



S ã O S I L V E S T R E
LISBOA

CLASSIFICAÇÃO '21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1	2	Samuel Barata	00:14:16	00:28:43	00:28:42	1	Sport Lisboa e Benfica	Senior	1	00:02:29	1
2	7	Miguel Borges	00:14:16	00:29:02	00:29:02	2	Sporting Clube Portugal	Senior	2	00:02:42	5
3	8607	Isaac Nader	00:14:27	00:29:21	00:29:20	3	Sport Lisboa e Benfica	Senior	3	00:02:39	3
4	8591	Miguel Marques	00:14:27	00:29:41	00:29:41	4	Sporting Clube Portugal	Senior	4	00:02:41	4
5	8	Duarte Gomes	00:14:27	00:29:54	00:29:53	5	Sport Lisboa e Benfica	Senior	5	00:02:53	14
6	8680	Paulo Rosário	00:14:16	00:30:11	00:30:10	6	Sporting Clube de Braga	Senior	6	00:02:46	7
7	3	João Pereira	00:14:16	00:30:12	00:30:11	7	Sport Lisboa e Benfica	Senior	7	00:02:47	8
8	539	Pablo Carrión	00:15:33	00:31:17	00:31:16	8		Senior	8	00:02:39	2
9	6508	Hugo Figueiredo	00:15:33	00:31:19	00:31:19	9		Senior	9	00:02:43	6
10	8956	José Gaspar	00:15:53	00:32:04	00:32:03	10	Clube de Futebol "Os Belenenses"	V40	1	00:02:49	10
11	8426	João Baioa	00:15:43	00:32:17	00:32:16	11	Sport Lisboa e Benfica	Senior	10	00:02:55	19
12	7714	Bruno Lourenço	00:15:53	00:32:18	00:32:17	12	GFD Running	Senior	11	00:02:53	15
13	1698	João Figueiredo	00:15:54	00:32:24	00:32:23	13		Senior	12	00:02:56	22
14	9195	Hugo Ganchas	00:15:34	00:32:29	00:32:28	14	São Salvador do Campo	Senior	13	00:02:57	23
15	8430	Filipe Fialho	00:15:43	00:32:45	00:32:44	15	Sport Lisboa e Benfica	Senior	14	00:03:00	29
16	2555	Hon Chow	00:16:07	00:32:46	00:32:44	16		Senior	15	00:02:52	13
17	8961	Filipe Lopes	00:16:08	00:32:49	00:32:48	17	Clube de Futebol "Os Belenenses"	Senior	16	00:02:55	20
18	4	Mariana Machado	00:16:30	00:33:09	00:33:08	18	Sporting Clube de Braga	Senior	1	00:02:58	24
19	8212	Gonçalo Prudêncio	00:16:08	00:33:14	00:33:13	19		Senior	17	00:02:54	16



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
20	8213	Alexandre Nobre	00:15:33	00:33:15	00:33:14	20		Senior	18	00:03:03	37
21	8428	Duarte Cunha	00:16:31	00:33:22	00:33:21	21	Sport Lisboa e Benfica	Senior	19	00:02:56	21
22	7412	João Dias	00:16:43	00:33:29	00:33:25	22		Junior	1	00:02:51	11
23	7702	Manuel Muando	00:16:08	00:33:29	00:33:28	23		V35	1	00:03:03	38
24	6771	Nuno Rocha	00:16:19	00:33:30	00:33:28	24		V45	1	00:03:00	28
25	3887	Filipe Henriques	00:16:20	00:33:34	00:33:32	25		Senior	20	00:03:05	48
26	3916	Diogo Baena	00:16:33	00:33:43	00:33:39	26		V35	2	00:03:01	30
27	538	Nicolas Nieves	00:16:19	00:33:44	00:33:43	27		Senior	21	00:02:51	12
28	2341	Victor Cerqueira	00:16:53	00:33:45	00:33:45	28	CAPenafirme	Senior	22	00:02:54	17
29	8741	Lia Lemos	00:16:31	00:33:47	00:33:46	29	Sporting Clube Portugal	Senior	2	00:03:05	45
30	8339	Tiago Godinho	00:16:14	00:33:51	00:33:50	30		Senior	23	00:03:07	57
31	7392	Marco Gomes	00:16:21	00:33:59	00:33:56	31		V45	2	00:03:09	71
32	455	Rui Guereiro	00:16:38	00:34:11	00:34:10	32		V50	1	00:03:06	52
33	1	Jéssica Augusto	00:16:30	00:34:13	00:34:12	33	Sporting Clube Portugal	V40	1	00:03:14	107
34	5597	Hugo Pina	00:16:26	00:34:17	00:34:15	34		V40	2	00:02:59	27
35	3563	Pedro Lopes	00:16:33	00:34:19	00:34:17	35	NARM MESSEJANA	Senior	24	00:03:07	59
36	752	João Jesus	00:16:28	00:34:25	00:34:23	36		Senior	25	00:03:13	104
37	5258	Henrique Ubach	00:16:47	00:34:26	00:34:24	37		V35	3	00:02:59	26
38	5	Susana Francisco	00:16:43	00:34:26	00:34:25	39	Sporting Clube de Braga	Senior	3	00:03:02	32



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
39	4635	Paulo Benevente	00:16:49	00:34:27	00:34:25	38		V40	3	00:02:55	18
40	7967	David Matos	00:16:51	00:34:46	00:34:44	41	ONTRISPORTS	V50	2	00:03:08	67
41	3938	Euclides Almeida	00:17:10	00:34:46	00:34:43	40	G.D.R. São Francisco da Serra	V40	4	00:03:01	31
42	2337	José Mota	00:17:00	00:34:49	00:34:46	42	CAPenafirme	Senior	26	00:03:03	40
43	7986	Rui Narigueta	00:16:41	00:34:53	00:34:52	43	ONTRISPORTS	V45	3	00:03:14	112
44	748	Octávio Vicente	00:16:51	00:35:04	00:35:03	44		V35	4	00:03:05	49
45	6080	Tiago Lousa	00:17:28	00:35:07	00:35:03	45		V35	5	00:02:58	25
46	7564	Daniel Araújo	00:17:11	00:35:07	00:35:06	47		V35	6	00:03:04	44
47	8369	António Sousa	00:17:12	00:35:08	00:35:06	46		V50	3	00:03:08	66
48	4015	João Ferreira	00:16:49	00:35:10	00:35:09	48	ForSports	Senior	27	00:03:09	74
49	5214	Julio Finote	00:17:07	00:35:14	00:35:13	50	Clube Novo Banco	V50	4	00:03:07	58
50	3936	Emanuel Diogo	00:17:26	00:35:15	00:35:13	49	G.D.R. São Francisco da Serra	Senior	28	00:03:08	64
51	8143	Manuel Fonseca	00:16:43	00:35:16	00:35:14	51	CCD TRANQUILIDADE	V35	7	00:03:06	55
52	8967	Rodolfo Vilela	00:17:27	00:35:17	00:35:14	52	Clube de Futebol "Os Belenenses"	Senior	29	00:03:03	39
53	6382	Miguel Catarino	00:16:28	00:35:20	00:35:19	54		Junior	2	00:03:14	110
54	8560	Joao Fragoso	00:16:59	00:35:21	00:35:18	53	ONTRISPORTS	V40	5	00:03:09	70
55	284	Tiago Lopes	00:17:39	00:35:23	00:35:20	55		Senior	30	00:03:03	41
56	275	Nuno Soares	00:17:21	00:35:23	00:35:20	56		V35	8	00:03:14	106
57	4863	Tomás Estevães	00:17:00	00:35:24	00:35:21	57		Senior	31	00:03:09	75



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
58	1855	Bruno Rolim	00:17:14	00:35:31	00:35:28	58		V35	9	00:03:15	121
59	4323	João Marreiros	00:17:30	00:35:32	00:35:32	60	SeaWolves	V50	5	00:03:07	61
60	3221	Roberto Guerreiro	00:17:12	00:35:33	00:35:31	59	RB RUNNING	V40	6	00:03:05	50
61	1781	2021 01781	00:17:11	00:35:36	00:35:34	61		V40	7	00:03:10	86
62	5129	Ricardo Reis	00:17:13	00:35:36	00:35:35	62	Associação Desportiva NúcleOeiras - ADNO	V40	8	00:03:13	102
63	257	Frederico Cerdeira	00:17:14	00:35:37	00:35:35	63		V40	9	00:03:13	105
64	571	Nuno Silva	00:17:44	00:35:39	00:35:36	64	HeCaTEAM	V40	10	00:03:08	63
65	8466	Sérgio Batalha	00:17:28	00:35:43	00:35:39	65	CUA Benaventense	V50	6	00:03:12	96
66	7340	Tomás Teixeira	00:17:02	00:35:45	00:35:44	66		Junior	3	00:03:06	54
67	7804	Martim Nunes	00:17:42	00:35:47	00:35:45	67		V45	4	00:03:07	56
68	3449	Pedro Fernandes	00:17:26	00:35:48	00:35:46	69		V40	11	00:03:07	60
69	6651	António Fortuna	00:17:15	00:35:49	00:35:46	68		V35	10	00:03:08	65
70	782	Pedro Machado	00:17:36	00:35:51	00:35:48	70		V35	11	00:03:06	51
71	544	João Pires	00:17:12	00:35:52	00:35:50	72		V45	5	00:03:11	90
72	5847	João Ferreira	00:17:43	00:35:53	00:35:49	71		V45	6	00:03:05	46
73	6103	André Melo	00:17:27	00:35:54	00:35:52	73	Correr Lisboa	V40	12	00:03:06	53
74	4701	André Pinto	00:17:28	00:35:56	00:35:52	74	Sport Clube de Freamunde	V35	12	00:03:16	127
75	8590	Laura Taborda	00:17:26	00:35:58	00:35:56	77	Sporting Clube Portugal	Senior	4	00:03:12	97
76	380	Paulo Torres	00:17:43	00:35:59	00:35:58	80		V45	7	00:03:07	62



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
77	7975	João Cordeiro	00:17:40	00:35:59	00:35:58	79	ONTRISPORTS	Senior	32	00:03:14	111
78	8349	Lino Barruncho	00:17:43	00:35:59	00:35:56	78		V45	8	00:03:12	98
79	723	Hugo Dourado	00:17:42	00:36:00	00:35:56	75		V40	13	00:03:10	79
80	2636	Pedro Amaro	00:18:02	00:36:02	00:35:56	76	Clube EDP Lisboa	Senior	33	00:03:02	35
81	8684	Mónica Silva	00:17:44	00:36:03	00:36:02	81	São Salvador do Campo	Senior	5	00:03:12	94
82	5036	Bruno Pontes	00:17:28	00:36:11	00:36:08	83	marvila jovem	V35	13	00:03:21	163
83	1924	José Simões	00:17:50	00:36:11	00:36:09	85	Amigos do Atletismo de Mafra	V45	9	00:03:02	34
84	8757	Frederico Lázaro	00:18:03	00:36:11	00:36:06	82		V40	14	00:03:09	72
85	255	Filipe Marques	00:17:28	00:36:12	00:36:10	86		V35	14	00:05:13	3889
86	8947	Paulo Garcia	00:17:47	00:36:13	00:36:12	87	Clube de Futebol "Os Belenenses"	V45	10	00:03:10	85
87	3559	Alexandre Pimpão	00:17:28	00:36:15	00:36:13	88	NARM MESSEJANA	V50	7	00:03:15	120
88	860	João Catalão	00:17:37	00:36:16	00:36:09	84		V35	15	00:03:12	91
89	7595	Fábio Cebola	00:17:46	00:36:19	00:36:16	91		Senior	34	00:03:15	113
90	4530	Rui Martins	00:17:40	00:36:19	00:36:15	89	Associação Vale Grande	V35	16	00:03:10	81
91	8963	Vítor Oliveira	00:17:53	00:36:20	00:36:16	90	Clube de Futebol "Os Belenenses"	Senior	35	00:03:11	88
92	331	João Silva	00:17:47	00:36:20	00:36:20	92		V40	15	00:03:10	78
93	53	Miguel Tomé	00:17:37	00:36:25	00:36:23	94		Senior	36	00:03:16	125
94	108	João Silva	00:17:59	00:36:26	00:36:24	95	Associação Desportiva NúcleOeiras - ADNO	V40	16	00:03:09	76
95	7768	Mário Machado	00:17:43	00:36:26	00:36:22	93		V50	8	00:03:16	131



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
96	8007	Pedro Ribeiro	00:17:40	00:36:29	00:36:29	98	ONTRISPORTS	Senior	37	00:03:17	132
97	7960	Ricardo Santos	00:18:09	00:36:30	00:36:27	96	OutSystems Olímpico de Oeiras	V40	17	00:03:09	68
98	8722	André Sousa	00:17:44	00:36:32	00:36:27	97		Junior	4	00:03:15	117
99	8474	Carlos Lopes	00:17:50	00:36:35	00:36:31	99	CUA Benaventense	V45	11	00:03:22	174
100	4112	Pedro Pereira	00:18:09	00:36:37	00:36:34	101		V35	17	00:03:11	89
101	4302	Claudio Nobrega	00:17:40	00:36:41	00:36:34	100	Vilaventura Trail	V35	18	00:03:13	103
102	337	Fernando Gaspar	00:18:03	00:36:45	00:36:42	102		V40	18	00:03:20	152
103	411	Sénio Messia	00:17:51	00:36:49	00:36:47	103		V40	19	00:03:21	165
104	3468	João Feijão	00:17:44	00:36:50	00:36:47	104		V35	19	00:03:13	101
105	4864	Sérgio Malheiro	00:18:08	00:36:53	00:36:50	105		V40	20	00:03:16	126
106	8876	Manuel Mascarenhas	00:18:07	00:36:54	00:36:51	107	Associação de Moradores de Atibá	V35	20	00:03:18	142
107	8683	Doroteia Peixoto	00:18:07	00:36:54	00:36:53	108	Amigos da Montanha	V35	1	00:03:13	99
108	542	Carlos Conceição	00:17:44	00:36:55	00:36:51	106		V45	12	00:03:19	151
109	8101	Inês Oliveira	00:17:58	00:36:56	00:36:55	109		Senior	6	00:03:23	190
110	838	David Patton	00:17:38	00:37:00	00:36:57	112		V35	21	00:03:10	80
111	8465	João Caniço	00:17:57	00:37:01	00:36:57	110	CUA Benaventense	V40	21	00:03:15	114
112	8766	Pedro Joaquim	00:18:23	00:37:02	00:36:57	111		V35	22	00:03:19	146
113	1096	Rúben Chaves	00:18:15	00:37:07	00:37:01	113		V35	23	00:03:24	193
114	7962	Rui Belo	00:18:10	00:37:09	00:37:03	114	OutSystems Olímpico de Oeiras	V45	13	00:03:29	260



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
115	755	João Mateus	00:18:29	00:37:10	00:37:07	116		Senior	38	00:03:14	108
116	6988	Fernando Castela	00:18:37	00:37:13	00:37:07	115		V50	9	00:03:04	43
117	9296	Sabido Joao	00:17:57	00:37:14	00:37:08	117		Senior	39	00:03:21	167
118	6565	Rui Gonçalves	00:18:09	00:37:14	00:37:10	118		V45	14	00:03:19	149
119	1291	Paulo Reis	00:17:47	00:37:16	00:37:16	120	Techno Vikings	Senior	40	00:03:14	109
120	2475	Carlos Fernandes	00:17:21	00:37:20	00:37:14	119		Senior	41	00:04:09	1402
121	5680	Ricardo Costa	00:18:10	00:37:21	00:37:17	121		V35	24	00:03:19	148
122	1925	Rodrigo Guerra	00:18:29	00:37:22	00:37:20	125	Amigos do Atletismo de Mafra	V45	15	00:03:25	206
123	4533	António Barbosa	00:18:19	00:37:23	00:37:19	123	Associação Vale Grande	V40	22	00:03:10	82
124	4241	Guilherme Bonito	00:17:50	00:37:24	00:37:19	122		Senior	42	00:03:30	270
125	7178	André Corvo	00:18:38	00:37:25	00:37:19	124	Linda-a-Pastora Sporting Clube	V35	25	00:03:10	87
126	8983	José Nobre	00:18:18	00:37:28	00:37:27	133	RunTejo	V35	26	00:03:16	130
127	7712	Nelson Santos	00:18:11	00:37:29	00:37:26	127	GFD Running	V35	27	00:03:21	171
128	632	João Ginja	00:18:08	00:37:29	00:37:27	129	N.A.Z.Abóboda	V55	1	00:03:39	441
129	6409	Nuno Silva	00:18:10	00:37:30	00:37:27	131		V40	23	00:03:21	161
130	3433	Sávio Silva	00:17:07	00:37:30	00:37:27	130		Senior	43	00:03:58	998
131	1950	Carlos Carvalho	00:18:09	00:37:31	00:37:26	128		Senior	44	00:03:16	123
132	8477	Hugo Gomes	00:18:21	00:37:32	00:37:27	132	CUA Benaventense	V35	28	00:03:15	115
133	8965	José Custódio	00:18:07	00:37:34	00:37:32	134	Clube de Futebol "Os Belenenses"	V55	2	00:03:25	208



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
134	8689	Pedro Nunes	00:18:40	00:37:36	00:37:32	135		Senior	45	00:03:16	129
135	8415	Marco Seixo	00:19:06	00:37:38	00:37:25	126		V40	24	00:03:22	175
136	117	Telmo Nogueira	00:18:09	00:37:39	00:37:36	136	Máquinas do ribatejo	V35	29	00:03:32	304
137	2338	Tiago Matias	00:19:13	00:37:44	00:37:41	137	CAPenafirme	V35	30	00:03:02	33
138	4100	Jorge Caiado	00:18:19	00:37:44	00:37:41	138		V50	10	00:03:21	164
139	891	Luis Santos	00:18:29	00:37:47	00:37:45	140		V35	31	00:03:18	136
140	5963	Ricardo Lanceiro	00:18:18	00:37:53	00:37:49	142		V40	25	00:03:21	159
141	8962	João Taborda	00:18:00	00:37:55	00:37:54	144	Clube de Futebol "Os Belenenses"	V35	32	00:03:24	192
142	9346	Tiago Pereira	00:18:43	00:37:56	00:37:51	143		Senior	46	00:03:17	133
143	8762	Jéssica Pontes	00:18:04	00:37:59	00:37:57	148	Team El Comandante	Senior	7	00:03:51	747
144	2634	Carlos Gomes	00:18:41	00:38:00	00:37:56	147	Clube EDP Lisboa	V55	3	00:03:22	179
145	6484	Pedro Miranda	00:19:06	00:38:01	00:37:46	141	FIDELIDADE GDC	Senior	47	00:03:10	84
146	8569	João Cruz	00:18:58	00:38:04	00:37:56	146	Team El Comandante	V35	33	00:03:12	95
147	6178	Bruno Loureiro	00:17:51	00:38:06	00:38:00	150		V35	34	00:03:26	217
148	6696	Afonso Garcia	00:18:43	00:38:07	00:38:02	152		Senior	48	00:03:26	218
149	5140	Nuno Gonçalves	00:18:58	00:38:07	00:38:04	154		V40	26	00:03:15	119
150	3940	João Eduardo	00:18:37	00:38:10	00:38:03	153	G.D.R. São Francisco da Serra	V35	35	00:03:24	200
151	5869	Carlos Esteves	00:19:18	00:38:10	00:38:08	157	Núcleo SCP Ilha Terceira	Senior	49	00:03:16	128
152	4783	Marcolino Verissimo	00:18:34	00:38:11	00:38:05	156	OCS - Arrábida Trail Team	V50	11	00:03:27	223



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
153	6675	Bruno Santos	00:19:06	00:38:11	00:37:58	149		Senior	50	00:03:15	118
154	8578	Sérgio Pires	00:19:01	00:38:12	00:38:04	155	Team El Comandante	V45	16	00:03:19	145
155	8000	João	00:18:58	00:38:14	00:37:54	145	ONTRISPORTS	Senior	51	00:03:18	143
156	4308	Diogo Simões	00:18:58	00:38:15	00:37:44	139	Vilaventura Trail	Senior	52	00:03:19	150
157	8413	Ricardo Ribas	00:19:13	00:38:15	00:38:14	160		V40	27	00:03:27	235
158	8414	Dulce Félix	00:19:14	00:38:15	00:38:14	159		V35	2	00:03:27	234
159	9291	Sérgio Santos	00:18:43	00:38:15	00:38:14	161	ONTRISPORTS	V50	12	00:03:22	176
160	1795	Daniel Pinto	00:18:47	00:38:21	00:38:08	158		Senior	53	00:03:15	122
161	1865	Hugo Paulo	00:18:35	00:38:22	00:38:20	163		V40	28	00:03:29	258
162	2873	David Caldeirão	00:18:37	00:38:26	00:38:22	164	Louletano	V45	17	00:03:18	137
163	8440	Fábio Ferreira	00:18:40	00:38:28	00:38:26	168		Senior	54	00:03:21	169
164	8875	Luis	00:19:36	00:38:28	00:38:26	170	Associação de Moradores de Atibá	V45	18	00:03:15	116
165	7990	Andre Costal	00:18:37	00:38:28	00:38:26	169	ONTRISPORTS	V45	19	00:03:31	291
166	110	Miguel Rodrigues	00:18:41	00:38:29	00:38:24	166	Associação Desportiva NúcleOeiras - ADNO	V40	29	00:03:17	135
167	849	José Mestre	00:18:58	00:38:31	00:38:22	165		Senior	55	00:03:23	187
168	4303	Victor Lopes	00:19:31	00:38:31	00:38:01	151	Vilaventura Trail	V40	30	00:03:16	124
169	130	Vitor Marques	00:18:44	00:38:32	00:38:29	172	Correr Lisboa	V40	31	00:03:20	153
170	8574	Nuno Matias	00:19:26	00:38:32	00:38:24	167	Team El Comandante	V45	20	00:03:09	69
171	4710	Luís Nunes	00:19:14	00:38:35	00:38:16	162	CrossBox The Bravery	Junior	5	00:03:19	147



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
172	7777	Carlos Rosário	00:18:33	00:38:36	00:38:33	175		V45	21	00:03:33	337
173	7069	Miguel Pecegueiro	00:18:47	00:38:36	00:38:27	171		Senior	56	00:03:32	295
174	1652	Pedro Martins	00:18:58	00:38:37	00:38:31	174		V40	32	00:03:24	196
175	168	Jose Canela	00:18:43	00:38:38	00:38:35	177	Louletano	V45	22	00:03:28	241
176	7013	Jose Seabra	00:18:58	00:38:40	00:38:30	173		Senior	57	00:03:23	191
177	1328	Marius Leordean	00:19:01	00:38:40	00:38:38	178	Amigos do Atletismo de Mafra	V35	36	00:03:23	186
178	306	Daniel García	00:19:09	00:38:41	00:38:40	181		V40	33	00:03:21	166
179	9	Vera Nunes	00:18:54	00:38:41	00:38:40	180	GFD Running	V40	2	00:03:24	195
180	3941	Luis Almeida	00:18:58	00:38:46	00:38:38	179	G.D.R. São Francisco da Serra	V40	34	00:03:31	282
181	327	Carlos Matias	00:18:44	00:38:47	00:38:42	182		Senior	58	00:03:28	243
182	8939	Tomás Pires	00:18:43	00:38:50	00:38:45	183		Senior	59	00:03:32	298
183	2765	Samuel Matias	00:19:22	00:38:50	00:38:35	176		Senior	60	00:03:18	138
184	2922	Bernardo Silveira	00:19:54	00:38:50	00:38:47	185	Correr Sem Parar	Senior	61	00:03:09	77
185	6813	Diogo Costa	00:18:19	00:38:53	00:38:48	186		Junior	6	00:03:38	429
186	8284	Frederico Teixeira	00:18:44	00:38:54	00:38:49	187		V40	35	00:03:34	342
187	7498	Jorge Vieira	00:18:34	00:38:54	00:38:50	188		V50	13	00:03:22	173
188	1940	Marco Pinto	00:19:08	00:38:58	00:38:52	189		V35	37	00:03:23	184
189	6812	Nelson Valente	00:18:49	00:38:59	00:38:53	190		V35	38	00:03:35	367
190	5407	Jorge Fonseca	00:19:05	00:39:01	00:39:00	196		V40	36	00:03:20	156



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
191	7111	Bruno Gonçalves	00:19:21	00:39:02	00:38:58	193		Senior	62	00:03:28	238
192	8567	Pedro Pires	00:19:24	00:39:03	00:39:00	194	Team El Comandante	V55	4	00:03:26	213
193	1207	Tiago Amaral	00:17:58	00:39:04	00:38:58	191		Senior	63	00:03:57	948
194	8063	Rui Morais	00:19:29	00:39:04	00:39:03	199	Amigos do Atletismo de Mafra	Senior	64	00:03:23	189
195	5571	Ricardo Bernardes	00:19:13	00:39:05	00:39:00	195		Senior	65	00:03:30	278
196	2265	Miguel Barba	00:19:42	00:39:06	00:38:47	184	Peniche a Correr	V40	37	00:03:12	92
197	8090	Nelson Graça	00:19:14	00:39:08	00:39:06	202		V40	38	00:03:30	262
198	4508	Rui Pereira	00:19:08	00:39:10	00:39:05	200		V45	23	00:03:30	273
199	5461	Fábio Pereira	00:19:32	00:39:12	00:39:00	197	Sporting Clube de Casainhos	Senior	66	00:03:24	201
200	5356	Francisco Teixeira	00:18:45	00:39:12	00:39:11	208		V40	39	00:03:22	181
201	8121	José Santos	00:19:04	00:39:13	00:39:10	204		V55	5	00:03:33	336
202	612	Justino Santos	00:19:19	00:39:15	00:39:05	201	Axiros Sports Club	V40	40	00:03:33	323
203	1233	César Almeida	00:19:29	00:39:16	00:38:58	192	Bobadelas	V35	39	00:03:27	227
204	6810	Arthur Torres	00:18:30	00:39:16	00:39:11	207		Junior	7	00:03:30	279
205	4446	Jorge Rodrigues	00:19:35	00:39:17	00:39:02	198	Clube Ferroviário de Portugal	V35	40	00:03:27	221
206	2266	Bruno Martins	00:19:12	00:39:19	00:39:14	210	O Tico e o Teco	V35	41	00:03:24	197
207	4284	Marco Silva	00:19:01	00:39:20	00:39:18	215	Estoril Praia 2	V40	41	00:03:30	276
208	4159	Marco Proença	00:19:03	00:39:22	00:39:18	214		V40	42	00:03:24	198
209	7958	Nuno Alves	00:19:14	00:39:22	00:39:18	217	OutSystems Olímpico de Oeiras	V45	24	00:03:29	259



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CLASSIFICAÇÃO '21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
210	8725	Joao Chalaca	00:19:19	00:39:22	00:39:14	212		V40	43	00:03:32	296
211	6401	Jorge Canuto	00:18:59	00:39:22	00:39:10	206		Senior	67	00:03:52	770
212	5366	Guilherme Farias	00:19:55	00:39:22	00:39:15	213		Senior	68	00:03:21	157
213	8932	João Bola	00:19:26	00:39:23	00:39:20	220		Senior	69	00:03:21	168
214	8644	Paulo Santos	00:19:34	00:39:23	00:39:06	203		Senior	70	00:03:29	261
215	7976	Pedro Dias	00:19:55	00:39:24	00:39:22	224	ONTRISPORTS	V40	44	00:03:23	188
216	405	António Patrício	00:19:09	00:39:24	00:39:21	221		V40	45	00:03:22	177
217	1059	Daniel Simões	00:19:05	00:39:25	00:39:23	227		V35	42	00:03:30	269
218	4512	Ricardo Samouqueiro	00:18:37	00:39:26	00:39:24	229		V35	43	00:03:34	364
219	437	Nelson Moreira	00:19:19	00:39:27	00:39:24	228		V40	46	00:03:31	286
220	6912	Luis Silva	00:18:55	00:39:27	00:39:23	226		V40	47	00:03:38	414
221	4578	Luis Franco	00:19:14	00:39:27	00:39:20	219	CC Ageas Portugal	V40	48	00:03:25	205
222	3712	Tiago Luis	00:18:57	00:39:28	00:39:22	223		Senior	71	00:03:29	248
223	6944	Miguel David	00:19:12	00:39:31	00:39:22	225	Câmara Lisboa Clube	V50	14	00:03:30	263
224	3377	Fernando Melão	00:19:01	00:39:33	00:39:31	237		V55	6	00:03:32	307
225	4202	Luís Silva	00:19:46	00:39:33	00:39:22	222		V40	49	00:03:18	139
226	2302	Bruno Pereira	00:19:55	00:39:33	00:39:18	216		Senior	72	00:03:27	233
227	2019	Ivandro Moreira	00:19:53	00:39:33	00:39:26	230		Senior	73	00:03:22	178
228	7549	Fábio Lima	00:19:56	00:39:34	00:39:10	205		Senior	74	00:03:25	210



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
229	293	Nuno Rijo	00:19:02	00:39:34	00:39:32	239		V45	25	00:03:32	303
230	4195	Vasco Levita	00:19:05	00:39:35	00:39:32	238		V45	26	00:03:33	318
231	1716	Afonso Alcaso	00:19:54	00:39:35	00:39:31	235	Alcaso-Serra	Junior	8	00:03:31	287
232	2857	Gil Novo	00:19:57	00:39:36	00:39:12	209	FIDELIDADE GDC	Senior	75	00:03:25	207
233	1769	Nuno Silva	00:19:37	00:39:36	00:39:30	234		V35	44	00:03:32	299
234	4550	Mario Figueiras	00:19:55	00:39:37	00:39:31	236	ACM Montemor a Correr	V45	27	00:03:30	272
235	2508	Guilherme Suguimatsu	00:19:35	00:39:38	00:39:33	240	Correr Lisboa	V35	45	00:03:37	407
236	8362	Luis Faustino	00:19:20	00:39:39	00:39:35	243		V40	50	00:03:36	387
237	2792	Rui Fonseca	00:19:04	00:39:39	00:39:39	245		V40	51	00:03:36	390
238	7980	João Cruz	00:19:54	00:39:39	00:39:28	233	ONTRISPORTS	V35	46	00:03:25	211
239	2228	Paulo Vieira	00:19:36	00:39:41	00:39:35	241		V45	28	00:03:20	155
240	407	Bruno Sousa	00:19:34	00:39:42	00:39:27	231		V45	29	00:03:33	325
241	6	Melanie Santos	00:18:59	00:39:45	00:39:43	246	Sport Lisboa e Benfica	Senior	8	00:03:33	321
242	3898	Rui Oliveira	00:19:33	00:39:45	00:39:44	248		V45	30	00:03:29	251
243	3532	José Lopes	00:19:22	00:39:47	00:39:45	249		V55	7	00:03:35	370
244	2452	José Silva	00:19:36	00:39:49	00:39:28	232		V45	31	00:03:32	300
245	1394	Nuno Bela	00:20:18	00:39:53	00:39:19	218		V40	52	00:03:24	194
246	8769	Bruno Viper	00:18:45	00:39:53	00:39:52	255		V40	53	00:03:36	389
247	6395	Alexandre Nunes	00:20:03	00:39:54	00:39:38	244		V45	32	00:03:33	315



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
248	7401	Francisco Santos	00:19:55	00:39:54	00:39:43	247		V50	15	00:03:34	343
249	1404	Tiago Ribeiro	00:19:56	00:39:56	00:39:50	251		V35	47	00:03:29	255
250	529	Luis Rodrigues	00:19:54	00:39:57	00:39:50	252		Senior	76	00:03:34	359
251	6442	João Lopes	00:19:13	00:39:57	00:39:54	257	GDC Banco de Portugal	V35	48	00:03:54	847
252	88	Elvio Goncalves	00:19:36	00:39:58	00:39:55	258		Senior	77	00:03:28	242
253	7239	Nuno Naia	00:19:24	00:39:58	00:39:56	259	CLUBE MILLENNIUM BCP	V45	33	00:03:27	220
254	7992	Bruno Urbano	00:19:19	00:40:02	00:40:02	268	ONTRISPORTS	Senior	78	00:03:27	236
255	5749	Filipe Pires	00:20:20	00:40:02	00:39:35	242		Senior	79	00:03:21	158
256	1922	João Rodrigues	00:19:16	00:40:03	00:39:57	262	Louletano	V40	54	00:03:38	423
257	5845	Fernando Vicente	00:19:55	00:40:04	00:40:03	269	MTBA	V55	8	00:03:28	245
258	1133	Filipe Gonçalves	00:19:25	00:40:05	00:39:58	263		V40	55	00:03:38	425
259	5544	Miguel Nunes	00:19:56	00:40:06	00:39:52	254		V45	34	00:03:28	246
260	8874	José Heitor	00:19:55	00:40:06	00:40:04	273	Associação de Moradores de Atibá	V60	1	00:03:50	696
261	5216	Luis Godinho	00:19:56	00:40:08	00:40:02	267	Clube Novo Banco	V55	9	00:03:32	308
262	1031	Nelson Fernandes	00:20:20	00:40:09	00:39:45	250		V40	56	00:03:27	228
263	4227	Pedro Jorge	00:19:58	00:40:12	00:40:04	271		Senior	80	00:03:29	253
264	8887	Luis Martins	00:19:35	00:40:12	00:40:09	279		V45	35	00:03:35	382
265	4219	Fernando Anselmo	00:19:19	00:40:12	00:40:10	280		Senior	81	00:03:37	403
266	7558	Nuno Pereira	00:19:41	00:40:13	00:39:53	256	CCD Siemens	V40	57	00:03:22	172



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
267	5879	Ricardo Mota	00:19:45	00:40:13	00:40:05	274	Sri Chinmoy Marathon Team	V45	36	00:03:40	466
268	961	Miguel Silva	00:19:38	00:40:13	00:39:59	265	Limited Edition	Senior	82	00:03:38	426
269	8807	Márcio Silva	00:19:19	00:40:14	00:39:56	261		Senior	83	00:03:32	297
270	5872	João Madaleno	00:19:40	00:40:14	00:40:11	281	RAAA1	Senior	84	00:03:42	499
271	3157	Gonçalo Lucena	00:19:38	00:40:15	00:40:02	266		V35	49	00:03:37	408
272	3501	Esmeraldino Sá	00:19:54	00:40:16	00:40:08	277		V40	58	00:03:30	277
273	5122	Miguel Sobral	00:20:17	00:40:16	00:40:09	278		V40	59	00:03:22	182
274	1577	Mário Marques	00:19:24	00:40:17	00:40:15	284		V45	37	00:03:35	376
275	1210	Filipe Santos	00:19:51	00:40:17	00:40:06	275		V45	38	00:03:33	322
276	6038	Henrique Coelho	00:18:52	00:40:19	00:40:17	285		V45	39	00:03:35	368
277	5022	Tiago Dionísio	00:19:55	00:40:21	00:40:04	272		Senior	85	00:03:33	314
278	1592	Pedro Pereira	00:19:31	00:40:21	00:40:18	286		V50	16	00:03:33	326
279	4430	Pedro Maia	00:19:48	00:40:24	00:40:03	270	Irongroup	V40	60	00:03:33	319
280	2004	Fernando Martinho	00:19:56	00:40:24	00:40:22	298		V40	61	00:03:35	379
281	8661	Henrique Santos	00:18:09	00:40:24	00:40:21	295		V40	62	00:04:42	2720
282	7561	António Sousa	00:20:17	00:40:24	00:39:56	260		V40	63	00:03:34	346
283	180	Fernando Almeida	00:19:44	00:40:25	00:40:22	297		V40	64	00:03:35	372
284	4165	Tiago Oliveira	00:19:38	00:40:26	00:40:22	299		Senior	86	00:03:30	271
285	3408	Duarte Santos	00:21:09	00:40:27	00:39:51	253		Senior	87	00:03:10	83



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CLASSIFICAÇÃO '21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
286	485	Diamantino Serrano	00:19:57	00:40:29	00:40:27	300	Correr Queluz	V45	40	00:03:29	256
287	4784	Afonso Veríssimo	00:19:20	00:40:30	00:40:29	303	OCS - Arrábida Trail Team	Junior	9	00:03:41	472
288	922	José Correia	00:19:59	00:40:30	00:40:13	283		Senior	88	00:03:33	328
289	3133	Rui Vale	00:19:55	00:40:31	00:40:28	302		V40	65	00:03:27	225
290	6956	Joao Machado	00:20:18	00:40:31	00:39:58	264		V35	50	00:03:31	288
291	4468	João Costa	00:20:19	00:40:31	00:40:20	289		Senior	89	00:03:23	183
292	5054	Carlos Moreira	00:19:56	00:40:33	00:40:08	276	Corrida do 9	V40	66	00:03:29	247
293	535	José Torre	00:20:37	00:40:33	00:40:19	287		Senior	90	00:03:23	185
294	194	Pedro Soares	00:20:03	00:40:35	00:40:11	282		V40	67	00:03:28	240
295	4304	Luís Cruz	00:19:54	00:40:35	00:40:28	301	Vilaventura Trail	V50	17	00:03:30	266
296	4901	Vitor Gomes	00:19:55	00:40:36	00:40:19	288		Senior	91	00:03:36	396
297	792	João Leandro	00:19:29	00:40:36	00:40:35	309		Senior	92	00:03:30	268
298	17	Mariano Hernández	00:19:53	00:40:38	00:40:21	296		V45	41	00:03:45	555
299	5512	Vítor Jesus	00:19:31	00:40:39	00:40:37	311		Senior	93	00:03:59	1006
300	3225	Luís Nunes	00:20:19	00:40:40	00:40:33	305	CrossBox The Bravery	V45	42	00:03:27	231
301	575	Carlos Gregório	00:19:47	00:40:41	00:40:39	316	Cross Velhotes e Cross Beauty´s	V40	68	00:03:34	358
302	2345	Tony Almeida	00:20:08	00:40:41	00:40:35	308	RB RUNNING	V40	69	00:03:30	264
303	295	Jorge Nabais	00:20:33	00:40:42	00:40:20	292		V35	51	00:03:39	440
304	1935	Renato Carvalho	00:19:36	00:40:42	00:40:41	319		Senior	94	00:03:43	514



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
305	1686	Filipe Vieira	00:19:24	00:40:42	00:40:30	304		Senior	95	00:03:54	823
306	4685	Luís Silvério	00:19:56	00:40:43	00:40:20	291	Clube de Atletismo da Nazaré	V40	70	00:03:36	397
307	4680	Fábio Martins	00:19:56	00:40:43	00:40:20	290	Clube de Atletismo da Nazaré	V40	71	00:03:49	667
308	2766	Nuno Dantas	00:19:57	00:40:44	00:40:37	310		V40	72	00:03:28	239
309	6141	José Coimbra	00:20:25	00:40:47	00:40:33	306		Senior	96	00:03:25	202
310	8177	Rui Oliveira	00:19:36	00:40:48	00:40:47	326	SD Sports Team	V45	43	00:03:39	449
311	4590	Vitor Hugo	00:20:08	00:40:48	00:40:38	313	Vara Trail Running	V40	73	00:03:35	371
312	9311	Miguel Gomes	00:20:22	00:40:51	00:40:33	307		Senior	97	00:03:34	349
313	7101	Pedro Gaspar	00:20:16	00:40:52	00:40:20	294		V40	74	00:03:33	334
314	4958	Márcio Machado	00:19:54	00:40:52	00:40:46	324		V40	75	00:03:30	274
315	7979	Gonçalo Zarco	00:20:36	00:40:52	00:40:20	293	ONTRISPORTS	V45	44	00:03:26	212
316	5218	Luis Monteiro	00:19:56	00:40:52	00:40:47	325	Clube Novo Banco	V50	18	00:03:43	504
317	2974	Filipa Veloso	00:20:27	00:40:54	00:40:38	314		Senior	9	00:03:38	420
318	3784	Fernando Pelarigo	00:20:44	00:40:57	00:40:37	312		V50	19	00:03:18	140
319	5871	Nuno Ribeiro	00:19:39	00:40:57	00:40:48	327	RAAA1	Senior	98	00:03:54	845
320	7420	Pedro Farto	00:20:17	00:40:58	00:40:52	331		V40	76	00:03:46	570
321	8233	Rúben Chaves	00:20:37	00:40:58	00:40:42	321		Senior	99	00:03:31	292
322	2572	Vitor Martins	00:19:33	00:40:59	00:40:56	336		V50	20	00:03:44	530
323	4881	Mariana Santos	00:19:56	00:41:00	00:40:55	333	Clube Pedro Pessoa Escola de Atletismo	Senior	10	00:03:29	249



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
324	1028	Rui Batista	00:20:30	00:41:00	00:40:53	332		V45	45	00:03:33	324
325	1246	Alcides Estrela	00:19:54	00:41:00	00:40:52	330	ML Sports	V40	77	00:03:46	579
326	743	Tiago Barros	00:20:47	00:41:00	00:40:41	320		V40	78	00:03:29	254
327	1873	André Quarenta	00:20:07	00:41:00	00:40:58	339	40 Marcos	V50	21	00:03:27	232
328	8011	Aretino Mota	00:20:03	00:41:03	00:40:58	338	Linda-a-Pastora Sporting Clube	V55	10	00:03:37	411
329	7343	João Moniz	00:19:58	00:41:03	00:40:56	337	MONIZES	Senior	100	00:03:34	347
330	3770	Carlos Francisco	00:20:27	00:41:05	00:40:45	323		Senior	101	00:03:31	283
331	137	Manuel Eliseu	00:20:27	00:41:06	00:40:39	315		Senior	102	00:03:33	320
332	4476	Jorge Abreu	00:20:12	00:41:08	00:41:06	348		V35	52	00:03:24	199
333	2392	Nuno Piteira	00:20:26	00:41:08	00:40:40	317	Kainágua	Senior	103	00:03:41	478
334	1657	Helder Marques	00:20:08	00:41:09	00:40:56	334		V45	46	00:03:34	354
335	613	Filipe Lopes	00:19:39	00:41:09	00:41:06	347	Axiros Sports Club	V35	53	00:03:32	302
336	8879	João Santos	00:20:47	00:41:10	00:41:07	349	Associação de Moradores de Atibá	Senior	104	00:03:38	419
337	834	João Ferreira	00:20:36	00:41:11	00:41:02	343		Senior	105	00:03:34	356
338	5047	Diogo Pereira	00:20:23	00:41:13	00:40:58	340		V45	47	00:03:36	399
339	1934	Sérgio Cruz	00:19:24	00:41:13	00:41:11	355		V45	48	00:03:56	903
340	4486	Carlos Jesus	00:20:23	00:41:15	00:41:12	359		V45	49	00:03:25	204
341	6476	Pedro Maia	00:21:00	00:41:15	00:40:40	318		Senior	106	00:03:31	280
342	6221	António Mouro	00:20:34	00:41:16	00:41:09	353		V45	50	00:03:21	162



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
343	2335	Fábio Delgado	00:20:10	00:41:17	00:41:10	354	Correr em Évora	Senior	107	00:03:33	331
344	8920	José Lemos	00:20:18	00:41:18	00:41:08	350		V55	11	00:03:40	453
345	1913	Diogo Simões	00:19:55	00:41:18	00:41:00	342	CS Family	Senior	108	00:03:40	457
346	7877	Fernando Godinho	00:19:56	00:41:18	00:41:11	356		V45	51	00:03:34	340
347	5689	Sonia Quintas	00:20:24	00:41:19	00:41:15	362	CCD Siemens	V45	1	00:03:40	464
348	8946	Gustavo Santos	00:22:08	00:41:19	00:41:12	357	Clube de Futebol "Os Belenenses"	V45	52	00:03:13	100
349	5419	Igor Tchemaguine	00:19:55	00:41:20	00:41:16	363		V45	53	00:03:47	597
350	5337	Filipe Silva	00:20:46	00:41:20	00:41:19	367	Amigos do Atletismo de Mafra	V40	79	00:03:33	313
351	5338	Gonçalo Correia	00:20:46	00:41:20	00:41:19	368	Amigos do Atletismo de Mafra	V40	80	00:03:32	311
352	5339	Cláudia Correia	00:20:46	00:41:20	00:41:20	369	Amigos do Atletismo de Mafra	V45	2	00:03:32	312
353	7413	Nuno Roque	00:19:49	00:41:20	00:40:59	341		V45	54	00:03:37	413
354	8698	Hugo Seixas	00:19:56	00:41:21	00:41:12	358		Senior	109	00:03:46	572
355	1197	Bruno Carvalho	00:20:27	00:41:21	00:40:50	329	FIDELIDADE GDC	V35	54	00:03:33	327
356	1243	João Afonso	00:20:56	00:41:22	00:40:49	328	ML Sports	V45	55	00:03:26	216
357	1740	José Aleixo	00:20:39	00:41:22	00:41:03	344	Alverca Urban Runners	V50	22	00:03:35	378
358	2393	João Piteira	00:20:52	00:41:23	00:40:56	335	Kainágua	Senior	110	00:03:35	381
359	6052	João Mendes	00:20:01	00:41:25	00:41:20	370		V60	2	00:03:48	653
360	4354	Diego Cantizano	00:20:28	00:41:27	00:41:24	380		Senior	111	00:03:17	134
361	1022	Hernâni Fernandes	00:20:20	00:41:27	00:41:21	372		V50	23	00:03:38	424



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
362	615	Diogo Leite	00:19:47	00:41:27	00:41:22	377	Axiros Sports Club	Senior	112	00:03:50	709
363	1237	Mario Seabra	00:20:00	00:41:28	00:41:21	371	GRJA	V45	56	00:03:37	406
364	473	Nuno Dias	00:20:41	00:41:28	00:41:05	346		V45	57	00:03:37	405
365	8954	Luis Marçal	00:19:55	00:41:31	00:41:27	382	Clube de Futebol "Os Belenenses"	V45	58	00:03:49	681
366	8098	Susana Dias	00:25:09	00:41:32	00:41:26	381		V40	3	00:05:01	3478
367	4773	Paulo Gomes	00:20:43	00:41:33	00:41:04	345		V50	24	00:03:39	439
368	343	Hélder Cotrim	00:20:28	00:41:33	00:41:32	385		V40	81	00:03:38	427
369	5958	Diogo Lopes	00:18:34	00:41:33	00:41:31	383		V45	59	00:03:22	180
370	9203	Miguel Sousa	00:20:16	00:41:33	00:41:23	378	Clube Novo Banco	V45	60	00:03:32	309
371	4597	Nuno Melo	00:20:57	00:41:34	00:41:13	360		V45	61	00:03:27	222
372	1094	Tiago Andrade	00:20:10	00:41:35	00:41:31	384		V35	55	00:03:42	493
373	7476	Paulo Marques	00:20:55	00:41:35	00:41:22	375		V45	62	00:03:32	294
374	3244	Paulo Sousa	00:20:08	00:41:36	00:41:22	376	Limited Edition	V45	63	00:03:46	578
375	6755	Diogo Santos	00:19:52	00:41:37	00:41:35	389		Senior	113	00:03:49	659
376	7513	Fábio Gomes	00:20:41	00:41:37	00:41:18	366		V35	56	00:03:35	384
377	5165	Nuno Martins	00:21:16	00:41:38	00:41:08	352		V40	82	00:03:30	275
378	4687	Miguel Silva	00:20:34	00:41:38	00:41:15	361	Clube de Atletismo da Nazaré	V50	25	00:03:46	583
379	8001	Diogo Silva	00:19:39	00:41:40	00:41:32	386	ONTRISPORTS	V35	57	00:03:53	805
380	9295	Domingos Domingues	00:19:53	00:41:41	00:41:36	393		V35	58	00:03:38	417



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
381	7859	Afonso Pegado	00:20:35	00:41:41	00:41:21	374		Senior	114	00:03:33	338
382	4907	David Guerreiro	00:20:41	00:41:42	00:41:35	390		V35	59	00:03:29	250
383	6517	Bruno Pires	00:20:02	00:41:42	00:41:36	391	GDC Banco de Portugal	V40	83	00:03:48	650
384	8575	Pedro Marques	00:21:18	00:41:43	00:41:34	387	Team El Comandante	V35	60	00:03:36	388
385	2543	Bruno Mesquita	00:21:36	00:41:44	00:41:21	373		V35	61	00:03:27	229
386	406	Rui Tavares	00:20:42	00:41:44	00:41:16	365		V40	84	00:03:26	215
387	6638	Bruno Alves	00:20:31	00:41:45	00:41:38	395		V40	85	00:03:48	654
388	3198	Nelson Costa	00:19:58	00:41:46	00:41:42	401	ADRC Mata de Benfica	V35	62	00:03:52	766
389	8071	João Catarino	00:19:53	00:41:47	00:41:46	411	Remo Clube Lusitano	Junior	10	00:03:25	209
390	7110	Tiago Simões	00:20:32	00:41:47	00:41:42	402		Senior	115	00:03:47	621
391	3560	Antonio Urbano	00:20:20	00:41:47	00:41:46	410	NARM MESSEJANA	V55	12	00:03:44	542
392	2209	Paulo Martins	00:21:12	00:41:48	00:41:16	364		V45	64	00:03:30	265
393	4389	João Pastor	00:20:21	00:41:48	00:41:43	403	CCDTMetroLX	V45	65	00:03:27	230
394	8772	Nelson Dias	00:20:21	00:41:48	00:41:40	398		V45	66	00:03:41	479
395	3034	Luis Aguiar	00:21:00	00:41:50	00:41:36	392		V45	67	00:03:32	301
396	5292	Fábio Duarte	00:20:28	00:41:51	00:41:46	408	Amigos Da Corrida	Senior	116	00:03:35	369
397	3418	Tomás Sousa	00:20:19	00:41:51	00:41:49	417		Junior	11	00:04:01	1081
398	6027	Paulo Freitas	00:20:30	00:41:54	00:41:41	400	Louletano	V45	68	00:03:50	727
399	3692	José Pinto	00:20:21	00:41:54	00:41:45	406		V55	13	00:03:37	402



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
400	3397	Everson Lara	00:21:35	00:41:56	00:40:44	322		V45	69	00:03:25	203
401	8950	Vitor Gonzas	00:21:00	00:41:56	00:41:37	394	Clube de Futebol "Os Belenenses"	V55	14	00:03:34	352
402	2517	João Cardoso	00:20:36	00:41:56	00:41:50	420		V55	15	00:03:46	574
403	8006	Carlos Teixeira	00:20:12	00:41:57	00:41:52	423	ONTRISPORTS	V45	70	00:03:27	237
404	7433	António Varandas	00:20:48	00:41:57	00:41:56	427		V50	26	00:03:37	412
405	199	Paulo Vieira	00:21:02	00:41:57	00:41:35	388		V50	27	00:03:37	404
406	8096	Carlos Caetano	00:20:04	00:41:58	00:41:55	426		V45	71	00:03:42	484
407	5629	Gonçalo Inácio	00:20:47	00:41:58	00:41:23	379	Associação Vale Grande	V40	86	00:03:38	432
408	936	Nuno Quintela	00:21:02	00:41:58	00:41:40	397	GRCD Leião	Senior	117	00:03:36	395
409	2635	Paulo Ferreira	00:20:52	00:41:59	00:41:43	404	Clube EDP Lisboa	V40	87	00:03:44	531
410	2704	Rafael Abrunhosa	00:20:33	00:42:00	00:41:45	405		V55	16	00:03:48	632
411	7749	Rui Freitas	00:20:07	00:42:00	00:41:49	418		Senior	118	00:03:39	448
412	7630	Carlos Vieira	00:20:13	00:42:01	00:41:51	422		V35	63	00:03:56	895
413	8701	Afonso Almeida	00:20:17	00:42:02	00:41:57	432		Junior	12	00:03:41	480
414	4542	Carlos Santo	00:20:47	00:42:03	00:41:57	430	ACM Montemor a Correr	V45	72	00:03:41	475
415	779	Rolando Reis	00:20:35	00:42:04	00:41:47	413		V35	64	00:03:39	443
416	5432	Francisco Garcia	00:19:56	00:42:06	00:41:56	429		Senior	119	00:03:48	647
417	3581	Gonçalo Amado	00:20:25	00:42:06	00:42:00	434	GDC Banco de Portugal	Senior	120	00:03:43	512
418	7278	Pedro Matias	00:20:47	00:42:07	00:41:48	414	CLUBE MILLENNIUM BCP	V50	28	00:03:48	656



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CLASSIFICAÇÃO '21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
419	7701	Pedro Filipe	00:20:47	00:42:08	00:42:01	435		V40	88	00:03:48	624
420	6412	Bruno Campos	00:21:09	00:42:08	00:41:46	409		V45	73	00:03:37	400
421	3562	João Silva	00:19:54	00:42:08	00:42:07	443	NARM MESSEJANA	Senior	121	00:03:50	716
422	4481	Rui Pereira	00:20:42	00:42:08	00:41:47	412	Correr Lisboa	V35	65	00:03:43	506
423	4082	Luis Caramelo	00:20:41	00:42:09	00:42:03	437		V40	89	00:03:42	497
424	2036	António Martins	00:20:35	00:42:09	00:41:40	396		Senior	122	00:03:45	559
425	5254	Tiago Alves	00:21:37	00:42:10	00:41:49	415		Senior	123	00:03:32	310
426	4682	Heraldo Peixe	00:20:54	00:42:10	00:41:49	416	Clube de Atletismo da Nazaré	V40	90	00:03:41	474
427	2041	Francisco Naia	00:20:54	00:42:11	00:41:50	419		V45	74	00:03:52	756
428	7674	Tomás Rodrigues	00:21:04	00:42:12	00:42:08	446	FIDELIDADE GDC	Senior	124	00:03:36	386
429	6919	Gonçalo Fraga	00:21:24	00:42:12	00:42:09	447		Senior	125	00:03:33	335
430	3951	Pedro Pereira	00:20:51	00:42:13	00:42:08	444	Bombeiros Voluntários de Montemor-o-Novo	V40	91	00:03:44	529
431	4046	César Costa	00:20:50	00:42:15	00:41:58	433		V45	75	00:03:34	365
432	8747	João Almeida	00:21:05	00:42:15	00:42:09	449		Senior	126	00:03:34	350
433	4681	Hélder Pereira	00:21:02	00:42:16	00:41:51	421	Clube de Atletismo da Nazaré	V40	92	00:03:47	602
434	25	Duarte Costa	00:21:00	00:42:17	00:42:16	456		V35	66	00:03:40	461
435	8449	Carlos Pedro	00:21:24	00:42:18	00:41:08	351	CLUBE TAP PORTUGAL	V50	29	00:03:38	416
436	2278	Joel Costa	00:21:17	00:42:18	00:41:41	399		Senior	127	00:03:40	455
437	5888	Paulo Lourenço	00:20:47	00:42:21	00:42:05	440		V40	93	00:03:40	465



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
438	1775	Carlos Ferreira	00:20:59	00:42:21	00:42:08	445		V50	30	00:03:33	332
439	1299	João Santos	00:20:53	00:42:21	00:42:15	455	Jf massagista	V35	67	00:03:36	393
440	1528	Jorge Leite	00:21:07	00:42:22	00:42:02	436		V50	31	00:03:41	476
441	2144	Luis Barracho	00:20:31	00:42:22	00:42:11	450		V35	68	00:03:47	616
442	3024	Rui Mónica	00:20:47	00:42:22	00:42:16	458	Correr Lisboa	V45	76	00:03:37	409
443	8617	João Antunes	00:21:02	00:42:23	00:42:04	438		V50	32	00:03:33	333
444	5007	Pedro Vicente	00:21:14	00:42:23	00:42:07	441		V40	94	00:03:31	284
445	4849	Tomás Faria	00:21:09	00:42:24	00:42:07	442		V40	95	00:03:31	285
446	362	Nuno Meca	00:20:39	00:42:25	00:42:19	463		V40	96	00:03:44	538
447	49	Joana Tomé	00:21:24	00:42:25	00:42:16	457		Junior	1	00:03:34	360
448	4283	Eulália Almeida	00:20:38	00:42:25	00:42:24	473	Estoril Praia 2	V45	3	00:03:50	717
449	1205	Pedro Correia	00:21:28	00:42:26	00:41:57	431		V50	33	00:03:28	244
450	6626	João Ramalho	00:20:51	00:42:27	00:42:20	468		Senior	128	00:03:46	590
451	1294	André Serra	00:21:22	00:42:28	00:41:56	428	1F3CB	V40	97	00:03:35	377
452	2106	Pedro Mendonca	00:20:28	00:42:30	00:42:17	459	Louletano	V45	77	00:03:40	456
453	7358	André Alexandre	00:20:37	00:42:31	00:42:13	453		Senior	129	00:03:52	752
454	3556	Avelino Alves	00:20:45	00:42:32	00:42:17	461	Escola Atletismo Cartaxo	V55	17	00:03:51	732
455	1329	João Branco	00:20:58	00:42:32	00:42:27	476	Amigos do Atletismo de Mafra	V40	98	00:03:34	355
456	3705	Joaquim Carreira	00:21:11	00:42:33	00:42:20	467		V55	18	00:03:40	463



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
457	4343	Jorge Sousa	00:21:06	00:42:33	00:42:05	439		V55	19	00:03:41	473
458	6788	João Franco	00:20:52	00:42:34	00:42:15	454		Senior	130	00:03:48	655
459	6618	Inocêncio Amorim	00:20:54	00:42:34	00:42:29	479	WE WILL RUN	V40	99	00:03:45	547
460	2957	Daniel Zeferino	00:20:31	00:42:34	00:42:24	472		Senior	131	00:03:41	477
461	7663	André Nunes	00:21:01	00:42:34	00:42:19	466	SS CGD	Senior	132	00:03:32	293
462	4983	Carlos Milheiro	00:21:39	00:42:35	00:42:27	477		Senior	133	00:03:32	305
463	3134	Ricardo Martins	00:21:39	00:42:36	00:42:28	478		V35	69	00:03:33	317
464	7182	Carolina Godinho	00:21:34	00:42:36	00:42:09	448		Senior	11	00:03:36	385
465	1670	Miguel Soares	00:21:04	00:42:37	00:42:18	462		Senior	134	00:03:43	513
466	8433	André Santos	00:21:11	00:42:37	00:42:34	493	McDonald's	V45	78	00:03:33	316
467	677	Francisco Guerra	00:20:56	00:42:37	00:42:36	498		V40	100	00:03:40	459
468	4205	Ricardo Carvalho	00:20:54	00:42:38	00:42:35	495	Correr Lisboa	V40	101	00:03:29	252
469	3833	Rogier Stuger	00:20:30	00:42:38	00:42:35	497		V50	34	00:03:46	585
470	6287	Gonçalo Matias	00:20:43	00:42:39	00:42:37	501		Senior	135	00:03:48	652
471	5120	Hanna Sousa	00:21:15	00:42:39	00:42:13	452		V40	4	00:03:46	586
472	4092	António Lopes	00:21:36	00:42:40	00:42:19	464		V50	35	00:03:32	306
473	1763	Luis Ferreira	00:20:27	00:42:40	00:42:32	490	Câmara Lisboa Clube	V50	36	00:03:58	993
474	3505	Gonçalo Dias	00:21:22	00:42:40	00:41:52	424		V35	70	00:03:44	526
475	7974	Miguel Lopes	00:20:53	00:42:41	00:42:22	469	ONTRISPORTS	Senior	136	00:03:52	750



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
476	205	Simone Siebra	00:20:39	00:42:41	00:42:31	487		V45	4	00:03:42	494
477	2880	João Galhordas	00:20:35	00:42:42	00:42:34	494		V50	37	00:03:36	391
478	2721	Lino Miguel	00:20:12	00:42:42	00:42:40	507		V35	71	00:03:57	956
479	7929	Madalena Almeida	00:20:13	00:42:43	00:42:41	510		Senior	12	00:04:05	1241
480	143	Luís Isidoro	00:21:08	00:42:43	00:42:17	460		V35	72	00:03:45	556
481	1994	João Oliveira	00:21:26	00:42:44	00:42:29	482		Senior	137	00:03:29	257
482	2674	Nelson Carrasquinha	00:21:21	00:42:44	00:42:23	471	ONTRISPORTS	V40	102	00:03:33	330
483	4720	Goncalo Silva	00:21:04	00:42:44	00:42:13	451		V35	73	00:03:39	437
484	7718	Luis Pires	00:20:53	00:42:44	00:42:31	488	GFD Running	V45	79	00:03:39	450
485	8819	Fernando Rodrigues	00:21:11	00:42:45	00:42:42	515		V50	38	00:03:40	454
486	4625	João Costa	00:20:22	00:42:45	00:42:33	492		V45	80	00:03:51	734
487	1576	Ana Oliveira	00:21:45	00:42:45	00:42:29	480	Team El Comandante	Senior	13	00:03:35	375
488	5334	Bruno Brito	00:20:51	00:42:46	00:42:41	513	FIDELIDADE GDC	V40	103	00:03:57	939
489	5316	Paula Martins	00:20:51	00:42:46	00:42:41	512	SS CGD	V40	5	00:03:57	940
490	1683	Diogo Assunção	00:21:23	00:42:46	00:42:29	481		Senior	138	00:03:34	353
491	8714	Rui Jardim	00:21:22	00:42:46	00:42:42	516	ONTRISPORTS	Senior	139	00:03:54	818
492	6351	Daniel Vilhena	00:20:15	00:42:47	00:42:40	506	Os Kotas	Senior	140	00:03:46	591
493	6248	Joao Silva	00:21:18	00:42:47	00:42:31	486		V45	81	00:03:40	467
494	8436	André Barreto	00:20:50	00:42:49	00:42:48	520		Senior	141	00:03:53	809



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
495	7834	Arlindo Paixão	00:21:02	00:42:49	00:42:40	509	RESTAURANTE O CARTAXEIRO CANEÇAS	V55	20	00:03:41	482
496	6519	Luís Rio	00:20:57	00:42:50	00:42:39	504	GDC Banco de Portugal	V50	39	00:03:38	430
497	7999	Mariana Bola	00:21:18	00:42:53	00:42:38	503	ONTRISPORTS	Senior	14	00:03:45	566
498	4703	Marco Cunha	00:20:49	00:42:54	00:42:39	505	Sport Clube de Freamunde	V35	74	00:03:49	668
499	4744	Filipe Martins	00:21:19	00:42:55	00:42:37	500	FIDELIDADE GDC	V35	75	00:03:41	471
500	8461	Pedro Sousa	00:21:42	00:42:55	00:42:29	483	CLUBE TAP PORTUGAL	V50	40	00:03:31	290
501	2152	António Gonçalves	00:20:48	00:42:55	00:42:40	508		Senior	142	00:03:45	560
502	3138	Emanuel Freitas	00:21:24	00:42:55	00:42:35	496		Senior	143	00:03:54	843
503	5241	Pedro Gabriel	00:21:10	00:42:55	00:42:45	518	Clube Novo Banco	V45	82	00:03:48	649
504	9200	Paulo Vaz	00:20:23	00:42:55	00:42:51	525		V35	76	00:03:50	692
505	269	José Cruz	00:20:43	00:42:55	00:42:27	475		V45	83	00:03:43	509
506	3447	Carlos Escórcio	00:21:25	00:42:55	00:42:37	499		V35	77	00:03:54	842
507	3874	Nelson Santos	00:21:12	00:42:57	00:42:50	521		V40	104	00:03:42	498
508	314	Rui Correia	00:21:32	00:42:58	00:42:25	474		V55	21	00:03:44	539
509	8957	Beatriz Fernandes	00:21:24	00:42:58	00:42:41	511	Clube de Futebol "Os Belenenses"	V50	1	00:03:44	523
510	8417	Nuno Correia	00:20:57	00:42:58	00:42:56	530		V55	22	00:03:50	691
511	2137	Guilherme Oliveira	00:20:54	00:42:58	00:42:56	531		Senior	144	00:03:38	422
512	4840	Carlos Roda	00:21:24	00:42:59	00:42:30	485		V40	105	00:03:44	540
513	1150	Pedro Pereira	00:21:01	00:43:00	00:42:42	514		Senior	145	00:03:50	704



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
514	791	Carlos Gonçalves	00:20:42	00:43:01	00:42:57	533		V45	84	00:03:35	374
515	7088	Pedro Jogo	00:21:12	00:43:01	00:42:31	489		V45	85	00:03:46	569
516	7771	Miguel Gonçalves	00:20:58	00:43:02	00:42:56	529		Junior	13	00:04:19	1788
517	7479	Pedro Teixeira	00:21:52	00:43:03	00:42:29	484	BI4ALL	V35	78	00:03:41	483
518	2959	Vitor Pinto	00:20:46	00:43:04	00:42:53	527		V50	41	00:03:49	680
519	5412	António Fernandes	00:21:35	00:43:04	00:42:59	536		V55	23	00:03:05	47
520	8945	Gonçalo Ferreira	00:21:24	00:43:05	00:42:45	517	Clube de Futebol "Os Belenenses"	V45	86	00:03:39	446
521	1379	Pedro Jorge	00:21:37	00:43:06	00:42:33	491		V50	42	00:03:39	444
522	8410	Joao Martins	00:20:53	00:43:06	00:42:59	538		V35	79	00:03:53	810
523	7414	Manuel Macau	00:20:42	00:43:06	00:43:04	544		V60	3	00:03:49	685
524	5247	Rui Gama	00:21:26	00:43:09	00:42:52	526	Clube Novo Banco	V50	43	00:03:42	501
525	3112	José Serrano	00:20:32	00:43:09	00:43:05	547		V50	44	00:03:50	700
526	2931	Miguel Reis	00:21:18	00:43:10	00:43:02	541		V45	87	00:03:47	611
527	8271	Jorge Soares	00:20:31	00:43:10	00:43:03	543		Senior	146	00:03:21	170
528	3651	André Carvalho	00:21:18	00:43:11	00:42:51	524	It's all about sushi!	V35	80	00:03:47	599
529	6456	Bruno Barbosa	00:21:49	00:43:12	00:42:38	502		Senior	147	00:03:34	366
530	196	Francisco Serio	00:21:02	00:43:12	00:43:00	539		V35	81	00:03:50	705
531	294	Rute Martins	00:21:37	00:43:12	00:42:50	522		V35	3	00:03:44	535
532	526	Miguel Travanca	00:20:57	00:43:13	00:43:04	546		V50	45	00:03:51	737



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
533	819	Nuno Barreto	00:21:19	00:43:13	00:42:51	523		V45	88	00:03:48	633
534	5488	Pedro Alcéo	00:22:02	00:43:13	00:41:45	407		Senior	148	00:03:42	502
535	2131	Delfim Ferreira	00:22:01	00:43:15	00:41:54	425		V45	89	00:03:35	380
536	1009	Álvaro Lente	00:21:05	00:43:17	00:42:57	534	Alverca Urban Runners	V40	106	00:03:46	582
537	7820	José Marques	00:20:56	00:43:17	00:43:14	554	Alverca Urban Runners	V45	90	00:03:43	517
538	360	José Ambrósio	00:20:58	00:43:19	00:43:17	560		Junior	14	00:03:51	736
539	2599	Ilisito Ferreira	00:21:18	00:43:19	00:43:05	548	Cad a Correr	V35	82	00:03:42	488
540	862	João Pedro	00:21:47	00:43:20	00:42:57	532		Senior	149	00:03:55	875
541	296	Rui Duarte	00:21:36	00:43:21	00:43:12	552		V40	107	00:03:30	267
542	1732	Daniel Pinto	00:21:32	00:43:22	00:42:59	535	BRRnightRUNNERS	Senior	150	00:03:40	458
543	8083	Nelson Custódio	00:21:10	00:43:22	00:42:55	528	CDCR dos CTT	V45	91	00:03:49	682
544	8584	Carlos Brito	00:21:46	00:43:23	00:43:14	556	Team El Comandante	V50	46	00:03:42	485
545	2419	Alexandre Santos	00:20:58	00:43:24	00:43:16	558		V50	47	00:03:46	573
546	4392	José Santos	00:21:53	00:43:24	00:43:01	540	CCDTMetroLX	V50	48	00:03:50	699
547	8452	Diamantino Gamito	00:21:21	00:43:25	00:42:59	537	CLUBE TAP PORTUGAL	V55	24	00:03:50	690
548	8570	José Ramalho	00:21:50	00:43:25	00:43:16	559	Team El Comandante	V50	49	00:03:39	447
549	4107	Tiago Santos	00:21:59	00:43:26	00:43:04	545		V35	83	00:03:37	401
550	4457	Nuno Costa	00:20:53	00:43:28	00:43:21	566		V45	92	00:03:51	733
551	239	Vítor Marques	00:19:41	00:43:28	00:43:26	579		V40	108	00:03:44	536



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CLASSIFICAÇÃO '21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
552	7996	Samuel Leal	00:21:59	00:43:29	00:43:12	553	ONTRISPORTS	Senior	151	00:03:34	341
553	5985	Sérgio Oliveira	00:21:59	00:43:31	00:43:09	551		Senior	152	00:03:04	42
554	6903	Goncalo Bouhon	00:21:59	00:43:31	00:43:30	591		Senior	153	00:03:45	568
555	5460	Carlos Baptista	00:21:54	00:43:31	00:43:19	562	Sporting Clube de Casainhos	V60	4	00:03:26	219
556	27	Manuel Teixeira	00:21:38	00:43:33	00:43:29	586		V50	50	00:03:44	537
557	2246	Rui Correia	00:20:48	00:43:33	00:43:23	570		V45	93	00:04:10	1446
558	397	Orlando Couceiro	00:21:10	00:43:34	00:43:26	578		Senior	154	00:03:55	872
559	719	Duarte Champalimaud	00:20:33	00:43:35	00:43:23	569		V45	94	00:04:31	2293
560	988	Pedro Ramos	00:21:41	00:43:35	00:43:06	549		V50	51	00:03:42	492
561	2571	Rodrigo Louro	00:20:46	00:43:35	00:43:30	589		V35	84	00:03:56	909
562	7833	Rui Ferreira	00:21:39	00:43:36	00:43:26	574	RESTAURANTE O CARTAXEIRO CANEÇAS	V50	52	00:03:34	345
563	7835	Adolfo Leal	00:21:39	00:43:36	00:43:25	573	RESTAURANTE O CARTAXEIRO CANEÇAS	V50	53	00:03:34	344
564	8579	Vasco Brito	00:21:46	00:43:36	00:43:28	584	Team El Comandante	V50	54	00:03:51	749
565	7982	Tiago Lima	00:20:59	00:43:37	00:43:32	599	ONTRISPORTS	V35	85	00:03:55	886
566	2808	Sara Pedrosa	00:21:35	00:43:37	00:43:35	610	RUN 4 FUN	Senior	15	00:03:46	576
567	6528	Pedro Gancho	00:21:35	00:43:37	00:43:31	596	Bernardo Pimentel	Senior	155	00:03:41	469
568	162	Rui Vieitas	00:21:48	00:43:37	00:43:30	590		V45	95	00:03:35	373
569	1679	Frederico Miranda	00:21:13	00:43:38	00:43:31	594		V35	86	00:03:56	904
570	8880	Lucia Falé	00:21:47	00:43:38	00:43:29	585	Associação de Moradores de Atibá	V35	4	00:03:44	524



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
571	7955	Ricardo Martins	00:21:47	00:43:38	00:43:28	581	OutSystems Olímpico de Oeiras	V45	96	00:03:44	521
572	7745	Jonas Gonçalves	00:21:49	00:43:39	00:43:24	572		Senior	156	00:03:45	564
573	6946	Gonçalo Martins	00:21:12	00:43:39	00:43:19	564	Câmara Lisboa Clube	Senior	157	00:03:55	884
574	6372	Henrique Martins	00:21:11	00:43:39	00:43:19	563		Senior	158	00:03:51	728
575	4587	João Salvado	00:22:26	00:43:40	00:43:07	550	Strong team	V35	87	00:03:42	496
576	1885	Rui Antunes	00:20:44	00:43:40	00:43:26	577	Running Club Santa Casa	V40	109	00:03:43	511
577	4769	Manuel Rocha	00:21:11	00:43:40	00:43:39	625	Clube Atletismo Amigos de Belém	V45	97	00:03:39	438
578	1929	António Ivo	00:21:27	00:43:40	00:43:34	607		V45	98	00:03:49	673
579	359	Vitor Pereira	00:21:26	00:43:40	00:43:38	624		V40	110	00:04:05	1230
580	70	Pedro Peniche	00:21:26	00:43:40	00:43:38	623		V35	88	00:04:02	1128
581	7129	David Dias	00:20:44	00:43:41	00:43:40	628		V35	89	00:03:59	1037
582	7719	Luís Pereira	00:21:11	00:43:41	00:43:35	611	GFD Running	V55	25	00:03:49	684
583	4704	Nuno Alves	00:20:58	00:43:41	00:43:37	619	Sport Clube de Freamunde	Senior	159	00:03:40	462
584	6743	Marco Molha	00:21:38	00:43:42	00:43:40	632	Morcegos Trail	V35	90	00:03:53	774
585	572	Helena Moreira	00:21:36	00:43:42	00:43:33	604	HeCaTEAM	V45	5	00:03:50	710
586	178	Bruno Maia	00:21:36	00:43:42	00:43:33	605		V45	99	00:03:50	706
587	517	Paulo Fernandes	00:21:01	00:43:42	00:43:31	593		V50	55	00:03:51	738
588	2637	Rui Barata	00:21:02	00:43:42	00:43:32	597	Clube EDP Lisboa	V35	91	00:03:38	421
589	1487	Ricardo Carvalho	00:21:15	00:43:42	00:43:36	615		V45	100	00:03:55	877



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
590	7281	Mario Duarte	00:21:49	00:43:43	00:43:03	542	CLUBE MILLENNIUM BCP	V50	56	00:03:48	657
591	8873	Fernando Figueiredo	00:21:27	00:43:43	00:43:31	592	Associação de Moradores de Atibá	V50	57	00:03:47	619
592	1813	João Feliciano	00:21:23	00:43:44	00:43:36	614		V35	92	00:03:58	982
593	451	Miguel Pereira	00:21:19	00:43:44	00:43:32	598	TEAM MELOM	V45	101	00:03:59	1020
594	5484	Ricardo Marques	00:20:59	00:43:44	00:43:29	588		V40	111	00:03:56	927
595	4628	Guilherme Santos	00:21:18	00:43:44	00:43:14	557		V35	93	00:03:54	838
596	5053	Paulo Fernandes	00:22:51	00:43:44	00:43:17	561	Corrida do 9	V45	102	00:03:31	281
597	2060	Filipe Rito	00:21:44	00:43:46	00:43:33	606		Senior	160	00:03:55	883
598	631	Carlos Sequeira	00:21:37	00:43:46	00:43:41	636		V50	58	00:03:47	609
599	8026	Paulo Afonso	00:22:07	00:43:46	00:43:28	582		V45	103	00:03:37	410
600	965	Pedro Rolim	00:21:10	00:43:47	00:43:44	644	Ativo Team Running	Senior	161	00:03:54	836
601	3483	Adriano Reis	00:22:03	00:43:47	00:43:21	567		V45	104	00:03:41	470
602	890	Jorge Vaz	00:20:52	00:43:48	00:43:47	650		V45	105	00:04:04	1183
603	1979	Luis Marques	00:21:28	00:43:49	00:43:31	595		V50	59	00:03:54	821
604	505	Luis Carvalho	00:21:38	00:43:49	00:43:42	638		V45	106	00:03:43	508
605	2375	Frederico Rocha	00:21:17	00:43:49	00:43:44	645		Senior	162	00:03:56	901
606	4576	Filipe Silva	00:21:43	00:43:49	00:43:20	565	CC Ageas Portugal	V35	94	00:03:50	713
607	2745	Carlos Santos	00:21:29	00:43:49	00:43:29	587	Amigos Da Corrida	V50	60	00:03:51	743
608	4272	Carlos Carvalho	00:21:13	00:43:49	00:43:38	622		V50	61	00:03:48	641



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CLASSIFICAÇÃO '21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
609	3805	Sérgio Bento	00:21:25	00:43:50	00:43:34	608		V40	112	00:04:10	1452
610	5926	João Canas	00:20:55	00:43:50	00:43:35	609		Senior	163	00:03:53	777
611	4723	Nuno Carvalho	00:21:03	00:43:50	00:43:40	630		V40	113	00:04:00	1064
612	7225	Nelson Martins	00:20:46	00:43:52	00:43:36	617	CLUBE MILLENNIUM BCP	V35	95	00:04:04	1200
613	479	Bruno Gonçalves	00:22:06	00:43:52	00:43:36	616	B2PTRUNNING	Senior	164	00:03:46	581
614	5462	Eduardo Santos	00:21:54	00:43:52	00:43:40	633	Sporting Clube de Casainhos	V40	114	00:03:46	588
615	8988	Joaquim Gomes	00:21:59	00:43:53	00:43:33	603	RunTejo	Senior	165	00:03:34	351
616	7715	Carla Ribeiro	00:21:19	00:43:53	00:43:40	627	GFD Running	V35	5	00:03:52	753
617	368	Pedro Leiria	00:20:54	00:43:54	00:43:44	643		V45	107	00:04:04	1184
618	3162	Filipe Sousa	00:21:33	00:43:54	00:43:45	647		Senior	166	00:03:42	491
619	7978	João Bogas	00:21:43	00:43:55	00:43:43	640	ONTRISPORTS	V40	115	00:04:02	1113
620	8798	Miguel Matos	00:21:37	00:43:55	00:43:53	670		Senior	167	00:03:56	897
621	4050	Helder Coelho	00:21:38	00:43:56	00:43:42	639		V45	108	00:03:47	600
622	8005	Pedro Cruz	00:21:42	00:43:56	00:43:39	626	ONTRISPORTS	V35	96	00:03:50	693
623	1821	Tiago Silva	00:21:39	00:43:56	00:43:53	666		V40	116	00:03:58	981
624	8299	Luís Teves	00:22:20	00:43:56	00:43:49	654		Senior	168	00:03:38	415
625	4102	Nuno Morgado	00:21:03	00:43:57	00:43:44	641		V40	117	00:04:09	1395
626	1447	Ruben Alves	00:21:24	00:43:57	00:43:54	671		V40	118	00:03:46	580
627	6931	Paulo Menezes	00:21:59	00:43:57	00:43:26	575		V45	109	00:03:53	804



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
628	1926	Carlos Morais	00:21:45	00:43:57	00:43:49	655	Amigos do Atletismo de Mafra	V55	26	00:03:50	698
629	2762	Tiago Nogueira	00:22:20	00:43:57	00:43:26	576		V35	97	00:03:42	489
630	889	Pedro Lima	00:21:28	00:43:58	00:43:51	657		V55	27	00:03:47	607
631	297	Vasco Gonçalves	00:21:44	00:43:58	00:43:27	580		V35	98	00:03:49	671
632	7917	Carlos Parreira	00:21:45	00:43:58	00:43:33	601	CLUBE ACCENTURE	V40	119	00:03:42	486
633	8987	Mário Ribeiro	00:21:38	00:43:59	00:43:38	621	RunTejo	V55	28	00:03:56	896
634	8948	Avelino Soares	00:21:32	00:43:59	00:43:40	629	Clube de Futebol "Os Belenenses"	V50	62	00:03:43	515
635	4177	Pedro Rico	00:21:35	00:43:59	00:43:45	648		V45	110	00:04:00	1063
636	8573	Nuno Couto	00:21:37	00:44:00	00:43:28	583	Team El Comandante	V45	111	00:03:45	562
637	8792	Mafalda Moniz	00:21:18	00:44:00	00:43:57	677		V35	6	00:04:03	1161
638	8241	Hugo Alves	00:22:12	00:44:00	00:43:22	568	ANL - REMO	Junior	15	00:03:33	339
639	741	Heitor Araújo	00:22:08	00:44:01	00:43:52	662		V55	29	00:03:45	558
640	8060	Filipe Fitas	00:22:02	00:44:01	00:43:37	620		V35	99	00:03:45	563
641	6768	Nuno Almeida	00:22:02	00:44:01	00:43:37	618		V35	100	00:03:45	552
642	4442	Ricardo Gomes	00:22:57	00:44:01	00:42:23	470	Irongroup	V35	101	00:03:34	362
643	1403	Carla Cantante	00:21:48	00:44:01	00:43:48	651		V35	7	00:03:34	357
644	500	Orlando Ferreira	00:21:09	00:44:01	00:43:50	656		V55	30	00:03:50	707
645	8194	Diogo Branco	00:21:54	00:44:02	00:43:32	600	#grupodosamigosdoJP	V35	102	00:03:45	565
646	2409	Fernanda Santinha	00:21:43	00:44:02	00:43:52	661		V45	6	00:03:56	899



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
647	5552	Luis Malheiro	00:22:03	00:44:03	00:43:44	642		Senior	169	00:03:39	433
648	4104	Nuno Anjos	00:22:00	00:44:03	00:43:41	635		V45	112	00:03:46	584
649	7526	João Simões	00:21:59	00:44:04	00:43:35	612		V40	120	00:03:44	519
650	826	Carla Bernardino	00:21:17	00:44:04	00:43:58	680		V45	7	00:03:59	1023
651	1415	João Pisco	00:21:36	00:44:05	00:43:59	685		Senior	170	00:04:07	1329
652	8564	Ana Lourido	00:22:09	00:44:05	00:43:33	602	Team El Comandante	V40	6	00:03:50	689
653	1595	Nuno Martins	00:21:32	00:44:06	00:44:04	697		V35	103	00:03:44	532
654	5535	Alexandre Lomba	00:22:02	00:44:06	00:43:58	682	Lisbon Panthers	V35	104	00:03:47	598
655	8951	Alexandre Almeida	00:21:51	00:44:06	00:43:48	653	Clube de Futebol "Os Belenenses"	V40	121	00:03:50	695
656	5301	Henrique Amador	00:21:45	00:44:07	00:43:58	681	SS CGD	V50	63	00:03:47	595
657	4445	André Neto	00:22:22	00:44:08	00:43:48	652	Clube Ferroviário de Portugal	V35	105	00:03:53	784
658	2978	Nuno Lopes	00:22:01	00:44:08	00:43:44	646		V40	122	00:03:57	951
659	5304	João Marques	00:22:18	00:44:08	00:43:59	683	SS CGD	V40	123	00:03:46	587
660	3829	Nelson Candeias	00:21:28	00:44:09	00:44:07	703		V45	113	00:03:53	781
661	4041	David Neves	00:21:30	00:44:10	00:43:53	668		Senior	171	00:03:51	740
662	2325	Pedro Barata	00:22:12	00:44:10	00:43:51	659		V45	114	00:03:39	445
663	4714	Miguel Passanha	00:22:01	00:44:10	00:43:41	634		Senior	172	00:03:47	605
664	2579	Nuno Martins	00:21:31	00:44:11	00:43:56	676		V35	106	00:03:58	984
665	727	Vitor Amorim	00:21:24	00:44:11	00:43:51	658		V35	107	00:03:54	837



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
666	6726	Tangui Coulouarn	00:21:19	00:44:11	00:44:01	688		V45	115	00:03:57	934
667	3290	Rui Mena	00:21:40	00:44:11	00:43:46	649		V50	64	00:03:57	941
668	3564	João Ferro	00:22:25	00:44:12	00:44:08	705	NARM MESSEJANA	Senior	173	00:03:38	428
669	1833	David Simão	00:21:54	00:44:13	00:43:55	673	Correr Lisboa	V50	65	00:03:52	757
670	4809	César Gomes	00:20:24	00:44:13	00:44:10	708		V50	66	00:03:44	541
671	81	Nuno Figueiredo	00:21:56	00:44:13	00:43:41	637	Correr Lisboa	V40	124	00:03:55	869
672	3327	Paulo Galhardo	00:21:49	00:44:15	00:44:02	691	Sintra Runners	V50	67	00:03:47	601
673	7096	Bruno Margarido	00:21:39	00:44:15	00:43:58	678		Senior	174	00:04:00	1042
674	6418	Marco Costa	00:22:11	00:44:16	00:43:40	631		V45	116	00:03:44	546
675	5362	Manuel Nunes	00:22:00	00:44:16	00:44:01	689		V55	31	00:03:43	503
676	5853	Susana Calhau	00:22:08	00:44:16	00:43:52	663		Senior	16	00:04:01	1076
677	552	Miguel Bernardo	00:22:11	00:44:17	00:44:04	698		V40	125	00:03:47	608
678	7918	Paulo Alves	00:21:23	00:44:19	00:44:17	725		V50	68	00:03:53	801
679	4252	André Perdigão	00:22:01	00:44:19	00:44:07	702		Senior	175	00:03:39	436
680	4253	José Pajinha	00:22:01	00:44:19	00:44:08	704		V60	5	00:03:39	435
681	6558	Manuel Ferreira	00:21:31	00:44:19	00:44:15	719		V60	6	00:03:45	549
682	5052	Gonçalo Rodrigues	00:22:52	00:44:20	00:43:53	664	Corrida do 9	V35	108	00:03:47	596
683	3760	Jorge Ferreira	00:21:33	00:44:21	00:44:05	700		V50	69	00:04:05	1212
684	8915	Pedro Pereira	00:22:17	00:44:21	00:44:14	718		V55	32	00:03:50	697



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
685	4187	Pedro Soares	00:21:50	00:44:21	00:44:03	694		V50	70	00:03:52	765
686	6264	Rodrigo Silva	00:21:54	00:44:21	00:44:11	714		V50	71	00:03:47	593
687	4935	Carlos Lima	00:21:53	00:44:21	00:44:11	713		V50	72	00:03:47	606
688	4087	Adolfo Vagos	00:21:41	00:44:22	00:44:00	687		V50	73	00:03:50	718
689	2136	Luis Ferreira	00:21:38	00:44:22	00:44:16	721		V45	117	00:03:48	629
690	3608	Nelson Martins	00:22:00	00:44:22	00:44:18	727	Be Running	V40	126	00:03:53	779
691	3981	Nuno Marques	00:22:09	00:44:22	00:43:53	667	Bombeiros Voluntários de Montemor-o-Novo	V45	118	00:04:00	1050
692	1188	Hugo Matias	00:22:09	00:44:23	00:43:53	665		V45	119	00:04:00	1059
693	5758	Joaquim Vieira	00:22:06	00:44:23	00:44:03	695		V55	33	00:03:44	543
694	5902	Nuno Gonçalves	00:21:40	00:44:23	00:44:02	690	RAAA1	V40	127	00:03:55	856
695	510	Fernando Fanan	00:21:19	00:44:23	00:44:22	732		V45	120	00:04:01	1090
696	7984	Gustavo Gaspary	00:23:24	00:44:23	00:43:51	660	ONTRISPORTS	Senior	176	00:03:19	144
697	7925	Nuno Gonçalves	00:22:18	00:44:24	00:43:55	674	CA Patameiras	V45	121	00:03:43	518
698	8991	Bárbara Abreu	00:21:59	00:44:24	00:44:02	693	RunTejo	Senior	17	00:03:57	962
699	1300	Marco Balsinha	00:22:21	00:44:25	00:43:58	679	Jf massagista	V35	109	00:03:50	703
700	6619	Filipe Castro	00:21:40	00:44:25	00:44:24	739	WE WILL RUN	V35	110	00:04:01	1078
701	6051	Maria Botelho	00:21:44	00:44:25	00:43:59	684		Senior	18	00:03:50	725
702	2031	Tiago Roxo	00:22:10	00:44:26	00:44:04	699		Senior	177	00:03:47	614
703	8609	Alberto Pires	00:21:58	00:44:26	00:44:23	737		V50	74	00:03:45	561



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
704	6376	João Valhelhas	00:21:22	00:44:26	00:44:18	726		V50	75	00:03:48	651
705	4791	Rui Rodrigues	00:21:53	00:44:27	00:44:00	686	Correr Soc. Rec. da Granja	V45	122	00:03:58	996
706	869	Filipe Correia	00:21:43	00:44:28	00:44:12	715		V40	128	00:03:44	534
707	8470	Madalena Fontinhas	00:21:42	00:44:28	00:44:10	710	CUA Benaventense	V35	8	00:03:55	887
708	494	Joaquim Silva	00:21:14	00:44:29	00:44:21	731		V45	123	00:04:03	1155
709	5404	Joao Soares	00:22:19	00:44:29	00:44:16	724		V40	129	00:04:03	1141
710	7062	Normando	00:22:16	00:44:30	00:43:53	669	Strong team	V45	124	00:03:47	622
711	1804	António Maia	00:21:55	00:44:31	00:44:15	720	SARTIM	V40	130	00:03:44	525
712	2239	Pedro Silva	00:21:42	00:44:32	00:44:23	736		V35	111	00:03:56	898
713	7500	José Amaro	00:21:42	00:44:32	00:44:05	701		V45	125	00:03:59	1036
714	888	Rui Henriques	00:22:04	00:44:33	00:44:10	709		V50	76	00:03:50	708
715	4339	Rui Almeida	00:22:06	00:44:33	00:44:02	692		V40	131	00:03:48	646
716	6679	Emilio Santos	00:22:00	00:44:33	00:44:32	754		V55	34	00:03:45	551
717	5002	Rui Silva	00:22:06	00:44:34	00:43:54	672		V35	112	00:03:48	638
718	8674	Francisco Farinha	00:21:26	00:44:34	00:44:32	755		V35	113	00:03:58	978
719	5321	Pedro Fontoura	00:21:40	00:44:35	00:44:30	747	SS CGD	V50	77	00:03:55	858
720	2878	Paulo Manaças	00:21:38	00:44:35	00:44:30	748		V50	78	00:03:55	880
721	8302	Miguel Judas	00:21:59	00:44:36	00:44:11	711		V45	126	00:04:00	1044
722	5415	Ricardo Pinto	00:21:49	00:44:37	00:44:16	722		V40	132	00:03:50	721



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
723	3791	Duarte Bilro	00:22:12	00:44:37	00:44:10	706		V35	114	00:03:39	434
724	5524	Rui Antunes	00:21:49	00:44:37	00:44:16	723		V40	133	00:03:50	722
725	4948	Jorge Gonçalves	00:21:44	00:44:37	00:44:27	742		V40	134	00:03:49	669
726	1156	José Maçarria	00:21:51	00:44:38	00:44:24	738		V60	7	00:03:51	739
727	4349	Carlos Proença	00:22:08	00:44:38	00:44:22	734		V40	135	00:03:53	783
728	218	Carlos Craveira	00:21:35	00:44:39	00:44:34	759		V50	79	00:04:01	1086
729	6653	Francisco Sanches-Osório	00:22:20	00:44:41	00:44:31	753		V55	35	00:03:45	548
730	5728	Gabriel Alves	00:22:07	00:44:43	00:44:39	775		Senior	178	00:03:51	731
731	2829	Catarina Serras	00:22:07	00:44:43	00:44:39	774		Senior	19	00:03:51	741
732	4382	António Pereira	00:22:17	00:44:43	00:44:19	728	CCDTMetroLX	V55	36	00:03:44	528
733	7137	Manuel Preto	00:22:30	00:44:44	00:44:34	761		V55	37	00:03:49	686
734	3393	Rui Fernandes	00:22:07	00:44:44	00:44:29	745		V50	80	00:03:49	665
735	2526	Luis Silvestre	00:21:37	00:44:44	00:44:20	729		V35	115	00:04:06	1272
736	5041	João C.Rosado	00:21:41	00:44:45	00:44:13	716		V60	8	00:03:59	1004
737	2627	João Lourenço	00:22:09	00:44:45	00:44:11	712	GRCD Leião	V55	38	00:03:55	881
738	4152	Hugo Cecílio	00:22:37	00:44:46	00:44:43	781		Senior	179	00:03:27	226
739	6140	Alexandre Rico	00:22:35	00:44:47	00:44:41	778		V45	127	00:03:47	592
740	6451	Paula Machado	00:21:46	00:44:47	00:44:34	760		V65	1	00:03:55	850
741	1261	António Xavier	00:21:36	00:44:47	00:44:44	784	APOGMA	V55	39	00:04:07	1327



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
742	5267	Luis Franco	00:22:25	00:44:47	00:44:20	730		V40	136	00:03:56	928
743	2653	Vitor Cavadas	00:22:25	00:44:47	00:44:33	758		Senior	180	00:03:47	617
744	4738	Alfredo Chambel	00:22:06	00:44:47	00:44:30	746	FIDELIDADE GDC	V55	40	00:03:52	762
745	8960	Elsa Mação	00:22:19	00:44:48	00:44:31	752	Clube de Futebol "Os Belenenses"	V45	8	00:03:51	746
746	3406	Daniel Falé	00:22:10	00:44:48	00:44:23	735		V35	116	00:03:53	780
747	8146	Jorge Serra	00:22:24	00:44:48	00:44:30	750	CCD TRANQUILIDADE	V55	41	00:03:43	516
748	3953	Luis Brito	00:21:33	00:44:48	00:44:44	783	Bombeiros Voluntários de Montemor-o-Novo	V40	137	00:03:56	912
749	5445	Joao Lobo	00:21:46	00:44:49	00:44:36	768	Askblue	V35	117	00:03:53	776
750	704	Rui Silva	00:22:19	00:44:49	00:44:30	749	Newmove	V35	118	00:03:58	990
751	7995	Francisco Rafael	00:22:25	00:44:49	00:44:27	744	ONTRISPORTS	V40	138	00:03:50	694
752	7090	Oleksandr Rets	00:22:32	00:44:49	00:44:35	763		Senior	181	00:03:34	348
753	107	Luis Barata	00:21:47	00:44:50	00:44:45	785	Associação Desportiva NúcleOeiras - ADNO	V45	128	00:04:09	1411
754	8610	Patrícia Silva	00:21:51	00:44:50	00:44:46	789		V40	7	00:03:48	628
755	6273	Tiago Mota	00:22:31	00:44:50	00:44:14	717		Senior	182	00:03:41	468
756	4644	Patrick Silva	00:21:56	00:44:50	00:44:36	767		V40	139	00:03:55	865
757	4312	Vitor Monteiro	00:21:41	00:44:51	00:44:40	776	Vilaventura Trail	V55	42	00:03:54	825
758	6354	António Teixeira	00:21:30	00:44:52	00:44:44	782	Os Kotas	V50	81	00:03:55	853
759	311	Hugo Carlos	00:22:01	00:44:54	00:44:48	792		V40	140	00:03:57	944
760	5434	Miguel Cunha	00:21:41	00:44:54	00:44:51	800		V45	129	00:03:52	768



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
761	8286	Mateus Ferreira	00:21:39	00:44:54	00:44:46	788	Correr Lisboa	Senior	183	00:04:05	1237
762	8964	Beatriz Ferreira	00:21:58	00:44:55	00:44:35	764	Clube de Futebol "Os Belenenses"	Senior	20	00:04:03	1159
763	8953	Carlos Viseu	00:21:58	00:44:55	00:44:36	770	Clube de Futebol "Os Belenenses"	V50	82	00:04:03	1160
764	2793	Sónia Neves	00:22:04	00:44:55	00:44:50	798		V45	9	00:03:49	675
765	2286	Rúben Cardoso	00:22:12	00:44:56	00:44:27	743		Senior	184	00:03:55	882
766	5998	Maurício Cruz	00:21:33	00:44:57	00:44:55	813		V40	141	00:04:13	1539
767	3669	Hugo Boura	00:21:51	00:44:57	00:44:38	772	Alverca Urban Runners	Senior	185	00:03:54	841
768	4653	Patrícia Caldas	00:22:43	00:44:58	00:44:36	766		V35	9	00:03:47	604
769	1106	Nuno Martins	00:21:47	00:44:58	00:44:52	802		V35	119	00:03:58	991
770	3073	Vitor Paulino	00:21:50	00:44:58	00:44:38	773	GMCJamor	V45	130	00:03:53	792
771	5753	Marcelo Chagas	00:22:18	00:44:58	00:44:26	741		Senior	186	00:03:53	778
772	1493	Pedro Gomes	00:22:06	00:44:59	00:44:22	733		V45	131	00:04:01	1092
773	2254	Afonso Nunes	00:21:48	00:44:59	00:44:54	811	Alverca Urban Runners	V60	9	00:04:03	1157
774	1220	Vítor Alvito	00:22:25	00:44:59	00:44:36	769		V35	120	00:03:48	635
775	8160	Nuno Costa	00:22:12	00:45:00	00:44:54	807	CCD TRANQUILIDADE	V35	121	00:03:57	966
776	1495	Adventino Conceição	00:21:27	00:45:00	00:44:50	797		V55	43	00:04:17	1717
777	1706	Gonçalo Lobo	00:21:37	00:45:02	00:44:52	801		V35	122	00:03:56	902
778	812	Luís Almeida	00:21:57	00:45:02	00:44:49	793		V35	123	00:03:45	557
779	5530	Diogo Silva	00:23:04	00:45:02	00:44:25	740		Senior	187	00:03:42	500



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
780	5136	Sergio Pontes	00:22:25	00:45:03	00:44:37	771		V45	132	00:03:51	729
781	3877	Ivo Vieira	00:21:56	00:45:03	00:44:53	805		Senior	188	00:04:02	1133
782	5106	Tiago Ameixinha	00:22:24	00:45:04	00:44:58	818		V35	124	00:03:44	545
783	5538	Graça Castro	00:21:52	00:45:04	00:44:54	809	Correr Lisboa	V45	10	00:03:57	938
784	7106	Joel Cunha	00:22:44	00:45:04	00:44:45	787		V35	125	00:03:50	687
785	7923	Miguel Tavares	00:22:30	00:45:04	00:44:34	762	CA Patameiras	V45	133	00:03:48	623
786	4956	Rui Barreira	00:22:12	00:45:05	00:45:02	825		V40	142	00:03:53	786
787	1097	Nuno Gomes	00:22:02	00:45:05	00:45:04	831		V35	126	00:03:49	672
788	7407	Ricardo Sousa	00:22:33	00:45:05	00:44:53	806		V35	127	00:03:35	383
789	6377	Paulo Gonçalves	00:22:17	00:45:06	00:44:57	816		V45	134	00:03:49	662
790	7030	Afonso Claudino	00:21:01	00:45:06	00:44:59	820		Senior	189	00:04:02	1109
791	98	Rodrigo Almeida	00:22:16	00:45:06	00:44:53	803		V40	143	00:03:54	835
792	820	Carlos Caeiro	00:22:14	00:45:07	00:45:05	832		V45	135	00:04:01	1098
793	5520	Gabriela Sobral	00:22:24	00:45:08	00:44:54	808		Junior	2	00:03:50	723
794	4939	Samira Bühler	00:22:09	00:45:08	00:44:56	815		Senior	21	00:03:56	921
795	3439	Carlos Jeronimo	00:22:19	00:45:09	00:45:08	837		V35	128	00:03:48	644
796	1182	Marcos Mesquita	00:22:52	00:45:09	00:44:54	810		V50	83	00:03:39	442
797	6368	Filipe Canilho	00:22:28	00:45:09	00:44:48	791		V35	129	00:03:57	933
798	4325	Jorge Santos	00:22:34	00:45:09	00:44:50	796	SeaWolves	Senior	190	00:03:48	640



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
799	3031	Luis Almeida	00:22:24	00:45:09	00:45:02	827		V50	84	00:03:49	676
800	3102	João Carvalho	00:21:41	00:45:09	00:45:00	823		V50	85	00:04:03	1146
801	2075	Fernando Palma	00:22:24	00:45:11	00:44:50	799	Serviços Sociais Montepio	V45	136	00:03:59	1030
802	339	Nuno Martins	00:21:28	00:45:12	00:45:09	839		V40	144	00:03:50	711
803	4074	Pedro Santos	00:22:33	00:45:12	00:44:59	821		V40	145	00:03:42	490
804	5570	Nuno António	00:22:26	00:45:13	00:44:43	780		V45	137	00:04:04	1205
805	7743	Nuno Estacio	00:22:18	00:45:13	00:45:05	833		V40	146	00:03:46	571
806	61	Francisco Cruz	00:21:50	00:45:14	00:45:09	840		Senior	191	00:03:56	917
807	5429	Jorge Pereira	00:21:31	00:45:14	00:45:13	843		V40	147	00:04:04	1204
808	8599	Carla Mochila	00:22:26	00:45:14	00:45:03	828		V40	8	00:03:53	807
809	8382	Rodrigo Correia	00:21:27	00:45:15	00:45:01	824		V40	148	00:04:25	2060
810	1027	Herberto Monteiro	00:22:23	00:45:16	00:45:02	826		V50	86	00:03:40	460
811	636	Paulo Santos	00:21:52	00:45:19	00:44:53	804	Serralhasrun	V50	87	00:04:01	1088
812	8008	Vitor Fonseca	00:22:21	00:45:20	00:45:03	829	ONTRISPORTS	V40	149	00:03:58	972
813	814	Tiago Vaz	00:22:22	00:45:20	00:44:59	822		V40	150	00:03:53	790
814	4678	Augusto Portugal	00:22:37	00:45:20	00:44:55	814	Clube de Atletismo da Nazaré	V45	138	00:04:02	1130
815	4750	António Lobo	00:23:00	00:45:22	00:44:45	786	FIDELIDADE GDC	V45	139	00:03:48	639
816	8354	Ricardo Pereira	00:21:37	00:45:22	00:45:20	860		V40	151	00:04:03	1164
817	1518	Luis Bastos	00:21:54	00:45:22	00:45:15	850		V55	44	00:03:52	760



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
818	557	Diogo Alfarelos	00:22:37	00:45:24	00:45:18	856		V35	130	00:04:02	1126
819	8952	Carlos Fortunato	00:22:22	00:45:24	00:45:07	836	Clube de Futebol "Os Belenenses"	V60	10	00:03:47	620
820	5154	Jony Domingos	00:22:39	00:45:25	00:44:58	817		V45	140	00:03:48	648
821	486	Nuno Sobral	00:22:02	00:45:25	00:45:14	845	Vara Trail Running	V45	141	00:03:56	919
822	5204	Gonçalo Gameiro	00:22:59	00:45:25	00:44:47	790	Clube Novo Banco	V40	152	00:03:55	857
823	6335	Ana Martinho	00:22:35	00:45:26	00:45:14	846		V35	10	00:04:02	1135
824	7821	Nuno Amálio	00:22:25	00:45:26	00:44:58	819		V45	142	00:03:48	626
825	37	Ricardo Lavareda	00:22:25	00:45:27	00:45:20	862		Senior	192	00:03:55	870
826	3415	Pedro Vermelhudo	00:22:11	00:45:29	00:45:06	835		V40	153	00:03:59	1010
827	3286	Catarina Rodrigues	00:22:26	00:45:29	00:45:23	866		Senior	22	00:03:49	666
828	7285	Carlo Pinho	00:22:35	00:45:30	00:45:14	847	CLUBE MILLENNIUM BCP	V45	143	00:04:06	1284
829	7140	Gustavo Antunes	00:23:01	00:45:30	00:45:09	841		V40	154	00:03:50	688
830	4676	Carlos Ferreira	00:22:33	00:45:31	00:45:29	878	GOAT -West Trail Team	V40	155	00:03:52	763
831	4684	José Gerardo	00:22:39	00:45:34	00:45:09	838	Clube de Atletismo da Nazaré	V55	45	00:03:56	924
832	2336	Henrique Delgado	00:22:36	00:45:34	00:45:06	834	CAPenafirme	V35	131	00:03:52	758
833	8138	Paulo Pereira	00:22:11	00:45:34	00:45:16	852	CCD TRANQUILIDADE	V50	88	00:03:56	891
834	4741	Luis Nunes	00:22:20	00:45:35	00:45:26	873	FIDELIDADE GDC	V40	156	00:03:51	735
835	4746	Eugénio Martinez	00:22:18	00:45:35	00:45:27	874	FIDELIDADE GDC	V40	157	00:03:55	866
836	1045	Mário Filipe	00:21:22	00:45:35	00:45:31	881		V50	89	00:04:00	1055



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
837	1455	Gonçalo Rodrigues	00:22:08	00:45:35	00:45:23	868	Clube Ferroviário de Portugal	V40	158	00:04:02	1123
838	2386	Lúcia Oliveira	00:22:12	00:45:35	00:45:16	851	Generg	V40	9	00:03:57	960
839	5824	Alexandre Conceição	00:21:55	00:45:35	00:45:20	864		V45	144	00:04:07	1295
840	8048	Jorge Raminhas	00:22:01	00:45:35	00:45:19	857		V35	132	00:04:17	1723
841	8270	António Soares	00:22:10	00:45:36	00:45:28	876		V55	46	00:04:03	1163
842	1456	Gonçalo Rodrigues	00:21:58	00:45:36	00:45:24	869	Clube Ferroviário de Portugal	Junior	16	00:04:43	2787
843	4324	Sergio Machado	00:22:34	00:45:36	00:45:17	854	SeaWolves	V40	159	00:03:50	714
844	8643	Rui Oliveira	00:22:37	00:45:37	00:45:19	858		V40	160	00:04:01	1104
845	1765	José Santos	00:22:25	00:45:37	00:45:29	879	Tálenos Team	V55	47	00:03:49	677
846	272	Sérgio Ferreira	00:22:45	00:45:38	00:45:31	883	Correr Lisboa	V40	161	00:03:50	712
847	462	Francisco Teixeira	00:23:05	00:45:39	00:45:04	830		V35	133	00:04:06	1263
848	111	Hugo Ferreira	00:21:46	00:45:40	00:45:35	901	Associação Desportiva NúcleOeiras - ADNO	V45	145	00:04:06	1264
849	6553	Rui Fonseca	00:22:31	00:45:40	00:45:18	855		V55	48	00:04:03	1144
850	6778	Luis Correia	00:21:35	00:45:41	00:45:23	867		V35	134	00:05:05	3602
851	3060	Fernando Reis	00:22:16	00:45:41	00:45:25	871	Strong team	V50	90	00:04:02	1121
852	8663	Nuno Antunes	00:21:45	00:45:41	00:45:20	859		V45	146	00:05:13	3891
853	4541	Mario Pinto	00:22:05	00:45:41	00:45:34	895	ACM Montemor a Correr	V35	135	00:03:59	1016
854	8473	Décio Andrade	00:22:24	00:45:42	00:45:35	899	CUA Benaventense	V35	136	00:03:54	813
855	4182	Elias Porto	00:22:32	00:45:42	00:45:27	875		V40	162	00:03:55	864



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
856	1054	Bruno Silva	00:22:22	00:45:43	00:45:31	882		V45	147	00:04:01	1093
857	3511	Fernando Santos	00:23:00	00:45:44	00:45:13	844		V50	91	00:03:52	759
858	1675	Rui Miranda	00:22:06	00:45:45	00:45:43	915		V40	163	00:04:00	1047
859	1773	Humberto Borges	00:22:27	00:45:46	00:45:32	885		V50	92	00:03:59	1029
860	5492	Pedro Gameiro	00:21:59	00:45:47	00:45:43	914		V35	137	00:04:16	1686
861	280	Luís Balinho	00:22:24	00:45:47	00:45:26	872		V45	148	00:03:59	1018
862	5747	Joana Barros	00:23:06	00:45:48	00:45:41	911		V40	10	00:03:59	1007
863	2851	Ricardo Pereira	00:22:01	00:45:49	00:45:34	894		V40	164	00:04:10	1440
864	5600	Alexandre Cavalheiro	00:23:08	00:45:49	00:45:15	848		V45	149	00:03:38	431
865	6541	Miguel Nunes	00:22:55	00:45:50	00:45:32	888	GDCT Unicre	V45	150	00:03:50	724
866	2756	Joao Almeida	00:21:36	00:45:50	00:45:46	924		V40	165	00:04:05	1221
867	8062	Helena Martins	00:22:39	00:45:51	00:45:44	917	Amigos do Atletismo de Mafra	V60	1	00:03:56	892
868	6288	Diogo Barradas	00:21:59	00:45:51	00:45:50	935		Senior	193	00:03:55	851
869	3900	Samuel Santos	00:23:49	00:45:52	00:44:33	757		V40	166	00:03:48	643
870	2185	Goncalo Fidalgo	00:22:44	00:45:52	00:45:45	920		V50	93	00:04:01	1102
871	7767	Pedro Almeida	00:22:50	00:45:52	00:45:20	861		V40	167	00:03:58	975
872	8765	Leonel Neves	00:22:29	00:45:52	00:45:48	932		V65	1	00:03:52	755
873	5314	Miguel Dias	00:22:50	00:45:53	00:45:46	925	SS CGD	V45	151	00:03:52	767
874	4759	Sergio Carvalho	00:22:24	00:45:53	00:45:22	865	Agualva Runners	V45	152	00:04:00	1065



SÃO SILVESTRE
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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
875	8296	Inês Diogo	00:22:34	00:45:53	00:45:34	896		Senior	23	00:04:02	1110
876	6408	Alexandre Carvalho	00:22:27	00:45:55	00:45:49	933	Correr Queluz	V45	153	00:03:55	849
877	527	Antonio Lopes	00:22:11	00:45:55	00:45:33	891		V50	94	00:04:06	1262
878	73	Bruno Jota	00:23:16	00:45:55	00:45:37	907		Senior	194	00:03:56	918
879	8282	Fábio Teixeira	00:22:34	00:45:55	00:45:36	905		V35	138	00:04:04	1176
880	6405	Eduardo Melo	00:23:05	00:45:56	00:45:53	945		V40	168	00:03:47	594
881	1339	Aureliano Luz	00:22:06	00:45:56	00:45:52	941	As Máquinas	V45	154	00:04:05	1232
882	1200	Cândido Poças	00:22:53	00:45:57	00:45:20	863	FIDELIDADE GDC	V50	95	00:03:49	674
883	2965	Paulo Fialho	00:22:19	00:45:57	00:45:52	942		V45	155	00:03:58	983
884	994	Hélio Garcia	00:23:03	00:45:57	00:45:47	929		V40	169	00:03:50	701
885	419	Robert Teixeira	00:22:39	00:45:58	00:45:33	892		V35	139	00:03:59	1019
886	181	Rui Teixeira	00:22:54	00:45:58	00:45:55	957		V50	96	00:04:04	1185
887	241	Francisco Teixeira	00:22:54	00:45:58	00:45:54	950		Senior	195	00:04:04	1186
888	5839	João Rosa	00:23:04	00:45:59	00:45:44	916		V45	156	00:03:55	855
889	1862	Daniel Oliveira	00:22:27	00:45:59	00:45:52	943		Senior	196	00:03:56	905
890	1517	Joel Ferreira	00:22:32	00:45:59	00:45:36	902		V35	140	00:04:01	1095
891	3615	Fernando Carvalhão	00:23:04	00:45:59	00:45:33	890	RUN 4 FUN	V40	170	00:03:54	840
892	461	Rui Serafim	00:22:18	00:46:00	00:45:59	967		V45	157	00:04:15	1629
893	6621	Sérgio Casteleiro	00:23:28	00:46:00	00:44:42	779	BTM TEAM	V45	158	00:03:58	1000



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
894	8659	Mafalda Martinho	00:23:05	00:46:01	00:45:34	897		Senior	24	00:04:04	1180
895	639	Hugo Pina	00:22:36	00:46:02	00:45:47	928	Pina Bro's	V40	171	00:03:55	871
896	6085	Carlos Mota	00:22:25	00:46:03	00:45:49	934	marvila jovem	V35	141	00:03:50	726
897	3169	Cátia Ferreira	00:22:24	00:46:03	00:46:00	973		Senior	25	00:03:58	987
898	2687	Nuno Diogo	00:22:29	00:46:03	00:45:37	908		V45	159	00:03:59	1028
899	3186	Miguel Jesus	00:22:24	00:46:05	00:45:56	963		Junior	17	00:03:56	910
900	4310	Bruno Jorge	00:22:27	00:46:05	00:45:32	887	Vilaventura Trail	V35	142	00:04:14	1588
901	8716	Francisco Ferrão	00:21:02	00:46:05	00:46:05	990		V40	172	00:04:02	1114
902	1869	Ricardo Raposo	00:23:26	00:46:05	00:44:40	777		Senior	197	00:03:47	615
903	724	Gonçalo Aguas	00:22:42	00:46:06	00:45:31	884		V35	143	00:03:57	945
904	2781	Bruno Costa	00:22:21	00:46:06	00:45:56	962		V35	144	00:04:05	1220
905	417	Ivo Louro	00:22:16	00:46:06	00:46:00	972		Senior	198	00:04:16	1654
906	5639	Francisca Cambra	00:22:59	00:46:07	00:45:36	903		Senior	26	00:04:00	1072
907	2396	Paulo Garrudo	00:22:40	00:46:07	00:45:54	952	OutSystems	V40	173	00:04:06	1274
908	1503	João Nunes	00:22:43	00:46:08	00:45:45	921		V55	49	00:03:55	874
909	5919	Ricardo Francisco	00:23:01	00:46:08	00:46:03	982		V45	160	00:03:49	663
910	5447	Ricardo Raposo	00:22:19	00:46:08	00:46:03	981	Askblue	V40	174	00:04:07	1298
911	6407	Miguel Ferreira	00:22:26	00:46:09	00:45:35	900		V35	145	00:04:07	1301
912	8075	Carlos Marinho	00:22:44	00:46:09	00:45:59	969	CDCR dos CTT	V40	175	00:03:55	885



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
913	6578	André Azevedo	00:23:11	00:46:09	00:45:53	946		V40	176	00:03:45	550
914	7437	Luís Moreira	00:22:15	00:46:09	00:46:07	992		V45	161	00:04:03	1171
915	3190	Fernando Silva	00:21:41	00:46:09	00:46:05	987		V60	11	00:03:58	989
916	7248	Fernando Sousa	00:22:40	00:46:09	00:45:55	958	CLUBE MILLENNIUM BCP	V50	97	00:04:04	1199
917	937	Carlos Lopes	00:22:49	00:46:09	00:45:58	966	Alverca Urban Runners	V40	177	00:03:43	510
918	8055	Ricardo Bôto	00:22:58	00:46:09	00:45:35	898		Senior	199	00:03:57	969
919	7655	Rodrigo Belchior	00:24:23	00:46:10	00:44:33	756	BI4ALL	Senior	200	00:03:39	451
920	6637	Americo Ramos	00:22:30	00:46:10	00:45:56	959		V60	12	00:04:09	1388
921	2192	Sara Silva	00:23:24	00:46:10	00:45:32	886	RunTejo	Senior	27	00:03:51	745
922	3076	Paulo Jesus	00:23:21	00:46:11	00:45:48	931	Cad a Correr	V50	98	00:03:48	631
923	1952	Pedro Filipe	00:23:05	00:46:11	00:45:41	910		V40	178	00:03:53	797
924	7968	Bruno Martins	00:21:55	00:46:12	00:45:57	965	ONTRISPORTS	Senior	201	00:04:29	2227
925	3954	Maria Rodrigues	00:23:30	00:46:12	00:46:00	974	Bombeiros Voluntários de Montemor-o-Novo	V45	11	00:03:57	953
926	45	Rodrigo Santos	00:22:48	00:46:13	00:46:05	989		V45	162	00:04:03	1151
927	8019	António Loios	00:22:24	00:46:13	00:46:10	1004		V50	99	00:04:11	1495
928	8268	Paulo Correia	00:23:11	00:46:13	00:46:07	993		V50	100	00:04:24	1988
929	8095	Daniel Luís	00:22:12	00:46:13	00:45:55	955		Senior	202	00:03:56	889
930	4440	Gonçalo Serrenho	00:23:47	00:46:13	00:44:35	765	Irongroup	V40	179	00:03:56	925
931	7700	Didio Silvestre	00:22:38	00:46:13	00:45:54	953		V35	146	00:03:54	814



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
932	8148	António Neto	00:22:35	00:46:14	00:45:42	912	CCD TRANQUILIDADE	V50	101	00:04:19	1798
933	7041	Miguel Garcia	00:22:59	00:46:14	00:45:43	913		V35	147	00:04:02	1108
934	7196	Marco Miguel	00:22:26	00:46:14	00:45:46	926		V40	180	00:04:05	1247
935	8231	Cassiana Bruel	00:22:23	00:46:15	00:46:09	996		V55	1	00:04:04	1178
936	8561	Manuel Coello	00:22:46	00:46:16	00:45:37	906		V55	50	00:04:11	1491
937	4952	Vilma Bento	00:22:44	00:46:16	00:46:05	985		V50	2	00:04:08	1370
938	3920	Carlos Santos	00:22:30	00:46:16	00:46:11	1005	GE "Os Económicos" - Farmácia Boavista	V60	13	00:04:07	1313
939	3806	Manuel Melo	00:23:12	00:46:16	00:45:50	936		Senior	203	00:04:00	1067
940	1906	Nuno Morgado	00:23:19	00:46:16	00:45:39	909	GMCJamor	V45	163	00:03:57	959
941	5105	Paulo Vasconcelos	00:22:51	00:46:18	00:45:54	947		V50	102	00:04:14	1602
942	1082	Diogo Lopes	00:22:24	00:46:18	00:46:07	994		Junior	18	00:04:06	1257
943	4332	Carlos Calado	00:24:17	00:46:18	00:44:10	707	Run&Win(e)	V45	164	00:03:48	642
944	8041	Renato Morais	00:23:12	00:46:18	00:45:51	940		V40	181	00:03:57	968
945	8724	Vitor Pinto	00:22:38	00:46:18	00:46:01	976		V35	148	00:04:10	1424
946	8109	Hugo Marques	00:22:38	00:46:19	00:46:01	975		V40	182	00:04:10	1429
947	5950	Isabel Silva	00:24:11	00:46:19	00:45:45	919		V35	11	00:03:58	1001
948	227	Rui Ascensão	00:24:11	00:46:19	00:45:46	922		V45	165	00:03:58	994
949	4886	Rui Flores	00:22:13	00:46:19	00:46:12	1006		V40	183	00:04:01	1083
950	4702	Inês Mendes	00:22:06	00:46:19	00:46:04	984	Sport Clube de Freamunde	V35	12	00:04:16	1672



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
951	4357	Nuno Esperança	00:22:44	00:46:19	00:46:09	999		V45	166	00:03:59	1013
952	1954	Miguel Machado	00:23:27	00:46:21	00:44:55	812		Senior	204	00:03:46	575
953	663	Rafael Lavouras	00:22:34	00:46:21	00:46:02	979		V55	51	00:03:53	789
954	4531	Rui Lacerda	00:22:27	00:46:21	00:45:59	968	Associação Vale Grande	V45	167	00:04:02	1131
955	3132	João Sousa	00:23:23	00:46:21	00:45:54	948		Senior	205	00:04:09	1392
956	2855	Nuno Torres	00:22:33	00:46:22	00:45:56	961	FIDELIDADE GDC	Senior	206	00:04:10	1442
957	2381	Jorge Cruz	00:23:31	00:46:23	00:46:05	988	United Warriors OCR	V35	149	00:03:44	527
958	3071	José Varela	00:23:40	00:46:23	00:45:47	927	Strong team	V50	103	00:03:47	612
959	7485	Pedro Costa	00:22:53	00:46:24	00:46:10	1003	SLIM21	V45	168	00:03:54	816
960	818	Sandra Monteiro	00:22:35	00:46:24	00:46:18	1014		V45	12	00:04:08	1352
961	2495	Ana Catarino	00:22:41	00:46:25	00:46:09	997		Senior	28	00:04:12	1522
962	2200	Pedro Nunes	00:22:17	00:46:25	00:46:15	1012		V45	169	00:04:08	1366
963	4580	Pierre Lebaccon	00:22:12	00:46:26	00:46:19	1017	CC Ageas Portugal	V35	150	00:04:05	1216
964	6962	Ricardo Félix	00:21:49	00:46:26	00:46:25	1043		V40	184	00:04:09	1422
965	6881	Paulo Santos	00:23:04	00:46:26	00:46:12	1009		V55	52	00:03:59	1039
966	4058	Manuel Alves	00:22:12	00:46:28	00:46:09	998		V40	185	00:04:07	1312
967	7188	Nuno Pereira	00:22:50	00:46:28	00:46:03	983		V45	170	00:04:05	1246
968	2701	Pedro Serra	00:23:07	00:46:28	00:46:10	1000		V45	171	00:03:51	742
969	457	Rita Santos	00:23:41	00:46:29	00:45:53	944		Senior	29	00:03:42	495



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
970	3575	José Monteiro	00:22:56	00:46:29	00:46:02	978	GDC Banco de Portugal	V65	2	00:04:12	1519
971	8189	Bruno Costa	00:22:18	00:46:29	00:46:10	1001	GDCTINCM	V40	186	00:04:22	1900
972	4434	Simão Morgado	00:23:47	00:46:29	00:44:49	794	Irongroup	V40	187	00:03:57	942
973	787	Filipa Mendes	00:22:59	00:46:30	00:46:25	1040		V35	13	00:03:57	949
974	706	Rui Rodrigues	00:23:34	00:46:30	00:46:00	971		V60	14	00:03:57	946
975	3172	Tiago Pinto	00:23:12	00:46:30	00:46:03	980		V40	188	00:03:59	1026
976	8172	Ricardo Brito	00:22:04	00:46:31	00:46:30	1049	SD Sports Team	V40	189	00:04:25	2057
977	36	João Caldeira	00:23:11	00:46:31	00:46:20	1023		Senior	207	00:04:08	1357
978	7235	Ricardo Mendes	00:22:25	00:46:32	00:46:21	1030	CLUBE MILLENNIUM BCP	V45	172	00:04:18	1756
979	2697	Leonardo Aniceto	00:23:34	00:46:32	00:46:24	1036		Senior	208	00:04:09	1406
980	338	Carlos Lobo	00:22:11	00:46:33	00:46:28	1045		V45	173	00:04:31	2287
981	4551	Aliona Gutu	00:22:06	00:46:33	00:46:32	1057	Estoril Praia 2	Senior	30	00:03:52	764
982	8201	Pedro Freitas	00:22:15	00:46:33	00:46:20	1024		V35	151	00:04:04	1173
983	4306	Faustino Pereirinha	00:22:28	00:46:33	00:46:32	1054	Vilaventura Trail	V55	53	00:03:53	793
984	1007	Miguel San-Payo	00:22:58	00:46:33	00:46:23	1035		V55	54	00:04:04	1182
985	855	Sergio Bastos	00:24:04	00:46:34	00:45:30	880		V45	174	00:03:55	876
986	2685	Rodrigo Costa	00:23:57	00:46:34	00:45:54	951		Senior	209	00:03:46	577
987	8015	Eva Silva	00:23:02	00:46:34	00:46:10	1002		V40	11	00:03:55	888
988	317	Pedro Neves	00:23:24	00:46:35	00:45:54	949		V35	152	00:03:53	787



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
989	979	Susana Crespo	00:24:21	00:46:35	00:45:56	960	Clube Atletismo Amigos de Belém	V60	2	00:03:50	702
990	3170	Emanuel Dias	00:22:45	00:46:35	00:46:32	1053		Senior	210	00:03:55	879
991	643	Diogo Andraz	00:22:35	00:46:35	00:46:34	1062	Limited Edition	Senior	211	00:03:53	788
992	3594	Joaquim Rosa	00:22:39	00:46:36	00:46:25	1038	N.A. PAPAGAIOS DE CASCAIS	V55	55	00:04:06	1269
993	2719	Nuno Santos	00:21:59	00:46:36	00:46:25	1039		V35	153	00:04:32	2331
994	1790	Fernando Nobre	00:23:28	00:46:36	00:46:19	1019		V50	104	00:03:48	634
995	231	Liberto Santos	00:23:24	00:46:37	00:46:25	1041		V50	105	00:03:49	670
996	6332	Katherine Both	00:23:20	00:46:38	00:46:05	986	JOMA	Senior	31	00:04:03	1143
997	5592	Nuno Pereira	00:22:57	00:46:38	00:46:12	1007		V45	175	00:04:06	1289
998	3955	Carlos Mestrinho	00:22:48	00:46:39	00:46:21	1027	Bombeiros Voluntários de Montemor-o-Novo	V45	176	00:04:08	1362
999	8458	Paulo Grade	00:22:37	00:46:39	00:46:36	1071	CLUBE TAP PORTUGAL	V35	154	00:04:07	1331
1000	2689	Victor Costa	00:22:41	00:46:39	00:46:39	1081		V50	106	00:04:10	1441
1001	3502	Francisco Miranda	00:22:31	00:46:41	00:46:33	1058		V60	15	00:04:02	1132
1002	5104	João Silva	00:22:25	00:46:41	00:46:18	1015		V50	107	00:04:11	1460
1003	1880	Vitor Costeira	00:23:35	00:46:41	00:45:46	923	Os cinco ou mais	V45	177	00:03:54	822
1004	4981	Rui Teixeira	00:23:31	00:46:42	00:46:13	1010		V35	155	00:04:06	1281
1005	3255	Paula Anacleto	00:24:15	00:46:43	00:46:38	1079	Machado_Anacleto	V45	13	00:03:27	224
1006	2742	Carlos Lopes	00:22:44	00:46:43	00:46:20	1022	Amigos Da Corrida	V55	56	00:04:11	1479
1007	8397	Marta Conceição	00:23:58	00:46:44	00:45:56	964		V40	12	00:03:56	890



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1008	3663	Cristina Figueira	00:22:52	00:46:44	00:46:36	1070	GRCD Leião	V45	14	00:03:58	997
1009	2463	Ricardo Santos	00:23:28	00:46:44	00:46:28	1046		Senior	212	00:04:02	1117
1010	913	Paulo Moutinho	00:22:46	00:46:44	00:46:33	1060		V50	108	00:04:03	1158
1011	2596	Francisco Machado	00:22:53	00:46:45	00:46:35	1069	RUN 4 FUN	V40	190	00:04:22	1926
1012	9282	Sérgio Fernandes	00:23:58	00:46:45	00:45:54	954		V40	191	00:03:57	967
1013	4383	Bruno Barbosa	00:22:27	00:46:45	00:46:21	1028	CCDTMetroLX	Senior	213	00:04:22	1921
1014	4667	Cristina Henrique	00:23:07	00:46:45	00:46:35	1066	Lis Running Clube de Praticantes de Atletismo	V50	3	00:03:58	995
1015	5587	Pedro Correia	00:23:30	00:46:45	00:46:22	1031		Senior	214	00:04:06	1293
1016	1347	Xavier Sousa	00:22:43	00:46:46	00:46:16	1013	Moita a Correr	V45	178	00:04:06	1258
1017	4077	João Narra	00:22:47	00:46:46	00:46:19	1018		V50	109	00:04:18	1754
1018	5306	Joaquim Frade	00:22:52	00:46:46	00:46:37	1075	SS CGD	V65	3	00:04:07	1299
1019	4395	Orlando Silva	00:22:45	00:46:46	00:46:41	1085	CCDTMetroLX	V60	16	00:04:06	1265
1020	6136	Miguel Rocha	00:23:32	00:46:47	00:46:29	1047		V35	156	00:03:52	771
1021	1832	Álvaro Silva	00:22:25	00:46:48	00:46:48	1102		V60	17	00:04:15	1622
1022	2380	Vasyl Paliy	00:23:31	00:46:48	00:46:31	1051	United Warriors OCR	V40	192	00:03:51	744
1023	5133	Pedro Franco	00:23:02	00:46:49	00:46:33	1059		V40	193	00:03:51	730
1024	2420	António Merujo	00:23:15	00:46:50	00:46:21	1029		V60	18	00:04:16	1663
1025	6536	Eduardo Ribeiro	00:22:55	00:46:50	00:46:32	1056	GDCT Unicre	V50	110	00:03:59	1003
1026	2722	Goncalo Alves	00:23:14	00:46:50	00:46:23	1034		Senior	215	00:03:53	796



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CLASSIFICAÇÃO '21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1027	2654	Hélio Barrelas	00:23:19	00:46:51	00:46:41	1086		V35	157	00:03:58	979
1028	3152	Rafael Pereira	00:21:52	00:46:52	00:46:37	1076		V35	158	00:04:32	2334
1029	1383	Leonardo Jesus	00:22:28	00:46:54	00:46:35	1068		V35	159	00:04:20	1811
1030	2180	Salvador Sousa	00:22:25	00:46:55	00:46:32	1052		Senior	216	00:04:33	2369
1031	8134	Nelson Mota	00:23:15	00:46:55	00:46:36	1073	CCD TRANQUILIDADE	V50	111	00:04:05	1243
1032	4694	António Duarte	00:22:57	00:46:55	00:46:40	1084	Clube de Atletismo da Nazaré	V60	19	00:03:59	1015
1033	334	Hugo Pelica	00:23:34	00:46:56	00:46:32	1055		V35	160	00:04:11	1485
1034	3558	David Valério	00:23:40	00:46:56	00:46:00	970	NARM MESSEJANA	V35	161	00:04:13	1545
1035	7154	Joao Carvalho	00:22:27	00:46:57	00:46:44	1095	TEAM MELOM	V45	179	00:04:08	1346
1036	8855	José Silva	00:23:08	00:46:57	00:46:33	1061		V40	194	00:04:10	1425
1037	44	Nelson Esteves	00:23:33	00:46:57	00:46:19	1020		V40	195	00:04:04	1188
1038	6086	Rui Fernandes	00:24:00	00:46:57	00:46:23	1033	marvila jovem	Senior	217	00:03:53	772
1039	2693	José Neto	00:22:57	00:46:57	00:46:56	1123		V60	20	00:03:57	957
1040	8966	Paula Guedes	00:22:56	00:46:59	00:46:39	1083	Clube de Futebol "Os Belenenses"	V50	4	00:04:02	1116
1041	6921	Davide Barbosa	00:23:16	00:46:59	00:46:52	1112		Senior	218	00:04:21	1885
1042	6807	João Falé	00:22:56	00:47:02	00:46:57	1126		V35	162	00:04:07	1336
1043	2875	André Ribeiro	00:22:44	00:47:03	00:46:46	1100	Louletano	Junior	19	00:04:20	1816
1044	3461	Filipe Pego	00:22:44	00:47:03	00:47:01	1145		V35	163	00:04:05	1214
1045	5855	João Sousa	00:23:33	00:47:03	00:46:58	1132		V50	112	00:04:07	1296



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CLASSIFICAÇÃO '21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1046	8444	David Leite	00:23:17	00:47:04	00:46:58	1130		V40	196	00:04:16	1646
1047	8479	Paulo Gomes	00:22:43	00:47:04	00:46:20	1025	CUA Benaventense	V40	197	00:03:58	970
1048	5008	João Fernandes	00:23:39	00:47:04	00:46:56	1121		Senior	219	00:03:48	637
1049	2002	Rui Sá	00:23:09	00:47:04	00:47:01	1142		V50	113	00:04:00	1048
1050	4044	Silvério Pinto	00:23:34	00:47:04	00:46:35	1067		V55	57	00:04:14	1595
1051	8368	Nino Raleiras	00:22:15	00:47:05	00:46:42	1089		V45	180	00:04:21	1890
1052	8454	Jorge Gonçalves	00:23:18	00:47:05	00:46:29	1048	CLUBE TAP PORTUGAL	V35	164	00:03:54	812
1053	3394	Pedro Galvão	00:23:34	00:47:05	00:46:34	1063		V40	198	00:04:01	1082
1054	6520	António Silva	00:23:35	00:47:06	00:46:26	1044	GDC Banco de Portugal	V35	165	00:03:54	848
1055	8986	Anabela Salazar	00:22:58	00:47:06	00:47:05	1162	RunTejo	V45	15	00:03:59	1032
1056	3725	Paulo Ferreira	00:23:22	00:47:06	00:46:57	1125		V45	181	00:04:04	1198
1057	6006	Domingos Lopes	00:23:48	00:47:06	00:46:15	1011		V45	182	00:03:59	1009
1058	3295	Rafael Barbosa	00:22:36	00:47:07	00:46:38	1080		Senior	220	00:04:04	1197
1059	8319	Nuno Parreira	00:23:39	00:47:07	00:46:36	1072	Corrida Noturna Parque das Nações	V40	199	00:03:49	683
1060	5572	Duarte Oliveira	00:23:23	00:47:07	00:47:02	1146		Senior	221	00:04:02	1137
1061	4971	Fabio Varanda	00:22:49	00:47:07	00:46:48	1103		V35	166	00:04:10	1451
1062	4767	Ana Frutuoso	00:22:59	00:47:07	00:46:45	1097	Linda-a-Pastora Sporting Clube	V45	16	00:03:56	923
1063	6540	Luis Gama	00:23:01	00:47:08	00:47:07	1166	GDCT Unicre	V50	114	00:04:06	1287
1064	6106	Manuel Navarro	00:22:56	00:47:08	00:47:05	1159		V40	200	00:04:02	1136



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CLASSIFICAÇÃO '21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1065	3985	José Moreira	00:22:36	00:47:08	00:47:03	1150	EVELX - Associação de Estilos de Vida Saudável	V45	183	00:03:53	798
1066	4344	Jun Liang	00:23:26	00:47:09	00:46:45	1096		V50	5	00:03:59	1017
1067	6786	Gil Monteiro	00:23:26	00:47:09	00:46:54	1118		V45	184	00:04:03	1145
1068	3868	Paulo Pascoal	00:23:13	00:47:09	00:46:51	1110		V50	115	00:03:55	863
1069	895	João Alves	00:22:45	00:47:10	00:46:58	1133	Limited Edition	V50	116	00:04:01	1097
1070	1137	João Godinho	00:22:03	00:47:10	00:46:54	1116		Senior	222	00:04:37	2535
1071	1623	Luís Nabais	00:23:28	00:47:10	00:46:54	1117	Run&Win(e)	V40	201	00:04:06	1276
1072	6990	Joaquim Macedo	00:22:57	00:47:10	00:47:00	1141		V35	167	00:04:00	1040
1073	8995	Carlos Lopes	00:25:00	00:47:11	00:46:18	1016		V45	185	00:03:42	487
1074	3591	Inês Mariquitos	00:23:54	00:47:11	00:46:45	1098	GDC Banco de Portugal	Senior	32	00:04:00	1052
1075	8253	Márcio Pereira	00:24:38	00:47:11	00:45:45	918		V35	168	00:04:02	1111
1076	5976	João Raimundo	00:24:08	00:47:12	00:46:38	1078		V40	202	00:03:56	930
1077	773	Paulo Moreira	00:22:50	00:47:12	00:47:05	1160		Senior	223	00:04:14	1574
1078	558	José Ferreira	00:22:27	00:47:12	00:47:07	1165		V45	186	00:03:54	833
1079	1533	Luís Seabra	00:23:23	00:47:12	00:46:39	1082		Senior	224	00:04:12	1510
1080	1867	André Rego	00:24:00	00:47:12	00:46:59	1136		Junior	20	00:02:48	9
1081	3331	José Silva	00:23:23	00:47:13	00:46:42	1087	Clube desportivo de mafra	V50	117	00:03:56	914
1082	8785	Raquel Alves	00:24:12	00:47:13	00:46:31	1050		Senior	33	00:04:04	1179
1083	3515	Justiniano Silva	00:23:05	00:47:13	00:47:01	1144		V55	58	00:04:10	1454



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1084	5936	Afonso Carvalho	00:24:11	00:47:14	00:46:42	1088		Senior	225	00:04:05	1209
1085	683	Gonçalo Oliveira	00:22:35	00:47:14	00:47:04	1154	Vara Trail Running	V40	203	00:04:42	2727
1086	5929	Guilherme Pinto	00:22:28	00:47:14	00:47:13	1188		Senior	226	00:03:56	929
1087	7397	Louis-Nicolas Sun	00:23:35	00:47:15	00:46:49	1107		Senior	227	00:04:05	1245
1088	6568	Telmo Pereira	00:22:43	00:47:15	00:47:08	1172		Senior	228	00:04:14	1599
1089	2236	Carlos Moreira	00:23:33	00:47:15	00:46:58	1135		V45	187	00:04:11	1473
1090	1524	Paulo Lourinho	00:24:13	00:47:16	00:46:46	1101		V50	118	00:03:56	915
1091	8618	Aline Correia	00:22:50	00:47:16	00:46:57	1128		V35	14	00:04:13	1561
1092	3325	Nuno Almeida	00:23:25	00:47:17	00:46:49	1105	Sintra Runners	V45	188	00:03:58	999
1093	149	Carlos Noronha	00:23:54	00:47:17	00:46:44	1092		V40	204	00:03:34	361
1094	7713	Afonso Sousa	00:23:42	00:47:17	00:47:13	1186	GFD Running	Junior	21	00:03:59	1035
1095	4478	José Matos	00:23:02	00:47:18	00:46:59	1139		V55	59	00:04:08	1368
1096	7105	Filipe Alves	00:22:49	00:47:18	00:46:44	1094		V45	189	00:04:11	1496
1097	1955	Pedro Simão	00:23:28	00:47:19	00:47:03	1149		V50	119	00:04:11	1474
1098	4923	José Silva	00:22:57	00:47:19	00:47:14	1189	CLAC	V60	21	00:03:56	922
1099	9290	Filipe Bugalho	00:22:51	00:47:19	00:47:16	1196	GFD Running	V35	169	00:04:08	1342
1100	1204	Ricardo Domingos	00:22:20	00:47:19	00:47:17	1199	FIDELIDADE GDC	V40	205	00:04:30	2240
1101	4998	Silvia Sousa	00:23:12	00:47:20	00:47:04	1158		V40	13	00:04:02	1129
1102	8482	André Lourenço	00:24:08	00:47:22	00:46:57	1127		Senior	229	00:03:40	452



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1103	4080	António Branco	00:23:01	00:47:22	00:47:11	1182		V60	22	00:04:14	1594
1104	1276	Osman Aziz	00:23:50	00:47:22	00:47:02	1147	Não dói Joca	Senior	230	00:04:09	1417
1105	8283	Pedro Ramos	00:23:46	00:47:22	00:46:58	1131		V45	190	00:04:03	1162
1106	5625	Alexandre Santos	00:23:51	00:47:22	00:46:44	1093	G.D.C. Portos de Sines e do Algarve	V45	191	00:04:01	1075
1107	770	Marco Santos	00:22:33	00:47:23	00:47:14	1190		V35	170	00:04:11	1488
1108	5443	João Dias	00:23:14	00:47:23	00:46:48	1104	Serviços Sociais Montepio	V50	120	00:04:03	1140
1109	6003	Nuno Carvalho	00:23:28	00:47:23	00:47:10	1181		V50	121	00:04:18	1757
1110	432	Belchior Barrocas	00:23:32	00:47:23	00:47:23	1221		V50	122	00:04:01	1089
1111	1507	Miguel Figueiredo	00:23:03	00:47:24	00:47:00	1140	quarteto	V45	192	00:04:07	1325
1112	3188	Ricardo Lourenço	00:22:34	00:47:24	00:47:18	1201		V45	193	00:04:08	1358
1113	591	Ricardo Silva	00:22:36	00:47:24	00:47:15	1193	Limited Edition	V35	171	00:04:20	1814
1114	4652	José Lopes	00:23:49	00:47:24	00:46:53	1114		Senior	231	00:03:53	785
1115	6769	Nuno Pitta	00:24:27	00:47:24	00:47:08	1171	Team El Comandante	V50	123	00:03:48	658
1116	796	Filipe Diogo	00:23:24	00:47:24	00:47:08	1174		V40	206	00:04:05	1227
1117	421	Ana Correia	00:23:06	00:47:25	00:46:50	1108		V40	14	00:04:12	1514
1118	7993	Filomena Gomes	00:23:24	00:47:25	00:47:12	1185	ONTRISPORTS	V50	6	00:04:14	1570
1119	422	Gil Carneiro	00:23:06	00:47:25	00:46:49	1106		V40	207	00:04:12	1515
1120	8358	Hugo Barreto	00:23:00	00:47:25	00:47:17	1197		V40	208	00:04:08	1348
1121	7927	Rosa Freitas	00:23:27	00:47:26	00:47:21	1213	RunTejo	V55	2	00:04:05	1240



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1122	2313	Joao Godinho	00:23:08	00:47:26	00:47:22	1216		V40	209	00:04:05	1218
1123	520	António Batalha	00:23:15	00:47:26	00:47:09	1176		V65	4	00:04:01	1091
1124	3790	Antonio Paulo	00:22:53	00:47:27	00:47:24	1224		Senior	232	00:04:12	1533
1125	4615	Miguel Rocha	00:23:25	00:47:27	00:47:04	1157		V50	124	00:04:16	1669
1126	3203	Luis Constante	00:23:04	00:47:27	00:47:24	1225	Dream Mission Team	V50	125	00:04:08	1360
1127	3204	Daniela Freire	00:23:04	00:47:27	00:47:24	1226	Dream Mission Team	V35	15	00:04:08	1361
1128	5391	José Sancho	00:23:02	00:47:27	00:47:09	1179		Senior	233	00:04:11	1490
1129	4507	Luís Miguel	00:23:08	00:47:28	00:47:17	1198		V35	172	00:04:26	2089
1130	4614	Nuno Carvalho	00:23:25	00:47:28	00:47:21	1211		V40	210	00:04:05	1213
1131	1508	Jose Gaspar	00:22:40	00:47:28	00:47:04	1155	quarteto	V45	194	00:04:26	2078
1132	4927	António Carvalho	00:23:14	00:47:28	00:46:59	1138	CLAC	V50	126	00:04:09	1396
1133	2291	António Ramalho	00:23:27	00:47:28	00:47:26	1233		V55	60	00:04:06	1279
1134	1510	Edgar Anastacio	00:23:26	00:47:29	00:47:04	1156	AZA - Azambuja com Alma	V55	61	00:04:06	1259
1135	7734	Pedro Mateus	00:24:12	00:47:29	00:46:08	995	Cromossomas Lendários	V35	173	00:03:53	800
1136	3843	Bruno Oliveira	00:24:31	00:47:30	00:46:24	1037		V35	174	00:04:01	1099
1137	4837	João Teixeira	00:23:10	00:47:30	00:46:55	1120		V35	175	00:03:57	943
1138	2747	Giovani Ricciardi	00:23:24	00:47:31	00:46:56	1122		V50	127	00:03:56	908
1139	8052	Mário Real	00:23:53	00:47:31	00:47:08	1169		Senior	234	00:04:04	1177
1140	7456	Bruno Silva	00:22:59	00:47:31	00:47:24	1228		V35	176	00:04:11	1497



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CLASSIFICAÇÃO '21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1141	2759	Matteo Sabbatini	00:23:33	00:47:31	00:47:22	1218		V35	177	00:04:10	1444
1142	6157	Tiago Ramos	00:22:16	00:47:31	00:47:13	1187		V45	195	00:04:16	1683
1143	2950	Carlos Soares	00:23:57	00:47:31	00:47:03	1151	Correr Lisboa	V50	128	00:04:02	1120
1144	909	Filipe Leitao	00:23:25	00:47:31	00:46:53	1115		V45	196	00:04:14	1575
1145	681	Rui Carvalho	00:23:23	00:47:32	00:47:11	1183		V40	211	00:04:09	1416
1146	1206	Pedro Esteves	00:22:56	00:47:32	00:47:18	1200		V45	197	00:04:21	1879
1147	9310	Daniela Santos	00:23:38	00:47:33	00:47:19	1207		Senior	34	00:03:54	817
1148	7390	Pedro Nunes	00:23:19	00:47:33	00:46:54	1119	GunsNRunners	Senior	235	00:03:58	973
1149	18	Juliana Moraes	00:23:46	00:47:33	00:47:26	1232		V45	17	00:04:05	1223
1150	5370	João Santos	00:22:34	00:47:33	00:47:19	1203		V40	212	00:04:21	1847
1151	5161	Benjamin Djian	00:24:10	00:47:34	00:46:12	1008		Senior	236	00:03:59	1005
1152	2642	Ricardo Santos	00:23:23	00:47:34	00:47:06	1164	Clube EDP Lisboa	V45	198	00:03:57	954
1153	5315	Noémia Sequeira	00:23:06	00:47:34	00:47:26	1230	SS CGD	V50	7	00:04:17	1691
1154	594	João Oliveira	00:23:31	00:47:34	00:46:58	1134	Limited Edition	Senior	237	00:04:06	1261
1155	208	Carlos Dias	00:23:19	00:47:35	00:47:05	1161		V45	199	00:04:18	1740
1156	7359	Fábio Faia	00:23:18	00:47:35	00:47:07	1168		Senior	238	00:04:08	1341
1157	322	Vitor Baltazar	00:22:50	00:47:36	00:47:33	1249	Correr Lisboa	V50	129	00:04:21	1876
1158	8059	Hugo Moncacha	00:23:24	00:47:36	00:47:15	1192		V45	200	00:04:06	1254
1159	6150	João França	00:22:49	00:47:36	00:47:25	1229	FRANÇA	Senior	239	00:04:07	1300



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1160	3721	Pedro Salvador	00:23:20	00:47:37	00:47:36	1262		V45	201	00:04:01	1079
1161	6100	Jacques Fernandes	00:24:35	00:47:37	00:47:34	1253		V45	202	00:03:56	931
1162	2103	Pedro Soares	00:22:29	00:47:37	00:47:35	1261	CruzDePauFeito	V50	130	00:04:16	1666
1163	7664	Bruno Rainho	00:23:11	00:47:38	00:47:22	1214	SS CGD	V35	178	00:04:31	2301
1164	1075	Inês Lemos	00:24:11	00:47:38	00:46:57	1124		Senior	35	00:03:54	832
1165	3193	Miguel Dias	00:23:56	00:47:38	00:47:31	1243	ADRC Mata de Benfica	Senior	240	00:03:56	926
1166	4494	João Martins	00:23:56	00:47:39	00:46:34	1065		Senior	241	00:04:10	1448
1167	5685	Edgar Cristeta	00:22:53	00:47:39	00:47:32	1246	CCD Siemens	V35	179	00:04:10	1457
1168	1183	Pedro Teixeira	00:24:12	00:47:39	00:47:06	1163		V45	203	00:03:54	828
1169	4300	Mafalda Sousa	00:23:31	00:47:40	00:47:08	1175	Vilaventura Trail	V45	18	00:03:57	952
1170	5361	Tiago Silva	00:23:05	00:47:40	00:47:07	1167		V35	180	00:04:16	1685
1171	1161	Guilherme Nogueira	00:23:40	00:47:40	00:47:21	1212		Senior	242	00:04:02	1124
1172	426	Nuno Santos	00:23:31	00:47:40	00:47:37	1265		V45	204	00:04:02	1127
1173	4056	Paulo Vieira	00:23:35	00:47:40	00:47:37	1264		V50	131	00:04:09	1394
1174	3939	Vasco Agostinho	00:24:12	00:47:41	00:47:08	1173	G.D.R. São Francisco da Serra	V55	62	00:04:13	1544
1175	7902	Rui Orlando	00:23:35	00:47:41	00:47:19	1206		V40	213	00:04:41	2706
1176	3980	Susana Espada	00:23:46	00:47:41	00:47:29	1240	Bombeiros Voluntários de Montemor-o-Novo	V35	16	00:04:05	1222
1177	3707	Mário Gaspar	00:23:31	00:47:41	00:47:38	1271		V55	63	00:04:08	1373
1178	3694	José Alves	00:24:58	00:47:42	00:45:36	904		V45	205	00:03:55	862



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1179	4914	Célia Rosa	00:23:38	00:47:42	00:47:39	1272		V45	19	00:03:55	867
1180	775	Carlos Marques	00:23:44	00:47:42	00:47:35	1260		V65	5	00:03:59	1024
1181	3275	Luis Urbano	00:24:13	00:47:42	00:47:01	1143		V35	181	00:03:54	844
1182	7959	Rose Sassarrao	00:23:29	00:47:42	00:47:24	1227	OutSystems Olímpico de Oeiras	V40	15	00:04:12	1503
1183	3937	Daniel Silvério	00:22:50	00:47:43	00:47:26	1231	G.D.R. São Francisco da Serra	V45	206	00:04:16	1674
1184	3288	Bernardo Achega	00:23:09	00:47:44	00:47:09	1177		V40	214	00:04:15	1612
1185	2746	Ricardo Dagge	00:24:17	00:47:44	00:47:27	1235		Senior	243	00:04:06	1270
1186	7898	Thomas Magalhaes	00:22:51	00:47:45	00:47:40	1277		Junior	22	00:04:14	1571
1187	6700	Rui Rodrigues	00:23:55	00:47:45	00:47:15	1194		V55	64	00:03:53	775
1188	6586	Daniel Domingues	00:23:05	00:47:45	00:47:40	1276		V35	182	00:04:21	1853
1189	8061	Ana Araujo	00:23:25	00:47:46	00:47:44	1284	Amigos do Atletismo de Mafra	V45	20	00:04:10	1428
1190	7145	Nuno Silva	00:24:16	00:47:47	00:47:12	1184		V45	207	00:03:56	894
1191	3248	João Santos	00:23:04	00:47:47	00:47:35	1257		V35	183	00:04:07	1304
1192	3552	Jorge Garradas	00:23:56	00:47:47	00:47:24	1223	Escola Atletismo Cartaxo	V45	208	00:03:59	1014
1193	1759	Paulo Gonçalves	00:24:14	00:47:47	00:46:43	1091	Corrida Noturna Parque das Nações	V55	65	00:04:02	1119
1194	1180	Alexandre Guerra	00:23:01	00:47:47	00:47:38	1267	Linda-a-Pastora Sporting Clube	V45	209	00:03:44	533
1195	5773	João Gomes	00:23:57	00:47:48	00:47:20	1209	Amigos do Atletismo de Mafra	V45	210	00:03:45	553
1196	1264	Pedro Figueiredo	00:23:32	00:47:48	00:47:32	1247	Évora Night Runners	V45	211	00:03:59	1025
1197	287	Micaela Santos	00:23:07	00:47:48	00:47:47	1304		V40	16	00:04:15	1627



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1198	1927	Ricardo Santos	00:23:34	00:47:49	00:47:19	1204	Moita a Correr	V45	212	00:04:06	1277
1199	5367	Henrique Farias	00:23:19	00:47:49	00:47:39	1273		V50	132	00:04:05	1210
1200	3545	Nuno Marques	00:24:03	00:47:49	00:47:20	1210	RunLovers	V50	133	00:04:17	1697
1201	5427	Luís Costa	00:24:06	00:47:50	00:47:42	1282		Senior	244	00:04:03	1139
1202	3666	Luis Potra	00:23:55	00:47:50	00:46:53	1113	Alverca Urban Runners	V40	215	00:03:48	645
1203	289	Pedro Ferreira	00:22:58	00:47:50	00:47:35	1259		V35	184	00:04:27	2122
1204	1399	Vitor Silva	00:23:44	00:47:50	00:47:44	1288		V55	66	00:04:00	1056
1205	86	Paulo Costa	00:23:28	00:47:51	00:47:24	1222		V35	185	00:04:09	1412
1206	4425	Tomé Madeira	00:23:18	00:47:51	00:47:47	1302	Os Rotos	Senior	245	00:04:07	1309
1207	6916	Rui Brás	00:23:16	00:47:53	00:47:45	1292		V45	213	00:04:03	1170
1208	2794	Pedro Ferreira	00:23:28	00:47:53	00:47:22	1217		V40	216	00:03:54	824
1209	5352	Paulo Ferreira	00:24:04	00:47:53	00:47:28	1239		V40	217	00:04:13	1540
1210	59	Nuno Marques	00:24:10	00:47:54	00:47:39	1274		V45	214	00:04:16	1657
1211	8227	Sóstenes Barbosa	00:25:08	00:47:54	00:46:21	1026		V35	186	00:03:45	567
1212	8325	Luis Rosa	00:23:05	00:47:54	00:47:49	1308	Corrida Noturna Parque das Nações	V45	215	00:04:19	1797
1213	6862	Jorge Borges	00:22:44	00:47:54	00:47:45	1293		V50	134	00:04:17	1731
1214	8481	José Sabbo	00:24:08	00:47:54	00:47:29	1241		Senior	246	00:03:53	808
1215	6029	Luís Batista	00:24:22	00:47:55	00:45:51	938		V40	218	00:03:59	1002
1216	321	Rodrigo Marques	00:23:45	00:47:55	00:47:30	1242	AZA - Azambuja com Alma	V40	219	00:04:07	1323



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CLASSIFICAÇÃO '21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1217	209	José Magalhães	00:23:26	00:47:56	00:47:44	1287		V50	135	00:04:11	1483
1218	2823	Ana Pedreira	00:23:16	00:47:56	00:47:44	1285		V40	17	00:04:08	1363
1219	5949	Catarina Coito	00:24:12	00:47:56	00:47:22	1220		V40	18	00:04:06	1288
1220	6218	Horácio Ferreira	00:24:12	00:47:56	00:47:27	1237		V50	136	00:04:00	1070
1221	4918	Luis Carvalho	00:24:11	00:47:57	00:47:41	1279	Correr Lisboa	V40	220	00:04:01	1084
1222	221	Alexandra Simão	00:23:42	00:47:57	00:47:41	1280		Senior	36	00:04:08	1356
1223	827	Paulo Figueira	00:24:35	00:47:57	00:47:22	1215		V55	67	00:04:07	1324
1224	4278	Pedro Escária	00:25:30	00:47:57	00:45:29	877		Senior	247	00:03:43	507
1225	5163	André Nunes	00:24:36	00:47:57	00:47:20	1208		Senior	248	00:03:52	769
1226	7611	Lara Onofre	00:24:03	00:47:58	00:47:50	1310	CAPenafirme	Senior	37	00:04:06	1250
1227	7612	Renato Santos	00:24:03	00:47:58	00:47:49	1309	CAPenafirme	Senior	249	00:04:06	1251
1228	4210	António Facão	00:26:35	00:47:59	00:44:49	795		V45	216	00:03:34	363
1229	3964	Carina Rebocho	00:23:33	00:48:00	00:47:48	1306	Bombeiros Voluntários de Montemor-o-Novo	Senior	38	00:04:14	1585
1230	7945	Rafael Couvinha	00:22:46	00:48:00	00:47:56	1333		Senior	250	00:04:52	3096
1231	6607	António Marçal	00:23:37	00:48:00	00:47:33	1251		V60	23	00:04:07	1302
1232	2749	Célia Filipe	00:23:26	00:48:01	00:47:56	1335		V45	21	00:04:07	1318
1233	304	João Pacheco	00:22:49	00:48:01	00:47:55	1329		V35	187	00:04:50	3033
1234	2740	António Afonso	00:23:06	00:48:02	00:47:38	1270	Amigos Da Corrida	V60	24	00:04:22	1925
1235	3011	Manuel Pinto	00:24:00	00:48:02	00:47:44	1286		V50	137	00:04:06	1268



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1236	4516	Fernando Santos	00:24:18	00:48:02	00:47:53	1319	O MUNDO DA CORRIDA	V55	68	00:04:26	2090
1237	3697	Gonçalo Lopes	00:23:34	00:48:02	00:47:55	1327		V40	221	00:04:12	1531
1238	7484	André Silva	00:24:25	00:48:03	00:46:25	1042	BI4ALL	Senior	251	00:04:11	1500
1239	1569	Pedro Alves	00:23:06	00:48:03	00:47:56	1337	Aguenta 50	V45	217	00:04:15	1632
1240	7845	Vitor Rocha	00:24:11	00:48:04	00:47:50	1312		V65	6	00:03:57	965
1241	7972	João Ferreira	00:22:29	00:48:04	00:47:31	1244	ONTRISPORTS	Senior	252	00:05:03	3553
1242	3927	João Marques	00:24:42	00:48:04	00:47:27	1236	Grupo Recreativo e Desportivo da Ribeira da	V55	69	00:03:59	1011
1243	6327	César Andrade	00:25:14	00:48:04	00:47:33	1250		V40	222	00:04:03	1142
1244	3850	Sandra Bailote	00:23:12	00:48:05	00:48:02	1356		V50	8	00:04:14	1596
1245	8261	Joaquim Vaz	00:26:34	00:48:05	00:43:14	555		V45	218	00:03:41	481
1246	4322	Hugo Favinha	00:23:25	00:48:06	00:47:46	1297	SeaWolves	V35	188	00:04:04	1195
1247	1145	Henrique Santos	00:22:56	00:48:06	00:48:00	1346		V40	223	00:04:15	1628
1248	2279	Vitor Antunes	00:24:31	00:48:07	00:47:32	1248		Senior	253	00:03:56	900
1249	8475	David Farinha	00:23:51	00:48:08	00:47:46	1296	CUA Benaventense	V35	189	00:04:31	2306
1250	6794	Luís Batista	00:24:25	00:48:08	00:47:36	1263	Corredores da Adega	V40	224	00:03:57	936
1251	3588	Rúben Fonseca	00:22:58	00:48:09	00:48:07	1369	GDC Banco de Portugal	V40	225	00:04:17	1708
1252	7419	Eduardo Moreira	00:23:50	00:48:09	00:47:55	1332		V50	138	00:04:11	1498
1253	8082	Rui Martins	00:23:57	00:48:09	00:47:41	1278	CDCR dos CTT	V50	139	00:04:09	1420
1254	6251	Rui Galdes	00:24:12	00:48:09	00:47:34	1252		V45	219	00:03:55	852



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1255	7873	Timo Warmenhoven	00:24:40	00:48:10	00:47:04	1153		Senior	254	00:03:48	625
1256	4770	Maria Varela	00:23:45	00:48:10	00:47:55	1323	Correr Queluz	V45	22	00:04:15	1618
1257	6557	Acácio Clemente	00:23:54	00:48:11	00:48:00	1347		V50	140	00:04:14	1600
1258	7207	Nuno Caetano	00:23:27	00:48:11	00:48:09	1377		Senior	255	00:04:19	1789
1259	6766	Tiago Osório	00:23:17	00:48:12	00:48:01	1351		V35	190	00:04:09	1390
1260	502	António Almeida	00:23:14	00:48:12	00:48:08	1373		V45	220	00:04:07	1321
1261	674	Miguel Nunes	00:23:59	00:48:12	00:48:00	1345		V45	221	00:04:13	1555
1262	4724	Rui Carriço	00:23:58	00:48:12	00:47:45	1291		V35	191	00:04:12	1530
1263	1628	Susana Duro	00:24:01	00:48:12	00:48:01	1353	TEAMITSUPTOYOU	V40	19	00:04:12	1511
1264	6525	João Aleluia	00:23:36	00:48:13	00:47:56	1338	GDC Banco de Portugal	V35	192	00:04:18	1759
1265	2616	Carlos Tomé	00:23:54	00:48:13	00:47:42	1281	Quarentões na Bisga	V55	70	00:04:09	1405
1266	1816	Nelson Sábio	00:24:04	00:48:13	00:47:26	1234		V50	141	00:04:14	1592
1267	1488	António Maurício	00:24:11	00:48:14	00:48:01	1352		V55	71	00:04:04	1181
1268	5863	Jaime Ramos	00:24:14	00:48:14	00:46:43	1090		V35	193	00:03:59	1008
1269	4479	Frederico Eliseu	00:23:41	00:48:15	00:47:54	1322		V45	222	00:04:07	1310
1270	2453	Nuno Ramos	00:23:21	00:48:15	00:48:14	1395		V40	226	00:04:17	1703
1271	4347	Gabriel Campino	00:24:50	00:48:15	00:47:18	1202		Senior	256	00:03:45	554
1272	3668	Paulo Lopes	00:23:03	00:48:15	00:48:10	1378	Alverca Urban Runners	V40	227	00:04:12	1534
1273	7948	Bibiana Farias	00:23:55	00:48:15	00:47:51	1315		V40	20	00:04:15	1634



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CLASSIFICAÇÃO '21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1274	1671	Miguel Marques	00:24:11	00:48:16	00:47:45	1289		V40	228	00:04:15	1621
1275	3416	Sofia Sousa	00:23:55	00:48:16	00:48:00	1349		Junior	3	00:04:15	1615
1276	708	Bruno Amaro	00:24:32	00:48:16	00:47:51	1314		V40	229	00:03:55	878
1277	5938	Pedro Carvalho	00:23:56	00:48:17	00:47:46	1298		V55	72	00:04:05	1208
1278	7784	Rui Júlio	00:23:15	00:48:18	00:48:14	1396		V45	223	00:04:15	1635
1279	4916	Nuno Veigas	00:23:35	00:48:18	00:48:08	1372		V40	230	00:04:07	1307
1280	726	Nuno Condeco	00:24:19	00:48:18	00:47:40	1275		V40	231	00:04:10	1438
1281	5745	Tiago Dias	00:23:05	00:48:19	00:48:10	1379		Senior	257	00:04:16	1688
1282	7228	Carlos Ramos	00:23:21	00:48:19	00:47:58	1341	CLUBE MILLENNIUM BCP	V55	73	00:04:17	1694
1283	3374	Ildefonso Mendonça	00:23:23	00:48:19	00:47:50	1313		V35	194	00:04:25	2041
1284	5032	Luís Nunes	00:24:01	00:48:19	00:47:55	1326	marvila jovem	V45	224	00:04:13	1547
1285	610	António Aguiar	00:24:27	00:48:20	00:47:53	1318	Limited Edition	V50	142	00:03:57	947
1286	4397	Paulo Guedes	00:22:27	00:48:20	00:48:04	1361	CCDTMetroLX	V45	225	00:03:59	1027
1287	2076	Filipe Ginja	00:24:38	00:48:20	00:47:55	1331	Serviços Sociais Montepio	V35	195	00:03:58	980
1288	190	João Campos	00:23:39	00:48:20	00:48:05	1365	Louletano	V45	226	00:04:17	1713
1289	745	Pedro Gomes	00:24:24	00:48:21	00:47:55	1330		V35	196	00:04:02	1122
1290	5489	Miguel Barradas	00:24:14	00:48:21	00:46:50	1109		V45	227	00:03:55	860
1291	1170	Nuno Reis	00:24:42	00:48:22	00:47:52	1317		V40	232	00:04:10	1432
1292	524	Gonçalo Seabra	00:23:53	00:48:23	00:48:06	1366		V50	143	00:04:17	1715



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1293	1948	Nuno Oliveira	00:24:34	00:48:23	00:48:19	1409		V35	197	00:03:54	820
1294	1239	Rui Mendes	00:23:58	00:48:23	00:48:19	1408	CA VALE FIGUEIRA	V45	228	00:04:09	1418
1295	7378	Vitor Batista	00:23:19	00:48:23	00:47:45	1294	GunsNRunners	V50	144	00:04:14	1566
1296	606	José Massena	00:22:24	00:48:23	00:48:23	1432	Limited Edition	Senior	258	00:04:31	2288
1297	2155	Telmo Nunes	00:23:29	00:48:23	00:48:12	1383		V35	198	00:04:18	1747
1298	420	Telmo Salazar	00:23:52	00:48:23	00:48:18	1404		V50	145	00:04:05	1226
1299	8606	Pedro Roberto	00:23:34	00:48:24	00:48:02	1358		V35	199	00:04:19	1794
1300	8287	Hugo Pinto	00:24:03	00:48:24	00:48:22	1428	Correr Lisboa	V45	229	00:04:05	1239
1301	2705	Harun Rashid	00:23:03	00:48:24	00:48:17	1401	Correr Lisboa	V35	200	00:03:53	795
1302	2391	Catia Pinto	00:23:43	00:48:24	00:48:20	1414	Be Running	Senior	39	00:04:21	1869
1303	5947	Amilcar Pragana	00:24:37	00:48:24	00:47:45	1290		V55	74	00:04:05	1207
1304	2764	Vanda Bragança	00:23:44	00:48:24	00:48:20	1413	Be Running	V45	23	00:04:21	1871
1305	7981	Ilidia José	00:24:33	00:48:24	00:47:53	1321	ONTRISPORTS	Senior	40	00:04:02	1112
1306	7175	Bruno Corgas	00:23:42	00:48:25	00:47:50	1311	Running Club Santa Casa	Senior	259	00:04:26	2071
1307	3444	Gonçalo Palminha	00:24:35	00:48:25	00:47:34	1254		V40	233	00:04:05	1215
1308	5946	Acacio Conceição	00:24:38	00:48:25	00:47:46	1299		V55	75	00:04:06	1290
1309	7019	João Magalhães	00:24:14	00:48:26	00:48:06	1367	C&J	Senior	260	00:04:07	1337
1310	5559	Francisco Galvão	00:24:41	00:48:26	00:47:46	1300		Senior	261	00:03:54	846
1311	5280	Francisco Pinheiro	00:23:31	00:48:26	00:48:05	1363		Senior	262	00:04:19	1763



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1312	4154	Rui Gonçalves	00:25:36	00:48:26	00:46:22	1032		V40	234	00:04:01	1080
1313	6800	Sebastiaan Zwezerijnen	00:23:11	00:48:26	00:48:18	1406		Senior	263	00:04:31	2268
1314	3118	Afonso Esteves	00:24:10	00:48:27	00:48:21	1417		Junior	23	00:04:12	1520
1315	4906	Helder Romao	00:23:16	00:48:27	00:47:55	1325		V40	235	00:04:18	1753
1316	4376	Jorge Simões	00:23:36	00:48:27	00:48:14	1393	Família Silvestre	V50	146	00:04:07	1311
1317	5558	Diogo Galvão	00:24:41	00:48:27	00:47:47	1301		Senior	264	00:03:55	854
1318	2813	Rui Esteves	00:23:56	00:48:28	00:48:02	1355	FIDELIDADE GDC	V45	230	00:04:12	1523
1319	3854	Ricardo Luís	00:23:14	00:48:28	00:48:02	1357		V45	231	00:04:09	1391
1320	4353	Vitor Teixeira	00:22:42	00:48:28	00:48:25	1437		V50	147	00:04:29	2207
1321	1904	Henrique Ramos	00:23:45	00:48:29	00:48:21	1418	Aqualva Runners	V60	25	00:04:07	1316
1322	3622	Ricardo Baltasar	00:24:55	00:48:29	00:48:00	1343	BTM TEAM	V35	201	00:03:54	827
1323	1023	Luis Pereira	00:25:48	00:48:29	00:45:48	930		V65	7	00:03:47	610
1324	8993	Evelino Magalhães	00:23:16	00:48:29	00:48:22	1429	RunTejo	V45	232	00:04:15	1642
1325	57	Rui Martins	00:22:55	00:48:29	00:48:11	1382		V40	236	00:04:14	1580
1326	7673	Sofia Argentina	00:23:47	00:48:30	00:48:17	1402	SS CGD	V40	21	00:04:26	2068
1327	4737	Tiago Matos	00:23:42	00:48:30	00:47:55	1324	FIDELIDADE GDC	V45	233	00:04:15	1616
1328	1681	Rogério M.	00:23:32	00:48:31	00:48:30	1456		Senior	265	00:04:01	1101
1329	7440	Alexandre Garrett	00:23:28	00:48:31	00:48:20	1412	Correr Lisboa	V40	237	00:04:28	2160
1330	1285	Bernardo Azevedo	00:23:00	00:48:31	00:48:18	1405	Azevedos & Pazos	V40	238	00:04:23	1969



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CLASSIFICAÇÃO '21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1331	1049	Eduardo Silva	00:24:17	00:48:31	00:48:17	1400		V55	76	00:03:57	950
1332	5033	Rui Pinto	00:24:33	00:48:31	00:48:08	1371	marvila jovem	V45	234	00:04:07	1306
1333	185	Bruno Pais	00:23:34	00:48:32	00:48:26	1445		V40	239	00:04:31	2286
1334	8269	Nuno Lucas	00:24:34	00:48:32	00:47:51	1316		V45	235	00:04:10	1430
1335	6373	Carlos Sousa	00:23:40	00:48:33	00:48:23	1430		V45	236	00:04:30	2260
1336	487	António Jerónimo	00:23:49	00:48:33	00:48:21	1420	Vara Trail Running	V40	240	00:04:03	1153
1337	6208	Bruno Marrão	00:22:48	00:48:34	00:48:11	1381		V45	237	00:04:33	2353
1338	490	Pedro Lopes	00:23:49	00:48:34	00:48:21	1419	Vara Trail Running	V45	238	00:04:03	1154
1339	6466	Pedro Peixoto	00:24:20	00:48:34	00:48:22	1424		Senior	266	00:04:08	1380
1340	2838	Bruno Lemos	00:24:11	00:48:34	00:48:13	1388		V35	202	00:04:06	1267
1341	5252	Vanda Murteira	00:24:11	00:48:34	00:48:13	1390	Clube Novo Banco	V45	24	00:04:08	1382
1342	3125	Carlos Borges	00:23:59	00:48:35	00:47:47	1303		Senior	267	00:03:56	911
1343	7660	João Medeiros	00:23:26	00:48:35	00:48:29	1454		Senior	268	00:04:30	2234
1344	384	João Catalão	00:24:02	00:48:36	00:48:35	1465		V65	8	00:04:09	1415
1345	92	João Fernandes	00:24:41	00:48:36	00:48:22	1421		Senior	269	00:04:05	1225
1346	4465	Fernando Lopes	00:24:25	00:48:36	00:48:09	1376		V50	148	00:04:04	1196
1347	5284	Diogo Ferreira	00:23:46	00:48:37	00:48:22	1423		V35	203	00:04:14	1601
1348	1753	André Laborinho	00:23:48	00:48:38	00:48:36	1467	Correr Lisboa	V50	149	00:04:07	1317
1349	7229	Luis Correia	00:23:44	00:48:38	00:48:24	1435	CLUBE MILLENNIUM BCP	V45	239	00:04:16	1681



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1350	7613	Délio Raimundo	00:23:28	00:48:38	00:48:33	1461	CAPenafirme	V35	204	00:04:21	1889
1351	3082	Filipa Ferreira	00:23:47	00:48:38	00:48:13	1387		Senior	41	00:04:09	1408
1352	1015	Joel Sousa	00:23:51	00:48:38	00:48:00	1344		V35	205	00:04:07	1328
1353	3062	Helder Duarte	00:24:05	00:48:38	00:48:05	1364	Strong team	V40	241	00:04:21	1872
1354	6799	Pedro Farinha	00:23:53	00:48:39	00:48:20	1415		V40	242	00:04:24	2016
1355	6694	Gustavo Maltez	00:24:23	00:48:39	00:47:57	1339		Junior	24	00:04:11	1463
1356	5043	Antonio Nogueira	00:23:54	00:48:40	00:48:20	1416		V45	240	00:04:18	1760
1357	6936	Filipe Ramos	00:23:55	00:48:40	00:48:22	1427		V45	241	00:04:23	1976
1358	465	Ana Henrique	00:23:44	00:48:41	00:48:18	1403	BRRnightRUNNERS	V45	25	00:04:19	1785
1359	7521	Fernando Lopes	00:24:25	00:48:41	00:48:25	1444		V45	242	00:04:14	1567
1360	292	Cristiana Rosa	00:24:33	00:48:42	00:48:27	1446		Senior	42	00:04:14	1578
1361	1090	Edgar Gonçalves	00:23:42	00:48:42	00:48:15	1397		V40	243	00:04:07	1326
1362	5351	Américo Santos	00:23:56	00:48:42	00:48:03	1359		V50	150	00:04:12	1537
1363	4474	Pedro Antunes	00:24:31	00:48:42	00:48:07	1370		V35	206	00:04:16	1668
1364	3256	João Anacleto	00:24:15	00:48:42	00:48:37	1470	Machado_Anacleto	Senior	270	00:04:15	1613
1365	7301	Diogo Justino	00:24:42	00:48:43	00:48:11	1380	CLUBE MILLENNIUM BCP	V35	207	00:04:08	1377
1366	319	Luis Costa	00:24:04	00:48:43	00:48:03	1360		V50	151	00:04:07	1322
1367	3555	Filipe Centeno	00:24:25	00:48:44	00:48:13	1392	Escola Atletismo Cartaxo	V45	243	00:04:00	1066
1368	3789	Luis Ferreira	00:24:25	00:48:44	00:48:13	1391		V45	244	00:04:00	1068



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1369	1248	Jorge Serra	00:23:31	00:48:44	00:48:43	1497	CA VALE FIGUEIRA	V45	245	00:04:10	1431
1370	2117	André Marta	00:24:52	00:48:44	00:47:56	1334		V45	246	00:03:57	958
1371	6622	Vitor Francisco	00:23:37	00:48:44	00:48:15	1398	XLBusiness Real Estate	V50	152	00:04:20	1837
1372	2035	Paulo Zuiani	00:24:10	00:48:44	00:48:41	1486		V55	77	00:04:25	2044
1373	1580	Joao Antunes	00:24:26	00:48:44	00:48:23	1433		V50	153	00:04:08	1351
1374	6623	Vitor Nascimento	00:23:38	00:48:45	00:48:15	1399	XLBusiness Real Estate	V60	26	00:04:20	1838
1375	4505	Zyan Capristano	00:24:15	00:48:45	00:48:25	1438		Senior	271	00:04:10	1453
1376	2397	Rui Sá	00:24:12	00:48:45	00:48:31	1459	OutSystems	V40	244	00:04:13	1550
1377	762	Gonçalo Almeida	00:24:06	00:48:45	00:48:38	1474		V40	245	00:04:11	1487
1378	8601	Frederico Ferreira	00:24:55	00:48:45	00:48:12	1384		V40	246	00:04:12	1505
1379	6819	Carlos Ludovino	00:24:02	00:48:45	00:48:28	1448		V45	247	00:04:15	1610
1380	4464	Antónia Jordão	00:24:35	00:48:45	00:48:09	1375		V40	22	00:04:08	1371
1381	6518	Nuno Pires	00:23:43	00:48:46	00:48:29	1451	GDC Banco de Portugal	Senior	272	00:04:14	1597
1382	1995	Carla Fernandes	00:24:35	00:48:46	00:48:09	1374		V40	23	00:04:08	1364
1383	7722	Abel Pina	00:24:21	00:48:46	00:48:33	1462	GFD Running	V55	78	00:04:03	1172
1384	4469	Iris Petinga	00:23:53	00:48:47	00:48:43	1495		Senior	43	00:04:18	1748
1385	975	Madalena Preciso	00:23:51	00:48:47	00:48:45	1505	Clube Atletismo Amigos de Belém	Junior	4	00:04:22	1915
1386	1405	Miguel Oliveira	00:23:19	00:48:47	00:48:27	1447		V45	248	00:04:28	2161
1387	1068	Bruno Curtinha	00:23:29	00:48:48	00:48:41	1488		V45	249	00:04:12	1513



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1388	2688	Luís Pestana	00:24:52	00:48:48	00:48:25	1442		V50	154	00:03:56	906
1389	546	José Silvestre	00:23:44	00:48:48	00:48:47	1511		V55	79	00:04:13	1552
1390	7417	Hugo Moreira	00:24:24	00:48:48	00:48:07	1368		V40	247	00:04:07	1338
1391	7973	Rui Sousa	00:23:24	00:48:48	00:48:29	1453	ONTRISPORTS	V40	248	00:04:23	1981
1392	8489	Rodolfo Dias	00:24:51	00:48:49	00:47:34	1256	Off Limits CrossFit	V35	208	00:03:54	811
1393	2361	Tomás Fernandes	00:26:03	00:48:49	00:48:01	1354	Correr Lisboa	Senior	273	00:03:36	392
1394	6383	Rita Ramos	00:24:30	00:48:49	00:48:30	1457		Senior	44	00:03:57	932
1395	4915	Hugo Figueiredo	00:25:50	00:48:49	00:48:19	1407		Senior	274	00:03:55	868
1396	8916	Luis Baixinho	00:22:46	00:48:50	00:48:42	1490		V35	209	00:04:57	3314
1397	4398	Rafael Santos	00:24:38	00:48:50	00:48:25	1443	CCDTMetroLX	V50	155	00:04:14	1583
1398	7075	David Monteiro	00:22:38	00:48:50	00:48:47	1507		Senior	275	00:04:25	2031
1399	4527	Fernando Maior	00:23:14	00:48:51	00:48:48	1513		V50	156	00:04:18	1752
1400	312	Paulo Gomes	00:24:40	00:48:52	00:48:36	1466	Correr Lisboa	V45	250	00:04:16	1655
1401	2084	Paulo Rodrigues	00:24:03	00:48:53	00:48:24	1434	Serviços Sociais Montepio	V45	251	00:04:10	1447
1402	3192	Paulo Santos	00:24:14	00:48:54	00:48:39	1475	Lourdete Perfumarias	V50	157	00:04:03	1147
1403	824	Gonçalo Alves	00:23:44	00:48:54	00:48:33	1460		V40	249	00:04:20	1809
1404	207	Camila Medici	00:23:18	00:48:54	00:48:43	1498		Senior	45	00:04:11	1482
1405	4415	Nelson Peres	00:24:06	00:48:55	00:48:52	1529	Be Running	V50	158	00:04:03	1148
1406	3906	Fábio Silva	00:23:56	00:48:55	00:48:37	1471		V35	210	00:04:22	1929



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1407	247	Vitor Martins	00:23:36	00:48:55	00:48:51	1522		V45	252	00:04:25	2045
1408	2138	Gonçalo Figueiredo	00:24:33	00:48:55	00:48:25	1439		V35	211	00:04:11	1471
1409	3175	Manuel Monteiro	00:26:35	00:48:55	00:46:46	1099		Senior	276	00:03:33	329
1410	8904	Tiago Santos	00:24:32	00:48:55	00:48:19	1410		Senior	277	00:03:54	819
1411	4586	Miguel Pombeiro	00:24:02	00:48:56	00:48:24	1436	Strong team	V40	250	00:03:54	839
1412	1866	Tomás Rego	00:24:00	00:48:57	00:48:42	1491		Junior	25	00:04:26	2081
1413	1550	Helder Margalho	00:24:32	00:48:58	00:48:41	1487		V50	159	00:04:14	1576
1414	3482	Andre Marques	00:22:53	00:48:58	00:48:54	1534		Senior	278	00:04:27	2107
1415	4936	Paulo Ribeiro	00:24:31	00:48:58	00:48:37	1472		V50	160	00:04:03	1150
1416	415	Renato Pauleta	00:24:54	00:48:59	00:48:56	1541		V55	80	00:04:20	1812
1417	5023	Pedro Santos	00:23:48	00:48:59	00:48:47	1508		V40	251	00:04:26	2101
1418	1327	João Santos	00:26:18	00:48:59	00:45:33	893	Évora Night Runners	V35	212	00:03:54	831
1419	50	Inês Brito	00:24:39	00:49:00	00:48:43	1499		V50	9	00:04:04	1189
1420	687	Gonçalo Batista	00:24:48	00:49:00	00:48:29	1452	GARLIC RUNNERS	Senior	279	00:04:10	1435
1421	1514	Alberto Pascoal	00:23:29	00:49:00	00:48:58	1550	CA VALE FIGUEIRA	V50	161	00:04:05	1235
1422	6822	Pedro Ricardo	00:23:22	00:49:01	00:48:51	1526		V45	253	00:04:34	2399
1423	7147	Rui Duarte	00:24:19	00:49:01	00:48:58	1552		Senior	280	00:04:06	1248
1424	3453	Nuno Domingues	00:23:52	00:49:01	00:48:54	1533		V40	252	00:04:11	1466
1425	6397	Tiago Monteiro	00:22:25	00:49:01	00:48:46	1506		Senior	281	00:03:53	773



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1426	1638	Maria Oliveira	00:23:53	00:49:02	00:48:44	1500		V50	10	00:04:16	1662
1427	2018	João Neves	00:24:18	00:49:02	00:48:25	1440		V55	81	00:04:17	1702
1428	8555	Hugo Cortez	00:23:01	00:49:03	00:48:56	1540		V35	213	00:04:55	3252
1429	4282	Duarte Almeida	00:23:10	00:49:03	00:48:50	1519	Estoril Praia 2	V50	162	00:04:20	1834
1430	445	Gilson Silva	00:22:52	00:49:03	00:48:56	1542		V40	253	00:04:45	2850
1431	6572	Ângela Fonseca	00:24:15	00:49:03	00:48:55	1536		V45	26	00:04:21	1851
1432	5282	Jorge Silva	00:24:58	00:49:04	00:46:38	1077		Senior	282	00:04:34	2431
1433	424	Fernanda Gil	00:23:52	00:49:04	00:48:59	1556		V50	11	00:04:03	1152
1434	1689	Rui Godinho	00:23:52	00:49:05	00:49:05	1582		V50	163	00:04:26	2082
1435	7566	Amadeu Brigas	00:23:55	00:49:05	00:49:04	1579		V55	82	00:04:12	1502
1436	3242	Delfim Pratas	00:24:11	00:49:05	00:48:37	1469	BRRnightRUNNERS	V50	164	00:04:14	1587
1437	2450	José Melo	00:23:39	00:49:05	00:48:50	1521	FIDELIDADE GDC	V55	83	00:04:31	2285
1438	8252	Joana Amaral	00:24:31	00:49:05	00:48:40	1480		Senior	46	00:04:22	1902
1439	5295	Antonio Nascimento	00:24:09	00:49:05	00:49:02	1569	SS CGD	V60	27	00:04:14	1604
1440	8447	António Iria	00:24:46	00:49:05	00:48:39	1479	CLUBE TAP PORTUGAL	V50	165	00:04:12	1506
1441	8144	Gonçalo Correia	00:25:35	00:49:06	00:47:53	1320	CCD TRANQUILIDADE	V40	254	00:03:51	748
1442	5270	Luís Almeida	00:25:44	00:49:06	00:47:32	1245		V45	254	00:04:01	1074
1443	1257	Fernando Fernandes	00:24:07	00:49:06	00:49:01	1564	APOGMA	V60	28	00:04:12	1512
1444	2210	Carlos Jesus	00:23:29	00:49:08	00:48:59	1554		V35	214	00:04:23	1960



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1445	3611	Nuno Alves	00:24:07	00:49:08	00:48:57	1546	RUN 4 FUN	V45	255	00:04:20	1836
1446	2607	João Sabina	00:25:16	00:49:09	00:48:22	1422	B&ST-MONTIJO	V40	255	00:03:53	794
1447	1224	Pedro Almeida	00:25:31	00:49:09	00:47:38	1268		Senior	283	00:03:55	873
1448	3199	Henrique Ferreira	00:24:32	00:49:09	00:48:42	1494	ADRC Mata de Benfica	V50	166	00:04:13	1543
1449	4402	Rui Figueiredo	00:24:20	00:49:10	00:48:50	1518	Vai andando..já te apanho	V45	256	00:04:11	1468
1450	7499	Óscar Rodrigues	00:24:05	00:49:11	00:48:41	1489		V50	167	00:04:17	1729
1451	236	João Fragoso	00:24:06	00:49:11	00:48:40	1482		V45	257	00:04:17	1714
1452	8665	Mário Santos	00:23:01	00:49:11	00:49:03	1572		V45	258	00:04:28	2151
1453	2619	Marta Bruno	00:24:08	00:49:11	00:48:25	1441	Quarentões na Bisga	Senior	47	00:04:00	1049
1454	3059	Luis Pereira	00:24:36	00:49:12	00:48:41	1485	Strong team	V35	215	00:03:56	913
1455	7309	Joao Estiveira	00:23:30	00:49:13	00:49:11	1599	CLUBE MILLENNIUM BCP	V50	168	00:04:15	1611
1456	2434	Mário Lúcio	00:24:39	00:49:13	00:48:37	1468		V55	84	00:04:12	1526
1457	127	Emanuel Mota	00:22:58	00:49:13	00:49:12	1605		V45	259	00:04:47	2934
1458	6319	João Marujo	00:24:37	00:49:14	00:48:00	1348		V35	216	00:04:11	1462
1459	4683	Hugo Trindade	00:23:30	00:49:14	00:48:57	1545	Clube de Atletismo da Nazaré	V40	256	00:04:20	1831
1460	164	Pedro Gonçalves	00:24:29	00:49:14	00:48:53	1530		V50	169	00:04:28	2169
1461	1764	Miguel Velez	00:23:54	00:49:15	00:49:06	1586	Câmara Lisboa Clube	V55	85	00:04:23	1975
1462	8459	Paulo Monteiro	00:24:33	00:49:15	00:48:39	1478	CLUBE TAP PORTUGAL	V35	217	00:04:19	1796
1463	6463	Paulo Filipe	00:24:28	00:49:15	00:49:07	1590		V45	260	00:04:08	1379



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1464	1038	Fábio Silva	00:22:43	00:49:15	00:49:04	1577		Senior	284	00:04:40	2644
1465	1450	Guilherme Gonçalves	00:23:58	00:49:16	00:49:12	1602	Clube Ferroviário de Portugal	V60	29	00:04:12	1509
1466	1677	Fernando Andrade	00:24:15	00:49:16	00:48:55	1538		V50	170	00:04:11	1475
1467	6765	Tiago Rodrigues	00:24:12	00:49:16	00:48:39	1476		Senior	285	00:04:16	1682
1468	1036	Andreia Pereira	00:24:45	00:49:17	00:48:47	1510		V35	17	00:04:11	1481
1469	8686	Carlos Constantino	00:24:33	00:49:17	00:48:30	1455		V40	257	00:04:16	1643
1470	4574	Diogo Leite	00:24:25	00:49:17	00:49:02	1568	CC Ageas Portugal	V50	171	00:04:10	1449
1471	6475	Diogo Germano	00:25:17	00:49:17	00:48:13	1389		Senior	286	00:03:57	937
1472	8704	Jorge Assunção	00:24:48	00:49:18	00:48:13	1386		V50	172	00:04:00	1046
1473	6888	Eugénia Andrade	00:24:13	00:49:18	00:49:05	1583		V40	24	00:04:25	2032
1474	1088	Rui Matos	00:24:45	00:49:18	00:48:45	1504		V40	258	00:03:56	916
1475	1810	José Morgado	00:24:09	00:49:19	00:49:00	1560		V50	173	00:04:08	1365
1476	7853	Paulo Oliveira	00:24:19	00:49:19	00:49:15	1613		V45	261	00:04:26	2067
1477	5948	Jorge Conceição	00:24:38	00:49:20	00:48:40	1481		V50	174	00:04:39	2591
1478	2183	Joao Costa	00:23:37	00:49:20	00:49:15	1611		V50	175	00:04:18	1745
1479	4099	Mario Teofilo	00:24:41	00:49:21	00:48:56	1544		V45	262	00:04:20	1828
1480	701	Jorge Góis	00:24:20	00:49:21	00:48:48	1512	Newmove	V45	263	00:04:14	1572
1481	7398	André Godinho	00:27:33	00:49:21	00:44:30	751		Senior	287	00:03:44	520
1482	537	Claudia González	00:23:51	00:49:21	00:49:17	1621		Senior	48	00:04:05	1228



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1483	5305	João Silveira	00:24:05	00:49:22	00:49:12	1607	SS CGD	V50	176	00:04:21	1846
1484	5671	Nuno Serrano	00:27:03	00:49:23	00:45:10	842		V50	177	00:03:55	859
1485	6592	Carlos Lopes	00:24:24	00:49:23	00:48:58	1549		V35	218	00:04:23	1954
1486	6543	Paulo Duarte	00:24:23	00:49:24	00:49:16	1616	GDCT Unicre	V55	86	00:04:04	1202
1487	3417	Nuno Sousa	00:23:44	00:49:24	00:48:55	1537		V45	264	00:04:24	2008
1488	579	Pedro Gaspar	00:23:50	00:49:25	00:49:02	1570	MIMOS	V40	259	00:04:07	1320
1489	5825	André Carreiro	00:23:34	00:49:25	00:49:04	1576		V40	260	00:04:30	2264
1490	7698	Marta Andrade	00:24:07	00:49:25	00:48:59	1553		V40	25	00:04:23	1982
1491	3634	Rui Santos	00:24:36	00:49:25	00:48:40	1483	BTM TEAM	V35	219	00:04:14	1582
1492	5914	Andre Luis	00:25:45	00:49:25	00:48:49	1516		Junior	26	00:03:43	505
1493	458	Marisa Abreu	00:23:34	00:49:26	00:49:24	1639		V40	26	00:04:22	1917
1494	7375	Joao Duarte	00:25:27	00:49:26	00:49:00	1562	Duartes	Junior	27	00:04:01	1106
1495	7374	Artur Duarte	00:25:25	00:49:26	00:49:02	1571	Duartes	V50	178	00:04:02	1107
1496	7531	Diogo Fernandes	00:24:16	00:49:26	00:49:17	1623		Senior	288	00:04:18	1734
1497	2250	Luís Sousa	00:23:21	00:49:26	00:49:05	1581		V45	265	00:04:17	1701
1498	5993	Francisco Heitor	00:24:11	00:49:26	00:48:48	1514		V45	266	00:04:17	1693
1499	4067	André Riscado	00:22:57	00:49:26	00:49:17	1618		V40	261	00:04:12	1527
1500	6482	Joao Caeiro	00:24:00	00:49:26	00:48:58	1548		V35	220	00:04:09	1386
1501	1235	Vitor Goncalves	00:24:29	00:49:27	00:49:09	1594	DFK OFFICE , LDA	V50	179	00:04:06	1260



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1502	3278	Paulo Colaço	00:24:09	00:49:27	00:48:59	1558		V45	267	00:04:21	1858
1503	1103	Fernando Fernandes	00:24:11	00:49:27	00:49:19	1626		V50	180	00:04:31	2290
1504	8371	Nuno Ribeiro	00:23:58	00:49:27	00:49:20	1630		V40	262	00:04:12	1507
1505	8373	Thiago Campanhã	00:23:57	00:49:27	00:49:20	1631		V35	221	00:04:13	1557
1506	5909	Martijn Lowik	00:26:11	00:49:27	00:48:30	1458		Senior	289	00:03:49	664
1507	5908	Nina Dreau	00:26:10	00:49:27	00:48:29	1450		Senior	49	00:03:50	719
1508	8764	Ricardo Balau	00:24:10	00:49:28	00:49:07	1588		V35	222	00:04:29	2228
1509	7688	Laveno Mombello	00:26:36	00:49:28	00:45:55	956	RFF & Associados	Senior	290	00:03:53	803
1510	8407	Joao Monteiro	00:24:25	00:49:29	00:49:00	1561		V45	268	00:04:15	1636
1511	3285	Catarina Pinto	00:23:48	00:49:29	00:49:24	1640		V35	18	00:04:26	2094
1512	4235	Ricardo Furtado	00:24:41	00:49:29	00:49:05	1584		V40	263	00:04:19	1778
1513	2467	Hugo Lopes	00:25:07	00:49:29	00:48:43	1496		V35	223	00:04:28	2181
1514	894	Helena Matos	00:24:05	00:49:30	00:49:23	1637		V35	19	00:04:34	2403
1515	1446	António Caiado	00:25:13	00:49:31	00:49:01	1565		V50	181	00:04:10	1433
1516	4774	Carlos Rodrigues	00:24:21	00:49:31	00:49:03	1574		V65	9	00:04:15	1617
1517	7867	João Almeida	00:24:53	00:49:31	00:48:52	1528	Clube Atletismo Amigos de Belém	V40	264	00:04:08	1347
1518	7582	Frederico Sombreira	00:26:08	00:49:31	00:47:10	1180		Senior	291	00:03:59	1034
1519	2049	Marta Araújo	00:25:18	00:49:31	00:49:27	1652		Junior	5	00:04:07	1314
1520	1203	Tiago Rodrigues	00:23:54	00:49:31	00:49:13	1610	FIDELIDADE GDC	V40	265	00:04:28	2166



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1521	5637	Orlando Dias	00:25:31	00:49:31	00:48:23	1431		V55	87	00:04:07	1294
1522	4777	Marcio Rosa	00:24:55	00:49:31	00:49:29	1657	CORK TRAIL TEAM	Senior	292	00:04:11	1469
1523	3551	Pedro Marques	00:24:23	00:49:32	00:48:38	1473	RunLovers	Senior	293	00:04:16	1679
1524	2948	Hélder Constantino	00:24:53	00:49:32	00:49:10	1595	Tálenos Team	V50	182	00:04:17	1710
1525	2513	Rui Duarte	00:24:39	00:49:33	00:49:11	1600		V50	183	00:04:06	1273
1526	6723	Miguel Goulão	00:24:57	00:49:33	00:48:39	1477		V40	266	00:04:13	1541
1527	8576	Renato Gomes	00:24:42	00:49:33	00:49:16	1614	Team El Comandante	V40	267	00:04:16	1647
1528	8989	Ricardo Conceição	00:24:22	00:49:34	00:49:27	1654	RunTejo	V35	224	00:04:23	1985
1529	8566	Camila Gomes	00:24:44	00:49:34	00:49:17	1622	Team El Comandante	V35	20	00:04:17	1727
1530	2058	João Vaz	00:25:15	00:49:34	00:48:45	1503		Senior	294	00:04:06	1278
1531	8571	Luís Alter	00:24:44	00:49:34	00:49:18	1624	Team El Comandante	V45	269	00:04:17	1726
1532	136	Hugo Paixão	00:23:41	00:49:34	00:49:31	1665		V40	268	00:04:14	1581
1533	2789	José Alves	00:25:16	00:49:34	00:49:06	1585		V50	184	00:04:04	1192
1534	6630	David Jerez	00:25:02	00:49:35	00:49:25	1642		Senior	295	00:04:08	1378
1535	6477	Mariana Rocha	00:24:52	00:49:35	00:49:01	1566		V35	21	00:04:20	1840
1536	6728	Luis Sousa	00:24:38	00:49:35	00:49:30	1661		V55	88	00:04:08	1376
1537	3372	Amândio Antunes	00:24:34	00:49:37	00:49:25	1644		V40	269	00:04:15	1625
1538	6941	Francisco Teles	00:25:10	00:49:37	00:49:07	1589		Senior	296	00:04:09	1421
1539	8896	Renato Araújo	00:25:23	00:49:37	00:49:06	1587		V50	185	00:03:48	627



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1540	1526	Goncalo Nogueira	00:24:47	00:49:38	00:48:59	1555		V40	270	00:04:21	1878
1541	5014	Rui Gomes	00:23:54	00:49:38	00:49:28	1655		V40	271	00:04:22	1933
1542	2633	Carlos Rodrigues	00:24:38	00:49:39	00:49:32	1668	Clube EDP Lisboa	V60	30	00:04:10	1443
1543	6045	Ricardo Costa	00:25:09	00:49:39	00:48:42	1493		V35	225	00:04:08	1381
1544	9196	Paulo Gordinho	00:29:39	00:49:39	00:39:14	211		V45	270	00:03:21	160
1545	4346	Maria Serra	00:24:49	00:49:39	00:48:56	1543		V50	12	00:04:09	1399
1546	6937	Tomás Diogo	00:24:30	00:49:39	00:49:25	1645		Senior	297	00:04:34	2400
1547	5146	Miguel Félix	00:24:49	00:49:39	00:48:54	1535		V40	272	00:04:10	1456
1548	3119	Mário Sousa	00:24:42	00:49:39	00:48:58	1551		V40	273	00:04:09	1407
1549	4179	Paulo Oliveira	00:26:25	00:49:39	00:49:09	1593		V50	186	00:03:50	715
1550	8639	Margarida Santos	00:24:53	00:49:40	00:49:33	1671		Senior	50	00:04:05	1236
1551	7680	Marie Matzdorf	00:25:41	00:49:40	00:48:00	1350		Senior	51	00:03:56	893
1552	5548	Vitor Serras	00:24:15	00:49:40	00:49:36	1676		V50	187	00:04:10	1459
1553	6399	Rodrigo Xavier	00:24:10	00:49:40	00:49:13	1609		Senior	298	00:04:25	2029
1554	5175	João Palmeiro	00:23:17	00:49:40	00:49:26	1649		Senior	299	00:04:00	1073
1555	7909	Lucas Sanabio	00:24:44	00:49:40	00:49:20	1629	CLUBE ACCENTURE	V40	274	00:04:16	1650
1556	1187	Ines Castro	00:24:41	00:49:41	00:49:12	1603		Senior	52	00:04:14	1577
1557	736	Rui Alves	00:25:30	00:49:42	00:47:38	1266		V45	271	00:04:02	1125
1558	1861	Guilherme Godinho	00:24:53	00:49:42	00:49:10	1596		V45	272	00:04:18	1743



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1559	2561	Miguel Barreto	00:24:01	00:49:42	00:49:05	1580		Senior	300	00:04:25	2040
1560	6631	Diogo Morgado	00:24:25	00:49:42	00:49:13	1608		V40	275	00:04:24	2015
1561	1559	Tiago Bana	00:24:42	00:49:43	00:49:11	1601		V40	276	00:04:17	1719
1562	5102	Abilio Casimiro	00:24:52	00:49:43	00:49:19	1627		V60	31	00:04:09	1385
1563	8936	João Borba	00:23:54	00:49:43	00:49:29	1660		Senior	301	00:04:27	2147
1564	8429	Sérgio Magalhães	00:23:30	00:49:44	00:49:35	1673		V55	89	00:04:44	2796
1565	8888	Pedro Figueiredo	00:25:32	00:49:44	00:48:19	1411		V45	273	00:04:15	1641
1566	5143	Allen Vasconcelos	00:24:41	00:49:44	00:49:41	1693		V40	277	00:04:23	1946
1567	3894	Tiago Carvalho	00:24:34	00:49:44	00:49:17	1619	Legend Runners	V35	226	00:04:17	1696
1568	1607	Jorge Costa	00:23:43	00:49:44	00:49:21	1632	BRRnightRUNNERS	V50	188	00:04:29	2223
1569	5028	Tozé Monteiro	00:26:57	00:49:44	00:47:16	1195		Senior	302	00:03:44	544
1570	5778	João Silva	00:25:47	00:49:45	00:47:57	1340	Amigos Corredores	Senior	303	00:04:14	1606
1571	3757	João Faria	00:24:34	00:49:45	00:49:25	1641		V50	189	00:04:11	1467
1572	1445	Nuno Ferreira	00:25:05	00:49:45	00:49:32	1667		V40	278	00:03:59	1021
1573	3719	Élio Facão	00:26:44	00:49:45	00:46:34	1064		V45	274	00:03:59	1012
1574	4772	Nuno Vasconcelos	00:24:02	00:49:46	00:49:41	1694		V40	279	00:04:29	2210
1575	587	Susana Freitas	00:24:42	00:49:46	00:49:12	1604	Correr Lisboa	V40	27	00:04:18	1738
1576	902	Miguel Amaral	00:23:45	00:49:46	00:49:41	1691		V40	280	00:04:24	1995
1577	915	Tiago Sobreiro	00:23:45	00:49:46	00:49:42	1695		V35	227	00:04:24	1994



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1578	2566	Nuno Oliveira	00:24:20	00:49:46	00:49:22	1634		V40	281	00:04:29	2215
1579	531	Nuno Pereira	00:24:24	00:49:47	00:49:43	1696		V35	228	00:04:23	1968
1580	621	Mário Neves	00:25:22	00:49:47	00:48:51	1523	Hard Running Team Arruda dos Vinhos	V65	10	00:04:24	1999
1581	8736	Diogo Cruz	00:25:00	00:49:48	00:49:45	1703		Junior	28	00:03:58	977
1582	5673	Filipe Madeira	00:24:06	00:49:48	00:49:45	1706		V45	275	00:04:20	1844
1583	8608	Catarina Bajanca	00:25:19	00:49:49	00:48:44	1502		Senior	53	00:04:03	1166
1584	1432	José Sequeira	00:23:54	00:49:50	00:49:45	1707		V50	190	00:04:49	3006
1585	4236	Gonçalo Alves	00:25:12	00:49:51	00:49:09	1592		V35	229	00:04:12	1528
1586	3174	Fábio Santos	00:26:20	00:49:51	00:48:54	1532		Senior	304	00:03:58	988
1587	206	Diogo Sousa	00:24:40	00:49:52	00:49:20	1628		Senior	305	00:04:09	1413
1588	6925	Ana Rodrigues	00:26:21	00:49:52	00:48:55	1539		V35	22	00:03:57	963
1589	6421	Tiago Henriques	00:24:10	00:49:53	00:49:27	1650		Senior	306	00:04:23	1953
1590	1566	Pedro Ferreira	00:23:40	00:49:53	00:49:48	1720	Alverca Urban Runners	V45	276	00:04:14	1573
1591	3962	Fernando Dias	00:23:12	00:49:53	00:49:51	1731	Bombeiros Voluntários de Montemor-o-Novo	V40	282	00:04:47	2922
1592	7665	Cristina Gabriel	00:25:29	00:49:53	00:49:08	1591	SS CGD	V40	28	00:04:07	1334
1593	230	Vasco Catroga	00:23:37	00:49:54	00:49:45	1712		V50	191	00:04:29	2218
1594	121	Hugo Branco	00:24:34	00:49:54	00:49:53	1739		V35	230	00:04:23	1967
1595	8870	António Adro	00:24:29	00:49:55	00:49:44	1701	Associação de Moradores de Atibá	V50	192	00:04:21	1894
1596	8871	Carla Adro	00:24:28	00:49:55	00:49:45	1702	Associação de Moradores de Atibá	V45	27	00:04:22	1896



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1597	1973	Henrique Dias	00:24:37	00:49:55	00:49:22	1633		V65	11	00:04:15	1623
1598	3807	Hugo Crescido	00:26:22	00:49:56	00:48:58	1547		V40	283	00:04:02	1134
1599	6808	João Silva	00:23:57	00:49:56	00:49:53	1735		V55	90	00:04:22	1908
1600	5297	Carlos Leitão	00:24:19	00:49:56	00:49:48	1721	SS CGD	V55	91	00:04:20	1845
1601	2222	Nuno Ribeiro	00:25:29	00:49:56	00:48:34	1463		V35	231	00:03:49	679
1602	5557	Nuno Figueiredo	00:24:42	00:49:57	00:49:39	1685		V45	277	00:04:10	1458
1603	3027	Francisco Furão	00:24:07	00:49:57	00:49:40	1687		V40	284	00:04:33	2363
1604	5449	Acilio Silva	00:23:59	00:49:57	00:48:28	1449	Askblue	Senior	307	00:04:42	2749
1605	1219	Flávio Lopes	00:24:44	00:49:57	00:49:25	1643	Limited Edition	V35	232	00:04:16	1656
1606	2023	Ângelo Fernandes	00:25:18	00:49:58	00:49:01	1563		V35	233	00:04:02	1118
1607	4009	Alfredo Sousa	00:23:39	00:49:59	00:49:27	1651	JOMA	V65	12	00:05:51	4841
1608	2670	João Barata	00:24:25	00:49:59	00:49:49	1725		V60	32	00:04:20	1818
1609	1293	Luís Silva	00:24:33	00:49:59	00:49:27	1653	1F3CB	V40	285	00:04:15	1631
1610	6026	Lina Eugénio	00:24:54	00:50:00	00:49:45	1705		Senior	54	00:04:27	2105
1611	8671	Rui Tavares	00:23:43	00:50:00	00:49:57	1752		V40	286	00:04:37	2530
1612	8232	Samuel Bernardo	00:26:18	00:50:00	00:47:34	1255		Senior	308	00:04:21	1892
1613	6938	Hugo Santos	00:27:21	00:50:00	00:47:03	1152		Senior	309	00:04:08	1343
1614	3689	Tiago Rosa	00:25:12	00:50:00	00:49:52	1732		V40	287	00:04:06	1266
1615	2451	Gonçalo San-Payo	00:25:35	00:50:00	00:49:37	1680		Senior	310	00:04:01	1103



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1616	2864	Pedro Oliveira	00:24:22	00:50:01	00:49:55	1746		V50	193	00:04:20	1819
1617	1631	Paulo Sousa	00:23:53	00:50:01	00:49:45	1709	Puxa por ti	V40	288	00:04:26	2076
1618	7998	Andre Dias	00:25:10	00:50:01	00:49:38	1683	ONTRISPORTS	Senior	311	00:04:11	1493
1619	2819	Rui Carvalho	00:24:57	00:50:02	00:49:35	1674	Equipa David Vaz	V50	194	00:04:16	1659
1620	3600	Adelino Pereira	00:24:02	00:50:02	00:49:37	1679	Run2Finish.PT	V55	92	00:04:29	2212
1621	8778	Joana Junceiro	00:24:27	00:50:02	00:49:39	1684		Senior	55	00:04:28	2152
1622	313	Paula Gomes	00:24:56	00:50:03	00:49:46	1714	Correr Lisboa	V45	28	00:04:12	1516
1623	788	João Rodrigues	00:24:23	00:50:03	00:49:52	1733		Senior	312	00:04:17	1721
1624	6245	Ivo Lalim	00:25:53	00:50:04	00:49:10	1598		V35	234	00:04:04	1201
1625	2328	João Serrano	00:24:53	00:50:04	00:49:33	1669		V35	235	00:04:26	2080
1626	8501	Frederico Carvalho	00:25:45	00:50:05	00:48:51	1525	Off Limits CrossFit	V35	236	00:04:01	1105
1627	8556	Antonio Sousa	00:24:34	00:50:05	00:49:53	1736		V45	278	00:04:09	1419
1628	5786	Gonçalo Aguiar	00:24:24	00:50:06	00:49:15	1612	Equipa Alegria	V35	237	00:04:18	1761
1629	1122	Sonia Figueiredo	00:24:54	00:50:06	00:49:45	1710		V45	29	00:04:28	2167
1630	6965	Carlos Cardoso	00:25:01	00:50:06	00:49:22	1635		V40	289	00:04:03	1168
1631	8497	Andreia Oliveira	00:25:44	00:50:06	00:48:52	1527	Off Limits CrossFit	Senior	56	00:04:07	1332
1632	1975	Miguel Andrade	00:24:14	00:50:06	00:49:44	1699		V50	195	00:04:20	1822
1633	7620	Rogério Fernandes	00:26:47	00:50:06	00:47:45	1295	Atitude Outdoor	V45	279	00:03:52	751
1634	9284	Teresa Escaria	00:24:50	00:50:06	00:49:40	1688		Junior	6	00:04:19	1801



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1635	8260	Vitor Mourão	00:24:32	00:50:07	00:49:34	1672	BRRnightRUNNERS	V50	196	00:04:31	2304
1636	5812	Luis Paisana	00:25:23	00:50:07	00:49:17	1617		V65	13	00:04:00	1069
1637	7396	Sonia Almeida	00:24:31	00:50:07	00:49:47	1719		V40	29	00:04:28	2159
1638	4461	Carlos Reis	00:25:29	00:50:08	00:49:30	1663		V50	197	00:04:13	1546
1639	7871	Paulo Simões	00:24:48	00:50:08	00:49:47	1718		V40	290	00:04:19	1799
1640	6830	João Costa	00:27:38	00:50:08	00:47:09	1178	FIDELIDADE GDC	V40	291	00:03:46	589
1641	4311	Henrique Antunes	00:24:33	00:50:08	00:49:35	1675	Vilaventura Trail	V35	238	00:04:19	1782
1642	2900	Mariana Marques	00:26:12	00:50:08	00:47:56	1336		Senior	57	00:04:00	1053
1643	5658	Pedro Maia	00:26:33	00:50:09	00:47:55	1328	MALM	V35	239	00:04:08	1383
1644	2896	Jose Silvestre	00:25:33	00:50:10	00:49:26	1648		V60	33	00:04:11	1478
1645	5944	Adilia Eunice	00:24:08	00:50:10	00:49:49	1722		V45	30	00:04:18	1762
1646	1785	João Leitão	00:25:30	00:50:10	00:49:37	1682		V40	292	00:04:09	1403
1647	141	Ana Monteiro	00:24:03	00:50:11	00:50:07	1779		V50	13	00:04:33	2372
1648	6495	Paulo Gonçalves	00:26:17	00:50:11	00:50:05	1774		V50	198	00:04:38	2580
1649	7458	Ana Mata	00:25:22	00:50:11	00:49:31	1666		V50	14	00:04:16	1645
1650	8472	Marta Andrade	00:23:59	00:50:12	00:50:02	1767	CUA Benaventense	V45	31	00:04:15	1637
1651	7953	Bruno Reis	00:24:46	00:50:12	00:49:40	1689		V40	293	00:04:25	2061
1652	1849	Alexandre Santos	00:25:32	00:50:12	00:49:37	1681		V55	93	00:03:49	678
1653	1168	António Reto	00:24:41	00:50:12	00:49:44	1698		V35	240	00:04:25	2052



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1654	1699	Jean Gonçalves	00:25:08	00:50:13	00:49:40	1686		Senior	313	00:04:13	1548
1655	8370	Francisca Laia	00:24:11	00:50:13	00:49:57	1754		Senior	58	00:04:47	2941
1656	1563	Miguel Latoeira	00:25:39	00:50:13	00:48:54	1531		Senior	314	00:04:00	1058
1657	2939	Fernando Correia	00:24:32	00:50:13	00:49:47	1717		V55	94	00:04:18	1742
1658	789	Hugo Leonardo	00:24:38	00:50:14	00:50:00	1763		V40	294	00:04:21	1881
1659	8877	Sérgio Ferreira	00:24:26	00:50:14	00:50:01	1765	Associação de Moradores de Atibá	V50	199	00:04:26	2065
1660	8596	Nuno Mendes	00:24:05	00:50:14	00:50:09	1784		V60	34	00:04:39	2625
1661	39	Bruno Almeida	00:24:08	00:50:15	00:49:53	1738		Senior	315	00:04:20	1813
1662	3624	João Rocha	00:26:18	00:50:15	00:47:59	1342	BTM TEAM	Senior	316	00:03:58	985
1663	8889	Mileide Semedo	00:24:39	00:50:15	00:50:01	1766		V35	23	00:04:28	2154
1664	3431	André Graça	00:24:09	00:50:15	00:50:02	1769		V35	241	00:04:32	2339
1665	920	Pedro Figueiredo	00:24:20	00:50:15	00:50:01	1764		V45	280	00:04:17	1720
1666	13	Miguel Saraiva	00:25:06	00:50:15	00:49:51	1729	Team MS	V40	295	00:04:14	1579
1667	8565	Ana Santos	00:25:18	00:50:16	00:50:00	1759	Team El Comandante	V40	30	00:04:11	1492
1668	5793	Maurício Santos	00:25:55	00:50:16	00:48:51	1524	fast and furious	Senior	317	00:04:06	1291
1669	8572	Nelson Gomes	00:25:18	00:50:17	00:49:59	1758	Team El Comandante	V40	296	00:04:12	1504
1670	1477	Vera Duarte	00:24:24	00:50:17	00:49:45	1708	Correr Lisboa	V45	32	00:04:55	3242
1671	8923	Jose Paradela	00:24:34	00:50:17	00:50:12	1793		V35	242	00:04:21	1893
1672	6461	Sérgio Gonçalves	00:26:17	00:50:18	00:48:49	1515		V35	243	00:04:24	2019



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1673	4636	Jose Concha	00:25:04	00:50:18	00:49:53	1740		V55	95	00:04:09	1397
1674	2073	Antonio Franco	00:25:24	00:50:19	00:50:11	1789	Serviços Sociais Montepio	V55	96	00:03:59	1031
1675	3052	Gonçalo Lopes	00:24:34	00:50:19	00:50:06	1778	Run&Win(e)	V45	281	00:04:28	2185
1676	1238	Vitor Pereira	00:24:11	00:50:19	00:50:15	1800	GRJA	V45	282	00:04:27	2128
1677	1891	Miguel Poeira	00:23:56	00:50:20	00:50:08	1781	Insane Évora Team	Senior	318	00:04:19	1781
1678	1003	Marco Bastos	00:24:39	00:50:20	00:50:05	1776		V45	283	00:04:16	1652
1679	8635	Francisco Ferreira	00:24:06	00:50:20	00:50:07	1780		Senior	319	00:04:29	2229
1680	1451	Aires Pedro	00:24:49	00:50:20	00:49:54	1743	Clube Ferroviário de Portugal	V65	14	00:04:21	1880
1681	550	Nuno Lopes	00:24:23	00:50:21	00:49:46	1713		V40	297	00:04:37	2527
1682	4021	Francisco Costa	00:24:51	00:50:21	00:49:53	1741	BRRnightRUNNERS	V40	298	00:04:16	1670
1683	1428	Paulo Marques	00:24:49	00:50:22	00:49:55	1747		Senior	320	00:04:36	2476
1684	1032	Carlos Silva	00:25:40	00:50:22	00:49:50	1726	Casa do Benfica em Algueirao Mem Martins	V55	97	00:05:22	4151
1685	8139	Fernando Andrade	00:24:50	00:50:23	00:49:58	1755	CCD TRANQUILIDADE	V65	15	00:04:22	1899
1686	2038	Alberto Silva	00:24:55	00:50:25	00:50:12	1790		V50	200	00:04:23	1961
1687	6380	Licínio Fidalgo	00:24:43	00:50:25	00:50:15	1801		V60	35	00:04:24	2017
1688	4609	Tiago Prego	00:25:30	00:50:26	00:49:55	1748		Senior	321	00:04:07	1308
1689	2237	João Martinho	00:24:17	00:50:26	00:50:17	1809		V55	98	00:04:23	1962
1690	1958	Edgar Baiao	00:27:13	00:50:27	00:49:23	1636		V35	244	00:03:47	613
1691	3293	João Apolinário	00:25:01	00:50:27	00:49:46	1716		V40	299	00:04:11	1465



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1692	2559	Rui Pereira	00:25:13	00:50:27	00:50:09	1783		V35	245	00:04:11	1477
1693	6737	José Alves	00:25:03	00:50:28	00:49:49	1723	ANL - REMO	V50	201	00:04:19	1766
1694	5834	Joaquim Antunes	00:24:59	00:50:28	00:50:18	1814		V35	246	00:04:25	2028
1695	8336	José Cruz	00:26:21	00:50:29	00:49:25	1646	Corrida Noturna Parque das Nações	V55	99	00:04:03	1165
1696	8709	Domingos Gato	00:23:50	00:50:29	00:50:24	1839		V45	284	00:04:37	2540
1697	8317	Regina Borges	00:25:51	00:50:30	00:49:26	1647	Corrida Noturna Parque das Nações	V45	33	00:04:04	1175
1698	2667	Rui Vieira	00:27:38	00:50:30	00:47:38	1269		V50	202	00:03:56	907
1699	3079	Nuno Carrilho	00:24:54	00:50:32	00:49:54	1744		V35	247	00:05:32	4465
1700	5624	Marisa Santos	00:25:31	00:50:32	00:49:31	1664	G.D.C. Portos de Sines e do Algarve	V45	34	00:04:22	1942
1701	3270	Rogério Luis	00:25:46	00:50:32	00:49:56	1750		V45	285	00:03:55	861
1702	8717	Ricardo Nicho	00:25:18	00:50:32	00:49:51	1728		Senior	322	00:04:14	1563
1703	120	Mauricio Oliveira	00:24:30	00:50:32	00:50:26	1843		V50	203	00:04:27	2123
1704	499	Paula Quintela	00:24:36	00:50:34	00:50:30	1857		V55	3	00:04:25	2049
1705	3055	Laisa Diana	00:25:44	00:50:34	00:49:59	1757	Run&Win(e)	Senior	59	00:04:04	1191
1706	1835	Arnaldo Graça	00:26:22	00:50:34	00:50:03	1772		V35	248	00:04:04	1193
1707	8230	Ana Branco	00:26:31	00:50:34	00:49:19	1625		V50	15	00:04:23	1983
1708	2379	João Maltez	00:24:39	00:50:34	00:50:23	1834	United Warriors OCR	V40	300	00:04:20	1825
1709	6690	Adelaide Pereira	00:26:32	00:50:35	00:50:22	1827		V50	16	00:03:49	660
1710	5063	Guilherme Martins	00:25:06	00:50:35	00:50:16	1806		Senior	323	00:05:35	4525



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1711	388	Daniel Oliveira	00:24:54	00:50:36	00:50:17	1808		V35	249	00:04:10	1436
1712	2718	Rúben Carlos	00:26:22	00:50:36	00:50:05	1775		V35	250	00:04:06	1271
1713	63	António Lopes	00:24:05	00:50:37	00:50:27	1848		V50	204	00:04:17	1712
1714	7721	Patricia Santos	00:24:40	00:50:37	00:50:34	1867	GFD Running	V45	35	00:04:14	1568
1715	2650	José Godinho	00:24:05	00:50:37	00:50:27	1849		V50	205	00:04:18	1744
1716	3758	João Santos	00:24:08	00:50:38	00:50:22	1825		Senior	324	00:04:44	2822
1717	3144	Francisco Morais	00:24:42	00:50:39	00:50:11	1788		V55	100	00:04:17	1709
1718	7368	João Correia	00:25:53	00:50:40	00:50:14	1798		V35	251	00:04:08	1340
1719	3620	Tiago Brito	00:27:36	00:50:40	00:46:19	1021	BTM TEAM	V35	252	00:04:00	1051
1720	5117	Bernardo Claudino	00:24:04	00:50:40	00:50:30	1855		Senior	325	00:04:32	2349
1721	79	Filipe Pereira	00:22:56	00:50:41	00:50:20	1818		V35	253	00:04:45	2852
1722	6613	André Neves	00:26:50	00:50:41	00:50:02	1770		V35	254	00:04:06	1286
1723	326	Jaime Silva	00:24:21	00:50:41	00:50:40	1891		V45	286	00:04:32	2322
1724	1986	Carlos Fino	00:25:18	00:50:41	00:50:02	1768		V50	206	00:04:15	1620
1725	673	Paula Rodrigues	00:25:58	00:50:42	00:50:20	1817		V45	36	00:04:27	2129
1726	2739	Filomena Jacinto	00:24:42	00:50:43	00:50:21	1823	Amigos Da Corrida	V55	4	00:04:28	2182
1727	605	Carlos Ferreira	00:27:39	00:50:43	00:47:19	1205	GRCD Leião	Senior	326	00:03:52	761
1728	977	Ricardo Cano	00:26:33	00:50:43	00:49:41	1690	Clube Atletismo Amigos de Belém	V40	301	00:03:59	1022
1729	2346	Rafael Marques	00:24:55	00:50:43	00:50:20	1819	AZA - Azambuja com Alma	Senior	327	00:05:43	4680



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1730	4385	Carlos Dias	00:25:05	00:50:44	00:50:21	1821	CCDTMetroLX	V60	36	00:04:13	1551
1731	7539	Mónica Moreno	00:24:47	00:50:44	00:50:35	1869	Alverca Urban Runners	V35	24	00:04:22	1903
1732	335	Pedro Santos	00:26:53	00:50:44	00:48:35	1464		Senior	328	00:04:05	1229
1733	6609	Paulo Branco	00:25:08	00:50:44	00:50:10	1786		V50	207	00:04:14	1598
1734	3795	Carlos Bilro	00:25:30	00:50:45	00:50:16	1804		V65	16	00:04:22	1936
1735	2661	Rui Pinto	00:24:44	00:50:45	00:50:28	1850		V55	101	00:04:24	2002
1736	2308	Octávio Cardoso	00:25:09	00:50:45	00:50:33	1864		V40	302	00:04:19	1780
1737	2591	Duarte Porém	00:24:44	00:50:45	00:50:21	1822		V50	208	00:04:14	1590
1738	8581	Mariana Passos	00:25:03	00:50:46	00:50:12	1792	Team El Comandante	Senior	60	00:04:32	2311
1739	1407	José Lourenço	00:25:15	00:50:46	00:50:26	1842		V45	287	00:04:16	1651
1740	453	José Ferreira	00:25:15	00:50:46	00:50:26	1844		V50	209	00:04:16	1653
1741	5757	Diogo Godinho	00:25:10	00:50:46	00:50:36	1874		Senior	329	00:04:14	1605
1742	1004	Joao Bernardo	00:25:20	00:50:47	00:50:38	1881		V45	288	00:04:01	1094
1743	8582	Rui Machado	00:25:03	00:50:47	00:50:14	1799	Team El Comandante	Senior	330	00:04:33	2385
1744	32	Bruno Madeira	00:24:54	00:50:48	00:50:27	1847		Senior	331	00:04:37	2526
1745	6797	Cláudio Meira	00:25:32	00:50:48	00:49:44	1700	Corredores da Adega	V35	255	00:04:05	1211
1746	1052	Pedro Cruz	00:23:41	00:50:48	00:50:26	1841		V40	303	00:04:49	3010
1747	611	Joana Alves	00:25:54	00:50:49	00:49:54	1742	Limited Edition	Senior	61	00:04:04	1187
1748	2960	José Bica	00:26:11	00:50:49	00:48:40	1484		V35	256	00:04:24	2001



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1749	1386	Sérgio Jorge	00:24:48	00:50:50	00:50:19	1816		V50	210	00:04:24	1993
1750	595	Ana Rodrigues	00:25:17	00:50:50	00:49:41	1692	Limited Edition	V35	25	00:04:18	1739
1751	3910	Luis Gonçalves	00:24:36	00:50:51	00:50:45	1902		V45	289	00:04:31	2276
1752	3534	Marianela Figueiredo	00:25:45	00:50:51	00:50:23	1831		V45	37	00:04:17	1699
1753	1715	Cláudia Alcaso	00:24:17	00:50:52	00:50:44	1896	Alcaso-Serra	V45	38	00:04:34	2412
1754	802	Maurício Costa	00:24:38	00:50:52	00:50:40	1892		V50	211	00:04:30	2239
1755	5470	Pedro Almeida	00:24:06	00:50:52	00:50:44	1899		Senior	332	00:04:28	2194
1756	6350	José Vilhena	00:24:42	00:50:52	00:50:50	1914	Os Kotas	V55	102	00:04:18	1758
1757	2809	Flamino Santos	00:25:54	00:50:53	00:50:11	1787	Tálenos Team	V55	103	00:04:14	1591
1758	76	Luis Pereira	00:24:20	00:50:53	00:50:39	1885		V50	212	00:04:24	1998
1759	2981	David Malveira	00:25:02	00:50:53	00:50:32	1862		Senior	333	00:04:25	2038
1760	4264	Nuno Rocha	00:24:42	00:50:53	00:50:29	1853		V40	304	00:04:30	2251
1761	5770	Nuno Filipe	00:26:11	00:50:54	00:49:56	1751		V35	257	00:04:23	1948
1762	7459	Sérgio Machado	00:25:49	00:50:54	00:50:00	1761		V40	305	00:03:59	1033
1763	2470	Joana Capela	00:25:28	00:50:55	00:50:25	1840		Senior	62	00:04:34	2413
1764	3362	Gonçalo Silva	00:25:57	00:50:55	00:49:58	1756	Limited Edition	V40	306	00:04:21	1856
1765	6575	Inês Raimundo	00:25:27	00:50:55	00:50:18	1812		Senior	63	00:04:22	1938
1766	8191	José Albano	00:26:45	00:50:55	00:49:45	1704	#grupodosamigosdoJP	V55	104	00:04:22	1898
1767	7654	Gonçalo Simões	00:26:50	00:50:55	00:48:22	1426	BI4ALL	Senior	334	00:03:53	799



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1768	7114	Carla Botelho	00:24:23	00:50:55	00:50:48	1910		V35	26	00:03:58	974
1769	689	André Narciso	00:25:36	00:50:56	00:49:24	1638	GARLIC RUNNERS	Senior	335	00:04:31	2294
1770	2787	Carlos Coelho	00:24:35	00:50:56	00:50:24	1835		V45	290	00:04:33	2364
1771	6488	Ana Torres	00:25:39	00:50:57	00:50:17	1807		Senior	64	00:04:17	1695
1772	5465	Hugo Roque	00:24:33	00:50:57	00:50:55	1944	Sporting Clube de Casainhos	V40	307	00:04:14	1603
1773	4654	Ricardo Camilo	00:25:49	00:50:57	00:48:44	1501	Cross Velhotes e Cross Beauty´s	V35	258	00:04:10	1450
1774	7118	Samuel Caldeira	00:24:22	00:50:57	00:50:49	1911		V35	259	00:04:00	1041
1775	2736	Hugo Guerra	00:25:53	00:50:57	00:49:04	1578	B&ST-MONTIJO	V40	308	00:04:14	1589
1776	2353	Francisca Franca	00:25:16	00:50:58	00:50:54	1939	Bora Lá	V45	39	00:04:19	1779
1777	2349	Luís Faísco	00:25:15	00:50:58	00:50:55	1940	Bora Lá	V50	213	00:04:20	1826
1778	7908	Fernando Arvelaiz	00:25:39	00:50:58	00:49:37	1678	CLUBE ACCENTURE	Senior	336	00:04:07	1333
1779	8157	Pedro Burquette	00:25:17	00:50:58	00:50:54	1936	CCD TRANQUILIDADE	V45	291	00:04:27	2143
1780	6272	Rui Mota	00:25:07	00:50:58	00:50:23	1830		V55	105	00:04:13	1542
1781	3263	Fernando Faria	00:24:22	00:50:58	00:50:55	1942	Link	V55	106	00:04:29	2202
1782	2640	Luis Rodrigues	00:24:51	00:51:00	00:50:23	1833	Clube EDP Lisboa	V40	309	00:04:29	2214
1783	3456	Diogo Correia	00:25:55	00:51:00	00:50:40	1889		V35	260	00:04:23	1957
1784	3787	Marta Bilro	00:25:45	00:51:00	00:50:32	1861		V35	27	00:04:19	1769
1785	3513	Paulo Ramos	00:25:34	00:51:01	00:50:29	1852		V55	107	00:04:14	1586
1786	4501	Diogo Mimoso	00:25:38	00:51:01	00:50:22	1826		Senior	337	00:04:21	1862



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1787	1146	Paulo Martins	00:25:31	00:51:01	00:50:44	1898		V55	108	00:04:19	1786
1788	3715	Francisco Julião	00:25:36	00:51:02	00:50:24	1836		V60	37	00:04:21	1854
1789	6574	António Tomé	00:24:16	00:51:02	00:50:24	1837		V45	292	00:04:37	2512
1790	2499	Ruben Ferreira	00:24:31	00:51:02	00:49:51	1730		V40	310	00:04:22	1923
1791	8018	Hugo Pereira	00:26:07	00:51:03	00:49:55	1749		V40	311	00:04:25	2058
1792	6063	Helder Sarariva	00:24:08	00:51:03	00:50:46	1905	Strong team	V50	214	00:04:56	3290
1793	578	Diana Gaspar	00:25:05	00:51:03	00:50:40	1890	MIMOS	V35	28	00:04:30	2241
1794	5805	Joana Caldeira	00:24:45	00:51:03	00:50:55	1943		V45	40	00:04:23	1947
1795	3571	Bruno Pandaio	00:24:33	00:51:04	00:50:59	1948	JANITAS FATHERS RUNNERS	V45	293	00:04:24	2011
1796	3214	Rui Vinhas	00:25:34	00:51:04	00:50:35	1870	Grupo Atletas Algês	V55	109	00:04:16	1677
1797	7931	Rita Melo	00:25:23	00:51:05	00:50:38	1883	Clube Ferroviário de Portugal	V40	31	00:04:32	2314
1798	2879	Carlos Leão	00:24:55	00:51:05	00:51:03	1961		V60	38	00:04:37	2520
1799	3215	Maria Gamito	00:25:34	00:51:05	00:50:37	1877	Grupo Atletas Algês	V45	41	00:04:16	1678
1800	896	Ana Barros	00:25:03	00:51:05	00:50:30	1858		V45	42	00:04:31	2292
1801	244	Rui Bolas	00:24:56	00:51:05	00:50:52	1932		V40	312	00:04:08	1355
1802	220	Carlos Gouveia	00:26:13	00:51:06	00:50:12	1791		V40	313	00:04:19	1784
1803	2639	Bruno Sereno	00:26:50	00:51:06	00:50:28	1851	Clube EDP Lisboa	Senior	338	00:04:23	1964
1804	4057	Carlos Custódio	00:25:12	00:51:07	00:50:36	1876		V35	261	00:04:32	2337
1805	4319	Jose Gomes	00:22:23	00:51:07	00:50:37	1878	Aqualva Runners	V40	314	00:09:14	5842



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1806	845	Pedro Santos	00:25:45	00:51:08	00:50:38	1882		V35	262	00:04:22	1918
1807	3503	Guilherme Carmo	00:26:38	00:51:09	00:49:29	1659		Junior	29	00:03:57	955
1808	3279	Madalena Lemos	00:24:59	00:51:09	00:50:26	1845		Senior	65	00:04:33	2358
1809	2837	Reinaldo Lourenço	00:27:06	00:51:10	00:49:12	1606		V40	315	00:04:07	1319
1810	6893	João Correia	00:25:46	00:51:10	00:50:00	1760		Senior	339	00:04:20	1808
1811	7911	Nuno Pereira	00:26:26	00:51:11	00:50:26	1846	CLUBE ACCENTURE	V45	294	00:04:05	1242
1812	6556	Casimiro Ferreira	00:25:24	00:51:11	00:50:53	1934		V45	295	00:04:35	2441
1813	7029	Joao Cravo	00:26:47	00:51:12	00:50:17	1810		Senior	340	00:04:08	1345
1814	8732	Carla Ferreira	00:25:31	00:51:13	00:50:38	1884		V40	32	00:04:25	2062
1815	2698	Ricardo Aniceto	00:25:40	00:51:13	00:50:44	1897		Senior	341	00:04:26	2083
1816	6088	Filipa Almeida	00:25:29	00:51:13	00:50:39	1887	marvila jovem	Senior	66	00:04:25	2030
1817	5401	Nuno Fideles	00:24:50	00:51:13	00:50:49	1913	Savills Runners PT	V50	215	00:04:21	1848
1818	5527	Paulo Maciel	00:26:52	00:51:13	00:50:36	1875		Senior	342	00:04:04	1206
1819	4903	João Eira	00:24:26	00:51:14	00:51:10	1986		Senior	343	00:04:42	2740
1820	4399	Rui Pastor	00:25:26	00:51:14	00:50:50	1916	CCDTMetroLX	V45	296	00:03:58	986
1821	588	Ricardo Santos	00:25:00	00:51:14	00:50:41	1893	Correr Lisboa	V45	297	00:04:28	2173
1822	6644	Pedro Matos	00:25:43	00:51:14	00:50:45	1901		V60	39	00:04:09	1387
1823	2079	Jorge Sousa	00:26:03	00:51:14	00:50:48	1908	Serviços Sociais Montepio	V45	298	00:04:04	1194
1824	1118	Luis Godinho	00:25:31	00:51:15	00:50:52	1931		V45	299	00:04:18	1737



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1825	5578	Jorge Fernandes	00:24:22	00:51:15	00:51:07	1973		V55	110	00:04:38	2584
1826	4728	Marta Antas	00:24:52	00:51:15	00:51:01	1954		V40	33	00:04:40	2657
1827	4386	Francisco Plínio	00:24:55	00:51:16	00:51:11	1987	CCDTMetroLX	V65	17	00:04:38	2572
1828	77	Bernardo Rodrigues	00:26:20	00:51:16	00:49:46	1715		Senior	344	00:04:05	1224
1829	4166	Tatiana Pereira	00:24:04	00:51:16	00:51:09	1981		Senior	67	00:04:33	2360
1830	2876	Alvaro Pinto	00:25:39	00:51:17	00:50:45	1904		V60	40	00:04:21	1870
1831	6948	José Galvão	00:24:58	00:51:19	00:51:02	1957	Câmara Lisboa Clube	V60	41	00:04:41	2704
1832	4263	Ricardo Sousa	00:24:48	00:51:20	00:50:54	1938		V45	300	00:04:21	1863
1833	7681	Miguel Coutinho	00:24:49	00:51:20	00:50:50	1919	RFF & Associados	V40	316	00:04:27	2134
1834	6703	Tomás Ferreira	00:25:19	00:51:21	00:51:07	1974		Senior	345	00:04:07	1303
1835	5621	Tiago Paulo	00:26:57	00:51:21	00:50:40	1888	G.D.C. Portos de Sines e do Algarve	V45	301	00:04:12	1538
1836	8552	Jorge Barbosa	00:24:54	00:51:21	00:51:06	1971		V35	263	00:04:49	3019
1837	6713	Maria Rufino	00:27:48	00:51:21	00:47:22	1219		Senior	68	00:03:57	935
1838	5702	Nuno Pratas	00:25:37	00:51:21	00:50:04	1773	Guarda rios	V50	216	00:04:21	1865
1839	8641	Catarina Nascimento	00:25:09	00:51:22	00:51:08	1979		Senior	69	00:04:31	2307
1840	2738	Paulo Pires	00:24:20	00:51:23	00:51:03	1962	Amigos Da Corrida	V50	217	00:04:52	3116
1841	3335	Cláudia Bento	00:26:45	00:51:23	00:50:52	1929	Associação de Atletismo Lebres do Sado	V45	43	00:04:06	1283
1842	2512	Tiago Gaspar	00:25:09	00:51:23	00:51:01	1952	Serviços Sociais Montepio	V40	317	00:04:30	2246
1843	7547	Bruno Maia	00:25:32	00:51:24	00:50:48	1909		V35	264	00:04:26	2074



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1844	2078	Jorge Costa	00:25:09	00:51:24	00:51:01	1951	Serviços Sociais Montepio	V50	218	00:04:32	2324
1845	2085	Pedro Boto	00:25:10	00:51:24	00:51:03	1963	Serviços Sociais Montepio	V50	219	00:04:31	2284
1846	6811	Alexandra Torres	00:25:46	00:51:24	00:50:54	1937		V50	17	00:04:20	1841
1847	8863	Fábio Reverendo	00:29:08	00:51:24	00:43:36	613		Senior	346	00:03:57	961
1848	2553	Bruno Palma	00:24:38	00:51:25	00:51:24	2023		Senior	347	00:04:31	2282
1849	2324	Rita Certã	00:25:37	00:51:25	00:50:35	1872		V45	44	00:04:17	1704
1850	3664	Lívia Lourenço	00:25:20	00:51:25	00:51:19	2009	Correr Queluz	V40	34	00:04:08	1374
1851	713	Carlos Rangel	00:25:23	00:51:25	00:50:55	1941		V65	18	00:04:25	2047
1852	7779	José Proença	00:25:20	00:51:26	00:51:20	2014		V55	111	00:04:10	1426
1853	6615	Tiago Coito	00:25:34	00:51:27	00:51:22	2019		V35	265	00:04:20	1839
1854	2778	João Macedo	00:25:46	00:51:27	00:50:50	1917		V55	112	00:04:20	1817
1855	2509	André Mendonça	00:25:35	00:51:27	00:50:52	1930		V35	266	00:04:12	1521
1856	3549	Nuno Tempera	00:24:40	00:51:27	00:51:04	1966	RunLovers	V50	220	00:04:19	1770
1857	2298	João Afonso	00:26:17	00:51:27	00:51:04	1964		V45	302	00:04:09	1400
1858	8025	Luana Trizzi	00:26:30	00:51:27	00:50:22	1828		Senior	70	00:04:16	1649
1859	150	Mário Botequilha	00:25:39	00:51:28	00:50:30	1856		V50	221	00:04:32	2323
1860	3330	Daniel Silva	00:25:51	00:51:28	00:50:49	1912	Clube desportivo de mafra	V40	318	00:04:12	1518
1861	3617	Jose Adrião	00:25:39	00:51:28	00:50:19	1815	IMASAMS	V45	303	00:04:09	1393
1862	2119	Vergílio Oliveira	00:24:50	00:51:29	00:51:26	2033		V55	113	00:04:28	2179



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1863	3693	Pedro Gaspar	00:24:39	00:51:29	00:51:05	1968		V50	222	00:04:31	2273
1864	5698	Uriel Bohorquez	00:24:44	00:51:29	00:51:20	2012		V45	304	00:04:35	2437
1865	7064	Nuno Nascimento	00:25:32	00:51:29	00:51:28	2041		V50	223	00:04:18	1733
1866	8427	Pedro Borges	00:24:44	00:51:29	00:51:08	1978	ONTRISPORTS	V35	267	00:04:48	2944
1867	447	Nuno Cortes	00:26:27	00:51:29	00:50:42	1894		V50	224	00:04:09	1414
1868	5832	Pedro Seabra	00:25:00	00:51:30	00:51:21	2017		V35	268	00:04:32	2346
1869	6082	Paulo Coutinho	00:24:14	00:51:30	00:51:26	2030		V40	319	00:04:33	2356
1870	3595	Maria Madeira	00:25:58	00:51:30	00:51:09	1982	N.A. PAPAGAIOS DE CASCAIS	V50	18	00:04:31	2280
1871	8365	Ruben Pardal	00:24:54	00:51:30	00:51:14	1997		Senior	348	00:04:31	2303
1872	6909	Aldina Marques	00:25:58	00:51:30	00:51:09	1985		V50	19	00:04:31	2300
1873	3873	Luis Valadas	00:24:52	00:51:30	00:51:27	2038		V45	305	00:04:22	1935
1874	5124	Diogo Cardoso	00:26:53	00:51:31	00:48:14	1394		Senior	349	00:04:24	2023
1875	381	Paulo Sousa	00:25:18	00:51:32	00:51:27	2036		V45	306	00:04:37	2531
1876	6502	Ângela Vargues	00:25:02	00:51:33	00:51:25	2028		V40	35	00:04:30	2262
1877	6310	Pedro Almeida	00:24:49	00:51:34	00:51:14	1993	Agarra o Davidão	Senior	350	00:04:44	2827
1878	2951	Dinis Duarte	00:26:33	00:51:34	00:50:00	1762	Correr Sem Parar	V45	307	00:04:09	1410
1879	2323	Luís Cabaça	00:26:20	00:51:34	00:50:34	1865		V40	320	00:04:07	1315
1880	1882	João Anjos	00:26:18	00:51:34	00:50:39	1886	Os cinco ou mais	V50	225	00:04:10	1445
1881	8521	Miguel Rodrigues	00:28:35	00:51:34	00:47:27	1238	Off Limits CrossFit	V35	269	00:04:06	1256



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1882	8583	Francisco Belo	00:24:20	00:51:34	00:51:02	1956	Team El Comandante	Senior	351	00:04:32	2310
1883	2382	Michel Silva	00:25:38	00:51:36	00:51:17	2004		V40	321	00:04:09	1401
1884	2663	Nuno Rito	00:25:06	00:51:36	00:51:14	1995		V40	322	00:04:16	1658
1885	271	Luis Tavares	00:25:47	00:51:36	00:51:04	1965		V50	226	00:04:24	1997
1886	3582	Gonçalo Duarte	00:26:03	00:51:37	00:50:37	1879	GDC Banco de Portugal	Senior	352	00:04:38	2570
1887	3254	Pedro Anacleto	00:24:59	00:51:37	00:51:32	2055	Machado_Anacleto	V50	227	00:04:30	2254
1888	3889	André Silva	00:25:14	00:51:37	00:51:18	2006		Senior	353	00:04:23	1956
1889	3160	Ivo Marques	00:25:07	00:51:37	00:50:51	1920		V40	323	00:04:32	2332
1890	642	Marco Vaz	00:25:15	00:51:38	00:51:36	2067	Clube Ogma	V35	270	00:04:05	1231
1891	3583	José Duarte	00:26:04	00:51:38	00:50:38	1880	GDC Banco de Portugal	V60	42	00:04:09	1409
1892	6341	Ricardo Mateus	00:26:00	00:51:38	00:50:45	1900		Senior	354	00:04:30	2261
1893	167	Nelson Silva	00:24:58	00:51:38	00:51:36	2068		V35	271	00:04:22	1919
1894	8256	Paulo Rocha	00:24:55	00:51:39	00:51:16	2003		V45	308	00:04:23	1978
1895	7314	Paulo Pereira	00:24:21	00:51:39	00:51:37	2073	CLUBE MILLENNIUM BCP	V45	309	00:04:38	2551
1896	3165	José Brito	00:24:49	00:51:39	00:51:07	1975		V35	272	00:05:04	3579
1897	2641	André Loureiro	00:25:42	00:51:39	00:51:28	2043	Clube EDP Lisboa	V40	324	00:04:22	1922
1898	3678	Carlos Fernandes	00:24:35	00:51:40	00:51:15	2000	Tálenos Team	V50	228	00:04:29	2206
1899	2299	Susana Branco	00:26:02	00:51:40	00:51:14	1996		V50	20	00:04:22	1928
1900	376	Roberto Freitas	00:24:52	00:51:40	00:51:28	2044		V45	310	00:04:32	2321



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CLASSIFICAÇÃO '21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1901	5364	Marco Batista	00:24:48	00:51:40	00:51:33	2058	Lisbon Panthers	V35	273	00:04:29	2197
1902	4807	Isabel Cardeal	00:25:21	00:51:40	00:51:39	2075		V50	21	00:04:21	1861
1903	3823	Eva Jerónimo	00:25:18	00:51:41	00:51:41	2083		V45	45	00:04:21	1855
1904	7039	Luis Damião	00:24:55	00:51:41	00:51:27	2039		V50	229	00:04:21	1886
1905	5452	Rita Dinis	00:25:32	00:51:42	00:51:24	2026	Askblue	Senior	71	00:04:23	1945
1906	7415	Francisco Fino	00:30:41	00:51:42	00:42:19	465		V40	325	00:03:31	289
1907	4436	Nuno Cabral	00:26:30	00:51:42	00:50:03	1771	Irongroup	V40	326	00:04:21	1864
1908	7735	Nelson Cardoso	00:28:58	00:51:43	00:45:32	889	Cromossomas Lendários	V35	274	00:03:54	815
1909	3063	Alexandra Carvalho	00:25:14	00:51:43	00:51:12	1989	Strong team	V35	29	00:04:25	2039
1910	3058	Sara Machado	00:25:14	00:51:43	00:51:14	1994	Strong team	V40	36	00:04:24	2003
1911	1111	João Fernandes	00:25:44	00:51:43	00:51:41	2087		V40	327	00:04:00	1060
1912	6645	Antonio Lavajo	00:25:36	00:51:43	00:51:15	1999		V45	311	00:04:37	2510
1913	8141	Elizete Duarte	00:25:46	00:51:43	00:51:08	1977	CCD TRANQUILIDADE	V45	46	00:04:23	1979
1914	5547	Jorge Canteiro	00:25:39	00:51:44	00:51:12	1990		V50	230	00:04:15	1608
1915	8110	Ines Martins	00:26:30	00:51:44	00:49:53	1737		V40	37	00:04:17	1724
1916	2707	Mário Malhão	00:25:33	00:51:45	00:51:26	2032		V45	312	00:04:36	2483
1917	6661	Diogo Rodrigues	00:25:05	00:51:45	00:51:31	2051		Senior	355	00:04:32	2342
1918	5380	Carlos Maia	00:25:02	00:51:46	00:51:37	2072		V55	114	00:04:30	2265
1919	2383	Paulo Santo	00:25:14	00:51:46	00:51:16	2002	Gang da Lama	V50	231	00:04:27	2116



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1920	8720	Dinis Rodrigues	00:25:06	00:51:47	00:51:15	1998		Senior	356	00:04:42	2722
1921	7102	Gonçalo Domingues	00:25:50	00:51:47	00:51:06	1970		Senior	357	00:04:27	2137
1922	4792	Joana Pacheco	00:27:10	00:51:48	00:51:46	2103	Ou Vai ou Racha	Senior	72	00:04:21	1860
1923	324	Manuel Ambrósio	00:24:52	00:51:48	00:51:23	2021		V50	232	00:04:23	1970
1924	7786	João Paulico	00:24:29	00:51:48	00:51:42	2092		Senior	358	00:04:34	2393
1925	5550	Goncalo Aleixo	00:25:58	00:51:48	00:51:08	1980		V40	328	00:04:22	1941
1926	7443	Pedro Silva	00:25:16	00:51:48	00:51:05	1969		Senior	359	00:04:34	2398
1927	6954	Luis Santos	00:25:36	00:51:49	00:51:34	2061		V45	313	00:04:16	1644
1928	4078	Júlio Teodoro	00:25:32	00:51:50	00:51:22	2020		V45	314	00:04:19	1773
1929	4594	Oscar Oliveira	00:25:31	00:51:51	00:51:19	2007		V55	115	00:04:51	3073
1930	5585	António Martins	00:25:02	00:51:51	00:51:20	2013		V55	116	00:04:31	2266
1931	5050	André Santos	00:27:11	00:51:51	00:51:34	2063		Senior	360	00:04:22	1944
1932	1191	Vitor Morais	00:25:24	00:51:52	00:51:20	2011		V40	329	00:04:41	2701
1933	2763	Pedro Batista	00:26:30	00:51:52	00:51:45	2101	Be Running	V45	315	00:04:09	1404
1934	6491	Afonso Cardoso	00:26:08	00:51:53	00:50:48	1906		Senior	361	00:04:43	2759
1935	3794	Rita Basto	00:26:18	00:51:53	00:51:19	2008		Senior	73	00:04:25	2033
1936	3266	João Santos	00:24:42	00:51:53	00:51:35	2066	Link	Senior	362	00:04:28	2188
1937	8367	Helena Agua	00:24:29	00:51:54	00:51:51	2116		V50	22	00:04:22	1901
1938	4851	João Deveza	00:26:27	00:51:54	00:51:06	1972		Senior	363	00:04:20	1832



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1939	4921	Célia Silva	00:25:20	00:51:54	00:51:51	2120	CLAC	V45	47	00:04:19	1776
1940	989	Ruben Costa	00:26:59	00:51:54	00:50:50	1918		V40	330	00:04:22	1912
1941	1635	Carlos Cardoso	00:26:12	00:51:54	00:51:00	1950		V60	43	00:04:31	2289
1942	2248	Vitor Paulo	00:26:03	00:51:55	00:51:26	2034		V45	316	00:04:27	2118
1943	2897	José Hilário	00:25:07	00:51:55	00:51:21	2018		V60	44	00:04:28	2184
1944	8315	Carlos Carvalho	00:24:59	00:51:56	00:51:30	2046	Corrida Noturna Parque das Nações	V55	117	00:04:37	2543
1945	6364	José Saraiva	00:26:20	00:51:56	00:50:52	1928		V50	233	00:04:20	1843
1946	8305	Rui Almeida	00:24:59	00:51:56	00:51:31	2053	Corrida Noturna Parque das Nações	V45	317	00:04:37	2544
1947	5712	Fausto Carvalho	00:25:30	00:51:57	00:51:28	2042		V65	19	00:04:42	2751
1948	3142	Maria Sousa	00:26:55	00:51:57	00:50:51	1922		V35	30	00:04:12	1535
1949	3901	Susana Ramos	00:26:11	00:51:57	00:51:32	2056		V40	38	00:04:23	1958
1950	352	André Matias	00:26:56	00:51:57	00:49:49	1724		Senior	364	00:04:08	1354
1951	6050	Nelson Vieira	00:27:40	00:51:58	00:49:03	1573	Lisbon Panthers	V40	331	00:04:10	1455
1952	592	Sara André	00:25:00	00:51:58	00:49:43	1697	Limited Edition	Senior	74	00:05:58	4953
1953	880	José Fidalgo	00:25:48	00:51:58	00:51:30	2047		V55	118	00:04:21	1875
1954	8348	Lúcio Vieira	00:26:03	00:51:59	00:51:34	2060		V40	332	00:04:29	2225
1955	2083	Paulo Pereira	00:26:15	00:52:00	00:51:11	1988	Serviços Sociais Montepio	V50	234	00:04:25	2043
1956	3140	Gonçalo Silva	00:24:43	00:52:01	00:52:00	2156		V35	275	00:04:40	2660
1957	3500	Renato Sacramento	00:24:55	00:52:02	00:51:39	2077		V45	318	00:04:34	2422



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CLASSIFICAÇÃO '21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1958	5255	José Areia	00:26:30	00:52:02	00:51:51	2122		V35	276	00:04:28	2195
1959	6472	Pedro Jordão	00:26:55	00:52:02	00:51:14	1992		V50	235	00:04:12	1536
1960	6804	Daniel Santos	00:27:49	00:52:02	00:48:42	1492		Senior	365	00:04:09	1389
1961	1971	Guilherme Gaspar	00:26:55	00:52:03	00:51:19	2010		Junior	30	00:03:48	630
1962	1358	Bruno Rendeiro	00:25:56	00:52:03	00:51:56	2136	Mexer o Esqueleto	Senior	366	00:04:28	2171
1963	1359	Alexandra Mourato	00:25:55	00:52:03	00:51:56	2137	Mexer o Esqueleto	Senior	75	00:04:28	2172
1964	8078	Ricardo Ramos	00:26:33	00:52:04	00:51:03	1958	CDCR dos CTT	V45	319	00:04:20	1804
1965	7243	Rui Rijo	00:25:09	00:52:04	00:51:59	2152	CLUBE MILLENNIUM BCP	V50	236	00:04:34	2424
1966	33	Paulo Marques	00:25:14	00:52:04	00:51:39	2078		V35	277	00:04:28	2168
1967	7242	Pedro Broco	00:25:09	00:52:04	00:51:59	2151	CLUBE MILLENNIUM BCP	V45	320	00:04:34	2423
1968	4982	Nuno Pires	00:24:55	00:52:04	00:51:35	2065		V45	321	00:04:38	2575
1969	7135	André Preto	00:25:09	00:52:04	00:51:56	2139		Senior	367	00:04:35	2459
1970	8893	Maria Gonçalves	00:25:25	00:52:05	00:51:34	2062		V60	3	00:04:23	1984
1971	1321	Pedro Rodrigues	00:28:16	00:52:05	00:50:23	1832	Smile	Senior	368	00:03:54	829
1972	8013	José Cavaco	00:25:47	00:52:05	00:51:47	2106		V60	45	00:04:13	1558
1973	5260	Jose Dias	00:25:02	00:52:05	00:51:50	2113		V40	333	00:04:53	3140
1974	6582	Antonio Morgado	00:24:27	00:52:05	00:51:58	2144		V40	334	00:04:30	2258
1975	6203	Margarida Maia	00:27:39	00:52:05	00:49:10	1597	NewMe	Senior	76	00:04:05	1217
1976	8994	Tiago Ribeiro	00:26:06	00:52:05	00:51:38	2074		V45	322	00:04:00	1045



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1977	3536	Pedro Silva	00:26:03	00:52:06	00:52:05	2181		V60	46	00:04:27	2106
1978	7723	Frederico Guedes	00:25:44	00:52:06	00:51:25	2029	GFD Running	V45	323	00:04:34	2396
1979	464	Rita Lopes	00:25:42	00:52:06	00:51:41	2086		Senior	77	00:04:27	2121
1980	4491	Carla Morgado	00:26:23	00:52:06	00:51:43	2095		V50	23	00:04:20	1830
1981	1481	João Almeida	00:26:00	00:52:06	00:51:26	2035		V40	335	00:04:01	1096
1982	4506	Hugo Vieira	00:26:09	00:52:06	00:51:26	2031		V40	336	00:04:24	2004
1983	6366	João Lopes	00:27:07	00:52:06	00:49:30	1662		Senior	369	00:04:23	1951
1984	4280	Pedro Lavinha	00:26:23	00:52:07	00:51:04	1967		Senior	370	00:04:28	2187
1985	8024	Arsénio Mendes	00:25:23	00:52:07	00:51:53	2124		V35	278	00:04:39	2626
1986	7081	Luis Silva	00:25:37	00:52:07	00:51:29	2045		V35	279	00:04:17	1732
1987	7776	Luís Pratas	00:24:58	00:52:07	00:52:04	2172		V45	324	00:04:30	2232
1988	5576	Luís Nunes	00:26:00	00:52:07	00:51:32	2054		V50	237	00:04:27	2103
1989	6425	Paula Monteiro	00:25:06	00:52:07	00:52:06	2182		V50	24	00:04:41	2679
1990	7783	Pedro Rodrigues	00:24:38	00:52:07	00:51:53	2125		V40	337	00:04:55	3258
1991	2858	Jorge Silva	00:26:32	00:52:08	00:50:32	1863	Correr Sem Parar	Senior	371	00:04:17	1706
1992	7516	Alexandre Reis	00:27:19	00:52:08	00:50:13	1796		Senior	372	00:03:58	976
1993	8278	Dora Sousa	00:25:16	00:52:09	00:52:00	2158	Correr Lisboa	V45	48	00:04:34	2387
1994	6530	Lukasz Pajak	00:25:39	00:52:10	00:51:30	2050	Spajderzy	V40	338	00:04:32	2343
1995	211	Rui Reis	00:25:40	00:52:10	00:51:47	2108		V50	238	00:05:18	4033



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
1996	5573	Filipe Ribeiro	00:25:48	00:52:10	00:51:41	2084		V40	339	00:04:29	2199
1997	7892	Paulo Brito	00:26:50	00:52:11	00:49:33	1670		V45	325	00:04:29	2226
1998	4359	Nuno Madureira	00:25:09	00:52:11	00:52:09	2197		V40	340	00:04:26	2087
1999	1478	Hugo Santo	00:28:44	00:52:11	00:48:47	1509		V35	280	00:03:58	992
2000	3593	João Rodrigues	00:25:44	00:52:11	00:51:43	2097	GDC Banco de Portugal	V40	341	00:05:45	4730
2001	4760	Antonio Diogo	00:25:53	00:52:12	00:51:51	2119	GMCJamor	V55	119	00:04:22	1931
2002	7490	Patricia Nunes	00:25:32	00:52:12	00:51:58	2148	SLIM21	V35	31	00:04:40	2632
2003	4005	Hugo Torres	00:24:28	00:52:12	00:52:07	2192	Team Bock	V40	342	00:04:39	2596
2004	1355	Luís Baptista	00:25:30	00:52:13	00:52:04	2180	BAPTISTA RUNNERS	V40	343	00:04:40	2646
2005	5756	Paulo Godinho	00:25:48	00:52:14	00:51:44	2099		V50	239	00:04:21	1849
2006	1892	Ana Serrão	00:25:35	00:52:14	00:52:06	2185	Insane Évora Team	Senior	78	00:04:32	2328
2007	1637	Orlando Santos	00:25:28	00:52:14	00:52:02	2165		V50	240	00:04:27	2131
2008	3315	Maria Kranendonk	00:25:18	00:52:14	00:52:02	2167	Dutch Team	Junior	7	00:04:25	2036
2009	3392	Ricardo Costa	00:24:44	00:52:14	00:51:55	2132		V40	344	00:04:29	2205
2010	866	Pedro Trigo	00:25:00	00:52:14	00:52:11	2202		V35	281	00:05:08	3727
2011	3514	Paulo Ferreira	00:27:00	00:52:15	00:51:33	2057		V45	326	00:04:19	1772
2012	2109	Marta Anselmo	00:24:38	00:52:15	00:51:57	2142		V50	25	00:04:53	3152
2013	1326	Paulo Jordão	00:27:29	00:52:16	00:49:45	1711	#teamCoachMS	V50	241	00:04:24	1996
2014	4496	Gonçalo Rocha	00:24:50	00:52:16	00:52:00	2155		Senior	373	00:04:42	2738



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2015	8502	Bruno Morais	00:27:24	00:52:17	00:48:49	1517	Off Limits CrossFit	Senior	374	00:04:16	1648
2016	8997	João Lopes	00:25:38	00:52:18	00:51:51	2118		V45	327	00:05:13	3892
2017	6585	Carlos Guerra	00:25:49	00:52:18	00:51:58	2146		V45	328	00:04:19	1767
2018	3324	Rui Marques	00:25:18	00:52:19	00:51:51	2121	Sintra Runners	V50	242	00:04:40	2661
2019	4207	Pedro Pinto	00:25:37	00:52:19	00:51:46	2102		V35	282	00:04:20	1829
2020	5674	Paulo Amaral	00:26:33	00:52:20	00:50:51	1925		V55	120	00:04:29	2200
2021	8587	Sandra Palma	00:25:41	00:52:20	00:52:04	2173		V45	49	00:04:36	2466
2022	6602	Miguel José	00:24:56	00:52:20	00:51:49	2112		V50	243	00:04:54	3211
2023	1884	Nuno Salgado	00:25:30	00:52:20	00:52:04	2178	CA VALE FIGUEIRA	V40	345	00:04:47	2925
2024	7672	Rogério Luis	00:24:47	00:52:21	00:52:14	2209	SS CGD	V40	346	00:04:45	2860
2025	105	Cesar Duarte	00:26:24	00:52:21	00:51:23	2022	Limited Edition	V40	347	00:04:10	1439
2026	7739	Ana Serrano	00:25:39	00:52:21	00:51:54	2126		V40	39	00:04:52	3097
2027	7279	Antonio Correia	00:25:58	00:52:21	00:51:42	2090	CLUBE MILLENNIUM BCP	V65	20	00:04:29	2201
2028	3718	Liliana Julião	00:25:38	00:52:22	00:51:45	2100		Senior	79	00:04:53	3144
2029	992	Fábio Alexandre	00:25:34	00:52:22	00:52:01	2162		Senior	375	00:04:50	3027
2030	877	Pedro Cleto	00:26:03	00:52:22	00:52:06	2184		V45	329	00:04:29	2220
2031	8439	Francisco Meirelles	00:24:06	00:52:23	00:52:09	2198		Senior	376	00:04:47	2942
2032	7573	Roger Meintjes	00:25:50	00:52:23	00:51:50	2115		V55	121	00:04:27	2132
2033	7057	Paulo Augusto	00:25:42	00:52:23	00:52:06	2186		V50	244	00:04:22	1910



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CLASSIFICAÇÃO '21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2034	4160	Solange Alvito	00:25:47	00:52:23	00:52:01	2161		Senior	80	00:04:39	2603
2035	2425	Elisa Piteira	00:26:06	00:52:23	00:51:42	2089		V55	5	00:04:41	2694
2036	5688	Luís Revés	00:25:28	00:52:24	00:52:04	2176	CCD Siemens	V45	330	00:04:38	2586
2037	4059	Natalia Estevao	00:27:21	00:52:24	00:50:50	1915		V40	40	00:04:00	1062
2038	8150	João Serra	00:26:14	00:52:25	00:52:13	2208	CCD TRANQUILIDADE	V45	331	00:04:23	1980
2039	4444	Mário Silva	00:26:32	00:52:25	00:52:13	2205	Clube Ferroviário de Portugal	V65	21	00:04:22	1930
2040	1879	Rui Canelas	00:26:19	00:52:26	00:51:31	2052	Os cinco ou mais	V45	332	00:04:15	1624
2041	1881	Alexandre Caninhas	00:26:18	00:52:26	00:51:30	2048	Os cinco ou mais	V40	348	00:04:27	2115
2042	5096	Hilário Torres	00:26:46	00:52:26	00:51:34	2064		V60	47	00:04:28	2186
2043	6402	Kieran Sheehy	00:29:45	00:52:26	00:44:04	696		Senior	377	00:04:19	1764
2044	7623	Nuno Salvador	00:27:22	00:52:26	00:50:13	1797	Atitude Outdoor	V35	283	00:04:03	1167
2045	879	Albano Silva	00:25:40	00:52:26	00:52:08	2194		V50	245	00:04:35	2452
2046	8237	David Talhão	00:25:38	00:52:26	00:51:51	2117		V35	284	00:04:44	2797
2047	8240	João Romana	00:25:39	00:52:27	00:52:00	2159		V55	122	00:04:35	2461
2048	493	Ana Varela	00:26:07	00:52:27	00:51:39	2079		V50	26	00:04:25	2048
2049	7319	Ricardo Sena	00:26:35	00:52:27	00:52:10	2199	CLUBE MILLENNIUM BCP	Senior	378	00:04:20	1807
2050	7318	Luis Silva	00:25:42	00:52:27	00:52:03	2169	CLUBE MILLENNIUM BCP	V50	246	00:04:28	2158
2051	213	Debora Santos	00:25:31	00:52:28	00:52:01	2163		V35	32	00:04:40	2649
2052	1743	Pedro Luis	00:26:57	00:52:28	00:51:43	2096	Grupo Recreativo e Cultural " Unidos do ..."	V45	333	00:04:05	1219



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2053	784	Inês Krug	00:25:08	00:52:28	00:52:18	2221		V35	33	00:04:46	2871
2054	8036	Rui Borges	00:26:03	00:52:29	00:51:40	2081		V50	247	00:04:35	2460
2055	3569	Miguel Guerra	00:27:27	00:52:29	00:51:03	1959	MTB Pé-leve Bacelinho	V45	334	00:04:17	1698
2056	8364	Rui Santos	00:25:43	00:52:29	00:51:58	2149		V40	349	00:04:55	3254
2057	5322	Pedro Gomes	00:25:52	00:52:29	00:52:19	2223	SS CGD	V40	350	00:04:45	2833
2058	7080	João Fernandes	00:25:21	00:52:29	00:51:27	2040		V40	351	00:05:11	3835
2059	1742	Pedro Holtreman	00:26:57	00:52:29	00:51:42	2088	Grupo Recreativo e Cultural " Unidos do	V45	335	00:04:06	1275
2060	1701	Pedro Vilas	00:24:27	00:52:30	00:52:27	2238		Senior	379	00:04:55	3232
2061	484	Carla Serrano	00:25:15	00:52:30	00:52:25	2232	Correr Queluz	V45	50	00:04:42	2731
2062	7094	Marika Grossi	00:25:59	00:52:30	00:52:15	2213		V40	41	00:04:29	2224
2063	6375	João Figueiredo	00:26:01	00:52:31	00:52:10	2200		V65	22	00:04:35	2438
2064	693	Luis Coelho	00:24:48	00:52:31	00:51:59	2153	GARLIC RUNNERS	Senior	380	00:04:57	3311
2065	4109	Ivan David	00:28:28	00:52:31	00:48:59	1557		Senior	381	00:04:07	1305
2066	3065	Elisete Silva	00:25:17	00:52:31	00:52:02	2166	Strong team	V35	34	00:04:55	3226
2067	2822	Eusébio Corte	00:27:44	00:52:31	00:49:54	1745	Associação Desportiva NúcleOeiras - ADNO	Senior	382	00:04:11	1480
2068	1511	Pedro Guerreiro	00:26:32	00:52:32	00:52:07	2189	Axiros Sports Club	Senior	383	00:04:40	2636
2069	1002	Luis Bernardo	00:25:21	00:52:32	00:52:23	2231		V45	336	00:04:40	2639
2070	5915	Sara Ferreira	00:24:57	00:52:32	00:52:28	2244		V40	42	00:04:54	3210
2071	2297	Jose Jesus	00:26:38	00:52:32	00:52:13	2207		V40	352	00:04:18	1746



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2072	8930	Daniela Rodrigues	00:26:55	00:52:34	00:51:09	1983		V40	43	00:04:19	1802
2073	6671	José Morais	00:25:54	00:52:34	00:52:27	2239		Senior	384	00:04:36	2494
2074	1741	Gonçalo Martins	00:26:57	00:52:34	00:51:49	2110	Grupo Recreativo e Cultural " Unidos do	V40	353	00:04:12	1524
2075	203	Ivone Antunes	00:26:33	00:52:35	00:51:47	2109		V45	51	00:04:11	1484
2076	774	Carlos Pinto	00:26:26	00:52:36	00:51:59	2154		V45	337	00:04:37	2537
2077	7971	Henrique Artur	00:25:27	00:52:36	00:52:16	2217	ONTRISPORTS	V35	285	00:04:52	3095
2078	7970	Natália Guilherme	00:21:30	00:52:36	00:52:16	2216	ONTRISPORTS	V35	35	00:04:52	3094
2079	5598	Diogo Cavalheiro	00:26:32	00:52:38	00:52:25	2233		V40	354	00:04:34	2428
2080	4716	Glória Garcia	00:26:34	00:52:38	00:51:37	2071		V45	52	00:04:37	2516
2081	4138	Nuno Escada	00:25:36	00:52:38	00:52:30	2255		V40	355	00:04:38	2577
2082	1467	Luis Reis	00:25:34	00:52:38	00:52:37	2271	MASTERS RUNNERS	V45	338	00:04:34	2404
2083	1320	Anna Agamyryzansc	00:28:17	00:52:39	00:50:56	1946	Smile	Senior	81	00:04:00	1054
2084	7241	Paulo Pinto	00:25:46	00:52:39	00:52:25	2234	CLUBE MILLENNIUM BCP	V55	123	00:04:50	3052
2085	8996	Billy Santos	00:26:53	00:52:39	00:51:57	2140		V40	356	00:04:26	2064
2086	6678	Patricia Bacelar	00:26:05	00:52:39	00:52:08	2193		Senior	82	00:04:30	2257
2087	1912	João Simões	00:25:30	00:52:39	00:51:58	2143	CS Family	V55	124	00:04:32	2329
2088	3499	Nuno Almeida	00:24:56	00:52:39	00:52:17	2219		V45	339	00:04:45	2840
2089	7205	Alfredo Bacelar	00:26:05	00:52:39	00:52:07	2187		V55	125	00:04:31	2297
2090	1044	Rafaela Santos	00:26:27	00:52:39	00:52:30	2253		Senior	83	00:04:08	1353



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2091	8849	Rui Castanheira	00:25:50	00:52:40	00:52:04	2174	Vara Trail Running	V45	340	00:04:36	2474
2092	4525	Cíntia Mariano	00:25:50	00:52:40	00:52:34	2260		V40	44	00:04:37	2515
2093	3553	Suzete Silva	00:26:54	00:52:40	00:51:40	2080	Escola Atletismo Cartaxo	V50	27	00:04:12	1532
2094	5508	Inácio Filipe	00:27:32	00:52:40	00:50:18	1813	Runners for Heath Team	V55	126	00:04:22	1943
2095	7790	Ânia Guerreiro	00:26:52	00:52:40	00:51:56	2138		V35	36	00:04:22	1897
2096	9198	Fernando Azevedo	00:26:50	00:52:42	00:52:08	2195		V65	23	00:04:14	1584
2097	7910	Manuel Martins	00:26:55	00:52:42	00:50:24	1838	CLUBE ACCENTURE	Senior	385	00:04:27	2145
2098	1021	Joaquim Mendes	00:24:53	00:52:43	00:52:41	2279		V55	127	00:04:22	1914
2099	4141	Joana Antunes	00:27:11	00:52:43	00:52:27	2240		Senior	84	00:04:25	2035
2100	6349	Manuel Pedro	00:26:04	00:52:44	00:52:42	2286	Os Kotas	V55	128	00:04:36	2498
2101	1444	João Varela	00:26:19	00:52:44	00:52:17	2220		Senior	386	00:04:28	2162
2102	8113	Flavio Vilas-Boas	00:28:11	00:52:44	00:50:31	1860		Senior	387	00:04:12	1508
2103	5474	Carla Simões	00:26:09	00:52:44	00:52:26	2236	marvila jovem	V35	37	00:04:32	2348
2104	951	Pedro Barros	00:26:43	00:52:45	00:52:07	2188	Matrix de Harris	V45	341	00:04:18	1736
2105	3510	Cristina Carrega	00:25:18	00:52:45	00:52:42	2282		V45	53	00:04:46	2886
2106	3435	Eugénia Ribeiro	00:25:53	00:52:46	00:52:28	2242		V50	28	00:04:42	2742
2107	46	André Santos	00:26:52	00:52:46	00:51:43	2098		V35	286	00:04:27	2124
2108	1827	Carlos Sá	00:24:44	00:52:46	00:52:18	2222		V50	248	00:04:32	2330
2109	3425	Filipe Fernandes	00:24:29	00:52:46	00:52:36	2268		V45	342	00:04:56	3284



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2110	4299	Ana Carvalho	00:26:18	00:52:46	00:51:54	2129	Vilaventura Trail	V35	38	00:04:34	2415
2111	5148	Rodrigo Martins	00:26:52	00:52:46	00:51:43	2094		Senior	388	00:04:27	2102
2112	8562	Filipa Água	00:27:06	00:52:47	00:52:15	2214		V40	45	00:04:19	1793
2113	8423	Paulo Silva	00:27:05	00:52:48	00:52:16	2215		V50	249	00:04:19	1795
2114	521	Manuel Gavina	00:25:34	00:52:48	00:52:35	2265		V45	343	00:04:39	2614
2115	2506	Bruno Domingos	00:25:45	00:52:48	00:52:29	2248		V35	287	00:04:35	2445
2116	6867	Guilherme Saial	00:26:28	00:52:49	00:52:03	2171		Junior	31	00:04:23	1977
2117	7190	João Vieira	00:25:47	00:52:50	00:52:41	2275		Senior	389	00:04:43	2793
2118	566	Fernando Oliveira	00:26:27	00:52:50	00:52:26	2237	Os lentos	V50	250	00:04:30	2242
2119	7809	Miguel Franco	00:28:14	00:52:50	00:50:23	1829		Senior	390	00:04:11	1494
2120	3786	Bruno Vintém	00:26:55	00:52:51	00:51:49	2111		V35	288	00:04:24	2013
2121	8003	Cinzia Xavier	00:25:35	00:52:51	00:52:49	2321	ONTRISPORTS	V35	39	00:04:26	2066
2122	4209	Tomás Correia	00:25:25	00:52:51	00:52:21	2228		Senior	391	00:04:09	1398
2123	3146	Sérgio Valente	00:25:50	00:52:51	00:52:31	2258		V45	344	00:04:44	2816
2124	6654	Gonçalo Loureiro	00:26:02	00:52:51	00:52:30	2254		Senior	392	00:04:48	2980
2125	8330	André Rolão	00:26:51	00:52:52	00:52:19	2224	Corrida Noturna Parque das Nações	V35	289	00:04:24	1990
2126	6143	Ana Carreira	00:25:39	00:52:52	00:52:52	2335		V40	46	00:04:33	2355
2127	1148	Rui Medeiros	00:25:26	00:52:53	00:52:49	2317		V45	345	00:04:35	2454
2128	8208	Ana Braganca	00:25:34	00:52:53	00:52:29	2249		Senior	85	00:04:34	2390



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2129	5867	Diogo Carvalho	00:27:06	00:52:54	00:52:16	2218		Senior	393	00:04:23	1949
2130	67	Ana Rodrigues	00:26:39	00:52:54	00:52:02	2164		V35	40	00:04:37	2525
2131	7880	Rui Cardoso	00:25:57	00:52:54	00:52:29	2251		V45	346	00:04:32	2312
2132	8151	Tam Afonso	00:25:57	00:52:54	00:52:29	2250	CCD TRANQUILIDADE	V65	24	00:04:32	2313
2133	7195	Filipa Cavalleri	00:26:00	00:52:55	00:52:54	2345		V45	54	00:04:36	2469
2134	5814	António Soares	00:26:01	00:52:56	00:52:53	2341		V45	347	00:04:37	2505
2135	3602	Thélmo Cunha	00:26:46	00:52:56	00:52:12	2203	Run2Finish.PT	V60	48	00:04:33	2365
2136	1738	José Brito	00:26:25	00:52:56	00:52:20	2227	GMCJamor	V50	251	00:04:27	2125
2137	4260	Gracinda Fernandes	00:26:25	00:52:56	00:52:20	2226		V50	29	00:04:27	2110
2138	5697	Evguenia Nikoliouk	00:25:51	00:52:56	00:52:48	2310		V40	47	00:04:39	2589
2139	3942	António Rocha	00:25:32	00:52:56	00:52:50	2324	G.D.R. São Francisco da Serra	Junior	32	00:04:34	2421
2140	4573	Celestino Almeida	00:25:44	00:52:56	00:52:46	2299	CC Ageas Portugal	V50	252	00:04:37	2518
2141	5664	Nuno Vieira	00:26:08	00:52:58	00:52:49	2318	Vieira e Gina	V40	357	00:04:33	2352
2142	6934	Paulo Janeira	00:26:19	00:52:58	00:52:50	2323		V40	358	00:04:22	1909
2143	6955	Diogo Santos	00:25:36	00:52:58	00:52:43	2288		Senior	394	00:04:03	1169
2144	125	Teresa Santiago	00:25:08	00:52:59	00:52:59	2359		V50	30	00:04:34	2408
2145	7431	António Caetano	00:26:02	00:52:59	00:52:20	2225		V50	253	00:04:49	3016
2146	7525	Tiago Caramelo	00:24:34	00:52:59	00:52:54	2346		Senior	395	00:04:33	2382
2147	7406	Calpeso Maugi	00:28:37	00:52:59	00:49:36	1677		V45	348	00:04:07	1339



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CLASSIFICAÇÃO '21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2148	8624	Cláudio Gonçalves	00:26:36	00:53:00	00:51:59	2150	Clube PT-Zcs	V35	290	00:04:35	2465
2149	5615	Carlos Cardoso	00:26:22	00:53:00	00:51:54	2131	Madrugas de Almeirim Running Team	V35	291	00:04:16	1687
2150	1423	Jorge Ferreira	00:26:21	00:53:01	00:51:54	2127		V50	254	00:04:17	1718
2151	2411	Joaquim Santos	00:25:47	00:53:01	00:52:44	2294		V60	49	00:04:52	3111
2152	5595	Lisete Mousinho	00:25:41	00:53:01	00:52:51	2330		V45	55	00:04:43	2754
2153	1474	Sónia Pereira	00:26:07	00:53:01	00:52:49	2316		V35	41	00:04:43	2785
2154	832	Ana Pereira	00:26:11	00:53:01	00:52:42	2284		V45	56	00:04:32	2320
2155	1596	José Pereira	00:26:08	00:53:01	00:52:48	2311		Senior	396	00:04:43	2786
2156	1513	Antonio Camacho	00:26:08	00:53:01	00:52:45	2295	CA VALE FIGUEIRA	V65	25	00:04:40	2641
2157	2798	Conceição Rodrigues	00:26:09	00:53:01	00:52:46	2303	CA VALE FIGUEIRA	V60	4	00:04:39	2606
2158	6892	Henrique Telhado	00:26:06	00:53:02	00:52:41	2276		V65	26	00:04:38	2552
2159	1668	Maria Conchinha	00:26:24	00:53:02	00:52:35	2264		V60	5	00:04:33	2367
2160	1523	Soledade Lobo	00:27:11	00:53:03	00:52:42	2285		V55	6	00:04:15	1633
2161	8363	Rute Gomes	00:26:31	00:53:03	00:52:38	2272		Senior	86	00:04:34	2388
2162	8881	Orlando Ramos	00:24:54	00:53:03	00:52:53	2343	Associação de Moradores de Atibá	V45	349	00:04:46	2868
2163	8882	Balbina Fialho	00:24:54	00:53:03	00:52:52	2333	Associação de Moradores de Atibá	V45	57	00:04:46	2869
2164	6344	Pedro Custódio	00:25:57	00:53:03	00:52:43	2289		V40	359	00:04:21	1852
2165	8568	Isabel Nunes	00:26:52	00:53:04	00:52:47	2305	Team El Comandante	V45	58	00:04:17	1728
2166	8830	Jose Borges	00:25:46	00:53:04	00:52:59	2356		V50	255	00:04:24	1987



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2167	8297	Pedro Carvalho	00:25:57	00:53:05	00:52:58	2355		Senior	397	00:04:38	2548
2168	6219	Rafael Azriel	00:26:13	00:53:05	00:52:28	2245		V50	256	00:04:28	2192
2169	515	Ana Vaz	00:25:53	00:53:05	00:52:49	2315	Correr Lisboa	Senior	87	00:04:36	2477
2170	7868	Artur Aguiar	00:26:45	00:53:06	00:52:27	2241	Clube Atletismo Amigos de Belém	V50	257	00:04:19	1800
2171	4228	Tiago Santos	00:24:56	00:53:06	00:52:57	2353		Senior	398	00:04:56	3277
2172	4641	Miguel Santos	00:25:50	00:53:07	00:52:34	2261		V35	292	00:04:36	2488
2173	5541	Carlos Morais	00:26:17	00:53:07	00:52:53	2342		V40	360	00:04:28	2193
2174	7574	Nuno Torcato	00:25:39	00:53:07	00:52:40	2274		V40	361	00:04:48	2948
2175	4116	Nelson Martins	00:25:43	00:53:08	00:52:47	2308		V45	350	00:04:38	2576
2176	3410	João Torres	00:26:06	00:53:09	00:52:43	2292		V45	351	00:04:36	2489
2177	5532	Jose Capucho	00:25:48	00:53:10	00:53:00	2361		V55	129	00:04:37	2506
2178	4125	Luis Piedade	00:26:16	00:53:10	00:52:57	2352		V50	258	00:04:31	2274
2179	5776	Tiago Pinto	00:27:11	00:53:11	00:51:25	2027	Amigos Corredores	Senior	399	00:04:26	2099
2180	4810	Nelson Santos	00:25:14	00:53:12	00:52:45	2297		V35	293	00:04:52	3121
2181	506	Elsa Francisco	00:27:09	00:53:12	00:52:07	2191		V50	31	00:04:34	2405
2182	383	João Lopes	00:27:10	00:53:13	00:52:07	2190		V50	259	00:04:34	2406
2183	6864	Hugo Marques	00:27:28	00:53:13	00:51:47	2105		V45	352	00:04:22	1907
2184	1597	Carlos Carvalho	00:26:40	00:53:14	00:53:07	2388	RB RUNNING	V50	260	00:04:29	2222
2185	3657	Olga Martins	00:26:42	00:53:14	00:52:59	2357	RB RUNNING	V45	59	00:04:29	2203



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2186	7625	Ricardo Louro	00:29:51	00:53:15	00:46:07	991	Atitude Outdoor	V45	353	00:04:21	1887
2187	582	José Henriques	00:28:34	00:53:16	00:52:53	2339	MIMOS	Senior	400	00:04:01	1087
2188	2796	Carlos Neves	00:26:37	00:53:16	00:53:07	2387		V50	261	00:05:11	3816
2189	3882	João Saldanha	00:26:37	00:53:16	00:53:08	2389		V50	262	00:05:11	3811
2190	7204	Clara Carvalho	00:27:04	00:53:18	00:53:03	2373		Senior	88	00:04:22	1904
2191	2317	João Infante	00:26:04	00:53:19	00:53:12	2403		V55	130	00:04:36	2480
2192	8149	Pedro Rosa	00:25:25	00:53:19	00:52:54	2344	CCD TRANQUILIDADE	V50	263	00:04:10	1427
2193	2865	Miguel Vicente	00:27:25	00:53:19	00:52:28	2246		V45	354	00:04:24	2000
2194	4666	Pedro Sobral	00:27:23	00:53:19	00:50:58	1947	Kotas Boa Forma	V45	355	00:04:11	1470
2195	4945	Clement Rohou	00:27:37	00:53:19	00:53:05	2377		Senior	401	00:04:26	2086
2196	4811	Amandio Busca	00:27:23	00:53:20	00:53:01	2366		V50	264	00:04:34	2420
2197	4249	Filipe Pinto	00:26:04	00:53:20	00:53:02	2370		V40	362	00:04:36	2490
2198	2489	Manuel Cabrita	00:25:44	00:53:20	00:52:41	2281		Senior	402	00:04:27	2113
2199	8942	Hugo Palmeiro	00:32:02	00:53:21	00:42:48	519		V45	356	00:03:26	214
2200	7379	Tania Veiga	00:26:14	00:53:21	00:52:42	2287	GunsNRunners	V40	48	00:04:42	2718
2201	3064	Alvaro Marques	00:25:12	00:53:21	00:52:49	2314	Strong team	V40	363	00:04:16	1660
2202	114	Carlos Silva	00:26:18	00:53:21	00:53:01	2368	GMCJamor	V60	50	00:04:20	1815
2203	7950	Timea Szasz	00:25:21	00:53:21	00:53:09	2395		Senior	89	00:04:54	3177
2204	3164	Rogério Silva	00:29:06	00:53:22	00:52:54	2347		V40	364	00:04:29	2211



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2205	7444	Bruno Silveira	00:28:20	00:53:22	00:51:46	2104		Senior	403	00:04:19	1791
2206	3243	Paulo Andrade	00:28:12	00:53:22	00:50:35	1873	Limited Edition	V40	365	00:04:17	1711
2207	4269	André Rosa	00:28:12	00:53:22	00:50:34	1866		Senior	404	00:04:17	1700
2208	179	Vanda Maia	00:26:04	00:53:22	00:53:11	2401		V45	60	00:04:35	2448
2209	6145	José Filipe	00:25:20	00:53:22	00:52:58	2354		V55	131	00:05:04	3589
2210	5898	Alexandre Cunha	00:25:08	00:53:23	00:53:08	2391		Senior	405	00:05:19	4055
2211	635	Gonçalo Motas	00:26:23	00:53:23	00:52:28	2247	Serralhasrun	V35	294	00:04:39	2612
2212	7860	José Lopes	00:26:05	00:53:23	00:53:01	2363		Senior	406	00:04:35	2464
2213	4585	Patricia Carvalho	00:27:29	00:53:23	00:51:39	2076	Strong team	Senior	90	00:04:03	1149
2214	1201	Ana Dias	00:26:52	00:53:24	00:52:50	2327	FIDELIDADE GDC	Senior	91	00:04:13	1554
2215	101	Joel Ginga	00:25:43	00:53:24	00:53:12	2404		V40	366	00:04:43	2783
2216	8658	Alexandre Vicente	00:26:49	00:53:24	00:52:04	2175		V40	367	00:04:54	3186
2217	3156	Pedro Carvalheiro	00:26:36	00:53:24	00:52:46	2302		V35	295	00:04:33	2361
2218	4363	José Oliveira	00:27:37	00:53:24	00:52:12	2204		V40	368	00:04:26	2093
2219	4511	Hugo Marques	00:28:12	00:53:25	00:52:25	2235		V35	296	00:04:14	1593
2220	2065	Pedro Pereira	00:27:22	00:53:25	00:51:54	2128	Casa do Pessoal da RTP	V50	265	00:04:28	2175
2221	8119	David Pereira	00:25:30	00:53:26	00:53:11	2400		Senior	407	00:04:53	3172
2222	2782	Ivo Cruz	00:26:47	00:53:26	00:53:13	2407		V35	297	00:04:28	2183
2223	4226	João Marques	00:26:33	00:53:26	00:52:45	2296		Senior	408	00:04:26	2088



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2224	6866	Raúl Doria	00:25:28	00:53:27	00:53:06	2384		V65	27	00:04:41	2705
2225	6839	Jorge Moinhos	00:25:28	00:53:27	00:53:06	2383		V55	132	00:04:41	2702
2226	6806	Francisco Guimarães	00:25:28	00:53:27	00:53:05	2378		V55	133	00:04:41	2677
2227	5444	João Coelho	00:26:43	00:53:28	00:52:21	2229	Serviços Sociais Montepio	V35	298	00:04:11	1461
2228	6048	Vera Ventura	00:27:06	00:53:28	00:52:47	2309		Senior	92	00:04:39	2593
2229	2903	Simão Valente	00:27:56	00:53:29	00:51:03	1960		Senior	409	00:04:26	2085
2230	2874	Lenia Gamito	00:27:22	00:53:29	00:52:48	2313	Louletano	V40	49	00:04:29	2213
2231	5114	Paulo Ferreira	00:27:36	00:53:29	00:52:04	2177		V35	299	00:04:15	1609
2232	3752	Miguel Silva	00:31:50	00:53:30	00:45:51	937		Senior	410	00:03:36	398
2233	323	Nuno Santos	00:26:33	00:53:30	00:52:51	2328		V45	357	00:04:29	2217
2234	6481	Pedro Aparício	00:27:32	00:53:31	00:50:31	1859	FIDELIDADE GDC	V40	369	00:04:34	2427
2235	8707	Sara Lourenço	00:28:18	00:53:31	00:50:34	1868		Senior	93	00:04:21	1895
2236	6669	Sérgio Almeida	00:31:00	00:53:31	00:45:17	853		V45	358	00:03:49	661
2237	7510	José Gonçalves	00:25:53	00:53:31	00:53:29	2466		V40	370	00:04:39	2622
2238	8676	Hernâni Gaspar	00:26:10	00:53:32	00:53:27	2456		V55	134	00:04:24	1986
2239	6213	João Marques	00:28:17	00:53:32	00:50:51	1924		V50	266	00:04:22	1940
2240	4608	Ana Corado	00:26:24	00:53:32	00:52:30	2257		Senior	94	00:04:42	2739
2241	8156	Vera Barros	00:26:05	00:53:33	00:53:24	2445	CCD TRANQUILIDADE	V45	61	00:04:34	2395
2242	4186	Rui Velez	00:27:36	00:53:33	00:53:07	2385		V55	135	00:04:18	1749



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2243	7452	Frederico Lanzinha	00:28:20	00:53:33	00:51:58	2147		Senior	411	00:04:26	2072
2244	4055	Luis Macedo	00:25:35	00:53:33	00:53:28	2463		V50	267	00:04:54	3203
2245	3533	João Santos	00:26:07	00:53:34	00:53:15	2412		V55	136	00:04:15	1614
2246	4093	Dina Barroso	00:26:12	00:53:34	00:53:31	2471		V45	62	00:04:40	2656
2247	3234	Rui Alves	00:26:42	00:53:34	00:53:06	2381	CrossBox The Bravery	V50	268	00:04:17	1707
2248	1627	Helena Coelho	00:26:37	00:53:34	00:53:05	2379	DAVID SPORTS	V55	7	00:04:32	2318
2249	4929	Álvaro Santos	00:27:28	00:53:34	00:53:04	2376	CLAC	V45	359	00:04:18	1751
2250	2785	Dora Brito	00:26:11	00:53:34	00:53:33	2487		V40	50	00:04:39	2607
2251	7610	Rute Gomes	00:26:00	00:53:34	00:53:21	2437	CAPenafirme	V35	42	00:04:36	2471
2252	4599	Pedro Canhoto	00:26:58	00:53:35	00:52:51	2331		Senior	412	00:04:29	2209
2253	5009	Tony Tam	00:26:04	00:53:35	00:53:17	2423		V35	300	00:04:27	2111
2254	757	David Machado	00:26:29	00:53:35	00:53:27	2457		V35	301	00:04:39	2616
2255	7092	Sylwia Behrendt	00:26:23	00:53:35	00:53:19	2430		Senior	95	00:04:22	1905
2256	440	Pedro Gualdino	00:25:42	00:53:36	00:53:30	2468		V40	371	00:04:46	2878
2257	5289	Dinis Correia	00:27:26	00:53:37	00:51:54	2130		V35	302	00:04:49	2987
2258	6691	Rui Maltez	00:26:36	00:53:37	00:52:55	2348		V50	269	00:04:39	2594
2259	4374	Paulo Varela	00:25:27	00:53:38	00:53:35	2498	Família Silvestre	V45	360	00:04:56	3281
2260	7991	Rui Carvalho	00:25:35	00:53:38	00:53:10	2399	ONTRISPORTS	V50	270	00:05:26	4282
2261	2177	Nuno Cristino	00:25:28	00:53:38	00:53:14	2408		V45	361	00:04:47	2930



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2262	6908	Pedro Custódio	00:25:44	00:53:40	00:53:30	2467		V40	372	00:04:36	2472
2263	3872	Diogo Alves	00:26:48	00:53:40	00:52:52	2334		Senior	413	00:04:58	3358
2264	31	Rui Alves	00:26:40	00:53:40	00:53:19	2432		V35	303	00:04:30	2243
2265	2477	Carlos Gouveia	00:27:29	00:53:41	00:50:43	1895		V45	362	00:04:16	1665
2266	5137	Hugo Eusébio	00:26:19	00:53:41	00:53:23	2442		V45	363	00:04:48	2976
2267	1931	Sérgio Simões	00:28:00	00:53:42	00:53:01	2369		V40	373	00:04:16	1661
2268	1985	Dário Vilela	00:25:53	00:53:42	00:53:31	2476		V60	51	00:04:36	2482
2269	6347	Joel Pedro	00:26:04	00:53:42	00:53:39	2514	Os Kotas	Senior	414	00:05:07	3680
2270	3982	Graça Malarranha	00:26:01	00:53:42	00:53:22	2441	Bombeiros Voluntários de Montemor-o-Novo	V45	63	00:04:42	2735
2271	2573	Bruno Fernandes	00:28:08	00:53:42	00:51:24	2024		Senior	415	00:04:23	1965
2272	6246	Ricardo Clavijo	00:26:52	00:53:42	00:52:50	2326		V35	304	00:04:43	2756
2273	7534	Pedro Fonseca	00:27:55	00:53:44	00:51:07	1976	Remo Clube Lusitano	Senior	416	00:04:24	1992
2274	1853	Davide Ribeiro	00:26:58	00:53:44	00:53:15	2413		Senior	417	00:04:44	2814
2275	3658	Pedro Martins	00:26:42	00:53:46	00:53:30	2469	RB RUNNING	V45	364	00:04:29	2204
2276	5413	Emilia Fernandes	00:26:15	00:53:47	00:53:23	2443		V55	8	00:04:34	2432
2277	5207	João Antunes	00:27:23	00:53:47	00:52:43	2291	Clube Novo Banco	Senior	418	00:04:34	2434
2278	3251	Stuart Hughes	00:27:30	00:53:47	00:52:36	2267		Senior	419	00:04:21	1859
2279	1748	Paula Leão	00:26:34	00:53:47	00:53:32	2482	Os Resilientes	V50	32	00:04:53	3153
2280	7139	Luis Lima	00:25:40	00:53:48	00:53:26	2455		V35	305	00:04:56	3261



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2281	5911	João Pereira	00:26:33	00:53:48	00:53:37	2508		V55	137	00:04:45	2834
2282	7254	Paula Batalha	00:26:11	00:53:48	00:53:42	2521	CLUBE MILLENNIUM BCP	V55	9	00:04:30	2256
2283	3212	Raul Carvalho	00:25:47	00:53:49	00:53:45	2530	Grupo Atletas Algês	V60	52	00:04:59	3379
2284	7152	João Pinto	00:27:19	00:53:49	00:53:17	2421	Blicozicolalabico	V40	374	00:04:28	2157
2285	2551	João Batista	00:28:13	00:53:49	00:52:42	2283		V35	306	00:04:20	1824
2286	3066	Ana Albuquerque	00:26:17	00:53:49	00:53:20	2434	Strong team	V45	64	00:04:34	2414
2287	4247	Susana Mendes	00:26:37	00:53:49	00:52:47	2306		V40	51	00:04:36	2484
2288	7272	Joao Seborro	00:26:21	00:53:49	00:53:31	2473	CLUBE MILLENNIUM BCP	V55	138	00:04:31	2269
2289	1330	Fátima Valentim	00:26:27	00:53:50	00:53:45	2531	Amigos do Atletismo de Mafra	V45	65	00:04:54	3188
2290	5650	Paulo Fernandes	00:31:22	00:53:50	00:45:15	849		V45	365	00:03:50	720
2291	5085	Joana Barbosa	00:27:19	00:53:50	00:51:55	2133	Os Tugas	Senior	96	00:04:37	2504
2292	1077	Manuel Paredes	00:28:14	00:53:50	00:50:45	1903		Senior	420	00:04:17	1716
2293	2804	Romão Moita	00:26:15	00:53:51	00:53:24	2447	Limited Edition	V55	139	00:04:33	2371
2294	3914	Aureo Júnior	00:26:38	00:53:51	00:53:26	2453		V50	271	00:04:36	2486
2295	8193	Bernardo Albano	00:28:22	00:53:51	00:52:57	2351	#grupodosamigosdoJP	Senior	421	00:04:14	1569
2296	543	Cláudia Madeira	00:26:10	00:53:52	00:53:34	2491		V40	52	00:04:38	2564
2297	3197	João Ferreira	00:25:36	00:53:53	00:53:20	2435	ADRC Mata de Benfica	Senior	422	00:05:09	3757
2298	6899	Goncalo Garcia	00:28:27	00:53:53	00:50:20	1820		Senior	423	00:04:21	1884
2299	8285	Rita Barão	00:26:43	00:53:53	00:53:44	2528	Correr Lisboa	V50	33	00:04:27	2133



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2300	2852	Beatriz Figueiredo	00:26:17	00:53:53	00:53:15	2415	FIDELIDADE GDC	V45	66	00:04:38	2569
2301	939	Sérgio Mendes	00:27:48	00:53:54	00:52:36	2266	EST	V40	375	00:04:10	1434
2302	4504	Rafael Afonso	00:31:12	00:53:54	00:43:24	571		V40	376	00:03:47	603
2303	2294	Andreia Rijo	00:27:02	00:53:54	00:53:27	2459		V35	43	00:04:29	2216
2304	1757	Raúl García	00:27:31	00:53:54	00:52:52	2336		Senior	424	00:04:43	2776
2305	6336	Tiago Nascimento	00:26:39	00:53:54	00:53:17	2425		Senior	425	00:04:36	2496
2306	5744	Ana Carvalho	00:27:33	00:53:54	00:51:24	2025		Senior	97	00:04:42	2747
2307	1758	Olimpia Acuña	00:27:30	00:53:54	00:52:53	2337		Senior	98	00:04:44	2811
2308	637	Cristina Lino	00:26:35	00:53:55	00:53:45	2532	Alverca Urban Runners	V55	10	00:04:35	2450
2309	4973	Hugo Gomes	00:28:06	00:53:55	00:50:08	1782		V45	366	00:04:25	2037
2310	6374	Eduardo Manso	00:26:25	00:53:55	00:53:18	2427		V55	140	00:04:36	2497
2311	1693	Marta Nunes	00:26:46	00:53:56	00:53:17	2426		V40	53	00:04:43	2774
2312	3460	Bela Fernandes	00:26:51	00:53:56	00:53:07	2386		V45	67	00:04:24	2009
2313	7818	Pedro Marques	00:26:49	00:53:56	00:53:45	2529		V45	367	00:04:34	2391
2314	7956	Marcos Madeira	00:26:24	00:53:56	00:53:44	2527	OutSystems Olímpico de Oeiras	V45	368	00:04:45	2861
2315	5779	José Silva	00:26:50	00:53:57	00:53:14	2411	DLL	V50	272	00:04:34	2430
2316	5097	Isidro Dias	00:27:36	00:53:57	00:53:10	2398		V45	369	00:04:30	2250
2317	8484	Fábio Francisco	00:28:37	00:53:57	00:49:50	1727	Off Limits CrossFit	Senior	426	00:04:21	1891
2318	115	Joanne Egan	00:28:23	00:53:57	00:52:04	2179		Junior	8	00:04:00	1061



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2319	3619	Miguel Pereira	00:27:11	00:53:58	00:52:49	2319	IMASAMS	V45	370	00:04:47	2915
2320	4721	Dário Prates	00:26:46	00:53:58	00:53:17	2424		V50	273	00:04:45	2844
2321	7238	Luis Costa	00:26:11	00:53:58	00:53:44	2525	CLUBE MILLENNIUM BCP	V50	274	00:04:33	2357
2322	4211	José Teixeira	00:27:39	00:53:59	00:51:50	2114		Senior	427	00:04:24	2005
2323	134	Luis Gonzaga	00:27:14	00:53:59	00:52:51	2329		Senior	428	00:05:05	3627
2324	7028	Marco Pinto	00:24:20	00:53:59	00:53:37	2504		V40	377	00:05:38	4589
2325	3775	Angelina Canumbila	00:27:20	00:54:00	00:52:30	2256		Senior	99	00:04:26	2096
2326	9014	Ana Henriques	00:27:01	00:54:00	00:53:47	2538		V45	68	00:04:32	2309
2327	7695	Eduardo Farinha	00:25:48	00:54:00	00:53:57	2567		V50	275	00:05:05	3637
2328	3771	Mauro Brás	00:25:56	00:54:01	00:53:53	2557		V35	307	00:05:00	3437
2329	1606	Sónia Neves	00:27:31	00:54:01	00:53:10	2397		V40	54	00:04:13	1553
2330	2091	Mário Quarenta	00:26:44	00:54:01	00:53:48	2544	40 Marcos	Senior	429	00:04:35	2447
2331	2197	Rui Alves	00:27:41	00:54:01	00:53:37	2507	AZA - Azambuja com Alma	V45	371	00:04:27	2117
2332	1280	Tiago Mora	00:27:09	00:54:01	00:53:06	2380	B2PTRUNNING	V45	372	00:04:32	2319
2333	4967	Sara Conchinhas	00:26:15	00:54:01	00:53:31	2472		Senior	100	00:05:03	3529
2334	4222	Sara Colaço	00:27:38	00:54:02	00:53:37	2509		V45	69	00:04:46	2889
2335	2330	Joao Seabra	00:27:16	00:54:03	00:53:15	2414		Senior	430	00:04:16	1664
2336	4621	Bernardo Oliveira	00:27:17	00:54:03	00:53:16	2417		Senior	431	00:04:16	1673
2337	8188	Rui Braz	00:26:48	00:54:04	00:53:37	2505	GDCTINCM	V40	378	00:04:24	1989



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2338	540	Madalena Correia	00:27:19	00:54:04	00:53:57	2563		Junior	9	00:04:28	2170
2339	1351	António Pereira	00:26:16	00:54:05	00:53:39	2513	Moita a Correr	V45	373	00:04:40	2635
2340	7791	Rizério Salgado	00:28:15	00:54:05	00:53:32	2479		V60	53	00:04:05	1238
2341	5035	Luis Lavrador	00:26:51	00:54:05	00:53:41	2517	marvila jovem	V45	374	00:04:39	2598
2342	4017	Maria Temudo	00:26:10	00:54:06	00:54:02	2582	It's all about sushi!	Senior	101	00:05:03	3524
2343	6067	Pedro Namora	00:27:03	00:54:07	00:53:48	2540	Love and Run	V35	308	00:04:17	1692
2344	6163	André Carvalho	00:27:03	00:54:07	00:53:48	2541		V35	309	00:04:16	1684
2345	1666	Diogo Santos	00:26:30	00:54:07	00:53:31	2475		Senior	432	00:04:47	2927
2346	2253	Francisco Bernardo	00:27:25	00:54:08	00:53:11	2402	Limited Edition	V35	310	00:04:20	1823
2347	394	Rita Gomes	00:27:27	00:54:08	00:54:02	2578		Senior	102	00:04:33	2375
2348	460	Elsa Silva	00:26:47	00:54:08	00:53:33	2489		V40	55	00:04:47	2932
2349	883	Meagan Carty	00:26:58	00:54:08	00:53:34	2492		V45	70	00:04:40	2643
2350	5385	Vasco Alpalhão	00:26:39	00:54:08	00:53:36	2500		V50	276	00:04:42	2750
2351	4942	Paulo Fernandes	00:27:22	00:54:09	00:53:08	2390		V40	379	00:04:22	1934
2352	6809	Joao Costa	00:26:28	00:54:09	00:53:59	2574		V40	380	00:04:39	2621
2353	1796	Luis Pape	00:26:59	00:54:09	00:53:14	2409		V35	311	00:04:37	2521
2354	5135	Edson Souza	00:26:27	00:54:10	00:53:41	2515		V55	141	00:04:42	2748
2355	7696	Joao Goncalves	00:29:54	00:54:10	00:50:18	1811		Senior	433	00:03:53	806
2356	5422	Jaime Veiga	00:26:32	00:54:11	00:54:02	2581		V55	142	00:04:25	2026



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2357	1724	João Rosa	00:27:07	00:54:11	00:53:25	2448	Benny Asics	Senior	434	00:04:36	2481
2358	8210	Inês Malveiro	00:26:23	00:54:11	00:53:55	2560		Senior	103	00:04:41	2708
2359	1160	Gabriel Almeida	00:27:22	00:54:11	00:53:35	2496		V40	381	00:04:40	2642
2360	2326	André Gonçalves	00:29:07	00:54:11	00:51:56	2135		Senior	435	00:04:23	1959
2361	1113	Marco Martins	00:26:32	00:54:12	00:53:31	2474		V40	382	00:04:46	2872
2362	4752	Nuno Cruz	00:28:19	00:54:12	00:53:16	2418	FIDELIDADE GDC	V45	375	00:04:22	1932
2363	2413	Sandra Fernandes	00:27:05	00:54:12	00:54:09	2599		V45	71	00:04:30	2245
2364	7584	Alexandre Sampaio	00:28:04	00:54:12	00:53:09	2394		Senior	436	00:04:11	1499
2365	4170	Bruno Flores	00:27:05	00:54:12	00:53:57	2564		V45	376	00:04:31	2275
2366	4717	André Martins	00:27:32	00:54:14	00:53:46	2535		Senior	437	00:04:16	1671
2367	56	Tiago Campos	00:26:07	00:54:15	00:53:52	2554		V45	377	00:04:46	2875
2368	1263	Hugo Antunes	00:25:35	00:54:15	00:54:10	2608		V45	378	00:04:31	2295
2369	1186	João Ramos	00:26:12	00:54:15	00:53:37	2506		Senior	438	00:04:58	3336
2370	7916	Paulo Santos	00:26:36	00:54:16	00:53:33	2490	CLUBE ACCENTURE	V45	379	00:04:50	3021
2371	3196	Eduardo Coelho	00:26:04	00:54:16	00:53:42	2519	ADRC Mata de Benfica	V35	312	00:04:46	2897
2372	6569	Susana Méha	00:27:02	00:54:17	00:53:58	2569	Méhas	V35	44	00:04:38	2582
2373	2482	Paulo Pimpão	00:27:05	00:54:17	00:53:32	2484		V35	313	00:04:28	2177
2374	1260	Carlos Sousa	00:25:49	00:54:19	00:53:56	2562	APOGMA	V50	277	00:04:25	2053
2375	332	Marco Miguel	00:26:06	00:54:19	00:54:10	2606		V45	380	00:05:08	3733



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2376	3389	Helder Grilo	00:26:40	00:54:19	00:53:48	2542		V40	383	00:04:52	3123
2377	3497	Ricardo Faria	00:26:18	00:54:19	00:54:17	2632		V45	381	00:04:47	2912
2378	5767	Pedro Gonçalves	00:26:40	00:54:19	00:54:09	2604		V40	384	00:04:40	2663
2379	7869	Diogo Aguiar	00:24:42	00:54:19	00:53:41	2518	Clube Atletismo Amigos de Belém	Senior	439	00:04:35	2462
2380	2116	Rui Ferreira	00:25:26	00:54:19	00:54:10	2609		V50	278	00:05:24	4227
2381	3968	Maria Justino	00:27:11	00:54:20	00:54:08	2596	Bombeiros Voluntários de Montemor-o-Novo	V45	72	00:04:30	2249
2382	7429	Hugo Costa	00:25:54	00:54:20	00:54:12	2617		V40	385	00:04:53	3167
2383	1836	António Martins	00:26:54	00:54:20	00:54:01	2576	Housemartins Belas	V45	382	00:04:43	2778
2384	6226	Lucian Naie	00:27:20	00:54:20	00:53:44	2526		V45	383	00:04:26	2098
2385	6283	Helder Delgado	00:27:15	00:54:20	00:53:26	2452		V40	386	00:04:33	2354
2386	3334	Madalena Gaio	00:27:28	00:54:20	00:53:47	2536	Associação de Atletismo Lebres do Sado	Senior	104	00:04:24	2012
2387	1983	João Gonçalves	00:25:44	00:54:20	00:54:12	2616	FIDELIDADE GDC	V50	279	00:04:57	3306
2388	6285	Ana Trancoso	00:27:16	00:54:20	00:53:27	2461		V40	56	00:04:32	2344
2389	8919	Álvaro Beijinha	00:30:49	00:54:20	00:46:02	977		V45	384	00:04:02	1115
2390	5707	Ricardo Batista	00:27:11	00:54:20	00:54:08	2595	Bombeiros Voluntários de Montemor-o-Novo	V35	314	00:04:30	2263
2391	1859	Carlos Suissas	00:25:54	00:54:20	00:54:11	2611		V50	280	00:04:46	2874
2392	7353	Sérgio Costa	00:29:34	00:54:21	00:51:21	2015		V45	385	00:03:59	1038
2393	4271	Manuel Gomes	00:28:14	00:54:21	00:51:16	2001		Senior	440	00:04:46	2887
2394	97	Luis Santos	00:26:49	00:54:21	00:53:51	2549		V55	143	00:04:53	3155



SÃO SILVESTRE
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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2395	4413	Bruno Vicente	00:27:53	00:54:21	00:53:27	2460	RB RUNNING	V35	315	00:04:26	2092
2396	4412	Susana Vicente	00:27:53	00:54:21	00:53:28	2462	RB RUNNING	V40	57	00:04:26	2091
2397	8535	Diogo Fernandes	00:28:17	00:54:21	00:50:13	1794	Off Limits CrossFit	Senior	441	00:04:43	2794
2398	3337	Pedro Serrano	00:26:32	00:54:21	00:54:14	2621	Be Running	V50	281	00:04:43	2763
2399	8405	Alice Vilaça	00:26:48	00:54:21	00:54:06	2591		V40	58	00:04:31	2302
2400	1857	Bruno Pires	00:27:50	00:54:21	00:53:32	2481		V45	386	00:04:13	1549
2401	7744	Tiago Filipe	00:27:42	00:54:21	00:53:32	2478		V40	387	00:04:13	1559
2402	7050	Frederico Fraga	00:27:17	00:54:21	00:53:36	2503		V45	387	00:04:38	2554
2403	923	Beatriz Correia	00:26:54	00:54:22	00:53:49	2545		Senior	105	00:04:29	2219
2404	1660	Paulo Abadia	00:26:33	00:54:22	00:54:10	2607		V50	282	00:04:50	3031
2405	8723	Cristiana Malhão	00:26:21	00:54:22	00:54:04	2584		V40	59	00:04:42	2721
2406	2426	Marisa Martins	00:27:13	00:54:22	00:53:34	2494		V45	73	00:04:44	2809
2407	1273	Pedro Maurício	00:27:33	00:54:22	00:53:15	2416	Cross Velhotes e Cross Beauty 's	V45	388	00:04:25	2051
2408	1429	Fernando Correia	00:27:04	00:54:23	00:53:38	2512		V50	283	00:04:26	2075
2409	3184	Susana Lucena	00:26:39	00:54:23	00:54:10	2610		V40	60	00:04:44	2817
2410	1556	Paulo Barata	00:28:13	00:54:23	00:54:12	2614		V50	284	00:04:08	1350
2411	7708	Martim Morais	00:26:19	00:54:23	00:54:18	2636	Familia Morais	Junior	33	00:04:38	2549
2412	8263	Diogo Pinto	00:25:47	00:54:23	00:54:17	2633		V40	388	00:05:01	3474
2413	8262	Luís Martins	00:25:57	00:54:23	00:54:18	2635		V60	54	00:05:01	3473



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2414	5341	Isadora Costa	00:27:28	00:54:25	00:53:22	2440	4 ao km	Senior	106	00:04:28	2196
2415	813	Teresa Ferreira	00:28:13	00:54:25	00:52:46	2301		V45	74	00:04:28	2165
2416	1453	Eduardo Rodrigues	00:25:45	00:54:25	00:54:12	2615	Clube Ferroviário de Portugal	V55	144	00:04:59	3399
2417	1539	José Gomes	00:29:20	00:54:25	00:51:17	2005		Senior	442	00:04:00	1057
2418	1055	Rui Reis	00:27:56	00:54:26	00:53:46	2533		V40	389	00:04:44	2806
2419	2748	Nuno Araújo	00:26:16	00:54:26	00:54:24	2673		V40	390	00:04:31	2283
2420	6915	Micael Silva	00:27:08	00:54:26	00:53:08	2392		Senior	443	00:04:52	3102
2421	7964	João Lima	00:27:12	00:54:26	00:53:51	2550	Correr Queluz	Senior	444	00:04:41	2709
2422	166	Pedro Anibal	00:26:38	00:54:27	00:53:35	2495		V40	391	00:04:59	3391
2423	122	João Silva	00:29:27	00:54:27	00:49:17	1620		V50	285	00:04:23	1966
2424	4692	Nelson Hilário	00:27:17	00:54:28	00:54:07	2594	Clube de Atletismo da Nazaré	V45	389	00:04:55	3223
2425	7051	Vasco Almeida	00:25:51	00:54:28	00:54:06	2592		V45	390	00:04:49	3015
2426	8137	Carlos Bargado	00:27:00	00:54:28	00:53:52	2553	CCD TRANQUILIDADE	V55	145	00:04:27	2144
2427	2869	José Gabriel	00:27:00	00:54:28	00:53:55	2559		V60	55	00:04:44	2818
2428	6184	João	00:28:18	00:54:28	00:52:03	2168	NewMe	V35	316	00:04:59	3380
2429	4755	Barbara Gonçalves	00:27:21	00:54:28	00:54:09	2605	FIDELIDADE GDC	V35	45	00:04:38	2574
2430	2025	João Brito	00:27:04	00:54:29	00:53:56	2561		Senior	445	00:04:37	2524
2431	4534	Sónia Jesus	00:26:14	00:54:29	00:54:05	2590	Associação Vale Grande	V40	61	00:04:49	2992
2432	1709	Nuno Silva	00:25:41	00:54:30	00:54:02	2579		V35	317	00:05:08	3737



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CLASSIFICAÇÃO '21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2433	781	Paula Marques	00:27:58	00:54:30	00:52:06	2183		V45	75	00:04:22	1916
2434	6802	Rui Martins	00:26:24	00:54:30	00:54:23	2667		V45	391	00:04:32	2340
2435	5951	Pedro Filipe	00:26:58	00:54:31	00:54:02	2580		V40	392	00:04:53	3138
2436	1620	Paulo Borges	00:26:54	00:54:31	00:54:09	2600		V50	286	00:05:00	3421
2437	3785	Susana Ferreira	00:27:22	00:54:31	00:53:31	2470		V40	62	00:04:43	2764
2438	139	Bruno Rosa	00:27:13	00:54:31	00:53:27	2458		V45	392	00:04:36	2479
2439	307	Lorena Costa	00:27:45	00:54:31	00:54:24	2677		V35	46	00:04:25	2046
2440	874	Alexandra Matos	00:26:15	00:54:32	00:54:24	2675		V35	47	00:04:42	2723
2441	7187	Rui Marques	00:26:17	00:54:32	00:54:25	2686		V45	393	00:04:44	2800
2442	8577	Rita Ferreira	00:32:34	00:54:32	00:43:55	675	Team El Comandante	V40	63	00:03:44	522
2443	6550	Cristina Cunha	00:27:17	00:54:33	00:53:32	2485		V50	34	00:04:50	3057
2444	2700	Madalena Caninas	00:26:36	00:54:34	00:54:23	2666		V55	11	00:04:59	3384
2445	2797	Clara Mina	00:26:09	00:54:34	00:54:19	2638	CA VALE FIGUEIRA	V60	6	00:04:42	2736
2446	4020	Irina Pedro	00:27:09	00:54:34	00:54:12	2613	BRRnightRUNNERS	V40	64	00:04:35	2444
2447	1755	Maria Dinis	00:26:56	00:54:34	00:54:16	2631		Senior	107	00:04:33	2366
2448	7284	Artur Leite	00:26:11	00:54:34	00:54:21	2646	CLUBE MILLENNIUM BCP	V55	146	00:04:41	2678
2449	8374	Luis Correia	00:28:56	00:54:34	00:52:49	2320		Senior	446	00:04:08	1349
2450	1768	Carlos Tavares	00:26:31	00:54:35	00:54:25	2679		V45	394	00:04:44	2813
2451	2868	Marcos Serrano	00:26:43	00:54:35	00:53:59	2572		V40	393	00:04:50	3040



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2452	1349	Helder Marques	00:26:01	00:54:35	00:54:09	2601	Moita a Correr	V40	394	00:04:53	3160
2453	7617	David Gomes	00:29:04	00:54:35	00:52:14	2210	Atitude Outdoor	V35	318	00:04:13	1560
2454	1332	Nuno Lucas	00:26:54	00:54:35	00:54:01	2577	Tá lentos Team	V45	395	00:04:55	3239
2455	2520	João Santos	00:27:08	00:54:36	00:54:14	2624		V55	147	00:04:30	2247
2456	261	Rui Pinto	00:27:39	00:54:37	00:53:48	2543		V40	395	00:04:23	1971
2457	7817	Pedro Vitorino	00:29:16	00:54:37	00:51:33	2059		V35	319	00:04:41	2710
2458	4650	David Rosário	00:30:01	00:54:37	00:50:51	1921		Senior	447	00:04:08	1369
2459	3605	Augusto Carriço	00:27:38	00:54:37	00:53:49	2546	Cad a Correr	V55	148	00:04:24	2010
2460	7741	Andre Nunes	00:30:24	00:54:38	00:46:36	1074		Senior	448	00:04:07	1335
2461	5268	Paulo Teixeira	00:26:06	00:54:38	00:54:28	2700		V40	396	00:04:44	2831
2462	1067	José Pedro	00:27:11	00:54:39	00:54:30	2706		V55	149	00:04:30	2238
2463	4007	Nuno Lourenço	00:26:09	00:54:39	00:54:15	2627	CDAPN	V35	320	00:05:03	3526
2464	30	Jose Madaleno	00:26:31	00:54:39	00:54:25	2678		V60	56	00:04:34	2410
2465	5026	Bruno Ferreira	00:27:50	00:54:39	00:52:10	2201		V35	321	00:04:55	3216
2466	1530	Paulo Pessoa	00:29:17	00:54:39	00:51:57	2141		V55	150	00:04:13	1556
2467	3373	Pedro Ferreira	00:25:45	00:54:39	00:54:36	2725		V45	396	00:04:52	3115
2468	4008	Miguel Almeida	00:26:09	00:54:39	00:54:14	2623	CDAPN	V35	322	00:05:03	3525
2469	4537	Sandra Monteiro	00:27:06	00:54:40	00:53:55	2558	Associação Vale Grande	V40	65	00:04:36	2487
2470	4097	Victor Braz	00:29:53	00:54:41	00:53:49	2547		V50	287	00:04:18	1750



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2471	6929	Pedro Baptista	00:26:46	00:54:41	00:54:27	2695		V45	397	00:04:25	2055
2472	6695	Paula Simoes	00:26:16	00:54:41	00:54:39	2732		V45	76	00:04:41	2676
2473	3695	Joana Gorrão	00:26:16	00:54:41	00:54:39	2733		V45	77	00:04:41	2684
2474	3053	Marta Matos	00:27:55	00:54:41	00:54:05	2588	Run&Win(e)	V40	66	00:04:34	2416
2475	5039	Rui Monteiro	00:27:11	00:54:41	00:53:41	2516		V40	397	00:04:36	2502
2476	3610	Carla Rebelo	00:27:52	00:54:41	00:53:12	2405	RUN 4 FUN	V50	35	00:04:30	2255
2477	1093	Ricardo Granja	00:28:05	00:54:42	00:53:38	2511		V40	398	00:04:32	2317
2478	5995	Jeane Abreu	00:27:14	00:54:43	00:54:25	2681		V50	36	00:04:27	2104
2479	1119	Pedro Ferreira	00:27:23	00:54:43	00:54:24	2674		V35	323	00:04:21	1877
2480	4613	Paulo Silva	00:28:04	00:54:43	00:54:25	2684		V60	57	00:04:16	1680
2481	3885	Nuno Pinto	00:28:07	00:54:43	00:54:14	2622		V45	398	00:04:26	2095
2482	5945	Sónia Zeferino	00:26:58	00:54:43	00:54:38	2731		V45	78	00:05:00	3438
2483	2249	Nuno Fernandes	00:27:55	00:54:44	00:53:32	2483		V45	399	00:04:28	2174
2484	740	Nuno Pedro	00:28:16	00:54:44	00:53:26	2454		V40	399	00:04:26	2077
2485	3379	Joao Melao	00:27:59	00:54:45	00:54:42	2740		Senior	449	00:04:20	1833
2486	5858	Lourenço Noronha	00:29:53	00:54:45	00:51:12	1991		Senior	450	00:04:09	1384
2487	886	Francisco Rolo	00:28:36	00:54:45	00:54:09	2602		V45	400	00:04:15	1630
2488	1905	Luis Morgado	00:26:18	00:54:46	00:54:27	2691	GMCJamor	V45	401	00:04:39	2610
2489	5675	Vitor Fernandes	00:26:19	00:54:46	00:54:22	2657		V60	58	00:04:43	2753



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2490	2424	Carlos Piteira	00:27:24	00:54:46	00:54:04	2587		V55	151	00:04:43	2781
2491	6860	Hugo Costa	00:26:55	00:54:46	00:54:01	2575		V40	400	00:03:02	36
2492	391	João Ferreira	00:27:49	00:54:47	00:53:58	2570		V50	288	00:04:21	1874
2493	1872	Agostinho Marques	00:28:02	00:54:47	00:53:42	2523	ASAS	V60	59	00:04:25	2042
2494	734	José Duarte	00:27:22	00:54:47	00:54:20	2640		V45	402	00:04:46	2879
2495	6824	Francisco Figueiredo	00:26:23	00:54:47	00:54:34	2718		Senior	451	00:05:11	3833
2496	5001	Elisabete Dias	00:27:00	00:54:47	00:54:25	2683		V45	79	00:04:54	3201
2497	1937	Manuel Filipe	00:26:02	00:54:48	00:54:38	2729		V35	324	00:04:47	2926
2498	7177	Marina Pantalhão	00:26:53	00:54:48	00:54:46	2767	Linda-a-Pastora Sporting Clube	V40	67	00:04:43	2792
2499	5076	Filipa Monte	00:27:27	00:54:48	00:53:01	2367	Starfish	V40	68	00:04:32	2335
2500	8613	Leonor Sousa	00:27:53	00:54:49	00:54:23	2671		Junior	10	00:04:27	2150
2501	614	Jorge Guerreiro	00:26:32	00:54:49	00:54:24	2676	Axiros Sports Club	V50	289	00:04:46	2880
2502	8612	Beatriz Almeida	00:27:52	00:54:49	00:54:22	2653		Junior	11	00:04:27	2149
2503	7097	Catarina Feijão	00:27:28	00:54:49	00:54:33	2712		Senior	108	00:04:31	2299
2504	84	Ronaldo Bernardo	00:25:45	00:54:49	00:54:41	2739		V40	401	00:04:45	2853
2505	6850	André Faisca	00:29:19	00:54:49	00:54:21	2650	Convictus	Senior	452	00:04:08	1344
2506	8112	Marco Carapinha	00:28:59	00:54:50	00:52:41	2277		V45	403	00:04:20	1806
2507	847	Ricardo Guerreiro	00:25:49	00:54:50	00:54:26	2688		V45	404	00:04:54	3187
2508	1126	Claudia Augusto	00:26:49	00:54:51	00:54:35	2722		V35	48	00:04:46	2873



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2509	7054	Giuseppe Derosa	00:27:45	00:54:51	00:54:35	2719		V45	405	00:04:25	2059
2510	5359	Ana Ivo	00:29:20	00:54:51	00:51:30	2049		V35	49	00:04:25	2024
2511	8708	Gonçalo Reis	00:32:09	00:54:51	00:46:51	1111		Junior	34	00:03:38	418
2512	3662	Luis Figueira	00:31:01	00:54:52	00:46:59	1137	GRCD Leião	V45	406	00:04:21	1857
2513	8982	Rodrigo Rodrigues	00:26:06	00:54:52	00:54:24	2672		V40	402	00:05:04	3569
2514	197	Carlos Vieira	00:26:35	00:54:52	00:54:29	2703		V50	290	00:04:38	2565
2515	1928	Patricia Pereira	00:26:52	00:54:52	00:54:48	2773		V40	69	00:04:38	2562
2516	102	Nuno Moreira	00:27:22	00:54:52	00:54:47	2770	Alverca Urban Runners	V40	403	00:04:33	2373
2517	8821	Giuseppe Mobilia	00:25:27	00:54:53	00:54:17	2634		V40	404	00:05:41	4650
2518	8318	Luis Fragoso	00:28:09	00:54:53	00:53:17	2422	Corrida Noturna Parque das Nações	V45	407	00:04:34	2389
2519	8086	António Sengo	00:27:09	00:54:53	00:54:22	2655	CDCR dos CTT	V40	405	00:05:19	4074
2520	3776	Maria Pinto	00:27:49	00:54:53	00:54:18	2637		Senior	109	00:04:25	2034
2521	8072	Vasco Ascensão	00:27:09	00:54:53	00:54:23	2669	CDCR dos CTT	V50	291	00:05:19	4073
2522	1605	Susana Câmara	00:26:33	00:54:53	00:54:36	2723		V40	70	00:04:42	2726
2523	3301	Susan Leung	00:27:29	00:54:54	00:54:11	2612		V50	37	00:04:41	2681
2524	5922	Daniel Barrocas	00:28:31	00:54:54	00:52:35	2263		V40	406	00:04:34	2429
2525	7159	Filipe Rocha	00:28:22	00:54:54	00:53:31	2477	Vamos preguiçosos!	Senior	453	00:04:31	2298
2526	2296	Luis Dias	00:26:54	00:54:55	00:54:13	2618		V50	292	00:04:50	3035
2527	8499	Francisca Silva	00:29:19	00:54:55	00:50:53	1935	Off Limits CrossFit	Senior	110	00:04:27	2140



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2528	8392	Vasco Dias	00:27:26	00:54:55	00:54:43	2745		V50	293	00:04:39	2623
2529	1426	Luís Gonçalves	00:27:41	00:54:55	00:54:33	2713		V50	294	00:04:07	1330
2530	2761	Patrícia Alfarelos	00:27:06	00:54:55	00:54:36	2724		V45	80	00:04:37	2519
2531	1756	Cristina Dinis	00:26:55	00:54:56	00:54:38	2728		V50	38	00:04:48	2965
2532	3808	Jorge Carreiras	00:27:19	00:54:56	00:54:04	2585		V55	152	00:04:48	2975
2533	7933	Rui Soares	00:26:22	00:54:56	00:54:44	2752	SS CGD	V45	408	00:04:47	2943
2534	2171	Manuel Pereira	00:26:46	00:54:56	00:54:25	2680		V60	60	00:04:38	2568
2535	5507	Vitor Correia	00:27:03	00:54:57	00:54:45	2761	Runners for Heath Team	V65	28	00:04:36	2503
2536	4031	Sergio Costa	00:27:32	00:54:57	00:54:21	2644	Agualva Runners	Senior	454	00:04:50	3044
2537	5377	Orivelton Conceição	00:28:28	00:54:58	00:53:22	2439		Senior	455	00:04:32	2347
2538	1622	Ana Lourenço	00:26:24	00:54:58	00:54:21	2642		V35	50	00:04:55	3231
2539	7503	António Franco	00:26:06	00:54:58	00:54:29	2704		V40	407	00:05:06	3640
2540	8968	Higino Silva	00:27:07	00:54:58	00:54:21	2651	Associação de Moradores de Atibá	V50	295	00:04:37	2539
2541	2902	Micael Rodrigues	00:29:11	00:54:59	00:51:01	1953		Senior	456	00:04:04	1190
2542	3609	Artur Carvalho	00:27:12	00:54:59	00:54:22	2658	Correr Queluz	V50	296	00:04:37	2513
2543	2307	Cátia Couveiro	00:27:03	00:54:59	00:54:23	2664		V35	51	00:04:40	2651
2544	2433	Ricardo Ferreira	00:27:03	00:54:59	00:54:23	2665		V35	325	00:04:51	3083
2545	3145	Rui Costa	00:24:24	00:54:59	00:54:40	2737		Senior	457	00:05:32	4466
2546	8812	Ricardo Magalhães	00:27:08	00:55:00	00:54:27	2696		V35	326	00:04:35	2455



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2547	8495	Cygnny Malvar	00:29:58	00:55:00	00:51:09	1984	Off Limits CrossFit	V45	81	00:04:17	1725
2548	3421	Sérgio Abreu	00:27:14	00:55:00	00:54:40	2734		V45	409	00:04:40	2659
2549	6907	Raquel Filipe	00:26:43	00:55:00	00:54:22	2654		Senior	111	00:04:41	2703
2550	4575	Fernando Matias	00:27:35	00:55:00	00:54:36	2726	CC Ageas Portugal	V65	29	00:04:30	2252
2551	6593	Nuno Pascoal	00:25:20	00:55:01	00:54:56	2798		V45	410	00:05:06	3671
2552	8307	Ana Gonçalves	00:26:52	00:55:02	00:54:30	2705	Corrida Noturna Parque das Nações	V50	39	00:04:42	2713
2553	5763	Maria Peceguina	00:28:32	00:55:02	00:54:54	2791		V40	71	00:04:15	1607
2554	8912	Miguel Marques	00:29:53	00:55:02	00:47:14	1191		V45	411	00:04:25	2063
2555	5769	Ricardo Martins	00:28:32	00:55:03	00:54:54	2790		V45	412	00:04:16	1689
2556	1181	José Gentil	00:26:32	00:55:03	00:54:53	2783		V45	413	00:04:53	3161
2557	8360	João Viegas	00:26:39	00:55:05	00:54:42	2741		V55	153	00:04:40	2627
2558	585	Paulo Cecilio	00:27:34	00:55:05	00:53:59	2571	Cross Velhotes e Cross Beauty´s	V45	414	00:04:34	2407
2559	147	Carina Oliveira	00:27:35	00:55:05	00:54:54	2793		V40	72	00:04:41	2695
2560	7352	Luis Carles	00:27:18	00:55:05	00:52:56	2350		V50	297	00:04:38	2553
2561	2849	Maria Almeida	00:27:34	00:55:06	00:53:59	2573	Cross Velhotes e Cross Beauty´s	V40	73	00:04:36	2485
2562	8361	Carlos Duarte	00:26:38	00:55:06	00:54:42	2742		V40	408	00:04:41	2707
2563	6334	Ana Folgado	00:26:28	00:55:06	00:55:01	2817		V50	40	00:04:46	2901
2564	4937	Sandra Teixeira	00:27:22	00:55:06	00:54:47	2769		V45	82	00:04:49	2990
2565	731	Marisa Nunes	00:27:33	00:55:06	00:54:14	2625		V50	41	00:04:36	2478



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2566	23	Marcello Siniscalchi	00:26:29	00:55:07	00:54:57	2805		V50	298	00:04:52	3109
2567	7230	Nuno Anjos	00:27:30	00:55:07	00:54:27	2693	CLUBE MILLENNIUM BCP	V50	299	00:04:35	2440
2568	7814	Márcia Vilarinho	00:27:47	00:55:08	00:53:57	2566		V45	83	00:04:30	2233
2569	6437	João Crujo	00:26:07	00:55:09	00:54:33	2715	Calça Ténis e põe-te a correr	Senior	458	00:05:21	4110
2570	1826	Helena Sécio	00:27:56	00:55:09	00:54:33	2714		V55	12	00:04:46	2883
2571	8715	Catarina Nicho	00:27:32	00:55:09	00:54:43	2746		V55	13	00:04:40	2633
2572	7631	Jorge Pinto	00:27:57	00:55:09	00:54:21	2649		V45	415	00:04:34	2392
2573	7008	Bárbara Sousa	00:26:55	00:55:09	00:54:56	2802		V40	74	00:04:44	2801
2574	1825	Miguel Palma	00:27:04	00:55:09	00:53:42	2524		V60	61	00:04:50	3037
2575	4201	Iryna Nepip	00:28:13	00:55:09	00:52:39	2273		Senior	112	00:04:42	2737
2576	1043	Edgar Serrandario	00:27:10	00:55:10	00:54:05	2589		Senior	459	00:04:11	1486
2577	8027	Leonel Coutinho	00:27:13	00:55:11	00:54:03	2583		V40	409	00:04:52	3098
2578	2211	Ana Palhau	00:27:11	00:55:11	00:55:09	2846		Senior	113	00:04:49	3003
2579	2142	Antonio Alves	00:27:50	00:55:12	00:54:28	2701		V55	154	00:04:43	2779
2580	4633	Mário Marques	00:27:22	00:55:12	00:54:26	2687		Senior	460	00:04:43	2769
2581	12	João Inácio	00:26:11	00:55:13	00:54:47	2771		Senior	461	00:04:42	2730
2582	3307	Francisco Matos	00:27:38	00:55:13	00:54:49	2776		V50	300	00:04:32	2338
2583	4732	Pedro Serra	00:27:09	00:55:13	00:55:04	2832	Louletano	V45	416	00:04:49	2991
2584	20	Carolina Pecegueiro	00:27:21	00:55:13	00:54:55	2796		V35	52	00:05:01	3458



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2585	361	Fernando Coelho	00:27:39	00:55:13	00:54:16	2630		V45	417	00:04:48	2962
2586	4277	Vasco Baptista	00:27:32	00:55:13	00:54:56	2799		V45	418	00:04:37	2517
2587	6964	António Brandão	00:27:53	00:55:13	00:54:59	2809		V45	419	00:04:27	2135
2588	6857	Wilson Silva	00:26:33	00:55:14	00:54:45	2757	Convictus	Senior	462	00:05:14	3901
2589	2788	Paulo Sebastião	00:25:52	00:55:14	00:54:55	2797		V45	420	00:05:02	3499
2590	7317	Flavio Silva	00:26:10	00:55:15	00:54:46	2766	CLUBE MILLENNIUM BCP	Senior	463	00:05:01	3477
2591	4111	Rui Amaral	00:26:58	00:55:15	00:54:44	2751		V50	301	00:04:46	2893
2592	5841	Paulo Coimbra	00:27:39	00:55:16	00:54:09	2603		V50	302	00:04:36	2499
2593	6083	Angelo Vieira	00:27:20	00:55:16	00:53:47	2537		V45	421	00:04:43	2758
2594	2995	Antonio Matos	00:28:27	00:55:16	00:52:43	2293		V60	62	00:04:22	1920
2595	3773	Júlio Pereira	00:27:22	00:55:16	00:54:45	2759		V55	155	00:04:38	2579
2596	6169	Marco Santos	00:27:34	00:55:17	00:54:13	2620		V35	327	00:04:44	2828
2597	6462	Nuno Flores	00:27:23	00:55:17	00:54:31	2709		V45	422	00:04:37	2508
2598	4868	Catarina Palma	00:27:18	00:55:17	00:55:08	2844	Associação Desportiva de Palmeiros - Sintra	V40	75	00:04:41	2687
2599	6792	Carlos Fernandes	00:27:37	00:55:17	00:54:45	2762		V50	303	00:04:52	3127
2600	2267	Inês Farinha	00:27:39	00:55:17	00:54:09	2598	O Tico e o Teco	V35	53	00:04:40	2650
2601	1553	Lara Silva	00:25:57	00:55:18	00:55:00	2813		Senior	114	00:05:06	3647
2602	1459	Carlos Santos	00:27:16	00:55:18	00:55:02	2820	Clube Ferroviário de Portugal	V65	30	00:04:51	3088
2603	8955	Elsa Bruxelas	00:26:39	00:55:18	00:55:03	2826	Clube de Futebol "Os Belenenses"	V60	7	00:04:39	2619



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2604	2795	Bruno Açucena	00:27:13	00:55:19	00:54:57	2804		V40	410	00:04:52	3114
2605	1259	Paulo Pires	00:27:07	00:55:19	00:54:57	2806	APOGMA	V55	156	00:04:55	3243
2606	442	Ricardo Wenceslau	00:31:48	00:55:19	00:47:02	1148		V35	328	00:03:48	636
2607	9206	Ana Borges	00:27:29	00:55:20	00:55:03	2823		V40	76	00:04:28	2155
2608	1840	Nuno Almeida	00:25:52	00:55:20	00:55:02	2819	Housemartins Belas	V40	411	00:04:55	3233
2609	8779	Ana Cortes	00:26:57	00:55:20	00:54:45	2758		V40	77	00:04:54	3184
2610	5005	Leandro Santos	00:27:35	00:55:21	00:54:22	2659		V60	63	00:04:29	2208
2611	5983	António Hortega	00:27:28	00:55:21	00:55:00	2811		V55	157	00:04:46	2899
2612	470	Vasco Metelo	00:26:23	00:55:21	00:55:19	2878		V40	412	00:04:54	3189
2613	2182	Clara Chaves	00:27:53	00:55:21	00:54:31	2707		V45	84	00:04:33	2368
2614	1427	Lília Gonçalves	00:26:43	00:55:22	00:55:00	2812		V55	14	00:04:44	2805
2615	7405	António Cerdeira	00:27:04	00:55:22	00:53:51	2551		V45	423	00:04:25	2054
2616	777	Luis Martinho	00:28:05	00:55:23	00:54:27	2689		V50	304	00:04:23	1974
2617	7822	Conceição Pina	00:26:54	00:55:23	00:55:03	2824	GFD Running	V55	15	00:04:42	2711
2618	5340	Vítor Gonçalves	00:27:28	00:55:23	00:54:21	2647	4 ao km	V50	305	00:05:26	4312
2619	1120	Paulo Simoes	00:26:41	00:55:23	00:54:59	2807		V40	413	00:04:37	2536
2620	7694	Rui Cardoso	00:26:54	00:55:23	00:53:51	2552		V40	414	00:04:59	3403
2621	5754	João Perdigão	00:27:40	00:55:23	00:55:09	2848		Senior	464	00:04:41	2673
2622	4115	Diogo Mattos	00:27:46	00:55:23	00:54:48	2774		V35	329	00:04:39	2595



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2623	5991	Claudio Moreira	00:28:27	00:55:24	00:54:45	2760		V40	415	00:04:03	1138
2624	1058	Martinho Botelho	00:26:04	00:55:24	00:54:52	2781		V35	330	00:05:04	3570
2625	1542	Nuno Cebola	00:28:01	00:55:25	00:54:27	2690		Senior	465	00:04:38	2560
2626	1858	Inês Barradas	00:28:01	00:55:25	00:54:28	2702		Senior	115	00:04:37	2533
2627	1789	Nuno Nunes	00:26:04	00:55:25	00:55:23	2886		V45	424	00:04:46	2876
2628	135	Óscar Rocha	00:27:28	00:55:26	00:55:03	2828		V60	64	00:04:39	2613
2629	1506	Antonio Ribeiro	00:28:09	00:55:26	00:54:32	2710	quarteto	V55	158	00:04:34	2402
2630	273	Rita Ferreira	00:27:28	00:55:26	00:55:03	2829		V40	78	00:04:39	2615
2631	3124	Tiago Salvado	00:28:36	00:55:27	00:54:52	2780		Senior	466	00:04:45	2846
2632	6498	João Baptista	00:28:52	00:55:28	00:53:01	2365		Senior	467	00:04:22	1937
2633	1797	Francisco Ramos	00:28:21	00:55:28	00:52:59	2358		V35	331	00:04:38	2567
2634	4529	Jorge Cabrita	00:29:15	00:55:28	00:52:35	2262		V45	425	00:04:47	2919
2635	4022	Andreia Castanheira	00:27:09	00:55:29	00:55:07	2840	BRRnightRUNNERS	V40	79	00:04:41	2690
2636	1998	João Pereira	00:26:56	00:55:29	00:55:11	2852	Correr Lisboa	V55	159	00:04:51	3080
2637	4183	Josué Campos	00:27:35	00:55:30	00:54:54	2789		Senior	468	00:05:06	3663
2638	7380	Filipe Veiga	00:26:16	00:55:31	00:54:52	2782	GunsNRUNNERS	V45	426	00:05:08	3714
2639	2367	Paulo Freitas	00:27:32	00:55:31	00:54:13	2619	Paulo/Liliana	Senior	469	00:04:40	2652
2640	6370	José Ferreira	00:27:00	00:55:31	00:54:53	2785		V60	65	00:04:46	2902
2641	6821	Fábio Costa	00:25:59	00:55:31	00:55:04	2833		V35	332	00:05:27	4340



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2642	7727	Hélio Palma	00:29:09	00:55:32	00:53:04	2375		Senior	470	00:04:44	2798
2643	1817	Daniel Moreira	00:28:16	00:55:32	00:54:21	2643		V35	333	00:04:20	1821
2644	4912	Hugo Pereira	00:26:25	00:55:33	00:55:02	2818		V35	334	00:04:53	3148
2645	5634	Ricardo Mateus	00:28:29	00:55:34	00:53:19	2431	MALM	V40	416	00:04:41	2669
2646	8326	Joel Silva	00:27:03	00:55:34	00:54:28	2698	Corrida Noturna Parque das Nações	V50	306	00:04:54	3178
2647	649	Sónia Correia	00:26:57	00:55:34	00:55:27	2901	GDCTINCM	V45	85	00:04:46	2881
2648	4513	Isabel Pérez	00:29:07	00:55:34	00:54:59	2808		V35	54	00:04:06	1280
2649	648	Ricardo Simões	00:26:56	00:55:34	00:55:26	2894	GDCTINCM	V50	307	00:04:47	2931
2650	3709	Miguel Macedo	00:27:28	00:55:34	00:55:15	2857		V45	427	00:04:46	2895
2651	7924	Albino Tomás	00:27:47	00:55:35	00:55:08	2843	CA Patameiras	V65	31	00:04:35	2456
2652	5809	Pedro Pereira	00:26:19	00:55:35	00:55:15	2859		V55	160	00:04:38	2585
2653	1498	Eduarda Adriano	00:27:53	00:55:35	00:54:48	2772		V45	86	00:04:36	2475
2654	3187	Jorge Pereira	00:26:50	00:55:35	00:55:19	2877		V40	417	00:05:27	4334
2655	3928	Maria Romero	00:27:31	00:55:35	00:54:54	2788	Grupo Recreativo e Desportivo da Ribeira da	V60	8	00:04:41	2683
2656	480	Barbara Piassarollo	00:27:34	00:55:35	00:54:40	2736	B2PTRUNNING	V35	55	00:04:53	3156
2657	3504	Filipe Carmo	00:29:01	00:55:35	00:53:50	2548		V45	428	00:04:27	2114
2658	5411	Paulo Cardoso	00:28:02	00:55:36	00:54:35	2721		V40	418	00:04:40	2664
2659	4980	Mafalda Oliveira	00:27:02	00:55:36	00:55:30	2907		V40	80	00:04:40	2658
2660	3253	Luis Palma	00:27:59	00:55:36	00:55:17	2868		V45	429	00:04:42	2743



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2661	5723	Sergio Queiros	00:27:58	00:55:37	00:54:31	2708		V35	335	00:05:24	4240
2662	5291	Eduardo Jorge	00:27:43	00:55:37	00:55:18	2873	Amigos Da Corrida	V65	32	00:04:35	2435
2663	4826	Francisco Martins	00:26:23	00:55:37	00:54:35	2720		Senior	471	00:05:01	3445
2664	2791	Mário Rogado	00:28:19	00:55:37	00:54:53	2784		V40	419	00:04:40	2654
2665	3010	Rebecca Salgado	00:27:30	00:55:38	00:54:08	2597		V40	81	00:04:41	2693
2666	7395	César Chicharro	00:28:54	00:55:38	00:54:45	2756		V35	336	00:04:31	2296
2667	7391	Luis Pérez	00:28:54	00:55:38	00:54:45	2755		V35	337	00:04:30	2237
2668	8345	Tiago Oliveira	00:27:43	00:55:38	00:55:03	2825	Corrida Noturna Parque das Nações	V40	420	00:04:24	1991
2669	1780	João Osório	00:27:54	00:55:38	00:54:43	2749		V45	430	00:04:52	3112
2670	1728	Fernando Nascimento	00:30:26	00:55:39	00:52:09	2196	Tálenos Team	V55	161	00:04:03	1156
2671	4101	Daniel Caldeirinha	00:28:24	00:55:39	00:53:57	2565		V35	338	00:04:56	3282
2672	2464	Henrique Ruivo	00:27:08	00:55:39	00:55:17	2872		V60	66	00:04:46	2882
2673	409	Luis Santiago	00:31:10	00:55:39	00:47:35	1258		V50	308	00:04:01	1085
2674	1585	David Lopes	00:27:49	00:55:40	00:55:06	2836		V45	431	00:04:55	3241
2675	1105	Joao Andre	00:24:57	00:55:41	00:55:22	2883		V35	339	00:05:11	3827
2676	5748	Fábio Morgado	00:30:43	00:55:41	00:53:42	2520		Senior	472	00:04:31	2267
2677	214	Cândida Ganchas	00:28:10	00:55:42	00:55:15	2861		V45	87	00:04:35	2449
2678	2516	Pedro Sardinha	00:26:49	00:55:42	00:55:31	2908	Alverca Urban Runners	V45	432	00:05:28	4360
2679	1647	Heloísa Gandini	00:27:10	00:55:42	00:55:40	2938		Junior	12	00:04:39	2611



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2680	3137	Ricardo Matos	00:27:48	00:55:42	00:54:56	2800		V40	421	00:04:41	2680
2681	8655	Rúben Maurício	00:27:44	00:55:43	00:53:24	2446	Kotas Boa Forma	Senior	473	00:05:14	3900
2682	1348	Paulo Rodrigues	00:27:09	00:55:43	00:55:16	2863	Moita a Correr	V45	433	00:05:02	3490
2683	7354	Sandra Costa	00:29:48	00:55:44	00:52:46	2304		V45	88	00:04:33	2379
2684	3596	Camilo Vieira	00:27:48	00:55:44	00:55:28	2904	N.A. PAPAGAIOS DE CASCAIS	V50	309	00:04:49	2996
2685	7872	Jose Nunes	00:26:55	00:55:44	00:55:16	2866		V45	434	00:04:53	3173
2686	4408	José Maria	00:25:45	00:55:45	00:55:42	2946		V50	310	00:05:03	3539
2687	305	Roberto Palminha	00:27:55	00:55:45	00:55:07	2837		V35	340	00:04:37	2528
2688	6722	Cristian Sandu	00:29:42	00:55:45	00:54:15	2628		Senior	474	00:04:34	2425
2689	5891	Nuno Catarino	00:28:52	00:55:45	00:54:25	2682		V35	341	00:04:39	2590
2690	4393	Leonor Ferreira	00:27:34	00:55:46	00:55:07	2839	CCDTMetroLX	V45	89	00:04:39	2604
2691	8645	Nânci Bôto	00:26:56	00:55:46	00:55:44	2953		Senior	116	00:05:12	3845
2692	7453	Fernando Faleiro	00:27:22	00:55:46	00:55:12	2853		V45	435	00:04:26	2073
2693	366	Nuno Sousa	00:27:37	00:55:46	00:55:43	2950		V45	436	00:04:58	3340
2694	3849	José Cruz	00:29:08	00:55:46	00:55:39	2932		V45	437	00:03:12	93
2695	4052	João Elvas	00:26:48	00:55:47	00:55:26	2898		V50	311	00:04:55	3218
2696	1999	Pedro Rodrigues	00:25:24	00:55:47	00:55:47	2960		V40	422	00:05:56	4919
2697	1016	Bruno Canhoto	00:27:17	00:55:48	00:55:01	2815		V35	342	00:04:47	2937
2698	4622	André Pires	00:30:19	00:55:49	00:50:15	1802		V35	343	00:04:19	1777



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2699	6560	Alexandre Costa	00:26:31	00:55:49	00:55:48	2964		V35	344	00:05:20	4103
2700	146	Tiago Mineiro	00:28:03	00:55:50	00:54:45	2764		V35	345	00:04:40	2648
2701	2741	Afonso Pires	00:28:23	00:55:50	00:55:27	2900	Amigos Da Corrida	V50	312	00:04:26	2084
2702	785	Anabela Martins	00:26:46	00:55:50	00:55:43	2948		Senior	117	00:05:20	4092
2703	3136	José Dinis	00:26:33	00:55:50	00:55:30	2906		V45	438	00:04:56	3283
2704	1251	João Páscoa	00:27:09	00:55:51	00:55:39	2933	Tálenos Team	V50	313	00:04:48	2953
2705	2715	Andreia Banha	00:26:54	00:55:51	00:55:40	2937		V40	82	00:05:02	3501
2706	3342	Carla Costa	00:27:09	00:55:51	00:55:39	2935	Tálenos Team	V50	42	00:04:49	2998
2707	4577	João Frade	00:26:51	00:55:52	00:55:38	2927	CC Ageas Portugal	V50	314	00:04:52	3119
2708	852	Tânia Ginó	00:27:39	00:55:52	00:55:43	2949		V40	83	00:04:39	2618
2709	6608	Vanda Tolentino	00:26:34	00:55:52	00:55:49	2967		V40	84	00:04:48	2981
2710	5111	Fernando Cardia	00:26:42	00:55:53	00:55:51	2974		V50	315	00:04:45	2832
2711	4739	Hugo Leite	00:27:24	00:55:54	00:55:16	2865	FIDELIDADE GDC	V35	346	00:04:39	2600
2712	1046	Joaquim Cardoso	00:27:19	00:55:54	00:55:38	2925		V45	439	00:04:58	3338
2713	408	Elisabete Assunção	00:28:14	00:55:55	00:55:26	2895		V50	43	00:04:50	3032
2714	7577	Sonia Alves	00:27:50	00:55:55	00:54:45	2754		V45	90	00:04:46	2864
2715	5376	Mariana Ló	00:28:21	00:55:55	00:55:47	2963		Senior	118	00:04:33	2350
2716	5324	Raul Machado	00:26:54	00:55:55	00:55:33	2915	SS CGD	V60	67	00:04:54	3208
2717	3383	Cristina Romão	00:26:46	00:55:55	00:55:53	2986		V50	44	00:04:48	2968



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2718	2906	Mafalda Hipólito	00:29:02	00:55:55	00:55:01	2816		Senior	119	00:04:08	1359
2719	8064	Mónica Calado	00:30:30	00:55:56	00:52:50	2322	HutRunners	V45	91	00:04:17	1722
2720	759	Paula Rodrigues	00:28:13	00:55:56	00:55:47	2961		V45	92	00:04:27	2127
2721	401	Amadeu Carvalho	00:27:48	00:55:56	00:55:24	2891		V65	33	00:04:41	2697
2722	375	António Serra	00:29:17	00:55:57	00:54:38	2730	Évora Night Runners	V60	68	00:04:27	2120
2723	3355	Ines Santos	00:27:35	00:55:57	00:55:14	2856	Amoedo	Senior	120	00:04:37	2514
2724	7202	André Cunha	00:28:21	00:55:57	00:53:16	2420		Senior	475	00:04:56	3260
2725	7048	Rita Valente	00:30:41	00:55:57	00:52:21	2230		Senior	121	00:04:00	1043
2726	7562	Filipe Garcia	00:28:07	00:55:57	00:55:02	2821		V35	347	00:04:30	2236
2727	5694	Cláudia Pepe	00:27:19	00:55:58	00:55:51	2975	Correr em Évora	V45	93	00:04:54	3209
2728	6624	Bruno Magalhães	00:29:48	00:55:58	00:53:06	2382	XLBusiness Real Estate	V45	440	00:04:44	2824
2729	2816	Teófilo Crespo	00:27:54	00:55:59	00:54:43	2748	EST	V45	441	00:04:55	3228
2730	1602	Eduardo Rodrigues	00:25:56	00:55:59	00:55:45	2956		V60	69	00:05:24	4218
2731	7807	Pedro Martins	00:30:06	00:55:59	00:53:21	2438		Senior	476	00:04:33	2384
2732	7810	Bruno Vieira	00:29:28	00:56:00	00:53:18	2429		Senior	477	00:04:35	2463
2733	7173	Diogo Viana	00:26:21	00:56:01	00:55:27	2903	SPARTAN3	Senior	478	00:04:44	2799
2734	4547	Nuno Pinto	00:28:45	00:56:01	00:53:52	2555	ACM Montemor a Correr	V45	442	00:04:34	2418
2735	5371	Gonçalo Farias	00:27:02	00:56:01	00:55:27	2899		Senior	479	00:04:39	2588
2736	3878	Lénia Vieira	00:27:25	00:56:02	00:55:34	2916		Senior	122	00:04:54	3204



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2737	2359	Joana Fernandes	00:27:30	00:56:02	00:55:13	2854	Correr Lisboa	Senior	123	00:05:02	3494
2738	2360	Alexandre Felício	00:27:30	00:56:02	00:55:13	2855	Correr Lisboa	Senior	480	00:05:03	3544
2739	7939	Rodrigo Pinto	00:27:52	00:56:03	00:55:46	2958		V45	443	00:04:51	3093
2740	7273	Patricia Dinis	00:27:41	00:56:03	00:55:44	2954	CLUBE MILLENNIUM BCP	V50	45	00:04:51	3060
2741	3003	Filipe Pereira	00:27:22	00:56:03	00:55:37	2923		V35	348	00:04:43	2771
2742	5752	Mariana Pires	00:27:31	00:56:03	00:56:02	3014		Senior	124	00:04:51	3061
2743	3228	Patrícia Ferreira	00:27:43	00:56:04	00:55:33	2912	CrossBox The Bravery	Senior	125	00:04:55	3229
2744	4904	Cláudia Palma	00:27:23	00:56:04	00:55:58	2999		Senior	126	00:04:48	2972
2745	2194	Ana Aires	00:28:36	00:56:04	00:54:44	2750	Crossfit Tejo	Senior	127	00:04:43	2782
2746	1143	Silvina Graça	00:27:08	00:56:04	00:56:00	3006		V55	16	00:04:51	3086
2747	3638	Pedro Costa	00:30:27	00:56:04	00:52:15	2212	Classe_Pura	V35	349	00:04:19	1771
2748	8630	Carlos Martins	00:27:36	00:56:05	00:54:56	2801	Clube PT-Zcs	V55	162	00:05:12	3844
2749	7857	Bernardo Pegado	00:27:16	00:56:05	00:54:42	2744		Senior	481	00:05:22	4145
2750	5554	Rodrigo Monteiro	00:29:57	00:56:06	00:52:53	2340		V45	444	00:04:17	1690
2751	6791	António Ventura	00:26:20	00:56:06	00:56:01	3012		V50	316	00:05:00	3441
2752	751	Inês Dias	00:27:59	00:56:06	00:55:16	2862		Senior	128	00:04:42	2725
2753	6509	José Silva	00:29:02	00:56:06	00:53:03	2372		Senior	482	00:04:38	2581
2754	6339	Dinis Ribas	00:27:17	00:56:06	00:55:53	2982		V50	317	00:05:17	3999
2755	4705	Francisco Quitéria	00:28:48	00:56:06	00:54:43	2747	Trail Runners de Lagos	V50	318	00:04:27	2112



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2756	2332	Bruno Marques	00:26:41	00:56:07	00:55:07	2838		V35	350	00:05:25	4266
2757	1911	Augusto Santos	00:27:56	00:56:07	00:55:37	2924	Familia de Peniche	V65	34	00:04:51	3079
2758	5436	Luciana Bicudo	00:28:02	00:56:07	00:55:20	2880		V45	94	00:04:51	3066
2759	4798	Pedro Gonçalves	00:29:04	00:56:08	00:54:27	2692	Run&Smile	V55	163	00:04:31	2279
2760	8154	Francisco Pereira	00:28:11	00:56:08	00:55:49	2966	CCD TRANQUILIDADE	V50	319	00:04:49	3020
2761	1422	Armanda Modesto	00:26:54	00:56:09	00:56:05	3026		V60	9	00:05:04	3572
2762	3466	Sílvia Azevedo	00:27:50	00:56:09	00:55:26	2897		Senior	129	00:04:53	3142
2763	7626	Pedro Mesquita	00:28:59	00:56:10	00:53:57	2568	Atitude Outdoor	Senior	483	00:04:30	2235
2764	4788	Ana Dias	00:30:59	00:56:11	00:50:56	1945	MOAI	Senior	130	00:04:24	2007
2765	2623	Hugo Cordeiro	00:28:02	00:56:12	00:55:17	2871	Primos Runners Team	V40	423	00:04:56	3276
2766	5318	Tiago Peixinho	00:28:50	00:56:12	00:55:53	2985	SS CGD	Senior	484	00:04:24	2022
2767	6345	Filipe Neves	00:29:32	00:56:12	00:52:28	2243		Senior	485	00:04:35	2439
2768	1754	Miguel Camba	00:28:48	00:56:13	00:55:55	2990		V35	351	00:04:17	1705
2769	733	Alcindo Almeida	00:27:09	00:56:13	00:55:47	2962		V60	70	00:05:31	4451
2770	270	Miguel Serra	00:26:46	00:56:13	00:56:05	3025		V45	445	00:04:41	2699
2771	478	Gonçalo Duarte	00:29:30	00:56:14	00:54:46	2765	Limited Edition	Junior	35	00:04:18	1741
2772	5686	Jose Costa	00:26:43	00:56:14	00:55:40	2941	CCD Siemens	V60	71	00:05:10	3804
2773	3717	João Machado	00:28:37	00:56:14	00:55:57	2997		V60	72	00:03:09	73
2774	3912	Nuno Chambel	00:27:06	00:56:14	00:56:08	3040		V45	446	00:04:49	2995



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CLASSIFICAÇÃO '21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2775	534	Sandra Perez	00:27:58	00:56:14	00:56:09	3046		Senior	131	00:04:35	2451
2776	4616	Luis Rebelo	00:27:43	00:56:14	00:55:39	2931		V40	424	00:04:46	2888
2777	6450	Francisco Carvalho	00:28:21	00:56:15	00:55:53	2983		V45	447	00:04:37	2507
2778	3842	Etelvina Vidal	00:27:05	00:56:15	00:56:07	3038		V50	46	00:05:05	3619
2779	4626	Miguel Ferreira	00:26:46	00:56:15	00:55:52	2977		V45	448	00:05:01	3448
2780	8074	Pedro Silva	00:27:04	00:56:16	00:55:39	2929	CDCR dos CTT	V45	449	00:04:42	2712
2781	5308	Jose Ferreira	00:27:53	00:56:16	00:55:43	2947	SS CGD	V65	35	00:04:58	3363
2782	3613	João Ralha	00:28:33	00:56:16	00:55:09	2847	RUN 4 FUN	V60	73	00:04:44	2821
2783	66	Gonçalo Marques	00:26:57	00:56:17	00:56:01	3008		Junior	36	00:05:18	4035
2784	4006	Filipe Mateus	00:25:36	00:56:17	00:56:12	3053	Team Bock	Senior	486	00:05:02	3513
2785	7149	Sérgio Reis	00:27:19	00:56:17	00:54:22	2656		Senior	487	00:05:16	3959
2786	6947	Carlos Afonso	00:26:48	00:56:18	00:55:57	2998	Câmara Lisboa Clube	V55	164	00:05:04	3564
2787	2744	Lurdana Gomes	00:27:24	00:56:18	00:55:56	2992	Amigos Da Corrida	V55	17	00:05:11	3817
2788	3589	Nuno Dias	00:27:58	00:56:18	00:55:17	2870	GDC Banco de Portugal	V35	352	00:04:47	2923
2789	1548	Nuno Piuça	00:30:11	00:56:18	00:55:01	2814		V35	353	00:04:11	1489
2790	1977	Luís Sousa	00:27:38	00:56:19	00:55:45	2955		V40	425	00:04:58	3349
2791	3974	Marina Godinho	00:27:02	00:56:19	00:56:07	3037	Bombeiros Voluntários de Montemor-o-Novo	V40	85	00:04:57	3302
2792	1976	Joana Pinto	00:27:38	00:56:19	00:55:46	2957		V35	56	00:04:58	3348
2793	7411	Ana Fino	00:31:13	00:56:19	00:49:52	1734		V40	86	00:04:06	1249



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2794	1626	Liliana Coelho	00:27:44	00:56:19	00:55:51	2972	DAVID SPORTS	Senior	132	00:04:48	2956
2795	7328	Nuno Manana	00:27:37	00:56:20	00:55:24	2889		V45	450	00:04:55	3245
2796	1956	Diogo Ferreira	00:27:16	00:56:20	00:55:15	2860		V35	354	00:04:55	3234
2797	8200	Maria Rodrigues	00:31:27	00:56:20	00:53:03	2374		V45	95	00:04:15	1638
2798	4157	Ricardo Esteves	00:27:34	00:56:20	00:56:19	3078		V45	451	00:04:47	2917
2799	1315	Rita Paulino	00:29:50	00:56:20	00:55:16	2864	Ser feliz	Senior	133	00:04:05	1233
2800	1084	Vera Almeida	00:27:25	00:56:20	00:56:19	3076		V40	87	00:05:00	3411
2801	6719	Raquel Martins	00:27:31	00:56:21	00:55:53	2981		Senior	134	00:05:05	3601
2802	1413	Carlos Pereira	00:28:58	00:56:21	00:54:22	2663		V35	355	00:04:38	2561
2803	1269	Julio Silva	00:30:42	00:56:21	00:50:06	1777	Ases da Corrida	V45	452	00:04:28	2163
2804	6522	André Leal	00:31:39	00:56:21	00:49:00	1559	GDC Banco de Portugal	Senior	488	00:04:01	1077
2805	1819	João Sousa	00:28:23	00:56:22	00:55:24	2890		V60	74	00:04:45	2847
2806	2362	João Coelho	00:29:49	00:56:22	00:53:34	2493	Limited Edition	V35	356	00:04:28	2176
2807	3723	André Machado	00:28:37	00:56:22	00:56:05	3028		Senior	489	00:03:18	141
2808	7825	João Sousa	00:30:13	00:56:22	00:53:23	2444	Shô Cá	Senior	490	00:04:30	2231
2809	1042	Paulo Santos	00:29:06	00:56:22	00:55:57	2995		V50	320	00:04:44	2804
2810	6531	Anita Pajak	00:28:08	00:56:23	00:55:40	2942	Spajderzy	V40	88	00:04:52	3130
2811	1615	André Antunes	00:27:28	00:56:23	00:55:03	2827		Senior	491	00:05:06	3646
2812	6833	Miguel Ferreira	00:30:24	00:56:23	00:52:33	2259	Modafoca	V45	453	00:04:25	2056



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2813	7879	Paulo Matos	00:29:05	00:56:24	00:55:32	2910		V40	426	00:04:27	2142
2814	2690	Vitor Ferreira	00:27:33	00:56:24	00:55:26	2896		V55	165	00:05:01	3455
2815	333	Sandra Torres	00:28:14	00:56:24	00:56:14	3059		V40	89	00:04:53	3158
2816	7653	Francisco Jorge	00:31:25	00:56:24	00:54:44	2753	BI4ALL	Senior	492	00:04:05	1244
2817	4010	Ana Nico	00:27:52	00:56:25	00:55:53	2979	Gang da Cruela	Senior	135	00:04:54	3205
2818	8406	Marisa Sousa	00:29:18	00:56:25	00:54:19	2639		Senior	136	00:04:45	2863
2819	6772	Elisabete Rocha	00:27:25	00:56:25	00:55:59	3004		V45	96	00:05:14	3933
2820	2024	José Ribeiro	00:28:49	00:56:25	00:56:21	3084		Senior	493	00:04:21	1866
2821	3827	Fernando Silva	00:27:49	00:56:25	00:55:53	2980		V50	321	00:04:45	2843
2822	3387	Vladimir Koptev	00:28:45	00:56:25	00:54:45	2763		V40	427	00:04:38	2571
2823	2542	Carlos Sousa	00:26:56	00:56:27	00:55:57	2993		V45	454	00:05:11	3818
2824	7792	Sara Ribeiro	00:28:26	00:56:27	00:56:16	3062		Senior	137	00:04:37	2545
2825	5862	Ian Moirinho	00:28:58	00:56:28	00:54:53	2786		Senior	138	00:04:33	2351
2826	5765	Luis Grencho	00:28:01	00:56:28	00:56:01	3013	Serviços Sociais Montepio	V45	455	00:04:59	3373
2827	5390	Jorge Ramos	00:27:23	00:56:28	00:55:05	2834		V40	428	00:05:19	4054
2828	3363	Ana Rosa	00:28:49	00:56:28	00:55:30	2905		V35	57	00:04:49	3002
2829	6927	Alexandre Bento	00:27:27	00:56:29	00:56:07	3033		V55	166	00:04:27	2136
2830	6464	João Dias	00:28:08	00:56:29	00:55:40	2943		Senior	494	00:04:35	2442
2831	3845	Luís Souto	00:27:39	00:56:29	00:55:52	2978		V50	322	00:04:36	2491



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2832	6782	Sonia Melo	00:27:57	00:56:30	00:56:13	3057		V45	97	00:05:14	3931
2833	1282	Sergio Rodelo	00:31:32	00:56:30	00:50:10	1785	Run Crew Trail Montijo	V50	323	00:04:10	1437
2834	5151	Carina Sousa	00:28:49	00:56:31	00:55:36	2919		V35	58	00:04:41	2665
2835	3117	Luís Pires	00:28:49	00:56:31	00:55:36	2920		V50	324	00:04:41	2692
2836	8464	Diogo Almeida	00:29:13	00:56:31	00:54:47	2768		V35	357	00:04:31	2305
2837	1092	Nuno Póvoa	00:28:29	00:56:31	00:56:10	3048		V35	358	00:04:53	3162
2838	5004	Marta Fonseca	00:28:31	00:56:32	00:55:33	2913		Senior	139	00:04:41	2686
2839	5374	Ricardo Gonçalves	00:31:53	00:56:32	00:50:35	1871		V35	359	00:04:25	2025
2840	7347	Celestino Fonseca	00:28:14	00:56:32	00:56:24	3096		V40	429	00:05:16	3958
2841	4173	Catia Simas	00:29:34	00:56:33	00:54:04	2586		Senior	140	00:04:34	2417
2842	8190	Rita Lopes	00:27:27	00:56:33	00:56:26	3106	GDCTINCM	V40	90	00:05:02	3486
2843	844	Vasco Santos	00:27:52	00:56:33	00:56:03	3021		V60	75	00:04:40	2647
2844	2582	Inês Machado	00:28:44	00:56:33	00:55:43	2951		V40	91	00:04:40	2653
2845	3597	Gonçalo Vieira	00:29:14	00:56:34	00:53:42	2522	N.A. PAPAGAIOS DE CASCAIS	Senior	495	00:04:54	3196
2846	8133	Marta Sousa	00:27:44	00:56:34	00:56:05	3031	CCD TRANQUILIDADE	V50	47	00:05:12	3837
2847	5090	Bruno Rubus	00:28:06	00:56:34	00:55:53	2984	Lisbon Panthers	V35	360	00:04:38	2587
2848	8118	Ana Rocha	00:27:13	00:56:34	00:56:20	3080		Senior	141	00:04:56	3259
2849	4200	Cláudia Semião	00:28:56	00:56:35	00:54:16	2629		Senior	142	00:04:51	3076
2850	4147	Carlos Lopes	00:28:56	00:56:35	00:54:15	2626		Senior	496	00:04:51	3074



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2851	7742	Nuno Lages	00:27:28	00:56:35	00:54:55	2795		V45	456	00:04:57	3322
2852	1662	Nuno Ribeiro	00:30:20	00:56:35	00:55:32	2909		V45	457	00:04:20	1810
2853	6759	Ricardo Azevedo	00:28:44	00:56:37	00:56:23	3089		V45	458	00:05:04	3588
2854	2949	Sandra Constantino	00:30:06	00:56:37	00:51:27	2037	Tálenos Team	V45	98	00:04:15	1626
2855	6329	Diogo Antão	00:29:33	00:56:37	00:52:45	2298		Senior	497	00:04:39	2592
2856	1193	António Faria	00:27:39	00:56:37	00:55:40	2939		V50	325	00:04:45	2855
2857	6758	Catarina Carvalheiro	00:28:45	00:56:37	00:55:51	2973		V35	59	00:04:44	2826
2858	569	Marta Rita	00:28:01	00:56:37	00:56:01	3009	GMCJamor	V45	99	00:04:46	2877
2859	919	Luis Afonso	00:28:46	00:56:38	00:55:38	2926		V55	167	00:04:43	2789
2860	3798	Vicente Pereira	00:29:51	00:56:38	00:53:13	2406		Senior	498	00:04:47	2914
2861	3391	Bruno Novera	00:27:43	00:56:38	00:56:36	3140		Senior	499	00:05:31	4441
2862	1938	Vasco Novera	00:27:43	00:56:38	00:56:36	3137		Senior	500	00:05:30	4420
2863	5098	Ana Roma	00:27:52	00:56:38	00:56:17	3067		V40	92	00:05:13	3880
2864	554	Wana Costa	00:27:08	00:56:39	00:56:29	3120		Senior	143	00:05:26	4288
2865	7457	Diogo Marques	00:30:01	00:56:39	00:51:41	2082		Senior	501	00:04:12	1501
2866	7099	João Rocha	00:29:05	00:56:39	00:55:48	2965		V40	430	00:04:43	2791
2867	5556	Ana Bárbara	00:29:39	00:56:40	00:53:25	2450		V35	60	00:04:41	2666
2868	4131	Tiago Oliveira	00:26:48	00:56:40	00:56:34	3131		Senior	502	00:04:48	2974
2869	4872	Nuno Oliveira	00:28:44	00:56:40	00:55:34	2918		Senior	503	00:04:39	2599



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2870	8215	Marco Clemente	00:31:51	00:56:40	00:53:00	2362	Cotas Running	V45	459	00:04:04	1174
2871	8553	Bruno Brito	00:28:54	00:56:41	00:55:16	2867		V45	460	00:05:20	4081
2872	2164	André Costa	00:31:43	00:56:41	00:49:57	1753		Senior	504	00:04:27	2119
2873	3054	Sidonia Alves	00:28:11	00:56:41	00:56:05	3027	Run&Win(e)	V35	61	00:04:57	3303
2874	1807	Jorge Costa	00:27:24	00:56:41	00:56:32	3124		V40	431	00:05:03	3543
2875	5704	Manuel Martins	00:26:19	00:56:42	00:56:29	3115	Bombeiros Voluntários de Montemor-o-Novo	Senior	505	00:05:18	4048
2876	5709	Isabel Santos	00:27:39	00:56:42	00:56:09	3045	Santos & Silva	V60	10	00:04:36	2500
2877	2574	Lina Rosário	00:27:59	00:56:42	00:56:02	3018		V35	62	00:04:54	3199
2878	5010	Vera Vicente	00:29:06	00:56:43	00:56:01	3011		V40	93	00:04:46	2890
2879	4326	Luís Silva	00:28:28	00:56:43	00:56:18	3071	Clube Vodafone	V50	326	00:04:31	2277
2880	7769	Bruno Mósca	00:30:19	00:56:44	00:54:57	2803		Senior	506	00:04:18	1735
2881	2750	Paulo Filipe	00:28:14	00:56:44	00:55:57	2994		V45	461	00:04:39	2608
2882	8104	Ricardo Pinho	00:28:53	00:56:44	00:55:38	2928		V45	462	00:04:58	3331
2883	4536	Fátima Lucas	00:28:13	00:56:44	00:55:59	3005	Associação Vale Grande	V45	100	00:04:39	2602
2884	6362	Sérgio Pereira	00:31:08	00:56:44	00:50:52	1927		V50	327	00:04:21	1850
2885	6361	Vanda Romão	00:31:09	00:56:44	00:50:52	1926		V50	48	00:04:20	1842
2886	2580	Hélder Barros	00:26:14	00:56:44	00:56:32	3125		V40	432	00:05:08	3741
2887	3618	Carla Silva	00:27:35	00:56:44	00:55:40	2940	IMASAMS	V45	101	00:04:50	3046
2888	5791	Alice Pais	00:28:13	00:56:44	00:56:20	3081	Manecas	V45	102	00:04:42	2746



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2889	1570	Carlos Freitas	00:27:04	00:56:44	00:56:38	3145	Aguenta 50	V50	328	00:05:20	4090
2890	418	Carlos Barroso	00:28:57	00:56:44	00:55:39	2934		V55	168	00:04:58	3341
2891	8657	Ricardo Valeriano	00:28:01	00:56:44	00:55:50	2971		Senior	507	00:04:39	2620
2892	5901	Helena Conceição	00:27:27	00:56:45	00:56:28	3114		V45	103	00:04:50	3051
2893	5833	José Antunes	00:28:24	00:56:45	00:56:29	3116		V65	36	00:04:55	3214
2894	2390	Raquel Abadia	00:29:06	00:56:45	00:55:58	3002	Correr em Évora	Senior	144	00:04:50	3039
2895	8353	Sofia Marques	00:28:33	00:56:46	00:55:25	2893		V45	104	00:04:48	2946
2896	68	Pedro Alves	00:27:49	00:56:46	00:56:22	3087		V35	361	00:04:55	3237
2897	48	Rui Duarte	00:28:20	00:56:46	00:56:27	3108		V35	362	00:04:47	2933
2898	7711	Pedro Rodrigues	00:27:56	00:56:46	00:56:19	3079	Tubarões do Asfalto	Junior	37	00:05:08	3717
2899	2938	Licinia Rego	00:27:37	00:56:46	00:56:24	3093	Grupo Recreativo e Desportivo da Ribeira da	V50	49	00:05:05	3615
2900	7710	Sergio Rodrigues	00:27:56	00:56:47	00:56:18	3069	Tubarões do Asfalto	V45	463	00:05:08	3716
2901	3236	Rita Patarras	00:28:18	00:56:47	00:56:16	3064	CrossBox The Bravery	Junior	13	00:04:43	2772
2902	5830	Nuno Ricardo	00:29:03	00:56:48	00:53:01	2364		V35	363	00:04:36	2501
2903	5109	Diogo Mendes	00:29:04	00:56:48	00:56:03	3022		Senior	508	00:04:43	2752
2904	596	Rodrigo Oliveira	00:29:30	00:56:49	00:55:21	2881	Limited Edition	Junior	38	00:04:33	2374
2905	7109	Olivier Durão	00:30:26	00:56:49	00:51:42	2091		V40	433	00:04:22	1906
2906	5638	Rui Silva	00:28:38	00:56:49	00:56:07	3036		V50	329	00:04:47	2908
2907	8666	Margarida Cruz	00:27:18	00:56:50	00:56:42	3160		Senior	145	00:05:08	3724



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2908	5607	André David	00:27:02	00:56:50	00:56:29	3117		Senior	509	00:05:13	3865
2909	5605	Hugo Antunes	00:27:02	00:56:50	00:56:28	3113		V35	364	00:05:13	3866
2910	8016	Isabel Bué	00:27:23	00:56:50	00:56:43	3169		V35	63	00:05:03	3558
2911	1240	Ana João	00:30:35	00:56:50	00:53:20	2433	Cross Velhotes e Cross Beauty´s	Senior	146	00:04:40	2640
2912	6492	Secundino Carvalho	00:28:39	00:56:51	00:55:52	2976		V35	365	00:04:56	3291
2913	3779	Mariana Elvas	00:27:05	00:56:51	00:56:29	3119		Senior	147	00:05:22	4169
2914	5957	Gonçalo Silva	00:27:38	00:56:51	00:55:58	3000		V40	434	00:05:09	3754
2915	6717	André Nova	00:29:48	00:56:51	00:53:00	2360		Senior	510	00:04:41	2675
2916	1591	Carlos Florência	00:28:47	00:56:52	00:56:21	3083		V35	366	00:04:48	2955
2917	1476	Rui Martins	00:28:09	00:56:52	00:55:57	2996		Senior	511	00:04:33	2376
2918	5068	Paulo Ferreira	00:26:38	00:56:52	00:56:50	3194		V45	464	00:05:22	4179
2919	1392	Pedro Coelho	00:28:17	00:56:52	00:54:50	2778	Tripulantes do Porta Aviões	Senior	512	00:04:49	3008
2920	1886	Vasco Mesquita	00:27:35	00:56:53	00:56:03	3020	ML Sports	V35	367	00:04:42	2734
2921	7454	Mário Tarouca	00:28:26	00:56:53	00:55:18	2874		Senior	513	00:04:55	3244
2922	3966	Rui Chapa	00:27:14	00:56:53	00:56:40	3153	Bombeiros Voluntários de Montemor-o-Novo	V40	435	00:05:06	3660
2923	3949	Abilio Catarro	00:27:13	00:56:53	00:56:52	3202	Bombeiros Voluntários de Montemor-o-Novo	V65	37	00:05:06	3661
2924	6603	Agostinho Ferreira	00:29:15	00:56:53	00:51:58	2145		V35	368	00:04:30	2259
2925	7077	Sónia Lopes	00:27:27	00:56:53	00:56:50	3197		V40	94	00:05:13	3895
2926	2672	Ricardo Coelho	00:31:03	00:56:54	00:52:41	2280		V40	436	00:04:20	1820



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2927	8754	Madalena Fonseca	00:31:44	00:56:54	00:51:21	2016		Senior	148	00:04:14	1564
2928	6831	João Ps	00:27:12	00:56:55	00:56:39	3150	FIDELIDADE GDC	Senior	514	00:05:00	3440
2929	2810	Nuno Guarda	00:28:23	00:56:55	00:55:40	2936	EST	V45	465	00:05:06	3657
2930	892	André Monteiro	00:28:24	00:56:56	00:56:35	3135		V35	369	00:04:39	2617
2931	4743	Maria Dorey	00:27:10	00:56:56	00:56:40	3155	FIDELIDADE GDC	Senior	149	00:05:01	3447
2932	3724	Maria Saraiva	00:29:30	00:56:56	00:53:46	2534		V40	95	00:04:43	2765
2933	4155	Laura Santos	00:28:47	00:56:57	00:56:11	3052		Senior	150	00:04:36	2492
2934	471	Cátia Lopes	00:27:35	00:56:57	00:56:51	3199		V35	64	00:04:53	3157
2935	4951	Célia Anacleto	00:28:32	00:56:57	00:56:05	3029		V40	96	00:04:43	2767
2936	5225	Miguel Dias	00:27:56	00:56:58	00:56:07	3035	Clube Novo Banco	V50	330	00:04:26	2100
2937	4617	Olga Mateus	00:27:33	00:56:58	00:56:44	3170		Senior	151	00:05:03	3536
2938	4358	Marcos Lourenço	00:27:33	00:56:58	00:56:44	3171		V35	370	00:05:03	3537
2939	884	Alexandra Dinis	00:27:55	00:56:59	00:56:53	3207		V40	97	00:04:21	1873
2940	3496	Helena Santos	00:28:39	00:56:59	00:56:16	3065	Correr Lisboa	V35	65	00:04:42	2741
2941	1842	Augusto Fernades	00:27:42	00:56:59	00:55:04	2831	Housemartins Belas	V55	169	00:04:37	2522
2942	1079	Miguel Caldas	00:28:13	00:56:59	00:56:48	3183		V55	170	00:04:40	2638
2943	1395	Joao Tomaz	00:27:56	00:57:00	00:56:07	3039		V45	466	00:04:53	3164
2944	7952	Maria Aguiar	00:27:38	00:57:00	00:56:53	3204		V55	18	00:05:01	3475
2945	2263	Rita Sousa	00:28:33	00:57:01	00:56:18	3073	FIDELIDADE GDC	V40	98	00:04:42	2733



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2946	4731	João Garcia	00:29:02	00:57:01	00:56:07	3034		Senior	515	00:05:04	3583
2947	2260	Pedro Abreu	00:28:34	00:57:01	00:56:18	3074	FIDELIDADE GDC	V40	437	00:04:42	2732
2948	6724	Frederico Batista	00:31:22	00:57:01	00:50:16	1805		V35	371	00:04:06	1285
2949	1256	Susana Evangelista	00:27:40	00:57:01	00:56:45	3175	CA VALE FIGUEIRA	V45	105	00:04:52	3106
2950	5195	Claudio Rocha	00:27:56	00:57:02	00:56:36	3138	Clube Novo Banco	V45	467	00:04:55	3217
2951	3960	Nuno Mota	00:28:11	00:57:02	00:56:56	3213	Bombeiros Voluntários de Montemor-o-Novo	V35	372	00:04:38	2573
2952	7399	Catarina Veloso	00:29:37	00:57:02	00:54:23	2668		V40	99	00:04:49	2984
2953	1744	Duarte Caldas	00:31:26	00:57:02	00:50:48	1907	Ases da Corrida	V45	468	00:04:22	1927
2954	6583	Rui Xavier	00:27:41	00:57:02	00:56:29	3118		V55	171	00:04:32	2341
2955	7442	Beatriz Figueiredo	00:27:04	00:57:03	00:56:48	3187		Senior	152	00:05:02	3481
2956	6796	Igor Batista	00:27:41	00:57:03	00:56:32	3123	Corredores da Adega	V35	373	00:05:10	3800
2957	2493	Jorge Moreira	00:28:19	00:57:03	00:56:19	3075		V55	172	00:04:54	3198
2958	5692	André Almeida	00:29:40	00:57:03	00:54:48	2775	MALM	Senior	516	00:04:24	2020
2959	6062	Sergio Florentino	00:26:32	00:57:03	00:56:47	3180	Strong team	V45	469	00:05:09	3756
2960	1229	Inês Gomes	00:28:02	00:57:05	00:56:58	3218	Javalis das Poças	Senior	153	00:04:50	3030
2961	4786	Miguel Pedro	00:29:22	00:57:05	00:54:22	2661	Mr Print	V45	470	00:04:46	2892
2962	4785	Lina Felício	00:29:23	00:57:05	00:54:22	2660	Mr Print	V45	106	00:04:46	2891
2963	2539	Ana Pato	00:29:48	00:57:06	00:54:41	2738	Tálenos Team	Senior	154	00:04:31	2281
2964	5577	Alberto Seabra	00:27:23	00:57:06	00:56:30	3122		V40	438	00:04:51	3064



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2965	6538	Gonçalo Oliveira	00:28:05	00:57:06	00:56:56	3215	GDCT Unicre	V55	173	00:04:47	2904
2966	7478	Carla Nascimento	00:28:01	00:57:06	00:56:41	3159		V40	100	00:04:56	3262
2967	1844	Tânia Azevedo	00:29:11	00:57:07	00:55:11	2851	Housemartins Belas	V40	101	00:04:43	2777
2968	8949	Carla Coelho	00:28:01	00:57:07	00:56:41	3158	Clube de Futebol "Os Belenenses"	V45	107	00:04:56	3264
2969	4944	Jorge Silva	00:28:30	00:57:07	00:56:11	3051		V35	374	00:04:47	2918
2970	106	Claudia Duarte	00:28:26	00:57:07	00:56:10	3047	Limited Edition	V40	102	00:04:45	2854
2971	8108	Maria Rodrigues	00:28:35	00:57:08	00:56:51	3198		Junior	14	00:04:45	2862
2972	8035	Gilberto Soares	00:32:08	00:57:08	00:55:08	2842		V35	375	00:04:34	2394
2973	5416	Sónia Costa	00:28:13	00:57:08	00:56:23	3090		V40	103	00:04:53	3139
2974	6891	Vasco Picamilho	00:27:24	00:57:08	00:56:43	3168		V40	439	00:05:11	3834
2975	2972	Alessandra Spagnol	00:28:11	00:57:09	00:56:48	3182		V45	108	00:05:05	3614
2976	2930	Henry Hantower	00:28:11	00:57:09	00:56:46	3178		V50	331	00:05:05	3613
2977	7757	Rodrigo Marecos	00:30:44	00:57:09	00:55:23	2888		Senior	517	00:04:26	2070
2978	4336	Sérgio Canário	00:26:55	00:57:09	00:56:23	3092		V45	471	00:05:09	3766
2979	1970	Fernando Gaspar	00:28:19	00:57:09	00:56:25	3099		V45	472	00:05:08	3738
2980	7286	Mario Mendes	00:29:30	00:57:09	00:56:21	3082	CLUBE MILLENNIUM BCP	V55	174	00:04:28	2191
2981	6107	Rui Souto	00:29:42	00:57:09	00:54:50	2777		V45	473	00:04:22	1939
2982	1823	Beatriz Sécio	00:28:12	00:57:10	00:56:33	3127		Senior	155	00:05:05	3622
2983	6379	Ernesto Monteiro	00:27:35	00:57:10	00:56:40	3154		V50	332	00:04:55	3213



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
2984	7083	Ângela Domingos	00:29:19	00:57:10	00:55:50	2969		V35	66	00:04:42	2719
2985	2415	Pedro Antunes	00:28:52	00:57:12	00:57:06	3236		V35	376	00:04:47	2929
2986	4605	Luciane Stenzel	00:28:17	00:57:13	00:56:58	3219		V45	109	00:05:03	3533
2987	2416	Diana Miguel	00:28:51	00:57:13	00:57:07	3242		Senior	156	00:04:48	2964
2988	514	Rui Farinha	00:29:38	00:57:13	00:56:04	3024		Senior	518	00:04:52	3108
2989	904	Joana Nunes	00:31:25	00:57:14	00:53:35	2497		Senior	157	00:04:21	1882
2990	901	Joao Nunes	00:31:26	00:57:14	00:53:36	2502		V50	333	00:04:21	1883
2991	1907	Sofia D.V.C.Morgado	00:27:33	00:57:14	00:56:37	3143	GM CJamor	V50	50	00:04:48	2966
2992	905	Mariana Nunes	00:31:25	00:57:14	00:53:36	2501		Senior	158	00:04:22	1913
2993	887	Elisabete Farinha	00:27:46	00:57:14	00:57:14	3265		V55	19	00:05:10	3784
2994	11	Susan Nelson	00:28:46	00:57:15	00:56:38	3147		V50	51	00:04:48	2960
2995	1262	João Xavier	00:27:18	00:57:15	00:57:13	3262	APOGMA	Senior	519	00:05:07	3704
2996	8245	Luis Fernandes	00:29:02	00:57:15	00:56:07	3032		V45	474	00:04:34	2386
2997	3797	Rita Gaspar	00:27:50	00:57:15	00:56:59	3221		V40	104	00:05:05	3605
2998	6537	Vítor Cid	00:28:48	00:57:16	00:56:12	3056	GDCT Unice	V45	475	00:04:47	2903
2999	7373	Lázaro Alexandre	00:30:31	00:57:16	00:54:28	2697	Os papa-as	Senior	520	00:04:35	2458
3000	7372	Pedro Germano	00:30:30	00:57:16	00:54:27	2694	Os papa-as	Senior	521	00:04:36	2470
3001	4776	Miguel Gualdino	00:32:39	00:57:16	00:49:29	1656	CORK TRAIL TEAM	Senior	522	00:04:12	1529
3002	4695	Eva	00:27:20	00:57:17	00:57:12	3258	Clube de Atletismo da Nazaré	V50	52	00:05:02	3504



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3003	3614	Luísa Ralha	00:28:45	00:57:18	00:56:12	3054	RUN 4 FUN	V60	11	00:04:45	2842
3004	8356	Fernando Blasco	00:27:33	00:57:18	00:57:11	3253		V40	440	00:05:19	4070
3005	3701	Pedro Gomes	00:29:32	00:57:18	00:56:28	3110		V35	377	00:04:31	2272
3006	8355	Vera Fernandes	00:27:34	00:57:18	00:57:12	3254		V35	67	00:05:20	4079
3007	2872	Mauro Gaspar	00:27:39	00:57:19	00:56:02	3017		V40	441	00:05:05	3618
3008	7748	Joao Choon	00:28:33	00:57:20	00:56:14	3060		V35	378	00:04:50	3022
3009	5889	Miguel Leal	00:25:52	00:57:20	00:57:06	3238		Senior	523	00:05:22	4173
3010	2252	Joao Sotomayor	00:27:35	00:57:21	00:56:53	3206		V60	76	00:04:46	2884
3011	9308	Nuno Delgado	00:27:22	00:57:21	00:56:46	3177		V45	476	00:06:52	5543
3012	87	Pedro Oliveira	00:28:20	00:57:21	00:57:07	3241		V40	442	00:05:02	3493
3013	4602	Tiago Delgado	00:27:53	00:57:21	00:56:42	3163		V45	477	00:05:33	4489
3014	5836	Tiago Pereira	00:27:52	00:57:21	00:56:43	3166		V35	379	00:05:34	4522
3015	6267	Nuno Amaro	00:28:52	00:57:22	00:56:50	3196		V50	334	00:04:50	3055
3016	4035	Paulo Canário	00:27:58	00:57:23	00:56:25	3097	B2PTRUNNING	V45	478	00:05:10	3791
3017	7389	Sergio Cruz	00:28:55	00:57:23	00:56:43	3167	GunsNRunners	Senior	524	00:04:32	2315
3018	600	António Duarte	00:27:22	00:57:23	00:57:18	3279	Clube do Stress	V55	175	00:04:58	3343
3019	3430	Silvio Dias	00:28:23	00:57:23	00:56:27	3109		V40	443	00:04:46	2898
3020	2160	Diana Serra	00:29:17	00:57:23	00:56:25	3098	Legend Runners	V35	68	00:05:05	3624
3021	7366	João Nunes	00:29:55	00:57:24	00:55:50	2970		V40	444	00:04:55	3246



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3022	1226	Francisco Macheta	00:28:46	00:57:24	00:56:25	3100	Limited Edition	V45	479	00:04:49	3009
3023	2548	Olivia Gaspar	00:28:47	00:57:24	00:56:26	3105		V50	53	00:04:49	3000
3024	1331	Paulo Salgado	00:27:52	00:57:25	00:57:21	3292	Amigos do Atletismo de Mafra	V45	480	00:04:57	3312
3025	5294	Ana Feijó	00:29:00	00:57:25	00:57:06	3239	SS CGD	V35	69	00:05:25	4244
3026	3743	Sérgio Filipe	00:28:15	00:57:26	00:56:54	3210		V50	335	00:04:45	2841
3027	1019	António Jorge	00:28:46	00:57:26	00:56:40	3152		V65	38	00:04:37	2538
3028	5583	Rui Graça	00:27:16	00:57:26	00:57:00	3222	Correr Lisboa	V50	336	00:05:11	3807
3029	6331	António Reis	00:27:56	00:57:26	00:57:22	3297	Amigos do Atletismo de Mafra	V65	39	00:04:58	3365
3030	8100	Sónia Branco	00:27:36	00:57:27	00:57:18	3282		V40	105	00:05:05	3638
3031	3353	Afonso Silva	00:28:35	00:57:28	00:56:30	3121	Amoedo	Senior	525	00:04:51	3070
3032	754	Sónia Neves	00:28:06	00:57:29	00:57:09	3247		V40	106	00:04:55	3240
3033	3824	Carla Neves	00:28:23	00:57:29	00:57:18	3278		V35	70	00:05:04	3585
3034	6625	Rui Ramalho	00:28:20	00:57:29	00:56:36	3139		Senior	526	00:04:51	3059
3035	6590	Nadine Eugénia	00:28:10	00:57:29	00:57:26	3306		Senior	159	00:04:47	2906
3036	3891	António Teixeira	00:28:53	00:57:30	00:56:50	3192		V45	481	00:04:52	3122
3037	1135	Sofia Simões	00:28:34	00:57:31	00:56:37	3144		V45	110	00:05:06	3645
3038	1402	José Figueiredo	00:28:24	00:57:31	00:56:26	3104		Senior	527	00:04:50	3034
3039	1319	Sara Rodrigues	00:33:05	00:57:31	00:51:00	1949	Smile	Senior	160	00:04:05	1234
3040	2605	Cristina Lavrador	00:27:41	00:57:32	00:57:17	3272	Run&Smile	V55	20	00:04:58	3355



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3041	1089	Paulo Lopes	00:27:41	00:57:32	00:57:16	3267		V45	482	00:04:58	3335
3042	3378	Alzira Pereira	00:27:59	00:57:33	00:57:33	3326		V55	21	00:05:02	3509
3043	4394	Orlando Sousa	00:28:02	00:57:34	00:57:28	3313	CCDTMetroLX	V55	176	00:04:59	3386
3044	8395	Floyd Widener	00:31:36	00:57:34	00:52:00	2157		V50	337	00:04:27	2139
3045	423	Maria Gonçalves	00:27:31	00:57:34	00:57:16	3268		V50	54	00:05:08	3731
3046	4121	Nuno Nascimento	00:29:13	00:57:34	00:55:33	2914		V45	483	00:05:10	3797
3047	7016	Ricardo Freire	00:26:54	00:57:35	00:57:12	3255	Henriques Freires	V35	380	00:05:02	3483
3048	4405	Joaquim Padeiro	00:27:46	00:57:35	00:57:20	3291		V45	484	00:05:05	3610
3049	1290	Pedro Ligeiro	00:29:29	00:57:35	00:57:00	3223	Checkmotor	V45	485	00:04:45	2851
3050	1632	Mirandolina Martins	00:27:27	00:57:36	00:57:19	3287	Puxa por ti	V45	111	00:04:40	2637
3051	6194	Maria Bernardo	00:29:08	00:57:36	00:55:15	2858	NewMe	Senior	161	00:04:54	3202
3052	6438	António Madeira	00:27:49	00:57:36	00:57:33	3327	Calça Ténis e põe-te a correr	V45	486	00:04:53	3136
3053	4974	Frederico Alves	00:28:42	00:57:36	00:56:25	3101		Senior	528	00:05:01	3446
3054	8933	Mariana Cabrita	00:28:35	00:57:36	00:57:21	3294		Junior	15	00:04:46	2867
3055	7486	Eliana Santos	00:27:57	00:57:36	00:57:19	3283	SLIM21	V35	71	00:05:18	4031
3056	7487	Marta Feio	00:27:57	00:57:37	00:57:21	3293	SLIM21	V35	72	00:05:18	4032
3057	4419	Tiago Rosa	00:29:12	00:57:38	00:57:13	3260	Os Rotos	V35	381	00:04:39	2601
3058	7819	Valter Lourenço	00:30:00	00:57:38	00:56:09	3044	Limited Edition	V35	382	00:04:17	1730
3059	6453	António Silva	00:29:33	00:57:38	00:56:33	3129		V50	338	00:04:45	2838



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3060	3455	Ana Gouveia	00:28:24	00:57:38	00:57:11	3251		V35	73	00:04:54	3206
3061	8706	Pedro Reis	00:34:47	00:57:38	00:46:58	1129		V50	339	00:03:47	618
3062	5346	Pedro Amado	00:30:30	00:57:38	00:54:28	2699		V45	487	00:04:24	2021
3063	6030	Helena Nunes	00:29:32	00:57:38	00:56:34	3132		V55	22	00:04:45	2837
3064	8182	Maria Borges	00:28:11	00:57:38	00:57:34	3328	SD Sports Team	Senior	162	00:04:55	3248
3065	5509	Rui Dias	00:29:59	00:57:39	00:55:17	2869	Runners for Heath Team	V50	340	00:05:03	3521
3066	264	Cláudia Franco	00:28:18	00:57:39	00:57:02	3225		Senior	163	00:04:49	3004
3067	3224	Joana	00:27:45	00:57:40	00:57:11	3252	CrossBox The Bravery	Senior	164	00:05:10	3788
3068	2856	José Araújo	00:26:30	00:57:41	00:57:33	3324	FIDELIDADE GDC	V50	341	00:05:36	4550
3069	356	Bruno Pinto	00:28:42	00:57:41	00:56:42	3162		V40	445	00:04:56	3266
3070	801	Luís Silva	00:27:55	00:57:41	00:57:31	3322		V55	177	00:04:49	3011
3071	3218	Dina Mota	00:28:52	00:57:42	00:57:11	3250	Associação de Atletismo Lebres do Sado	V50	55	00:04:44	2823
3072	1275	Filipa Pimenta	00:29:23	00:57:42	00:56:52	3201	Não dói Joca	Senior	165	00:04:40	2634
3073	74	Joao Venancio	00:28:48	00:57:42	00:56:33	3128		V50	342	00:05:12	3848
3074	159	José Finuras	00:27:57	00:57:42	00:57:37	3333		V50	343	00:05:01	3459
3075	160	Maria Magro	00:27:58	00:57:42	00:57:37	3334		V45	112	00:05:01	3460
3076	3219	Mafalda Nunes	00:28:52	00:57:43	00:57:10	3249	Associação de Atletismo Lebres do Sado	V50	56	00:04:45	2839
3077	7052	Eduardo Barreira	00:30:41	00:57:43	00:54:07	2593		Senior	529	00:04:35	2457
3078	586	Fernando Maia	00:27:36	00:57:43	00:56:35	3134	Cross Velhotes e Cross Beauty 's	V50	344	00:05:08	3732



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3079	4885	Mário Costa	00:28:00	00:57:43	00:57:29	3317		V60	77	00:05:02	3507
3080	4569	Ana Racha	00:27:40	00:57:43	00:57:41	3344	Correr em Évora	V50	57	00:05:12	3856
3081	5737	Luís Gonçalves	00:28:02	00:57:44	00:57:40	3339		Senior	530	00:05:17	3994
3082	3080	Matilde Lérias	00:28:16	00:57:44	00:57:19	3288		Senior	166	00:04:59	3385
3083	62	Sandra Batista	00:29:01	00:57:46	00:56:52	3200		V45	113	00:04:52	3110
3084	4047	Pedro Sequeira	00:28:29	00:57:46	00:57:27	3310		V40	446	00:05:03	3527
3085	4338	Rui Morgado	00:27:47	00:57:47	00:57:36	3332		V55	178	00:04:59	3378
3086	2105	Nuno Rodrigues	00:26:49	00:57:47	00:57:30	3318	CruzDePauFeito	V45	488	00:05:13	3884
3087	833	Jorge Costa	00:27:48	00:57:47	00:57:41	3342		Senior	531	00:05:02	3491
3088	8980	Ricardo Baldaia	00:31:40	00:57:48	00:51:36	2069		V35	383	00:04:27	2148
3089	1284	Mario Marques	00:27:50	00:57:48	00:56:42	3161	Cross Velhotes e Cross Beauty´s	V40	447	00:04:44	2807
3090	3346	Filipe Fernandes	00:32:47	00:57:48	00:49:04	1575	Filipe e Xana	V40	448	00:04:08	1375
3091	3929	Alexandra Pinto	00:28:10	00:57:49	00:57:44	3349	Grupo Recreativo e Desportivo da Ribeira da	V40	107	00:05:07	3683
3092	492	Rui Soares	00:28:31	00:57:49	00:56:44	3173		V40	449	00:05:07	3700
3093	4095	Francisco Semião	00:34:27	00:57:50	00:47:48	1307		V50	345	00:03:53	782
3094	2895	José Manuel	00:29:42	00:57:51	00:56:01	3010		V45	489	00:04:51	3078
3095	5271	Adelina Brum	00:28:43	00:57:52	00:57:28	3312		V50	58	00:04:57	3299
3096	5682	Carlos Cagica	00:27:53	00:57:52	00:57:19	3290	CCD Siemens	V55	179	00:05:06	3674
3097	1409	Diogo Felicio	00:28:55	00:57:52	00:55:04	2830		Senior	532	00:05:27	4336



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3098	2587	Paulo Marques	00:28:00	00:57:52	00:57:36	3331		V55	180	00:04:57	3301
3099	5275	Pedro Luis	00:28:22	00:57:52	00:57:04	3231		Senior	533	00:05:10	3805
3100	403	Nuno Baptista	00:28:03	00:57:53	00:57:13	3263		V45	490	00:05:06	3650
3101	3650	Juliana Costa	00:27:56	00:57:53	00:57:24	3302	It's all about sushi!	Senior	167	00:04:55	3219
3102	7445	Gonçalo Silva	00:29:06	00:57:53	00:57:09	3246		Senior	534	00:04:46	2865
3103	1642	Renato Gandini	00:27:07	00:57:54	00:57:38	3336		V45	491	00:04:55	3230
3104	3637	Joao Costa	00:32:30	00:57:54	00:52:01	2160	Classe_Pura	V35	384	00:04:23	1955
3105	7731	Sandra Cruz	00:29:18	00:57:54	00:56:24	3095	PoweredBySofrimento	V40	108	00:04:58	3325
3106	7730	Ana Carrelha	00:29:19	00:57:54	00:56:24	3094	PoweredBySofrimento	V40	109	00:04:58	3324
3107	2040	Mariana Naia	00:29:30	00:57:54	00:57:01	3224		Junior	16	00:04:50	3036
3108	3432	Carolina Lemos	00:30:25	00:57:55	00:55:00	2810		Senior	168	00:04:54	3207
3109	8254	Pedro Filipe	00:28:00	00:57:55	00:57:46	3359		V45	492	00:04:55	3255
3110	4167	Joel Reis	00:31:47	00:57:55	00:52:37	2269		V45	493	00:04:30	2253
3111	8020	Cândida Loios	00:28:14	00:57:55	00:57:35	3329		V50	59	00:04:50	3025
3112	414	Márcia Aguiar	00:30:38	00:57:56	00:52:48	2312		V45	114	00:04:34	2409
3113	5467	Amílcar Monteiro	00:28:34	00:57:56	00:57:03	3229		V65	40	00:04:47	2911
3114	1599	Adam Cuenca	00:28:23	00:57:57	00:55:54	2987		V35	385	00:05:21	4129
3115	5410	Clara Ferreira	00:28:21	00:57:57	00:57:49	3369		V55	23	00:04:58	3362
3116	1217	Paulo Serrano	00:29:05	00:57:57	00:57:14	3266		V50	346	00:05:02	3488



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3117	8468	Susana Marques	00:28:03	00:57:58	00:57:50	3373	CUA Benaventense	V35	74	00:05:04	3567
3118	5852	João Palmeiro	00:28:55	00:57:58	00:57:17	3275		Senior	535	00:04:58	3364
3119	6910	Vasco Peres	00:29:24	00:57:58	00:57:03	3228		V40	450	00:04:49	3013
3120	715	Gonçalo Lourenço	00:30:53	00:57:58	00:55:25	2892	Limited Edition	Senior	536	00:04:25	2050
3121	1468	Ligia Reis	00:28:55	00:57:58	00:57:52	3377	MASTERS RUNNERS	V50	60	00:04:54	3190
3122	5611	Ana Nunes	00:28:17	00:57:58	00:57:18	3276	SIMECQ	V50	61	00:04:59	3374
3123	2471	Gilberto Pinto	00:28:44	00:57:59	00:57:45	3355		V50	347	00:05:04	3578
3124	3068	Nadine Pina	00:29:06	00:57:59	00:57:24	3301	Strong team	V40	110	00:04:47	2921
3125	7580	Célia Spínola	00:29:17	00:58:00	00:56:45	3176		Senior	169	00:05:02	3480
3126	5071	Luis Chaby	00:29:11	00:58:01	00:56:48	3185		V45	494	00:04:56	3285
3127	2057	Gonçalo Freitas	00:28:54	00:58:01	00:57:12	3257		V40	451	00:04:54	3194
3128	481	Gonçalo Jorge	00:28:34	00:58:01	00:56:54	3208	Uma família ultra moderna	V35	386	00:05:20	4087
3129	2564	Filipa Bravo	00:29:41	00:58:02	00:56:49	3189		V35	75	00:04:47	2924
3130	6403	Laura Deignan	00:31:42	00:58:02	00:52:37	2270		Senior	170	00:04:24	2018
3131	2421	Nuno Oliveira	00:27:11	00:58:02	00:57:56	3389		V45	495	00:05:08	3736
3132	5348	Paula Almeida	00:28:13	00:58:03	00:57:56	3385	Correr Lisboa	V50	62	00:05:06	3675
3133	3542	José Próspero	00:32:04	00:58:04	00:52:13	2206		Senior	537	00:04:51	3072
3134	5800	Mathis Mencucci	00:28:21	00:58:04	00:56:46	3179	TEAM MENCUCCI	Junior	39	00:06:20	5248
3135	7134	Helder Eleutério	00:29:50	00:58:04	00:54:23	2670		Senior	538	00:04:38	2550



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3136	100	Carolina Costa	00:28:47	00:58:04	00:57:35	3330		Senior	171	00:05:05	3628
3137	6579	Bethany Gum	00:28:38	00:58:05	00:58:04	3408		Senior	172	00:04:48	2979
3138	5799	Sandra Mencucci	00:28:09	00:58:05	00:56:48	3184	TEAM MENCUCCI	V45	115	00:06:21	5263
3139	7337	Luis Ferreira	00:29:24	00:58:05	00:55:41	2945	Azeiteiros	V45	496	00:04:47	2907
3140	3728	Ricardo Baptista	00:28:36	00:58:05	00:57:57	3392		V40	452	00:04:55	3220
3141	2095	Miguel Palma	00:34:09	00:58:06	00:48:50	1520	CNOCA	Senior	539	00:04:08	1367
3142	7941	Pedro Augusto	00:29:19	00:58:06	00:56:53	3205		Senior	540	00:04:37	2546
3143	2314	Paula Serra	00:27:54	00:58:07	00:58:07	3420		V50	63	00:05:08	3735
3144	8457	Maria Pina	00:29:28	00:58:07	00:57:05	3235	CLUBE TAP PORTUGAL	V50	64	00:04:52	3100
3145	3153	André Alves	00:29:01	00:58:07	00:56:58	3217		Senior	541	00:04:32	2333
3146	3490	Tiago Coelho	00:27:35	00:58:07	00:57:23	3299		Senior	542	00:05:33	4486
3147	3706	Mariana Grade	00:29:31	00:58:08	00:57:27	3309	Agualva Runners	V55	24	00:04:49	2988
3148	1568	Francisco Januário	00:27:19	00:58:08	00:58:01	3404	Aguenta 50	V50	348	00:05:46	4745
3149	5533	Daniel Pimentel	00:32:47	00:58:08	00:54:33	2716		V35	387	00:04:06	1292
3150	8099	Luís Raposo	00:32:47	00:58:08	00:54:32	2711		V35	388	00:04:06	1253
3151	2077	João Catarino	00:27:54	00:58:09	00:58:02	3405	Serviços Sociais Montepio	V55	181	00:04:35	2446
3152	1522	Lucio Monteiro	00:28:32	00:58:09	00:57:49	3371		V40	453	00:05:10	3783
3153	732	Afonso Pino	00:29:29	00:58:10	00:57:25	3304		V45	497	00:04:48	2963
3154	4844	Isabel Pina	00:29:04	00:58:10	00:56:54	3211		Senior	173	00:05:03	3535



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3155	6308	Diogo Silva	00:29:54	00:58:12	00:57:54	3382	Agarra o Davidão	Senior	543	00:04:45	2836
3156	6311	Pedro Simões	00:29:54	00:58:12	00:57:54	3381	Agarra o Davidão	Senior	544	00:04:46	2900
3157	7234	Fernando Adrega	00:29:30	00:58:12	00:57:24	3303	CLUBE MILLENNIUM BCP	V45	498	00:04:52	3128
3158	6775	César Correia	00:29:58	00:58:12	00:57:40	3338		V45	499	00:04:43	2760
3159	6776	Liliana Caeiro	00:29:57	00:58:12	00:57:41	3343		V40	111	00:04:43	2761
3160	3061	Anabela Reis	00:28:08	00:58:12	00:57:57	3391	Strong team	V50	65	00:05:00	3428
3161	5396	Filipa Cardoso	00:29:19	00:58:13	00:58:07	3419		V40	112	00:04:51	3067
3162	5192	Catia Soares	00:29:14	00:58:13	00:57:57	3393	Clube Novo Banco	V35	76	00:04:49	2986
3163	3652	Rodrigo Silvestre	00:29:24	00:58:13	00:57:45	3351	It's all about sushi!	V40	454	00:04:47	2916
3164	5303	João Correia	00:28:12	00:58:14	00:57:51	3376	SS CGD	V60	78	00:04:56	3286
3165	8750	Mariana Fonseca	00:31:43	00:58:14	00:52:41	2278		V50	66	00:04:38	2556
3166	3155	Luisa Rebordão	00:28:49	00:58:14	00:57:32	3323	Correr Lisboa	Senior	174	00:05:04	3581
3167	8448	António Ribeiro	00:28:19	00:58:15	00:57:50	3374	CLUBE TAP PORTUGAL	V55	182	00:05:12	3838
3168	8713	Ricardo Santos	00:28:08	00:58:15	00:57:07	3243		V35	389	00:04:59	3402
3169	1385	Rute Dias	00:28:49	00:58:16	00:57:33	3325		V45	116	00:05:05	3634
3170	8127	Paulo Ferreira	00:29:01	00:58:17	00:57:57	3394	Federação da Família para a Paz Mundial e	V40	455	00:05:10	3780
3171	3570	Sérgio Almeida	00:28:47	00:58:17	00:56:50	3193	MTB Pé-leve Bacelinho	V40	456	00:04:51	3071
3172	4607	João Oliveira	00:27:52	00:58:19	00:58:08	3427		V60	79	00:05:13	3878
3173	4816	Ana Magalhães	00:29:00	00:58:19	00:57:17	3273	Correr Lisboa	V35	77	00:04:53	3147



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3174	6011	Manuel Berger	00:30:13	00:58:20	00:53:18	2428		Senior	545	00:04:28	2189
3175	3340	Adalberto Grilo	00:28:33	00:58:20	00:58:02	3406	RUN 4 FUN	V60	80	00:05:07	3688
3176	8700	Anabela Assunção	00:28:57	00:58:20	00:57:16	3269		V45	117	00:04:49	3012
3177	8984	Ágnes Koppányi	00:29:02	00:58:21	00:57:48	3367	RunTejo	V35	78	00:05:04	3568
3178	8859	Ross Buddie	00:32:45	00:58:21	00:53:08	2393		V40	457	00:04:14	1565
3179	3737	Carla Pereira	00:28:55	00:58:21	00:57:58	3397		V45	118	00:04:50	3045
3180	2251	Miguel Rodrigues	00:32:06	00:58:21	00:53:28	2465		V35	390	00:04:44	2810
3181	3486	João Soares	00:31:22	00:58:22	00:55:23	2885		Senior	546	00:04:31	2270
3182	2022	Daniela Pinote	00:32:06	00:58:22	00:53:28	2464		Senior	175	00:04:43	2780
3183	8206	Isabel Ferreira	00:28:29	00:58:22	00:58:20	3473		V45	119	00:05:02	3485
3184	7614	Filipe Henrique	00:30:48	00:58:23	00:53:20	2436	CAPenafirme	V45	500	00:04:37	2542
3185	5859	Mário Vieira	00:31:01	00:58:23	00:54:40	2735		V40	458	00:04:35	2436
3186	5928	Bruno Correia	00:28:24	00:58:23	00:57:46	3357		V45	501	00:05:23	4183
3187	8136	João Marques	00:31:06	00:58:23	00:51:47	2107	CCD TRANQUILIDADE	V45	502	00:04:33	2383
3188	3354	Francisco Silva	00:29:57	00:58:24	00:57:23	3298	Amoedo	Senior	547	00:04:50	3047
3189	148	Isabel Pisco	00:29:43	00:58:25	00:57:19	3286		V50	67	00:04:48	2958
3190	2126	Maria Poeiras	00:28:06	00:58:26	00:58:05	3410		V55	25	00:05:05	3623
3191	71	Pedro Mariano	00:29:43	00:58:26	00:57:18	3280		Senior	548	00:04:48	2959
3192	28	Rita Pisco	00:29:42	00:58:26	00:57:19	3285		Senior	176	00:04:48	2957



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CLASSIFICAÇÃO '21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3193	843	João Lopes	00:31:46	00:58:26	00:53:09	2396		Senior	549	00:04:38	2563
3194	516	Carlos Lopes	00:27:22	00:58:26	00:57:58	3398		V40	459	00:05:08	3730
3195	4985	Paulo Veríssimo	00:29:32	00:58:26	00:57:22	3296		V55	183	00:04:51	3075
3196	5326	Cristiana Reis	00:28:39	00:58:27	00:58:07	3418	SS CGD	V40	113	00:05:08	3749
3197	5713	Filipe Gonçalves	00:27:36	00:58:27	00:58:20	3471		V50	349	00:05:25	4242
3198	4888	Carlos Simao	00:28:17	00:58:27	00:58:15	3448		V45	503	00:05:08	3743
3199	924	Bruno Oliveira	00:29:35	00:58:29	00:58:06	3411	Limited Edition	V40	460	00:04:41	2696
3200	4062	João Gaspar	00:27:51	00:58:29	00:58:06	3414		V55	184	00:05:11	3815
3201	6570	Patrícia Méha	00:29:17	00:58:29	00:56:19	3077	Méhas	V35	79	00:04:47	2905
3202	4019	Elisabete Carvalho	00:28:55	00:58:29	00:58:24	3482	MASTERS RUNNERS	V45	120	00:04:59	3382
3203	608	Rita Rodrigues	00:29:36	00:58:30	00:58:06	3413	Limited Edition	V35	80	00:04:41	2698
3204	6023	Nuno Costa	00:28:08	00:58:30	00:58:25	3486		V40	461	00:05:16	3988
3205	281	Tiago Gomes	00:30:33	00:58:30	00:55:37	2922		Senior	550	00:04:26	2079
3206	3246	Alois Moreau	00:29:16	00:58:31	00:58:17	3460		Senior	551	00:04:51	3068
3207	3247	Camille Hoyois	00:29:17	00:58:31	00:58:18	3462		Senior	177	00:04:51	3069
3208	8077	Pedro Galguinho	00:28:39	00:58:31	00:57:49	3368	CDCR dos CTT	V50	350	00:04:57	3323
3209	837	Susana Libério	00:28:11	00:58:33	00:58:30	3505		V50	68	00:05:25	4271
3210	5659	Hugo Lopes	00:29:44	00:58:33	00:56:18	3072	MALM	V35	391	00:04:47	2909
3211	4049	Isabel Rodrigues	00:28:56	00:58:34	00:57:59	3401		V55	26	00:05:04	3584



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3212	4557	Rogério Ciríaco	00:30:07	00:58:35	00:56:02	3015	Lebres das Nações	V45	504	00:04:45	2845
3213	4554	João Aires	00:29:25	00:58:35	00:55:39	2930	Lebres das Nações	Senior	552	00:05:01	3452
3214	1376	João Carreiras	00:28:59	00:58:35	00:57:58	3399		V65	41	00:05:00	3412
3215	3883	Bruno Lucio	00:28:00	00:58:36	00:57:43	3347		V45	505	00:05:25	4257
3216	6930	Rui Henriques	00:28:00	00:58:36	00:57:18	3281		Senior	553	00:04:51	3091
3217	647	Paulo Sousa	00:29:25	00:58:37	00:57:23	3300	GDCTINCM	V45	506	00:04:37	2532
3218	6439	Ruben Madeira	00:27:50	00:58:37	00:58:34	3512	Calça Ténis e põe-te a correr	Senior	554	00:05:08	3746
3219	3580	Vera Bangy	00:29:34	00:58:37	00:58:24	3484	GDC Banco de Portugal	V35	81	00:04:48	2969
3220	2212	José Xavier	00:28:32	00:58:37	00:58:10	3429		V35	392	00:05:14	3911
3221	2214	Lara Rodrigues	00:28:33	00:58:37	00:58:11	3433		V35	82	00:05:13	3882
3222	6716	João Dias	00:27:48	00:58:39	00:57:47	3361		Senior	555	00:04:56	3292
3223	3629	Emanuela Cammardella	00:29:21	00:58:39	00:56:22	3086	BTM TEAM	Senior	178	00:04:59	3388
3224	3264	José Pires	00:28:34	00:58:39	00:58:30	3506	Link	V45	507	00:04:53	3141
3225	6861	Ricardo Maia	00:30:12	00:58:39	00:57:40	3341		Senior	556	00:05:32	4458
3226	6441	Nelson Madeira	00:29:20	00:58:40	00:55:58	3001	GDC Banco de Portugal	Senior	557	00:05:02	3517
3227	1414	Diogo Ramos	00:29:39	00:58:40	00:56:16	3063		V40	462	00:04:51	3087
3228	8184	Patricia Gaspar	00:28:41	00:58:40	00:58:14	3443	GDCTINCM	V40	114	00:05:07	3708
3229	1932	José Alves	00:28:01	00:58:41	00:57:59	3400		V60	81	00:05:16	3973
3230	3756	Carolina Marquês	00:31:54	00:58:42	00:53:14	2410		Senior	179	00:04:46	2894



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3231	3344	Graciete Pires	00:28:30	00:58:43	00:58:42	3536	Aminata Évora Clube de Natação	V55	27	00:05:11	3812
3232	8314	João Leitão	00:31:43	00:58:43	00:52:51	2332	Corrida Noturna Parque das Nações	V35	393	00:04:40	2628
3233	839	Raquel Coelho	00:28:57	00:58:44	00:58:36	3521		V40	115	00:04:45	2856
3234	7887	Pedro Santos	00:30:10	00:58:44	00:55:54	2988		V40	463	00:05:01	3467
3235	4313	Carlos Cabral	00:29:06	00:58:44	00:58:15	3447	BRRnightRUNNERS	V45	508	00:05:02	3505
3236	8524	Lija Correia	00:30:48	00:58:44	00:54:42	2743	Off Limits CrossFit	V50	69	00:04:52	3099
3237	4572	António Silva	00:29:44	00:58:44	00:58:17	3459	CC Ageas Portugal	V45	509	00:05:01	3451
3238	4582	Vanda Sequeira	00:29:44	00:58:45	00:58:19	3469	CC Ageas Portugal	V45	121	00:05:01	3450
3239	5327	Susana Jesus	00:28:01	00:58:46	00:58:39	3528	SS CGD	V45	122	00:05:21	4108
3240	2148	Cinara Susano	00:29:18	00:58:46	00:57:47	3362	Legend Runners	Senior	180	00:05:07	3693
3241	807	Giliard Rodrigues	00:29:36	00:58:46	00:58:15	3450		V40	464	00:04:45	2857
3242	2655	Joana Gonçalves	00:29:45	00:58:47	00:58:20	3472		V35	83	00:04:53	3154
3243	5687	Marco Lopes	00:27:32	00:58:47	00:58:35	3519	CCD Siemens	V40	465	00:05:15	3937
3244	2287	Sofia Lopes	00:29:00	00:58:47	00:58:22	3475		V40	116	00:05:09	3773
3245	8719	Divany Sá	00:31:53	00:58:47	00:53:32	2480		V40	117	00:04:32	2308
3246	3016	Sergio Campos	00:29:27	00:58:49	00:58:11	3434		V50	351	00:04:48	2970
3247	6153	Dave Pearce	00:28:00	00:58:49	00:58:06	3415		V60	82	00:04:57	3294
3248	624	Artur Santos	00:27:50	00:58:49	00:58:17	3458	Hard Running Team Arruda dos Vinhos	V35	394	00:05:08	3734
3249	1972	João Ganho	00:27:51	00:58:50	00:58:17	3455		V50	352	00:05:07	3691



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3250	6410	Cláudia Dias	00:28:24	00:58:50	00:57:39	3337		Senior	181	00:05:02	3516
3251	3852	Leila Lopes	00:28:38	00:58:50	00:58:43	3543		V35	84	00:05:06	3669
3252	278	André Costa	00:30:05	00:58:51	00:56:44	3172		Senior	558	00:05:07	3698
3253	7122	Francisco Prazeres	00:27:59	00:58:51	00:58:40	3533		V45	510	00:05:32	4456
3254	3443	Carlos Antunes	00:30:44	00:58:51	00:56:22	3088		Senior	559	00:04:41	2682
3255	6672	Jose Dengue	00:28:22	00:58:52	00:56:28	3112		Junior	40	00:04:53	3133
3256	3032	Diogo Alvim	00:30:21	00:58:52	00:58:18	3463		V45	511	00:04:57	3304
3257	7650	José Nunes	00:34:45	00:58:53	00:48:13	1385		V50	353	00:03:57	964
3258	809	Neli Barreiros	00:29:04	00:58:53	00:58:43	3541		V45	123	00:05:07	3701
3259	4238	Samuel Reis	00:28:25	00:58:53	00:56:48	3186		Senior	560	00:05:16	3980
3260	725	Vanda Martins	00:29:02	00:58:54	00:57:50	3372		V40	118	00:04:54	3191
3261	3419	João Gomes	00:29:50	00:58:54	00:58:19	3466		Senior	561	00:05:00	3434
3262	3498	Andreia Madeira	00:29:49	00:58:54	00:58:19	3467		Senior	182	00:05:00	3436
3263	1484	Aníbal Nogueira	00:30:33	00:58:55	00:57:53	3380		V60	83	00:04:42	2724
3264	8846	Paulo Gaspar	00:29:47	00:58:55	00:57:51	3375		Senior	562	00:04:44	2802
3265	1896	Maria Belacorça	00:29:39	00:58:56	00:57:56	3388	Insane Évora Team	Senior	183	00:05:04	3576
3266	1814	Ana Madeira	00:28:25	00:58:56	00:58:50	3555		V40	119	00:05:21	4125
3267	3732	Maria Silva	00:28:45	00:58:56	00:57:49	3370		V60	12	00:04:55	3221
3268	3176	Mariana Botelho	00:29:39	00:58:56	00:56:47	3181		Senior	184	00:05:06	3659



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3269	9300	Miguel Gaspar	00:28:06	00:58:57	00:58:44	3546		V40	466	00:04:52	3105
3270	523	Elsa Alves	00:29:15	00:58:57	00:58:56	3578		V35	85	00:04:56	3267
3271	5717	Elsa Nunes	00:28:33	00:58:57	00:58:08	3426		V45	124	00:05:09	3752
3272	157	Raquel Pereira	00:29:14	00:58:57	00:58:43	3539		Senior	185	00:05:06	3651
3273	94	Paulo Viana	00:29:13	00:58:58	00:58:43	3540		V50	354	00:05:06	3652
3274	7756	Tiago Marques	00:29:35	00:58:58	00:57:18	3277		V35	395	00:05:01	3442
3275	1830	Paula Neto	00:28:42	00:58:58	00:58:38	3525		V55	28	00:04:55	3235
3276	1479	Carlos Teófilo	00:28:12	00:58:58	00:58:50	3556		V45	512	00:05:11	3825
3277	6854	Duarte Veloso	00:29:20	00:58:58	00:58:26	3490	Convictus	Senior	563	00:04:57	3318
3278	3525	António Carapuça	00:28:49	00:58:58	00:58:44	3544		V60	84	00:05:10	3796
3279	1613	Pedro Igreja	00:27:51	00:58:58	00:58:10	3430		V40	467	00:05:24	4219
3280	2540	Paula Cachola	00:30:09	00:58:59	00:56:35	3136	Tálenos Team	V50	70	00:04:58	3356
3281	2524	Ricardo Vaz	00:33:55	00:58:59	00:51:56	2134		V35	396	00:04:22	1924
3282	6449	Sonia Lima	00:29:11	00:58:59	00:58:51	3562		V60	13	00:04:55	3212
3283	219	Luis Lourenço	00:28:56	00:59:00	00:58:45	3548		V45	513	00:04:58	3347
3284	4797	Bárbara Neves	00:28:39	00:59:00	00:58:58	3589	Ou Vai ou Racha	V35	86	00:05:03	3528
3285	6886	Maria Custódio	00:28:32	00:59:00	00:58:54	3574		V45	125	00:05:18	4045
3286	1253	Andreina Silva	00:30:36	00:59:00	00:57:56	3387	Fortíssimos	Senior	186	00:05:11	3824
3287	8563	Rita Cravo	00:28:17	00:59:00	00:58:27	3495		V45	126	00:05:13	3896



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3288	7550	Ricardo Viana	00:29:04	00:59:00	00:57:56	3384		Senior	564	00:05:17	4017
3289	2086	Teresa Quaresma	00:28:59	00:59:00	00:58:45	3549	Serviços Sociais Montepio	V45	127	00:04:58	3351
3290	5642	Miguel Vinagre	00:28:20	00:59:01	00:58:42	3537		V45	514	00:05:07	3678
3291	4865	Carla Domingos	00:28:20	00:59:02	00:58:41	3535		V40	120	00:05:07	3685
3292	5690	Vitor Teixeira	00:27:58	00:59:02	00:58:30	3507	CCD Siemens	V55	185	00:05:07	3677
3293	7113	Davide Miranda	00:28:31	00:59:03	00:58:24	3480		V40	468	00:05:32	4457
3294	5169	José Marques	00:29:49	00:59:03	00:58:27	3493		V70	1	00:04:50	3049
3295	3069	Sandra Cabaço	00:29:05	00:59:04	00:58:29	3499	Strong team	V45	128	00:04:54	3197
3296	1978	Sandra Gonçalves	00:28:31	00:59:04	00:58:56	3580		V40	121	00:04:55	3236
3297	7540	Dulce Gonçalves	00:31:12	00:59:04	00:55:21	2882		Senior	187	00:04:45	2859
3298	6159	João Pedro	00:30:05	00:59:05	00:58:32	3510		V45	515	00:04:43	2757
3299	616	Carla Carvalho	00:29:13	00:59:05	00:58:06	3412	GMCJamor	V45	129	00:05:06	3649
3300	4368	Jorge Teixeira	00:34:37	00:59:05	00:48:04	1362		V45	516	00:04:15	1619
3301	6358	Luis Abrunhosa	00:27:31	00:59:06	00:59:03	3603		V50	355	00:05:16	3989
3302	5062	Paulo Salgado	00:30:33	00:59:06	00:58:10	3428		V45	517	00:04:47	2910
3303	2196	Marta Martins	00:29:06	00:59:07	00:57:47	3363	Crossfit Tejo	V40	122	00:05:11	3823
3304	3352	Carlos Silva	00:31:37	00:59:07	00:53:36	2499	Amoedo	V50	356	00:04:31	2271
3305	6494	Paulo Nunes	00:30:22	00:59:07	00:58:19	3470		V35	397	00:04:42	2744
3306	6559	Filipa Pedro	00:29:36	00:59:07	00:58:14	3444		Senior	188	00:04:52	3131



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3307	8793	João Ferreira	00:28:18	00:59:08	00:58:36	3522		V45	518	00:05:42	4653
3308	3720	Maria Cotrim	00:28:37	00:59:08	00:58:52	3565		Senior	189	00:05:52	4861
3309	822	Nuno Guerra	00:31:11	00:59:08	00:56:11	3050		V45	519	00:04:43	2788
3310	959	João Canuto	00:29:57	00:59:08	00:56:38	3146	GARLIC RUNNERS	V35	398	00:04:50	3029
3311	1549	Sofia Jesus	00:28:22	00:59:09	00:58:55	3577		V40	123	00:05:04	3571
3312	5518	Rosa Dias	00:29:11	00:59:09	00:59:00	3594		V50	71	00:05:04	3591
3313	472	Marisa Rianço	00:30:00	00:59:09	00:58:04	3407	Montes Saloios Trail Team	V40	124	00:04:43	2784
3314	9278	Vitor Luis	00:30:16	00:59:10	00:56:18	3070		V45	520	00:04:51	3089
3315	2316	Paulo Cabaço	00:29:42	00:59:10	00:58:17	3456		V50	357	00:05:07	3692
3316	4204	João Bernardino	00:29:37	00:59:10	00:58:26	3492		V45	521	00:05:00	3432
3317	3892	Tomoe Hayase	00:30:52	00:59:11	00:56:17	3066		Senior	190	00:05:25	4256
3318	4123	Sebastião Andrade	00:27:29	00:59:12	00:58:24	3481		Junior	41	00:04:36	2493
3319	4917	Paula Luís	00:29:18	00:59:12	00:59:02	3599	Be Running	V35	87	00:05:05	3608
3320	3691	Ricardo Vaz	00:27:59	00:59:12	00:58:49	3553		V40	469	00:05:05	3606
3321	3548	Joana Peralta	00:28:42	00:59:12	00:58:19	3468	RunLovers	V45	130	00:05:24	4230
3322	1778	Tânia Lourenço	00:30:07	00:59:14	00:58:15	3451		Senior	191	00:05:12	3851
3323	8419	Vera Gomes	00:28:39	00:59:14	00:59:07	3611		V35	88	00:05:23	4206
3324	1185	António Ventura	00:27:40	00:59:14	00:59:07	3612		V50	358	00:05:00	3416
3325	5966	Natacha Balata	00:30:12	00:59:14	00:58:33	3511		V40	125	00:04:50	3056



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3326	1839	Pedro Lourenço	00:29:46	00:59:14	00:57:19	3289	Housemartins Belas	V45	522	00:05:00	3420
3327	8421	Jorge Modesto	00:28:39	00:59:15	00:59:08	3616		V45	523	00:05:24	4212
3328	7656	David Almas	00:29:50	00:59:15	00:58:10	3431	BI4ALL	Senior	565	00:05:10	3781
3329	5521	Sérgio Ladeira	00:29:36	00:59:15	00:58:26	3491		V35	399	00:05:39	4603
3330	6188	Ricardo Ferreira	00:28:15	00:59:15	00:56:41	3156	NewMe	Senior	566	00:06:16	5203
3331	8548	Joana Alves	00:30:10	00:59:16	00:58:15	3452		V35	89	00:05:06	3642
3332	3625	Rita Carvalho	00:30:53	00:59:16	00:56:50	3190	BTM TEAM	Senior	192	00:04:40	2655
3333	2760	Gabriela Carvalho	00:29:31	00:59:16	00:58:28	3497		Senior	193	00:05:24	4221
3334	1397	Vitor Mexia	00:31:26	00:59:16	00:57:26	3305		V35	400	00:04:29	2221
3335	8155	Ana Panela	00:29:18	00:59:16	00:58:25	3488	CCD TRANQUILIDADE	V45	131	00:04:58	3327
3336	8132	Artur Gaio	00:29:18	00:59:16	00:58:24	3479	CCD TRANQUILIDADE	V35	401	00:04:58	3326
3337	2595	Carla Luz	00:30:02	00:59:16	00:58:41	3534	Be Running	V45	132	00:05:02	3500
3338	3309	Tânia Esteves	00:28:47	00:59:17	00:59:05	3604		Senior	194	00:05:20	4102
3339	6597	Joaquim Gabriel	00:30:26	00:59:17	00:57:03	3230		V55	186	00:04:36	2495
3340	3578	Ana Baptista	00:28:41	00:59:17	00:59:09	3618	GDC Banco de Portugal	V40	126	00:05:04	3580
3341	3539	Nuno Pinto	00:30:01	00:59:17	00:58:17	3461		V40	470	00:04:59	3376
3342	7409	Gonçalo Martins	00:33:25	00:59:17	00:50:13	1795		Senior	567	00:04:33	2381
3343	6966	Dora Duarte	00:31:25	00:59:18	00:56:03	3023		V35	90	00:05:03	3557
3344	8547	Miguel Silva	00:30:11	00:59:18	00:58:18	3465		V35	402	00:05:07	3706



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3345	7000	Daniel Silva	00:31:24	00:59:19	00:56:05	3030		V40	471	00:05:04	3563
3346	1575	Telma Abreu	00:29:13	00:59:19	00:58:38	3524		Senior	195	00:04:53	3165
3347	1509	Paulo Vaz	00:28:46	00:59:20	00:58:24	3483	quarteto	V45	524	00:05:01	3464
3348	8309	Rui Salvado	00:29:34	00:59:20	00:58:52	3568	Corrida Noturna Parque das Nações	V50	359	00:04:55	3253
3349	1223	Francisco Correia	00:31:26	00:59:20	00:57:30	3319		V35	403	00:04:32	2316
3350	691	Jose Teixeira	00:29:44	00:59:20	00:57:47	3364	GARLIC RUNNERS	Senior	568	00:05:01	3463
3351	695	Joaquim Dinis	00:29:53	00:59:20	00:57:47	3365	GARLIC RUNNERS	Senior	569	00:04:59	3397
3352	4839	Daniel Colla	00:28:55	00:59:20	00:59:18	3657		V50	360	00:04:34	2419
3353	1234	Marlene Borges	00:28:04	00:59:21	00:59:15	3644	Bobadelas	Senior	196	00:05:05	3633
3354	3970	Hortense Faria	00:28:53	00:59:21	00:58:59	3592	Bombeiros Voluntários de Montemor-o-Novo	V60	14	00:05:22	4160
3355	2118	Inês Barbosa	00:29:34	00:59:22	00:59:12	3631		V45	133	00:05:03	3541
3356	3477	Joana Calição	00:30:00	00:59:22	00:58:22	3476		V40	127	00:05:02	3508
3357	2585	Laura Lapa	00:27:53	00:59:22	00:58:54	3573		V35	91	00:05:28	4358
3358	1051	Luis Silva	00:30:15	00:59:23	00:58:35	3518		V50	361	00:04:58	3337
3359	5582	Natalia Fernandes	00:29:22	00:59:23	00:58:32	3509	FIDELIDADE GDC	V40	128	00:05:11	3806
3360	1845	Cristina Pereira	00:29:34	00:59:23	00:57:29	3316	Housemartins Belas	V45	134	00:05:05	3621
3361	2394	Joana Marreiros	00:30:02	00:59:23	00:58:42	3538	Kainágua	Senior	197	00:04:56	3273
3362	7658	Isabel Mateus	00:32:07	00:59:24	00:57:44	3350	BI4ALL	Senior	198	00:04:21	1888
3363	1578	Ana Ribeiro	00:30:07	00:59:24	00:56:39	3151		V40	129	00:04:53	3159



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3364	5731	Ricardo Soares	00:27:58	00:59:25	00:59:20	3668		Senior	570	00:04:56	3288
3365	2708	Armando Cid	00:29:38	00:59:25	00:58:54	3572		V60	85	00:04:39	2609
3366	474	Diogo Cid	00:29:37	00:59:26	00:58:57	3583		Senior	571	00:04:42	2729
3367	981	Carlos Lomba	00:27:46	00:59:26	00:59:13	3634	GRCD Leião	V55	187	00:05:00	3414
3368	9018	Maria Peixoto	00:28:42	00:59:26	00:59:23	3681		V40	130	00:05:06	3644
3369	8308	Armando Cid	00:29:40	00:59:27	00:58:54	3575	Corrida Noturna Parque das Nações	V60	86	00:04:40	2629
3370	8505	Ana Sousa	00:31:43	00:59:27	00:55:19	2875	Off Limits CrossFit	Senior	199	00:04:36	2467
3371	1231	Andreia Marcelino	00:29:09	00:59:27	00:59:11	3629	Javalis das Poças	V40	131	00:05:16	3967
3372	7246	Jose Rebelo	00:28:49	00:59:27	00:58:52	3566	CLUBE MILLENNIUM BCP	V55	188	00:05:47	4762
3373	8250	Beatriz Silva	00:28:43	00:59:27	00:59:25	3687		Junior	17	00:05:07	3705
3374	9289	Bruno Ferreira	00:31:07	00:59:28	00:59:06	3606	GDC Banco de Portugal	Senior	572	00:04:39	2605
3375	4199	Mariana Brás	00:30:40	00:59:28	00:56:43	3164		Senior	200	00:04:41	2691
3376	4456	João Jacinto	00:28:10	00:59:29	00:59:17	3656		V55	189	00:04:59	3377
3377	3777	Luís Braz	00:29:03	00:59:29	00:59:26	3691		V40	472	00:05:21	4120
3378	7628	José Tomás	00:29:23	00:59:29	00:59:14	3639	Montes Saloios Trail Team	V45	525	00:05:00	3439
3379	3977	Telma Aleixo	00:28:33	00:59:29	00:59:21	3671	Bombeiros Voluntários de Montemor-o-Novo	V45	135	00:05:22	4159
3380	4168	Guilherme Luz	00:30:41	00:59:29	00:56:43	3165		Senior	573	00:04:41	2689
3381	3670	Cláudia Carrapeta	00:28:42	00:59:29	00:58:52	3567	Limited Edition	Senior	201	00:05:14	3920
3382	7629	Teresa Reis	00:28:25	00:59:29	00:59:15	3646	Montes Saloios Trail Team	V45	136	00:04:59	3371



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3383	3008	Antonio Nogueira	00:29:22	00:59:30	00:59:12	3630		V50	362	00:05:00	3429
3384	2890	Ricardo Nogueira	00:29:22	00:59:31	00:59:11	3628		V45	526	00:05:00	3426
3385	2020	Duarte Xara-Brasil	00:31:36	00:59:31	00:57:12	3256		V50	363	00:05:04	3575
3386	6496	Sílvia Gonçalves	00:29:06	00:59:32	00:59:14	3640		Senior	202	00:05:03	3523
3387	4979	Claudia Pernencar	00:29:00	00:59:32	00:59:06	3605		V45	137	00:05:22	4166
3388	1687	Sandra Aguiar	00:28:48	00:59:32	00:59:32	3712		V45	138	00:05:05	3620
3389	541	Rodrigo Correia	00:35:03	00:59:33	00:51:41	2085		V50	364	00:03:36	394
3390	3813	Elaine Fabre	00:31:04	00:59:33	00:56:02	3016		Senior	203	00:04:44	2819
3391	3655	Joana Vaz	00:28:19	00:59:33	00:59:30	3698	It's all about sushi!	V35	92	00:04:56	3279
3392	2243	João Oliveira	00:31:40	00:59:34	00:52:53	2338		V35	404	00:04:54	3193
3393	2444	Cecilia Nicolau	00:29:56	00:59:34	00:59:10	3627		V50	72	00:04:51	3084
3394	202	Nuno Fonseca	00:28:58	00:59:34	00:59:24	3684		V45	527	00:05:17	4013
3395	7598	Cristina Carvalho	00:28:35	00:59:34	00:59:16	3652	Casa do Benfica em Algueirao Mem Martins	V50	73	00:04:54	3183
3396	7342	Ricardo Moniz	00:30:01	00:59:35	00:58:08	3425	MONIZES	V35	405	00:05:09	3779
3397	7341	Paulo Moniz	00:30:00	00:59:35	00:58:08	3424	MONIZES	V65	42	00:05:08	3720
3398	6346	Marina Pedro	00:28:21	00:59:35	00:59:29	3696	Os Kotas	Senior	204	00:05:24	4234
3399	8290	Célia Catarino	00:28:23	00:59:35	00:59:29	3694	Correr Lisboa	V50	74	00:05:03	3552
3400	8506	José Madeira	00:36:20	00:59:35	00:47:43	1283	Off Limits CrossFit	V35	406	00:03:58	971
3401	4113	Elsa Luis	00:28:15	00:59:35	00:59:03	3602		V50	75	00:05:23	4189



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3402	1661	Rute Henriques	00:28:21	00:59:37	00:59:17	3654		V40	132	00:05:09	3775
3403	5386	João Reis	00:30:35	00:59:38	00:56:35	3133		V35	407	00:05:06	3676
3404	5394	Maria Matos	00:29:29	00:59:38	00:59:14	3638		Senior	205	00:05:04	3592
3405	7240	Oscar Marques	00:30:49	00:59:38	00:58:13	3439	CLUBE MILLENNIUM BCP	V65	43	00:04:49	2985
3406	497	Nelson Grilo	00:29:21	00:59:39	00:58:51	3558		V45	528	00:05:09	3772
3407	7283	Patricia Primo	00:29:23	00:59:39	00:59:20	3667	CLUBE MILLENNIUM BCP	V35	93	00:05:24	4238
3408	3481	Miguel Castela	00:29:33	00:59:40	00:58:40	3530		V50	365	00:05:08	3745
3409	6360	Fernando Serrano	00:34:05	00:59:40	00:50:51	1923		V50	366	00:04:19	1765
3410	1614	César Oliveira	00:29:09	00:59:40	00:58:53	3570		V40	473	00:05:11	3826
3411	2414	Guida Cid	00:29:21	00:59:42	00:59:25	3686		V50	76	00:04:51	3082
3412	8451	David Afonso	00:29:29	00:59:42	00:58:45	3547	CLUBE TAP PORTUGAL	V55	190	00:04:52	3101
3413	4745	Carlos Pereira	00:31:11	00:59:42	00:59:18	3659	FIDELIDADE GDC	V45	529	00:04:41	2688
3414	4341	Patricia Alexandre	00:30:22	00:59:43	00:57:02	3226		V35	94	00:04:49	2989
3415	5913	Marco Barros	00:30:38	00:59:43	00:56:50	3195		V50	367	00:05:19	4056
3416	7067	Sara Cota	00:31:15	00:59:43	00:57:46	3358		V35	95	00:04:42	2717
3417	3992	Ana Vieira	00:30:01	00:59:43	00:59:09	3621	EVELX - Associação de Estilos de Vida Saudável	V45	139	00:05:28	4366
3418	3405	Sandra Rodrigues	00:31:00	00:59:43	00:58:12	3438		V40	133	00:04:47	2913
3419	7435	Amélia Oliveira	00:29:16	00:59:44	00:59:21	3674		V40	134	00:05:21	4133
3420	5787	Tomás Aguiar	00:30:55	00:59:44	00:58:51	3560	Equipa Alegria	Senior	574	00:04:41	2670



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CLASSIFICAÇÃO '21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3421	6787	Mário Patrício	00:32:55	00:59:44	00:54:21	2645		Senior	575	00:04:44	2825
3422	5788	Teresa Rabaça	00:30:56	00:59:44	00:58:50	3554	Equipa Alegria	Senior	206	00:04:41	2671
3423	4345	Alexandre Costa	00:29:09	00:59:44	00:59:37	3728		V60	87	00:05:07	3687
3424	5789	Joana Nunes	00:30:55	00:59:44	00:58:51	3559	Equipa Alegria	V35	96	00:04:48	2977
3425	8544	Pedro Roberto	00:30:08	00:59:45	00:58:29	3501	Off Limits CrossFit	V35	408	00:04:53	3171
3426	8670	Anabela Pires	00:29:32	00:59:45	00:59:06	3609		V50	77	00:04:54	3185
3427	3909	Sara Vieira	00:31:00	00:59:45	00:58:14	3445		V40	135	00:04:49	2994
3428	6983	Paulo Durão	00:33:23	00:59:45	00:51:43	2093		V45	530	00:04:22	1911
3429	2189	André Cardoso	00:28:26	00:59:46	00:58:40	3531	Faro Pegadas a Quarta	V40	474	00:05:17	4010
3430	3911	Samuel Serra	00:30:59	00:59:46	00:58:15	3446		V40	475	00:04:50	3041
3431	3950	Manuel Antonio	00:29:43	00:59:46	00:59:01	3597	Bombeiros Voluntários de Montemor-o-Novo	V60	88	00:05:12	3853
3432	5276	Alexandre Costa	00:29:15	00:59:46	00:58:56	3582		Senior	576	00:04:59	3375
3433	8685	Anabela Moreira	00:32:00	00:59:46	00:54:22	2652		V50	78	00:04:36	2473
3434	1692	Catia Ramos	00:29:01	00:59:46	00:59:19	3663		V40	136	00:05:02	3496
3435	1688	Luiz Pereira	00:29:01	00:59:46	00:59:19	3662		V40	476	00:05:02	3495
3436	6348	Margarida Pedro	00:28:56	00:59:46	00:59:46	3759	Os Kotas	V55	29	00:04:59	3369
3437	4135	Paulo Faustino	00:28:03	00:59:47	00:59:30	3699		V50	368	00:05:55	4902
3438	3690	Paulo Cópio	00:32:29	00:59:48	00:55:34	2917		V50	369	00:04:33	2359
3439	1211	Cláudia Fonseca	00:29:58	00:59:48	00:58:59	3591	Correr Lisboa	V35	97	00:04:47	2935



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3440	6138	Fábio Coutinho	00:31:12	00:59:48	00:58:51	3561		Senior	577	00:04:26	2097
3441	4276	Pedro Antão	00:31:12	00:59:49	00:58:51	3564		Senior	578	00:04:27	2109
3442	1298	Leonor Pinto	00:29:59	00:59:49	00:59:00	3593	Jf massagista	V45	140	00:04:48	2954
3443	6238	Marco Tael	00:33:20	00:59:50	00:52:43	2290		V40	477	00:04:23	1950
3444	2665	Manuel Ferreira	00:29:07	00:59:50	00:59:29	3695		V65	44	00:04:56	3274
3445	6044	Cristina Santos	00:29:32	00:59:50	00:59:16	3649		V45	141	00:05:21	4112
3446	786	Diogo Brás	00:28:41	00:59:50	00:59:14	3642		Senior	579	00:05:54	4896
3447	9286	Vitor Escaria	00:27:45	00:59:51	00:59:23	3682		V50	370	00:05:21	4141
3448	6894	Horácio Teixeira	00:29:17	00:59:51	00:59:17	3653		V60	89	00:05:22	4149
3449	931	Carlos Alves	00:28:39	00:59:51	00:59:13	3635	Northbears	V35	409	00:05:14	3908
3450	215	Ricardo Baptista	00:29:00	00:59:51	00:58:57	3584		V40	478	00:04:57	3308
3451	2649	Mario António	00:29:43	00:59:51	00:59:40	3734		V75	1	00:05:07	3695
3452	6414	Vitor Lemos	00:29:59	00:59:51	00:58:58	3588		V40	479	00:04:56	3289
3453	930	José Matos	00:28:39	00:59:51	00:59:14	3641	Northbears	V55	191	00:05:15	3949
3454	3375	Jaime Cryan	00:25:53	00:59:52	00:59:42	3740		V35	98	00:06:23	5299
3455	1674	João Prior	00:31:30	00:59:53	00:58:34	3515		Junior	42	00:04:01	1100
3456	7634	Nuno Pêgo	00:33:14	00:59:53	00:53:16	2419		V40	480	00:04:38	2547
3457	8841	Maximiano Alves	00:34:40	00:59:54	00:49:16	1615		V35	410	00:04:27	2146
3458	6670	Alfredo Gualdino	00:35:18	00:59:54	00:49:29	1658		Senior	580	00:04:11	1464



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3459	1546	João Alberto	00:28:46	00:59:56	00:59:22	3677	Montes Saloios Trail Team	V50	371	00:05:21	4130
3460	7331	Susana Maurício	00:30:51	00:59:56	00:59:25	3688		Senior	207	00:04:42	2715
3461	7492	Duarte Selas	00:28:30	00:59:56	00:59:30	3702	Hand of the king	V35	411	00:05:29	4406
3462	1417	Ana Cavacas	00:29:36	00:59:56	00:58:57	3585		Senior	208	00:05:37	4579
3463	7346	Ricardo Carreteiro	00:30:50	00:59:56	00:59:26	3689		Senior	581	00:04:46	2866
3464	1772	Rui Sabino	00:29:18	00:59:57	00:59:15	3645		V50	372	00:05:06	3655
3465	7473	David Serra	00:27:48	00:59:57	00:59:32	3713	Hand of the king	V35	412	00:05:29	4407
3466	6101	Fernanda Steffen	00:29:38	00:59:57	00:59:31	3709		V35	99	00:05:10	3799
3467	3371	Maria Lourenço	00:30:08	00:59:57	00:58:13	3440		Senior	209	00:05:05	3617
3468	4630	Maria João	00:29:31	00:59:57	00:59:46	3758		V40	137	00:05:08	3742
3469	5100	Eduardo Alexandre	00:27:19	00:59:58	00:59:13	3637		Senior	582	00:05:32	4477
3470	1149	José Vale	00:28:42	00:59:58	00:59:56	3785		V60	90	00:05:32	4463
3471	2028	Hugo Cavacas	00:29:08	00:59:59	00:59:44	3745		V40	481	00:05:20	4097
3472	7327	Filipa Manana	00:28:48	01:00:00	00:59:02	3600		V40	138	00:04:52	3103
3473	8327	Jose Garcia	00:27:47	01:00:00	00:59:30	3701	Corrida Noturna Parque das Nações	V55	192	00:05:03	3556
3474	1564	Pedro Evangelista	00:31:31	01:00:00	00:57:06	3237		V50	373	00:04:59	3401
3475	4487	Paulo Gomes	00:28:29	01:00:01	00:59:58	3794		V50	374	00:04:48	2971
3476	2615	Paulo Carvalho	00:27:58	01:00:01	00:59:47	3764	Quarentões na Bisga	V50	375	00:05:23	4203
3477	867	Kátia Almeida	00:31:19	01:00:01	00:57:30	3320		V45	142	00:04:50	3028



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3478	4484	António Valente	00:28:58	01:00:01	00:59:35	3721		V45	531	00:04:54	3200
3479	6573	Flávio Osório	00:28:59	01:00:02	00:59:36	3726		V35	413	00:04:53	3135
3480	2465	Paulo Carvalho	00:28:12	01:00:02	00:59:53	3781		V45	532	00:05:36	4553
3481	3143	Gonçalo Achega	00:31:22	01:00:03	00:56:57	3216		V40	482	00:04:53	3151
3482	5854	Carla Dias	00:31:27	01:00:03	00:57:47	3360		V35	100	00:05:06	3673
3483	2201	Helena Nunes	00:29:12	01:00:03	00:59:53	3780		V50	79	00:05:12	3849
3484	1712	Eduardo Osório	00:31:42	01:00:04	00:57:52	3378		Senior	583	00:04:12	1525
3485	4733	Claudia Custódio	00:28:46	01:00:04	00:59:56	3786	Louletano	V45	143	00:05:13	3879
3486	8589	Cristina Nobre	00:29:57	01:00:04	00:59:03	3601		V40	139	00:05:00	3407
3487	4988	Luís Brito	00:28:51	01:00:04	00:57:22	3295		Senior	584	00:05:06	3666
3488	3879	Magda Ribeiro	00:29:05	01:00:04	00:59:35	3719		V35	101	00:05:02	3514
3489	964	Sandra Santos	00:29:57	01:00:04	00:59:58	3792	MASTERS RUNNERS	V40	140	00:04:46	2870
3490	1380	Hostilio Martins	00:29:50	01:00:05	00:59:31	3705		V45	533	00:05:03	3549
3491	3529	Marina Rosario	00:28:54	01:00:06	00:59:34	3718		V45	144	00:05:13	3877
3492	5691	Milene Batista	00:27:44	01:00:06	01:00:02	3806	CCD Siemens	V40	141	00:05:02	3518
3493	277	Erica Prata	00:30:52	01:00:06	00:57:13	3264		V35	102	00:04:55	3238
3494	4103	Cíntia Vinagre	00:29:57	01:00:06	00:58:25	3485		V35	103	00:05:20	4100
3495	7830	Raquel Fortes	00:29:56	01:00:07	00:59:06	3607	TEAMITSUPTOYOU	V40	142	00:05:01	3479
3496	960	Margarida Lourenço	00:30:23	01:00:07	00:58:34	3513	GARLIC RUNNERS	Senior	210	00:05:04	3573



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3497	4004	Pedro Silva	00:27:21	01:00:07	00:59:57	3788	Tuning da Sapatilha	Senior	585	00:06:02	5021
3498	3014	Helena Santos	00:28:50	01:00:07	01:00:07	3816		V55	30	00:05:14	3917
3499	8520	David Barras	00:32:09	01:00:08	00:56:00	3007	Off Limits CrossFit	V35	414	00:04:48	2945
3500	978	Isabel Marques	00:29:17	01:00:08	00:59:53	3782	Clube Atletismo Amigos de Belém	V45	145	00:05:42	4654
3501	8588	Mónica Pedrosa	00:29:57	01:00:08	00:59:08	3617		V40	143	00:05:01	3472
3502	6763	Carlos Alves	00:29:45	01:00:08	00:59:21	3673	Clube Ferroviário de Portugal	V60	91	00:05:08	3747
3503	1061	Célia Dias	00:28:43	01:00:09	00:59:09	3620		V45	146	00:05:34	4510
3504	6911	Luis Costa	00:32:25	01:00:09	00:57:28	3314		V50	376	00:04:19	1792
3505	4072	Ana Gonçalves	00:30:03	01:00:10	00:59:17	3655		V45	147	00:05:06	3656
3506	3265	Gonçalo Pereira	00:29:42	01:00:10	01:00:07	3820	Link	Senior	586	00:05:02	3512
3507	1521	Rosa Oliveira	00:28:58	01:00:10	00:59:51	3776		V50	80	00:05:05	3632
3508	6471	Bruno Siqueira	00:33:06	01:00:11	00:53:02	2371		V35	415	00:04:53	3132
3509	749	Paulo Angélica	00:28:28	01:00:11	00:59:02	3598		V40	483	00:06:16	5206
3510	5762	Diogo Berger	00:30:02	01:00:12	00:59:31	3710		Senior	587	00:04:43	2755
3511	6220	Pedro Duarte	00:29:02	01:00:13	00:59:23	3680		V40	484	00:05:25	4249
3512	3568	Pedro Inácio	00:35:11	01:00:13	00:51:02	1955	MTB Pé-leve Bacelinho	V40	485	00:04:19	1768
3513	5170	Ricardo Serôdio	00:29:23	01:00:14	00:59:24	3683		V40	486	00:05:22	4180
3514	1802	Marta Juez	00:30:40	01:00:14	00:59:19	3664		Senior	211	00:04:56	3269
3515	6760	Bruno Faria	00:28:59	01:00:15	00:59:38	3732		V45	534	00:05:13	3869



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3516	5000	Guilherme Filipe	00:30:05	01:00:15	00:58:28	3498		Senior	588	00:05:38	4597
3517	2069	Victória Mata	00:29:09	01:00:15	01:00:11	3839	Os Mata	V65	2	00:04:56	3270
3518	4764	Luís Gato	00:29:13	01:00:15	01:00:04	3813	Be Running	V50	377	00:05:23	4197
3519	3474	Marcelo Silva	00:36:13	01:00:16	00:49:01	1567		Senior	589	00:04:06	1282
3520	8845	Francisco Gaspar	00:29:47	01:00:16	00:59:12	3632		Senior	590	00:05:27	4347
3521	4546	Luis Santos	00:29:16	01:00:16	01:00:10	3837	ACM Montemor a Correr	V45	535	00:05:27	4327
3522	3451	Tatiana Sanches	00:29:25	01:00:16	00:59:58	3795		Senior	212	00:05:23	4188
3523	4510	Magda Pereira	00:30:02	01:00:17	00:59:56	3787		V40	144	00:05:00	3431
3524	1863	Patrícia Flamino	00:31:38	01:00:18	00:57:17	3270		V45	148	00:05:00	3422
3525	6837	Pedro Serrao	00:30:29	01:00:18	00:59:35	3725	Corre+Come	V35	416	00:05:05	3603
3526	2193	Ana Barroco	00:30:51	01:00:18	00:56:55	3212	Crossfit Tejo	Senior	213	00:05:28	4362
3527	970	Gilberto Gonçalves	00:30:46	01:00:19	00:59:45	3748	Clube Atletismo Amigos de Belém	V70	2	00:05:00	3413
3528	4753	Sandra Cruz	00:29:13	01:00:19	00:59:23	3679	FIDELIDADE GDC	V45	149	00:05:14	3925
3529	1198	Francisco Paulos	00:29:53	01:00:19	00:59:09	3619	FIDELIDADE GDC	V40	487	00:05:20	4091
3530	4964	Luís Pombo	00:29:40	01:00:19	00:59:43	3742		V45	536	00:04:41	2685
3531	6767	Fábio Pereira	00:30:19	01:00:19	00:59:20	3666		V35	417	00:05:16	3990
3532	972	Isabel Nobre	00:30:46	01:00:20	00:59:46	3757	Clube Atletismo Amigos de Belém	V70	1	00:05:01	3462
3533	1025	Antonio Fonseca	00:29:08	01:00:20	01:00:08	3826		V75	2	00:05:37	4576
3534	7167	Diogo Pereira	00:33:11	01:00:21	00:58:29	3503	KUBOO	V35	418	00:04:27	2138



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3535	9283	Pedro Rodrigues	00:33:11	01:00:21	00:58:29	3500	KUBOO	V50	378	00:04:27	2141
3536	3472	Bruno Pinto	00:31:04	01:00:21	00:57:56	3386		Senior	591	00:04:16	1675
3537	4517	Afonso Braz	00:30:08	01:00:21	00:58:04	3409	BTM TEAM	Senior	592	00:05:28	4369
3538	1587	António Ferreira	00:28:58	01:00:21	01:00:09	3828		V65	45	00:05:20	4089
3539	6542	Nuno Azevedo	00:28:16	01:00:21	01:00:16	3854	GDCT Unicre	V45	537	00:05:35	4529
3540	1766	Jose Melo	00:28:13	01:00:22	00:59:37	3730		V50	379	00:05:16	3968
3541	192	Rui Gonçalves	00:28:19	01:00:22	01:00:13	3842		V45	538	00:04:56	3268
3542	2883	Nuno Costa	00:30:05	01:00:22	00:59:43	3744		V45	539	00:04:58	3354
3543	8691	Joana Pombo	00:29:57	01:00:22	00:57:26	3307		Senior	214	00:05:30	4411
3544	6997	Ana Marçal	00:28:58	01:00:23	01:00:18	3859		Senior	215	00:05:33	4500
3545	2812	Paula Seixas	00:30:05	01:00:23	00:59:27	3692	Be Running	V55	31	00:05:09	3765
3546	8593	Duarte Gonçalves	00:30:15	01:00:23	00:59:52	3779		V45	540	00:05:06	3643
3547	7324	Marta Pereira	00:31:32	01:00:23	00:57:45	3352	CLUBE MILLENNIUM BCP	V40	145	00:04:55	3249
3548	7325	Ricardo Rogeiro	00:31:31	01:00:23	00:57:45	3353	CLUBE MILLENNIUM BCP	V40	488	00:04:55	3250
3549	4212	Juliana Silva	00:30:31	01:00:23	00:59:41	3738		Senior	216	00:05:17	4003
3550	4965	Cláudio Sebastião	00:30:30	01:00:24	00:59:40	3735		Senior	593	00:05:17	4002
3551	3943	Fernando Silva	00:28:52	01:00:24	01:00:14	3849	pace.makers	V60	92	00:05:16	3987
3552	8531	Eva Cmak	00:30:52	01:00:24	00:56:15	3061	Off Limits CrossFit	Senior	217	00:05:09	3777
3553	3492	Carolina Silva	00:28:10	01:00:24	01:00:05	3814		Junior	18	00:05:18	4039



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3554	8051	Ana Anacleto	00:29:35	01:00:24	01:00:00	3802		V45	150	00:04:50	3024
3555	5817	Maria Vieira	00:29:00	01:00:24	01:00:08	3825		V45	151	00:04:51	3062
3556	93	Tiago Charrua	00:27:59	01:00:25	01:00:23	3873		V45	541	00:05:43	4688
3557	3922	Nuno Trindade	00:32:30	01:00:25	00:54:53	2787	Run Baby Run	V35	419	00:04:48	2973
3558	4320	Margarida Monteiro	00:28:59	01:00:25	01:00:15	3852	Alverca Urban Runners	V55	32	00:05:01	3449
3559	1714	Rui Rita	00:31:42	01:00:25	00:58:12	3437		Senior	594	00:04:32	2327
3560	1012	Jorge Nobre	00:34:36	01:00:26	00:52:47	2307		V55	193	00:04:27	2126
3561	2515	Carla Duarte	00:29:29	01:00:27	01:00:00	3799		V50	81	00:05:01	3456
3562	65	Catarina Silva	00:30:41	01:00:27	00:58:11	3432		V35	104	00:04:54	3192
3563	8774	Carlos Barroso	00:30:53	01:00:27	00:58:13	3442		V35	420	00:05:15	3952
3564	7237	Leonel Brandao	00:27:57	01:00:27	01:00:14	3850	CLUBE MILLENNIUM BCP	V50	380	00:04:52	3126
3565	5273	Guilherme Pacheco	00:35:55	01:00:28	00:50:29	1854		Senior	595	00:04:07	1297
3566	7026	Mariana Martinho	00:30:28	01:00:28	00:58:53	3569		Senior	218	00:05:00	3406
3567	5079	Joana Perez	00:30:31	01:00:28	00:59:35	3723	Perez	Senior	219	00:04:55	3222
3568	8165	Tiago Nunes	00:33:54	01:00:28	00:54:54	2794	SD Sports Team	V35	421	00:04:33	2378
3569	6435	Maria Gonçalves	00:29:20	01:00:29	00:59:32	3711	Calça Ténis e põe-te a correr	V50	82	00:05:14	3930
3570	8416	Maria Barreto	00:29:17	01:00:29	01:00:26	3889		V50	83	00:05:03	3554
3571	7351	José Pires	00:30:26	01:00:29	00:58:15	3453		V45	542	00:05:28	4352
3572	1485	Vitor Nunes	00:29:18	01:00:29	01:00:13	3844		V50	381	00:05:37	4578



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3573	1115	Hugo Valadares	00:33:56	01:00:29	00:52:46	2300		V45	543	00:04:37	2534
3574	4270	Pedro Cerdeira	00:28:40	01:00:30	01:00:26	3883		V45	544	00:05:34	4518
3575	2130	António Rodrigues	00:28:07	01:00:31	01:00:20	3862		V50	382	00:05:16	3972
3576	646	Mauro Gomes	00:28:25	01:00:31	01:00:26	3886	GDCTINCM	V40	489	00:05:43	4684
3577	4515	Antonio Serôdio	00:29:07	01:00:31	01:00:14	3848	Soure Mov	V60	93	00:05:17	4000
3578	6904	Ana Rodrigues	00:31:13	01:00:31	00:59:13	3633		Senior	220	00:04:53	3168
3579	6902	Fábio Ribeiro	00:31:13	01:00:31	00:59:14	3643		V35	422	00:04:53	3170
3580	3753	Eduardo Seduven	00:31:38	01:00:32	00:57:43	3348		Senior	596	00:05:04	3586
3581	7117	Ricardo Vale	00:29:05	01:00:33	00:59:54	3783		V35	423	00:05:12	3841
3582	2528	Ana Barata	00:29:41	01:00:34	00:59:33	3714		V50	84	00:05:09	3764
3583	4441	Ricardo Pinto	00:29:35	01:00:34	00:59:59	3796	Irongroup	V40	490	00:04:53	3149
3584	7115	Francisco Bernardo	00:29:05	01:00:35	00:59:56	3784		V45	545	00:05:13	3893
3585	589	Ana Bolas	00:29:44	01:00:35	01:00:13	3843	Limited Edition	Senior	221	00:04:57	3309
3586	4366	Mariana Faria	00:29:54	01:00:36	01:00:15	3851		Senior	222	00:05:02	3503
3587	7316	Rodolfo Lima	00:30:27	01:00:36	00:59:29	3697	CLUBE MILLENNIUM BCP	V50	383	00:05:07	3711
3588	609	Frederico Rodrigues	00:29:43	01:00:36	01:00:12	3841	Limited Edition	V40	491	00:04:58	3342
3589	1420	Daniel Ginja	00:29:27	01:00:36	01:00:23	3872		Senior	597	00:05:27	4337
3590	4098	Sérgio Ribeiro	00:33:22	01:00:36	00:55:06	2835		V40	492	00:05:05	3612
3591	2403	Miguel Silva	00:30:59	01:00:36	01:00:29	3899	Os Ultras	Senior	598	00:04:30	2248



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3592	1505	João Santos	00:30:42	01:00:38	01:00:35	3914	Veteranos de Massamá	V70	3	00:05:26	4291
3593	6721	Carlos Matoso	00:28:19	01:00:38	01:00:10	3836		V40	493	00:05:06	3672
3594	8107	Maria Pontes	00:29:27	01:00:38	01:00:27	3891		V45	152	00:05:20	4076
3595	1868	Ruben Lourenço	00:29:36	01:00:38	01:00:20	3863		V35	424	00:05:06	3653
3596	1676	Vanda Correia	00:29:14	01:00:38	01:00:24	3875		V50	85	00:05:17	4008
3597	1705	Maria Lagoa	00:29:02	01:00:39	01:00:25	3878		V35	105	00:05:02	3497
3598	7072	Nelson Cota	00:31:15	01:00:40	00:58:46	3550		V35	425	00:05:01	3476
3599	8037	Pedro Pedro	00:29:36	01:00:40	00:59:46	3755		V35	426	00:05:33	4498
3600	6146	Jose Ramalho	00:31:56	01:00:40	00:59:31	3708	IMASAMS	V50	384	00:04:49	2983
3601	6142	Mónica Marques	00:30:56	01:00:41	00:59:57	3789		V40	146	00:04:59	3368
3602	5428	Diogo Carvalho	00:36:59	01:00:41	00:47:08	1170		Senior	599	00:04:04	1203
3603	279	Nuno Canha	00:30:05	01:00:41	00:58:34	3514		Senior	600	00:05:02	3492
3604	7209	Amílcar Galão	00:29:07	01:00:41	01:00:08	3823		V50	385	00:05:08	3719
3605	3338	Celina Serrano	00:29:18	01:00:42	01:00:32	3909	Be Running	V50	86	00:05:13	3875
3606	841	Carlos Neves	00:29:16	01:00:42	01:00:31	3906		V50	386	00:05:13	3885
3607	2094	Zara Lobrin	00:31:55	01:00:42	00:57:13	3261		V35	106	00:05:09	3770
3608	999	Sérgio Caiado	00:29:17	01:00:42	00:59:33	3715		V40	494	00:05:31	4449
3609	1314	Cheila Dias	00:30:20	01:00:42	00:59:39	3733	Ser feliz	Senior	223	00:04:31	2291
3610	7505	José Pereira	00:30:32	01:00:42	00:59:07	3610		Senior	601	00:05:20	4083



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CLASSIFICAÇÃO '21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3611	3282	Carlos Caseiro	00:29:12	01:00:43	01:00:08	3824		V50	387	00:05:28	4375
3612	3368	Fernanda Cardoso	00:30:27	01:00:43	01:00:29	3898		V40	147	00:05:10	3789
3613	7465	João Carlos	00:32:15	01:00:43	00:55:09	2849	SIX PACK	V45	546	00:04:58	3330
3614	5734	Beatriz Fernandes	00:29:38	01:00:43	01:00:17	3856		Senior	224	00:05:54	4900
3615	2772	Paula Pontinha	00:30:27	01:00:43	01:00:30	3900		V45	153	00:05:10	3790
3616	325	Liliane Ruge	00:30:01	01:00:43	00:59:44	3746		V35	107	00:05:16	3966
3617	3711	Luís Moreira	00:29:23	01:00:44	01:00:34	3913		V40	495	00:05:42	4669
3618	1672	Fernando Prior	00:33:07	01:00:44	00:54:37	2727		V45	547	00:04:28	2180
3619	6677	Clara Alves	00:31:04	01:00:44	00:59:52	3778		V50	87	00:05:04	3587
3620	714	Tiago Lourenço	00:29:44	01:00:44	01:00:20	3866	Limited Edition	V45	548	00:05:03	3546
3621	5468	Joaquim Paula	00:28:43	01:00:45	01:00:42	3930		V50	388	00:05:03	3520
3622	2522	Marta Cordeiro	00:32:52	01:00:46	00:55:19	2876		V45	154	00:04:49	2999
3623	1573	Carlos Barata	00:32:09	01:00:46	00:55:20	2879		V45	549	00:04:40	2645
3624	5997	Jonas Sumares	00:31:33	01:00:46	00:59:36	3727		Senior	602	00:04:41	2674
3625	8494	João Gomes	00:32:12	01:00:46	00:56:58	3220	Off Limits CrossFit	Senior	603	00:05:02	3484
3626	3308	Pedro Brandão	00:32:16	01:00:47	00:57:43	3346		V35	427	00:05:02	3510
3627	828	Manuela Machado-Friel	00:30:34	01:00:47	00:59:08	3613		V45	155	00:05:00	3415
3628	6783	Jacqueline Carvalho	00:28:39	01:00:48	01:00:31	3907		V45	156	00:05:32	4475
3629	8776	Dario Bento	00:34:51	01:00:49	00:51:37	2070		Senior	604	00:04:34	2401



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3630	1648	Gabriel Outeiro	00:29:56	01:00:49	00:59:34	3716		Senior	605	00:05:23	4198
3631	316	Paulo Ramos	00:28:38	01:00:49	01:00:31	3905		V50	389	00:04:58	3344
3632	2535	Andreza Silva	00:30:35	01:00:49	00:58:11	3436	Fénix	Senior	225	00:04:48	2967
3633	3108	Carlos Bernardino	00:30:34	01:00:49	00:59:47	3762	Correr Lisboa	V50	390	00:05:21	4115
3634	5761	João Blanc	00:30:48	01:00:51	01:00:09	3830		Senior	606	00:04:48	2978
3635	7639	Ana Rosa	00:29:40	01:00:51	01:00:00	3801	APCMVM	Senior	226	00:04:56	3263
3636	547	Renato Santos	00:31:15	01:00:52	00:57:04	3233		Senior	607	00:05:26	4289
3637	5156	Deniz David	00:29:53	01:00:52	01:00:29	3897	Frufras	V35	108	00:05:26	4316
3638	6503	Nuno Freire	00:29:31	01:00:52	01:00:01	3803		V45	550	00:05:30	4435
3639	7170	Pedro Coutinho	00:35:19	01:00:53	00:52:55	2349	HutRunners	V40	496	00:04:19	1790
3640	8628	Américo Candida	00:32:16	01:00:53	00:57:57	3395	Clube PT-Zcs	V50	391	00:04:44	2803
3641	1316	Paulo Dias	00:30:56	01:00:53	00:59:51	3775	Ser feliz	V55	194	00:04:41	2700
3642	2552	Maria Veloso	00:29:56	01:00:53	01:00:43	3937		V70	2	00:05:05	3626
3643	903	João Esteves	00:29:23	01:00:53	01:00:13	3845		V60	94	00:05:16	3969
3644	2847	Antonio Cunha	00:29:59	01:00:54	01:00:20	3865	#@s-eleit@s	V55	195	00:05:19	4065
3645	89	Ana Sobreiro	00:29:12	01:00:54	01:00:48	3953		V45	157	00:05:16	3965
3646	9201	Gonçalo Padua	00:33:34	01:00:54	00:56:27	3107		Senior	608	00:04:26	2069
3647	1311	Bernardo Topa	00:37:59	01:00:55	00:45:25	870	Art of Surf	Senior	609	00:03:53	791
3648	1087	João Lourenço	00:33:52	01:00:56	00:54:21	2641		V35	428	00:04:53	3163



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3649	753	Sónia Fernandes	00:29:28	01:00:56	01:00:41	3928		V40	148	00:05:37	4577
3650	8958	João Pires	00:29:40	01:00:56	01:00:43	3940	Clube de Futebol "Os Belenenses"	V50	392	00:05:19	4075
3651	2881	Celina Francisco	00:29:50	01:00:57	01:00:20	3864		Senior	227	00:04:55	3227
3652	2638	Sandra Joaquim	00:29:26	01:00:58	01:00:45	3948	Clube EDP Lisboa	V45	158	00:05:15	3943
3653	5466	Cláudia André	00:29:45	01:00:58	01:00:41	3929	Sporting Clube de Casainhos	V40	149	00:05:36	4561
3654	6008	Marta Teias	00:29:34	01:00:58	01:00:29	3896		V40	150	00:05:18	4051
3655	3240	Helena Castro	00:29:05	01:00:58	01:00:27	3893	CrossBox The Bravery	V45	159	00:04:12	1517
3656	7590	Marta Peralta	00:31:27	01:00:59	00:59:40	3736		Senior	228	00:04:54	3182
3657	5679	Susana Esteves	00:30:17	01:00:59	01:00:46	3949		V45	160	00:04:52	3124
3658	7798	Thiago Rodrigues	00:31:27	01:01:00	00:59:40	3737		Senior	610	00:04:55	3257
3659	5123	Joaquim Condeça	00:31:42	01:01:00	00:57:27	3308		V45	551	00:04:34	2433
3660	7946	Ana Santos	00:31:45	01:01:00	00:58:29	3502		V45	161	00:04:51	3092
3661	916	Maria Dias	00:31:00	01:01:00	01:00:26	3885		Senior	229	00:04:52	3107
3662	7618	Joana Cambas	00:30:58	01:01:01	00:58:49	3552	Atitude Outdoor	V35	109	00:05:27	4342
3663	5222	Manuela Lopes	00:30:19	01:01:01	01:00:58	3983	Clube Novo Banco	V45	162	00:05:13	3867
3664	9000	Vitor Aguilhar	00:31:55	01:01:02	00:59:20	3669		V70	4	00:05:03	3530
3665	6183	Francisca Silveira	00:31:32	01:01:02	00:58:37	3523	NewMe	Senior	230	00:05:49	4801
3666	1944	Pedro Sardinha	00:28:55	01:01:03	01:00:07	3818		V35	429	00:05:35	4534
3667	6896	Paulo Silva	00:30:28	01:01:04	00:58:48	3551		V50	393	00:04:53	3169



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3668	6185	Paulo Machado	00:32:54	01:01:04	00:58:39	3526	NewMe	Senior	611	00:05:07	3686
3669	3484	Rita Alves	00:34:19	01:01:04	00:53:53	2556		Senior	231	00:04:39	2597
3670	6028	Rita Garcia	00:30:36	01:01:04	01:00:43	3934		Senior	232	00:05:25	4248
3671	3641	Susana Viana	00:29:47	01:01:05	01:00:42	3931	Par de jarras	V50	88	00:06:28	5337
3672	5670	João Caetano	00:32:01	01:01:05	00:58:06	3416	bota que tem	Senior	612	00:04:52	3125
3673	897	Monica Vaz	00:29:30	01:01:05	01:01:04	4002		V45	163	00:05:39	4612
3674	6293	Raquel Coelho	00:29:32	01:01:05	01:00:55	3978		V35	110	00:05:13	3870
3675	7805	Ana Mota	00:30:11	01:01:05	01:00:10	3835		V35	111	00:05:01	3470
3676	5669	Joana Pedro	00:32:01	01:01:06	00:58:07	3417	bota que tem	Senior	233	00:04:53	3137
3677	5493	Elsa Loureiro	00:29:48	01:01:06	01:00:44	3943		V45	164	00:05:50	4832
3678	4735	Mário Cardoso	00:29:52	01:01:06	01:00:02	3807	Correr Soc. Rec. da Granja	V40	497	00:05:32	4471
3679	810	Pedro Amaral	00:31:28	01:01:07	00:58:27	3494		V45	552	00:05:05	3631
3680	4871	Sandra Marina	00:30:04	01:01:07	01:00:42	3933		V45	165	00:05:03	3534
3681	1356	Célia Baptista	00:29:14	01:01:08	01:00:59	3985	BAPTISTA RUNNERS	V40	151	00:05:19	4069
3682	7997	Ana Ferreira	00:30:33	01:01:08	01:00:15	3853	ONTRISPORTS	Senior	234	00:05:22	4147
3683	5828	Pedro Pinto	00:31:52	01:01:08	00:59:16	3650		Senior	613	00:04:56	3287
3684	4134	Gabriel Costa	00:31:53	01:01:08	00:59:16	3648		Senior	614	00:04:56	3280
3685	3557	Rui Gonçalves	00:30:09	01:01:08	01:00:11	3838	NARM MESSEJANA	V40	498	00:04:44	2820
3686	7489	Sonia Ravasqueira	00:30:27	01:01:08	01:00:53	3967	SLIM21	V40	152	00:04:58	3329



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3687	431	Nuno Carpinteiro	00:29:57	01:01:08	01:00:45	3944		V50	394	00:04:59	3395
3688	2244	Manuel Ferreira	00:28:59	01:01:08	01:00:04	3812		V35	430	00:06:13	5152
3689	4911	Olga Viana	00:29:50	01:01:10	01:00:39	3925		V35	112	00:05:15	3940
3690	607	Carla Faria	00:29:15	01:01:10	01:00:58	3984	GRCD Leião	V50	89	00:05:30	4414
3691	2825	Heloísa Gerardo	00:28:16	01:01:10	00:59:18	3661		Senior	235	00:05:16	3979
3692	5635	João Xavier	00:33:34	01:01:10	00:56:41	3157		Senior	615	00:04:33	2377
3693	2442	Joaquim Morgado	00:30:21	01:01:10	00:59:51	3774		V45	553	00:05:13	3883
3694	4142	Miguel Santos	00:30:40	01:01:11	01:00:23	3871		V40	499	00:05:20	4101
3695	4817	Gonçalo Pombo	00:29:40	01:01:11	01:00:36	3917		V35	431	00:05:09	3760
3696	7987	Rodrigo Narigueta	00:29:23	01:01:11	01:00:31	3903	ONTRISPORTS	Junior	43	00:05:16	3957
3697	6977	Joana Afonso	00:30:59	01:01:11	01:00:20	3867		V40	153	00:04:59	3404
3698	6064	João Nunes	00:28:34	01:01:11	01:00:39	3923	Strong team	V35	432	00:05:01	3443
3699	2894	Sandra Neves	00:29:24	01:01:13	01:00:54	3974		V45	166	00:05:17	4007
3700	6835	Luís Elvas	00:31:01	01:01:13	01:01:01	3994	Feeding Flames	Senior	616	00:05:00	3405
3701	5441	Joana Marques	00:33:33	01:01:14	00:56:44	3174		Senior	236	00:04:35	2453
3702	7988	Ana Narigueta	00:29:24	01:01:14	01:00:35	3915	ONTRISPORTS	V40	154	00:05:20	4077
3703	3819	André Rodrigues	00:29:30	01:01:14	01:00:13	3847		V35	433	00:05:26	4305
3704	8022	Xiaoke Yin	00:28:18	01:01:15	01:01:13	4031		V35	434	00:05:14	3899
3705	4437	Tomás Gonçalves	00:31:51	01:01:15	00:59:34	3717	Irongroup	Senior	617	00:04:59	3383



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3706	2998	Teresa Teixeira	00:30:00	01:01:16	01:00:11	3840		V55	33	00:05:20	4094
3707	5610	Susana Ferreira	00:28:46	01:01:17	01:00:53	3972		V40	155	00:05:57	4925
3708	8486	Catarina Mendes	00:32:59	01:01:18	00:57:09	3244	Off Limits CrossFit	V40	156	00:04:54	3179
3709	7480	Daniel Nogueira	00:37:13	01:01:18	00:48:22	1425	BI4ALL	Senior	618	00:03:53	802
3710	8518	Mariana Silva	00:33:48	01:01:18	00:55:07	2841	Off Limits CrossFit	Senior	237	00:04:39	2624
3711	8487	Pedro Marcelino	00:32:59	01:01:18	00:57:09	3245	Off Limits CrossFit	V35	435	00:04:54	3180
3712	8147	Pedro	00:31:21	01:01:19	00:59:28	3693	CCD TRANQUILIDADE	V45	554	00:05:03	3551
3713	7563	Susana Silva	00:30:29	01:01:19	00:59:45	3751		V40	157	00:05:08	3718
3714	7450	Marta Oliveira	00:30:27	01:01:19	00:59:45	3752		Senior	238	00:05:08	3721
3715	258	Joana Marques	00:31:32	01:01:20	00:58:40	3532		Senior	239	00:05:07	3699
3716	1312	Lloyd Martins	00:37:59	01:01:21	00:45:51	939	Art of Surf	Senior	619	00:04:19	1787
3717	5049	Marta Emidio	00:33:00	01:01:24	00:56:38	3148		V35	113	00:04:51	3065
3718	7058	Hugo Santos	00:31:13	01:01:24	00:58:25	3487		V40	500	00:05:28	4351
3719	4075	António Alves	00:30:31	01:01:25	01:00:53	3971		V65	46	00:05:14	3926
3720	6161	Carlos Brito	00:30:31	01:01:25	01:01:00	3993		V35	436	00:05:02	3515
3721	5213	José Gonçalves	00:31:25	01:01:26	00:59:47	3760	Clube Novo Banco	V55	196	00:04:57	3297
3722	5515	Manuel Nobre	00:29:53	01:01:26	01:01:11	4027		Senior	620	00:05:24	4241
3723	7678	Marina Baptista	00:31:24	01:01:26	00:59:48	3769	GMCJamor	V40	158	00:04:57	3317
3724	6032	Joao Bagagem	00:31:17	01:01:26	00:58:40	3529		V35	437	00:05:07	3681



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3725	2220	Marta Amaro	00:29:58	01:01:28	01:01:23	4048		V40	159	00:04:57	3305
3726	5575	André Canelas	00:34:26	01:01:28	00:53:25	2449		Senior	621	00:04:41	2668
3727	8021	Patrícia Luís	00:29:46	01:01:28	01:01:09	4024		V35	114	00:05:22	4146
3728	1127	Daniel Pinho	00:31:22	01:01:28	00:58:59	3590		Senior	622	00:05:47	4774
3729	5574	Raquel Fonseca	00:34:26	01:01:28	00:53:26	2451		Senior	240	00:04:41	2667
3730	4955	Ana Lopes	00:30:11	01:01:29	01:01:22	4045		Senior	241	00:05:26	4302
3731	6665	Hugo Leão	00:30:29	01:01:29	00:59:48	3768		V45	555	00:04:35	2443
3732	8899	Patricia Neves	00:32:24	01:01:29	00:56:36	3141		V35	115	00:04:48	2952
3733	8081	Sandra Gonçalves	00:30:11	01:01:30	01:00:51	3958	CDCR dos CTT	V45	167	00:05:11	3836
3734	2097	Tiago Palma	00:35:50	01:01:30	00:52:14	2211	CNOCA	Senior	623	00:04:32	2325
3735	2114	João Oliveira	00:29:39	01:01:30	01:00:33	3911		V50	395	00:05:17	4009
3736	8903	Noé Soares	00:32:23	01:01:30	00:56:37	3142		V35	438	00:04:50	3026
3737	4196	Vanessa Chambel	00:29:32	01:01:31	01:01:30	4072		V35	116	00:05:15	3942
3738	3067	Inês Rodrigues	00:29:08	01:01:31	01:00:59	3988	Strong team	Senior	242	00:05:36	4552
3739	8031	Filipa Padua	00:33:50	01:01:31	00:57:02	3227		Senior	243	00:04:28	2156
3740	7448	Nelson Vicente	00:30:33	01:01:31	01:00:46	3950		V45	556	00:05:33	4502
3741	4660	Verónica Palomo	00:31:43	01:01:32	00:59:13	3636	Kotas Boa Forma	V40	160	00:05:09	3762
3742	4665	Célia Pereira	00:31:43	01:01:32	00:59:15	3647	Kotas Boa Forma	V45	168	00:05:09	3763
3743	8412	Elisabete Rosa	00:30:33	01:01:32	01:01:04	4005		V45	169	00:05:21	4136



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3744	3216	Nuno Guerreiro	00:30:34	01:01:33	01:01:03	3997	Grupo Atletas Algês	V50	396	00:05:22	4171
3745	3217	Ana Bibi	00:30:34	01:01:33	01:01:05	4009	Grupo Atletas Algês	V45	170	00:05:21	4119
3746	4342	Joana Vieira	00:29:41	01:01:34	01:00:47	3951		V35	117	00:05:05	3611
3747	4373	Ricardo Santos	00:32:42	01:01:34	00:56:33	3130	Família Silvestre	V40	501	00:05:13	3872
3748	985	Rosa Estêvão	00:29:57	01:01:35	01:01:28	4067	MASTERS RUNNERS	V50	90	00:05:06	3648
3749	3493	Pedro Correia	00:28:58	01:01:35	01:01:25	4055		V50	397	00:05:29	4385
3750	685	Gonçalo Assis	00:29:54	01:01:35	01:00:01	3804	GARLIC RUNNERS	V35	439	00:05:09	3774
3751	7276	Luis Silva	00:30:03	01:01:35	01:01:17	4040	CLUBE MILLENNIUM BCP	V50	398	00:05:43	4674
3752	6452	Luís Guerreiro	00:30:12	01:01:35	01:01:08	4022		V40	502	00:05:05	3604
3753	3494	Cláudia Gomes	00:28:58	01:01:36	01:01:25	4056		V45	171	00:05:30	4431
3754	2333	João Infante	00:31:03	01:01:36	01:00:19	3860	Correr em Évora	V55	197	00:04:58	3352
3755	6874	João Lázaro	00:30:30	01:01:37	01:00:49	3956	Os Flechas	V35	440	00:05:27	4341
3756	3473	Cláudia Afonso	00:29:59	01:01:37	01:01:27	4061		Senior	244	00:05:16	3985
3757	2334	Ana Infante	00:31:03	01:01:37	01:00:20	3861	Correr em Évora	V55	34	00:04:58	3353
3758	282	Antonio Coutinho	00:30:30	01:01:37	01:01:14	4034		V55	198	00:05:29	4400
3759	6875	Nuno Dias	00:30:31	01:01:37	01:00:51	3957	Os Flechas	V35	441	00:05:28	4353
3760	6284	Rodrigo Guimarães	00:34:09	01:01:38	00:57:09	3248		V40	503	00:04:44	2829
3761	8162	Lauro Filho	00:34:47	01:01:38	00:56:09	3043	SD Sports Team	V35	442	00:04:15	1640
3762	3220	Catarina Fortes	00:31:04	01:01:38	01:00:21	3868	Correr em Évora	V50	91	00:05:31	4447



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3763	7176	Gonçalo Pereira	00:30:11	01:01:39	01:00:59	3992	Running Club Santa Casa	Senior	624	00:05:16	3962
3764	6282	Gabriel Tavares	00:30:30	01:01:39	01:01:16	4038		Senior	625	00:05:31	4439
3765	2519	Ricardo Sousa	00:28:45	01:01:39	01:01:29	4069		V45	557	00:06:43	5482
3766	285	Buno Teles	00:30:30	01:01:39	01:01:16	4036		V40	504	00:05:32	4460
3767	9312	Francisco Feio	00:32:35	01:01:39	00:58:39	3527		Senior	626	00:04:50	3043
3768	7494	Carla Cardoso	00:30:57	01:01:40	01:00:37	3922		V45	172	00:05:25	4277
3769	555	Nuno Martins	00:29:07	01:01:40	01:01:31	4077		V40	505	00:05:23	4205
3770	6175	Carolina Machado	00:29:50	01:01:40	01:01:23	4047		Senior	245	00:05:27	4321
3771	2815	Eucinário Pinheiro	00:30:26	01:01:41	01:00:59	3989	FIDELIDADE GDC	V55	199	00:05:14	3921
3772	5060	Carla Marques	00:32:02	01:01:41	00:59:21	3672		V45	173	00:04:57	3298
3773	8512	Francisco Torres	00:31:55	01:01:43	00:57:52	3379	Off Limits CrossFit	Senior	627	00:04:42	2714
3774	2459	Pedro Fernandes	00:29:58	01:01:43	01:01:38	4097		V45	558	00:05:54	4892
3775	2303	Ana Rodrigues	00:29:57	01:01:44	01:01:30	4074		Senior	246	00:05:44	4708
3776	4305	Ana Branco	00:30:06	01:01:44	01:00:45	3947	Vilaventura Trail	V45	174	00:05:16	3975
3777	4718	Jorge Cunha	00:30:48	01:01:44	01:01:05	4010		V45	559	00:05:22	4164
3778	7548	José Pereira	00:30:03	01:01:44	01:01:41	4110		V60	95	00:05:44	4696
3779	6290	Miguel Mora	00:31:29	01:01:44	00:59:59	3797		Senior	628	00:04:59	3367
3780	5651	John-Henry Brichart	00:32:18	01:01:44	00:57:46	3356		V35	443	00:04:29	2198
3781	2780	Mafalda Ramos	00:32:06	01:01:44	00:59:45	3750		V45	175	00:05:00	3430



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3782	6289	Sofia Mancelos	00:31:30	01:01:44	00:59:58	3793		Senior	247	00:04:59	3366
3783	3241	Marta Cadete	00:29:05	01:01:45	01:01:14	4033	CrossBox The Bravery	V45	176	00:05:00	3427
3784	6873	Marco Pereira	00:30:43	01:01:45	00:59:06	3608	Saloios de Leiria	V40	506	00:06:00	4988
3785	4203	Bruno Ferreira	00:30:07	01:01:45	01:00:48	3952		Senior	629	00:05:02	3506
3786	659	Carlos Ambrósio	00:29:26	01:01:45	01:01:39	4103		V45	560	00:05:22	4150
3787	6422	Susana Lourenço	00:30:13	01:01:46	01:01:26	4060		V35	118	00:04:50	3054
3788	7364	Miguel Afonso	00:31:32	01:01:46	01:00:08	3822		V35	444	00:05:17	4019
3789	3895	António Oliveira	00:32:47	01:01:46	00:59:10	3625		V55	200	00:04:47	2920
3790	301	António Silva	00:30:50	01:01:46	01:01:39	4102		V65	47	00:05:22	4152
3791	4390	José Cunha	00:30:46	01:01:46	01:00:59	3986	CCDTMetroLX	V55	201	00:05:09	3767
3792	5790	Cármén Neves	00:30:32	01:01:46	01:01:22	4046	Manecas	Senior	248	00:05:17	3993
3793	581	Pedro Lopes	00:30:25	01:01:47	01:01:25	4058	MIMOS	Senior	630	00:05:41	4648
3794	1254	Beatriz Santos	00:30:56	01:01:47	01:00:44	3942	Fortíssimos	Senior	249	00:04:48	2961
3795	530	Pedro Carrapato	00:33:27	01:01:47	00:58:13	3441		V45	561	00:04:37	2529
3796	7802	Catarina Oom	00:31:02	01:01:47	01:00:27	3892		Senior	250	00:05:29	4404
3797	6551	Maria Vidal	00:31:18	01:01:48	00:59:19	3665		V40	161	00:05:25	4252
3798	6233	Carlos Infante	00:33:30	01:01:49	00:56:26	3102		Senior	631	00:04:37	2509
3799	5311	Luís Fraga	00:29:32	01:01:49	01:01:28	4065	SS CGD	V35	445	00:05:02	3519
3800	917	Gonçalo Faria	00:31:13	01:01:49	00:59:08	3614		V35	446	00:05:34	4507



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3801	1529	Humberto Galvão	00:35:06	01:01:49	00:53:33	2488		V50	399	00:04:23	1972
3802	907	Andreia Afonso	00:30:15	01:01:49	01:01:35	4089		Senior	251	00:05:29	4399
3803	8248	Tiago Sanche	00:28:26	01:01:49	01:01:10	4025		Senior	632	00:05:53	4885
3804	1947	António Gouveia	00:35:05	01:01:49	00:53:33	2486		V50	400	00:04:23	1963
3805	7422	Inês Soares	00:33:22	01:01:49	00:55:47	2959		Senior	252	00:04:58	3332
3806	1848	Rita Silva	00:30:10	01:01:50	00:59:52	3777	Housemartins Belas	V35	119	00:05:34	4514
3807	8839	Vera Pinto	00:32:08	01:01:50	00:59:00	3595		V35	120	00:05:00	3410
3808	3479	Rita Carvalho	00:32:42	01:01:51	00:58:36	3520		V40	162	00:04:46	2896
3809	6072	Luis Mateus	00:30:04	01:01:51	01:00:16	3855	Lidlers	V35	447	00:06:30	5356
3810	5272	Helena Freitas	00:31:17	01:01:51	01:00:22	3869		V35	121	00:04:58	3361
3811	3851	Francisco Santos	00:29:44	01:01:52	01:01:44	4122		V65	48	00:05:25	4254
3812	8255	Francisco Silvestre	00:31:30	01:01:52	01:01:01	3995		Senior	633	00:05:04	3566
3813	1901	Karoline Braz	00:30:28	01:01:52	01:00:53	3968	Insane Évora Team	Senior	253	00:05:06	3654
3814	2885	Luís Gomes	00:32:17	01:01:52	00:59:08	3615		V65	49	00:04:54	3195
3815	5784	João Carradinha	00:31:11	01:01:53	00:58:44	3545	Pedro	V40	507	00:05:20	4105
3816	1194	António Ferreirinho	00:29:04	01:01:53	01:01:36	4092		V70	5	00:05:41	4649
3817	1609	Abel Felicio	00:34:15	01:01:53	00:54:22	2662		V45	562	00:04:44	2812
3818	9015	Patrícia Pacheco	00:31:26	01:01:53	01:00:51	3959		Senior	254	00:05:21	4140
3819	7031	Samuel Figueiredo	00:31:29	01:01:54	01:00:26	3887		V40	508	00:04:42	2716



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3820	7189	Manuel Amaral	00:30:48	01:01:56	01:01:16	4039		Senior	634	00:05:17	4018
3821	6932	Pedro Santos	00:29:03	01:01:56	01:01:53	4149		V45	563	00:05:12	3840
3822	3161	Washington Alves	00:29:08	01:01:57	01:01:30	4073		V45	564	00:05:42	4664
3823	5964	Ricardo Silva	00:32:32	01:01:57	00:59:09	3622		V45	565	00:04:40	2662
3824	225	Rúben Fontes	00:30:28	01:01:58	01:01:36	4094		V35	448	00:05:18	4034
3825	6853	Jorge Oliveira	00:29:39	01:01:58	01:01:27	4063	Convictus	V50	401	00:06:15	5192
3826	276	Carina Carapinha	00:30:28	01:01:58	01:01:36	4093		V35	122	00:05:18	4036
3827	6271	Luís Neiva	00:29:54	01:01:58	01:00:51	3961		V45	566	00:05:45	4725
3828	1611	Neuza Fernandes	00:30:18	01:01:58	01:01:49	4139		V40	163	00:05:20	4088
3829	5927	Jose Camelo	00:32:32	01:01:59	00:59:10	3623		V45	567	00:04:41	2672
3830	5811	Pedro Dias	00:29:27	01:01:59	01:01:38	4099		V45	568	00:04:57	3295
3831	5494	Duarte Ribeiro	00:33:20	01:01:59	00:56:12	3055		Senior	635	00:04:44	2830
3832	7306	Pedro Santos	00:31:05	01:02:00	01:01:03	3996	CLUBE MILLENNIUM BCP	V45	569	00:05:14	3932
3833	158	Joel Silva	00:31:05	01:02:00	01:01:03	4000		V45	570	00:05:16	3963
3834	5780	Mafalda Silva	00:30:50	01:02:00	01:01:18	4041	DLL	Junior	19	00:05:05	3599
3835	328	Joao Cabecas	00:39:42	01:02:01	00:47:48	1305		V50	402	00:03:54	834
3836	8872	Cleonice Oliveira	00:29:58	01:02:03	01:01:54	4151	Associação de Moradores de Atibá	V55	35	00:05:24	4210
3837	4407	Maria Fael	00:32:46	01:02:03	00:59:10	3624		Senior	255	00:05:01	3453
3838	2178	Carla Lourenço	00:31:35	01:02:03	01:00:07	3817		V35	123	00:05:25	4267



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3839	1024	Joao Miguel	00:31:19	01:02:03	01:01:39	4104		V80	1	00:04:59	3396
3840	3579	Karim Bangy	00:29:36	01:02:04	01:01:50	4140	GDC Banco de Portugal	Senior	636	00:05:33	4493
3841	4570	Ana Matias	00:29:52	01:02:04	01:01:39	4101	CC Ageas Portugal	V55	36	00:05:39	4605
3842	268	Catarina Ricardo	00:30:13	01:02:04	01:01:04	4001		Senior	256	00:05:31	4450
3843	5596	João Lazera	00:33:04	01:02:04	00:57:48	3366		V40	509	00:04:45	2835
3844	1372	Lucia Alves	00:31:32	01:02:05	01:00:43	3935	FELIZ NATAL	V50	92	00:05:14	3905
3845	290	Vera Antonio	00:29:46	01:02:05	01:02:00	4168		V40	164	00:05:22	4153
3846	216	Rui Antunes	00:29:46	01:02:05	01:01:51	4141		V40	510	00:05:22	4154
3847	1663	Eduardo Santos	00:32:48	01:02:05	00:57:07	3240		V60	96	00:04:49	3005
3848	8301	Mariana Feijão	00:29:12	01:02:05	01:02:00	4170		V40	165	00:05:19	4071
3849	7800	Adriana Dias	00:32:24	01:02:06	00:58:31	3508		Senior	257	00:05:01	3471
3850	2560	João Aniceto	00:30:50	01:02:06	01:01:40	4106		V50	403	00:05:17	4004
3851	4190	Ana Cristo	00:30:37	01:02:07	01:01:51	4142		Senior	258	00:05:12	3855
3852	2120	José Galvão	00:29:55	01:02:08	01:01:42	4115		V50	404	00:05:28	4363
3853	1946	Rui Mata	00:29:56	01:02:08	01:01:42	4116		V45	571	00:05:27	4329
3854	2151	Carolina Fernandes	00:33:10	01:02:08	00:58:21	3474		Senior	259	00:05:00	3423
3855	7667	Francisco Clerigo	00:30:19	01:02:09	01:01:31	4078	SS CGD	V65	50	00:05:21	4139
3856	8611	Sérgio Ramos	00:29:54	01:02:09	01:01:31	4080		V45	572	00:05:05	3635
3857	6684	David Martins	00:32:08	01:02:09	01:02:01	4172		V45	573	00:05:10	3802



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3858	7856	Mário Andrade	00:30:52	01:02:10	01:01:55	4152		V50	405	00:05:13	3898
3859	4071	Nuria Casarejos	00:31:07	01:02:10	01:01:26	4059		V50	93	00:05:41	4644
3860	2139	Pedro Cardador	00:31:29	01:02:10	01:01:13	4032		V45	574	00:04:20	1827
3861	7876	Maria Fernandes	00:29:00	01:02:11	01:01:31	4079		V55	37	00:05:37	4584
3862	7084	João Rodrigues	00:30:21	01:02:11	01:01:48	4134		V40	511	00:05:44	4695
3863	2204	João Neto	00:30:42	01:02:11	01:00:09	3829		Senior	637	00:05:18	4038
3864	6693	Tiago Tarracha	00:30:19	01:02:11	01:01:49	4137		Senior	638	00:05:44	4723
3865	8646	Jose Coelho	00:31:26	01:02:13	01:00:43	3939		V55	202	00:05:10	3782
3866	2806	Bruno Neves	00:28:39	01:02:14	01:02:02	4177	Limited Edition	Senior	639	00:05:16	3977
3867	1278	António Neves	00:30:55	01:02:14	01:01:20	4043	Hard Running Team Arruda dos Vinhos	V60	97	00:05:32	4461
3868	6817	Ivo Fernandes	00:33:41	01:02:15	00:56:10	3049		V35	449	00:04:48	2950
3869	248	Pedro Sá	00:29:06	01:02:15	01:01:55	4153		Senior	640	00:05:17	4016
3870	2511	Vasco Lavado	00:31:06	01:02:15	01:01:07	4018	Alverca Urban Runners	V45	575	00:05:17	4005
3871	7046	Nuno Garcia	00:28:45	01:02:16	01:01:34	4088		V35	450	00:05:30	4409
3872	1567	João Azedo	00:28:46	01:02:16	01:02:11	4200	Alverca Urban Runners	V55	203	00:05:49	4813
3873	1854	Filipe Gonçalves	00:29:22	01:02:16	01:02:08	4191	Lisbon Panthers	V40	512	00:05:41	4646
3874	6834	Carolina Bandeira	00:31:01	01:02:16	01:02:05	4183	Feeding Flames	Senior	260	00:05:47	4779
3875	5365	José Eterno	00:32:56	01:02:17	00:56:54	3209		V50	406	00:05:05	3596
3876	4466	Susana Mesquita	00:29:49	01:02:17	01:02:11	4203		V45	177	00:05:23	4192



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3877	829	Francisco Pinheiro	00:32:08	01:02:18	00:59:25	3685		V65	51	00:04:57	3310
3878	6182	Inês Santos	00:32:34	01:02:18	00:59:48	3767	NewMe	V35	124	00:06:17	5221
3879	5021	Rui Teixeira	00:32:12	01:02:18	00:59:22	3676		V50	407	00:05:14	3934
3880	6206	Pedro Fortunato	00:32:33	01:02:19	00:59:49	3771	NewMe	Senior	641	00:06:17	5220
3881	7766	Gonçalo Ferreira	00:33:34	01:02:19	00:56:17	3068		Senior	642	00:05:21	4135
3882	1942	Renato Simões	00:33:16	01:02:19	01:01:15	4035		Senior	643	00:04:28	2178
3883	5281	Teresa Silva	00:30:28	01:02:20	01:01:42	4114		Senior	261	00:05:14	3935
3884	4651	Sara Freitas	00:31:13	01:02:21	01:01:49	4138		Senior	262	00:05:05	3609
3885	4835	Antonio Braga	00:30:00	01:02:22	01:02:08	4189		V65	52	00:05:37	4567
3886	187	Carine Pais	00:29:15	01:02:23	01:01:55	4154		V35	125	00:05:31	4452
3887	5893	Andreia Vieira	00:31:03	01:02:23	01:02:08	4190		Senior	263	00:05:41	4641
3888	5794	Vitor Pinto	00:30:43	01:02:23	01:00:58	3982	fast and furious	V35	451	00:05:26	4310
3889	8679	Eduardo Lopes	00:31:19	01:02:24	01:01:40	4108		V50	408	00:05:14	3903
3890	3978	Ana Pacheco	00:31:21	01:02:24	01:02:02	4176	Bombeiros Voluntários de Montemor-o-Novo	Junior	20	00:05:19	4067
3891	5708	Orlando Silva	00:30:28	01:02:25	01:02:19	4228	Santos & Silva	V65	53	00:04:57	3296
3892	739	Gonçalo Areia	00:36:54	01:02:26	00:51:51	2123		V50	409	00:04:28	2164
3893	7555	Pedro Vaz	00:36:39	01:02:26	01:00:26	3888	IDW2	Senior	644	00:03:52	754
3894	2268	Tania Saraiva	00:33:47	01:02:27	00:55:59	3003	Starfish	V40	166	00:04:38	2566
3895	1322	Eduardo Filipe	00:38:40	01:02:28	00:50:22	1824	Smile	Senior	645	00:03:54	830



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3896	5420	Francisca Azevedo	00:31:39	01:02:28	00:59:18	3660		Senior	264	00:05:25	4243
3897	6454	Fábia Araújo	00:34:10	01:02:28	00:56:39	3149		Senior	265	00:04:37	2511
3898	60	Sonia Nunes	00:28:43	01:02:29	01:01:55	4155		V40	167	00:05:36	4549
3899	1190	Pedro Vieira	00:29:53	01:02:29	01:02:12	4205		V35	452	00:05:03	3548
3900	3841	Nilcilene Ormond	00:31:26	01:02:29	01:01:33	4083		V35	126	00:05:06	3658
3901	6111	Liliana Coelho	00:29:28	01:02:30	01:02:27	4248		V35	127	00:05:21	4114
3902	6561	Goncalo Amaro	00:30:28	01:02:30	01:02:20	4230		V40	513	00:05:36	4559
3903	5495	Ricardo Franco	00:30:33	01:02:31	01:01:46	4126		V45	576	00:05:30	4436
3904	2331	Paulo Marques	00:37:21	01:02:32	00:50:53	1933		V55	204	00:04:11	1472
3905	5357	Luís Carvalho	00:30:43	01:02:32	01:01:05	4011		V50	410	00:05:32	4480
3906	3835	Camila Manique	00:28:31	01:02:33	01:02:24	4238		Senior	266	00:05:47	4760
3907	2275	Pedro Carvalho	00:29:57	01:02:33	01:02:02	4178		V50	411	00:05:10	3785
3908	6393	Ana Cardoso	00:30:13	01:02:34	01:02:13	4209		Senior	267	00:05:34	4519
3909	2901	Ana Pereira	00:34:22	01:02:34	00:56:32	3126		Senior	268	00:04:43	2773
3910	1283	Isabel Gomez	00:31:08	01:02:34	01:01:03	3999	Run Crew Trail Montijo	V40	168	00:05:34	4512
3911	2462	Maria Moradas	00:31:07	01:02:34	01:02:24	4239		Senior	269	00:04:56	3271
3912	3267	Fernando Guerreiro	00:33:08	01:02:35	00:59:37	3729	Link	V45	577	00:04:50	3048
3913	657	Luis Azevedo	00:31:04	01:02:37	01:01:57	4161		V55	205	00:05:15	3950
3914	3749	Joana Dias	00:30:55	01:02:38	01:01:35	4090		Senior	270	00:05:28	4370



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3915	6933	Ana Rodrigues	00:31:42	01:02:38	01:02:17	4225		Senior	271	00:05:06	3639
3916	7169	Ricardo Basso	00:32:39	01:02:38	01:01:36	4095	HutRunners	V45	578	00:05:04	3565
3917	5038	João Martins	00:30:01	01:02:38	01:02:34	4266		Senior	646	00:05:32	4469
3918	5018	Inês Estrada	00:30:02	01:02:38	01:02:34	4267		Senior	272	00:05:32	4470
3919	2412	Pedro Vicente	00:31:58	01:02:39	01:00:30	3901		V40	514	00:05:24	4224
3920	3665	Filomena Fialho	00:29:38	01:02:41	01:02:35	4272	Correr Queluz	V55	38	00:05:46	4759
3921	4463	Nuno Costa	00:32:49	01:02:41	00:57:17	3274		V40	515	00:05:12	3858
3922	4898	António Estorninho	00:33:34	01:02:41	00:59:18	3658		Senior	647	00:04:31	2278
3923	4054	Irene Inácio	00:30:49	01:02:42	01:02:36	4276		V50	94	00:05:57	4927
3924	8678	Diogo Castanheiro	00:35:28	01:02:42	01:00:26	3890		Junior	44	00:04:14	1562
3925	3077	Maria Sanches	00:31:04	01:02:43	01:01:23	4050	Run&Win(e)	V50	95	00:05:19	4066
3926	7861	Maria Cunha	00:29:56	01:02:43	01:02:20	4233		V50	96	00:05:32	4459
3927	3627	Marta Trigueiro	00:33:33	01:02:43	00:58:56	3579	BTM TEAM	V40	169	00:04:33	2362
3928	836	Tiara Teixeira	00:29:30	01:02:43	01:02:35	4270		Senior	273	00:05:53	4878
3929	1691	Ana Praxedes	00:31:27	01:02:43	01:02:36	4280		V45	178	00:05:13	3881
3930	3476	Rui Arenga	00:30:10	01:02:43	01:01:41	4111		V45	579	00:05:33	4487
3931	210	Luzia Capela	00:31:27	01:02:44	01:02:36	4279		V50	97	00:05:13	3886
3932	8777	Célia Sousa	00:30:02	01:02:44	01:02:13	4213		V45	179	00:05:30	4412
3933	7832	João Fernandes	00:31:00	01:02:44	01:02:10	4198	CCD Siemens	V35	453	00:04:53	3174



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3934	780	Jorge Dias	00:30:16	01:02:44	01:02:34	4268		V55	206	00:05:17	4012
3935	2954	Ana Pereira	00:31:34	01:02:45	01:01:34	4087	Limited Edition	Senior	274	00:05:12	3852
3936	7141	Paula Braz	00:32:48	01:02:45	01:01:12	4030		V35	128	00:05:04	3562
3937	7840	Sara Pereira	00:29:04	01:02:46	01:02:26	4245		V35	129	00:05:26	4284
3938	1562	Goncalo Augusto	00:32:21	01:02:47	00:59:01	3596		V40	516	00:04:59	3400
3939	1900	Sílvia Maia	00:30:47	01:02:47	01:02:44	4297	Insane Évora Team	V50	98	00:05:26	4298
3940	1707	Vânia Penedo	00:31:52	01:02:48	01:02:40	4288		Senior	275	00:05:02	3498
3941	6877	Bernardo Neves	00:33:46	01:02:48	00:57:19	3284	Embuchados	Senior	648	00:04:48	2951
3942	2146	Alexandre Aires	00:32:26	01:02:48	01:02:10	4196		Senior	649	00:04:32	2326
3943	7123	Ana Silva	00:31:17	01:02:49	01:02:15	4215		V35	130	00:05:45	4739
3944	703	Patricia Amaral	00:31:00	01:02:49	01:02:15	4217	Newmove	V35	131	00:05:24	4220
3945	9297	Gustavo Évora	00:30:28	01:02:50	01:01:47	4130		V55	207	00:05:21	4143
3946	758	Margarida Rito	00:30:42	01:02:50	01:02:36	4278		Senior	276	00:05:36	4548
3947	1959	Elena Escribano	00:31:57	01:02:52	01:00:49	3955		Senior	277	00:05:22	4163
3948	4812	Dora Duarte	00:29:17	01:02:52	01:02:39	4285		V60	15	00:06:11	5136
3949	413	Óscar Assunção	00:30:17	01:02:52	01:02:42	4293		V50	412	00:05:45	4732
3950	4658	Luís Pinheiro	00:38:10	01:02:53	00:52:50	2325	Kotas Boa Forma	V45	580	00:04:27	2108
3951	2678	Rui Barros	00:33:24	01:02:54	00:57:57	3390		V40	517	00:04:55	3225
3952	8504	Lidiane Matos	00:29:48	01:02:55	00:58:54	3576	Off Limits CrossFit	Senior	278	00:06:36	5416



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3953	7706	Jose Morais	00:34:12	01:02:55	00:55:43	2952	Familia Morais	V45	581	00:04:48	2949
3954	2476	Mariana Mira	00:32:34	01:02:55	01:01:08	4020		Senior	279	00:04:37	2523
3955	6951	Inês Vicente	00:32:00	01:02:56	01:02:13	4211	Ciao	Senior	280	00:05:13	3894
3956	6486	Alexandra Oliveira	00:31:00	01:02:56	01:02:26	4244		V40	170	00:05:24	4236
3957	6487	Pedro Sá	00:31:00	01:02:57	01:02:25	4243		V40	518	00:05:24	4237
3958	6523	Cloé Magalhães	00:29:49	01:02:57	01:02:39	4287	GDC Banco de Portugal	V35	454	00:05:47	4763
3959	4884	Ricardo Ferreira	00:30:13	01:02:57	01:02:41	4289		V40	519	00:05:17	4001
3960	1960	Ricardo Melitão	00:32:46	01:02:59	01:02:15	4219	CORRENDO E ANDANDO	V40	520	00:04:34	2411
3961	7921	Ana Ferrari	00:32:48	01:02:59	01:00:09	3832		V50	99	00:05:09	3776
3962	3332	Jorge Paulino	00:32:38	01:02:59	01:01:58	4162	Clube desportivo de mafra	V65	54	00:04:44	2815
3963	3139	Celina Oliveira	00:31:27	01:03:00	01:01:40	4107		Senior	281	00:05:21	4116
3964	342	Heloísa Costa	00:33:24	01:03:00	01:00:55	3977		Senior	282	00:05:01	3461
3965	993	Isilda Barradas	00:30:22	01:03:00	01:02:45	4300		V70	3	00:05:11	3828
3966	667	Madalena Caldeira	00:31:25	01:03:00	01:00:52	3964		V45	180	00:05:14	3907
3967	577	Pedro Flores	00:30:17	01:03:00	01:02:55	4317	Alverca Urban Runners	V45	582	00:05:05	3629
3968	6404	Elisabete Queirós	00:30:47	01:03:00	01:02:33	4263		V35	132	00:05:57	4924
3969	7901	Andreia Gomes	00:31:23	01:03:00	01:01:23	4051		Senior	283	00:05:18	4024
3970	5482	Maria Estêvão	00:31:26	01:03:01	01:02:45	4299		V50	100	00:05:26	4315
3971	7666	Fernando Alves	00:31:13	01:03:01	01:02:29	4255	SS CGD	V60	98	00:05:18	4025



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3972	6104	Ana Rolo	00:30:25	01:03:02	01:02:53	4310		V55	39	00:05:42	4673
3973	4689	Valter Leandro	00:30:29	01:03:02	01:02:56	4319	Clube de Atletismo da Nazaré	V40	521	00:05:33	4490
3974	8067	Rafaela Santos	00:31:11	01:03:03	01:02:26	4246	Grupo Recreativo e Desportivo da Ribeira da	Senior	284	00:05:17	4020
3975	4181	Carla Salvador	00:30:35	01:03:03	01:02:21	4235		Senior	285	00:05:31	4444
3976	2165	Ines Costa	00:30:20	01:03:03	01:03:00	4330		V50	101	00:05:40	4635
3977	2647	Rui Peres	00:28:24	01:03:03	01:02:29	4254	TEAMITSUPTOYOU	Senior	650	00:05:59	4981
3978	5399	Bruna Alves	00:31:50	01:03:04	01:01:28	4066	Osalves	Senior	286	00:05:04	3593
3979	2646	Pedro Peres	00:28:24	01:03:04	01:02:29	4253	TEAMITSUPTOYOU	Senior	651	00:06:00	4992
3980	1020	Henrique Vilhena	00:33:08	01:03:04	01:01:55	4156		V65	55	00:05:20	4093
3981	5144	Armando Costa	00:28:56	01:03:04	01:01:16	4037		V50	413	00:06:53	5546
3982	7059	Marta Duarte	00:29:39	01:03:05	01:02:35	4273	Strong team	V45	181	00:05:20	4082
3983	5400	Marcelo Alves	00:31:50	01:03:05	01:01:29	4070	Osalves	V45	583	00:05:05	3594
3984	2050	Alexandra Miranda	00:30:56	01:03:06	01:02:03	4180		V50	102	00:05:29	4392
3985	5013	Carla Oliveira	00:33:57	01:03:07	00:59:31	3706		V45	182	00:05:03	3532
3986	5016	Pedro Lisboa	00:33:57	01:03:07	00:59:31	3707		V45	584	00:05:03	3531
3987	6548	Raquel Marques	00:30:33	01:03:07	01:02:56	4321	GDCT Unicre	V45	183	00:05:29	4382
3988	6545	Paulo Marques	00:30:32	01:03:07	01:02:56	4320	GDCT Unicre	V50	414	00:05:30	4433
3989	3365	José Paio	00:30:37	01:03:07	01:02:54	4313		V45	585	00:05:48	4793
3990	3284	Daniela Costa	00:31:37	01:03:07	01:01:56	4159		Senior	287	00:05:11	3813



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
3991	1452	Mário Ferro	00:30:10	01:03:07	01:03:00	4331	Clube Ferroviário de Portugal	V65	56	00:05:27	4338
3992	2373	Helder Duarte	00:32:22	01:03:08	01:00:04	3811	Hélder e Amigos	V35	455	00:05:32	4467
3993	1202	Carlos Dias	00:30:09	01:03:08	01:02:37	4281	FIDELIDADE GDC	V65	57	00:05:47	4775
3994	2140	Filipa Cardador	00:31:29	01:03:09	01:02:11	4199		V35	133	00:05:14	3909
3995	8334	Catarina Borges	00:32:17	01:03:10	01:02:04	4182	Corrida Noturna Parque das Nações	Senior	288	00:05:21	4137
3996	5823	Nuno Vieira	00:30:35	01:03:10	01:02:53	4309		V45	586	00:05:10	3803
3997	6204	Pedro Oliveira	00:32:33	01:03:10	01:00:39	3924	NewMe	V35	456	00:04:43	2770
3998	6993	José Cerqueira	00:31:50	01:03:11	01:02:13	4212		V40	522	00:05:02	3482
3999	131	Andreza Araújo	00:33:03	01:03:11	01:00:40	3927		V40	171	00:05:04	3574
4000	2026	Sara Fulgêncio	00:36:26	01:03:12	00:55:23	2887		V45	184	00:04:16	1667
4001	6115	Mariana Antunes	00:30:40	01:03:12	01:03:07	4348		Senior	289	00:05:36	4560
4002	7774	Fernando Martins	00:30:49	01:03:12	01:02:20	4232		V55	208	00:05:31	4454
4003	6116	Carlos Antunes	00:30:41	01:03:12	01:03:08	4351		V55	209	00:05:35	4527
4004	6381	Rafael Pina	00:36:51	01:03:12	00:52:03	2170		V40	523	00:04:23	1952
4005	4899	Leonor Silva	00:33:35	01:03:13	00:59:50	3773		Senior	290	00:05:00	3433
4006	7045	Bruno Ramalho	00:33:32	01:03:13	01:00:07	3821		V35	457	00:05:11	3832
4007	5835	Marta Correia	00:31:01	01:03:14	01:03:07	4349		V40	172	00:05:21	4109
4008	8905	Andreia Avelino	00:32:36	01:03:15	01:01:05	4007		V35	134	00:04:52	3104
4009	6836	Jose Terras	00:30:29	01:03:15	01:02:32	4260	Corre+Come	V35	458	00:05:22	4172



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4010	8837	Nelson Henriques	00:32:36	01:03:15	01:01:04	4006		V35	459	00:04:53	3166
4011	7033	Paulo Viegas	00:35:41	01:03:15	00:57:42	3345		V50	415	00:04:06	1252
4012	4387	João Mendes	00:33:15	01:03:15	01:02:32	4261	CCDTMetroLX	V50	416	00:04:19	1783
4013	7280	Catarina Goncalves	00:30:23	01:03:15	01:03:04	4342	CLUBE MILLENNIUM BCP	Senior	291	00:05:53	4870
4014	2709	Ricardo Branco	00:30:04	01:03:16	01:03:06	4347		V50	417	00:05:16	3978
4015	3628	Mila Altamirano	00:33:29	01:03:16	01:00:31	3904	BTM TEAM	V35	135	00:04:59	3387
4016	6814	Carlos Rydin	00:31:51	01:03:16	01:02:13	4210		V60	99	00:05:08	3712
4017	8803	Ana Garoupa	00:31:18	01:03:16	01:02:16	4223		V35	136	00:05:31	4453
4018	8203	Catarina Gomes	00:31:24	01:03:18	01:01:41	4109		Senior	292	00:05:20	4084
4019	3110	Rui Figueira	00:31:11	01:03:18	01:02:16	4221		V45	587	00:05:28	4373
4020	1301	Ricardo Pires	00:33:01	01:03:18	01:00:44	3941	Jf massagista	V35	460	00:04:47	2936
4021	2836	Pedro Marques	00:34:04	01:03:19	00:59:49	3772		V40	524	00:04:52	3113
4022	1532	Daniela Moreira	00:35:35	01:03:19	00:55:36	2921		Senior	293	00:04:27	2130
4023	4908	Francisco Duarte	00:28:54	01:03:20	01:02:35	4271		Senior	652	00:06:05	5060
4024	1324	Milton Santiago	00:33:30	01:03:20	01:00:07	3819	#teamCoachMS	V40	525	00:05:08	3729
4025	2181	Paulo Pereira	00:32:26	01:03:20	01:02:42	4292		V45	588	00:05:05	3625
4026	8891	Carlos Pereira	00:36:49	01:03:20	00:52:29	2252		V50	418	00:04:38	2559
4027	5846	Sofia Covelo	00:31:13	01:03:21	01:02:50	4306		Senior	294	00:04:59	3372
4028	2184	Marco Cachinho	00:32:06	01:03:21	00:59:30	3700		V40	526	00:05:19	4063



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4029	1230	Júlia Arsénio	00:30:32	01:03:22	01:03:15	4361	Javalis das Poças	V45	185	00:05:34	4509
4030	1323	Sofia Andrade	00:33:30	01:03:23	01:00:09	3827	#teamCoachMS	V40	173	00:05:08	3728
4031	4493	Maria Navarro	00:33:28	01:03:23	01:00:18	3857		V35	137	00:04:49	2993
4032	5742	Daniel Perpétuo	00:32:51	01:03:24	01:01:06	4013		Senior	653	00:05:25	4246
4033	2096	Jorge Palma	00:33:24	01:03:24	00:59:48	3765	CNOCA	V60	100	00:04:47	2928
4034	2281	Nuno Félix	00:32:09	01:03:24	00:59:58	3791		V45	589	00:05:16	3971
4035	3191	Isabel Santos	00:29:55	01:03:25	01:03:23	4386	Lourdete Perfumarias	V50	103	00:06:11	5134
4036	5485	André Martins	00:32:51	01:03:25	01:01:08	4021		Senior	654	00:05:26	4313
4037	4309	Iola Nóbrega	00:32:55	01:03:26	01:01:23	4049	Vilaventura Trail	V35	138	00:04:49	2997
4038	123	Nuno Fernandes	00:33:57	01:03:26	00:58:17	3457		V55	210	00:05:00	3418
4039	8510	Joana Sirgado	00:33:33	01:03:26	00:59:21	3675	Off Limits CrossFit	Senior	295	00:04:44	2795
4040	2867	Luis Sousa	00:31:17	01:03:27	01:02:25	4242		V50	419	00:05:51	4844
4041	7907	Fabio Victorino	00:33:28	01:03:27	01:00:32	3910	CLUBE ACCENTURE	Senior	655	00:05:29	4403
4042	5072	Vinicius Silva	00:32:58	01:03:29	01:01:55	4157		V40	527	00:05:29	4380
4043	1739	Susana Rodrigues	00:33:29	01:03:30	00:59:48	3766	GMCJamor	V50	104	00:04:57	3307
4044	3632	Filipe Sousa	00:32:39	01:03:30	01:01:10	4026	BTM TEAM	Senior	656	00:04:53	3150
4045	2835	Pedro Paradinha	00:33:56	01:03:30	00:57:38	3335		Senior	657	00:04:56	3272
4046	7943	Soraya Cabral	00:34:58	01:03:31	00:55:54	2989		V40	174	00:05:00	3409
4047	5469	Isabel Pinto	00:31:56	01:03:32	01:00:37	3920		V45	186	00:05:23	4182



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4048	2893	Jose Patricio	00:34:45	01:03:32	00:58:07	3421		V60	101	00:05:11	3820
4049	7172	Clara Cardoso	00:32:23	01:03:32	01:00:24	3876	HutRunners	V40	175	00:05:03	3560
4050	3000	Ana Soares	00:31:39	01:03:32	01:03:06	4346		Senior	296	00:05:55	4910
4051	562	Sonia Saramago	00:34:07	01:03:33	00:58:58	3586		V45	187	00:04:59	3394
4052	1594	Rui Tigeleiro	00:32:23	01:03:33	01:00:24	3874		V50	420	00:05:03	3547
4053	1736	Ricardo Gomes	00:34:40	01:03:33	00:59:57	3790	Cross Velhotes e Cross Beauty´s	V45	590	00:04:49	3001
4054	7928	Luiz Caracol	00:35:53	01:03:34	00:55:02	2822		V45	591	00:04:54	3176
4055	3621	Filipa Reis	00:33:33	01:03:34	00:59:46	3756	BTM TEAM	V35	139	00:05:12	3854
4056	4016	Diana Moreira	00:31:15	01:03:34	01:03:26	4390	ForSports	Senior	297	00:05:27	4324
4057	2711	Luis Ferreira	00:30:00	01:03:35	01:03:15	4362		V45	592	00:05:55	4909
4058	4189	Cláudia Nunes	00:31:46	01:03:35	01:03:02	4333		V35	140	00:05:28	4368
4059	3213	Lucia Carvalho	00:32:37	01:03:36	01:01:03	3998	Grupo Atletas Algês	V55	40	00:05:21	4117
4060	1387	Alexandra Pinto	00:29:52	01:03:36	01:03:05	4344		V45	188	00:05:28	4356
4061	3163	Pedro Santos	00:32:59	01:03:36	01:01:08	4019		V35	461	00:05:16	3974
4062	7891	Ricardo Vilchez	00:35:11	01:03:36	00:56:08	3041		V40	528	00:04:30	2230
4063	260	André Antunes	00:31:24	01:03:37	01:03:25	4388		V35	462	00:05:44	4704
4064	2752	Joana Oliveira	00:32:46	01:03:38	01:02:16	4220		Senior	298	00:05:23	4201
4065	3736	João Brito	00:35:26	01:03:38	01:00:53	3970		Senior	658	00:04:18	1755
4066	4106	Luis Silva	00:30:45	01:03:39	01:03:31	4402		V50	421	00:05:30	4429



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4067	4110	Maria Silva	00:30:49	01:03:39	01:03:32	4403		V50	105	00:05:29	4386
4068	237	Patrícia Pimenta	00:31:29	01:03:40	01:03:19	4375		Senior	299	00:05:47	4777
4069	2161	Paula Silva	00:36:12	01:03:40	00:54:50	2779		V45	189	00:04:30	2244
4070	4754	Ricardo Dengue	00:33:10	01:03:40	00:56:28	3111	FIDELIDADE GDC	V40	529	00:04:53	3146
4071	4499	Eduardo Oliveira	00:31:35	01:03:41	01:02:29	4251		V60	102	00:05:25	4262
4072	1966	Carla Ramos	00:32:45	01:03:41	01:02:58	4326	CORRENDO E ANDANDO	V45	190	00:05:07	3694
4073	6121	Georgia Fernandes	00:31:05	01:03:41	01:03:16	4363		V55	41	00:05:34	4521
4074	7842	Diogo Veloso	00:30:52	01:03:42	01:02:48	4302		Senior	659	00:05:54	4887
4075	2068	Virgílio Mata	00:30:46	01:03:42	01:03:27	4395	Os Mata	V65	58	00:05:28	4364
4076	4191	Raquel Cruz	00:30:58	01:03:42	01:03:26	4391		V40	176	00:05:06	3662
4077	2430	Cátia Andrade	00:34:06	01:03:44	00:59:20	3670		V40	177	00:04:45	2849
4078	8760	Carlos Ferreira	00:35:17	01:03:45	00:56:21	3085		V35	463	00:04:09	1423
4079	2586	João Gameiro	00:38:25	01:03:45	00:55:50	2968		V35	464	00:04:11	1476
4080	8135	Ana Mendes	00:31:52	01:03:46	01:02:41	4290	CCD TRANQUILIDADE	V50	106	00:05:21	4138
4081	6773	Miguel Santos	00:32:54	01:03:47	01:02:42	4291		V45	593	00:04:52	3129
4082	4910	Carlos Correia	00:30:05	01:03:47	01:03:42	4438		V35	465	00:05:29	4387
4083	3487	Bárbara Barreno	00:33:14	01:03:47	01:01:24	4054		Senior	300	00:05:01	3444
4084	8311	Inês Guimarães	00:31:16	01:03:49	01:03:37	4420	Corrida Noturna Parque das Nações	V45	191	00:05:37	4583
4085	7236	Ines Bernardo	00:30:06	01:03:49	01:03:36	4416	CLUBE MILLENNIUM BCP	V40	178	00:05:12	3862



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4086	2966	Paula Vicente	00:30:48	01:03:50	01:03:38	4423		V55	42	00:05:41	4647
4087	2233	Neuza Barra	00:31:30	01:03:51	01:03:34	4415		V40	179	00:05:27	4330
4088	2234	Paulo Barra	00:31:29	01:03:51	01:03:33	4407		V50	422	00:05:27	4331
4089	8376	João Valeriano	00:36:41	01:03:52	00:54:21	2648		Senior	660	00:04:49	3017
4090	7985	Juliana Frainer	00:30:42	01:03:52	01:03:33	4411	ONTRISPORTS	V35	141	00:05:40	4620
4091	2384	Maria Silva	00:30:20	01:03:54	01:02:52	4307	Gang da Lama	V50	107	00:06:08	5104
4092	2093	Irina Marusina	00:32:30	01:03:54	01:00:26	3884		V35	142	00:05:11	3822
4093	7160	Sara Rocha	00:33:44	01:03:54	01:00:25	3877	Vamos preguiçosos!	Senior	301	00:04:55	3247
4094	340	Pedro Favinha	00:33:09	01:03:55	01:01:52	4148		Senior	661	00:04:59	3392
4095	4905	Sónia Costa	00:34:19	01:03:58	01:00:28	3894		Senior	302	00:04:52	3120
4096	6365	Ricardo Nunes	00:33:52	01:03:59	01:00:51	3962		V40	530	00:04:28	2190
4097	9009	Renilda Costa	00:32:48	01:03:59	01:01:48	4133		V40	180	00:05:11	3830
4098	4257	Joy Hoffman	00:34:06	01:03:59	01:00:52	3963		V45	192	00:04:52	3118
4099	7504	Filipe Pereira	00:33:30	01:03:59	01:01:05	4008		V40	531	00:05:12	3842
4100	7519	Beatriz Pagará	00:33:31	01:04:00	01:01:06	4014		Senior	303	00:05:12	3843
4101	962	Jacinto Pereira	00:30:53	01:04:00	01:03:42	4435	Lis Running Clube de Praticantes de Atletismo	V60	103	00:05:40	4630
4102	7416	Juan Ballen	00:29:35	01:04:01	01:03:48	4448		V45	594	00:05:54	4886
4103	8697	Pedro Garcia	00:31:05	01:04:02	01:02:17	4224		V55	211	00:05:37	4585
4104	857	Matilde Teixeira	00:30:52	01:04:02	01:03:55	4462		Senior	304	00:05:38	4591



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4105	4040	Maria Acnpr	00:30:43	01:04:02	01:03:32	4405		V55	43	00:05:27	4333
4106	3703	Paulo Silva	00:32:58	01:04:03	01:01:25	4057		V50	423	00:05:10	3798
4107	1494	Nuno Alves	00:36:00	01:04:03	00:56:26	3103		V45	595	00:04:49	3007
4108	5755	Patrícia Costa	00:31:40	01:04:04	01:03:50	4454		Senior	305	00:05:20	4104
4109	1726	Nuno Cordeiro	00:31:22	01:04:05	01:03:49	4450	Benny Asics	V45	596	00:05:25	4265
4110	876	Judite Baixinho	00:32:07	01:04:05	01:03:41	4432		V35	143	00:05:33	4495
4111	7875	Prima Acosta	00:32:31	01:04:05	01:00:59	3991		Senior	306	00:04:57	3321
4112	875	José Baixinho	00:32:06	01:04:05	01:03:41	4431		V60	104	00:05:33	4494
4113	1095	Mário Cruz	00:29:54	01:04:06	01:03:48	4442		V50	424	00:05:42	4656
4114	6942	Joana Oliveira	00:30:11	01:04:06	01:03:37	4422		Senior	307	00:06:20	5255
4115	8906	Manuel Mestre	00:34:56	01:04:07	00:58:50	3557		V60	105	00:05:01	3466
4116	1722	Rui Cordeiro	00:32:09	01:04:07	01:03:51	4455	Benny Asics	V75	3	00:05:26	4297
4117	7024	Pedro Fonseca	00:29:37	01:04:07	01:03:49	4449	Os Toinas	V45	597	00:06:07	5094
4118	5540	Marta Guedes	00:33:44	01:04:08	01:00:26	3882	Familia Guedes	V35	144	00:05:18	4046
4119	8295	Carina Carretas	00:34:02	01:04:08	01:00:42	3932		Senior	308	00:05:10	3795
4120	1373	Nuno Alves	00:33:36	01:04:08	01:00:43	3936	FELIZ NATAL	V55	212	00:05:14	3906
4121	2202	Acácio Anjos	00:31:23	01:04:09	01:01:40	4105		V60	106	00:05:22	4162
4122	6296	Andressa Andrade	00:32:47	01:04:09	01:03:23	4383	Correndo e andando	Senior	309	00:05:24	4233
4123	2089	Gessica Belo	00:32:46	01:04:10	01:03:23	4387	CORRENDO E ANDANDO	Senior	310	00:05:24	4223



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4124	5623	Mónica Venturinha	00:32:47	01:04:10	01:01:51	4145	G.D.C. Portos de Sines e do Algarve	V45	193	00:05:35	4524
4125	7622	Celeste Oliveira	00:32:07	01:04:10	01:01:58	4163	Atitude Outdoor	V45	194	00:05:08	3713
4126	5813	Augusto Reis	00:33:02	01:04:11	01:03:02	4335		V55	213	00:05:03	3522
4127	7018	Carina Alves	00:31:10	01:04:12	01:03:51	4456	C&J	Senior	311	00:05:55	4914
4128	6171	Frederico Henriques	00:32:53	01:04:13	01:01:59	4166		Senior	662	00:04:51	3058
4129	6547	Pedro Sarrasqueiro	00:31:40	01:04:13	01:03:21	4379	GDCT Unicre	V40	532	00:05:25	4253
4130	5579	Joao Ferreira	00:36:43	01:04:13	00:54:54	2792		V60	107	00:04:32	2345
4131	303	Rodolfo Salvado	00:31:07	01:04:13	01:03:14	4358		V50	425	00:05:21	4131
4132	6455	Nuno Monteiro	00:30:27	01:04:14	01:03:48	4446		V35	466	00:06:30	5355
4133	3086	Sérgio Neves	00:28:38	01:04:14	01:04:02	4496	Limited Edition	V45	598	00:07:20	5657
4134	6459	Carolina Monteiro	00:30:26	01:04:14	01:03:48	4447		Senior	312	00:06:31	5370
4135	1557	Marta Bento	00:34:23	01:04:15	00:57:40	3340		Senior	313	00:05:07	3702
4136	75	Leonor Garcia	00:32:00	01:04:17	01:03:39	4424		V40	181	00:05:00	3419
4137	4946	Joao Vieira	00:30:12	01:04:17	01:03:55	4464		V45	599	00:05:22	4165
4138	3672	Sheyla Carvalho	00:32:26	01:04:18	01:02:50	4305	Limited Edition	V35	145	00:05:16	3984
4139	2802	Hugo Evaristo	00:33:30	01:04:18	00:58:54	3571	Limited Edition	V35	467	00:05:14	3910
4140	3329	Diamantino Albuquerque	00:32:37	01:04:18	01:03:17	4369	Clube desportivo de mafra	V65	59	00:05:20	4095
4141	3671	Maria Sousa	00:32:36	01:04:18	01:02:49	4304	Limited Edition	V45	195	00:05:24	4231
4142	3294	Ana Silva	00:29:25	01:04:18	01:04:00	4488		V40	182	00:07:25	5666



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4143	198	Sofia Ribeiro	00:31:30	01:04:19	01:03:29	4397		V40	183	00:05:42	4660
4144	5996	Nuno Jorge	00:29:51	01:04:19	01:04:14	4524		V45	600	00:05:35	4528
4145	9007	Paula Antunes	00:32:48	01:04:20	01:02:09	4194		V50	108	00:05:23	4209
4146	5894	Rosa Silva	00:31:17	01:04:21	01:04:06	4504		V55	44	00:05:31	4438
4147	1664	Isabel Gomes	00:30:37	01:04:21	01:04:12	4522		V50	109	00:05:23	4204
4148	6084	Luís Inácio	00:33:07	01:04:22	01:02:31	4259		V40	533	00:05:35	4526
4149	640	David Pina	00:34:31	01:04:22	00:59:41	3739	Pina Bro's	V35	468	00:05:12	3847
4150	347	Célia Azenha	00:34:44	01:04:23	00:59:10	3626		V55	45	00:04:51	3085
4151	3818	César Gomes	00:35:07	01:04:23	01:01:33	4086		V45	601	00:04:53	3143
4152	1746	Rita Santos	00:33:09	01:04:23	01:02:44	4296	Ases da Corrida	V45	196	00:05:24	4226
4153	2888	Teresa Alexandre	00:31:19	01:04:23	01:04:12	4520		V40	184	00:06:07	5083
4154	8384	Miguel Ferreira	00:35:31	01:04:23	01:00:52	3966	Los Mipidicas	V35	469	00:04:06	1255
4155	5727	Rosa Domingos	00:33:15	01:04:23	01:01:44	4121		V50	110	00:05:04	3590
4156	1270	Marisa Figueiredo	00:33:09	01:04:24	01:02:44	4295	Ases da Corrida	V40	185	00:05:25	4274
4157	2660	José Cruz	00:32:01	01:04:27	01:03:50	4453		V65	60	00:05:01	3457
4158	5606	Rui Lopes	00:31:44	01:04:27	01:03:11	4357		V45	602	00:05:33	4483
4159	1843	Tânia Carvalho	00:34:33	01:04:28	01:01:28	4068	Housemartins Belas	V35	146	00:04:51	3081
4160	1871	António Marques	00:33:23	01:04:29	01:01:04	4003	ASAS	V70	6	00:05:09	3769
4161	1870	Helena Cunha	00:33:23	01:04:29	01:01:05	4012	ASAS	V60	16	00:05:10	3786



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4162	1725	Beatriz Marques	00:31:53	01:04:30	01:03:48	4444	Benny Asics	Senior	314	00:05:37	4573
4163	1721	Ana Correia	00:31:53	01:04:31	01:03:48	4445	Benny Asics	Senior	315	00:05:37	4572
4164	6180	Nuno Mendes	00:36:20	01:04:31	01:00:00	3800	NewMe	V40	534	00:04:19	1775
4165	645	Américo Gomes	00:32:24	01:04:31	01:04:09	4509	GDCTINCM	V65	61	00:05:43	4683
4166	7569	Tomás Catita	00:33:16	01:04:33	01:03:23	4382		Junior	45	00:05:06	3641
4167	3601	António Martins	00:30:06	01:04:33	01:03:52	4458	Run2Finish.PT	V50	426	00:05:23	4202
4168	4962	Paulo Santos	00:34:51	01:04:34	01:01:18	4042		V40	535	00:04:43	2768
4169	7483	André Gonçalves	00:29:59	01:04:34	01:02:00	4169	BI4ALL	Senior	663	00:05:41	4651
4170	1286	Madalena Madureira	00:30:46	01:04:34	01:04:16	4526	Azevedos & Pazos	V35	147	00:05:43	4686
4171	2478	Sílvia Silva	00:34:51	01:04:34	00:58:35	3517		V45	197	00:05:15	3948
4172	8161	Hugo Santos	00:37:44	01:04:34	00:56:09	3042	SD Sports Team	V40	536	00:04:15	1639
4173	3971	Vitoria Courelas	00:30:54	01:04:35	01:04:12	4519	Bombeiros Voluntários de Montemor-o-Novo	V65	3	00:05:34	4513
4174	3810	Francisco Morais	00:36:20	01:04:35	00:59:35	3720		V40	537	00:04:20	1835
4175	4352	Ana Marques	00:33:24	01:04:35	01:03:01	4332		Senior	316	00:05:10	3792
4176	7683	Sofia Silva	00:32:38	01:04:35	01:02:36	4275	RFF & Associados	Senior	317	00:05:27	4344
4177	5132	José Resende	00:31:02	01:04:36	01:04:28	4545		V60	108	00:05:29	4381
4178	8344	Luiz Dantas	00:34:21	01:04:36	01:01:11	4028	Corrida Noturna Parque das Nações	V50	427	00:04:48	2947
4179	3446	Diana Teixeira	00:33:10	01:04:36	01:02:07	4188		Senior	318	00:05:30	4432
4180	1274	Diogo Pinheiro	00:29:32	01:04:37	01:03:47	4441	Não dói Joca	Senior	664	00:06:21	5260



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4181	4156	Violeta Sirghi	00:34:33	01:04:37	01:02:13	4206		Senior	319	00:04:58	3359
4182	6357	Nuno Matias	00:30:54	01:04:37	01:04:10	4516	Os Kotas	V45	603	00:05:21	4113
4183	5265	Rodrigo Cachucho	00:34:35	01:04:37	01:02:11	4201		Senior	665	00:04:58	3360
4184	3233	Mafalda Araújo	00:31:28	01:04:38	01:02:06	4185	CrossBox The Bravery	V45	198	00:05:07	3689
4185	441	David Favinha	00:33:08	01:04:39	01:02:34	4269		Senior	666	00:06:49	5519
4186	655	Tahamara Dias	00:33:08	01:04:40	01:01:57	4160		V45	199	00:05:15	3951
4187	4832	Ana Leite	00:34:51	01:04:40	01:01:24	4053		Senior	320	00:05:06	3665
4188	1174	Fernanda Moura	00:34:39	01:04:41	00:59:43	3743		V60	17	00:05:01	3465
4189	6304	Raquel Figueiredo	00:32:48	01:04:41	01:03:55	4463	Figueiredo running!	V40	186	00:05:11	3808
4190	3754	Claudio Bonito	00:33:58	01:04:41	00:59:47	3763		Senior	667	00:05:11	3810
4191	5483	Maria Santos	00:32:06	01:04:42	01:04:13	4523		V50	111	00:05:59	4970
4192	6177	Frederico Paixão	00:30:25	01:04:42	01:04:02	4498		V45	604	00:06:18	5229
4193	7161	Miguel Rocha	00:36:07	01:04:42	00:55:33	2911	Vamos preguiçosos!	V45	605	00:04:54	3181
4194	8761	Ricardo Brás	00:38:07	01:04:43	00:54:25	2685		Senior	668	00:04:37	2541
4195	7560	Silvia Rodrigues	00:32:32	01:04:43	01:04:09	4510		V35	148	00:05:21	4134
4196	3126	Chantelle Ferreira	00:31:46	01:04:44	01:04:19	4531		V35	149	00:05:44	4706
4197	5703	Mário Fernandes	00:30:01	01:04:45	01:03:16	4366	Guarda rios	V50	428	00:05:28	4367
4198	4866	Cristina Antunes	00:34:25	01:04:45	01:01:28	4064		V45	200	00:03:56	920
4199	3626	Inês Gonçalves	00:33:52	01:04:45	01:02:01	4171	BTM TEAM	Senior	321	00:05:02	3502



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4200	3623	Carolina Mira	00:33:41	01:04:45	01:00:54	3975	BTM TEAM	Senior	322	00:05:26	4294
4201	3635	Ana Nunes	00:33:52	01:04:46	01:02:01	4173	BTM TEAM	V35	150	00:05:02	3511
4202	5141	Tessa Wegener	00:31:46	01:04:46	01:03:23	4384		V35	151	00:05:26	4317
4203	5142	Gregory Watson	00:31:46	01:04:46	01:03:23	4385		V35	470	00:05:26	4318
4204	8862	Filipa Francisco	00:33:30	01:04:46	00:59:48	3770		V40	187	00:05:02	3487
4205	6720	Joana Macedo	00:30:42	01:04:47	01:04:40	4564		Junior	21	00:06:07	5088
4206	4824	Tânia Moreira	00:30:05	01:04:47	01:04:22	4536		V35	152	00:05:30	4426
4207	4028	Maria Tavares	00:31:33	01:04:47	01:04:14	4525	Agualva Runners	V50	112	00:05:30	4430
4208	6135	Henriqueta Solipa	00:30:33	01:04:48	01:04:21	4535		V55	46	00:05:25	4251
4209	929	Nuno Dantas	00:29:58	01:04:48	01:04:10	4514	Os Corre para Comer	V45	606	00:06:23	5290
4210	927	Mário Nunes	00:29:58	01:04:48	01:04:10	4513	Os Corre para Comer	V45	607	00:06:23	5291
4211	3639	Pedro Luz	00:34:17	01:04:49	01:00:59	3990	Classe_Pura	V35	471	00:05:27	4323
4212	8322	Luisa Alves	00:33:11	01:04:49	01:03:41	4434	Corrida Noturna Parque das Nações	V50	113	00:05:18	4027
4213	8328	Cristina Ferreira	00:33:11	01:04:49	01:03:41	4433	Corrida Noturna Parque das Nações	V55	47	00:05:18	4026
4214	2480	Sandra Andrade	00:30:54	01:04:49	01:04:37	4558		V45	201	00:06:02	5016
4215	2319	Teresa Sérvulo	00:30:27	01:04:50	01:04:27	4540		V45	202	00:05:46	4747
4216	650	Alexandra Alves	00:33:12	01:04:51	01:02:56	4318	GDCTINCM	V40	188	00:05:21	4132
4217	2755	Rui Agriao	00:30:16	01:04:51	01:04:10	4515		Senior	669	00:06:12	5149
4218	2675	Julio Barao	00:37:48	01:04:51	00:53:38	2510		V45	608	00:04:21	1868



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4219	2773	Thiago Pereira	00:34:27	01:04:51	01:02:29	4252		V35	472	00:04:55	3224
4220	2774	Bruna Santos	00:34:27	01:04:52	01:02:30	4256		Senior	323	00:04:56	3275
4221	2644	Vanessa Cunha	00:31:38	01:04:52	01:03:32	4404	Crossfit Tejo	V35	153	00:05:16	3976
4222	8196	Isabel Branco	00:32:11	01:04:53	01:03:44	4439	#grupodosamigosdoJP	V35	154	00:05:33	4497
4223	9298	Lígia Braga	00:32:32	01:04:54	01:01:47	4129		V40	189	00:05:21	4142
4224	3281	João Oliveira	00:30:45	01:04:54	01:03:42	4437	pace.makers	V65	62	00:05:46	4758
4225	630	Pritesh Manilal	00:30:39	01:04:54	01:04:46	4575		V40	538	00:05:43	4691
4226	6371	João Ferreira	00:32:27	01:04:54	01:03:40	4430		Senior	670	00:05:34	4520
4227	3018	João Vitorino	00:30:46	01:04:54	01:03:42	4436	pace.makers	V55	214	00:05:47	4771
4228	8532	Alexandre Vilão	00:31:56	01:04:55	01:03:54	4459	Off Limits CrossFit	V35	473	00:05:23	4207
4229	5393	Ana Pereira	00:32:47	01:04:55	01:03:34	4414		V40	190	00:05:19	4053
4230	7119	Celestina Magalhães	00:32:11	01:04:56	01:04:05	4503		V55	48	00:05:48	4784
4231	3232	Carlos	00:29:33	01:04:56	01:04:28	4543	CrossBox The Bravery	V45	609	00:05:37	4574
4232	1338	Carolina Marques	00:33:28	01:04:56	01:01:30	4075	@corredoresderua@	Senior	324	00:05:26	4293
4233	7475	Armindo Gamboa	00:35:35	01:04:56	01:04:38	4562	Agarra o Davidão	Senior	671	00:04:40	2631
4234	8530	Ana Ventura	00:33:15	01:04:57	01:00:54	3976	Off Limits CrossFit	V35	155	00:05:20	4080
4235	395	Guida Tralhão	00:33:37	01:04:58	01:01:45	4125		V45	203	00:05:26	4287
4236	3961	Miguel Varela	00:30:18	01:04:59	01:04:46	4574	Bombeiros Voluntários de Montemor-o-Novo	V35	474	00:05:58	4950
4237	1199	Simão Santana	00:32:27	01:04:59	01:03:49	4452	FIDELIDADE GDC	V40	539	00:05:22	4156



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4238	5317	Paulo Bailão	00:31:57	01:05:00	01:04:45	4571	SS CGD	V50	429	00:05:13	3868
4239	7042	Paula Bedo	00:33:32	01:05:00	01:01:29	4071		V45	204	00:05:30	4408
4240	5329	Catarina Bailão	00:31:57	01:05:01	01:04:46	4572	SS CGD	Senior	325	00:05:15	3936
4241	6197	Ana Ramos	00:34:16	01:05:01	01:02:36	4277	NewMe	Senior	326	00:05:37	4566
4242	1984	Rafael Flores	00:30:49	01:05:01	01:04:18	4530		Senior	672	00:05:14	3914
4243	4259	Nuno Pacheco	00:39:05	01:05:01	00:50:16	1803		V50	430	00:04:24	2006
4244	6950	Marta Carrilho	00:34:04	01:05:01	01:02:15	4214	Ciao	Senior	327	00:05:16	3961
4245	4287	Raul Oliveira	00:34:01	01:05:02	01:00:55	3980	10 O'clock	V50	431	00:05:14	3929
4246	4286	Dídia Conceição	00:34:00	01:05:02	01:00:55	3979	10 O'clock	V45	205	00:05:14	3928
4247	6872	Filipa Ferreira	00:32:33	01:05:03	01:02:25	4241	Saloiros de Leiria	Senior	328	00:05:18	4029
4248	4498	Célia Ferreira	00:34:30	01:05:04	01:01:09	4023		Senior	329	00:05:22	4168
4249	7524	Telmo Salgueiro	00:30:11	01:05:04	01:05:03	4595		Senior	673	00:05:36	4547
4250	8781	Cristina Rainha	00:33:42	01:05:05	01:02:55	4316		V50	114	00:04:57	3315
4251	3257	José Andrade	00:32:31	01:05:05	01:04:47	4579	ADRC Mata de Benfica	V40	540	00:05:28	4374
4252	4555	João Camilo	00:32:30	01:05:06	01:02:34	4265	Lebres das Nações	Senior	674	00:05:20	4098
4253	7705	Tiago Sardo	00:33:15	01:05:07	01:02:32	4262	BTM TEAM	Senior	675	00:05:24	4217
4254	5782	Pedro Santos	00:36:11	01:05:07	00:57:12	3259	Pedro	V35	475	00:04:51	3063
4255	1803	Mário Lima	00:31:41	01:05:08	01:03:18	4370	O MUNDO DA CORRIDA	V65	63	00:05:28	4365
4256	3043	Jorge Rodrigues	00:30:45	01:05:08	01:03:59	4486	SIMECQ	V55	215	00:05:30	4419



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4257	6468	Ana Martins	00:32:28	01:05:08	01:04:05	4502		Senior	330	00:05:24	4235
4258	6467	Duarte Pereira	00:32:28	01:05:08	01:04:05	4501		Senior	676	00:05:26	4308
4259	5719	Daniel Barreiros	00:33:04	01:05:10	01:03:03	4340		Senior	677	00:05:37	4563
4260	2947	Maria Araújo	00:32:47	01:05:10	01:04:28	4542	CORRENDO E ANDANDO	V35	156	00:05:48	4792
4261	8070	Maria Neves	00:33:27	01:05:11	01:02:54	4315	Corridas e afins	V55	49	00:05:20	4078
4262	5718	Sandra Barreiros	00:33:04	01:05:12	01:03:03	4339		Senior	331	00:05:39	4601
4263	3158	Vera Figueiredo	00:34:15	01:05:12	01:00:06	3815		V35	157	00:05:32	4464
4264	8372	Sergio Rosa	00:35:23	01:05:12	01:02:38	4283		V45	610	00:04:57	3320
4265	8375	José Vicente	00:35:23	01:05:12	01:02:38	4282		V50	432	00:04:57	3319
4266	5388	Hugo Ortiz	00:31:17	01:05:13	01:04:03	4499		V35	476	00:05:33	4482
4267	2604	Carlos Lavrador	00:30:46	01:05:13	01:04:58	4589	Run&Smile	V55	216	00:05:26	4295
4268	1651	Luis Valente	00:35:43	01:05:13	00:57:45	3354		V50	433	00:05:10	3787
4269	6940	Margarida Lagoa	00:31:44	01:05:14	01:04:53	4585		V55	50	00:05:39	4613
4270	8158	Sérgio Bento	00:32:18	01:05:14	01:04:49	4580	CCD TRANQUILIDADE	V35	477	00:05:29	4402
4271	590	Andreia Teles	00:33:03	01:05:14	01:01:44	4120	Cross Velhotes e Cross Beauty´s	V45	206	00:05:09	3771
4272	8838	Joao Pita	00:37:39	01:05:14	00:57:54	3383		V40	541	00:04:28	2153
4273	5082	Raquel Eustáquio	00:34:29	01:05:15	01:01:47	4128	Running the Long Way Home	Senior	332	00:05:07	3684
4274	8718	Marlène Hubert	00:34:29	01:05:15	01:01:48	4132		Senior	333	00:05:08	3725
4275	5081	Vera Silva	00:34:29	01:05:15	01:01:48	4135	Running the Long Way Home	Senior	334	00:05:08	3744



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4276	4223	Antonio Martinho	00:35:17	01:05:15	00:58:51	3563		V55	217	00:04:59	3381
4277	7886	Sofia Santos	00:31:49	01:05:15	01:04:58	4590		V45	207	00:07:19	5652
4278	7775	Ana Miranda	00:32:52	01:05:16	01:02:21	4234		V50	115	00:05:24	4216
4279	3299	Sara Valério	00:33:14	01:05:16	01:01:51	4143		Senior	335	00:05:28	4372
4280	5080	Jorge Perez	00:35:20	01:05:16	00:59:35	3724	Perez	V60	109	00:04:56	3278
4281	378	Antonio Pombinho	00:29:03	01:05:16	01:04:41	4566		V60	110	00:06:20	5252
4282	1147	Andreia Gonçalves	00:30:12	01:05:16	01:05:00	4593		Senior	336	00:05:29	4397
4283	3298	João Valério	00:33:14	01:05:16	01:01:51	4144		Senior	678	00:05:27	4322
4284	4823	José Lourenço	00:33:33	01:05:17	01:02:13	4207		V40	542	00:05:25	4260
4285	3007	Cristina Calejo	00:34:58	01:05:17	01:02:48	4303		V40	191	00:05:05	3616
4286	3478	Bruno Vale	00:35:37	01:05:17	01:02:03	4181		V45	611	00:04:19	1774
4287	6852	Nuno Valente	00:31:44	01:05:18	01:04:46	4576	Convictus	V45	612	00:05:26	4286
4288	2937	Liliana Pires	00:32:12	01:05:18	01:03:37	4419	PTRUNNERS	Senior	337	00:05:29	4396
4289	6668	Nuno Dargent	00:34:37	01:05:18	01:00:22	3870		V50	434	00:05:10	3801
4290	2570	Pedro Redondo	00:33:27	01:05:19	01:02:07	4186		Senior	679	00:05:43	4681
4291	6855	Jessy Neves	00:31:44	01:05:19	01:04:47	4578	Convictus	Senior	680	00:05:27	4339
4292	5409	Diogo Raimundo	00:31:20	01:05:19	01:04:19	4532		Junior	46	00:05:09	3751
4293	370	Vasco Tomas	00:33:34	01:05:20	01:02:08	4192		V45	613	00:05:25	4276
4294	840	Hugo Silva	00:34:02	01:05:20	01:03:26	4389		V40	543	00:05:25	4270



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4295	200	Luis Pinto	00:37:56	01:05:20	00:56:23	3091		V50	435	00:05:03	3545
4296	6577	Marta Teixeira	00:34:01	01:05:20	01:03:26	4392		Senior	338	00:05:25	4247
4297	8654	Miguel Forreta	00:32:29	01:05:21	01:02:58	4325	Kotas Boa Forma	V45	614	00:05:38	4587
4298	1793	Pedro Borges	00:37:14	01:05:21	00:55:08	2845		V45	615	00:04:45	2848
4299	5155	João Júnior	00:31:22	01:05:21	01:04:59	4591	Frufras	V35	478	00:06:06	5073
4300	1425	Sara Resendes	00:35:00	01:05:22	00:59:16	3651		Senior	339	00:05:17	4011
4301	2624	Luís Cordeiro	00:34:24	01:05:22	00:59:38	3731	Primos Runners Team	V45	616	00:05:24	4222
4302	4333	Bernardo Diana	00:33:17	01:05:22	01:03:55	4465	Run&Win(e)	Senior	681	00:05:57	4932
4303	78	João Raposo	00:34:01	01:05:22	01:03:29	4398		V45	617	00:05:26	4290
4304	3088	Luis Amorim	00:36:09	01:05:22	00:56:03	3019	Correr Sem Parar	V50	436	00:05:00	3424
4305	1070	Ana Martins	00:32:51	01:05:23	01:02:57	4322		V40	192	00:05:14	3904
4306	5961	Teresa Menezes	00:33:49	01:05:23	01:02:00	4167		V50	116	00:05:19	4057
4307	4378	Ana Correia	00:32:11	01:05:24	01:05:14	4604	Família Silvestre	V45	208	00:06:00	4998
4308	1525	Beatriz Silva	00:35:05	01:05:25	01:00:03	3809		V60	18	00:05:08	3726
4309	8508	Helio Paulo	00:32:33	01:05:27	01:01:23	4052	Off Limits CrossFit	V40	544	00:05:40	4621
4310	619	João Neves	00:32:14	01:05:27	01:04:32	4551	Hard Running Team Arruda dos Vinhos	Senior	682	00:05:43	4687
4311	620	Catarina Neves	00:32:14	01:05:27	01:04:33	4552	Hard Running Team Arruda dos Vinhos	Senior	340	00:05:42	4657
4312	6247	Francisco Junior	00:34:08	01:05:28	01:02:02	4174		Senior	683	00:05:19	4060
4313	798	António Grou	00:35:31	01:05:29	00:57:30	3321		V45	618	00:05:13	3887



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4314	7684	João Maltez	00:35:03	01:05:29	01:03:39	4425	RFF & Associados	Senior	684	00:05:03	3561
4315	6340	Mafalda Paço	00:34:07	01:05:29	01:02:02	4175		Senior	341	00:05:21	4111
4316	5539	Nuno Guedes	00:33:48	01:05:30	01:01:48	4136	Familia Guedes	V35	479	00:05:05	3598
4317	6884	Susana Rodrigues	00:31:39	01:05:31	01:05:17	4614		V50	117	00:05:46	4753
4318	7518	Adriana Saraiva	00:32:48	01:05:31	01:03:37	4421		Senior	342	00:05:37	4580
4319	3381	Joana Afonso	00:31:17	01:05:33	01:05:23	4633		Junior	22	00:05:41	4642
4320	3661	Isabel Silva	00:31:50	01:05:34	01:04:11	4518	GRCD Leião	V50	118	00:05:53	4882
4321	6746	Pedro Pereira	00:33:54	01:05:34	01:01:41	4112	Friends Team	V50	437	00:05:51	4836
4322	2215	João Laranjeiro	00:30:13	01:05:34	01:05:23	4634		V45	619	00:05:55	4908
4323	1812	Maria Ventura	00:34:13	01:05:35	01:04:37	4557		V45	209	00:04:59	3390
4324	7223	Carlos Teixeira	00:30:37	01:05:35	01:04:58	4587	CLUBE MILLENNIUM BCP	V55	218	00:06:13	5157
4325	1112	Alexandre Campanacho	00:35:32	01:05:35	01:00:34	3912		V45	620	00:04:57	3313
4326	2999	Mário Soares	00:33:43	01:05:36	01:03:06	4345		V65	64	00:05:55	4911
4327	4640	Mariana Taveira	00:35:50	01:05:37	01:05:13	4603		Senior	343	00:04:53	3145
4328	9288	Ricardo Linhares	00:37:39	01:05:37	00:58:17	3454		V40	545	00:04:43	2790
4329	2534	Nuno Fialho	00:35:23	01:05:37	00:58:11	3435	Fénix	V45	621	00:04:50	3038
4330	6131	Gustavo Baldrico	00:33:23	01:05:38	01:05:16	4609		V40	546	00:04:55	3215
4331	8831	Marco Marques	00:33:22	01:05:39	01:03:58	4473		V40	547	00:06:13	5165
4332	2891	Francisco Cabrito	00:35:00	01:05:39	01:00:13	3846		V65	65	00:05:17	4006



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4333	1678	Liliana Monteiro	00:31:34	01:05:39	01:04:28	4541		V40	193	00:05:54	4893
4334	8527	Catarina Cunha	00:33:02	01:05:39	01:01:36	4096	Off Limits CrossFit	Senior	344	00:05:43	4693
4335	6130	Antonio Pais	00:32:14	01:05:39	01:05:34	4658	CCD O ALVITEJO/O FORNO	V70	7	00:05:25	4250
4336	8823	Ricardo Valadas	00:33:21	01:05:40	01:03:58	4474		Senior	685	00:06:13	5166
4337	8829	Paulo Santos	00:33:22	01:05:40	01:03:58	4477		V35	480	00:06:11	5141
4338	8811	Luis Alves	00:33:20	01:05:40	01:04:00	4490		V45	622	00:06:13	5170
4339	8864	Sérgio Balão	00:33:21	01:05:40	01:04:00	4492		V45	623	00:06:13	5161
4340	8799	Nuno Santos	00:33:19	01:05:41	01:04:01	4493		V45	624	00:06:15	5197
4341	8789	Luis Morgado	00:33:23	01:05:41	01:03:59	4484		V50	438	00:06:13	5163
4342	5971	Andrea Barretto	00:32:08	01:05:41	01:04:17	4529	Évora Night Runners	V50	119	00:05:18	4050
4343	8824	Daniel Almeida	00:33:24	01:05:41	01:03:58	4475		Senior	686	00:06:13	5167
4344	7758	Maraia Branco	00:33:10	01:05:41	01:03:09	4353		V40	194	00:05:36	4545
4345	984	Marcos Leonardo	00:34:07	01:05:41	01:01:33	4084	Casa do Benfica em Algueirao Mem Martins	V70	8	00:05:30	4417
4346	8817	Duarte Mendes	00:33:24	01:05:41	01:03:58	4472		Senior	687	00:06:13	5173
4347	8826	Joao Sampaio	00:33:22	01:05:41	01:04:00	4491		Senior	688	00:06:13	5169
4348	8825	Tiago Duarte	00:33:23	01:05:42	01:03:58	4476		Senior	689	00:06:13	5168
4349	8800	Pedro Fernandes	00:33:23	01:05:42	01:03:59	4481		V40	548	00:06:14	5174
4350	8857	Andre Santos	00:33:23	01:05:42	01:03:59	4479		Senior	690	00:06:13	5162
4351	6110	Rafael Calado	00:31:14	01:05:42	01:05:08	4600		V35	481	00:06:13	5158



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4352	6725	Maria Batalha	00:34:53	01:05:42	01:01:42	4113		Senior	345	00:05:19	4058
4353	8797	Luis Fernandes	00:33:24	01:05:42	01:03:59	4485		V35	482	00:06:13	5164
4354	6205	Miguel Pinto	00:34:32	01:05:42	01:03:16	4365	NewMe	Senior	691	00:05:14	3924
4355	672	Andresa Duran	00:33:03	01:05:42	01:04:50	4582		V40	195	00:05:45	4734
4356	6195	Helena Figueiredo	00:34:32	01:05:43	01:03:17	4368	NewMe	Senior	346	00:05:21	4124
4357	8820	Pedro Valada	00:33:24	01:05:43	01:03:59	4483		Senior	692	00:06:13	5172
4358	8814	Miguel Duarte	00:33:24	01:05:43	01:03:58	4471		V35	483	00:06:13	5171
4359	4295	Maria Oliveira	00:32:06	01:05:43	01:05:04	4596	Correr em Évora	V45	210	00:04:51	3077
4360	8833	Evandro Barata	00:33:25	01:05:44	01:03:59	4480		Senior	693	00:06:15	5196
4361	3005	Susana Gomes	00:33:58	01:05:45	01:03:10	4355		V40	196	00:05:39	4609
4362	8816	Ricardo Carvalho	00:33:25	01:05:45	01:03:59	4482		V35	484	00:06:14	5175
4363	8827	Hugo Silva	00:33:25	01:05:45	01:03:59	4478		V40	549	00:06:15	5195
4364	6844	Inês Henriques	00:34:45	01:05:45	01:02:15	4216	SPace Training Centre	Senior	347	00:05:43	4675
4365	2490	Ricardo Luiz	00:31:05	01:05:45	01:04:42	4567		V40	550	00:05:08	3740
4366	2563	Jorge Cavaco	00:33:27	01:05:45	01:03:49	4451		Senior	694	00:04:58	3357
4367	8796	Paulo Silva	00:33:25	01:05:45	01:04:00	4489		V40	551	00:06:16	5198
4368	5601	Teresa Alarcão	00:31:41	01:05:45	01:05:36	4664		Senior	348	00:05:50	4831
4369	5602	Diogo Franco	00:31:40	01:05:46	01:05:28	4641		Senior	695	00:05:50	4830
4370	3923	Filipe Salvadinho	00:37:02	01:05:46	00:54:34	2717	Run Baby Run	V40	552	00:05:12	3857



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4371	2011	Rita Costa	00:31:27	01:05:46	01:05:46	4680		V40	197	00:06:16	5211
4372	4825	Francisco Gomes	00:34:20	01:05:46	01:01:33	4085		V35	485	00:05:23	4194
4373	680	Miguel Sousa	00:37:26	01:05:47	00:56:49	3188		V50	439	00:04:47	2938
4374	5332	Jose Oliveira	00:31:14	01:05:47	01:05:39	4669	FIDELIDADE GDC	V60	111	00:05:59	4968
4375	6847	André Crispim	00:34:45	01:05:47	01:02:17	4226	Sspace Training Centre	Senior	696	00:05:44	4721
4376	5168	Ana Marques	00:32:02	01:05:48	01:04:40	4565		V50	120	00:05:52	4865
4377	5760	Tiago Godinho	00:31:58	01:05:48	01:05:39	4668		Junior	47	00:04:50	3050
4378	3252	João Carmo	00:30:42	01:05:49	01:05:22	4632		V35	486	00:05:42	4670
4379	7855	Susana Vitorino	00:34:11	01:05:49	01:02:47	4301		Senior	349	00:05:07	3707
4380	6034	Kpakpo Olivia	00:32:05	01:05:50	01:04:17	4527		V35	158	00:04:48	2982
4381	6436	Sofia Cândido	00:32:43	01:05:50	01:04:53	4584	Calça Ténis e põe-te a correr	V50	121	00:05:18	4041
4382	854	Vitor N.A.Martins	00:32:09	01:05:50	01:05:21	4629		V70	9	00:05:22	4158
4383	1500	Luiz Gomes	00:34:11	01:05:50	01:01:22	4044		V40	553	00:05:43	4690
4384	7553	João Paiva	00:35:39	01:05:51	00:58:00	3402	IDW2	Senior	697	00:04:57	3316
4385	1489	Susana Maurício	00:33:03	01:05:51	01:04:03	4500		V50	122	00:05:25	4269
4386	5910	Francisco Silva	00:32:50	01:05:51	01:05:44	4678		V40	554	00:05:44	4720
4387	3716	Bruno Martins	00:34:24	01:05:52	01:02:22	4237		V35	487	00:05:13	3873
4388	8129	José Costa	00:38:31	01:05:52	00:55:27	2902	CCD TRANQUILIDADE	V40	555	00:04:20	1805
4389	1384	Marília Macieira	00:31:58	01:05:53	01:05:52	4696		V40	198	00:05:18	4037



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4390	1646	Brigida Gandini	00:31:55	01:05:53	01:05:49	4687		V40	199	00:05:09	3768
4391	8131	Luís Palmeiro	00:34:29	01:05:53	01:01:54	4150	CCD TRANQUILIDADE	V50	440	00:05:01	3469
4392	3796	Helena Carvalho	00:32:37	01:05:53	01:05:19	4622		V55	51	00:05:44	4713
4393	4018	Sergio Lopes	00:31:53	01:05:54	01:04:56	4586	Cad a Correr	Senior	698	00:05:29	4388
4394	4060	Nuno Pacheco	00:33:12	01:05:54	01:04:19	4533		V40	556	00:05:09	3761
4395	6514	Tiago Silva	00:31:58	01:05:54	01:05:26	4640		V40	557	00:05:37	4564
4396	5034	Vanessa Sequeira	00:32:53	01:05:54	01:05:20	4625	marvila jovem	V35	159	00:05:06	3667
4397	8044	Mariana Mourão	00:33:27	01:05:58	01:03:03	4338		Senior	350	00:05:25	4280
4398	5387	Tânia Cabrito	00:35:53	01:05:58	01:00:02	3805		V35	160	00:05:28	4378
4399	6079	Rodrigo Pedroso	00:32:17	01:05:58	01:05:25	4639		V40	558	00:05:41	4640
4400	7808	João Silva	00:33:32	01:06:00	01:03:54	4460		V50	441	00:05:18	4023
4401	7007	Ricardo Amorim	00:33:32	01:06:00	01:03:55	4461		Senior	699	00:05:18	4030
4402	5768	Alexandra Gonçalves	00:31:48	01:06:00	01:05:50	4693		V35	161	00:05:42	4671
4403	5612	Matthew Deasy	00:33:59	01:06:01	01:05:16	4612		V40	559	00:05:47	4766
4404	5652	Heather Bain	00:33:59	01:06:01	01:05:16	4611		V35	162	00:05:46	4750
4405	8786	Filipe Tiago	00:34:22	01:06:01	01:03:56	4468		Senior	700	00:05:11	3829
4406	4265	Anibal Rosa	00:35:10	01:06:01	01:00:02	3808		V45	625	00:05:36	4556
4407	963	Luís Almeida	00:31:50	01:06:02	01:05:47	4684	Lis Running Clube de Praticantes de Atletismo	V60	112	00:05:29	4398
4408	8324	Alberto Santos	00:32:06	01:06:02	01:05:28	4643	Corrida Noturna Parque das Nações	V60	113	00:05:22	4148



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4409	6069	João Nascimento	00:31:39	01:06:05	01:04:30	4549	Lidlers	Senior	701	00:05:58	4961
4410	4588	Marta Silva	00:30:00	01:06:06	01:05:51	4695	Strong team	V40	200	00:06:27	5335
4411	5801	Ricardo Farinha	00:34:03	01:06:10	01:02:28	4250	OsRegressados	V35	488	00:05:26	4309
4412	8702	Vanessa Neves	00:34:02	01:06:11	01:03:46	4440		Senior	351	00:05:48	4787
4413	6367	Maria Nunes	00:38:22	01:06:11	00:58:15	3449		V40	201	00:04:42	2745
4414	4174	Gonçalo Alexandre	00:32:46	01:06:12	01:04:11	4517		Senior	702	00:05:21	4121
4415	3402	Maria Mendes	00:33:37	01:06:12	01:03:00	4329		V45	211	00:05:13	3874
4416	1333	Ana Ruivo	00:32:46	01:06:12	01:04:12	4521	Ruivos	Senior	352	00:05:22	4155
4417	7427	Rúben Martins	00:34:12	01:06:13	01:00:09	3831		Senior	703	00:05:15	3954
4418	4458	Ana Gonçalves	00:39:11	01:06:13	00:55:11	2850		V45	212	00:04:08	1372
4419	2921	João Silveira	00:38:11	01:06:14	00:56:56	3214	Correr Sem Parar	V55	219	00:05:11	3821
4420	5777	Ana Oliveira	00:34:23	01:06:14	01:04:25	4537	Amigos Corredores	Senior	353	00:05:28	4379
4421	7291	Virgilio Ferreira	00:32:50	01:06:14	01:05:56	4704	CLUBE MILLENNIUM BCP	V65	66	00:05:50	4833
4422	6036	Rafael Figueiredo	00:31:53	01:06:15	01:05:34	4659		V50	442	00:05:40	4637
4423	7633	Patrícia André	00:33:26	01:06:16	01:03:04	4343		Senior	354	00:05:24	4215
4424	859	Rita Alves	00:31:46	01:06:16	01:05:47	4685		V45	213	00:05:50	4826
4425	3713	Francisco Gomes	00:31:45	01:06:16	01:06:13	4741		V50	443	00:05:33	4485
4426	182	Adriano Zambujeiro	00:31:46	01:06:16	01:05:46	4681		V45	626	00:05:50	4819
4427	7333	Nelia Pinta	00:33:13	01:06:17	01:04:29	4547		V40	202	00:05:14	3902



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4428	4518	Hugo Reis	00:31:28	01:06:17	01:05:07	4599		V40	560	00:05:35	4531
4429	1249	Sofia Ambrioso	00:31:21	01:06:17	01:06:05	4726	BRRnightRUNNERS	V40	203	00:05:47	4772
4430	7418	João Guégués	00:38:22	01:06:18	00:58:22	3477		V55	220	00:04:47	2940
4431	8918	Rute Figueiras	00:36:34	01:06:18	00:57:57	3396		V40	204	00:04:45	2858
4432	4829	António Rodrigues	00:34:51	01:06:18	01:03:02	4334		V40	561	00:05:16	3981
4433	5073	Vera Dias	00:34:51	01:06:18	00:59:43	3741	Starfish	V45	214	00:05:24	4228
4434	4828	Sandra Fernandes	00:34:52	01:06:18	01:03:03	4341		V40	205	00:05:15	3941
4435	4488	Marcos Ferreira	00:31:41	01:06:18	01:05:35	4661		V40	562	00:05:27	4325
4436	4571	Catarina Figueira	00:32:19	01:06:19	01:06:06	4728	CC Ageas Portugal	V40	206	00:05:51	4842
4437	3364	Dora Ralão	00:33:05	01:06:19	01:04:40	4563		V45	215	00:05:53	4881
4438	2769	Isabel Alves	00:35:56	01:06:19	01:01:07	4017		V50	123	00:05:03	3540
4439	3905	Sonia Lapao	00:35:56	01:06:19	01:01:07	4016		V40	207	00:05:03	3538
4440	8080	Esmeraldo Gonçalves	00:34:54	01:06:20	01:00:52	3965	CDCR dos CTT	V45	627	00:05:13	3897
4441	6167	Gabriel Mendes	00:35:39	01:06:20	01:01:56	4158		Senior	704	00:05:05	3600
4442	625	Pedro Rodrigues	00:33:42	01:06:20	01:05:34	4657	Os cansados	V45	628	00:04:42	2728
4443	627	Armando Amorim	00:33:40	01:06:20	01:05:33	4652	Os cansados	V50	444	00:05:07	3697
4444	3211	Constancio Almeida	00:35:20	01:06:21	01:01:04	4004	Grupo Atletas Algês	V60	114	00:05:21	4118
4445	1831	Ana Marquês	00:34:14	01:06:21	01:05:22	4630		V50	124	00:05:19	4064
4446	7155	Irene Carvalho	00:31:40	01:06:22	01:06:06	4731	TEAM MELOM	V50	125	00:06:00	4987



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4447	4900	Afonso Brás	00:33:50	01:06:22	01:02:58	4327		Senior	705	00:05:14	3923
4448	4751	Valternei Machado	00:32:53	01:06:22	01:05:28	4642	FIDELIDADE GDC	Senior	706	00:06:16	5202
4449	5875	Teresa Grade	00:33:06	01:06:22	01:05:17	4613	MTATL	V45	216	00:05:36	4562
4450	6465	Miguel Esteves	00:33:44	01:06:22	01:00:26	3881		V50	445	00:05:23	4184
4451	5979	Manuela Dinis	00:32:50	01:06:23	01:05:21	4628		V35	163	00:05:49	4806
4452	2255	Lúcia Adelino	00:31:41	01:06:24	01:06:11	4737	Correr em Évora	Senior	355	00:05:24	4225
4453	7640	Ana Sousa	00:27:22	01:06:24	01:05:58	4709	APCMVM	V40	208	00:05:26	4283
4454	8316	Susana Canto	00:35:13	01:06:25	01:03:14	4359	Corrida Noturna Parque das Nações	V50	126	00:05:09	3778
4455	4418	Maria Martins	00:32:07	01:06:26	01:06:00	4719	Os Rotos	Senior	356	00:05:52	4858
4456	4878	Judite Basilio	00:35:32	01:06:26	01:01:46	4127		V55	52	00:05:23	4193
4457	6279	Mario Faria	00:37:40	01:06:27	01:01:38	4100		V40	563	00:04:38	2583
4458	4822	Luis Mauricio	00:31:41	01:06:27	01:06:14	4742		V45	629	00:05:15	3939
4459	3986	Mariana Pereira	00:32:37	01:06:27	01:06:16	4747	EVELX - Associação de Estilos de Vida Saudável	V65	4	00:05:44	4707
4460	3351	Maria Santos	00:32:05	01:06:28	01:05:30	4645	Amoedo	Senior	357	00:05:51	4840
4461	1697	Sílvia Valente	00:34:19	01:06:28	01:06:04	4723		V50	127	00:05:04	3577
4462	4800	Helena Vasconcelos	00:34:36	01:06:28	01:01:59	4165	FIDELIDADE GDC	V45	217	00:05:14	3922
4463	1634	Alexandra Pestana	00:31:56	01:06:29	01:06:04	4722	Alverca Urban Runners	V45	218	00:06:17	5218
4464	7472	Filipe Gama	00:35:28	01:06:29	01:03:26	4394	OS GAMBARDELA	V35	489	00:05:20	4086
4465	467	Nuno Almeida	00:31:46	01:06:29	01:05:59	4714		V40	564	00:05:39	4611



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4466	7471	Rita Candeias	00:35:28	01:06:29	01:03:26	4393	OS GAMBARDELA	V35	164	00:05:20	4085
4467	232	Susana Travanca	00:31:44	01:06:29	01:06:00	4717		V45	219	00:05:38	4592
4468	7264	Jose Farinha	00:32:12	01:06:30	01:05:49	4688	CLUBE MILLENNIUM BCP	V45	630	00:05:17	3996
4469	7287	Ivo Silva	00:31:46	01:06:30	01:06:08	4732	CLUBE MILLENNIUM BCP	V70	10	00:05:17	3995
4470	3828	Maarten Dumont	00:36:56	01:06:31	00:56:13	3058		V35	490	00:05:19	4061
4471	4365	Rita Paula	00:31:03	01:06:31	01:06:23	4761		Senior	358	00:06:00	4997
4472	7265	Carla Lourenco	00:32:12	01:06:31	01:05:50	4691	CLUBE MILLENNIUM BCP	V45	220	00:05:18	4044
4473	634	Susana Vieira	00:33:48	01:06:31	01:03:11	4356	EST	V45	221	00:05:34	4511
4474	1708	Andre Santos	00:38:57	01:06:31	00:55:56	2991		V40	565	00:04:21	1867
4475	2562	Neuza Rodrigues	00:33:27	01:06:33	01:04:38	4561		Senior	359	00:05:42	4663
4476	2779	Joaquim Ramos	00:36:54	01:06:33	00:59:45	3749		V40	566	00:05:01	3454
4477	7162	Filipe Almeida	00:36:29	01:06:34	01:00:18	3858	Vamos preguiçosos!	V45	631	00:04:49	3014
4478	5431	Pedro Empis	00:33:13	01:06:35	01:04:17	4528		V40	567	00:05:52	4862
4479	8790	Paulo Fernandes	00:31:08	01:06:36	01:06:33	4779		V45	632	00:06:29	5347
4480	7082	Nuno Geada	00:38:25	01:06:36	00:58:18	3464		V50	446	00:04:38	2555
4481	7894	Rodrigo Braga	00:31:05	01:06:38	01:05:39	4670		Senior	707	00:06:42	5472
4482	1313	Luis Murilhas	00:32:18	01:06:38	01:05:33	4653	Ser feliz	Senior	708	00:06:08	5107
4483	6890	Jose Fonseca	00:32:17	01:06:38	01:06:22	4758		V65	67	00:05:45	4740
4484	7112	Jose Morgado	00:33:35	01:06:38	01:00:36	3916		Senior	709	00:06:07	5095



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4485	2652	Pedro Carreira	00:33:54	01:06:38	01:03:58	4470		V50	447	00:05:26	4296
4486	4176	Miguel Grilo	00:31:58	01:06:39	01:06:11	4736		V35	491	00:06:07	5084
4487	1216	Geisa Amize	00:32:18	01:06:39	01:05:34	4656		Senior	360	00:06:09	5109
4488	2238	Ana Monica	00:33:15	01:06:39	01:05:49	4686		V45	222	00:05:29	4391
4489	5775	Leonor Pereira	00:34:23	01:06:39	01:04:50	4581	Amigos Corredores	Senior	361	00:05:32	4476
4490	3915	Joana Santos	00:34:29	01:06:39	01:06:31	4776		V45	223	00:05:30	4425
4491	5890	Mariana Leal	00:31:11	01:06:40	01:05:46	4682		Senior	362	00:05:45	4727
4492	5256	João Simas	00:30:38	01:06:41	01:06:14	4743		V40	568	00:05:52	4864
4493	8199	Marta Afonso	00:39:12	01:06:41	00:55:40	2944		V45	224	00:04:33	2380
4494	564	Francisco Alves	00:29:21	01:06:42	01:06:41	4789	Sport Amadora e Pumas	Senior	710	00:05:16	3964
4495	912	Jorge Pires	00:32:45	01:06:42	01:05:24	4638		V45	633	00:04:59	3398
4496	3424	Nuno Rodrigues	00:32:37	01:06:43	01:06:42	4790		V45	634	00:05:51	4838
4497	3426	Ana Alves	00:32:39	01:06:43	01:06:41	4788		V40	209	00:05:51	4839
4498	6829	Luís Ramos	00:31:39	01:06:46	01:06:22	4759	AML4EVER	V45	635	00:05:35	4543
4499	6849	Joao Matias	00:34:10	01:06:46	01:01:27	4062	Convictus	V50	448	00:06:13	5159
4500	8542	Andressa Pedro	00:36:38	01:06:47	01:02:43	4294	Off Limits CrossFit	V35	165	00:05:03	3555
4501	6994	Danilo Faria	00:36:26	01:06:47	01:02:24	4240		Senior	711	00:04:55	3251
4502	4509	Vasco Biscoito	00:36:26	01:06:47	01:02:44	4298		V50	449	00:04:32	2336
4503	6828	Paula Vaz	00:31:45	01:06:47	01:06:23	4760	AML4EVER	V45	225	00:05:36	4544



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4504	1908	Nuno Quitéria	00:35:29	01:06:48	01:02:21	4236	Trail Runners de Lagos	V45	636	00:05:14	3915
4505	7481	Daniela Alves	00:34:25	01:06:48	01:02:08	4193	BI4ALL	Senior	363	00:05:37	4581
4506	5771	Maria Antunes	00:33:34	01:06:49	01:05:59	4712		Senior	364	00:05:52	4869
4507	4619	Manuel Vaz	00:35:05	01:06:49	01:00:29	3895		V50	450	00:05:19	4062
4508	2055	Manuel Alves	00:31:53	01:06:50	01:06:09	4734		V60	115	00:06:06	5080
4509	6165	César Machado	00:36:34	01:06:50	00:58:56	3581		V40	569	00:04:34	2426
4510	5389	Ricardo Santos	00:31:41	01:06:50	01:06:06	4729		V35	492	00:05:59	4969
4511	3314	Pedro Maria	00:39:16	01:06:50	00:58:43	3542	M&M's	V40	570	00:04:16	1676
4512	6718	Rita Adão	00:35:43	01:06:51	01:02:59	4328		Senior	365	00:04:59	3370
4513	1543	Eduardo Baiá	00:36:53	01:06:51	00:59:45	3747	Moura_Baiá	V50	451	00:05:12	3846
4514	7006	Nuno Joao	00:33:53	01:06:51	01:05:14	4605		V45	637	00:05:29	4405
4515	763	Flavio Oliveira	00:32:01	01:06:52	01:05:44	4677		V55	221	00:05:50	4824
4516	3002	Ana Oliveira	00:35:09	01:06:52	01:04:01	4494		Senior	366	00:05:35	4537
4517	3321	Vitor Coelho	00:36:52	01:06:52	00:59:47	3761	As Lebres	V40	571	00:05:14	3927
4518	3009	Diana Leandro	00:35:08	01:06:52	01:04:02	4495		Senior	367	00:05:35	4536
4519	5568	Eliene Silva	00:34:36	01:06:53	01:03:30	4399		V40	210	00:05:05	3595
4520	2737	Joaquim Costa	00:31:59	01:06:53	01:06:29	4770	Amigos Da Corrida	V60	116	00:05:28	4361
4521	1050	Ana Lopes	00:32:41	01:06:53	01:06:05	4727		V50	128	00:05:44	4699
4522	2554	Fatima Silva	00:32:12	01:06:54	01:06:48	4796		V45	226	00:05:43	4682



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4523	3109	Jorge Martinho	00:32:42	01:06:54	01:06:05	4725		V50	452	00:05:46	4757
4524	5015	Fábio Miguel	00:34:16	01:06:54	01:01:52	4147		V35	493	00:05:23	4195
4525	5037	Monica Matos	00:32:58	01:06:54	01:06:20	4755	marvila jovem	V40	211	00:06:05	5061
4526	5121	Samuel Jesus	00:34:16	01:06:54	01:01:52	4146		V35	494	00:05:22	4176
4527	104	Vítor Barbosa	00:34:57	01:06:54	01:01:44	4119	Team Xus	V35	495	00:04:58	3346
4528	103	Inês Miguel	00:34:58	01:06:54	01:01:43	4118	Team Xus	Senior	368	00:04:58	3345
4529	4340	António Moura	00:31:49	01:06:54	01:06:52	4809		V65	68	00:05:58	4957
4530	2309	Moiken Feddersen	00:32:47	01:06:55	01:05:34	4655		V50	129	00:05:49	4811
4531	5537	Ana Gorgueira	00:33:41	01:06:56	01:03:33	4409	Crossfit Tejo	Senior	369	00:05:16	3992
4532	6420	Diogo Ferreira	00:32:10	01:06:56	01:05:54	4700		Junior	48	00:06:15	5189
4533	6646	Rita Oliveira	00:33:16	01:06:57	01:06:39	4786		V35	166	00:05:18	4042
4534	3917	Daniel Leitão	00:33:43	01:06:57	01:05:59	4711		V60	117	00:05:49	4800
4535	2226	João Nunes	00:34:38	01:06:57	01:03:28	4396		V35	496	00:06:04	5047
4536	7922	Silvia Beviano	00:32:26	01:06:57	01:06:18	4751	GMCJamor	V40	212	00:05:45	4736
4537	7556	Beta Mata	00:32:26	01:06:57	01:06:19	4753	GMCJamor	V55	53	00:05:45	4738
4538	6647	Jorge Favita	00:33:17	01:06:57	01:06:41	4787		V50	453	00:05:19	4059
4539	8673	Maria Saldanha	00:37:28	01:06:58	01:00:09	3834		V45	227	00:04:58	3334
4540	8672	António Botelho	00:37:28	01:06:58	01:00:09	3833		V40	572	00:04:58	3333
4541	3222	Marta Guégués	00:34:09	01:06:58	01:03:40	4427	Évora Night Runners	Senior	370	00:05:25	4268



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4542	3763	Ana Guégués	00:34:10	01:06:58	01:03:40	4429		Senior	371	00:05:26	4304
4543	6035	Nuno Capelas	00:36:25	01:06:58	01:00:31	3908		Senior	712	00:04:57	3293
4544	7466	Mafalda Duarte	00:34:20	01:07:00	01:04:10	4511	SIX PACK	V45	228	00:05:18	4028
4545	2827	Ana Marques	00:34:20	01:07:03	01:03:40	4428		V35	167	00:05:27	4332
4546	8492	Flavio Erreria	00:33:33	01:07:04	01:02:57	4324	Off Limits CrossFit	V35	497	00:06:00	4991
4547	3684	Filipe Madeira	00:38:02	01:07:06	01:02:12	4204	Piedras Rolantes	V35	498	00:04:38	2578
4548	3407	Maria Crispim	00:33:52	01:07:06	01:05:29	4644		Senior	372	00:05:13	3876
4549	3291	Beatriz Almeida	00:31:33	01:07:07	01:05:58	4710		Senior	373	00:06:00	4999
4550	644	Ana Pereira	00:32:38	01:07:07	01:06:39	4783	GDCTINCM	V45	229	00:05:48	4788
4551	1388	Luís Garção	00:31:57	01:07:09	01:06:51	4804		V50	454	00:06:28	5340
4552	2274	Estela Silva	00:33:08	01:07:10	01:04:29	4546		Senior	374	00:05:45	4728
4553	4520	Sara Reis	00:34:34	01:07:10	01:04:44	4570		V40	213	00:05:32	4474
4554	3041	Celeste Almeida	00:32:48	01:07:11	01:06:45	4794	SIMECQ	V50	130	00:05:29	4395
4555	1499	Palmira Ribeiro	00:32:13	01:07:11	01:07:01	4822		V50	131	00:05:50	4820
4556	3050	Susana Mendes	00:32:48	01:07:11	01:04:00	4487	SIMECQ	V40	214	00:05:29	4394
4557	6729	Carlos Monsanto	00:36:21	01:07:12	01:00:54	3973		V35	499	00:05:46	4755
4558	3030	Isabel Seguro	00:34:11	01:07:13	01:05:40	4671		V45	230	00:05:35	4535
4559	8069	Maria Borges	00:35:30	01:07:13	01:02:54	4314	Corridas e afins	V40	215	00:05:19	4072
4560	1762	Silva Ines	00:32:27	01:07:14	01:05:59	4713	Câmara Lisboa Clube	V40	216	00:05:35	4539



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4561	6042	Vital Filipe	00:34:35	01:07:14	01:04:27	4539		V45	638	00:05:23	4185
4562	6244	Joana Franco	00:34:35	01:07:14	01:04:28	4544		V40	217	00:05:23	4186
4563	315	Carlos Guerreiro	00:31:09	01:07:14	01:07:11	4835		V60	118	00:05:59	4977
4564	2609	Edwige Ribeiro	00:35:27	01:07:14	01:05:24	4637	B&ST-MONTIJO	Senior	375	00:05:14	3919
4565	8626	Carlos Oliveira	00:37:04	01:07:15	00:59:31	3703	Clube PT-Zcs	V55	222	00:05:30	4410
4566	2608	Rui Rodrigues	00:35:26	01:07:15	01:05:24	4636	B&ST-MONTIJO	V35	500	00:05:14	3918
4567	5730	Miguel Rodrigues	00:34:45	01:07:15	01:03:18	4371		Senior	713	00:05:22	4175
4568	5729	Rita Sobreiro	00:34:46	01:07:15	01:03:18	4372		Senior	376	00:05:22	4174
4569	254	Susana Folgado	00:33:34	01:07:16	01:04:34	4556		Senior	377	00:06:01	5008
4570	6176	Guilherme Moura	00:36:32	01:07:17	01:00:37	3918		Senior	714	00:05:12	3861
4571	6240	Ricardo Castanheira	00:36:31	01:07:17	01:00:37	3919		Senior	715	00:05:12	3860
4572	3292	Ana Moreira	00:31:37	01:07:19	01:07:09	4834		V35	168	00:06:33	5385
4573	2768	Orlando Romão	00:30:55	01:07:21	01:07:08	4832		V50	455	00:07:01	5585
4574	2589	Sofia Lourenço	00:35:31	01:07:21	01:02:06	4184		Senior	378	00:05:42	4661
4575	2962	Paulo Martins	00:37:02	01:07:22	00:59:59	3798		V50	456	00:05:44	4705
4576	1895	Ana Fernandes	00:32:54	01:07:24	01:06:24	4762	Insane Évora Team	Senior	379	00:05:48	4796
4577	1041	José Barreiros	00:32:34	01:07:24	01:07:09	4833		V50	457	00:05:44	4702
4578	6606	Pedro Caeiro	00:33:37	01:07:24	01:07:01	4821		Senior	716	00:04:43	2762
4579	3045	Olga Galvão	00:31:22	01:07:24	01:05:59	4715	SIMECQ	V55	54	00:06:03	5036



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4580	5955	Filipe Junot	00:31:32	01:07:25	01:06:04	4724		V35	501	00:06:25	5322
4581	4519	Jorge Reis	00:34:34	01:07:25	01:04:59	4592		V40	573	00:05:41	4643
4582	870	Mónica Cadima	00:33:51	01:07:26	01:05:56	4707		V35	169	00:06:16	5205
4583	4450	Rosa Afonso	00:37:59	01:07:27	00:58:34	3516		V50	132	00:04:46	2885
4584	911	Sara Pinheiro	00:34:36	01:07:27	01:06:08	4733		Junior	23	00:05:22	4157
4585	2936	Luis Taborda	00:37:01	01:07:27	01:00:59	3987	PTRUNNERS	V35	502	00:03:20	154
4586	1107	Maria Marcelino	00:33:00	01:07:27	00:59:26	3690		Senior	380	00:06:00	4996
4587	3046	Orlando Silva	00:39:16	01:07:29	01:00:53	3969	SIMECQ	V50	458	00:03:54	826
4588	2262	Cristina Vicente	00:33:09	01:07:31	01:06:49	4803	FIDELIDADE GDC	Senior	381	00:05:53	4880
4589	8782	Cristina Filipe	00:35:50	01:07:31	01:03:19	4376		V55	55	00:05:27	4345
4590	5815	Jose Manta	00:37:41	01:07:33	00:57:04	3232		V50	459	00:05:18	4049
4591	7934	Rui Silva	00:32:45	01:07:33	01:06:32	4778	Gang da Lama	V45	639	00:04:55	3256
4592	320	Ana Silva	00:33:21	01:07:34	01:06:00	4718		V50	133	00:05:52	4856
4593	1586	Susana Guerreiro	00:36:41	01:07:36	01:02:39	4284		V45	231	00:05:02	3489
4594	8446	Alexandra Ferreira	00:32:36	01:07:36	01:07:14	4838	CLUBE TAP PORTUGAL	V45	232	00:06:10	5118
4595	5900	Cristina Silva	00:32:07	01:07:36	01:07:22	4852		V50	134	00:05:49	4810
4596	986	Cláudia Marques	00:35:38	01:07:37	01:01:59	4164		V40	218	00:05:54	4897
4597	8810	Pedro Amorim	00:36:21	01:07:37	00:59:31	3704		V40	574	00:05:17	4022
4598	5924	Sarah Booth	00:33:16	01:07:37	01:06:17	4749		V40	219	00:05:26	4311



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4599	6071	Maria Nascimento	00:32:10	01:07:37	01:06:06	4730	Lidlers	V55	56	00:05:07	3679
4600	8066	Joana Vistas	00:35:56	01:07:38	01:03:30	4401	Why not?	Senior	382	00:05:24	4214
4601	3804	Nuno Horta	00:32:43	01:07:38	01:07:32	4872		V45	640	00:05:37	4570
4602	4581	Sérgio Rodrigues	00:31:40	01:07:38	01:06:58	4818	CC Ageas Portugal	V45	641	00:05:58	4956
4603	8065	Matilde Pêgo	00:35:56	01:07:38	01:03:30	4400	Why not?	Senior	383	00:05:25	4279
4604	6170	Ana Rachid	00:34:50	01:07:39	01:03:16	4364		V35	170	00:05:40	4638
4605	8802	João Morgado	00:34:51	01:07:39	01:03:15	4360		V35	503	00:05:40	4627
4606	6123	Susana Figueiredo	00:33:26	01:07:42	01:07:07	4831	Lena_Susana	V45	233	00:05:46	4752
4607	7831	Lara Simons	00:33:10	01:07:44	01:07:11	4837	CCD Siemens	V35	171	00:05:25	4278
4608	8773	Joana Garoupa	00:37:32	01:07:44	00:59:45	3754		V45	234	00:05:05	3636
4609	1987	Mário Bação	00:39:15	01:07:44	00:57:05	3234		V50	460	00:04:58	3350
4610	2606	Ana Dias	00:37:30	01:07:45	01:03:48	4443	B&ST-MONTIJO	V40	220	00:04:52	3117
4611	2518	Joana Oliveira	00:31:32	01:07:45	01:07:23	4854		Senior	384	00:06:03	5035
4612	1334	Anabela Ruivo	00:37:00	01:07:45	01:05:42	4673	Ruivos	V50	135	00:05:45	4735
4613	6202	Mafalda Grilo	00:36:19	01:07:46	01:03:17	4367	NewMe	Senior	385	00:05:16	3982
4614	3826	Ernesto Reis	00:38:21	01:07:46	00:57:28	3311		V60	119	00:04:43	2766
4615	5881	Fábio Oliveira	00:33:38	01:07:46	01:07:19	4844		Senior	717	00:05:44	4719
4616	4414	Virginia Canento	00:34:09	01:07:46	01:05:04	4597	Correr em Évora	V50	136	00:04:50	3042
4617	8178	Bárbara Buck	00:31:56	01:07:46	01:07:06	4829	SD Sports Team	Senior	386	00:06:16	5200



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4618	629	Sônia Caixeirinho	00:38:15	01:07:47	00:59:22	3678		V50	137	00:04:44	2808
4619	5442	Ana Rato	00:32:29	01:07:47	01:07:20	4845		V55	57	00:05:46	4751
4620	1963	Bruno Falcão	00:37:35	01:07:47	01:02:15	4218	CORRENDO E ANDANDO	V40	575	00:04:33	2370
4621	3996	Ricardo Sardinheiro	00:38:14	01:07:47	00:59:35	3722	Madrugas de Almeirim Running Team	V45	642	00:05:06	3664
4622	5381	Sonia Polido	00:32:29	01:07:47	01:07:22	4851		V45	235	00:05:47	4765
4623	3869	Anabela Nunes	00:32:51	01:07:48	01:07:28	4865		V55	58	00:06:18	5232
4624	8218	Filipe Silva	00:34:30	01:07:48	01:04:10	4512	Cotas Running	V45	643	00:05:44	4697
4625	3871	Luis Alves	00:32:51	01:07:48	01:07:28	4866		V55	223	00:06:19	5241
4626	1400	Maribel Silva	00:32:28	01:07:48	01:07:03	4826		V50	138	00:05:55	4904
4627	6869	João André	00:32:43	01:07:49	01:06:48	4800	La Familia	V40	576	00:05:37	4582
4628	6868	Cecília Silva	00:32:45	01:07:49	01:06:48	4799	La Familia	V40	221	00:05:38	4588
4629	8068	Paulo Santos	00:35:59	01:07:52	01:02:26	4247	Grupo Recreativo e Desportivo da Ribeira da	V50	461	00:05:17	4021
4630	2814	Nayara Pinheiro	00:31:51	01:07:52	01:07:11	4836	FIDELIDADE GDC	Senior	387	00:05:45	4731
4631	6539	José Milagres	00:32:57	01:07:52	01:06:57	4817	GDCT Unicre	V65	69	00:05:50	4834
4632	1894	Nelson Capucho	00:32:54	01:07:53	01:06:54	4811	Insane Évora Team	V45	644	00:05:31	4445
4633	1806	Joana Silva	00:33:55	01:07:54	01:07:38	4882		Senior	388	00:06:24	5308
4634	3815	Maria Santos	00:33:47	01:07:55	01:07:43	4885		V45	236	00:05:44	4714
4635	8485	Sofia Zubkova	00:35:56	01:07:55	01:03:52	4457	Off Limits CrossFit	Senior	389	00:05:12	3839
4636	2992	João Carapau	00:31:46	01:07:55	01:07:03	4825		V45	645	00:06:32	5377



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4637	633	Ana Caliça	00:31:37	01:07:55	01:07:50	4895	Alverca Urban Runners	V40	222	00:05:38	4593
4638	6871	Luis Caetano	00:34:25	01:07:56	01:05:16	4607	Saloios de Leiria	Senior	718	00:05:50	4816
4639	3276	Catarina Cavaco	00:35:22	01:07:56	01:04:07	4505		V40	223	00:05:26	4306
4640	4361	Luis Milheiro	00:35:58	01:07:56	01:02:30	4257		V60	120	00:05:51	4843
4641	6683	Carlos Fonseca	00:35:17	01:07:57	01:05:46	4683		Senior	719	00:05:56	4923
4642	576	Sara Barata	00:31:38	01:07:57	01:07:52	4896	Alverca Urban Runners	V40	224	00:05:39	4610
4643	171	Clara Dumont	00:33:54	01:07:57	01:07:33	4875		Senior	390	00:05:35	4538
4644	3274	Vitor Cavaco	00:35:21	01:07:57	01:04:08	4507		V40	577	00:05:26	4307
4645	5764	Claudia Grencho	00:33:16	01:07:57	01:05:50	4692	Serviços Sociais Montepio	V45	237	00:05:57	4926
4646	6122	Helena Lourenço	00:33:26	01:07:57	01:07:22	4853	Lena_Susana	V60	19	00:05:15	3938
4647	803	Luís Coelho	00:31:38	01:07:58	01:07:36	4877		V65	70	00:05:34	4506
4648	7740	Catarina Brito	00:35:02	01:07:58	01:05:15	4606		Senior	391	00:05:33	4496
4649	4655	Clara Henriques	00:35:07	01:07:59	01:03:37	4417	Kotas Boa Forma	V40	225	00:05:26	4299
4650	722	Ana Neves	00:32:52	01:08:00	01:07:32	4871		V45	238	00:05:48	4789
4651	1162	Maria Ferreira	00:32:51	01:08:00	01:07:31	4870		V45	239	00:05:48	4790
4652	8894	Carla Bento	00:33:45	01:08:01	01:05:31	4650		V45	240	00:06:20	5256
4653	3167	André Carinhas	00:39:22	01:08:02	00:57:17	3271		V45	646	00:05:00	3425
4654	7764	Eduardo Brás	00:38:26	01:08:02	00:59:45	3753		V40	578	00:04:51	3090
4655	8592	Andreia Vale	00:32:13	01:08:05	01:07:33	4874		V40	226	00:06:07	5092



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4656	3489	Alexandra Silva	00:32:19	01:08:06	01:07:53	4898		V45	241	00:05:57	4930
4657	6444	Paulo Cachudo	00:30:46	01:08:06	01:07:25	4856		V50	462	00:06:49	5512
4658	2046	Cristina Brigham	00:35:57	01:08:06	01:02:27	4249		V45	242	00:05:23	4200
4659	8642	Ana Fonseca	00:31:45	01:08:06	01:07:29	4869		V45	243	00:06:04	5042
4660	2067	Luis Cascão	00:33:02	01:08:06	01:07:47	4890	Casa do Pessoal da RTP	V45	647	00:05:51	4846
4661	3107	Mariana Bernardino	00:33:11	01:08:07	01:07:38	4880	Correr Lisboa	V50	139	00:05:39	4606
4662	138	Rita Carvalho	00:33:51	01:08:07	01:05:30	4648		V35	172	00:05:30	4413
4663	416	Rosa Reis	00:33:14	01:08:08	01:07:56	4902		V65	5	00:05:49	4814
4664	3475	Madalena Pinto	00:33:40	01:08:09	01:07:22	4850		Senior	392	00:06:01	5005
4665	3471	Margarida Quaresma	00:33:40	01:08:10	01:07:22	4849		Senior	393	00:06:01	5006
4666	5070	José Silva	00:35:35	01:08:11	01:05:55	4703		V35	504	00:05:25	4245
4667	8294	Maria Reis	00:35:37	01:08:12	01:04:46	4573		V35	173	00:05:11	3814
4668	7467	Paulo Tavares	00:33:38	01:08:12	01:07:25	4857	SIX PACK	V45	648	00:05:55	4913
4669	2681	Maria Saldanha	00:37:37	01:08:13	01:02:19	4229		Senior	394	00:05:15	3944
4670	9302	Maria Fernandes	00:32:56	01:08:14	01:07:58	4905		Senior	395	00:06:15	5186
4671	626	João Pereira	00:33:41	01:08:15	01:07:27	4861	Os cansados	V55	224	00:06:16	5204
4672	7079	Isabel Silva	00:34:27	01:08:15	01:05:54	4702		V50	140	00:05:47	4780
4673	7078	Antonino Silva	00:34:26	01:08:16	01:05:56	4708		V65	71	00:05:48	4783
4674	2168	Milena Albuquerque	00:31:54	01:08:17	01:06:24	4763		V45	244	00:05:34	4515



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4675	5759	Catarina Santos	00:34:03	01:08:20	01:08:11	4920		V45	245	00:05:18	4047
4676	7168	Carina Guerreiro	00:33:16	01:08:21	01:07:19	4843	HutRunners	V40	227	00:05:51	4851
4677	7461	Pedro Torres	00:33:32	01:08:22	01:06:16	4748		Senior	720	00:06:22	5282
4678	783	Joao Alves	00:38:17	01:08:23	01:00:45	3946		V50	463	00:04:56	3265
4679	1820	Angela Penedo	00:32:54	01:08:24	01:08:13	4923		V35	174	00:06:23	5293
4680	1818	Ricardo Penedo	00:32:54	01:08:24	01:08:10	4917		V35	505	00:06:22	5275
4681	9301	Fernando Pinto	00:42:49	01:08:24	00:53:48	2539		V35	506	00:04:20	1803
4682	5019	Nuno Centeno	00:39:34	01:08:25	00:56:50	3191		V40	579	00:04:57	3300
4683	4706	Gustavo Jesus	00:34:23	01:08:25	01:04:37	4559	Cambada de atletas	V35	507	00:05:59	4974
4684	6490	Joao Rodrigues	00:36:07	01:08:25	01:03:20	4377		V35	508	00:05:45	4724
4685	3524	Vanda Oliveira	00:37:35	01:08:26	01:02:16	4222		V50	141	00:05:23	4187
4686	8009	Ricardo Rodrigues	00:39:37	01:08:26	00:56:52	3203	Modafoca	V40	580	00:04:53	3175
4687	1167	Maria Simões	00:33:59	01:08:27	01:07:40	4884		V50	142	00:05:50	4822
4688	5502	Carlos Lourenço	00:35:33	01:08:27	01:04:31	4550		V45	649	00:05:12	3864
4689	7146	Catarina Fonseca	00:33:00	01:08:27	01:08:13	4924		V45	246	00:05:33	4503
4690	3682	Luis Madeira	00:38:02	01:08:28	01:03:33	4408	Piedras Rolantes	V35	509	00:05:12	3859
4691	5463	Elisabeth Loureiro	00:32:55	01:08:29	01:08:09	4915	Sporting Clube de Casainhos	V65	6	00:05:43	4676
4692	998	Jorge Sousa	00:32:06	01:08:29	01:08:09	4914		V55	225	00:05:53	4879
4693	3520	Luis Pimenta	00:33:48	01:08:30	01:05:20	4624		V45	650	00:05:31	4440



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4694	5020	Cristina Cadima	00:35:50	01:08:31	01:05:35	4660		V40	228	00:05:18	4052
4695	1060	Mafalda Botelho	00:33:07	01:08:31	01:08:19	4932		V40	229	00:05:59	4975
4696	973	Luiz Rosa	00:35:50	01:08:32	01:07:59	4907	Clube Atletismo Amigos de Belém	V65	72	00:04:58	3339
4697	3521	Ana Santos	00:33:48	01:08:32	01:05:22	4631		V50	143	00:05:33	4488
4698	5113	Vera Ameixinha	00:32:02	01:08:33	01:07:55	4901		V35	175	00:06:15	5187
4699	2407	Francisco Virtuoso	00:36:44	01:08:33	01:01:32	4081		V60	121	00:05:27	4328
4700	5523	Marcelino Gomes	00:37:12	01:08:35	01:01:38	4098		V55	226	00:05:33	4481
4701	5641	Ana Rodrigues	00:34:15	01:08:37	01:05:30	4646		Senior	396	00:05:52	4867
4702	5640	Vera Rodrigues	00:34:35	01:08:37	01:05:31	4651		V35	176	00:05:52	4866
4703	4051	Salomé Vitorino	00:36:07	01:08:38	01:05:21	4626		V40	230	00:05:23	4190
4704	8959	Aparecida Pinto	00:35:25	01:08:39	01:05:05	4598	Clube de Futebol "Os Belenenses"	V65	7	00:05:28	4348
4705	6031	Monica Bagagem	00:35:21	01:08:40	01:05:53	4698		Senior	397	00:05:13	3871
4706	358	Marco Dias	00:32:53	01:08:40	01:08:30	4949		Senior	721	00:05:44	4703
4707	35	Joana Ferreira	00:32:55	01:08:40	01:08:30	4950	Run&Win(e)	Senior	398	00:05:44	4701
4708	1919	João Grilo	00:36:00	01:08:41	01:06:39	4784	Tripulantes do Porta Aviões	V35	510	00:05:33	4492
4709	3565	Andreia Gomes	00:36:23	01:08:42	01:04:02	4497	Gomes	Senior	399	00:05:46	4756
4710	816	Andreia Rocha	00:36:19	01:08:43	01:02:52	4308		Senior	400	00:05:46	4742
4711	6385	Filipa Fernandes	00:33:33	01:08:44	01:06:25	4764		Senior	401	00:06:35	5400
4712	1195	Susana Ferreirinho	00:31:04	01:08:44	01:08:21	4934		V45	247	00:06:26	5334



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4713	7523	Paulo Mata	00:39:26	01:08:45	00:57:28	3315		Senior	722	00:04:34	2397
4714	5454	Carlos Cruz	00:34:42	01:08:46	01:06:39	4785	Askblue	V50	464	00:05:42	4672
4715	6905	Alena Almakova	00:33:43	01:08:46	01:08:35	4959		Senior	402	00:05:38	4590
4716	8981	Joana Pereira	00:33:33	01:08:46	01:07:44	4887		V45	248	00:05:48	4794
4717	7477	Nuno Pisco	00:34:55	01:08:47	01:06:52	4807		V35	511	00:05:45	4737
4718	3313	Ana Martins	00:39:14	01:08:47	01:00:40	3926	M&M's	V40	231	00:05:06	3670
4719	7330	Elisa Soares	00:34:55	01:08:47	01:06:52	4808		Senior	403	00:05:47	4782
4720	2488	José Rocha	00:35:11	01:08:47	01:05:50	4694		V55	227	00:05:47	4768
4721	3488	Denis Orlov	00:36:32	01:08:48	01:06:10	4735		V45	651	00:05:00	3435
4722	7627	Mónica Nunes	00:35:35	01:08:49	01:06:26	4765	Atitude Outdoor	V35	177	00:05:40	4626
4723	7621	Mariana Fernandes	00:35:36	01:08:49	01:06:26	4766	Atitude Outdoor	Junior	24	00:05:36	4546
4724	7616	Sara Gomes	00:35:36	01:08:49	01:06:27	4768	Atitude Outdoor	V35	178	00:05:40	4625
4725	795	Marco Cabral	00:39:14	01:08:51	00:58:28	3496		V35	512	00:05:05	3630
4726	6920	Ana Rodrigues	00:33:49	01:08:52	01:08:39	4965		V40	232	00:06:00	4989
4727	7506	Diogo Veloso	00:39:19	01:08:53	01:00:30	3902		Senior	723	00:04:40	2630
4728	882	Nelson Ribeiro	00:37:42	01:08:53	01:00:45	3945		V45	652	00:04:59	3393
4729	483	Cláudia Caseiro	00:36:54	01:08:53	01:05:44	4676	Uma família ultra moderna	V35	179	00:05:17	4015
4730	482	Sara Ribeiro	00:36:54	01:08:53	01:05:43	4675	Uma família ultra moderna	Senior	404	00:05:17	4014
4731	6510	Helena Mesquita	00:34:26	01:08:54	01:06:13	4740		V35	180	00:05:38	4599



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4732	435	Fernando Favinha	00:37:56	01:08:54	01:02:02	4179		V55	228	00:06:17	5219
4733	1389	Joana Silva	00:34:03	01:08:54	01:07:53	4897		Senior	405	00:05:50	4821
4734	250	Ana Machado	00:32:42	01:08:55	01:08:44	4973		Senior	406	00:06:01	5009
4735	7816	Carolina Alves	00:33:50	01:08:55	01:07:43	4886		Senior	407	00:05:56	4916
4736	3767	João Oliveira	00:37:09	01:08:55	01:02:39	4286		V45	653	00:05:25	4258
4737	252	Edgar Caldeira	00:32:43	01:08:56	01:08:43	4972		V35	513	00:06:01	5010
4738	2163	Catarina Dias	00:36:24	01:08:56	01:02:10	4197		Senior	408	00:05:34	4517
4739	3714	Algerina Sousa	00:33:25	01:08:56	01:08:24	4939		V45	249	00:05:35	4532
4740	3765	Tiago Sousa	00:33:26	01:08:56	01:08:24	4938		V45	654	00:05:35	4533
4741	764	Maria Batista	00:32:01	01:08:56	01:07:48	4891		V55	59	00:07:08	5617
4742	1132	Ana Gautier	00:34:05	01:08:57	01:07:54	4900		Senior	409	00:05:52	4854
4743	8223	Nuno Pacheco	00:34:56	01:08:57	01:05:17	4617	Cotas Running	V45	655	00:04:47	2939
4744	3154	Alberto Malafaia	00:35:09	01:08:57	01:05:33	4654		Senior	724	00:05:49	4812
4745	549	Eliana Silva	00:32:24	01:08:58	01:07:05	4828		V55	60	00:06:05	5053
4746	3141	Paulo Ravasqueira	00:33:21	01:08:59	01:08:10	4916		V35	514	00:05:37	4575
4747	2502	Afonso Parra	00:35:10	01:08:59	01:05:36	4663		Senior	725	00:05:50	4827
4748	2886	Manuel Balata	00:35:01	01:09:00	01:03:32	4406		V70	11	00:07:23	5661
4749	7032	Gustavo Soares	00:38:27	01:09:01	01:00:43	3938		V45	656	00:05:08	3715
4750	7446	Lúcia Cortinhal	00:35:39	01:09:03	01:04:42	4568		V45	250	00:05:26	4285



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CLASSIFICAÇÃO '21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4751	6479	Tânia Costa	00:35:05	01:09:03	01:08:31	4952	CrossBox The Bravery	V40	233	00:05:28	4377
4752	2536	Pedro Saavedra	00:35:09	01:09:04	01:06:14	4744	O fim do teatro	V45	657	00:05:54	4888
4753	2537	Sónia Rodrigues	00:35:09	01:09:04	01:06:14	4745	O fim do teatro	V35	181	00:05:54	4889
4754	7310	Nuno Mendes	00:35:11	01:09:04	01:09:02	4996	CLUBE MILLENNIUM BCP	V35	515	00:05:37	4565
4755	6795	Patrícia Queirós	00:34:14	01:09:05	01:08:43	4971	Corredores da Adega	V35	182	00:06:03	5027
4756	7828	Ana Rodrigues	00:34:14	01:09:06	01:08:16	4927	Correr Lisboa	V50	144	00:05:49	4815
4757	6744	Jorge Ralo	00:38:40	01:09:06	01:00:25	3879	Friends Team	V55	229	00:04:53	3134
4758	6745	Rita Pereira	00:38:42	01:09:06	01:00:26	3880	Friends Team	V40	234	00:04:50	3053
4759	7579	Ana Branco	00:34:15	01:09:06	01:06:31	4772		Senior	410	00:06:10	5119
4760	5188	Carlos Costa	00:32:20	01:09:06	01:08:57	4983	Clube Novo Banco	V45	658	00:05:32	4478
4761	2483	Paulo Santos	00:34:36	01:09:06	01:05:40	4672		V40	581	00:05:37	4571
4762	3739	Carla Duran	00:34:15	01:09:07	01:06:31	4775		V50	145	00:06:11	5135
4763	2656	Susana Carvalho	00:34:54	01:09:07	01:05:35	4662		V45	251	00:05:40	4636
4764	5074	Claudia Rodrigues	00:36:08	01:09:07	01:05:17	4615	Starfish	V40	235	00:05:30	4427
4765	5829	Artur Silva	00:33:32	01:09:07	01:05:21	4627		V35	516	00:05:24	4239
4766	769	Frederico Felix	00:35:20	01:09:07	01:05:38	4666		V40	582	00:05:53	4877
4767	430	Hugo Lopes	00:35:21	01:09:08	01:05:39	4667		V40	583	00:05:52	4857
4768	6996	Gonçalo Amorim	00:38:58	01:09:09	00:58:26	3489		V40	584	00:05:28	4354
4769	1980	Daniela Gonçalves	00:33:14	01:09:10	01:08:22	4935		Junior	25	00:06:06	5079



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4770	2683	Luis Saldanha	00:35:43	01:09:10	01:05:18	4620		V65	73	00:06:28	5342
4771	8050	Rodrigo Duro	00:35:15	01:09:11	01:08:51	4980		Junior	49	00:05:28	4355
4772	6433	Carolina Gorgulho	00:35:27	01:09:11	01:04:34	4555	Forte que nem cachaça!	Senior	411	00:06:31	5371
4773	1667	Marco Silva	00:40:16	01:09:12	00:58:30	3504		V45	659	00:05:15	3946
4774	5733	Jordão Freitas	00:38:04	01:09:12	01:01:45	4123		V50	465	00:05:05	3597
4775	5138	Ricardo Nabais	00:37:56	01:09:13	01:03:07	4350		V35	517	00:05:16	3991
4776	7495	Mariana Adão	00:35:43	01:09:13	01:05:23	4635		Senior	412	00:05:35	4542
4777	6885	Mário Pereira	00:37:14	01:09:14	01:01:45	4124		V55	230	00:05:18	4043
4778	1343	Ricardo Rodrigues	00:36:48	01:09:16	01:05:54	4701	O Cássimo é que sabe	Senior	726	00:04:23	1973
4779	1720	Sandra Cordeiro	00:33:08	01:09:17	01:09:01	4992	Benny Asics	V50	146	00:06:10	5124
4780	4192	Mariana Fontana	00:34:23	01:09:19	01:08:37	4962		Senior	413	00:05:32	4468
4781	8235	Vânia Silva	00:34:49	01:09:19	01:07:58	4904		V35	183	00:05:34	4505
4782	6109	Francisco Tomaz	00:34:24	01:09:20	01:07:26	4860		V40	585	00:06:21	5264
4783	7447	Ana Gaspar	00:34:49	01:09:20	01:07:57	4903		Senior	414	00:05:35	4541
4784	5087	Gonçalo Xavier	00:35:32	01:09:21	01:07:21	4848	Os Tugas	Senior	727	00:05:22	4178
4785	6139	Maria Caldeirinha	00:33:14	01:09:21	01:08:42	4968		V35	184	00:06:02	5024
4786	8752	Joao Martinez	00:33:00	01:09:21	01:08:54	4981		V55	231	00:06:03	5041
4787	5086	Diana Eustáquio	00:35:32	01:09:21	01:07:21	4847	Os Tugas	Senior	415	00:05:22	4177
4788	2172	Isabel Magalhães	00:32:17	01:09:23	01:09:17	5017		V65	8	00:06:00	4995



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CLASSIFICAÇÃO '21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4789	5700	Paula Ferreira	00:35:28	01:09:23	01:07:54	4899	Guarda rios	V45	252	00:05:44	4712
4790	1619	Pedro Faro	00:34:04	01:09:24	01:09:02	4993		V50	466	00:06:04	5049
4791	7726	Sara Santos	00:33:46	01:09:24	01:07:26	4859	PoweredBySofrimento	Senior	416	00:05:40	4619
4792	1837	António Martins	00:31:37	01:09:24	01:07:23	4855	Housemartins Belas	V50	467	00:06:11	5129
4793	7733	Lucienne Neves	00:33:45	01:09:24	01:07:27	4863	PoweredBySofrimento	V35	185	00:05:40	4618
4794	1001	Carlos Batista	00:38:42	01:09:25	01:00:37	3921		V45	660	00:05:25	4273
4795	2967	Thiago Santos	00:38:17	01:09:26	01:01:33	4082		Senior	728	00:05:36	4551
4796	2029	Célia Cupertino	00:36:53	01:09:27	01:07:02	4823		V45	253	00:05:03	3542
4797	3042	João Teixeira	00:33:26	01:09:28	01:09:02	4994	SIMECQ	V60	122	00:06:03	5037
4798	5310	Lidia Bailão	00:32:12	01:09:28	01:09:12	5013	SS CGD	V50	147	00:05:44	4716
4799	3039	Alda Sebastião	00:33:27	01:09:28	01:09:01	4991	SIMECQ	V60	20	00:06:03	5038
4800	5792	Danilo Teixeira	00:41:27	01:09:28	00:58:01	3403	OsRegressados	V35	518	00:04:00	1071
4801	3047	Paula Leitão	00:33:26	01:09:29	01:09:03	4998	SIMECQ	V45	254	00:06:04	5045
4802	4032	Joaquim Neiva	00:36:39	01:09:29	01:04:08	4508	Agualva Runners	V75	4	00:05:22	4170
4803	8236	Daniela Bento	00:35:38	01:09:30	01:06:03	4721		Senior	417	00:05:41	4652
4804	4806	Nélia Cabaço	00:38:19	01:09:30	01:04:33	4553		V35	186	00:05:10	3793
4805	9205	Pedro Prazeres	00:38:18	01:09:31	01:04:34	4554		V35	519	00:05:10	3794
4806	6046	Cátia Nogueira	00:31:53	01:09:31	01:09:20	5020		V40	236	00:06:02	5023
4807	5245	Rita Costa	00:35:00	01:09:33	01:06:37	4781	Clube Novo Banco	V40	237	00:05:39	4602



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4808	2933	Isabelle Dominguez	00:34:44	01:09:33	01:08:26	4942	Legend Runners	V40	238	00:05:58	4951
4809	2934	Ricardo Serra	00:34:44	01:09:33	01:08:25	4941	Legend Runners	V40	586	00:05:59	4979
4810	7747	Matilde Prazeres	00:36:26	01:09:33	01:05:11	4602		Senior	418	00:05:39	4617
4811	64	Natália Martins	00:35:00	01:09:33	01:06:38	4782		V40	239	00:05:40	4629
4812	908	Manuel Canané	00:38:00	01:09:35	01:01:36	4091		V55	232	00:05:30	4416
4813	4891	Anna Lima	00:33:39	01:09:35	01:08:35	4958		Senior	419	00:06:40	5449
4814	5746	Mariana Catalão	00:32:58	01:09:36	01:08:44	4975		V40	240	00:06:05	5064
4815	7699	Sónia Pereira	00:33:27	01:09:36	01:09:31	5043		V45	255	00:05:46	4741
4816	4372	Rosália Varela	00:32:25	01:09:37	01:09:25	5030	Família Silvestre	V40	241	00:05:53	4873
4817	346	Francisco Alves	00:35:21	01:09:37	01:06:03	4720		V45	661	00:06:24	5314
4818	4742	José Alves	00:35:07	01:09:38	01:06:12	4738	FIDELIDADE GDC	V65	74	00:05:44	4711
4819	1102	João Vieira	00:33:26	01:09:38	01:08:45	4976		V55	233	00:06:04	5050
4820	1125	Helena Dorés	00:35:14	01:09:38	01:06:52	4810		V55	61	00:05:53	4875
4821	4254	Jorge Barroso	00:34:40	01:09:39	01:09:16	5015		V40	587	00:05:36	4554
4822	8515	Miguel Duarte	00:36:51	01:09:39	01:05:30	4649	Off Limits CrossFit	Senior	729	00:05:15	3955
4823	4255	Filipa Barroso	00:34:41	01:09:40	01:09:17	5016		V40	242	00:05:37	4568
4824	8517	Mauricio Barros	00:36:51	01:09:40	01:05:36	4665	Off Limits CrossFit	Senior	730	00:05:16	3956
4825	2583	Teresa Candeias	00:36:17	01:09:41	01:04:43	4569		Senior	420	00:05:59	4980
4826	475	Ricardo Neiva	00:37:38	01:09:41	01:00:49	3954		V50	468	00:05:43	4685



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4827	234	Pedro Curião	00:34:00	01:09:41	01:07:59	4906		Senior	731	00:05:57	4936
4828	2012	Inês Nunes	00:34:08	01:09:42	01:08:32	4953		Senior	421	00:05:47	4767
4829	3809	Carlota Pereira	00:32:50	01:09:42	01:09:28	5038		Senior	422	00:05:56	4921
4830	7755	Zara Cardoso	00:34:03	01:09:43	01:08:27	4944		V45	256	00:05:53	4884
4831	1153	Ines Goncalves	00:33:10	01:09:43	01:09:26	5032		Senior	423	00:05:48	4791
4832	7308	Carlos Brandao	00:33:20	01:09:43	01:08:34	4956	CLUBE MILLENNIUM BCP	V45	662	00:06:52	5540
4833	1598	Valentín Lerida	00:34:04	01:09:44	01:09:24	5026		V50	469	00:06:41	5461
4834	7121	Elisa Sampaio	00:36:59	01:09:44	01:04:07	4506		V50	148	00:05:48	4785
4835	898	Juan Ruiz	00:34:03	01:09:44	01:09:24	5027		V55	234	00:06:41	5462
4836	1336	Carlos Marques	00:38:16	01:09:45	01:01:31	4076	@corredoresderua@	V55	235	00:05:27	4335
4837	8603	María Mena	00:34:04	01:09:45	01:09:26	5031		V50	149	00:06:40	5452
4838	5740	Ricardo Silva	00:43:21	01:09:45	00:55:22	2884		Senior	732	00:04:25	2027
4839	6544	Paulo França	00:34:05	01:09:46	01:09:35	5050	GDCT Unice	V55	236	00:05:49	4807
4840	6535	Bento Correia	00:34:05	01:09:46	01:09:34	5049	GDCT Unice	V60	123	00:05:50	4835
4841	1008	Joana Chouriço	00:33:31	01:09:48	01:09:36	5052	Running Club Santa Casa	V55	62	00:06:18	5235
4842	4285	Clélia Conceição	00:38:50	01:09:50	01:00:56	3981	10 O'clock	V45	257	00:05:18	4040
4843	5448	João Guerra	00:33:13	01:09:51	01:08:28	4946	Askblue	V35	520	00:06:24	5307
4844	1535	Ana Tomaz	00:36:40	01:09:51	01:07:38	4881		Senior	424	00:05:32	4462
4845	4460	José Carvalho	00:34:45	01:09:51	01:07:37	4878		V55	237	00:05:57	4928



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4846	4623	Cheila Lampreia	00:35:30	01:09:51	01:06:51	4805		V35	187	00:05:42	4666
4847	5750	Cláudia Silva	00:34:01	01:09:52	01:08:33	4955		Senior	425	00:06:18	5228
4848	6512	Vitor Silva	00:32:24	01:09:54	01:09:33	5048		Senior	733	00:07:33	5694
4849	4556	Catarina Furtado	00:37:17	01:09:54	01:02:33	4264	Lebres das Nações	Senior	426	00:05:20	4099
4850	3648	Ana Almeida	00:39:08	01:09:55	01:02:31	4258	De volta às corridas	V40	243	00:05:36	4555
4851	7554	Daniel Benrós	00:37:51	01:09:57	01:09:37	5056	IDW2	Senior	734	00:05:11	3831
4852	2167	Patricia Luís	00:34:41	01:09:58	01:08:09	4913		Senior	427	00:05:38	4595
4853	8455	Luís	00:33:24	01:09:58	01:09:27	5036	CLUBE TAP PORTUGAL	V35	521	00:06:39	5437
4854	2824	Débora Almeida	00:34:43	01:09:59	01:06:45	4795		Senior	428	00:06:15	5181
4855	1225	João Silva	00:33:03	01:10:01	01:09:10	5011		Senior	735	00:05:47	4773
4856	1673	Tania Alves	00:32:30	01:10:01	01:09:21	5023	Agualva Runners	V50	150	00:05:46	4746
4857	7056	Mario Ferreira	00:31:45	01:10:01	01:08:49	4979		Senior	736	00:07:20	5654
4858	7153	Susana Martins	00:34:22	01:10:02	01:09:32	5047	Blicozicolalabico	V40	244	00:06:11	5138
4859	6241	Susana Simões	00:36:37	01:10:03	01:06:48	4797		V50	151	00:05:47	4764
4860	469	Mario Pires	00:38:37	01:10:03	01:02:09	4195		V60	124	00:05:30	4415
4861	6120	Antonio Castañera	00:36:37	01:10:04	01:06:49	4802		V50	470	00:05:49	4805
4862	3056	Vera Diana	00:34:18	01:10:05	01:08:39	4964	Run&Win(e)	V45	258	00:05:57	4941
4863	4069	Artur Lourenço	00:38:23	01:10:06	01:02:13	4208		V40	588	00:05:26	4300
4864	3423	Paula Alves	00:32:44	01:10:07	01:10:04	5093		V40	245	00:06:01	5007



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4865	4638	Luís Ladeira	00:34:13	01:10:07	01:09:42	5063		V40	589	00:05:52	4859
4866	4637	Sofia Costa	00:34:12	01:10:07	01:09:42	5062		V35	188	00:05:53	4874
4867	4335	Eugenia Trepado	00:33:11	01:10:09	01:08:30	4948	Santos Trepado	V65	9	00:05:31	4443
4868	574	Marília Nascimento	00:33:01	01:10:09	01:09:37	5055	Alverca Urban Runners	V45	259	00:05:57	4935
4869	7935	Marina Mendes	00:36:52	01:10:10	01:06:44	4792		V35	189	00:05:00	3408
4870	1434	Beatriz Vascon	00:33:45	01:10:10	01:10:05	5097		Junior	26	00:05:44	4700
4871	4492	Nuno Costa	00:33:27	01:10:10	01:08:59	4986		V45	663	00:07:05	5604
4872	6068	Joana Medeiros	00:34:25	01:10:10	01:09:00	4987	Love and Run	Senior	429	00:05:48	4797
4873	3207	António Inglês	00:39:48	01:10:10	01:02:11	4202	Grupo Atletas Algês	V60	125	00:05:09	3758
4874	2066	Cecilia Gomes	00:35:14	01:10:10	01:07:46	4888	Casa do Pessoal da RTP	V45	260	00:05:51	4845
4875	2961	Raquel Serra	00:35:33	01:10:11	01:07:20	4846		Senior	430	00:05:55	4912
4876	1520	Jorge Liques	00:33:05	01:10:11	01:09:51	5079		V40	590	00:05:43	4689
4877	2533	Natacha Custódio	00:35:40	01:10:11	01:08:19	4931	Crossfit Tejo	Senior	431	00:05:19	4068
4878	3273	Catarina Portugal	00:37:02	01:10:13	01:05:42	4674		V40	246	00:06:09	5113
4879	344	Mário Lameirão	00:34:13	01:10:13	01:10:11	5109		V70	12	00:06:11	5133
4880	982	Elsa Costa	00:34:04	01:10:14	01:10:11	5107	GRCD Leião	V55	63	00:05:46	4743
4881	8884	Denise Ninteman	00:34:03	01:10:14	01:09:39	5059	Associação de Moradores de Atibá	V35	190	00:06:52	5544
4882	2064	Jorge Leandro	00:33:30	01:10:14	01:09:30	5040	CORRENDO E ANDANDO	V40	591	00:06:06	5077
4883	8883	Rainer Ninteman	00:34:03	01:10:14	01:09:39	5058	Associação de Moradores de Atibá	V40	592	00:06:56	5565



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4884	4553	Rúben Esteves	00:37:41	01:10:14	01:02:53	4312	Lebres das Nações	Senior	737	00:05:25	4264
4885	8514	Sara Figueiredo	00:41:17	01:10:15	00:58:23	3478	Off Limits CrossFit	Senior	432	00:04:36	2468
4886	2841	Ana Lopes	00:37:54	01:10:15	01:03:37	4418		V45	261	00:05:11	3819
4887	2696	Rute Neto	00:38:34	01:10:15	01:03:19	4374		V40	247	00:05:28	4359
4888	8669	Miguel Nunes	00:42:09	01:10:16	00:58:08	3423		V45	664	00:04:38	2557
4889	8693	Miguel Cabral	00:42:09	01:10:16	00:58:07	3422		Senior	738	00:05:03	3550
4890	7468	Silvia Verissimo	00:35:26	01:10:16	01:07:26	4858	SIX PACK	V40	248	00:05:31	4455
4891	1875	Dulce Marcos	00:36:37	01:10:16	01:06:20	4756	40 Marcos	V40	249	00:05:42	4665
4892	4766	Ana Ribeiro	00:37:37	01:10:16	01:05:56	4706	Correr Soc. Rec. da Granja	V35	191	00:05:26	4301
4893	1874	Mónica Quarenta	00:36:38	01:10:17	01:06:21	4757	40 Marcos	V45	262	00:05:43	4679
4894	1641	Inês Mendes	00:32:11	01:10:18	01:10:09	5104		Senior	433	00:07:10	5621
4895	6132	Sofia Esteves	00:33:22	01:10:18	01:09:54	5082		V35	192	00:05:59	4966
4896	702	Lula Ferreira	00:19:02	01:10:18	01:10:07	5102	Newmove	V45	263	00:09:12	5837
4897	8310	Vania Marecos	00:34:22	01:10:19	01:08:02	4909	Corrida Noturna Parque das Nações	V40	250	00:05:40	4622
4898	8396	Christine Widener	00:36:23	01:10:19	01:04:46	4577		V50	152	00:05:25	4281
4899	2850	Luciana Battini	00:35:56	01:10:19	01:06:55	4812		V45	264	00:06:34	5394
4900	5920	António Padilha	00:39:58	01:10:20	00:58:58	3587		Senior	739	00:05:38	4600
4901	8343	Ana Dantas	00:35:56	01:10:20	01:06:56	4816	Corrida Noturna Parque das Nações	V40	251	00:06:35	5396
4902	3085	Maria Dboliveira	00:35:55	01:10:20	01:06:56	4815		V55	64	00:06:26	5331



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4903	3538	Helena Silva	00:35:30	01:10:22	01:08:11	4919		V50	153	00:05:16	3986
4904	1475	Samir Ahmad	00:33:10	01:10:23	01:08:44	4974		V40	593	00:05:45	4733
4905	4855	Adriana Ribeiro	00:36:58	01:10:23	01:07:29	4868		Senior	434	00:05:04	3582
4906	7455	Hélia Machado	00:33:02	01:10:23	01:10:19	5115		V35	193	00:05:47	4781
4907	4890	Catarina Morais	00:36:58	01:10:23	01:07:28	4867		Senior	435	00:05:05	3607
4908	6172	João Silva	00:37:05	01:10:25	01:06:55	4813		V45	665	00:05:24	4232
4909	5134	Luisa Santos	00:33:38	01:10:26	01:09:48	5071		V50	154	00:06:10	5122
4910	4940	Ana Gonçalves	00:36:52	01:10:26	01:07:14	4839		Senior	436	00:05:23	4196
4911	2659	André Santos	00:38:12	01:10:28	01:03:57	4469		V35	522	00:06:12	5151
4912	1779	Marta Limpo	00:36:03	01:10:28	01:08:06	4912		Senior	437	00:05:45	4729
4913	3021	António Nunes	00:39:13	01:10:29	01:00:04	3810		V65	75	00:05:14	3916
4914	2170	Paulina Fernandes	00:34:14	01:10:30	01:09:31	5044		V55	65	00:06:22	5274
4915	6440	Edgar Alves	00:36:01	01:10:30	01:09:20	5021	JANITAS FATHERS RUNNERS	V45	666	00:06:24	5302
4916	8836	Vanda Gil	00:36:27	01:10:32	01:06:30	4771		V35	194	00:05:27	4346
4917	5373	Alexandra Biscaia	00:36:27	01:10:32	01:06:31	4774		V35	195	00:05:27	4319
4918	5722	Emanuel Fernandes	00:35:30	01:10:33	01:09:07	5003		V45	667	00:05:59	4971
4919	2993	Pedro Santos	00:32:52	01:10:34	01:09:36	5051		V45	668	00:06:09	5112
4920	7323	Paulo Caetano	00:34:16	01:10:34	01:09:21	5022	CLUBE MILLENNIUM BCP	V50	471	00:05:33	4499
4921	9299	João Carvalho	00:38:12	01:10:35	01:01:47	4131		V50	472	00:05:22	4144



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4922	4337	Walt Madeira	00:33:27	01:10:35	01:09:58	5085		V45	669	00:06:23	5298
4923	926	Carla Nunes	00:35:08	01:10:38	01:09:27	5033	Os Corre para Comer	V40	252	00:05:46	4744
4924	5358	Francisco Mata	00:37:26	01:10:38	01:05:02	4594		V60	126	00:05:32	4479
4925	5421	Gonçalo Delicado	00:32:59	01:10:41	01:10:37	5136		V45	670	00:05:55	4901
4926	2648	Daniela Santos	00:33:33	01:10:42	01:09:31	5045	Limited Edition	Senior	438	00:06:05	5057
4927	4331	Pedro Gil	00:33:22	01:10:42	01:10:32	5129	It's all about sushi!	V50	473	00:06:14	5179
4928	3603	Joaquim Simão	00:32:46	01:10:43	01:10:17	5114	Run2Finish.PT	V55	238	00:06:16	5209
4929	4443	Carina Nunes	00:37:55	01:10:43	01:04:38	4560	Correr em Évora	V35	196	00:05:30	4421
4930	6043	Inês Dias	00:37:13	01:10:47	01:09:09	5007		Senior	439	00:05:09	3755
4931	3180	Antonio Fernandes	00:34:59	01:10:47	01:08:40	4966		V45	671	00:05:58	4949
4932	7906	Denise Manteiga	00:32:50	01:10:48	01:10:11	5106	CLUBE ACCENTURE	V35	197	00:06:31	5367
4933	3642	Sandra Silva	00:34:36	01:10:49	01:09:10	5010	Cais Alcochete	V40	253	00:05:59	4973
4934	6337	Luis Calhau	00:35:09	01:10:54	01:07:15	4841		Senior	740	00:05:41	4639
4935	1441	Paulo Silva	00:33:24	01:10:56	01:09:30	5041		V40	594	00:05:40	4628
4936	7132	Tiago Batalha	00:34:45	01:10:57	01:08:05	4910		Senior	741	00:05:40	4623
4937	2290	João Marcelino	00:39:08	01:10:57	01:07:35	4876		Senior	742	00:05:14	3913
4938	7133	Liliana Garcia	00:34:44	01:10:57	01:08:06	4911		Senior	440	00:05:40	4624
4939	7662	Ana Calinas	00:33:24	01:10:58	01:10:40	5142	SS CGD	V45	265	00:05:55	4915
4940	6280	Joana Nascimento	00:34:43	01:10:58	01:09:06	5001		Senior	441	00:06:20	5247



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4941	6278	Tiago Loureiro	00:34:44	01:10:58	01:09:06	5000		V35	523	00:06:20	5246
4942	5741	Pedro Colaço	00:33:39	01:11:00	01:09:01	4989		Senior	743	00:06:30	5359
4943	560	Almerinda Rodrigues	00:33:30	01:11:00	01:10:56	5154		V70	4	00:06:21	5258
4944	3072	Mário Sobral	00:35:21	01:11:01	01:10:02	5090	Correr Lisboa	V45	672	00:05:21	4128
4945	4909	Ana Pereira	00:35:26	01:11:01	01:10:03	5092		V45	266	00:05:22	4167
4946	7360	João Rodrigues	00:30:43	01:11:01	01:10:32	5128		Senior	744	00:07:50	5736
4947	5504	Veronica Rodrigues	00:36:11	01:11:02	01:08:17	4929	BTM TEAM	Senior	442	00:06:14	5178
4948	3740	Sofia Martins	00:36:19	01:11:03	01:07:48	4892		Senior	443	00:06:35	5398
4949	4963	Ana Marta	00:33:29	01:11:03	01:09:46	5066		V40	254	00:06:36	5408
4950	4987	Nelson Salvador	00:33:29	01:11:05	01:09:48	5072		V40	595	00:06:37	5426
4951	2107	Paulo Santos	00:33:38	01:11:05	01:10:05	5094	Insane Évora Team	V45	673	00:05:21	4127
4952	1893	Raquel Ferreira	00:33:38	01:11:05	01:10:06	5098	Insane Évora Team	Senior	444	00:05:21	4126
4953	1192	Augusto Caria	00:32:26	01:11:05	01:10:27	5120		V65	76	00:07:21	5658
4954	1056	João Santos	00:38:00	01:11:05	01:04:30	4548		V35	524	00:05:13	3890
4955	5683	Ana Roxo	00:34:01	01:11:06	01:10:49	5152	CCD Siemens	V55	66	00:05:44	4718
4956	8198	Carla Matildes	00:39:13	01:11:08	01:03:02	4337		V45	267	00:05:28	4350
4957	3400	Vítor Lucas	00:34:39	01:11:10	01:10:48	5148		V55	239	00:06:06	5075
4958	5471	Mário Rodrigues	00:40:36	01:11:10	01:01:07	4015		Senior	745	00:05:27	4320
4959	6655	Hugo Silva	00:38:53	01:11:11	01:03:20	4378		V40	596	00:05:46	4754



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4960	4426	Gonçalo Pereira	00:34:55	01:11:11	01:09:27	5035	Os Rotos	V35	525	00:07:12	5630
4961	6595	Joana Marçal	00:34:16	01:11:14	01:10:43	5144		Senior	445	00:06:46	5496
4962	2147	Sérgio Almeida	00:37:44	01:11:16	01:05:45	4679		V40	597	00:04:59	3389
4963	2166	Awja Tragner	00:35:13	01:11:17	01:07:49	4893		V35	198	00:06:10	5126
4964	4690	André Mangas	00:35:14	01:11:18	01:10:34	5130	Clube de Atletismo da Nazaré	Junior	50	00:05:36	4557
4965	8049	Rui Duro	00:37:19	01:11:18	01:08:55	4982		V45	674	00:05:29	4401
4966	938	Monica Ribeiro	00:33:34	01:11:21	01:10:11	5108	Limited Edition	V40	255	00:05:50	4825
4967	2219	Ana Gomes	00:38:30	01:11:21	01:02:57	4323		V45	268	00:05:34	4516
4968	7866	Gonçalo Alves	00:35:32	01:11:21	01:08:22	4937		V45	675	00:06:03	5040
4969	8153	Claudia Tam	00:39:21	01:11:23	01:03:34	4413	CCD TRANQUILIDADE	V35	199	00:05:08	3722
4970	808	Vanessa Domingos	00:24:36	01:11:24	01:09:40	5061		Senior	446	00:07:43	5719
4971	1540	Margarida Soares	00:36:04	01:11:25	01:08:16	4926		Senior	447	00:05:42	4655
4972	7938	Celma Kok	00:35:10	01:11:25	01:10:58	5158		V40	256	00:05:48	4786
4973	4601	Diogo Alfaro	00:33:59	01:11:25	01:11:09	5167		V35	526	00:06:15	5183
4974	2643	Eugénia Pinto	00:35:18	01:11:25	01:08:42	4967	Correr em Évora	V50	155	00:06:03	5033
4975	3480	Joana Camilo	00:36:25	01:11:25	01:08:28	4945		Senior	448	00:05:25	4255
4976	1656	Joana Borralho	00:36:04	01:11:26	01:08:17	4928		Senior	449	00:05:44	4709
4977	5701	Rita David	00:35:31	01:11:26	01:09:57	5084	Guarda rios	V45	269	00:06:02	5020
4978	910	Cátia Almeida	00:35:19	01:11:26	01:10:27	5121		V40	257	00:05:43	4692



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4979	1846	Silvia	00:33:42	01:11:28	01:11:08	5166	Housemartins Belas	V40	258	00:06:11	5128
4980	7300	Laura Coelho	00:38:32	01:11:28	01:05:16	4608		Senior	450	00:06:04	5044
4981	2677	Jorge Baptista	00:33:46	01:11:29	01:11:18	5183		V65	77	00:05:47	4770
4982	19	Rosa María	00:35:52	01:11:29	01:09:08	5005		V45	270	00:06:08	5105
4983	1547	Marcelo Tobo	00:33:42	01:11:29	01:11:19	5184		V55	240	00:06:54	5552
4984	4808	Sónia Domingos	00:36:29	01:11:32	01:11:06	5162		V40	259	00:05:38	4598
4985	6900	Paulo Levy	00:35:29	01:11:32	01:07:27	4864		V40	598	00:05:43	4694
4986	2630	Cesar Guerra	00:36:00	01:11:33	01:09:27	5034	CTA	V50	474	00:05:54	4890
4987	7765	Deolinda Pitacho	00:34:44	01:11:33	01:11:21	5188		V50	156	00:06:10	5120
4988	6200	Mafalda Henriques	00:35:49	01:11:33	01:09:09	5008	NewMe	Senior	451	00:06:18	5230
4989	186	Pedro Oliveira	00:36:14	01:11:33	01:09:18	5018		V35	527	00:05:57	4934
4990	3450	Ana Ventaneira	00:35:26	01:11:34	01:09:52	5080		Senior	452	00:05:49	4803
4991	6605	Ana Lopes	00:33:37	01:11:34	01:11:12	5177		Senior	453	00:06:36	5406
4992	6673	Rui Bolas	00:37:21	01:11:35	01:06:55	4814		V50	475	00:06:00	5003
4993	3659	Carlos Máximo	00:34:17	01:11:36	01:10:20	5116	EST	V50	476	00:06:18	5233
4994	7426	Maria Faria	00:34:29	01:11:38	01:09:43	5064		Senior	454	00:06:47	5505
4995	7424	Pedro Nunes	00:34:30	01:11:39	01:09:44	5065		Senior	746	00:06:47	5504
4996	4722	Luis Nunes	00:38:01	01:11:39	01:03:56	4466		V45	676	00:05:21	4122
4997	4470	Catarina Soares	00:34:33	01:11:40	01:10:49	5150		Senior	455	00:06:26	5324



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
4998	5162	Mafalda Carapuço	00:38:21	01:11:41	01:06:20	4754		V45	271	00:05:44	4715
4999	4371	Mónica Lopes	00:36:05	01:11:41	01:09:25	5029	Família Silvestre	V45	272	00:05:54	4898
5000	228	Ana Barão	00:35:41	01:11:41	01:09:49	5074		V50	157	00:06:04	5052
5001	5194	Claudia Silva	00:38:15	01:11:41	01:06:18	4750	Clube Novo Banco	V40	260	00:05:44	4717
5002	2132	Rita Messias	00:33:24	01:11:43	01:11:38	5207		V35	200	00:06:21	5262
5003	8102	Bruno Lourenço	00:37:37	01:11:43	01:06:58	4819		V40	599	00:06:08	5097
5004	6419	Carlos Ferreira	00:36:57	01:11:44	01:05:54	4699		V45	677	00:06:09	5116
5005	4560	Jorge Alinho	00:35:58	01:11:44	01:09:10	5009	Lebres das Nações	V45	678	00:05:47	4761
5006	4559	Alexandra Salgueiro	00:35:58	01:11:45	01:09:11	5012	Lebres das Nações	V50	158	00:05:48	4798
5007	2269	André Carvalho	00:35:54	01:11:45	01:10:03	5091	Starfish	V50	477	00:06:25	5321
5008	6432	Andreia Maia	00:40:14	01:11:46	01:02:20	4231	Forte que nem cachaça!	Senior	456	00:04:24	2014
5009	1370	Teresa Féria	00:38:56	01:11:46	01:03:40	4426	Évora Nigth runners	V50	159	00:05:25	4275
5010	2538	Anabela Carvalho	00:34:54	01:11:49	01:09:22	5024	Talentos Team	V40	261	00:05:59	4983
5011	1910	Paulo Cruz	00:33:32	01:11:49	01:11:18	5182	Familia de Peniche	V55	241	00:06:26	5330
5012	1723	Miguel Silva	00:33:09	01:11:50	01:11:34	5204	Benny Asics	Senior	747	00:06:24	5309
5013	5437	Rovania Santos	00:35:35	01:11:50	01:11:02	5160		V45	273	00:06:17	5226
5014	760	Henrique Gandarez	00:36:20	01:11:51	01:08:46	4977		V40	600	00:06:03	5029
5015	6562	Joana Luís	00:35:20	01:11:51	01:09:51	5077		Senior	457	00:06:02	5022
5016	2271	Carlos Mustra	00:38:53	01:11:52	01:05:18	4621	Starfish	V40	601	00:05:31	4446



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5017	7537	Marisa Gonçalves	00:40:20	01:11:54	01:03:21	4380		V35	201	00:05:07	3710
5018	5278	Catarina Almeida	00:35:31	01:11:55	01:08:57	4984		V40	262	00:05:20	4106
5019	1822	Helena Areias	00:35:55	01:11:55	01:10:00	5087		V45	274	00:05:57	4937
5020	7686	Rogério Ferreira	00:39:51	01:11:55	01:05:17	4618	RFF & Associados	V55	242	00:05:15	3953
5021	40	Mariana Soares	00:35:14	01:11:55	01:09:38	5057	Run&Win(e)	V70	5	00:06:01	5011
5022	8079	José Machado	00:33:23	01:11:55	01:11:32	5202	CDCR dos CTT	V60	127	00:06:15	5191
5023	6242	Inês Alves	00:37:11	01:11:57	01:08:15	4925		V45	275	00:05:33	4484
5024	5981	Daniel Leão	00:36:17	01:11:58	01:11:09	5170		V40	602	00:05:28	4376
5025	8536	Filipa Abreu	00:38:41	01:11:59	01:03:09	4354	Off Limits CrossFit	Senior	458	00:05:35	4540
5026	7131	Bernardo Rodrigues	00:35:19	01:11:59	01:09:02	4997		Senior	748	00:06:23	5284
5027	5277	Paulo Vieira	00:35:31	01:11:59	01:09:02	4995		V40	603	00:05:26	4314
5028	7157	Rute Miroto	00:35:01	01:12:01	01:10:38	5139	Vamos preguiçosos!	Senior	459	00:06:15	5193
5029	6859	Luis Correia	00:33:52	01:12:02	01:12:01	5237		V50	478	00:06:37	5422
5030	6388	Liliana Pereira	00:35:05	01:12:03	01:11:28	5190		V40	263	00:06:17	5225
5031	2833	Maria Cerveira	00:34:27	01:12:03	01:10:22	5117		V40	264	00:07:08	5616
5032	5061	Ana Aguiar	00:34:22	01:12:04	01:11:54	5223		V35	202	00:06:18	5227
5033	8115	Manuel Valente	00:35:14	01:12:04	01:11:27	5189	Biosonda	V60	128	00:06:05	5067
5034	201	Sandra Dias	00:35:58	01:12:04	01:10:52	5153		V40	265	00:06:02	5018
5035	1914	Ana Marquito	00:36:21	01:12:05	01:10:05	5095	Tripulantes do Porta Aviões	V35	203	00:06:12	5150



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5036	1037	Bruna Afonso	00:41:33	01:12:05	01:00:51	3960		Senior	460	00:05:13	3888
5037	2588	Sandrina Constâncio	00:34:24	01:12:05	01:11:49	5218		V40	266	00:06:06	5076
5038	6392	Ana Manzoni	00:37:03	01:12:06	01:08:22	4936		V45	276	00:05:45	4726
5039	3302	Troy Woloshyn	00:37:55	01:12:06	01:11:15	5181		V50	479	00:05:16	3983
5040	4799	João Farias	00:36:32	01:12:06	01:10:11	5110	Tripulantes do Porta Aviões	V55	243	00:05:57	4931
5041	7882	Raquel Fortunato	00:38:41	01:12:07	01:06:49	4801		V45	277	00:05:47	4778
5042	1440	Nuno Fonseca	00:36:02	01:12:07	01:11:11	5176		V45	679	00:05:34	4508
5043	4545	Claudia Feiticeiro	00:35:45	01:12:08	01:11:06	5161	ACM Montemor a Correr	V35	204	00:06:06	5074
5044	7652	Mariana Santos	00:36:57	01:12:10	01:09:40	5060	BI4ALL	Senior	461	00:06:07	5093
5045	4334	Tatiana Trepado	00:35:12	01:12:11	01:08:29	4947	Santos Trepado	V40	267	00:05:30	4422
5046	7460	Ana Alves	00:36:43	01:12:11	01:07:17	4842		V40	268	00:05:58	4948
5047	1504	Manuel Azevedo	00:34:35	01:12:12	01:11:56	5230	Veteranos de Massamá	V60	129	00:06:03	5030
5048	3530	Maria Silva	00:34:16	01:12:12	01:11:59	5235		V55	67	00:06:08	5102
5049	4224	Vera Grilo	00:35:15	01:12:13	01:11:41	5208		V35	205	00:06:17	5222
5050	707	Lucília Brito	00:33:23	01:12:13	01:11:57	5233		V60	21	00:07:58	5750
5051	2032	Linda Ribeiro	00:37:43	01:12:15	01:08:19	4930		Senior	462	00:05:20	4096
5052	2009	Maria Santos	00:36:16	01:12:15	01:10:06	5099		V60	22	00:05:55	4907
5053	7365	Ricardo Fortuna	00:36:05	01:12:17	01:08:43	4970		V40	604	00:06:39	5440
5054	7192	Tiago Tavares	00:36:05	01:12:17	01:08:42	4969		V40	605	00:06:39	5439



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5055	5827	Nuno Marques	00:35:30	01:12:19	01:10:49	5151		V40	606	00:06:22	5271
5056	4789	Joana Sousa	00:36:35	01:12:19	01:07:02	4824	MOAI	V35	206	00:05:42	4667
5057	5406	Joaquim Gabriel	00:37:01	01:12:19	01:08:13	4922		V45	680	00:06:20	5249
5058	7682	Ricardo Martins	00:40:23	01:12:20	01:02:36	4274	RFF & Associados	Senior	749	00:05:27	4343
5059	5684	Ana Parracho	00:34:01	01:12:21	01:12:05	5243	CCD Siemens	V55	68	00:06:22	5273
5060	3261	Luis Proença	00:34:17	01:12:22	01:11:56	5228	Chemical Runners	V50	480	00:05:38	4596
5061	8767	Diana Carola	00:35:42	01:12:23	01:10:48	5149		Senior	463	00:05:38	4586
5062	3051	Susana Pinto	00:34:27	01:12:23	01:10:35	5134	SIMECQ	V50	160	00:05:31	4448
5063	468	Paula Ferreira	00:38:08	01:12:23	01:06:00	4716		V45	278	00:05:53	4876
5064	3452	João Candeias	00:36:31	01:12:24	01:10:40	5143		V35	528	00:05:39	4607
5065	3656	Orlanda Martins	00:37:35	01:12:25	01:08:11	4918		V50	161	00:05:07	3682
5066	668	Jorge Padinha	00:37:16	01:12:25	01:07:27	4862		V45	681	00:06:13	5154
5067	5693	Maria Moura	00:34:50	01:12:27	01:12:27	5251	N.A. PAPAGAIOS DE CASCAIS	V45	279	00:06:12	5147
5068	7244	Carla Vaz	00:36:00	01:12:29	01:09:47	5070	CLUBE MILLENNIUM BCP	V45	280	00:05:35	4530
5069	5487	Rita Alcéo	00:36:35	01:12:29	01:10:28	5123		Senior	464	00:06:00	5000
5070	1852	Daniel Gamado	00:40:19	01:12:31	01:01:42	4117		V45	682	00:05:29	4390
5071	5500	Cláudia Vinagre	00:37:59	01:12:32	01:06:27	4769		V40	269	00:05:43	4677
5072	7224	Susana Rocha	00:34:32	01:12:32	01:11:34	5203	CLUBE MILLENNIUM BCP	V40	270	00:06:07	5087
5073	2501	Sílvia Henriques	00:37:34	01:12:32	01:09:04	4999		Senior	465	00:05:42	4662



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5074	3369	Maria Teixeira	00:34:41	01:12:33	01:12:14	5246		V45	281	00:06:14	5180
5075	3836	Paula Martins	00:33:23	01:12:33	01:10:30	5126		V40	271	00:06:17	5223
5076	3699	Teresa Simões	00:35:09	01:12:34	01:10:46	5147		V45	282	00:05:58	4958
5077	8229	Rochelle Tolido	00:36:24	01:12:34	01:09:06	5002		V35	207	00:06:14	5176
5078	7920	Paulo Pereira	00:34:13	01:12:35	01:11:45	5210		V40	607	00:06:09	5117
5079	1800	Patrícia Gabriel	00:36:15	01:12:35	01:11:48	5215		Senior	466	00:05:55	4906
5080	3485	Viktoria Sukhotckaia	00:36:32	01:12:36	01:09:57	5083		V55	69	00:05:49	4802
5081	6417	Paulo Varandas	00:40:07	01:12:36	01:02:07	4187		V35	529	00:05:53	4871
5082	7692	Ana Vieira	00:38:30	01:12:36	01:06:31	4773		V35	208	00:05:28	4349
5083	8507	Ricardo Correia	00:35:26	01:12:39	01:08:36	4960	Off Limits CrossFit	V50	481	00:06:00	4990
5084	6790	Ana Rato	00:35:38	01:12:39	01:10:58	5157		Senior	467	00:06:05	5062
5085	5240	Pedro Catarino	00:40:32	01:12:39	01:03:33	4410	Clube Novo Banco	V40	608	00:05:20	4107
5086	8529	Jorge Pereira	00:36:54	01:12:40	01:08:37	4961	Off Limits CrossFit	V40	609	00:06:01	5014
5087	1108	Patrícia Pernes	00:34:48	01:12:40	01:10:28	5124		Senior	468	00:05:55	4903
5088	848	Manuel Antunes	00:37:23	01:12:45	01:08:34	4957		Senior	750	00:05:58	4954
5089	6427	Ana Mira	00:37:24	01:12:45	01:08:33	4954	Borges e amigos	Senior	469	00:05:58	4964
5090	1791	Maria Azevedo	00:34:42	01:12:46	01:12:33	5257		V50	162	00:06:40	5453
5091	4114	Fabíola Amado	00:36:59	01:12:47	01:09:46	5068		V35	209	00:06:20	5242
5092	3772	Ana Batista	00:36:59	01:12:47	01:09:46	5067		V35	210	00:06:20	5243



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5093	3512	Marta Lamas	00:36:58	01:12:48	01:09:46	5069		V40	272	00:06:20	5250
5094	6566	Ana Hebe	00:38:11	01:12:48	01:08:47	4978		V40	273	00:05:08	3748
5095	1442	Ana Moraes	00:33:00	01:12:49	01:12:12	5245		V50	163	00:06:57	5569
5096	6187	Claudia Baltazar	00:36:13	01:12:53	01:10:16	5112	NewMe	Senior	470	00:05:44	4710
5097	6189	Gonçalo Ferreira	00:36:13	01:12:53	01:10:16	5113	NewMe	V35	530	00:05:43	4678
5098	4118	Adelaide Porto	00:35:12	01:12:55	01:12:29	5253		V55	70	00:05:52	4860
5099	4029	Vânia Monteiro	00:34:02	01:12:58	01:12:48	5272		V35	211	00:06:49	5515
5100	7251	Salvador Goncalves	00:33:39	01:12:59	01:12:30	5255	CLUBE MILLENNIUM BCP	Junior	51	00:05:29	4383
5101	1344	Joana Guerra	00:36:49	01:13:00	01:09:37	5053	O Cássimo é que sabe	Senior	471	00:05:56	4920
5102	2042	Maria Soares	00:36:29	01:13:02	01:12:48	5271		V50	164	00:05:58	4952
5103	6906	Patrícia Fernandes	00:34:23	01:13:02	01:11:31	5197		Senior	472	00:07:27	5679
5104	5229	Nuno Pombo	00:39:05	01:13:04	01:04:20	4534	Clube Novo Banco	V45	683	00:05:09	3750
5105	2070	Isabel Vieira	00:34:41	01:13:04	01:12:26	5250	Os Mata	V60	23	00:06:19	5240
5106	2221	Cristina Santos	00:37:53	01:13:05	01:09:12	5014		V45	283	00:05:46	4748
5107	9010	João Santos	00:37:03	01:13:06	01:10:37	5137		Senior	751	00:06:16	5212
5108	661	Nélia Sofia	00:33:51	01:13:06	01:12:59	5280		V35	212	00:06:20	5253
5109	1815	Andreia Cardoso	00:37:04	01:13:06	01:10:37	5138		Senior	473	00:06:16	5213
5110	6105	Silvia Antunez	00:34:59	01:13:06	01:12:42	5267		Senior	474	00:05:54	4899
5111	3645	Luisa Madeira	00:37:46	01:13:06	01:08:25	4940	De volta às corridas	V40	274	00:05:32	4473



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5112	7142	Pedro Carvalho	00:43:11	01:13:08	01:01:11	4029		V35	531	00:05:03	3559
5113	1272	Ana Fonseca	00:34:14	01:13:11	01:12:50	5273		V40	275	00:06:22	5278
5114	2694	Márcio Neto	00:41:29	01:13:13	01:03:19	4373		V40	610	00:05:29	4393
5115	823	Sara Silva	00:35:24	01:13:13	01:12:58	5279		V40	276	00:06:36	5414
5116	7657	Hugo Parreira	00:36:50	01:13:13	01:05:52	4697	BI4ALL	Senior	752	00:06:00	4985
5117	3013	Arlindo Morais	00:37:17	01:13:17	01:09:01	4990		V50	482	00:06:35	5397
5118	6567	Zélia Russo	00:36:07	01:13:17	01:11:20	5185		V45	284	00:05:58	4963
5119	144	Luís Casinhas	00:37:08	01:13:18	01:09:51	5078		Senior	753	00:05:55	4905
5120	4659	Luísa Lopes	00:38:11	01:13:20	01:06:15	4746	Kotas Boa Forma	V55	71	00:05:29	4389
5121	6012	Catarina Maio	00:36:51	01:13:22	01:08:20	4933		V40	277	00:05:59	4967
5122	7393	Erika Ruggiero	00:37:07	01:13:23	01:12:02	5238		V45	285	00:06:30	5364
5123	5982	Rita Borbinha	00:35:47	01:13:24	01:13:09	5287		V40	278	00:05:53	4872
5124	6917	Rute Eleutério	00:35:07	01:13:25	01:11:51	5220		Senior	475	00:06:19	5237
5125	5228	Nuno Milheiro	00:35:07	01:13:25	01:13:10	5288	Clube Novo Banco	V40	611	00:06:28	5338
5126	3751	Tiago Almeida	00:39:12	01:13:27	01:05:49	4689		Senior	754	00:06:05	5059
5127	8014	Agnieszka Strzepek	00:34:19	01:13:31	01:12:41	5266		Senior	476	00:05:01	3468
5128	1159	Ana Chocalheiro	00:37:00	01:13:31	01:10:57	5155		Senior	477	00:05:50	4823
5129	6174	Sara Sousa	00:35:36	01:13:31	01:13:16	5293		V40	279	00:06:11	5137
5130	6124	Cláudia Antunes	00:37:38	01:13:31	01:06:43	4791	Scrambled Legs	V40	280	00:06:22	5269



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5131	6843	Manuel Nicolau	00:42:30	01:13:32	01:02:17	4227	SPace Training Centre	Senior	755	00:05:44	4722
5132	8526	Helder Pires	00:36:59	01:13:33	01:09:30	5042	Off Limits CrossFit	V35	532	00:06:41	5459
5133	6125	Lara Pereira	00:37:39	01:13:34	01:06:45	4793	Scrambled Legs	V45	286	00:06:24	5303
5134	1897	Ana Borralho	00:36:29	01:13:35	01:12:35	5260	Insane Évora Team	Senior	478	00:05:33	4491
5135	3681	Pedro Manso	00:39:04	01:13:36	01:08:01	4908	Tálenos Team	V45	684	00:05:42	4668
5136	5145	Glaucia Soares	00:36:36	01:13:37	01:11:48	5214		V40	281	00:06:07	5085
5137	5941	Catarina Mendonça	00:35:52	01:13:37	01:12:56	5277		Senior	479	00:06:15	5188
5138	7619	Carla Fernandes	00:40:23	01:13:37	01:06:27	4767	Atitude Outdoor	V50	165	00:05:39	4614
5139	6564	Daniela Ramos	00:37:42	01:13:38	01:09:23	5025		Senior	480	00:05:59	4965
5140	1131	Maria Garcia	00:36:32	01:13:38	01:13:11	5290		Senior	481	00:06:25	5320
5141	1128	Elsa Garcia	00:36:33	01:13:39	01:13:11	5289		V50	166	00:06:30	5361
5142	5075	Helder Alexandre	00:38:53	01:13:39	01:07:04	4827	Starfish	V45	685	00:06:18	5231
5143	2232	Elisabete Sá	00:35:31	01:13:39	01:13:16	5292		V45	287	00:06:05	5056
5144	6457	Ana Santos	00:39:08	01:13:41	01:06:12	4739		V35	213	00:05:39	4604
5145	7944	André Rosa	00:37:43	01:13:43	01:10:09	5105		Senior	756	00:05:51	4850
5146	8047	Marta Peixoto	00:36:46	01:13:44	01:11:10	5172		V40	282	00:05:50	4818
5147	4452	Paula Antunes	00:37:35	01:13:44	01:09:31	5046		V50	167	00:05:15	3945
5148	7038	Rui Porteiro	00:36:46	01:13:44	01:11:10	5173		Senior	757	00:05:51	4852
5149	712	Ângela Santos	00:37:45	01:13:44	01:09:48	5073		V35	214	00:06:04	5051



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5150	8921	Paulo Lima	00:36:10	01:13:45	01:11:30	5194		V45	686	00:06:05	5072
5151	6521	Mónica Mira	00:33:40	01:13:45	01:13:23	5298	GDC Banco de Portugal	V35	215	00:06:23	5297
5152	4700	Joana Figueiredo	00:36:20	01:13:47	01:11:14	5180	MountainSheep	V35	216	00:06:22	5267
5153	8675	Paulo Castanheiro	00:35:42	01:13:47	01:11:30	5195		V50	483	00:06:16	5199
5154	8258	Susana Gaivoto	00:36:00	01:13:47	01:11:56	5227	KUBOO	V35	217	00:06:25	5319
5155	6326	Paula Costa	00:39:32	01:13:48	01:05:30	4647		V40	283	00:05:30	4434
5156	3038	Jose Valente	00:35:44	01:13:48	01:08:38	4963		Senior	758	00:06:30	5363
5157	2594	Cristina Reis	00:35:50	01:13:48	01:11:57	5232	B&ST-MONTIJO	V50	168	00:05:57	4940
5158	2610	Marco Lamy	00:35:50	01:13:49	01:11:56	5231	B&ST-MONTIJO	V40	612	00:05:57	4939
5159	8313	Jose Dias	00:33:52	01:13:50	01:13:23	5299	Corrida Noturna Parque das Nações	V60	130	00:06:40	5457
5160	7797	Daniel Sousa	00:38:37	01:13:50	01:11:48	5217		Senior	759	00:06:05	5070
5161	6697	Natacha Pité	00:37:08	01:13:50	01:11:13	5178		V45	288	00:06:10	5121
5162	7796	Daniela Pestana	00:38:37	01:13:50	01:11:48	5216		Senior	482	00:06:05	5069
5163	8321	Nelson Serrão	00:33:54	01:13:50	01:13:25	5300	Corrida Noturna Parque das Nações	V55	244	00:06:41	5458
5164	5840	Saney Monte	00:35:01	01:13:51	01:12:27	5252		V45	289	00:06:33	5388
5165	5826	Janaina Pedro	00:33:45	01:13:51	01:13:26	5302		V45	290	00:07:04	5602
5166	2491	Mafalda Ribeiro	00:39:02	01:13:55	01:06:32	4777		V35	218	00:06:11	5131
5167	7788	2021 07788	00:40:55	01:13:55	01:07:01	4820		V40	284	00:04:38	2558
5168	3747	Maria Chambel	00:36:25	01:13:55	01:10:57	5156		Senior	483	00:07:04	5601



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5169	1771	Bruno Fernandes	00:36:57	01:13:57	01:13:39	5309		V50	484	00:06:00	4993
5170	1774	Patricia Mestre	00:36:57	01:13:58	01:13:39	5308		V45	291	00:06:00	4994
5171	5498	Leah Fernandes	00:35:23	01:13:59	01:13:45	5313		Senior	484	00:06:05	5065
5172	846	Sandra Silva	00:36:38	01:14:02	01:11:56	5229		V45	292	00:06:48	5506
5173	3573	Rui Bastos	00:36:10	01:14:02	01:08:12	4921	JANITAS FATHERS RUNNERS	V40	613	00:06:20	5244
5174	5042	Nuno Pimenta	00:40:22	01:14:03	01:05:19	4623		V40	614	00:05:31	4437
5175	6591	Tania Moreira	00:34:59	01:14:03	01:11:09	5169		Senior	485	00:07:02	5590
5176	5874	Ludovico Belo	00:40:49	01:14:06	01:05:16	4610	MTATL	V45	687	00:05:35	4523
5177	1335	José Ruivo	00:38:19	01:14:07	01:12:04	5242	Ruivos	V55	245	00:06:20	5251
5178	7383	Pedro Pereira	00:33:25	01:14:08	01:13:28	5304	GunsNRunners	Senior	760	00:06:03	5039
5179	3249	Sofia Carmo	00:37:22	01:14:13	01:13:51	5323		V40	285	00:05:32	4472
5180	2213	Sandra Miguel	00:37:00	01:14:14	01:12:46	5269		V50	169	00:06:17	5215
5181	1767	Carla Santos	00:37:00	01:14:14	01:12:45	5268		V40	286	00:06:17	5217
5182	7824	Gonçalo Almeida	00:37:45	01:14:19	01:11:20	5187	Shô Cá	V35	533	00:06:43	5480
5183	7957	José Catita	00:42:18	01:14:20	01:03:33	4412	OutSystems Olímpico de Oeiras	V60	131	00:05:08	3723
5184	7010	Guilherme Gusmão	00:41:15	01:14:20	01:05:08	4601		Senior	761	00:05:39	4615
5185	5990	Isabel Correia	00:39:04	01:14:21	01:09:20	5019		V40	287	00:05:46	4749
5186	124	Pedro Couto	00:35:22	01:14:21	01:13:48	5314	Alverca Urban Runners	Senior	762	00:06:26	5332
5187	1101	Maria Ribeiro	00:35:34	01:14:21	01:14:18	5350		V55	72	00:06:23	5289



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CLASSIFICAÇÃO '21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5188	126	Margarida Rebelo	00:35:23	01:14:21	01:13:48	5315	Alverca Urban Runners	Senior	486	00:06:26	5333
5189	3683	Pedro Aranha	00:38:29	01:14:22	01:09:28	5037	Piedras Rolantes	V35	534	00:06:08	5103
5190	5057	Daniela Monteiro	00:37:28	01:14:25	01:09:29	5039		V45	293	00:05:09	3759
5191	5553	Diamantino Neves	00:39:33	01:14:28	01:06:48	4798		V60	132	00:06:07	5086
5192	5455	Flávia Fernandes	00:37:42	01:14:29	01:11:31	5198	Askblue	Senior	487	00:06:35	5403
5193	5451	Ana Pardalejo	00:37:41	01:14:30	01:11:32	5199	Askblue	V35	219	00:06:35	5402
5194	6865	Miguel Dias	00:38:51	01:14:30	01:08:26	4943		V45	688	00:05:52	4853
5195	5486	Carina Andraz	00:38:38	01:14:32	01:10:27	5122		V35	220	00:06:00	5002
5196	2834	Elisa Esteves	00:36:13	01:14:32	01:14:05	5329		Senior	488	00:06:22	5276
5197	1289	Pedro Lopes	00:35:22	01:14:33	01:11:54	5222	Checkmotor	V45	689	00:06:05	5054
5198	6359	Marta Borges	00:34:37	01:14:35	01:14:07	5335		V40	288	00:07:05	5603
5199	2651	Nuno Nunes	00:40:56	01:14:35	01:03:56	4467		V45	690	00:05:23	4199
5200	7250	Paulo Goncalves	00:33:39	01:14:36	01:14:08	5336	CLUBE MILLENNIUM BCP	V45	691	00:06:41	5465
5201	463	Frederico Valles	00:38:36	01:14:37	01:13:25	5301		V45	692	00:06:08	5106
5202	8424	Paula Oliveira	00:38:36	01:14:38	01:13:27	5303		V45	294	00:05:57	4943
5203	8383	Carina Rodrigues	00:38:01	01:14:39	01:08:30	4951	Askblue	V35	221	00:06:28	5344
5204	8784	Sérgio Rodrigues	00:40:36	01:14:40	01:04:25	4538		V40	615	00:05:23	4208
5205	2377	Manuel Sequeira	00:36:35	01:14:41	01:14:35	5370	Tálenos Team	V70	13	00:05:54	4891
5206	1512	Priscila Justino	00:38:17	01:14:41	01:11:07	5165	Cross Velhotes e Cross Beauty 's	V40	289	00:05:25	4272



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5207	1471	Carla Cruz	00:38:16	01:14:42	01:11:07	5164	Cross Velhotes e Cross Beauty 's	V40	290	00:05:26	4292
5208	41	João Vicente	00:35:10	01:14:43	01:14:22	5352		V35	535	00:06:22	5279
5209	4993	Inês Santos	00:39:18	01:14:45	01:11:11	5175		V40	291	00:05:30	4428
5210	5003	Marta Luís	00:39:18	01:14:46	01:11:11	5174		V35	222	00:05:31	4442
5211	8513	Joana Timbal	00:38:09	01:14:50	01:10:45	5146	Off Limits CrossFit	V35	223	00:06:31	5366
5212	6343	Maria Rodrigues	00:38:29	01:14:51	01:11:32	5200		V35	224	00:06:40	5446
5213	2530	Salvador Águas	00:34:21	01:14:53	01:14:29	5361		Senior	763	00:06:52	5538
5214	2481	Fernando Santos	00:43:37	01:14:54	01:03:09	4352		V35	536	00:05:16	3970
5215	1482	Tiago Carvalho	00:39:00	01:14:54	01:10:45	5145		V45	693	00:05:51	4848
5216	2771	Miguel Costa	00:33:31	01:14:54	01:13:31	5306		V50	485	00:07:04	5600
5217	652	Catarina Graça	00:38:59	01:14:55	01:10:28	5125	Strong Team	V45	295	00:05:42	4659
5218	9285	Susana Escaria	00:35:10	01:14:56	01:14:30	5363		V50	170	00:06:05	5071
5219	651	Nuno Lopes	00:38:58	01:14:56	01:10:27	5119	Strong Team	V45	694	00:05:42	4658
5220	7567	António Catita	00:43:40	01:14:56	01:03:23	4381		V45	695	00:05:07	3709
5221	3440	José Vicente	00:38:27	01:14:57	01:11:28	5191		V55	246	00:05:51	4837
5222	8333	Ana Quintela	00:36:34	01:14:59	01:13:50	5319	Corrida Noturna Parque das Nações	V55	73	00:06:47	5503
5223	3572	Rodolfo Francisco	00:36:39	01:15:00	01:13:49	5316	JANITAS FATHERS RUNNERS	V35	537	00:05:06	3668
5224	4968	António Caldeira	00:35:52	01:15:01	01:14:45	5372		V60	133	00:06:08	5101
5225	7432	Marcelle Santos	00:38:07	01:15:03	01:10:23	5118		Senior	489	00:05:33	4501



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5226	1700	Antonio Almeida	00:36:23	01:15:03	01:12:35	5259		V60	134	00:06:49	5517
5227	7874	Leda Bocol	00:36:54	01:15:03	01:11:56	5226		V40	292	00:06:15	5190
5228	8274	Alex Garcia	00:37:11	01:15:04	01:14:26	5359		V50	486	00:06:59	5575
5229	1918	Tânia Pinto	00:37:02	01:15:04	01:13:01	5281	Tripulantes do Porta Aviões	V35	225	00:06:04	5048
5230	1584	Pedro Guerreiro	00:36:55	01:15:06	01:10:09	5103		V50	487	00:07:09	5619
5231	5808	Estrela Soares	00:36:22	01:15:06	01:14:54	5379		V65	10	00:06:05	5063
5232	7150	Diogo Santos	00:38:26	01:15:06	01:09:00	4988		V35	538	00:06:00	4986
5233	6641	Ana Anahory	00:36:19	01:15:08	01:14:30	5362		V45	296	00:06:54	5555
5234	7439	Luiz Pereira	00:38:07	01:15:09	01:10:30	5127		Senior	764	00:05:39	4616
5235	6416	José Amorim	00:42:21	01:15:11	01:09:25	5028		V45	696	00:05:11	3809
5236	3436	Helena Franco	00:38:28	01:15:12	01:11:42	5209		V45	297	00:06:05	5058
5237	4558	Maria Santos	00:36:45	01:15:12	01:12:38	5263	Lebres das Nações	V50	171	00:06:57	5567
5238	4994	Andre Almeida	00:36:04	01:15:12	01:11:37	5206		V40	616	00:08:09	5773
5239	6761	Claudia Jerónimo	00:35:24	01:15:13	01:11:57	5234		Senior	490	00:06:56	5561
5240	3074	Sandra Reis	00:36:16	01:15:13	01:15:09	5388	Alverca Urban Runners	V50	172	00:06:07	5082
5241	665	Celiana Venâncio	00:36:43	01:15:14	01:13:07	5285		V45	298	00:06:30	5360
5242	2803	Maria Pereira	00:36:02	01:15:14	01:14:57	5380	Limited Edition	V55	74	00:06:42	5470
5243	5895	António Lucas	00:36:52	01:15:15	01:13:30	5305		V50	488	00:05:52	4868
5244	9293	Paulo Gonçalves	00:41:41	01:15:15	01:07:14	4840	Clube Novo Banco	V50	489	00:05:23	4181



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5245	3875	Carla Alves	00:34:31	01:15:17	01:14:34	5367		V45	299	00:06:38	5430
5246	8597	Fábio Santos	00:39:54	01:15:17	01:12:41	5265		Senior	765	00:04:50	3023
5247	4400	Susana Mendes	00:34:30	01:15:17	01:14:34	5366	CCDTMetroLX	V45	300	00:06:38	5433
5248	5159	Vitor Mateus	00:36:17	01:15:17	01:13:22	5297		Senior	766	00:05:52	4863
5249	4528	Reinaldo Teixeira	00:38:32	01:15:21	01:14:34	5368		V50	490	00:05:21	4123
5250	2990	Ana Costa	00:41:15	01:15:21	01:06:34	4780		V35	226	00:05:28	4357
5251	7903	Ana Freitas	00:34:03	01:15:21	01:15:15	5393	CLUBE ACCENTURE	V35	227	00:06:23	5286
5252	3414	Anabela Mousinho	00:34:32	01:15:25	01:15:14	5392		V50	173	00:06:57	5566
5253	2723	Filipe Moreira	00:35:31	01:15:25	01:13:03	5283		V45	697	00:05:38	4594
5254	2567	José Figueiredo	00:35:54	01:15:26	01:14:52	5378		V65	78	00:06:30	5362
5255	2725	Helena Silva	00:35:31	01:15:26	01:13:04	5284		V45	301	00:05:39	4608
5256	1172	Ana Reis	00:38:40	01:15:27	01:14:13	5342		V35	228	00:06:16	5208
5257	623	Helena Lourenço	00:37:31	01:15:28	01:14:31	5365	Hard Running Team Arruda dos Vinhos	V40	293	00:06:23	5288
5258	622	Constance Ludovice	00:36:09	01:15:28	01:14:31	5364	Hard Running Team Arruda dos Vinhos	V35	229	00:06:23	5287
5259	2842	Rui Contente	00:38:42	01:15:30	01:13:02	5282		V45	698	00:06:17	5216
5260	2188	Nuno Antunes	00:39:29	01:15:32	01:10:34	5133	Faro Pegadas a Quarta	V35	539	00:06:01	5012
5261	2187	Luis Antunes	00:39:28	01:15:33	01:10:34	5132	Faro Pegadas a Quarta	V55	247	00:06:02	5017
5262	3696	António Vicêncio	00:39:56	01:15:35	01:08:58	4985		V50	491	00:05:23	4191
5263	5937	Bernardo Mendes	00:42:01	01:15:35	01:09:09	5006		Senior	767	00:05:09	3753



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5264	8516	Estela Baptista	00:38:10	01:15:36	01:11:31	5196	Off Limits CrossFit	V35	230	00:06:30	5365
5265	5732	Porfirio Valente	00:38:16	01:15:38	01:12:11	5244		V45	699	00:06:24	5306
5266	1271	Jorge Teixeira	00:38:15	01:15:38	01:12:03	5240	Cross Velhotes e Cross Beauty´s	V50	492	00:06:22	5277
5267	5279	Marta Lopes	00:36:20	01:15:38	01:13:45	5312		Senior	491	00:06:13	5156
5268	4026	Jorge Duarte	00:35:49	01:15:39	01:12:03	5239	Cross Velhotes e Cross Beauty´s	V40	617	00:07:55	5748
5269	2072	Ana Ramos	00:37:04	01:15:41	01:14:23	5355	Serviços Sociais Montepio	V35	231	00:06:23	5294
5270	2368	Liliana Alves	00:30:25	01:15:43	01:14:18	5349	Paulo/Liliana	Senior	492	00:08:17	5793
5271	4042	Sónia Rolim	00:36:52	01:15:43	01:15:25	5398		V55	75	00:06:28	5341
5272	8159	Diogo Gonçalves	00:35:39	01:15:45	01:13:50	5320	CCD TRANQUILIDADE	V45	700	00:06:23	5285
5273	6431	Guilherme Borges	00:37:23	01:15:47	01:11:35	5205	Borges e amigos	Senior	768	00:06:09	5115
5274	6181	Nuno Bernardo	00:38:23	01:15:47	01:13:20	5296	NewMe	V45	701	00:06:24	5301
5275	7615	Ana Aires	00:38:19	01:15:47	01:11:20	5186	Atitude Outdoor	V35	232	00:06:29	5346
5276	4887	Bernardo Costa	00:42:21	01:15:49	01:10:01	5089		V45	702	00:05:26	4303
5277	4552	Sofia Ferreira	00:43:18	01:15:49	01:02:53	4311	Lebres das Nações	Senior	493	00:05:25	4263
5278	4038	Patricia Lopes	00:43:55	01:15:50	01:12:56	5276	Faro Pegadas a Quarta	Senior	494	00:05:25	4259
5279	4081	Anubhav Goyal	00:41:23	01:15:50	01:05:50	4690		V35	540	00:05:37	4569
5280	4037	Pedro Cardoso	00:43:53	01:15:51	01:12:57	5278	Faro Pegadas a Quarta	V35	541	00:05:28	4371
5281	2311	Hugo Branco	00:35:11	01:15:53	01:15:36	5404		V45	703	00:06:49	5518
5282	3495	Patrícia Leal	00:37:41	01:15:54	01:14:01	5327		Senior	495	00:06:51	5532



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5283	5899	Nuno Martins	00:31:22	01:15:55	01:15:11	5391		V35	542	00:08:37	5810
5284	7751	Inês Rufino	00:39:46	01:15:56	01:11:54	5221		Senior	496	00:06:21	5257
5285	4765	José Ramos	00:43:18	01:15:56	01:05:56	4705	Correr Soc. Rec. da Granja	V60	135	00:05:25	4261
5286	2532	Sandra Antunes	00:36:02	01:15:57	01:15:34	5403	GRCD Leião	V40	294	00:06:39	5444
5287	7750	Carla Rufino	00:39:47	01:15:57	01:11:55	5224		V50	174	00:06:22	5280
5288	686	Rita Reis	00:37:05	01:15:58	01:14:24	5356	GARLIC RUNNERS	Senior	497	00:06:24	5312
5289	1416	Ana Rodrigues	00:39:00	01:15:58	01:11:51	5219		V55	76	00:06:03	5031
5290	4133	Raquel Dias	00:40:57	01:15:59	01:07:39	4883		Senior	498	00:05:57	4929
5291	357	Lina Ambrósio	00:36:15	01:16:00	01:15:53	5417		V45	302	00:06:41	5463
5292	2843	Sandra Pereira	00:38:23	01:16:00	01:13:16	5291	#@s-eleit@s	V45	303	00:06:16	5210
5293	3458	Ana Honorio	00:36:41	01:16:01	01:14:51	5376		Senior	499	00:06:49	5516
5294	2370	Gonçalo Faria	00:44:01	01:16:01	01:14:01	5325	SomosSomais1km	Senior	769	00:05:15	3947
5295	2372	Rui Guerreiro	00:44:01	01:16:01	01:14:01	5326	SomosSomais1km	V50	493	00:05:14	3912
5296	2371	Helena Guerreiro	00:44:03	01:16:02	01:14:02	5328	SomosSomais1km	V50	175	00:05:12	3850
5297	6250	Ana Pereira	00:38:01	01:16:02	01:13:50	5317		V40	295	00:06:35	5404
5298	1166	Ricardo Ribeiro	00:37:14	01:16:04	01:13:50	5318		V35	543	00:06:09	5108
5299	1410	Ana Mateus	00:36:57	01:16:05	01:13:17	5294		Senior	500	00:06:37	5424
5300	8312	Carlos Rodrigues	00:41:10	01:16:09	01:06:51	4806	Corrida Noturna Parque das Nações	V45	704	00:05:24	4213
5301	3422	Ana Nunes	00:35:37	01:16:14	01:16:03	5423		V50	176	00:07:06	5608



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CLASSIFICAÇÃO '21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5302	8990	Filipa Dias	00:36:23	01:16:15	01:15:09	5389	RunTejo	V35	233	00:06:42	5477
5303	6982	André Silva	00:38:13	01:16:15	01:13:51	5322		Senior	770	00:06:12	5145
5304	3846	Maria Abreu	00:36:15	01:16:17	01:16:07	5425		V50	177	00:06:58	5572
5305	3304	Svetlana Krekotina	00:37:13	01:16:18	01:14:24	5357		V35	234	00:06:22	5268
5306	2952	André Morgado	00:42:16	01:16:18	01:04:58	4588	Cad a Correr	V35	544	00:05:30	4418
5307	2261	Andreia Matos	00:37:52	01:16:18	01:15:29	5399	FIDELIDADE GDC	V35	235	00:06:10	5125
5308	4523	Vitorino Nunes	00:35:38	01:16:20	01:15:48	5415	Clube Atletismo Amigos de Belém	V65	79	00:06:48	5510
5309	2056	José Borges	00:39:18	01:16:20	01:12:37	5262		Senior	771	00:05:22	4161
5310	1047	Patrícia Miranda	00:40:18	01:16:21	01:09:58	5086		V45	304	00:06:21	5259
5311	8002	Ana Gomes	00:37:33	01:16:23	01:16:04	5424	ONTRISPORTS	V40	296	00:06:13	5160
5312	8534	Kuniyoshi Ishi	00:41:51	01:16:24	01:07:32	4873	Off Limits CrossFit	V35	545	00:04:58	3328
5313	6657	António Mendes	00:39:24	01:16:25	01:14:06	5332		V55	248	00:06:31	5372
5314	3680	Célia Sobral	00:35:51	01:16:28	01:16:14	5432	Talentos Team	V45	305	00:07:12	5629
5315	653	Rita Merenda	00:36:39	01:16:28	01:15:54	5418	Alverca Urban Runners	V40	297	00:06:55	5560
5316	3679	Maria Fernandes	00:35:52	01:16:29	01:16:14	5431	Talentos Team	V45	306	00:07:13	5633
5317	8625	Amandio Taveira	00:39:32	01:16:29	01:11:30	5193	Clube PT-Zcs	V60	136	00:06:39	5436
5318	3463	Ana Gomes	00:36:02	01:16:29	01:16:01	5422		Senior	501	00:06:35	5401
5319	5590	Maria Diogo	00:37:01	01:16:31	01:15:30	5402		Senior	502	00:07:02	5589
5320	6526	Isa Silva	00:39:19	01:16:34	01:11:47	5213	GDC Banco de Portugal	Senior	503	00:06:23	5296



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5321	660	Filipa Ambrósio	00:34:45	01:16:35	01:16:31	5444		Junior	27	00:07:03	5595
5322	8598	Rafaela Netas	00:37:40	01:16:35	01:15:44	5410		Senior	504	00:06:11	5140
5323	1554	Acácio Negrão	00:35:35	01:16:36	01:15:47	5414		V45	705	00:07:46	5728
5324	8605	José Netas	00:37:39	01:16:36	01:15:47	5413		V60	137	00:06:12	5143
5325	5649	Andre Guerra	00:38:57	01:16:37	01:15:42	5409		V45	706	00:05:58	4959
5326	5648	Jekaterina Guerra	00:38:57	01:16:38	01:15:42	5408		V35	236	00:06:30	5358
5327	5905	Ana Rangel	00:40:13	01:16:40	01:09:51	5076	Rio Runners	V45	307	00:05:59	4972
5328	259	Luis Simões	00:35:20	01:16:40	01:16:29	5442		V35	546	00:06:42	5468
5329	5904	Pedro Nunes	00:39:55	01:16:41	01:09:50	5075	Rio Runners	V45	707	00:06:01	5004
5330	2240	Elisa Canário	00:40:33	01:16:41	01:07:50	4894		V35	237	00:06:04	5046
5331	7884	Ana Dinis	00:38:36	01:16:41	01:12:55	5275		V35	238	00:06:40	5456
5332	7055	António Macedo	00:41:01	01:16:42	01:12:15	5248		V35	547	00:05:57	4942
5333	119	Inês Nogueira	00:36:49	01:16:42	01:15:52	5416	Máquinas do ribatejo	V35	239	00:06:48	5507
5334	8130	Dina Nunes	00:44:54	01:16:44	01:03:02	4336	CCD TRANQUILIDADE	V45	308	00:05:34	4504
5335	6309	David Santos	00:35:36	01:16:45	01:16:26	5439	Agarra o Davidão	Senior	772	00:06:17	5224
5336	580	Maria Monteiro	00:36:08	01:16:46	01:16:23	5438	MIMOS	V40	298	00:06:06	5081
5337	3731	Joana Oliveira	00:37:16	01:16:47	01:15:39	5406		V40	299	00:06:45	5493
5338	3322	Dinis Coelho	00:41:45	01:16:48	01:12:33	5256	As Lebres	Junior	52	00:05:49	4804
5339	1545	Gonçalo Baiá	00:41:45	01:16:49	01:12:34	5258	Moura_Baiá	Senior	773	00:05:51	4849



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5340	7158	João Ribeiro	00:39:50	01:16:50	01:10:38	5140	Vamos preguiçosos!	V40	618	00:06:15	5194
5341	8076	Anabela Lagarto	00:36:46	01:16:51	01:16:28	5441	CDCR dos CTT	V50	178	00:06:54	5557
5342	3070	Antonio Santos	00:34:43	01:16:55	01:16:18	5436	Strong team	V50	494	00:06:52	5537
5343	7707	Carla Sousa	00:37:46	01:16:58	01:14:34	5369	Familia Morais	V45	309	00:06:55	5558
5344	6275	Luziane Siqueira	00:36:28	01:16:58	01:15:59	5421		V40	300	00:07:28	5681
5345	4348	Karina Barcelos	00:41:03	01:17:03	01:07:07	4830		V35	240	00:06:28	5336
5346	8359	Ana Sousa	00:44:07	01:17:03	01:05:17	4619		Senior	505	00:06:04	5043
5347	2329	Joao Dias	00:38:15	01:17:03	01:13:45	5311		V40	619	00:06:33	5384
5348	2001	Frederico Sousa	00:41:05	01:17:04	01:10:07	5101		V55	249	00:05:54	4895
5349	7508	Rita Machado	00:44:07	01:17:04	01:05:17	4616		Senior	506	00:06:05	5066
5350	2003	Gonçalo Sousa	00:41:05	01:17:04	01:10:05	5096		Senior	774	00:05:54	4894
5351	191	Ana Cristão	00:38:13	01:17:05	01:13:40	5310		Senior	507	00:06:46	5498
5352	7297	Camila Botao	00:35:33	01:17:07	01:17:01	5467	CLUBE MILLENNIUM BCP	Senior	508	00:06:32	5374
5353	3755	Fátima Gil	00:37:25	01:17:07	01:15:59	5420		V35	241	00:07:00	5581
5354	7423	Nuno Martins	00:39:39	01:17:09	01:10:39	5141		Senior	775	00:07:28	5680
5355	2820	Sandra Antunes	00:30:00	01:17:10	01:16:40	5447	Equipa David Vaz	V50	179	00:05:40	4632
5356	7227	Dulce Ramos	00:37:10	01:17:10	01:17:01	5468	CLUBE MILLENNIUM BCP	V50	180	00:05:12	3863
5357	3817	Catarina Gomes	00:37:58	01:17:10	01:14:22	5353		V45	310	00:06:32	5376
5358	2818	Vera Vaz	00:30:01	01:17:10	01:16:40	5446	Equipa David Vaz	V45	311	00:05:40	4631



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5359	761	Ana Ferreira	00:40:07	01:17:11	01:12:04	5241		Senior	509	00:06:05	5055
5360	6815	Susana Machado	00:35:58	01:17:12	01:17:02	5469		V45	312	00:06:28	5345
5361	2047	Berta Matos	00:35:53	01:17:13	01:17:07	5473		V50	181	00:06:36	5409
5362	5785	Azim Keshwani	00:37:14	01:17:14	01:14:06	5333	Pedro	V40	620	00:07:38	5704
5363	3893	Fernanda Teixeira	00:34:32	01:17:15	01:16:54	5460		V60	24	00:07:18	5644
5364	2443	Graça Afonso	00:37:33	01:17:16	01:15:57	5419		V50	182	00:05:48	4795
5365	4428	Beatriz Sequeira	00:37:09	01:17:20	01:16:53	5459	Os Rotos	Senior	510	00:06:26	5326
5366	3745	Marco Costa	00:43:08	01:17:21	01:15:21	5395		V35	548	00:05:24	4229
5367	2321	Mauro Cadete	00:43:19	01:17:22	01:04:51	4583		Senior	776	00:05:41	4645
5368	8142	Miguel Pinhal	00:44:03	01:17:23	01:06:19	4752	CCD TRANQUILIDADE	V50	495	00:05:44	4698
5369	2447	Ana Lourença	00:37:25	01:17:25	01:17:24	5483		V50	183	00:06:46	5501
5370	3646	Eduardo Madeira	00:39:35	01:17:25	01:12:35	5261	De volta às corridas	V40	621	00:06:03	5028
5371	928	Natacha Ii	00:37:49	01:17:26	01:16:15	5433	Os Corre para Comer	V45	313	00:07:19	5648
5372	4194	Mário Lima	00:37:17	01:17:31	01:16:43	5449		V40	622	00:06:42	5466
5373	8753	Carla Martinez	00:36:05	01:17:31	01:17:04	5472		V50	184	00:07:15	5638
5374	900	Ana Dias	00:37:40	01:17:33	01:17:09	5474		V65	11	00:06:02	5019
5375	4497	Joana Pereira	00:38:14	01:17:33	01:13:38	5307		Senior	511	00:05:49	4799
5376	4477	Joao Lagoas	00:37:33	01:17:35	01:12:00	5236		V50	496	00:06:37	5427
5377	2327	Filipa Figueiredo	00:37:19	01:17:35	01:16:32	5445		Senior	512	00:06:50	5521



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5378	2496	Vanda Correia	00:41:33	01:17:37	01:11:46	5211		V40	301	00:05:40	4633
5379	7035	Pedro Tomé	00:38:26	01:17:37	01:11:32	5201		V35	549	00:06:08	5096
5380	8390	Silvia Martins	00:35:49	01:17:41	01:17:17	5481		V45	314	00:06:11	5127
5381	3509	Elisabete Fonseca	00:37:39	01:17:43	01:17:31	5484		V45	315	00:06:11	5130
5382	8385	Pilar Ferreira	00:39:58	01:17:45	01:14:15	5346	Los Mipidicas	Senior	513	00:06:19	5239
5383	4473	Ana Soares	00:34:34	01:17:45	01:16:55	5462		V55	77	00:09:37	5884
5384	8387	Diogo Trindade	00:35:32	01:17:46	01:14:15	5345	Los Mipidicas	Senior	777	00:06:14	5177
5385	8386	Carlota Trindade	00:39:56	01:17:46	01:14:16	5347	Los Mipidicas	Senior	514	00:06:20	5254
5386	8125	Miguel Amaral	00:36:57	01:17:50	01:16:50	5454		V55	250	00:06:43	5479
5387	573	Sérgio Teixeira	00:40:43	01:17:55	01:09:37	5054	Alverca Urban Runners	V45	708	00:05:59	4976
5388	1516	Marlene Além	00:41:43	01:17:57	01:15:01	5382		V35	242	00:05:07	3703
5389	5965	Sara Santos	00:40:29	01:17:59	01:15:02	5384		Senior	515	00:06:07	5090
5390	5967	Pedro Rosário	00:40:29	01:17:59	01:15:00	5381		Senior	778	00:06:07	5089
5391	1933	Ariana Santos	00:41:42	01:17:59	01:15:04	5385		V35	243	00:05:08	3739
5392	2110	Rosário Anselmo	00:35:56	01:18:01	01:17:52	5501		V50	185	00:06:48	5508
5393	3269	Ana Gradíssimo	00:39:09	01:18:04	01:15:06	5387	Link	V40	302	00:06:18	5234
5394	3944	Eulália Vitorino	00:36:51	01:18:05	01:17:45	5498	pace.makers	V55	78	00:06:29	5352
5395	6667	Carla Gomes	00:37:22	01:18:06	01:17:44	5496		V40	303	00:06:12	5146
5396	709	Ana Jacob	00:39:13	01:18:08	01:17:51	5500		V55	79	00:06:11	5132



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5397	6895	Maria Tomás	00:37:40	01:18:09	01:16:52	5456		Senior	516	00:06:24	5317
5398	6897	Alexandre Horácio	00:37:40	01:18:09	01:16:54	5461		Senior	779	00:06:24	5318
5399	3464	Antonina Honrado	00:39:19	01:18:10	01:17:10	5476		Senior	517	00:06:56	5564
5400	3467	David Viegas	00:39:15	01:18:10	01:17:10	5477		Senior	780	00:06:56	5563
5401	8323	Carla Monteiro	00:37:22	01:18:16	01:18:08	5514	Corrida Noturna Parque das Nações	V50	186	00:05:56	4917
5402	3401	Olivia Lucas	00:38:19	01:18:18	01:17:55	5502		V55	80	00:05:29	4384
5403	5974	Miguel Raposo	00:42:38	01:18:18	01:07:37	4879		V45	709	00:06:24	5304
5404	6803	Ana Valido	00:39:09	01:18:18	01:14:52	5377		Senior	518	00:07:01	5582
5405	3429	Ana Pinto	00:37:06	01:18:18	01:17:51	5499		Senior	519	00:07:12	5628
5406	1163	Carlos Cunha	00:40:17	01:18:19	01:13:52	5324		V50	497	00:06:13	5155
5407	7493	José Silva	00:36:23	01:18:23	01:18:05	5512		Senior	781	00:07:21	5659
5408	7022	Andreia Silva	00:41:09	01:18:25	01:18:03	5511	Os Toinas	V35	244	00:06:01	5015
5409	5643	Debbie Rodrigues	00:39:21	01:18:27	01:15:19	5394		V45	316	00:06:59	5573
5410	9303	Pedro Santos	00:39:27	01:18:29	01:14:14	5344		V45	710	00:05:58	4946
5411	8974	Ana Quintans	00:35:59	01:18:29	01:14:14	5343		V40	304	00:05:58	4945
5412	8890	Nele Silva	00:37:47	01:18:31	01:16:30	5443		V50	498	00:07:11	5626
5413	8289	Patrícia Costa	00:37:22	01:18:33	01:18:24	5518	Correr Lisboa	Senior	520	00:06:32	5381
5414	2527	Fernando Rosa	00:42:21	01:18:33	01:09:08	5004		V60	138	00:05:59	4982
5415	8288	Elisabete Costa	00:37:22	01:18:33	01:18:26	5519	Correr Lisboa	V45	317	00:06:34	5395



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5416	6007	Rute Carrilho	00:36:37	01:18:34	01:18:06	5513		V40	305	00:06:54	5554
5417	1624	Pedro Batista	00:42:21	01:18:35	01:09:53	5081	Run&Win(e)	V45	711	00:05:59	4978
5418	7071	Miguel Candeias	00:40:01	01:18:37	01:15:46	5411		Senior	782	00:06:36	5419
5419	7098	Victor Rodrigues	00:40:02	01:18:38	01:15:46	5412		V40	623	00:06:37	5421
5420	4409	Caroline Brazil	00:41:13	01:18:40	01:12:15	5247		V35	245	00:06:23	5300
5421	399	Mário Caneira	00:38:10	01:18:40	01:17:34	5489		V50	499	00:06:51	5536
5422	3182	Marta Caneira	00:38:10	01:18:41	01:17:35	5491		V45	318	00:06:51	5534
5423	3427	Luís Sousa	00:40:21	01:18:42	01:10:35	5135		V50	500	00:06:15	5185
5424	9307	Ana Quintans	00:35:58	01:18:43	01:14:27	5360		Junior	28	00:06:12	5142
5425	5738	Tânia Calado	00:37:24	01:18:44	01:16:13	5430		V35	246	00:05:56	4922
5426	5842	Rui Nogueira	00:40:25	01:18:45	01:15:30	5401		V50	501	00:06:23	5295
5427	5843	Ana Nogueira	00:40:25	01:18:45	01:15:29	5400		V50	187	00:06:22	5272
5428	7053	Sílvia Moreira	00:43:05	01:18:45	01:12:16	5249		V35	247	00:05:56	4918
5429	3812	Fábio Neves	00:44:03	01:18:47	01:07:46	4889		Senior	783	00:06:34	5391
5430	3867	Paulo Duran	00:37:10	01:18:48	01:16:21	5437		V55	251	00:07:17	5643
5431	9197	Mónica Graça	00:42:01	01:18:50	01:10:06	5100	Correr Lisboa	V45	319	00:06:08	5098
5432	7266	Fernando Ferreira	00:38:06	01:18:58	01:18:43	5522	CLUBE MILLENNIUM BCP	V75	5	00:06:24	5305
5433	2218	Teresa Barata	00:41:48	01:19:02	01:12:47	5270		V45	320	00:06:17	5214
5434	8500	Inês Alvoeiro	00:41:25	01:19:04	01:15:01	5383	Off Limits CrossFit	Senior	521	00:06:36	5415



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5435	6576	Ana Elyseu	00:35:48	01:19:11	01:17:34	5487		V50	188	00:07:36	5699
5436	223	Silvia Alves	00:35:34	01:19:12	01:18:23	5516		V40	306	00:06:44	5486
5437	3409	Paula Carrelo	00:40:02	01:19:14	01:14:23	5354		V60	25	00:06:30	5354
5438	3131	Ricardo Dias	00:40:02	01:19:14	01:14:24	5358		V35	550	00:06:30	5353
5439	1534	Ana Vieira	00:36:58	01:19:14	01:17:03	5470		Senior	522	00:07:25	5665
5440	363	José Fernandes	00:37:52	01:19:15	01:18:00	5507	EST	V50	502	00:06:47	5502
5441	58	Maria Xavier	00:38:24	01:19:17	01:17:58	5506		V50	189	00:06:15	5182
5442	1792	Ana Batista	00:39:37	01:19:18	01:17:22	5482		V40	307	00:06:32	5378
5443	5783	Ana Santos	00:39:19	01:19:18	01:14:06	5334	Pedro	V35	248	00:07:38	5705
5444	4217	Maria Cesário	00:36:31	01:19:20	01:19:10	5531		V55	81	00:06:09	5114
5445	5766	Filipa Reis	00:36:04	01:19:21	01:18:42	5521		V45	321	00:07:33	5695
5446	3208	Rogélia Inglês	00:38:11	01:19:27	01:16:17	5434	Grupo Atletas Algês	V60	26	00:06:25	5323
5447	6281	Sonia Faria	00:39:45	01:19:31	01:14:44	5371		V40	308	00:06:22	5270
5448	6967	Catarina Pina	00:38:36	01:19:31	01:19:05	5529		V50	190	00:06:32	5382
5449	2860	Samuel Joaquim	00:40:16	01:19:32	01:14:09	5338		V65	80	00:06:01	5013
5450	5379	Aline Takayanagui	00:37:06	01:19:33	01:17:57	5505		Senior	523	00:08:51	5819
5451	2862	João Gomes	00:40:17	01:19:34	01:14:10	5339		V50	503	00:06:03	5032
5452	3122	Catarina Machado	00:37:22	01:19:34	01:19:30	5548		Senior	524	00:06:24	5311
5453	6504	Patricia Leal	00:37:46	01:19:35	01:19:11	5533		V40	309	00:06:45	5494



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5454	1824	Carla Rato	00:38:53	01:19:36	01:15:24	5397		V50	191	00:06:32	5379
5455	2695	Carla Aniceto	00:38:35	01:19:37	01:19:10	5532		V50	192	00:07:02	5588
5456	6352	Maria Vilhena	00:38:10	01:19:38	01:19:38	5550	Os Kotas	V50	193	00:06:50	5524
5457	2081	Nuno Santos	00:43:40	01:19:40	01:10:00	5088	Serviços Sociais Montepio	V45	712	00:05:57	4938
5458	6682	Emanuel Grancho	00:40:06	01:19:40	01:12:41	5264		Senior	784	00:06:36	5405
5459	4215	Goncalo Romao	00:38:50	01:19:41	01:16:07	5426		V40	624	00:05:30	4423
5460	4216	Marta Zagallo	00:38:50	01:19:41	01:16:07	5427		Senior	525	00:05:30	4424
5461	7151	Sofia Teixeira	00:39:10	01:19:43	01:18:51	5525		V40	310	00:07:30	5688
5462	3022	João Silva	00:41:30	01:19:44	01:17:35	5490		Senior	785	00:06:38	5431
5463	2985	Joana Silva	00:41:29	01:19:44	01:17:36	5492		Senior	526	00:06:38	5432
5464	7191	Filipe Carraço	00:39:10	01:19:44	01:18:53	5526		V45	713	00:07:32	5690
5465	495	Catarina Goulart	00:39:51	01:19:48	01:12:51	5274	ANL - REMO	Junior	29	00:06:58	5571
5466	5517	Sergio Ivo	00:39:46	01:19:48	01:16:27	5440		V40	625	00:06:56	5562
5467	3171	João Dinis	00:37:29	01:19:49	01:19:26	5541		Senior	786	00:06:39	5442
5468	4184	David Coelho	00:39:20	01:19:54	01:17:37	5493		Senior	787	00:06:36	5407
5469	4250	Isilda Rabasquinho	00:37:24	01:19:54	01:19:45	5553		V55	82	00:06:37	5428
5470	8120	Sylvie Pereira	00:39:01	01:19:54	01:16:51	5455		V50	504	00:06:42	5474
5471	3860	Ângela Honrado	00:39:20	01:19:54	01:17:38	5494		Senior	527	00:06:35	5399
5472	4538	Nuno Chapa	00:43:27	01:19:54	01:11:07	5163	ACM Montemor a Correr	V45	714	00:06:08	5100



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5473	2497	Donni Akbar	00:38:53	01:19:54	01:17:56	5503		V45	715	00:07:02	5587
5474	4813	António Duarte	00:35:35	01:19:55	01:19:42	5551		V55	252	00:08:00	5758
5475	2544	Afsy Nadina	00:38:53	01:19:56	01:17:57	5504		V40	311	00:07:04	5599
5476	2448	Carla Aniceto	00:40:19	01:19:57	01:16:10	5428		V45	322	00:06:26	5329
5477	3087	Joao Gomes	00:35:52	01:19:58	01:19:27	5542	JG SEGUROS MEDIADORES LDA	V70	14	00:06:46	5500
5478	7930	Mário Melo	00:39:09	01:20:02	01:19:15	5534	Clube Ferroviário de Portugal	V70	15	00:06:12	5144
5479	664	Diogo Venâncio	00:41:32	01:20:03	01:13:07	5286		V40	626	00:06:31	5369
5480	1890	Ricardo Duarte	00:40:52	01:20:04	01:17:11	5478	ML Sports	Senior	788	00:06:42	5471
5481	1244	Susana Ramos	00:40:52	01:20:04	01:17:10	5475	ML Sports	V40	312	00:06:42	5469
5482	6192	Vanessa Leomaro	00:39:29	01:20:05	01:17:39	5495	NewMe	V35	249	00:06:45	5490
5483	6096	Ana Albuquerque	00:38:09	01:20:08	01:18:01	5508	SCL - Caracóis Velozes	Senior	528	00:06:54	5556
5484	6506	Maria Casaco	00:39:42	01:20:08	01:17:31	5485		V55	83	00:05:17	3997
5485	2017	Mariana Costa	00:41:23	01:20:10	01:15:11	5390		Senior	529	00:06:39	5443
5486	8751	Ana Seabra	00:38:38	01:20:12	01:16:46	5451		V55	84	00:07:00	5576
5487	5992	Hugo Silva	00:37:33	01:20:13	01:17:15	5479		V45	716	00:07:15	5637
5488	1969	Inês Lopes	00:40:36	01:20:14	01:16:47	5452		Senior	530	00:07:16	5640
5489	329	Cláudia Lopes	00:40:22	01:20:14	01:16:52	5457		V40	313	00:06:37	5425
5490	2673	Andreia Cardador	00:40:22	01:20:14	01:16:53	5458		Senior	531	00:06:38	5434
5491	3250	Liliana Felix	00:35:58	01:20:18	01:19:52	5555		Senior	532	00:06:42	5467



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5492	8770	Rui Santinho	00:48:40	01:20:18	01:12:29	5254		V35	551	00:05:24	4211
5493	6149	Paula França	00:38:33	01:20:20	01:19:59	5560	FRANÇA	V55	85	00:07:19	5650
5494	1241	Carla Real	00:42:55	01:20:20	01:15:23	5396	ML Sports	V40	314	00:05:51	4847
5495	2666	Paulo Silveira	00:44:17	01:20:22	01:11:47	5212		V40	627	00:05:40	4634
5496	8941	João Santana	00:43:22	01:20:25	01:10:59	5159		V45	717	00:06:07	5091
5497	6190	Mónica Mendes	00:39:30	01:20:28	01:18:01	5509	NewMe	V35	250	00:07:17	5642
5498	6193	Leonel Ricardo	00:39:30	01:20:28	01:18:02	5510	NewMe	V40	628	00:07:08	5618
5499	1941	Natália Lima	00:35:14	01:20:31	01:14:17	5348		Senior	533	00:08:17	5794
5500	8972	Jose Santos	00:37:09	01:20:32	01:14:05	5331		V45	718	00:05:57	4944
5501	8145	João Ribeiro	00:42:02	01:20:33	01:13:50	5321	CCD TRANQUILIDADE	V55	253	00:06:08	5099
5502	5251	Susana Coutinho	00:38:40	01:20:33	01:17:45	5497	Clube Novo Banco	V50	194	00:06:30	5357
5503	1279	Duarte Mousinho	00:40:19	01:20:36	01:15:06	5386	Évora Night Runners	V45	719	00:06:36	5410
5504	5336	Paulo Pedro	00:35:50	01:20:38	01:19:29	5546	IMASAMS	V60	139	00:09:30	5874
5505	156	Catarina Oliveira	00:42:30	01:20:39	01:16:57	5464	Super Lentos	Senior	534	00:05:47	4776
5506	7357	Sofia Santos	00:38:44	01:20:40	01:16:17	5435		V35	251	00:06:51	5529
5507	5101	António Peixoto	00:39:31	01:20:41	01:19:53	5556		V45	720	00:07:45	5724
5508	5103	Sílvia Esteves	00:39:31	01:20:41	01:19:53	5557		V40	315	00:07:45	5725
5509	1801	Gisele Farias	00:39:54	01:20:44	01:19:27	5543		Senior	535	00:06:57	5570
5510	155	Rute Bicho	00:42:30	01:20:44	01:17:04	5471	Super Lentos	Senior	536	00:05:52	4855



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5511	5660	Susana Ferreira	00:38:54	01:20:45	01:18:31	5520	MALM	V35	252	00:06:37	5429
5512	4351	Iris Cruz	00:38:32	01:20:47	01:20:02	5562		Senior	537	00:06:26	5325
5513	4068	Sonia Dickmeyer	00:40:19	01:20:47	01:18:57	5528		V40	316	00:06:43	5485
5514	1945	Marta Dias	00:39:01	01:20:48	01:20:03	5563		Senior	538	00:06:54	5551
5515	3830	Mónica Dias	00:37:19	01:20:48	01:20:43	5585		Senior	539	00:07:00	5580
5516	6356	Cláudia Germano	00:38:38	01:20:49	01:20:23	5571	Os Kotas	V35	253	00:06:33	5386
5517	1665	Joao Prehaz	00:51:51	01:20:49	01:19:19	5538		V40	629	00:04:43	2775
5518	8634	Vasco Cruz	00:39:11	01:20:55	01:16:58	5465	Clube PT-Zcs	V45	721	00:08:02	5760
5519	8103	Sofia Cavaco	00:42:50	01:20:56	01:13:19	5295		V35	254	00:06:18	5236
5520	3258	Leonardo Andrade	00:36:26	01:20:59	01:20:39	5581	ADRC Mata de Benfica	V40	630	00:07:58	5752
5521	6355	Cleusia Kok	00:38:36	01:20:59	01:20:33	5580	Os Kotas	V35	255	00:06:45	5495
5522	4127	Carolina José	00:38:09	01:21:08	01:18:56	5527		Senior	540	00:07:41	5714
5523	4033	Cláudia Capito	00:41:13	01:21:09	01:20:25	5572	Aqualva Runners	Senior	541	00:07:03	5593
5524	966	Pedro Pinto	00:41:01	01:21:09	01:20:29	5575	Aqualva Runners	V60	140	00:06:51	5535
5525	967	Elisabete Pinto	00:40:23	01:21:09	01:20:28	5574	Aqualva Runners	V60	27	00:06:50	5520
5526	4318	Ana Galapa	00:39:50	01:21:09	01:20:30	5579	Aqualva Runners	V60	28	00:07:07	5613
5527	1949	Fernanda Prim	00:37:53	01:21:14	01:17:34	5488		V45	323	00:07:35	5698
5528	2767	Sonia Oliveira	00:39:42	01:21:16	01:20:04	5564		V40	317	00:06:28	5343
5529	6617	Joana Rosa	00:39:41	01:21:17	01:20:04	5565		Senior	542	00:06:29	5350



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5530	7838	Raquel Mónica	00:39:44	01:21:18	01:20:16	5568	Golfinhos Aboboda	Senior	543	00:06:39	5438
5531	7836	Maria Mónica	00:39:42	01:21:19	01:20:16	5569	Golfinhos Aboboda	V45	324	00:06:40	5454
5532	7837	Emília Antunes	00:39:43	01:21:20	01:20:17	5570	Golfinhos Aboboda	V50	195	00:06:41	5460
5533	2449	Lucinda Baptista	00:40:23	01:21:24	01:19:24	5540		V50	196	00:05:47	4769
5534	1616	Luísa Oliveira	00:39:45	01:21:25	01:19:50	5554		V45	325	00:07:07	5614
5535	8140	Luis Neves	00:40:35	01:21:25	01:18:23	5515	CCD TRANQUILIDADE	V45	722	00:06:19	5238
5536	6698	Rui Lopes	00:42:13	01:21:30	01:14:05	5330		V45	723	00:06:33	5387
5537	4699	João Figueiredo	00:44:04	01:21:31	01:11:13	5179	MountainSheep	V35	552	00:06:21	5266
5538	2658	Isabel Sampaio	00:39:21	01:21:31	01:20:45	5586		V50	197	00:07:42	5717
5539	6580	Filipa Blanco	00:42:03	01:21:34	01:19:55	5558		V40	318	00:05:49	4809
5540	2676	Hugo Oliveira	00:42:05	01:21:35	01:15:40	5407		V45	724	00:06:46	5499
5541	7002	Ines Martins	00:40:40	01:21:36	01:19:05	5530		V45	326	00:06:33	5383
5542	2821	Teresa Santos	00:30:02	01:21:37	01:21:06	5590	Equipa David Vaz	V45	327	00:09:56	5908
5543	8058	Luís Oliveira	00:53:11	01:21:39	01:21:19	5598		V50	505	00:04:49	3018
5544	8028	Marcos Alves	00:38:42	01:21:41	01:19:18	5536		V55	254	00:07:25	5668
5545	4686	Marco Mangas	00:45:36	01:21:41	01:10:34	5131	Clube de Atletismo da Nazaré	V45	725	00:05:36	4558
5546	8431	João Sietinga	00:41:49	01:21:42	01:20:29	5576	McDonald's	V55	255	00:06:03	5025
5547	8029	Carla Reis	00:38:41	01:21:42	01:19:20	5539		V55	86	00:07:27	5677
5548	142	Margarida Oliveira	00:41:29	01:21:51	01:18:24	5517		Senior	544	00:06:44	5487



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5549	7591	Telmo Carvalho	00:44:34	01:21:56	01:10:15	5111		V40	631	00:05:16	3960
5550	1654	Cátia Gaudêncio	00:42:22	01:22:02	01:16:11	5429		V40	319	00:06:29	5348
5551	5259	Rui Melão	00:41:51	01:22:03	01:18:45	5523		V55	256	00:06:39	5445
5552	8366	Rita Sousa	00:40:09	01:22:04	01:19:28	5544		Senior	545	00:06:52	5542
5553	3946	Marco Guerra	00:40:00	01:22:05	01:21:46	5608	pace.makers	V40	632	00:06:43	5484
5554	1640	Carla Picoto	00:39:19	01:22:06	01:21:48	5610		V50	198	00:06:43	5481
5555	4794	Jéssica Ribeiro	00:40:32	01:22:06	01:22:02	5615	Ou Vai ou Racha	Senior	546	00:06:46	5497
5556	4938	Carlos Teixeira	00:38:06	01:22:06	01:21:48	5609		V80	2	00:08:14	5783
5557	4030	Maria Cargaleiro	00:40:03	01:22:06	01:21:25	5601	Agualva Runners	V55	87	00:06:53	5547
5558	3201	Maria Sousa	00:39:12	01:22:07	01:21:10	5592	ADRC Mata de Benfica	V70	6	00:06:15	5184
5559	5176	Bruno Porto	00:39:06	01:22:09	01:21:18	5595		Senior	789	00:06:48	5511
5560	1747	Ana Leão	00:39:06	01:22:09	01:21:18	5596	Os Resilientes	Senior	547	00:06:48	5509
5561	7434	Hemal Maugi	00:41:19	01:22:14	01:16:48	5453		Senior	790	00:07:19	5651
5562	3741	Linda Almeida	00:41:55	01:22:17	01:17:16	5480		V45	328	00:06:53	5548
5563	8244	Renato Sacramento	00:41:23	01:22:21	01:16:56	5463		Senior	791	00:07:27	5678
5564	2541	Pedro Carmo	00:37:07	01:22:27	01:21:23	5600		V35	553	00:07:54	5744
5565	6863	Lurdes Ferreira	00:29:49	01:22:32	01:22:28	5624	Serviços Sociais Montepio	V55	88	00:09:42	5892
5566	2446	Ricardo Rodrigues	00:38:44	01:22:32	01:21:27	5602		V35	554	00:07:58	5751
5567	2363	Isabel Matos	00:36:19	01:22:36	01:21:09	5591	Limited Edition	V40	320	00:09:32	5878



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5568	6660	Patrícia Pereira	00:39:59	01:22:37	01:20:42	5584		Senior	548	00:07:39	5708
5569	6049	Mónica Dias	00:41:47	01:22:38	01:15:38	5405	ANL - REMO	V45	329	00:06:32	5375
5570	5569	Mónica Pereira	00:39:59	01:22:39	01:20:41	5582		Senior	549	00:07:40	5710
5571	8207	Shiela Noque	00:40:44	01:22:40	01:19:32	5549		V35	256	00:07:03	5596
5572	1916	Pedro Almeida	00:40:09	01:22:43	01:20:41	5583	Tripulantes do Porta Aviões	V35	555	00:07:33	5693
5573	2487	António Rodrigues	00:48:16	01:23:08	01:22:40	5628		V35	556	00:06:21	5261
5574	2159	Maria Simões	00:39:00	01:23:09	01:23:01	5632		V40	321	00:07:43	5718
5575	2158	Bernardo Castro	00:39:00	01:23:14	01:23:06	5634		Senior	792	00:07:46	5729
5576	3630	Mariana Gonçalves	00:42:26	01:23:14	01:20:48	5587	BTM TEAM	Senior	550	00:06:51	5533
5577	7076	Carlos Roncha	00:37:42	01:23:14	01:22:54	5631		V50	506	00:08:14	5785
5578	3636	Sara Matos	00:42:26	01:23:15	01:20:49	5588	BTM TEAM	V40	322	00:06:52	5539
5579	5030	Henrique Capelas	00:43:51	01:23:17	01:11:09	5168		Senior	793	00:05:58	4960
5580	4535	Ana Abrunhosa	00:44:13	01:23:18	01:14:10	5340	Associação Vale Grande	V45	330	00:05:58	4955
5581	5453	Paulo Nunes	00:41:15	01:23:25	01:21:19	5597	Askblue	V55	257	00:06:41	5464
5582	99	Hélder Lopes	00:44:46	01:23:26	01:11:30	5192		V35	557	00:07:28	5683
5583	8389	Raquel Pinheiro	00:41:38	01:23:29	01:20:29	5577		V35	257	00:06:40	5448
5584	772	Fátima Fernandes	00:40:31	01:23:33	01:22:37	5627		V40	323	00:06:16	5207
5585	8437	Vera Silva	00:40:56	01:23:36	01:21:23	5599		V35	258	00:06:05	5068
5586	2417	José Palma	00:40:28	01:23:39	01:22:47	5629		V60	141	00:07:50	5733



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5587	2418	Antonieta Palma	00:40:27	01:23:39	01:22:48	5630		V60	29	00:07:50	5734
5588	8432	Carla Cunha	00:43:53	01:23:45	01:20:28	5573	McDonald's	V45	331	00:06:03	5026
5589	7759	Eugenia Almeida	00:41:00	01:23:47	01:22:17	5620		V50	199	00:07:16	5639
5590	6805	Sandra Rosado	00:40:34	01:23:50	01:20:14	5567	Cross Velhotes e Cross Beauty's	V45	332	00:07:39	5709
5591	82	Inês Martins	00:43:55	01:23:54	01:14:51	5375	Gremlin & Lontra & Escalfeta	V35	259	00:06:13	5153
5592	4846	Pedro Moreira	00:41:25	01:24:00	01:21:44	5604		V40	633	00:06:49	5513
5593	4847	Jackeline Barbosa	00:41:25	01:24:00	01:21:43	5603		Senior	551	00:06:49	5514
5594	5907	Ana Mattos	00:42:35	01:24:02	01:21:45	5606		V45	333	00:06:33	5390
5595	5906	Fernando Côrtes	00:42:35	01:24:02	01:21:45	5605		Senior	794	00:06:33	5389
5596	3366	Vitor Carapinha	00:38:03	01:24:03	01:23:52	5659		V60	142	00:07:59	5755
5597	3367	Fernanda Palminha	00:38:07	01:24:03	01:23:52	5660		V55	89	00:07:59	5756
5598	8046	Francisco Peixoto	00:47:10	01:24:06	01:11:09	5171		V35	558	00:05:50	4817
5599	7812	Rita Aguilar	00:44:38	01:24:10	01:19:43	5552		Senior	552	00:06:31	5368
5600	7512	Luis Campino	00:41:40	01:24:11	01:20:54	5589		Senior	795	00:06:42	5476
5601	170	Joana Dumont	00:40:29	01:24:13	01:23:17	5638		Senior	553	00:06:57	5568
5602	2569	Ana Oliveira	00:41:05	01:24:20	01:23:10	5635		V40	324	00:07:26	5671
5603	3386	Alice Gomes	00:42:04	01:24:29	01:23:03	5633		V40	325	00:06:40	5450
5604	4132	Pedro Bento	00:45:56	01:24:30	01:23:38	5648		V45	726	00:06:16	5201
5605	3507	Ana Dias	00:44:46	01:24:32	01:16:42	5448		V40	326	00:06:03	5034



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5606	3404	Susana Nunes	00:43:11	01:24:33	01:24:17	5668		V40	327	00:06:10	5123
5607	249	Pedro Vitorino	00:52:21	01:24:33	01:14:49	5373		V40	634	00:05:00	3417
5608	8662	Francisco Feio	00:42:37	01:24:35	01:22:16	5619		V35	559	00:07:12	5627
5609	4027	Teresa Cortez	00:40:04	01:24:37	01:23:56	5664	Agualva Runners	V45	334	00:07:27	5675
5610	8922	Marco Pereira	00:40:31	01:24:47	01:22:31	5626		V40	635	00:07:19	5653
5611	2777	Maria Padeiro	00:39:43	01:24:51	01:24:06	5666		V45	335	00:07:24	5662
5612	7257	Artur Botao	00:43:18	01:24:52	01:17:00	5466	CLUBE MILLENNIUM BCP	V50	507	00:06:32	5373
5613	4757	Maria Guerra	00:41:21	01:24:56	01:23:19	5640	FIDELIDADE GDC	V40	328	00:07:20	5655
5614	2546	Ana Viera	00:40:48	01:24:57	01:24:48	5675		Senior	554	00:05:50	4828
5615	6505	João Menino	00:44:27	01:24:57	01:17:32	5486		V50	508	00:05:17	3998
5616	2547	Ana Correia	00:40:48	01:24:58	01:24:49	5678		Senior	555	00:05:50	4829
5617	3001	Maria Viola	00:39:41	01:25:01	01:24:16	5667		V55	90	00:07:34	5697
5618	7174	Rita Viana	00:40:43	01:25:02	01:24:27	5671	SPARTAN3	Senior	556	00:08:26	5801
5619	1903	Gracinda Plácido	00:41:13	01:25:04	01:24:25	5670	Agualva Runners	V50	200	00:07:18	5647
5620	5923	Ana Rosmaninho	00:41:35	01:25:06	01:21:46	5607		V35	260	00:07:38	5703
5621	8911	José Graça	00:43:59	01:25:07	01:21:48	5612		V45	727	00:06:36	5420
5622	8909	Maria Rufino	00:44:01	01:25:07	01:21:48	5611		V50	201	00:06:38	5435
5623	6148	Antonio França	00:43:20	01:25:09	01:20:00	5561	FRANÇA	V55	258	00:07:19	5649
5624	2150	Emanuel Noivo	00:43:22	01:25:12	01:21:58	5613		Senior	796	00:06:32	5380



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5625	2149	Ana Roque	00:43:21	01:25:13	01:22:01	5614		Senior	557	00:06:34	5393
5626	2889	Eurico Semedo	00:41:58	01:25:19	01:22:15	5618		V70	16	00:06:40	5451
5627	694	Joana Alem	00:43:12	01:25:20	01:23:42	5650	GARLIC RUNNERS	Senior	558	00:06:23	5292
5628	692	Carolina Francisco	00:43:11	01:25:20	01:23:43	5651	GARLIC RUNNERS	Senior	559	00:06:24	5313
5629	7023	Carla Sota	00:41:10	01:25:21	01:24:59	5679	Os Toinas	V45	336	00:07:25	5667
5630	8350	Inês Martins	00:43:11	01:25:25	01:23:27	5645	PoweredBySofrimento	Senior	560	00:07:01	5586
5631	2717	Sofia Bonito	00:41:44	01:25:26	01:22:26	5622		V35	261	00:08:21	5798
5632	2593	Ana Azevedo	00:41:37	01:25:33	01:23:52	5658	Run&Smile	V50	202	00:07:24	5663
5633	3890	Nuno Pinheiro	00:43:42	01:25:33	01:20:30	5578		V45	728	00:06:40	5447
5634	3987	Paula Lourenço	00:40:34	01:25:36	01:25:27	5682	EVELX - Associação de Estilos de Vida Saudável	V45	337	00:07:51	5738
5635	4377	Sandra Almeida	00:40:19	01:25:37	01:25:25	5681	Família Silvestre	V45	338	00:07:12	5631
5636	5139	Rodrigo Loução	00:42:39	01:25:49	01:23:34	5647		Senior	797	00:06:51	5530
5637	6095	Daniel Esteves	00:41:44	01:25:51	01:23:44	5652	SCL - Caracóis Velozes	V35	560	00:09:17	5848
5638	6094	Janet Silva	00:41:45	01:25:52	01:23:45	5653	SCL - Caracóis Velozes	V35	262	00:09:19	5849
5639	5089	Inês Santos	00:43:56	01:25:52	01:19:16	5535	Góis	Senior	561	00:07:18	5645
5640	1297	Patrícia Simões	00:42:38	01:25:52	01:20:13	5566	Cross Beauty's	V45	339	00:07:38	5706
5641	8633	Ana Cruz	00:43:02	01:25:54	01:22:03	5616	Clube PT-Zcs	V40	329	00:07:22	5660
5642	921	Dora Costa	00:39:08	01:25:55	01:19:29	5545		Senior	562	00:09:14	5843
5643	5088	Márcia Reigadas	00:43:56	01:25:56	01:19:19	5537	Góis	Senior	563	00:07:17	5641



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5644	2474	Carla Silva	00:40:24	01:25:56	01:23:56	5663		V45	340	00:08:21	5799
5645	7404	Marta Morgado	00:41:26	01:25:58	01:24:48	5677		Senior	564	00:07:32	5691
5646	2828	Teresa Afonso	00:42:27	01:26:02	01:23:39	5649		V50	203	00:08:28	5804
5647	7065	Ludimar Guenda	00:44:30	01:26:07	01:16:45	5450		V35	561	00:07:13	5634
5648	4172	Inês Silva	00:42:22	01:26:08	01:25:39	5683		V35	263	00:07:43	5720
5649	2831	Teresa Santo	00:42:29	01:26:09	01:23:46	5654		V40	330	00:08:36	5809
5650	152	Filipa Cortez	00:42:41	01:26:10	01:22:27	5623	Super Lentos	V35	264	00:07:44	5722
5651	7451	Sara Santos	00:41:09	01:26:14	01:26:08	5689		V40	331	00:07:53	5742
5652	8973	Alexandra Santos	00:42:46	01:26:14	01:14:11	5341		V35	265	00:07:07	5612
5653	2945	Maria Martins	00:42:10	01:26:19	01:23:26	5644	Pé na Lama	V55	91	00:07:07	5615
5654	3995	Maria Fonseca	00:42:10	01:26:19	01:23:26	5643	Pé na Lama	V50	204	00:07:06	5607
5655	7542	Pedro Proença	00:50:09	01:26:19	01:11:55	5225		V50	509	00:06:23	5283
5656	6581	Cristina Blanco	00:46:51	01:26:22	01:19:57	5559		V60	30	00:05:49	4808
5657	2568	Diogo Figueiredo	00:43:09	01:26:24	01:23:11	5637		V35	562	00:07:25	5664
5658	7488	Miguel Cabedo	00:40:40	01:26:30	01:26:15	5691	SLIM21	V35	563	00:08:01	5759
5659	944	Ana Nunes	00:41:31	01:26:31	01:24:41	5673	Matrix de Harris	V55	92	00:06:36	5412
5660	950	Filipa Bragança	00:41:33	01:26:31	01:24:43	5674	Matrix de Harris	V45	341	00:06:36	5411
5661	945	José Monteiro	00:42:01	01:26:31	01:24:40	5672	Matrix de Harris	V50	510	00:06:36	5413
5662	6730	Ana Silva	00:42:09	01:26:33	01:24:48	5676		V35	266	00:08:06	5767



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5663	2611	Luisa Costa	00:38:13	01:26:40	01:26:19	5692	Quarentões na Bisga	V50	205	00:07:05	5605
5664	2612	Luis Costa	00:39:05	01:26:41	01:26:20	5693	Quarentões na Bisga	V55	259	00:07:03	5594
5665	7942	Susana Gargaté	00:43:35	01:26:43	01:24:19	5669		V35	267	00:07:40	5713
5666	3283	Carla Delgado	00:42:23	01:26:43	01:26:33	5697		V35	268	00:07:42	5715
5667	47	Teresa Mesquita	00:41:01	01:26:44	01:26:30	5696		V45	342	00:07:28	5684
5668	4749	Alzira Fernandes	00:41:27	01:26:49	01:25:57	5687	FIDELIDADE GDC	V45	343	00:07:14	5635
5669	3825	Margarida Fonseca	00:43:23	01:26:49	01:25:11	5680		V65	12	00:06:34	5392
5670	7811	Mariana Ruão	00:45:20	01:26:50	01:22:24	5621		Senior	565	00:06:40	5455
5671	6160	Francisco Marques	00:43:16	01:26:53	01:26:41	5698	Clube Atletismo Amigos de Belém	V40	636	00:07:37	5701
5672	7163	Antonio Almeida	00:43:48	01:26:56	01:23:17	5639	Widou Widou widou	V40	637	00:06:22	5281
5673	6589	Colin Jennings	00:45:06	01:27:15	01:22:29	5625		V70	17	00:07:27	5676
5674	8320	Octávio Amaro	00:41:18	01:27:18	01:24:05	5665	Corrida Noturna Parque das Nações	V40	638	00:06:37	5423
5675	3272	Pedro Crispim	00:43:58	01:27:21	01:21:16	5594		V45	729	00:07:29	5686
5676	3271	Carla Crispim	00:43:59	01:27:21	01:21:16	5593		V45	344	00:07:29	5685
5677	7166	Pedro Almeida	00:43:44	01:27:24	01:23:46	5657	Widou Widou widou	V35	564	00:06:51	5528
5678	7165	Filipa Almeida	00:43:46	01:27:25	01:23:46	5656	Widou Widou widou	Senior	566	00:06:50	5526
5679	7164	Sandra Almeida	00:43:48	01:27:25	01:23:46	5655	Widou Widou widou	V35	269	00:06:50	5525
5680	5918	Isabel Marques	00:43:20	01:27:30	01:27:20	5708	Clube Atletismo Amigos de Belém	V40	332	00:07:10	5622
5681	8822	Diogo Sousa	00:43:20	01:27:30	01:23:54	5661		V35	565	00:08:14	5782



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5682	3194	Narendra Ginã	00:40:47	01:27:31	01:27:14	5705	ADRC Mata de Benfica	V45	730	00:08:48	5816
5683	7199	Nuno Mateus	00:43:20	01:27:32	01:23:56	5662		V40	639	00:08:16	5790
5684	7425	Pedro Martins	00:44:57	01:27:36	01:23:10	5636		Senior	798	00:07:30	5687
5685	6134	Nídia Silva	00:43:42	01:27:38	01:27:29	5712		V65	13	00:07:06	5609
5686	5666	Andre Varge	00:38:08	01:27:50	01:27:33	5716	Vieira e Gina	V45	731	00:09:14	5841
5687	5665	Vasco Vieira	00:38:07	01:27:50	01:27:33	5715	Vieira e Gina	V45	732	00:09:13	5840
5688	3448	Raul Amaral	00:43:04	01:27:51	01:26:09	5690		V40	640	00:07:34	5696
5689	153	Rita Almeida	00:44:44	01:27:56	01:22:10	5617	Super Lentos	V40	333	00:07:26	5670
5690	1649	Marcelo Orsoni	00:41:29	01:27:59	01:27:31	5713		V45	733	00:07:27	5674
5691	1650	Tatiane Barros	00:41:30	01:27:59	01:27:31	5714		V45	345	00:07:28	5682
5692	1601	Maria Dourado	00:41:42	01:28:02	01:27:49	5722		V60	31	00:08:07	5768
5693	5438	Miguel Abrantes	00:41:43	01:28:05	01:26:29	5694	CMJ	V45	734	00:06:26	5328
5694	4990	Ana Silva	00:43:22	01:28:06	01:23:19	5641		Senior	567	00:08:20	5797
5695	1152	Silvia Pena	00:44:50	01:28:07	01:26:05	5688	Tripulantes do Porta Aviões	V40	334	00:07:11	5625
5696	3989	Lara Lourenço	00:41:32	01:28:12	01:26:43	5699	EVELX - Associação de Estilos de Vida Saudável	Junior	30	00:05:27	4326
5697	3947	Cláudia Neto	00:41:12	01:28:17	01:27:57	5723	pace.makers	V45	346	00:08:14	5784
5698	5293	Ana Castro	00:41:49	01:28:18	01:28:14	5730	SS CGD	V55	93	00:07:12	5632
5699	116	Anabela Pinto	00:42:36	01:28:25	01:27:19	5707	Alverca Urban Runners	V40	335	00:06:54	5553
5700	4427	Vanessa Agostinho	00:46:56	01:28:29	01:26:46	5701	Os Rotos	Senior	568	00:06:50	5522



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5701	4424	Miguel Pereira	00:46:56	01:28:29	01:26:45	5700	Os Rotos	V35	566	00:06:50	5523
5702	940	Anabela David	00:43:18	01:28:39	01:27:23	5711	EST	V50	206	00:07:14	5636
5703	7732	Mónica Morgado	00:41:10	01:28:50	01:26:53	5703	PoweredBySofrimento	V45	347	00:06:53	5545
5704	9305	João Veiga	00:49:50	01:28:50	01:14:19	5351		Senior	799	00:05:59	4984
5705	2051	Emília Roseiro	00:43:04	01:29:01	01:27:42	5721		V45	348	00:06:53	5550
5706	3990	Maria Inês	00:41:43	01:29:05	01:27:34	5717	EVELX - Associação de Estilos de Vida Saudável	Junior	31	00:06:20	5245
5707	3988	Tomás Lourenço	00:41:44	01:29:05	01:27:35	5718	EVELX - Associação de Estilos de Vida Saudável	Junior	53	00:06:21	5265
5708	3847	Ana Henriques	00:49:07	01:29:07	01:25:51	5686		Senior	569	00:06:43	5483
5709	971	Alberto Cano	00:44:44	01:29:13	01:28:43	5739	Clube Atletismo Amigos de Belém	V65	81	00:08:20	5796
5710	6751	Filipa Ferro	00:49:45	01:29:22	01:18:49	5524		V40	336	00:05:58	4962
5711	8442	Regina Gomes	00:45:12	01:29:26	01:25:41	5685	GDCT Unicre	V45	349	00:06:36	5418
5712	7559	Nuno Guerreiro	00:44:03	01:29:27	01:28:52	5740	ADRC Mata de Benfica	V35	567	00:09:03	5831
5713	7350	Ângela Figueira	00:44:02	01:29:28	01:28:53	5741	ADRC Mata de Benfica	V40	337	00:09:04	5832
5714	83	Rui Alegre	00:49:31	01:29:28	01:14:50	5374	Gremlin & Lontra & Escalfeta	V40	641	00:06:12	5148
5715	6470	Silvia Tavares	00:43:57	01:29:30	01:28:08	5728		V45	350	00:07:44	5721
5716	7899	Irene Magalhaes	00:42:24	01:29:38	01:27:17	5706		V70	7	00:09:01	5826
5717	7356	Marta Cartageno	00:43:47	01:29:40	01:28:21	5736		Senior	570	00:07:53	5741
5718	7049	Carolina Torcato	00:43:47	01:29:41	01:28:23	5737		Senior	571	00:07:54	5743
5719	7546	Isa Santos	00:43:23	01:29:43	01:29:34	5749	Santos	Senior	572	00:08:42	5813



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5720	7545	José Santos	00:43:23	01:29:43	01:29:34	5748	Santos	Senior	800	00:08:42	5812
5721	1010	Vera Matias	00:42:36	01:29:58	01:29:23	5745	Alverca Urban Runners	Senior	573	00:07:55	5746
5722	2603	Anabela Almeida	00:44:37	01:29:59	01:28:01	5725	100 DESCULPAS	V45	351	00:07:26	5672
5723	6209	Nuno Costa	00:43:21	01:30:04	01:28:08	5727	Grupo da Picareta	V45	735	00:07:59	5753
5724	6210	Hugo Primo	00:43:22	01:30:05	01:28:09	5729	Grupo da Picareta	V40	642	00:07:59	5754
5725	5397	Marta Rodrigues	00:43:47	01:30:09	01:26:29	5695	CMJ	V45	352	00:06:26	5327
5726	4117	Patrícia Martins	00:46:16	01:30:19	01:29:25	5747		V45	353	00:07:02	5591
5727	3019	Madalena Vitorino	00:42:00	01:30:21	01:30:09	5761	pace.makers	V55	94	00:07:10	5620
5728	3870	Rosa Oliveira	00:46:11	01:30:21	01:27:22	5709		V50	207	00:06:29	5351
5729	6636	Cristina Marcos	00:42:00	01:30:21	01:30:11	5763		V55	95	00:07:11	5623
5730	3280	Teresa Oliveira	00:42:00	01:30:21	01:30:09	5762	pace.makers	V55	96	00:07:11	5624
5731	3866	Ana Oliveira	00:46:11	01:30:21	01:27:22	5710		V45	354	00:07:02	5592
5732	3991	Alessandro Almeida	00:41:32	01:30:34	01:29:06	5743	EVELX - Associação de Estilos de Vida Saudável	V40	643	00:07:49	5732
5733	5131	Rita Alves	00:47:28	01:30:37	01:23:33	5646		V45	355	00:06:51	5531
5734	8192	Fernanda Albano	00:44:46	01:30:45	01:30:12	5764	#grupodosamigosdoJP	V55	97	00:09:45	5895
5735	8259	Monique Silva	00:41:55	01:30:48	01:28:56	5742	KUBOO	Senior	574	00:10:23	5927
5736	5988	Cristina Seixas	00:45:06	01:30:48	01:29:50	5754	Be Running	V55	98	00:07:55	5747
5737	7729	Vanessa Rebelo	00:43:09	01:30:54	01:26:53	5702	PoweredBySofrimento	V35	270	00:06:52	5541
5738	947	Maria Sequeira	00:42:22	01:30:55	01:29:07	5744	Matrix de Harris	V50	208	00:07:18	5646



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5739	6879	Carlota Neves	00:45:41	01:31:05	01:27:40	5719	Embuchados	Senior	575	00:07:37	5702
5740	8971	Nuno Felicio	00:47:42	01:31:06	01:14:08	5337		V40	644	00:05:58	4947
5741	2062	Raul Neto	00:34:38	01:31:06	01:30:23	5769	CORRENDO E ANDANDO	V35	568	00:05:07	3696
5742	2388	José Fernandes	00:34:38	01:31:07	01:30:17	5767	CORRENDO E ANDANDO	Senior	801	00:05:07	3690
5743	14	Susana Duarte	00:43:47	01:31:24	01:30:18	5768	Team MS	V45	356	00:07:33	5692
5744	8441	João Soares	00:47:16	01:31:30	01:25:41	5684	GDCT Unicre	V50	511	00:06:36	5417
5745	948	Ana Araújo	00:42:22	01:31:33	01:29:44	5752	Matrix de Harris	V60	32	00:07:56	5749
5746	7543	Luis Santos	00:45:14	01:31:35	01:31:26	5789	Santos	V55	260	00:08:04	5762
5747	6460	Ângela Santos	00:44:12	01:31:41	01:28:37	5738		V35	271	00:07:53	5740
5748	949	Ana Gomes	00:45:08	01:31:41	01:29:54	5755	Matrix de Harris	V45	357	00:08:04	5763
5749	3382	Duncan Macdonald	00:45:35	01:31:43	01:30:53	5778		V55	261	00:07:40	5711
5750	3303	Bernice Macdonald	00:45:36	01:31:43	01:30:53	5779		V50	209	00:07:40	5712
5751	6876	Rita Neves	00:45:42	01:31:45	01:28:19	5734	Embuchados	V35	272	00:07:06	5610
5752	6840	Cristiana Craveiro	00:45:42	01:31:46	01:28:20	5735		Senior	576	00:07:07	5611
5753	184	Sandra Silva	00:43:27	01:32:03	01:31:57	5792		V50	210	00:08:47	5815
5754	2982	Catarina Santos	00:43:15	01:32:07	01:30:00	5759		Senior	577	00:09:02	5829
5755	2984	Hugo Lucas	00:43:14	01:32:07	01:30:00	5760		Senior	802	00:09:03	5830
5756	6652	Jose Alpendre	00:47:27	01:32:35	01:30:58	5780		V60	143	00:07:36	5700
5757	4801	Nuno Guerra	00:49:12	01:32:41	01:23:20	5642	FIDELIDADE GDC	V45	736	00:07:20	5656



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5758	4043	Carlos Dias	00:46:15	01:32:45	01:31:21	5786		V65	82	00:08:07	5769
5759	355	Pâmela Valente	00:46:38	01:32:54	01:28:17	5732		Senior	578	00:07:04	5597
5760	1501	Erika Barreiro	00:46:38	01:32:54	01:28:18	5733		V35	273	00:07:04	5598
5761	1502	Ana Penha	00:46:37	01:32:54	01:28:17	5731		V45	358	00:07:05	5606
5762	2389	Inês Ponte	00:35:49	01:32:55	01:32:05	5793	CORRENDO E ANDANDO	V35	274	00:06:24	5310
5763	2027	Sara Semião	00:47:01	01:32:57	01:30:38	5773		Senior	579	00:08:29	5806
5764	4096	Maria Semião	00:47:01	01:32:58	01:30:38	5774		V50	211	00:08:28	5805
5765	4802	Fernanda Tavares	00:42:57	01:33:02	01:30:15	5765		V60	33	00:09:46	5897
5766	8351	Diogo Jesus	00:43:56	01:33:05	01:31:08	5784	PoweredBySofrimento	Senior	803	00:08:28	5803
5767	8152	Ma Hung	00:47:05	01:33:06	01:32:42	5799	CCD TRANQUILIDADE	V70	8	00:07:45	5726
5768	5617	Susana Silva	00:49:19	01:33:19	01:29:57	5756	Madrugas de Almeirim Running Team	V40	338	00:06:00	5001
5769	118	Ana Cotovio	00:46:14	01:33:26	01:32:35	5796	Máquinas do ribatejo	V35	275	00:09:11	5836
5770	7047	Joana Carvalho	00:46:36	01:33:35	01:31:25	5788		Senior	580	00:09:39	5887
5771	2074	Bruno Rodrigues	00:48:08	01:33:42	01:27:01	5704	Serviços Sociais Montepio	V40	645	00:08:22	5800
5772	7120	Ana Cruz	00:48:16	01:33:54	01:31:06	5783		V45	359	00:08:13	5780
5773	7127	Carla Oliveira	00:48:16	01:33:55	01:31:06	5782		V45	360	00:08:14	5781
5774	410	Rui Patrão	00:47:34	01:34:01	01:30:26	5770		V45	737	00:08:59	5825
5775	345	Inês Batista	00:46:12	01:34:13	01:29:59	5758		Senior	581	00:08:11	5778
5776	365	Mário Costa	00:47:26	01:34:15	01:19:30	5547		V40	646	00:09:14	5845



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5777	1371	Luis Miguel	00:48:45	01:34:18	01:28:08	5726	FELIZ NATAL	V45	738	00:07:45	5723
5778	4874	Pedro Pinto	00:46:34	01:34:34	01:33:03	5807		V45	739	00:08:17	5791
5779	2801	David Azedo	00:47:24	01:34:47	01:29:23	5746	Alverca Urban Runners	Senior	804	00:07:54	5745
5780	4291	Sandra Pedro	00:46:47	01:34:57	01:30:51	5776	10 O'clock	V55	99	00:07:00	5578
5781	4292	José Pedro	00:46:47	01:34:58	01:30:52	5777	10 O'clock	V55	262	00:07:00	5579
5782	2401	Cidália Costa	00:38:45	01:35:05	01:32:15	5794	Pé na Lama	V70	9	00:12:03	5977
5783	2402	Ana Costa	00:38:44	01:35:07	01:32:17	5795	Pé na Lama	V50	212	00:12:05	5978
5784	8111	Sónia Barata	00:48:25	01:35:12	01:30:32	5771		V40	339	00:08:53	5821
5785	5402	Francisco Sousa	00:49:10	01:35:16	01:33:25	5808	Natura Trail	V55	263	00:08:14	5787
5786	3998	Paulo Silva	00:46:55	01:35:23	01:29:57	5757	Madrugas de Almeirim Running Team	V45	740	00:05:57	4933
5787	4086	Laura Soares	00:44:12	01:35:24	01:32:53	5800		Junior	32	00:08:12	5779
5788	750	Sandra Florentino	00:44:13	01:35:25	01:32:54	5801		V50	213	00:08:15	5788
5789	6338	Tania Jacinto	00:44:13	01:35:25	01:32:55	5802		V40	340	00:08:14	5786
5790	3647	Mª Barreto	00:48:29	01:35:31	01:31:15	5785	De volta às corridas	V40	341	00:08:16	5789
5791	2671	Paula Dias	00:46:40	01:35:48	01:30:16	5766		V50	214	00:09:46	5896
5792	8804	Anabela Santos	00:49:50	01:36:00	01:32:59	5805		V60	34	00:08:04	5764
5793	8901	Liliana Sousa	00:49:49	01:36:01	01:32:58	5804		Senior	582	00:08:04	5765
5794	7017	Joana Henriques	00:46:33	01:36:11	01:33:38	5810	Henriques Freires	V35	276	00:09:27	5868
5795	5562	Selma Figueiredo	00:46:32	01:36:11	01:33:38	5809		V40	342	00:09:28	5870



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5796	3945	Carlota Silva	00:45:45	01:36:17	01:35:56	5834	pace.makers	Senior	583	00:09:20	5854
5797	3700	Vitor Monteiro	00:45:45	01:36:17	01:35:58	5835		V50	512	00:09:20	5855
5798	2859	Vaiva Abramaviciute	00:47:26	01:36:19	01:34:44	5823	Correr Sem Parar	Senior	584	00:08:18	5795
5799	7841	Elisabete Vale	00:50:31	01:36:22	01:30:34	5772		V45	361	00:06:42	5475
5800	2691	Ana Ferreira	00:49:16	01:36:23	01:34:04	5815		V55	100	00:07:52	5739
5801	8116	Hugo António	00:43:37	01:36:27	01:35:50	5833	Biosonda	V40	647	00:10:54	5955
5802	1915	Sara Marques	00:50:07	01:36:29	01:34:27	5819	Tripulantes do Porta Aviões	Senior	585	00:06:06	5078
5803	1920	Joana Moura	00:50:07	01:36:32	01:34:30	5821	Tripulantes do Porta Aviões	V35	277	00:06:09	5111
5804	1917	Mariana Cunha	00:50:07	01:36:32	01:34:28	5820	Tripulantes do Porta Aviões	Senior	586	00:06:09	5110
5805	6634	Acácio Semedo	00:49:13	01:36:35	01:34:23	5818	Sandão Semedo	V75	6	00:08:17	5792
5806	6659	Florbela Mendes	00:49:16	01:36:35	01:34:17	5817		V50	215	00:08:03	5761
5807	1430	Daniela Barbosa	00:48:08	01:36:36	01:33:46	5811		Senior	587	00:07:59	5757
5808	8377	Sonia Ramos	00:49:13	01:36:36	01:33:59	5812		V40	343	00:06:42	5473
5809	8940	Ana Nunes	00:49:16	01:36:37	01:33:59	5813		V35	278	00:06:42	5478
5810	7012	Pedro Martins	00:47:08	01:36:45	01:31:56	5791		V55	264	00:09:02	5828
5811	7011	Cristina Pires	00:47:08	01:36:45	01:31:56	5790		V50	216	00:09:02	5827
5812	1483	Fatima Carvalho	00:48:27	01:36:57	01:34:51	5826		V45	362	00:07:31	5689
5813	4290	Ana Gaspar	00:48:51	01:37:01	01:30:51	5775	10 O'clock	V55	101	00:07:00	5577
5814	6489	Elsa Lourenço	00:46:32	01:37:05	01:37:02	5843		V45	363	00:10:08	5913



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5815	3210	Júlia Santos	00:45:23	01:37:16	01:34:02	5814	Grupo Atletas Algês	V50	217	00:09:37	5883
5816	4959	Anete Klimontovics	00:48:29	01:37:16	01:34:55	5827		Senior	588	00:09:19	5850
5817	3566	Isabel Gomes	00:48:38	01:37:16	01:34:40	5822	Gomes	V55	102	00:09:20	5856
5818	3649	Rita Simão	00:49:09	01:37:18	01:33:02	5806	De volta às corridas	V35	279	00:07:46	5727
5819	4889	Douglas Santos	00:48:29	01:37:19	01:34:57	5828		V35	569	00:09:20	5857
5820	1805	João Silva	00:41:25	01:37:20	01:36:56	5841		V55	265	00:11:07	5959
5821	717	Ines Faria	00:48:24	01:37:37	01:35:04	5829	Limited Edition	Senior	589	00:08:11	5777
5822	716	Margarida Miranda	00:48:34	01:37:37	01:35:06	5830	Limited Edition	V40	344	00:08:11	5776
5823	7201	Ondina Melo	00:45:56	01:37:37	01:37:13	5844		V50	218	00:09:24	5861
5824	7124	Sandra Ribeiro	00:45:56	01:37:38	01:37:14	5845		V45	364	00:09:26	5867
5825	427	Isaura Santos	00:46:19	01:37:40	01:36:53	5839		V50	219	00:10:18	5923
5826	2602	Jorge Frazão	00:52:21	01:37:43	01:27:59	5724	100 DESCULPAS	V40	648	00:07:27	5673
5827	6598	Dione Silva	00:48:40	01:37:58	01:37:01	5842		V35	280	00:09:27	5869
5828	7043	Carlos Vigário	00:51:24	01:38:24	01:31:24	5787		Senior	805	00:09:41	5891
5829	1981	Elsa Gonçalves	00:48:23	01:38:25	01:37:38	5847		V50	220	00:08:51	5818
5830	4129	Carla Dantas	00:47:10	01:38:25	01:37:31	5846		V45	365	00:09:33	5880
5831	5816	Ana Pala	00:49:45	01:38:27	01:29:36	5750		V35	281	00:07:01	5583
5832	5772	Patricia Muchacho	00:49:47	01:38:28	01:29:37	5751		V40	345	00:07:01	5584
5833	7544	Ana Santos	00:48:52	01:38:30	01:38:20	5855	Santos	V50	221	00:09:25	5864



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5834	165	Diogo Borges	00:49:34	01:38:31	01:34:46	5824		Senior	806	00:09:14	5844
5835	163	Inês Antunes	00:49:34	01:38:31	01:34:47	5825		Senior	590	00:09:15	5846
5836	3178	Pedro Lucas	00:55:06	01:38:47	01:31:01	5781		V40	649	00:05:53	4883
5837	4124	Ana Lucio	00:47:09	01:39:16	01:38:21	5856		V45	366	00:10:25	5930
5838	976	Maria Lobato	00:45:01	01:39:22	01:39:11	5868	Clube Atletismo Amigos de Belém	V65	14	00:10:18	5922
5839	980	Maria Gaudêncio	00:45:01	01:39:23	01:39:11	5867	Clube Atletismo Amigos de Belém	V65	15	00:10:19	5924
5840	7213	Pedro Oliveira	00:50:30	01:39:48	01:39:14	5870		V60	144	00:09:20	5853
5841	942	Alexandra Estorninho	00:48:06	01:39:57	01:38:08	5852	Matrix de Harris	V50	222	00:09:21	5859
5842	728	Cátia Silva	00:53:48	01:40:02	01:35:38	5832		V35	282	00:06:28	5339
5843	729	Carla Silva	00:53:50	01:40:02	01:35:36	5831		V45	367	00:06:29	5349
5844	943	João Marques	00:48:04	01:40:03	01:38:13	5853	Matrix de Harris	V55	266	00:09:06	5833
5845	7691	Luís Ramos	00:49:55	01:40:05	01:36:32	5838	RFF & Associados	Senior	807	00:06:39	5441
5846	3202	Rui Henriques	00:45:18	01:40:07	01:39:01	5861	ADRC Mata de Benfica	V70	18	00:10:25	5931
5847	5837	Diego Andrade	00:45:59	01:40:11	01:36:15	5836		Senior	808	00:10:32	5941
5848	5838	Nila Pinho	00:46:02	01:40:12	01:36:19	5837		Senior	591	00:10:33	5942
5849	5459	Lucinda Henriques	00:47:44	01:40:22	01:39:09	5865	CONDOR	V70	10	00:08:57	5824
5850	5458	Maria Anjos	00:47:44	01:40:23	01:39:10	5866	CONDOR	V75	1	00:08:57	5823
5851	7552	João Figueiredo	00:50:46	01:40:29	01:32:39	5798	IDW2	V35	570	00:08:35	5808
5852	7551	Edgar Marino	00:50:46	01:40:29	01:32:39	5797	IDW2	V35	571	00:08:34	5807



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5853	8805	Ivone Jorge	00:51:20	01:40:30	01:38:06	5851		V45	368	00:08:39	5811
5854	8682	Marta Santos	00:54:07	01:40:30	01:29:45	5753		V45	369	00:08:52	5820
5855	1690	Telmo Costa	00:49:43	01:40:34	01:38:04	5848		Senior	809	00:07:50	5735
5856	6090	Carla Costa	00:53:07	01:40:37	01:38:31	5857	SCL - Caracóis Velozes	V45	370	00:06:55	5559
5857	6089	Carla Fonseca	00:53:04	01:40:38	01:38:33	5858	SCL - Caracóis Velozes	V45	371	00:06:59	5574
5858	2125	Zulmira Machado	00:50:39	01:40:58	01:39:34	5875		V65	16	00:09:31	5877
5859	3733	Joaquim Caeiro	00:50:39	01:40:58	01:39:36	5876		V40	650	00:09:32	5879
5860	1841	João Miranda	00:49:11	01:41:06	01:39:56	5881	Housemartins Belas	V55	267	00:09:28	5871
5861	1847	Natália Martins	00:49:11	01:41:06	01:39:56	5880	Housemartins Belas	V45	372	00:09:28	5872
5862	1828	Joaquim Viegas	00:48:01	01:41:21	01:40:44	5893		V70	19	00:09:26	5866
5863	8664	Alexandra Marques	00:49:00	01:41:21	01:40:43	5892		V40	346	00:09:38	5886
5864	7339	Joana Ferreira	00:50:58	01:41:29	01:39:06	5863	Azeiteiros	Junior	33	00:09:50	5900
5865	7338	Sonia Sousa	00:50:57	01:41:29	01:39:06	5862	Azeiteiros	V40	347	00:09:50	5899
5866	2052	António Araújo	00:55:42	01:41:38	01:27:41	5720		V55	268	00:06:53	5549
5867	2994	Alexandra Marques	00:49:58	01:41:41	01:39:55	5879		V45	373	00:09:42	5893
5868	6842	Ricardo Santanna	00:52:21	01:41:58	01:38:44	5860		V50	513	00:09:19	5852
5869	6841	Jane Menezes	00:52:22	01:41:58	01:38:43	5859		V65	17	00:09:15	5847
5870	7883	Gisela Goncalves	00:51:56	01:42:02	01:38:16	5854		V40	348	00:06:50	5527
5871	3209	João Pinto	00:50:02	01:42:06	01:34:05	5816	Grupo Atletas Algês	V60	145	00:09:38	5885



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5872	3902	Raquel Galego	00:53:52	01:42:08	01:38:05	5849		V45	374	00:07:42	5716
5873	2504	Sara Gonçalves	00:53:48	01:42:13	01:40:13	5884		Senior	592	00:07:39	5707
5874	193	Elsa Fonseca	00:52:59	01:42:18	01:39:23	5871		V45	375	00:07:48	5731
5875	968	Cristiana Ribeiro	00:50:46	01:42:26	01:41:32	5904	EST	Senior	593	00:09:10	5834
5876	1717	Maria Ribeiro	00:50:45	01:42:30	01:41:34	5905	Leiria	V45	376	00:09:12	5838
5877	7897	Carla Fernandes	00:51:55	01:42:57	01:39:12	5869		V35	283	00:07:47	5730
5878	2398	Margarida Conduto	00:48:13	01:43:01	01:39:26	5872	Pé na Lama	V35	284	00:10:17	5921
5879	2946	João Martins	00:48:11	01:43:03	01:39:30	5874	Pé na Lama	V60	146	00:10:19	5925
5880	4076	Joana Silva	00:50:12	01:43:10	01:39:53	5877		Senior	594	00:09:52	5903
5881	3395	Sandra Henriques	00:50:12	01:43:10	01:39:53	5878		Senior	595	00:09:52	5904
5882	8220	António Silva	00:49:10	01:43:11	01:39:26	5873	Cotas Running	V50	514	00:06:11	5139
5883	6070	Joana Nascimento	00:50:47	01:43:11	01:41:40	5906	Lidlers	Senior	596	00:09:49	5898
5884	1982	João Gonçalves	00:53:12	01:43:13	01:43:04	5915		Senior	810	00:08:50	5817
5885	1544	Ana Moura	00:51:36	01:43:14	01:40:56	5895	Moura_Baiá	V45	377	00:09:51	5902
5886	3323	Julieta Gouveia	00:51:38	01:43:15	01:40:56	5896	As Lebres	V45	378	00:09:51	5901
5887	5456	Luísa Borges	00:51:36	01:43:16	01:40:31	5888	#@s-eleit@s	V50	223	00:09:29	5873
5888	4779	Natacha Nogueira	00:51:36	01:43:17	01:41:17	5897	#@s-eleit@s	V35	285	00:09:30	5875
5889	4780	Ana Nogueira	00:51:37	01:43:17	01:40:33	5889	#@s-eleit@s	V55	103	00:09:30	5876
5890	1433	Raquel Rolim	00:57:18	01:43:19	01:40:53	5894		V35	286	00:07:26	5669



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5891	7245	Ana Paredes	00:51:37	01:43:22	01:40:38	5891	CLUBE MILLENNIUM BCP	V60	35	00:09:36	5882
5892	2942	Joaquim Morgado	00:51:36	01:43:23	01:40:36	5890	#@s-eleit@s	V50	515	00:09:35	5881
5893	1255	Joana Penão	00:57:32	01:43:45	01:32:58	5803	Fortíssimos	V35	287	00:08:06	5766
5894	1719	Susana Jorge	00:50:43	01:43:45	01:42:50	5910	Leiria	V50	224	00:10:27	5933
5895	1718	José Ribeiro	00:50:45	01:43:45	01:42:52	5911	Leiria	V50	516	00:10:25	5932
5896	593	Vera Tolêdo	00:52:02	01:43:46	01:39:56	5882	Casa do Benfica em Algueirao Mem Martins	V45	379	00:09:44	5894
5897	7878	Inês Matos	00:52:31	01:43:57	01:40:11	5883		V40	349	00:08:46	5814
5898	4119	Mariana Andrade	00:44:38	01:44:22	01:43:26	5917		Senior	597	00:10:51	5953
5899	4126	António Andrade	00:44:40	01:44:23	01:43:26	5916		V50	517	00:10:52	5954
5900	7086	Joselia Manuel	00:51:12	01:44:24	01:43:49	5922		V45	380	00:10:28	5935
5901	7085	Cidália Barreira	00:51:14	01:44:25	01:43:50	5923		V50	225	00:10:31	5938
5902	8545	Emanuel Cunha	00:54:00	01:44:37	01:40:25	5887	Off Limits CrossFit	Senior	811	00:09:41	5889
5903	8525	Telma Vieira	00:54:02	01:44:37	01:40:25	5886	Off Limits CrossFit	Senior	598	00:09:40	5888
5904	8546	Diana Santos	00:54:01	01:44:38	01:40:24	5885	Off Limits CrossFit	Senior	599	00:09:41	5890
5905	6097	Sónia Rodrigues	00:53:08	01:45:06	01:43:01	5912	SCL - Caracóis Velozes	V50	226	00:09:24	5862
5906	8216	Vânia Clemente	00:50:18	01:45:07	01:41:23	5901	Cotas Running	V40	350	00:08:07	5771
5907	6092	Carla Purgatório	00:53:06	01:45:07	01:43:03	5913	SCL - Caracóis Velozes	V45	381	00:09:26	5865
5908	6093	Rui Vieirqa	00:53:08	01:45:07	01:43:04	5914	SCL - Caracóis Velozes	V55	269	00:09:25	5863
5909	8221	Pedro Cardoso	00:32:18	01:45:08	01:41:25	5903	Cotas Running	V50	518	00:08:28	5802



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5910	8217	Mónica Pires	00:50:21	01:45:08	01:41:23	5902	Cotas Running	V45	382	00:08:08	5772
5911	8224	Ana Pacheco	00:48:59	01:45:08	01:41:23	5899	Cotas Running	V45	383	00:08:10	5774
5912	8222	Susana Cardoso	00:49:08	01:45:08	01:41:22	5898	Cotas Running	V50	227	00:08:10	5775
5913	8219	Carla Germano	00:50:22	01:45:08	01:41:23	5900	Cotas Running	V40	351	00:08:07	5770
5914	7585	Hugo Roque	00:53:03	01:45:09	01:43:40	5921		V35	572	00:09:53	5906
5915	7583	Joana Aleixo	00:53:01	01:45:09	01:43:40	5920		Senior	600	00:09:55	5907
5916	7298	Fock Wan	00:52:31	01:45:10	01:39:08	5864	CLUBE MILLENNIUM BCP	V70	11	00:08:56	5822
5917	2846	Alana Cunha	00:52:45	01:45:21	01:42:35	5909	#@s-eleit@s	Senior	601	00:09:53	5905
5918	1612	Hugo Costa	00:54:31	01:45:22	01:38:06	5850		V35	573	00:07:51	5737
5919	4977	Inês Castro	00:52:51	01:45:37	01:43:34	5918		Senior	602	00:10:09	5915
5920	4976	Rita Castro	00:52:52	01:45:38	01:43:36	5919		V45	384	00:10:09	5914
5921	3778	Carolina Alves	00:51:49	01:46:10	01:45:13	5931		V55	104	00:10:49	5951
5922	3780	Rui Alves	00:51:49	01:46:11	01:45:12	5930		V60	147	00:10:49	5952
5923	7803	Nuno Gabriel	00:53:48	01:46:20	01:45:54	5934		V40	651	00:10:24	5928
5924	7846	Susana Gabriel	00:53:47	01:46:22	01:45:53	5933		V50	228	00:10:24	5929
5925	6633	Graciete Sandão	00:53:36	01:46:51	01:44:39	5926	Sandão Semedo	V50	229	00:10:16	5919
5926	8788	Fábio Rico	00:54:55	01:46:52	01:44:26	5924		Senior	812	00:10:05	5911
5927	8735	Gwendoline Nogueira	00:54:55	01:46:54	01:44:28	5925		Senior	603	00:10:06	5912
5928	3300	Maria Trindade	00:52:00	01:47:10	01:42:22	5907		V50	230	00:09:19	5851



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5929	3750	Ana Coelho	00:52:01	01:47:11	01:42:23	5908		V50	231	00:09:21	5858
5930	6632	Luis Sandão	00:56:11	01:47:14	01:45:03	5927	Sandão Semedo	V50	519	00:11:56	5973
5931	5975	Catarina Miranda	00:51:48	01:47:42	01:36:55	5840		V40	352	00:11:06	5958
5932	7762	Luisa Loureiro	00:52:41	01:47:49	01:46:16	5936		V70	12	00:10:39	5946
5933	7761	Ismênia Teixeira	00:52:42	01:47:50	01:46:18	5938		V60	36	00:10:40	5948
5934	7760	Luisa Martins	00:52:42	01:47:51	01:46:17	5937		V50	232	00:10:39	5947
5935	428	Maria Ribeiro	00:53:52	01:48:17	01:47:38	5943		V60	37	00:10:34	5943
5936	429	Vitor Quintas	00:53:50	01:48:27	01:47:47	5944		V65	83	00:10:44	5950
5937	6384	Alexandra Marques	00:53:34	01:48:29	01:47:53	5945	AKF em movimento	V55	105	00:10:30	5937
5938	5223	Margarida Ascensão	00:54:00	01:49:12	01:47:15	5942	Clube Novo Banco	V45	385	00:09:10	5835
5939	5916	Pedro Pimentel	00:53:15	01:49:16	01:48:24	5947		V40	652	00:10:15	5918
5940	8243	Patrícia Baptista	00:56:52	01:49:18	01:45:56	5935		Senior	604	00:06:44	5488
5941	5931	Rita Dias	00:53:15	01:49:18	01:48:25	5948		V40	353	00:10:15	5917
5942	4013	Andreia Silva	00:56:52	01:49:18	01:48:32	5952	Gang da Cruela	V35	288	00:06:45	5492
5943	8126	Tania Santos	00:56:52	01:49:18	01:48:31	5951	Gang da Cruela	V40	354	00:06:45	5489
5944	4011	Henrique Ferreira	00:56:50	01:49:18	01:48:31	5950	Gang da Cruela	V35	574	00:06:45	5491
5945	4539	Sofia Brejo	00:55:17	01:49:27	01:46:20	5939	ACM Montemor a Correr	V45	386	00:10:44	5949
5946	7200	Maria Ferreira	00:55:43	01:49:49	01:45:03	5928		V45	387	00:06:24	5315
5947	7436	Anabela Ferreira	00:55:43	01:49:49	01:45:03	5929		V50	233	00:06:24	5316



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Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5948	3888	Catarina Guedes	00:56:50	01:49:49	01:45:29	5932		V40	355	00:09:12	5839
5949	5932	Sérgio Dias	00:53:14	01:50:09	01:49:15	5955		V45	741	00:11:10	5963
5950	5921	Maria Pereira	00:53:14	01:50:10	01:49:19	5956		V65	18	00:11:08	5960
5951	4821	Sandra Marinho	00:57:04	01:50:41	01:46:50	5941		V45	388	00:10:15	5916
5952	4256	André Marinho	00:57:04	01:50:41	01:46:48	5940		V40	653	00:10:16	5920
5953	946	Jacinta Bugalhão	00:55:40	01:50:42	01:48:26	5949	Matrix de Harris	V50	234	00:11:00	5956
5954	8242	Mónica Bessone	00:57:40	01:51:22	01:48:57	5953		V40	356	00:11:27	5971
5955	7951	Maria Moreira	00:57:40	01:51:23	01:48:58	5954		V55	106	00:11:26	5970
5956	4012	Ana Calixto	00:56:52	01:52:57	01:52:10	5963	Gang da Cruela	V50	235	00:10:22	5926
5957	8926	Julia Santos	00:50:35	01:53:17	01:47:54	5946		V55	107	00:22:12	5982
5958	5566	Rita Beira	00:58:14	01:53:19	01:50:32	5959		V35	289	00:12:03	5975
5959	5564	Anabela Lourenço	00:58:14	01:53:19	01:50:33	5960		V50	236	00:12:03	5976
5960	5115	Sónia Martins	00:58:14	01:53:20	01:50:32	5958		V45	389	00:12:02	5974
5961	7644	Rita Correia	00:58:52	01:53:53	01:50:17	5957	APCMVM	V45	390	00:09:23	5860
5962	5166	Paula Porto	00:56:58	01:54:12	01:53:14	5969		V50	237	00:09:59	5910
5963	3904	João Leão	00:56:59	01:54:13	01:53:15	5970		V50	520	00:09:59	5909
5964	7349	Sofia Henriques	00:56:33	01:54:46	01:52:26	5964	ADRC Mata de Benfica	V40	357	00:11:41	5972
5965	7646	Paula Monteiro	00:58:52	01:56:21	01:52:40	5965	APCMVM	V45	391	00:11:12	5964
5966	7642	Teresa Silva	00:58:52	01:56:22	01:52:44	5967	APCMVM	Senior	605	00:11:13	5965



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CLASSIFICAÇÃO'21

Lugar	Dorsal	Nome	Tempo 5 Km	Tempo Oficial	Tempo Chip	Lugar Chip	Clube	Escalão	Lugar Escalão	Tempo Ult. KM	Lugar Ult. KM
5967	7643	Manuela António	00:58:52	01:56:22	01:52:41	5966	APCMVM	V50	238	00:11:13	5966
5968	7100	Paula Oliveira	01:00:13	01:57:35	01:55:21	5974		V60	38	00:10:32	5940
5969	7637	Raquel Sousa	01:00:12	01:57:36	01:55:21	5975		Senior	606	00:10:31	5939
5970	5531	Susana Rilho	01:00:51	01:58:09	01:54:46	5972		V40	358	00:10:38	5945
5971	6207	Fátima Moser	01:00:46	01:59:05	01:56:24	5979	NewMe	V60	39	00:11:05	5957
5972	6186	Rosa Luz	01:00:48	01:59:09	01:56:28	5980	NewMe	V35	290	00:11:10	5962
5973	3181	Daniela Marques	00:59:29	01:59:35	01:55:41	5977		Senior	607	00:11:19	5968
5974	1406	Sara Lucas	00:59:29	01:59:36	01:55:40	5976		Senior	608	00:11:18	5967
5975	3884	Tiago Baptista	00:59:27	01:59:37	01:55:43	5978		Senior	813	00:11:19	5969
5976	5335	Inês Oliveira	01:02:14	01:59:38	01:55:21	5973	FIDELIDADE GDC	Senior	609	00:10:29	5936
5977	8509	Inês Leite	01:02:19	02:00:15	01:51:11	5961	Off Limits CrossFit	V35	291	00:12:33	5980
5978	8533	Nadine Gandaio	01:02:20	02:00:19	01:51:12	5962	Off Limits CrossFit	Senior	610	00:12:33	5979
5979	6191	Catarina Moser	01:02:49	02:01:13	01:56:30	5981	NewMe	V35	292	00:11:08	5961
5980	5581	Tânia Vinagre	01:03:39	02:02:15	01:53:08	5968	FIDELIDADE GDC	V35	293	00:10:27	5934
5981	5501	Marco Francisco	01:08:36	02:05:53	01:54:45	5971		V35	575	00:10:37	5944
5982	7578	Miguel Gonçalves	01:04:32	02:07:09	02:05:12	5982		V35	576	00:12:43	5981