipe	00:36:19	01:22:56	01:22:51	7914	Clube Novo Banco	V55	379	00:08:26:66	8299
7804	3425	Carla Silva	00:41:02	01:22:58	01:21:19	7831	Serviços Sociais Montepio	V45	392	00:06:57:91	7810
7805	4109	Maria Neves	00:43:09	01:22:58	01:19:28	7692		V60	42	00:06:07:12	6938
7806	1346	Marcio Andrade	00:43:24	01:23:01	01:20:51	7803	Clube Atletismo Amigos de Belém	V40	769	00:06:29:72	7416
7807	3988	Cátia Marçal	00:41:57	01:23:01	01:20:34	7779		V35	310	00:06:36:64	7522
7808	7602	Mafalda Matias	00:41:28	01:23:03	01:20:41	7789		Senior	874	00:06:42:69	7615
7809	9442	Teresa Ventura	00:40:19	01:23:07	01:22:15	7890		V50	264	00:06:37:10	7531
7810	3023	Maria Lourenço	00:41:20	01:23:07	01:21:08	7825		V60	43	00:06:49:65	7696



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
7811	4101	Teresa Alegre	00:41:08	01:23:08	01:21:36	7851		V45	393	00:06:44:71	7640
7812	6585	António Dias	00:42:16	01:23:10	01:21:39	7852	3 Dias na Costa	V60	193	00:06:20:75	7234
7813	8299	Joaquim Morais	00:38:03	01:23:10	01:22:47	7913		V60	194	00:07:34:40	8110
7814	1788	Vânia Cachapa	00:41:13	01:23:11	01:21:27	7838		V35	311	00:06:38:63	7559
7815	4169	Sandra Santos	00:40:18	01:23:13	01:22:18	7894	Hard Running Team Arruda dos Vinhos	V45	394	00:06:58:64	7822
7816	8364	Victor Balin	00:41:03	01:23:15	01:21:55	7866		Senior	1457	00:06:39:51	7577
7817	8267	Mosab Elgrewi	00:41:04	01:23:16	01:21:55	7865		Senior	1458	00:06:38:44	7555
7818	3980	José González	00:38:32	01:23:17	01:22:07	7877		Senior	1459	00:06:43:61	7629
7819	4032	María Tomas	00:38:34	01:23:17	01:22:07	7876		Senior	875	00:06:43:71	7631
7820	9239	Joao Gouveia	00:41:47	01:23:19	01:20:31	7777		V50	670	00:05:25:58	5583
7821	9092	Marta Girao	00:41:48	01:23:19	01:20:29	7770		V45	395	00:05:25:32	5572
7822	9082	Miguel Gouveia	00:41:48	01:23:19	01:20:30	7771		Junior	159	00:05:25:57	5582
7823	76	Cláudia Vieira	00:40:38	01:23:20	01:21:30	7844		V40	365	00:07:39:92	8140
7824	4397	Ana Nunes	00:41:08	01:23:20	01:20:24	7766	Matrix de Harris	V55	130	00:06:15:46	7126
7825	2451	Maria Martins	00:38:53	01:23:20	01:20:38	7785		Senior	876	00:06:17:65	7171
7826	8512	Hugo Marques	00:39:19	01:23:22	01:22:07	7878		V35	783	00:06:19:79	7213
7827	11101	Ariclenes Pereira	00:37:04	01:23:22	01:22:13	7888		Junior	160	00:09:47:55	8458
7828	6523	Miguel Cocco	00:38:14	01:23:24	01:20:53	7807		V50	671	00:07:22:29	8018
7829	4390	Luis Paulino	00:41:12	01:23:24	01:20:42	7792	Os caracois da corrida!!!	V45	850	00:07:15:77	7971



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
7830	2276	Renato Ferreira	00:36:28	01:23:27	01:20:01	7735		Senior	1460	00:10:13:10	8506
7831	1000	Carlos Garcia	00:43:16	01:23:27	01:19:37	7700		V40	770	00:05:58:00	6715
7832	5219	Nuno Contins	00:41:03	01:23:28	01:22:23	7898		Senior	1461	00:05:26:75	5638
7833	1326	Cristina Ramos	00:43:07	01:23:29	01:20:53	7806		V50	265	00:06:24:39	7308
7834	7036	Jéssica Batista	00:42:44	01:23:31	01:20:11	7754		Senior	877	00:06:31:05	7439
7835	6981	Carlos Araujo	00:42:45	01:23:32	01:20:11	7755		V35	784	00:06:31:33	7445
7836	7252	Joana Bogalho	00:41:26	01:23:32	01:21:46	7859	GDC Banco de Portugal	Senior	878	00:06:24:25	7304
7837	1440	Maria Gomes	00:42:23	01:23:34	01:21:47	7861		V50	266	00:06:18:60	7186
7838	1731	Daniela Schnauder	00:43:01	01:23:35	01:19:59	7734		Senior	879	00:06:27:33	7369
7839	3832	José Lopes	00:38:14	01:23:38	01:22:51	7915	Clube Millennium BCP	V55	380	00:08:40:01	8326
7840	3984	Nuno Marques	00:41:39	01:23:38	01:20:30	7773		V50	672	00:07:21:62	8013
7841	2080	Paula Rocha	00:44:29	01:23:39	01:20:57	7814		V50	267	00:06:50:10	7702
7842	5654	Gonçalo Marques	00:41:37	01:23:39	01:20:31	7776		Senior	1462	00:07:22:78	8023
7843	169	Inês Goncalves	00:42:03	01:23:39	01:21:09	7828		Senior	880	00:06:45:02	7645
7844	168	Adriana Patricio	00:42:03	01:23:39	01:21:09	7827		V35	312	00:06:45:55	7648
7845	7314	Octávio Amaro	00:36:41	01:23:41	01:23:03	7924	Associação Corrida Noturna Parque das Nações	V40	771	00:06:35:17	7499
7846	1381	Sara Lemos	00:42:18	01:23:41	01:20:41	7791		Senior	881	00:06:28:66	7394
7847	8869	Filipe Alves	00:41:01	01:23:42	01:22:13	7887	Metralhas	V35	785	00:06:47:03	7661
7848	7366	João Dias	00:39:39	01:23:43	01:23:14	7932	SD Sports Team	V50	673	00:07:52:41	8194



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
7849	4795	Pedro Ternis	00:43:04	01:23:44	01:20:39	7787		Senior	1463	00:07:04:19	7868
7850	4794	Karen Rodrigues	00:43:04	01:23:44	01:20:39	7786		Senior	882	00:07:04:28	7870
7851	11319	Paula Silva	00:41:08	01:23:46	01:22:08	7880		V50	268	00:06:36:29	7511
7852	32	Daniela Rebelo	00:39:35	01:23:47	01:20:03	7737		V35	313	00:07:28:31	8059
7853	9650	Dario Rebelo	00:39:33	01:23:48	01:20:08	7749		V40	772	00:07:28:39	8061
7854	8787	Sónia Vicente	00:39:34	01:23:48	01:20:10	7752		V45	396	00:07:28:70	8067
7855	8812	Luis André	00:39:34	01:23:48	01:20:09	7751		V45	851	00:07:28:57	8065
7856	9754	Daniel Fialho	00:39:32	01:23:49	01:20:06	7743		V40	773	00:07:28:27	8058
7857	10719	Alexandra Santos	00:39:34	01:23:49	01:20:08	7748		V35	314	00:07:29:19	8073
7858	6479	Sandra Ferreira	00:40:37	01:23:49	01:23:37	7949	CCD Sintrense	V45	397	00:06:37:31	7537
7859	8960	Carla Manteigas	00:42:17	01:23:49	01:20:06	7742		V40	366	00:07:29:07	8069
7860	23	Neuza Rebelo	00:42:16	01:23:49	01:20:07	7745		Senior	883	00:07:27:61	8057
7861	510	Constance Ludovice	00:41:23	01:23:49	01:22:05	7874	Hard Running Team Arruda dos Vinhos	V35	315	00:07:12:89	7940
7862	4790	Elisete Manuel	00:42:12	01:23:49	01:22:52	7916		V45	398	00:06:58:12	7815
7863	10720	Matilde Capela	00:39:34	01:23:49	01:20:07	7744		Senior	884	00:07:29:20	8074
7864	8521	Alexandra Santos	00:42:17	01:23:50	01:20:06	7740		V35	316	00:07:29:11	8071
7865	1191	Catarina Gameiro	00:41:11	01:23:50	01:22:43	7911		V45	399	00:07:20:79	8011
7866	6484	Francelina Silva	00:40:39	01:23:51	01:23:38	7952	CCD Sintrense	V55	131	00:06:38:59	7557
7867	4796	Cristina Barata	00:42:11	01:23:51	01:22:53	7917		V45	400	00:07:00:09	7835



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
7868	6225	Verónica Sousa	00:42:10	01:23:53	01:22:08	7879		Senior	885	00:06:14:43	7097
7869	7605	Vitor Ferreira	00:42:07	01:23:54	01:21:06	7822		Senior	1464	00:07:16:88	7981
7870	6226	Pedro Barros	00:42:10	01:23:55	01:22:09	7881		Senior	1465	00:06:15:82	7135
7871	11303	Marcia C	00:39:16	01:23:57	01:23:56	7969		V40	367	00:07:32:92	8099
7872	7451	Sílvia Simão	00:42:50	01:23:57	01:21:20	7834	Ciência Viva	Senior	886	00:07:09:40	7912
7873	9445	Mariana Silva	00:41:23	01:23:58	01:22:20	7896		Junior	56	00:06:55:21	7775
7874	7231	Maria Tavares	00:46:48	01:23:59	01:14:36	7298		Senior	887	00:05:40:15	6146
7875	8006	Miguel Tavares	00:42:46	01:23:59	01:20:37	7782		Senior	1466	00:06:57:30	7804
7876	10177	Vera Silva	00:42:52	01:23:59	01:20:59	7817		V40	368	00:05:58:11	6719
7877	10648	Diego Souza	00:46:49	01:23:59	01:14:36	7300		V35	786	00:05:39:68	6130
7878	7415	Amanda Melo	00:41:51	01:24:00	01:21:28	7840		V35	317	00:07:32:48	8093
7879	6739	Pedro Magalhães	00:43:38	01:24:01	01:20:47	7802		V50	674	00:07:36:75	8121
7880	4299	Joana Natal	00:41:27	01:24:01	01:23:15	7934		Senior	888	00:06:51:36	7722
7881	6936	Diogo Costa	00:37:54	01:24:03	01:23:22	7940	HS DECOR	V35	787	00:07:23:69	8030
7882	983	Francisca Monteiro	00:44:26	01:24:06	01:20:45	7795		Senior	889	00:06:04:32	6878
7883	2353	Antonio Martins	00:44:33	01:24:06	01:20:45	7796	Clube Novo Banco	V50	675	00:06:04:74	6886
7884	9106	João Nunes	00:44:07	01:24:08	01:20:45	7797	Claranet Portugal	V35	788	00:07:02:10	7853
7885	6962	Aline Bomfim	00:41:16	01:24:10	01:21:24	7836	McDonald's Organização Fernando Teixeira	Senior	890	00:07:08:39	7902
7886	5495	Bruno Silva	00:38:29	01:24:12	01:24:04	7973	Treino no Park	V40	774	00:06:04:57	6883



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
7887	3634	José Epifânio	00:42:03	01:24:13	01:22:23	7897		V40	775	00:06:31:26	7444
7888	7335	Miguel Coutinho	00:41:45	01:24:14	01:22:27	7901	RFF & Advogados	V40	776	00:07:17:62	7986
7889	7336	Sara Coutinho	00:41:44	01:24:14	01:22:27	7902	RFF & Advogados	V35	318	00:07:19:08	7995
7890	4537	Ana Assunção	00:41:37	01:24:19	01:21:31	7846	Band on the Run	Senior	891	00:07:11:55	7931
7891	1995	Sandrine Portefaix	00:42:44	01:24:19	01:22:32	7905	INTREPIDAS	V50	269	00:07:10:12	7922
7892	1994	Maria Borges	00:42:44	01:24:19	01:22:32	7904	INTREPIDAS	Senior	892	00:07:11:58	7932
7893	1993	Ana Borges	00:42:42	01:24:19	01:22:32	7903	INTREPIDAS	V50	270	00:07:09:67	7916
7894	5202	Miguel Rucha	00:41:35	01:24:19	01:21:30	7845	Band on the Run	Senior	1467	00:07:11:79	7933
7895	11262	Luis Dinis	00:42:57	01:24:20	01:20:37	7783		V65	72	00:07:05:56	7879
7896	4539	Madalena Rucha	00:41:37	01:24:20	01:21:31	7847	Band on the Run	Senior	893	00:07:12:27	7937
7897	9113	Carlos Cruz	00:44:08	01:24:24	01:21:01	7818	Claranet Portugal	V50	676	00:06:21:99	7255
7898	7528	Raquel Pinto	00:43:10	01:24:25	01:21:51	7863		Senior	894	00:06:19:50	7205
7899	4936	Catarina Garcia	00:44:47	01:24:27	01:21:07	7824		Senior	895	00:06:16:45	7145
7900	4400	Maria Sequeira	00:41:45	01:24:27	01:21:32	7849	Matrix de Harris	V55	132	00:07:14:04	7950
7901	4935	Beatriz Costa	00:44:47	01:24:27	01:21:09	7826		Senior	896	00:06:16:53	7149
7902	4273	Hassam Ibrahim	00:41:20	01:24:28	01:22:15	7892		V40	777	00:06:36:57	7519
7903	10811	Raquel Pina	00:44:02	01:24:33	01:22:43	7912		Junior	57	00:05:55:75	6658
7904	3868	Paula Cavalheiro	00:40:20	01:24:33	01:23:18	7938	DXC Running Team	V55	133	00:07:45:25	8163
7905	5746	Susana Antunes	00:43:01	01:24:35	01:22:09	7885	The Sal Runners	V40	369	00:07:52:47	8195





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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
7906	9682	Julia Gobetti	00:44:00	01:24:36	01:21:57	7867		Senior	897	00:06:14:98	7110
7907	3600	Maria Azevedo	00:41:06	01:24:37	01:22:09	7882		V40	370	00:07:56:00	8208
7908	1239	Isabel Resende	00:41:09	01:24:40	01:21:31	7848		V45	401	00:06:46:71	7656
7909	10526	António Duarte	00:37:50	01:24:41	01:24:34	7995		V60	195	00:08:06:68	8248
7910	9636	Ana Malcato	00:44:00	01:24:44	01:22:20	7895		Senior	898	00:07:14:00	7948
7911	4191	Diana Lopes	00:43:36	01:24:44	01:23:23	7941		V35	319	00:06:52:57	7745
7912	4192	João Jalé	00:43:36	01:24:45	01:23:23	7942		V35	789	00:06:52:46	7743
7913	10397	Luis Pinela	00:37:50	01:24:46	01:24:20	7984		Senior	1468	00:08:55:94	8362
7914	10010	Magno Junior	00:39:14	01:24:48	01:23:42	7956	#teamnoesis	V40	778	00:06:30:42	7426
7915	8941	Emanoella Oliveira	00:39:13	01:24:48	01:23:43	7960		V45	402	00:06:31:95	7457
7916	8276	Nuno Mana	00:42:43	01:24:50	01:24:02	7970		V50	677	00:06:53:68	7754
7917	4614	Anabela Oliveira	00:43:09	01:24:52	01:23:32	7945	Coisas	V35	320	00:06:47:59	7676
7918	9491	Raphael Silva	00:42:48	01:24:54	01:21:12	7829		V35	790	00:07:08:25	7900
7919	9753	Ana Azevedo	00:42:27	01:24:56	01:23:16	7935		V50	271	00:07:10:09	7921
7920	8055	Susana Ribeiro	00:41:36	01:24:57	01:23:40	7955		Senior	899	00:07:47:71	8169
7921	10476	Fernando Yáñez	00:43:38	01:24:57	01:21:22	7835		V45	852	00:07:08:24	7899
7922	2691	Paulo Fernandes	00:42:57	01:25:00	01:22:24	7899	CCDTMetroLX	V50	678	00:06:53:45	7751
7923	11187	Juan Arango	00:43:08	01:25:01	01:21:19	7830		Senior	1469	00:06:55:88	7788
7924	2859	José Costa	00:41:10	01:25:03	01:23:03	7923	Bazinga Team	V55	381	00:07:59:40	8225



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
7925	2860	Susana Morais	00:41:09	01:25:04	01:23:05	7926	Bazinga Team	V55	134	00:08:01:49	8232
7926	4913	Joaquim Faria	00:43:25	01:25:04	01:21:33	7850	Os Piu-Pius	V60	196	00:06:27:82	7377
7927	10810	Pedro Pina	00:44:00	01:25:04	01:23:14	7931		Junior	161	00:05:29:70	5761
7928	10650	Rui Espadinha	00:43:19	01:25:11	01:22:58	7921		V40	779	00:06:40:13	7585
7929	9495	Luís Silva	00:40:49	01:25:13	01:23:36	7946		V55	382	00:07:29:85	8079
7930	3340	Rodrigo Martins	00:39:25	01:25:13	01:24:59	8016		Junior	162	00:07:15:69	7970
7931	3339	Maria Martins	00:39:26	01:25:14	01:25:00	8017		V40	371	00:07:17:06	7982
7932	1931	Pedro Gomes	00:25:10	01:25:17	01:24:51	8012		Senior	1470	00:05:11:98	4936
7933	2317	Marta Silva	00:42:53	01:25:17	01:22:37	7906		V50	272	00:07:32:65	8097
7934	10559	Raquel Oliveira	00:42:51	01:25:18	01:22:38	7909		Senior	900	00:07:32:95	8100
7935	1318	Carlos Sousa	00:43:43	01:25:20	01:24:16	7981		V55	383	00:06:54:03	7759
7936	9944	Isabel Filipe	00:40:38	01:25:21	01:24:32	7992		V65	15	00:07:14:82	7958
7937	5223	Rita Contins	00:41:04	01:25:22	01:24:17	7983		Senior	901	00:07:08:80	7906
7938	6872	Amanda Silva	00:38:56	01:25:24	01:25:01	8019		Senior	902	00:08:26:57	8298
7939	476	Claudia Lins	00:42:47	01:25:24	01:23:22	7939		V50	273	00:06:59:13	7828
7940	6832	Inês Carmo	00:38:58	01:25:25	01:25:01	8018		Senior	903	00:08:25:90	8296
7941	1678	Fernanda Ortiz	00:43:07	01:25:26	01:22:00	7870	ESPA	V35	321	00:06:57:26	7802
7942	1676	Monica Bagagem	00:43:07	01:25:26	01:21:59	7869	ESPA	V35	322	00:06:57:98	7813
7943	8376	Ana Simões	00:42:35	01:25:29	01:24:41	8004	XPAND IT	Senior	904	00:06:55:04	7771



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
7944	3225	Rui Rocha	00:40:21	01:25:29	01:25:09	8027		V60	197	00:08:03:63	8239
7945	8377	Margarida Vicente	00:42:36	01:25:29	01:24:41	8005	XPAND IT	Senior	905	00:06:55:08	7772
7946	8332	Estela Baptista	00:41:17	01:25:31	01:22:00	7871		V35	323	00:07:57:69	8216
7947	1744	Fernando Carmo	00:38:23	01:25:31	01:25:24	8039	Equipa Sangria Runners	V65	73	00:07:35:08	8114
7948	3700	Ana Antunes	00:40:16	01:25:32	01:24:03	7972	NetJets	V40	372	00:06:31:49	7446
7949	1851	Danilo Cruz	00:42:47	01:25:34	01:22:10	7886		V40	780	00:06:21:93	7254
7950	1003	Raquel Trindade	00:45:11	01:25:37	01:22:17	7893		V35	324	00:05:38:89	6107
7951	8854	Nuno Simão	00:42:16	01:25:39	01:23:30	7943		V35	791	00:07:49:84	8180
7952	3475	Luis Pinela	00:39:47	01:25:41	01:24:28	7987		V50	679	00:06:38:66	7561
7953	3172	Suzana Silveiro	00:39:47	01:25:41	01:24:29	7988		V50	274	00:06:38:93	7566
7954	6149	José Alecrim	00:39:48	01:25:45	01:23:40	7954	CCDV-Valorsul	V40	781	00:08:59:52	8370
7955	917	Manuel Alves	00:43:35	01:25:47	01:24:45	8009	Lisgança	V40	782	00:06:15:73	7132
7956	1140	Maria Araújo	00:42:23	01:25:48	01:22:57	7920	ADN GINJAS	V35	325	00:07:42:10	8151
7957	1142	Patrícia Rainho	00:42:24	01:25:49	01:22:59	7922	ADN GINJAS	V35	326	00:07:42:91	8156
7958	887	Luciana Rodrigues	00:40:25	01:25:50	01:23:43	7959		Senior	906	00:06:57:93	7811
7959	896	Tânia Oliveira	00:40:24	01:25:50	01:23:42	7958		Senior	907	00:06:58:55	7820
7960	5611	Rita Amaral	00:43:28	01:25:54	01:23:14	7933	Os Maiores	Senior	908	00:06:37:12	7533
7961	5740	Inês Real	00:43:11	01:25:55	01:23:51	7964		V40	373	00:06:30:69	7432
7962	5435	Quiteria Matos	00:44:53	01:25:55	01:24:02	7971	MATOS	V55	135	00:05:57:43	6705



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
7963	690	Roux Jérôme	00:41:54	01:25:55	01:24:56	8014		V45	853	00:07:42:42	8152
7964	6480	João Cardoso	00:43:10	01:25:56	01:23:52	7966	CCD Sintrense	V45	854	00:06:32:16	7463
7965	691	Rebeca Saldana	00:41:56	01:25:56	01:24:57	8015		V40	374	00:07:42:57	8153
7966	666	Guilherme Silva	00:42:30	01:26:02	01:23:17	7936		Senior	1471	00:07:52:89	8199
7967	667	Teresa Graça	00:42:30	01:26:03	01:23:18	7937		Senior	909	00:07:53:06	8200
7968	524	Vasco Godinho	00:42:50	01:26:06	01:24:17	7982		V45	855	00:05:41:53	6199
7969	1858	José Cruz	00:42:19	01:26:06	01:23:56	7968		V65	74	00:07:50:66	8184
7970	4675	Fernanda Tavares	00:41:43	01:26:07	01:25:17	8034		V60	44	00:07:50:95	8188
7971	9473	Janaina Oliveira	00:47:01	01:26:07	01:11:59	6971		V45	403	00:06:11:30	7036
7972	5216	Luis Campino	00:42:29	01:26:09	01:24:06	7978		Senior	1472	00:07:22:04	8016
7973	11316	Carmen Jjejer	00:43:20	01:26:09	01:23:05	7925		Senior	910	00:07:50:78	8187
7974	9458	Antônio Luiz	00:39:43	01:26:09	01:22:14	7889		V55	384	00:06:53:14	7749
7975	8075	Susana Fonseca	00:41:24	01:26:10	01:24:40	8002	NetJets	V40	375	00:07:08:94	7908
7976	888	Carla Delgado	00:41:18	01:26:12	01:25:05	8022		V40	376	00:07:47:45	8167
7977	4297	Carlos Alves	00:42:19	01:26:12	01:25:23	8038		V50	680	00:07:25:73	8044
7978	11078	Özlem Arslan	00:43:28	01:26:13	01:23:12	7930		V35	327	00:06:37:66	7544
7979	4598	Ana Mendes	00:43:08	01:26:13	01:23:49	7961		V40	377	00:07:57:27	8212
7980	4690	Orlando Marcelino	00:43:08	01:26:14	01:23:50	7962		V45	856	00:07:57:44	8213
7981	9229	Guilherme Silva	00:43:20	01:26:14	01:23:31	7944	Spirit to Run	Senior	1473	00:06:50:64	7709



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# CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
7982	1818	Sónia Aprisco	00:40:08	01:26:16	01:25:11	8032		V45	404	00:08:58:16	8368
7983	6793	Alberto Guerra	00:42:43	01:26:18	01:24:32	7991		V40	783	00:07:23:49	8028
7984	7143	Liliana Tomás	00:41:45	01:26:18	01:25:35	8043		V35	328	00:06:25:03	7322
7985	6768	Sílvia Safara	00:42:44	01:26:18	01:24:31	7990		V40	378	00:07:24:07	8036
7986	9688	Maria Almeida	00:40:48	01:26:22	01:25:38	8044		V35	329	00:07:22:48	8020
7987	623	Erika Barreiro	00:43:09	01:26:24	01:24:10	7980		V35	330	00:07:00:25	7837
7988	639	Pâmela Valente	00:43:10	01:26:24	01:24:08	7979		V35	331	00:07:00:54	7843
7989	7829	Monica López	00:46:26	01:26:25	01:23:08	7929		V45	405	00:07:04:81	7873
7990	3530	Juan Cotilla	00:46:27	01:26:25	01:23:07	7928		V40	784	00:07:05:01	7874
7991	4912	Maria Faria	00:44:10	01:26:26	01:22:56	7919	Os Piu-Pius	V55	136	00:06:54:42	7766
7992	4911	André Faria	00:44:09	01:26:26	01:22:56	7918	Os Piu-Pius	Senior	1474	00:06:54:32	7764
7993	3465	Pedro Ramos	00:45:22	01:26:28	01:23:06	7927	CCD PM Cascais	V40	785	00:03:55:31	959
7994	5437	Maria Matos	00:44:53	01:26:30	01:24:38	8000	MATOS	Senior	911	00:06:30:15	7420
7995	10284	Catarina Passinhas	00:42:43	01:26:31	01:25:08	8024		Senior	912	00:06:29:75	7417
7996	7653	Maria Vilhena	00:40:59	01:26:31	01:26:28	8077	Os Kotas	V55	137	00:07:40:78	8145
7997	9875	Ilia Silva	00:41:42	01:26:34	01:23:39	7953		V45	857	00:06:59:77	7833
7998	3373	Alexsandra Alves	00:43:42	01:26:34	01:23:54	7967		V40	379	00:06:39:62	7578
7999	6216	Catarina Rodrigues	00:41:13	01:26:38	01:26:11	8058	Team Rodrigues da Costa	Senior	913	00:07:39:00	8137
8000	4949	Cátia Tacha	00:41:04	01:26:38	01:23:51	7963		Senior	914	00:06:35:02	7492



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
8001	6217	Bruno Costa	00:41:12	01:26:39	01:26:13	8061	Team Rodrigues da Costa	Senior	1475	00:07:40:43	8142
8002	9248	Rita Waite	00:44:00	01:26:45	01:26:21	8067		Senior	915	00:07:00:61	7844
8003	6408	Sofia Costa	00:44:00	01:26:45	01:26:21	8068	Deloitte Running Club	Senior	916	00:07:01:23	7851
8004	2659	Joana Redondo	00:43:02	01:26:47	01:24:33	7994	Redondo	Senior	917	00:07:37:44	8128
8005	8578	Patrícia Amaral	00:41:16	01:26:52	01:25:03	8020		V45	406	00:08:17:17	8272
8006	4766	Teresa Penedos	00:42:05	01:26:54	01:26:24	8072		Senior	918	00:07:34:79	8111
8007	4764	Marcos Policarpo	00:42:07	01:26:54	01:26:23	8069		Senior	1476	00:07:34:02	8107
8008	5719	Filipa Esteves	00:43:16	01:26:56	01:25:27	8040		V35	332	00:08:14:04	8266
8009	9985	Filipa Mendonca	00:43:16	01:26:57	01:25:27	8041		V40	380	00:08:14:08	8268
8010	9759	Jose Caiola	00:43:58	01:26:59	01:26:15	8066		V60	198	00:08:17:86	8274
8011	9970	Catarina Páscoa	00:43:01	01:26:59	01:24:33	7993	Bora Rui	Senior	919	00:07:12:98	7942
8012	9969	Adriana Lopes	00:43:02	01:26:59	01:24:31	7989	Bora Rui	Senior	920	00:07:12:94	7941
8013	5464	Catarina Pina	00:42:55	01:27:01	01:24:06	7977		V55	138	00:06:51:12	7716
8014	8053	Sarah Reis	00:43:25	01:27:03	01:25:06	8023		Senior	921	00:06:11:36	7038
8015	6081	Pedro Cardoso	00:43:18	01:27:04	01:25:10	8030	CotasTeam	V50	681	00:06:44:89	7643
8016	6082	Susana Marques	00:43:18	01:27:04	01:25:10	8031	CotasTeam	V50	275	00:06:44:92	7644
8017	1473	Edoardo Gonzalez	00:44:05	01:27:05	01:23:37	7950		V40	786	00:06:59:83	7834
8018	1471	Carla Frias	00:44:05	01:27:05	01:23:37	7951		V35	333	00:07:00:11	7836
8019	7839	Tânia Guerra	00:43:24	01:27:11	01:26:03	8053		Senior	922	00:07:26:01	8045



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
8020	5685	Ruben Ferreira	00:49:05	01:27:12	01:26:40	8091		V45	858	00:06:23:20	7287
8021	297	Pedro Rocha	00:44:19	01:27:13	01:25:41	8047	FIDELIDADE GDC	V40	787	00:06:51:32	7721
8022	296	Tânia Vinagre	00:44:19	01:27:13	01:25:41	8046	FIDELIDADE GDC	V40	381	00:06:51:24	7719
8023	4306	Mario Pinto	00:49:05	01:27:13	01:26:41	8095		V45	859	00:06:23:26	7291
8024	6045	Mateus Marau	00:43:17	01:27:14	01:24:05	7975		Junior	163	00:06:25:54	7334
8025	9238	Sergio Guimaraes	00:43:28	01:27:18	01:24:43	8006		Senior	1477	00:07:14:55	7955
8026	7837	Daniela Santos	00:43:44	01:27:18	01:24:45	8008		Senior	923	00:07:14:73	7956
8027	8637	Paulo Silveira	00:46:10	01:27:21	01:23:36	7947		V45	860	00:06:10:58	7021
8028	8635	Vanda Correia	00:46:07	01:27:21	01:23:37	7948		V40	382	00:06:10:36	7014
8029	9284	Ruth Feio	00:41:46	01:27:23	01:23:52	7965		V50	276	00:08:38:12	8322
8030	3041	Rui Tavares	00:42:36	01:27:23	01:25:51	8051		V40	788	00:07:42:59	8154
8031	6748	Andreia Pereira	00:43:45	01:27:25	01:24:52	8013		Senior	924	00:07:15:44	7966
8032	9873	Irina Lobo	00:43:50	01:27:27	01:27:18	8113		V35	334	00:07:36:09	8117
8033	5942	Ana Marques	00:43:32	01:27:29	01:26:24	8073		V45	407	00:05:44:34	6295
8034	10660	João Figueiredo	00:45:05	01:27:30	01:23:42	7957		V40	789	00:07:11:22	7928
8035	9677	Rafael Barbosa	00:41:32	01:27:31	01:24:40	8003		Senior	1478	00:07:19:44	7999
8036	10869	Luis Alves	00:45:18	01:27:33	01:24:20	7985		V40	790	00:06:29:47	7406
8037	9423	João Alves	00:41:35	01:27:34	01:24:43	8007		V35	792	00:07:19:21	7997
8038	9899	Ana Eufrasio	00:44:32	01:27:35	01:24:04	7974	Vanguard Properties	V50	277	00:06:21:69	7251



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
8039	10296	Bruno Quintão	00:44:31	01:27:35	01:24:05	7976		V50	682	00:06:22:02	7258
8040	2894	Sara Mileu	00:44:56	01:27:36	01:24:26	7986		V45	408	00:06:35:84	7506
8041	7054	Juan Gutierrez	00:43:10	01:27:40	01:24:38	7999		V40	791	00:08:42:58	8331
8042	1301	Juste Malinauskaite	00:42:16	01:27:40	01:26:23	8070		Senior	925	00:07:53:98	8203
8043	7204	José Luis	00:43:11	01:27:40	01:24:38	7998		V35	793	00:08:43:82	8335
8044	7095	Miguel García	00:43:08	01:27:41	01:24:39	8001		V40	792	00:08:44:18	8337
8045	6036	Vasco Goncalves	00:43:19	01:27:46	01:24:37	7997		V50	683	00:06:54:21	7760
8046	6039	Cristóvão Marau	00:43:18	01:27:46	01:24:37	7996		V45	861	00:06:54:28	7763
8047	4309	Cristina Ribeiro	00:40:10	01:27:47	01:25:41	8045		V45	409	00:08:50:62	8344
8048	6632	Ana Silva	00:42:12	01:27:47	01:24:46	8010		V40	383	00:07:43:14	8157
8049	199	Márcia Reigadas	00:42:08	01:27:50	01:26:53	8099		Senior	926	00:07:40:66	8144
8050	7575	Marta Sebastian	00:41:50	01:27:51	01:25:09	8029		Senior	927	00:07:22:15	8017
8051	81	Ana Gaspar	00:45:28	01:27:54	01:27:50	8138		V40	384	00:07:01:56	7852
8052	7689	André Tavares	00:51:20	01:27:55	01:24:47	8011		Senior	1479	00:05:28:78	5721
8053	5636	Martim Pereira	00:34:52	01:27:56	01:25:47	8049		Junior	164	00:10:27:03	8536
8054	2328	Jessica Sousa	00:43:54	01:27:58	01:26:27	8076		Senior	928	00:07:13:86	7947
8055	2318	Pedro Jorge	00:43:52	01:27:58	01:26:26	8075		Senior	1480	00:07:13:08	7943
8056	3633	Mark Furr	00:48:10	01:27:59	01:25:13	8033		V55	385	00:05:12:86	4980
8057	5788	Flávia Fernandes	00:44:46	01:28:01	01:26:32	8085		Senior	929	00:06:50:36	7706





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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
8058	7093	Sergio Sousa	00:43:13	01:28:03	01:27:09	8107		V40	793	00:07:37:67	8131
8059	9538	Job Contreiras	00:44:55	01:28:04	01:27:41	8129		V40	794	00:06:03:54	6861
8060	5605	Pablo Mello	00:39:29	01:28:08	01:27:23	8115		V45	862	00:08:19:23	8279
8061	10402	Ana Ramos	00:44:20	01:28:13	01:27:29	8120		Senior	930	00:07:23:04	8024
8062	9797	Mariana Fernandes	00:40:25	01:28:13	01:27:16	8111		Senior	931	00:09:24:79	8420
8063	6247	Sónia Espada	00:42:55	01:28:17	01:26:36	8088		Senior	932	00:06:53:55	7752
8064	6208	Abiud Têê	00:42:55	01:28:18	01:26:37	8089		V45	863	00:06:53:44	7750
8065	1419	Filipe Silva	00:44:57	01:28:19	01:25:09	8026		V45	864	00:06:44:05	7633
8066	1421	Michelle Silva	00:44:59	01:28:19	01:25:08	8025		V45	410	00:06:43:31	7627
8067	7917	Vítor Nascimento	00:42:33	01:28:21	01:25:48	8050	ManpowerGroup	V40	795	00:07:51:85	8192
8068	6777	Tânia Casadinho	00:41:51	01:28:25	01:26:25	8074		V35	335	00:08:55:81	8361
8069	4242	Carolina Machado	00:41:35	01:28:26	01:27:56	8141	LulaMolusco	V45	411	00:07:59:47	8226
8070	5559	Rodrigo Barrote	00:40:22	01:28:28	01:27:22	8114		Senior	1481	00:08:00:54	8229
8071	4731	Fernanda Almeida	00:44:01	01:28:28	01:26:13	8062		V50	278	00:07:10:18	7924
8072	6418	Isabel Caldeira	00:43:35	01:28:29	01:26:08	8056	FIDELIDADE GDC	V50	279	00:07:52:87	8198
8073	10834	Maria Ferreira	00:43:59	01:28:30	01:25:03	8021		Senior	933	00:07:02:63	7859
8074	2864	Zhebrovka Olena	00:45:17	01:28:30	01:25:23	8036	ukraine	V35	336	00:06:24:98	7320
8075	2867	Lebed Iryna	00:45:17	01:28:30	01:25:23	8037	ukraine	V40	385	00:06:25:76	7337
8076	2824	Ana Marques	00:42:07	01:28:31	01:28:16	8157	S4Y-SPORTS ASSOCIAÇÃO	V45	412	00:07:31:42	8090



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
8077	8231	Natacha Custódio	00:43:01	01:28:32	01:27:59	8143		V35	337	00:06:25:81	7342
8078	8555	Linda Ribeiro	00:43:02	01:28:32	01:27:59	8142		V35	338	00:06:25:53	7333
8079	2829	Ângela Silva	00:42:10	01:28:33	01:28:20	8162	S4Y-SPORTS ASSOCIAÇÃO	Senior	934	00:07:33:80	8106
8080	2501	João Coelho	00:45:27	01:28:34	01:25:21	8035		V40	796	00:07:00:50	7842
8081	2828	Luis Moço	00:36:37	01:28:34	01:28:21	8163	S4Y-SPORTS ASSOCIAÇÃO	V35	794	00:07:34:84	8112
8082	9813	Leticia Silva	00:42:06	01:28:38	01:27:59	8144		V60	45	00:07:49:96	8181
8083	5920	Diogo Carvalho	00:42:07	01:28:38	01:25:09	8028		Senior	1482	00:10:06:99	8495
8084	7273	Ana Cruz	00:44:28	01:28:40	01:27:08	8106	Associação Corrida Noturna Parque das Nações	V60	46	00:07:17:19	7983
8085	9742	Lídia Dias	00:44:50	01:28:43	01:25:35	8042		V50	280	00:09:42:73	8451
8086	3618	Susana Cruz	00:44:36	01:28:53	01:27:28	8119	Pip's Team	V50	281	00:07:26:38	8049
8087	8121	Mário Santiago	00:39:59	01:28:55	01:28:31	8167		V55	386	00:08:12:55	8263
8088	4459	Ania Gonçalves	00:40:27	01:28:55	01:27:41	8126		V35	339	00:07:09:55	7914
8089	8100	Maria Condeço	00:40:03	01:28:55	01:28:33	8168		V60	47	00:08:13:63	8265
8090	8486	Rúben Matos	00:41:12	01:28:56	01:25:46	8048	Bolsky	Senior	1483	00:09:53:12	8478
8091	6157	Orlando Custódio	00:43:22	01:28:57	01:26:34	8087	CCDV-Valorsul	V45	865	00:07:26:11	8046
8092	6156	Sandra Custódio	00:43:23	01:28:57	01:26:34	8086	CCDV-Valorsul	V40	386	00:07:26:31	8048
8093	1619	Isabel Oltean	00:43:52	01:28:58	01:26:39	8090		Senior	935	00:08:04:50	8242
8094	1248	Sílvia Diogo	00:47:39	01:29:00	01:26:50	8098	AMIGOS DE PEVA	V35	340	00:06:42:47	7608
8095	7543	Gabriela Guerrero	00:44:39	01:29:00	01:26:14	8065		Senior	936	00:05:40:97	6178



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
8096	4654	Lídia Pratas	00:45:57	01:29:05	01:26:14	8064	BRRnightRUNNERS	V55	139	00:06:35:14	7496
8097	4653	Vanda Chaves	00:45:59	01:29:06	01:26:14	8063	BRRnightRUNNERS	V45	413	00:06:36:55	7518
8098	7114	Adair Magalhães	00:42:21	01:29:10	01:26:09	8057		V45	866	00:08:38:86	8324
8099	6380	Rafael Soares	00:45:08	01:29:13	01:26:40	8092		V35	795	00:06:52:71	7746
8100	6381	Maria Braz	00:45:07	01:29:14	01:26:42	8096		Senior	937	00:06:53:04	7748
8101	4448	Fábio Pedro	00:43:33	01:29:19	01:27:16	8110		V35	796	00:07:32:48	8094
8102	4467	Armando Gomes	00:43:33	01:29:19	01:27:14	8109		V35	797	00:07:32:72	8098
8103	2543	Rita Valentim	00:44:24	01:29:19	01:26:56	8101		V55	140	00:07:15:40	7965
8104	9098	Joana Diogo	00:46:40	01:29:20	01:25:57	8052	Claranet Portugal	V40	387	00:07:22:38	8019
8105	7945	Eduardo Carbonell	00:43:55	01:29:24	01:26:29	8078		V55	387	00:07:50:68	8185
8106	7947	María Teresa	00:43:56	01:29:25	01:26:31	8081		V55	141	00:07:49:81	8179
8107	1790	Luísa Gomes	00:43:32	01:29:26	01:28:08	8152		Senior	938	00:08:01:71	8234
8108	5259	Adriana Filipe	00:43:48	01:29:26	01:28:17	8158		Senior	939	00:07:37:18	8126
8109	5258	Alexandra Pires	00:43:47	01:29:27	01:28:20	8161		Senior	940	00:07:37:95	8133
8110	601	Andrea Santos	00:42:31	01:29:27	01:26:24	8071		V40	388	00:06:31:82	7454
8111	1968	Pedro Sousa	00:42:29	01:29:30	01:28:08	8153	Clube TAP PORTUGAL	V40	797	00:06:16:53	7148
8112	921	Susana Ferreira	00:43:35	01:29:32	01:28:33	8171	Lisgança	V45	414	00:07:30:88	8089
8113	209	Ana Ramos	00:44:20	01:29:32	01:28:48	8176		V45	415	00:07:51:92	8193
8114	2915	Paulo França	00:39:54	01:29:34	01:29:21	8193	GDCT Unicre	V60	199	00:08:01:30	8230



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
8115	2903	Ana Cuba	00:39:52	01:29:34	01:29:21	8192	GDCT Unicre	V45	416	00:08:01:36	8231
8116	2918	Pedro Sarrasqueiro	00:39:54	01:29:34	01:29:22	8194	GDCT Unicre	V40	798	00:08:01:97	8235
8117	6966	Vanessa Almeida	00:43:06	01:29:35	01:27:53	8140		Senior	941	00:08:09:78	8256
8118	5436	Filipa Matos	00:44:52	01:29:36	01:27:42	8131	MATOS	V55	142	00:07:19:64	8003
8119	8087	Fernando Soares	00:44:29	01:29:37	01:27:27	8117	Equipa Soares	V60	200	00:08:19:26	8281
8120	3750	Andre Rocha	00:38:10	01:29:37	01:29:36	8203		V35	798	00:09:31:80	8432
8121	8086	Catarina Soares	00:44:27	01:29:37	01:27:28	8118	Equipa Soares	Senior	942	00:08:20:02	8287
8122	3855	Ana Ramos	00:43:36	01:29:40	01:28:27	8165	Clube Millennium BCP	Senior	943	00:07:29:77	8078
8123	3856	João Ramos	00:43:37	01:29:40	01:28:28	8166	Clube Millennium BCP	Senior	1484	00:07:30:23	8081
8124	10401	Gabriel Castro	00:42:04	01:29:42	01:28:33	8169		Senior	1485	00:07:57:23	8210
8125	3973	Susana Carvalho	00:43:47	01:29:43	01:29:25	8198		V50	282	00:07:28:40	8062
8126	3974	Luísa Máxima	00:43:47	01:29:43	01:29:25	8199		V45	417	00:07:28:52	8064
8127	4124	Fernanda Martins	00:44:45	01:29:44	01:28:41	8175		V50	283	00:07:36:90	8123
8128	4126	Ana Soares	00:44:47	01:29:44	01:28:41	8173		Senior	944	00:06:21:63	7250
8129	4123	Inês Marques	00:44:48	01:29:44	01:28:41	8174		Senior	945	00:07:37:46	8129
8130	471	Lúcia Thomaz	00:44:37	01:29:46	01:27:17	8112		Senior	946	00:07:51:01	8190
8131	4444	Inês Hermínio	00:47:47	01:29:46	01:20:23	7765		Senior	947	00:07:06:53	7882
8132	10647	Bernardo Ferreira	00:47:45	01:29:46	01:20:22	7763		Senior	1486	00:07:06:94	7883
8133	7060	Teresa Baião	00:44:42	01:29:48	01:26:32	8084		Senior	948	00:06:38:22	7549



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
8134	6383	João Lemos	00:45:32	01:29:48	01:26:30	8079		V35	799	00:06:37:31	7538
8135	6557	Cibele Kehl	00:44:41	01:29:48	01:26:32	8083		Senior	949	00:06:38:35	7551
8136	4361	Andreia Carvalho	00:43:43	01:29:48	01:27:41	8127		V35	341	00:06:39:80	7583
8137	4289	Clara Oliveira	00:43:43	01:29:48	01:27:42	8130		V40	389	00:06:39:51	7576
8138	6556	Joana Serrano	00:45:32	01:29:48	01:26:31	8080		Senior	950	00:06:38:99	7567
8139	10236	Clara Reis	00:47:28	01:29:49	01:26:04	8054	Os Ramalhos	Junior	58	00:05:50:18	6482
8140	9793	Cláudia Spencer	00:43:00	01:29:49	01:27:44	8134		V35	342	00:07:33:00	8101
8141	1876	Sonya Day	00:43:11	01:29:50	01:28:11	8155		V45	418	00:07:05:45	7877
8142	10234	Mariana Reis	00:47:27	01:29:50	01:26:06	8055	Os Ramalhos	V50	284	00:05:50:76	6498
8143	2012	Luis Antunes	00:44:26	01:29:52	01:26:46	8097	Família Runner A R	V60	201	00:07:58:70	8221
8144	4751	Luisa Palmeira	00:44:53	01:29:53	01:27:00	8105		Senior	951	00:07:29:26	8075
8145	7977	Eduardo Vasconcelos	00:43:54	01:29:53	01:27:00	8104		V45	867	00:07:19:49	8000
8146	4527	Patrícia Ramos	00:41:43	01:29:53	01:28:05	8149	KitKats	Senior	952	00:07:13:35	7944
8147	9056	Marlise Ferraria	00:41:51	01:29:53	01:29:16	8185	Família das Cavernas	V35	343	00:08:19:66	8284
8148	4684	Marcus Leite	00:47:06	01:29:53	01:27:47	8135		Senior	1487	00:06:48:58	7685
8149	9055	Bruno Rita	00:41:50	01:29:53	01:29:19	8188	Família das Cavernas	V40	799	00:08:20:13	8288
8150	4471	Vítor Fuzeta	00:47:06	01:29:54	01:27:48	8136		Senior	1488	00:06:51:11	7715
8151	10238	Isabel Reis	00:45:36	01:29:55	01:26:11	8060	Os Ramalhos	Junior	59	00:07:18:06	7991
8152	10237	António Reis	00:45:42	01:29:55	01:26:11	8059	Os Ramalhos	Senior	1489	00:07:19:28	7998



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
8153	5938	Nidia Silva	00:44:36	01:29:56	01:29:08	8182		V65	16	00:06:51:65	7728
8154	4682	Nuno Duarte	00:44:49	01:29:56	01:27:11	8108		V40	800	00:07:33:21	8104
8155	6068	Marisa Loureiro	00:46:27	01:29:57	01:28:11	8156		V35	344	00:06:23:08	7281
8156	10827	Maria Silva	00:43:04	01:29:57	01:26:57	8103		V45	419	00:08:52:15	8349
8157	10826	Rui Pereira	00:43:04	01:29:58	01:26:57	8102		V55	388	00:08:51:95	8348
8158	11032	João Costa	00:43:09	01:30:00	01:26:31	8082	Os Cansados	Senior	1490	00:08:27:57	8302
8159	11062	Cristina Barbosa	00:52:39	01:30:06	01:30:05	8227		V40	390	00:07:43:74	8159
8160	5695	Carlos Confort	00:44:15	01:30:08	01:26:41	8094		V35	800	00:07:23:16	8026
8161	5694	Renata Castro	00:44:16	01:30:09	01:26:41	8093		V45	420	00:07:23:56	8029
8162	5941	Helena Magalhães	00:43:32	01:30:10	01:29:05	8181		V45	421	00:07:36:47	8119
8163	3021	Carlos Matos	00:45:28	01:30:13	01:29:55	8215		V50	684	00:08:18:90	8278
8164	3022	Maria Matos	00:44:13	01:30:13	01:29:56	8216		V50	285	00:08:17:44	8273
8165	8398	Vanessa Oliveira	00:46:03	01:30:14	01:30:02	8222		V40	391	00:06:10:12	7008
8166	1864	Sandra Catarino	00:46:47	01:30:14	01:27:50	8137	Rockets	V45	422	00:07:40:59	8143
8167	7042	Anabela Duarte	00:46:03	01:30:15	01:30:04	8225		V60	48	00:06:11:39	7041
8168	6018	Margarida Fonseca	00:44:33	01:30:17	01:29:19	8189		V65	17	00:07:37:82	8132
8169	1677	Ana Rocha	00:45:23	01:30:17	01:26:55	8100	ESPA	V35	345	00:07:43:72	8158
8170	10765	Ana Marques	00:42:52	01:30:25	01:27:41	8128	Lisgarante - Sociedade de Garantia Mútua S.A.	V40	392	00:07:35:75	8116
8171	5072	Joao Sequeira	00:42:52	01:30:26	01:27:42	8132	Grupo Desportivo Santander Totta	V45	868	00:07:37:08	8125



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
8172	10770	Sheila Santos	00:42:52	01:30:26	01:27:43	8133	Lisgarante - Sociedade de Garantia Mútua S.A.	V45	423	00:07:36:92	8124
8173	10339	Joel Castro	00:48:45	01:30:28	01:29:21	8190		Senior	1491	00:05:00:12	4270
8174	3135	Miguel Costa	00:45:28	01:30:29	01:28:03	8148		V50	685	00:07:58:38	8220
8175	3427	Ana Ramos	00:45:49	01:30:29	01:29:22	8195	Serviços Sociais Montepio	V35	346	00:07:59:10	8223
8176	5802	Catarina Carreiras	00:42:49	01:30:30	01:29:15	8183		Senior	953	00:08:03:12	8237
8177	1138	Cristina Cunha	00:46:48	01:30:34	01:27:24	8116	Associação Desportiva de Palmeiros Sintra	V50	286	00:07:39:22	8138
8178	1854	Maria Trindade	00:46:11	01:30:35	01:30:32	8231		V60	49	00:06:37:10	7532
8179	7561	Brena Nogueira	00:44:38	01:30:38	01:27:50	8139		Senior	954	00:07:15:47	7967
8180	2760	Rubener Filho	00:46:12	01:30:39	01:28:25	8164		V65	75	00:07:05:70	7880
8181	6318	Rute Lopes	00:43:39	01:30:40	01:30:02	8223		V40	393	00:07:57:25	8211
8182	6545	João Sietinga	00:43:37	01:30:40	01:28:02	8146		V60	202	00:07:57:60	8215
8183	2061	Pedro Sérgio	00:42:57	01:30:41	01:29:58	8219	CCD Crédito Agrícola Mútuo	V55	389	00:08:03:85	8241
8184	4376	Rui Duarte	00:41:21	01:30:48	01:29:18	8187	Clube Portugal Telecom	V50	686	00:06:57:61	7808
8185	4375	Isabel Luis	00:41:20	01:30:48	01:29:18	8186	Clube Portugal Telecom	V45	424	00:06:55:33	7777
8186	2788	João Alves	00:49:01	01:30:54	01:27:35	8122	Clube Tecnovia	Senior	1492	00:06:35:14	7497
8187	2643	Ângela Nunes	00:49:02	01:30:55	01:27:37	8123	Clube Tecnovia	V40	394	00:06:35:27	7501
8188	7330	Teresa Silvestre	00:44:27	01:30:55	01:29:24	8197	Associação Corrida Noturna Parque das Nações	V55	143	00:09:14:12	8393
8189	7298	Lucilia Cid	00:43:24	01:30:56	01:29:29	8200	Associação Corrida Noturna Parque das Nações	V60	50	00:09:15:30	8395
8190	3617	Leonor Henriques	00:45:42	01:30:58	01:29:33	8202	Pip's Team	Junior	60	00:07:50:20	8183



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
8191	2605	Jose Serra	00:44:44	01:31:01	01:28:01	8145	Bombeiros Voluntários de Montemor-o-Novo	V50	687	00:06:07:36	6942
8192	2615	Eduardo Madeira	00:44:59	01:31:03	01:27:41	8125	Atletas fortes	V45	869	00:06:18:08	7177
8193	2613	Luisa Madeira	00:45:58	01:31:03	01:27:41	8124	Atletas fortes	V45	425	00:07:03:93	7865
8194	4431	José Sá	00:45:46	01:31:03	01:30:00	8221		V70	26	00:07:30:83	8088
8195	5627	Ana Torres	00:45:04	01:31:05	01:29:47	8212		V45	426	00:06:27:47	7371
8196	10798	João Lourenço	00:45:03	01:31:05	01:29:48	8214		V60	203	00:06:27:98	7380
8197	5628	Manuel Correia	00:45:03	01:31:05	01:29:47	8213		Junior	165	00:06:29:30	7401
8198	11299	Rui Chalante	00:49:18	01:31:10	01:27:29	8121		Senior	1493	00:06:22:60	7267
8199	6774	Micaela Pereira	00:41:42	01:31:14	01:30:47	8236		Senior	955	00:11:42:57	8671
8200	7288	Isilda	00:44:28	01:31:15	01:29:41	8205	Associação Corrida Noturna Parque das Nações	V55	144	00:07:12:05	7935
8201	7315	Olga	00:44:29	01:31:15	01:29:38	8204	Associação Corrida Noturna Parque das Nações	V45	427	00:07:11:88	7934
8202	6856	Tania Geraldo	00:41:45	01:31:15	01:30:48	8237		V45	428	00:11:41:22	8668
8203	1498	Viktoriya Plysyuk	00:47:15	01:31:26	01:28:33	8170		Senior	956	00:06:11:97	7056
8204	4418	João Brito	00:42:54	01:31:27	01:29:21	8191		V50	688	00:09:00:13	8373
8205	2409	Mario Mateus	00:47:13	01:31:28	01:28:09	8154	Clube Novo Banco	V55	390	00:06:47:20	7665
8206	6114	Joao Fialho	00:48:05	01:31:28	01:28:19	8160		V50	689	00:06:27:58	7373
8207	515	Natália Martins	00:44:24	01:31:28	01:31:21	8247	Housemartins Belas	V50	287	00:07:11:00	7926
8208	4799	Lara Carmo	00:43:45	01:31:28	01:30:52	8240		Junior	61	00:07:36:67	8120
8209	4801	Vilma Miranda	00:43:42	01:31:29	01:30:53	8241		V45	429	00:07:37:66	8130





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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
8210	9483	Carina Flora	00:44:11	01:31:36	01:31:08	8242		V40	395	00:08:08:25	8254
8211	7160	Elaisne D'abreu	00:45:05	01:31:36	01:31:35	8251	FIDELIDADE GDC	V40	396	00:06:48:41	7683
8212	2263	José Cavaco	00:46:23	01:31:37	01:28:05	8150		V40	801	00:07:58:00	8218
8213	1704	Ryan Ferreira	00:46:22	01:31:37	01:28:05	8151		V40	802	00:07:57:88	8217
8214	7159	Luís Teixeira	00:45:04	01:31:40	01:30:10	8228	FIDELIDADE GDC	V40	803	00:06:52:20	7741
8215	3549	Élia Cardoso	00:45:26	01:31:41	01:28:18	8159		V40	397	00:07:33:05	8102
8216	6566	Henrique Santos	00:49:30	01:31:43	01:29:31	8201		Senior	1494	00:04:45:43	3500
8217	1516	Luis Proença	00:44:07	01:31:51	01:29:03	8180		V50	690	00:07:19:94	8006
8218	1515	Dulce Sanches	00:44:08	01:31:51	01:29:03	8179		V50	288	00:07:20:03	8007
8219	5467	Alice Domingues	00:43:45	01:31:52	01:29:41	8208		Senior	957	00:09:24:39	8418
8220	4058	Rita Barros	00:43:46	01:31:52	01:29:41	8207		Senior	958	00:09:22:71	8413
8221	6753	Tania Silva	00:46:38	01:31:53	01:28:03	8147		V40	398	00:08:51:95	8347
8222	1833	Susana Rego	00:48:06	01:31:54	01:29:58	8218		Senior	959	00:07:23:90	8033
8223	4063	Cláudia Machado	00:44:30	01:31:54	01:30:42	8235		Senior	960	00:08:36:34	8317
8224	5982	Acácio Negrão	00:43:47	01:32:01	01:29:44	8211		V45	870	00:08:24:14	8293
8225	4203	Joaquim Gabriel	00:43:53	01:32:02	01:31:13	8244		V50	691	00:08:55:15	8359
8226	2532	Rafael Simões	00:44:54	01:32:05	01:28:50	8177		Senior	1495	00:07:58:30	8219
8227	2523	Ricardo Nogueira	00:44:52	01:32:05	01:28:51	8178		Senior	1496	00:07:58:83	8222
8228	7849	Paula Fernandes	00:45:46	01:32:25	01:32:07	8264		V60	51	00:07:39:63	8139



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
8229	1600	Carla Patrício	00:46:30	01:32:31	01:28:41	8172		V45	430	00:06:54:26	7761
8230	2180	Rúben Franco	00:47:53	01:32:31	01:29:16	8184	ADRC Mata de Benfica	Senior	1497	00:07:29:52	8076
8231	6115	Sofia Soares	00:48:07	01:32:32	01:29:23	8196		V40	399	00:07:30:50	8083
8232	8542	Daiane Pereira	00:46:25	01:32:32	01:29:56	8217		V35	347	00:05:59:89	6769
8233	11131	André Matias	00:47:44	01:32:34	01:30:33	8233		Senior	1498	00:06:51:07	7714
8234	3110	Bruna Costa	00:47:42	01:32:34	01:30:33	8232		Senior	961	00:06:51:31	7720
8235	6182	Margarida Vieira	00:44:12	01:32:42	01:31:47	8254		V40	400	00:10:29:09	8541
8236	9556	Ana Lopes	00:45:32	01:32:43	01:32:01	8260	Electrão	V45	431	00:08:09:82	8257
8237	620	Pat Canelas	00:44:14	01:32:43	01:31:48	8255		V45	432	00:10:27:65	8538
8238	7368	Miguel Palma	00:42:41	01:32:47	01:29:43	8210	SD Sports Team	V35	801	00:14:41:18	8719
8239	6224	Antonio Filcho	00:44:44	01:32:47	01:30:03	8224		V65	76	00:09:11:92	8387
8240	7357	Andreia Baptista	00:39:46	01:32:48	01:32:15	8268	SD Sports Team	V40	401	00:15:25:70	8722
8241	7370	Jorge Silva	00:39:46	01:32:48	01:32:16	8269	SD Sports Team	V45	871	00:15:26:03	8723
8242	7358	Joana Sousa	00:42:42	01:32:48	01:29:42	8209	SD Sports Team	Senior	962	00:14:42:93	8720
8243	4022	Diogo Barros	00:45:42	01:32:53	01:32:17	8271		Junior	166	00:08:11:48	8261
8244	4023	Luís Barros	00:45:42	01:32:53	01:32:18	8272		V55	391	00:08:12:00	8262
8245	7161	Ana Silva	00:47:48	01:32:53	01:31:34	8250		V45	433	00:06:49:42	7692
8246	10656	Miguel Pires	00:45:59	01:33:03	01:30:50	8239		V40	804	00:07:47:97	8172
8247	6841	Idalina Esteves	00:41:51	01:33:08	01:32:29	8276		V45	434	00:10:25:70	8532



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
8248	1187	Pedro Cruz	00:45:20	01:33:08	01:32:02	8263		V45	872	00:08:06:07	8247
8249	11069	Luis Ribeiro	00:41:52	01:33:09	01:32:28	8275		V50	692	00:10:26:51	8534
8250	4119	Luisa Pacheco	00:46:50	01:33:10	01:30:30	8230		Junior	62	00:07:24:86	8039
8251	10311	Miguel Jaramillo	00:47:35	01:33:11	01:29:59	8220		Senior	1499	00:07:19:65	8005
8252	9806	Margarida Carlos	00:45:54	01:33:15	01:32:50	8282	Carlos Running Power	Senior	963	00:08:52:49	8352
8253	2732	Carlota Silva	00:44:05	01:33:15	01:32:23	8274	STR Turtles	Senior	964	00:07:47:78	8170
8254	2730	Fernando Silva	00:44:05	01:33:15	01:32:23	8273	STR Turtles	V60	204	00:07:49:22	8178
8255	8341	Gretty Recio	00:47:43	01:33:16	01:29:41	8206		V40	402	00:07:40:94	8148
8256	9804	Ana Nascimento	00:45:53	01:33:16	01:32:52	8289	Carlos Running Power	V35	348	00:08:52:19	8351
8257	9807	João Carlos	00:45:57	01:33:16	01:32:52	8288	Carlos Running Power	V45	873	00:08:52:19	8350
8258	8485	Daniela Amaro	00:45:59	01:33:17	01:30:04	8226	Bolsky	Senior	965	00:07:34:23	8109
8259	11167	Pedro Patrício	00:45:11	01:33:17	01:30:42	8234		Senior	1500	00:07:20:98	8012
8260	9923	Beatriz Correia	00:40:52	01:33:18	01:31:59	8257	Mãe&Filhas	Senior	966	00:07:26:68	8053
8261	9924	Manuela Correia	00:44:31	01:33:18	01:32:00	8258	Mãe&Filhas	V55	145	00:07:26:50	8051
8263	8309	Maria Marques	00:45:37	01:33:23	01:30:49	8238		Senior	967	00:07:29:70	8077
8264	4745	Xana Carmo	00:45:54	01:33:34	01:33:19	8300		V45	435	00:06:02:38	6832
8265	8450	Sandra Alcaide	00:43:29	01:33:38	01:32:46	8280		Senior	968	00:08:09:98	8258
8266	1836	Ketania Oliveira	00:45:36	01:33:40	01:32:01	8262		V40	403	00:07:38:29	8134
8267	10407	Maria Trindade	00:45:39	01:33:40	01:32:00	8259		Senior	969	00:07:36:89	8122



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
8268	8261	Diana Lima	00:45:37	01:33:40	01:32:01	8261		Senior	970	00:07:38:94	8136
8269	4815	Susana Claudino	00:46:09	01:33:42	01:32:47	8281	Velozes & Furiosos	V45	436	00:07:32:60	8095
8270	11230	Laercio Lourenco	00:47:56	01:33:44	01:30:12	8229		V65	77	00:07:47:52	8168
8271	5502	Ana Sofia	00:51:19	01:33:45	01:33:00	8294	Treino no Park	V40	404	00:05:59:38	6757
8272	5426	Ana Sousa	00:51:33	01:33:45	01:33:01	8295	Treino no Park	V45	437	00:05:58:97	6744
8273	9474	Ewerton Santos	00:46:29	01:33:47	01:31:09	8243		Senior	1501	00:07:14:48	7953
8274	1253	Mariana Gonçalves	00:45:46	01:33:48	01:31:39	8252	AMIGOS DE PEVA	Junior	63	00:06:51:51	7725
8275	5478	Domingos Costa	00:45:54	01:34:01	01:33:57	8317		V75	10	00:08:48:32	8341
8276	1902	Marta Martins	00:46:14	01:34:01	01:33:38	8310		Senior	971	00:07:14:04	7949
8277	1925	Catarina Santos	00:46:16	01:34:02	01:33:38	8309		V50	289	00:07:14:73	7957
8278	7688	Cátia Arnaut	00:48:20	01:34:04	01:33:34	8307		V35	349	00:09:02:48	8378
8279	7448	Mariana Ferreira	00:46:16	01:34:07	01:31:28	8248	Ciência Viva	Senior	972	00:07:17:46	7984
8280	7447	Jessica Melo	00:46:18	01:34:07	01:31:29	8249	Ciência Viva	Senior	973	00:07:17:72	7987
8281	1610	Manuela Martins	00:45:11	01:34:07	01:33:45	8313		V60	52	00:08:50:49	8343
8282	1128	Nuno Oliveira	00:45:51	01:34:07	01:31:51	8256		V45	874	00:07:02:61	7858
8283	7615	Gleide Menezes	00:43:25	01:34:09	01:33:53	8316		V70	4	00:08:10:57	8259
8284	7254	Ana Silva	00:47:59	01:34:13	01:32:55	8292		V55	146	00:08:01:58	8233
8285	6604	Tiago Baptista	00:46:55	01:34:14	01:31:45	8253		Senior	1502	00:07:52:52	8196
8286	2300	Vitor Nunes	01:04:22	01:34:14	00:55:00	3123	GDC Banco de Portugal	V50	693	00:04:46:21	3534



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
8287	8638	Mélanie Pereira	01:04:22	01:34:14	00:55:00	3119		V40	405	00:04:46:64	3554
8288	810	Ana Carvalho	00:50:38	01:34:18	01:32:17	8270	As maluquinhas das corridas	Senior	974	00:06:40:54	7588
8289	811	Ana Carvalho	00:50:37	01:34:18	01:32:14	8267	As maluquinhas das corridas	Senior	975	00:06:40:59	7589
8290	8247	Justine Veríssimo	00:40:40	01:34:22	01:34:16	8324		Senior	976	00:11:24:17	8636
8291	2123	Carolina Silva	00:40:58	01:34:25	01:33:02	8296		V35	350	00:06:45:83	7651
8292	2125	Catarina Moreira	00:40:59	01:34:26	01:33:04	8297		Senior	977	00:06:44:78	7642
8293	8499	Mónica Garrido	00:45:35	01:34:26	01:33:30	8306	Mães de Folga	V45	438	00:09:01:47	8376
8294	8498	Maria Cardoso	00:45:41	01:34:27	01:33:29	8305	Mães de Folga	V40	406	00:09:00:78	8374
8295	11140	Mariza Buntubwiimana	00:45:59	01:34:28	01:32:07	8265		Senior	978	00:06:56:21	7790
8296	11141	Jonathan Vieira	00:46:02	01:34:29	01:32:08	8266		Senior	1503	00:06:55:47	7780
8297	10067	Tiago Silva	00:48:31	01:34:35	01:32:51	8283		Senior	1504	00:06:38:28	7550
8298	10064	Madalena Gala	00:48:29	01:34:36	01:32:52	8287		Senior	979	00:06:38:81	7564
8299	5637	Joaquim Limão	00:48:19	01:34:38	01:33:45	8315		V60	205	00:09:02:83	8379
8300	5638	Pixu Limão	00:48:19	01:34:38	01:33:45	8314		V60	53	00:09:03:12	8380
8301	1752	Jorge Borges	00:48:01	01:34:42	01:31:14	8245	The Best Family	V35	802	00:07:53:85	8202
8302	1753	Sonia Xavier	00:48:00	01:34:42	01:31:14	8246	The Best Family	V35	351	00:07:53:35	8201
8303	7139	Tânia Reis	00:44:56	01:34:51	01:32:41	8279		V35	352	00:07:50:76	8186
8304	6189	Rafael Jaime	00:45:58	01:35:15	01:32:33	8277		V55	392	00:08:54:18	8355
8305	6355	Maria Zorrilla	00:45:58	01:35:15	01:32:33	8278		Senior	980	00:08:54:71	8356



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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
8306	10461	Filipa Gonçalves	00:46:40	01:35:19	01:34:03	8319		Senior	981	00:08:49:73	8342
8307	10135	Nuno Francisco	00:46:43	01:35:19	01:34:03	8320		V40	805	00:08:48:05	8340
8308	10853	Yrma Peñalver	00:47:11	01:35:40	01:32:56	8293		Senior	982	00:09:48:80	8466
8309	10854	Leonardo Vieira	00:47:15	01:35:41	01:32:51	8284		Senior	1505	00:09:48:23	8461
8310	1441	José Reis	00:45:58	01:35:46	01:35:04	8340		V65	78	00:08:19:74	8285
8311	1198	Cláudia Ferreira	00:47:31	01:35:48	01:33:19	8301		V35	353	00:06:42:99	7619
8312	10769	Catarina Neves	00:44:39	01:36:01	01:33:17	8299	Lisgarante - Sociedade de Garantia Mútua S.A.	V35	354	00:10:04:53	8489
8313	4503	Maria Araujo	00:45:44	01:36:02	01:35:42	8356		Senior	983	00:09:12:62	8390
8314	8979	João Ferreira	00:46:14	01:36:05	01:34:53	8335	Ginjinha Runners	V50	694	00:08:32:26	8309
8315	8980	Dora Cruz	00:46:11	01:36:05	01:34:54	8336	Ginjinha Runners	V50	290	00:08:32:16	8308
8316	8989	Marisa Sacadura	00:48:39	01:36:12	01:34:15	8323		V40	407	00:07:52:83	8197
8317	3922	Carla Monteiro	00:50:42	01:36:15	01:33:09	8298		V55	147	00:06:31:25	7443
8318	5024	Maria Formiga	00:44:49	01:36:16	01:35:37	8352		V60	54	00:10:02:43	8487
8319	1378	Renato Ariza	00:41:45	01:36:17	01:34:58	8338		V40	806	00:13:24:38	8716
8320	1700	Joana Lopes	00:46:45	01:36:17	01:32:51	8286		Senior	984	00:13:19:85	8715
8321	1702	Ana Alcaface	00:46:43	01:36:18	01:32:51	8285		Senior	985	00:13:19:77	8714
8322	3890	Teresa Oliveira	00:47:09	01:36:20	01:35:29	8345	Gym Friends	V60	55	00:07:48:52	8176
8323	2892	João Afonso	00:46:57	01:36:27	01:32:54	8290		V40	807	00:08:27:35	8301
8324	2893	Joana Silva	00:46:57	01:36:27	01:32:54	8291		Senior	986	00:08:26:83	8300



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
8325	8984	Bruno Mateus	00:48:36	01:36:28	01:35:36	8349		V40	808	00:08:14:60	8269
8326	2218	Luís Branco	00:48:36	01:36:28	01:35:36	8350		V60	206	00:08:14:06	8267
8327	8725	Hugo Olimpio	00:46:15	01:36:30	01:35:27	8343	CCD Tranquilidade	V45	875	00:08:05:18	8243
8328	8733	Luis Neves	00:46:36	01:36:30	01:35:29	8344	CCD Tranquilidade	V50	695	00:08:05:57	8244
8329	8714	Artur Gaio	00:46:17	01:36:31	01:35:30	8346	CCD Tranquilidade	V40	809	00:08:05:90	8246
8330	3364	Ana Pancadas	00:45:57	01:36:34	01:36:12	8362	SlimTyThree	V40	408	00:10:19:69	8518
8331	3362	Pedro Tavares	00:45:57	01:36:34	01:36:12	8361	SlimTyThree	V50	696	00:10:20:47	8521
8332	275	Adriana Chazard	00:47:32	01:36:37	01:34:08	8321		V40	409	00:07:29:00	8068
8333	2315	Ana Pais	00:47:36	01:36:39	01:34:08	8322		V45	439	00:07:33:15	8103
8334	872	Marcelo Tronquini	00:46:20	01:36:46	01:36:33	8368		V50	697	00:09:34:08	8439
8335	430	Paula Silva	00:50:41	01:36:48	01:33:43	8312	Silva's	V50	291	00:07:03:68	7864
8336	431	João Silva	00:50:39	01:36:48	01:33:42	8311	Silva's	V50	698	00:07:03:48	7862
8337	3256	Sónia Duarte	00:47:08	01:36:53	01:34:17	8325		V45	440	00:09:03:94	8381
8338	2614	Maria Barreto	00:47:43	01:36:56	01:33:34	8308	Atletas fortes	V45	441	00:08:42:07	8330
8339	3724	Marcelo Henriques	00:47:50	01:37:01	01:35:00	8339	Clube Brisa	Senior	1506	00:09:18:87	8408
8340	290	Mónica Fernandes	00:49:42	01:37:03	01:35:31	8347		V35	355	00:06:14:20	7094
8341	1860	Nuno Loureiro	00:48:07	01:37:04	01:35:59	8358	Falcões Selvagens	V55	393	00:07:40:89	8147
8342	1448	Karen Leigh	00:47:31	01:37:05	01:34:02	8318		V60	56	00:06:13:04	7080
8343	2950	Maria Viana	00:46:23	01:37:07	01:36:56	8385		V55	148	00:09:15:35	8396



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
8344	2951	Ricardo Viana	00:46:25	01:37:08	01:36:57	8387		V60	207	00:09:16:37	8398
8345	10336	Juan Pulido	00:47:28	01:37:09	01:34:19	8326		V70	27	00:08:37:41	8319
8346	11126	Paulo Agudo	00:46:56	01:37:10	01:36:32	8366		V45	876	00:09:48:03	8460
8347	11124	Salvador Agudo	00:46:57	01:37:11	01:36:32	8367		Junior	167	00:09:48:62	8465
8348	8090	Gabriela Palladino	00:47:35	01:37:14	01:33:28	8303		V40	410	00:07:20:31	8009
8349	8109	Catarina Custódio	00:47:35	01:37:14	01:33:29	8304		V45	442	00:07:20:03	8008
8350	8110	Ana Laura	00:47:38	01:37:15	01:33:28	8302		Junior	64	00:07:21:85	8014
8351	6324	Ana Gouveia	00:49:10	01:37:18	01:34:34	8329		Senior	987	00:08:22:87	8291
8352	6251	Patrícia Medeiros	00:49:12	01:37:18	01:34:33	8328		V35	356	00:08:23:89	8292
8353	6325	Luis Ferreira	00:49:11	01:37:18	01:34:33	8327		V35	803	00:08:22:51	8290
8354	6159	Sandra Gomes	00:45:35	01:37:18	01:34:56	8337	CCDV-Valorsul	V40	411	00:10:03:20	8488
8355	6928	Bruna Dalmazio	00:47:34	01:37:20	01:34:39	8331	McDonald's Organização Fernando Teixeira	Senior	988	00:08:37:32	8318
8356	7179	Joana Duarte	00:49:32	01:37:20	01:34:35	8330		Senior	989	00:08:25:88	8295
8357	6967	Daniela Costa	00:47:34	01:37:21	01:34:40	8333	McDonald's Organização Fernando Teixeira	Senior	990	00:08:38:46	8323
8358	8626	Ester Mendes	00:48:23	01:37:23	01:36:30	8365		V55	149	00:08:42:01	8329
8359	506	António Neves	00:38:57	01:37:27	01:36:55	8384	Hard Running Team Arruda dos Vinhos	V60	208	00:12:14:66	8693
8360	4261	Paulo Coelho	00:49:36	01:37:28	01:35:36	8351		V45	877	00:09:12:12	8388
8361	1269	Maria Pinto	00:53:15	01:37:31	01:36:04	8359	Hoti Hotéis	Senior	991	00:05:36:99	6028
8362	4744	Pedro Fontes	00:45:55	01:37:34	01:37:17	8398		V55	394	00:10:01:19	8486





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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
8363	4746	Marlene Coelho	00:45:54	01:37:34	01:37:19	8399		V45	443	00:10:01:13	8485
8364	4994	Ana Duarte	00:48:23	01:37:46	01:37:23	8400	Zatopeques	V45	444	00:08:19:26	8280
8365	1271	Mafalda Rodrigues	00:53:14	01:37:55	01:36:27	8364	Hoti Hotéis	V35	357	00:05:58:27	6726
8366	4816	Clara Viegas	00:46:29	01:37:59	01:37:05	8391	Velozes & Furiosos	V50	292	00:08:57:91	8366
8367	1798	Tomás Pinto	00:44:35	01:37:59	01:36:41	8371		Junior	168	00:10:49:22	8580
8368	1795	Vanessa Grilo	00:44:35	01:38:00	01:36:44	8373		Senior	992	00:10:49:79	8583
8369	7438	Diana Tavares	00:46:00	01:38:02	01:35:25	8341	Ciência Viva	Senior	993	00:08:30:57	8305
8370	8672	Ana Ramos	00:50:20	01:38:04	01:34:39	8332		V40	412	00:07:30:74	8087
8371	8769	Helena Beja	00:50:21	01:38:05	01:34:41	8334		V45	445	00:07:29:08	8070
8372	1087	Paula Dias	00:43:39	01:38:05	01:37:40	8404		V50	293	00:09:52:00	8476
8373	6435	Cristiana Pinto	00:49:58	01:38:13	01:37:06	8392	Work Hard Play Harder	Senior	994	00:07:24:25	8037
8374	6434	Tiago Roda	00:49:58	01:38:14	01:37:07	8393	Work Hard Play Harder	V40	810	00:07:24:99	8040
8375	2683	Carlos Moreira	00:51:31	01:38:15	01:35:47	8357	CCDTMetroLX	V70	28	00:06:32:89	7474
8376	3970	Carla Martins	00:51:42	01:38:21	01:36:11	8360		V50	294	00:07:59:63	8227
8377	3576	Teresa Santo	00:48:02	01:38:31	01:37:52	8407	Templo da Paz	V40	413	00:09:34:85	8440
8378	3579	José Quadros	00:48:02	01:38:31	01:37:53	8409	Templo da Paz	Junior	169	00:09:35:00	8441
8379	3578	Teresa Afonso	00:41:25	01:38:31	01:37:52	8408	Templo da Paz	V50	295	00:09:35:26	8442
8380	1270	Susana Fragoso	00:53:14	01:38:42	01:37:13	8395	Hoti Hotéis	V40	414	00:06:42:52	7609
8381	4323	Maria Machado	00:49:00	01:38:47	01:38:18	8415	Os Matrecos	V55	150	00:08:15:87	8270



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
8382	4324	Andreia Machado	00:48:58	01:38:47	01:38:17	8414	Os Matrecos	Senior	995	00:08:16:11	8271
8383	1321	Anabela Rodrigues	00:51:28	01:38:48	01:36:12	8363		V45	446	00:08:07:81	8252
8384	8802	Maria Martins	00:47:51	01:38:56	01:36:52	8378		V60	57	00:07:07:82	7891
8385	8953	Maria Fonseca	00:48:33	01:38:56	01:36:54	8381		V50	296	00:07:08:16	7898
8386	5322	Adeniria Leite	00:48:35	01:38:56	01:37:29	8401		V50	297	00:08:51:22	8346
8387	3594	Carlos Alves	00:49:51	01:38:59	01:36:42	8372		V40	811	00:09:17:08	8401
8388	4943	Joao Albuquerque	00:49:51	01:38:59	01:36:40	8369		V40	812	00:09:17:19	8402
8389	3595	Carolina Mangana	00:49:51	01:38:59	01:36:41	8370		V35	358	00:09:18:48	8406
8390	3971	Carlos Domingues	00:51:39	01:39:03	01:36:55	8383		V50	699	00:08:43:94	8336
8391	4014	Luisa Alves	00:51:39	01:39:03	01:36:54	8380		V55	151	00:08:43:59	8334
8392	7539	Vania Pinto	00:51:53	01:39:04	01:35:25	8342		V35	359	00:06:59:19	7829
8393	6486	Tânia Ferreira	00:50:41	01:39:13	01:35:35	8348	CCD Sintrense	V40	415	00:09:20:20	8409
8394	7526	José Costa	00:45:10	01:39:15	01:37:03	8389		Senior	1507	00:11:28:98	8639
8395	6478	Cristina Pinto	00:50:42	01:39:15	01:35:38	8353	CCD Sintrense	V50	298	00:09:21:71	8412
8396	7458	Carla Pereira	00:51:39	01:39:17	01:37:13	8396	Francesinhas, morcelas e sardinhas	V50	299	00:08:25:76	8294
8397	7461	Ana Pereira	00:51:36	01:39:17	01:37:13	8397	Francesinhas, morcelas e sardinhas	V50	300	00:08:26:00	8297
8398	7453	Paulo Gonçalves	00:53:58	01:39:24	01:36:50	8375	Ciência Viva	V40	813	00:09:16:06	8397
8399	299	Sílvia Pinheiro	00:53:35	01:39:27	01:37:56	8410	FIDELIDADE GDC	V45	447	00:06:49:63	7695
8400	7443	Joaquim Saraiva	00:53:57	01:39:27	01:36:52	8377	Ciência Viva	V55	395	00:09:17:29	8403



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
8401	6747	Rita Cordas	00:46:39	01:39:29	01:35:39	8354		V40	416	00:07:47:39	8166
8402	2971	Sílvia Gonçalves	00:46:38	01:39:30	01:35:40	8355		V40	417	00:07:48:12	8173
8403	7456	Maria Mota	00:53:59	01:39:31	01:36:51	8376	Ciência Viva	V65	18	00:09:20:88	8411
8404	3950	Joaquim Neves	00:51:18	01:39:31	01:39:10	8433	TDC	V55	396	00:08:56:39	8364
8405	8732	José Costa	00:49:16	01:39:32	01:36:47	8374	CCD Tranquilidade	V40	814	00:08:30:52	8304
8406	9441	Nuno Cesário	00:47:42	01:39:35	01:37:04	8390		V45	878	00:10:44:39	8571
8407	4596	Mara Quental	00:47:41	01:39:41	01:37:10	8394		Senior	996	00:10:51:93	8587
8408	8739	Neyde Ferreira	00:49:18	01:39:44	01:36:59	8388	CCD Tranquilidade	V40	418	00:08:43:08	8333
8409	8966	Andreia Santos	00:43:35	01:39:46	01:38:55	8424	Guronsan Team do Oeste	V35	360	00:10:59:78	8597
8410	8967	Susana Barardo	00:43:36	01:39:47	01:38:55	8425	Guronsan Team do Oeste	Senior	997	00:10:59:89	8598
8411	5757	Ilídio Alves	00:48:34	01:39:57	01:39:03	8427		V60	209	00:08:55:62	8360
8412	4409	Maria Marques	00:51:17	01:40:03	01:38:14	8412	Marques Family	V70	5	00:08:35:20	8315
8413	4408	Paula Marques	00:51:15	01:40:04	01:38:14	8411	Marques Family	V45	448	00:08:34:51	8311
8414	9496	Ana Gomes	00:48:35	01:40:07	01:39:52	8445		Senior	998	00:09:06:42	8385
8415	7062	Susana Patinho	00:48:36	01:40:14	01:40:00	8449		V45	449	00:09:12:82	8391
8416	4439	Gláucia Pinto	00:49:08	01:40:19	01:37:35	8402		Senior	999	00:07:28:32	8060
8417	3904	Carlos Gama	00:47:53	01:40:24	01:38:15	8413		V60	210	00:08:32:13	8307
8418	8952	João Martins	00:47:50	01:40:25	01:38:22	8417		V65	79	00:08:34:84	8313
8419	7886	Júlia Fernandes	00:50:07	01:40:32	01:40:31	8461		V65	19	00:08:45:14	8338



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
8420	10267	M Gonçalves	00:48:09	01:40:40	01:37:41	8405		Junior	65	00:07:15:68	7969
8421	10569	Mariana Miranda	00:48:11	01:40:41	01:37:42	8406		Junior	66	00:07:14:19	7951
8422	224	Eugenia Almeida	00:52:38	01:40:42	01:37:38	8403		V50	301	00:09:51:48	8475
8423	376	Catarina Costa	00:50:53	01:40:44	01:38:42	8419		V35	361	00:10:16:03	8511
8424	8500	Vera Quelhas	00:48:34	01:40:46	01:39:51	8444	Mães de Folga	V40	419	00:08:41:00	8327
8425	858	Juan Antonio	00:50:16	01:40:48	01:36:53	8379		V45	879	00:07:30:40	8082
8426	8497	Ana Ribeiro	00:48:31	01:40:48	01:39:54	8446	Mães de Folga	V40	420	00:08:42:96	8332
8427	8929	Jose Valle	00:50:17	01:40:49	01:36:55	8382		V40	815	00:07:32:61	8096
8428	8930	Maria Mansilla	00:50:17	01:40:50	01:36:56	8386		V40	421	00:07:30:66	8086
8429	1344	Isabel Nobre	00:48:08	01:40:57	01:40:16	8455	Clube Atletismo Amigos de Belém	V70	6	00:08:30:36	8303
8430	1654	Susana Crespo	00:48:10	01:40:58	01:40:17	8456	Clube Atletismo Amigos de Belém	V60	58	00:08:33:37	8310
8431	8856	Ana Santos	00:48:13	01:41:02	01:38:59	8426		V35	362	00:08:06:98	8249
8432	1250	Elisete Fonseca	00:47:39	01:41:15	01:39:04	8428	AMIGOS DE PEVA	V50	302	00:10:28:94	8540
8433	1249	Sofia Gonçalves	00:45:46	01:41:15	01:39:05	8429	AMIGOS DE PEVA	V45	450	00:10:25:38	8531
8434	8924	Elisabete Basilio	00:47:31	01:41:28	01:39:09	8432		V50	303	00:10:58:42	8594
8435	2030	Paula Ribeiro	00:47:01	01:41:28	01:41:25	8469		V50	304	00:11:06:08	8612
8436	6521	Mario Costa	00:49:32	01:41:31	01:40:07	8451		V60	211	00:10:16:04	8512
8437	5227	Diocelia Bezerra	00:49:33	01:41:32	01:40:08	8454		V45	451	00:10:18:70	8516
8438	5221	Sara Guimarães	00:49:33	01:41:32	01:40:07	8453		V35	363	00:10:18:72	8517



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
8439	6575	Romina Delgado	00:53:40	01:41:37	01:39:40	8441		V35	364	00:07:48:19	8174
8440	6810	Sandra Ferreira	00:53:42	01:41:37	01:39:41	8442		V45	452	00:07:48:59	8177
8441	3381	André Blau	00:49:28	01:41:38	01:39:23	8435		V50	700	00:09:42:08	8449
8442	3382	Adriana Blau	00:49:26	01:41:38	01:39:24	8436		V50	305	00:09:42:37	8450
8443	2761	Jamara Siqueira	00:49:25	01:41:39	01:39:24	8437		V50	306	00:09:43:49	8453
8444	3323	Carla Rebelo	00:52:49	01:41:42	01:38:41	8418		V55	152	00:08:55:03	8358
8445	9730	Sílvia Macedo	00:51:10	01:41:55	01:39:15	8434		V45	453	00:09:26:22	8423
8446	1236	Paulo Rodrigues	00:52:49	01:41:56	01:38:55	8421		V55	397	00:09:06:06	8384
8447	1456	Paulo Sousa	00:52:49	01:41:56	01:38:55	8420		V55	398	00:09:07:88	8386
8448	3785	Fock Wan	00:51:53	01:42:06	01:39:55	8447	Clube Millennium BCP	V70	7	00:08:08:12	8253
8449	10950	Mariechristine Paulsen	00:46:36	01:42:07	01:38:55	8423		V45	454	00:10:11:02	8500
8450	4355	Marcelo Matos	00:46:36	01:42:07	01:38:55	8422		V45	880	00:10:09:93	8497
8451	5706	Davide Inácio	00:51:01	01:42:10	01:38:18	8416		V50	701	00:08:54:95	8357
8452	8857	Liliana Alves	00:48:47	01:42:14	01:40:07	8452		Senior	1000	00:09:18:73	8407
8453	4607	Bruno Apura	00:53:06	01:42:24	01:39:08	8431	Clube Tecnovia	V45	881	00:08:05:80	8245
8454	4608	Ana Rodrigues	00:53:06	01:42:24	01:39:06	8430	Clube Tecnovia	V40	422	00:08:07:64	8251
8455	9729	Carla Bodião	00:51:14	01:42:30	01:39:50	8443		V45	455	00:10:00:39	8483
8456	3302	Aline Silva	00:50:30	01:42:33	01:40:23	8458		V40	423	00:09:18:38	8405
8457	6035	Tiago Branca	00:50:14	01:42:36	01:39:29	8438		V45	882	00:10:27:27	8537



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
8458	10796	Ana Dominguez	00:46:03	01:42:39	01:40:17	8457		V45	456	00:10:57:84	8592
8459	1946	Inês Martins	00:45:21	01:42:41	01:41:12	8465		Senior	1001	00:11:56:88	8682
8460	4739	Inês Salsinha	00:46:47	01:42:43	01:41:56	8475		Senior	1002	00:11:36:34	8660
8461	1906	Raquel Sousa	00:45:22	01:42:43	01:41:14	8466		Senior	1003	00:11:59:34	8686
8462	5010	Sandra Santos	00:46:48	01:42:43	01:41:57	8476		V40	424	00:11:34:93	8654
8463	7446	Luís Borges	00:52:27	01:42:45	01:40:01	8450	Ciência Viva	Senior	1508	00:08:59:87	8372
8464	3702	Maria Ramos	00:52:50	01:42:48	01:40:30	8460	NetJets	V50	307	00:09:30:73	8430
8465	6470	Sandra Antunes	00:50:28	01:42:52	01:40:35	8462	Clube Atletismo Amigos de Belém	V45	457	00:10:05:13	8490
8466	2645	Ana Antunes	00:50:45	01:42:53	01:39:35	8439	Clube Tecnovia	V45	458	00:08:35:97	8316
8467	4604	Susana Mata	00:50:45	01:42:53	01:39:36	8440	Clube Tecnovia	V50	308	00:08:34:85	8314
8468	2813	Inês Rechau	00:52:15	01:43:08	01:42:01	8478	CDCR DOS CTT	Senior	1004	00:09:32:66	8436
8469	2812	Virgínia Almeida	00:52:15	01:43:08	01:42:01	8477	CDCR DOS CTT	V50	309	00:09:32:14	8434
8470	9097	Elisabete Pimentel	00:46:41	01:43:20	01:39:57	8448	Claranet Portugal	V50	310	00:10:15:39	8509
8471	8472	Carolina Madeira	00:52:31	01:43:22	01:41:35	8471	PintosMadeiras	Junior	67	00:07:18:02	7990
8472	8473	Gonçalo Madeira	00:52:32	01:43:22	01:41:34	8470	PintosMadeiras	Junior	170	00:07:17:77	7988
8473	3947	Omar Ammarti	00:52:05	01:43:50	01:43:25	8502	TDC	V55	399	00:11:10:23	8626
8474	3891	Inês D'aguiar	00:50:54	01:43:51	01:43:00	8488	Gym Friends	V45	459	00:09:23:07	8414
8475	3894	Paula D'água	00:50:55	01:43:51	01:43:00	8489	Gym Friends	V55	153	00:09:23:59	8416
8476	3955	Maria Simão	00:51:48	01:43:52	01:43:23	8501	TDC	V55	154	00:11:31:09	8643



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
8477	4042	Carla Rodrigues	00:51:47	01:43:52	01:43:22	8500	TDC	V40	425	00:11:31:07	8642
8478	3953	Palmira Reis	00:51:48	01:43:53	01:43:29	8504	TDC	V55	155	00:10:12:63	8504
8479	3952	Rui Reis	00:51:47	01:43:53	01:43:29	8503	TDC	V55	400	00:10:13:05	8505
8480	1257	Constança Tavares	00:53:51	01:43:54	01:41:46	8473	AMIGOS DE PEVA	Junior	68	00:09:17:99	8404
8481	7725	Nicole Sobral	00:48:53	01:43:54	01:40:26	8459		Senior	1005	00:10:44:15	8570
8482	1259	Cármén Tavares	00:53:51	01:43:56	01:41:48	8474	AMIGOS DE PEVA	V65	20	00:09:20:83	8410
8483	902	Eduarda Carpinteiro	00:51:08	01:43:57	01:41:41	8472		V50	311	00:09:30:01	8428
8484	6688	Filipe Ferreira	00:49:52	01:43:57	01:42:38	8481		V40	816	00:10:43:67	8569
8485	7776	Tânia Lopes	00:50:10	01:43:58	01:42:40	8483		V35	365	00:10:46:44	8577
8486	2398	Fátima Gonçalves	00:50:09	01:43:58	01:42:42	8485	Clube Novo Banco	V45	460	00:10:44:89	8572
8487	10565	Maria Gouveia	00:53:48	01:44:00	01:40:59	8463		V55	156	00:09:15:22	8394
8488	10572	Gonçalo Sousa	00:53:48	01:44:01	01:40:59	8464		V55	401	00:09:16:84	8400
8489	3954	Ricardo Simão	00:51:44	01:44:11	01:43:41	8512	TDC	V55	402	00:12:31:32	8703
8490	6719	Susana Cassebes	00:50:57	01:44:18	01:43:09	8496		V40	426	00:10:58:84	8595
8491	6721	Paula Rodrigues	00:50:56	01:44:18	01:43:09	8495		V40	427	00:10:59:91	8599
8492	5350	Vitor Santos	00:52:19	01:44:19	01:41:21	8467		V50	702	00:08:31:86	8306
8493	5351	Cristina Santos	00:52:21	01:44:21	01:41:23	8468		V50	312	00:08:34:56	8312
8494	926	Regina Rosa	00:52:57	01:44:24	01:42:16	8479		V55	157	00:07:59:16	8224
8495	5501	Mafalda Matias	00:51:19	01:44:30	01:43:47	8513	Treino no Park	Senior	1006	00:09:13:82	8392



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
8496	6837	Paula Filipe	00:47:48	01:44:38	01:42:36	8480		V40	428	00:11:07:81	8617
8497	6315	Ana Sampaio	00:47:41	01:44:39	01:42:41	8484		V40	429	00:11:08:47	8619
8498	3945	Algerina Sousa	00:51:45	01:44:40	01:44:12	8517	TDC	V45	461	00:11:59:88	8687
8499	478	André Santos	00:52:22	01:44:42	01:42:39	8482		Senior	1509	00:10:00:80	8484
8500	5684	Ângela Marcelino	00:50:11	01:44:52	01:44:22	8518		V45	462	00:11:07:06	8616
8501	2748	Joana Lopes	00:52:28	01:45:10	01:42:52	8486		Senior	1007	00:09:25:52	8422
8502	2749	Romina Deca	00:52:29	01:45:10	01:42:52	8487		Senior	1008	00:09:24:92	8421
8503	2921	Lisete Joaquim	00:51:55	01:45:14	01:44:53	8527	GDCT Unice	V45	463	00:10:31:01	8550
8504	2904	Ana Garcia	00:51:55	01:45:15	01:44:54	8528	GDCT Unice	Senior	1009	00:10:29:67	8546
8505	3119	Marina Coutinho	00:52:38	01:45:19	01:45:02	8531		V35	366	00:09:37:10	8444
8506	2762	Maria Pinheiro	00:52:37	01:45:21	01:45:03	8532		V65	21	00:09:38:29	8445
8507	7442	Luís Nogueira	00:55:08	01:45:44	01:43:04	8491	Ciência Viva	V45	883	00:09:44:57	8455
8508	5240	Carla Caetano	00:54:51	01:45:44	01:45:34	8539	Lagartas	V45	464	00:09:45:06	8457
8509	1252	Maria Pereira	00:47:47	01:45:48	01:43:36	8507	AMIGOS DE PEVA	V75	2	00:10:31:05	8551
8510	8116	Ricardo Lira	00:50:42	01:45:53	01:45:35	8540		V45	884	00:11:57:50	8683
8511	7241	Victor Rodrigues	00:47:23	01:45:53	01:45:37	8541		V40	817	00:11:57:72	8684
8512	7242	Nelia Martins	00:47:24	01:45:54	01:45:37	8542		V45	465	00:11:58:75	8685
8513	4771	Beatriz Domingues	00:40:08	01:45:58	01:43:16	8499		Senior	1010	00:12:24:86	8698
8514	4772	Joana Pereira	00:40:07	01:45:58	01:43:15	8497		Senior	1011	00:12:24:40	8696





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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
8515	4770	Mário Batalha	00:40:07	01:45:58	01:43:16	8498		Senior	1510	00:12:24:67	8697
8516	2817	Anabela Lagarto	00:50:35	01:45:59	01:45:07	8534	CDCR DOS CTT	V55	158	00:07:23:72	8032
8517	277	Isabel Veríssimo	00:51:37	01:46:05	01:46:03	8548		V55	159	00:10:29:38	8544
8518	5503	Ana Costa	00:52:15	01:46:06	01:45:22	8538	Treino no Park	V50	313	00:10:32:26	8553
8519	75	Sara Resendes	00:49:36	01:46:06	01:44:34	8523		V35	367	00:13:01:93	8711
8520	1244	Francisco Pereira	00:47:45	01:46:07	01:43:55	8514	AMIGOS DE PEVA	V75	11	00:10:35:18	8556
8521	7825	José Viana	00:51:36	01:46:07	01:46:05	8550		V75	12	00:10:30:51	8549
8522	1005	Sónia Carvalheira	00:53:38	01:46:18	01:43:38	8510		V50	314	00:09:54:75	8480
8523	802	Célia Rosa	00:53:37	01:46:18	01:43:39	8511		V50	315	00:09:55:43	8481
8524	789	Sandra Madeira	00:52:31	01:46:21	01:44:31	8522	PintosMadeiras	V45	466	00:10:17:99	8514
8525	3949	Ana Bonacho	00:52:14	01:46:31	01:46:01	8547	TDC	V40	430	00:11:00:88	8604
8526	3948	Helder Bonacho	00:52:14	01:46:32	01:46:04	8549	TDC	V40	818	00:11:00:71	8602
8527	71	Mariana Botelho	00:54:56	01:46:33	01:43:04	8490		Senior	1012	00:09:49:21	8469
8528	61	Manuel Monteiro	00:54:55	01:46:33	01:43:05	8494		Senior	1511	00:09:49:69	8471
8529	10527	João Carlos	00:54:55	01:46:34	01:43:05	8493		Senior	1512	00:09:48:40	8463
8530	10552	Mafalda Gargaté	00:54:55	01:46:34	01:43:05	8492		Senior	1013	00:09:49:05	8467
8531	6248	Adriana Faria	00:50:25	01:46:39	01:44:57	8529		Senior	1014	00:10:45:44	8573
8532	7690	Rute Pardal	00:51:21	01:46:40	01:43:33	8505		Junior	69	00:11:36:96	8662
8533	6301	Andreia Sousa	00:50:26	01:46:40	01:44:58	8530		Senior	1015	00:10:45:70	8574



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
8534	7610	Marisa Lopes	00:51:20	01:46:41	01:43:36	8506		V40	431	00:11:36:91	8661
8535	6584	Diana Costa	00:44:11	01:46:42	01:45:06	8533	3 Dias na Costa	V35	368	00:10:00:31	8482
8536	3811	Paulo Pais	00:52:49	01:46:42	01:45:50	8546	Clube Millennium BCP	V55	403	00:10:50:42	8584
8537	7701	Isabel Rodrigues	00:53:34	01:46:42	01:45:17	8537		V65	22	00:10:45:71	8575
8538	197	Isaura Santos	00:52:49	01:46:42	01:45:50	8545	Gang do Licor	V50	316	00:10:49:26	8581
8539	212	Joao Garcia	00:46:03	01:46:58	01:44:28	8520	TilldaMoonandBack	V45	885	00:12:05:37	8689
8540	213	Rita Sarmento	00:46:04	01:46:58	01:44:29	8521	TilldaMoonandBack	V40	432	00:12:05:25	8688
8541	1435	Sofia Martins	00:55:46	01:47:02	01:43:36	8508	Cunhados D'Abrigada	Senior	1016	00:07:15:88	7972
8542	1436	André Crispim	00:51:21	01:47:02	01:43:37	8509	Cunhados D'Abrigada	Senior	1513	00:07:14:53	7954
8543	5989	Maria Ribeiro	00:53:37	01:47:13	01:45:16	8536		Senior	1017	00:08:18:52	8277
8544	4240	Maria Lobo	00:53:37	01:47:13	01:45:16	8535	Running from People and Society	Senior	1018	00:08:18:31	8276
8545	793	Susana Pires	00:53:50	01:47:14	01:44:49	8524		V40	433	00:08:56:95	8365
8546	4055	Carlos Coelho	00:53:47	01:47:15	01:44:50	8525		V60	212	00:08:58:61	8369
8547	794	João Ribeiro	00:53:49	01:47:15	01:44:51	8526		V55	404	00:08:59:60	8371
8548	7900	Erica Mendes	00:51:47	01:47:17	01:46:11	8555	ManpowerGroup	V35	369	00:11:38:41	8665
8549	925	Cláudia Paulino	00:54:05	01:47:18	01:46:16	8556	Lisgança	V45	467	00:10:35:71	8558
8550	916	Sara Costa	00:54:07	01:47:19	01:46:17	8557	Lisgança	V45	468	00:10:34:32	8555
8551	918	Alexandra Simões	00:54:06	01:47:19	01:46:22	8558	Lisgança	V45	469	00:10:35:37	8557
8552	189	Rita Maio	00:50:39	01:47:25	01:46:45	8560	Clube Desportivo do Arneiro	Senior	1019	00:11:08:37	8618



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
8553	4696	Mafalda Alves	00:52:54	01:47:41	01:44:08	8516		Senior	1020	00:09:51:45	8474
8554	4692	Nuno Faria	00:52:52	01:47:41	01:44:08	8515		Senior	1514	00:09:52:47	8477
8555	9345	Sara Chalante	00:57:10	01:48:05	01:44:23	8519		V35	370	00:09:31:80	8433
8556	2541	Ana Bárbara	00:53:45	01:48:14	01:45:43	8544		Senior	1021	00:09:26:84	8425
8557	10344	Luis Brandao	00:55:02	01:48:39	01:46:10	8551		V40	819	00:09:47:91	8459
8558	10348	João Brandão	00:55:02	01:48:40	01:46:11	8552		Junior	171	00:09:48:60	8464
8559	10293	Nuno Batista	00:55:02	01:48:40	01:46:11	8553		V50	703	00:09:49:12	8468
8560	2040	Grasiela Santos	00:47:30	01:48:46	01:48:24	8582		V45	470	00:12:45:46	8705
8561	5877	Bina Monteiro	00:54:13	01:48:55	01:48:30	8583	ml sports	V50	317	00:10:50:44	8585
8562	5875	Rosa Neves	00:54:12	01:48:56	01:48:31	8584	ml sports	V45	471	00:10:53:74	8588
8563	191	Fatima Magalhaes	00:50:41	01:48:57	01:48:18	8579	Clube Desportivo do Arneiro	V55	160	00:11:35:53	8657
8564	2542	Maria Carvalho	00:53:45	01:48:58	01:46:28	8559		Senior	1022	00:10:12:24	8502
8565	2863	Helena Pirão	00:54:15	01:49:01	01:48:36	8587	Os Martitos	V50	318	00:10:26:62	8535
8566	2861	Filipa Farinha	00:54:14	01:49:02	01:48:37	8588	Os Martitos	V35	371	00:10:29:30	8543
8567	2862	Susana Leitão	00:54:12	01:49:02	01:48:37	8589	Os Martitos	V45	472	00:10:28:60	8539
8568	10848	Margarida Coelho	00:54:12	01:49:07	01:47:10	8563		V50	319	00:10:37:74	8559
8569	4357	Tiago Bento	00:54:12	01:49:07	01:47:10	8564		V45	886	00:10:39:73	8562
8570	3789	Marinela Inácio	00:54:45	01:49:18	01:47:31	8574	Clube Millennium BCP	V55	161	00:10:22:24	8525
8571	3818	Patricia Santos	00:54:45	01:49:19	01:47:31	8573	Clube Millennium BCP	V40	434	00:10:23:02	8529



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
8572	6839	Eneida Rodrigues	00:53:33	01:49:21	01:47:19	8569		Senior	1023	00:10:49:71	8582
8573	6840	Cláudia Duarte	00:53:33	01:49:22	01:47:18	8568		V35	372	00:10:50:63	8586
8574	11236	Sandra Chalante	00:57:10	01:49:23	01:45:42	8543		Senior	1024	00:09:16:50	8399
8575	5239	Suélia Marques	00:54:54	01:49:26	01:49:17	8601	Lagartas	V45	473	00:09:31:53	8431
8576	10399	Mercedes Rocha	00:54:22	01:49:27	01:47:09	8561		Senior	1025	00:09:49:93	8472
8577	9498	Joaquim Ferreira	00:55:52	01:49:27	01:46:11	8554		V70	29	00:09:32:93	8438
8578	10668	Mónica Contreras	00:54:24	01:49:28	01:47:10	8562		V60	59	00:09:49:34	8470
8579	10119	Rita Borbinha	00:53:22	01:49:34	01:49:06	8596		V40	435	00:11:02:38	8607
8580	10201	Ana Camacho	00:53:21	01:49:34	01:49:05	8595		V55	162	00:11:00:86	8603
8581	1814	Sílvia Gabriel	00:53:31	01:50:03	01:48:48	8590		V55	163	00:10:31:63	8552
8582	10733	Marta Moreira	00:54:40	01:50:07	01:47:44	8577		V40	436	00:11:32:67	8646
8583	10734	Sara Figueiredo	00:54:41	01:50:07	01:47:44	8578		V35	373	00:11:31:33	8644
8584	9144	Ana	00:57:30	01:50:09	01:47:18	8566	Grupo Sousa	Senior	1026	00:09:32:29	8435
8585	9146	Maria Figueiredo	00:57:30	01:50:09	01:47:17	8565	Grupo Sousa	Senior	1027	00:09:32:82	8437
8586	9145	Sofia Batista	00:57:29	01:50:11	01:47:18	8567	Grupo Sousa	Senior	1028	00:09:35:97	8443
8587	9143	Paula Miranda	00:57:28	01:50:16	01:47:25	8570	Grupo Sousa	V40	437	00:09:40:03	8446
8588	6090	Sara Luz	00:55:20	01:50:19	01:49:07	8597		Senior	1029	00:10:22:37	8527
8589	6091	Luís Luz	00:43:30	01:50:19	01:49:08	8598		V50	704	00:29:02:91	8726
8590	5978	Ana Luz	00:55:20	01:50:19	01:49:08	8599		V45	474	00:10:22:33	8526



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
8591	3448	Raquel Póvoas	00:56:01	01:50:21	01:47:34	8575		Senior	1030	00:10:09:05	8496
8592	3449	Regina Araújo	00:56:03	01:50:21	01:47:34	8576		V45	475	00:10:10:52	8498
8593	4978	Maria Simões	00:55:56	01:50:28	01:49:51	8610		V55	164	00:10:25:77	8533
8594	8679	Susana Rodrigues	00:54:06	01:50:33	01:50:11	8617		V45	476	00:11:06:37	8613
8595	2766	Catarina Costa	00:54:05	01:50:34	01:50:12	8618		Senior	1031	00:11:08:79	8621
8596	3960	Fátima Brito	00:54:49	01:50:52	01:50:26	8619	TDC	V55	165	00:11:01:97	8606
8597	3957	Rafaela Tomás	00:54:50	01:50:53	01:50:52	8626	TDC	V50	320	00:11:01:91	8605
8598	2816	Pedro Galguinho	00:50:35	01:50:53	01:50:01	8613	CDCR DOS CTT	V50	705	00:12:17:96	8694
8599	1243	Adelino Gonçalves	00:56:30	01:50:57	01:48:50	8593	AMIGOS DE PEVA	V75	13	00:07:08:11	7897
8600	3958	Alice Gaspar	00:54:50	01:50:57	01:50:31	8621	TDC	V55	166	00:11:03:98	8609
8601	1251	Cláudia Gonçalves	00:56:31	01:50:57	01:48:49	8592	AMIGOS DE PEVA	V40	438	00:07:07:43	7888
8602	3956	José Júlio	00:54:50	01:50:57	01:50:33	8625	TDC	V75	14	00:11:03:34	8608
8603	1255	Carolina Calado	00:56:31	01:50:58	01:48:48	8591	AMIGOS DE PEVA	Junior	70	00:07:08:00	7894
8604	1258	Albina Gonçalves	00:56:32	01:50:58	01:48:50	8594	AMIGOS DE PEVA	V75	3	00:07:08:85	7907
8605	6542	Daniela Mariano	00:55:09	01:51:11	01:49:15	8600		V40	439	00:09:29:20	8427
8606	6654	Inês Pinheiro	00:55:43	01:51:21	01:47:26	8571		Senior	1032	00:11:05:46	8610
8607	6653	André Monteiro	00:55:43	01:51:22	01:47:27	8572		Senior	1515	00:11:05:63	8611
8608	1256	Inês Gonçalves	00:56:30	01:51:31	01:49:25	8605	AMIGOS DE PEVA	Junior	71	00:07:42:09	8150
8609	1246	Susana Oliveira	00:56:26	01:51:31	01:49:24	8604	AMIGOS DE PEVA	V45	477	00:07:42:78	8155



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
8610	1375	Ana Pereira	00:53:30	01:51:38	01:49:23	8603	Bora lá... é já ali	V50	321	00:09:48:39	8462
8611	1374	Felisbela Pereira	00:53:29	01:51:39	01:49:23	8602	Bora lá... é já ali	V50	322	00:09:50:44	8473
8612	9748	Marta Rodrigues	00:58:06	01:51:39	01:48:35	8585	AS MARAVILHOSAS	V50	323	00:10:05:51	8491
8613	9749	Cristina Abrantes	00:58:05	01:51:39	01:48:36	8586	AS MARAVILHOSAS	V35	374	00:10:06:35	8494
8614	1376	Felisbela Rocha	00:53:28	01:51:42	01:49:27	8606	Bora lá... é já ali	V55	167	00:09:54:54	8479
8615	313	Carina Trindade	00:55:05	01:51:42	01:51:16	8628		V35	375	00:10:54:23	8589
8616	322	Fábio Alves	00:55:06	01:51:43	01:51:17	8629		V35	804	00:10:55:12	8590
8617	1245	Pedro Gonçalves	00:56:28	01:51:43	01:49:34	8609	AMIGOS DE PEVA	V45	887	00:07:54:37	8204
8618	9187	Dulce Marina	00:55:07	01:51:43	01:51:17	8630		V45	478	00:10:57:20	8591
8619	799	Rosa Passos	00:46:13	01:51:45	01:51:08	8627		V45	479	00:33:56:45	8727
8620	6791	Carla Almeida	00:57:11	01:51:46	01:49:28	8607		V45	480	00:10:20:55	8523
8621	6911	Sonia Pereira	00:57:12	01:51:47	01:49:29	8608		V40	440	00:10:21:20	8524
8622	1438	António Sousa	00:51:21	01:51:47	01:48:22	8581	Cunhados D'Abrigada	V35	805	00:11:06:65	8614
8623	1437	Joana Martins	00:55:47	01:51:48	01:48:21	8580	Cunhados D'Abrigada	Senior	1033	00:11:06:82	8615
8624	4405	Cleidson Constant	00:54:32	01:52:03	01:51:26	8632	Amigos do Container	V40	820	00:11:42:96	8672
8625	4407	Mario Sousa	00:54:32	01:52:04	01:51:29	8635	Amigos do Container	Senior	1516	00:11:44:95	8673
8626	8876	Melodye Dean	00:51:42	01:52:33	01:52:28	8653		V75	4	00:11:30:49	8641
8627	7479	Nelson Ferreira	00:52:39	01:52:42	01:50:07	8615		V45	888	00:12:05:67	8690
8628	6600	Joana Correia	00:52:41	01:52:44	01:50:09	8616		V35	376	00:12:07:35	8691



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
8629	3696	Rúben Veras	00:55:44	01:52:53	01:50:31	8622	NetJets	Senior	1517	00:10:11:85	8501
8630	3697	Alice Pereira	00:55:43	01:52:54	01:50:33	8624	NetJets	Senior	1034	00:10:10:90	8499
8631	9684	Miguel Simões	00:47:30	01:52:59	01:52:17	8650		Senior	1518	00:11:42:56	8670
8632	7041	Catarina Simões	00:53:28	01:53:07	01:50:27	8620	McDonald´s Organização Fernando Teixeira	Senior	1035	00:11:46:10	8675
8633	7428	Diana Oliveira	00:54:02	01:53:08	01:49:58	8611		Senior	1036	00:11:45:41	8674
8634	3869	André Fragoso	00:55:07	01:53:14	01:50:00	8612	DXC Running Team	Senior	1519	00:11:18:67	8634
8635	5054	Silvana Fernandes	00:55:10	01:53:15	01:50:02	8614		V35	377	00:11:18:87	8635
8636	11087	Nuno Marques	00:58:12	01:53:43	01:50:32	8623	KLx Running Team	V50	706	00:10:22:83	8528
8637	2603	Patricia Malhão	00:58:55	01:53:54	01:52:09	8647	Bombeiros Voluntários de Montemor-o-Novo	Senior	1037	00:10:18:57	8515
8638	2607	António Gaspar	00:59:00	01:53:55	01:52:07	8644	Bombeiros Voluntários de Montemor-o-Novo	V60	213	00:10:15:00	8508
8639	6819	Miguel Gatinho	00:57:12	01:53:58	01:51:40	8639		V40	821	00:11:11:56	8628
8640	6908	Maria Costa	00:57:12	01:53:58	01:51:43	8640		V55	168	00:11:13:04	8631
8641	10808	Jéssica Castro	00:58:12	01:54:03	01:52:11	8649		Senior	1038	00:10:48:16	8579
8642	10809	Fernando Pina	00:58:12	01:54:03	01:52:10	8648		V45	889	00:10:46:81	8578
8643	10275	Margarida Braga	00:59:19	01:54:03	01:51:27	8634		V35	378	00:10:13:36	8507
8644	2679	Raquel Coelho	00:59:21	01:54:08	01:51:33	8636		V35	379	00:10:15:49	8510
8645	2128	Catarina Santos	00:59:19	01:54:10	01:51:36	8638		V35	380	00:10:16:92	8513
8646	2129	Joana Martins	00:59:21	01:54:10	01:51:35	8637		V35	381	00:10:19:73	8519
8647	10911	Carlos Caramona	00:54:01	01:54:21	01:53:04	8663		V45	890	00:09:04:11	8382



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
8648	10687	Dina Antunes	00:54:00	01:54:22	01:52:38	8654		V40	441	00:07:50:01	8182
8649	10964	Leonor Caramona	00:54:01	01:54:23	01:53:05	8664		V40	442	00:09:05:36	8383
8650	686	Daniela Barros	00:59:25	01:54:33	01:52:43	8661	Tenthpin	V35	382	00:10:58:32	8593
8651	687	Andreia Oliveira	00:59:27	01:54:34	01:52:44	8662	Tenthpin	V35	383	00:10:59:07	8596
8652	3558	Ana Póvoa	00:56:58	01:54:36	01:51:58	8641		V50	324	00:11:34:21	8650
8653	3559	João Pedro	00:56:59	01:54:38	01:51:59	8642		V50	707	00:11:35:88	8659
8654	3538	Margarida Figueira	00:57:01	01:54:38	01:51:59	8643		V50	325	00:11:35:36	8655
8655	7680	Tatiana Varela	01:01:28	01:54:41	01:54:13	8680		Senior	1039	00:09:26:59	8424
8656	10035	Ivo Fernandes	00:54:08	01:54:44	01:54:09	8673		V35	806	00:09:01:31	8375
8657	10036	Margarida Conduto	00:53:55	01:54:44	01:54:10	8674		V40	443	00:09:01:78	8377
8658	4298	Mariana Alves	01:01:28	01:54:44	01:53:56	8671		Senior	1040	00:09:30:13	8429
8659	326	Maria Jeremias	00:56:51	01:54:53	01:51:24	8631		Senior	1041	00:11:15:05	8632
8660	325	Bruno Jeremias	00:56:58	01:54:56	01:51:27	8633		V45	891	00:11:17:23	8633
8661	9153	Susete Gualdino	00:57:46	01:55:18	01:52:38	8655	Grupo Sousa	V50	326	00:11:33:34	8647
8662	9152	Mafalda Fernandes	00:58:04	01:55:18	01:52:40	8656	Grupo Sousa	Senior	1042	00:11:34:13	8649
8663	9151	Tiago Canilhas	00:58:04	01:55:20	01:52:42	8660	Grupo Sousa	Junior	172	00:11:35:41	8656
8664	4072	Sofia Sousa	00:59:15	01:55:51	01:53:13	8667		Senior	1043	00:10:41:95	8567
8665	4080	Joana Ferreira	00:59:15	01:55:51	01:53:14	8668		Senior	1044	00:10:40:14	8563
8666	3026	Alexandre Pereira	00:59:14	01:55:51	01:53:14	8669		V40	822	00:10:41:82	8566





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## CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
8667	10083	Joana Vinhais	00:58:59	01:56:00	01:53:11	8665	CALIBRI	V45	481	00:11:28:59	8638
8668	10085	Santiago Brites	00:59:01	01:56:01	01:53:12	8666	CALIBRI	Junior	173	00:11:29:80	8640
8669	10210	Frederico Casimiro	00:54:07	01:56:03	01:55:29	8691		V45	892	00:10:20:50	8522
8670	10247	Margarida Ramos	00:53:54	01:56:03	01:55:30	8694		V40	444	00:10:20:32	8520
8671	10281	Gisela Barreiro	00:57:25	01:56:10	01:52:41	8657		Senior	1045	00:11:55:07	8680
8672	2387	Guida Ribeiro	00:57:26	01:56:10	01:52:41	8658	Clube Novo Banco	V45	482	00:11:54:60	8679
8673	10280	Catarina Ribeiro	00:57:24	01:56:12	01:52:42	8659		V40	445	00:11:56:21	8681
8674	4689	Catarina Cipriano	01:00:09	01:56:12	01:52:21	8651		Senior	1046	00:10:29:40	8545
8675	4737	Andreia Barro	01:00:09	01:56:13	01:52:22	8652		Senior	1047	00:10:30:00	8547
8676	10958	Tania Antunes	00:56:15	01:56:27	01:54:44	8683		V40	446	00:11:33:41	8648
8677	7902	Joana Paz	00:57:22	01:56:30	01:55:31	8696	ManpowerGroup	V35	384	00:10:30:07	8548
8678	7897	Michele Dallasen	00:57:23	01:56:30	01:55:33	8699	ManpowerGroup	V40	447	00:10:33:43	8554
8679	10948	Eugénia Lourenço	00:56:14	01:56:30	01:54:48	8684		V55	169	00:11:37:23	8663
8680	9771	Beatriz Caetano	01:00:06	01:56:34	01:52:08	8645		Senior	1048	00:06:39:67	7580
8681	9336	Pedro Abalada	01:00:04	01:56:35	01:52:09	8646	Clube Accenture	Senior	1520	00:06:39:73	7582
8682	2316	Fernando Pais	00:57:38	01:56:40	01:54:10	8675		V50	708	00:11:34:54	8651
8683	699	Ana Silva	00:57:38	01:56:40	01:54:04	8672		Senior	1049	00:11:34:85	8653
8684	9150	Luis Canilhas	00:57:47	01:57:00	01:54:22	8681	Grupo Sousa	V55	405	00:13:01:27	8710
8685	9149	Maria Palma	00:57:46	01:57:01	01:54:23	8682	Grupo Sousa	V50	327	00:13:02:34	8712



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
8686	7134	João Leal	00:57:00	01:57:14	01:57:09	8709		V45	893	00:12:29:79	8701
8687	7124	Carlos Picado	00:56:44	01:57:14	01:57:08	8708		V40	823	00:12:30:09	8702
8688	10787	Eduardo Manso	00:59:08	01:57:23	01:54:11	8676		V60	214	00:11:35:84	8658
8689	10617	Maria Silva	00:59:05	01:57:24	01:54:13	8677	Damas	V45	483	00:11:51:39	8678
8690	10618	Joana Gaspar	00:59:07	01:57:24	01:54:13	8678	Damas	V40	448	00:11:51:12	8677
8691	10619	Sofia Ferreira	00:59:07	01:57:25	01:54:13	8679	Damas	V40	449	00:11:37:81	8664
8692	8094	Vera Ferreira	00:55:22	01:57:33	01:55:31	8695	As maluquinhas das corridas	Senior	1050	00:12:12:11	8692
8693	7898	Natacha Dinis	00:57:24	01:57:36	01:56:36	8705	ManpowerGroup	V40	450	00:11:32:34	8645
8694	10676	Maria Chaves	00:58:52	01:57:43	01:53:50	8670		V35	385	00:11:34:83	8652
8695	6341	Luisa Loureiro	00:58:37	01:57:57	01:54:51	8685		V70	8	00:12:25:29	8699
8696	274	Ismênia Teixeira	00:58:38	01:57:58	01:54:51	8686		V60	60	00:12:23:52	8695
8697	3701	Mara Arrenega	01:02:09	01:57:58	01:55:36	8700	NetJets	Senior	1051	00:09:40:12	8447
8698	8081	Helena Serra	01:03:48	01:57:58	01:55:14	8688	NetJets	V45	484	00:06:56:87	7796
8699	1588	Inês Martins	01:03:48	01:57:58	01:55:13	8687		Senior	1052	00:06:57:25	7801
8700	3709	Rita Simões	01:02:10	01:57:59	01:55:40	8702	NetJets	V40	451	00:09:41:28	8448
8701	8412	Sandra Brito	00:58:11	01:58:09	01:55:16	8689		V45	485	00:11:41:82	8669
8702	8265	Fernanda Albano	01:01:37	01:58:16	01:55:39	8701		V55	170	00:09:29:04	8426
8703	9373	Germinia Portela	01:01:37	01:58:20	01:55:44	8703		V65	23	00:09:44:91	8456
8704	2793	Sandra Santos	01:00:06	01:58:28	01:55:29	8693		V50	328	00:10:39:13	8561



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
8705	2792	Paulo Marinho	01:00:05	01:58:28	01:55:32	8698		V50	709	00:10:40:27	8564
8706	2791	André Marinho	01:00:06	01:58:29	01:55:29	8692		V40	824	00:10:40:69	8565
8707	3716	Raquel Gonçalves	01:02:10	01:58:31	01:56:08	8704	NetJets	V40	452	00:10:12:49	8503
8708	8611	Isabel Cruz	01:00:01	01:58:37	01:55:29	8690		V50	329	00:11:40:85	8667
8709	312	Luisa Martins	01:00:04	01:58:37	01:55:31	8697		V50	330	00:11:39:42	8666
8710	301	Ana Santos	00:59:40	01:58:38	01:57:07	8707	FIDELIDADE GDC	V50	331	00:11:00:27	8601
8711	300	Carla Olas	00:59:40	01:58:38	01:57:07	8706	FIDELIDADE GDC	V40	453	00:11:00:16	8600
8712	9314	Paula Antunes	00:59:17	01:59:20	01:58:30	8716		V45	486	00:09:43:07	8452
8713	6338	Ana Letras	00:59:19	01:59:21	01:58:31	8717	CDCR DOS CTT	V50	332	00:09:43:80	8454
8714	11191	Ana Marques	01:00:41	01:59:33	01:58:21	8712		Senior	1053	00:11:08:62	8620
8715	11192	Rita Loureiro	01:00:40	01:59:35	01:58:21	8713		Senior	1054	00:11:09:82	8624
8716	2070	Vitor Quintas	00:59:11	01:59:45	01:58:57	8720	Papatrilhos	V65	80	00:11:12:18	8630
8717	2073	Jose Magro	00:59:11	01:59:45	01:58:55	8718	Papatrilhos	V50	710	00:11:10:54	8627
8718	2069	Ana Marecos	00:59:12	01:59:46	01:58:57	8719	Papatrilhos	V45	487	00:11:09:86	8625
8719	2071	Maria Ribeiro	00:59:12	01:59:47	01:58:59	8721	Papatrilhos	V60	61	00:11:09:78	8623
8720	5404	Alda Loureiro	01:00:18	01:59:50	01:57:14	8710		V60	62	00:13:08:96	8713
8721	11157	Joao Martins	01:00:19	02:00:07	01:57:31	8711		V60	215	00:13:26:08	8717
8722	7497	Evanice Barbosa	00:59:25	02:00:12	01:59:49	8723		V35	386	00:10:05:85	8493
8723	7682	Isabel Vieira	00:59:25	02:00:12	01:59:50	8724		V40	454	00:10:05:79	8492



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30 DEZ'23 | 16ª EDIÇÃO

# CLASSIFICAÇÃO

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
8724	5149	Maria Anjos	01:01:29	02:00:24	01:58:25	8714		V65	24	00:10:43:47	8568
8725	5155	Marta Silva	01:01:28	02:00:25	01:58:27	8715		V35	387	00:10:46:18	8576
8726	1186	Maria Lopes	01:01:28	02:01:00	02:00:08	8725		V40	455	00:11:09:62	8622
8727	1189	Rita Lopes	01:01:28	02:01:02	02:00:14	8726		V45	488	00:11:11:76	8629
8728	2485	Sara Pedro	00:59:57	02:01:41	01:59:21	8722		Senior	1055	00:11:26:44	8637
8729	2473	Maria Pedro	00:59:59	02:05:41	02:03:21	8727		V60	63	00:15:10:73	8721